



**ANNUAL REPORT AND FINANCIAL
STATEMENTS
31 December 2022**

COMPANY INFORMATION

The company was incorporated in England and Wales on 21 June 2011 as The Bridge Pregnancy Crisis Centre and changed its name to Amber Crisis Pregnancy Care on 9 February 2012. The charity's governing document is its Memorandum and Articles of Association.

The company was registered as a charity on 27 July 2011, registration number 1143127.

Trustees

The trustees that served on the Amber Crisis Pregnancy Care board from 30 December 2019 to the date of this report were as follows:

Rev Jon Ward
Philippa Tagg
Richard Cienciala
Elzbieta Cienciala
Paul Whittle

Executive

The charity employs two members of staff, the Centre Manager and the Centre Administrator. There is a team of 13 volunteers, who are all trained practitioners, committed to supporting clients. Active practitioners undertake monthly supervision and 30 hours of CPD a year, in line with our organizational membership to BACP (British Association for Counselling and Psychotherapy).

Professional Advisers as at 31 December 2022

Registered office:	SJ's 56 Croydon Road, BR4 9HU
Bankers:	The Co-Operative Bank, PO Box 250, Skelmersdale, WN8 6WT
Independent Examiner:	Jonny Cummins

TRUSTEES' REPORT

The trustees present their annual report and the independently examined financial statements for the year ended 31 December 2022.

The financial statements have been prepared in accordance with accounting policies set out in the notes to the accounts and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Activities and Results

Amber Crisis Pregnancy Care support women and their partners coping with a range of pregnancy related crises. We offer a quiet and safe place, along with information and the opportunity to explore the options, for those facing tough decisions following the discovery of an unintended pregnancy. We offer support with any struggles occurring as a result of the decision taken. We also offer support following the early loss of a baby through miscarriage or failed IVF.

We've now supported over 240 clients. During 2022, as well as continuing to support 22 clients ongoing from 2021, we supported 34 new clients; these included 21 clients following a miscarriage, 6 clients following a termination, 2 clients experiencing fertility issues, 2 clients needing pregnancy support and 3 clients with unplanned pregnancies. We provided 516 client sessions in total during 2022, these being online and face to face.

Our counselling services have been and continue to be much needed. The NHS is working towards supporting those with the more severe PTSD symptoms due to pregnancy loss and birth trauma using specific therapies. Our service provides the talking therapy and processing opportunities that many others need in order to recover and live healthier, more fulfilling lives. Our evaluations show that people finish counselling with us with improved mental health and the ability to look to the future. Individuals make their own referrals but are often signposted to us by Talking Therapies (IAPT), GPs and hospitals.

We rely on generous donations and fundraising activities to keep the day-to-day operations of our centre going. We applied for grant funding to help support these and in 2022 received a grant of £1,000 from the Albert Hunt Trust, £1,000 from Arnold Clarke, £7500 over three years from Yapp (£2,500 in 2022), and £11,877 from The People's Postcode Lottery, as well as a donation of £150 from Co-op and a donation of £200 from The Prism Charitable.

News

Amber CPC, in partnership with London Borough of Bromley and their parks management contractors, idverde, are creating a Baby Memorial Garden in Chislehurst Cemetery. This garden will be the first of its kind in the borough, and a peaceful, greenspace for families to grieve their losses.

The estimated cost for the project is £43,762. To date we have received funding from The Chislehurst Society (£3,000), Amber Grant (£1,000), Jubilee Grant (£15,000) and more recently we have been awarded the top prize of £1,500 from the Tesco Community Grant Scheme. This brings the total raised to date to £20,500.

Our 10th anniversary celebration was held on 25th March at the Ripley Arts Centre in Bromley. Forty guests attended and £420 was raised in donations from the event.

In 2022 with the help of Working Progress, we created an animation which is featured on our website and Facebook page. It shares the story of a client with an unplanned pregnancy, and how she feels with the support of Amber CPC. A marked increase in contact from pregnancy choices clients has been noticed since the animation went live on our website homepage in March 2022. It has also helped professionals and supporters understand and promote our services. We have now made the animation available to other centres. The animation has recently been adapted for Options Pregnancy Crisis and Post Abortion Service to include Welsh and Polish voiceovers. Pregnancy Choices Centre, based in Northern Ireland, are in the process of purchasing it and will adapt it to include a Northern Irish accent. The total income from these animations will be £1,500.

Forthcoming Events

Tbc

Trustees and their Interests

No trustee is employed by or has any interest in any contract with the charity.

A list of trustees is shown on page 2.

Recruitment of Trustees

When the charity was set up in 2011 there were three trustees. These have since stepped down and new trustees have been invited to join the Board. Of the current trustees, one joined in January 2013, three joined in February 2019 and one in January 2020. These

trustees were invited to join due to their interest in this area of work and it was felt that they would bring strong personal commitment to the charity's aims and objectives, as well as helpful work experience and skills.

Public Benefit

The trustees confirm that, to the best of their knowledge and belief, they have complied with the Charities Act 2011 in respect to having due regard to public benefit guidance published by the Charity Commission.

Financial Review and Reserves Policy

The income of the charity in 2022 was £25.2k of which around 65% (£16.7k) came from grants. A further £5.1k came from regular monthly giving from supporters, £2.2k from other donations and £1.1k tax reclaimed on gift-aided donations. The expenditure in 2022 was £23.3k with the largest part of that being for employee salaries (£10.6k), animation costs (£3.7k), 10th birthday celebration costs (£1.2k), supervision and membership fees (£3.3k) and training (£1.6k). The balance of the expenditure was for telephone costs, insurance, and other incidental costs. Income in 2022 exceeded expenditure by £1.9k. The charity's Reserves Policy recommends that reserves should be sufficient to meet 3-months anticipated costs. At the end of the financial year, 31st December 2022, the charity had reserves in the bank of £29.2k which would be enough to cover all anticipated costs for 2023 and most of 2024.

Key Management Personnel

Amber CPC is led by a team of 5 trustees with varying experience including in the charity sector, education, and government. The trustees meet 4 times a year and on an ad hoc basis when necessary. They have recently led the charity in some vision and mission work to better define our aims and objectives and to inform a strategic plan for the next 3 years. All trustees give their time freely and no trustee remuneration was paid in the year.

Independent Examiner

The accounts were independently examined by Jonny Cummins on 28th August 2023.

Statement of the Responsibilities of the Trustees

The trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accountancy Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare the financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including income and expenditure of the charitable company for that period.

In preparing these financial statements, the trustees are required to:

- a. select suitable accounting policies and then apply them consistently;
- b. observe the methods and principles in the Charities SORP;
- c. make judgments and estimates that are reasonable and prudent;
- d. state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e. prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy at any time, the financial position of the company and enable them to ensure that the financial statements comply with the requirements of the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection for fraud and other irregularities.

INDEPENDENT EXAMINER'S REPORT

Independent examiner's report to the trustees of Amber Crisis Pregnancy Care ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees of the Company, you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in Ireland, which is one of the listed bodies. I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: *Jonny Cummins*

Name: Jonny Cummins

Institute of Chartered Accountants in Ireland

Address: 54 Ellis Road, Horsham, RH12 3GR

Date: 28th August 2023

**STATEMENT OF FINANCIAL ACTIVITIES (incorporating Income and Expenditure
Account)**
For the year ended 31 December 2022

Financial Report 31.12.22

		1stJan-31stDec	1stJan-31stDec	1stJan-31Dec	1stJan-31Dec
INCOME		Anticipated Income	Anticipated Expenditure	Actual Income	Actual Expenditure
Regular donations		£ 4,500.00		£ 5,051.60	
Sponsored events				£ -	
	London 10K	£ 1,200.00		£ -	
	Half Iron Man			£ -	
Other gifts and donations				£ -	
	Online donations	£ 2,000.00		£ 19.78	
	SumUp			£ 70.77	
	Paypal			£ 235.01	
				£ 300.00	
Cash donations		£ 90.00		£ -	
10th Birthday celebrations		£ -		£ 420.00	
Cream Tea		£ 1,500.00		£ -	
Grants		£ 12,000.00		£ 16,727.00	
Animation		£ -		£ -	
Gift Aid reclaim on 2021 gifts		£ 850.00		£ 1,139.21	
Give As You Live (Everyclick) & Smile		£ 350.00		£ 1,178.35	
Bank interest		£ 10.00		£ 24.98	
Refunds				£ -	
		£ 22,500.00		£ 25,166.70	
EXPENDITURE					
Companies House			£ 13.00		£ 13.00
Fundraising costs					
	London 10K		£ 105.00		£ -
Gifts and Donations					
Bromley C&FVSF			£ 10.00		£ -
Gift for Independent Examiner					£ -
Pregnancy Centres Network			£ 240.00		£ 270.00
Insurance	May		£ 500.00		£ 314.94
General stationery/software			£ 50.00		£ -
Postage			£ -		£ -
Professional					
BACP membership			£ 250.00		£ 240.00
Supervision			£ 3,750.00		£ 3,060.00
Resources			£ 150.00		£ -
Publicity and PR					
Design and printing costs					
	Vista		£ 250.00		£ 270.00
	Smile		£ -		£ -
Web-site	Squarespace		£ 216.00		£ 216.00
	IONOS		£ 50.00		£ 41.90
	Animation		£ 3,500.00		£ 3,720.00
Pregnancy Choices Directory			£ 240.00		£ 242.50
Christmas card costs and delivery			£ 120.00		£ 93.53
Other possible publicity/Networking					£ -
Rent					£ -
Employees	Breathe HR		£ 120.00		£ 69.60
	Salaries		£ 12,000.00		£ 10,577.37
	Expenses		£ 500.00		£ -
Safeguarding					£ -
Thirtyone:eight Annual membership			£ 129.00		£ 129.00
DBS Checks @ £12.25			£ 24.50		£ 62.50
Telephone and Internet					
McAfee			£ 50.00		£ -
Zoom			£ 90.00		£ 28.78
MS Office			£ 80.00		£ -
Voipfone			£ 40.00		£ -
Mobiles			£ 320.00		£ 252.29
Training	Internal		£ 20.00		£ 15.00
	PCN conference		£ 780.00		£ 787.80
	External		£ 500.00		£ 760.00
Travel, Subsistence & Hospitality					
Parents' Workshop			£ 375.00		£ -
Hospitality costs (incl. prayer breakfast)			£ 150.00		£ 105.00
Volunteer travel @ 45p/mile			£ 500.00		£ 237.80
Parking			£ 50.00		£ -
Awayday expenses - food			£ 250.00		£ 374.00
Miscellaneous					
Team/Trustee gifts			£ 120.00		£ -
10th Birthday celebrations			£ -		£ 1,192.15
Memorial Garden			£ 835.00		£ -
Sundry			£ 300.00		£ 178.60
		£ 22,500.00	£ 26,664.50	£ 25,166.70	£ 23,251.76
AnticipatedProfit (-loss)		-£ 4,164.50		£ 1,914.94	
Bank balance at 31.12.2021 & 31.12.2022		£ 27,311.32		£ 29,226.26	
				£ -	check sum

The Trustees declare that they have approved the report above:

Signed on behalf of Amber CPC’s trustees:

Signature: J. Ward.....

Full Name: Rev. Jon Ward

Position: Chairman.....

Date: 8th September 2023