

SIGNAL FAMILY SUPPORT LIMITED

England & Wales · Charity number 1143147

Details

Other names	SIGNAL
Status	Registered
Legal form	Charitable company
Company number	07532242
Registered	2011-07-28
Register	View on the Charity Commission register

Contact

Address	Room 40 Albany Centre & Theatre Douglas Way London SE8 4AG
Phone	07946632477
Email	admin@signalfamilysupport.org
Website	www.signalfamilysupport.org

Activities

Objects: TO PROMOTE AND ALLEVIATE THE NEEDS OF CHILDREN AND YOUNG PEOPLE WITH AUTISTIC SPECTRUM DISORDERS IN THE LONDON BOROUGH OF LEWISHAM AND THEIR FAMILIES AND CARERS BY THE PROVISION OF OPPORTUNITIES FOR MUTUAL SUPPORT, ADVICE, INFORMATION AND GUIDANCE AND THROUGH THE PROVISION, OR THE COMMISSIONING OF, FACILITIES, SERVICES AND ACTIVITIES.

Activities: To advance the education and to relieve the needs of children and young people on the autism spectrum and their families and carers resident in the London Borough of Lewisham. Campaigning on issues relating to the needs of our members such as education and social services and maintaining representation on several local forums and working parties.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Disability, Amateur Sport
- **Who:** Children/young People, People With Disabilities, Other Defined Groups

Geography

- Lewisham

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£81,935	£107,345	-	-
2024-03-31	£38,984	£75,840	-	-
2023-03-31	£59,872	£73,045	-	-
2022-03-31	£69,677	£60,125	-	-
2021-03-31	£67,376	£44,922	-	-

Trustees

Name	Role	Appointed
Gabrielle Nwaordu		2020-10-26
Jane Higgins		2026-03-05
Keren Marie Miles-Perrott		2026-03-05
Kirsten Conacher		2026-03-14
Yolanda Welch		2022-07-14

SIGNAL FAMILY SUPPORT LIMITED

England & Wales - Charity number 1143147

Accounts

Registered charity no: 1143147

Registered company no: 07532242 (England and Wales)

SIGNAL FAMILY SUPPORT

(Limited by Guarantee)

Trustees' Report
and
Accounts
for the financial year
1st April 2024
to
31st March 2025

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

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SIGNAL FAMILY SUPPORT (Limited by Guarantee)

SIGNAL FAMILY SUPPORT LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for the UK and Republic of Ireland (FRS 102).

OBJECTIVES AND ACTIVITIES

Aims and Objectives

The principal aims of the association continue to be:

1. The provision of opportunities for families and interested individuals to give mutual support, informal advice, information and guidance in order to advance the wellbeing of families with children and young people (up to the age of 25 on joining) who are on the autism spectrum and live in the London Borough of Lewisham.
2. The provision or the commissioning of facilities, services and activities for the benefit of the family members.

ACHIEVEMENTS AND PERFORMANCE

During the year to 31st March 2025, SIGNAL Family Support Ltd carried on its usual primary purpose of providing mutual support for its members via various activities.

In August, our manager who had been in the role for over 15 years, stepped down from the role. Because we recognised how important the transition was to families, we decided to do a longer handover, which started in April. Our new manager has also incorporated the fundraising into her role too.

We are continuing our members' meetings in-person but with the hybrid and option to host online events as well to reach more members.

Coffee mornings for parents continued to be popular in 2024/25 and various members have hosted in their own homes, and we have also made use of neutral spaces such as the children's centre, community spaces and local cafes.

Our weekly trampolining and swimming classes continued this year and are still hugely popular with considerable waiting lists, especially for swimming. We hired an extra

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

instructor towards the end of this year to accommodate more young people taking part in the swimming lessons and now have 4 instructors.

Our annual Family Summer Party was held in July at our usual venue in Ladywell with the regular attractions such as a bouncy castle, raffle, arts & crafts and food. This year we continued to have a Game Wagon which was very popular once again.

Our Teen Group (social group for autistic teenagers) continues to run every week, mostly in person, with zoom sessions every now and then. It includes organised activities, such as board games and pizza-making, as well as informal chat, games and so on. In July we hired a new Teen group facilitator and assistant and they have since settled into the roles and have been trying new activities with the group. For example, they have set up themed quizzes, puzzles and other board games, even have a chess competition one evening.

We were able to run an exclusive Teenager trip in the February half term to Teamsport Go-karting, because of specific funding. This is to introduce some of the teens who do not attend the group to the staff, giving them a bit more familiarity with the staff. This trip was very well received with 40 young people in attendance.

From September 2020 we have been offering a weekly yoga class via Zoom on Tuesday evenings and these have continued throughout 2024/25.

In 2024 we finished our mental health project with The Deborah Ubee Trust. Offering members' children, 10 sessions per young person and parents/carers also being offered 10 sessions. It has proved enormously popular and provides an invaluable service which we would like to be able to continue with funding in the future.

This year we undertook another full programme of day trips, outings and events, including Margate, Forest School, AirThrill, panto and 10-pin bowling. All events were well attended.

Our private Facebook group continues to be a welcoming, supportive and active space for our members. It provides a lifeline for many.

SIGNAL has maintained a strong local presence and continues to work closely with the Local Authority and other agencies to support families with an autistic young person in Lewisham which, as a borough, has the highest autism diagnosis rate of young people in England. Amongst other things, we have supported our parents to campaign in various areas including the changes to drumbeat outreach as well as previously with school transport and the Government's Delivering Better Value scheme. We have also been involved in setting up a social group for autistic girls and taking part in the event to launch the borough's All Age Autism Strategy.

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Volunteers

We would like to thank our volunteers who have generously donated their time and talents to the charity, especially our trustees.

At the time of writing, we have 4 trustees and they are working well together to help SIGNAL move forward.

FINANCIAL REVIEW

SIGNAL Family Support was in a healthy financial position as at 31st March 2025 in terms of covering existing costs, and continues to be. Our income relies on a number of funding organisations whom we mention below. Our fundraiser works hard to maintain these relationships and to seek new funding sources for both our ongoing and our new projects.

Other income is generated by the membership who pay a joining fee plus nominal amounts for our events and activities.

Total income in the year was £81,935 (2024: £38,984) comprised of £59,541 restricted for specific purposes (2024: £16,032) and £22,394 with no restrictions (2024: £22,952).

Expenditure in total amounted to £107,354 (2024: £75,840) of which £64,620 (2024: £41,975) related to restricted income funds and £42,734 (2024: £33,865) was from income with no restrictions.

Restricted funds carried forward at 31st March 2025: £12,895 (2024: £17,974).

General funds carried forward at 31st March 2025: £12,179 (2024: £32,519).

Principal funding sources

A big thank you to The National Lottery Community Fund, City Bridge Trust, The Lee Charity of William Hatcliffe fund for a grant towards our swimming and trampolining costs, The Landsec Futures fund for their grant towards our Teen group. We appreciate and are grateful for their continued support of our activities, plus all members and supporters who donate throughout the year, including the Tradewinds choir.

Reserves policy

The charity aims to maintain unrestricted reserves equivalent to 3 to 6 months' operating costs. For a normal year this is considered to be approximately £21,000 to £42,000. At the year end the charity's unrestricted reserve stands slightly lower than the policy states at £12,179 however as many of the activity and running costs are covered by restricted income funding which is secure for at least the next financial year, the

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

trustees are satisfied that this lower unrestricted reserve is sufficient. The trustees are confident that the unrestricted reserve will be built back up to the policy's target before the restricted income funding comes to an end.

FUTURE PLANS

We have a full year coming up with some additional funding expected for our swimming and trampoline sessions, meaning we are able to offer more young people spaces. We will also be looking at what other groups, activities and support sessions for our families.

We will continue to work through a process of revising some of our procedures around how activities are managed to ensure that we are as fair and efficient as possible.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and is a company limited by guarantee, as defined by the Companies Act 2006.

The majority of trustees are family members of the charity. Trustees are recruited from the members of SIGNAL and from professionals working within the scope of autism services. Nominations are invited via email, with potential trustees then answering questions and being invited to interview.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity no: 1143147

Registered company number: 07532242 (England and Wales)

Registered office: Room 40, The Albany, Douglas Way, SE8 4AG

Trustees

G Nwaordu	Chair
Y Welch	Treasurer
T Jakubowiczova	Resigned 19 Feb 2025
P Black	Appointed 19 Feb 2025
D Akinola	Appointed 19 Feb 2025

Independent examiner

Kathleen Moss ACMA, CGMA

Kathleen Moss Limited
48 Lawn Terrace, London, SE3 9LP

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees (who are also directors of SIGNAL Family Support Ltd for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgments and accounting estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31 March 2025 was 4 (2024: 3). The Trustees are members of the charity. The Trustees have no beneficial interest in the charity and are not remunerated.

Approved by the Board of Trustees on 12th December 2025 and signed on its behalf by

Gabrielle Nwaordu

Gabrielle Nwaordu

**SIGNAL FAMILY SUPPORT
(Limited by Guarantee)**

Independent Examiner's Report

To the Trustees of SIGNAL Family Support Limited

I report on my examination of the financial statements of the charitable company SIGNAL Family Support Ltd for the year ended 31st March 2025, which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Kathleen Moss ACMA, CGMA

Kathleen Moss Limited

48 Lawn Terrace

London

SE3 9LP

KRMoss

Dated: 13th December 2025

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Statement of Financial Activities
(including Income and Expenditure Account)
For the year ended 31st March 2025

		Unrestricted funds	Restricted funds	Total funds 2025	Unrestricted funds	Restricted funds	Total funds 2024
	Notes	£	£	£	£	£	£
Income							
Donations and legacies	3	7,928	-	7,928	10,588	-	10,588
Charitable activities	4	14,466	59,541	74,007	12,364	16,032	28,396
Total income		22,394	59,541	81,935	22,952	16,032	38,984
Expenditure:	5						
Raising funds		5,319	-	5,319	3,211	-	3,211
Charitable activities		37,415	64,620	102,035	30,654	41,975	72,629
Total expenditure		42,734	64,620	107,354	33,865	41,975	75,840
Net income/(expenditure)		(20,340)	(5,079)	(25,419)	(10,913)	(25,943)	(36,856)
Transfer between funds		-	-	-	112	(112)	-
Disposal of fixed assets							
Net income/(expenditure) and net movement in funds for the year		(20,340)	(5,079)	(25,419)	(10,801)	(26,055)	(36,856)
Reconciliation of funds							
Total funds brought forward		32,519	17,974	50,493	43,320	44,029	87,349
Total funds carried forward		12,179	12,895	25,074	32,519	17,974	50,493

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derives from continuing activities.

The statement of financial activities complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 9 to 17 form part of these accounts.

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(Limited by Guarantee)

Balance Sheet

As at 31st March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible Assets	8	-	-
Current assets			
Debtors	9	311	397
Cash at bank and in hand		32,815	56,715
		33,126	57,112
Liabilities:			
Creditors: Amount falling due within one year	10	(8,052)	(6,619)
Net current assets / (liabilities)		25,074	50,493
Net assets		25,074	50,493
The funds of the charity:	11		
Restricted income funds	12	12,895	17,974
Unrestricted income funds	12		
General reserve		12,179	32,519
Total charity funds		25,074	50,493

The charity is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31st March 2025. No member of the charitable company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The trustees acknowledge their responsibilities for ensuring that the charitable company keeps accounting records which comply with sections 386 and 387 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The notes on pages 9 to 17 form part of these accounts.

The accounts were approved by the Board on 12th December 2025

Yolanda Welch

Trustee

Charity Registration No. 1143147

Company Registration No. 07532242

Yolanda Welch

Name

SIGNAL FAMILY SUPPORT

(Limited by Guarantee)

Notes to the financial statements for the year ended 31st March 2025

1 Statutory information

SIGNAL Family Support Ltd is a charitable company, limited by guarantee, registered in England and Wales number 07532242, charity number 1143147. The charitable company's registered office address is Room 40, The Albany, Douglas Way Room 40, The Albany, Douglas Way, London, SE8 4AG. The registered office is the principle place of business. The functional currency is sterling.

2 Accounting policies

2.1 Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

2.2 Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

2.3 Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The charitable company can comfortably operate based on confirmed funding along with sufficient reserves.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

2.4 Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Where donations and grants are restricted to future accounting periods, they are deferred and recognised in those future accounting periods. Grants for immediate financial support and assistance, or to reimburse costs previously incurred, are recognised immediately.

Income from charitable activities comprises swimming, trampolining, yoga and trips which are included when receivable.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

2.6 Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2025: *continued*

2.7 Expenditure and basis of apportioning costs

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis with the irrecoverable element of VAT included with the item to which it relates and has been classified under headings that aggregate all costs related to the category. Expenditure is classified under the following activity headings:

Raising funds: Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.

Charitable activities: Expenditure on charitable activities includes the costs of delivering services and other activities undertaken to further the purposes of the charity and their associated support costs.

2.8 Tangible fixed assets and depreciation

The charitable company operates a policy of capitalising fixed asset items over £500. Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life. The principal annual rates used for this purpose are:

Computer Equipment	25% on cost
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2.7 Leasing and hire purchase commitments

Rental charges are charged on a straight line basis over the term of the lease.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments.

The trustees seek to use short term deposits to maximise the return on monies held at the bank and to manage cash flow.

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.10 Creditors and provisions

Creditors and provisions are recognised where the charitable company has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2.11 Fundraising

Funds are raised through individual donations, grants from Trusts, Foundations and Government grants and contracts. Some fundraising events have also been carried out. SIGNAL Family Support Ltd employs a 3rd party fundraiser to assist with raising grant funding.

2.12 Pensions

The charitable company operates an Auto Enrolment defined contribution pension scheme. Contributions are charged to the Statement of Financial Activities as they are incurred.

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2025: continued

3 Donations and legacies	Unrestricted	Restricted	Total 2025 £
Donations & fundraising events	3,272	-	3,272
Membership subscriptions	4,656	-	4,656
	7,928	-	7,928

Donations and legacies - prior year comparative

	Unrestricted	Restricted	Total 2024 £
Donations & fundraising events	4,633	-	4,633
Membership subscriptions	5,955	-	5,955
	10,588	-	10,588

4 Income from charitable activities	Unrestricted	Restricted	Total 2025 £
The National Lottery Fund	-	44,541	44,541
The Lee Charity of William Hatcliffe		5,000	5,000
Landsec Futures Community	3,000	-	3,000
Trips	4,173	-	4,173
Swimming	4,635	-	4,635
Trampolining	1,968	-	1,968
Mental Health project	690	10,000	10,690
	14,466	59,541	74,007

Income from charitable activities - prior year comparative

	Unrestricted	Restricted	Total 2024 £
The National Lottery Fund	-	16,032	16,032
City Bridge Trust	-	-	-
Trips	4,449	-	4,449
Swimming	5,369	-	5,369
Trampolining	2,146	-	2,146
Mental Health course	400	-	400
	12,364	16,032	28,396

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Notes to the financial statements for the year ended 31 March 2025: continued

5 Analysis of expenditure

	Cost of raising funds	Charitable activities	Governance costs	2025 Total
	£	£	£	£
Fundraising	4,356	-	-	4,356
Staff costs	713	33,641	-	34,354
Swimming	-	20,851	-	20,851
Trips	-	14,538	-	14,538
Trampolining	-	7,798	-	7,798
Office & administration	180	3,167	34	3,381
Teens group	-	7,980	-	7,980
Parents' meetings/family activities	-	693	-	693
Yoga	-	1,520	-	1,520
Mental health project	-	10,000	-	10,000
Insurance	-	499	-	499
Independent Examination 2025	-	-	900	900
Payroll service	-	-	484	484
			-	
Total	5,249	100,687	1,418	107,354
Governance costs	70	1,348	(1,418)	-
Total expenditure 2024	5,319	102,035	-	107,354

		Unrestricted	Restricted	Total
Of the total expenditure:	2025	42,734	64,620	107,354
	2024	33,753	42,087	75,840

Analysis of expenditure - prior year comparative

	Cost of raising funds	Charitable activities	Governance costs	2024 Total
	£	£	£	£
<i>Fundraising</i>	<i>3,131</i>	<i>-</i>	<i>-</i>	<i>3,131</i>
<i>Staff costs</i>	<i>-</i>	<i>23,813</i>	<i>-</i>	<i>23,813</i>
<i>Swimming</i>	<i>-</i>	<i>14,025</i>	<i>-</i>	<i>14,025</i>
<i>Trips</i>	<i>-</i>	<i>8,800</i>	<i>-</i>	<i>8,800</i>
<i>Trampolining</i>	<i>-</i>	<i>7,437</i>	<i>-</i>	<i>7,437</i>
<i>Office & administration</i>	<i>-</i>	<i>499</i>	<i>453</i>	<i>952</i>
<i>Teens group</i>	<i>-</i>	<i>6,779</i>	<i>-</i>	<i>6,779</i>
<i>Parents' meetings/family activities</i>	<i>-</i>	<i>1,566</i>	<i>-</i>	<i>1,566</i>
<i>Yoga</i>	<i>-</i>	<i>1,520</i>	<i>-</i>	<i>1,520</i>
<i>Mental health project</i>	<i>-</i>	<i>5,000</i>	<i>-</i>	<i>5,000</i>
<i>Newsletter</i>	<i>-</i>	<i>1,191</i>	<i>-</i>	<i>1,191</i>
<i>Insurance</i>	<i>-</i>	<i>198</i>	<i>-</i>	<i>198</i>
<i>Independent Examination 2024</i>	<i>-</i>	<i>-</i>	<i>900</i>	<i>900</i>
<i>Independent Examination 2023</i>	<i>-</i>	<i>-</i>	<i>120</i>	<i>120</i>
<i>Payroll service</i>	<i>-</i>	<i>-</i>	<i>408</i>	<i>408</i>
Total	3,131	70,828	1,881	75,840
Governance costs	80	1,801	(1,881)	-
Total expenditure 2024	3,211	72,629	-	75,840

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Notes to the financial statements for the year ended 31 March 2025: continued

6 Net income for the year

The net income for the year is stated after charging:	2025	2024
	£	£
Depreciation of tangible fixed assets owned by the charitable company	-	-
Independent Examination	900	900

7 Staff costs

Staff costs during the year were:	2025	2024
	£	£
Salaries and wages	33,479	22,880
Social Security costs	-	-
Employer's contribution to defined contribution pension schemes	875	686
	34,354	23,566

Number of employees

The average monthly number of employees during the year were:

	2025	2024
Administration	1.00	1
Teen Group	0.25	0

There were no employees whose annual remuneration was £60,000 or more.

The key management personnel of the charitable company were the Trustees.
Total employee benefits paid to key management personnel were nil (2024: nil).

8 Tangible fixed assets

	Equipment
	£
Cost:	
At 31 March 2025	2,376
Depreciation:	
At 1 April 2024	2,376
Charge for year	-
On disposals	-
At 31 March 2025	2,376
Net book value:	
At 31 March 2025	-
<i>At 31 March 2024</i>	<i>-</i>

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Notes to the financial statements for the year ended 31 March 2025: continued

9 Debtors

	2025	2024
	£	£
Prepayment	311	277
Accrued income	-	120
	311	397

10 Creditors

Amounts falling due within one year:

	2025	2024
	£	£
Social Security and other taxes	839	258
Pension	428	133
Accruals & other creditors	6,785	6,228
	8,052	6,619

11 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fund Balances at 31 March 2025 are represented by:			
Tangible Fixed Assets	-	-	-
Current Assets	16,851	16,275	33,126
Creditors: Amounts falling due within one year	(4,672)	(3,380)	(8,052)
Total net assets	12,179	12,895	25,074

Analysis of net assets between funds - prior year comparative

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fund Balances at 31 March 2024 are represented by:			
Tangible Fixed Assets	-	-	-
Current Assets	35,758	21,354	57,112
Creditors: Amounts falling due within one year	(3,239)	(3,380)	(6,619)
Total net assets	32,519	17,974	50,493

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2025: continued

12 Funds

The income funds of the charity include restricted and unrestricted funds comprising the following unexpended balances of donations and grants held on trust:

	At 01-Apr-24 £	Incoming £	Outgoing £	At 31-Mar-25 £
Restricted Funds				
Teen Group	4,773	6,960	(10,560)	1,173
Swimming	3,298	9,676	(12,948)	26
Yoga	-	920	(760)	160
Trips	8,331	7,500	(8,428)	7,403
Trampolining	-	5,500	(3,479)	2,021
Mental Health Project	-	10,000	(10,000)	-
Financial/Information/ Governance/Evening meetings	1,572	-	(1,572)	-
Management/evening meetings	-	18,985	(16,873)	2,112
Total Restricted Funds	17,974	59,541	(64,620)	12,895
Unrestricted funds:				
General funds	32,519	22,394	(42,734)	12,179
Total funds	50,493	81,935	(107,354)	25,074

Restricted Funds - description

The activities that SIGNAL Family Support members can access are supported by restricted funding where possible. Funding is sought from various Trusts and Funds. Most recently the National Lottery Fund, City Bridge Trust, The Lee Charity of William Hatcliffe have granted funds to support activities. Landsec Futures Community have also granted unrestricted funds that are being used to support Trips.

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2025: continued

12 Funds - prior year comparative

The income funds of the charity include restricted and unrestricted funds comprising the following unexpended balances of donations and grants held on trust:

	At 01-Apr-23 £	Incoming £	Outgoing £	Transfer between funds	At 31-Mar-24 £
Restricted Funds					
Teen Group	4,680	6,960	(6,867)	-	4,773
Swimming	-	9,072	(5,774)	-	3,298
Trips	17,243	-	(8,800)	(112)	8,331
Trampolining	5,303	-	(5,303)	-	-
Mental Health Project	5,000	-	(5,000)	-	-
Financial/Information/ Governance/Evening meetings	3,834	-	(2,262)	-	1,572
Administrator	7,969	-	(7,969)	-	-
Total Restricted Funds	44029	16032	(41,975)	(112)	17974
Unrestricted funds:					
General funds	£43,320	£22,952	(33,865)	112	32519
Total funds	87,349	38,984	(75,840)	-	50,493

13 Taxation

The charitable company is registered as a charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

14 Related parties

There are no related party transactions to disclose for 2025 (2024: none). Trustees that are appointed from the membership of SIGNAL Family Support will continue to act as members paying membership and activity fees and taking part in activities & trips on the same basis as other members.

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

15 Trustees

None of the trustees (or any person connected with them) received any remunerations from the charity during the year. No reimbursements were made to trustees in 2025 (2024: none) for travelling and other expenses and no payments were made direct to third parties in relation to trustees.

16 Pension and other post-retirement benefit commitments

Defined contribution	2025	2024
	£	£
Contributions payable by the company for the year	841	686

At 31 March 2025 £428 was outstanding, paid in April 2025.

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2025: continued

17 Contingent assets or liabilities

There are no contingent assets or liabilities at March 2025 (2024:Nil).

18 Professional indemnity insurance

The charitable company has insurance to protect it from loss arising from the neglect or defaults of its Trustees, employees and agents and to indemnify the Trustees or other officers against the consequences of any negligent default on their part. The insurance premium paid by the charitable company during the year totaled £534 (2024:£475).

19 Liability of members

SIGNAL Family Support Ltd is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability of the members is limited to £1 each.

20 Ultimate controlling party

The charitable company was under the control of the trustees during the period under review. There is no single ultimate controlling party.

SIGNAL FAMILY SUPPORT LIMITED

England & Wales - Charity number 1143147

Accounts

Registered charity no: 1143147

Registered company no: 07532242 (England and Wales)

SIGNAL FAMILY SUPPORT

(Limited by Guarantee)

Trustees' Report
and
Accounts
for the financial year
1st April 2023
to
31st March 2024

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

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SIGNAL FAMILY SUPPORT LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for the UK and Republic of Ireland (FRS 102).

OBJECTIVES AND ACTIVITIES

Aims and Objectives

The principal aims of the association continue to be:

1. The provision of opportunities for families and interested individuals to give mutual support, informal advice, information and guidance in order to advance the wellbeing of families with children and young people (up to the age of 25 on joining) who are on the autism spectrum and live in the London Borough of Lewisham.
2. The provision or the commissioning of facilities, services and activities for the benefit of the family members.

Significant activities

During the year to 31st March 2024, SIGNAL Family Support Ltd carried on its usual primary purpose of providing mutual support for its members via various activities but in new and different ways following on from our adjustments because of the continuing covid-19 pandemic.

We have switched our members' meetings back to in-person but with the hybrid and option to host online events as well to reach more members.

Coffee mornings for parents continued to be popular in 2023/24 and various members have hosted in their own homes, and we have also made use of neutral spaces such as the children's centre and local cafes.

Our weekly trampolining and swimming classes continued this year and are still hugely popular with considerable waiting lists, especially for swimming. We hired an extra instructor this year to accommodate more young people taking part in the swimming lessons.

Our annual Family Summer Party was held in July at our usual venue in Ladywell with the regular attractions such as a bouncy castle, raffle, arts & crafts and food. This year we continued to have a Game Wagon which was very popular once again.

Our Teen Group (social group for autistic teenagers) continues to run every week, whether in person and/or via Zoom. It includes organised activities, such as board games and pizza-making, as well as informal chat, games and so on.

From September 2020 we have been offering a weekly yoga class via Zoom on Tuesday evenings and these have continued throughout 2023/24.

Having secured funding at the end of 2022 for 2 years, we started our project with The Deborah Ubee Trust to provide mental health support for some of our members' children, offering 10 sessions per young person. It has proved enormously popular and provides an invaluable service.

This year we undertook a full programme of day trips, outings and events, including Broadstairs, Tower Bridge Experience, AirThrill, panto, oxygen trampoline park and 10-pin bowling. All events were well attended.

Our private Facebook group continues to be a welcoming, supportive and active space for our members. It provides a lifeline for many.

SIGNAL has maintained a strong local presence and continues to work closely with the Local Authority and other agencies to support families affected by autism in Lewisham. Amongst other things, we have supported our parents to campaign in various areas including school transport and the Government's Delivering Better Value scheme. We have also been involved in setting up a social group for autistic girls and taking part in the event to launch the borough's All Age Autism Strategy.

Volunteers

We would like to thank our volunteers who have generously donated their time and talents to the charity, especially our trustees.

In early 2023 a number of our trustees stepped down due to personal circumstances. At the time of writing, we have 3 trustees and they are working well together to help SIGNAL move forward.

FINANCIAL REVIEW

SIGNAL Family Support was in a healthy financial position as at 31st March 2024 in terms of covering existing costs, and continues to be. Our income relies on a number of funding organisations whom we mention below. Our fundraiser works hard to maintain these relationships and to seek new funding sources for both our ongoing and our new projects.

Other income is generated by the membership who pay a joining fee plus nominal amounts for our events and activities.

Total income for the year is £38,984 (2023: £59,872), of which £16,032 (2023: £37,223) is restricted income for specific purposes and £22,952 (2023: £22,649) is

for general purposes. Total expenditure in the year is £75,840 (2023: £73,045) of which £41,975 (2023: £61,887) is related to restricted income.

The reserves of SIGNAL Family Support at 31st March 2024 are £50,493 (2023: £87,349) in total, with £17,974 (2023: £44,029) relating to restricted income funds and £32,519 (2023:£43,320) being our general reserve.

Principal funding sources

A big thank you to BBC Children in Need, National Lottery Community Fund, City Bridge Trust and Children First Lewisham for their continued support of our activities, plus all members and supporters who donate throughout the year, including the congregation of St Hilda's parish church in Crofton Park.

Reserves policy

The charity aims to maintain unrestricted reserves equivalent to 3 to 6 months' operating costs. For a normal year this is considered to be approximately £21,000 to £42,000. This has been maintained throughout the reporting period and the period up to the signing of the accounts. It is not anticipated that this policy will need to be changed in the foreseeable future. At the year end the charity's unrestricted reserve stands within the policy at £32,519. The trustees are satisfied that the reserve and confirmed funding in the following year are sufficient to meet the charity's committed and expected costs.

FUTURE PLANS

Although covid-19 is still present in the community, we are now running a full programme of events and activities. The coming year will see a new manager for SIGNAL, the 2nd year of our mental health project and increasing our funding streams to diversify our funding and sustainability. We will continue to work through a process of revising some of our procedures around how activities are managed to ensure that we are as fair and efficient as possible.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and is a company limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity no: 1143147

Registered company number: 07532242 (England and Wales)

Registered office: Hatcham Oak Children's Centre, 29 Wallbutton Road, London SE4 2NX

Trustees

G Nwaordu Chair

Y Welch Treasurer

T Jakubowiczova

Independent examiner

Kathleen Moss ACMA, CGMA

Kathleen Moss Limited

48 Lawn Terrace
London
SE3 9LP

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees (who are also directors of SIGNAL Family Support Ltd for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgments and accounting estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31 March 2024 was 3 (2023: 9). The Trustees are members of the charity. The Trustees have no beneficial interest in the charity and are not remunerated.

Approved by the Board of Trustees on 16th December 2024 and signed on its behalf by *Gabrielle Nwaordu*

Gabrielle Nwaordu

**SIGNAL FAMILY SUPPORT
(Limited by Guarantee)**

Independent Examiner's Report

To the Trustees of SIGNAL Family Support Limited

I report on my examination of the financial statements of the charitable company SIGNAL Family Support Ltd for the year ended 31st March 2024, which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

K R Moss

Dated: 17th December 2024

**Kathleen Moss ACMA, CGMA
Kathleen Moss Limited**

48 Lawn Terrace
London
SE3 9LP

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31st March 2024

		Unrestricted funds	Restricted funds	Total funds 2024	Unrestricted funds	Restricted funds	Total funds 2023
	Notes	£	£	£	£	£	£
Income							
Donations and legacies	3	10,588	-	10,588	10,999	-	10,999
Charitable activities	4	12,364	16,032	28,396	11,650	37,223	48,873
Total income		22,952	16,032	38,984	22,649	37,223	59,872
Expenditure:	5						
Raising funds		3,211	-	3,211	3,884	-	3,884
Charitable activities		30,654	41,975	72,629	7,274	61,887	69,161
Total expenditure		33,865	41,975	75,840	11,158	61,887	73,045
Net income/(expenditure)		(10,913)	(25,943)	(36,856)	11,491	(24,664)	(13,173)
Transfer between funds		112	(112)	-	-	-	-
Disposal of fixed assets							
Net income/(expenditure) and net movement in funds for the year		(10,801)	(26,055)	(36,856)	11,491	(24,664)	(13,173)
Reconciliation of funds							
Total funds brought forward		43,320	44,029	87,349	31,829	68,693	100,522
Total funds carried forward		£ 32,519	£ 17,974	£ 50,493	£ 43,320	£ 44,029	£ 87,349

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derives from continuing activities.

The statement of financial activities complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 8 to 16 form part of these accounts.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Balance Sheet

As at 31st March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible Assets	8	-	-
Current assets			
Debtors	9	397	2,500
Cash at bank and in hand		56,715	94,564
		57,112	97,064
Liabilities:			
Creditors: Amount falling due within one year	10	(6,619)	(9,715)
Net current assets / (liabilities)		50,493	87,349
Net assets		50,493	87,349
The funds of the charity:	11		
Restricted income funds	12	17,974	44,029
Unrestricted income funds	12		
General reserve		32,519	43,320
Total charity funds		50,493	87,349

The charity is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31st March 2024. No member of the charitable company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The trustees acknowledge their responsibilities for ensuring that the charitable company keeps accounting records which comply with sections 386 and 387 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The notes on pages 8 to 16 form part of these accounts.

The accounts were approved by the Board on 16th December 2024

Gabrielle Nwaordu

Trustee

Gabrielle Nwaordu

Name

Charity Registration No. 1143147

Company Registration No. 07532242

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31st March 2024

1 Statutory information

SIGNAL Family Support Ltd is a charitable company, limited by guarantee, registered in England and Wales number 07532242, charity number 1143147. The charitable company's registered office address is Hatcham Oak Children's Centre, Wallbutton Road, London, SE4 2NX. The registered office is the principle place of business. The functional currency is sterling.

2 Accounting policies

2.1 Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

2.2 Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

2.3 Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The charitable company can comfortably operate based on confirmed funding along with sufficient reserves.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

2.4 Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Where donations and grants are restricted to future accounting periods, they are deferred and recognised in those future accounting periods. Grants for immediate financial support and assistance, or to reimburse costs previously incurred, are recognised immediately.

Income from charitable activities comprises swimming, trampolining, dramatherapy and trips which are included when receivable.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

2.6 Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Notes to the financial statements for the year ended 31 March 2024: *continued*

2.7 Expenditure and basis of apportioning costs

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis with the irrecoverable element of VAT included with the item to which it relates and has been classified under headings that aggregate all costs related to the category. Expenditure is classified under the following activity headings:

Raising funds: Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.

Charitable activities: Expenditure on charitable activities includes the costs of delivering services and other activities undertaken to further the purposes of the charity and their associated support costs.

2.8 Tangible fixed assets and depreciation

The charitable company operates a policy of capitalising fixed asset items over £500. Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life. The principal annual rates used for this purpose are:

Computer Equipment	25% on cost
--------------------	-------------

2.7 Leasing and hire purchase commitments

Rental charges are charged on a straight line basis over the term of the lease.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments.

The trustees seek to use short term deposits to maximise the return on monies held at the bank and to manage cash flow. The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.10 Creditors and provisions

Creditors and provisions are recognised where the charitable company has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2.11 Fundraising

Funds are raised through individual donations, grants from Trusts, Foundations and Government grants and contracts. Some fundraising events have also been carried out. SIGNAL Family Support Ltd employs a 3rd party fundraiser to assist with raising grant funding.

2.12 Pensions

The charitable company operates an Auto Enrolment defined contribution pension scheme. Contributions are charged to the Statement of Financial Activities as they are incurred.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

3 Donations and legacies	Unrestricted	Restricted	Total 2024 £
Donations & fundraising events	4,633	-	4,633
Membership subscriptions	5,955	-	5,955
	10,588	-	10,588

Donations and legacies - prior year comparative

	<i>Unrestricted</i>	<i>Restricted</i>	<i>Total 2023 £</i>
<i>Donations & fundraising events</i>	4,612	-	4,612
<i>Membership subscriptions</i>	6,387	-	6,387
	10,999	-	10,999

4 Income from charitable activities	Unrestricted	Restricted	Total 2024 £
The National Lottery Fund	-	16,032	16,032
Trips	4,449	-	4,449
Swimming	5,369	-	5,369
Trampolining	2,146	-	2,146
Mental Health course	400	-	400
	12,364	16,032	28,396

Income from charitable activities - prior year comparative

	<i>Unrestricted</i>	<i>Restricted</i>	<i>Total 2023 £</i>
<i>The National Lottery Fund</i>	-	6,960	6,960
<i>BBC Children in Need</i>	500	20,263	20,763
<i>City Bridge Trust</i>	-	10,000	10,000
<i>Trips</i>	5,440	-	5,440
<i>Swimming</i>	3,528	-	3,528
<i>Trampolining</i>	2,128	-	2,128
	11,596	37,223	48,819

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

5 Analysis of expenditure

	Cost of raising funds	Charitable activities	Governance costs	2024 Total
	£	£	£	£
Fundraising	3,131	-	-	3,131
Staff costs	-	23,813	-	23,813
Swimming	-	14,025	-	14,025
Trips	-	8,800	-	8,800
Trampolining	-	7,437	-	7,437
Office & administration	-	499	453	952
Teens group	-	6,779	-	6,779
Parents' meetings/family activities	-	1,566	-	1,566
Yoga	-	1,520	-	1,520
Mental health project	-	5,000	-	5,000
Newsletter	-	1,191	-	1,191
Depreciation	-	-	-	-
Insurance	-	198	-	198
Legal	-	-	-	-
Training	-	-	-	-
Independent Examination 2024	-	-	900	900
Independent Examination 2023	-	-	120	120
Payroll service	-	-	408	408
Total	3,131	70,828	1,881	75,840
Governance costs	80	1,801	(1,881)	-
Total expenditure 2024	3,211	72,629	-	75,840

		Unrestricted	Restricted	Total
Of the total expenditure:	2024	33,753	42,087	75,840
	2023	11,158	61,887	73,045

Analysis of expenditure - prior year comparative

	Cost of raising funds	Charitable activities	Governance costs	2023 Total
	£	£	£	£
Fundraising	3,741	-	-	3,741
Staff costs	-	20,353	1,071	21,424
Swimming	-	12,343	-	12,343
Trips	-	10,808	-	10,808
Trampolining	-	7,586	-	7,586
Office & administration	-	311	112	423
Teens group	-	5,899	-	5,899
Parents' meetings/family activities	-	2,022	-	2,022
Yoga	-	1,720	-	1,720
Mental health project	-	5,000	-	5,000
Newsletter	-	565	-	565
Depreciation	-	-	-	-
Insurance	-	-	438	438
Legal	-	-	-	-
Training	-	-	-	-
Independent Examination 2023	-	-	700	700
Payroll service	-	-	376	376
Total	3,741	66,607	2,697	73,045
Governance costs	143	2,554	(2,697)	-
Total expenditure 2023	3,884	69,161	-	73,045

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

6 Net income for the year

The net income for the year is stated after charging:	2024	2023
	£	£
Depreciation of tangible fixed assets owned by the charitable company	-	-
Independent Examination	900	700

7 Staff costs

Staff costs during the year were:	2024	2023
	£	£
Salaries and wages	22,880	20,800
Social Security costs	-	-
Employer's contribution to defined contribution pension schemes	686	624
	23,566	21,424

Number of employees

The average monthly number of employees during the year were:

	2024	2023
Administration	1	1

There were no employees whose annual remuneration was £60,000 or more.

The key management personnel of the charitable company were the Trustees.
Total employee benefits paid to key management personnel were nil (2023: nil).

8 Tangible fixed assets

	Equipment
	£
Cost:	
At 31 March 2024	2,376
Depreciation:	
At 1 April 2023	2,376
Charge for year	-
On disposals	-
At 31 March 2024	2,376
Net book value:	
At 31 March 2024	-
<i>At 31 March 2023</i>	<i>-</i>

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

9 Debtors

	2024 £	2023 £
Prepayment	277	-
Accrued income	120	2,500
	397	2,500

10 Creditors

Amounts falling due within one year:

	2024 £	2023 £
Social Security and other taxes	258	219
Pension	133	121
Accruals & other creditors	6,228	9,375
	6,619	9,715

11 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fund Balances at 31 March 2024 are represented by:			
Tangible Fixed Assets	-	-	-
Current Assets	35,758	21,354	57,112
Creditors: Amounts falling due within one year	(3,239)	(3,380)	(6,619)
Total net assets	32,519	17,974	50,493

Analysis of net assets between funds - prior year comparative

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fund Balances at 31 March 2023 are represented by:			
Tangible Fixed Assets	-	-	-
Current Assets	53,035	44,029	97,064
Creditors: Amounts falling due within one year	(9,715)	-	(9,715)
Total net assets	43,320	44,029	87,349

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

12 Funds

The income funds of the charity include restricted and unrestricted funds comprising the following unexpended balances of donations and grants held on trust:

	At 01-Apr-23 £	Incoming £	Outgoing £	Transfer between funds	At 31-Mar-24 £
Restricted Funds					
Teen Group	4,680	6,960	(6,867)	-	4,773
Swimming	-	9,072	(5,774)	-	3,298
Trips	17,243	-	(8,800)	(112)	8,331
Trampolining	5,303	-	(5,303)	-	-
Mental Health Project	5,000	-	(5,000)	-	-
Financial/Information/ Governance/Evening meetings	3,834	-	(2,262)	-	1,572
Administrator	7,969	-	(7,969)	-	-
Total Restricted Funds	44,029	16,032	(41,975)	(112)	17,974
Unrestricted funds:					
General funds	43,320	22,952	(33,865)	112	32,519
Total funds	87,349	38,984	(75,840)	-	50,493

Restricted Funds - description

The activities that SIGNAL Family Support members can access are supported by restricted funding where possible. Funding is sought from various Trusts and Funds. Most recently BBC Children in Need, City Bridge Trust and National Lottery have granted funds to support activities.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

12 Funds - prior year comparative

The income funds of the charity include restricted and unrestricted funds comprising the following unexpended balances of donations and grants held on trust:

	At 01-Apr-22 £	Incoming £	Outgoing £	Transfer between funds	At 31-Mar-23 £
Restricted Funds					
Teen Group	3,619	6,960	(5,899)	-	4,680
Swimming	5,071	-	(5,071)	-	-
Yoga	1,240	-	(1,240)	-	-
Trips	17,919	10,132	(10,808)	-	17,243
Trampolining	12,889	-	(7,586)	-	5,303
Mental Health Project	-	10,000	(5,000)	-	5,000
Financial/information/ Governance	8,317	-	(4,483)	-	3,834
Administrator	19,638	10,131	(21,800)	-	7,969
Total Restricted Funds	68,693	37,223	(61,887)	-	44,029
Unrestricted funds:					
General funds	31,829	22,649	(11,158)	-	43,320
Total funds	100,522	59,872	(73,045)	-	87,349

13 Taxation

The charitable company is registered as a charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

14 Related parties

There are no related party transactions to disclose for 2024 (2023: none). Trustees are appointed from the membership of SIGNAL Family Support and as such continue to act as members paying membership and activity fees and taking part in activities & trips on the same basis as other members.

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

15 Trustees

None of the trustees (or any person connected with them) received any remunerations from the charity during the year. No reimbursements were made to trustees in 2024 (2023: none) for travelling and other expenses and no payments were made direct to third parties in relation to trustees.

16 Pension and other post-retirement benefit commitments

	2024 £	2023 £
Defined contribution		
Contributions payable by the company for the year	686	624

At 31 March 2024 £133 was outstanding, paid in April 2024.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

17 Contingent assets or liabilities

There are no contingent assets or liabilities at March 2024 (2023:Nil).

18 Professional indemnity insurance

The charitable company has insurance to protect it from loss arising from the neglect or defaults of its Trustee, directors and agents and to indemnify the Trustees or other officers against the consequences of any neglect or default committed by them. The insurance premium paid by the charitable company during the year totaled £475 (2023: £438).

19 Liability of members

SIGNAL Family Support Ltd is a company limited by guarantee and has no share capital. In the event of the company being wound up, the liability of the members is limited to £1 each.

20 Ultimate controlling party

The charitable company was under the control of the trustees during the period under review. There is no single controlling party.

Registered charity no: 1143147

Registered company no: 07532242 (England and Wales)

SIGNAL FAMILY SUPPORT

(Limited by Guarantee)

Trustees' Report
and
Accounts
for the financial year
1st April 2023
to
31st March 2024

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

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SIGNAL FAMILY SUPPORT LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for the UK and Republic of Ireland (FRS 102).

OBJECTIVES AND ACTIVITIES

Aims and Objectives

The principal aims of the association continue to be:

1. The provision of opportunities for families and interested individuals to give mutual support, informal advice, information and guidance in order to advance the wellbeing of families with children and young people (up to the age of 25 on joining) who are on the autism spectrum and live in the London Borough of Lewisham.
2. The provision or the commissioning of facilities, services and activities for the benefit of the family members.

Significant activities

During the year to 31st March 2024, SIGNAL Family Support Ltd carried on its usual primary purpose of providing mutual support for its members via various activities but in new and different ways following on from our adjustments because of the continuing covid-19 pandemic.

We have switched our members' meetings back to in-person but with the hybrid and option to host online events as well to reach more members.

Coffee mornings for parents continued to be popular in 2023/24 and various members have hosted in their own homes, and we have also made use of neutral spaces such as the children's centre and local cafes.

Our weekly trampolining and swimming classes continued this year and are still hugely popular with considerable waiting lists, especially for swimming. We hired an extra instructor this year to accommodate more young people taking part in the swimming lessons.

Our annual Family Summer Party was held in July at our usual venue in Ladywell with the regular attractions such as a bouncy castle, raffle, arts & crafts and food. This year we continued to have a Game Wagon which was very popular once again.

Our Teen Group (social group for autistic teenagers) continues to run every week, whether in person and/or via Zoom. It includes organised activities, such as board games and pizza-making, as well as informal chat, games and so on.

From September 2020 we have been offering a weekly yoga class via Zoom on Tuesday evenings and these have continued throughout 2023/24.

Having secured funding at the end of 2022 for 2 years, we started our project with The Deborah Ubee Trust to provide mental health support for some of our members' children, offering 10 sessions per young person. It has proved enormously popular and provides an invaluable service.

This year we undertook a full programme of day trips, outings and events, including Broadstairs, Tower Bridge Experience, AirThrill, panto, oxygen trampoline park and 10-pin bowling. All events were well attended.

Our private Facebook group continues to be a welcoming, supportive and active space for our members. It provides a lifeline for many.

SIGNAL has maintained a strong local presence and continues to work closely with the Local Authority and other agencies to support families affected by autism in Lewisham. Amongst other things, we have supported our parents to campaign in various areas including school transport and the Government's Delivering Better Value scheme. We have also been involved in setting up a social group for autistic girls and taking part in the event to launch the borough's All Age Autism Strategy.

Volunteers

We would like to thank our volunteers who have generously donated their time and talents to the charity, especially our trustees.

In early 2023 a number of our trustees stepped down due to personal circumstances. At the time of writing, we have 3 trustees and they are working well together to help SIGNAL move forward.

FINANCIAL REVIEW

SIGNAL Family Support was in a healthy financial position as at 31st March 2024 in terms of covering existing costs, and continues to be. Our income relies on a number of funding organisations whom we mention below. Our fundraiser works hard to maintain these relationships and to seek new funding sources for both our ongoing and our new projects.

Other income is generated by the membership who pay a joining fee plus nominal amounts for our events and activities.

Total income for the year is £38,984 (2023: £59,872), of which £16,032 (2023: £37,223) is restricted income for specific purposes and £22,952 (2023: £22,649) is

for general purposes. Total expenditure in the year is £75,840 (2023: £73,045) of which £41,975 (2023: £61,887) is related to restricted income.

The reserves of SIGNAL Family Support at 31st March 2024 are £50,493 (2023: £87,349) in total, with £17,974 (2023: £44,029) relating to restricted income funds and £32,519 (2023:£43,320) being our general reserve.

Principal funding sources

A big thank you to BBC Children in Need, National Lottery Community Fund, City Bridge Trust and Children First Lewisham for their continued support of our activities, plus all members and supporters who donate throughout the year, including the congregation of St Hilda's parish church in Crofton Park.

Reserves policy

The charity aims to maintain unrestricted reserves equivalent to 3 to 6 months' operating costs. For a normal year this is considered to be approximately £21,000 to £42,000. This has been maintained throughout the reporting period and the period up to the signing of the accounts. It is not anticipated that this policy will need to be changed in the foreseeable future. At the year end the charity's unrestricted reserve stands within the policy at £32,519. The trustees are satisfied that the reserve and confirmed funding in the following year are sufficient to meet the charity's committed and expected costs.

FUTURE PLANS

Although covid-19 is still present in the community, we are now running a full programme of events and activities. The coming year will see a new manager for SIGNAL, the 2nd year of our mental health project and increasing our funding streams to diversify our funding and sustainability. We will continue to work through a process of revising some of our procedures around how activities are managed to ensure that we are as fair and efficient as possible.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and is a company limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity no: 1143147

Registered company number: 07532242 (England and Wales)

Registered office: Hatcham Oak Children's Centre, 29 Wallbutton Road, London SE4 2NX

Trustees

G Nwaordu Chair

Y Welch Treasurer

T Jakubowiczova

Independent examiner

Kathleen Moss ACMA, CGMA

Kathleen Moss Limited

48 Lawn Terrace
London
SE3 9LP

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees (who are also directors of SIGNAL Family Support Ltd for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgments and accounting estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31 March 2024 was 3 (2023: 9). The Trustees are members of the charity. The Trustees have no beneficial interest in the charity and are not remunerated.

Approved by the Board of Trustees on 16th December 2024 and signed on its behalf by *Gabrielle Nwaordu*

Gabrielle Nwaordu

**SIGNAL FAMILY SUPPORT
(Limited by Guarantee)**

Independent Examiner's Report

To the Trustees of SIGNAL Family Support Limited

I report on my examination of the financial statements of the charitable company SIGNAL Family Support Ltd for the year ended 31st March 2024, which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

K R Moss

Dated: 17th December 2024

**Kathleen Moss ACMA, CGMA
Kathleen Moss Limited**

48 Lawn Terrace
London
SE3 9LP

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31st March 2024

		Unrestricted funds	Restricted funds	Total funds 2024	Unrestricted funds	Restricted funds	Total funds 2023
	Notes	£	£	£	£	£	£
Income							
Donations and legacies	3	10,588	-	10,588	10,999	-	10,999
Charitable activities	4	12,364	16,032	28,396	11,650	37,223	48,873
Total income		22,952	16,032	38,984	22,649	37,223	59,872
Expenditure:	5						
Raising funds		3,211	-	3,211	3,884	-	3,884
Charitable activities		30,654	41,975	72,629	7,274	61,887	69,161
Total expenditure		33,865	41,975	75,840	11,158	61,887	73,045
Net income/(expenditure)		(10,913)	(25,943)	(36,856)	11,491	(24,664)	(13,173)
Transfer between funds		112	(112)	-	-	-	-
Disposal of fixed assets							
Net income/(expenditure) and net movement in funds for the year		(10,801)	(26,055)	(36,856)	11,491	(24,664)	(13,173)
Reconciliation of funds							
Total funds brought forward		43,320	44,029	87,349	31,829	68,693	100,522
Total funds carried forward		£ 32,519	£ 17,974	£ 50,493	£ 43,320	£ 44,029	£ 87,349

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derives from continuing activities.

The statement of financial activities complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 8 to 16 form part of these accounts.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Balance Sheet

As at 31st March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible Assets	8	-	-
Current assets			
Debtors	9	397	2,500
Cash at bank and in hand		56,715	94,564
		57,112	97,064
Liabilities:			
Creditors: Amount falling due within one year	10	(6,619)	(9,715)
Net current assets / (liabilities)		50,493	87,349
Net assets		50,493	87,349
The funds of the charity:	11		
Restricted income funds	12	17,974	44,029
Unrestricted income funds	12		
General reserve		32,519	43,320
Total charity funds		50,493	87,349

The charity is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31st March 2024. No member of the charitable company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The trustees acknowledge their responsibilities for ensuring that the charitable company keeps accounting records which comply with sections 386 and 387 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The notes on pages 8 to 16 form part of these accounts.

The accounts were approved by the Board on 16th December 2024

Gabrielle Nwaordu

Trustee

Gabrielle Nwaordu

Name

Charity Registration No. 1143147

Company Registration No. 07532242

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31st March 2024

1 Statutory information

SIGNAL Family Support Ltd is a charitable company, limited by guarantee, registered in England and Wales number 07532242, charity number 1143147. The charitable company's registered office address is Hatcham Oak Children's Centre, Wallbutton Road, London, SE4 2NX. The registered office is the principle place of business. The functional currency is sterling.

2 Accounting policies

2.1 Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

2.2 Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

2.3 Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The charitable company can comfortably operate based on confirmed funding along with sufficient reserves.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

2.4 Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Where donations and grants are restricted to future accounting periods, they are deferred and recognised in those future accounting periods. Grants for immediate financial support and assistance, or to reimburse costs previously incurred, are recognised immediately.

Income from charitable activities comprises swimming, trampolining, dramatherapy and trips which are included when receivable.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

2.6 Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Notes to the financial statements for the year ended 31 March 2024: *continued*

2.7 Expenditure and basis of apportioning costs

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis with the irrecoverable element of VAT included with the item to which it relates and has been classified under headings that aggregate all costs related to the category. Expenditure is classified under the following activity headings:

Raising funds: Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.

Charitable activities: Expenditure on charitable activities includes the costs of delivering services and other activities undertaken to further the purposes of the charity and their associated support costs.

2.8 Tangible fixed assets and depreciation

The charitable company operates a policy of capitalising fixed asset items over £500. Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life. The principal annual rates used for this purpose are:

Computer Equipment	25% on cost
--------------------	-------------

2.7 Leasing and hire purchase commitments

Rental charges are charged on a straight line basis over the term of the lease.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments.

The trustees seek to use short term deposits to maximise the return on monies held at the bank and to manage cash flow. The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.10 Creditors and provisions

Creditors and provisions are recognised where the charitable company has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2.11 Fundraising

Funds are raised through individual donations, grants from Trusts, Foundations and Government grants and contracts. Some fundraising events have also been carried out. SIGNAL Family Support Ltd employs a 3rd party fundraiser to assist with raising grant funding.

2.12 Pensions

The charitable company operates an Auto Enrolment defined contribution pension scheme. Contributions are charged to the Statement of Financial Activities as they are incurred.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

3 Donations and legacies	Unrestricted	Restricted	Total 2024 £
Donations & fundraising events	4,633	-	4,633
Membership subscriptions	5,955	-	5,955
	10,588	-	10,588

Donations and legacies - prior year comparative

	<i>Unrestricted</i>	<i>Restricted</i>	<i>Total 2023 £</i>
<i>Donations & fundraising events</i>	4,612	-	4,612
<i>Membership subscriptions</i>	6,387	-	6,387
	10,999	-	10,999

4 Income from charitable activities	Unrestricted	Restricted	Total 2024 £
The National Lottery Fund	-	16,032	16,032
Trips	4,449	-	4,449
Swimming	5,369	-	5,369
Trampolining	2,146	-	2,146
Mental Health course	400	-	400
	12,364	16,032	28,396

Income from charitable activities - prior year comparative

	<i>Unrestricted</i>	<i>Restricted</i>	<i>Total 2023 £</i>
<i>The National Lottery Fund</i>	-	6,960	6,960
<i>BBC Children in Need</i>	500	20,263	20,763
<i>City Bridge Trust</i>	-	10,000	10,000
<i>Trips</i>	5,440	-	5,440
<i>Swimming</i>	3,528	-	3,528
<i>Trampolining</i>	2,128	-	2,128
	11,596	37,223	48,819

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

5 Analysis of expenditure

	Cost of raising funds	Charitable activities	Governance costs	2024 Total
	£	£	£	£
Fundraising	3,131	-	-	3,131
Staff costs	-	23,813	-	23,813
Swimming	-	14,025	-	14,025
Trips	-	8,800	-	8,800
Trampolining	-	7,437	-	7,437
Office & administration	-	499	453	952
Teens group	-	6,779	-	6,779
Parents' meetings/family activities	-	1,566	-	1,566
Yoga	-	1,520	-	1,520
Mental health project	-	5,000	-	5,000
Newsletter	-	1,191	-	1,191
Depreciation	-	-	-	-
Insurance	-	198	-	198
Legal	-	-	-	-
Training	-	-	-	-
Independent Examination 2024	-	-	900	900
Independent Examination 2023	-	-	120	120
Payroll service	-	-	408	408
Total	3,131	70,828	1,881	75,840
Governance costs	80	1,801	(1,881)	-
Total expenditure 2024	3,211	72,629	-	75,840

		Unrestricted	Restricted	Total
Of the total expenditure:	2024	33,753	42,087	75,840
	2023	11,158	61,887	73,045

Analysis of expenditure - prior year comparative

	Cost of raising funds	Charitable activities	Governance costs	2023 Total
	£	£	£	£
Fundraising	3,741	-	-	3,741
Staff costs	-	20,353	1,071	21,424
Swimming	-	12,343	-	12,343
Trips	-	10,808	-	10,808
Trampolining	-	7,586	-	7,586
Office & administration	-	311	112	423
Teens group	-	5,899	-	5,899
Parents' meetings/family activities	-	2,022	-	2,022
Yoga	-	1,720	-	1,720
Mental health project	-	5,000	-	5,000
Newsletter	-	565	-	565
Depreciation	-	-	-	-
Insurance	-	-	438	438
Legal	-	-	-	-
Training	-	-	-	-
Independent Examination 2023	-	-	700	700
Payroll service	-	-	376	376
Total	3,741	66,607	2,697	73,045
Governance costs	143	2,554	(2,697)	-
Total expenditure 2023	3,884	69,161	-	73,045

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

6 Net income for the year

The net income for the year is stated after charging:	2024	2023
	£	£
Depreciation of tangible fixed assets owned by the charitable company	-	-
Independent Examination	900	700

7 Staff costs

Staff costs during the year were:	2024	2023
	£	£
Salaries and wages	22,880	20,800
Social Security costs	-	-
Employer's contribution to defined contribution pension schemes	686	624
	23,566	21,424

Number of employees

The average monthly number of employees during the year were:

	2024	2023
Administration	1	1

There were no employees whose annual remuneration was £60,000 or more.

The key management personnel of the charitable company were the Trustees.
Total employee benefits paid to key management personnel were nil (2023: nil).

8 Tangible fixed assets

	Equipment
	£
Cost:	
At 31 March 2024	2,376
Depreciation:	
At 1 April 2023	2,376
Charge for year	-
On disposals	-
At 31 March 2024	2,376
Net book value:	
At 31 March 2024	-
<i>At 31 March 2023</i>	<i>-</i>

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

9 Debtors

	2024 £	2023 £
Prepayment	277	-
Accrued income	120	2,500
	397	2,500

10 Creditors

Amounts falling due within one year:

	2024 £	2023 £
Social Security and other taxes	258	219
Pension	133	121
Accruals & other creditors	6,228	9,375
	6,619	9,715

11 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fund Balances at 31 March 2024 are represented by:			
Tangible Fixed Assets	-	-	-
Current Assets	35,758	21,354	57,112
Creditors: Amounts falling due within one year	(3,239)	(3,380)	(6,619)
Total net assets	32,519	17,974	50,493

Analysis of net assets between funds - prior year comparative

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fund Balances at 31 March 2023 are represented by:			
Tangible Fixed Assets	-	-	-
Current Assets	53,035	44,029	97,064
Creditors: Amounts falling due within one year	(9,715)	-	(9,715)
Total net assets	43,320	44,029	87,349

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

12 Funds

The income funds of the charity include restricted and unrestricted funds comprising the following unexpended balances of donations and grants held on trust:

	At 01-Apr-23 £	Incoming £	Outgoing £	Transfer between funds	At 31-Mar-24 £
Restricted Funds					
Teen Group	4,680	6,960	(6,867)	-	4,773
Swimming	-	9,072	(5,774)	-	3,298
Trips	17,243	-	(8,800)	(112)	8,331
Trampolining	5,303	-	(5,303)	-	-
Mental Health Project	5,000	-	(5,000)	-	-
Financial/Information/ Governance/Evening meetings	3,834	-	(2,262)	-	1,572
Administrator	7,969	-	(7,969)	-	-
Total Restricted Funds	44,029	16,032	(41,975)	(112)	17,974
Unrestricted funds:					
General funds	43,320	22,952	(33,865)	112	32,519
Total funds	87,349	38,984	(75,840)	-	50,493

Restricted Funds - description

The activities that SIGNAL Family Support members can access are supported by restricted funding where possible. Funding is sought from various Trusts and Funds. Most recently BBC Children in Need, City Bridge Trust and National Lottery have granted funds to support activities.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

12 Funds - prior year comparative

The income funds of the charity include restricted and unrestricted funds comprising the following unexpended balances of donations and grants held on trust:

	At 01-Apr-22 £	Incoming £	Outgoing £	Transfer between funds	At 31-Mar-23 £
Restricted Funds					
Teen Group	3,619	6,960	(5,899)	-	4,680
Swimming	5,071	-	(5,071)	-	-
Yoga	1,240	-	(1,240)	-	-
Trips	17,919	10,132	(10,808)	-	17,243
Trampolining	12,889	-	(7,586)	-	5,303
Mental Health Project	-	10,000	(5,000)	-	5,000
Financial/information/ Governance	8,317	-	(4,483)	-	3,834
Administrator	19,638	10,131	(21,800)	-	7,969
Total Restricted Funds	68,693	37,223	(61,887)	-	44,029
Unrestricted funds:					
General funds	31,829	22,649	(11,158)	-	43,320
Total funds	100,522	59,872	(73,045)	-	87,349

13 Taxation

The charitable company is registered as a charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

14 Related parties

There are no related party transactions to disclose for 2024 (2023: none). Trustees are appointed from the membership of SIGNAL Family Support and as such continue to act as members paying membership and activity fees and taking part in activities & trips on the same basis as other members.

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

15 Trustees

None of the trustees (or any person connected with them) received any remunerations from the charity during the year. No reimbursements were made to trustees in 2024 (2023: none) for travelling and other expenses and no payments were made direct to third parties in relation to trustees.

16 Pension and other post-retirement benefit commitments

	2024 £	2023 £
Defined contribution		
Contributions payable by the company for the year	686	624

At 31 March 2024 £133 was outstanding, paid in April 2024.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2024: continued

17 Contingent assets or liabilities

There are no contingent assets or liabilities at March 2024 (2023:Nil).

18 Professional indemnity insurance

The charitable company has insurance to protect it from loss arising from the neglect or defaults of its Trustee, € and agents and to indemnify the Trustees or other officers against the consequences of any neglect or default c
The insurance premium paid by the charitable company during the year totaled £475 (2023: £438).

19 Liability of members

SIGNAL Family Support Ltd is a company limited by guarantee and has no share capital. In the event of the comp
wound up, the liability of the members is limited to £1 each.

20 Ultimate controlling party

The charitable company was under the control of the trustees during the period under review. There is no singl
controlling party.

SIGNAL FAMILY SUPPORT

(Limited by Guarantee)

Hatcham Oak Children's Centre, 29 Wallbutton Road, London SE4 2NX

Registered charity no: 1143147

Registered company no: 07532242 (England and Wales)

Kathleen Moss Limited
48 Lawn Terrace
London
SE3 9LP

Dear Sirs,

We confirm to the best of our knowledge and belief, and having made appropriate enquiries of other trustees of the charity, the following representations given to you in connection with your examination of the charity's accounts for the year ended 31st March 2024.

1. We acknowledge as trustees our responsibility for making accurate representations to you and for the accounts which you have prepared for the charity. All the accounting records have been made available to you for the purpose of your examination and all the transactions undertaken by the charity have been properly reflected and recorded in the accounting records. All other records and related information, including minutes of all management and trustees meetings, have been made available to you.

We acknowledge we are responsible for the fair presentation in the Financial Statements of the financial position, results of operations and changes in financial position in conformity with generally accepted Accounting Principles.

2. The charity has no liabilities or contingent liabilities other than those disclosed in the accounts. Provision has been made in the Financial Statements for (a) all liabilities which existed at the Balance Sheet date. (b) All losses expected to arise from events which had occurred by the Balance Sheet date. (c) All materials contingent or potential liabilities under claims or pending or threatened litigation.
3. There has been no event since the balance sheet date which requires disclosing or which would materially affect the amounts in the accounts, other than those already disclosed or included in the accounts.

SIGNAL FAMILY SUPPORT

(Limited by Guarantee)

Hatcham Oak Children's Centre, 29 Wallbutton Road, London SE4 2NX

Registered charity no: 1143147

Registered company no: 07532242 (England and Wales)

4. The charity has had at no time during the year any arrangement, transaction or agreement to provide credit facilities (including loans, quasi-loans or credit transactions) for trustees nor to guarantee or provide security for such matters.
5. We confirm that we have disclosed to you all related party transactions relevant to the charity, and that we are not aware of any further related party matters that require disclosure.
6. The charity has not contracted for any capital expenditure other than as disclosed in the accounts.
7. We confirm that we are not aware of any possible or actual instance of non-compliance with those laws and regulations which provide a legal framework within which the charity conducts its business.
8. We acknowledge our responsibility for the design and implementation of internal controls to prevent and detect fraud. We also confirm that there have been no irregularities involving management or employees who have a significant role in internal control or that could have a material effect on the financial statements.
9. The charity has complied with the provisions of VAT legislation and the PAYE regulations. In addition all travelling expenses reimbursed to employees and trustees are supported by appropriate documentation.
10. All assets included in the Balance Sheet were at this date in existence and owned by the charity, and free from any lien, encumbrance or charge, except as disclosed in the Accounts. The Balance Sheet includes all tangible assets owned by the charity.

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Hatcham Oak Children's Centre, 29 Wallbutton Road, London SE4 2NX

Registered charity no: 1143147

Registered company no: 07532242 (England and Wales)

11. We confirm that, in our opinion, the charity is a going concern.

Yours faithfully,

Gabrielle Nwaordu

Date: 16th December 20234

Signed on behalf of the trustees by Gabrielle Nwaordu

SIGNAL FAMILY SUPPORT LIMITED

England & Wales - Charity number 1143147

Accounts

Registered charity no: 1143147

Registered company no: 07532242 (England and Wales)

SIGNAL FAMILY SUPPORT

(Limited by Guarantee)

Trustees' Report
and
Accounts
for the financial year
1st April 2022
to
31st March 2023

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Contents

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SIGNAL FAMILY SUPPORT LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for the UK and Republic of Ireland (FRS 102).

OBJECTIVES AND ACTIVITIES

Aims and Objectives

The principal aims of the association continue to be:

1. The provision of opportunities for families and interested individuals to give mutual support, informal advice, information and guidance in order to advance the wellbeing of families with children and young people (up to the age of 25 on joining) who are on the autism spectrum and live in the London Borough of Lewisham.
2. The provision or the commissioning of facilities, services and activities for the benefit of the family members.

Significant activities

During the year to 31st March 2023, SIGNAL Family Support Ltd carried on its usual primary purpose of providing mutual support for its members via various activities but in new and different ways because of the continuing covid-19 pandemic.

After switching our members' meetings to Zoom in April 2020, due to covid protections, in 2022/23 we were able to move some of our meetings back to being in-person. Going forward, we will continue to use both online and in-person meetings to meet the needs of our members. This year our speakers included autistic authors and advocates Pete Wharmby and Chris Bonello

Coffee mornings for parents continued to be popular in 2022/23, especially as we were able to move indoors. Various members have hosted in their own homes and we have also made use of neutral spaces such as the children's centre and local cafes.

Our weekly trampolining and swimming classes continued this year and are still hugely popular with considerable waiting lists, especially for swimming. We are currently making changes to this activity (including hiring an extra instructor) to enable more children to take part.

Our annual Family Summer Party was held in July at our usual venue in Ladywell with the regular attractions such as a bouncy castle, the Engine Shed, raffle, arts & crafts and food. This year we also had a Game Wagon which was very popular.

Our Teen Group (social group for autistic teenagers) continues to run every week, whether in person and/or via Zoom. It includes organised activities, such as board games and pizza-making, as well as informal chat, games and so on.

From September 2020 we have been offering a weekly yoga class via Zoom on Tuesday evenings. This has proved very popular and continues to be well-attended by parents and children each week.

Having secured funding at the end of 2022, we started our second project with The Deborah Ubee Trust to provide mental health support for some of our members, this time exclusively for our younger members. It has proved enormously popular and provides an invaluable service.

This year we undertook a full programme of day trips, outings and events, including Broadstairs, Tower Bridge Experience, AirThrill, panto and 10-pin bowling. All events were well attended.

Our private Facebook group continues to be a welcoming, supportive and active space for our members. It provides a lifeline for many.

SIGNAL has maintained a strong local presence and continues to work closely with the Local Authority and other agencies to support families affected by autism in Lewisham which, as a borough, has the highest ASD diagnosis rate of young people in England. Amongst other things, we have supported our parents to campaign in various areas including school transport and the Government's Delivering Better Value scheme. We have also been involved in setting up a social group for autistic girls and taking part in the event to launch the borough's All Age Autism Strategy.

Volunteers

We would like to thank our volunteers who have generously donated their time and talents to the charity, especially our trustees.

In early 2023 a number of our trustees stepped down due to personal circumstances. At the time of writing we have 3 trustees and they are working well together to help SIGNAL move forward.

FINANCIAL REVIEW

SIGNAL Family Support was in a healthy financial position as at 31st March 2023 in terms of covering existing costs, and continues to be. Our income relies on a number of funding organisations whom we mention below. Our fundraiser works hard to maintain these relationships and to seek new funding sources for both our ongoing and our new projects.

Other income is generated by the membership who pay a joining fee plus nominal amounts for our events and activities.

Total income for the year is £59,872 (2022: £69,677), of which £37,223 (2022: £53,338) is restricted income for specific purposes and £22,649 (2022: £16,339) is for general purposes. Total expenditure in the year is £73,045 (2022: £60,125) of which £61,887 (2022: 47,111) is related to restricted income.

The reserves of SIGNAL Family Support at 31st March 2023 are £87,349 (2022: £100,522) in total, with £44,029 (2022: £68,693) relating to restricted income funds and £43,320 (2022: £31,829) being our general reserve.

Principal funding sources

A big thank you to BBC Children in Need, National Lottery Community Fund, City Bridge Trust and Children First Lewisham for their continued support of our activities, plus all members and supporters who donate throughout the year, including the congregation of St Hilda's parish church in Crofton Park, and Prendergast Ladywell school who, with matched funding from The Leathersellers, raised over £1,500 for SIGNAL.

Reserves policy

The charity aims to maintain unrestricted reserves equivalent to 3 to 6 months' operating costs. For a normal year this is considered to be approximately £21,000 to £42,000. This has been maintained throughout the reporting period and the period up to the signing of the accounts. It is not anticipated that this policy will need to be changed in the foreseeable future. At the year end the charity's unrestricted reserve stands slightly higher than the policy states at £43,320, the trustees consider the excess to be within a reasonable amount given the current economic and funding climate.

FUTURE PLANS

Although covid-19 is still present in the community, we are now running a full programme of events and activities. The coming year will see our young people's mental health scheme move into its 2nd phase and our swimming capacity increase. We are also working through a process of revising some of our procedures around how activities are managed to ensure that we are as fair and efficient as possible.

STRUCTURE, GOVERNANCE AND MANAGEMENT**Governing document**

The charity is controlled by its governing document, a deed of trust, and is a company limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity no: 1143147

Registered company number: 07532242 (England and Wales)

Registered office: Hatcham Oak Children's Centre, 29 Wallbutton Road, London SE4 2NX

Trustees		Appointed	Resigned
S Gregory		18 June 2015	01 Feb 2023
H Jin		07 Aug 2022	23 April 2023
N Ballard		24 Sep 2018	25 Jan 2023
S Edwards		21 May 2020	20 April 2023
J Higgins		04 June 2022	11 April 2023
G Nwaordu	Chair	26 Oct 2020	
I Sinclair		05 Dec 2017	11 April 2023
J Alaszewski		09 Sep 2022	23 April 2023
A McKinnon		11 Aug 2022	21 April 2023
Y Welch	Treasurer	11 Aug 2022	
T Jakubowiczova		19 Aug 2022	
K Mantle		06 Aug 2015	25 Nov 2022
K Cody		03 July 2014	24 June 2022

Independent examiner

Kathleen Moss ACMA, CGMA
 Kathleen Moss Limited
 48 Lawn Terrace
 London
 SE3 9LP

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees (who are also directors of SIGNAL Family Support Ltd for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgments and accounting estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31 March 2023 was 9 (2022: 7). The Trustees are members of the charity. The Trustees have no beneficial interest in the charity and are not remunerated.

Approved by the Board of Trustees on

2023 and signed on its behalf by

**SIGNAL FAMILY SUPPORT
(Limited by Guarantee)**

Independent Examiner's Report

To the Trustees of SIGNAL Family Support Limited

I report on my examination of the financial statements of the charitable company SIGNAL Family Support Ltd for the year ended 31st March 2023, which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Kathleen Moss ACMA, CGMA
Kathleen Moss Limited
48 Lawn Terrace
London
SE3 9LP

Dated:

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31st March 2023

		Unrestricted funds	Restricted funds	Total funds 2023	Unrestricted funds	Restricted funds	Total funds 2022
	Notes	£	£	£	£	£	£
Income							
Donations and legacies	3	10,999	-	10,999	10,140	-	10,140
Charitable activities	4	11,650	37,223	48,873	6,199	53,338	59,537
Total income		22,649	37,223	59,872	16,339	53,338	69,677
Expenditure:	5						
Raising funds		3,884	-	3,884	6,092	-	6,092
Charitable activities		7,274	61,887	69,161	6,922	47,111	54,033
Total expenditure		11,158	61,887	73,045	13,014	47,111	60,125
Net income/(expenditure)		11,491	(24,664)	(13,173)	3,325	6,227	9,552
Net income/(expenditure) and net movement in funds for the year		11,491	(24,664)	(13,173)	3,325	6,227	9,552
Reconciliation of funds							
Total funds brought forward		31,829	68,693	100,522	28,504	62,466	90,970
Total funds carried forward		£ 43,320	£ 44,029	£ 87,349	£ 31,829	£ 68,693	£ 100,522

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derives from continuing activities.

The statement of financial activities complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 9 to 17 form part of these accounts.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Balance Sheet

As at 31st March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible Assets	8	-	-
Current assets			
Debtors	9	2,500	-
Cash at bank and in hand		94,564	105,319
		97,064	105,319
Liabilities:			
Creditors: Amount falling due within one year	10	(9,715)	(4,797)
Net current assets / (liabilities)		87,349	100,522
Net assets		87,349	100,522
The funds of the charity:	11		
Restricted income funds	12	44,029	68,693
Unrestricted income funds	12		
General reserve		43,320	31,829
Total charity funds		87,349	100,522

The charity is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31st March 2023. No member of the charitable company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The trustees acknowledge their responsibilities for ensuring that the charitable company keeps accounting records which comply with sections 386 and 387 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The notes on pages 9 to 17 form part of these accounts.

The accounts were approved by the Board on

.....

Trustee

.....

Name

Charity Registration No. 1143147

Company Registration No. 07532242

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31st March 2023

1 Statutory information

SIGNAL Family Support Ltd is a charitable company, limited by guarantee, registered in England and Wales number 07532242, charity number 1143147. The charitable company's registered office address is Hatcham Oak Children's Centre, Wallbutton Road, London, SE4 2NX. The registered office is the principle place of business. The functional currency is sterling.

2 Accounting policies

2.1 Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

2.2 Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

2.3 Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The charitable company can comfortably operate based on confirmed funding along with sufficient reserves.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Covid-19 had a massive impact on the activities of the charitable company. The trustees took advantage of the Government furlough scheme and then the flexible furlough scheme, allowing activities to be taken online where possible and resumed when safe.

2.4 Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Where donations and grants are restricted to future accounting periods, they are deferred and recognised in those future accounting periods. Grants for immediate financial support and assistance, or to reimburse costs previously incurred, are recognised immediately.

Income from charitable activities comprises swimming, trampolining, dramatherapy and trips which are included when receivable.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

2.6 Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2023: *continued*

2.7 Expenditure and basis of apportioning costs

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis with the irrecoverable element of VAT included with the item to which it relates and has been classified under headings that aggregate all costs related to the category. Expenditure is classified under the following activity headings:

Raising funds: Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.

Charitable activities: Expenditure on charitable activities includes the costs of delivering services and other activities undertaken to further the purposes of the charity and their associated support costs.

2.8 Tangible fixed assets and depreciation

The charitable company operates a policy of capitalising fixed asset items over £500. Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life. The principal annual rates used for this purpose are:

Computer Equipment	25% on cost
--------------------	-------------

2.7 Leasing and hire purchase commitments

Rental charges are charged on a straight line basis over the term of the lease.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments.

The trustees seek to use short term deposits to maximise the return on monies held at the bank and to manage cash flow. The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.10 Creditors and provisions

Creditors and provisions are recognised where the charitable company has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2.11 Fundraising

Funds are raised through individual donations, grants from Trusts, Foundations and Government grants and contracts. Some fundraising events have also been carried out. SIGNAL Family Support Ltd employs a 3rd party fundraiser to assist with raising grant funding.

2.12 Pensions

The charitable company operates an Auto Enrolment defined contribution pension scheme. Contributions are charged to the Statement of Financial Activities as they are incurred.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2023: continued

3 Donations and legacies	Unrestricted	Restricted	Total 2023 £
Donations & fundraising events	4,612	-	4,612
Membership subscriptions	6,387	-	6,387
	10,999	-	10,999

Donations and legacies - prior year comparative

	<i>Unrestricted</i>	<i>Restricted</i>	<i>Total 2022 £</i>
<i>Donations & fundraising events</i>	<i>8,840</i>	<i>-</i>	<i>8,840</i>
<i>Membership subscriptions</i>	<i>1,300</i>	<i>-</i>	<i>1,300</i>
	<i>10,140</i>	<i>-</i>	<i>10,140</i>

4 Income from charitable activities	Unrestricted	Restricted	Total 2023 £
The National Lottery Fund	-	6,960	6,960
BBC Children in Need	500	20,263	20,763
City of London	-	10,000	10,000
Trips	5,440	-	5,440
Trampolining/Swimming	5,710	-	5,710
	11,650	37,223	48,873

Income from charitable activities - prior year comparative

	<i>Unrestricted</i>	<i>Restricted</i>	<i>Total 2022 £</i>
<i>The National Lottery Fund</i>	<i>-</i>	<i>6,960</i>	<i>6,960</i>
<i>BBC Children in Need</i>	<i>-</i>	<i>20,263</i>	<i>20,263</i>
<i>Job Retention Support</i>	<i>-</i>	<i>4,965</i>	<i>4,965</i>
<i>Children First Lewisham</i>	<i>-</i>	<i>21,150</i>	<i>21,150</i>
<i>City of London</i>	<i>-</i>	<i>-</i>	<i>-</i>
<i>Project fees</i>	<i>134</i>	<i>-</i>	<i>134</i>
<i>Trips</i>	<i>1,225</i>	<i>-</i>	<i>1,225</i>
<i>Trampolining/Swimming</i>	<i>4,840</i>	<i>-</i>	<i>4,840</i>
	<i>6,199</i>	<i>53,338</i>	<i>59,537</i>

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2023: continued

5 Analysis of expenditure

	Cost of raising funds	Charitable activities	Governance costs	2023 Total
	£	£	£	£
Fundraising	3,741	-	-	3,741
Staff costs	-	20,353	1,071	21,424
Swimming	-	12,343	-	12,343
Trips	-	10,808	-	10,808
Trampolining	-	7,586	-	7,586
Office & administration	-	311	112	423
Teens group	-	5,899	-	5,899
Parents' meetings/family activities	-	2,022	-	2,022
Yoga	-	1,720	-	1,720
Mental health project	-	5,000	-	5,000
Newsletter	-	565	-	565
Depreciation	-	-	-	-
Insurance	-	-	438	438
Legal	-	-	-	-
Training	-	-	-	-
Independent Examination 2023	-	-	700	700
Payroll service	-	-	376	376
Total	3,741	66,607	2,697	73,045
Governance costs	143	2,554	(2,697)	-
Total expenditure 2023	3,884	69,161	-	73,045

		Unrestricted	Restricted	Total
Of the total expenditure:	2023	11,158	61,887	73,045
	2022	13,014	47,111	60,125

Analysis of expenditure - prior year comparative

	Cost of raising funds	Charitable activities	Governance costs	2022 Total
	£	£	£	£
Fundraising	5,924	-	-	5,924
Staff costs	-	21,424	-	21,424
Swimming	-	4,189	-	4,189
Trips (refund for cancelation)	-	5,940	-	5,940
Trampolining	-	8,486	-	8,486
Office & administration	-	2,003	-	2,003
Teens group	-	6,733	-	6,733
Parents' meetings/family activities	-	1,297	-	1,297
Yoga	-	1,960	-	1,960
Newsletter	-	431	-	431
Depreciation	-	80	-	80
Insurance	-	-	521	521
Legal	-	-	-	-
Training	-	-	-	-
Independent Examination 2022	-	-	780	780
Payroll service	-	-	357	357
Total	5,924	52,543	1,658	60,125
Governance costs	168	1,490	(1,658)	-
Total expenditure 2022	6,092	54,033	-	60,125

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2023: continued

6 Net income for the year

The net income for the year is stated after charging:	2023	2022
	£	£
Depreciation of tangible fixed assets owned by the charitable company	-	80
Independent Examination	700	780

7 Staff costs

Staff costs during the year were:	2023	2022
	£	£
Salaries and wages	20,800	20,800
Social Security costs	-	-
Employer's contribution to defined contribution pension schemes	624	624
	21,424	21,424

Number of employees

The average monthly number of employees during the year were:

	2023	2022
Administration	1	1

There were no employees whose annual remuneration was £60,000 or more.

The key management personnel of the charitable company were the Trustees.
Total employee benefits paid to key management personnel were nil (2022: nil).

8 Tangible fixed assets

	Equipment
	£
Cost:	
At 31 March 2023	2,376
Depreciation:	
At 1 April 2022	2,376
Charge for year	-
On disposals	-
At 31 March 2022	2,376
Net book value:	
At 31 March 2023	-
At 31 March 2022	-

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2023: continued

9 Debtors

	2023 £	2022 £
Accrued income	2,500	-
	2,500	-

10 Creditors

Amounts falling due within one year:

	2023 £	2022 £
Social Security and other taxes	219	249
Pension	121	121
Accruals & other creditors	9,375	4,427
	9,715	4,797

11 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fund Balances at 31 March 2023 are represented by:			
Tangible Fixed Assets	0	0	0
Current Assets	50,535	44,029	94,564
Creditors: Amounts falling due within one year	(9,715)	-	(9,715)
Total net assets	40,820	44,029	84,849

Analysis of net assets between funds - prior year comparative

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fund Balances at 31 March 2022 are represented by:			
Tangible Fixed Assets	0	0	0
Current Assets	36,626	68,693	105,319
Creditors: Amounts falling due within one year	(4,797)	-	(4,797)
Total net assets	31,829	68,693	100,522

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2023: continued

12 Funds

The income funds of the charity include restricted and unrestricted funds comprising the following unexpended balances of donations and grants held on trust:

	At 01-Apr-22 £	Incoming £	Outgoing £	Transfer between funds	At 31-Mar-23 £
Restricted Funds					
Teen Group	3,619	6,960	(5,899)	-	4,680
Swimming	5,071		(5,071)	-	-
Yoga	1,240	-	(1,240)	-	-
Trips	17,919	10,132	(10,808)	-	17,243
Trampolining	12,889	-	(7,586)	-	5,303
Mental Health Project	-	10,000	(5,000)	-	5,000
Financial/information/ Governance	8,317	-	(4,483)	-	3,834
Administrator	19,638	10,131	(21,800)	-	7,969
Total Restricted Funds	68,693	37,223	(61,887)	-	44,029
Unrestricted funds:					
General funds	31,829	22,649	(11,158)	-	43,320
Total funds	100,522	59,872	(73,045)	-	87,349

Restricted Funds - description

The activities that SIGNAL Family Support members can access are supported by restricted funding where possible. Funding is sought from various Trusts and Funds. Most recently BBC Children in Need, City Bridge Trust and National Lottery have granted funds to support activities.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2023: continued

12 Funds - prior year comparative

The income funds of the charity include restricted and unrestricted funds comprising the following unexpended balances of donations and grants held on trust:

	At 01-Apr-21 £	Incoming £	Outgoing £	Transfer between funds	At 31-Mar-22 £
Restricted Funds					
COVID-Teen Group	3,392	6,960	(6,733)	-	3,619
Swimming	9,260	-	(4,189)	-	5,071
Yoga	8,540	-	(1,960)	(5,340)	1,240
Trips	13,728	10,132	(5,941)	-	17,919
Trampolining	7,034	9,000	(8,485)	5,340	12,889
Financial/information/ Governance	516	12,150	(4,349)	-	8,317
Administrator	19,996	10,131	(10,489)	-	19,638
Job Retention Support	-	4,965	(4,965)	-	-
Total Restricted Funds	62,466	53,338	(47,111)	-	68,693
Unrestricted funds:					
General funds	28,504	16,339	(13,014)	-	31,829
Total funds	90,970	69,677	(60,125)	-	100,522

13 Taxation

The charitable company is registered as a charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

14 Related parties

There are no related party transactions to disclose for 2023 (2022: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

15 Trustees

None of the trustees (or any person connected with them) received any remunerations from the charity during the year.

No reimbursements were made to trustees in 2023 (2022: none) for travelling and other expenses and no payments were made direct to third parties.

16 Pension and other post-retirement benefit commitments

	2023 £	2022 £
Defined contribution		
Contributions payable by the company for the year	624	624

At 31 March 2023 £121 was outstanding, paid in April 2023.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2023: continued

16 Contingent assets or liabilities

There are no contingent assets or liabilities at March 2023 (2022:Nil).

17 Professional indemnity insurance

The charitable company has insurance to protect it from loss arising from the neglect or defaults of its Trustee, em and agents and to indemnify the Trustees or other officers against the consequences of any neglect or default o n The insurance premium paid by the charitable company during the year totaled £438 (2022: £521).

18 Liability of members

SIGNAL Family Support Ltd is a company limited by guarantee and has no share capital. In the event of the comp wound up, the liability of the members is limited to £1 each.

19 Ultimate controlling party

The charitable company was under the control of the trustees during the period under review. There is no single controlling party.

SIGNAL FAMILY SUPPORT LIMITED

England & Wales - Charity number 1143147

Accounts

Registered charity no: 1143147

Registered company no: 07532242 (England and Wales)

SIGNAL FAMILY SUPPORT

(Limited by Guarantee)

Trustees' Report
and
Accounts
for the financial year
1st April 2021
to
31st March 2022

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

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SIGNAL FAMILY SUPPORT (Limited by Guarantee)

SIGNAL FAMILY SUPPORT LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for the UK and Republic of Ireland (FRS 102).

OBJECTIVES AND ACTIVITIES

Aims and Objectives

The principal aims of the association continue to be:

1. The provision of opportunities for families and interested individuals to give mutual support, informal advice, information and guidance in order to advance the wellbeing of families with children and young people (up to the age of 25 on joining) who are on the autism spectrum and live in the London borough of Lewisham.
2. The provision or the commissioning of facilities, services and activities for the benefit of the family members.

Significant activities

During the year to 31st March 2022, SIGNAL Family Support Ltd carried on its usual primary purpose of providing mutual support for its members via various activities but in new and different ways because of the continuing covid-19 pandemic.

Our regular monthly evening meetings for members, with speakers covering autism-related topics, switched to Zoom from April 2020. These proved enormously successful and have a number of advantages over in-person meetings. Parents have found it easier to attend as they don't have to travel or organise childcare; we can be more flexible in timings as we don't have to book a venue, and it is cheaper for the same reason. It is easier for speakers and has enabled us to book speakers from further afield, including the USA, which we wouldn't normally be able to do. We can also record the sessions so that those who can't attend are able to view the presentation at their convenience. Numbers attending are at least double what they would be at in-person meetings and we are intending to keep holding some meetings this way for the foreseeable future.

In addition, as covid restrictions are lifted, we are returning to some in-person meetings, but these will be of the type where members meet to talk with each other rather than listen to a speaker.

Monthly coffee mornings for parents proved more of a challenge. However, from May 2021 we started holding outdoor meet-ups and in November 2021 we held our first indoor coffee morning. Sadly these went into abeyance again until October 2022, but we will be reinstating a monthly schedule of coffee mornings, including one every other month at a local children's centre in order to provide a neutral space for parents to meet.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Our weekly trampolining and swimming classes were both suspended from March 2020 and our trampolining venue was subsequently closed down. However, trampolining classes were restarted in June 2021 at a new venue within the borough and these continue to be well-attended, with a waiting list in place. In January 2022 we were finally able to restart our weekly swimming classes. These are very popular and there is a long waiting list. We are investigating ways of increasing our capacity to allow more children to take part.

Our usual annual Family Summer Party didn't take place in 2020 or 2021 due to covid restrictions and uncertainty, but we were able to hold it in July 2022 at our usual venue in Ladywell with the regular attractions such as a bouncy castle, the Engine Shed, raffle, arts & crafts and food.

Our Teen Group was able to keep running throughout the year on a weekly basis via Zoom, providing a facilitated social get-together for SIGNAL members aged between 13 and 19. From June 2021 the group returned to its physical venue at a local café on Monday evenings and includes organised activities, such as board games and pizza-making, as well as informal chat, games and so on. Once a month we hold the session via Zoom for those who prefer to interact that way, and as often as possible we try to have the zoom link open at our in-person sessions for those who can't attend.

From September 2020 we have been offering a weekly yoga class via Zoom on Tuesday evenings. This has proved very popular and continues to be well-attended by parents and children each week.

Following on from our very successful mental health project in 2021, we have secured funding to extend the project in collaboration with The Deborah Ubee Trust to provide mental health support for some of our adult members and also some of our young people.

Having been unable to run any of our family day trips and outings since April 2020 due to the pandemic, we were able to restart the programme in October 2021. Sadly our Xmas 2021 panto outing was cancelled by the theatre due to covid in the cast, but since then we have run successful trips to the Planetarium in Greenwich, Diggerland in Kent, the London Eye and Southend.

Our private Facebook group continues to be a welcoming, supportive and active space for our members. It provides a lifeline for many.

SIGNAL has maintained a strong local presence and continues to work closely with the Local Authority and other agencies to support families affected by autism in Lewisham which, as a borough, has the highest ASD diagnosis rate of young people in England.

Volunteers

We would like to thank our volunteers who have generously donated their time and talents to the charity through what have been extremely trying times.

In 2022, two of our long-standing trustees resigned to move on to other things. Five new trustees signed up, giving us a total of eleven.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

FINANCIAL REVIEW

SIGNAL Family Support was in a healthy financial position as at 31st March 2022 in terms of covering existing costs and continues to be; total expenditure £60,125 (2021: £44,922). Our income of £69,677 (2021: £67,376) relies on a number of funding organisations whom we mention below. Our fundraiser works hard to maintain these relationships and to seek new funding sources for both our ongoing and our new projects.

A smaller source of income (approx. £3k pa) comes from membership fees. Pre-pandemic, the membership year ran from 1st April each year but it was decided in March 2020 not to ask for any membership fees for the year commencing 1st April 2020 as it didn't feel reasonable to ask families for money at a time when not only were our activities severely curtailed, but many of them were suffering reduced income due to the pandemic. We also waived the fee for the year commencing 1st April 2021 for the same reasons. In 2022 the trustees decided to reinstate the membership fee. We started charging new members a fee on joining from March 2022, and the renewal process was restarted in October 2022 (a shift of 6 months from the previous timetable, for administrative purposes).

Principal funding sources

A big thank you to BBC Children in Need, National Lottery Community Fund, London Community fund, the City of London and Children First Lewisham for their continued support of our activities, plus all members and supporters who donated throughout the year, including St Hilda's parish church in Crofton Park and The Embers folk band who have raised over £3k for SIGNAL since September 2020.

Reserves policy

The charity aims to maintain unrestricted reserves equivalent to 3 months' operating costs. For a normal year this is considered to be approximately £21,000. This has been maintained throughout the reporting period and the period up to the signing of the accounts. It is not anticipated that this policy will need to be changed in the foreseeable future.

FUTURE PLANS

Although the covid-19 pandemic is not over, we are now able to run most of our regular activities again. Over the coming months we are planning to get our expanded mental health project up and running, as well as increasing our capacity for our swimming classes. Coffee mornings, evening meetings and trips will once again be regular events.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and is a company limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity no: 1143147

Registered company number: 07532242 (England and Wales)

Registered office: Hatcham Oak Children's Centre, 29 Wallbutton Road, London SE4 2NX

Trustees

S Gregory	Chair	
H Jin	Treasurer	appointed 7 th August 2022
N Ballard		
S Edwards		
J Higgins		
G Nwaordu		
I Sinclair		
J Alaszewski		appointed 9 th September 2022
A McKinnon		appointed 11 th August 2022
Y Welch		appointed 11 th August 2022
T Jakubowiczova		appointed 19 th August 2022
K Mantle		resigned 25 th November 2022
K Cody		resigned 24 th June 2022

Independent examiner

Kathleen Moss ACMA, CGMA

Kathleen Moss Limited
48 Lawn Terrace
London
SE3 9LP

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees (who are also directors of SIGNAL Family Support Ltd for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgments and accounting estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the Board of Trustees on 12 December 2022 and signed on its behalf by

Chair of Trustees: S Gregory *S Gregory*

Treasurer: H Jin H Jin

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Independent Examiner's Report

To the Trustees of SIGNAL Family Support Limited

I report on my examination of the financial statements of the charitable company SIGNAL Family Support Ltd for the year ended 31st March 2022, which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Kathleen Moss ACMA, CGMA

Kathleen Moss Limited

48 Lawn Terrace

London

SE3 9LP



Dated: 12 December 2022

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Statement of Financial Activities
(including Income and Expenditure Account)
For the year ended 31st March 2022

		Unrestricted funds	Restricted funds	Total funds 2022	<i>Unrestricted funds</i>	<i>Restricted funds</i>	<i>Total funds 2021</i>
	Notes	£	£	£	£	£	£
Income							
Donations and legacies	3	10,140	-	10,140	6,064	-	6,064
Charitable activities	4	6,199	53,338	59,537	524	60,788	61,312
Total income		16,339	53,338	69,677	6,588	60,788	67,376
Expenditure:	5						
Raising funds		6,092	-	6,092	1,170	5,338	6,508
Charitable activities		6,922	47,111	54,033	-	43,752	43,752
Total expenditure		13,014	47,111	60,125	1,170	43,752	44,922
Net income/(expenditure)		3,325	6,227	9,552	5,418	17,036	22,454
Net income/(expenditure) and net movement in funds for the year		3,325	6,227	9,552	5,418	17,036	22,454
Reconciliation of funds							
Total funds brought forward		28,504	62,466	90,970	23,086	45,430	68,516
Total funds carried forward		£ 31,829	£ 68,693	£ 100,522	£ 28,504	£ 62,466	£ 90,970

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derives from continuing activities.

The statement of financial activities complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 8 to 16 form part of these accounts.

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Balance Sheet
As at 31st March 2021

	Note	<u>2022</u> £	<u>2021</u> £
Fixed assets			
Tangible Assets	8	-	80
Current assets			
Debtors		-	-
Cash at bank and in hand		<u>105,319</u>	<u>93,455</u>
		105,319	93,455
Liabilities:			
Creditors: Amount falling due within one year	9	(4,797)	(2,565)
		<u>100,522</u>	<u>90,890</u>
Net current assets / (liabilities)		100,522	90,890
Net assets		<u>100,522</u>	<u>90,970</u>
The funds of the charity:	10		
Restricted income funds	11	68,693	62,466
Unrestricted income funds	11		
General reserve		<u>31,829</u>	<u>28,504</u>
Total charity funds		<u>100,522</u>	<u>90,970</u>

The charity is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31st March 2022. No member of the charitable company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The trustees acknowledge their responsibilities for ensuring that the charitable company keeps accounting records which comply with sections 386 and 387 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The notes on pages 8 to 16 form part of these accounts.

The accounts were approved by the Board on 12 December 2022

S Gregory

Trustee

Charity Registration No. 1143147
Company Registration No. 07532242

S Gregory

Name

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Notes to the financial statements for the year ended 31st March 2022

1 Statutory information

SIGNAL Family Support Ltd is a charitable company, limited by guarantee, registered in England and Wales number 07532242, charity number 1143147. The charitable company's registered office address is Hatcham Oak Children's Centre, Wallbutton Road, London, SE4 2NX. The registered office is the principle place of business. The functional currency is sterling.

4 Accounting policies

2.1 Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

2.2 Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

2.3 Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The charitable company can comfortably operate based on confirmed funding along with sufficient reserves.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Covid-19 had a massive impact on the activities of the charitable company. The trustees took advantage of the Government furlough scheme and then the flexible furlough scheme, allowing activities to be taken online where possible and resumed when safe.

2.4 Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Where donations and grants are restricted to future accounting periods, they are deferred and recognised in those future accounting periods. Grants for immediate financial support and assistance, or to reimburse costs previously incurred, are recognised immediately.

Income from charitable activities comprises swimming, trampolining, dramatherapy and trips which are included when receivable.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

2.6 Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2022: *continued*

2.7 Expenditure and basis of apportioning costs

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis with the irrecoverable element of VAT included with the item to which it relates and has been classified under headings that aggregate all costs related to the category. Expenditure is classified under the following activity headings:

Raising funds: Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.

Charitable activities: Expenditure on charitable activities includes the costs of delivering services and other activities undertaken to further the purposes of the charity and their associated support costs.

2.8 Tangible fixed assets and depreciation

The charitable company operates a policy of capitalising fixed asset items over £500. Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life. The principal annual rates used for this purpose are:

Computer Equipment	25% on cost
--------------------	-------------

2.7 Leasing and hire purchase commitments

Rental charges are charged on a straight line basis over the term of the lease.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments.

The trustees seek to use short term deposits to maximise the return on monies held at the bank and to manage cash flow.

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.10 Creditors and provisions

Creditors and provisions are recognised where the charitable company has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2.11 Fundraising

Funds are raised through individual donations, grants from Trusts, Foundations and Government grants and contracts. Some fundraising events have also been carried out. SIGNAL Family Support Ltd employs a 3rd party fundraiser to assist with raising grant funding.

2.12 Pensions

The charitable company operates an Auto Enrolment defined contribution pension scheme. Contributions are charged to the Statement of Financial Activities as they are incurred.

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2022: continued

3 Donations and legacies	Unrestricted	Restricted	Total 2022 £
Donations & fundraising events	8,840	-	8,840
Membership subscriptions	1,300	-	1,300
	10,140	-	10,140

Donations and legacies - prior year comparative

	Unrestricted	Restricted	Total 2021 £
Donations & fundraising events	4,889	-	4,889
Membership subscriptions	1,175	-	1,175
	6,064	-	6,064

4 Income from charitable activities	Unrestricted	Restricted	Total 2022 £
The National Lottery Fund	-	6,960	6,960
BBC Children in Need	-	20,263	20,263
Job Retention Support	-	4,965	4,965
Children First Lewisham	-	21,150	21,150
City of London	-	-	-
Project fees	134	-	134
Trips	1,225	-	1,225
Trampolining/Swimming	4,840	-	4,840
	6,199	53,338	59,537

Income from charitable activities - prior year comparative

	Unrestricted	Restricted	Total 2021 £
London Community Fund - COVID response	-	7,025	7,025
The National Lottery Fund -COVID response	-	14,050	14,050
BBC Children in Need - COVID response	-	22,869	22,869
Job Retention Support	-	7,244	7,244
City of London	-	9,600	9,600
Project fees	460	-	460
Trips	-	-	-
Trampolining	64	-	64
	524	60,788	61,312

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2022: continued

5 Analysis of expenditure

	Cost of raising funds	Charitable activities	Governance costs	2022 Total
	£	£	£	£
Fundraising	5,924	-	-	5,924
Staff costs	-	21,424	-	21,424
Swimming	-	4,189	-	4,189
Trips (refund for cancelation)	-	5,940	-	5,940
Trampolining	-	8,486	-	8,486
Office & administration	-	2,003	-	2,003
Teens group	-	6,733	-	6,733
Parents' meetings/family activities	-	1,297	-	1,297
Yoga	-	1,960	-	1,960
Newsletter	-	431	-	431
Depreciation	-	80	-	80
Insurance	-	-	521	521
Legal	-	-	-	-
Training	-	-	-	-
Independent Examination 2022	-	-	780	780
Payroll service	-	-	357	357
Governance costs				
Total	5,924	52,543	1,658	60,125
Governance costs	168	1,490	(1,658)	-
Total expenditure 2022	6,092	54,033	-	60,125

	Unrestricted	Restricted	Total
Of the total expenditure: 2022	13,014	47,111	60,125
2021	1,170	43,752	44,922

Analysis of expenditure - prior year comparative

	Cost of raising funds	Charitable activities	Governance costs	2021 Total
	£	£	£	£
Fundraising	6,281	-	-	6,281
Staff costs	-	18,589	-	18,589
Mental Health project	-	11,500	-	11,500
Swimming	-	1,071	-	1,071
Trips (refund for cancelation)	-	802	-	(802)
Trampolining	-	39	-	39
Office & administration	-	729	-	729
Teens group	-	2,720	-	2,720
Parents' meetings/family activities	-	909	-	909
Yoga	-	1,360	-	1,360
Newsletter	-	150	-	150
Depreciation	-	79	-	79
Insurance	-	-	510	510
Legal	-	-	13	13
Training	-	733	-	733
Independent Examination 2021	-	-	780	780
Payroll service	-	-	261	261
Total	6,281	37,077	1,564	44,922
Governance costs	227	1,337	(1,564)	-
Total expenditure 2021	6,508	38,414	-	44,922

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2022: continued

6 Net income for the year

The net income for the year is stated after charging:	2022	2021
	£	£
Depreciation of tangible fixed assets owned by the charitable company	80	79
Independent Examination	780	780

7 Staff costs

Staff costs during the year were:	2022	2021
	£	£
Salaries and wages	20,800	18,066
Social Security costs	-	-
Employer's contribution to defined contribution pension schemes	624	523
	21,424	18,589

Number of employees

The average monthly number of employees during the year were:

	2022	2021
Administration	1	1

There were no employees whose annual remuneration was £60,000 or more.

The key management personnel of the charitable company were the Trustees.
Total employee benefits paid to key management personnel were nil (2020: nil).

8 Tangible fixed assets

	Equipment
	£
Cost:	
At 31 March 2022	2,376
Depreciation:	
At 1 April 2021	2,296
Charge for year	80
On disposals	-
At 31 March 2022	2,376
Net book value:	
At 31 March 2022	-
<i>At 31 March 2021</i>	<i>79</i>

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2022: continued

9 Creditors

Amounts falling due within one year:

	2022	2021
	£	£
Social Security and other taxes	249	251
Pension	121	121
Accruals & other creditors	4,427	2,193
	4,797	2,565

10 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fund Balances at 31 March 2022 are represented by:			
Tangible Fixed Assets	0	0	0
Current Assets	36,626	68,693	105,319
Creditors: Amounts falling due within one year	(4,797)	-	(4,797)
Total net assets	31,829	68,693	100,522

Analysis of net assets between funds - prior year comparative

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fund Balances at 31 March 2021 are represented by:			
Tangible Fixed Assets	11	69	80
Current Assets	31,058	62,397	93,455
Creditors: Amounts falling due within one year	(2,565)	-	(2,565)
Total net assets	28,504	62,466	90,970

SIGNAL FAMILY SUPPORT
(Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2022: continued

11 Funds

The income funds of the charity include restricted and unrestricted funds comprising the following unexpended balances of donations and grants held on trust:

	At 01-Apr 2021	Incoming	Outgoing	Transfer between funds	At 31-Mar 2022
	£	£	£		£
Restricted Funds					
COVID-Teen Group	3,392	6,960 (	6,733)	-	3,619
Swimming	9,260	- (	4,189)	-	5,071
Yoga	8,540	- (	1,960)	(5,340)	1,240
Trips	13,728	10,132 (	5,941)	-	17,919
Trampolining	7,034	9,000 (	8,485)	5,340	12,889
Financial/information/Gov ernance	516	12,150 (	4,349)	-	8,317
Administrator	19,996	10,131 (	10,489)	-	19,638
Job Retention Support	-	4,965 (	4,965)	-	-
Total Restricted Funds	62,466	53,338	(47,111)	-	68,693
Unrestricted funds:					
General funds	28,504	16,339	(13,014)	-	31,829
Total funds	90,970	69,677	(60,125)	-	100,522

Restricted Funds - description

The activities that SIGNAL Family Support members can access are supported by restricted funding where possible. Funding is sought from various Trusts and Funds. Most recently BBC Children in Need, London Community Fund, Children First Lewisham, Merchant Taylors and National Lottery have granted funds to support activities.

SIGNAL secured several COVID emergency response funds and took advantage of the CJRS funds available for the member of staff furloughed due to COVID related lockdowns and being unable to carry out normal duties.

Funds - prior year comparative

The income funds of the charity include restricted and unrestricted funds comprising the following unexpended balances of donations and grants held on trust:

	At 01-Apr 2020	Incoming	Outgoing	Transfer between funds	At 31-Mar 2021
	£	£	£		£
Restricted Funds					
COVID-Teen Group	-	5,638	(2,246)		3,392
Mental Health Project	-	9,600	(11,500)	1,900	-
Swimming	10,133	-	(873)		9,260
Horse Riding	9,900	-	-	(9,900)	-
Yoga	-	-	(1,360)	9,900	8,540
Trips	12,925	-	803		13,728
Trampolining	7,073	-	(39)		7,034
Financial/information	2,493	1,980	(3,957)		516
Administrator	2,906	36,326	(17,336)	(1,900)	19,996
Job Retention Support	-	7,244	(7,244)		-
Total Restricted Funds	45,430	60,788	(43,752)	0	62,466
Unrestricted funds:					
General funds	23,086	6,588	(1,170)	0	28,504
Total funds	68,516	67,376	(44,922)	-	90,970

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2022: continued

12 Taxation

The charitable company is registered as a charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

13 Related parties

There are no related party transactions to disclose for 2022 (2021: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

14 Trustees

None of the trustees (or any person connected with them) received any remunerations from the charity during the year. No reimbursements were made to trustees in 2022 (2021 none) for travelling and other expenses and no payments were made direct to third parties.

15 Pension and other post-retirement benefit commitments

Defined contribution	2022	2021
	£	£
Contributions payable by the company for the year	624	523

At 31 March 2022 £121 was outstanding, paid in April 2022.

16 Contingent assets or liabilities

There are no contingent assets or liabilities at March 2022 (2021: Nil).

17 Professional indemnity insurance

The charitable company has insurance to protect it from loss arising from the neglect or defaults of its Trustee, employees and agents and to indemnify the Trustees or other officers against the consequences of any neglect or default on their part. The insurance premium paid by the charitable company during the year totalled £521 (2021: £510).

18 Liability of members

SIGNAL Family Support Ltd is a company limited by guarantee and has no share capital. In the event of the company being wound up, the liability of the members is limited to £1 each.

19 Ultimate controlling party

The charitable company was under the control of the trustees during the period under review. There is no single ultimate controlling party.

SIGNAL FAMILY SUPPORT LIMITED

England & Wales - Charity number 1143147

Accounts

Registered charity no: 1143147

Registered company no: 07532242 (England and Wales)

SIGNAL FAMILY SUPPORT

(Limited by Guarantee)

Trustees' Report
and
Accounts
for the financial year
1st April 2020
to
31st March 2021

SIGNAL FAMILY SUPPORT

(Limited by Guarantee)

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Statement of financial activities	6
Balance sheet	7
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**SIGNAL FAMILY SUPPORT
(Limited by Guarantee)**

SIGNAL FAMILY SUPPORT LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for the UK and Republic of Ireland (FRS 102).

OBJECTIVES AND ACTIVITIES

Aims and Objectives

The principal aims of the association continue to be:

1. The provision of opportunities for families and interested individuals to give mutual support, informal advice, information and guidance in order to advance the wellbeing of families with children and young people (up to the age of 25 on joining) who are on the autism spectrum and live in the London borough of Lewisham.
2. The provision or the commissioning of facilities, services and activities for the benefit of the family members.

Significant activities

During the year to 31st March 2021, SIGNAL Family Support Ltd carried on its usual primary purpose of providing mutual support for its members via various activities but in new and different ways because of the covid-19 pandemic.

Our regular monthly evening meetings for members, with speakers covering autism-related topics, switched to Zoom from April 2020. These have proved enormously successful and have a number of advantages over in-person meetings. Parents have found it easier to attend as they don't have to travel or organise childcare; we can be more flexible in timings as we don't have to book a venue, and it is cheaper for the same reason. It is easier for speakers and has enabled us to book speakers from further afield, including the USA, which we wouldn't normally be able to do. We can also record the sessions so that those who can't attend are able to view the presentation at their convenience. Numbers attending are at least double what they would be at in-person meetings and we are intending to keep holding meetings this way for the foreseeable future.

Monthly coffee mornings for parents have proved more of a challenge and we didn't hold any in the year to 31st March 2021. However, from May 2021 we started holding outdoor meet-ups and in November 2021 we held our first indoor coffee morning. We are asking people to take lateral flow tests before attending.

Our weekly trampolining and swimming classes were both suspended from March 2020 and our trampolining venue was subsequently closed down. However, trampolining classes were restarted in June 2021 at a new venue within the borough and these continue to be well-attended, with a

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Trustees' Report – *continued*

waiting list in place. Unfortunately we haven't, as yet, been able to secure a venue for swimming lessons so these remain suspended.

Our usual annual Family Summer Party didn't take place in 2020 or 2021 due to covid restrictions and uncertainty. We hope to be able to hold it in 2022, but if nothing else, the pandemic has taught us that plans may change! If it does go ahead we would expect to be in our usual venue in Ladywell with the regular attractions such as a bouncy castle, the Engine Shed, raffle, arts & crafts and food.

Our Teen Group was able to keep running throughout the year on a weekly basis via Zoom, providing a facilitated social get-together for SIGNAL members aged between 13 and 19. From June 2021 the group returned to its physical venue at a local café on Monday evenings and includes organised activities, such as board games and pizza-making, as well as informal chat, games and so on.

From September 2020 we were able to offer a weekly yoga class via Zoom on Tuesday evenings. This has proved very popular and continue to be well-attended by parents and children each week.

In December 2020 we secured funding to set up a project with The Deborah Ubee Trust to provide mental health support for some of our adult members. We were able to roll out this project from January 2021 and it was hugely successful. The one-to-one meetings were held either by Zoom or as 'walk and talk'. We are now seeking funding to expand this project as it remains one of the main areas of concern for our members.

Starting in March 2021 the trustees and SIGNAL manager undertook a series of 6 autism training sessions with Kieran Rose, the Autistic Advocate. These consisted of 6 hour-long videos followed by an hour of discussion with Kieran on each one. It was felt that, although all the participants have a lived experience of autism, it was important not to get complacent and to make sure everyone was up-to-date with current thinking and knowledge. Some of the sessions were quite challenging, but very worthwhile and we believe it enables us to better support our members and the wider autistic community.

In August 2021 we launched our brand new website which is informative and user-friendly. The biggest innovation is that there is now an online membership application form, making it much easier for people to join SIGNAL.

Sadly, one of our main activities – family day trips and outings – had to be suspended from March 2020 due to covid restrictions. We did host an online planetarium show in August 2020 but all in-person trips were cancelled until October 2021 when we made a very popular visit to AirThrill soft play in Catford.

Our private Facebook group continues to be a welcoming, supportive and active space for our members. It provides a lifeline for many.

SIGNAL has maintained a strong local presence and continues to work closely with the Local Authority and other agencies to support families affected by autism in Lewisham which, as a borough, has the highest autism diagnosis rate of young people in England.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Trustees' Report – *continued*

Volunteers

We would like to thank our volunteers who have generously donated their time and talents to the charity through what have been extremely trying times.

FINANCIAL REVIEW

SIGNAL Family Support was in a healthy financial position as at 31st March 2021 in terms of covering existing costs, and continues to be. Our income relies on a number of funding organisations whom we mention below. Our fundraiser works hard to maintain these relationships and to seek new funding sources for both our ongoing and our new projects.

A smaller source of income (approx. £3k pa) comes from membership fees. The membership year runs from 1st April each year but it was decided in March 2020 not to ask for any membership fees for the year commencing 1st April 2020 as it didn't feel reasonable to ask families for money at a time when not only were our activities severely curtailed, but many of them were suffering reduced income due to the pandemic. We have also waived the fee for the year commencing 1st April 2021 for the same reasons. The membership fee situation will be reviewed in early 2022.

Principal funding sources

A big thank you to BBC Children in Need, National Lottery Community Fund, London Community fund, the City of London and Children First Lewisham for their continued support of our activities, plus all members and supporters who donated throughout the year, including St Hilda's parish church in Crofton Park and The Embers folk band who have raised over £3k for SIGNAL since September 2020.

As our activities were so curtailed, SIGNAL took advantage of the government furlough scheme where possible.

Reserves policy

The charity aims to maintain unrestricted reserves equivalent to 3 months' operating costs. For a normal year this is considered to be approximately £17,000. This has been maintained throughout the reporting period and the period up to the signing of the accounts. It is not anticipated that this policy will need to be changed in the foreseeable future.

Since March 2021 we have been able to secure additional 'covid response' funding for our weekly Teen Group, parents' online meetings, staffing costs, online yoga classes and the mental health project. As at the signing off date we have sufficient funds to support all our projects for at least a year, so we are confident that once covid restrictions are lifted to the extent that we can resume all our regular activities, we will be able to cover the costs.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Trustees' Report – continued

FUTURE PLANS

Because of the covid-19 pandemic, the year to 31 March 2021 and subsequent months proved to be enormously challenging. We had to suspend many of our regular activities such as swimming, trampolining and trips, although most of these are now running again. We look forward to improvements in the pandemic situation over the coming months and hope to get most of our regular projects underway again.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and is a company limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity no: 1143147

Registered company number: 07532242 (England and Wales)

Registered office: Hatcham Oak Children's Centre, 29 Wallbutton Road, London SE4 2NX

Trustees

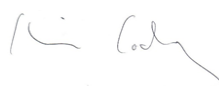
S Gregory	Chair
K J Cody	Treasurer
N Ballard	
S Edwards	
J Higgins	
K Mantle	
G Nwaordu	
I Sinclair	
M McInerney	resigned 24 th May 2021

Independent examiner Kathleen Moss ACMA, CGMA

Approved by the Board of Trustees on 19th December 2021 and signed on its behalf by

Sarah Gregory

Sarah Gregory -Chair



Kevin Cody -Treasurer

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Independent Examiner's Report

To the Trustees of SIGNAL Family Support Limited

I report on the accounts of the charity for the year ended 31st March 2021, which are set out on pages 6 to 17.

Respective responsibilities of Trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

The charity's trustees consider that an audit is not required for this year under Part 16 of the 2006 Act and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Kathleen Moss ACMA, CGMA

Kathleen Moss Limited

48 Lawn Terrace

London

SE3 9LP



Dated: 20th December 2021

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31st March 2021

		Unrestricted funds	Restricted funds	Total funds 2021	Unrestricted funds	Restricted funds	Total funds 2020
	Notes	£	£	£	£	£	£
Income							
Donations and legacies	3	6,064	-	6,064	9,692	-	9,692
Charitable activities	4	524	60,788	61,312	9,445	64,774	74,219
Total income		6,588	60,788	67,376	19,137	64,774	83,911
Expenditure:	5						
Raising funds		1,170	5,338	6,508	5,327		5,327
Charitable activities		0	43,752	43,752	18,738	32,675	51,413
Total expenditure		1,170	43,752	44,922	24,065	32,675	56,740
Net income/(expenditure)		5,418	17,036	22,454	(4,928)	32,099	27,171
Net income/(expenditure) and net movement in funds for the year		5,418	17,036	22,454	(4,928)	32,099	27,171
Reconciliation of funds							
Total funds brought forward		23,086	45,430	68,516	28,014	13,331	41,345
Total funds carried forward		£ 28,504	£ 62,466	£ 90,970	£ 23,086	£ 45,430	£ 68,516

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derives from continuing activities.

The statement of financial activities complies with the requirements for an income and expenditure account under the Companies Act 2006.

The notes on pages 8 to 17 form part of these accounts.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Balance Sheet

As at 31st March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible Assets	8	80	159
Current assets			
Debtors		-	-
Cash at bank and in hand		93,455	69,419
		93,455	69,419
Liabilities:			
Creditors: Amount falling due within one year	9	(2,565)	(1,062)
Net current assets / (liabilities)		90,890	68,357
Net assets		90,970	68,516
The funds of the charity:	10		
Restricted income funds	11	62,466	45,430
Unrestricted income funds	11		
General reserve		28,504	23,086
Total charity funds		90,970	68,516

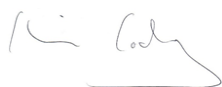
The charity is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31st March 2021. No member of the charitable company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The trustees acknowledge their responsibilities for ensuring that the charitable company keeps accounting records which comply with sections 386 and 387 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The notes on pages 8 to 17 form part of these accounts.

The accounts were approved by the Board on 19th December 2021



Kevin Cody - Treasurer



Sarah Gregory - Chair

Trustee

Charity Registration No. 1143147

Company Registration No. 07532242

SIGNAL FAMILY SUPPORT

(Limited by Guarantee)

Notes to the financial statements for the year ended 31st March 2021

1 Statutory information

SIGNAL Family Support Ltd is a charitable company, limited by guarantee, registered in England and Wales number 07532242, charity number 1143147. The charitable company's registered office address is Hatcham Oak Children's Centre, Wallbutton Road, London, SE4 2NX. The registered office is the principle place of business. The functional currency is sterling.

2 Accounting policies

2.1 Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

2.2 Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

2.3 Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The charitable company can comfortably operate based on confirmed funding along with sufficient reserves.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Covid-19 had a massive impact on the activities of the charitable company. The trustees took advantage of the Government furlough scheme and then the flexible furlough scheme, allowing activities to be taken online where possible and resumed when safe.

2.4 Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Where donations and grants are restricted to future accounting periods, they are deferred and recognised in those future accounting periods. Grants for immediate financial support and assistance, or to reimburse costs previously incurred, are recognised immediately.

Income from charitable activities comprises swimming, trampolining, dramatherapy and trips which are included when receivable.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

2.6 Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2021: *continued*

2.7 Expenditure and basis of apportioning costs

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis with the irrecoverable element of VAT included with the item to which it relates and has been classified under headings that aggregate all costs related to the category. Expenditure is classified under the following activity headings:

Raising funds: Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.

Charitable activities: Expenditure on charitable activities includes the costs of delivering services and other activities undertaken to further the purposes of the charity and their associated support costs.

2.8 Tangible fixed assets and depreciation

The charitable company operates a policy of capitalising fixed asset items over £500. Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life. The principal annual rates used for this purpose are:

Computer Equipment	25% on cost
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2.7 Leasing and hire purchase commitments

Rental charges are charged on a straight line basis over the term of the lease.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments.

The trustees seek to use short term deposits to maximise the return on monies held at the bank and to manage cash flow.

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.10 Creditors and provisions

Creditors and provisions are recognised where the charitable company has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2.11 Fundraising

Funds are raised through individual donations, grants from Trusts, Foundations and Government grants and contracts. Some fundraising events have also been carried out. SIGNAL Family Support Ltd employs a 3rd party fundraiser to assist with raising grant funding.

2.12 Pensions

The charitable company operates an Auto Enrolment defined contribution pension scheme. Contributions are charged to the Statement of Financial Activities as they are incurred.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2021: continued

3 Donations and legacies	Unrestricted	Restricted	Total 2021 £
Donations & fundraising events	4,889	-	4,889
Membership subscriptions	1,175	-	1,175
	6,064	-	6,064

Donations and legacies - prior year comparative

	Unrestricted	Restricted	Total 2020 £
Donations & fundraising events	5,781	-	5,781
Membership subscriptions	3,911	-	3,911
	9,692	-	9,692

4 Income from charitable activities	Unrestricted	Restricted	Total 2021 £
London Community Fund - COVID response	-	7,025	7,025
The National Lottery Fund -COVID response	-	14,050	14,050
BBC Children in Need - COVID response	-	22,869	22,869
Job Retention Support	-	7,244	7,244
City of London	-	9,600	9,600
Project fees	460	-	460
Trips	-	-	-
Trampolining	64	-	64
	524	60,788	61,312

Income from charitable activities - prior year comparative

	Unrestricted	Restricted	Total 2020 £
Merchant Taylors	-	14,633	14,633
Children First Lewisham	-	10,500	10,500
National Lottery	-	9,900	9,900
Baily Thomas	-	10,000	10,000
BBC Children in Need	-	19,741	19,741
Swimming	4,635	-	4,635
Trips	3,266	-	3,266
Trampolining	1,544	-	1,544
	9,445	64,774	74,219

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2021: continued

5 Analysis of expenditure

	Cost of raising funds	Charitable activities	Governance costs	2021 Total
	£	£	£	£
Fundraising	6,281	-	-	6,281
Staff costs	-	18,589	-	18,589
Mental Health project	-	11,500	-	11,500
Swimming	-	1,071	-	1,071
Trips (refund for cancelation)	-	(802)	-	(802)
Trampolining	-	39	-	39
Office & administration	-	729	-	729
Teens group	-	2,720	-	2,720
Parents' meetings/family activities	-	909	-	909
Yoga	-	1,360	-	1,360
Room hire	-	-	-	-
Newsletter	-	150	-	150
Depreciation	-	79	-	79
Insurance	-	-	510	510
Legal	-	-	13	13
Training	-	733	-	733
Independent Examination 2021	-	-	780	780
Payroll service	-	-	261	261
Total	6,281	37,077	1,564	44,922
Governance costs	227	1,337	(1,564)	-
Total expenditure 2020	6,508	38,414	-	44,922

	Unrestricted	Restricted	Total
Of the total expenditure: 2021	1,170	43,752	44,922
2020	24,065	32,675	56,740

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Analysis of expenditure - prior year comparative

	Cost of raising funds	Charitable activities	Governance costs	2020 Total
	£	£	£	£
<i>Fundraising</i>	5,103	-	-	5,103
<i>Staff costs</i>	-	21,424	-	21,424
<i>Swimming</i>	-	10,160	-	10,160
<i>Trips</i>	-	7,143	-	7,143
<i>Trampolining</i>	-	3,467	-	3,467
<i>Office & administration</i>	-	1,315	-	1,315
<i>Teens group</i>	-	3,132	-	3,132
<i>Parents' meetings/family activities</i>	-	1,543	-	1,543
<i>Room hire</i>	-	519	-	519
<i>Newsletter</i>	-	436	-	436
<i>Depreciation</i>	-	79	-	79
<i>Insurance</i>	-	-	501	501
<i>Legal</i>	-	-	13	13
<i>Library</i>	-	35	-	35
<i>Independent Examination 2020</i>	-	-	780	780
<i>Independent Examination 2019</i>	-	-	800	800
<i>Payroll service</i>	-	-	290	290
 <i>Total</i>	 5,103	 49,253	 2,384	 56,740
 <i>Governance costs</i>	 184	 1,777	 (1,961)	 -
 Total expenditure 2020	 5,287	 51,030	 423	 56,740

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2021: continued

6 Net income for the year

The net income for the year is stated after charging:	2021	2020
	£	£
Depreciation of tangible fixed assets owned by the charitable company	79	79
Independent Examination	780	780

7 Staff costs

Staff costs during the year were:	2021	2020
	£	£
Salaries and wages	18,066	20,800
Social Security costs	-	-
Employer's contribution to defined contribution pension schemes	523	624
	18,589	21,424

Number of employees

The average monthly number of employees during the year were:

	2021	2020
Administration	1	1

There were no employees whose annual remuneration was £60,000 or more.

The key management personnel of the charitable company were the Trustees.
Total employee benefits paid to key management personnel were nil (2020: nil).

8 Tangible fixed assets

	Equipment
	£
Cost:	
At 31 March 2021	2,376
Depreciation:	
At 1 April 2021	2,217
Charge for year	79
On disposals	-
At 31 March 2020	2,296
Net book value:	
At 31 March 2021	80
At 31 March 2020	159

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2021: continued

9 Creditors

Amounts falling due within one year:

	2021 £	2020 £
Social Security and other taxes	251	-
Pension	121	121
Accruals & other creditors	2,193	941
	2,565	1,062

10 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fund Balances at 31 March 2021 are represented by:			
Tangible Fixed Assets	11	69	80
Current Assets	31,058	62,397	93,455
Creditors: Amounts falling due within one year	(2,565)	-	(2,565)
Total net assets	28,504	62,466	90,970

Analysis of net assets between funds - prior year comparative

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fund Balances at 31 March 2020 are represented by:			
Tangible Fixed Assets	21	138	159
Current Assets	24,127	45,292	69,419
Creditors: Amounts falling due within one year	(1,062)	-	(1,062)
Total net assets	23,086	45,430	68,516

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2021: continued

11 Funds

The income funds of the charity include restricted and unrestricted funds comprising the following unexpended balances of donations and grants held on trust:

	At 01-Apr 2020 £	Incoming £	Outgoing £	Transfer between funds	At 31-Mar 2021 £
Restricted Funds					
COVID-Teen Group	-	5,638	(2,246)		3,392
Mental Health Project	-	9,600	(11,500)	1,900	-
Swimming	10,133	-	(873)		9,260
Horse Riding	9,900	-	-	(9,900)	-
Yoga	-	-	(1,360)	9,900	8,540
Trips	12,925	-	803		13,728
Trampolining	7,073	-	(39)		7,034
Financial/information	2,493	1,980	(3,957)		516
Administrator	2,906	36,326	(17,336)	(1,900)	19,996
Job Retention Support	-	7,244	(7,244)		-
Total Restricted Funds	45,430	60,788	(43,752)	0	62,466
Unrestricted funds:					
General funds	23,086	6,588	(1,170)	0	28,504
Total funds	68,516	67,376	(44,922)	-	90,970

Restricted Funds - description

The activities that SIGNAL Family Support members can access are supported by restricted funding where possible. Funding is sought from various Trusts and Funds. Most recently BBC Children in Need, London Community Fund, Children First Lewisham, Merchant Taylors and National Lottery have granted funds to support activities.

SIGNAL secured several COVID emergency response funds and took advantage of the CJRS funds available for the member of staff furloughed due to COVID related lockdowns and being unable to carry out normal duties.

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2021: continued

Funds - prior year comparative

The income funds of the charity include restricted and unrestricted funds comprising the following unexpended balances of donations and grants held on trust:

	At 01-Apr 2019 £	Incoming £	Outgoing £	Transfer between funds	At 31-Mar 2020 £
Restricted Funds					
Swimming	500	16,633	(7,000)		10,133
Horse Riding		9,900	-		9,900
			(7,761)		
Trips	5,814	14,872			12,925
Trampolining	7,017	4,450	(4,394)		7,073
Financial/information		3,550	(1,057)		2,493
Administrator		15,369	(12,463)		2,906
Total Restricted Funds	13,331	64,774	(32,675)		45,430
Unrestricted funds:					
General funds	28,014	19,137	(24,065)		23,086
Total funds	41,345	83,911	(56,740)		68,516

SIGNAL FAMILY SUPPORT (Limited by Guarantee)

Notes to the financial statements for the year ended 31 March 2021: continued

12 Taxation

The charitable company is registered as a charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

13 Related parties

There are no related party transactions to disclose for 2021 (2020: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

14 Trustees

None of the trustees (or any person connected with them) received any remunerations from the charity during the year. No reimbursements were made to trustees in 2021 (2020 none) for travelling and other expenses and no payments were made direct to third parties.

15 Pension and other post-retirement benefit commitments

Defined contribution	2021 £	2020 £
Contributions payable by the company for the year	523	624

At 31 March 2021 £121 was outstanding, paid in April 2021.

16 Contingent assets or liabilities

There are no contingent assets or liabilities at March 2021 (2020:Nil).

17 Professional indemnity insurance

The charitable company has insurance to protect it from loss arising from the neglect or defaults of its Trustee, employees and agents and to indemnify the Trustees or other officers against the consequences of any neglect or default on their part. The insurance premium paid by the charitable company during the year totalled £510 (2020: £501).

18 Liability of members

SIGNAL Family Support Ltd is a company limited by guarantee and has no share capital. In the event of the company being wound up, the liability of the members is limited to £1 each.

19 Ultimate controlling party

The charitable company was under the control of the trustees during the period under review. There is no single ultimate controlling party.