

**REGISTERED COMPANY NUMBER: 07553999 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1142838**

**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2021  
for  
Mid Cheshire Mind**

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

**Mid Cheshire Mind**

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for the year ended 31 March 2021**

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## **Mid Cheshire Mind**

### **Report of the Trustees for the year ended 31 March 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The purpose of the charity is to promote and support adults who have mental health problems. This is achieved by offering a mental health drop-in centre and we provide support, advice and advocacy to our members. We also offer educational and recreational activities as well as organising group trips and holidays.

##### **Public benefit**

The trustees have complied with the duty in Section 4 of the 2006 Act to have due regard to public benefit guidance published by the Charity Commission.

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

The purpose of the charity is to promote and support adults with mental health problems and as a local voluntary organisation we play an important role in providing local support and contributing to the wellbeing of the community.

The past financial year has been very challenging due to the Covid-19 pandemic. All Charities have suffered, and we were no exception. We welcomed Jaide Thomas to our staff as manager of our shop in November, however due to the lockdown, she was unable to open the shop other than a few days around Christmas. However, she used her time well and the shop and storage areas were repainted and reorganised and a new till system implemented in preparation for the reopening which took place in April 2021 (the current financial year).

The drop-in centre was redecorated and refreshed to 'welcome back' service users.

The lockdown rules restricted our ability to run the drop-in centre and we were obliged to schedule and limit our service users attendance at the Bungalow. The mental health support workers continued to support service users via a combination of video conferencing, Whatsapp and telephone support.

We were still able to provide limited face to face counselling plus regular counselling by telephone and video conferencing.

Partnership work continued with Snow Angels CIC, Motherwell CIC and the Citizens Advice.

Awareness raising activities included presentation to community groups and businesses including Bishop Heber High School, Chester Voluntary Action and Qwest Services.

Member's activities: included art, crafts, mindfulness sessions and walking groups with the Health Ranger or Mid Cheshire Mind staff. Due to Government restrictions no trips or events were held.

Fundraising activities were severely curtailed; however, we were able to take advantage of Government, Local Government and Central Mind support which allowed us to cover all our costs.

We delivered 50 Christmas hampers thanks to funding and support of the Community PCSO's, whilst a grant from Tesco 'Bags for Help' provided 50 self-care packs.

##### **Fundraising activities**

We continue to offer fundraising events to raise additional funds for the charity.

Enormous thanks must be given to all the volunteers who have contributed their time and effort to making a difference to the mental health of local people.

#### **FINANCIAL REVIEW**

##### **Financial position**

The results for the year are shown in the Statement of Financial Activities.

Income for the year has increased to £98,093, whilst expenditure has reduced to £91,730. This has resulted in net income for the year of £6,363 and leaves total funds at 31 March 2021 of £125,679, of which £17,002 is restricted.

##### **Investment policy and objectives**

The charity does not have an investment policy. When available, funds are held in interest bearing bank accounts.

**Mid Cheshire Mind**  
**Report of the Trustees**  
**for the year ended 31 March 2021**

**FINANCIAL REVIEW**

**Reserves policy**

The trustees feel that the charity has a legal responsibility to its beneficiaries to take a long term view of its commitments. The trustees continue to consider the increasing insecurity of funding, the delay in assessments and the payment of grants and the need to give as much notice as possible of withdrawal of project work and/or support. The trustees are determined to work towards maintaining a reserve at the level of six months running costs to cover current commitments. This will include designated funds as detailed in guidance by the Charity Commission.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Recruitment and appointment of new trustees**

Appointment of trustees is governed by the Memorandum and Articles of Association.

**Organisational structure**

The trustees delegate the day to day responsibilities of running the charity to the staff. The charity also has a management committee which consists of the trustees and two member representatives.

**Induction and training of new trustees**

New trustees are advised of their duties by the existing trustees and are provided with copies of previous years accounts. They are offered access to training, if required, and are informed of information and publications available through the Charity Commission.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

07553999 (England and Wales)

**Registered Charity number**

1142838

**Registered office**

The Bungalow  
1a Dene Drive  
Winsford  
Cheshire  
CW7 1AX

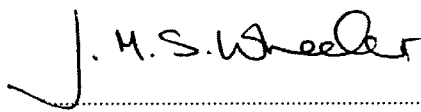
**Trustees**

Ms D Brooks  
P Bruder  
L Hobson (resigned 11.8.20)  
M Ratcliffe (resigned 2.7.20)  
Ms J Ledward  
J M S Wheeler (appointed 16.6.20)

**Independent Examiner**

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

Approved by order of the board of trustees on 21/12/2021 and signed on its behalf by:

  
.....  
J M S Wheeler - Trustee

**Independent Examiner's Report to the Trustees of  
Mid Cheshire Mind**

**Independent examiner's report to the trustees of Mid Cheshire Mind ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

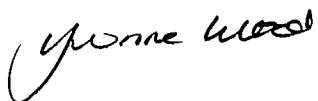
**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mrs YAO Wood  
FCA  
Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE



Date: 23/12/21

**Mid Cheshire Mind**

**Statement of Financial Activities  
for the year ended 31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		26,212	-	26,212	23,153
<b>Charitable activities</b>					
Information and support services		36,183	9,436	45,619	29,411
Other trading activities	2	26,234	-	26,234	41,448
Investment income	3	28	-	28	244
<b>Total</b>		<b>88,657</b>	<b>9,436</b>	<b>98,093</b>	<b>94,256</b>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Information and support services		90,357	1,373	91,730	101,168
<b>NET INCOME/(EXPENDITURE)</b>		<b>(1,700)</b>	<b>8,063</b>	<b>6,363</b>	<b>(6,912)</b>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<b>110,377</b>	<b>8,939</b>	<b>119,316</b>	<b>126,228</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>108,677</b>	<b>17,002</b>	<b>125,679</b>	<b>119,316</b>

The notes form part of these financial statements

**Mid Cheshire Mind**

**Balance Sheet  
31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	7	1,420	4,128	5,548	5,969
<b>CURRENT ASSETS</b>					
Debtors	8	260	-	260	302
Cash at bank and in hand		110,164	12,874	123,038	115,329
		<u>110,424</u>	<u>12,874</u>	<u>123,298</u>	<u>115,631</u>
<b>CREDITORS</b>					
Amounts falling due within one year	9	(3,167)	-	(3,167)	(2,284)
<b>NET CURRENT ASSETS</b>		<u>107,257</u>	<u>12,874</u>	<u>120,131</u>	<u>113,347</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>108,677</u>	<u>17,002</u>	<u>125,679</u>	<u>119,316</u>
<b>NET ASSETS</b>		<u>108,677</u>	<u>17,002</u>	<u>125,679</u>	<u>119,316</u>
<b>FUNDS</b>	10				
Unrestricted funds				108,677	110,377
Restricted funds				17,002	8,939
<b>TOTAL FUNDS</b>				<u>125,679</u>	<u>119,316</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

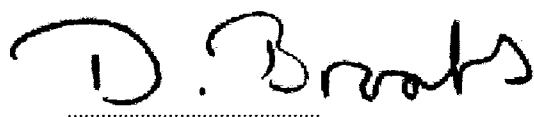
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21/12/2021 and were signed on its behalf by:

  
D Brooks - Trustee

## Mid Cheshire Mind

### Notes to the Financial Statements for the year ended 31 March 2021

#### 1. ACCOUNTING POLICIES

##### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

##### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings                      -    20% on reducing balance

##### Taxation

The charity is exempt from corporation tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 2. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Fundraising events	5,623	5,324
Shop income	17,611	31,504
DWP Resource Management	3,000	4,620
	<u>26,234</u>	<u>41,448</u>



Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2021

3. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	28	244
	<u>28</u>	<u>244</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	1,380	2,010
Deficit on disposal of fixed assets	-	92
	<u>-</u>	<u>92</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
Trustees	6	6
Charitable activities	4	4
	<u>10</u>	<u>10</u>

No employees received emoluments in excess of £60,000.

7. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
<b>COST</b>	
At 1 April 2020	16,577
Additions	959
At 31 March 2021	<u>17,536</u>
<b>DEPRECIATION</b>	
At 1 April 2020	10,608
Charge for year	1,380
At 31 March 2021	<u>11,988</u>
<b>NET BOOK VALUE</b>	
At 31 March 2021	<u>5,548</u>
At 31 March 2020	<u>5,969</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2021

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Other debtors	-	280
Prepayments and accrued income	260	22
	<u>260</u>	<u>302</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Other creditors	470	168
Accruals and deferred income	2,697	2,116
	<u>3,167</u>	<u>2,284</u>

10. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
<b>Unrestricted funds</b>			
General fund	110,377	(1,700)	108,677
<b>Restricted funds</b>			
Training fund	3,573	-	3,573
Computer fund	-	8,902	8,902
Kitchen fund	3,124	(624)	2,500
Refurbishment	2,097	(215)	1,882
Website fund	145	-	145
	<u>8,939</u>	<u>8,063</u>	<u>17,002</u>
<b>TOTAL FUNDS</b>	<u>119,316</u>	<u>6,363</u>	<u>125,679</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	88,657	(90,357)	(1,700)
<b>Restricted funds</b>			
Computer fund	9,436	(534)	8,902
Kitchen fund	-	(624)	(624)
Refurbishment	-	(215)	(215)
	<u>9,436</u>	<u>(1,373)</u>	<u>8,063</u>
<b>TOTAL FUNDS</b>	<u>98,093</u>	<u>(91,730)</u>	<u>6,363</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2021

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
<b>Unrestricted funds</b>			
General fund	115,888	(5,511)	110,377
<b>Restricted funds</b>			
Training fund	3,065	508	3,573
Computer fund	707	(707)	-
Kitchen fund	3,946	(822)	3,124
Decorating/chairs fund	14	(14)	-
Equipment fund	30	(30)	-
Refurbishment	2,433	(336)	2,097
Website fund	145	-	145
	<u>10,340</u>	<u>(1,401)</u>	<u>8,939</u>
<b>TOTAL FUNDS</b>	<u>126,228</u>	<u>(6,912)</u>	<u>119,316</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	76,512	(82,023)	(5,511)
<b>Restricted funds</b>			
Training fund	-	508	508
Computer fund	-	(707)	(707)
Kitchen fund	-	(822)	(822)
Decorating/chairs fund	-	(14)	(14)
Equipment fund	-	(30)	(30)
Refurbishment	-	(336)	(336)
Outreach worker	17,744	(17,744)	-
	<u>17,744</u>	<u>(19,145)</u>	<u>(1,401)</u>
<b>TOTAL FUNDS</b>	<u>94,256</u>	<u>(101,168)</u>	<u>(6,912)</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2021

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	115,888	(7,211)	108,677
<b>Restricted funds</b>			
Training fund	3,065	508	3,573
Computer fund	707	8,195	8,902
Kitchen fund	3,946	(1,446)	2,500
Decorating/chairs fund	14	(14)	-
Equipment fund	30	(30)	-
Refurbishment	2,433	(551)	1,882
Website fund	145	-	145
	<u>10,340</u>	<u>6,662</u>	<u>17,002</u>
<b>TOTAL FUNDS</b>	<u>126,228</u>	<u>(549)</u>	<u>125,679</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	165,169	(172,380)	(7,211)
<b>Restricted funds</b>			
Training fund	-	508	508
Computer fund	9,436	(1,241)	8,195
Kitchen fund	-	(1,446)	(1,446)
Decorating/chairs fund	-	(14)	(14)
Equipment fund	-	(30)	(30)
Refurbishment	-	(551)	(551)
Outreach worker	17,744	(17,744)	-
	<u>27,180</u>	<u>(20,518)</u>	<u>6,662</u>
<b>TOTAL FUNDS</b>	<u>192,349</u>	<u>(192,898)</u>	<u>(549)</u>

The general fund represents the free funds of the charity which are not designated for particular purposes.

The computer fund comprises funding towards the provision and running costs of computer equipment. All monies had been allocated by the year end.

The kitchen fund represents kitchen equipment donated by Vale Royal Lions Club. The balance on the fund represents depreciation not yet charged.

The decorating/chairs fund represents monies from MIND for chairs and redecorating the premises. All monies had been allocated by the year end.

The equipment fund comprises funding towards the purchase of a fax machine, digital camera, music centre and vacuum cleaner. All monies had been allocated by the year end.

The website fund consists of grant funding towards the costs of maintaining a website for the group. The balance on the fund represents monies not spent by the year end.

**Mid Cheshire Mind**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2021**

**10. MOVEMENT IN FUNDS - continued**

The training fund consists of training grants provided by MIND and Winsford Town Council. The balance on the fund represents monies not spent by the year end.

The refurbishment fund represents funding from NHS Vale Royal Clinical Commissioning Group towards refurbishment at the charity's premises.

The Outreach worker fund comprises Cheshire Community Foundation funding towards the salary costs of an outreach worker.

**11. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

Mid Cheshire Mind

Detailed Statement of Financial Activities  
for the year ended 31 March 2021

	2021 £	2020 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	25,415	23,153
Gift aid	797	-
	<u>26,212</u>	<u>23,153</u>
<b>Other trading activities</b>		
Fundraising events	5,623	5,324
Shop income	17,611	31,504
DWP Resource Management	3,000	4,620
	<u>26,234</u>	<u>41,448</u>
<b>Investment income</b>		
Deposit account interest	28	244
<b>Charitable activities</b>		
Club receipts	650	11,667
Grants	44,969	17,744
	<u>45,619</u>	<u>29,411</u>
<b>Total incoming resources</b>	<u>98,093</u>	<u>94,256</u>
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	59,722	68,007
Social security	-	1,302
Pensions	1,412	439
Rent, rates and water	7,380	9,091
Insurance	1,077	564
Light and heat	2,545	3,403
Telephone	929	466
Postage and stationery	137	617
Advertising and website	517	84
Sundries	493	279
Subscriptions	1,577	649
Holidays and trips	-	965
Counsellor fees	6,033	112
Club provisions and materials	1,391	5,428
Repairs and maintenance	3,030	4,228
Training costs	74	508
Fixtures and fittings	1,380	2,010
Loss on sale of tangible fixed assets	-	92
	<u>87,697</u>	<u>98,244</u>
<b>Support costs</b>		
<b>Governance costs</b>		
Accountancy and legal fees	4,033	2,924
<b>Total resources expended</b>	<u>91,730</u>	<u>101,168</u>
<b>Net income/(expenditure)</b>	<u>6,363</u>	<u>(6,912)</u>

This page does not form part of the statutory financial statements