

Annual Report & Accounts

For the year ending 31st October 2021



FOREWORD BY THE CHAIR OF TRUSTEES:

Throughout the year we have continued to be blessed by the generosity of those who support us, whether that be with food or financial contributions. Without this support we could not provide the service we do for those in Norwich and the surrounding area. So, I want to begin this Foreword by thanking all the organisations and individuals who have been so kind with their support. It is greatly appreciated by all the Trustees.

The period covered by this report saw us at various stages of lockdown, and it was only in the Autumn that our Distribution Centres began to re-open. Also, the warehouse continued to operate on a socially distanced basis. I therefore want to thank all our volunteers for their patience and the way they have continued to adapt to the new ways of working. So, to all our volunteers, thank you.

Looking back to last year, the major development within the foodbank was the decision to participate in the Trussell Trust's Pathfinder project. The overall aim of this project is to reduce the need for foodbanks and for us in Norwich this involves, amongst other things, ensuring (through Citizen's Advice) the availability of specialist financial advice to those we help; working more closely with local churches so that they are confident and equipped to help with achieving this objective; closer working with statutory agencies and charities; and engaging with those with a lived experience of food poverty in order to understand how we can be more effective in the support we seek to provide. This is all the more important given the increasing pressures on household spending and the devastating consequences that these can bring.

I want to recognise the continuing hard work and commitment of Hannah our Project Manager, Keith, our Warehouse Manager, Iain, our Project Officer, Rachel our Administrator and all those who volunteer in the office.

And finally I want to thank all my fellow Trustees for their work and support. They make my role so much easier.

To everyone, a massive and heartfelt Thank You.

Keir Hounsome

On behalf of the Trustees.

RELATIONSHIP WITH TRUSSELL TRUST:

We continue to operate as a media centre for the Trussell Trust, being a trusted foodbank for local and national press or media enquiries. We are among the thirty biggest Trussell Trust foodbanks nationally out of the network of 428, which relates to the number of people we are feeding annually and the amount of food donated and redistributed.

Due to COVID-19, the Trussell Trust National Conference was cancelled, but the Project Manager attended several online Norfolk cluster meetings during 2021. Trustees have attended various online Trussell meetings aimed at Trustee boards, which have been useful for networking and sharing good practice.

We continue to be part of the Trussell Trust's 'Pathfinder Project', exploring how to move closer to a future without the need for foodbanks. To aid with this, the appointment of a Project Officer (Iain) was made in March 2021 and there have been several meetings online with other Pathfinder foodbanks and with the Trussell Pathfinder team.

Norwich foodbank maintains an excellent relationship with neighbouring foodbanks in Norfolk and Suffolk, as well as with the Trussell Trust head office and the Regional Area Manager.

In the period of 1st April 2021 - 31st March 2022, Trussell Trust foodbanks in Norfolk distributed 23,302 parcels. Within that figure, Norwich foodbank gave 8,537 parcels, 36.6% of the county's total.

AREA SERVED:

Norwich foodbank supports local people in crisis, in the Greater Norwich area, covering approximately 479 square miles. During the majority of our financial year 2020/21 we operated out of the warehouse and office only, with all 10 distribution centres closed due to COVID-19 restrictions. Our centre in Lakenham opened in June and a few others began opening in September 2021 (city centre, Catton and Heartsease). By the 2nd October, 8 centres had safely re-opened. We continued to utilise strong links with churches and volunteers in the Loddon and Poringland areas that hold emergency food parcels who were very supportive throughout the change in service, delivering to local households referred to us. We also added in a delivery team in Wymondham and Lakenham during the early part of 2021 due to offers of help from volunteers, churches and local councillors.

Clients are issued a voucher by a care agency or care professional for 3 days of food. The warehouse was staffed with volunteers Monday – Friday to maintain the workload and social distancing guidelines and professionals could attend on behalf of their clients to collect food. A few of our busiest care partners hold food parcels on their premises to distribute to clients, still using the voucher system, although many were closed for face-to-face contact during the first part of our financial year.

A recipient said, 'Thank you so much for all our food ... In fact thank you doesn't sound grateful enough! We are in tears, overwhelmed by people's generosity and the kindness you have shown.'

The foodbank office is staffed by volunteers Monday - Thursday 9am – 1pm and the Project Manager has an on-call mobile which is available 9am – 5pm Monday – Friday, excluding Bank Holidays. During the pandemic, the office was supported by a number of volunteers working remotely.

FOOD COLLECTION:

The majority of food received is from public donations through collection points across Greater Norwich. Over 134 tonnes (with an estimated value of £235,837) came into the warehouse during the financial year 2020/21, a 19% decrease on 2019/20. Donations came from just under 250 different donors including churches, individuals, schools and groups; significantly down on the previous year, but several have switched to financial giving.

We are extremely grateful to the Trussell Trust and Tesco for the financial top-up we receive, based on donations made, equating to around £1,500 per quarter.

In January 2021 we paused several large supermarket collection points after a very busy Christmas period and this worked well and restarted in February with no issues. We held an 'in-person' in-store collection at Tesco Blue Boar in Sprowston in July 2021 as part of the Trussell Trust and FareShare national summer campaign. Customers and staff were very supportive donating over 500kg and £259 in cash.

We have continued to receive bulk donations, via Bankuet, an online charity that buys in bulk so each £1 spent buys more than £1 of produce. This has encouraged new donor support and ensures we receive what is most needed at the time. We have 46 monthly donors through Bankuet giving collectively £1,180.



Morrisons at Riverside (pictured) and Morrisons Old Catton implemented 'Foodbank Pick Up Bag' in the summer of 2021 – we give the store's Community Champion a list of our most needed items each week and they put a few of these products in a bag, price it, and customers take one to the checkout to purchase and then donate. It has worked very well, ensuring we get what we need and saving the customer time finding specific items in the shop.

FOOD DISTRIBUTION:

In our financial year 2020/21, over 133 tonnes of food went out of our warehouse. 83% of this was in the form of 3-day food parcels, toiletries and extra food items. 17% went to other Norfolk foodbanks and projects.



Following the UK lockdown and COVID-19 related restrictions, on 30th March 2020, Norwich foodbank moved from a collection model to a 100% delivery model; taking food parcels and requested extras direct to the client's address. Deliveries were made 6 days a week, on weekday afternoons and Saturday mornings. This continued until June 2021, when distribution centres began to open up one by one to trial safe collections and to see how volunteers and clients felt. From 2nd October 2021, all centres were opened and the last planned home deliveries took place.

Home deliveries included requested toiletries, baby items and pet food and, when available, fresh items too. During the pandemic, FareShare donations continued to be received.

'I've just received a food parcel thank you so much I'm so excited there are some lovely items in there'

Foodbank recipient

CLIENTS:

For the financial year ending 31st October 2021, Norwich foodbank gave out food parcels to enable 10,612 people (including 3,709 children) to be fed for 3 days each. The overall total is a 28% decrease on the same period 2019/20, which saw a significant increase due to the pandemic causing a lot more people to be in need due to employment, shielding and childcare issues. The number of children is a 31% decrease in the same period. Please see 'CHANGES AND CHALLENGES' for more insight into why we have seen less demand.

With regards to the referral reasons for clients in the Norwich area, 'low income' accounted for 44.5% of all referrals in our financial year 2020/21 (a rise of 11% on 2019/20), benefit delays were 8% of the total (a 2% decrease), debt 6% (a 3% decrease) and benefit changes were 5% (a 3% decrease). We also received a significant proportion of 'other' referrals which accounted for 21% of all referral reasons. This is due to complex or unknown issues, in the main relating to COVID-19.

During the financial year, 51% of those we helped were of working age 25-64 years old and only 1.8% were over the age of 65 years old. 49% of households helped were single adults aged at least 17 years old.

For Norwich foodbank, in a six month period during 2021, 64% of clients were given a food parcel once, 23% twice, 6% three times and 5% more than three times.

'Thanks to you not only do we have food but treats as well! Treats that we haven't been able to afford for months. I can't put into words the relief we feel that we have food in the cupboard and we don't have to worry for a while. We are all three of us just about to tuck into hot soup and fresh bread, we feel truly blessed.'

Foodbank recipient, via email

PARTNERS:

We have over 330 partner agencies who can issue vouchers to clients they are working with and 4,848 vouchers were issued within this financial year. South Norfolk Council, Norwich Citizen's Advice, Baseline, Change Grow Live, Help Through Hardship and Probation issued the most vouchers in this period, enabling 3,649 people to receive food parcels. 496 vouchers were issued by ourselves, enabling 1,131 people to be fed; these vouchers account for self-referrals and agencies who aren't signed up to the Trussell Trust's online e-referral system.

Following a successful joint bid between Norwich, Kings Lynn and Hunstanton foodbanks to employ 1.5 FTE Citizen's Advice workers through Norfolk CA, a full time worker was employed in October 2020 to work exclusively in Norwich. Referrals were received and actioned over the phone or via online referral system NCAN (Norfolk Community Advice Network). As distribution centres opened up, our worker attended in-person to provide advice and support to those accessing the foodbank. In the period following this report, a funding bid was submitted to Trussell Trust for two further posts – a Shelter advisor for housing and debt and a British Red Cross worker for advocacy and befriending support.



We have continued as an advocate of Christian charity Acts 435, to enable us to post requests for support for specific items for clients (anonymously) which donors can choose to donate towards. In this period, we were successful with 13 requests; including for a new fridge, school uniform, work boots and a wardrobe.



'...giving to anyone who has need.'
www.acts435.org.uk

SUPPORTERS and DONORS:

There have been countless new and growing supporters during this year, including private individuals, churches, companies and other charities.

Between March 2020 and August 2021, Aviva PLC funded 50 daily copies of the Eastern Daily Press to be included with each delivery. We also received bags of bread and cakes from BreadSource, a local artisan bakery which were given out daily with food parcels. Bramerton Christadelphians gave us regular gifts of fresh items including eggs, potatoes, apples and carrots. We received specific gifts for Christmas and gave all clients a local £5 supermarket voucher, as well as fresh fruit, vegetables and treats during December 2020.

Smurfit Kappa have continued to support us with regular donations of boxes to pack food parcels in and increased their giving during the COVID-19 pandemic for which we are very grateful.

During the course of this year, we received food donations from 79 churches, benefices and religious groups, 32 businesses and 34 schools, as well as from supermarket collection points and private individuals. We have seen a significant increase in standing orders and other regular giving – through PayPal and Local Giving – with over 120 regular financial supporters. Our quarterly Prayer and News letters go out to over 200 people and we have good links with many local churches who support us with donations, gifts and prayer.

We are incredibly grateful to all who support us in a number of ways. This financial year we have had the opportunity to speak at 3 events – a local Women's Institute, a Rotary club and an East of England Coop live online event.

As so many church buildings closed during 2020, many donors converted their regular food donation to a financial one. Since 2019, we have seen a 102% increase in new direct debit donors, increasing regular monthly gifts to over £2,000 (excluding Gift Aid). This shows the incredible generosity of so many and we are thankful to all those who give.

'In view of the various lockdowns with pubs being closed (and almost everything else) I am saving a reasonable amount of money. I feel I must share some of it with people who are not so fortunate'. Donor

'It's been some years now that we at Bramerton Christadelphian church have been collecting for the foodbank and we have been supporting FISH throughout the pandemic and the café in Nelson Street since it re-opened.

God willing, while there is the need, we shall continue to support you where we can. With all the problems that we are all facing today as Christians we feel we should help others and thank you all for giving us that opportunity.' Donor

PROJECTS:

FISH – Food (and Fun) In School Holidays was launched in May 2014 providing a free hot meal and free fun activities to low-income families. In 2020/21 four separate clubs took place.

Based on capacity and volunteer availability, FISH looked different in each location. Mousehold, Taverham, Wymondham and Mile Cross took referrals from local schools and arranged home deliveries of packed lunch, dinner recipe kits and activity packs. Thorpe, arranged by school staff, did in-person provision with outdoor meals and activities.

Christmas – Since 2013, we have been a conduit between people wishing to give and people going without at Christmas. In 2020, we trialled a digital Giving Tree, where requests were listed on a website and donors could choose which gifts they would buy and drop off at the warehouse. This worked very well with 284 individuals (children and parents) listed and all were 'taken'! We received a lot of knitted items (jumpers, hats and scarves) from the Norfolk Knitters and various other donations from groups and private individuals. Gifts were distributed via seven different agencies / partners including children's centres and young people's services. Several donors pledged their support for future years too.

Energy Bank – This started in 2017 and supports clients with a one-off emergency gas / electricity payment, alongside a foodbank parcel. Funding was received from Norfolk Community Foundation for the winter months (November – March) but due to ongoing emergency demand, private donations funded ongoing energy payments throughout 2020. Gifts were given to 186 separate households totalling of £5,734. Funding has been secured for November 2021 onwards.

'We thank everybody for your care ... Due to circumstances, we are a family with cash flow problems and therefore not enough money to go around. It has been eat or heat. Thanks to your generosity we can now do both. When things get better we will repay your kindness. God bless you all' Recipient

COMMUNITY ENGAGEMENT:

We had just two different groups in the warehouse during the financial year, due to COVID restrictions – a primary school year 3 class from Erpingham (see photo) and a childminder with three of her group. We have been to speak to a year 6 class in Bawburgh school as part of their Religious Education topic looking at people who help others in the community.



We have had several offers for support in our warehouse when restrictions allow and expect to be able to run shifts for these groups in the financial year 2021-2022.

We continue to enjoy positive and longstanding relationships with many local supermarkets who have helped to boost low-stocked items when appropriate, as well as providing gift vouchers and support to FISH clubs during the year.

CHANGES AND CHALLENGES:

As this report is being written all restrictions in England have been lifted and there is a 'living with COVID-19' plan in place. Our service provision dramatically changed in March 2020 and continued during this reporting period, but we are seeing a shift both nationally and locally to pre-covid life. The challenge this brings is to not 'go back' to how things were, but to ensure we are moving forward—reviewing, refreshing and adapting our ways of working to be both safe and effective in our work.

We have seen a rise in the amount of pop-up foodbanks across our area; run by churches, community groups and some by individuals. A small amount have closed during this reporting period, but some are continuing provision. This has brought challenges in relation to our recipient's expectations and most don't operate a referral process which may result in the underlying issues not being addressed. However, we want to acknowledge the incredible work of the community by meeting a vital need for so many who are struggling to afford the essentials.

PUBLIC BENEFIT:

We indicate throughout this report, how during the period covered, we have applied our funds in furtherance of our charitable objectives for the public benefit.

We have complied with the duty in the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

WEBSITE AND SOCIAL MEDIA:

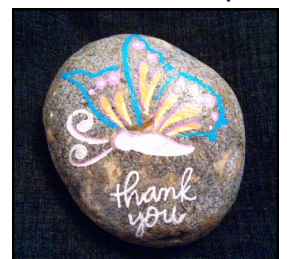
We continue to receive positive feedback and engagement on our social media content and, to date, have over 3,400 followers on Facebook, over 2,600 on Twitter and over 1,500 on Instagram. We continue to run our website as part of 'Network Norfolk' and this includes at least one article each month appearing on their front page. We are very grateful to Keith Morris and his team at Network Norfolk for their support with our website. During the COVID-19 pandemic, we received a lot more messages through our facebook account than in previous times, asking how to get help or where to donate.

VOLUNTEERS:

During our financial year 2020/21 we were supported by approximately 180 volunteers. At the start of the pandemic in March 2020 nearly 50% of our regular volunteers had to shield, had concern over meeting with others, or had childcare commitments. Thankfully we had an overwhelming response from the general public in relation to volunteering including those who had been furloughed and those who were involved in other aspects of our work (i.e. distribution centres) and were able to change roles. As distribution centres re-opened from June 2021 volunteers returned or changed roles, for which we are very grateful.

We were unable to hold our annual volunteer celebration evening for the second year running. However a weekly update email to all volunteers – active or not involved actively – from the Project Manager began in April 2020 and this has continued in order to help volunteers have a better understanding of all that the charity is doing, including client feedback and news.

A local artist was commissioned to create 'thank you' stones for all active volunteers during 2021 as a token of appreciation. Trussell Trust gave us bars of Cadburys chocolate to distribute to volunteers during December 2020.



LOOKING FORWARD:

We join with the Trussell Trust in their vision to see an end to the need for foodbanks. However, with the numbers we are currently supporting and the knowledge of other food based support within our foodbank's operational area, it seems unlikely that this will happen within the next few years. For this reason, we will continue to both provide emergency food and other essentials (including toiletries and Energy Bank payments) to those in need in Greater Norwich and seek other options and partnerships to enable people to move out of their crisis as quickly, smoothly and easily as possible.

As explained in 'PARTNERS' we will continue to look at other ways of supporting those who come to us. In the period immediately following this report, we applied for and received funding for two new case workers – one with Shelter and one with British Red Cross – both employed by the relevant charity but to work exclusively with and for our clients. This will complement the Citizens Advice worker we have in place and provide more holistic and wide-ranging support to those we serve with the aim of reducing repeat visits to the foodbank and building more resilience.

As England emerged from restrictions and lockdowns during this reporting period, we have adopted guidance from Trussell Trust and the government to manage safely the re-opening of distribution centres. Our risk assessments are reviewed periodically.

There are plans for a number of social supermarkets in the Norwich area – in Lakenham, in Mile Cross and in the NR5 area – which will benefit those who are using the foodbank regularly, those who are 'just about managing' and those who don't use a foodbank due to the social stigma. We are looking forward to working collaboratively with these new projects to best serve our collective clients.

'I have lost both my parents last year, within 15 weeks of each other, I have been ill, my husband was made redundant all of this made worse by Covid and since then I have felt that the world has been against me. What I am trying to say is that the kindness we have been shown today means more than just the food itself it has made me feel better about so much more!'

- Norwich foodbank recipient.



Annual Report and Financial Statements 31st October 2021

BALANCE SHEET as at 31st October 2021

Total funds		
	This Year	Last Year
Current Assets		
HSBC current account	£4,431	£3,441
HSBC instant access deposit	£174,350	£124,315
HSBC 6 month deposit bond	£100,000	£50,000
Voluntary Norfolk Float	£3,140	£3,140
Total current assets	£281,921	£180,896
Representing:		
Total unrestricted funds	£260,973	£162,080
Total restricted funds	£20,947	£18,816
Restricted funds at 31 st October 2021:		
Energy Bank (fuel poverty)	Nil	£531
FISH various donations less expended	£20,947	£18,285
Balance remaining at 31st October 2021	£20,947	£18,816

There were no outstanding debtors or creditors at this date.

Annual Report and Financial Statements 31st October 2021

Statement of Financial Activities (including Receipts and Payments Account) for the year ending 31st October 2021

Total unrestricted and restricted funds		
Incoming Resources	This year	Last Year
Church and School donations	£5,409	£11,800
Grants	£16,342	£35,301
CAF grants and donations	£1,844	
Local Giving donations	£26,846	£23,004
Corporate donations	£11,447	£9,457
Investment income	£37	£258
Cash gifts	£1,107	£797
Christmas card sales	£853	£797
Gift Aided donations	£105,635	£81,546
Internet giving including Virgin Money	£26,899	£28,295
Tesco and ASDA Top Up from Trussell Trust	£3,432	£2,015
Anon donations and one-offs		£7,698
Other donations	£589	£2,332
Total incoming resources	£200,430	£203,299
Resources expended	This year	Last Year
Charitable activities	£99,415	£81,791
Net surplus (deficit) for the period	£101,025	£121,508
Fund brought forward from 2020	£180,896	£59,388
Fund carried forward at end of year	£281,921	£180,896
Represented by:	This year	Last Year
HSBC current account	£4,431	£3,441
HSBC instant access deposit	£174,350	£124,315
HSBC 6 month deposit bond	£100,000	£50,000
Voluntary Norfolk Float	£3,140	£3,140

Notes to the accounts

1. Accounting Policies

In preparing the accounts the following accounting policies have been complied with:

- a) The accounts have been prepared in accordance with the Statement of Recommended Practice (SORP), 'Accounting and Reporting by Charities: Statement of Recommended Practice' published in March 2005 and applicable accounting standards and of the Companies Act 2006 relating to small companies and the Financial Reporting Standard for Smaller entities (April 2008)
- b) Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity
- c) All incoming resources are included in the statement of financial activities as they are received
 - i) Income received by way of grants is included when received. Future grants conditional on the delivery of specific performance by the charity are noted in the Trustees' report
 - ii) Donated services, facilities and services provided by volunteers are not included in this financial statement
 - iii) Investment income is included when received
- d) Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates
 - i) There are no costs associated with generating funds
 - ii) Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them
 - iii) All costs are allocated between the expenditure categories of the statement of financial activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are apportioned on an appropriate basis as set out in the notes

2 Taxation

The charity is exempt from taxation on its income and gains where they are applied for charitable purposes. Irrecoverable VAT is included in the cost of goods and services on which it was charged.

3 Interest Income

	Notes	This year	Last Year
HSBC deposit acct		£87	£58

4 Food Donations

Donations of food given without charge to the charity have been measured by weight and have an estimated monetary value of £235,837 (2020: £292,026) being 134,764kg (2020: 166,872kg) at a value of £1.75 per kg. Food distributed to beneficiaries had an estimated monetary value of £232,869 (2020: £265,660) being 133,068kg (2020: 151,806kg) at £1.75 per kg.

5 Charitable Expenditures

	Support costs	Other direct costs	Total funds	Previous year
Resources expended				
Insurance	£593		£593	£537
Warehouse supplies		£5,288	£5,288	£8,529
Extra Christmas food		£3,815	£3,815	
Office supplies and utilities	£4,409		£4,409	£2,785
Office rent & extra warehouse	£16,370		£16,370	£11,947
Audit costs	£260		£260	£250
COVID expenses and food	£2,957		£2,957	£483
Gifts, donations and subs	£522		£522	£757
Car mileage and travel	£1,486		£1,486	£4,408
Training and development	£807		£807	£428
Advertising (including website)	£168		£168	£63
Citizens Advice expenses	£1,301		£1,301	
Computers and internet	£869		£869	£722
Mobile phone	£150		£150	£156
Trussell Trust subscription	£360		£360	£360
Voluntary Norfolk subscription	£35		£35	£35
Distribution centre expenses	£1,131		£1,131	£297
FISH Club expenses		£4,609	£4,609	£5,503
Fuel Poverty payments		£8,729	£8,729	£7,969
Volunteer and staff expenses	£1,015		£1,015	£434
Wages paid (including pensions)	£44,525		£44,525	£35,950
Other misc including Revelation Café	£16		£16	£178
Total:	£76,974	£22,441	£99,415	£81,791

6 Trustee and employee information

- a) No Trustees received any remuneration or benefits
- b) There were two part-time and one full-time paid employees during this period
- c) There were between 90-180 unpaid volunteers during this period

7 Balance Sheet

The assets of foodbank are the HSBC bank accounts, a stock of food and a refundable float of £3,140 with Voluntary Norfolk to finance the monthly salary bill. There were no debtors or creditors at 31st October 2019. All purchases of equipment and supplies have been immediately expensed and have no residual value. Stocks of food are considered to have no realisable value.

The Trustees acknowledge their responsibility for preparing accounts which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of the Charity Commissioners and the Registrar of Companies.

The accounts were approved by the Trustees on and signed on their behalf by:

Keir Hounscome, Chair of Trustees

Norwich foodbank is a local Christian charity and is part of the Trussell Trust's UK-wide foodbank network that helps local churches and communities to open foodbanks, providing emergency food to thousands of people every year.

PATRONS

Rt Revd Graham Usher, Bishop of Norwich

Delia Smith CBE

Susan Hill CBE



CONTACT US:

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Follow us on Twitter: [@norwichfoodbank](https://twitter.com/norwichfoodbank)

Follow us on Instagram: [@norwichfoodbank](https://www.instagram.com/norwichfoodbank)



Registered charity number: 1143528



Norwich Foodbank		Charity No (if any)	1143528
Annual accounts for the period			
Period start date	01/11/20	To	Period end date 31-Oct-21

Section A Statement of financial activities

Recommended categories by activity	Details of own analysis	Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £
			F01	F02	F03	F04
Incoming resources (Note 3)						
Incoming resources from generated funds			-	-	-	-
Voluntary income		S01	186,061	-	-	186,061
Activities for generating funds		S02	-	-	-	-
Investment income		S03	37	-	-	37
Incoming resources from charitable activities		S04	-	14,342	-	14,342
Other incoming resources		S05	-	-	-	-
Total incoming resources		S06	186,098	14,342	-	200,440
Resources expended (Notes 4-8)						
Costs of Generating Funds			-	-	-	-
Costs of generating voluntary income		S07	-	-	-	-
Fundraising trading costs		S08	-	-	-	-
Investment management costs		S09	-	-	-	-
Charitable activities		S10	87,204	12,211	-	99,415
Governance costs		S11	-	-	-	-
Other resources expended		S12	-	-	-	-
Total resources expended		S13	87,204	12,211	-	99,415
Net incoming/(outgoing) resources before transfers		S14	98,894	2,131	-	101,025
Gross transfers between funds		S15			-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)		S16	98,894	2,131	-	101,025
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use		S17	-	-	-	-
Gains and losses on investment assets		S18	-	-	-	-
Net movement in funds		S19	98,894	2,131	-	101,025
Total funds brought forward		S20	162,080	18,816	-	177,756

<i>Total funds carried forward</i>	S21	260,974	20,947	-	281,781
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CC17a

Total last
year
£

F05

-
185,581
-
258
17,460
-
203,299

-
-
-
-
81,791
-
-
81,791
121,508
-
121,508

-
-
121,508
56,248

177,756

Section B Balance sheet

	Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04
Fixed assets					
Tangible assets (Note 9)	B01	-	-	-	-
	B02	-	-	-	-
Investments (Note 10)	B03	-	-	-	-
Total fixed assets	B04	-	-	-	-
Current assets					
Stock and work in progress	B05	-	-	-	-
Debtors (Note 11)	B06	3,140	-	-	3,140
(Short term) investments	B07	-	-	-	-
Cash at bank and in hand	B08	257,834	20,947	-	278,781
Total current assets	B09	260,974	20,947	-	281,921
Creditors: amounts falling due within one year (Note 12)	B10	-	-	-	-
Net current assets/(liabilities)	B11	260,974	20,947	-	281,921
Total assets less current liabilities	B12	260,974	20,947	-	281,921
Creditors: amounts falling due after one year (Note 12)	B13	-	-	-	-
Provisions for liabilities and charges	B14	-	-	-	-
Net assets	B15	260,974	20,947	-	281,921
Funds of the Charity					
Unrestricted funds	B16	260,974			260,974
	B17	-			-
Restricted income funds (Note 13)	B18		20,947		20,947
Endowment funds (Note 13)	B19			-	-
Total funds	B20	260,974	20,947	-	281,921

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

<i>K. Hounsome</i>	Keir Hounsome
<i>J. Easton</i>	John Easton (reviewer)



**Total last
year
£**

F05

-
-
-
-

-
3,140
-
177,756
180,896

-

180,896

180,896

-
-

180,896

162,080
-
18,816
-

180,896

Date of approval
24/08/2022
20/07/2022

Section C Notes to the accounts

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost (or value) in accordance with:

- Accounting and Reporting by Charities – Statement of Recommended Practice (SORP) 2019

• and with*

yes

 Accounting Standards;

or

yes

 Financial Reporting Standards for Smaller Entities (FRSSE) 2016

- and with the Charities Act.

[** except for the following].

Give details in this box if a different standard has been followed

--

* -Tick as appropriate:

•

--

 if all relevant disclosures shown in the pack have been completed

•

--

 if disclosures completed in these accounts have been completed in accordance with the standards. If not, please tick "Financial Reporting Standards for Smaller Enterprises (FSE) 2016"

** - If no departures from the chosen standards have been made the boxes should be left blank.

1.2 Change in basis of accounting

There has been no change to the accounting policies (valuation basis, accounting treatment, etc.)

Give details in this box of any material changes that have been made

--

§ if no changes have been made to accounting policies then delete this section

1.3 Changes to previous accounts

No changes have been made to accounts for previous years.

Give details in this box of any material changes that have been made

--

§§ if no changes have been made to accounts for previous periods then delete this section



ost (except that investments are shown at market

nmended Practice (SORP 2005);

Smaller Enterprises (FRSSE);

lowed.

en given then please tick "Accounting Standards";

en restricted to those required by the FRSSE, then
ises (FRSSE)".

n delete these words; otherwise give details of any

n rules and methods of accounting) since last year.

been made.

hese words.

been made.

hen delete these words.

Section C Notes to the accounts (cont)

Note 2 Accounting policies

This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.

INCOMING RESOURCES

Recognition of incoming resources	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none"> • της χηαριτην βεχομεσ εντιτλεδ το τηε ρεσουρχεσ; • της τρυστεεσ αρε ωιρτυαλλη χερταιν τηεψ ωιλλ ρεχειωε τηε ρεσουρχεσ; ανδ • της μονεταρψ παλυε χαν βε μεασυρεδ ωιτη συφφιχιεντ ρελιαβιλιτη.
Incoming resources with related expenditure	Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.
Grants and donations	Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.
Tax reclaims on donations and gifts	Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.
Contractual income and performance related grants	This is only included in the SoFA once the related goods or services have been delivered.
Gifts in kind	Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.
Donated services and facilities	These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Investment income	This is included in the accounts when receivable.
Investment gains and losses	This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.
Governance costs	Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.
Grants payable without performance conditions	These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.
Support Costs	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost or a reasonable value on receipt.
Investments	Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.
Stocks and work in progress	These are valued at the lower of cost or market value.

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM THOSE
ABOVE**

Section C Notes to the accounts (cont)

Note 3 Analysis of incoming resources

Incoming resources may be further analysed if this would help the reader of the

	Analysis
Voluntary income	Church, school and other donations
	Grants
	Corporate donations
	Anonymous donations and one offs
	Gift aided donations
	Gift Aid rebate from HMRC
	Christmas card sales
	Internet giving
	Interest income
	Cash donations including collections at events
	Total
Activities for generating funds	
	Total
Investment income	Interest on deposit account after tax deducted
	Total
Incoming resources from charitable activities	
	Total

accounts.

This year	Last year
£	£
5,409	11,800
16,342	35,301
11,447	11,472
-	7,698
105,635	81,546
-	
853	797
55,589	51,298
37	258
5,128	3,129
200,440	203,299

-	-
-	-
-	-
-	-
-	-
-	-

37	258
-	-
-	-
-	-
-	-
37	258

-	-
-	-
-	-
-	-
-	-
-	-

Section C Notes to the accounts (cont)

Note 4 Analysis of resources expended

Resources expended may be further analysed if this would help the reader of the accounts.

	Analysis
Costs of generating voluntary income	
	Total
Fundraising trading costs	Salary of Fundraiser
	Total
Investment management costs	
	Total
Charitable activities	Warehouse supplies
	Office rent and extra warehouse
	Office supplies
	Car mileage
	Distribution centre expenses
	Christmas food purchased
	Advertising and website
	Cost of reviewing accounts
	Computers, software and printers and internet
	Fuel poverty payments
	Public liability insurance
	Wages paid
	Covid expenses
	FISH club expenses
	Gifts donations and subs
	Trussel Trust sub
	Training and development
	Other misc
	Total
Governance costs	
	Total



This year £	Last year £
-	-
-	-
-	-
-	-
-	-
-	-

-	-
-	-
-	-
-	-
-	-
-	-

-	-
-	-
-	-
-	-

5,288	8,529
16,370	11,947
4,409	2,785
1,486	4,408
1,131	297
3,815	-
168	63
260	250
869	722
8,729	7,969
593	537
44,525	35,950
2,957	-
4,609	5,503
522	757
360	360
807	-
2,517	1,714
99,415	81,791

-	-
-	-
-	-
-	-

Section C Notes to the accounts (cont)

Note 5 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost type	Fundraising activity £	Charitable Activity £	Governance Activity £	Total Cost £
	-			-
	-			-
	-			-
	-			-
	-			-
	-			-
	-			-
Total	-	-	-	-

Note 6 Details of certain items of expenditure

6.1 Trustee expenses

Please provide details of the amount of any payment or reimbursement of out-of-pocket expenses made to trustees or to third parties for expenses incurred by trustees. If no expenses were paid, please enter 'None' in the appropriate box(es).

Number of trustees who were paid expenses

Nature of the expenses

Total amount paid

This year	Last year
nil	nil
£	£

6.2 Fees for examination or audit of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner or auditor. If nothing was paid please enter NONE in the appropriate box(es).

Independent examiner's or auditors' fees for reporting on the accounts

Other fees (for example: advice, consultancy, accountancy services) paid to the independent examiner or auditor

This year £	Last year £
260	250
nil	nil

Section C Notes to the accounts (cont)

Note 7 Paid employees

Please complete this note if the charity has any employees.

7.1 Staff Costs

	This year £
Gross wages, salaries and benefits in kind	41,512
Employer's National Insurance costs	1,854
Pension costs	1,159
Total staff costs	44,525

7.2 Average number of full-time equivalent employees in the year

	This year Number
The parts of the charity in which the employees work	
Fundraising	-
Charitable Activities	3
Governance	-
Other	-
Total	3

7.3 Defined contribution pension scheme

Please complete if a defined contribution pension scheme is operated.

Brief details of the scheme

Two employees has been enrolled for a workpl NEST since September 2015.

	This year £
The costs of the scheme to the charity for the year	1159
The amount of any contributions outstanding at the year end	
The amount of any contributions prepaid at the year end	



Last year
£
32,335
2,578
1,037
35,950

Last year Number
-
2
-
-
2

Last year	
£	
	468

Section C Notes to the accounts (cont)

Note 8 Grantmaking

Please complete this note if the charity made any grants or donations which in aggregate form part of the charitable activities undertaken.

8.1 Total value of grants

Purpose for which grants made	Grants to institutions Total amount £
	-
	-
	-
	-
	-
	-
Total	-

8.1 Grantmaking costs

If the charity's accounts are prepared on the "activity basis" please give details of any support costs associated with grantmaking. Please enter "Nil" if the charity does not identify any support costs.

Support costs of grantmaking

8.3 Grants made to institutions

If the charity has made grants to particular institutions that are material in the context of the accounts please give details of the institution supported, purpose of the grant and total paid to each institution. Sufficient information should be given to provide a reasonable understanding of the range of institutions supported.

Names of institutions	Purpose

Total grants to institutions



e form a material

Grants to individuals Total amount £
-
-
-
-
-
-
-

***upport cost
ocate support***

£

***its grantmaking
ch institution listed.
ge of institutions***

Total amount of grants paid £
-
-
-
-
-
-
-
-
-
-

Section C Notes to the accounts (cont)

Note 9 Tangible fixed assets

Please complete this note if the charity has any tangible fixed assets

9.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Payments on account and assets under construction	Total
	£	£	£	£	£	£
Balance brought forward	-	-	-	-	-	-
Additions	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Transfers *	-	-	-	-	-	-
Balance carried forward	-	-	-	-	-	-

9.2 Accumulated depreciation and impairment provisions

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB
** Rate					

Balance brought forward	-	-	-	-	-	-
Depreciation charge for year	-	-	-	-	-	-
Impairment provisions	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Transfers*	-	-	-	-	-	-
Balance carried forward	-	-	-	-	-	-

9.3 Net book value

Brought forward	-	-	-	-	-	-
Carried forward	-	-	-	-	-	-

9.4 Revaluation

If any fixed assets have been revalued please give details of the valuer and method of valuation

--

** The "transfers" row is for movements between fixed asset categories.*

*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.*

Section C Notes to the accounts (cont)

Note 10 Investment assets

Please complete this note if the charity has any investment assets.

10.1 Fixed assets investments

	£
Carrying (market) value at beginning of year	-
Add: additions to investments at cost	-
Less: disposals at carrying value	-
Add/(deduct): net gain/(loss) on revaluation	-
Carrying (market) value at end of year	-

Please provide below:

10.2 A breakdown of the market values of investments shown above agreeing with the balance row B03.

10.3 A breakdown of the income from investments agreeing with SOFA row S03.

Analysis of investments

	10.2 Market value at year end £
Investment properties	-
Investments listed on a recognised stock exchange or held in common investment funds, open ended investment companies, unit trusts or other collective investment schemes	-
Investments in subsidiary or connected undertakings and companies	-
Securities not listed on a recognised Stock Exchange	-
Cash held as part of the investment portfolio	-
Other investments	-
Total	-

10.4 Material investment holdings

If any single investment is material in terms of its value (for example represents more than 5 p value of the charity's total investments) please provide details.

Investment held

Market Value



Balance sheet

10.3
Income from
investments for
the year
£
-
-
-
-
-
-
-

Percentage of the

Section C Notes to the accounts (cont)

Note 11 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

Analysis of debtors

	Amounts falling due within one year		Amounts fall more than one year
	This year £	Last year £	This year £
Trade debtors	-	-	###
Amounts due from subsidiary and associated undertakings	-	-	###
Other debtors	-	-	3,140.0
Prepayments and accrued income	-	-	###
Total	-	-	3,140.0

Note 12 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

12.1 Analysis of creditors

	Amounts falling due within one year		Amounts fall more than one year
	This year £	Last year £	This year £
Loans and overdrafts	-	-	###
Trade creditors	-	-	###
Amounts due to subsidiary and associated undertakings	-	-	###
Other creditors	-	-	###
Accruals and deferred income	-	-	###
Total	-	-	-

12.2 Security over assets

If any loan, overdraft or other creditor holds a charge or other security over any assets of the charity, provide details.

--



ing due after one year
Last year £
-
-
3,140.0
-
3,140.0

ing due after one year
Last year £
-
-
-
-
-
-

arity please

Section C Notes to the accounts (cont)

Note 13 Endowment and restricted income funds

Please complete this section if the charity has any endowment or restricted income funds.

13.1 Funds held

Please give a brief description of any of the following type of funds held by the charity:

- permanent endowment funds (PE);
- expendable endowment funds (EE); and
- restricted income funds, including special trusts, of the charity (R).

Fund Name	Type PE, EE or R	Purpose and Restrictions
FISH clubs	R	provision of 'Food In School Holidays' clubs

13.2 Movements of major funds

Please give details of the movements of the major funds summarised in the restricted and endowment columns of the Statement of Financial Activities.

Fund names	Fund balances brought forward £	Incoming resources £	Outgoing resources £	Transfers £	Gains and losses £
FISH clubs	18,285	7,272	4,610	-	-
Car mileage and IT	-	-	-	-	-
Fuel Poverty fund	531	7,071	7,602	-	-
Grant for Office Expenses		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Total Funds	18,816	14,343	12,212	-	-

13.3 Transfers between funds

Please give details of any transfers between funds.

From Fund (Name)	To Fund (Name)	Reason



Payment

Fund balances carried forward £
20,947
-
-
-
-
-
-
20,947

Amount

Section C Notes to the accounts (cont)

Note 14 Transactions with related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in note 14.1) details of such transactions should be provided in this note. If there are no transactions to report, enter "None" in the relevant boxes.

14.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to or for the benefit of trustees or other related parties by the charity or any institution or company connected with it.

Name of trustee or connected party	Legal authority (eg order, governing document)	Amounts paid or payable
		This year £
		nil

14.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties at the year end.

	Name of trustee or connected party	Legal authority	Amount
			This year £
Due to trustees and related parties			nil
Due from trustees and related parties			

14.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or other related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £
			nil



*ained in note 6)
eport, please*

o a trustee or

or benefit value
Last year £
nil

arties by the

t owing
Last year £
nil

rustee or related

Last year £
nil

Section C Notes to the accounts (cont)

Note 15 Additional Disclosures

The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name
Norwich Foodbank

On accounts for the year ended

31st October 2021

Charity no (if any)

1143528

Set out on pages

1 and 2

(remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which

accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

1. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: John Easton

Date: 24/07/2022

Name: Mr John Easton

**Relevant
professional
qualification(s) or
body (if any):**

ICPA DMS

Address: 5 Park Avenue

Barford. Norfolk

NR9 4BA

Section B

Disclosure

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.