Swan Youth Project (Norfolk) Ltd

England & Wales · Charity number 1143957

Details

Other names	SWAN Youth Project (Norfolk), Swan Youth Project, THE SOUTH WEST NORFOLK YOUTH OPPORTUNTIES PROJECT, THE SWAN YOUTH PROJECT
Status	Registered
Legal form	Charitable company
Company number	07639262
Registered	2011-09-23
Register	View on the Charity Commission register

Contact

Address	Swan Youth Project (Norfolk) Ltd Paradise Road Downham Market PE38 9JE
Phone	01366386259
Email	accounts@swanyouthproject.org
Website	www.swanyouthproject.org

Activities

Objects: TO ACT AS A RESOURCE FOR YOUNG PEOPLE UP TO THE AGE OF 25 LIVING IN SOUTH WEST NORFOLK BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:A) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;B) ADVANCING EDUCATION;C) RELIEVING UNEMPLOYMENT;D) RELIEVING SICKNESS AND PROMOTING AND PROTECTING GOOD MENTAL AND PHYSICAL HEALTHE) PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS.

Activities: Swan Youth Project supports over 350 young people aged 8-18 and their familiesper year with a whole variety of needs. Our work takes a holistic approach to enable us to provide wrap around support not

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just for the young person but also their family. These activities include Open Access sessions, Family Support, one to one support, Young Carers support plus Hygiene Bank and 'Love Downham' shop

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Amateur Sport, Economic/community Development/employment, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** IN PRACTICE WEST NORFOLK
- Norfolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£356,856	£284,223	-	-
2024-03-31	£324,774	£267,031	-	-
2023-03-31	£267,324	£194,796	-	-
2022-03-31	£156,851	£130,849	-	-
2021-03-31	£111,241	£72,038	-	-

Trustees

Name	Role	Appointed
Alfred James Stephen Bagge		2021-05-21
Alison Hornby		2022-11-15
Birgit Elisabeth Angelika Filby Hobbs		2025-02-08
Colin Edwards		2024-04-22
Darren Wynne		2025-04-14
Joanna Louise Wilcox		2025-02-08
Oliver Patrick Hamilton Judges		2026-02-09

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Swan Youth Project (Norfolk) Ltd

England & Wales - Charity number 1143957

Accounts

Swan Youth Project

ANNUAL REPORT 2024/25

Charity Number: 1143957

Private Company Limited by Guarantee: 07639262

> “Just its a really nice place to be, I like it”

Swan Youth Project,
Paradise Road,
Downham Market

Presented By : Anna Foster

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A message from our Chair of Trustees James Bagge

Swan Youth Project continues to provide outstanding support to some of the most vulnerable young people in our community. Each year, the demand for our services grows — a reflection, in part, of the enduring impact of Covid and lockdowns. More positively, it also speaks to the growing recognition of the excellent work delivered by the dedicated team at the centre.

It was no surprise that our local MP, Terry Jermy, publicly acknowledged this work in a speech in the House of Commons. Nor was it surprising that earlier in the year, Anna Foster and some of the team were invited to Parliament to receive the award as Regional Winner for the Holiday Activity Fund programme — a proud moment that celebrated her dedication and the project's impact.

Our work has received further validation with a significant grant from the National Lottery, which will fund our flagship Open Access service for the next five years. This secures the continued delivery of a vital safe social space, open three times a week, where young people can gather under the careful guidance of our experienced team.

Recognising that young people are part of a broader community, the Project has increasingly expanded its outreach in Downham. The family support service, led by Sonja Fysh, the efforts of Louise Ramsey as our Community Liaison Officer, and the Love Downham shop all exemplify this community engagement. By connecting with the wider community, the Project models the values of care and involvement, offering our young people tangible ways to contribute and feel part of something larger.

This year, the Trustees were pleased to host a special event for local community leaders. It was a valuable opportunity for the team to share firsthand insights into their work and for us to raise the Project’s profile. Feedback from the event suggested it was a great success.

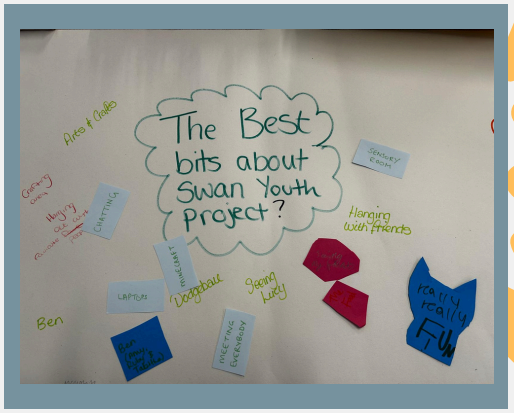
On behalf of the Trustees, past and present, I extend my heartfelt thanks to the incredible team at the Project for the vital and inspiring work you do every day.

CEO’s Report - Project Overview

Swan Youth Project has had another extremely busy year, with many challenges along the way. We are seeing a big increase in safeguarding concerns, with a third more time being taken on these than the same time last year. Our young people are having to wait huge amounts of time for referrals for mental health or for an assessment for ADHD or ASD; leaving many in the wrong schools and without the correct support. Our project is plugging many gaps in provision and services locally, but we have big waiting lists and the need is rising fast.

As a small local charity we have to constantly weigh the demand for our services, against the funding landscape to work out what is possible, sustainable and manageable. We are extremely grateful to all of our amazing funders for their support and belief in our work. We are proud to be able to offer a holistic and comprehensive range of services for our community:

- Open Access sessions (3 per week)
- Family Support Service
- Parents' Group
- One to One support for mild/emerging mental health
- Holiday Activities
- Young Carers Support
- Hygiene Bank
- ‘More than a Bike’
- Vocational Trips and Workshops
- Residential Trips
- Love Downham Shop
- Alternative Provision



Being embedded in the community means that we have first hand knowledge of what is happening and what the needs are in our area. We are a trusted place to come when things go wrong; we are also the place to come and celebrate life's wins.

> The help that can be accessed runs much deeper than the swan project. The connections they have are amazing.

Who did we help?

- 362 young people were registered with us in 24/25
- There were 7809 attendances at our Young People sessions
- Hygiene Bank was accessed 783 times
- Open Access was attended 3653 times (14% increase on the previous year)

The types of issues we are seeing include:

- Trauma
- Family Breakdown
- Boundaries
- SEND
- Anxiety
- School refusal
- Complex home situations
- Identity

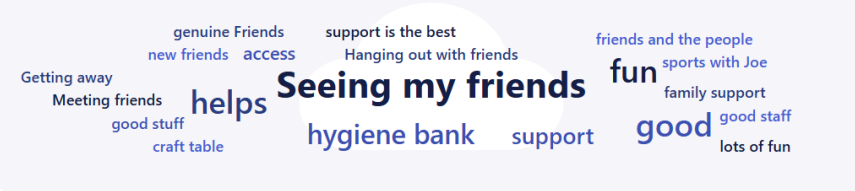
> "If we need help with anything or if we don't feel safe you're there"

- 17% are Young Carers
- 6% are LGBTQ+
- 33% are SEND
- 51% have mental health concerns
- 16% we have safeguarding concerns for
- 13% have trouble with attendance at school
- 10% are at risk of exclusion

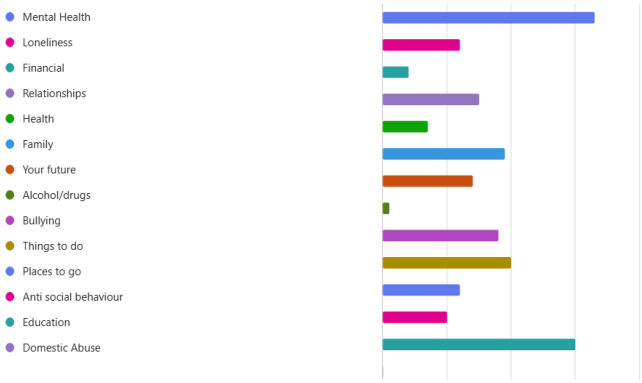
Our support is different to others as we know our community so well and listen to the need on the ground. We are not prescriptive and can be flexible in our approach and the services we deliver.

Annual feedback.....

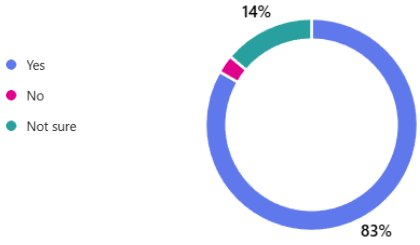
The best things about our service...



What are the main challenges you face?



Do you feel represented by our project?



> The best thing is making new friends and the people here are all really nice. I don't have many friends at school

1. How safe do you feel whilst you are at Swan Youth Project?

2. Do you feel well supported by Swan Youth Project?

Our services

Open Access – These are the gateway to our project for many young people, who can turn up at any one of our 3 sessions every week. These vital sessions offer positive activities and support for young people aged 8-18 that can be accessed without booking on a first come, first served basis. Our Open Access sessions run: Tuesday 4:30pm-6:30pm for all ages, Thursday 4pm-6pm for ages 8+ at primary school, and Friday 4:30pm-6:30pm for secondary school age. These sessions provide a safe space for young people to connect and access support, guidance, positive activities and spend time with an emotionally available adult. We regularly see between 30 – 40 young people at these sessions, many of whom have complicated and concerning worries. We work in a Trauma Informed way to get to know all of these young people really well, making them feel important and wanted, often in a world where they do not feel this anywhere else. We never know who is going to walk through our doors, and often we are the place where young people come to disclose safeguarding concerns, so we have to be ready for anything. In the town, young people and parents know that we are a safe space to come to, so we see new members regularly. Young people trust that we will keep them safe and not accept poor behaviour or bullying

1:1 support for mild/emerging mental health – Our 1:1 support can help young people who may be struggling with a variety of worries. This service is oversubscribed, with a waiting list in place.

Family Support - Family Support is an integral part of our work, we support families with a whole variety of issues including family breakdown, domestic abuse, additional needs, and financial worries. This service is oversubscribed, with a waiting list in place

Young Carers - Our Young Carers asked for a link worker rather than a specific group, so we have implemented this model. All young carers can come 30 minutes before Open Access to link with Lucy and have some quality time to offload and catch up

Community Liaison and Small Groups - Bain Capital has funded a vital role for us meaning we can run assemblies and group workshops for a variety of young people of all ages in schools and community groups locally. This then links around 100 young people back to our project a year.

More than a Bike - Our More than a Bike aims to attract the 'harder to reach' young people to come on-site and fix their bikes whilst engaging in positive and supportive conversations with our youth workers. Young people accessing this service are at risk of becoming involved or are involved in anti-social behaviour

Love Downham Shop – Love Downham is part of the Nourishing Norfolk Network, providing subsidised food and high-quality pre-loved clothing to the community. We offer volunteering, training opportunities, and qualifications for the community and a warm space to prevent loneliness

Hygiene Bank and 'No Child Goes Hungry' –Young people can access hygiene products when they need to during our Open Access sessions, and we also provide food parcels to families in need

Alternative Provision - We launched this service in March 2024 and are excited to see how this develops over the coming year. We are providing 1 day a week to young people at risk of exclusion, in years 4,5,6. We take a maximum of 8 young people a day and work with a Trauma Informed Approach.

I'm lucky enough to say that our family is building strength, remains together, and moves forward, following months of support and advice from Sonja, during the summer of last year. I have personally benefited from groups and one to one sessions. I continue to see a counsellor who was introduced to me, via the centre. My husband and sons have all had one to one support and advice that Sonja can offer, and my daughter remains an active Youth Club member. As a family, I do not know where we would be, without the Swan centres involvement and Sonja in particular. I cannot thank Sonja enough for the care, respect and understanding that she showed myself and my family

Love Downham

Our Love Downham shop continues to support the community with subsidised food, pre-loved clothes and a safe space to spend time. You just cannot underestimate the importance of giving time and care to all who come through our doors.

We are so happy that we are able to link with other services who all use our space to get directly to the community. Greta, our CAB worker has been particularly busy on a Friday as the demand to see her is really high. She supports people with a wide variety of situations such as: debt, homelessness, DLA forms, overcrowding, benefits, managing money, accessing education. It is wonderful to have her as part of our team and to be able to share her knowledge with the community. We currently host:

- CAB
- NCLS
- Family Hubs

Citizens Advice have seen 37 people in the first quarter of 2025

Love is the answer....

Thank You

We are so grateful for the support of our funders and loyal supporters, we simply could not do this valuable work without you. Raising money in these tough times is particularly difficult, so we salute every person who has given their time and money to help our cause.

www.swanyouthproject.org

Paradise Road, Downham Market.
PE38 9JE

01366 386259

Swan Youth Project

SWAN YOUTH PROJECT (NORFOLK) LIMITED
(FORMERLY - THE SOUTH WEST NORFOLK YOUTH OPPORTUNITIES PROJECT)
LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	J Bagge	
	A Hornby	
	C Edwards	(Appointed 22 April 2024)
	D Wynne	(Appointed 14 April 2025)
	B Filby Hobbs	(Appointed 8 February 2025)
	J Wilcox	(Appointed 8 February 2025)
Charity number (England and Wales)	1143957	
Company number	07639262	
Registered office	Swan Youth Project Norfolk Paradise Road Downham Market Norfolk PE38 9JE	
Independent examiner	Mapus-Smith & Lemmon LLP 48 King Street King's Lynn Norfolk PE30 1HE	
Bankers	National Westminister Bank Plc 4 Tuesday Market Place King's Lynn Norfolk PE30 1YY	

Financialreview

Reserves policy
Reserves need to be held to enable an orderly winding down of the charity's affairs in the event that adequate funding is no longer is available. The Trustees have resolved that the Unrestricted Income and Expenditure Fund should be held at a level of between 25% and 50% of total annual expenditure. At 31 March 2025, the fund held £111,498 (2024 £82,876) in unrestricted reserves. This equates to 40% of our planned annual running costs for 2025/26, which are budgeted to be £280,119. The trustees emergency reserve of £80,000 is also within this agreed level, at 28% of budgeted annual running costs for 2025/26. The trustees are satisfied that these figures are in-line with our stated policy and enable us to have the confidence to go ahead with the planned expansion of our charitable support work for the coming year.

Structure, governance and management

SwanYouthProject (Norfolk) was registered as a charity on 23 September 2011 with charity number: 1143957 as a charitable company. As such, it is also registered in England and Wales under the company registration number: 07639262.

The charity is also known by other previous names and shortened versions being:
Swan Youth Project
The South West Norfolk Youth Opportunities Project

The Swan Youth Project (Norfolk) is governed by its Memorandum and Articles of Association which were incorporated on 18 May 2011 and as amended by special resolution registered at Companies House on 12 September 2011 with further amendments on 1 November 2019 and 25 February 2021.
The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

H L Peak	(Resigned 14 April 2025)
J Harris	(Resigned 14 June 2024)
J Bagge	
M Bullen	(Resigned 18 October 2024)
A Hornby	
C Edwards	(Appointed 22 April 2024)
D Wynne	(Appointed 14 April 2025)
B Filby Hobbs	(Appointed 8 February 2025)
J Wilcox	(Appointed 8 February 2025)

Recruitmentandappointmentof trustees

Members of the trustees shall be persons who through occupation, employment or otherwise have special knowledge of the area of benefit or who are otherwise able, by virtue of their personal or professional qualifications, to contribute to the pursuits of the objects of the charity.

All new trustees will be provided with:

·The governing document of the charity
·The latest financial statements of the charity
·Details of the Charity Commission guidance notes The Essential Trustee - "What you need to know. What you need to do"

In addition, the trustees are encouraged to read Charity Commission and other newsletters and to attend courses designed to keep them abreast of their duties and responsibilities.
None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

Training is provided to keep trustees up to date with new legislation on a regular basis.

Organisational structure

The charitable company is governed by a Board of Trustees of at least three trustees with no maximum number. The Board of Trustees control the financial affairs of the charitable company.

The day to day running of the charity is delegated to Anna Foster, the CEO of the charity.

The trustees' report was approved by the Board of Trustees.

J Bagge
Trustee

11 July 2025

SWAN YOUTH PROJECT (NORFOLK) LIMITED
(FORMERLY - THE SOUTH WEST NORFOLK YOUTH OPPORTUNITIES PROJECT)
INDEPENDENTEXAMINER'S REPORT
TO THE TRUSTEES OF SWAN YOUTH PROJECT (NORFOLK) LIMITED

I report to the trustees on my examination of the financial statements of Swan Youth Project (Norfolk) Limited (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Sharon Edwards, F.C.A.
Mapus-Smith& Lemmon LLP
48 King Street
King's Lynn
Norfolk
PE30 1HE
14 July 2025

SWAN YOUTH PROJECT (NORFOLK) LIMITED
(FORMERLY - THE SOUTH WEST NORFOLK YOUTH OPPORTUNITIES PROJECT)
STATEMENT OFFINANCIALACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Donations andlegacies	**3**	66,968	247,246	314,214	59,403	232,505	291,908
Charitable activities	**4**	41,549	-	41,549	31,165	725	31,890
Investments	**5**	1,093	-	1,093	976	-	976
Total income		109,610	247,246	356,856	91,544	233,230	324,774
Expenditure on:							
Raising funds	**6**	275	6,925	7,200	-	7,000	7,000
Charitable activities	**7**	75,713	201,310	277,023	108,288	151,743	260,031
Total expenditure		75,988	208,235	284,223	108,288	158,743	267,031
Net income		33,622	39,011	72,633	(16,744)	74,487	57,743
Transfers between funds		(5,000)	5,000	-	(881)	881	-
Net movement in funds	**9**	28,622	44,011	72,633	(17,625)	75,368	57,743
Reconciliation of funds:							
Fund balances at1April 2024		82,876	145,884	228,760	100,501	70,516	171,017
Fund balances at 31 March 2025		111,498	189,895	301,393	82,876	145,884	228,760

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

SWAN YOUTH PROJECT (NORFOLK) LIMITED
(FORMERLY - THE SOUTH WEST NORFOLK YOUTH OPPORTUNITIES PROJECT)
BALANCE SHEET
AS AT 31 MARCH 2025

	Notes	2025 £	2025 £	2024 £	2024 £
Fixed assets					
Tangibleassets	**13**		57,353		65,870
Current assets					
Stocks	**14**	2,121		1,500	
Debtors	**15**	-		4,129	
Cash at bank and in hand		249,740		166,446	
		251,861		172,075	
Creditors: amounts falling due within one year	**17**	(7,821)		(9,185)	
Net current assets			244,040		162,890
Total assets less current liabilities			301,393		228,760
The funds of the charity					
Restricted incomefunds	**19**		189,895		145,884
Unrestricted funds	**20**		111,498		82,876
			301,393		228,760

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 11 July 2025

J Bagge
Trustee

Company registration number 07639262 (England and Wales)

1 Accounting policies

Charity information

Swan Youth Project(Norfolk) Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Swan Youth Project Norfolk, Paradise Road, Downham Market, Norfolk, PE38 9JE.

1.1 Accounting convention

Thefinancial statementshave been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At thetime of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestrictedfundsare available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Incomeis recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1 Accounting policies **(Continued)**

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangiblefixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold improvements	Over the term of the lease
Computers	20% straight line
Project assets	20% straight line
Kitchen equipment	20% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

Ateach reporting end date,the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or nominal consideration are measured the lower of replacement cost and cost.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.9 Cash and cash equivalents

Cash andcash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1 Accounting policies **(Continued)**

1.10Financial instruments

Thecharityhas electedto apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financialassets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11Employee benefits

Thecostofanyunused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12Retirement benefits

Paymentstodefinedcontribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	17,968	4,425	22,393	19,403	-	19,403
Grants	49,000	242,821	291,821	40,000	232,505	272,505
	66,968	247,246	314,214	59,403	232,505	291,908

3 Income from donations and legacies **(Continued)**

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Grants receivable for core activities						
Unrestricted grants	49,000	-	49,000	40,000	-	40,000
Bain Associates	-	50,000	50,000	-	30,000	30,000
De Laszlo Fund	-	6,000	6,000	-	6,000	6,000
Garfield Weston	-	30,000	30,000	-	-	-
Love Downham Shop	-	-	-	-	37,399	37,399
Love Norfolk	-	5,000	5,000	-	5,000	5,000
NCF Mental Health Support	-	-	-	-	10,000	10,000
Sir Norman Lamb Mental Health & Wellbeing Fund	-	6,000	6,000	-	-	-
NCF Space Youth Fund	-	15,000	15,000	-	15,000	-
Youth Investment Fund	-	-	-	-	18,812	-
National Lottery Community Fund	-	58,822	58,822	-	20,000	-
BCKLWN CIL	-	-	-	-	50,000	-
HAF funding	-	-	-	-	12,391	-
Youth Advisory Board	-	-	-	-	5,500	-
The Kerrison Trust	-	-	-	-	5,000	-
NCF Capital Grant	-	-	-	-	5,079	-
Norfolk County Council	-	7,114	7,114	-	-	-
NCF - Parents Group	-	7,750	7,750	-	-	-
NCF - Norfolk Community Foundation	-	7,750	7,750	-	-	-
Active Norfolk	-	20,000	20,000	-	-	-
Alan Boswell	-	10,000	10,000	-	-	-
The Fathing Trust	-	5,000	5,000	-	-	-
Other small grants	-	14,385	14,385	-	12,324	12,324
	49,000	242,821	291,821	40,000	232,505	140,723

4 Income from charitable activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Charitable activities income						
Saleof goods	646	-	646	1,200	-	1,200
Services provided under contract	9,240	-	9,240	-	-	-
Sales of services by beneficiaries	5,101	-	5,101	5,887	-	5,887
Charitable rental income	7,800	-	7,800	1,564	725	2,289
Other income	18,762	-	18,762	22,514	-	22,514
	41,549	-	41,549	31,165	725	31,890

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	1,093	976

6 Expenditure on raising funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fundraising and publicity						
Seeking donations,grants and legacies	275	6,925	7,200	-	7,000	7,000

7 Expenditure on charitable activities

	Charitable activities 2025 £	Charitable activities 2024 £
Direct costs		
Staff costs	176,997	169,312
Depreciation and impairment	9,092	9,100
Activity and group costs	10,424	9,335
Training costs	2,498	1,715
Light and heat	10,071	8,019
Repairs and maintenance	9,259	4,719
Advertising	933	598
Insurance	1,996	1,817
Telephone	1,696	1,556
Printing, postage and stationery	1,451	1,355
Sundry expenses	6,364	3,849
Travel costs	2,097	2,540
Grants and donations	978	1,643
Shop purchases	6,098	4,060
Rent and rates	15,898	16,350
	255,852	235,968
Share of support and governance costs (see note 8)		
Support	19,311	18,147
Governance	1,860	5,916
	277,023	260,031
Analysis by fund		
Unrestricted funds	75,713	108,288
Restricted funds	201,310	151,743
	277,023	260,031

8 Support costs allocated to activities

	2025	2024
	£	£
Staff costs	14,571	15,797
Depreciation	144	72
Software and licences	2,816	1,060
Subscriptions	999	764
Bank fees	781	454
Governance costs	1,860	5,916
	21,171	24,063
Analysed between:		
Charitable activities	21,171	24,063

Governance costs comprise:	2025 £	2024 £
Independent examination	1,066	4,116
Accountancy	34	-
Legal and professional	760	1,800
	1,860	5,916

9 Net movement in funds

	2025	2024
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	1,066	4,116
Depreciation of owned tangible fixed assets	9,236	9,172

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

11 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
	10	9

11 Employees (Continued)

Employment costs	2025 £	2024 £
Wages and salaries	184,477	169,170
Social security costs	4,426	14,069
Other pension costs	2,665	1,870
	191,568	185,109

The full time equivalent of this was 7 (2024 - 7).

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel
Theremunerationofkeymanagementpersonnelwas as follows:

	2025 £	2024 £
Aggregate compensation	45,542	45,527

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

13 Tangible fixed assets

	Leasehold improvements	ComputersProject assets		Kitchen equipment	Total
	£	£	£	£	£
Cost					
At1April 2024	67,098	360	6,971	4,982	79,411
Additions	-	719	-	-	719
At 31 March 2025	67,098	1,079	6,971	4,982	80,130
Depreciation and impairment					
At 1April 2024	6,710	360	5,475	996	13,541
Depreciation charged in the year	6,710	144	1,386	996	9,236
At 31 March 2025	13,420	504	6,861	1,992	22,777
Carrying amount					
At 31 March 2025	53,678	575	110	2,990	57,353
At 31 March 2024	60,388	-	1,496	3,986	65,870

13 Tangible fixed assets **(Continued)**

Project assets include furniture, equipment and office equipment purchased by restricted funds for the relevant project. Office equipment is purchased specifically for the office and support use.

14 Stocks

	2025	2024
	£	£
Finished goods and goods for resale	2,121	1,500

15 Debtors

	2025	2024
Amounts falling due within one year:	£	£
Trade debtors	-	4,129

16 Loans and overdrafts

	2025	2024
	£	£
Loans from related parties	-	4,306
Payable within one year	-	4,306

The balance in 2024 related to a loan made by a former trustee. The loan was interest free, unsecured and had no repayment terms. It was being repaid at a rate of £50 per month. This has subsequently been written off in 2025 as a donation.

17 Creditors: amounts falling due within one year

	2025	2024
	£	£
Borrowings	-	4,306
Other taxation and social security	2,747	1,526
Trade creditors	2,783	1,115
Accruals and deferred income	2,291	2,238
	7,821	9,185

18 Retirement benefit schemes

	2025	2024
Defined contribution schemes	£	£
Charge to profit or loss in respect of defined contribution schemes	2,665	1,870

18 Retirement benefit schemes **(Continued)**

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024	Incoming resources	Resources expended	Transfers	Gains and losses	At 31 March 2025
	£	£	£	£	£	£
Alan Boswell	-	10,000	(2,500)	-	-	7,500
Bain Associates	7,675	50,000	(38,759)	-	-	18,916
De Laszlo Fund	925	6,000	(6,925)	-	-	-
Norfolk County Council	-	7,114	(7,114)	-	-	-
National Lottery Community Fund	-	58,822	(32,638)	-	-	26,184
Love Downham Shop	22,891	12,400	(29,055)	-	-	6,236
Love Norfolk	1,344	-	(1,344)	-	-	-
No Child Goes Hungry	408	1,125	(800)	-	-	733
Garfield Weston	-	30,000	(15,120)	-	-	14,880
The Fathing Trust	-	5,000	(1,250)			3,750
NCF - Parents Group	-	7,750	(5,667)			2,083
Sir Norman Lamb Mental Health & Wellbeing Fund	-	6,000	(17)	-	-	5,983
West Norfolk Lives	-	20,000	(8,333)	-	-	11,667
Love Norfolk and Flux fund	-	5,000	(4,437)	-	-	563
YAB: Mental Health Tender	5,500	-	(5,500)	-	-	-
BCKLWN CIL	45,112	-	(4,888)	-	-	40,224
HAF funding	2,760	-	(2,760)	-	-	-
NCF Space	11,500	15,000	(13,524)	-	-	12,976
Youth Fund	15,968	-	(1,774)	-	-	14,194
Youth Investment Fund	20,000	-	(10,000)	-	-	10,000
National Lottery	11,801	13,035	(15,830)	5,000	-	14,006
Other small funds						
	145,884	247,246	(208,235)	5,000	-	189,895

19 Restricted funds **(Continued)**

Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Gains and losses £	At 31 March 2024 £
Awards for All	4,366	-	(4,366)	-	-	-
Bain Associates	10,489	30,000	(32,814)	-	-	7,675
De Laszlo Fund	2,200	6,000	(7,275)	-	-	925
Garfield Weston	8,830	-	(8,830)	-	-	-
Love Downham Shop	21,320	37,399	(35,828)	-	-	22,891
Love Norfolk	-	5,000	(3,656)	-	-	1,344
No Child Goes Hungry	1,476	-	(1,068)	-	-	408
NCF Mental Health Support	-	10,000	(10,000)	-	-	-
Sir Norman Lamb Mental Health & Wellbeing Fund	1,447	-	(1,447)	-	-	-
West Norfolk Lives	5,000	-	(5,000)	-	-	-
YAB: Mental Health Tender	10,653	5,500	(10,653)	-	-	5,500
BCKLWN CIL	-	50,000	(4,888)	-	-	45,112
HAF funding	-	12,391	(9,631)	-	-	2,760
NCF Space	-	15,000	(3,500)	-	-	11,500
Youth Fund	-	18,812	(2,844)	-	-	15,968
Youth Investment Fund	-	20,000	-	-	-	20,000
National Lottery	4,735	23,128	(16,943)	881	-	11,801
Other small funds	70,516	233,230	(158,743)	881	-	145,884

19 Restricted funds **(Continued)**

The 'Other small funds' relates to retracted funds for which the income and expenditure is below £5,000 and have therefore been amalgamated for the purposes of the financial statement but separate details are retained by the charity.

AlanBoswell fund represents monies received for core costs for Love Downham shop (staff/utilities/running costs)
Bain Associates fund represents monies received for the purpose of delivery of our Community Liaison work; getting out to all of our schools, groups and businesses to raise the profile of the charity and engage and inspire young people to attend the project, Again surpluses are unlikely and any deficit will be covered by unrestricted funds.
De Laszlo fund represents monies received for the purpose of expanding and improving our fundraising. Any surplus would be repayable and deficits are covered by use of unrestricted funds.
NorfolkCounty Council Community Fund represents monies received to fund a sport coach in our Junior Youth Group,
National Lottery Community Fund monies received for the Open Access service
Love Downham Shop fund represents monies received towards funding the start up costs for our Community Shop and project Co-Ordinator. Any surplus can be added to our unrestricted funds and deficits are covered by unrestricted funds.
Love Norfolk fund represents monies received towards funding the charity's Family Support Service. Any surplus can be added to our unrestricted funds and deficits are covered by unrestricted funds.
No Child Goes Hungry fund represents monies received to enable us to provide food parcels and food related learning to young people and families within our area who are in short term financial need. This will never be in surplus and deficits will be covered by unrestricted funds.
Garfield Weston Fund represents monies received for the purpose of providing social and emotional support through groups and 1:1 support. Any surplus can be added to our unrestricted funds and deficits are covered by unrestricted funds.
The Fathing Trust fund represents monies received for us to deliver Family Support and 1:1 support to young people and their families.
NCF - Freebridge fund represents monies received for our Parents Group on a Tuesday morning.
Sir Norman Lamb Mental Health & Wellbeing fund represents monies received for the purposes of supporting out core offer for young people. Any surplus could be added to our unrestricted funds and deficits are covered by unrestricted funds.
West Norfolk Lives fund represents monies received towards funding the charity's Open Access sessions. Any surplus could be added to our unrestricted funds and deficits are covered by unrestricted funds.

LoveNorfolkandFlux fund represents monies received for supporting young people with work readiness and work experience.
NCF Mental Health Support fund represents monies received towards funding the charity's 1:1 support sessions for mild / emerging mental health problems. Any surplus can be added to our unrestricted funds and deficits are covered by unrestricted funds.

19 Restricted funds **(Continued)**

BCKLWN CIL fund is for reconfiguring the building.
HAF Funding to deliver holiday sessions to young people.
NCF Space Youth Fund to employ a worker to support young people at risk of anti-social behaviour.
Youth Investment Fund to fit a new heating system in our building, which is more environmentally friendly and cost effective.

National Lottery is2 years funding for core costs of our delivery.

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024	Incoming resources	Resources expended	Transfers	At 31 March 2025
	£	£	£	£	£
General funds	82,876	109,610	(75,988)	(5,000)	111,498

Previous year:	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	100,501	91,544	(108,288)	(881)	82,876

The charity aims to maintain an emergency reserve of £80,000, to cover annual running costs, with the balance of funds (although not restricted) being designated by the trustees for projects in the forthcoming year.

21 Analysis of net assets between funds

	Unrestricted funds 2025	Restricted funds 2025	Total 2025
	£	£	£
At 31 March 2025:			
Tangible assets	685	56,668	57,353
Current assets/(liabilities)	110,813	133,227	244,040
	111,498	189,895	301,393

21 Analysis of net assets between funds **(Continued)**

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Tangible assets	6,496	59,374	65,870
Current assets/(liabilities)	76,380	86,510	162,890
	82,876	145,884	228,760

22 Operating lease commitments

Lessee
Atthereporting enddate thecharity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025 £	2024 £
Within one year	24,600	24,600
Between two and five years	48,400	63,400
In over five years	2,400	12,000
	75,400	100,000

23 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

Swan Youth Project (Norfolk) Ltd

England & Wales - Charity number 1143957

Accounts

Swan Youth Project

ANNUAL REPORT 2023/24

Charity Number: 1143957

Private Company Limited by Guarantee: 07639262

> "Thank you for everything you do to support us, we would definitely be lost without you all"

Swan Youth Project,
Paradise Road,
Downham Market

Presented By : Anna Foster

www.swanyouthproject.org

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A message from our Chair of Trustees James Bagge

I have been privileged to be chairman of this great Project for the last three years. To have been there to observe how much it has grown and developed its approach to meeting the needs of so many young people in Downham and its environs has itself been an education and I am so proud to be involved.

This last year has been particularly challenging. The knock-on effects of the pandemic have been considerable and largely go unnoticed in our wider community. I never cease to be shocked and alarmed at the referrals which the team share with me and which they must manage. The many hours spent supporting families with safeguarding concerns is increasing all the time, with 16% of the registered young people falling into this category. The waiting lists for vital support, as I write this, have 32 young people/families listed, which increases weekly.

At the same time many usual sources of funding have dried up or been much harder to access in an environment which is increasingly competitive. This means that more time is having to be devoted to bidding for grants - we are hugely appreciative of the help offered to us by the De Laszlo foundation who have been providing the funding for these efforts for the last five years. Whilst grants and trusts are becoming more challenging to access, we are going to have to find more innovative ways to raise funds, particularly difficult with the cost of living crisis we are in.

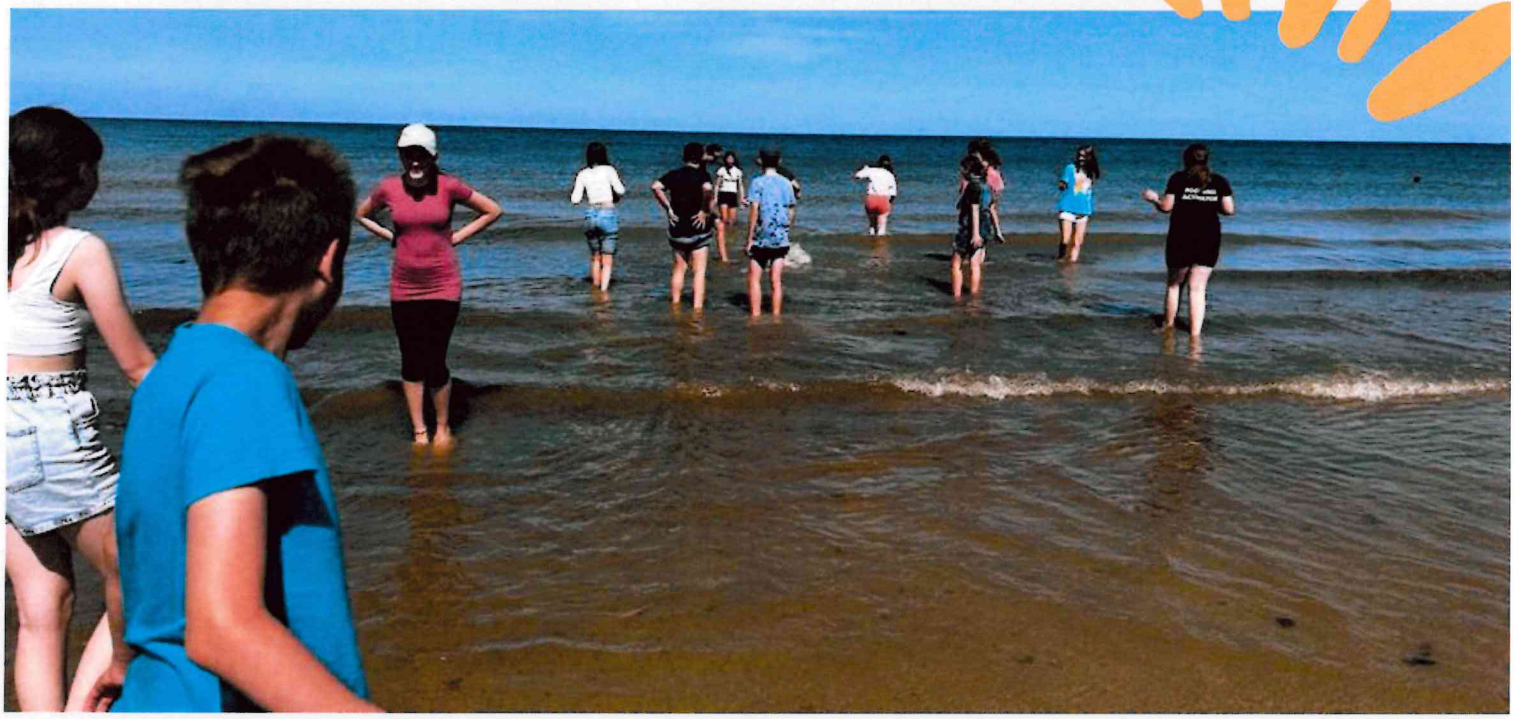
In addition to these challenges Anna and the team have been running the Love Downham venture which is becoming more and more a feature of Downham Community life and increases awareness of the work which they are doing at the Project. The team have also been managing to work around the alterations being made to the Project building itself. These have greatly improved the facilities we can offer and the environment in which the team now operate. Big thanks to Naked Kitchen for giving us such a magnificent new kitchen.

We are endeavouring to find ways of developing income streams of our own and it is hoped that in time the shop will deliver a contribution and we hope that offering Alternate (education) Provision to those primary school children who need more specific attention to encourage and enable them to cope with school will also help us earn our keep. It is increasingly clear that reliance on grant funding alone is not sufficient. We are of course indebted to those who do give us money and I would particularly like to thank UK Youth, Garfield Weston Foundation, Norfolk Community Foundation, Borough Council of Kings Lyn and West Norfolk, Bain Capital and Ellerdale Trust.

My thanks too to my fellow trustees and a particular 'shout out' to Jack Harris who as a long serving trustee has been the rock on which this Project has developed over the last six years or so. It is our great misfortune that he has had to stand down and we will miss him enormously.

Finally and once again I must congratulate and thank Anna and her team for all the wonderful and essential work they do. Downham and West Norfolk owes them a lot.

CEO's Report - Project Overview



Swan Youth Project supports over 350 young people aged 8-18 and their families per year with a whole variety of needs. Our work includes a variety of activities which take a holistic approach to enable us to provide wrap around support not just for the young person but also their family. These services include:

- Open Access sessions (3 per week)
- Family Support Service
- Parents' Group
- One to One support for mild/emerging mental health
- Holiday Activities
- Young Carers Support
- Hygiene Bank
- Bike Kitchen
- Princes Trust Achieve Program
- Vocational Trips and Workshops
- Residential Trips
- Love Downham Shop
- Alternative Provision

> If it wasn't for here I would have no friends

Our Open Access sessions act as a gateway to all of our other services, allowing young people to come into a safe and positive space with no booking. In these groups we use a Trauma Informed Approach to get to know young people really well, seeing behaviour as a direct message to their feelings and experiences. Our holistic approach means that we can step up support where needed, with 1:1 or Family Support, as well as Young Carers support. We can also offer holiday sessions and vocational tasters to increase aspiration and inspire young people to think of their futures.

Being embedded in the community means that we have first hand knowledge of what is happening and what the needs are in our area. We are a trusted place to come when things go wrong; we are also the place to come and celebrate life's wins.

Who did we help?

- We saw over 100 young people every week in Open Access sessions
- We supported over 300 young people last year
- There were 5373 attendances at our Young People sessions
- Hygiene Bank was accessed 855 times
- Open Access was attended 3142 times

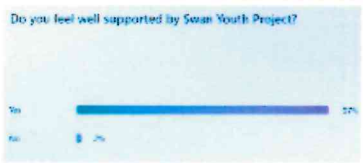
The types of issues we are seeing include:

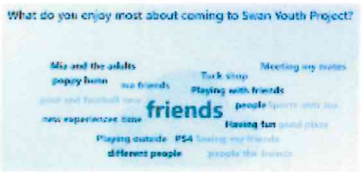
- Trauma
- Family Breakdown
- Boundaries
- SEND
- Anxiety
- School refusal
- Complex home situations
- Identity

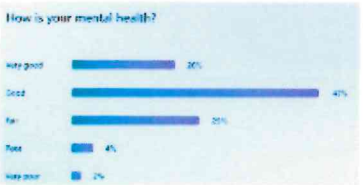
17% are Young Carers
7% are LGBTQ+
36% are SEND
51% have mental health concerns
16% we have safeguarding concerns for

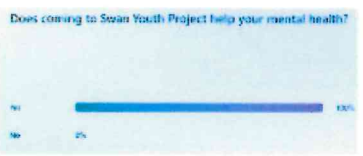
Our support is different to others as we know our community so well and listen to the need on the ground. We are not prescriptive and can be flexible in our approach and the services we deliver.

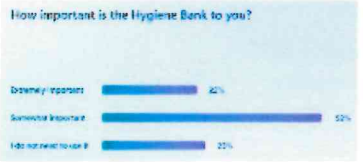
Our latest quarterly feedback.....

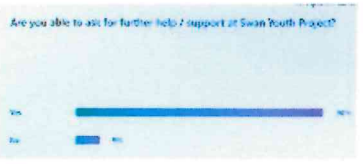












"Incredible support Thank you"

"it's a really good place to hang out with people"

"I like feeling I can be myself and spending time with my friends"

Updates

We were able to access YIF funding to reconfigure our building back before Christmas. This has allowed us to bring our building in line with the needs of our young people, creating a safe and welcoming reception area plus more usable rooms for every day. Our front door was moved to the middle of the building, making rooms private and no longer walk-ways to another room. We have also created a lovely Sensory Room that young people can use if they are feeling overwhelmed or need a bit of a break. Naked Kitchens donated the most wonderful bespoke kitchen to us, which we are using every single day we are at the centre - we are so incredibly grateful to them for their support and kindness

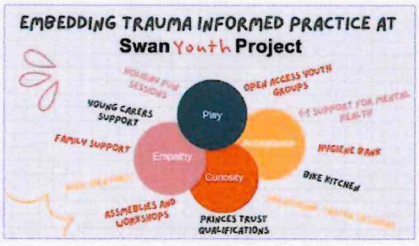
In August we took 16 young people to Kingswood Outward Bound Centre on a fully funded trip. All young people had an amazing time and pushed themselves outside of their comfort zones completely. These trips are vital in supporting young people to really find themselves and build their confidence and social skills. Many schools have stopped these trips since covid, so we will continue to do what we can to make this happen on a annual basis for young people who would not otherwise be able to access this.

100% of young people who attended said:

- They would recommend the trip to others
- The trip helped their mental health
- They felt well supported by staff

> "I really enjoyed it. It got me out of my comfort zone and I spent time with my friends."

3 staff completed their Trauma Informed Diploma Level 5 in November, making them Practitioners. This approach is threaded through our project as we know that trauma plays a part in many lives. Seeing and listening to every individual is vital and is what sets our support apart. One size does not fit all



Our services

Open Access – These are the gateway to our project for many young people, who can turn up at any one of our 3 sessions every week. These vital sessions offer positive activities and support for young people aged 8-18 that can be accessed without booking on a first come, first served basis. Our Open Access sessions run: Tuesday 4:30pm-6:30pm for all ages, Thursday 4pm-6pm for ages 8+ at primary school, and Friday 4:30pm-6:30pm for secondary school age. These sessions provide a safe space for young people to connect and access support, guidance, positive activities and spend time with an emotionally available adult. We regularly see between 30 – 40 young people at these sessions, many of whom have complicated and concerning worries. We work in a Trauma Informed way to get to know all of these young people really well, making them feel important and wanted, often in a world where they do not feel this anywhere else. We never know who is going to walk through our doors, and often we are the place where young people come to disclose safeguarding concerns, so we have to be ready for anything. In the town, young people and parents know that we are a safe space to come to, so we see new members regularly. Young people trust that we will keep them safe and not accept poor behaviour or bullying – we recently re-wrote our code of conduct with their input, so that they really took ownership of the expectations.

1:1 support for mild/emerging mental health – Our 1:1 support can help young people who may be struggling with a variety of worries. This service is oversubscribed, with a waiting list in place.

Family Support - Family Support is an integral part of our work, we support families with a whole variety of issues including family breakdown, domestic abuse, additional needs, and financial worries. This service is oversubscribed, with a waiting list in place

Young Carers - Our Young Carers asked for a link worker rather than a specific group, so we have implemented this model. All young carers can come 30 minutes before Open Access to link with Lucy and have some quality time to offload and catch up

Community Liaison and Small Groups - Bain Capital has funded a vital role for us meaning we can run assemblies and group workshops for a variety of young people of all ages in schools and community groups locally. This then links around 100 young people back to our project a year.

Bike Kitchen - Our Bike Kitchen aims to attract the 'harder to reach' young people to come on-site and fix their bikes whilst engaging in positive and supportive conversations with our youth workers. Young people accessing this service are at risk of becoming involved or are involved in anti-social behaviour

Love Downham Shop – Love Downham is part of the Nourishing Norfolk Network, providing subsidised food and high-quality pre-loved clothing to the community. We offer volunteering, training opportunities, and qualifications for the community and a warm space to prevent loneliness

Hygiene Bank and 'No Child Goes Hungry' –Young people can access hygiene products when they need to during our Open Access sessions, and we also provide food parcels to families in need

Alternative Provision - We launched this service in March 2024 and are excited to see how this develops over the coming year. We are providing 1 day a week to young people at risk of exclusion, in years 4,5,6. We take a maximum of 8 young people a day and work with a Trauma Informed Approach.

Our family have been fortunate enough to have had the Swan Youth Project, in general, and Sonja, in particular, to help us navigate some very difficult times. We turned to them for assistance due to the caring approach that they have shown our daughter when she has used the project. As a means to mediate through the issues we have been having they have offered us support as both a family and to all of the individual family members separately. They have listened to everyones points of view and have then given non judgmental support to all and offered advice on coping mechanisms going forward. I cannot thank them enough for all the help they have given and also cannot think of any ways to improve the service. We will always be in their debt for the help and kindness we have received.

Love Downham

Our Love Downham shop continues to support the community with subsidised food, pre-loved clothes and a safe space to spend time. You just cannot underestimate the importance of giving time and care to all who come through our doors.

We welcomed Emma to our shop as Project Coordinator in February. She brings a fresh pair of eyes and lots of ideas to us, as well as many years community work for Girl Guiding. She has been loving meeting our customers and getting to know everyone.

We are so happy that we are able to link with other services who all use our space to get directly to the community. Greta, our CAB worker has been particularly busy on a Friday as the demand to see her is really high. She supports people with a wide variety of situations such as: debt, homelessness, DLA forms, overcrowding, benefits, managing money, accessing education. It is wonderful to have her as part of our team and to be able to share her knowledge with the community. We currently host:

- CAB
- NCC Tech team
- Family Hubs

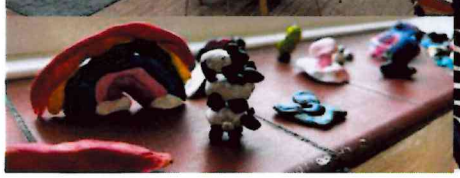
It's so friendly and accessible

Luca thinks it's fun to work at 'Love Downham'. He feels independent and likes that you trust him to use the price gun. He says you have helped him with his times tables too. Luca thinks the staff are funny, he gets excited about coming to work and he likes that you are doing a good thing for people who use the shop.

Mum of young person who is completing work experience with us, Sept 2023

Love is the answer....

A year in Pictures



SWAN YOUTH PROJECT (NORFOLK) LIMITED
(FORMERLY - THE SOUTH WEST NORFOLK YOUTH OPPORTUNITIES PROJECT)
LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	H L Peak J Bagge M Bullen A Hornby C Edwards	 (Appointed 22 April 2024)
Charity number	1143957	
Company number	07639262	
Registered office	Swan Youth Project Norfolk Paradise Road Downham Market Norfolk PE38 9JE	
Independent examiner	Mapus-Smith & Lemmon LLP 48 King Street King's Lynn Norfolk PE30 1HE	
Bankers	National Westminister Bank Plc 4 Tuesday Market Place King's Lynn Norfolk PE30 1YY	

SWAN YOUTH PROJECT (NORFOLK) LIMITED
(FORMERLY - THE SOUTH WEST NORFOLK YOUTH OPPORTUNITIES PROJECT)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The Swan Youth Project (Norfolk) seeks to provide young people, from eight years and upwards, in South West Norfolk, with access to a wide range of positive and inclusive activities from a dedicated venue. By working with young people, within their local communities, our aim is to raise awareness of existing activities and opportunities for them and encourage new ones.

The area in which the charity can operate is West Norfolk and the objectives of the company as set out in the Memorandum of Association are as follows:

To act as a resource for your people up to the age of 25 living in South West Norfolk by providing advice and assistance and organising programmes of physical. educational and other activities as a means of:

- advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- advancing education;
- relieving unemployment;
- relieving sickness and promoting and protecting good mental and physical health;
- providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The trustees consider that the full details of the public benefit have been displayed within the review of activities.

Achievements and performance

Please refer to the CEO's report on page 2.

Financial review

Reserves policy

Reserves need to be held to enable an orderly winding down of the charity's affairs in the event that adequate funding is no longer is available. The Trustees have resolved that the Unrestricted Income and Expenditure Fund should be held at a level of between 25% and 50% of total annual expenditure. At 31 March 2024, the fund held £82,876 (2023 £100,501) in unrestricted reserves. This equates to 30% of our planned annual running costs for 2024/25, which are budgeted to be £274,108. The trustees emergency reserve of £80,000 is also within this agreed level, at 29% of budgeted annual running costs for 2024/25. The trustees are satisfied that these figures are in-line with our stated policy and enable us to have the confidence to go ahead with the planned expansion of our charitable support work for the coming year.

Structure, governance and management

Swan Youth Project (Norfolk) was registered as a charity on 23 September 2011 with charity number: 1143957 as a charitable company. As such, it is also registered in England and Wales under the company registration number: 07639262.

The charity is also known by other previous names and shortened versions being:
Swan Youth Project
The South West Norfolk Youth Opportunities Project

The Swan Youth Project (Norfolk) is governed by its Memorandum and Articles of Association which were incorporated on 18 May 2011 and as amended by special resolution registered at Companies House on 12 September 2011 with further amendments on 1 November 2019 and 25 February 2021.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

H L Peak	
J Harris	(Resigned 14 June 2024)
J Bagge	
M Bullen	
A Hornby	
C Edwards	(Appointed 22 April 2024)

Recruitment and appointment of trustees

Members of the trustees shall be persons who through occupation, employment or otherwise have special knowledge of the area of benefit or who are otherwise able, by virtue of their personal or professional qualifications, to contribute to the pursuits of the objects of the charity.

All new trustees will be provided with:
- The governing document of the charity
- The latest financial statements of the charity
- Details of the Charity Commission guidance notes The Essential Trustee - "What you need to know. What you need to do"

In addition, the trustees are encouraged to read Charity Commission and other newsletters and to attend courses designed to keep them abreast of their duties and responsibilities.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

Training is provided to keep trustees up to date with new legislation on a regular basis.

Organisational structure

The charitable company is governed by a Board of Trustees of at least three trustees with no maximum number. The Board of Trustees control the financial affairs of the charitable company.

The day to day running of the charity is delegated to Anna Foster, the CEO of the charity.

The trustees' report was approved by the Board of Trustees.

H L Peak

Trustee

Date: 5/9/24

SWAN YOUTH PROJECT (NORFOLK) LIMITED
(FORMERLY - THE SOUTH WEST NORFOLK YOUTH OPPORTUNITIES PROJECT)
INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF SWAN YOUTH PROJECT (NORFOLK) LIMITED

I report to the trustees on my examination of the financial statements of Swan Youth Project (Norfolk) Limited (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

SEdwards

SHARON EDWARDS FCA
Mapus-Smith & Lemmon LLP

48 King Street
King's Lynn
Norfolk
PE30 1HE

Dated: 19/09/24

SWAN YOUTH PROJECT (NORFOLK) LIMITED
(FORMERLY - THE SOUTH WEST NORFOLK YOUTH OPPORTUNITIES PROJECT)
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Income from:							
Donations and legacies	3	59,403	232,505	291,908	49,433	175,407	224,840
Charitable activities	4	31,165	725	31,890	15,048	27,200	42,248
Investments	5	976	-	976	236	-	236
Total income		91,544	233,230	324,774	64,717	202,607	267,324
Expenditure on:							
Raising funds	6	-	7,000	7,000	-	3,225	3,225
Charitable activities	7	108,288	151,743	260,031	27,552	164,019	191,571
Total expenditure		108,288	158,743	267,031	27,552	167,244	194,796
Net income/(expenditure)		(16,744)	74,487	57,743	37,165	35,363	72,528
Transfers between funds		(881)	881	-	(1,088)	1,088	-
Net movement in funds	9	(17,625)	75,368	57,743	36,077	36,451	72,528
Reconciliation of funds:							
Fund balances at 1 April 2023		100,501	70,516	171,017	64,424	34,065	98,489
Fund balances at 31 March 2024		82,876	145,884	228,760	100,501	70,516	171,017

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

SWAN YOUTH PROJECT (NORFOLK) LIMITED
(FORMERLY - THE SOUTH WEST NORFOLK YOUTH OPPORTUNITIES PROJECT)
BALANCE SHEET
AS AT 31 MARCH 2024

	Notes	2024 £	2024 £	2023 £	2023 £
Fixed assets					
Tangible assets	13		65,870		2,962
Current assets					
Stocks	14	1,500		-	
Debtors	15	4,129		13	
Cash at bank and in hand		166,446		174,173	
		172,075		174,186	
Creditors: amounts falling due within one year	17	(9,185)		(6,131)	
Net current assets			162,890		168,055
Total assets less current liabilities			228,760		171,017
Net assets excluding pension liability			228,760		171,017
The funds of the charity					
Restricted income funds	19		145,884		70,516
Unrestricted funds			82,876		100,501
			228,760		171,017

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 5/9/24

.....

H L Peak
Trustee

Company registration number 07639262 (England and Wales)

SWAN YOUTH PROJECT (NORFOLK) LIMITED
(FORMERLY - THE SOUTH WEST NORFOLK YOUTH OPPORTUNITIES PROJECT)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Swan Youth Project (Norfolk) Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Swan Youth Project Norfolk, Paradise Road, Downham Market, Norfolk, PE38 9JE.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1 Accounting policies **(Continued)**

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold improvements	Over the term of the lease
Computers	20% straight line
Project assets	20% straight line
Kitchen equipment	20% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or nominal consideration are measured the lower of replacement cost and cost.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1 Accounting policies **(Continued)**

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024	Restricted funds 2024	Total 2024	Unrestricted funds 2023	Restricted funds 2023	Total 2023
	£	£	£	£	£	£
Donations and gifts	19,403	-	19,403	19,433	5,568	25,001
Grants	40,000	232,505	272,505	30,000	169,839	199,839
	59,403	232,505	291,908	49,433	175,407	224,840

3 Income from donations and legacies **(Continued)**

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Grants receivable for core activities						
Borough Council of King's Lynn and West Norfolk	25,000	-	25,000	15,000	-	15,000
UK Youth	15,000	-	15,000	15,000	-	15,000
Awards for All	-	-	-	-	10,000	10,000
Bain Associates	-	30,000	30,000	-	27,689	27,689
De Laszlo Fund	-	6,000	6,000	-	5,000	5,000
Garfield Weston	-	-	-	-	30,000	30,000
Love Downham Shop	-	37,399	37,399	-	49,650	49,650
Love Norfolk	-	5,000	5,000	-	5,000	5,000
NCF Mental Health Support	-	10,000	10,000	-	10,000	10,000
Sir Norman Lamb Mental Health & Wellbeing Fund	-	-	-	-	20,000	20,000
West Norfolk Lives	-	-	-	-	5,000	5,000
Winter Resilience Fund	-	-	-	-	7,500	7,500
NCF Space Youth Fund	-	15,000	15,000	-	-	-
Youth Investment Fund	-	18,812	18,812	-	-	-
National Lottery Community Fund	-	20,000	20,000	-	-	-
BCKLWN CIL	-	50,000	50,000	-	-	-
HAF funding	-	12,391	12,391	-	-	-
Youth Advisory Board	-	5,500	5,500	-	-	-
The Kerrison Trust	-	5,000	5,000	-	-	-
NCF Capital Grant	-	5,079	5,079	-	-	-
Other small grants	-	12,324	12,324	-	-	-
	40,000	232,505	272,505	30,000	169,839	199,839

4 Income from charitable activities

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Charitable activities income						
Subscriptions	1,200	-	1,200	-	385	385
Shop for the Youth	5,887	-	5,887	7,051	-	7,051
Charitable rental income	1,564	725	2,289	-	-	-
Other income	22,514	-	22,514	7,997	26,815	34,812
	31,165	725	31,890	15,048	27,200	42,248

5 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	976	236

6 Expenditure on raising funds

	Restricted funds 2024 £	Restricted funds 2023 £
Fundraising and publicity		
Seeking donations, grants and legacies	7,000	3,225

7 Expenditure on charitable activities

	Charitable activities 2024	Charitable activities 2023
	£	£
Direct costs		
Staff costs	169,312	129,791
Depreciation and impairment	9,100	1,397
Activity and group costs	9,335	10,841
Therapy	-	4,320
Residential costs	-	2,500
Training costs	1,715	5,248
Light and heat	8,019	3,491
Repairs and Maintenance	4,719	11,865
Advertising	598	186
Insurance	1,817	372
Telephone	1,556	920
Printing, postage and stationery	1,355	1,499
Sundry expenses	3,849	5,743
Travel costs	2,540	568
Grants and donations	1,643	1,512
Shop purchases	4,060	-
Rent and rates	16,350	-
	235,968	180,253
Share of support and governance costs (see note 8)		
Support	18,147	10,634
Governance	5,916	684
	260,031	191,571
Analysis by fund		
Unrestricted funds	108,288	27,552
Restricted funds	151,743	164,019
	260,031	191,571

8 Support costs allocated to activities

	2024	2023
	£	£
Staff costs	15,797	6,280
Depreciation	72	72
Software and licences	1,060	3,571
Subscriptions	764	711
Bank fees	454	-
Governance costs	5,916	684
	24,063	11,318
Analysed between:		
Charitable activities	24,063	11,318

Governance costs comprise:	2024 £	2023 £
Accountancy	4,116	684
Legal and professional	1,800	-
	5,916	684

9 Net movement in funds

	2024	2023
	£	£
The net movement in funds is stated after charging/(crediting):		
Depreciation of owned tangible fixed assets	9,172	1,469

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

11 Employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
	9	8

13 Tangible fixed assets **(Continued)**

Project assets include furniture, equipment and office equipment purchased by restricted funds for the relevant project. Office equipment is purchased specifically for the office and support use.

14 Stocks

	2024	2023
	£	£
Finished goods and goods for resale	1,500	-

15 Debtors

	2024	2023
Amounts falling due within one year:	£	£
Trade debtors	4,129	-
Other debtors	-	13
	4,129	13

16 Loans and overdrafts

	2024	2023
	£	£
Loans from related parties	4,306	4,856
Payable within one year	4,306	4,856

This balance relates to a loan made by a former trustee. The loan is interest free, unsecured and has no repayment terms. It is being repaid at a rate of £50 per month.

17 Creditors: amounts falling due within one year

	2024	2023
	£	£
Borrowings	4,306	4,856
Other taxation and social security	1,526	-
Trade creditors	1,115	248
Accruals and deferred income	2,238	1,027
	9,185	6,131

18 Retirement benefit schemes

Defined contribution schemes	2024 £	2023 £
Charge to profit or loss in respect of defined contribution schemes	1,870	857

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Awards for All	4,366	-	(4,366)	-	-
Bain Associates	10,489	30,000	(32,814)	-	7,675
De Laszlo Fund	2,200	6,000	(7,275)	-	925
Garfield Weston	8,830	-	(8,830)	-	-
Love Downham Shop	21,320	37,399	(35,828)	-	22,891
Love Norfolk	-	5,000	(3,656)	-	1,344
No Child Goes Hungry	1,476	-	(1,068)	-	408
NCF Mental Health Support	-	10,000	(10,000)	-	-
Sir Norman Lamb Mental Health & Wellbeing Fund	1,447	-	(1,447)	-	-
West Norfolk Lives	5,000	-	(5,000)	-	-
YAB: Mental Health Tender	10,653	5,500	(10,653)	-	5,500
BCKLWN CIL	-	50,000	(4,888)	-	45,112
HAF funding	-	12,391	(9,631)	-	2,760
NCF Space Youth Fund	-	15,000	(3,500)	-	11,500
Youth Investment Fund	-	18,812	(2,844)	-	15,968
National Lottery	-	20,000	-	-	20,000
Other small funds	4,735	23,128	(16,943)	881	11,801
	70,516	233,230	(158,743)	881	145,884

19 **Restricted funds** **(Continued)**

Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
Awards for All	41	10,000	(7,063)	1,388	4,366
Bain Associates	8,428	27,689	(25,628)	-	10,489
De Laszlo Fund	1,250	5,000	(4,050)	-	2,200
Foyle Foundation	816	-	(816)	-	-
Garfield Weston	20,135	30,000	(41,305)	-	8,830
Love Downham Shop	-	49,650	(28,330)	-	21,320
Love Norfolk	-	5,000	(4,891)	(109)	-
No Child Goes Hungry	2,149	-	(673)	-	1,476
NCF Mental Health Support	-	10,000	(9,862)	(138)	-
Norfolk Community Foundation	41	-	-	(41)	-
Sir Norman Lamb Mental Health & Wellbeing Fund	-	20,000	(18,553)	-	1,447
West Norfolk Lives	-	5,000	-	-	5,000
Winter Resilience Fund	-	7,500	(7,488)	(12)	-
YAB: Mental Health Tender	-	18,000	(7,347)	-	10,653
Other small funds	1,205	14,768	(11,238)	-	4,735
	34,065	202,607	(167,244)	1,088	70,516

19 Restricted funds **(Continued)**

The 'Other small funds' relates to retracted funds for which the income and expenditure is below £5,000 and have therefore been amalgamated for the purposes of the financial statement but separate details are retained by the charity.

Awards for All fund represents monies received for the purposes of supporting our core services of Open Access Youth Groups and 1:1 support. Any surplus would be repayable but are unlikely and deficits are covered by the use of unrestricted funds.

Bain Associates fund represents monies received for the purpose of delivery of our Community Liaison work; getting out to all of our schools, groups and businesses to raise the profile of the charity and engage and inspire young people to attend the project, Again surpluses are unlikely and any deficit will be covered by unrestricted funds.

De Laszlo fund represents monies received for the purpose of expanding and improving our fundraising. Any surplus would be repayable and deficits are covered by use of unrestricted funds.

Garfield Weston Fund represents monies received for the purpose of providing social and emotional support through groups and 1:1 support. Any surplus can be added to our unrestricted funds and deficits are covered by unrestricted funds.

Love Downham Shop fund represents monies received towards funding the start up costs for our Community Shop and project Co-Ordinator. Any surplus can be added to our unrestricted funds and deficits are covered by unrestricted funds.

Love Norfolk fund represents monies received towards funding the charity's Family Support Service. Any surplus can be added to our unrestricted funds and deficits are covered by unrestricted funds.

No Child Goes Hungry fund represents monies received to enable us to provide food parcels and food related learning to young people and families within our area who are in short term financial need. This will never be in surplus and deficits will be covered by unrestricted funds.

Norfolk Community Foundation - represents monies received for the purposes of various projects undertaken by the charity from the NCF. Any surplus could be added to our unrestricted funds and deficits are covered by unrestricted funds.

NCF Mental Health Support fund represents monies received towards funding the charity's 1:1 support sessions for mild / emerging mental health problems. Any surplus can be added to our unrestricted funds and deficits are covered by unrestricted funds.

Sir Norman Lamb Mental Health & Wellbeing fund represents monies received for the purposes of supporting out core offer for young people. Any surplus could be added to our unrestricted funds and deficits are covered by unrestricted funds.

West Norfolk Lives fund represents monies received towards funding the charity's Open Access sessions. Any surplus could be added to our unrestricted funds and deficits are covered by unrestricted funds.

BCKLWN CIL fund is for reconfiguring the building.

HAF Funding to deliver holiday sessions to young people.

NCF Space Youth Fund to employ a worker to support young people at risk of anti-social behaviour.

19 Restricted funds **(Continued)**

Youth Investment Fund to fit a new heating system in our building, which is more environmentally friendly and cost effective.

National Lottery is 2 years funding for core costs of our delivery.

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	100,501	91,544	(108,288)	(881)	82,876

Previous year:	At 1 April 2022	Incoming resources	Resources expended	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	64,424	64,717	(27,552)	(1,088)	100,501

The charity aims to maintain an emergency reserve of £80,000, to cover annual running costs, with the balance of funds (although not restricted) being designated by the trustees for projects in the forthcoming year.

21 Analysis of net assets between funds

	Unrestricted funds 2024	Restricted funds 2024	Total 2024
	£	£	£
At 31 March 2024:			
Tangible assets	6,496	59,374	65,870
Current assets/(liabilities)	76,380	86,510	162,890
	82,876	145,884	228,760

21 Analysis of net assets between funds **(Continued)**

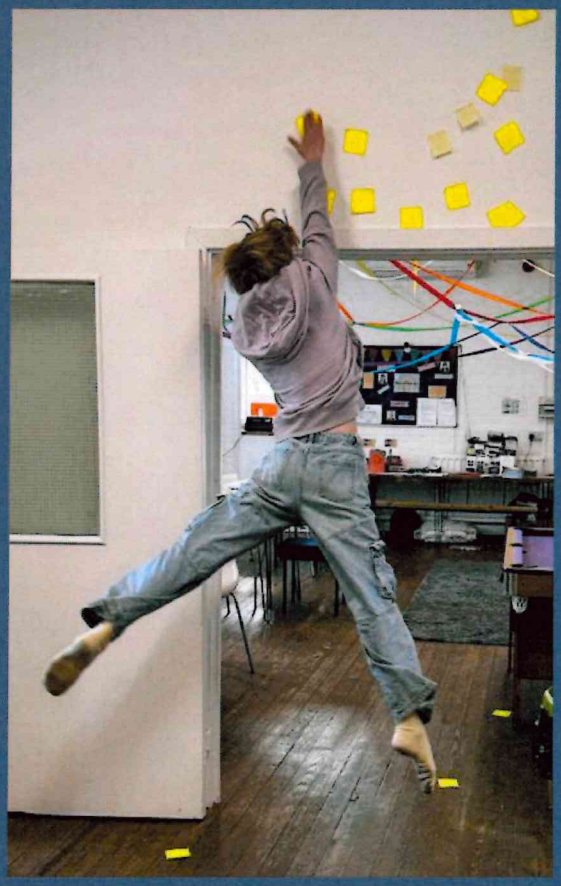
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 31 March 2023:			
Tangible assets	2,962	-	2,962
Current assets/(liabilities)	97,539	70,516	168,055
	100,501	70,516	171,017

22 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

Thank You

We are so grateful for the support of our funders and loyal supporters, we simply could not do this valuable work without you. Raising money in these tough times is particularly difficult, so we salute every person who has given their time and money to help our cause.



www.swanyouthproject.org

Paradise Road, Downham Market.
PE38 9JE
01366 386259

Swan Youth Project

Swan Youth Project (Norfolk) Ltd

England & Wales - Charity number 1143957

Accounts

Swan Youth Project

ANNUAL REPORT 2022/23

"The swan project is an amazing asset to the community and a great opportunity for the children"

Swan Youth Project,
Paradise Road,
Downham Market

Presented By : Anna Foster

www.swanyouthproject.org

A message from our Chair of Trustees James Bagge

In my last two years as chairman of the Swan Youth Project I have become increasingly aware of the real challenges facing our young people in Downham today; the impact of social media, the lack of access to so many of the facilities in sport and education that I for one just took for granted and the consequential impact it has on self confidence and aspiration. The Swan Youth Project seeks to correct that imbalance. Those who have progressed through the year groups and become peer mentors are being nominated for awards and being offered work opportunities. But the ever increasing demand on the services of the Project continues to outstrip the supply both in terms of space and human resource.

Anna Foster and her team are working tirelessly to address that by raising the profile of their invaluable work within the community. We have opened the Love Downham shop providing discounted food and clothing broadening the impact of the work we do within the wider community in the town. We are running open days for businesses to visit and thereby encouraging commerce in the local area to identify the many ways in which they can offer support.

We continue to rely on and are very grateful for the very welcome financial support offered by the Norfolk Community Foundation, Bain Capital, the De Laszlo Foundation, the County Council, BCKLWN, National Lottery, Garfield Weston Foundation.

Once again I want to thank Anna and her team for the wonderful work they are doing and my fellow trustees for the support they give me and the Project.

Project Overview

Swan Youth Project supports over 350 young people aged 8-18 and their families per year with a whole variety of needs. Our work includes a variety of activities which take a holistic approach to enable us to provide wrap around support not just for the young person but also their family. These services include:

- **Open Access sessions (3 per week)**
- **Family Support Service**
- **Parents' Group,**
- **One to One support for mild/emerging mental health,**
- **Holiday Activities**
- **Young Carers Support**
- **Hygiene Bank**
- **Bike Kitchen**
- **Princes Trust Achieve Program**
- **Vocational Trips and Workshops**
- **Residential Trips**
- **Love Downham Shop**
- **Referrals to Cup-O-Tea Therapy Service**

> I could never say thank you enough for all the support this year! You were there when we felt like we had no other support!

Our Open Access sessions act as a gateway to all of our other services. Since the covid pandemic we have seen an increase in mental health concerns, which has meant that we have waiting lists for both 1:1 support and Family support and are very often full in our Open Access sessions. We are also seeing the cost of living crisis impact on the families we support.

Being embedded in the community means that we have first hand knowledge of what is happening and what the needs are in our area. We are a trusted place to come when things go wrong; we are also the place to come and celebrate life's wins.

Who did we help?

- We see around 120 young people every week in Open Access sessions
- We supported over 400 young people last year
- We provided 73 families with targeted support in 2022
- We supported 33% more young people in the first quarter of this year than the previous year
- Use of the Hygiene Bank is up 74% on last year

The types of issues we are seeing include:

- Loneliness and isolation
- Suicidal thoughts
- Self Harm
- Family Breakdown
- School Refusal
- Anxiety
- Trauma

10% are Young Carers
7% are LGBTQ+
30% have a physical/learning difficulty
45% have mental health concerns

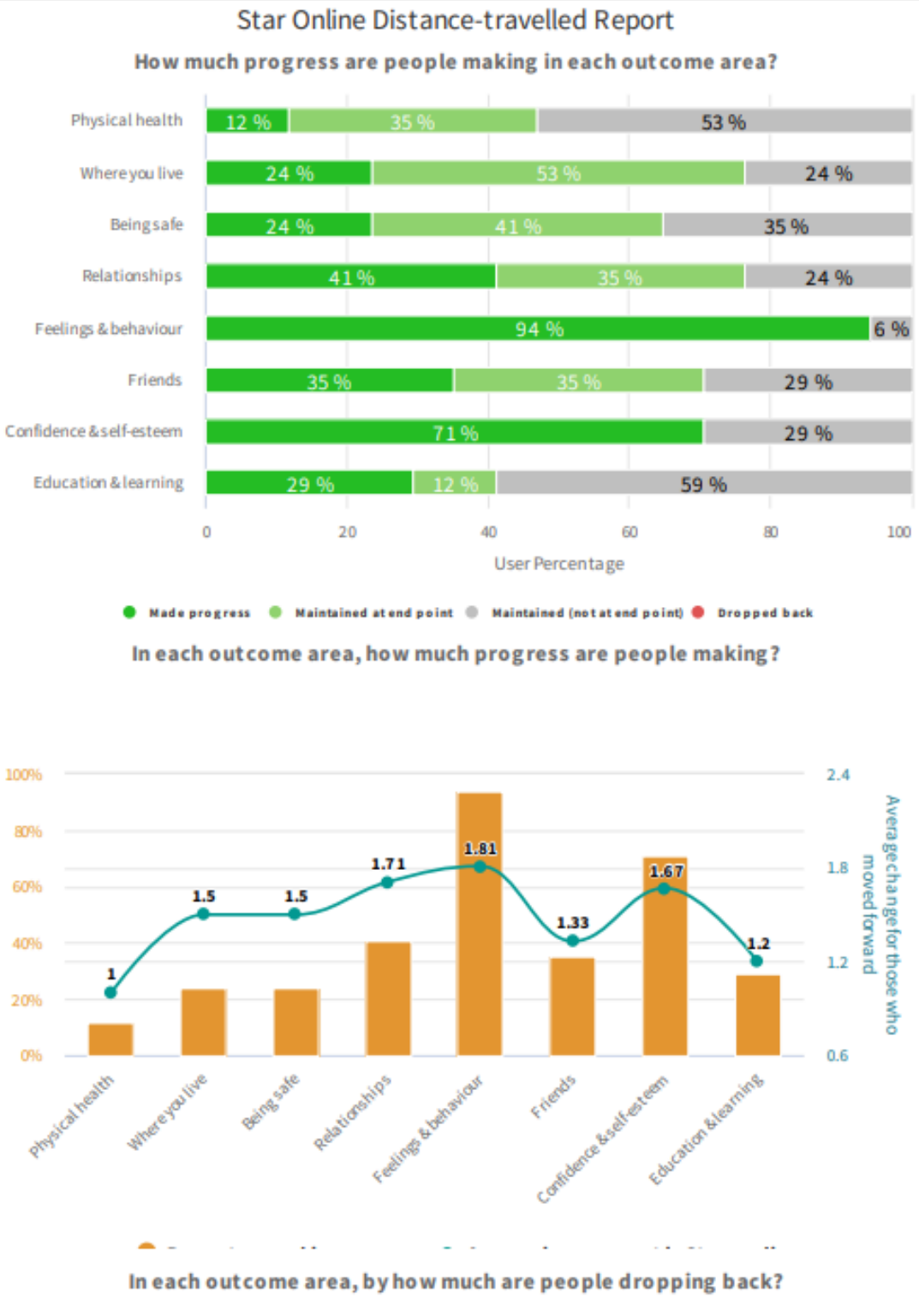
Our support is different to others as we know our community so well and listen to the need on the ground. We are not prescriptive and can be flexible in our approach and the services we deliver.

Our latest quarterly feedback.....

> Having the same consistant person for support has helped lots

1:1 Support Outcome Star

Are people making progress?			
In 1+ outcome areas Percentage of people making progress in at least one outcome area	**In 2+ outcome areas** Percentage of people making progress in at least two outcome areas	**In 3+ outcome areas** Percentage of people making progress in at least three outcome areas	**Outcome areas showing progress** Average number of outcome areas in which someone is making progress
100%	88%	59%	3.3



Love Downham

Love Downham @ Swan Youth Project

Our 'Love Downham' shop had it's official opening in January and has been going from strength to strength as the months go by. We are supported by the wonderful 'Nourishing Norfolk Network' through Norfolk Community Foundation who have been champions of getting affordable food hubs directly into communities across the county. It is truly heart warming to meet so many members of the community who we have not been in contact with previously. The feedback has been overwhelmingly positive and we are incredibly proud to be able to sit in the middle of our community with these vital services. We have also been able to give a young person a Saturday job in the shop, which is a brilliant step on the work ladder. Volunteering opportunities are also being provided for young people completing courses at college and 6th form.
As well as food, we also offer high quality re-loved clothing and original artwork produced by our young people, plus a training room and office space that is able to be hired by like minded organisations.

> The shop in Downham Market is an asset to our community not only offering a warm hub but food and clothing at affordable prices. My husband and I use the shop because food prices have escalated to a high level making us have to rethink what we can afford.
> Within their shop we can find and purchase food to make meals at a price that does not over stretch our pension. Sauces to help create a meal with pasta, sausages and potatoes, cheese, milk a varitety of packet and tinned food plus fresh vegetables and fruit something we would not be able to afford.

Love is the answer....

Community Liaison

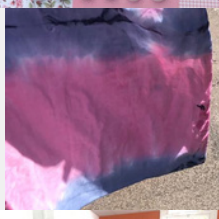
Our Bain Capital funded role has continued to deliver the Swan Youth Project information out to our local area, including to schools, community groups and businesses. Over the last year Louise has:

- Seen 1476 young people
- Delivered 5 assemblies on Anti-Bullying
- Overseen a visit to Bain Capital for 6 young people
- Delivered Transition Workshops in 6 schools to 127 young people
- Hosted a First Aid Course for parents
- Hosted our annual 'Project Prom' event for year 11 and 13's
- Coordinated a Bain Capital film to promote their charity support
- Hosted an Open Day/Art Gallery at the project
- Attended 2 Open Events at the local high school
- Attended a Volunteering Event at the local 6th Form

Project Prom supported local young people to access pre-loved Prom outfits in return for a small donation. It was a joyous and emotional event, with many young people finding the outfit of dreams. It is a privilege to be a small part of the prom journey with our families.

> "It was a good experience to see a business and see what they do there. Also, I could see what I need to achieve and do to get where I want to be"

A year in Pictures



Carer Friendly Tick Communities
© Caring Together
Valid until 2025

Financial Report

SWAN YOUTH PROJECT (NORFOLK) LTD

Statement of Financial Activities (including Income and Expenditure account)

for the year ended 31 March 2023

	Note	2023 Unrestricted Funds £	2023 Restricted Funds £	Total Funds £	2022 Total Funds £
Income from:					
Donations and grants	**2**	49,433	175,407	224,840	146,682
Charitable activities	**3**	15,048	27,200	42,248	10,168
Investment income		236	-	236	1
Total income		64,717	202,607	267,324	156,851
Expenditure on:					
Raising funds		-	3,225	3,225	3,750
Charitable activities	**4**	27,552	164,019	191,571	127,099
Total expenditure		27,552	167,244	194,796	130,849
Net income		37,165	35,363	72,528	26,002
Transfers between funds		(1,088)	1,088	-	-
Net movement in funds		36,077	36,451	72,528	26,002
Reconciliation of funds:					
Total funds brought forward		64,424	34,065	98,489	72,487
Total funds carried forward	**9**	100,501	70,516	171,017	98,489

All of the activities of the charity are classed as continuing activities.

The statement of Financial Activities includes all gains and losses recognised in the year.

SWAN YOUTH PROJECT (NORFOLK) LTD

Balance Sheet

At 31 March 2023

	Note	2023 £	2023 £	2022 £	2022 £
Fixed assets					
Tangible assets	**6**		2,962		4,431
Current assets					
Debtors	**7**	13		-	
Cash at bank and in hand		174,173		101,628	
		174,186		101,628	
Creditors: Amounts falling due within one year	**8**	(6,131)		(7,570)	
Net current assets			168,055		94,058
Total assets less current liabilities			171,017		98,489
Funds					
Unrestricted	**9**		100,501		64,424
Restricted	**10**		70,516		34,065
			171,017		98,489

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime for the year ended 31 March 2023, the charity was entitled to exemption from audit under Section 477 of the Companies Acr 2006 (the Act) relating to small companies.

Trustees responsibilities:

(i) The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with Section 476

(ii) the directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements were approved and authorised by the Trustees on the 18/09/2023 and are signed on their behalf by:

H L Peak

J W Harris

1. Accounting policies

General information and basis of accounting

Swan Youth Project (Norfolk) Ltd is a company limited by guarantee registered in England and Wales. In the event of the charitable company being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The number of guarantors at 31 March 2023 was 5 (2022 - 4).

The address of the registered office of the charity is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities is the provision of access to a wide range of positive and inclusive activities from a dedicated venue.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity.

The significant accounting policies applied in the preparation are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income recognition

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102).

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

1. Accounting policies (continued)

Income recognition (continued)

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the bank.

Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Charitable activity expenditure is detailed in note 4 to the financial statements. These expenses are subcategorised between charitable activities, support costs and governance costs.

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, computer costs, and bank charges. They are incurred directly in support of expenditure on the objects of the charity.

Governance costs are costs of charitable activities but those which relate to the governance and stewardship of the charity rather than directly to the activities themselves.

Fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Office equipment	-	20% straight line
Project assets	-	20% straight line

Project assets are assets which have been acquired for the purposes of specific activities for the beneficiaries and may include items such as office equipment.

Office equipment relates to those assets which are used for the support activities.

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Employee benefits

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. The annual contributions payable are charged to the Statement of Financial Activities.

Taxation

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

1. Accounting policies (continued)

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period or in the period of the revision and future periods if the revision affects both current and future periods.

The useful economic life used to depreciate tangible fixed assets relates to the expected future performance of the assets acquired and management's estimate of the period over which economic benefit will be derived from the asset.

The residual value of an asset is the estimated fair value of that asset at the end of its useful economic life and therefore is also dependent upon the estimation of that life span.

Historically, changes to the useful economic life and residual values have not had a material impact on the depreciation amount charge to the Statement of Financial Activities.

Cut-off is applied at the year end date. An estimation of income or expenditure applicable to the relevant period must be applied when the receipt or payment relates to a different period to the year end.

Operating lease agreements

Rentals applicable to operating leases where substantially all of the benefits and risk of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

2. Income from donations and grants

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total funds 2022 £
Donations and legacies	19,433	450	19,883	23,120
Grants:				
Borough Council of Kings Lynn and West Norfolk	15,000	-	15,000	10,000
Covid-19 Closure Grants	-	-	-	-
Furlough claims	-	-	-	66
Government grants	15,000	-	15,000	10,066
Awards for All	-	10,000	10,000	10,000
BBC Children in Need	-		-	-
Bain Associates	-	27,689	27,689	20,000
Birketts Fund	-		-	5,000
De Laszlo Fund	-	5,000	5,000	5,000
Foyle Foundation	-		-	5,000
Garfield Weston	-	30,000	30,000	30,000
Love Downham Shop	-	49,650	49,650	-
Love Norfolk	-	5,000	5,000	
Norfolk Assistant Scheme	-		-	4,250
Norfolk Community Foundation	-	-	-	1,800
Norfolk Response and Recovery Fund	-	-	-	10,000
NCF Mental Health Support	-	10,000	10,000	
Sir Norman Lamb Mental Health & Wellbeing Fund	-	20,000	20,000	-
The Ellerdale Trust	-	-	-	8,000
The Postcode Lottery	-	-	-	-
UK Youth	15,000	-	15,000	
West Norfolk Lives	-	5,000	5,000	-
Winter Resillence Fund	-	7,500	7,500	
YIF Fund	-	-	-	-
Trust and Foundation donations	15,000	169,839	184,839	99,050
Other donations	-	5,118	5,118	14,446
Total grants and trusts	30,000	174,957	204,957	123,562
Total donations and grants	49,433	175,407	224,840	146,682

3. Charitable activities income

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total funds 2022 £
Subscriptions	-	385	385	1,243
Room hire	-	-	-	1,851
Shop for the Youth	7,051		7,051	4,763
Other income	7,997	26,815	34,812	2,311
	15,048	27,200	42,248	10,168

4. Charitable activities expenditure

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total Funds 2022 £
Charitable activities				
Grants and donations	557	955	1,512	4,286
Activity and group costs	7,970	2,872	10,842	12,573
Therapy	-	4,320	4,320	3,120
Residential costs	-	2,500	2,500	2,302
Wages and salaries	4,591	118,703	123,294	74,970
National insurance	(2,552)	8,192	5,640	1,859
Pension cost	149	708	857	489
Training costs	307	4,941	5,248	2,768
Light and heat	436	3,055	3,491	2,520
Repairs and Maintenance	778	11,087	11,865	7,830
Advertising	-	186	186	1,159
Insurance	276	96	372	996
Telephone	608	312	919	956
Printing, postage and stationery	1,004	495	1,499	1,646
DBS and other checks	-	-	-	102
Sundry expenses	3,266	2,477	5,743	320
Depreciation	1,397	-	1,397	1,397
Travel costs	43	525	568	222
	18,830	161,423	180,253	119,515
Support costs				
Wages and salaries	6,280	-	6,280	4,537
Software and licences	1,001	2,570	3,571	1,579
Subscriptions	685	26	711	404
Bank charges	-	-	-	152
Depreciation	72	-	72	72
	8,038	2,596	10,634	6,744
Governance costs				
Accountancy and payroll costs	-	-	-	180
Independent examiner's fees	684	-	684	660
Total charitable activities expenditure	27,552	164,019	191,571	127,099

5. Staff costs and employee benefits

The aggregate payroll costs were:	2023 £	2022 £
Wages and salaries	129,574	79,507
Social security costs	5,640	1,859
Other pension costs	857	489
	136,071	81,855

No employee received total employee benefits (excluding employer pension costs) of more than £60,000 in either the current or prior year.

The average monthly number of employees during the year was 8 (2022 - 5). The full time equivalent of this was 5 (2022 - 4).

No amounts are payable to the trustees in respect of remuneration, benefits in kind or reimbursement of expenses.

6. Tangible fixed assets

	Office equipment £	Project assets £	Total £
Cost			
At 1 April 2022	360	6,971	7,331
Additions	-	-	-
At 31 March 2023	360	6,971	7,331
Depreciation			
At 1 April 2022	216	2,684	2,900
Charge for the year	72	1,397	1,469
At 31 March 2023	288	4,081	4,369
Net book value			
At 31 March 2023	72	2,890	2,962
At 31 March 2022	144	4,287	4,431

Project assets include furniture, equipment and office equipment purchased by restricted funds for the relevant project. Office equipment is purchased specifically for the office and support use.

7. Debtors

	2023 £	2022 £
Taxation and social security	13	-
	13	-

8. Creditors: Amounts falling due within one year

	2023 £	2022 £
Trade creditors	248	1,454
Pension contributions	343	-
Loan made by trustee	4,856	5,456
Deferred grant income	-	-
Accrued expenses	684	660
	6,131	7,570

The loan made by a trustee is interest free, is unsecured and has no repayment terms. It is being repaid at a rate of £50 per month.

9. Statement of funds

Movement in resources

	Balance at 1 March 2022 £	Incoming £	Outgoing £	Transfers £	Balance at 31 March 2023 £
General funds					
General funds	64,424	64,717	(27,552)	(1,088)	100,501
Total unrestricted funds	64,424	64,717	(27,552)	(1,088)	100,501

The charity aims to maintain an emergency reserve of £85,000, to cover annual running costs, with the balance of funds (although not restricted) being designated by the trustees for projects in the forthcoming year.

Restricted funds					
Awards for All	41	10,000	(7,063)	1,388	4,366
Bain Associates	8,428	27,689	(25,628)	-	10,489
De Laszlo Fund	1,250	5,000	(4,050)	-	2,200
Foyle Foundation	816	-	(816)	-	-
Garfield Weston	20,135	30,000	(41,305)	-	8,830
Love Downham Shop		49,650	(28,330)	-	21,320
Love Norfolk		5,000	(4,891)	(109)	-
No Child Goes Hungry	2,149	-	(673)	-	1,476
NCF Mental Health Support		10,000	(9,862)	(138)	-
Norfolk Community Foundation	41	-	-	(41)	-
Sir Norman Lamb Mental Health & Wellbeing Fund	-	20,000	(18,553)	-	1,447
West Norfolk Lives	-	5,000	-	-	5,000
Winter Resillence Fund	-	7,500	(7,488)	(12)	-
YAB: Mental Health Tender	-	18,000	(7,347)	-	10,653
Other small funds	1,205	14,768	(11,238)	-	4,735
Total restricted funds	34,065	202,607	(167,244)	1,088	70,516
Total funds	98,489	267,324	(194,796)	-	171,017

Transfers between restricted funds and unrestricted funds usually relate to either a) fixed assets acquired for the restricted purpose but where that asset will be used by other activities after the relevant project ceases, i.e. the funds have been used for the restricted purpose first' or b) the purpose of the restricted fund has ceased and any surplus / deficit remaining is either transferred to or covered by the unrestricted fund.

The 'Other small funds' relates to retracted funds for which the income and expenditure is below £5,000 and have therefore been amalgamated for the purposes of the financial statement but separate details are retained by the charity.

9. Statement of funds (continued)

Analysis of net assets

	Tangible fixed assets £	Other net assets £	Total £
General funds			
General fund	2,962	97,539	100,501
Total unrestricted funds	2,962	97,539	100,501
Restricted funds			
Awards for All	-	4,366	4,366
Bain Associates	-	10,489	10,489
De Laszlo Fund	-	2,200	2,200
Garfield Weston	-	8,830	8,830
Love Downham Shop		21,320	21,320
Love Norfolk		-	-
No Child Goes Hungry	-	1,476	1,476
Norfolk Community Foundation	-	-	-
NCF Mental Health Support	-	-	-
Sir Norman Lamb Mental Health & Wellbeing Fund	-	1,447	1,447
YAB: Mental Health Tender	-	10,653	10,653
West Norfolk Lives	-	5,000	5,000
Winter Resillence Fund	-	-	-
Other small funds	-	4,735	4,735
Total restricted funds	-	70,516	70,516
Total funds	2,962	168,055	171,017

Awards for All fund represents monies received for the purposes of supporting our core services of Open Access Youth Groups and 1:1 support. Any surplus would be repayable but are unlikely and deficits are covered by the use of unrestricted funds.

Bain Associates fund represents monies received for the purpose of delivery of our Community Liaison work; getting out to all of our schools, groups and businesses to raise the profile of the charity and engage and inspire young people to attend the project. Again surpluses are unlikely and any deficit will be covered by unrestricted funds.

De Laszlo fund represents monies received for the purpose of expanding and improving our fundraising. Any surplus would be repayable and deficits are covered by use of unrestricted funds.

Garfield Weston fund represents monies received for the purpose of providing social and emotional support through groups and 1:1 support. Any surplus can be added to our unrestricted funds and deficits are covered by unrestricted funds.

Love Downham Shop fund represents monies received towards funding the start up costs for our Community Shop and Project Co-ordinator. Any surplus can be added to our unrestricted funds and deficits are covered by unrestricted funds.

Love Norfolk fund represents monies received towards funding the charity's Family Support Service. Any surplus can be added to our unrestricted funds and deficits are covered by unrestricted funds.

No Child Goes Hungry fund represents monies received to enable us to provide food parcels and food related learning to young people and families within our area who are in short term financial need. This will never be in surplus and deficits will be covered by unrestricted funds.

Norfolk Community Foundation – represents monies received for the purposes of various projects undertaken by the charity from the NCF. Any surplus could be added to our unrestricted funds and deficits are covered by unrestricted funds.

9. Statement of funds (continued)

NFC Mental Health Support fund represents monies received towards funding the charity's 1:1 support sessions for mild / emerging mental health problems. Any surplus can be added to our unrestricted funds and deficits are covered by unrestricted funds.

Sir Norman Lamb Mental Health & Wellbeing fund represents monies received for the purposes of supporting our core offer for young people. Any surplus could be added to our unrestricted funds and deficits are covered by unrestricted funds.

West Norfolk Lives fund represents monies received towards funding the charity's Open Access sessions. Any surplus could be added to our unrestricted funds and deficits are covered by unrestricted funds.

Winter Resilence fund represents monies received towards funding the charity's Family Support Service. Any surplus can be added to our unrestricted funds and deficits are covered by unrestricted funds.

10. Control relationship

The charity is controlled by the trustees jointly and no individual can or does exert control over the others.

31 March 2022 - Comparative Note

Statement of Financial Activities

	Unrestricted £	*Restricted* £	*Total* £
Income from:			
Donations and grants	*45,154*	*101,528*	*146,682*
Charitable activities	*9,399*	*769*	*10,168*
Investments	*1*	*-*	*1*
Total income	*54,554*	*102,297*	*156,851*
Expenditure on:			
Raising funds	*-*	*3,750*	*3,750*
Charitable activities	*42,262*	*84,837*	*127,099*
Transfers between funds	*7*	*(7)*	*-*
Total expenditure	*42,269*	*88,580*	*130,849*
Net expenditure	*12,285*	*13,717*	*26,002*

Thank You

We are so grateful for the support of our funders and loyal supporters, we simply could not do this valuable work without you. Raising money in these tough times is particularly difficult, so we salute every person who has given their time and money to help our cause.

01366 386259

www.swanyouthproject.org

Paradise Road, Downham Market.
PE38 9JE

Swan Youth Project

Swan Youth Project (Norfolk) Ltd

England & Wales - Charity number 1143957

Accounts

Swan Youth Project

Swan Youth Project Annual Review 2021/22

"I like being able to get non-judgemental advice."

www.swanyouthproject.org
Reg charity no: 1143957

Facebook: www.facebook.com/theswanproject1
Twitter: **@DMSwanYouth**
Instagram: **dmswanyouthproject**

A Message from our Patron James Bagge

Trustees
J Bagge (Appointed 21st May 2021)
J W Harris (Appointed 1st August 2018)
H Peak (Appointed 3rd December 2021)
M A Bullen (Appointed 14th March 2022)
J D Westrop Chair (Resigned April 2021)
J T Woollett (Resigned 10th February 2022)

Registered office
Paradise Road
Downham Market
Norfolk PE38 9JE

Accountants
Moore Thompson
Bank House
Broad Street
Spalding PE11 1TB

Bankers
NatWest
4 Tuesday Market Place
Kings Lynn PE30 1YY

"I was privileged to be appointed the Chair of the Swan Youth Project twelve months ago and my first year working with Anna Foster and her team has been inspiring and rewarding. To learn about and observe the critical work that they do in the community has been a true revelation; concerning in the sense of some of the situations they have to confront and reassuring to know they are there to cope with them.
248 young people in Downham (133 new registrations in the last year) are able to come together in a safe environment and have access to caring support. Now and with support from Bain Capital in London the project is reaching further into the community with the appointment of an additional member of staff to fill a Community Liaison role. The demand for the services offered increases and we are determined to increase the resource to meet them.
We continue to be well supported by our community including the Norfolk Community Foundation, the Garfield Weston Foundation, De Laszlo Foundation and the County and Borough Councils.
I would like to thank John Kramarchuk and Jason Woollett who have retired this year as trustees for their contributions to the development of the Project over the last three years; and Jack Harris for his continuing and invaluable commitment as a trustee and I would like to welcome Helen Peak and Andy Bullen as our incoming trustees.
Finally I would like to acknowledge publicly the wonderful work being done by Anna Foster, Sonja Fysh, Rhiannon Eagle and Stephanie Mallandain."

About us

Swan Youth Project is a registered charity supporting vulnerable children, young people and their families based in Downham Market, Norfolk. Our area is one of significant social deprivation; we are the only local dedicated youth service.

The children and teenagers we help face significant issues, more than a quarter have mental health needs. West Norfolk has the highest exclusion rate for schools in the whole of Norfolk, many of our young people have chaotic home lives. We currently have safeguarding concerns about 25 of our young people. In a 2 week period in January we had 21 contacts with young people and professionals relating to child protection concerns; we are definitely seeing a big rise in safeguarding issues. Over the past year we have seen issues with self harm, anxiety, lack of motivation/ aspiration and social functioning, as well as a big increase in family breakdowns. We believe much of this is a legacy of lockdown and the pressures put on families during this time.

Our aim is to provide educational, social and emotional support to circa 280 young people each year (ages 8 to 18). We have continued to grow our services in line with the need and demand from our young people and their families but are having to operate waiting lists for both our 1:1 support for mild/emerging mental health and our Family Support due to over-whelming demand and need. We added Cup O-T therapy to our timetable in January, meaning that 4 young people at a time can have access to vital EMDR (Eye Movement Desensitisation and Reprocessing) or Occupational Therapy. Catherine brings a higher level of support that so many young people currently need. We have accessed funding for this to continue until October and will be looking to make this an on-going service if we can.

Our new Bike Kitchen has got off to a great start, attracting young people who are causing issues around the town to come and get their bikes fixed, grab and snack and make vital connections with a youth worker.

We have recently returned from a residential trip to Kingswood, West Runton with 12 young people. This was a funded opportunity to experience fantastic activities and team building exercises, improving mental health and wellbeing in the process. We hope to make this an annual event.

We have accessed 2 rounds of the Norfolk Assistance Scheme over the last 6 months. This has funded 85 families each time with £50 to spend on food for the family.

"The Swan Youth Project have been an absolute god send to our family with 3 of our children attending, where they can just be themselves and have a great time in a safe environment. They also love taking their pocket money to buy items from the tuck shop, which is run by Peer Mentors. My eldest is a Peer Mentor which is a great way of giving them some responsibilities and doing things for others. All children are treated the same when attending the Centre, which is great when you have children with additional needs too. I often attend the parent's group on a Thursday morning, where I can just be me too! The parent's group has helped me more than they know, there has been days where I've almost hit rock bottom and I've felt so alone yet after attending a parent's group I've felt so much better and it has enabled me to tackle the challenges ahead. Sonja has been a superstar and with her guidance, we managed to get some much needed help from the Norfolk Assistant Scheme which took some pressure off of me and made me feel less of a failure to my children. They've also held events for all of the family to attend, which has been lovely for the younger children who are very keen to attend the centre and are currently counting down the years/months until they can attend!
We'll be forever grateful to Anna, Sonja, Rhi and The Swan Youth Project for their help."
Parent of 5 young people - March 2022

Who did we help?

We have noticed an upturn this year in the needs of our client group, including increased numbers of referrals to our 1:1 support for mild/emerging mental health and also to our Family Support Worker. Our Open Access sessions have also been regularly over-subscribed.

We have 284 young people registered with us currently, including 133 new attendees over the last year, of these:

- 8% have safeguarding concerns
- 8% are Young Carers
- 43% have mental health concerns
- 29% have a diagnosed health condition or additional needs

50 families have accessed support with issues such as family breakdown, additional needs, attendance, parenting, finance, mental health. We are very much the place in the community where families can just pop by or call us to ask for help or off-load. We are also increasingly picking up 'step-downs' from children's services.

Our latest quarterly feedback...

Do you feel safe whilst you are at Swan Youth Project? Yes 100% No 0%

How much do you enjoy your time at Swan Youth Project? Very 85% Quite 15% Not 0%

Do you feel well supported by Swan Youth Project? Very 100% Quite 0% Not 0%

How is your mental health currently? Good 100% OK 0% Not good 0%

Does coming to Swan Youth Project help your mental health? A lot 92% A bit 8% No 0%

How important do you think our Hygeine Bank is to you? A lot 15% A bit 46% No 38%

Are you a young carer? Yes 38% No 62%

Are you able to ask for help or support from Swan Youth Project? Yes 92% No 8%

Open Access

Our core Open Access sessions have remained very busy over the last 12 months. We have regularly been full at sessions and have had to turn people away unfortunately, as a result we are making changes to our groups, which will mean we run 3 Open Access sessions across the week. We will keep our Tuesday group the same (age 8 - 18), but Thursday will be introduced and will be for primary aged young people, whilst Friday becomes a high school aged group. With 36 limits in place we can get to more young people in a more focused way.

We spend time getting to know our young people really well in these sessions and listening to what they need. Everyone is made very welcome at the centre and made aware of all of our other services. During each session there are activities that anyone can join in with, as well as free flowing activities such as pool, PS4, board games outdoor games or just chilling with their friends.

These groups are the vital gateway to the rest of our support and services.

Family Support

Family Support is an integral part of our project now. Working holistically means we can get to the heart of any challenges and find ways to implement positive change. Sonja has supported 50 families over the last year with a whole variety of issues including family breakdown, domestic abuse, additional needs, financial worries. Since lockdown, we have seen a huge increase in family breakdowns and this service has been a vital resource to support families through difficult times.

"Lots of people have tried to help me. This is the first time it's helped."
Young person
November 2021

"The support I have received from Sonja and the Swan Centre has been second to none, nothing is too much trouble, they have always been available and I couldn't have got through a difficult time without them. I will certainly be recommending them to anyone I know that may need their service."
Parent
October 2021

"As I have said before, the sessions have clearly made a positive impact on my daughter and even the meeting with the wider blended family appears to have made a positive impact as well.
So all in all it's all been very effective, so Thankyou!"
Parent
September 2021

1:1 Support Work

We support up to 12 young people on a 1:1 basis at any one time; 34 individuals over the last year. Our support allows space and time to make sense of what is going on in a young persons world. We are also able to give positive strategies that help with on-going issues. We spend a lot of time discussing teen brain and helpful ways to manage the changes that it influences. Being a teenager is challenging in so many ways!

We are seeing concerning patterns of worsening mental health amongst our young people, who then need increased support. We are extremely fortunate to have been able to buy in the services of Cup-O-T.

Cup-O-T Wellness and Therapy service to refer 4 young people at a time. Catherine is a qualified EMDR practitioner and Occupational Therapist who attends the centre every Monday now. She is working with young people who have mostly been affected by trauma and has been with us since January. We are very happy that Norfolk Community Foundation have awarded us funding to allow this to continue for a further 18 weeks.

"I just want to say thank you again for everything. I know your response is probably its my job to do it but you went above and beyond for me and I just can never really thank you enough I have spent a lot of time in Downham recently and always see your building I'm just thankful."
Young Person
October 2021

Young Carers

Our Young Carers are contacted regularly and linked to groups that are most appropriate for them. We also link with the family and the school where appropriate to make sure the young person is accessing support in the right areas. They are able to come along to Open Access half an hour early so they have time to check in with the worker and chat about any concerns or good news stories. 24 young carers have been supported over the last year.

Community Liaison

Our Community Liaison role kicked off late September 2021 and has continued to expand our reach and get the Swan message out to the wider community. 17 schools have had assemblies delivered to around 1020 young people. We have been slightly curtailed by covid numbers within our area and schools not allowing visitors on site but have sent information to the other 7 schools – hopefully we will be able to visit later this term.

Project Prom was held earlier in the year to provide a great selection of new and nearly new Prom Dresses to year 11 and 13 young people. We collected some amazing dresses and just asked for a small donation from anyone taking one on the day. This was a great example of our community work attracting new people to our centre in a fun and positive way. The afternoon was a great success, with families coming along and enjoying the fun and excitement. We can't wait for July to see all of the dresses at the Prom. All attendees were shown around and given products from our Hygiene Bank when attending.

Our Tik-Toks have continued, with topics covered being Hygiene Bank, pancake day and 'Safer Internet'; these are aimed at engagement with new audiences and will continue to develop over time. We have also been developing our leaflets and social media to improve our digital and physical presentation to better represent our services.

"I want to thank every-one at the centre for organising the prom dress event. They took the time to help all the girls individually and were really kind, patient and encouraging. My daughter absolutely loves her dress. I think you all do an absolutely fantastic job."
Parent
February 2022

Peer Mentors

We have 5 Peer Mentors who help run the Open Access sessions and also run our Re-new shop. They all complete 7 hours basic training which includes safeguarding and listening skills. We gather feedback regularly from them, so they have lots of input into the direction of the project. We recently went on a residential trip to Kingswood due to our Peer Mentors requesting this specifically. Our Peer Mentors are really important to our project and the role is aspirational for others to aim for. To become a Peer Mentor there is an application process and criteria to meet, preparing young people for future job roles.

"I just want to say thank you again for everything. I know your response is probably its my job to do it but you went above and beyond for me and I just can never really thank you enough I have spent a lot of time in Downham recently and always see your building I'm just thankful."
Young Person
October 2021

Re-new

Our Re-new shop continues to be popular. We have great stock in excellent condition for young people, at great prices. We can also give stock free to any young person in need. It is also a fab way to allow our Peer mentors to get valuable work experience. Our stock encourages less reliance on 'fast fashion' and an eco-friendlier way to dress.

Hygiene Bank

Our Hygiene Bank remains a core part of our project and can be accessed by any young person when they attend the centre. We have a whole range of shower gels, shampoos, deodorants, sanitary products for all young people in our area to access free. We have added 'Period Boxes' to our stock for Year 6 girls, which will be handed out in the summer term. We have normalised the use of the Hygiene Bank so all young people are happy to access it - there is not shame or stigma at all.

‘No Child Goes Hungry’

No Child Goes Hungry provides food parcels for families in short term need. Anyone accessing the parcels gets linked to our family support so we can help them to find a way out of the situation they are in. 60 parcels have gone out in the first quarter of the year and we see this potentially rising as the rises in fuel/ heating/electricity/food all kick in over the coming months. We are also seeing increased uncertainty in jobs within the area.

“I just wanted to say thank you for the food parcel for Christmas, we are blown away by your generosity and support from all the team. Thank you all so much for all of this, you’re all amazing.”
Parent
December 2021

Bike Kitchen

Our Bike Kitchen is up and running! This is aimed at bringing new young people into the project, particularly the older demographic who may not be engaged with any services currently. We got off to a busy start, with a variety of young people and their bikes showing up for safety checks and basic maintenance. Everyone can grab a snack whilst visiting as well as access the Hygiene Bank. Important conversations will happen whilst all of this is going on!

Swan Youth Project

Swan Youth Project (Norfolk) Ltd

Formerly-The South West Norfolk Youth Opportunities Project

A Company Limited by Guarantee

Unaudited Financial Statements for the year ending 31st March 2022

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Legal and Administrative Information for the year ended 31 March 2022

Trustees
J W Harris
J Bagge - Appointed 21 May 2021
H L Peak - Appointed 3 December 2021
M A Bullen - Appointed 14 March 2022
J T Woollett - Resigned 7 February 2022
J J G Kramarchuk - Resigned 22 October 2021
J D Westrop - Resigned 21 May 2021
P Forrest - Resigned 6 April 2021

Registered office
The Swan Youth Centre
Paradise Road
Downham Market
Norfolk
PE38 9JE

Accountants
Moore Thompson
Bank House
Broad Street
Spalding
PE11 1TB

Bankers
National Westminster Bank Plc
4 Tuesday Market Place
Kings Lynn
Norfolk
PE30 1YY

Trustees' Annual Report for the year ended 31 March 2022

The trustees, who are also directors for the purposes of the Companies Act, have pleasure in presenting their report and the financial statements of the charitable company for the year ended 31 March 2022.

A message from our Patron, James Bagge

"I was privileged to be appointed the chair of the Swan Youth Project twelve months ago and my first year working with Anna Foster and her team has been inspiring and rewarding. To learn about and observe the critical work that they do in the community has been a true revelation; concerning in the sense of some of the situations they have to confront and reassuring to know they are there to cope with them.

248 young people in Downham (133 new registrations in the last year) are able to come together in a safe environment and have access to caring support. Now and with support from Bain Capital in London the project is reaching further into the community with the appointment of an additional member of staff to fill a Community Liaison role. The demand for the services offered increases and we are determined to increase the resource to meet them.

We continue to be well supported by our community including the Norfolk Community Foundation, the Garfield Weston Foundation, De Laszlo Foundation and the County and Borough Councils.

I would like to thank John Kramarchuk and Jason Woollett who have retired this year as trustees for their contributions to the development of the Project over the last three years; and Jack Harris for his continuing and invaluable commitment as a trustee and I would like to welcome Helen Peak and Andy Bullen as our incoming trustees.

Finally I would like to acknowledge publicly the wonderful work being done by Anna Foster, Sonja Fysh, Rhiannon Eagle and Stephanie Mallandain."

Structure, Governance and Management

Swan Youth Project (Norfolk) was registered as a charity on 23 September 2011 with charity number: 1143957 as a charitable company. As such, it is also regsitered in England and Wales under the company registration number: 07639262.

The charity is also known by other previous names and shortened versions being:

Swan Youth Project
The South West Norfolk Youth Opportunities Project

The Swan Youth Project (Norfolk) is governed by its Memorandum and Articles of Association which were incorporated on 18 May 2011 and as amended by special resolution registered at companies house on 12 September 2011 with further amendments on 1 November 2019 and 25 February 2021.

Organisation

The charitable company is governed by a Board of Trustees of at least three trustees with no maximum number.

One third of the trustees must retire at each Annual General Meeting by virtue of those who have been longest in office. A director retiring may apply for re-election.

Training is provided to keep trustees up to date with new legislation on a regular basis.

Trustees

The Trustees who served the charitable company during the period are listed on the legal and administrative information page, on page 8.

Objects

The Swan Youth Project (Norfolk) seeks to provide young people, from eight years and upwards, in South West Norfolk, with access to a wide range of positive and inclusive activities from a dedicated venue. By working with young people, within their local communities, our aim is to raise awareness of existing activities and opportunities for them and encourage new ones.

The area in which the charity can operate is West Norfolk and the objectives of the company as set out in the Memorandum of Association are as follows:

To act as a resource for young people up to the age of 25 living in South West Norfolk by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

(a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
(b) advancing education;
(c) relieving unemployment;
(d) relieving sickness and promoting and protecting good mental and physical health;
(e) providing recreational and leisure time activity in the interests of social wel fare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Risk management

The Board of Trustees has conducted its own review of the major risks to which the charitable company is exposed and systems have been established to mitigate those risks. Significant external risks to funding have led to the development of a strategic plan. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure quality of delivery for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charitable company.

Financial reserves
Reserves need to be held to enable an orderly winding down of the Charity's affairs in the event that adequate funding is no longer is available. The Trustees have resolved that the Unrestricted Income and Expenditure Fund should be held at a level of between 25% and 50% of total annual expenditure.
At 31 March 2022, the Fund held £64,424 (2021 £52,139) in unrestricted reserves. This equates to 38% of our planned annual running costs for 2022/2023, which are budgeted to be £160,000. The trustees are satisfied that this figure is in-line with our stated policy and enables us to have the confidence to go ahead with the planned expansion of our charitable support work for the coming year.

Financial control
The Board of Trustees control the financial affairs of the charitable company.

Review of Development, Activities and Achievements
The financial year of 2021-22 has been a year of continued growth and development, the lasting legacy of covid very much still in evidence. We are seeing a big increase in referrals to both our 1:1 support for mild/emerging mental health, as well as Family Support, with a waiting list being introduced for the first time. Safeguarding concerns are increasing, meaning that our work is needed more than ever within our community. Our Open Access sessions continue to be the gateway to our wider services and ore often over-subscribed.

- Over 300 young people supported.
- 21 young people with on-going safeguarding concerns.
- 53% of our young people have mental health concerns.
- 10% are young carers.
- 64 contacts (Children's services/ parents/school) in the first 3 months of 2022 about safeguarding concerns.

Swan Youth Project is a registered charity supporting vulnerable children, young people and their families based in Downham Market, Norfolk. Our area is one of significant social deprivation; we are the only local dedicated youth service.

The children and teenagers we help face significant issues, more than a quarter have mental health needs. West Norfolk has the highest exclusion rate for schools in the whole of Norfolk, many of our young people have chaotic home lives. We currently have safeguarding concerns about 25 of our young people. In a 2 week period in January we had 21 contacts with young people and professionals relating to child protection concerns; we are definitely seeing a big rise in safeguarding issues. Over the past year we have seen issues with self harm, anxiety, lack of motivation/aspiration and social functioning, as well as a big increase in family breakdowns. We believe much of this is a legacy of lockdown and the pressures put on families during this time.

Our aim is to provide educational, social and emotional support to circa 200 young people each year (ages 8 to 18). We have continued to grow our services in line with the need and demand from our young people and their families but are having to operate waiting lists for both our 1:1 support for mild/emerging mental health and our Family Support due to overwhelming demand and need. We added Cup O-T therapy to our timetable in January, meaning that 4 young people at a time can have access to vital EMDR (Eye Movement Desensitisation and Reprocessing) or Occupational Therapy. Catherine brings a higher level of support that so many young people currently need. We have accessed funding for this to continue until October and will be looking to make this an on-going service if we can.

Our new Bike Kitchen has got off to a great start, attracting young people who are causing issues around the town to come and get their bikes fixed, grab and snack and make vital connections with a youth worker.

We have recently returned from a residential trip to Kingswood, West Runton with 12 young people. This was a funded opportunity to experience fantastic activities and team building exercises, improving mental health and wellbeing in the process. We hope to make this an annual event.

We have accessed two rounds of the Norfolk Assistance Scheme over the last 6 months. This has funded 85 families each time with £50 to spend on food for the family.

We have noticed an upturn this year in the needs of our client group, including increased numbers of referrals to our 1:1 support for mild/emerging mental health and also to our Family Support Worker. Our Open Access sessions have also been regularly over-subscribed.

We have 284 young people registered with us currently, including 133 new attendees over the last year, of these

- 8% have safeguarding concerns.
- 8% are Young Carers.
- 43% have mental health concerns.
- 29% have a diagnosed health condition or additional needs.

50 families have accessed support with issues such as family breakdown, additional needs, attendance, parenting, finance, mental health. We are very much the place in the community where families can just pop by or call us to ask for help or off-load. We are also increasingly picking up 'step-downs' from children's services.

Our latest quarterly feedback shows the following:
Do you feel safe whilst you are at Swan Youth Project?
Yes 100% No 0%
How much do you enjoy your time at Swan Youth Project?
Very 85% Quite 15% Not 0%
Do you feel well supported by Swan Youth Project?
Very 100% Quite 0% Not 0%
How is your mental health currently?
Good 62% OK 31% Not good 8%
Does coming to Swan Youth Project help your mental health?
A lot 92% A bit 8% No 0%
How important do you think our Hygiene Bank is to you?
A lot 15% A bit 46% No 38%
Are you a young carer?
Yes 38% No 62%
Are you able to ask for help or support from Swan Youth Project?
Yes 92% No 8%

Future developments
We will continue to focus on our Open Access sessions where we really get alongside our young people, so we know what is needed and wanted by them. We aim to grow the number of our young members, so we can stay with them as they go through their teen years, with all of the ups and downs involved.

We will monitor our Family Work over the coming three months and assess if the service needs to grow.

We will continue to promote the small groups work and 1:1 sessions for emerging mental health. We know how much these are needed and the importance of time and space for our young people to reflect and grow.

Public benefit
The trustees have considered the Charity Commission's guidance on public benefit and believe that the objects of the trust and the activities undertaken support this public benefit.

The trustees consider that the full details of the public benefit have been displayed within the review of activities and the future development planned.

Going concern
Over the last year, we have been able to expand our services and increase our funding, despite the challenges of the pandemic. The trustees do not consider that there is any major risk to the charity's going concern and indeed they are confident that they will be able to continue for the good of all beneficiaries.

Trustees' Responsibilities
The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner
A resolution to re-appoint Mr K J Maggs of Moore Thompson as independent examiner for the ensuing year will be proposed at the annual general meeting.

Small Company Provisions
This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

Signed by order of the Trustees
on the 20 September 2022

H L Peak

Independent Examiner's Report to the trustees of the SWAN Youth Project (Norfolk) Ltd

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022 which are set out on pages 8 to 20.

Responsibilities and basis of report
As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act').
In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
I have completed my examination.
I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or

2. the accounts do not accord with those records; or

3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or

4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

K J Maggs B.A., F.C.A.
Moore Thompson,
Chartered Accountants, Spalding

Date: 27 September 2022

Statement of Financial Activities (including Income and Expenditure account)

	Note	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Income from:					
Donations and grants	**2**	45,154	101,528	146,682	108,676
Charitable activities	**3**	9,399	769	10,168	2,565
Investment income		1	-	1	-
Total income		**54,554**	**102,297**	**156,851**	**111,241**
Expenditure on:					
Raising funds		-	3,750	3,750	5,275
Charitable activities	**4**	42,262	84,837	127,099	66,763
Total expenditure		**42,262**	**88,587**	**130,849**	**72,038**
Net income		12,292	13,710	26,002	39,203
Transfers between funds		(7)	7	-	-
Net movement in funds		12,285	13,717	26,002	39,203
Reconciliation of funds:					
Total funds brought forward		**52,139**	**20,348**	**72,487**	**33,284**
Total funds carried forward	**9**	**64,424**	**34,065**	**98,489**	**72,487**

All of the activities of the charity are classed as continuing activities.
The statement of Financial Activities includes all gains and losses recognised in the year.

Balance Sheet at 31 March 2022

	Note	2022 £	2022 £	2021 £	2021 £
Fixed assets					
Tangible assets	**6**		**4,431**		**5,351**
Current assets					
Debtors	**7**	-		1,000	
Cash at bank and in hand		101,628		83,734	
		101,628		**83,734**	
Creditors:					
Amounts falling due within one year	**8**	(7,570)		(17,598)	
Net current assets			94,058		67,136
Total assets less current liabilities			**98,489**		**72,487**
Funds					
Unrestricted	**9**	64,424			52,139
Restricted	**10**	34,065			20,348
		98,489			**72,487**

The accounts have been prepared in accordance with the provisions applicable to companies s
ubject to the small companies regime for the year ended 31 March 2022, the charity was entitled
to exemption from audit under Section 477 of the Companies Acr 2006 (the Act) relating to small companies.

Trustees responsibilities:
(i) The members have not required the charity to obtain an audit of its accounts
for the year in question in accordance with Section 476

(ii) The directors acknowledge their responsibilities for complying with the requirements
of the Act with respect to accounting records and the preparation of accounts.

These financial statements were approved and authorised by the Trustees
on the 20 September 2022 and are signed on their behalf by:

H L Peak **J W Harris**

Company Number: 04329558

1. Accounting policies

General information and basis of accounting
Swan Youth Project (Norfolk) Ltd is a company limited by guarantee registered in England and Wales. In the event of the charitable company being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The number of guarantors at 31 March 2022 was 4 (2021 - 5).

The address of the registered office of the charity is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities is the provision of access to a wide range of positive and inclusive activities from a dedicated venue.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity.

The significant accounting policies applied in the preparation are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Funds
Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income recognition
All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102).

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the bank.

Expenditure recognition
All expenditure is accounted for on an accruals basis and has been classified

under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Charitable activity expenditure is detailed in note 5 to the financial statements. These expenses are subcategorised between charitable activities, support costs and governance costs.

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, computer costs, and bank charges. They are incurred directly in support of expenditure on the objects of the charity.

Governance costs are costs of charitable activities but those which relate to the governance and stewardship of the charity rather than directly to the activities themselves.

Fixed assets
Tangible fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation
Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:
Office equipment -20% straight line
Project assets - 20% straight line

Project assets are assets which have been acquired for the purposes of specific activities for the beneficiaries and may include items such as office equipment.

Office equipment relates to those assets which are used for the support activities.

Debtors and creditors receivable/ payable within one year
Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Employee benefits
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. The annual contributions payable are charged to the Statement of Financial Activities.

Taxation
The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

Going concern
The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Judgements and key sources of estimation uncertainty
The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period or in the period of the revision and future periods if the revision affects both current and future periods.

The useful economic life used to depreciate tangible fixed assets relates to the expected future performance of the assets acquired and management's estimate of the period over which economic benefit will be derived from the asset.

The residual value of an asset is the estimated fair value of that asset at the end of its useful economic life and therefore is also dependent upon the estimation of that life span.

Historically, changes to the useful economic life and residual values have not had a material impact on the depreciation amount charge to the Statement of Financial Activities.

Cut-off is applied at the year end date. An estimation of income or expenditure applicable to the relevant period must be applied when the receipt or payment relates to a different period to the year end.

Operating lease agreements
Rentals applicable to operating leases where substantially all of the benefits and risk of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

2. Income from donations and grants

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Donations and legacies	**14,288**	**8,832**	**23,120**	**13,825**
Grants				
Borough Council of Kings Lynn and West Norfolk	10,000	-	10,000	7,500
Covid-19 Closure Grants	-	-	-	-
Furlough claims	66	-	66	1,165
Government grants	**10,066**	**-**	**10,066**	**18,665**
Awards for All	-	10,000	10,000	-
BBC Children in Need	-	-	-	6,456
Bain Associates	-	20,000	20,000	-
Birketts Fund	-	5,000	5,000	-
De Laszlo Fund	-	5,000	5,000	5,000
Foyle Foundation	-	5,000	5,000	-
Garfoeld Weston	-	30,000	30,000	-
Norfolk Assistant Scheme	-	4,250	4,250	-
Norfolk Community Foundation	1,800	-	1,800	16,752
Norfolk Response and Recovery Fund	10,000	-	10,000	-
Sir Norman Lamb Mental Health & Wellbeing Fund	-	-	-	5,000
The Ellerdale Trust	8,000	-	8,000	-
The Postcode Lottery	-	-	-	10,000
YIF Fund	-	-	-	12,917
Trust and Foundation donations	**19,800**	**79,250**	**99,050**	**66,125**
Other donations	**1,000**	**13,446**	**14,446**	**10,061**
Total grants and trusts	**30,866**	**92,696**	**123,562**	**94,851**
Total donations and grants	**45,154**	**101,528**	**146,682**	**108,676**

3. Charitable activities income

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2022 £
Subscriptions	1,243	-	1,243	270
Room hire	1,851	-	1,851	2,295
Shop for the Youth	4,763	-	4,763	-
Other income	1,542	769	2,311	-
Total charitable activities income	**9,399**	**769**	**10,168**	**2,565**

4. Charitable activities expenditure

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Charitable activities				
Grants and donations	36	4,250	4,286	-
Activity and group costs	2,067	10,506	12,573	2,834
Therapy	3,120	-	3,120	-
Residential costs	2,302	-	2,302	-
Wages and salaries	17,602	57,368	74,970	48,631
National insurance	688	1,171	1,859	-
Pension cost	189	300	489	25
Training costs	362	2,406	2,768	314
Light and heat	2,464	56	2,520	618
Repairs and Maintenance	2,924	4,906	7,830	1,630
Advertising	333	826	1,159	420
Insurance	795	201	996	661
Telephone	427	529	956	543
Printing, postage and stationery	1,114	532	1,646	1,098
DBS and other checks	50	52	102	159
Sundry expenses	137	183	320	778
Depreciation	1,397	-	1,397	1,287
Travel costs	111	111	222	-
	36,118	**83,397**	**119,515**	**58,998**
Support costs				
Wages and salaries	4,537	-	4,537	3,560
Software and licences	611	968	1,579	1,225
Subscriptions	52	352	404	310
Bank charges	32	120	152	138
Depreciation	72	-	72	72
	5,304	**1,440**	**6,744**	**5,305**
Governance costs				
Accountancy and payroll costs	180	-	180	1,800
Independent examiner's fees	660	-	660	660
Total charitable activities expenditure	**42,262**	**84,837**	**127,099**	**66,763**

5. Staff costs and employee benefits

	2022 £	2021 £
The aggregate payroll costs were:		
Wages and salaries	79,507	52,191
Social security costs	1,859	-
Other pension costs	489	25
Total aggregate payroll costs	**81,855**	**52,216**

No employee received total employee benefits (excluding employer pension costs) of more than £60,000 in either the current or prior year.

The average monthly number of employees during the year was 5 (2021 - 5). The full time equivalent of this was 4 (2021 - 3).

No amounts are payable to the trustees in respect of remuneration, benefits in kind or reimbursement of expenses.

6. Tangeable fixed assets

	Office equipment £	Project assets £	Total £
Cost			
At 1 April 2021	360	6,422	6,782
Additions	-	549	549
At 31 March 2022	**360**	**6,971**	**7,331**
Depreciation			
At 1 April 2021	144	1,287	1,431
Charge for the year	72	1,397	1,469
At 31 March 2022	**216**	**2,684**	**2,900**
Net book value			
At 31 March 2022	**144**	**4,287**	**4,431**
At 31 March 2021	**216**	**5,135**	**5,,351**

Project assets include furniture, equipment and office equipment purchased by restricted funds for the relevant project.
Office equipment is purchased specifically for the office and support use.

7. Debtors

	2022 £	2021 £
Trade debtors	-	1,000
	-	**1,000**

8. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	1,454	832
Loan made by trustee	5,456	6,106
Deferred grant income	-	10,000
Accrued expenses	660	660
	17,598	**7,056**

The loan made by a trustee is interest free, is unsecured and has no repayment terms.
It is being repaid at a rate of £50 per month.

9. Statement of funds

Movement in resources	Balance at 1 March 2020 £	Incoming £	Outgoing £	Transfers £	Balance at 31 March 2021 £
General funds					
General funds	52,139	54,554	(42,262)	(7)	64,424
Total unrestricted funds	**52,139**	**54,554**	**(42,262)**	**(7)**	**64,424**
Restricted funds					
Awards for All	-	10,000	(9,959)	-	41
Bain Associates	-	20,000	(11,023)	(549)	8,428
Birketts Fund	-	5,000	(5,001)	1	-
De Laszlo Fund	-	5,000	(3,750)	-	1,250
Foyle Foundation	-	5,000	(4,184)	-	816
Garfield Weston	800	30,000	(10,665)	-	20,135
No Child Goes Hungry	-	7,832	(5,683)	-	2,149
Norfolk Assistant Scheme	-	4,250	(4,250)	-	-
Norfolk Community Foundation	5,351	-	(5,310)	-	41
Sir Norman Lamb Mental Health & Wellbeing Fund	5,000	-	(5,000)	-	-
The Postcode Lottery	5,678	-	(5,678)	-	-
YIF Fund	1,237	-	(1,450)	213	-
Other small funds	2,282	15,215	(16,634)	342	1,205
Total restricted funds	**20,348**	**102,297**	**(88,587)**	**7**	**34,065**
Total funds	**72,487**	**156,851**	**(130,849)**	**-**	**98,489**

Transfers between restricted funds and unrestricted funds usually relate to fixed assets acquired for the restricted purpose but where that asset will be used by other activities after the relevant project ceases, i.e. the funds have been used for the restricted purpose first.
The 'Other small funds' relates to retracted funds for which the income and expenditure is below £5,000 and have therefore been amalgamated for the purposes of the financial statement but separate details are retained by the charity.

Analysis of net assets	Tangible fixed assets £	Other net assets £	Total £
General funds			
General fund	4,431	59,993	64,424
Total unrestricted funds	**4,431**	**59,993**	**64,424**
Restricted funds			
Awards for All	-	41	41
Bain Associates	-	8,428	8,428
De Laszlo Fund	-	1,250	1,250
Foyle Foundation	-	816	816
Garfield Weston	-	20,135	20,135
No Child Goes Hungry	-	2,149	2,149
Norfolk Community Foundation	-	41	41
Other small funds	-	1,205	1,205
Total restricted funds	**-**	**23,530**	**34,065**
Total funds	**4,431**	**83,523**	**98,489**

9. Statement of funds (continued)

Awards for All fund represents monies received for the purposes of supporting our young people through the initial covid stages, with small groups and 1:1 work. Any surplus would be repayable and deficits are covered by the use of unrestricted funds.

Bain Associates fund represents monies received for the purpose of delivery of our Community Liaison work; getting out to all of our schools, groups and businesses to raise the profile of the charity and engage and inspire young people to attend the project. Again surpluses are unlikely and any deficit will be covered by unrestricted funds.

Birketts fund represents monies received for the purpose of delivering Family Support work and co-ordinating our 'No Child Goes Hungry' work. A surplus is not foreseen and any deficit will be covered by unrestricted funds.

De Laszlo fund represents monies received for the purpose of expanding and improving our fundraising.
Any surplus would be repayable and deficits are covered by use of unrestricted funds.

Foyle Foundation fund represents monies received for the purpose of our core services of Open Access Youth Groups and 1:1 support similar to Awards for All. These funds can be inter exchanged and deficits will be covered by unrestricted funds.

Garfield Weston fund represents monies received for the purpose of providing social and emotional support through groups and 1:1 support. Any surplus can be added to our unrestricted funds and deficits are covered by the use of unrestricted funds.

No Child Goes Hungry fund represents monies received to enable us to provide food parcels and food related learning to young people and families within our area who are in short term financial need. This will never be in surplus and deficits will be covered by unrestricted funds.

Norfolk Assistant Fund – represents monies received for the purposes of providing food vouchers to families in need. See note 4, Grants and donations.

Norfolk Community Foundation – represents monies received for the purposes of various projects undertaken by the charity from the NCF. Any surplus could be used as unrestricted funds and deficits are covered by the use of unrestricted funds.

Sir Norman Lamb Mental Health & Wellbeing fund represents monies received for the purposes of supporting our core offer for young people. Any surplus could be used as unrestricted funds and deficits are covered by the use of unrestricted funds.

The Postcode Lottery fund represents monies received for the purposes of part funding the managers salary. Any surplus would be repayable and deficits are covered by the use of unrestricted funds.

YMCA (YIF Fund) represents monies received as part of the Youth West Project; we were funded for a part time youth worker and to run an outreach group. We also delivered holiday activities and vocational taster sessions. Any surplus would be repayable and deficits are covered by the use of unrestricted funds.

10. Control relationship

The charity is controlled by the trustees jointly and no individual can or does exert control over the others.

11. Statement of Financial Activities comparative

	Unrestricted £	Restricted £	Total £
Income from:			
Donations and grants	20,368	88,308	108,676
Charitable activities	2,250	315	2,565
Total income	**22,618**	**88,623**	**111,241**
Expenditure on:			
Raising funds	-	5,275	5,275
Charitable activities	98,941	(32,178)	66,763
Total expenditure	**98,941**	**(26,903)**	**72,038**
Net expenditure	**(76,323)**	**115,526**	**39,203**

More information

We are always happy to talk through any potential groups or individual needs and welcome visits, by appointment, to the centre to discuss this further.

We also welcome visits to sessions (strictly by appointment) to see the work in action.

Please contact **anna@swanyouthproject.org** or **01366 386259**

You can visit our website for more information on our groups and support **www.swanyouthproject.org** and also follow the links to our social media, where we post regularly about the work we do.

We are a registered charity no. 1143957.

Facebook: **www.facebook.com/theswanproject1**
Twitter: **@DMSwanYouth**
Instagram: **dmswanyouthproject**

Swan Youth Project | Paradise Road | Downham Market | Norfolk PE38 9JE
Email the Centre Manager | **anna@swanyouthproject.org**
Telephone | **01366 386259**

Produced by Compass Handbooks Ltd

Swan Youth Project (Norfolk) Ltd

England & Wales - Charity number 1143957

Accounts

Swan Youth Project

Swan Youth Project Annual Review 2020/21

Engage, empower, enable

"Although this year has been tough and stressful, the Swan Centre has remained one of the places that I feel like I can be myself without judgement with kind leadership and a welcoming environment."

www.swanyouthproject.org
Reg charity no: 1143957

Facebook: **www.facebook.com/theswanproject1**
Twitter: **@DMSwanYouth**
Instagram: **dmswanyouthproject**

A Message from our Patron James Bagge

"Raising funds for young carers, I became much more aware of the plight of so many of the young people living in our midst. Those of us who live in and around Downham should all be much more alive to the challenges they face and the support they need. The work which Anna Foster and her team do at the Swan Youth Project is a godsend to some of these young people and I am privileged to be able to do something to help them."

Trustees
J D Westrop Chair
J W Harris
J T Woollett (Appointed 25 February 2021)
J J G Kramarchuk
H P Blakemore (Resigned 18 May 2020)
C M R Cassidy (Appointed 18 May 2020, resigned 14 June 2020)
P Forrest (Appointed 25 February 2021)

Registered office
Paradise Road
Downham Market
Norfolk PE38 9JE

Accountants
Moore Thompson
Bank House Broad Street
Spalding PE11 1TB

Bankers
CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

About us

Swan Youth Project is a registered charity supporting vulnerable children and young people based in Downham Market, Norfolk. Our area is one of significant social deprivation; we are the only local dedicated youth service. Since March 2020 we have needed to significantly adapt our services as we have continued to help our young people throughout the Covid-19 pandemic.

The children and teenagers we help face significant issues, more than a quarter have mental health needs, West Norfolk has the highest exclusion rate for schools in the whole of Norfolk, many of our young people have chaotic home lives and currently ten have social services involvement. Over the past year we have particularly seen issues with: loneliness, depression, lack of motivation, difficulty in maintaining structure and significant sleep issues.

Our aim is to provide educational, social and emotional support to circa 150 young people each year (ages 8 to 18). Throughout lockdown we have provided a full timetable of Covid-safe face to face and on-line sessions as we continued to support the mental and physical health of young people who have been significantly impacted by the pandemic. It has been a tough year, but we have become masters of adaptation and creative thinking when it comes to delivery, as we knew our young people would need us more than ever. We were able to continue to support throughout the year and have continually kept our young people engaged with our services. This is reflected in our figures for engagement and also in the funding we were able to access to continue with delivery in the most difficult of circumstances.

Who did we help?

We have noticed an upturn this year in the needs of our client group, including increased numbers of referrals to our 1:1 support for mild/emerging mental health and also to our Family Support Worker.

"I like coming here because I feel like people actually like me (not that sounding sad)."

156 young people supported

2864 contacts with young people

16 consultations with Children's Services due to safeguarding concerns

10% of our young people have children's services actively involved

65% had mental health concerns

11% are young carers

How did we help?

Our services are wide-ranging and adapt to suit the needs of the young people we are working with. Below are highlights of our work from the last year from our Group work, Family Support work, 1:1 Support Work, Young Carers and Hygiene / Foodbank provision.

Group work

"I think that the Swan Centre is absolutely amazing because it is super fun and it lets me communicate with others and meet many new people."

Historically our Open Access groups were one of the main strands of what we did, and enabled us to meet young people, get to know them, and refer them through to more bespoke services that we offer depending on their needs. Over the last year, we could no longer offer this open-access service and needed to become masters of changing the timetable to adjust to moving legislation.

To counter the fact that we needed to restrict the numbers of young people we could have on site, we added more group sessions to our timetable so that we could still meet with as many young people as possible. We prioritised the young people who needed us most and made sure we invited them to an appropriate group for their needs. The local RAF supported a Supper Club, by cooking up some amazing meals for a group of young people and joined the delivery of the sessions; this was particularly aimed at young men who needed a strong male role model.

Our young people tell us that they much prefer the face to face groups and get much more from them than the online alternative. The variety of groups we offered meant that we could capture most of the young people we particularly needed to see. Participation and feedback was very good, which meant that when we finally got back to Open Access all of our young people were still well engaged with us.

"I look forward to Fridays, not because it is the weekend, because I get to come here!"

Family Support Work

In August 2020 we introduced our new Family Support Service. It has been supporting families and young people with a variety of issues such as anger management, loneliness and isolation, school refusal and mental health needs. 14 families received regular support in the first three months of 2021, and we are increasingly getting calls and visits for advice and one-off support.

34 young people have been supported by our Family Support Worker in March 2021 alone.

We also started a Parents Group back in September 2020 specifically aimed at the parents of high school aged young people. This small and friendly group is facilitated by the Family Support Worker and allows time to talk through the general teenage issues and worries that parents may have. It is working really well and is a chance to discuss the teenage brain and the science behind the changes that occur at this time, so families have a better understanding of how to support their children.

We see this service needing to expand as the year goes on and will closely monitor the demand over the next three months.

A young person was referred to us by their school for behavioural and emotional support for the young person, alongside support for their mum in setting boundaries and managing negative behaviours.

We met with this family in January 2021 for an initial meeting and made a joint plant to support the mum and the young person. We have since had a monthly meeting with the mum, supporting her to identify the important boundaries she wanted to put in place and the ways in which she could do this, as well as looking at strategies for managing the young person's negative behaviour. The young person has attended weekly one to one sessions, initially in the centre and then at school, to work through 'Retracking', which is the resource we use to help guide us through the topics needed.

This support has given the family the space and time to reflect on what was happening and make changes to some of the more entrenched behaviours. The family have noticed a big improvement and been able to implement the boundaries and manage the negative behaviour.

"From the first meeting at the Swan Project I found the team to be very welcoming and easy to talk to. Sonja has been so supportive and has helped me to understand my daughter more and offers help and practical solutions to deal with issues. There is no judgement just kind words.

Sonja has been supporting my daughter to manage and understand her emotions and there has been a remarkable difference in how our family now interacts together. I cannot praise this service enough."

‘No Child Goes Hungry’

The Scheme was started by two mums back in November 2020 with the initial idea to provide food parcels for local families over the Christmas period. Swan Youth Project supported from the start due to our contacts with families and young people. Due to a continued need for the scheme, food parcels were provided throughout the spring to families with school age children that have had their finances affected by Covid and are not able to access Free School Meals.

Over the 2-week Christmas period 98 children from over 50 families were supported.

We have extended this service into the new year and accessed funding to support a project co-ordinator for one day a week, thanks to Norfolk Community Foundation, we also have four excellent volunteers who really go the extra mile to support this project.

We are aiming to keep this project going for the coming year, as we know that the current issues are going to take a long time to fully resolve. The service supplies a food parcel for each child in the family plus access to the Hygiene Bank on a weekly basis.

“The No Child Goes Hungry Scheme has really helped my family, it’s meant I’m able to support my children so they can go to school on a full tummy and not go to bed hungry. This has taken a lot of pressure and stress away from the family knowing my children are supported by the scheme.”

So far this year we have 425 PARCELS TO 57 YOUNG PEOPLE 26 FAMILIES

1:1 Support Work

Our 1:1 support continues to be a really important part of our offer. Throughout lockdown we have continued to see the most in need face to face and offer a listening ear alongside practical support and advice. We have seen an increase in anxiety amongst our young people, due to lack of contact with friends and schools being closed. Many young people report that they are finding routine difficult and getting back to social situations a struggle. There have definitely been family tensions throughout the lockdown too, which have impacted on young people. This service is consistently at capacity for Rhi, our Senior Youth Worker, who only has six slots available a week currently.

“I love coming to the Swan Centre as I am able to speak to people and Swan Centre helps me with my mental health - coming here also makes me feel better about myself and knowing that everyone is always there for me if I can’t speak to anyone else.”

Young Carers

Our Young Carers are supported by Sonja and receive ‘check in’ contacts regularly. Where appropriate we have linked them into groups of their choice, so they can socialise and spend time away from the home.

We get to know the families and young people well, so we have an on-going informal line of communication, which works well. The grandparent of one of our young carers recently was able to contact us due to concerns around behaviour, which we were able to pick up and arrange some 1:1 support in the following weeks. This model of working allows for flexibility and person- centred support in a way that a generic group does not.

Hygiene Bank

Our Hygiene Bank is a now a key part of our work, having only been launched this time last year. It does exactly what we wanted it to, which is breaking down barriers about health and hygiene.

All of the young people attending the project are encouraged to access this, which means there is no stigma attached to it. It opens-up conversations about personal hygiene in a positive way and encourages young people to use products that they would not otherwise have access to. We are very lucky that we get lots of donations and some fabulous products to pass on. This also allows for ‘older’ young people who do not want to attend groups to drop in and see us and get the items they need.

Looking forwards

We will continue to focus on our Open Access sessions where we really get alongside our young people, so we know what is needed and wanted by them.
We aim to grow the number of our young members, so we can stay with them as they go through their teen years, with all of the ups and downs involved.

We will monitor our Family Work over the coming three months and assess if the service needs to grow.

We will continue to promote the small groups work and 1:1 sessions for emerging mental health. We know how much these are needed and the importance of time and space for our young people to reflect and grow.

We are collecting nearly new/new clothes to start a shop for our young people.
We are only taking appropriate and immaculate clothes that our young people will like.
We are aiming for it to be another positive venture that will encourage young people to re-cycle and re-love clothes, to cut down on the throw away culture, as well as allowing for young people without much money to buy aspirational clothes.

The Nearly New Clothes Shop
Our Peer Mentors are going to run the shop initially, which will give them fantastic work experience and insight. We are also aiming for a café to be open for young people four days a week after school, so they can drop in and see friends in a safe space. We can then signpost to specific groups and support/services from there.

Thanks

Thank-you to all of the funders, fund raiser and supporters who have helped us over the last year.

Swan Youth Project

Swan Youth Project (Norfolk) Ltd

Formerly-The South West Norfolk Youth Opportunities Project

A Company Limited by Guarantee

Unaudited Financial Statements for the year ending 31st March 2021

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Legal and Administrative Information for the year ended 31 March 2021

Trustees
J D Westrop - Chair
J W Harris
J T Woollett
(Appointed 25 February 2021)
J J G Kramarchuk
H P Blakemore
(Resigned 18 May 2020)
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P Forrest
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Trustees' Annual Report for the year ended 31 March 2021

The trustees, who are also directors for the purposes of the Companies Act, have pleasure in presenting their report and the financial statements of the charitable company for the year ended 31 March 2021.

A message from our Patron, James Bagge
"Raising funds for young carers, I became much more aware of the plight of so many of the young people living in our midst. Those of us who live in and around Downham should all be much more alive to the challenges they face and the support they need. The work which Anna Foster and her team do at the Swan Youth Project is a godsend to some of these young people and I am privileged to be able to do something to help them."

Structure, Governance and Management
SWAN Youth Project (Norfolk) was registered as a charity on 23 September 2011 with charity number: 1143957 as a charitable company. As such, it is also regsitered in England and Wales under the company registration number: 07639262.
The charity is also known by other previous names and shortened versions being:
Swan Youth Project
The South West Norfolk Youth Opportunities Project
The SWAN Youth Project (Norfolk) is governed by its Memorandum and Articles of Association which were incorporated on 18 May 2011 and as amended by special resolution registered at companies house on 12 September 2011 with further amendments on 1 November 2019 and 25 February 2021.

Organisation
The charitable company is governed by a Board of Trustees of at least three trustees with no maximum number.
One third of the trustees must retire at each Annual General Meeting by virtue of those who have been longest in office. A director retiring may apply for re-election
Training is provided to keep trustees up to date with new legislation on a regular basis.

Trustees
The Trustees who served the charitable company during the period are listed on the legal and administrative information page, on page 8.

Objects
The SWAN Youth Project (Norfolk) seeks to provide young people, from eight years and upwards, in South West Norfolk, with access to a wide range of positive and inclusive activities from a dedicated venue. By working with young people, within their local communities, our aim is to raise awareness of existing activities and opportunities for them and encourage new ones.
The area in which the charity can operate is West Norfolk and the objectives of the company as set out in the Memorandum of Association are as follows:
To act as a resource for young people up to the age of 25 living in South West Norfolk by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:
(a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsi ble individuals;
(b) advancing education;
(c) relieving unemployment;
(d) relieving sickness and promoting and protecting good mental and physical health;
(e) providing recreational and leisure time activity in the interests of social wel fare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Risk management
The Board of Trustees has conducted its own review of the major risks to which the charitable company is exposed and systems have been established to mitigate those risks. Significant external risks to funding have led to the develop-ment of a strategic plan. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure quality of delivery for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charitable company.

Financial reserves
Reserves need to be held to enable an orderly winding down of the Charity's affairs in the event that adequate funding is no longer is available. The Trustees have resolved that the Unrestricted Income and Expenditure Fund should be held at a level of between 25% and 50% of total annual expenditure. At 31 March 2021, the Fund held £52,139 (2020 £13,694) in unrestricted reserves. This equates to 54% of our planned annual running costs for 2021/2022, which are budgeted to be £90,000. The trustees are satisfied that this figure is in-line with our stated policy and enables us to have the confidence to go ahead with the planned expansion of our charitable support work for the coming year.

Financial control
The Board of Trustees control the financial affairs of the charitable company.

Review of Development, Activities and Achievements
The 2020-21 financial year has been a year of continued development and growth for Swan Youth Project. Despite many setbacks and challenges, due to Covid-19, the project has gone from strength to strength. This year more than ever, has shown the importance of our Charity and the work it does for young people including the wider community.

The priorities of the board of trustees in relation to Covid-19 were:
(1) Protecting the health, welfare and safety of our staff, volunteers, young people, and wider community.
(2) Protecting the financial stability and future of Swan Youth Project Charity, this includes protecting jobs.
(3) To ensure continuation of current projects to meet the needs of our young people and the requirements of our funders.
(4) Respond to Covid-19 by providing further support to our community with the needs that will arise for our young people due to the current situation. Our team of staff have taken a flexible approach to respond to the changing environment around them and put our young people including their families at the heart of what we do.

Swan Youth Project is a registered charity supporting vulnerable children and young people based in Downham Market, Norfolk. Our area is one of significant social deprivation; we are the only local dedicated youth service. Since March 2020 we have needed to significantly adapt our services as we have continued to help our young people throughout the Covid-19 pandemic.

The children and teenagers we help face significant issues, more than a quarter have mental health needs, West Norfolk has the highest exclusion rate for

schools in the whole of Norfolk, many of our young people have chaotic home lives and currently ten have social services involvement. Over the past year we have particularly seen issues with: loneliness, depression, lack of motivation, difficulty in maintaining structure and significant sleep issues.

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We have noticed an upturn this year in the needs of our client group, including increased numbers of referrals to our 1:1 support for mild/emerging mental health and also to our Family Support Worker.
"I think that the Swan Centre is absolutely amazing because it is super fun and it lets me communicate with others and meet many new people."

- 156 young people supported
- 2864 contacts with young people
- 16 consultations with Children's Services due to safeguarding concerns
- 10% of our young people have children's services actively involved
- 65% had mental health concerns
- 11% are young carers

Our services are wide-ranging and adapt to suit the needs of the young people we are working with. Below are highlights of our work from the last year from our Group work, Family Support work, 1:1 Support Work, Young Carers and Hygiene / Foodbank provision.

Future developments
We will continue to focus on our Open Access sessions where we really get alongside our young people, so we know what is needed and wanted by them. We aim to grow the number of our young members, so we can stay with them as they go through their teen years, with all of the ups and downs involved.

We will monitor our Family Work over the coming three months and assess if the service needs to grow.

We will continue to promote the small groups work and 1:1 sessions for emerging mental health. We know how much these are needed and the importance of time and space for our young people to reflect and grow.

Public benefit
The trustees have considered the Charity Commission's guidance on public benefit and believe that the objects of the trust and the activities undertaken support this public benefit.

The trustees consider that the full details of the public benefit have been displayed within the review of activities and the future development planned.

Going concern
Over the last year, we have been able to expand our services and increase our funding, despite the challenges of the pandemic. The trustees do not consider that there is any major risk to the charity's going concern and indeed they are confident that they will be able to continue for the good of all beneficiaries.

Trustees' Responsibilities
The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

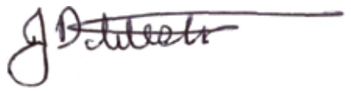
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner
A resolution to re-appoint Mr K J Maggs of Moore Thompson as independent examiner for the ensuing year will be proposed at the annual general meeting.

Small Company Provisions
This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

Signed by order of the Trustees
on the 17 June 2021



J D Westrop - Chair

Independent Examiner's Report to the trustees of the SWAN Youth Project (Norfolk) Ltd

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 8 to 20.

Responsibilities and basis of report
As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act').
In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
I have completed my examination.
I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

K J Maggs B.A., F.C.A.
Moore Thompson,
Chartered Accountants, Spalding

Date: 22 June 2021

Statement of Financial Activities (including Income and Expenditure account)

	Note	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Income from:					
Donations and grants	**2**	33,690	74,986	108,676	69,292
Charitable activities	**3**	2,565	-	2,565	2,250
Total income		**36,255**	**74,986**	**111,241**	**71,542**
Expenditure on:					
Raising funds		-	5,275	5,275	-
Charitable activities	**4**	8,044	58,719	66,763	49,442
Total expenditure		**8,044**	**63,994**	**72,038**	**49,442**
Net income		28,211	10,992	39,203	22,100
Transfers between funds		10,234	(10,234)	-	-
Net movement in funds		38,445	758	39,203	22,100
Reconciliation of funds: **Total funds brought forward**		**13,694**	**19,590**	**33,284**	**11,184**
Total funds carried forward	**9**	**52,139**	**20,348**	**72,487**	**33,284**

All of the activities of the charity are classed as continuing activities.
The statement of Financial Activities includes all gains and losses recognised in the year.
The notes on pages 14 to 20 form part of these financial statements.

Balance Sheet at 31 March 2021

	Note	2021 £	2021 £	2020 £	
Fixed assets					
Tangible assets	**6**		**5,351**		**288**
Current assets					
Debtors	**7**	1,000		2,613	
Cash at bank and in hand		83,734		37,439	
		84,734		**40,052**	
Creditors:					
Amounts falling due within one year	**8**	(17,598)		(7,056)	
Net current assets			67,136		32,996
Total assets less current liabilities			**72,487**		**33,284**
Funds					
Unrestricted	**9**	52,139			13,694
Restricted	**10**	20,348			19,590
		72,487			**33,284**

The accounts have been prepared in accordance with the provisions applicable to companies s ubject to the small companies regime for the year ended 31 March 2021, the charity was entitled to exemption from audit under Section 477 of the Companies Acr 2006 (the Act) relating to small companies.

Trustees responsibilities:
(i) The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with Section 476

(ii) The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements were approved and authorised by the Trustees on the 17 June 2021 and are signed on their behalf by:

J D Westrop - Chair

J W Harris

Company Number: 04329558

The notes on pages 14 to 20 form part of these financial statements.

1. Accounting policies

General information and basis of accounting

Swan Youth Project (Norfolk) Ltd is a company limited by guarantee registered in England and Wales. In the event of the charitable company being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The number of guarantors at 31 March 2021 was 5 (2020 - 5).

The address of the registered office of the charity is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities is the provision of access to a wide range of positive and inclusive activities from a dedicated venue.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity.

The significant accounting policies applied in the preparation are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income recognition

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102).

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the bank.

Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. Charitable activity expenditure is detailed in note 5 to the financial statements. These expenses are subcategorised between charitable activities, support costs and governance costs.Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, computer costs, and bank charges. They are incurred directly in support of expenditure on the objects of the charity.

Governance costs are costs of charitable activities but those which relate to the governance and stewardship of the charity rather than directly to the activities themselves.

Fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:
Office equipment -20% straight line
Project assets - 0% straight line

Project assets are assets which have been acquired for the purposes of specific activities for the beneficiaries and may include items such as office equipment.

Office equipment relates to those assets which are used for the support activities.

Debtors and creditors receivable/ payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Employee benefits

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. The annual contributions payable are charged to the Statement of Financial Activities.

Taxation

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period or in the period of the revision and future periods if the revision affects both current and future periods.

The useful economic life used to depreciate tangible fixed assets relates to the expected future performance of the assets acquired and management's estimate of the period over which economic benefit will be derived from the asset.

The residual value of an asset is the estimated fair value of that asset at the end of its useful economic life and therefore is also dependent upon the estimation of that life span.

Historically, changes to the useful economic life and residual values have not had a material impact on the depreciation amount charge to the Statement of Financial Activities.
Cut-off is applied at the year end date. An estimation of income or expenditure applicable to the relevant period must be applied when the receipt or payment relates to a different period to the year end.

Operating lease agreements

Rentals applicable to operating leases where substantially all of the benefits and risk of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

2. Income from donations and grants

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Donations and legacies	**13,825**	**-**	**13,825**	**5,024**
Grants				
Borough Council of Kings Lynn and West Norfolk	7,500	-	7,500	10,000
Covid-19 Closure Grants	10,000	-	10,000	-
Furlough claims	1,165	-	1,165	-
Government grants	**18,665**	**-**	**18,665**	**10,000**
Awards for All	-	10,000	10,000	-
BBC Children in Need	-	6,456	6,456	-
De Laszlo Fund	-	5,000	5,000	-
Norfolk Community Foundation	-	16,752	16,752	5,726
Sir Norman Lamb Mental Health & Wellbeing Fund	-	5,000	5,000	-
The Postcode Lottery	-	10,000	10,000	-
UK Youth	-	-	-	5,372
YIF Fund	-	12,917	12,917	18,898
Trust and Foundation donations	**-**	**66,125**	**66,125**	**29,996**
Other donations	**1,200**	**8,861**	**10,061**	**24,272**
Total grants and trusts	**19,865**	**74,986**	**94,851**	**64,268**
Total donations and grants	**33,690**	**74,986**	**108,676**	**69,292**

3. Charitable activities income

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Subscriptions	270	-	270	1,100
Room hire	2,295	-	2,295	1,150
Total charitable activities income	**2,565**	**-**	**2,565**	**2,250**

4. Charitable activities expenditure

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Charitable activities				
Activity and group costs	-	2,834	2,834	-
Wages and salaries	4,420	44,211	48,631	30,840
Pension cost	-	25	25	-
Training costs	76	238	314	-
Light and heat	-	618	618	-
Repairs and Maintenance	229	1,401	1,630	-
Advertising	-	420	420	-
Insurance	-	661	661	
Telephone	-	543	543	-
Printing, postage and stationery	-	1,098	1,098	-
DBS and other checks	-	159	159	-
Sundry expenses	-	778	778	-
Depreciation	1,287	-	1,287	-
	6,012	**52,986**	**58,998**	**30,840**
Support costs				
Wages and salaries	-	3,560	3,560	6,665
Software and licences	-	1,225	1,225	
Subscriptions	-	310	310	
Bank charges	-	138	138	
Depreciation	72	-	72	72
Other costs	-	-	-	11,285
	72	**5,233**	**5,305**	**18,022**
Governance costs				
Accountancy and payroll costs	1,800	-	1,800	80
Independent examiner's fees	160	500	660	500
Total charitable activities expenditure	**8,044**	**58,719**	**66,763**	**49,442**

5. Staff costs and employee benefits

	2021 £	2020 £
The aggregate payroll costs were:		
Wages and salaries	52,191	37,505
Social security costs	-	-
Other pension costs	25	-
Total aggregate payroll costs	**52,216**	**37,505**

No employee received total employee benefits (excluding employer pension costs) of more than £60,000 in either the current or prior year.

The average monthly number of employees during the year was 5 (2020 - 5). The full time equivalent of this was 3 (2020 - 3).

No amounts are payable to the trustees in respect of remuneration, benefits in kind or reimbursement of expenses.

6. Tangeable fixed assets

	Office equipment £	Project assets £	Total £
Cost	360	-	360
Additions	-	6,422	6,422
At 31 March 2021	**360**	**6,422**	**6,782**
Depreciation			
At 1 April 2020	72	-	72
Charge for the year	72	1,287	1,359
At 31 March 2021	**144**	**1,287**	**1,431**
Net book value			
At 31 March 2021	216	5,135	5,351
At 31 March 2020	288	-	288

Project assets include furniture, equipment and office equipment purchased by restricted funds for the relevant project.
Office equipment is purchased specifically for the office and support use.

7. Debtors

	2021 £	2020 £
Trade debtors	1,000	2,613
	1,000	**2,613**

8. Creditors: Amounts falling due within one year

	2021 £	2020 £
Trade creditors	832	-
Loan made by trustee	6,106	6,556
Deferred grant income	10,000	-
Accrued expenses	660	500
	17,598	**7,056**

The loan made by a trustee is interest free, is unsecured and has no repayment terms.
It is being repaid at a rate of £50 per month.

9. Statement of funds

Movement in resources	Balance at 1 March 2020 £	Incoming £	Outgoing £	Transfers £	Balance at 31 March 2021 £
General funda					
General funds	13,694	36,255	(8,044)	10,234	52,139
Total unrestricted funds	**13,694**	**36,255**	**(8,044)**	**10,234**	**52,139**
Restricted funds					
Awards for All	-	10,000	(9,582)	(418)	-
BBC Children in Need	-	6,456	(6,456)	-	-
De Laszlo Fund	-	5,000	(5,275)	275	-
Norfolk Community Foundation	4,048	16,752	(14,571)	(878)	5,351
Sir Norman Lamb Mental Health & Wellbeing Fund	-	5,000	-	-	5,000
The Postcode Lottery	-	10,000	(4,322)	-	5,678
UK Youth	5,372	-	(5,272)	(100)	-
YIF Fund	(4,000)	12,917	(7,360)	(320)	1,237
Other small funds	14,170	8,861	(11,156)	(8,793)	3,082
Total restricted funds	**19,590**	**74,986**	**(63,994)**	**(10,234)**	**20,348**
Total funds	**33,284**	**111,241**	**(72,038)**	**-**	**72,487**

Transfers between restricted funds and unrestricted funds usually relate to fixed assets acquired for the restricted purpose but where that asset will be used by other activities after the relevant project ceases, i.e. the funds have been used for the restricted purpose first.

The 'Other small funds' relates to retracted funds for which the income and expenditure is below £5,000 and have therefore been amalgamated for the purposes of the financial statement but separate details are retained by the charity.

Analysis of net assets	Tangible fixed assets £	Other net assets £	Total £
General funds			
General fund	5,351	46,788	52,139
Total unrestricted funds	**4 5,351**	**6,788**	**52,139**
Restricted funds			
Norfolk Community Foundation	-	5,351	5,351
Sir Norman Lamb Mental Health & Wellbeing Fund	-	5,000	5,000
The Postcode Lottery	-	5,678	5,678
YIF Fund	-	1,237	1,237
Other small funds	-	3,082	3,082
Total restricted funds	**-**	**20,348**	**20,348**
Total funds	**5,351**	**67,136**	**72,487**

9. Statement of funds (continued)

Awards for All fund represents monies received for the purposes of supporting our young people through the initial covid stages, with small groups and 1:1 work. Any surplus would be repayable and deficits are covered by the use of unrestricted funds.

BBC Children In Need fund represents monies received for the purposes of delivering both 1:1 support and small groups support to young people for their well-being and mental health.
Any surplus would be repayable and deficits are covered by the use of unrestricted funds.

De Laszlo fund represents monies received for the purpose of expanding and improving our fundraising.
Any surplus would be repayable and deficits are covered by use of unrestricted funds.

Norfolk Community Foundation – Covid fund represents monies received for the purposes of supporting young people through the covid pandemic, with 1:1 and small group work.
Any surplus could be used as unrestricted funds and deficits are covered by the use of unrestricted funds.

Norfolk Community Foundation – Vulnerable Family Support fund represents monies received for the purpose of recruiting a family support worker who will work with families/young people who are struggling with a variety of issues and challenges.
Any surplus would be repayable and deficits are covered by the use of unrestricted funds.

Norfolk Community Foundation – Women Together fund represents monies received for the purpose of holding a specific girls group. A safe space for topics of concerns and interest to be discussed and support given.
Any surplus would be repayable and deficits are covered by the use of unrestricted funds.

Sir Norman Lamb Mental Health & Wellbeing fund represents monies received for the purposes of supporting our core offer for young people. Any surplus could be used as unrestricted funds and deficits are covered by the use of unrestricted funds.

The Postcode Lottery fund represents monies received for the purposes of part funding the managers salary.
Any surplus would be repayable and deficits are covered by the use of unrestricted funds.

UK Youth fund represents monies received for the purposes of an additional member of staff for Open Access sessions to allow us to expand numbers. Any surplus would be repayable and deficits are covered by the use of unrestricted funds.

YMCA (YIF Fund) represents monies received as part of the Youth West Project; we were funded for a part time youth worker and to run an outreach group. We also delivered holiday activities and vocational taster sessions.
Any surplus would be repayable and deficits are covered by the use of unrestricted funds.

10. Control relationship

The charity is controlled by the trustees jointly and no individual can or does exert control over the others.

11. Statement of Financial Activities comparative

	Unrestricted £	Restricted £	Total £
Income from:			
Donations and grants	20,368	48,924	69,292
Charitable activities	2,250	-	2,250
Total income	**22,618**	**48,924**	**71,542**
Expenditure on:			
Charitable activities	98,941	(49,499)	49,442
Total expenditure	**98,941**	**(49,499)**	**49,442**
Net expenditure	**(76,323)**	**98,423**	**22,100**

More information

We are always happy to talk through any potential groups or individual needs and welcome visits, by appointment, to the centre to discuss this further.

We also welcome visits to sessions (strictly by appointment) to see the work in action.

Please contact **anna@swanyouthproject.org** or **01366 386259**

You can visit our website for more information on our groups and support **www.swanyouthproject.org** and also follow the links to our social media, where we post regularly about the work we do.

We are a registered charity no. 1143957.

Facebook: **www.facebook.com/theswanproject1**
Twitter: **@DMSwanYouth**
Instagram: **dmswanyouthproject**

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