



## **Trustees Annual Report, Accounts and Independent Examiners Report for the year ending 31**

**March 2024.**



<b>Content</b>	<b>Page Number</b>
Trustees Annual Report	3 - 9
Independent Examiners Report	10-11
Accounts	12-14

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	Day 01	Month 04	Year 2023		Day 31	Month 03

## Section A Reference and administration details

Charity name	Opportunity Sports Foundation		
Other names charity is known by	OSF		
Registered charity number (if any)	1142543		
Charity's principal address	11 Worlington Close		
	Buckshaw Village		
	Chorley		
	Postcode	PR7 7JU	

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Farrell Kilbane	Trustee		
2	Shirley Banks	Treasurer		
3	Phil Entwistle	Chairman		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

## Section B Structure / governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by current trustees

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

OSF has established comprehensive policies and procedures to guide its involvement in sports activities, with a particular focus on partnerships with Special Educational Needs (SEN) schools, Emotional and Behavioural Disorder (EBD) schools, and mainstream schools. With restrictions now eased, these policies are up-to-date, covering critical areas such as safeguarding, child protection, vulnerable adults, health and safety, equal opportunities, and any remaining Covid-19 considerations. OSF regularly reviews these policies to stay aligned with current regulations and best practices.

Currently, OSF employs a Chief Executive Officer, a project manager with all other team members serving in part-time or voluntary roles. The organisation has built strategic partnerships with various professional bodies across Lancashire and the UK, including Lancashire County Council, Blackburn with Darwen Borough Council, Lancashire Sport, and Sported. OSF also has well-established relationships with local charities like Nightsafe, The Inside Out Group, and Lifeline; educational institutions such as Local Sports Clubs; and housing associations including Progress Housing Association, Twin Valley Homes, and other housing groups.

For risk management, OSF holds public liability insurance with a cover of £5 million, protecting all its activities. Thorough risk assessments are conducted before each activity to minimise hazards and create a safe environment for all participants. With restrictions now fully lifted, OSF has successfully reconnected with schools and increased both its in-person and online engagement with young people, particularly those requiring more personalised support.

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

<p>OSF’s mission is; “To advance in life and help especially, but not exclusively, disadvantaged young people”. OSF intends to do this through the following aims and objectives:</p> <ul style="list-style-type: none"> <li>a) Provide provision of sporting, recreational, and leisure time activities, provided in the interest of social welfare, designed to improve young people’s conditions of life.</li> <li>b) Providing support and activities which help develop young people’s skills, capacities and capabilities in order to positively participate in society as mature and responsible individuals.</li> <li>c) Acting as a resource for young people up to the age of 25 by providing programmes of physical, educational and other activities as a means of distraction to reduce; youth offending, drug and alcohol misuse, anti-social behaviour and crime in communities and unemployment.</li> <li>d) Signpost as many young people as possible via multi-agency working to further education, training and employment opportunities.</li> <li>e) To advance racial and religious harmony and equity and diversity among young people by arranging activities to encourage shared experienced and interest without reference to race, religious belief, sex, disability, nationality, ethnic or national origin or social background.</li> </ul> <p>The trustees by resolution may amend the charity’s aims and objectives should they see fit.</p>
--

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

<p>Opportunity Sports Foundation continues to successfully strengthen our connections with schools and expanded our online presence. This has enabled us to continue providing personalised support to young people in need, including increased assistance for older members and those transitioning out of care.</p> <p>Focusing on individualised support remains a priority across all our projects, even as we maintain larger group activities. Our enhanced online presence has allowed us to allocate more resources to staffing, resulting in the highest staffing hours we have ever provided. This increase has enabled us to better support those most in need. We have also continued our partnership with the Welsh Football Association, offering online Sports Coaching certifications and other virtual courses, including literacy and numeracy.</p> <p>Historically, most OSF projects were short-term, typically lasting a year or less. To ensure stability, we are now pursuing multi-year funding for our initiatives, aiming to increase our number of full-time employees. Several long-term projects have continued to thrive and expand, responding to a rising demand for our services—especially in NEET (Not in Education, Employment, or Training) projects. Key current projects and their benefits include:</p> <p>NEET Sports Project: This project uses sports to engage young people, equipping them with skills for employment or re-entry into education. Participants receive qualifications, work experience, counselling, and life skills training to support their success.</p> <p>School Holiday Sports Camp: Held during each school break, this multi-sports camp has reached over 500 children aged 5–12 from diverse backgrounds in the local community. The camp also provides work experience and volunteer opportunities to young participants, while helping raise funds for other projects.</p> <p>Addicted to Sport: Serving young people aged 16–24 who face homelessness or addiction, this project partners with Nightsafe, a homeless centre in Blackburn, and Lifeline, a substance misuse charity. Participants gain personal skills, such as confidence and self-esteem, and engage with peers facing similar challenges. All participants earn a Sports Leader Award, and some receive their FA Level 1 Coaching Badge, enabling them to become community coaches and sustain the project’s impact.</p> <p>Social Sport in Partnership with Housing Associations: In collaboration with Progress Housing Association, we run weekly sports sessions for young people aged 6–18 across various venues. These sessions aim to foster community cohesion, reduce anti-social behaviour, and provide meaningful activities. Selected participants earn their Level 1 Coaching Badge, helping establish a network of community coaches for ongoing sustainability.</p>
--

<p><b>Looked After Children’s Sport:</b> Partnering with Lancashire County Council, this project focuses on children in care, aged 5–19. Through qualifications like ASDAN and Sports Leader, participants receive education and mentoring. Older participants mentor younger ones, helping to boost confidence and engagement.</p> <p><b>Leaving Care Project:</b> Recognising ongoing challenges following the pandemic, we have expanded support for young people transitioning out of care. Assessments are conducted across areas such as housing, health, and education, using sports to engage and educate. Our goal is to help participants secure employment or training, making this initiative central to our future plans as we continue supporting their independence.</p> <p><b>Onside Project:</b> In partnership with respite centres across Lancashire, the Onside project promotes sports participation among young people with disabilities, creating an inclusive environment where they can socialise and feel a sense of belonging. We also direct participants to local disability sports clubs for ongoing involvement.</p> <p><b>Adult Social Club:</b> We have successfully relaunched the Adult Social Club, providing recreational and social opportunities that have been warmly received by the community.</p> <p><b>Vulnerable Girls’ Sport:</b> This project, in collaboration with Targeted Youth Support, supports vulnerable girls aged 11–19, enhancing their sports participation and self-esteem. It also provides a space for them to connect, share experiences, and access further education and job opportunities.</p> <p><b>Social Housing Partnership:</b> This initiative targets young people aged 8–25 on social housing estates, promoting sports participation to reduce anti-social behaviour and foster positive engagement within the community.</p> <p><b>Young Offenders Sessions:</b> In partnership with the Youth Justice Service, we offer sports sessions, including football, cross-fit, and boxing, for young people aged 12–19 at risk of or involved in crime. These sessions help participants channel their energy productively, instilling discipline and self-control.</p> <p>These projects underscore our commitment to addressing the needs of young people facing challenging circumstances through personal development, community involvement, and social inclusion. We aim to empower participants with skills and qualifications, supporting their positive growth and active community engagement.</p> <p>Our mission remains to empower young people through sports and education. We are constantly looking for ways to expand our impact, adapting and developing initiatives to meet diverse needs and promoting well-being, inclusion, and social connectedness.</p>
---

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

<p>OSF does not provide grants, but rather seeks grants to support its service for beneficiaries. The organisation does not engage in any investments beyond acquiring equipment necessary for its activities. OSF is governed by a board of trustees, with a Chief Executive Officer overseeing project planning and management on a part-time basis. The accounts are prepared on a voluntary basis. Currently, OSF has 18 part-time youth workers who are qualified sports coaches and engage in projects as funding becomes available.</p> <p>In addition to the part-time workers, OSF benefits from approximately 22 voluntary youth workers who contribute to various projects. The organisation invests in training young coaches to sustain and expand its charitable activities. OSF envisions these young voluntary coaches as integral to its future growth. The organisation's current part-time coaches have all been trained through this system, representing a valuable asset to its operations. Many of these individuals have a strong connection to the beneficiaries, as they were former beneficiaries themselves or have faced similar circumstances.</p> <p>At present, OSF only employs one part-time member of staff, with no full-time staff members. However, the demand for volunteers and the need for a coach/development worker have increased significantly. Consequently, OSF is actively seeking funding for a full-time paid position during the current financial year to support its continued growth and impact.</p>
---

Section D	Achievements and performance
-----------	------------------------------

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

This year, OSF has reached significant milestones, engaging over 900 children, young people, and adults— double the participation numbers of previous years and an increase of over 150 from last year. These individuals include some of the most marginalised and vulnerable in our community, and we remain deeply committed to supporting their needs and encouraging their growth.

Throughout these efforts, OSF has proudly awarded a remarkable range of qualifications and achievements. Notably, 117 participants have earned their Welsh FA Level 1 Coaching Badges, allowing them to take on leadership roles by supporting main coaches in delivering sessions. Additionally, 298 individuals completed ASDAN sports and fitness short courses, and over 550 have received Sports Leader Awards, building essential teamwork, organisational, and communication skills during OSF's sessions and activities.

A particular highlight has been OSF's placement of 82 participants into part-time roles within the organisation. By recognising their unique strengths and providing tailored training and DBS checks, these individuals are now valuable members of OSF's dedicated team, significantly contributing to our mission.

Moreover, OSF has established a sustainable range of online activities and inclusive sessions for over 1,000 participants. These initiatives not only advance OSF's core aims and objectives but also promote inclusivity, benefit, and enjoyment for all involved, further strengthening our positive impact across the community.



## Section E

## Financial review

### Brief statement of the charity's policy on reserves

OSF applies for funding to run projects and the money granted is used solely for that project. OSF has stopped taking donations from the public. The charity possesses around £50,000 in reserves. Our aim is to increase this value moving forwards

### Details of any funds materially in deficit

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

OSF's principle funds come from grants awarded by organisations, a list of which can be seen below

Sported £820

British & Foreign School Society (BFSS) £14,679

Masonic Charitable Foundation £5,000

KFC £2,500

The David Family Foundation £1,000

Alchemy Foundation £1,000

Trusthouse Charitable Foundation £4,000

Main Grants £10,000

Postcode Neighbourhood Trust £21,900

Garfield Weston Foundation £10,000

The Prince of Wales Charitable Foundation £2500

The Hargreaves Foundation £36,440

The Triangle Trust £14820

The Margaret Foundation £1,000

The Henry Smith Charitable Trust £18,750

BBC Children in Need (BBC CIN) £14,982

MVM Charitable Trust £500

Brian Murtagh Charitable Trust £10,000

Contracts and holiday clubs £32,134

The work OSF carried out during school holidays and on evenings also earned money so that further charitable projects can take place and is listed under contracts and holiday clubs.

Within the disadvantaged areas OSF hires venues where the sporting and leisure activity can take place. Other expenditure has included the equipment needed to run the projects, kit for beneficiaries, volunteers and staff and wages.

## Section F

## Other optional information

Section GDeclaration

The trustees declare that they have approved the trustees’ report above.  
Signed on behalf of the charity’s trustees

Signature(s)	<i>S Banks</i>	<i>F Kilbane</i>
Full name(s)	Shirley Banks	Farrell Kilbane
Position (eg Secretary, Chair, etc)	Treasurer / Secretary	Trustee
Date	06/11/2024	

# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

**Report to the trustees/  
members of**

Opportunity Sports Foundation

**On accounts for the year  
ended**

March 2023

**Charity  
no**

1142543

**Set out on pages**

10-13

(remember to include the page numbers of additional sheets)

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent  
examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

*M Faulkner*

**Date:**

06/11/2024

**Name:**

Mike Faulker

Relevant professional qualification(s) or body (if any):	ATT
Address:	35 Brookdale, New Longton, Preston, PR4 4XL

Section B

Disclosure

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.	As in previous years all receipts are kept in good order, the invoicing system is correct and no discrepancies found.
--	---



Charity Name	No (if any)
Opportunity Sports Foundation	1142543

CC16a
-------

## Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01/04/2023		31/03/2024

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants/Donations	35,628	156,174	-	191,802	182,972
Coaching Income	25,332	-	-	25,332	22,256
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	60,960	156,174	-	217,134	205,228
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	60,960	156,174	-	217134	205228

**A3 Payments**

Equipment	1989	24908	-	26897	24487
Kit		6679	-	6679	6209
Trophies/Medals		3009		3009	2919
Coaching/Travelling Costs	7519	22,350	-	29,869	60360
Venue Hire		52006	-	52006	49036
Administration	5600	-	-	5600	5600
Insurance	860	-	-	860	700
Salary Costs	14,221	30,863	-	45,084	13,221
Professional Fees	19077	-	-	19077	16077
<b>Sub total</b>	49,266	139,815		189,081	178,609

<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-

**Total payments**

49,266	139,815	-	189,081	178609
--------	---------	---	---------	--------

**Net of receipts/(payments)**

11,694	16,359	-	28,053	26619
--------	--------	---	--------	-------

**A5 Transfers between funds**

-	-	-	-	-
---	---	---	---	---

**A6 Cash funds last year end**

42,951	-	-	42951	18501
--------	---	---	-------	-------

**Cash funds this year end**

54,645	16,359	-	71,004	45120
--------	--------	---	--------	-------

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash in Bank	54,645	16,359	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	54,645	16,359	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Fund to which  
asset belongs

Cost  
(optional)

Current value  
(optional)

Details

**B3 Investment assets**

		-	-
		-	-
		-	-
		-	-
		-	-

Details

Fund to which  
asset belongs

Cost  
(optional)

Current value  
(optional)

**B4 Assets retained for the  
charity's own use**

Equipment	Restricted	-	3,736
		-	-
		-	
		-	-
		-	-
		-	-
		-	-
		-	-

Details

Fund to which  
liability relates

Amount due  
(optional)

When due  
(optional)

**B5 Liabilities**

		-	
		-	
		-	
		-	
		-	

Signed by one trustee on  
behalf of all the trustees

Signature

Print Name

Date of  
approval

<i>S Banks</i>	Shirley Banks (treasurer)	30/10/2024
<i>F Kilbane</i>	Farrell Kilbane	30/10/2024