

REGISTERED COMPANY NUMBER: 07553999 (England and Wales)  
REGISTERED CHARITY NUMBER: 1142838

**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2023  
for  
Mid Cheshire Mind**

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

**Contents of the Financial Statements  
for the year ended 31 March 2023**

	<b>Page</b>
<b>Report of the Trustees</b>	<b>1 to 4</b>
<b>Independent Examiner's Report</b>	<b>5</b>
<b>Statement of Financial Activities</b>	<b>6</b>
<b>Balance Sheet</b>	<b>7</b>
<b>Notes to the Financial Statements</b>	<b>8 to 12</b>
<b>Detailed Statement of Financial Activities</b>	<b>13 to 14</b>

**Mid Cheshire Mind**  
**Report of the Trustees**  
**for the year ended 31 March 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The Charity operates in Mid Cheshire including the towns of Winsford, Northwich and the surrounding rural communities:

- a) to promote the preservation of mental health and to assist by enabling and empowering everyone experiencing mental health problems to live, manage and recover from their condition.
- b) to relieve the needs of people with mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding, and challenge stigma and discrimination.

**Public benefit**

The trustees have complied with the duty in Section 4 of the 2006 Act to have due regard to public benefit guidance published by the Charity Commission.

## Mid Cheshire Mind

### Report of the Trustees for the year ended 31 March 2023

#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

###### Introduction

Can I begin by saying thank you for taking the time to read our Annual Report and in your wider engagement with our organisation and our people. This report contains the key reflections of the Trustees covering the year to March 31st, 2023, and our thoughts on the period ahead.

In setting out this report, it is worthwhile reminding ourselves that Mid Cheshire Mind (MCM) has been providing vital services and support for over 20 years, initially as Winsford Mind, to the local Community. This many years of service is something that we should all be tremendously proud of and is testament to the huge contributions of our staff and volunteers and the generosity and support of our funders. So, we begin with a huge thank you to all of those who helped us sustain what we do.

###### Operations

During the year we faced a Mind Quality Mark (MQM) assessment. This happens once every three years when the Central Mind organisation reviews how we operate as a charity, checks our processes and procedures and decides if we meet the requirements to be a member of the Mind Federation. It is key that we pass the assessment as it allows us to use the Mind logo and to benefit from kudos of being part of the Mind family and the support offered centrally. While this involved a considerable amount of work and a distraction from service delivery, it also allowed us to review our ways of working and improve and refine many of our processes. I am pleased to announce we successfully passed the assessment.

Over the past three years the Trustees have realised we are too small with insufficient staff and volunteers to deal with any unplanned absences by key staff. This was highlighted in the MQM review when they noted many operational duties were being performed by Trustees. We are the smallest Local Mind, and it was suggested that we should consider working more closely with neighbouring Local Minds to support our growth.

In September our shop manager resigned, and we took the painful decision to close the shop. In past years the shop had contributed over £40K in funds, however costs were increasing and the net contribution was too small considering the amount of management effort required by our General Manager to keep the shop running smoothly. The shop was also a touch point for many people looking for mental health support and we also encouraged some of our service users to volunteer to support their recovery. We will be looking at alternative ways to fulfil these objectives.

The Winsford Town Centre redevelopment began in early 2023 and after several break-ins at our Centre, we decided to move to temporary accommodation in the "Grocery", what was the old Job Centre and is now used as a Hub for several charities. We plan to move to a permanent location in the next financial year.

##### Charitable activities

Covid-19 may be in the past; however, we are still experiencing a negative impact on mental health and expect this to continue for some time. In addition, we will also see an adverse impact from the growing concerns over the cost-of-living pressures which we know can make mental health problems more severe and long-lasting.

Our One for Sorrow bereavement counselling has continued to be very popular, and we were able to increase the funding we received from the Co-op Group to maintain and grow this service.

Our regular group activities included art, crafts, mindfulness sessions and walking groups. We will continue to look at expanding this where we see demand. Our collaboration with the CAB has been successful and they ran weekly surgeries in our offices which have been very popular. However, our move into temporary accommodation, has required us to cut back on some group activities and the CAB surgeries due to lack of space. We believe we have identified new premises which will be much bigger than our old Centre and will allow us to reinstate and grow our service offering.

A greater awareness of mental health and the recognition that it is 'easier' to talk about mental health now than it was in the past has generated enquiries from organisations to work with them in supporting their staff wellbeing. We will continue to build on this, looking to extend our links into the workplace, to colleges, sports clubs, and other organisations to ensure people feel able to access support and advice when it is needed.

##### Statistics

Activity	Delivered
Telephone advice	>550 calls
Drop-in sessions	>700 people
1:2:1 Counselling	>400 people
Attendance at groups	> 200 people
Volunteers	> 18 years of effort

##### Next Year

We will look to grow and extend our volunteer base and have several initiatives that will provide us with capacity, skills, and experience to supplement and enhance our direct workforce. We want to create a variety of volunteer

## **Mid Cheshire Mind**

### **Report of the Trustees for the year ended 31 March 2023**

roles, "core" volunteers who regularly give up their time to run group activities; patrons who aspire to be trustees but cannot commit a regular amount of time; ambassadors who are opinion leaders in our community and are willing to be associated with our Charity. We are still developing our thinking and we will identify our roles under the umbrella of "Friends of MCM".

We plan to relaunch MCM in our new premises and to rebuild connections with the Community we may have lost during our time in temporary accommodation.

We will seek closer working relationships with other Local Minds and consider a merger if we can find a suitable partner.

#### **Fundraising activities**

We continue to offer fundraising events to raise additional funds for the charity.

Enormous thanks must be given to all the volunteers who have contributed their time and effort to making a difference to the mental health of local people.

## **FINANCIAL REVIEW**

#### **Financial position**

The results for the year are shown in the Statement of Financial Activities. Income for the year has decreased to £118,164, whilst expenditure has increased to £137,427. This has resulted in net expenditure for the year of £19,263 and leaves total funds at 31 March 2023 of £118,590, of which £2,185 is restricted.

The reduction of income £25,263 was largely due to closing of our shop (£21,555). Costs also increased as we invested in an unfunded administration resource to free up our General Manager to focus on the MQM audit and attracting more funding.

#### **Investment policy and objectives**

The charity does not have an investment policy. When available, funds are held in interest bearing bank accounts.

#### **Reserves policy**

The trustees feel that the charity has a legal responsibility to its beneficiaries to take a long term view of its commitments. The trustees continue to consider the increasing insecurity of funding, the delay in assessments and the payment of grants and the need to give as much notice as possible of withdrawal of project work and/or support. The trustees are determined to work towards maintaining a reserve at the level of six months running costs to cover current commitments. This will include designated funds as detailed in guidance by the Charity Commission.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

#### **Recruitment and appointment of new trustees**

Appointment of trustees is governed by the Memorandum and Articles of Association.

#### **Organisational structure**

The trustees delegate the day to day responsibilities of running the charity to the staff. The charity also has a management committee which consists of the trustees and two member representatives.

#### **Induction and training of new trustees**

New trustees are advised of their duties by the existing trustees and are provided with copies of previous years accounts. They are offered access to training, if required, and are informed of information and publications available through the Charity Commission.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

07553999 (England and Wales)

#### **Registered Charity number**

1142838

#### **Registered office**

The Bungalow  
1a Dene Drive  
Winsford  
Cheshire  
CW7 1AX

Mid Cheshire Mind

Report of the Trustees  
for the year ended 31 March 2023

**Trustees**

P Bruder (resigned 26.10.22)

Ms J Ledward

J M S Wheeler

A J Galbraith

Mrs J Hughes (resigned 16.10.22)

Ms K Bury (resigned 1.11.22)

S Fisher (appointed 17.9.23)

Mrs L Ingram (appointed 17.9.23)

**Independent Examiner**

Bennett Brooks & Co Limited

Chartered Accountants

St George's Court

Winnington Avenue

Northwich

Cheshire

CW8 4EE

Approved by order of the board of trustees on 21/11/23 and signed on its behalf by:

  
J M S Wheeler - Trustee

**Independent Examiner's Report to the Trustees of  
Mid Cheshire Mind**

**Independent examiner's report to the trustees of Mid Cheshire Mind ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



M Snape FCCA

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

Date: 21/11/23

Mid Cheshire Mind

Statement of Financial Activities  
for the year ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		29,886	-	29,886	20,768
<b>Charitable activities</b>					
Information and support services		30,504	27,471	57,975	61,202
Other trading activities	2	29,882	-	29,882	60,889
Investment income	3	421	-	421	183
<b>Total</b>		<u>90,693</u>	<u>27,471</u>	<u>118,164</u>	<u>143,042</u>
<b>EXPENDITURE ON</b>					
Raising funds		-	-	-	2,340
<b>Charitable activities</b>					
Information and support services		93,103	44,324	137,427	128,528
<b>Total</b>		<u>93,103</u>	<u>44,324</u>	<u>137,427</u>	<u>130,868</u>
<b>NET INCOME/(EXPENDITURE)</b>		(2,410)	(16,853)	(19,263)	12,174
Transfers between funds	10	<u>3,932</u>	<u>(3,932)</u>	-	-
<b>Net movement in funds</b>		1,522	(20,785)	(19,263)	12,174
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		114,883	22,970	137,853	125,679
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>116,405</u></u>	<u><u>2,185</u></u>	<u><u>118,590</u></u>	<u><u>137,853</u></u>

The notes form part of these financial statements



Mid Cheshire Mind

Balance Sheet  
31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	7	2,604	2,152	4,756	5,281
<b>CURRENT ASSETS</b>					
Debtors	8	-	-	-	80
Cash at bank		114,020	2,099	116,119	137,546
		<u>114,020</u>	<u>2,099</u>	<u>116,119</u>	<u>137,626</u>
<b>CREDITORS</b>					
Amounts falling due within one year	9	(219)	(2,066)	(2,285)	(5,054)
<b>NET CURRENT ASSETS</b>		<u>113,801</u>	<u>33</u>	<u>113,834</u>	<u>132,572</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>116,405</u>	<u>2,185</u>	<u>118,590</u>	<u>137,853</u>
<b>NET ASSETS</b>		<u>116,405</u>	<u>2,185</u>	<u>118,590</u>	<u>137,853</u>
<b>FUNDS</b>	10				
Unrestricted funds				116,405	114,883
Restricted funds				2,185	22,970
<b>TOTAL FUNDS</b>				<u>118,590</u>	<u>137,853</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21/11/23 and were signed on its behalf by:



~~A. J. C. Smith~~ - Trustee

S. M. FISHER - TRUSTEE

The notes form part of these financial statements

**Notes to the Financial Statements  
for the year ended 31 March 2023**

### Basis of preparing the financial statements

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- Income

### Expenditure

### Tangible fixed assets

Fixtures and fittings - 20% on reducing balance

## Taxation

### Fund accounting

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

## 2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising events	4,407	9,624
Shop income	21,977	43,532
DWP Resource Management	3,498	7,733
	<u>29,882</u>	<u>60,889</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

3. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	421	183
	<u>421</u>	<u>183</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	1,183	1,314
Deficit on disposal of fixed assets	421	-
	<u>1,604</u>	<u>1,314</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Trustees	5	7
Charitable activities	6	7
	<u>11</u>	<u>14</u>

No employees received emoluments in excess of £60,000.

7. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
<b>COST</b>	
At 1 April 2022	18,583
Additions	1,079
Disposals	(3,617)
At 31 March 2023	<u>16,045</u>
<b>DEPRECIATION</b>	
At 1 April 2022	13,302
Charge for year	1,183
Eliminated on disposal	(3,196)
At 31 March 2023	<u>11,289</u>
<b>NET BOOK VALUE</b>	
At 31 March 2023	<u>4,756</u>
At 31 March 2022	<u>5,281</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Prepayments and accrued income	-	80
	<u>          </u>	<u>          </u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Other creditors	233	202
Accruals and deferred income	2,052	4,852
	<u>          </u>	<u>          </u>
	<u>2,285</u>	<u>5,054</u>

10. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	Transfers between funds	At 31.3.23
	£	£	£	£
<b>Unrestricted funds</b>				
General fund	114,883	(2,410)	3,932	116,405
<b>Restricted funds</b>				
Training fund	3,573	(1,884)	(1,689)	-
Computer fund	2,558	(460)	(2,098)	-
Kitchen fund	2,000	(1,388)	-	612
Refurbishment	1,710	(137)	-	1,573
Website fund	145	-	(145)	-
One for Sorrow	12,984	(12,984)	-	-
	<u>22,970</u>	<u>(16,853)</u>	<u>(3,932)</u>	<u>2,185</u>
<b>TOTAL FUNDS</b>	<u>137,853</u>	<u>(19,263)</u>	<u>-</u>	<u>118,590</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	90,693	(93,103)	(2,410)
<b>Restricted funds</b>			
Training fund	-	(1,884)	(1,884)
Computer fund	-	(460)	(460)
Kitchen fund	-	(1,388)	(1,388)
Refurbishment	-	(137)	(137)
One for Sorrow	27,471	(40,455)	(12,984)
	<u>27,471</u>	<u>(44,324)</u>	<u>(16,853)</u>
<b>TOTAL FUNDS</b>	<u>118,164</u>	<u>(137,427)</u>	<u>(19,263)</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	108,677	6,206	114,883
<b>Restricted funds</b>			
Training fund	3,573	-	3,573
Computer fund	8,902	(6,344)	2,558
Kitchen fund	2,500	(500)	2,000
Refurbishment	1,882	(172)	1,710
Website fund	145	-	145
One for Sorrow	-	12,984	12,984
	<u>17,002</u>	<u>5,968</u>	<u>22,970</u>
<b>TOTAL FUNDS</b>	<u>125,679</u>	<u>12,174</u>	<u>137,853</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	119,981	(113,775)	6,206
<b>Restricted funds</b>			
Computer fund	-	(6,344)	(6,344)
Kitchen fund	-	(500)	(500)
Refurbishment	-	(172)	(172)
One for Sorrow	23,061	(10,077)	12,984
	<u>23,061</u>	<u>(17,093)</u>	<u>5,968</u>
<b>TOTAL FUNDS</b>	<u>143,042</u>	<u>(130,868)</u>	<u>12,174</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
<b>Unrestricted funds</b>				
General fund	108,677	3,796	3,932	116,405
<b>Restricted funds</b>				
Training fund	3,573	(1,884)	(1,689)	-
Computer fund	8,902	(6,804)	(2,098)	-
Kitchen fund	2,500	(1,888)	-	612
Refurbishment	1,882	(309)	-	1,573
Website fund	145	-	(145)	-
	<u>17,002</u>	<u>(10,885)</u>	<u>(3,932)</u>	<u>2,185</u>
<b>TOTAL FUNDS</b>	<u>125,679</u>	<u>(7,089)</u>	<u>-</u>	<u>118,590</u>

# Mid Cheshire Mind

## Notes to the Financial Statements - continued for the year ended 31 March 2023

### 10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	210,674	(206,878)	3,796
<b>Restricted funds</b>			
Training fund	-	(1,884)	(1,884)
Computer fund	-	(6,804)	(6,804)
Kitchen fund	-	(1,888)	(1,888)
Refurbishment	-	(309)	(309)
One for Sorrow	50,532	(50,532)	-
	<u>50,532</u>	<u>(61,417)</u>	<u>(10,885)</u>
<b>TOTAL FUNDS</b>	<u>261,206</u>	<u>(268,295)</u>	<u>(7,089)</u>

The general fund represents the free funds of the charity which are not designated for particular purposes.

The computer fund comprises funding towards the provision and running costs of computer equipment. All monies had been allocated by the year end.

The kitchen fund represents kitchen equipment donated by Vale Royal Lions Club. The balance on the fund represents depreciation not yet charged.

The website fund consists of grant funding towards the costs of maintaining a website for the group. The balance on the fund represents monies not spent by the year end.

The training fund consists of training grants provided by MIND and Winsford Town Council. The balance on the fund represents monies not spent by the year end.

The refurbishment fund represents funding from NHS Vale Royal Clinical Commissioning Group towards refurbishment at the charity's premises.

The One for Sorrow fund is part of our regular funding and comes from Cheshire West (EIP) and is worth £17,744 per annum paid to us quarterly in advance. In this tax year we received £27,471 from Mind to cover the period September 2022 to March 2023 to provide bereavement counselling. Mind is managing a bigger donation made to them by the Co-operative Group and has allocated the fund across several Local Minds.

### 11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

Mid Cheshire Mind

Detailed Statement of Financial Activities  
for the year ended 31 March 2023

	2023 £	2022 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	29,886	20,665
Gift aid	-	103
	<u>29,886</u>	<u>20,768</u>
<b>Other trading activities</b>		
Fundraising events	4,407	9,624
Shop income	21,977	43,532
DWP Resource Management	3,498	7,733
	<u>29,882</u>	<u>60,889</u>
<b>Investment income</b>		
Deposit account interest	421	183
<b>Charitable activities</b>		
Club receipts	25	120
Grants	57,950	61,082
	<u>57,975</u>	<u>61,202</u>
<b>Total incoming resources</b>	<b>118,164</b>	<b>143,042</b>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Fundraising costs	-	2,340
<b>Charitable activities</b>		
Wages	75,467	75,807
Pensions	1,092	1,218
Rent, rates and water	7,177	8,060
Insurance	956	823
Light and heat	5,733	6,264
Telephone	2,231	1,715
Postage and stationery	-	91
Advertising and website	1,854	5,170
Sundries	2,140	56
Subscriptions	1,626	867
Holidays and trips	50	-
Counsellor fees	31,798	22,277
Club provisions and materials	-	160
Repairs and maintenance	1,111	1,078
Training costs	30	400
Staff travel costs	1,048	-
Depreciation of tangible fixed assets	1,183	1,314
Loss on sale of tangible fixed assets	421	-
	<u>133,917</u>	<u>125,300</u>
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	210	18

This page does not form part of the statutory financial statements

**Detailed Statement of Financial Activities  
for the year ended 31 March 2023**

	2023 £	2022 £
<b>Finance</b>		
<b>Governance costs</b>		
Accountancy and legal fees	3,300	3,210
<b>Total resources expended</b>	<u>137,427</u>	<u>130,868</u>
<b>Net (expenditure)/income</b>	<u>(19,263)</u>	<u>12,174</u>