

# SOUTH WEST REGIONAL ANAESTHESIA GROUP

England & Wales · Charity number 1142538

## Details

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**Other names** SOWRA

**Status** Registered

**Legal form** Trust

**Registered** 2011-06-22

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Plymouth Hospitals NHS Trust  
Derriford Hospital  
Derriford Road  
Derriford  
Plymouth  
PL6 8DH

**Phone** 01752439205

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**Website** [www.sowra.org.uk](http://www.sowra.org.uk)

## Activities

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**Objects:** TO PROTECT AND PRESERVE HEALTH BY THE ADVANCEMENT OF THE STANDARDS AND EDUCATION IN REGIONAL ANAESTHESIA AND PAIN MANAGEMENT IN FURTHERANCE OF THIS OBJECT THE CHARITY SHALL: I) PROVIDE A FORUM FOR DISCUSSION II) ENCOURAGE AWARENESS OF REGIONAL ANAESTHESIA AND PAIN MANAGEMENT AMONGST THE HOSPITAL AND COMMUNITY MEDICAL AND SURGICAL PRACTICE. III) ENCOURAGE AWARENESS OF REGIONAL ANAESTHESIA AND PAIN MANAGEMENT AMONGST THE GENERAL PUBLIC. IV) PROVIDE TRAINING AND EDUCATIONAL UPDATES IN REGIONAL ANAESTHESIA AND PAIN MANAGEMENT TECHNIQUES. V) PROMOTE RESEARCH FOR THE PUBLIC BENEFIT IN ALL AREAS OF REGIONAL ANAESTHESIA AND PAIN MANAGEMENT AND TO PUBLISH THE USEFUL RESULTS.

**Activities:** SOWRA aims to advance the standards and raise awareness of regional anaesthesia and pain management amongst the general public and medical profession. SOWRA provides a forum for networking for health professionals, provides training and educational activities and supports clinical and basic science research in the field of regional anaesthesia and pain management through research grants.

## Classification

- **How:** Makes Grants To Individuals, Provides Other Finance, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

- **Area of benefit:** UNDEFINED
- Cornwall
- Devon
- Somerset

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£16,096	£6,228	-	-
2024-03-31	£7,600	£5,026	-	-
2023-03-31	£7,017	£4,174	-	-
2022-03-31	£4,236	£5,302	-	-
2021-03-31	£1,555	£1,855	-	-

## Trustees

Name	Role	Appointed
Dr MATTHEW OLDMAN MBBS	Chair	
Dr IAIN CHRISTIE		2011-12-19
Dr Joanna Wilson		2026-02-10
Dr Ross Vanstone		2026-02-10
Kim Chishti		2018-02-21