

# OPPORTUNITY SPORTS FOUNDATION

England & Wales · Charity number 1142543

## Details

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**Status** Registered

**Legal form** Trust

**Registered** 2011-06-23

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 11 Worlington Close  
Buckshaw Village  
Chorley  
PR7 7JU

**Phone** 07584436298

**Email** [info@opportunitiesports.org](mailto:info@opportunitiesports.org)

**Website** [www.opportunitiesports.org](http://www.opportunitiesports.org)

## Activities

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**Objects:** TO ADVANCE IN LIFE AND HELP ESPECIALLY BUT NOT EXCLUSIVELY DISADVANTAGED YOUNG PEOPLE, YOUNG OFFENDERS, YOUNG PEOPLE WITH DRUG PROBLEMS AND YOUNG PEOPLE WITH DISABILITIES THROUGH:(A) THE PROVISION OF SPORTING, RECREATIONAL AND LEISURE TIME ACTIVITIES PROVIDED IN THE INTEREST OF SOCIAL WELFARE, DESIGNED TO IMPROVE THEIR CONDITIONS OF LIFE; (B) PROVIDING SUPPORT AND ACTIVITIES WHICH HELP DEVELOP THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS MATURE AND RESPONSIBLE INDIVIDUALS. TO HELP ESPECIALLY BUT NOT EXCLUSIVELY DISADVANTAGED YOUNG PEOPLE, MAINLY BUT NOT ONLY THROUGH SPORTING ACTIVITIES, SO AS TO DEVELOP THEIR CAPABILITIES THAT THEY MAY GROW TO FULL MATURITY AS INDIVIDUALS AND MEMBERS OF SOCIETY.TO ACT AS A RESOURCE FOR YOUNG PEOPLE UP TO THE AGE OF 25 LIVING IN THE NORTH WEST OF ENGLAND BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF:(A) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS; (B) ADVANCING EDUCATION; (C) REDUCE YOUNG OFFENDING;(D) REDUCE DRUG AND ALCOHOL MISUSE;(E) RELIEVING UNEMPLOYMENT; (F) INCREASING PARTICIPATION IN SPORT;(G) PROVIDING SPORTING, RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS.TO ADVANCE RACIAL AND RELIGIOUS HARMONY AND EQUITY AND DIVERSITY AMONG YOUNG PEOPLE BY ARRANGING ACTIVITIES TO ENCOURAGE SHARED EXPERIENCES AND INTERESTS WITHOUT REFERENCE TO RACE, RELIGION BELIEF, SEX, DISABILITY, NATIONALITY, ETHNIC OR NATIONAL ORIGIN OR SOCIAL BACKGROUND.THE TRUSTEES BY RESOLUTION MAY AMEND THE CHARITY'S OBJECTS SHOULD THEY SEE FIT.

**Activities:** Providing sport and leisure activities to under privileged and disabled young people throughout the north west.

## Classification

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- **How:** Provides Services
- **What:** General Charitable Purposes, Education/training, Disability, Amateur Sport, Economic/community Development/employment, Recreation
- **Who:** Children/young People, People With Disabilities

## Geography

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- Blackburn With Darwen
- Blackpool
- Bolton
- Cumbria
- Lancashire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£221,003	£211,994	-	-
2024-03-31	£217,134	£189,081	-	-
2023-03-31	£205,228	£178,609	-	-
2022-03-31	£96,669	£82,262	-	-
2021-03-31	£95,068	£83,234	-	-

## Trustees

Name	Role	Appointed
<b>Philip Richard Entwistle</b>	Chair	2014-01-15
Farrell Kilbane		2014-06-01
SHIRLEY BANKS		2011-06-23

**OPPORTUNITY SPORTS FOUNDATION**

England & Wales - Charity number 1142543

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# Accounts

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**Trustees Annual Report, Accounts and Independent  
Examiners Report for the year ending**

**31<sup>st</sup> March 2025.**



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<b>Trustees' Annual Report for the period</b>							
<b>From</b>	Period start date			<b>To</b>	Period end date		
	Day 01	Month 04	Year 2024		Day 31	Month 03	Year 2025

**Section A Reference and administration details**

<b>Charity name</b>	Opportunity Sports Foundation
<b>Other names charity is known by</b>	OSF
<b>Registered charity number (if any)</b>	1142543
<b>Charity's principal address</b>	11 Worlington Close
	Buckshaw Village
	Chorley
	<b>Postcode</b> PR7 7JU

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Farrell Kilbane	Trustee		
2	Shirley Banks	Treasurer		
3	Phil Entwistle	Chairman		
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Section B Structure / governance and management**

**Description of the charity’s trusts**

Type of governing document (eg. trust deed, constitution)	Trust deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by current trustees

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

OSF continues to maintain comprehensive policies and procedures that guide all aspects of its work with children, young people and adults. These policies cover safeguarding, child protection, working with vulnerable adults, health and safety, equal opportunities and all compliance requirements relevant to sport and youth provision. They are reviewed regularly to ensure they remain current and aligned with national guidance and best practice.

OSF has strengthened its organisational structure. The charity employs a full time Chief Executive and a full time Project Manager, supported by a wider team of part time coaches and volunteers who contribute across projects as funding allows. OSF has continued to develop strong partnerships with SEN schools, EBD schools and mainstream schools, as well as local authorities, community organisations and national bodies. Relationships with Lancashire County Council, Blackburn with Darwen Borough Council, Lancashire Sport and Sported remain central to delivery. OSF also works closely with partners such as Nightsafe, The Inside Out Group, Lifeline, local sports clubs, Progress Housing Association, Twin Valley Homes and other housing providers across the region.

OSF continues to operate with robust risk management processes. The charity holds public liability insurance at five million pounds, covering all activities delivered throughout the year. Risk assessments are completed for every session to ensure a safe and inclusive environment for all participants. Over the past year, OSF has seen a continued rise in demand for personalised support, particularly from young people with complex needs. The organisation has been able to meet this demand by increasing both its in person and online provision, strengthening its presence in schools and community settings and widening access to those who may not engage through traditional routes.

**Summary of the objects of the charity set out in its governing document**

OSF's mission is; "To advance in life and help especially, but not exclusively, disadvantaged young people". OSF intends to do this through the following aims and objectives:

- a) Provide provision of sporting, recreational, and leisure time activities, provided in the interest of social welfare, designed to improve young people's conditions of life.
- b) Providing support and activities which help develop young people's skills, capacities and capabilities in order to positively participate in society as mature and responsible individuals.
- c) Acting as a resource for young people up to the age of 25 by providing programmes of physical, educational and other activities as a means of distraction to reduce; youth offending, drug and alcohol misuse, anti-social behaviour and crime in communities and unemployment.
- d) Signpost as many young people as possible via multi-agency working to further education, training and employment opportunities.
- e) To advance racial and religious harmony and equity and diversity among young people by arranging activities to encourage shared experienced and interest without reference to race, religious belief, sex, disability, nationality, ethnic or national origin or social background.

The trustees by resolution may amend the charity's aims and objectives should they see fit.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Opportunity Sports Foundation has continued to strengthen its work with schools and widen its online and community presence. This has enabled us to offer more personalised support to young people who are facing some of the most complex challenges, including those moving into adulthood, leaving care or experiencing significant instability in their lives.

Individualised support remains at the centre of all our programmes. Alongside group sessions, the organisation has invested more time in targeted one to one work and online mentoring. This year we have delivered more staffing hours than ever before, allowing us to engage those who need sustained encouragement, structure and routine. Our partnership with the Welsh Football Association has continued, providing young people with opportunities to gain online Sports Coaching qualifications as well as literacy and numeracy support through digital learning.

Many of OSF's key projects now run on a multi year basis, reflecting the need for longer term support. Demand for our services continues to rise, particularly within NEET provision and from young people with additional needs. Our main projects and their impact this year include:

**NEET Sports Project:** This ongoing programme continues to support young people who are not in education, employment or training. Through sport, mentoring and structured learning, participants gain qualifications, practical work experience and guidance in life skills, improving their chances of moving into work or further education.

**School Holiday Sports Camp:** Delivered throughout all school breaks, the camp has again engaged hundreds of children aged five to twelve from a wide range of backgrounds. It provides safe, structured activities, and also offers work experience and volunteering opportunities for older young people within OSF's pathway.

**Addicted to Sport:** Working in partnership with Nightsafe and Lifeline, this project supports young people aged sixteen to twenty four who are affected by homelessness or substance misuse. Participants develop confidence, self esteem and resilience while taking part in structured sports sessions. Many gain Sports Leader Awards and some progress to coaching badges, enabling them to contribute positively to their communities.

**Social Sport with Housing Associations:** In partnership with Progress Housing Association and other housing providers, OSF delivers weekly sessions for young people aged six to eighteen across several locations. These sessions build community cohesion, reduce anti social behaviour and offer constructive alternatives. Selected participants work towards coaching qualifications that help sustain community led activity.

**Looked After Children's Sport:** Delivered with Lancashire County Council, this programme supports children and young people in care aged five to nineteen.

Participants work towards ASDAN and Sports Leader qualifications while receiving mentoring and structured support. Older participants also mentor younger ones, building responsibility and confidence.

Leaving Care Project: OSF continues to support young people transitioning out of care, many of whom have experienced disrupted education and limited support networks. Using sport as a tool for engagement, we assess individual needs across housing, health and education, helping young people work towards training, employment and greater independence.

Onside Project: In partnership with local respite centres, this project supports young people with disabilities to enjoy inclusive sports sessions. Participants develop social skills, confidence and a sense of belonging, with guidance towards disability sports clubs for long term involvement.

Adult Social Club: The Adult Social Club has continued to run successfully, offering accessible recreational and social opportunities for adults who benefit from structured support and inclusive environments.

Vulnerable Girls' Sport: Working with Targeted Youth Support, this programme supports girls aged eleven to nineteen who are vulnerable or at risk. It provides a safe space to build confidence, develop friendships and access further opportunities through sport.

Social Housing Partnership: This initiative continues to work with young people aged eight to twenty five living in social housing areas. Sessions encourage positive engagement and help reduce anti social behaviour by providing consistent, supportive and enjoyable activities.

Young Offenders Sessions: Delivered in partnership with the Youth Justice Service, these sessions support young people aged twelve to nineteen who are at risk of offending or already within the system. Through football, conditioning and boxing based activities, young people learn discipline, self control and positive ways to manage their emotions and energy.

Together, these projects show OSF's commitment to supporting young people facing disadvantage, giving them the skills, confidence and qualifications they need to make positive changes in their lives. The charity continues to focus on personal development, community connection and long term outcomes for every participant.

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

OSF does not provide grants, but rather seeks grants to support its service for beneficiaries. The organisation does not engage in any investments beyond acquiring equipment necessary for its activities. OSF is governed by a board of trustees, with a Chief Executive Officer overseeing project planning and management on a part-time basis. The accounts are prepared on a voluntary basis. Currently, OSF has 18 part-time youth workers who are qualified sports coaches and engage in projects as funding becomes available.

In addition to the part-time workers, OSF benefits from approximately 22 voluntary youth workers who contribute to various projects. The organisation invests in training young coaches to sustain and expand its charitable activities. OSF envisions these young voluntary coaches as integral to its future growth. The organisation's current part-time coaches have all been trained through this system, representing a valuable asset to its operations. Many of these individuals have a strong connection to the beneficiaries, as they were former beneficiaries themselves or have faced similar circumstances.

At present, OSF only employs one part-time member of staff, with no full-time staff members. However, the demand for volunteers and the need for a coach/development worker have increased significantly. Consequently, OSF is actively seeking funding for a full-time paid position during the current financial year to support its continued growth and impact.

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

This year, OSF has reached significant milestones, engaging around 990 children, young people and adults, which represents an increase of around 165 from last year. Many of these individuals are among the most marginalised in the community, and we remain committed to supporting their needs and helping them progress.

Across our programmes, a wide range of qualifications and achievements have again been awarded. Around 129 participants have gained their Welsh FA Level 1 Coaching Badges, enabling them to take on leadership roles by supporting coaches in delivering sessions. In addition, around 328 young people completed ASDAN sports and fitness short courses, and around 605 achieved Sports Leader Awards, helping them develop teamwork, communication and organisational skills.

A particular highlight has been OSF's continued success in offering real progression opportunities. This year, around 90 participants moved into part time roles within the organisation. Through tailored training and DBS checks, they have become valued members of OSF's workforce and contribute directly to the delivery of our programmes.

OSF has also continued to develop its online provision, with around 1,100 participants taking part in digital sessions and virtual activities. This blend of online and in person support ensures that young people who face barriers to attendance can still access meaningful development opportunities. These inclusive sessions promote confidence, engagement and enjoyment, strengthening our reach across the community.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

OSF applies for funding to deliver specific projects and all grant income is used solely for the purpose for which it is awarded. The organisation no longer accepts public donations. At the end of the financial year, OSF held around £70,000 in reserves, reflecting a continued improvement from the previous year. The trustees intend to strengthen reserves further in the coming years to ensure stability, protect core services and support the long term sustainability of the charity.

### Details of any funds materially in deficit

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

OSF's principle funds come from grants awarded by organisations, a list of which can be seen below

- The Triangle Trust 1949 Fund
- Educational Opportunity Foundation
- Henry Smith Charity
- CRH Charitable Trust
- Sport England (Movement Fund / Small Grants)
- BBC Children in Need
- The National Lottery (ESC Lottery Fund)
- Masonic Charitable Foundation
- The Swire Charitable Trust
- Hedley Foundation
- The Prince of Wales's Charitable Fund
- KFC Add Hope Fund
- The Shepherd Street Trust
- The Barbara Ward Children's Foundation
- The Margaret and Fred Moore Trust
- 29th May 1961 Trust
- Other smaller grants and unrestricted income

Contracts and holiday clubs

The work OSF carried out during school holidays and on evenings also earned money so that further charitable projects can take place and is listed under contracts and holiday clubs.

Within the disadvantaged areas OSF hires venues where the sporting and leisure activity can take place. Other expenditure has included the equipment needed to run the projects, kit for beneficiaries, volunteers and staff and wages.

## Section F

## Other optional information

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**Section G Declaration**

The trustees declare that they have approved the trustees' report above.  
Signed on behalf of the charity's trustees

<b>Signature(s)</b>	S Banks	F Kilbane
<b>Full name(s)</b>	Shirley Banks	Farrell Kilbane
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer / Secretary	Trustee
<b>Date</b>	28/11/2025	

**Independent examiner's report on the accounts**

**Section A Independent Examiner's Report**

<b>Report to the trustees/ members of</b>	Opportunity Sports Foundation		
<b>On accounts for the year ended</b>	March 2025	<b>Charity no</b>	1142543
<b>Set out on pages</b>	10-13 <small>(remember to include the page numbers of additional sheets)</small>		

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent  
examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**  **Date:**

**Name:**

**Relevant professional  
qualification(s) or body  
(if any):**

**Address:**

**Section B Disclosure**

Only complete if the examiner needs to highlight material problems.

**Give here brief details of any items that the examiner wishes to disclose.**

As in previous years all receipts are kept in good order, the invoicing system is correct and no discrepancies found.



Charity Name <b>Opportunity Sports Foundation</b>	No (if any) <b>1142543</b>
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## Receipts and payments accounts

<b>For the period from</b>	Period start date 01/04/2024	<b>To</b>	Period end date 31/03/2025
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants/Donations	52004	142818	-	194822	191802
Coaching Income	26181	-	-	26181	25332
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>78185</b>	<b>142818</b>	<b>-</b>	<b>221003</b>	<b>217134</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>78185</b>	<b>142818</b>	<b>-</b>	<b>221003</b>	<b>217134</b>

### A3 Payments

Equipment	3999	23550	-	27549	26897
Kit		6570	-	6570	6679
Trophies/Medals		3500		3500	3009
Coaching/Travelling Costs	9309	24823	-	34132	29869
Venue Hire	3645	54000	-	57645	56006
Administration	6250	-	-	6250	5600
Insurance	1090	-	-	1090	860
Salary Costs	30196	37007	-	67203	45084
Professional Fees	8055	-	-	8055	19077
<b>Sub total</b>	<b>62544</b>	<b>149450</b>		<b>211994</b>	<b>189081</b>

<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

<b>Total payments</b>	<b>62544</b>	<b>149450</b>	<b>-</b>	<b>211994</b>	<b>18901</b>
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<b>Net of receipts/(payments)</b>	<b>15641</b>	<b>- 6632</b>	<b>-</b>	<b>9009</b>	<b>28053</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>54645</b>	<b>16359</b>	<b>-</b>	<b>71004</b>	<b>42951</b>
<b>Cash funds this year end</b>	<b>70286</b>	<b>9727</b>	<b>-</b>	<b>80013</b>	<b>71004</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in Bank	70286	9727	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>70286</b>	<b>9727</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Endowment funds</b>

	Details	to nearest £	to nearest £	to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
	Equipment	Unrestricted	-	12465
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one trustee on behalf of all the trustees	Signature	Print Name	Date of approval
	S Banks	Shirley Banks (treasurer)	28/11/2025
	F Kilbane	Farrell Kilbane	28/11/2025

**OPPORTUNITY SPORTS FOUNDATION**

England & Wales - Charity number 1142543

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# Accounts

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**Trustees Annual Report, Accounts and Independent  
Examiners Report for the year ending 31**

**March 2024.**



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<b>Trustees' Annual Report for the period</b>							
<b>From</b>	Period start date			<b>To</b>	Period end date		
	Day 01	Month 04	Year 2023		Day 31	Month 03	Year 2024

**Section A Reference and administration details**

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<b>Other names charity is known by</b>	OSF
<b>Registered charity number (if any)</b>	1142543
<b>Charity's principal address</b>	11 Worlington Close
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	Chorley
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**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Farrell Kilbane	Trustee		
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

## Section B Structure / governance and management

### Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Trust deed
How the charity is constituted <small>(eg. trust, association, company)</small>	Trust
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Appointed by current trustees

### Additional governance issues (Optional information)

- You may choose to include additional information, where relevant, about:
- policies and procedures adopted for the induction and training of trustees;
  - the charity's organisational structure and any wider network with which the charity works;
  - relationship with any related parties;
  - trustees' consideration of major risks and the system and procedures to manage them.

OSF has established comprehensive policies and procedures to guide its involvement in sports activities, with a particular focus on partnerships with Special Educational Needs (SEN) schools, Emotional and Behavioural Disorder (EBD) schools, and mainstream schools. With restrictions now eased, these policies are up-to-date, covering critical areas such as safeguarding, child protection, vulnerable adults, health and safety, equal opportunities, and any remaining Covid-19 considerations. OSF regularly reviews these policies to stay aligned with current regulations and best practices.

Currently, OSF employs a Chief Executive Officer, a project manager with all other team members serving in part-time or voluntary roles. The organisation has built strategic partnerships with various professional bodies across Lancashire and the UK, including Lancashire County Council, Blackburn with Darwen Borough Council, Lancashire Sport, and Sported. OSF also has well-established relationships with local charities like Nightsafe, The Inside Out Group, and Lifeline; educational institutions such as Local Sports Clubs; and housing associations including Progress Housing Association, Twin Valley Homes, and other housing groups.

For risk management, OSF holds public liability insurance with a cover of £5 million, protecting all its activities. Thorough risk assessments are conducted before each activity to minimise hazards and create a safe environment for all participants. With restrictions now fully lifted, OSF has successfully reconnected with schools and increased both its in-person and online engagement with young people, particularly those requiring more personalised support.

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

OSF’s mission is; “To advance in life and help especially, but not exclusively, disadvantaged young people”. OSF intends to do this through the following aims and objectives:

- a) Provide provision of sporting, recreational, and leisure time activities, provided in the interest of social welfare, designed to improve young people’s conditions of life.
- b) Providing support and activities which help develop young people’s skills, capacities and capabilities in order to positively participate in society as mature and responsible individuals.
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- e) To advance racial and religious harmony and equity and diversity among young people by arranging activities to encourage shared experienced and interest without reference to race, religious belief, sex, disability, nationality, ethnic or national origin or social background.

The trustees by resolution may amend the charity’s aims and objectives should they see fit.

Opportunity Sports Foundation continues to successfully strengthen our connections with schools and expanded our online presence. This has enabled us to continue providing personalised support to young people in need, including increased assistance for older members and those transitioning out of care.

Focusing on individualised support remains a priority across all our projects, even as we maintain larger group activities. Our enhanced online presence has allowed us to allocate more resources to staffing, resulting in the highest staffing hours we have ever provided. This increase has enabled us to better support those most in need. We have also continued our partnership with the Welsh Football Association, offering online Sports Coaching certifications and other virtual courses, including literacy and numeracy.

Historically, most OSF projects were short-term, typically lasting a year or less. To ensure stability, we are now pursuing multi-year funding for our initiatives, aiming to increase our number of full-time employees. Several long-term projects have continued to thrive and expand, responding to a rising demand for our services—especially in NEET (Not in Education, Employment, or Training) projects. Key current projects and their benefits include:

**NEET Sports Project:** This project uses sports to engage young people, equipping them with skills for employment or re-entry into education. Participants receive qualifications, work experience, counselling, and life skills training to support their success.

**School Holiday Sports Camp:** Held during each school break, this multi-sports camp has reached over 500 children aged 5–12 from diverse backgrounds in the local community. The camp also provides work experience and volunteer opportunities to young participants, while helping raise funds for other projects.

**Addicted to Sport:** Serving young people aged 16–24 who face homelessness or addiction, this project partners with Nightsafe, a homeless centre in Blackburn, and Lifeline, a substance misuse charity. Participants gain personal skills, such as confidence and self-esteem, and engage with peers facing similar challenges. All participants earn a Sports Leader Award, and some receive their FA Level 1 Coaching Badge, enabling them to become community coaches and sustain the project’s impact.

**Social Sport in Partnership with Housing Associations:** In collaboration with Progress Housing Association, we run weekly sports sessions for young people aged 6–18 across various venues. These sessions aim to foster community cohesion, reduce anti-social behaviour, and provide meaningful activities. Selected participants earn their Level 1 Coaching Badge, helping establish a network of community coaches for ongoing sustainability.

**Looked After Children’s Sport: Partnering with Lancashire County Council, this project focuses on children in care, aged 5–19. Through qualifications like ASDAN and Sports Leader, participants receive education and mentoring. Older participants mentor younger ones, helping to boost confidence and engagement.**

**Leaving Care Project: Recognising ongoing challenges following the pandemic, we have expanded support for young people transitioning out of care. Assessments are conducted across areas such as housing, health, and education, using sports to engage and educate. Our goal is to help participants secure employment or training, making this initiative central to our future plans as we continue supporting their independence.**

**Onside Project: In partnership with respite centres across Lancashire, the Onside project promotes sports participation among young people with disabilities, creating an inclusive environment where they can socialise and feel a sense of belonging. We also direct participants to local disability sports clubs for ongoing involvement.**

**Adult Social Club: We have successfully relaunched the Adult Social Club, providing recreational and social opportunities that have been warmly received by the community.**

**Vulnerable Girls’ Sport: This project, in collaboration with Targeted Youth Support, supports vulnerable girls aged 11–19, enhancing their sports participation and self-esteem. It also provides a space for them to connect, share experiences, and access further education and job opportunities.**

**Social Housing Partnership: This initiative targets young people aged 8–25 on social housing estates, promoting sports participation to reduce anti-social behaviour and foster positive engagement within the community.**

**Young Offenders Sessions: In partnership with the Youth Justice Service, we offer sports sessions, including football, cross-fit, and boxing, for young people aged 12–19 at risk of or involved in crime. These sessions help participants channel their energy productively, instilling discipline and self-control.**

**These projects underscore our commitment to addressing the needs of young people facing challenging circumstances through personal development, community involvement, and social inclusion. We aim to empower participants with skills and qualifications, supporting their positive growth and active community engagement.**

**Our mission remains to empower young people through sports and education. We are constantly looking for ways to expand our impact, adapting and developing initiatives to meet diverse needs and promoting well-being, inclusion, and social connectedness.**

### **Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

OSF does not provide grants, but rather seeks grants to support its service for beneficiaries. The organisation does not engage in any investments beyond acquiring equipment necessary for its activities. OSF is governed by a board of trustees, with a Chief Executive Officer overseeing project planning and management on a part-time basis. The accounts are prepared on a voluntary basis. Currently, OSF has 18 part-time youth workers who are qualified sports coaches and engage in projects as funding becomes available.

In addition to the part-time workers, OSF benefits from approximately 22 voluntary youth workers who contribute to various projects. The organisation invests in training young coaches to sustain and expand its charitable activities. OSF envisions these young voluntary coaches as integral to its future growth. The organisation's current part-time coaches have all been trained through this system, representing a valuable asset to its operations. Many of these individuals have a strong connection to the beneficiaries, as they were former beneficiaries themselves or have faced similar circumstances.

At present, OSF only employs one part-time member of staff, with no full-time staff members. However, the demand for volunteers and the need for a coach/development worker have increased significantly. Consequently, OSF is actively seeking funding for a full-time paid position during the current financial year to support its continued growth and impact.

## Section D

## Achievements and performance

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

This year, OSF has reached significant milestones, engaging over 900 children, young people, and adults— double the participation numbers of previous years and an increase of over 150 from last year. These individuals include some of the most marginalised and vulnerable in our community, and we remain deeply committed to supporting their needs and encouraging their growth.

Throughout these efforts, OSF has proudly awarded a remarkable range of qualifications and achievements. Notably, 117 participants have earned their Welsh FA Level 1 Coaching Badges, allowing them to take on leadership roles by supporting main coaches in delivering sessions. Additionally, 298 individuals completed ASDAN sports and fitness short courses, and over 550 have received Sports Leader Awards, building essential teamwork, organisational, and communication skills during OSF's sessions and activities.

A particular highlight has been OSF's placement of 82 participants into part-time roles within the organisation. By recognising their unique strengths and providing tailored training and DBS checks, these individuals are now valuable members of OSF's dedicated team, significantly contributing to our mission.

Moreover, OSF has established a sustainable range of online activities and inclusive sessions for over 1,000 participants. These initiatives not only advance OSF's core aims and objectives but also promote inclusivity, benefit, and enjoyment for all involved, further strengthening our positive impact across the community.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

OSF applies for funding to run projects and the money granted is used solely for that project. OSF has stopped taking donations from the public. The charity possesses around £50,000 in reserves. Our aim is to increase this value moving forwards

### Details of any funds materially in deficit

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

OSF's principle funds come from grants awarded by organisations, a list of which can be seen below

Sported £820

British & Foreign School Society (BFSS) £14,679

Masonic Charitable Foundation £5,000

KFC £2,500

The David Family Foundation £1,000

Alchemy Foundation £1,000

Trusthouse Charitable Foundation £4,000

Main Grants £10,000

Postcode Neighbourhood Trust £21,900

Garfield Weston Foundation £10,000

The Prince of Wales Charitable Foundation £2500

The Hargreaves Foundation £36,440

The Triangle Trust £14820

The Margaret Foundation £1,000

The Henry Smith Charitable Trust £18,750

BBC Children in Need (BBC CIN) £14,982

MVM Charitable Trust £500

Brian Murtagh Charitable Trust £10,000

Contracts and holiday clubs £32,134

The work OSF carried out during school holidays and on evenings also earned money so that further charitable projects can take place and is listed under contracts and holiday clubs.

Within the disadvantaged areas OSF hires venues where the sporting and leisure activity can take place. Other expenditure has included the equipment needed to run the projects, kit for beneficiaries, volunteers and staff and wages.

## Section F

## Other optional information

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**Section G Declaration**

The trustees declare that they have approved the trustees' report above.  
Signed on behalf of the charity's trustees

<b>Signature(s)</b>	<i>S Banks</i>	<i>F Kilbane</i>
	<b>Full name(s)</b> Shirley Banks	Farrell Kilbane
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer / Secretary	Trustee
	<b>Date</b> 06/11/2024	

# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

**Report to the trustees/ members of** Opportunity Sports Foundation

<b>On accounts for the year ended</b>	March 2023	<b>Charity no</b>	1142543
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**Set out on pages** 10-13  
(remember to include the page numbers of additional sheets)

**Respective responsibilities of trustees and examiner** The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's statement** My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement** In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

<b>Signed:</b> <span style="border: 1px solid black; padding: 2px;"><i>M Faulkner</i></span>	<b>Date:</b> <span style="border: 1px solid black; padding: 2px;">06/11/2024</span>
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**Name:** Mike Faulker

**Relevant professional qualification(s) or body (if any):**

ATT

**Address:**

35 Brookdale, New Longton, Preston, PR4 4XL

## Section B

## Disclosure

Only complete if the examiner needs to highlight material problems.

**Give here brief details of any items that the examiner wishes to disclose.**

As in previous years all receipts are kept in good order, the invoicing system is correct and no discrepancies found.



Charity Name Opportunity Sports Foundation	No (if any) 1142543
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## Receipts and payments accounts

For the period from	Period start date 01/04/2023	To	Period end date 31/03/2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants/Donations	35,628	156,174	-	191,802	182,972
Coaching Income	25,332	-	-	25,332	22,256
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	<b>60,960</b>	<b>156,174</b>	<b>-</b>	<b>217,134</b>	<b>205,228</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>60,960</b>	<b>156,174</b>	<b>-</b>	<b>217134</b>	<b>205228</b>

**A3 Payments**

Equipment	1989	24908	-	26897	24487
Kit		6679	-	6679	6209
Trophies/Medals		3009		3009	2919
Coaching/Travelling Costs	7519	22,350	-	29,869	60360
Venue Hire		52006	-	52006	49036
Administration	5600	-	-	5600	5600
Insurance	860	-	-	860	700
Salary Costs	14,221	30,863	-	45,084	13,221
Professional Fees	19077	-	-	19077	16077
<b>Sub total</b>	<b>49,266</b>	<b>139,815</b>		<b>189,081</b>	<b>178,609</b>

**A4 Asset and investment purchases, (see table)**

	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

**Total payments**

<b>49,266</b>	<b>139,815</b>	<b>-</b>	<b>189,081</b>	<b>178609</b>
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**Net of receipts/(payments)**

<b>11,694</b>	<b>16,359</b>	<b>-</b>	<b>28,053</b>	<b>26619</b>
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**A5 Transfers between funds**

<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
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**A6 Cash funds last year end**

<b>42,951</b>	<b>-</b>	<b>-</b>	<b>42951</b>	<b>18501</b>
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**Cash funds this year end**

<b>54,645</b>	<b>16,359</b>	<b>-</b>	<b>71,004</b>	<b>45120</b>
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**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
<b>B1 Cash funds</b>	Cash in Bank	54,645	16,359	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	54,645	16,359	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Endowment funds</b>
		to nearest £	to nearest £	to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>	Details			
			-	-
			-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	Details			
	Equipment	Restricted	-	3,736
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>	Details			
			-	
			-	
			-	
			-	

Signed by one trustee on behalf of all the trustees

Signature	Print Name	Date of approval
<i>S Banks</i>	Shirley Banks (treasurer)	30/10/2024
<i>F Kilbane</i>	Farrell Kilbane	30/10/2024

**OPPORTUNITY SPORTS FOUNDATION**

England & Wales - Charity number 1142543

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# Accounts

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**Trustees Annual Report, Accounts and Independent  
Examiners Report for the year ending 31**

**March 2023.**



<b>Content</b>	<b>Page Number</b>
Trustees Annual Report	3 - 9
Independent Examiners Report	10-11
Accounts	12-14

<b>Trustees' Annual Report for the period</b>							
<b>From</b>	Period start date			<b>To</b>	Period end date		
	Day 01	Month 04	Year 2022		Day 31	Month 03	Year 2023

**Section A Reference and administration details**

<b>Charity name</b>	Opportunity Sports Foundation
<b>Other names charity is known by</b>	OSF
<b>Registered charity number (if any)</b>	1142543
<b>Charity's principal address</b>	11 Worlington Close
	Buckshaw Village
	Chorley
	<b>Postcode</b> PR7 7JU

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Farrell Kilbane	Trustee		
2	Shirley Banks	Treasurer		
3	Phil Entwistle	Chairman		
4				
5				
6				
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20				

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Section B Structure / governance and management**

**Description of the charity’s trusts**

Type of governing document (eg. trust deed, constitution)	Trust deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by current trustees

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

OSF has developed comprehensive policies and procedures to govern its participation in sports activities with an emphasis on partnering with Special Educational Needs (SEN) schools, Emotional and Behavioral Disorder (EBD) schools, and mainstream schools, in light of the eased restrictions. These policies cover areas such as Covid-19, child protection, vulnerable adults, safeguarding, health and safety, and equal opportunities. OSF conducts regular reviews of its policies and procedures, ensuring compliance with updated regulations and best practices.

At present, OSF employs a Chief Executive Officer with all other staff engaged on a part-time or voluntary basis. The organisation maintains strategic partnerships with various professional bodies in Lancashire and across the UK, including Lancashire County Council, Blackburn with Darwen Borough Council, Lancashire Sport, and Sported. Additionally, OSF has cultivated successful relationships with local charities, such as Nightsafe, The Inside Out Group, and Lifeline, educational institutions like Lostock Hall Juniors FC and local housing associations including Progress Housing Association, Twin Valley Homes and further housing associations.

In terms of risk management, OSF maintains public liability insurance at £5 million, covering all its activities. Rigorous risk assessments are conducted prior to each activity to mitigate potential hazards and ensure a safe environment for all participants. As restrictions have eased, OSF has once more established connections with schools and increased its engagement with young people, both in-person and through online platforms, particularly focusing on those in need of individual support.

**Summary of the objects of the charity set out in its governing document**

OSF's mission is; "To advance in life and help especially, but not exclusively, disadvantaged young people". OSF intends to do this through the following aims and objectives:

- a) Provide provision of sporting, recreational, and leisure time activities, provided in the interest of social welfare, designed to improve young people's conditions of life.
- b) Providing support and activities which help develop young people's skills, capacities and capabilities in order to positively participate in society as mature and responsible individuals.
- c) Acting as a resource for young people up to the age of 25 by providing programmes of physical, educational and other activities as a means of distraction to reduce; youth offending, drug and alcohol misuse, anti-social behaviour and crime in communities and unemployment.
- d) Signpost as many young people as possible via multi-agency working to further education, training and employment opportunities.
- e) To advance racial and religious harmony and equity and diversity among young people by arranging activities to encourage shared experienced and interest without reference to race, religious belief, sex, disability, nationality, ethnic or national origin or social background.

The trustees by resolution may amend the charity's aims and objectives should they see fit.

Since the relaxation of restrictions, we have successfully reestablished connections with schools and have bolstered our online presence. We have also been able to dedicate more individualized time to young people in need, including providing increased support to older members and young people transitioning out of care.

This emphasis on individual support has been a consistent priority across all our projects, even as we have resumed larger group activities. Our augmented online presence has allowed us to allocate greater resources to staffing, resulting in the highest number of staffing hours provided to date. This has enabled us to offer substantial support to those most in need. Furthermore, we have maintained connections with the Welsh Football Association to deliver online Sports Coaching badges and other virtual courses, such as literacy and numeracy.

Historically, most of OSF's projects have been short-term (one year or less). In response, we are actively exploring avenues to secure multi-year funding for our projects and subsequently increase the number of full-time employees. OSF has successfully sustained a significant number of projects over a year, all of which continue to operate with great success. The demand for our work is on the rise, particularly evident in our NEET (Not in Education, Employment, or Training) projects. Notable current projects and their public benefits include:

"NEET Sports Project": Leveraging sports as a means to engage young people and equip them with the skills necessary for employment or reintegration into an educational environment. This involves providing qualifications, work experience, counselling, and life skills training to facilitate their success.

"School Holiday Sports Camp": During each school holiday, OSF hosts a multi-sports camp that has benefitted over 500 boys and girls aged 5-12 from diverse ethnic and social backgrounds in the local area. This initiative serves as a fundraising opportunity for other projects while also offering work experience and volunteer opportunities to a number of the participating young people.

"Addicted to Sport" - This project caters to individuals aged 16-24 who are either homeless or struggling with drug, substance, or alcohol addictions. Operating in collaboration with Nightsafe, a homeless centre in Blackburn, and Lifeline, a substance misuse charity based in Blackburn, the project facilitates Nightsafe and Lifeline in engaging young people in their respective aims and treatment objectives. By participating in the project, individuals gain personal skills such as confidence, self-esteem, and the opportunity to socialize with others in similar situations. All participants are awarded a

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Sports Leader Award, and select individuals are granted their FA Level 1 Coaching Badge, enabling them to take on coaching roles themselves, ensuring the project's sustainability.

"Social Sport in partnership with Housing Associations" - This initiative entails weekly sports sessions in partnership with Progress Housing Association for young people aged 6-18. The sessions are held at multiple locations including The Hun Shadsworth, Soccerdome Blackburn, Youth Zone Blackburn, Leyland Leisure Centre, and Bamber Bridge Leisure Centre. The primary objectives of these sessions are to foster community cohesion, reduce anti-social behaviour and crime within the community, and provide the young people with meaningful activities. Similarly, certain participants are awarded their Level 1 Coaching Badge, creating a pool of community coaches to sustain the sessions indefinitely.

"Looked After Children's Sport" - In partnership with Lancashire County Council, this sports project caters to looked after children aged 5-19. The project focuses on providing education through the awarding of qualifications such as ASDAN and Sports Leader. Additionally, OSF has implemented a mentoring scheme within this project, where older participants mentor the younger ones, aiming to increase participation and enhance their confidence.

"Leaving Care project" - In response to the aftermath of the pandemic, we have intensified our support for young people transitioning out of care. The process begins with an assessment of individual needs, drawing insights from reports by referrers, key workers, and self-report across various domains including housing, health and wellbeing, relationships, positive activities, finance, employment, and education & training. Utilizing sports as a tool to engage and educate young people, the goal is to empower them to secure employment or pursue further training. This area of focus will be a vital component of our future plans, as we are committed to continuing and enhancing our support for young people as they move into independence.

"Onside Project" - In collaboration with respite centres across Lancashire, which offer care and support for parents and carers of children aged 10-19 with severe disabilities, the Onside project seeks to boost the participation of young people with disabilities in sports. The project aims to create an inclusive environment where young people living with disabilities can have fun, socialize with others in similar situations, and feel a sense of belonging. Additionally, the project provides guidance to these young individuals, directing them to disability sport clubs in the local area to continue their engagement in sports and physical activities.

"Adult Social Club" - We are delighted to share the successful relaunch of the Adult Social Club, marking its reinstatement following the pandemic hiatus. The revival of the club has been met with tremendous success, reaffirming its significance in providing social and recreational opportunities for adults within the community.

"Vulnerable Girls' Sport" - Our collaboration with Targeted Youth Support through the Young People's Service has paved the way for the Vulnerable Girls' Sport project, specifically designed for vulnerable young girls aged 11-19. The primary objectives of this project are to enhance their participation in sports and physical activities, boost their confidence and self-esteem, and provide a platform for these vulnerable girls to interact, share experiences, and alleviate any sense of isolation. Furthermore, participants are directed toward further education, training, and employment opportunities, contributing to their holistic development and long-term prospects.

"Social Housing Partnership" - In an effort to engage young people aged 8-25 residing on Social Housing Estates across Lancashire, we have established activities aimed at reducing instances of anti-social behaviour and promoting increased participation in sports and physical activity. By providing these opportunities, we seek to foster positive and constructive engagement within the community, contributing directly to the well-being of the participants and the overall harmonious environment within these housing estates.

"Young Offenders Sessions" - We are currently conducting a series of activities for young offenders in collaboration with the Youth Justice Service in the Lancashire area. These sessions encompass a range of activities including football, cross-fit, and boxing, targeted at young individuals aged 12-19 who are at risk of or already involved in crime. The sessions are strategically designed to offer participants a positive focus and a constructive outlet, while instilling discipline, self-control, and the ability to channel any frustrations or aggression in a safe and appropriate environment. This not only serves as an intervention but also offers a pathway for these young individuals to discover and harness their potential in a productive and empowering manner.

These projects illustrate our dedication to addressing the unique needs of young people facing challenging circumstances by fostering personal development, community engagement, and social inclusion. We strive to empower individuals with valuable skills

and qualifications, supporting them on their journey towards positive outcomes and meaningful engagement in their communities.

Our ongoing mission is to empower young people through sports and education. We are continuously seeking opportunities to expand our impact and support, adapting and expanding initiatives to meet the diverse needs of individuals across various life stages and circumstances. This reinforces our commitment to promoting well-being, inclusion, and social engagement.

### **Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

OSF does not provide grants, but rather seeks grants to support its service for beneficiaries. The organisation does not engage in any investments beyond acquiring equipment necessary for its activities. OSF is governed by a board of trustees, with a Chief Executive Officer overseeing project planning and management on a part-time basis. The accounts are prepared on a voluntary basis. Currently, OSF has 18 part-time youth workers who are qualified sports coaches and engage in projects as funding becomes available.

In addition to the part-time workers, OSF benefits from approximately 22 voluntary youth workers who contribute to various projects. The organisation invests in training young coaches to sustain and expand its charitable activities. OSF envisions these young voluntary coaches as integral to its future growth. The organisation's current part-time coaches have all been trained through this system, representing a valuable asset to its operations. Many of these individuals have a strong connection to the beneficiaries, as they were former beneficiaries themselves or have faced similar circumstances.

At present, OSF only employs one part-time member of staff, with no full-time staff members. However, the demand for volunteers and the need for a coach/development worker have increased significantly. Consequently, OSF is actively seeking funding for a full-time paid position during the current financial year to support its continued growth and impact.

**Summary of the main achievements of the charity during the year**

OSF has achieved significant milestones this year, reaching out to over 750 children, young people, and adults, nearly doubling the number of participants engaged compared to previous years. These individuals represent some of the most marginalised and vulnerable members of our community, and our commitment to supporting their needs and fostering their development has been unwavering.

Amidst these impactful activities, OSF has proudly awarded and facilitated the attainment of an impressive array of qualifications and awards. This includes the successful completion of 108 Welsh FA Level 1 Coaching Badges, empowering participants to progress to leading sessions through offering valuable support to main coaches. Additionally, 267 individuals have been awarded ASDAN sports and fitness short courses, while over 500 participants have achieved Sports Leader Awards, enhancing their teamwork, organisation, and communication skills during OSF sessions and activities.

One of OSF's most outstanding accomplishments is the placement of 72 beneficiaries into part-time employment opportunities within the organisation. By identifying their unique skills and providing them with comprehensive training and necessary DBS checks, many of these individuals now play an integral role in OSF's dedicated team, contributing greatly to our mission and objectives.

Furthermore, OSF has successfully established sustainable online activities and inclusive sessions tailored for over 1000 participants. These activities not only align with OSF's aims and objectives, but they also ensure inclusivity, benefit, and enjoyment for all those involved, strengthening our impact and reach within the community.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

OSF applies for funding to run projects and the money granted is used solely for that project. OSF has stopped taking donations from the public. The charity possesses around £45,000 in reserves. Our aim is to increase this value moving forwards

### Details of any funds materially in deficit

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

OSF's principle funds come from grants awarded by organisations, a list of which can be seen below

KFC	2,500
Barclays Football	3,000
Together Fund	6,620
The Hargreaves Foundation	27,000
The Swire Charitable Trust	10,000
Garfield Weston	20,000
National Lottery	10,000
Sports England Queen's Platinum Jubilee Activity Fund (	9,340
Masonic Charitable Foundation	5,000
BFSS	14,679
Lloyd's Foundation	25,000
Children in Need	10,000
WO street Foundation	5,000
The Bennett Family Grant Making Charity	5,000
21 Small Grants	29,833
Contracts and holiday clubs	22,256

The work OSF carried out during school holidays and on evenings also earned money so that further charitable projects can take place and is listed under contracts and holiday clubs.

Within the disadvantaged areas OSF hires venues where the sporting and leisure activity can take place. Other expenditure has included the equipment needed to run the projects, kit for beneficiaries, volunteers and staff and wages.

## Section F

## Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	S Banks	F Kilbane
<b>Full name(s)</b>	Shirley Banks	Farrell Kilbane
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer / Secretary	Trustee
<b>Date</b>	09/11/2023	

### Independent examiner's report on the accounts

## Section A Independent Examiner's Report

<b>Report to the trustees/ members of</b>	Opportunity Sports Foundation		
<b>On accounts for the year ended</b>	March 2023	<b>Charity no</b>	1142543
<b>Set out on pages</b>	10-13 <small>(remember to include the page numbers of additional sheets)</small>		

**Respective responsibilities of trustees and examiner** The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's statement** My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent  
examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

*M. Faulkner*

**Date:**

15/11/2023

**Name:**

Mike Faulker

**Relevant professional  
qualification(s) or body  
(if any):**

ATT

**Address:**

35 Brookdale, New Longton, Preston, PR4 4XL

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material problems.

**Give here brief details of any items that the examiner wishes to disclose.**

As in previous years all receipts are kept in good order, the invoicing system is correct and no discrepancies found.



<b>Charity Name</b> Opportunity Sports Foundation	<b>No (if any)</b> 1142543
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**CC16a**

## Receipts and payments accounts

<b>For the period from</b>	Period start date 01/04/2022	<b>To</b>	Period end date 31/03/2023	
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## Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants/Donations	48154	134818	-	182972	78022
Coaching Income	22256	-	-	22256	18647
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>70410</b>	<b>134818</b>	<b>-</b>	<b>96,669</b>	<b>96669</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>70410</b>	<b>134818</b>	<b>-</b>	<b>205228</b>	<b>96669</b>
<b>A3 Payments</b>					
Equipment	1679	22808	-	24487	11,950
Kit		6209	-	6209	3,500
Trophies/Medals		2919		2919	650
Coaching/Travelling Costs	6514	53846	-	60360	29,750
Venue Hire		49036	-	49036	20,614
Administration	5600	-	-	5600	635
Insurance	700	-	-	700	684
Salary Costs	13,221	-	-	13,221	13,069
Professional Fees	16077	-	-	16077	1410
<b>Sub total</b>	<b>42791</b>	<b>134818</b>	<b>-</b>	<b>178609</b>	<b>82,262</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>43791</b>	<b>134818</b>	<b>-</b>	<b>178609</b>	<b>82,262</b>

<i>Net of receipts/(payments)</i>	26619	-	-	26619
<b>A5 Transfers between funds</b>	-	-	-	-
<b>A6 Cash funds last year end</b>	32908	-	-	32908
<i>Cash funds this year end</i>	45120	-	-	45120

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in Bank		-	-
			-	-
			-	-
			-	-
	<i>Total cash funds</i>		-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	<b>Endowment funds to nearest £</b>
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B3 Investment assets</b>			-	-

		-	-
		-	-
		-	-
		-	-

**B4 Assets retained for the charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Car	Restricted	-	2461
Computer	Unrestricted	-	-
Equipment	Unrestricted	-	6,388
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

**B5 Liabilities**

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one trustee on behalf of all the trustees

Signature	Print Name	Date of approval
S Banks	Shirley Banks (treasurer)	09/11/2023
F Kilbane	Farrell Kilbane	09/11/2023

**OPPORTUNITY SPORTS FOUNDATION**

England & Wales - Charity number 1142543

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# Accounts

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**Trustees Annual Report, Accounts and  
Independent Examiners Report for the year  
ending 31 March 2022.**



<b>Content Number</b>	<b>Page</b>
Trustees Annual Report	3 - 9
Independent Examiners Report	10-11
Accounts	12-14

## Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	Day 01	Month 04	Year 2021		Day 31	Month 03	Year 2022

### Section A Reference and administration details

<b>Charity name</b>	Opportunity Sports Foundation
<b>Other names charity is known by</b>	OSF
<b>Registered charity number (if any)</b>	1142543
<b>Charity's principal address</b>	11 Worlington Close
	Buckshaw Village
	Chorley
	<b>Postcode</b> PR7 7JU

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Farrell Kilbane	Trustee		
2	Shirley Banks	Treasurer		
3	Phil Entwistle	Chairman		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

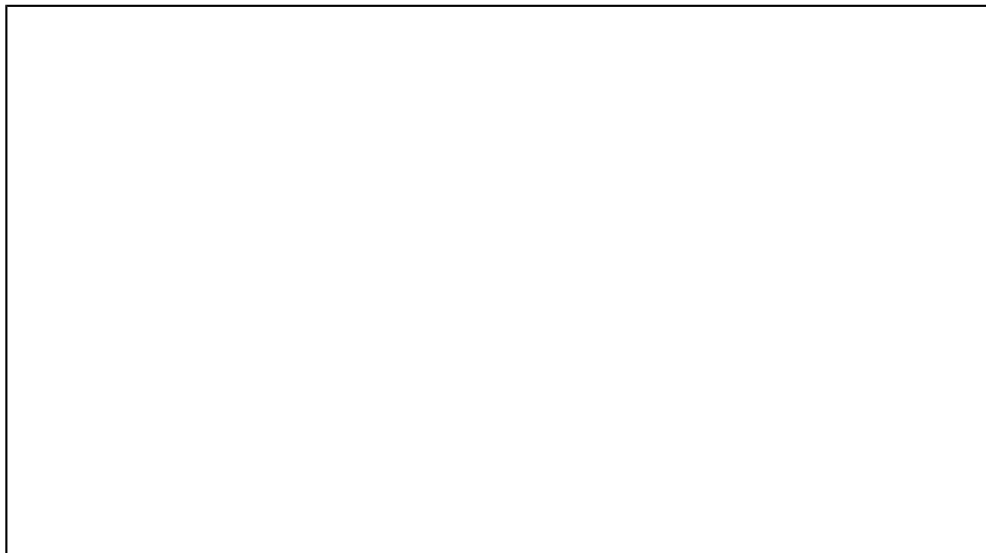
**Section B Structure / governance and management**

**Description of the charity’s trusts**

Type of governing document (eg. trust deed, constitution)	Trust deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by current trustees

**Additional governance issues (Optional information)**

<p>You <b>may choose</b> to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> policies and procedures adopted for the induction and training of trustees;</li> <li><input type="checkbox"/> the charity’s organisational structure and any wider network with which the charity works;</li> <li><input type="checkbox"/> relationship with any related parties;</li> <li><input type="checkbox"/> trustees’ consideration of major risks and the system and procedures to manage them.</li> </ul>	<p>OSF holds a number of different policy and procedure documents including Covid19, child protection, vulnerable adults, safeguarding, health and safety and equal opportunities policies. OSF’s policies and procedures are reviewed annually or as and when required.</p> <p>OSF now has one part-time paid member of staff who is the Chief Executive Officer. All other staff are employed on a part time or voluntary basis.</p> <p>OSF works closely with a number of professional bodies from across Lancashire and the UK including; Lancashire County Council, Blackburn with Darwen Borough Council, Lancashire Sport and Spotted. OSF has also built up very successful partnerships with local charities and organisations including; Nightsafe, The Inside Out Group, Lifeline, Lostock Hall Juniors FC, Progress Housing Association, Twin Valley Homes, Your Eaves Brook Housing and a number of local schools.</p> <p>The charity holds no major risks to it’s trustees however due to the sporting activities carried out by OSF, public liability insurance is at £5 million which insures all the charities activities. Thorough risk assessments are carried out before each activity in order to minimise any potential risks and hazards and to ensure all participants are in a safe environment.</p> <p>Following the opening up of restrictions, we have been able to build relationships with schools once more. As well as maintaining our online presence and have been able to spend a lot of time individually with the young people that really needed it again.</p>
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## Section C

## Objectives and activities

### Summary of the objects of the charity set out in its governing document

OSF's mission is; "To advance in life and help especially, but not exclusively, disadvantaged young people". OSF intends to do this through the following aims and objectives:

- a) Provide provision of sporting, recreational, and leisure time activities, provided in the interest of social welfare, designed to improve young people's conditions of life.
- b) Providing support and activities which help develop young people's skills, capacities and capabilities in order to positively participate in society as mature and responsible individuals.
- c) Acting as a resource for young people up to the age of 25 by providing programmes of physical, educational and other activities as a means of distraction to reduce; youth offending, drug and alcohol misuse, anti-social behaviour and crime in communities and unemployment.
- d) Signpost as many young people as possible via multi-agency working to further education, training and employment opportunities.
- e) To advance racial and religious harmony and equity and diversity among young people by arranging activities to encourage shared experienced and interest without reference to race, religious belief, sex, disability, nationality, ethnic or national origin or social background.

The trustees by resolution may amend the charity's aims and objectives should they see fit.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Following the opening up of restrictions, we have been able to build relationships with schools again. Maintaining our much larger online presence and we have been once more been able to spend a lot of time individually with the young people most in need. This included providing far greater support to our older members and in particular the young people leaving care. This theme was maintained across all projects even when we were able to carry out large group work. The online presence means we were able to invest a lot more resources into staffing and provided the largest amount of staffing hours to date. Providing support to those that needed it most. We maintained links with the Welsh FA to providing Sports Coaching badges online and other online courses including literacy and numeracy. Although the majority of OSF's projects have been short term (one year or less), OSF has managed to sustain a substantial number of projects over a year which are continuing to run with great success. OSF's current projects and their public benefits include:

School Holiday Sports Camp – Each school holiday OSF runs a multi-sports camp which has benefitted over 500 boys and girls aged 5-12 from all ethnic and social backgrounds from the local area.

Addicted to Sport – This project is run for young who are either homeless or have drug, substance or alcohol addictions aged 16-24. The project is run in partnership with Nightsafe a homeless centre in Blackburn and Lifeline a substance misuse charity based in Blackburn. The project allows Nightsafe and Lifeline to engage young people in their aims and objectives as well as treatment, and allows the participants to gain personal skills such as confidence, self-esteem and to socialise with others in similar situations. The participants are all awarded a Sports Leader Award and some selected participants are awarded their FA Level 1 Coaching Badge which makes the project sustainable as they then take on the role of the coach themselves.

Social Sport in partnership with Housing Associations – Sessions are run on a weekly basis in partnership with Progress Housing Association for young people aged 10-24. These sessions include a weekly netball session at Leyland Leisure Centre and a weekly football session at Bamber Bridge Leisure Centre. The session's aims are to; create community cohesion, decrease anti-social behaviour and crime within the community and to provide the young people of the community with something to do. Again selected participants are awarded their Level 1 Coaching Badge and therefore community coaches are created to sustain the sessions indefinitely.

Looked After Children's Sport – This project is run in partnership with Lancashire County Council for looked after children aged 5-19. The project educates the young people by awarding qualifications such as ASDAN and Sports Leader. OSF has also devised a mentoring scheme at this project whereby the older participants mentor the younger participants to increase participation and their confidence.

Leaving Care project. Following the pandemic we have offered an increased level of support to young people leaving care. We assess individual needs from reports by referrers, our key workers and self-report across the domains of housing, health and wellbeing, relationships, positive activities, finance, employment and education & training. Using sport as a tool to engage with and educate the young people to a point where

they are able to gain employment or further training. This is certainly an area we will look to build upon in the future.

Onside Project - Onside is in partnership with respite centres across Lancashire who provide respite, care and support for parents and carers of children aged 10-19 with severe disabilities. The project aims to increase participation in sport of young people living with disabilities, to make them feel included and to have fun and socialise with others in similar situations. The project signposts the young people to disability sport clubs in the local area to continue their participation in sport and physical activity.

Adult Social Club - Unfortunately we were unable to run this during the pandemic. We have kept in contact via online quiz's and phone calls.

Vulnerable Girls' Sport - This project is in partnership with Targeted Youth Support through the Young Peoples Service and is for vulnerable young girls aged 11-19. The project aims to increase their participation in sport and physical activity, increase their confidence and self-esteem and to allow an opportunity for vulnerable girls in similar situations to socialise and not feel as isolated. Signposting through to the project to FE, training and employment opportunities is available for the participants.

Social Housing Partnership - These activities are for young people aged 8-25 living on Social Housing Estates across Lancashire. The public benefit of the session is to reduce the number of anti-social behaviour incidents on the estates and to increase participation in sport and physical activity of the young people living on the estates.

Young Offenders Sessions - Currently OSF runs a number of activities for young offenders in the Lancashire area in partnership with the Youth Justice Service. These sessions include football, cross fit and boxing. The sessions are aimed at young people in danger of or already involved in crime aged 12-19. The benefits to the participants of this session are that it provides the young people with something positive to work towards and also teaches discipline, self-control and to channel any frustration or aggression in an appropriate and safe environment.

### **Additional details of objectives and activities (Optional information)**

OSF does not make grants. It seeks grants to provide a service for its beneficiaries.

OSF does not invest in anything other than equipment to carry out its activities.

OSF has a board of trustees. There is a Chief Executive Officer who plans and manages all projects on a part time basis. The accounts are prepared on a voluntary basis. OSF employed 18 part time youth workers to carry out projects as and when funding is available. The youth workers are qualified sports coaches and carry out all work set out in the grant application.

OSF has around 22 voluntary youth workers who help across all projects. OSF invests its time in young coaches training them to continue the good work the charity already carries out. As OSF grows these young voluntary coaches will become an integral part of the organisation. All part time coaches now come from this system, having being trained over the last 9 years a good crop of young coaches and youth workers are doing jobs. They also relate extremely well to beneficiaries having been former beneficiaries and in similar situations.

OSF has one part time member of staff, no full-time members of staff, however the work for the volunteers and the coach/development worker has grown rapidly and therefore funding for one full time paid post will continue to be sought during the current financial year.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

Overall OSF has organised activities for over 400 children, young people and adults this year, a fraction of the people with have previously engaged with. But these young people have been the most marginalised and most in need young people. During this time we have awarded the following awards and qualifications:

59 Welsh FA Level 1 Coaching Badges – once participants have gained this qualification our aim is for them then to assist the main coaches to progress to leading the sessions themselves.

122 ASDAN sports and fitness short courses.

>233 Sports Leader Awards – the majority of OSF sessions now include the achievement of a Sports Leader Award, this is so that the participants can gain valuable skills such as team work, organisation and communication.

One of OSF's major achievements is that we have now placed 34 of our beneficiaries into part time employment with the charity. Having identified their skills, we put them through training course and DBS check them. They now form an integral part of OSF's team.

OSF's has created sustainable online activities for young people/sessions for over 1000 participants which are inclusive, beneficial, enjoyable and in line with the aims and objectives.

## Section E

## Financial review

**Brief statement of the charity’s policy on reserves**

OSF applies for funding to run projects and the money granted is used solely for that project. OSF has stopped taking donations from the public. The charity possesses around £30,000 in reserves. This is around a third of the annual expenditure of the charity. We are hoping to extend this to 50% of the charities yearly expenditure.

**Details of any funds materially in deficit**

N/A

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity’s principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

OSF’s principle funds come from grants awarded by organisations such as Sport England, Awards for All, Harris Charity, Skelton Bounty Charity, Peoples Postcode Trust, Brian Mercer and the Holiday Club run by OSF. Other sources of funding come from grants awarded by smaller charitable trusts and organisations.

The work OSF carried out during school holidays and on evenings also earned money so that further charitable projects can take place. Unfortunately this year we have been unable to this and other commissioned work due to the pandemic.

The work OSF does in partnership with Housing Associations and Councils is often fully funded by those organisations themselves.

Within the disadvantaged areas OSF hires venues where the sporting and leisure activity can take place. Other expenditure has included the equipment needed to run the projects, uniforms for coaches and wages for sessional staff/coaches.

**Section F Other optional information**

**Section G Declaration**

**The trustees declare that they have approved the trustees’ report above. Signed on behalf of the charity’s trustees**

<b>Signature(s)</b>	S Banks	F Kilbane
<b>Full name(s)</b>	Shirley Banks	Farrell Kilbane
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer / Secretary	Trustee
<b>Date</b>	12/01/2023	

# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

**Report to the trustees/ members of**

Opportunity Sports Foundation

**On accounts for the year ended**

March 2022

**Charity no (if any)**

1142543

**Set out on pages**

10-13

(remember to include the page numbers of additional sheets)

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent  
examiner's  
statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:**

**Name:**

**Relevant professional qualification(s) or body (if any):**

**Address:**

**Section B Disclosure**

Only complete if the examiner needs to highlight material problems.

**Give here brief details of any items that the examiner wishes to disclose.**

As in previous years all receipts are kept in good order, the invoicing system is correct and no discrepancies found.



<b>Charity Name</b> <b>Opportunity Sports Foundation</b>	<b>No (if any)</b> <b>1142543</b>	<b>CC16a</b>
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# Receipts and payments accounts

<b>For the period from</b>	Period start date 01/04/2021	<b>To</b>	Period end date 31/03/2022
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## Section A Receipts and payments

	Unrestrict ed funds to the nearest £	Restrict ed funds to the nearest £	Endowme nt funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants/Donations	78,022	-	-	78,022	83,071
Coaching Income	18,647	-	-	18,647	3,800
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	<b>96,669</b>	<b>-</b>	<b>-</b>	<b>96,669</b>	<b>86,871</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>96,669</b>	<b>-</b>	<b>-</b>	<b>96,669</b>	<b>86,871</b>
<b>A3 Payments</b>					
Equipment	11,950	-	-	11,950	12,200
Kit	3,500	-	-	3500	3,252
Trophies/Medals	650	-	-	650	-
Coaching/Travelling Costs	29,750	-	-	29,750	-
Venue Hire	20,614	-	-	20,614	33,870
Administration	635	-	-	635	525
Insurance	684	-	-	684	653
Salary Costs	13,069	-	-	13,069	13,178
Professional Fees	1,410	-	-	1,410	3,507

<b>Sub total</b>	82,262	-	-	81,962	78,592
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	82,262	-	-	82,262	78,592
<b>Net of receipts/ (payments)</b>	14,407	-	-	14,407	8,782
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	18,501	-	-	18,501	17,998
<b>Cash funds this year end</b>	32,908	-	-	32,908	26,780

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestrict ed funds to nearest £	Restrict ed funds to nearest £	Endowme nt funds to nearest £
<b>B1 Cash funds</b>	Cash in Bank	30,335	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	32,908	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		<b>Unrestrict ed funds</b>	<b>Restrict ed funds</b>	<b>Endowme nt funds</b>
		to nearest £	to nearest £	to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>	<b>Details</b>		-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>			
	Car	Restricted	-	4,922
	Computer	Unrestricted	-	-
	Equipment	Unrestricted	-	6,388
			-	-
			-	-
			-	-
			-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>	<b>Details</b>		-	
			-	
			-	
			-	
			-	

Signed by one trustee on behalf of all the trustees

Signature	Print Name	Date of approval
S Banks	Shirley Banks (treasurer)	12/01/2023

F Kilbane

Farrell Kilbane

12/01/2023

**OPPORTUNITY SPORTS FOUNDATION**

England & Wales - Charity number 1142543

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# Accounts

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**Trustees Annual Report, Accounts and  
Independent Examiners Report for the year  
ending 31 March 2021.**



<b>Content Number</b>	<b>Page</b>
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## Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	Day 01	Month 04	Year 2020		Day 31	Month 03	Year 2021

### Section A Reference and administration details

<b>Charity name</b>	Opportunity Sports Foundation
<b>Other names charity is known by</b>	OSF
<b>Registered charity number (if any)</b>	1142543
<b>Charity's principal address</b>	11 Worlington Close
	Buckshaw Village
	Chorley
	<b>Postcode</b> PR7 7JU

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Farrell Kilbane	Trustee		
2	Shirley Banks	Treasurer		
3	Phil Entwistle	Chairman		
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20				

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

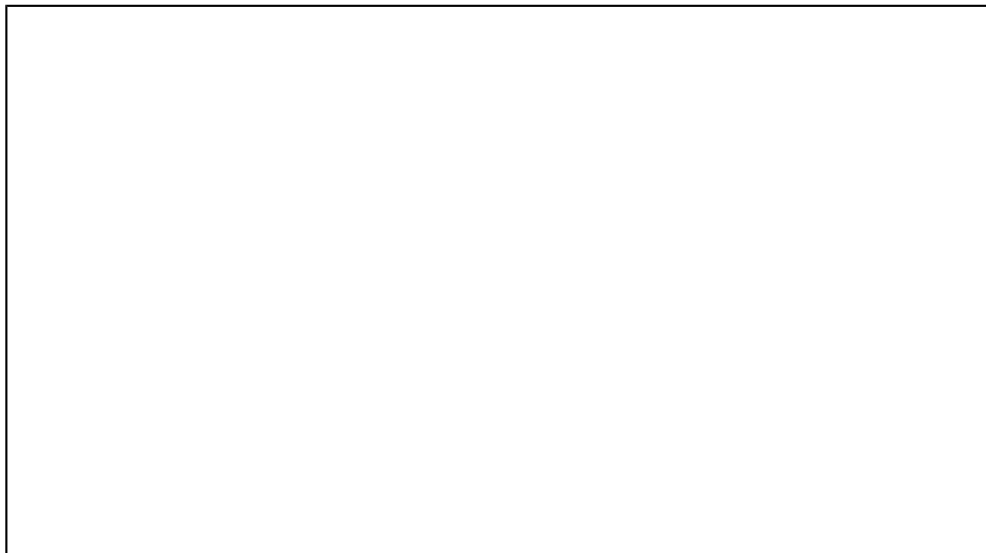
**Section B Structure / governance and management**

**Description of the charity’s trusts**

Type of governing document (eg. trust deed, constitution)	Trust deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by current trustees

**Additional governance issues (Optional information)**

<p>You <b>may choose</b> to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> policies and procedures adopted for the induction and training of trustees;</li> <li><input type="checkbox"/> the charity’s organisational structure and any wider network with which the charity works;</li> <li><input type="checkbox"/> relationship with any related parties;</li> <li><input type="checkbox"/> trustees’ consideration of major risks and the system and procedures to manage them.</li> </ul>	<p>OSF holds a number of different policy and procedure documents including Covid19, child protection, vulnerable adults, safeguarding, health and safety and equal opportunities policies. OSF’s policies and procedures are reviewed annually or as and when required.</p> <p>OSF now has one part-time paid member of staff who is the Chief Executive Officer. All other staff are employed on a part time or voluntary basis.</p> <p>OSF works closely with a number of professional bodies from across Lancashire and the UK including; Lancashire County Council, Blackburn with Darwen Borough Council, Lancashire Sport and Spotted. OSF has also built up very successful partnerships with local charities and organisations including; Nightsafe, The Inside Out Group, Lifeline, Lostock Hall Juniors FC, Progress Housing Association, Twin Valley Homes, Your Eaves Brook Housing and a number of local schools.</p> <p>The charity holds no major risks to it’s trustees however due to the sporting activities carried out by OSF, public liability insurance is at £5 million which insures all the charities activities. Thorough risk assessments are carried out before each activity in order to minimise any potential risks and hazards and to ensure all participants are in a safe environment.</p> <p>Due to the pandemic, we have unfortunately not been able to work as closely with schools this year. However we have adopted a much larger online presence and have been able to spend a lot of time individually with the young people that really needed it as we were forced to adopt a smaller group working.</p>
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## Section C

## Objectives and activities

### Summary of the objects of the charity set out in its governing document

OSF's mission is; "To advance in life and help especially, but not exclusively, disadvantaged young people". OSF intends to do this through the following aims and objectives:

- a) Provide provision of sporting, recreational, and leisure time activities, provided in the interest of social welfare, designed to improve young people's conditions of life.
- b) Providing support and activities which help develop young people's skills, capacities and capabilities in order to positively participate in society as mature and responsible individuals.
- c) Acting as a resource for young people up to the age of 25 by providing programmes of physical, educational and other activities as a means of distraction to reduce; youth offending, drug and alcohol misuse, anti-social behaviour and crime in communities and unemployment.
- d) Signpost as many young people as possible via multi-agency working to further education, training and employment opportunities.
- e) To advance racial and religious harmony and equity and diversity among young people by arranging activities to encourage shared experienced and interest without reference to race, religious belief, sex, disability, nationality, ethnic or national origin or social background.

The trustees by resolution may amend the charity's aims and objectives should they see fit.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Due to the pandemic, we have unfortunately not been able to work as closely with schools this year. However we have adopted a much larger online presence and have been able to spend a lot of time individually with the young people most in need, as we were forced to adopt a smaller group working. This included providing far greater support to our older members and in particular the young people leaving care.

This theme was adopted across all projects as we were unable to carry out large group work. Instead we were able to invest a lot more resources into staffing and provided the largest amount of staffing hours to date. Providing support throughout the pandemic to those that needed it most. We adapted our way of working, moving online, working in much smaller groups and providing a much different method of support. We also linked with the Welsh FA to provide Sports Coaching badges online and other online courses including literacy and numeracy.

Although the majority of OSF's projects have been short term (one year or less), OSF has managed to sustain a substantial number of projects over a year which are continuing to run with great success. OSF's current projects and their public benefits include:

School Holiday Sports Camp – Each school holiday OSF runs a multi-sports camp which has benefitted over 500 boys and girls aged 5-12 from all ethnic and social backgrounds from the local area. Unfortunately due to the pandemic we took the tough decision to completely minimise this project this year. Selecting individuals or small groups for targeted work during school holidays.

Addicted to Sport – This project is run for young who are either homeless or have drug, substance or alcohol addictions aged 16-24. The project is run in partnership with Nightsafe a homeless centre in Blackburn and Lifeline a substance misuse charity based in Blackburn. The project allows Nightsafe and Lifeline to engage young people in their aims and objectives as well as treatment, and allows the participants to gain personal skills such as confidence, self-esteem and to socialise with others in similar situations. The participants are all awarded a Sports Leader Award and some selected participants are awarded their FA Level 1 Coaching Badge which makes the project sustainable as they then take on the role of the coach themselves.

Social Sport in partnership with Progress Housing – Sessions are run on a weekly basis in partnership with Progress Housing Association for young people aged 10-24. These sessions include a weekly netball session at Leyland Leisure Centre and a weekly football session at Bamber Bridge Leisure Centre. The session's aims are to; create community cohesion, decrease anti-social behaviour and crime within the community and to provide the young people of the community with something to do. Again selected participants are awarded their Level 1 Coaching Badge and therefore community coaches are created to sustain the sessions indefinitely.

Looked After Children's Sport – This project is run in partnership with Lancashire County Council for looked after children aged 5-19. The project educates the young people by awarding qualifications such as ASDAN and Sports Leader. OSF has also devised a mentoring scheme at this project whereby the older participants mentor the younger participants to increase participation and their confidence.

Leaving Care project. During the covid outbreak we have offered

an increased level of support to young people leaving care. We assess individual needs from reports by referrers, our key workers and self-report across the domains of housing, health and wellbeing, relationships, positive activities, finance, employment and education & training. Using sport as a tool to engage with and educate the young people to a point where they are able to gain employment or further training. This is certainly an area we will look to build upon in the future.

Onside Project - Onside is in partnership with respite centres across Lancashire who provide respite, care and support for parents and carers of children aged 10-19 with severe disabilities. The project aims to increase participation in sport of young people living with disabilities, to make them feel included and to have fun and socialise with others in similar situations. The project signposts the young people to disability sport clubs in the local area to continue their participation in sport and physical activity.

Adult Social Club - Unfortunately we were unable to run this during the pandemic. We have kept in contact via online quiz's and phone calls.

Vulnerable Girls' Sport - This project is in partnership with Targeted Youth Support through the Young Peoples Service and is for vulnerable young girls aged 11-19. The project aims to increase their participation in sport and physical activity, increase their confidence and self-esteem and to allow an opportunity for vulnerable girls in similar situations to socialise and not feel as isolated. Signposting through to the project to FE, training and employment opportunities is available for the participants.

Social Housing Partnership - These activities are for young people aged 8-25 living on Social Housing Estates across Lancashire. The public benefit of the session is to reduce the number of anti-social behaviour incidents on the estates and to increase participation in sport and physical activity of the young people living on the estates.

Young Offenders Sessions - Currently OSF runs a number of activities for young offenders in the Lancashire area in partnership with the Youth Justice Service. These sessions include football, cross fit and boxing. The sessions are aimed at young people in danger of or already involved in crime aged 12-19. The benefits to the participants of this session are that it provides the young people with something positive to work towards and also teaches discipline, self-control and to channel any frustration or aggression in an appropriate and safe environment.

### **Additional details of objectives and activities (Optional information)**

OSF does not make grants. It seeks grants to provide a service for its beneficiaries.

OSF does not invest in anything other than equipment to carry out its activities.

OSF has a board of trustees. There is a Chief Executive Officer who plans and manages all projects on a part time basis. The accounts are prepared on a voluntary basis. OSF employed 18 part time youth workers to carry out projects as and when funding is available. The youth workers are qualified sports coaches and carry out all work set out in the grant application.

OSF has around 21 voluntary youth workers who help across all projects. OSF invests its time in young coaches training them to continue the good work the charity already carries out. As OSF grows these young voluntary coaches will become an integral part of the organisation. All part time coaches now come from this system, having being trained over the last 6 years a good crop of young coaches and youth workers are doing jobs. They also relate extremely well to beneficiaries having been former beneficiaries and in similar situations.

OSF has one part time member of staff, no full-time members of staff, however the work for the volunteers and the coach/development worker has grown rapidly and therefore funding for one full time paid post will continue to be sought during the current financial year.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

Overall OSF has organised activities for over 400 children, young people and adults this year, a fraction of the people with have previously engaged with. But these young people have been the most marginalised and most in need young people. During this time we have awarded the following awards and qualifications:

51 Welsh FA Level 1 Coaching Badges – once participants have gained this qualification our aim is for them then to assist the main coaches to progress to leading the sessions themselves.

136 ASDAN sports and fitness short courses.

>219 Sports Leader Awards – the majority of OSF sessions now include the achievement of a Sports Leader Award, this is so that the participants can gain valuable skills such as team work, organisation and communication.

One of OSF's major achievements is that we have now placed twenty six of our beneficiaries into part time employment with the charity. Having identified their skills, we put them through training course and DBS check them. They now form an integral part of OSF's team.

OSF's main achievement of the year is that it has created sustainable online activities for young people/sessions for over 1000 participants which are inclusive, beneficial, enjoyable and in line with the aims and objectives.

## Section E

## Financial review

**Brief statement of the charity’s policy on reserves**

OSF applies for funding to run projects and the money granted is used solely for that project. OSF has stopped taking donations from the public. The charity possesses around £30,000 in reserves. This is around a third of the annual expenditure of the charity. We are hoping to extend this to 50% of the charities yearly expenditure.

**Details of any funds materially in deficit**

N/A

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity’s principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

OSF’s principle funds come from grants awarded by organisations such as Sport England, Awards for All, Harris Charity, Skelton Bounty Charity, Peoples Postcode Trust, Brian Mercer and in previous years the Holiday Club run by OSF. Unfortunately this year we have been unable to this and other commissioned work due to the pandemic. Other sources of funding come from grants awarded by smaller charitable trusts and organisations.

The work OSF carried out during school holidays and on evenings also earned money so that further charitable projects can take place. Unfortunately this year we have been unable to this and other commissioned work due to the pandemic.

The work OSF does in partnership with Housing Associations and Councils is often fully funded by those organisations themselves. Unfortunately much of the work this year we have been unable to this and other commissioned work due to the pandemic

OSF purchased a vehicle 2 years previous to reach people in the most disadvantaged of areas.

Within the disadvantaged areas OSF hires venues where the sporting and leisure activity can take place. Other expenditure has included the equipment needed to run the projects, uniforms for coaches and wages for sessional staff/coaches.

**Section F Other optional information**

**Section G Declaration**

**The trustees declare that they have approved the trustees’ report above.  
Signed on behalf of the charity’s trustees**

<b>Signature(s)</b>	S Banks	F Kilbane
<b>Full name(s)</b>	Shirley Banks	Farrell Kilbane
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer / Secretary	Trustee
<b>Date</b>	08/September/2021	

# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

**Report to the trustees/ members of**

Opportunity Sports Foundation

**On accounts for the year ended**

March 2021

**Charity no (if any)**

1142543

**Set out on pages**

10-13

(remember to include the page numbers of additional sheets)

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent  
examiner's  
statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:**

**Name:**

**Relevant professional qualification(s) or body (if any):**

**Address:**

**Section B Disclosure**

Only complete if the examiner needs to highlight material problems.

**Give here brief details of any items that the examiner wishes to disclose.**

As in previous years all receipts are kept in good order, the invoicing system is correct and no discrepancies found.



<b>Charity Name</b> <b>Opportunity Sports Foundation</b>	<b>No (if any)</b> <b>1142543</b>	<b>CC16a</b>
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# Receipts and payments accounts

<b>For the period from</b>	Period start date 01/04/2019	<b>To</b>	Period end date 31/03/2021
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## Section A Receipts and payments

	Unrestrict ed funds to the nearest £	Restrict ed funds to the nearest £	Endowme nt funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants/Donations	76,576	-	-		76,576
Coaching Income	18,492	-	-		18,492
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>95,068</b>	<b>-</b>	<b>-</b>		<b>95,068</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>95,068</b>	<b>-</b>	<b>-</b>		<b>95,068</b>
<b>A3 Payments</b>					
Equipment	6,480	-	-		6,480
Kit	2,729	-	-		2,729
Coaching/Travelling Costs	26,709	-	-		26,709
Venue Hire	29,842	-	-		29,842
Administration	2,361	-	-		2,361
Insurance	653	-	-		653
Car		-	-		17,500
Salary Costs	13,012	-	-		13,012
Professional Fees	1,448	-	-		1,448

<b>Sub total</b>	83,234	-	-		83,234
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	83,234	-	-		83,234
<b>Net of receipts/ (payments)</b>	11,834	-	-		11,834
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	18,501	-	-		18,501
<b>Cash funds this year end</b>	30,335	-	-		30,335

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in Bank	30,335	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	30,335	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Endowment funds</b>
		to nearest £	to nearest £	to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	-	-	-
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**Fund to which asset belongs**

**Cost (optional)**

**Current value (optional)**

**B3 Investment assets**

**Details**

		-	-
		-	-
		-	-
		-	-
		-	-

**B4 Assets retained for the charity's own use**

**Details**

<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
Car	Restricted	-	9,844
Computer	Unrestricted	-	233
Equipment	Unrestricted	-	7,250
		-	-
		-	-
		-	-
		-	-
		-	-

**B5 Liabilities**

**Details**

<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
		-	
		-	
		-	
		-	
		-	

Signed by one trustee on behalf of all the

Signature

Print Name

Date of approval

trustees

S Banks	Shirley Banks (treasurer)	09/11/2021
F Kilbane	Farrell Kilbane	09/11/2021