



Trustees Annual Report, Accounts and Independent Examiners Report for the year ending 31

March 2023.



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Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	Day 01	Month 04	Year 2022		Day 31	Month 03

Section A Reference and administration details

Charity name	Opportunity Sports Foundation
Other names charity is known by	OSF
Registered charity number (if any)	1142543
Charity's principal address	11 Worlington Close
	Buckshaw Village
	Chorley
Postcode	PR7 7JU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Farrell Kilbane	Trustee		
2	Shirley Banks	Treasurer		
3	Phil Entwistle	Chairman		
4				
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section B Structure / governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by current trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

OSF has developed comprehensive policies and procedures to govern its participation in sports activities with an emphasis on partnering with Special Educational Needs (SEN) schools, Emotional and Behavioral Disorder (EBD) schools, and mainstream schools, in light of the eased restrictions. These policies cover areas such as Covid-19, child protection, vulnerable adults, safeguarding, health and safety, and equal opportunities. OSF conducts regular reviews of its policies and procedures, ensuring compliance with updated regulations and best practices.

At present, OSF employs a Chief Executive Officer with all other staff engaged on a part-time or voluntary basis. The organisation maintains strategic partnerships with various professional bodies in Lancashire and across the UK, including Lancashire County Council, Blackburn with Darwen Borough Council, Lancashire Sport, and Sported. Additionally, OSF has cultivated successful relationships with local charities, such as Nightsafe, The Inside Out Group, and Lifeline, educational institutions like Lostock Hall Juniors FC and local housing associations including Progress Housing Association, Twin Valley Homes and further housing associations.

In terms of risk management, OSF maintains public liability insurance at £5 million, covering all its activities. Rigorous risk assessments are conducted prior to each activity to mitigate potential hazards and ensure a safe environment for all participants. As restrictions have eased, OSF has once more established connections with schools and increased its engagement with young people, both in-person and through online platforms, particularly focusing on those in need of individual support.

Summary of the objects of the charity set out in its governing document

OSF's mission is; "To advance in life and help especially, but not exclusively, disadvantaged young people". OSF intends to do this through the following aims and objectives:

- a) Provide provision of sporting, recreational, and leisure time activities, provided in the interest of social welfare, designed to improve young people's conditions of life.
- b) Providing support and activities which help develop young people's skills, capacities and capabilities in order to positively participate in society as mature and responsible individuals.
- c) Acting as a resource for young people up to the age of 25 by providing programmes of physical, educational and other activities as a means of distraction to reduce; youth offending, drug and alcohol misuse, anti-social behaviour and crime in communities and unemployment.
- d) Signpost as many young people as possible via multi-agency working to further education, training and employment opportunities.
- e) To advance racial and religious harmony and equity and diversity among young people by arranging activities to encourage shared experienced and interest without reference to race, religious belief, sex, disability, nationality, ethnic or national origin or social background.

The trustees by resolution may amend the charity's aims and objectives should they see fit.

Since the relaxation of restrictions, we have successfully reestablished connections with schools and have bolstered our online presence. We have also been able to dedicate more individualized time to young people in need, including providing increased support to older members and young people transitioning out of care.

This emphasis on individual support has been a consistent priority across all our projects, even as we have resumed larger group activities. Our augmented online presence has allowed us to allocate greater resources to staffing, resulting in the highest number of staffing hours provided to date. This has enabled us to offer substantial support to those most in need. Furthermore, we have maintained connections with the Welsh Football Association to deliver online Sports Coaching badges and other virtual courses, such as literacy and numeracy.

Historically, most of OSF's projects have been short-term (one year or less). In response, we are actively exploring avenues to secure multi-year funding for our projects and subsequently increase the number of full-time employees. OSF has successfully sustained a significant number of projects over a year, all of which continue to operate with great success. The demand for our work is on the rise, particularly evident in our NEET (Not in Education, Employment, or Training) projects. Notable current projects and their public benefits include:

"NEET Sports Project": Leveraging sports as a means to engage young people and equip them with the skills necessary for employment or reintegration into an educational environment. This involves providing qualifications, work experience, counselling, and life skills training to facilitate their success.

"School Holiday Sports Camp": During each school holiday, OSF hosts a multi-sports camp that has benefitted over 500 boys and girls aged 5-12 from diverse ethnic and social backgrounds in the local area. This initiative serves as a fundraising opportunity for other projects while also offering work experience and volunteer opportunities to a number of the participating young people.

"Addicted to Sport" - This project caters to individuals aged 16-24 who are either homeless or struggling with drug, substance, or alcohol addictions. Operating in collaboration with Nightsafe, a homeless centre in Blackburn, and Lifeline, a substance misuse charity based in Blackburn, the project facilitates Nightsafe and Lifeline in engaging young people in their respective aims and treatment objectives. By participating in the project, individuals gain personal skills such as confidence, self-esteem, and the opportunity to socialize with others in similar situations. All participants are awarded a

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

<p>Sports Leader Award, and select individuals are granted their FA Level 1 Coaching Badge, enabling them to take on coaching roles themselves, ensuring the project's sustainability.</p> <p>"Social Sport in partnership with Housing Associations" - This initiative entails weekly sports sessions in partnership with Progress Housing Association for young people aged 6-18. The sessions are held at multiple locations including The Hun Shadsworth, Soccerdome Blackburn, Youth Zone Blackburn, Leyland Leisure Centre, and Bamber Bridge Leisure Centre. The primary objectives of these sessions are to foster community cohesion, reduce anti-social behaviour and crime within the community, and provide the young people with meaningful activities. Similarly, certain participants are awarded their Level 1 Coaching Badge, creating a pool of community coaches to sustain the sessions indefinitely.</p> <p>"Looked After Children's Sport" - In partnership with Lancashire County Council, this sports project caters to looked after children aged 5-19. The project focuses on providing education through the awarding of qualifications such as ASDAN and Sports Leader. Additionally, OSF has implemented a mentoring scheme within this project, where older participants mentor the younger ones, aiming to increase participation and enhance their confidence.</p> <p>"Leaving Care project" - In response to the aftermath of the pandemic, we have intensified our support for young people transitioning out of care. The process begins with an assessment of individual needs, drawing insights from reports by referrers, key workers, and self-report across various domains including housing, health and wellbeing, relationships, positive activities, finance, employment, and education & training. Utilizing sports as a tool to engage and educate young people, the goal is to empower them to secure employment or pursue further training. This area of focus will be a vital component of our future plans, as we are committed to continuing and enhancing our support for young people as they move into independence.</p> <p>"Onside Project" - In collaboration with respite centres across Lancashire, which offer care and support for parents and carers of children aged 10-19 with severe disabilities, the Onside project seeks to boost the participation of young people with disabilities in sports. The project aims to create an inclusive environment where young people living with disabilities can have fun, socialize with others in similar situations, and feel a sense of belonging. Additionally, the project provides guidance to these young individuals, directing them to disability sport clubs in the local area to continue their engagement in sports and physical activities.</p> <p>"Adult Social Club" - We are delighted to share the successful relaunch of the Adult Social Club, marking its reinstatement following the pandemic hiatus. The revival of the club has been met with tremendous success, reaffirming its significance in providing social and recreational opportunities for adults within the community.</p> <p>"Vulnerable Girls' Sport" - Our collaboration with Targeted Youth Support through the Young People's Service has paved the way for the Vulnerable Girls' Sport project, specifically designed for vulnerable young girls aged 11-19. The primary objectives of this project are to enhance their participation in sports and physical activities, boost their confidence and self-esteem, and provide a platform for these vulnerable girls to interact, share experiences, and alleviate any sense of isolation. Furthermore, participants are directed toward further education, training, and employment opportunities, contributing to their holistic development and long-term prospects.</p> <p>"Social Housing Partnership" - In an effort to engage young people aged 8-25 residing on Social Housing Estates across Lancashire, we have established activities aimed at reducing instances of anti-social behaviour and promoting increased participation in sports and physical activity. By providing these opportunities, we seek to foster positive and constructive engagement within the community, contributing directly to the well-being of the participants and the overall harmonious environment within these housing estates.</p> <p>"Young Offenders Sessions" - We are currently conducting a series of activities for young offenders in collaboration with the Youth Justice Service in the Lancashire area. These sessions encompass a range of activities including football, cross-fit, and boxing, targeted at young individuals aged 12-19 who are at risk of or already involved in crime. The sessions are strategically designed to offer participants a positive focus and a constructive outlet, while instilling discipline, self-control, and the ability to channel any frustrations or aggression in a safe and appropriate environment. This not only serves as an intervention but also offers a pathway for these young individuals to discover and harness their potential in a productive and empowering manner.</p> <p>These projects illustrate our dedication to addressing the unique needs of young people facing challenging circumstances by fostering personal development, community engagement, and social inclusion. We strive to empower individuals with valuable skills</p>

and qualifications, supporting them on their journey towards positive outcomes and meaningful engagement in their communities.

Our ongoing mission is to empower young people through sports and education. We are continuously seeking opportunities to expand our impact and support, adapting and expanding initiatives to meet the diverse needs of individuals across various life stages and circumstances. This reinforces our commitment to promoting well-being, inclusion, and social engagement.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

OSF does not provide grants, but rather seeks grants to support its service for beneficiaries. The organisation does not engage in any investments beyond acquiring equipment necessary for its activities. OSF is governed by a board of trustees, with a Chief Executive Officer overseeing project planning and management on a part-time basis. The accounts are prepared on a voluntary basis. Currently, OSF has 18 part-time youth workers who are qualified sports coaches and engage in projects as funding becomes available.

In addition to the part-time workers, OSF benefits from approximately 22 voluntary youth workers who contribute to various projects. The organisation invests in training young coaches to sustain and expand its charitable activities. OSF envisions these young voluntary coaches as integral to its future growth. The organisation's current part-time coaches have all been trained through this system, representing a valuable asset to its operations. Many of these individuals have a strong connection to the beneficiaries, as they were former beneficiaries themselves or have faced similar circumstances.

At present, OSF only employs one part-time member of staff, with no full-time staff members. However, the demand for volunteers and the need for a coach/development worker have increased significantly. Consequently, OSF is actively seeking funding for a full-time paid position during the current financial year to support its continued growth and impact.

Summary of the main achievements of the charity during the year

OSF has achieved significant milestones this year, reaching out to over 750 children, young people, and adults, nearly doubling the number of participants engaged compared to previous years. These individuals represent some of the most marginalised and vulnerable members of our community, and our commitment to supporting their needs and fostering their development has been unwavering.

Amidst these impactful activities, OSF has proudly awarded and facilitated the attainment of an impressive array of qualifications and awards. This includes the successful completion of 108 Welsh FA Level 1 Coaching Badges, empowering participants to progress to leading sessions through offering valuable support to main coaches. Additionally, 267 individuals have been awarded ASDAN sports and fitness short courses, while over 500 participants have achieved Sports Leader Awards, enhancing their teamwork, organisation, and communication skills during OSF sessions and activities.

One of OSF's most outstanding accomplishments is the placement of 72 beneficiaries into part-time employment opportunities within the organisation. By identifying their unique skills and providing them with comprehensive training and necessary DBS checks, many of these individuals now play an integral role in OSF's dedicated team, contributing greatly to our mission and objectives.

Furthermore, OSF has successfully established sustainable online activities and inclusive sessions tailored for over 1000 participants. These activities not only align with OSF's aims and objectives, but they also ensure inclusivity, benefit, and enjoyment for all those involved, strengthening our impact and reach within the community.

Section E Financial review

Brief statement of the charity's policy on reserves

OSF applies for funding to run projects and the money granted is used solely for that project. OSF has stopped taking donations from the public. The charity possesses around £45,000 in reserves. Our aim is to increase this value moving forwards

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

OSF's principle funds come from grants awarded by organisations, a list of which can be seen below	
KFC	2,500
Barclays Football	3,000
Together Fund	6,620
The Hargreaves Foundation	27,000
The Swire Charitable Trust	10,000
Garfield Weston	20,000
National Lottery	10,000
Sports England Queen's Platinum Jubilee Activity Fund (9,340
Masonic Charitable Foundation	5,000
BFSS	14,679
Lloyd's Foundation	25,000
Children in Need	10,000
WO street Foundation	5,000
The Bennett Family Grant Making Charity	5,000
21 Small Grants	29,833
Contracts and holiday clubs	22,256

The work OSF carried out during school holidays and on evenings also earned money so that further charitable projects can take place and is listed under contracts and holiday clubs.

Within the disadvantaged areas OSF hires venues where the sporting and leisure activity can take place. Other expenditure has included the equipment needed to run the projects, kit for beneficiaries, volunteers and staff and wages.

Section F Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	S Banks	F Kilbane
Full name(s)	Shirley Banks	Farrell Kilbane
Position (eg Secretary, Chair, etc)	Treasurer / Secretary	Trustee
Date	09/11/2023	

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Opportunity Sports Foundation		
On accounts for the year ended	March 2023	Charity no	1142543
Set out on pages	10-13 (remember to include the page numbers of additional sheets)		

Respective responsibilities of trustees and examiner The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent
examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

M Faulkner

Date:

15/11/2023

Name:

Mike Faulker

**Relevant professional
qualification(s) or body
(if any):**

ATT

Address:

35 Brookdale, New Longton, Preston, PR4 4XL

Section B

Disclosure

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.

As in previous years all receipts are kept in good order, the invoicing system is correct and no discrepancies found.



Charity Name	No (if any)
Opportunity Sports Foundation	1142543

CC16a

Receipts and payments accounts

For the period from	Period start date 01/04/2022	To	Period end date 31/03/2023	
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants/Donations	48154	134818	-	182972	78022
Coaching Income	22256	-	-	22256	18647
	-	-	-	-	-
<i>Sub total(Gross income for AR)</i>	70410	134818	-	96,669	96669
A2 Asset and investment sales, (see table).					
	-	-	-	-	
<i>Sub total</i>	-	-	-	-	-
<i>Total receipts</i>	70410	134818	-	205228	96669

A3 Payments					
Equipment	1679	22808	-	24487	11,950
Kit		6209	-	6209	3,500
Trophies/Medals		2919		2919	650
Coaching/Travelling Costs	6514	53846	-	60360	29,750
Venue Hire		49036	-	49036	20,614
Administration	5600	-	-	5600	635
Insurance	700	-	-	700	684
Salary Costs	13,221	-	-	13,221	13,069
Professional Fees	16077	-	-	16077	1410
<i>Sub total</i>	42791	134818	-	178609	82,262

A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
<i>Sub total</i>	-	-	-	-	-
<i>Total payments</i>	43791	134818	-	178609	82,262

<i>Net of receipts/(payments)</i>	26619	-	-	26619	14,407
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	32908	-	-	32908	18501
<i>Cash funds this year end</i>	45120	-	-	45120	32,908

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in Bank		-	-
		-	-	-
		-	-	-
		-	-	-
	<i>Total cash funds</i>		-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-

		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Car	Restricted	-	2461
Computer	Unrestricted	-	-
Equipment	Unrestricted	-	6,388
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one trustee on behalf of all the trustees

Signature	Print Name	Date of approval
S Banks	Shirley Banks (treasurer)	09/11/2023
F Kilbane	Farrell Kilbane	09/11/2023