

# MID CHESHIRE MIND

England & Wales · Charity number 1142838

## Details

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Status	Registered
Legal form	Charitable company
Company number	<a href="#">07553999</a>
Registered	2011-07-12
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Mid Cheshire Mind 21 Dingle Walk Winsford Cheshire CW7 1BA
Phone	01606 863305
Email	<a href="mailto:OFFICE@MIDCHESHIREMIND.ORG.UK">OFFICE@MIDCHESHIREMIND.ORG.UK</a>
Website	<a href="http://www.midcheshiremind.org.uk">www.midcheshiremind.org.uk</a>

## Activities

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**Objects:** TO PROMOTE THE PRESERVATION OF MENTAL HEALTH AND TO ASSIST IN RELIEVING AND REHABILITATING PERSONS SUFFERING FROM MENTAL DISORDER OR CONDITIONS OF MENTAL DISTRESS REQUIRING ADVICE OR TREATMENT

**Activities:** We have a range of groups where members can share their skills and knowledge and give support to each other. We have a donation station, a weekly women's and a fortnightly men's group; healthy cooking and eating, art and crafts and poetry groups and regular trips out. Wherever possible groups are led by the members.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities

## Geography

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- Cheshire East
- Cheshire West & Chester

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	-	-	-	-
2024-03-31	£85,233	£91,956	-	-
2023-03-31	£118,164	£137,427	-	-
2022-03-31	£143,042	£130,868	-	-
2021-03-31	£98,093	£91,730	-	-
2020-03-31	£98,244	£101,168	-	-

## Trustees

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Name	Role	Appointed
Joseph Miller Shewan Wheeler	Chair	2020-06-16
Andrew Galbraith		2022-01-10
Stuart Fisher		2023-09-17

**MID CHESHIRE MIND**

England & Wales - Charity number 1142838

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# Accounts

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**REGISTERED COMPANY NUMBER: 07553999 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1142838**

**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2024  
for  
Mid Cheshire Mind**

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

**Mid Cheshire Mind**

**Contents of the Financial Statements  
for the year ended 31 March 2024**

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## **Mid Cheshire Mind**

### **Report of the Trustees for the year ended 31 March 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The Charity operates in Mid Cheshire including the towns of Winsford, Northwich, Middlewich and the surrounding rural communities:

- a) to promote the preservation of mental health and to assist by enabling and empowering everyone experiencing mental health problems to live, manage and recover from their condition.
- b) to relieve the needs of people with mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding, and challenge stigma and discrimination.

##### **Public benefit**

The trustees have complied with the duty in Section 4 of the 2006 Act to have due regard to public benefit guidance published by the Charity Commission.

## Mid Cheshire Mind

### Report of the Trustees for the year ended 31 March 2024

#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

##### Introduction

Can I begin by saying thank you for taking the time to read our Annual Report and in your wider engagement with our organisation and our people. This report contains the key reflections of the Trustees covering the year to March 31st, 2024, and our thoughts on the period ahead.

In setting out this report, it is worthwhile reflecting that Mid Cheshire Mind (MCM) has been providing vital services and support for over 22 years, initially as Winsford Mind, to the local Community. This service is something that we should all be tremendously proud of and is testament to the huge contributions of our staff and volunteers and the generosity and support of our funders. So, we begin with a huge thank you to all of those who helped us sustain what we do.

##### Merger

At the end of the previous year, the trustees recognised we lacked critical mass to grow our operations substantially while meeting all our obligations, legal, financial and commercial. We also were aware of the strategic goals of National Mind to encourage the merger of Local Minds to provide security of service in their communities.

The resignation of our General Manager at the beginning of the financial year was the catalyst that drove the trustees to seek a merger with North Staffs Mind.

Both organisations have a proud and long history of providing mental wellbeing services in their respective areas - with collective experience of over 60 years. Under our merger agreement, Mid Cheshire Mind will retain its name and will continue to provide services and fundraising activities throughout Cheshire with all money raised in Cheshire will be used for the benefit of the local area.

North Staffs Mind has been providing interim leadership support to MCM since April 2023 allowing us to check that the merger was in the best interest of both organisations and their beneficiaries. The merger will result in combined expertise and mental health support services delivered in both regions.

The combined organisation will employ over 100 people, offer a range of volunteering opportunities including placements for counselling students and in the last financial year provided services and support to over 12,000 individuals.

Kate Boundy, Chief Executive of North Staffs Mind says:

'We have always had great respect for our neighbouring local Minds and so were really excited to be approached about a potential merger.

Bringing together the combined expertise and passion of both organisations is central to our core purpose of not giving up until everyone experiencing a mental health problem gets support and respect. The merger will allow us to continue to expand our service offer across a wider geographical area - quite simply by supporting the mental wellbeing needs of more local people and businesses'.

As a result of the merger, we have secured the long-term future of MCM. We have a history of providing excellent mental health support in our region and we will now be able to expand our services and help more people in our Community.

The trustees would like to thank and congratulate our staff and volunteers for maintaining our service provision during the merger activities.

In summary, a combined organisation will allow North Staffs Mind to:

" Improve service accessibility and connectivity: streamlining provision across Cheshire and North Staffordshire will enable individuals to find the support they need, regardless of their location."

" Increase efficiency and improve effectiveness: our combined expertise and resources will enable us to enhance delivery across all services."

##### Charitable activities

The demand for mental health services continues to grow and we have been struggling to keep up with demand. However, with the support of North Staffs, we have been able to recruit more staff, and we are confident we are now able to grow our existing services and expand into new areas of support for our local residents.

Our One for Sorrow bereavement counselling has continued to be very popular and is now a core service we offer. As we move forward, we will be looking into new ways of funding this activity and have a number of funders willing to work with us.

Our regular group activities were curtailed during the period when we were in temporary accommodation. Since moving into our new premises in September 2023 we have been able to restart and expand our groups as well as increasing the number of counselling sessions we have been able to deliver.

##### Next Year

We expect to complete our merger with North Staffs Mind in September 2024. The combination of our new Centre, the positive press comment and the expertise of North Staffs Mind has allowed us to reengage with funders and fundraisers and we have a huge interest that is already feeding through to an improvement in our income and as a result we will be able to help more people.

## **Mid Cheshire Mind**

### **Report of the Trustees for the year ended 31 March 2024**

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Fundraising activities**

We continue to offer fundraising events to raise additional funds for the charity.

Enormous thanks must be given to all the volunteers who have contributed their time and effort to making a difference to the mental health of local people.

#### **FINANCIAL REVIEW**

##### **Financial position**

The results for the year are shown in the Statement of Financial Activities. Income for the year has decreased for the second year in succession to £85,233 whilst expenditure has decreased to £91,956. This has resulted in net expenditure for the year of £6,723 and leaves total funds at 31 March 2024 of £111,867.

The reduction of income was largely due to a reduction of management and administration resources which resulted in fewer funding bids and less fundraising activity. Additionally, we were required to move premises during the financial year as the Winsford Town Centre redevelopment resulted in our old office being demolished. After a period of 7 months in temporary accommodation we moved into a refurbished Centre with more than double the space of our old site and an additional floor which will allow us to grow in the future.

Our move was expected, and we were able to fund the refurbishment and move from our reserves plus a donation of £25,000 from National Mind and a grant of £4,500 from Screwfix. We spent a total of almost £60,000 on refurbishment and we will capitalise this expenditure and write it down over a period of 5 years, the length of our lease with West Cheshire and Chester Council.

We were able to exit the financial year with 6 months of reserves and we could see that by working with North Staffs Mind, we have been able to attract more funding, and we have also been able to energise the local community into carrying out fundraising on our behalf.

##### **Investment policy and objectives**

The charity does not have an investment policy. When available, funds are held in interest bearing bank accounts.

##### **Reserves policy**

The trustees feel that the charity has a legal responsibility to its beneficiaries to take a long term view of its commitments. The trustees continue to consider the increasing insecurity of funding, the delay in assessments and the payment of grants and the need to give as much notice as possible of withdrawal of project work and/or support. The trustees are determined to work towards maintaining a reserve at the level of six months running costs to cover current commitments. This will include designated funds as detailed in guidance by the Charity Commission.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

##### **Recruitment and appointment of new trustees**

Appointment of trustees is governed by the Memorandum and Articles of Association.

##### **Organisational structure**

The trustees delegate the day to day responsibilities of running the charity to the staff. The charity also has a management committee which consists of the trustees and two member representatives.

##### **Induction and training of new trustees**

New trustees are advised of their duties by the existing trustees and are provided with copies of previous years accounts. They are offered access to training, if required, and are informed of information and publications available through the Charity Commission.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

07553999 (England and Wales)

##### **Registered Charity number**

1142838

**Mid Cheshire Mind**

**Report of the Trustees  
for the year ended 31 March 2024**

**Registered office**

The Bungalow  
1a Dene Drive  
Winsford  
Cheshire  
CW7 1AX

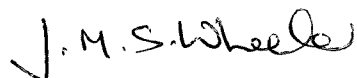
**Trustees**

Ms J Ledward (resigned 21.11.23)  
J M S Wheeler  
A J Galbraith  
S Fisher (appointed 17.9.23)  
Mrs L Ingram (appointed 17.9.23)

**Independent Examiner**

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

Approved by order of the board of trustees on 30 September 2024 and signed on its behalf by:



J M S Wheeler - Trustee

**Independent Examiner's Report to the Trustees of  
Mid Cheshire Mind**

**Independent examiner's report to the trustees of Mid Cheshire Mind ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

M Snape

M Snape FCCA

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

30 September 2024

Mid Cheshire Mind

Statement of Financial Activities  
for the year ended 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		9,395	25,000	34,395	29,888
<b>Charitable activities</b>					
Information and support services		36,606	-	36,606	57,975
Other trading activities	2	13,062	-	13,062	29,882
Investment income	3	1,170	-	1,170	419
<b>Total</b>		<u>60,233</u>	<u>25,000</u>	<u>85,233</u>	<u>118,164</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Information and support services		89,039	2,917	91,956	137,427
<b>NET INCOME/(EXPENDITURE)</b>					
Transfers between funds	10	(28,806) 2,185	22,083 (2,185)	(6,723) -	(19,263) -
<b>Net movement in funds</b>		<u>(26,621)</u>	<u>19,898</u>	<u>(6,723)</u>	<u>(19,263)</u>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		116,405	2,185	118,590	137,853
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>89,784</u>	<u>22,083</u>	<u>111,867</u>	<u>118,590</u>

The notes form part of these financial statements

Mid Cheshire Mind

Balance Sheet  
31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	7	30,750	22,083	52,833	4,756
<b>CURRENT ASSETS</b>					
Cash at bank		62,756	-	62,756	116,119
<b>CREDITORS</b>					
Amounts falling due within one year	8	(3,722)	-	(3,722)	(2,285)
<b>NET CURRENT ASSETS</b>		<u>59,034</u>	<u>-</u>	<u>59,034</u>	<u>113,834</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		89,784	22,083	111,867	118,590
<b>NET ASSETS</b>		<u>89,784</u>	<u>22,083</u>	<u>111,867</u>	<u>118,590</u>
<b>FUNDS</b>	10				
Unrestricted funds				89,784	116,405
Restricted funds				22,083	2,185
<b>TOTAL FUNDS</b>				<u>111,867</u>	<u>118,590</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30 September 2024 and were signed on its behalf by:



A J Galbraith - Trustee

## Mid Cheshire Mind

### Notes to the Financial Statements for the year ended 31 March 2024

#### 1. ACCOUNTING POLICIES

##### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charitable company has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

##### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- 20% on cost
Fixtures and fittings	- 20% on reducing balance

##### Taxation

The charity is exempt from corporation tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 2. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Fundraising events	12,367	4,407
Shop income	-	21,977
DWP Resource Management	-	3,498
Counselling	470	-
Placements	225	-
	<u>13,062</u>	<u>29,882</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2024

3. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	1,170	419
	<u>1,170</u>	<u>419</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	7,215	1,183
Deficit on disposal of fixed assets	2,186	421
	<u>2,186</u>	<u>421</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024	2023
Trustees	5	5
Charitable activities	5	6
	<u>10</u>	<u>11</u>

No employees received emoluments in excess of £60,000.

7. TANGIBLE FIXED ASSETS

	Improvements to property £	Fixtures and fittings £	Totals £
<b>COST</b>			
At 1 April 2023	-	16,045	16,045
Additions	57,478	-	57,478
Disposals	-	(8,632)	(8,632)
	<u>57,478</u>	<u>7,413</u>	<u>64,891</u>
At 31 March 2024	57,478	7,413	64,891
<b>DEPRECIATION</b>			
At 1 April 2023	-	11,289	11,289
Charge for year	6,706	509	7,215
Eliminated on disposal	-	(6,446)	(6,446)
	<u>6,706</u>	<u>5,352</u>	<u>12,058</u>
At 31 March 2024	6,706	5,352	12,058
<b>NET BOOK VALUE</b>			
At 31 March 2024	<u>50,772</u>	<u>2,061</u>	<u>52,833</u>
At 31 March 2023	<u>-</u>	<u>4,756</u>	<u>4,756</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2024

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Social security and other taxes	504	-
Other creditors	42	233
Accruals and deferred income	3,176	2,052
	<u>3,722</u>	<u>2,285</u>

9. LEASING AGREEMENTS

Total operating lease commitments which are not included in the balance sheet amount to £7,200 falling due within one year, and £31,800 falling due within 5 years.

10. MOVEMENT IN FUNDS

	At 1.4.23	Net movement in funds	Transfers between funds	At 31.3.24
	£	£	£	£
<b>Unrestricted funds</b>				
General fund	116,405	(28,806)	2,185	89,784
<b>Restricted funds</b>				
Kitchen fund	612	-	(612)	-
Refurbishment	1,573	-	(1,573)	-
Property Improvements	-	22,083	-	22,083
	<u>2,185</u>	<u>22,083</u>	<u>(2,185)</u>	<u>22,083</u>
<b>TOTAL FUNDS</b>	<u>118,590</u>	<u>(6,723)</u>	<u>-</u>	<u>111,867</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	60,233	(89,039)	(28,806)
<b>Restricted funds</b>			
Property Improvements	25,000	(2,917)	22,083
<b>TOTAL FUNDS</b>	<u>85,233</u>	<u>(91,956)</u>	<u>(6,723)</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2024

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
<b>Unrestricted funds</b>				
General fund	114,883	(2,410)	3,932	116,405
<b>Restricted funds</b>				
Training fund	3,573	(1,884)	(1,689)	-
Computer fund	2,558	(460)	(2,098)	-
Kitchen fund	2,000	(1,388)	-	612
Refurbishment	1,710	(137)	-	1,573
Website fund	145	-	(145)	-
One for Sorrow	12,984	(12,984)	-	-
	<u>22,970</u>	<u>(16,853)</u>	<u>(3,932)</u>	<u>2,185</u>
<b>TOTAL FUNDS</b>	<u>137,853</u>	<u>(19,263)</u>	<u>-</u>	<u>118,590</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	90,693	(93,103)	(2,410)
<b>Restricted funds</b>			
Training fund	-	(1,884)	(1,884)
Computer fund	-	(460)	(460)
Kitchen fund	-	(1,388)	(1,388)
Refurbishment	-	(137)	(137)
One for Sorrow	27,471	(40,455)	(12,984)
	<u>27,471</u>	<u>(44,324)</u>	<u>(16,853)</u>
<b>TOTAL FUNDS</b>	<u>118,164</u>	<u>(137,427)</u>	<u>(19,263)</u>

**Mid Cheshire Mind**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2024**

**10. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
<b>Unrestricted funds</b>				
General fund	114,883	(31,216)	6,117	89,784
<b>Restricted funds</b>				
Training fund	3,573	(1,884)	(1,689)	-
Computer fund	2,558	(460)	(2,098)	-
Kitchen fund	2,000	(1,388)	(612)	-
Refurbishment	1,710	(137)	(1,573)	-
Website fund	145	-	(145)	-
One for Sorrow	12,984	(12,984)	-	-
Property Improvements	-	22,083	-	22,083
	<u>22,970</u>	<u>5,230</u>	<u>(6,117)</u>	<u>22,083</u>
<b>TOTAL FUNDS</b>	<u>137,853</u>	<u>(25,986)</u>	<u>-</u>	<u>111,867</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	150,926	(182,142)	(31,216)
<b>Restricted funds</b>			
Training fund	-	(1,884)	(1,884)
Computer fund	-	(460)	(460)
Kitchen fund	-	(1,388)	(1,388)
Refurbishment	-	(137)	(137)
One for Sorrow	27,471	(40,455)	(12,984)
Property Improvements	25,000	(2,917)	22,083
	<u>52,471</u>	<u>(47,241)</u>	<u>5,230</u>
<b>TOTAL FUNDS</b>	<u>203,397</u>	<u>(229,383)</u>	<u>(25,986)</u>

The general fund represents the free funds of the charity which are not designated for particular purposes.

The kitchen fund represents kitchen equipment donated by Vale Royal Lions Club. This fund has now finished.

The refurbishment fund represents funding from NHS Vale Royal Clinical Commissioning Group towards refurbishment at the charity's premises. This fund has now finished.

Having moved to new premises in August 2023, we created a new Property improvement fund with a grant of £25,000 from National Mind. These restricted funds will be depreciated over 5 years, the length of our lease in our new property.

**Mid Cheshire Mind**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2024**

**11. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2024.

Mid Cheshire Mind

Detailed Statement of Financial Activities  
for the year ended 31 March 2024

	2024 £	2023 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	34,395	29,888
<b>Other trading activities</b>		
Fundraising events	12,367	4,407
Shop income	-	21,977
DWP Resource Management	-	3,498
Counselling	470	-
Placements	225	-
	<u>13,062</u>	<u>29,882</u>
<b>Investment income</b>		
Deposit account interest	1,170	419
<b>Charitable activities</b>		
Club receipts	-	25
Grants	36,606	57,950
	<u>36,606</u>	<u>57,975</u>
<b>Total incoming resources</b>	<u>85,233</u>	<u>118,164</u>
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	34,338	75,467
Pensions	372	1,092
Rent, rates and water	3,809	7,177
Insurance	1,583	956
Light and heat	1,927	5,733
Telephone	3,762	2,231
Advertising and website	600	1,854
Sundries	891	2,140
Subscriptions	1,057	1,626
Holidays and trips	260	50
Counsellor fees	10,625	31,798
North Staffs college	19,830	-
Repairs and maintenance	124	1,111
Training costs	50	30
Staff travel costs	-	1,048
Depreciation of tangible fixed assets	7,215	1,183
Loss on sale of tangible fixed assets	2,186	421
	<u>88,629</u>	<u>133,917</u>
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	163	210
<b>Governance costs</b>		
Accountancy and legal fees	3,164	3,300
<b>Total resources expended</b>	<u>91,956</u>	<u>137,427</u>
<b>Net expenditure</b>	<u>(6,723)</u>	<u>(19,263)</u>

This page does not form part of the statutory financial statements

**MID CHESHIRE MIND**

England & Wales - Charity number 1142838

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# Accounts

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REGISTERED COMPANY NUMBER: 07553999 (England and Wales)  
REGISTERED CHARITY NUMBER: 1142838

**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2023  
for  
Mid Cheshire Mind**

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

**Contents of the Financial Statements  
for the year ended 31 March 2023**

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**Mid Cheshire Mind**

**Report of the Trustees  
for the year ended 31 March 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The Charity operates in Mid Cheshire including the towns of Winsford, Northwich and the surrounding rural communities:

- a) to promote the preservation of mental health and to assist by enabling and empowering everyone experiencing mental health problems to live, manage and recover from their condition.
- b) to relieve the needs of people with mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding, and challenge stigma and discrimination.

**Public benefit**

The trustees have complied with the duty in Section 4 of the 2006 Act to have due regard to public benefit guidance published by the Charity Commission.

## Mid Cheshire Mind

### Report of the Trustees for the year ended 31 March 2023

#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

###### Introduction

Can I begin by saying thank you for taking the time to read our Annual Report and in your wider engagement with our organisation and our people. This report contains the key reflections of the Trustees covering the year to March 31st, 2023, and our thoughts on the period ahead.

In setting out this report, it is worthwhile reminding ourselves that Mid Cheshire Mind (MCM) has been providing vital services and support for over 20 years, initially as Winsford Mind, to the local Community. This many years of service is something that we should all be tremendously proud of and is testament to the huge contributions of our staff and volunteers and the generosity and support of our funders. So, we begin with a huge thank you to all of those who helped us sustain what we do.

###### Operations

During the year we faced a Mind Quality Mark (MQM) assessment. This happens once every three years when the Central Mind organisation reviews how we operate as a charity, checks our processes and procedures and decides if we meet the requirements to be a member of the Mind Federation. It is key that we pass the assessment as it allows us to use the Mind logo and to benefit from kudos of being part of the Mind family and the support offered centrally. While this involved a considerable amount of work and a distraction from service delivery, it also allowed us to review our ways of working and improve and refine many of our processes. I am pleased to announce we successfully passed the assessment.

Over the past three years the Trustees have realised we are too small with insufficient staff and volunteers to deal with any unplanned absences by key staff. This was highlighted in the MQM review when they noted many operational duties were being performed by Trustees. We are the smallest Local Mind, and it was suggested that we should consider working more closely with neighbouring Local Minds to support our growth.

In September our shop manager resigned, and we took the painful decision to close the shop. In past years the shop had contributed over £40K in funds, however costs were increasing and the net contribution was too small considering the amount of management effort required by our General Manager to keep the shop running smoothly. The shop was also a touch point for many people looking for mental health support and we also encouraged some of our service users to volunteer to support their recovery. We will be looking at alternative ways to fulfil these objectives.

The Winsford Town Centre redevelopment began in early 2023 and after several break-ins at our Centre, we decided to move to temporary accommodation in the "Grocery", what was the old Job Centre and is now used as a Hub for several charities. We plan to move to a permanent location in the next financial year.

##### Charitable activities

Covid-19 may be in the past; however, we are still experiencing a negative impact on mental health and expect this to continue for some time. In addition, we will also see an adverse impact from the growing concerns over the cost-of-living pressures which we know can make mental health problems more severe and long-lasting.

Our One for Sorrow bereavement counselling has continued to be very popular, and we were able to increase the funding we received from the Co-op Group to maintain and grow this service.

Our regular group activities included art, crafts, mindfulness sessions and walking groups. We will continue to look at expanding this where we see demand. Our collaboration with the CAB has been successful and they ran weekly surgeries in our offices which have been very popular. However, our move into temporary accommodation, has required us to cut back on some group activities and the CAB surgeries due to lack of space. We believe we have identified new premises which will be much bigger than our old Centre and will allow us to reinstate and grow our service offering.

A greater awareness of mental health and the recognition that it is 'easier' to talk about mental health now than it was in the past has generated enquiries from organisations to work with them in supporting their staff wellbeing. We will continue to build on this, looking to extend our links into the workplace, to colleges, sports clubs, and other organisations to ensure people feel able to access support and advice when it is needed.

##### Statistics

Activity	Delivered
Telephone advice	>550 calls
Drop-in sessions	>700 people
1:2:1 Counselling	>400 people
Attendance at groups	> 200 people
Volunteers	> 18 years of effort

##### Next Year

We will look to grow and extend our volunteer base and have several initiatives that will provide us with capacity, skills, and experience to supplement and enhance our direct workforce. We want to create a variety of volunteer

## Mid Cheshire Mind

### Report of the Trustees for the year ended 31 March 2023

roles, "core" volunteers who regularly give up their time to run group activities; patrons who aspire to be trustees but cannot commit a regular amount of time; ambassadors who are opinion leaders in our community and are willing to be associated with our Charity. We are still developing our thinking and we will identify our roles under the umbrella of "Friends of MCM".

We plan to relaunch MCM in our new premises and to rebuild connections with the Community we may have lost during our time in temporary accommodation.

We will seek closer working relationships with other Local Minds and consider a merger if we can find a suitable partner.

#### **Fundraising activities**

We continue to offer fundraising events to raise additional funds for the charity.

Enormous thanks must be given to all the volunteers who have contributed their time and effort to making a difference to the mental health of local people.

#### **FINANCIAL REVIEW**

##### **Financial position**

The results for the year are shown in the Statement of Financial Activities. Income for the year has decreased to £118,164, whilst expenditure has increased to £137,427. This has resulted in net expenditure for the year of £19,263 and leaves total funds at 31 March 2023 of £118,590, of which £2,185 is restricted.

The reduction of income £25,263 was largely due to closing of our shop (£21,555). Costs also increased as we invested in an unfunded administration resource to free up our General Manager to focus on the MQM audit and attracting more funding.

##### **Investment policy and objectives**

The charity does not have an investment policy. When available, funds are held in interest bearing bank accounts.

##### **Reserves policy**

The trustees feel that the charity has a legal responsibility to its beneficiaries to take a long term view of its commitments. The trustees continue to consider the increasing insecurity of funding, the delay in assessments and the payment of grants and the need to give as much notice as possible of withdrawal of project work and/or support. The trustees are determined to work towards maintaining a reserve at the level of six months running costs to cover current commitments. This will include designated funds as detailed in guidance by the Charity Commission.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

##### **Recruitment and appointment of new trustees**

Appointment of trustees is governed by the Memorandum and Articles of Association.

##### **Organisational structure**

The trustees delegate the day to day responsibilities of running the charity to the staff. The charity also has a management committee which consists of the trustees and two member representatives.

##### **Induction and training of new trustees**

New trustees are advised of their duties by the existing trustees and are provided with copies of previous years accounts. They are offered access to training, if required, and are informed of information and publications available through the Charity Commission.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

07553999 (England and Wales)

##### **Registered Charity number**

1142838

##### **Registered office**

The Bungalow  
1a Dene Drive  
Winsford  
Cheshire  
CW7 1AX

Mid Cheshire Mind

Report of the Trustees  
for the year ended 31 March 2023

**Trustees**

P Bruder (resigned 26.10.22)  
Ms J Ledward  
J M S Wheeler  
A J Galbraith  
Mrs J Hughes (resigned 16.10.22)  
Ms K Bury (resigned 1.11.22)  
S Fisher (appointed 17.9.23)  
Mrs L Ingram (appointed 17.9.23)

**Independent Examiner**

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

Approved by order of the board of trustees on 21/11/23 and signed on its behalf by:

  
.....  
J M S Wheeler - Trustee

**Independent Examiner's Report to the Trustees of  
Mid Cheshire Mind**

**Independent examiner's report to the trustees of Mid Cheshire Mind ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



M Snape FCCA

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

Date: 21/11/23

Mid Cheshire Mind

Statement of Financial Activities  
for the year ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		29,886	-	29,886	20,768
<b>Charitable activities</b>					
Information and support services		30,504	27,471	57,975	61,202
Other trading activities	2	29,882	-	29,882	60,889
Investment income	3	421	-	421	183
<b>Total</b>		<u>90,693</u>	<u>27,471</u>	<u>118,164</u>	<u>143,042</u>
<b>EXPENDITURE ON</b>					
Raising funds		-	-	-	2,340
<b>Charitable activities</b>					
Information and support services		93,103	44,324	137,427	128,528
<b>Total</b>		<u>93,103</u>	<u>44,324</u>	<u>137,427</u>	<u>130,868</u>
<b>NET INCOME/(EXPENDITURE)</b>					
Transfers between funds	10	(2,410) 3,932	(16,853) (3,932)	(19,263) -	12,174 -
<b>Net movement in funds</b>		<u>1,522</u>	<u>(20,785)</u>	<u>(19,263)</u>	<u>12,174</u>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		114,883	22,970	137,853	125,679
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>116,405</u></u>	<u><u>2,185</u></u>	<u><u>118,590</u></u>	<u><u>137,853</u></u>

The notes form part of these financial statements

Mid Cheshire Mind

Balance Sheet  
31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	7	2,604	2,152	4,756	5,281
<b>CURRENT ASSETS</b>					
Debtors	8	-	-	-	80
Cash at bank		114,020	2,099	116,119	137,546
		<u>114,020</u>	<u>2,099</u>	<u>116,119</u>	<u>137,626</u>
<b>CREDITORS</b>					
Amounts falling due within one year	9	(219)	(2,066)	(2,285)	(5,054)
		<u>113,801</u>	<u>33</u>	<u>113,834</u>	<u>132,572</u>
<b>NET CURRENT ASSETS</b>					
		<u>113,801</u>	<u>33</u>	<u>113,834</u>	<u>132,572</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>116,405</u>	<u>2,185</u>	<u>118,590</u>	<u>137,853</u>
<b>NET ASSETS</b>					
		<u>116,405</u>	<u>2,185</u>	<u>118,590</u>	<u>137,853</u>
<b>FUNDS</b>					
Unrestricted funds	10			116,405	114,883
Restricted funds				2,185	22,970
<b>TOTAL FUNDS</b>					
				<u>118,590</u>	<u>137,853</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.


The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21/11/23 and were signed on its behalf by:



~~A. J. C. Smith~~ - Trustee

S. M. FISHER - TRUSTEE

## Mid Cheshire Mind

### Notes to the Financial Statements for the year ended 31 March 2023

#### 1. ACCOUNTING POLICIES

##### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

##### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 20% on reducing balance

##### Taxation

The charity is exempt from corporation tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising events	4,407	9,624
Shop income	21,977	43,532
DWP Resource Management	3,498	7,733
	<u>29,882</u>	<u>60,889</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

3. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	421	183
	<u>421</u>	<u>183</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	1,183	1,314
Deficit on disposal of fixed assets	421	-
	<u>1,604</u>	<u>1,314</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Trustees	5	7
Charitable activities	6	7
	<u>11</u>	<u>14</u>

No employees received emoluments in excess of £60,000.

7. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
<b>COST</b>	
At 1 April 2022	18,583
Additions	1,079
Disposals	(3,617)
At 31 March 2023	<u>16,045</u>
<b>DEPRECIATION</b>	
At 1 April 2022	13,302
Charge for year	1,183
Eliminated on disposal	(3,196)
At 31 March 2023	<u>11,289</u>
<b>NET BOOK VALUE</b>	
At 31 March 2023	<u>4,756</u>
At 31 March 2022	<u>5,281</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Prepayments and accrued income	-	80
	<u>          </u>	<u>          </u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Other creditors	233	202
Accruals and deferred income	2,052	4,852
	<u>          </u>	<u>          </u>
	<u>2,285</u>	<u>5,054</u>

10. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	Transfers between funds	At 31.3.23
	£	£	£	£
<b>Unrestricted funds</b>				
General fund	114,883	(2,410)	3,932	116,405
<b>Restricted funds</b>				
Training fund	3,573	(1,884)	(1,689)	-
Computer fund	2,558	(460)	(2,098)	-
Kitchen fund	2,000	(1,388)	-	612
Refurbishment	1,710	(137)	-	1,573
Website fund	145	-	(145)	-
One for Sorrow	12,984	(12,984)	-	-
	<u>22,970</u>	<u>(16,853)</u>	<u>(3,932)</u>	<u>2,185</u>
<b>TOTAL FUNDS</b>	<u>137,853</u>	<u>(19,263)</u>	<u>-</u>	<u>118,590</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	90,693	(93,103)	(2,410)
<b>Restricted funds</b>			
Training fund	-	(1,884)	(1,884)
Computer fund	-	(460)	(460)
Kitchen fund	-	(1,388)	(1,388)
Refurbishment	-	(137)	(137)
One for Sorrow	27,471	(40,455)	(12,984)
	<u>27,471</u>	<u>(44,324)</u>	<u>(16,853)</u>
<b>TOTAL FUNDS</b>	<u>118,164</u>	<u>(137,427)</u>	<u>(19,263)</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	108,677	6,206	114,883
<b>Restricted funds</b>			
Training fund	3,573	-	3,573
Computer fund	8,902	(6,344)	2,558
Kitchen fund	2,500	(500)	2,000
Refurbishment	1,882	(172)	1,710
Website fund	145	-	145
One for Sorrow	-	12,984	12,984
	<u>17,002</u>	<u>5,968</u>	<u>22,970</u>
<b>TOTAL FUNDS</b>	<u>125,679</u>	<u>12,174</u>	<u>137,853</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	119,981	(113,775)	6,206
<b>Restricted funds</b>			
Computer fund	-	(6,344)	(6,344)
Kitchen fund	-	(500)	(500)
Refurbishment	-	(172)	(172)
One for Sorrow	23,061	(10,077)	12,984
	<u>23,061</u>	<u>(17,093)</u>	<u>5,968</u>
<b>TOTAL FUNDS</b>	<u>143,042</u>	<u>(130,868)</u>	<u>12,174</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
<b>Unrestricted funds</b>				
General fund	108,677	3,796	3,932	116,405
<b>Restricted funds</b>				
Training fund	3,573	(1,884)	(1,689)	-
Computer fund	8,902	(6,804)	(2,098)	-
Kitchen fund	2,500	(1,888)	-	612
Refurbishment	1,882	(309)	-	1,573
Website fund	145	-	(145)	-
	<u>17,002</u>	<u>(10,885)</u>	<u>(3,932)</u>	<u>2,185</u>
<b>TOTAL FUNDS</b>	<u>125,679</u>	<u>(7,089)</u>	<u>-</u>	<u>118,590</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	210,674	(206,878)	3,796
<b>Restricted funds</b>			
Training fund	-	(1,884)	(1,884)
Computer fund	-	(6,804)	(6,804)
Kitchen fund	-	(1,888)	(1,888)
Refurbishment	-	(309)	(309)
One for Sorrow	50,532	(50,532)	-
	<u>50,532</u>	<u>(61,417)</u>	<u>(10,885)</u>
<b>TOTAL FUNDS</b>	<u>261,206</u>	<u>(268,295)</u>	<u>(7,089)</u>

The general fund represents the free funds of the charity which are not designated for particular purposes.

The computer fund comprises funding towards the provision and running costs of computer equipment. All monies had been allocated by the year end.

The kitchen fund represents kitchen equipment donated by Vale Royal Lions Club. The balance on the fund represents depreciation not yet charged.

The website fund consists of grant funding towards the costs of maintaining a website for the group. The balance on the fund represents monies not spent by the year end.

The training fund consists of training grants provided by MIND and Winsford Town Council. The balance on the fund represents monies not spent by the year end.

The refurbishment fund represents funding from NHS Vale Royal Clinical Commissioning Group towards refurbishment at the charity's premises.

The One for Sorrow fund is part of our regular funding and comes from Cheshire West (EIP) and is worth £17,744 per annum paid to us quarterly in advance. In this tax year we received £27,471 from Mind to cover the period September 2022 to March 2023 to provide bereavement counselling. Mind is managing a bigger donation made to them by the Co-operative Group and has allocated the fund across several Local Minds.

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

Mid Cheshire Mind

Detailed Statement of Financial Activities  
for the year ended 31 March 2023

	2023 £	2022 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	29,886	20,665
Gift aid	-	103
	<u>29,886</u>	<u>20,768</u>
<b>Other trading activities</b>		
Fundraising events	4,407	9,624
Shop income	21,977	43,532
DWP Resource Management	3,498	7,733
	<u>29,882</u>	<u>60,889</u>
<b>Investment income</b>		
Deposit account interest	421	183
<b>Charitable activities</b>		
Club receipts	25	120
Grants	57,950	61,082
	<u>57,975</u>	<u>61,202</u>
<b>Total incoming resources</b>	118,164	143,042
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Fundraising costs	-	2,340
<b>Charitable activities</b>		
Wages	75,467	75,807
Pensions	1,092	1,218
Rent, rates and water	7,177	8,060
Insurance	956	823
Light and heat	5,733	6,264
Telephone	2,231	1,715
Postage and stationery	-	91
Advertising and website	1,854	5,170
Sundries	2,140	56
Subscriptions	1,626	867
Holidays and trips	50	-
Counsellor fees	31,798	22,277
Club provisions and materials	-	160
Repairs and maintenance	1,111	1,078
Training costs	30	400
Staff travel costs	1,048	-
Depreciation of tangible fixed assets	1,183	1,314
Loss on sale of tangible fixed assets	421	-
	<u>133,917</u>	<u>125,300</u>
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	210	18

This page does not form part of the statutory financial statements

Mid Cheshire Mind

Detailed Statement of Financial Activities  
for the year ended 31 March 2023

	2023	2022
	£	£
<b>Finance</b>		
<b>Governance costs</b>		
Accountancy and legal fees	3,300	3,210
Total resources expended	137,427	130,868
<b>Net (expenditure)/income</b>	<b>(19,263)</b>	<b>12,174</b>

This page does not form part of the statutory financial statements

**MID CHESHIRE MIND**

England & Wales - Charity number 1142838

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# Accounts

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**REGISTERED COMPANY NUMBER: 07553999 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1142838**

**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2022  
for  
Mid Cheshire Mind**

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

**Mid Cheshire Mind**

**Contents of the Financial Statements  
for the year ended 31 March 2022**

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## Mid Cheshire Mind

### Report of the Trustees for the year ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The purpose of the charity is to promote and support adults who have mental health problems. This is achieved by offering a mental health drop-in centre and we provide support, advice and advocacy to our members. We also offer educational and recreational activities as well as organising group trips and holidays.

##### **Public benefit**

The trustees have complied with the duty in Section 4 of the 2006 Act to have due regard to public benefit guidance published by the Charity Commission.

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

The purpose of the charity is to promote and support adults with mental health problems and as a local voluntary organisation we play an important role in providing local support and contributing to the wellbeing of the community.

The purpose of the charity is to promote and support adults with mental health problems and as a local voluntary organisation we play an important role in providing local support and contributing to the wellbeing of the community.

Following the COVID pandemic, we have seen an increase in the requirements for mental health support and at times our resources have been stretched. A big thank you is due to our staff and volunteers for their heroic efforts in caring for our community.

We continue to provide our core service of counselling delivered face to face, by telephone or by video conferencing. Due to funding from the Co-op and central Mind we have been able to set up bereavement counselling under the banner "One for Sorrow". This has been hugely successful and is continuing and we hope to make this a standard offering when the current funding runs out.

Our regular group activities included art, crafts, mindfulness sessions and walking groups. We will continue to look at expanding this where we see demand.

The Winsford Town Centre redevelopment will start in early 2023 and we will need to move to new premises and we have been in discussion with West Cheshire & Chester Council to identify a suitable business that will allow us to continue and expand.

In the past financial year we invited the CAB to hold surgeries in our offices and this has proved to be welcomed by our service users. When we move into new premises we hope to look at ways to work with our organisations to further support the community.

##### **Fundraising activities**

We continue to offer fundraising events to raise additional funds for the charity.

Enormous thanks must be given to all the volunteers who have contributed their time and effort to making a difference to the mental health of local people.

#### **FINANCIAL REVIEW**

##### **Financial position**

The results for the year are shown in the Statement of Financial Activities.

Income for the year has increased to £140,702, whilst expenditure has increased to £128,528. This has resulted in net income for the year of £12,174 and leaves total funds at 31 March 2022 of £137,853, of which £22,970 is restricted.

##### **Investment policy and objectives**

The charity does not have an investment policy. When available, funds are held in interest bearing bank accounts.

##### **Reserves policy**

The trustees feel that the charity has a legal responsibility to its beneficiaries to take a long term view of its commitments. The trustees continue to consider the increasing insecurity of funding, the delay in assessments and the payment of grants and the need to give as much notice as possible of withdrawal of project work and/or support. The trustees are determined to work towards maintaining a reserve at the level of six months running costs to cover current commitments. This will include designated funds as detailed in guidance by the Charity Commission.

## Mid Cheshire Mind

### Report of the Trustees for the year ended 31 March 2022

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

##### Recruitment and appointment of new trustees

Appointment of trustees is governed by the Memorandum and Articles of Association.

##### Organisational structure

The trustees delegate the day to day responsibilities of running the charity to the staff. The charity also has a management committee which consists of the trustees and two member representatives.

##### Induction and training of new trustees

New trustees are advised of their duties by the existing trustees and are provided with copies of previous years accounts. They are offered access to training, if required, and are informed of information and publications available through the Charity Commission.

#### REFERENCE AND ADMINISTRATIVE DETAILS

##### Registered Company number

07553999 (England and Wales)

##### Registered Charity number

1142838

##### Registered office

The Bungalow  
1a Dene Drive  
Winsford  
Cheshire  
CW7 1AX

##### Trustees

Ms D Brooks (resigned 19.1.22)  
P Bruder (resigned 26.10.22)  
Ms J Ledward  
J M S Wheeler  
A J Galbraith (appointed 10.1.22)  
Mrs J Hughes (appointed 10.1.22)  
Ms K Bury (appointed 10.1.22) (resigned 1.11.22)

##### Independent Examiner

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

Approved by order of the board of trustees on 16 December 2022 and signed on its behalf by:

  
JMS Wheeler (Dec 21, 2022 10:25 GMT)

J M S Wheeler - Trustee

**Independent Examiner's Report to the Trustees of  
Mid Cheshire Mind**

**Independent examiner's report to the trustees of Mid Cheshire Mind ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mrs YAO Wood  
FCA  
Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

16 December 2022

Mid Cheshire Mind

Statement of Financial Activities  
for the year ended 31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		20,768	-	20,768	26,212
<b>Charitable activities</b>					
Information and support services		38,141	23,061	61,202	45,619
Other trading activities	2	60,889	-	60,889	26,235
Investment income	3	183	-	183	27
<b>Total</b>		<u>119,981</u>	<u>23,061</u>	<u>143,042</u>	<u>98,093</u>
<b>EXPENDITURE ON</b>					
Raising funds		2,340	-	2,340	-
<b>Charitable activities</b>					
Information and support services		111,435	17,093	128,528	91,730
<b>Total</b>		<u>113,775</u>	<u>17,093</u>	<u>130,868</u>	<u>91,730</u>
<b>NET INCOME</b>		6,206	5,968	12,174	6,363
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		108,677	17,002	125,679	119,316
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>114,883</u></u>	<u><u>22,970</u></u>	<u><u>137,853</u></u>	<u><u>125,679</u></u>

The notes form part of these financial statements

**Mid Cheshire Mind**

**Balance Sheet  
31 March 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	7	1,140	4,141	5,281	5,548
<b>CURRENT ASSETS</b>					
Debtors	8	80	-	80	260
Cash at bank		118,717	18,829	137,546	123,038
		<u>118,797</u>	<u>18,829</u>	<u>137,626</u>	<u>123,298</u>
<b>CREDITORS</b>					
Amounts falling due within one year	9	(5,054)	-	(5,054)	(3,167)
		<u>113,743</u>	<u>18,829</u>	<u>132,572</u>	<u>120,131</u>
<b>NET CURRENT ASSETS</b>					
		<u>114,883</u>	<u>22,970</u>	<u>137,853</u>	<u>125,679</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>114,883</u>	<u>22,970</u>	<u>137,853</u>	<u>125,679</u>
<b>NET ASSETS</b>					
		<u>114,883</u>	<u>22,970</u>	<u>137,853</u>	<u>125,679</u>
<b>FUNDS</b>					
Unrestricted funds	10			114,883	108,677
Restricted funds				22,970	17,002
<b>TOTAL FUNDS</b>					
				<u>137,853</u>	<u>125,679</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16 December 2022 and were signed on its behalf by:

A. J. Galbraith  
A.J.Galbraith (Dec 21, 2022 10:55 GMT)

A J Galbraith - Trustee

## Mid Cheshire Mind

### Notes to the Financial Statements for the year ended 31 March 2022

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 20% on reducing balance

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 2. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Fundraising events	9,624	5,624
Shop income	43,532	17,611
DWP Resource Management	7,733	3,000
	<hr/>	<hr/>
	60,889	26,235
	<hr/>	<hr/>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2022

3. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	183	27
	<u>183</u>	<u>27</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	1,314	1,380
	<u>1,314</u>	<u>1,380</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Trustees	7	6
Charitable activities	7	4
	<u>14</u>	<u>10</u>

No employees received emoluments in excess of £60,000.

7. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
<b>COST</b>	
At 1 April 2021	17,536
Additions	1,047
	<u>18,583</u>
At 31 March 2022	18,583
<b>DEPRECIATION</b>	
At 1 April 2021	11,988
Charge for year	1,314
	<u>13,302</u>
At 31 March 2022	13,302
<b>NET BOOK VALUE</b>	
At 31 March 2022	<u>5,281</u>
At 31 March 2021	<u>5,548</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2022

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Prepayments and accrued income	80	260
	<u>80</u>	<u>260</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Other creditors	202	470
Accruals and deferred income	4,852	2,697
	<u>5,054</u>	<u>3,167</u>

10. MOVEMENT IN FUNDS

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
<b>Unrestricted funds</b>			
General fund	108,677	6,206	114,883
<b>Restricted funds</b>			
Training fund	3,573	-	3,573
Computer fund	8,902	(6,344)	2,558
Kitchen fund	2,500	(500)	2,000
Refurbishment	1,882	(172)	1,710
Website fund	145	-	145
One for Sorrow	-	12,984	12,984
	<u>17,002</u>	<u>5,968</u>	<u>22,970</u>
<b>TOTAL FUNDS</b>	<u>125,679</u>	<u>12,174</u>	<u>137,853</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	119,981	(113,775)	6,206
<b>Restricted funds</b>			
Computer fund	-	(6,344)	(6,344)
Kitchen fund	-	(500)	(500)
Refurbishment	-	(172)	(172)
One for Sorrow	23,061	(10,077)	12,984
	<u>23,061</u>	<u>(17,093)</u>	<u>5,968</u>
<b>TOTAL FUNDS</b>	<u>143,042</u>	<u>(130,868)</u>	<u>12,174</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2022

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	110,377	(1,700)	108,677
<b>Restricted funds</b>			
Training fund	3,573	-	3,573
Computer fund	-	8,902	8,902
Kitchen fund	3,124	(624)	2,500
Refurbishment	2,097	(215)	1,882
Website fund	145	-	145
	<u>8,939</u>	<u>8,063</u>	<u>17,002</u>
<b>TOTAL FUNDS</b>	<u>119,316</u>	<u>6,363</u>	<u>125,679</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	88,657	(90,357)	(1,700)
<b>Restricted funds</b>			
Computer fund	9,436	(534)	8,902
Kitchen fund	-	(624)	(624)
Refurbishment	-	(215)	(215)
	<u>9,436</u>	<u>(1,373)</u>	<u>8,063</u>
<b>TOTAL FUNDS</b>	<u>98,093</u>	<u>(91,730)</u>	<u>6,363</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	110,377	4,506	114,883
<b>Restricted funds</b>			
Training fund	3,573	-	3,573
Computer fund	-	2,558	2,558
Kitchen fund	3,124	(1,124)	2,000
Refurbishment	2,097	(387)	1,710
Website fund	145	-	145
One for Sorrow	-	12,984	12,984
	<u>8,939</u>	<u>14,031</u>	<u>22,970</u>
<b>TOTAL FUNDS</b>	<u>119,316</u>	<u>18,537</u>	<u>137,853</u>

**Mid Cheshire Mind**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2022**

**10. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	208,638	(204,132)	4,506
<b>Restricted funds</b>			
Computer fund	9,436	(6,878)	2,558
Kitchen fund	-	(1,124)	(1,124)
Refurbishment	-	(387)	(387)
One for Sorrow	23,061	(10,077)	12,984
	<u>32,497</u>	<u>(18,466)</u>	<u>14,031</u>
<b>TOTAL FUNDS</b>	<u>241,135</u>	<u>(222,598)</u>	<u>18,537</u>

The general fund represents the free funds of the charity which are not designated for particular purposes.

The computer fund comprises funding towards the provision and running costs of computer equipment. All monies had been allocated by the year end.

The kitchen fund represents kitchen equipment donated by Vale Royal Lions Club. The balance on the fund represents depreciation not yet charged.

The equipment fund comprises funding towards the purchase of a fax machine, digital camera, music centre and vacuum cleaner. All monies had been allocated by the year end.

The website fund consists of grant funding towards the costs of maintaining a website for the group. The balance on the fund represents monies not spent by the year end.

The training fund consists of training grants provided by MIND and Winsford Town Council. The balance on the fund represents monies not spent by the year end.

The refurbishment fund represents funding from NHS Vale Royal Clinical Commissioning Group towards refurbishment at the charity's premises.

The Outreach worker fund comprises Cheshire Community Foundation funding towards the salary costs of an outreach worker.

The One for Sorrow fund is part of our regular funding and comes from Cheshire West (EIP) and is worth £17,744 per annum paid to us quarterly in advance. In this tax year we received £22,471 from Mind to cover the period September 2021 to March 2022 to provide bereavement counselling. Mind is managing a bigger donation made to them by the Co-operative Group and has allocated the fund across several Local Minds.

**11. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.

Mid Cheshire Mind

Detailed Statement of Financial Activities  
for the year ended 31 March 2022

	2022 £	2021 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	20,665	25,415
Gift aid	103	797
	<hr/> 20,768	<hr/> 26,212
<b>Other trading activities</b>		
Fundraising events	9,624	5,624
Shop income	43,532	17,611
DWP Resource Management	7,733	3,000
	<hr/> 60,889	<hr/> 26,235
<b>Investment income</b>		
Deposit account interest	183	27
<b>Charitable activities</b>		
Club receipts	120	650
Grants	61,082	44,969
	<hr/> 61,202	<hr/> 45,619
<b>Total incoming resources</b>	143,042	98,093
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Fundraising costs	2,340	-
<b>Charitable activities</b>		
Wages	75,807	59,722
Pensions	1,218	1,412
Rent, rates and water	8,060	7,380
Insurance	823	1,077
Light and heat	6,264	2,545
Telephone	1,715	929
Postage and stationery	91	137
Advertising and website	5,170	517
Sundries	56	493
Subscriptions	867	1,577
Counsellor fees	22,277	6,033
Club provisions and materials	160	1,391
Repairs and maintenance	1,078	3,030
Training costs	400	74
Fixtures and fittings	1,314	1,380
	<hr/> 125,300	<hr/> 87,697
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	18	-
<b>Governance costs</b>		
Accountancy and legal fees	3,210	4,033

This page does not form part of the statutory financial statements

Mid Cheshire Mind

Detailed Statement of Financial Activities  
for the year ended 31 March 2022

	2022 £	2021 £
Total resources expended	<u>130,868</u>	<u>91,730</u>
<b>Net income</b>	<u><u>12,174</u></u>	<u><u>6,363</u></u>

**MID CHESHIRE MIND**

England & Wales - Charity number 1142838

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# Accounts

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**REGISTERED COMPANY NUMBER: 07553999 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1142838**

**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2021  
for  
Mid Cheshire Mind**

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

**Mid Cheshire Mind**

**Contents of the Financial Statements  
for the year ended 31 March 2021**

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## Mid Cheshire Mind

### Report of the Trustees for the year ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### OBJECTIVES AND ACTIVITIES

##### Objectives and aims

The purpose of the charity is to promote and support adults who have mental health problems. This is achieved by offering a mental health drop-in centre and we provide support, advice and advocacy to our members. We also offer educational and recreational activities as well as organising group trips and holidays.

##### Public benefit

The trustees have complied with the duty in Section 4 of the 2006 Act to have due regard to public benefit guidance published by the Charity Commission.

#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

The purpose of the charity is to promote and support adults with mental health problems and as a local voluntary organisation we play an important role in providing local support and contributing to the wellbeing of the community.

The past financial year has been very challenging due to the Covid-19 pandemic. All Charities have suffered, and we were no exception. We welcomed Jaide Thomas to our staff as manager of our shop in November, however due to the lockdown, she was unable to open the shop other than a few days around Christmas. However, she used her time well and the shop and storage areas were repainted and reorganised and a new till system implemented in preparation for the reopening which took place in April 2021 (the current financial year).

The drop-in centre was redecorated and refreshed to 'welcome back' service users.

The lockdown rules restricted our ability to run the drop-in centre and we were obliged to schedule and limit our service users attendance at the Bungalow. The mental health support workers continued to support service users via a combination of video conferencing, Whatsapp and telephone support.

We were still able to provide limited face to face counselling plus regular counselling by telephone and video conferencing.

Partnership work continued with Snow Angels CIC, Motherwell CIC and the Citizens Advice.

Awareness raising activities included presentation to community groups and businesses including Bishop Heber High School, Chester Voluntary Action and Qwest Services.

Member's activities: included art, crafts, mindfulness sessions and walking groups with the Health Ranger or Mid Cheshire Mind staff. Due to Government restrictions no trips or events were held.

Fundraising activities were severely curtailed; however, we were able to take advantage of Government, Local Government and Central Mind support which allowed us to cover all our costs.

We delivered 50 Christmas hampers thanks to funding and support of the Community PCSO's, whilst a grant from Tesco 'Bags for Help' provided 50 self-care packs.

##### Fundraising activities

We continue to offer fundraising events to raise additional funds for the charity.

Enormous thanks must be given to all the volunteers who have contributed their time and effort to making a difference to the mental health of local people.

#### FINANCIAL REVIEW

##### Financial position

The results for the year are shown in the Statement of Financial Activities.

Income for the year has increased to £98,093, whilst expenditure has reduced to £91,730. This has resulted in net income for the year of £6,363 and leaves total funds at 31 March 2021 of £125,679, of which £17,002 is restricted.

##### Investment policy and objectives

The charity does not have an investment policy. When available, funds are held in interest bearing bank accounts.

**Mid Cheshire Mind**

**Report of the Trustees  
for the year ended 31 March 2021**

**FINANCIAL REVIEW**

**Reserves policy**

The trustees feel that the charity has a legal responsibility to its beneficiaries to take a long term view of its commitments. The trustees continue to consider the increasing insecurity of funding, the delay in assessments and the payment of grants and the need to give as much notice as possible of withdrawal of project work and/or support. The trustees are determined to work towards maintaining a reserve at the level of six months running costs to cover current commitments. This will include designated funds as detailed in guidance by the Charity Commission.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Recruitment and appointment of new trustees**

Appointment of trustees is governed by the Memorandum and Articles of Association.

**Organisational structure**

The trustees delegate the day to day responsibilities of running the charity to the staff. The charity also has a management committee which consists of the trustees and two member representatives.

**Induction and training of new trustees**

New trustees are advised of their duties by the existing trustees and are provided with copies of previous years accounts. They are offered access to training, if required, and are informed of information and publications available through the Charity Commission.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

07553999 (England and Wales)

**Registered Charity number**

1142838

**Registered office**

The Bungalow  
1a Dene Drive  
Winsford  
Cheshire  
CW7 1AX

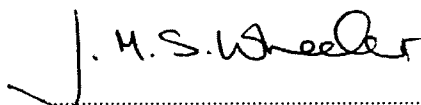
**Trustees**

Ms D Brooks  
P Bruder  
L Hobson (resigned 11.8.20)  
M Ratcliffe (resigned 2.7.20)  
Ms J Ledward  
J M S Wheeler (appointed 16.6.20)

**Independent Examiner**

Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE

Approved by order of the board of trustees on .....21/12/2021..... and signed on its behalf by:



J M S Wheeler - Trustee

**Independent Examiner's Report to the Trustees of  
Mid Cheshire Mind**

**Independent examiner's report to the trustees of Mid Cheshire Mind ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

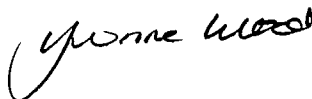
**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mrs YAO Wood  
FCA  
Bennett Brooks & Co Limited  
Chartered Accountants  
St George's Court  
Winnington Avenue  
Northwich  
Cheshire  
CW8 4EE



Date: .....23.12.21.....

**Mid Cheshire Mind**

**Statement of Financial Activities  
for the year ended 31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		26,212	-	26,212	23,153
<b>Charitable activities</b>					
Information and support services		36,183	9,436	45,619	29,411
Other trading activities	2	26,234	-	26,234	41,448
Investment income	3	28	-	28	244
<b>Total</b>		<u>88,657</u>	<u>9,436</u>	<u>98,093</u>	<u>94,256</u>
 <b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Information and support services		90,357	1,373	91,730	101,168
<b>NET INCOME/(EXPENDITURE)</b>		<u>(1,700)</u>	<u>8,063</u>	<u>6,363</u>	<u>(6,912)</u>
 <b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		110,377	8,939	119,316	126,228
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>108,677</u></u>	<u><u>17,002</u></u>	<u><u>125,679</u></u>	<u><u>119,316</u></u>

The notes form part of these financial statements

Mid Cheshire Mind

Balance Sheet  
31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	7	1,420	4,128	5,548	5,969
<b>CURRENT ASSETS</b>					
Debtors	8	260	-	260	302
Cash at bank and in hand		110,164	12,874	123,038	115,329
		<u>110,424</u>	<u>12,874</u>	<u>123,298</u>	<u>115,631</u>
<b>CREDITORS</b>					
Amounts falling due within one year	9	(3,167)	-	(3,167)	(2,284)
<b>NET CURRENT ASSETS</b>		<u>107,257</u>	<u>12,874</u>	<u>120,131</u>	<u>113,347</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>108,677</u>	<u>17,002</u>	<u>125,679</u>	<u>119,316</u>
<b>NET ASSETS</b>		<u>108,677</u>	<u>17,002</u>	<u>125,679</u>	<u>119,316</u>
<b>FUNDS</b>	10				
Unrestricted funds				108,677	110,377
Restricted funds				17,002	8,939
<b>TOTAL FUNDS</b>				<u>125,679</u>	<u>119,316</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

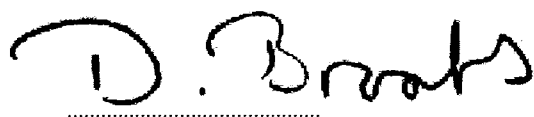
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21/12/2021 and were signed on its behalf by:

  
.....  
D Brooks - Trustee

## Mid Cheshire Mind

### Notes to the Financial Statements for the year ended 31 March 2021

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 20% on reducing balance

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 2. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Fundraising events	5,623	5,324
Shop income	17,611	31,504
DWP Resource Management	3,000	4,620
	<u>26,234</u>	<u>41,448</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2021

3. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	28	244
	<u>28</u>	<u>244</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	1,380	2,010
Deficit on disposal of fixed assets	-	92
	<u>-</u>	<u>92</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
Trustees	6	6
Charitable activities	4	4
	<u>10</u>	<u>10</u>

No employees received emoluments in excess of £60,000.

7. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
<b>COST</b>	
At 1 April 2020	16,577
Additions	959
	<u>17,536</u>
At 31 March 2021	17,536
<b>DEPRECIATION</b>	
At 1 April 2020	10,608
Charge for year	1,380
	<u>11,988</u>
At 31 March 2021	11,988
<b>NET BOOK VALUE</b>	
At 31 March 2021	<u>5,548</u>
At 31 March 2020	<u>5,969</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2021

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Other debtors	-	280
Prepayments and accrued income	260	22
	<u>260</u>	<u>302</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Other creditors	470	168
Accruals and deferred income	2,697	2,116
	<u>3,167</u>	<u>2,284</u>

10. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
<b>Unrestricted funds</b>			
General fund	110,377	(1,700)	108,677
<b>Restricted funds</b>			
Training fund	3,573	-	3,573
Computer fund	-	8,902	8,902
Kitchen fund	3,124	(624)	2,500
Refurbishment	2,097	(215)	1,882
Website fund	145	-	145
	<u>8,939</u>	<u>8,063</u>	<u>17,002</u>
<b>TOTAL FUNDS</b>	<u>119,316</u>	<u>6,363</u>	<u>125,679</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	88,657	(90,357)	(1,700)
<b>Restricted funds</b>			
Computer fund	9,436	(534)	8,902
Kitchen fund	-	(624)	(624)
Refurbishment	-	(215)	(215)
	<u>9,436</u>	<u>(1,373)</u>	<u>8,063</u>
<b>TOTAL FUNDS</b>	<u>98,093</u>	<u>(91,730)</u>	<u>6,363</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2021

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
<b>Unrestricted funds</b>			
General fund	115,888	(5,511)	110,377
<b>Restricted funds</b>			
Training fund	3,065	508	3,573
Computer fund	707	(707)	-
Kitchen fund	3,946	(822)	3,124
Decorating/chairs fund	14	(14)	-
Equipment fund	30	(30)	-
Refurbishment	2,433	(336)	2,097
Website fund	145	-	145
	<u>10,340</u>	<u>(1,401)</u>	<u>8,939</u>
<b>TOTAL FUNDS</b>	<u>126,228</u>	<u>(6,912)</u>	<u>119,316</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	76,512	(82,023)	(5,511)
<b>Restricted funds</b>			
Training fund	-	508	508
Computer fund	-	(707)	(707)
Kitchen fund	-	(822)	(822)
Decorating/chairs fund	-	(14)	(14)
Equipment fund	-	(30)	(30)
Refurbishment	-	(336)	(336)
Outreach worker	17,744	(17,744)	-
	<u>17,744</u>	<u>(19,145)</u>	<u>(1,401)</u>
<b>TOTAL FUNDS</b>	<u>94,256</u>	<u>(101,168)</u>	<u>(6,912)</u>

Mid Cheshire Mind

Notes to the Financial Statements - continued  
for the year ended 31 March 2021

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	115,888	(7,211)	108,677
<b>Restricted funds</b>			
Training fund	3,065	508	3,573
Computer fund	707	8,195	8,902
Kitchen fund	3,946	(1,446)	2,500
Decorating/chairs fund	14	(14)	-
Equipment fund	30	(30)	-
Refurbishment	2,433	(551)	1,882
Website fund	145	-	145
	<u>10,340</u>	<u>6,662</u>	<u>17,002</u>
<b>TOTAL FUNDS</b>	<u>126,228</u>	<u>(549)</u>	<u>125,679</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	165,169	(172,380)	(7,211)
<b>Restricted funds</b>			
Training fund	-	508	508
Computer fund	9,436	(1,241)	8,195
Kitchen fund	-	(1,446)	(1,446)
Decorating/chairs fund	-	(14)	(14)
Equipment fund	-	(30)	(30)
Refurbishment	-	(551)	(551)
Outreach worker	17,744	(17,744)	-
	<u>27,180</u>	<u>(20,518)</u>	<u>6,662</u>
<b>TOTAL FUNDS</b>	<u>192,349</u>	<u>(192,898)</u>	<u>(549)</u>

The general fund represents the free funds of the charity which are not designated for particular purposes.

The computer fund comprises funding towards the provision and running costs of computer equipment. All monies had been allocated by the year end.

The kitchen fund represents kitchen equipment donated by Vale Royal Lions Club. The balance on the fund represents depreciation not yet charged.

The decorating/chairs fund represents monies from MIND for chairs and redecorating the premises. All monies had been allocated by the year end.

The equipment fund comprises funding towards the purchase of a fax machine, digital camera, music centre and vacuum cleaner. All monies had been allocated by the year end.

The website fund consists of grant funding towards the costs of maintaining a website for the group. The balance on the fund represents monies not spent by the year end.

**Mid Cheshire Mind**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2021**

**10. MOVEMENT IN FUNDS - continued**

The training fund consists of training grants provided by MIND and Winsford Town Council. The balance on the fund represents monies not spent by the year end.

The refurbishment fund represents funding from NHS Vale Royal Clinical Commissioning Group towards refurbishment at the charity's premises.

The Outreach worker fund comprises Cheshire Community Foundation funding towards the salary costs of an outreach worker.

**11. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

Mid Cheshire Mind

Detailed Statement of Financial Activities  
for the year ended 31 March 2021

	2021 £	2020 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	25,415	23,153
Gift aid	797	-
	<u>26,212</u>	<u>23,153</u>
<b>Other trading activities</b>		
Fundraising events	5,623	5,324
Shop income	17,611	31,504
DWP Resource Management	3,000	4,620
	<u>26,234</u>	<u>41,448</u>
<b>Investment income</b>		
Deposit account interest	28	244
<b>Charitable activities</b>		
Club receipts	650	11,667
Grants	44,969	17,744
	<u>45,619</u>	<u>29,411</u>
<b>Total incoming resources</b>	<u>98,093</u>	<u>94,256</u>
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	59,722	68,007
Social security	-	1,302
Pensions	1,412	439
Rent, rates and water	7,380	9,091
Insurance	1,077	564
Light and heat	2,545	3,403
Telephone	929	466
Postage and stationery	137	617
Advertising and website	517	84
Sundries	493	279
Subscriptions	1,577	649
Holidays and trips	-	965
Counsellor fees	6,033	112
Club provisions and materials	1,391	5,428
Repairs and maintenance	3,030	4,228
Training costs	74	508
Fixtures and fittings	1,380	2,010
Loss on sale of tangible fixed assets	-	92
	<u>87,697</u>	<u>98,244</u>
<b>Support costs</b>		
<b>Governance costs</b>		
Accountancy and legal fees	4,033	2,924
<b>Total resources expended</b>	<u>91,730</u>	<u>101,168</u>
<b>Net income/(expenditure)</b>	<u>6,363</u>	<u>(6,912)</u>

This page does not form part of the statutory financial statements