



Trustees Annual Report, Accounts and Independent Examiners Report for the year ending

31st March 2025.



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Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	Day 01	Month 04	Year 2024		Day 31	Month 03

Section A Reference and administration details

Charity name	Opportunity Sports Foundation		
Other names charity is known by	OSF		
Registered charity number (if any)	1142543		
Charity's principal address	11 Worlington Close		
	Buckshaw Village		
	Chorley		
	Postcode	PR7 7JU	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Farrell Kilbane	Trustee		
2	Shirley Banks	Treasurer		
3	Phil Entwistle	Chairman		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section B Structure / governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by current trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

OSF continues to maintain comprehensive policies and procedures that guide all aspects of its work with children, young people and adults. These policies cover safeguarding, child protection, working with vulnerable adults, health and safety, equal opportunities and all compliance requirements relevant to sport and youth provision. They are reviewed regularly to ensure they remain current and aligned with national guidance and best practice.

OSF has strengthened its organisational structure. The charity employs a full time Chief Executive and a full time Project Manager, supported by a wider team of part time coaches and volunteers who contribute across projects as funding allows. OSF has continued to develop strong partnerships with SEN schools, EBD schools and mainstream schools, as well as local authorities, community organisations and national bodies. Relationships with Lancashire County Council, Blackburn with Darwen Borough Council, Lancashire Sport and Sported remain central to delivery. OSF also works closely with partners such as Nightsafe, The Inside Out Group, Lifeline, local sports clubs, Progress Housing Association, Twin Valley Homes and other housing providers across the region.

OSF continues to operate with robust risk management processes. The charity holds public liability insurance at five million pounds, covering all activities delivered throughout the year. Risk assessments are completed for every session to ensure a safe and inclusive environment for all participants. Over the past year, OSF has seen a continued rise in demand for personalised support, particularly from young people with complex needs. The organisation has been able to meet this demand by increasing both its in person and online provision, strengthening its presence in schools and community settings and widening access to those who may not engage through traditional routes.

Summary of the objects of the charity set out in its governing document

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

<p>OSF’s mission is; “To advance in life and help especially, but not exclusively, disadvantaged young people”. OSF intends to do this through the following aims and objectives:</p> <ul style="list-style-type: none"> a) Provide provision of sporting, recreational, and leisure time activities, provided in the interest of social welfare, designed to improve young people’s conditions of life. b) Providing support and activities which help develop young people’s skills, capacities and capabilities in order to positively participate in society as mature and responsible individuals. c) Acting as a resource for young people up to the age of 25 by providing programmes of physical, educational and other activities as a means of distraction to reduce; youth offending, drug and alcohol misuse, anti-social behaviour and crime in communities and unemployment. d) Signpost as many young people as possible via multi-agency working to further education, training and employment opportunities. e) To advance racial and religious harmony and equity and diversity among young people by arranging activities to encourage shared experienced and interest without reference to race, religious belief, sex, disability, nationality, ethnic or national origin or social background. <p>The trustees by resolution may amend the charity’s aims and objectives should they see fit.</p>	
<p>Opportunity Sports Foundation has continued to strengthen its work with schools and widen its online and community presence. This has enabled us to offer more personalised support to young people who are facing some of the most complex challenges, including those moving into adulthood, leaving care or experiencing significant instability in their lives.</p> <p>Individualised support remains at the centre of all our programmes. Alongside group sessions, the organisation has invested more time in targeted one to one work and online mentoring. This year we have delivered more staffing hours than ever before, allowing us to engage those who need sustained encouragement, structure and routine. Our partnership with the Welsh Football Association has continued, providing young people with opportunities to gain online Sports Coaching qualifications as well as literacy and numeracy support through digital learning.</p> <p>Many of OSF’s key projects now run on a multi year basis, reflecting the need for longer term support. Demand for our services continues to rise, particularly within NEET provision and from young people with additional needs. Our main projects and their impact this year include:</p> <p>NEET Sports Project: This ongoing programme continues to support young people who are not in education, employment or training. Through sport, mentoring and structured learning, participants gain qualifications, practical work experience and guidance in life skills, improving their chances of moving into work or further education.</p> <p>School Holiday Sports Camp: Delivered throughout all school breaks, the camp has again engaged hundreds of children aged five to twelve from a wide range of backgrounds. It provides safe, structured activities, and also offers work experience and volunteering opportunities for older young people within OSF’s pathway.</p> <p>Addicted to Sport: Working in partnership with Nightsafe and Lifeline, this project supports young people aged sixteen to twenty four who are affected by homelessness or substance misuse. Participants develop confidence, self esteem and resilience while taking part in structured sports sessions. Many gain Sports Leader Awards and some progress to coaching badges, enabling them to contribute positively to their communities.</p> <p>Social Sport with Housing Associations: In partnership with Progress Housing Association and other housing providers, OSF delivers weekly sessions for young people aged six to eighteen across several locations. These sessions build community cohesion, reduce anti social behaviour and offer constructive alternatives. Selected participants work towards coaching qualifications that help sustain community led activity.</p> <p>Looked After Children’s Sport: Delivered with Lancashire County Council, this programme supports children and young people in care aged five to nineteen.</p>	

Participants work towards ASDAN and Sports Leader qualifications while receiving mentoring and structured support. Older participants also mentor younger ones, building responsibility and confidence.

Leaving Care Project: OSF continues to support young people transitioning out of care, many of whom have experienced disrupted education and limited support networks. Using sport as a tool for engagement, we assess individual needs across housing, health and education, helping young people work towards training, employment and greater independence.

Onside Project: In partnership with local respite centres, this project supports young people with disabilities to enjoy inclusive sports sessions. Participants develop social skills, confidence and a sense of belonging, with guidance towards disability sports clubs for long term involvement.

Adult Social Club: The Adult Social Club has continued to run successfully, offering accessible recreational and social opportunities for adults who benefit from structured support and inclusive environments.

Vulnerable Girls' Sport: Working with Targeted Youth Support, this programme supports girls aged eleven to nineteen who are vulnerable or at risk. It provides a safe space to build confidence, develop friendships and access further opportunities through sport.

Social Housing Partnership: This initiative continues to work with young people aged eight to twenty five living in social housing areas. Sessions encourage positive engagement and help reduce anti social behaviour by providing consistent, supportive and enjoyable activities.

Young Offenders Sessions: Delivered in partnership with the Youth Justice Service, these sessions support young people aged twelve to nineteen who are at risk of offending or already within the system. Through football, conditioning and boxing based activities, young people learn discipline, self control and positive ways to manage their emotions and energy.

Together, these projects show OSF's commitment to supporting young people facing disadvantage, giving them the skills, confidence and qualifications they need to make positive changes in their lives. The charity continues to focus on personal development, community connection and long term outcomes for every participant.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

OSF does not provide grants, but rather seeks grants to support its service for beneficiaries. The organisation does not engage in any investments beyond acquiring equipment necessary for its activities. OSF is governed by a board of trustees, with a Chief Executive Officer overseeing project planning and management on a part-time basis. The accounts are prepared on a voluntary basis. Currently, OSF has 18 part-time youth workers who are qualified sports coaches and engage in projects as funding becomes available.

In addition to the part-time workers, OSF benefits from approximately 22 voluntary youth workers who contribute to various projects. The organisation invests in training young coaches to sustain and expand its charitable activities. OSF envisions these young voluntary coaches as integral to its future growth. The organisation's current part-time coaches have all been trained through this system, representing a valuable asset to its operations. Many of these individuals have a strong connection to the beneficiaries, as they were former beneficiaries themselves or have faced similar circumstances.

At present, OSF only employs one part-time member of staff, with no full-time staff members. However, the demand for volunteers and the need for a coach/development worker have increased significantly. Consequently, OSF is actively seeking funding for a full-time paid position during the current financial year to support its continued growth and impact.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

This year, OSF has reached significant milestones, engaging around 990 children, young people and adults, which represents an increase of around 165 from last year. Many of these individuals are among the most marginalised in the community, and we remain committed to supporting their needs and helping them progress.

Across our programmes, a wide range of qualifications and achievements have again been awarded. Around 129 participants have gained their Welsh FA Level 1 Coaching Badges, enabling them to take on leadership roles by supporting coaches in delivering sessions. In addition, around 328 young people completed ASDAN sports and fitness short courses, and around 605 achieved Sports Leader Awards, helping them develop teamwork, communication and organisational skills.

A particular highlight has been OSF's continued success in offering real progression opportunities. This year, around 90 participants moved into part time roles within the organisation. Through tailored training and DBS checks, they have become valued members of OSF's workforce and contribute directly to the delivery of our programmes.

OSF has also continued to develop its online provision, with around 1,100 participants taking part in digital sessions and virtual activities. This blend of online and in person support ensures that young people who face barriers to attendance can still access meaningful development opportunities. These inclusive sessions promote confidence, engagement and enjoyment, strengthening our reach across the community.

Section E

Financial review

Brief statement of the charity's policy on reserves

OSF applies for funding to deliver specific projects and all grant income is used solely for the purpose for which it is awarded. The organisation no longer accepts public donations. At the end of the financial year, OSF held around £70,000 in reserves, reflecting a continued improvement from the previous year. The trustees intend to strengthen reserves further in the coming years to ensure stability, protect core services and support the long term sustainability of the charity.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

OSF's principle funds come from grants awarded by organisations, a list of which can be seen below

- The Triangle Trust 1949 Fund
- Educational Opportunity Foundation
- Henry Smith Charity
- CRH Charitable Trust
- Sport England (Movement Fund / Small Grants)
- BBC Children in Need
- The National Lottery (ESC Lottery Fund)
- Masonic Charitable Foundation
- The Swire Charitable Trust
- Hedley Foundation
- The Prince of Wales's Charitable Fund
- KFC Add Hope Fund
- The Shepherd Street Trust
- The Barbara Ward Children's Foundation
- The Margaret and Fred Moore Trust
- 29th May 1961 Trust
- Other smaller grants and unrestricted income

Contracts and holiday clubs

The work OSF carried out during school holidays and on evenings also earned money so that further charitable projects can take place and is listed under contracts and holiday clubs.

Within the disadvantaged areas OSF hires venues where the sporting and leisure activity can take place. Other expenditure has included the equipment needed to run the projects, kit for beneficiaries, volunteers and staff and wages.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees’ report above.
Signed on behalf of the charity’s trustees

Signature(s)	S Banks	F Kilbane
Full name(s)	Shirley Banks	Farrell Kilbane
Position (eg Secretary, Chair, etc)	Treasurer / Secretary	Trustee
Date	28/11/2025	

Independent examiner's report on the accounts

Section A

Independent Examiner’s Report

Report to the trustees/ members of	Opportunity Sports Foundation		
On accounts for the year ended	March 2025	Charity no	1142543
Set out on pages	10-13 <small>(remember to include the page numbers of additional sheets)</small>		

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity’s trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent
examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

M Faulker

Date:

26/11/2025

Name:

Mike Faulker

**Relevant professional
qualification(s) or body
(if any):**

ATT

Address:

35 Brookdale, New Longton, Preston, PR4 4XL

Section B

Disclosure

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.	As in previous years all receipts are kept in good order, the invoicing system is correct and no discrepancies found.
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Charity Name Opportunity Sports Foundation	No (if any) 1142543
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Receipts and payments accounts

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For the period from	Period start date 01/04/2024	To	Period end date 31/03/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants/Donations	52004	142818	-	194822	191802
Coaching Income	26181	-	-	26181	25332
	-	-	-	-	-
Sub total (Gross income for AR)	78185	142818	-	221003	217134
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	78185	142818	-	221003	217134

A3 Payments

Equipment	3999	23550	-	27549	26897
Kit		6570	-	6570	6679
Trophies/Medals		3500		3500	3009
Coaching/Travelling Costs	9309	24823	-	34132	29869
Venue Hire	3645	54000	-	57645	56006
Administration	6250	-	-	6250	5600
Insurance	1090	-	-	1090	860
Salary Costs	30196	37007	-	67203	45084
Professional Fees	8055	-	-	8055	19077
Sub total	62544	149450		211994	189081

A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-

Total payments	62544	149450	-	211994	18901
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Net of receipts/(payments)	15641	- 6632	-	9009	28053
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	54645	16359	-	71004	42951
Cash funds this year end	70286	9727	-	80013	71004

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in Bank	70286	9727	-
		-	-	-
		-	-	-
	Total cash funds	70286	9727	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds

	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
	Equipment	Unrestricted	-	12465
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one trustee on behalf of all the trustees

Signature	Print Name	Date of approval
S Banks	Shirley Banks (treasurer)	28/11/2025
F Kilbane	Farrell Kilbane	28/11/2025