

# **Healthy Living Centre Dartford**

## **Trustees' Report**

### **Including Financial Report & Statements**

**1 April 2021 – 31 March 2022**

Registered Charity: 1142458  
Registered Company: 07409535

**HEALTHY LIVING CENTRE DARTFORD**  
**Report and financial statements**

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## HEALTHY LIVING CENTRE DARTFORD

### LEGAL AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31 MARCH 2022

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<b>Charity name</b>	Healthy Living Centre Dartford
<b>Charity registration number</b>	1142458
<b>Company registration number</b>	07409535
<b>Registered office and operational address</b>	Tree Estate Community Centre Cedar Road Dartford Kent DA1 2RS
<b>Directors and Trustees</b>	Ms L Bathgate Mr S Grimsey Mrs R Neale Mrs P Burleigh
<b>Independent Examiner</b>	Jonathan Healey FCA Lindeyer Francis Ferguson Limited 198 High Street Tonbridge Kent TN9 1BE
<b>Bankers</b>	HSBC Bank plc 38 High Street Dartford Kent DA1 1DG

## **HEALTHY LIVING CENTRE DARTFORD**

### **TRUSTEES' REPORT**

#### **FOR THE YEAR ENDED 31 MARCH 2022**

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We are pleased to present our annual report together with the independently examined financial statements of the charity for the year ended 31 March 2022.

Legal and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, including "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019) (Charities SORP (FRS 102)).

### **Structure, Governance and Management**

The company is a charity registered with the Charity Commission and registered under the Companies Act 2006 as a Company limited by guarantee. Each member has undertaken to contribute a sum not exceeding £10 towards the payment of the debts and liabilities of the charity incurred in the event of the company winding up.

The company is managed on behalf of the members by a Board of Directors, who are also Trustees of the charity. The Directors provide their services to the management of the charitable company free of charge. None of the Directors had a material interest in any contract of significance to which the charitable company was a party during the year, nor has any beneficial interest in the charitable company.

#### **Management and governance arrangements**

At each Annual General Meeting the number of directors as is nearest to one third must retire. The charity may by ordinary resolution determine the rotation in which directors are to retire.

As set out in the Articles of Association, the charitable company may by ordinary resolution appoint a person who is willing to act to be a director. No person other than a director retiring by rotation may be appointed at any general meeting, unless not less than fourteen days nor more than thirty five clear days before the date of the meeting, the charity is given notice that is: signed by a member entitled to vote; states the members intention to propose the appointment of a person as a director; contains the details that, if the person were to be appointed, the charitable company would have to file at Companies House; and, is signed by the person who is proposed to show their willingness to be appointed.

The day to day administration of the charitable company is under the control of the manager, Sharon Phillips. The manager is responsible to the Board of Directors. The charitable company employs a total of 3 staff.

#### **Public benefit**

The directors have paid due regard to guidance issued by the Charity Commission in deciding what activities the charitable company should undertake. We are satisfied that all our activities support our charitable objectives and that consideration is given to the fulfilment of these when new activities are considered. All of our activities address (some or all of) the following subjects which form part of the Healthy Living Centre Dartford's ("HLCD") aims: physical health, emotional wellbeing, the relief of poverty and education.



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#### Objectives and Activities

The charity's objects are defined by its Memorandum of Association as:

- The relief of sickness and the preservation of health among people residing permanently or temporarily in Dartford and the surrounding areas.
- The relief of unemployment for the benefit of the public as such ways as may be thought fit, including assistance to find employment.

The aims of our charity are to improve health and wellbeing and reduce health inequalities within the borough of Dartford through education and the provision of services to the community.

#### Achievements and Performance

Sadly, despite all the face-to-face events we were able to deliver, and the good news of lockdown restrictions easing over this year, this was overshadowed by the untimely, unexpected, and sudden death in October 2021 of our Chair of Trustees, **Dorothy Ann Allen, MBE**, or "just Ann" as she preferred. Ann was an amazing support to the charity for the whole of her tenure as Chair, and was a fantastic mentor and wise guide to the manager. Ann spent almost every day of lockdown helping redistribute surplus food, encouraging our volunteers and staff, and engaging with the local community, in addition to her duties as a parish, district and ward councillor, and Chair of Kent County Council. We feel her loss deeply, and Healthy Living Centre Dartford aspires to honour Ann's memory by continuing to deliver the work that she loved and was proud to be part of. Thank you for everything, Ann. Rest well.

#### Quarter 1

In April 2021, we were delighted to receive a Dartford Borough Council **Club Together Grant** for £10,000 to help towards the future running costs of a new commercial vehicle to help with our planned community development outreach work and collection of food from Ashford. This was to supplement the agreement from the National Lottery Community Fund to convert our revenue underspend to capital. Unfortunately, due to a global delay in the motor industry our anticipated receipt of the vehicle in June 2021 was delayed to late November 2021.

We were also thrilled that we were chosen as one of the charities to be supported by the **Mayor of Dartford**, Councillor Rosanna Currans, throughout 2021-2022.

We continued to support those in food need through our **Dartford Larder** project and emergency food parcel delivery. We received a request to help support a man who was extremely ill and had fallen through the social care net since discharge from hospital in January 2021 due to his extreme vulnerability and high risk of catching Covid 19. Our volunteers provided nutritious home cooked meals to help his recovery, collected his prescriptions, shopped for essential goods to ensure his physical comfort, and provided some much-needed social interaction that dramatically helped to improve his physical and mental wellbeing. We received an additional grant of almost £5,000 from Dartford Borough Council to continue to help support those in food need and extended our offer to the community for shopping support and prescription collection.

We were able to support the Census Engagement team, who attended our Dartford Larder sessions at both Tree and Temple Hill Community Centres to speak with residents about the 2021 Census, and how information from the census will shape future service provision.

This month saw a marked increase in men contacting us to find out more our **Men's Shed project**; we now have three new members supporting our repair café and gardening clubs, and we are looking forward to installing solar power into our physical shed to enable one of the members to set up a carpentry group. We also welcomed a new volunteer who, in addition to helping get Temple Hill Community Centre ready to open, has taken on administration of the repair cafes.

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We partnered with HomeStart Northwest Kent to deliver an online “**Healthy Home Cookery Club**” for families with additional support needs. We provided the cookery tutor, and HomeStart provided the families with slow cookers and ingredients. This proved to be a successful project, not only in terms of helping families prepare nutritious, tasty meals on a budget that the whole family could enjoy, but it developed a safe support network between the parents and identified a new volunteer “chef” who joined Healthy Living Centre Dartford as a volunteer for our Soup Dragon and Thyme to Cook projects.

We held our second virtual **Working Lunch** meeting via Zoom – 22 people attended to bring members up to date on their current activities and service offer.

We were pleased to welcome **Eco Gremlins** to our community Gardens. Eco Gremlins is a local group that runs environmental activities with children and their families, and they have taken on a raised bed to grow fruit and vegetables. We were also excited to be able to finally begin our recruitment campaign for our Growing Community project lead, whose role is to develop our food growing network across the borough.

In May HLCD staff undertook a **Prevent Venue Hire Guidance Meeting** to inform of steps to take when taking bookings for hiring the community halls. We also began online delivery of **HENRY** (Health, Exercise and Nutrition in the Really Young), a group programme that supports parents to increase their confidence in parenting, healthy eating and physical activity.

We recruited to the Growing Community project officer post, with the successful candidate due to start the role in July.

We were successful in our application for a grant of £14,500 from **Arts Council England** to work with the diverse local community; a series of workshops and storytelling with the aim to design and create an art installation at our community allotments.

Six HLCD volunteers successfully gained the **Emergency First Aid at Work** Level 3 qualification through our partnership with the Response programme.

We celebrated and thanked all our volunteers in **National Volunteers Week** by sending a home baked, decorated cookie and speciality tea through the post and an invitation to a celebration party once Covid restrictions allow.

Three of our volunteers and four other individuals achieved their **Food Safety Level 2** qualification through our partnership with the Response programme.

**Our Repair Cafes** opened again, with the activity taking place outside Tree community centre to ensure social distancing and fresh air reduced the risk of transmission of Covid 19.

We were thrilled to have successfully achieved a grant of £6,000 from the **St Joseph's Province Passionists** to run subsidised events and activities to bring the community back into the centres. This enabled us to begin robust planning for the autumn term for a series of physical activities at affordable prices to encourage the take up of exercise for all ages and abilities, including **yoga, tai chi, aerobics** for returners/beginners to exercise and higher intensity sessions.

### Quarter 2

At the end of July, we welcomed a young trainee to our team through the Kent Training and Apprenticeships Scheme.

Our Growing Community Project Officer joined the team in July, and quickly got to grips with the brief and has taken the project forward, preparing presentations for our key partners at the Dartford Science and

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Technology College and the Galaxy Trust group of academy primary schools. This exciting project aims to educate and provide practical support for local groups to grow food and improve biodiversity in the borough.

HLCD was invited to nominate a representative for the board of the Darent Valley Landscape Partnership Scheme, and the manager attended their first meeting this month.

We were successful in our applications to deliver **Holiday Activities and Food (HAF)** programmes at both Community Centres in August, up to £9,760 depending on numbers, and for Reconnect funding (£2,500) to provide monthly family activity sessions at Temple Hill Community Centre. We were also delighted to receive an award of £2,500 through **Sainsburys** and **Local Giving**, nominated by Fareshare in recognition of the community support we delivered over the pandemic.

We approached Dartford Borough Council to discuss Reconnect funding and **Summer Sizzler** opportunities and following these discussions we organised and facilitated a series of performing art workshops, including magic, djembe drumming, circus skills, junk and environmental modelling and steel pan workshops, and football skills workshops, across the borough on their behalf. We were generously supported by several local venues (Dartford Rugby Club, Wilmington Memorial Hall, Swanscombe and Greenhithe Town Council, Bean Parish Council and Dartford Football Club) who provided their venues at a very low cost or for free. The workshops were well received, particularly in the rural villages, who said there was very little activities for families to take part in their area and looked forward to more events like this in the future.

Our **Repair Café** volunteers delivered three sessions in August, two at Tree Community Centre and one at Temple Hill, and our Tai Chi sessions recommenced this month, with social distancing precautions in place. Discussions took place with Dartford Borough Council Head of Housing to begin negotiations of how the management of the community centres could be taken forward by HLCD, and with the Customer Services team to manage the transition of the Emergency Hub services to HLCD.

In August we delivered the **HAF** programme over 4 weeks of the Summer Holidays, engaging with 55 children aged between 4 and 11 and their parents/carers. Each of the weeks were themed – nature, science, community, and environment – with activities relating to each theme, cookery, physical activity and arts and crafts. We received an “outstanding programme” assessment from the funders, great feedback from the families and we greatly appreciated the excellent support from the staff team and volunteers who participated in this successful project.

Our catering volunteers prepared an excellent spread for the mayor's fundraising Bowls evening at Stone Bowls Club, which raised valuable funds for the charities supported, including Healthy Living Centre Dartford. This month saw the restarting of other activities and outside bookings (parties/churches/exercise sessions) at the community centres, which has enabled us to provide local part time **employment opportunities** for stewards and support staff.

We were delighted to find out that our application to **Tudor Trust** for funding for a coordinator to help support the development of Healthy Living Centre Dartford was approved with a grant of £100,000 over three years to pay salary and a contribution to our running costs. This success will enable us to deliver more with the local communities and continue to develop our business and delivery model.

It was extremely satisfying to restart our “normal” services in September, while continuing with the food support programmes.

Our volunteers and staff team provided an excellent afternoon tea event for 50 people to help raise funds for the Mayor's Charity. The catering volunteers also provided a buffet for 50 people for the HomeStart AGM, and provided refreshments for our **Arts at the Allotment** celebration event at the end of the month.

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#### Quarter 3

In October we were delighted to receive approval for our application to support two **Kickstart Scheme** placements by the Department of Work and Pensions. We look forward to welcoming two young Project Support Assistants in the near future to help them gain skills and knowledge to improve their chances of employment, as well as assisting Healthy Living Centre Dartford to deliver our programmes.

The Dartford **Amazon Distribution Centre** contacted us to offer the opportunity to become a charity donation partner. Their donations of food and hygiene products have enabled us to support Dartford Food Banks, HomeStart families, Life House and Porchlight beneficiaries and our own larder members.

We facilitated a 10-week **HomeStart Volunteer Training Course** at Temple Hill Community Centre, supporting this amazing partner organisation to enable up to 14 newly qualified volunteers to assist local young families in need.

As part of the Ebbsfleet Health and Wellbeing consultation events, Healthy Living Centre Dartford was invited to become part of the **Health Creation Network**, potentially using our **Working Lunch** network as a means of addressing connectivity across the Dartford, Gravesham and Swanley Clinical Commissioning Group.

We delivered two community lunch events in both Tree and Temple Hill Community Centres to celebrate **Cook and Share** month. These events included family friendly activities, arts and crafts, cookery demonstrations and food sharing. Funded by the ASDA foundation and the Soil Association, these events offered us the opportunity to promote all our organisation's activities and volunteering opportunities, particularly our Growing Community Project. Around 90 people attended each event.

The Growing Community Project Officer submitted a successful crowdfunding pitch to the Aviva Community Fund, following approval from the governors of Dartford Science and Technology College, to fund the initial start-up for an **Eco Centre and Food Forest** on the school site. The aims of the design are to increase biodiversity; provide a harvest of food and other materials for art and science projects; educate about the connection between food, nature and humans; inspire personal development and improve mental health; and develop community connections.

We continued to support **Mummy's Link Up**, by providing a venue for their activities at Tree Community Centre every month.

*'Healthy Living Dartford has been such an amazing support link to Mummy's Linkup this 2021. With their support we have been able to start our Rhyme Times session using the Tree Community Centre once a month. This has given mums and children within our group the opportunity to reconnect with friends and engage with activities in the community after the pandemic.'*

*Having this session has also helped us to welcome new mums to our group who were not aware of the services we provide as a group.*

*Mummy's Linkup had the opportunity to use Temple Hill Centre for our family fun day event where we also raised funds to support our project called MLU Little Gift Bag, which is supporting women experience pregnancy loss. We collaborated with Colourful Beginnings Charity who provide care packages and support for families with babies on the Neonatal Intensive Care Unit. We not only raised funds, we also had fun as a group, welcoming new families.*

*We look forward to working with Healthy Living Centre Dartford again in 2022 to create a safe community that both children and mums can come together to support and network with one another.'*

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With Covid restrictions easing, we were confident to restart our monthly **Tree Lunch Club**. Offering a home cooked two course meal, tea and coffee at affordable prices, and the opportunity to relax and socialise, we were very happy to welcome 20 new members this month.

Through our connections made with our **Growing Community Project**, the owners invited us to harvest the last crop of apples in November from their orchard in Chainhurst, Kent, which had reached the end of its productive life and was due to be turned over to meadowland to encourage biodiversity. The Healthy Living Centre Team took advantage of this glorious late autumn day to collect over 200kg of apples for our planned community apple-pressing day at our community allotment. We certainly got our 10,000 steps in that day, and our mental health received a boost by being out in all that fresh air connecting with nature! It was a great day where we learned so much about orchard maintenance, pollination techniques and how much hard work is involved to produce the UK's favourite fruit.

We were pleased to help facilitate **Mum and Baby Yoga** classes at Temple Hill Community Centre. Delivered by a local practitioner, these postnatal yoga classes for mum and baby, suitable for all levels of experience, incorporate gentle stretches and flows suitable for the postpartum body, focusing on breath work, core strength, pelvic floor work and increasing range of movement to ease stiffness. They also include sensory activities and nursery rhyme, aimed at keeping baby happy, settled, and aiding their physical development. The yoga sessions are followed by an open house coffee morning, accessible to mums who do not attend the exercise session, to help reduce isolation and loneliness for new mums.

**Community Apple Pressing Day.** We macerated and pressed the first few kilos of the apples we had harvested into fresh apple juice, which was mulled and shared between the attendees, along with roast chestnuts foraged from Dartford, sold on a "pay-what-you-feel basis". The event involved vigorous physical exercise in the macerating and pressing of the apples; strengthened communal ties by everyone working together to a common, and delicious, goal; and deepened the participants' connection to nature through the celebration of autumn and its fruits.

The Gardening Club volunteers, who also enjoyed working together and tasting the fruits of their labour, pressed the rest of the apples. We sold some of the resulting mulled juice at Christmas fairs at both HLCD and Dartford Science and Technology College, raising funds to support the **Eco Centre and Food Forest project**. This enabled us to network with local people interested in the project, including a potential strategic partner and delivery partners keen to work with the Growing Community Network.

One of our longstanding volunteers commenced weekly **Beginners French** sessions at Temple Hill Community Centre, following requests for more cultural activities from our service users.

Thirty-two members, including ten new recruits, representing 29 different organisations working in Dartford, attended **Working Lunch** in November. This networking and information exchange forum is a popular event and is regarded by its members as a useful opportunity to form new partnerships and keep updated with initiatives useful for their clients in the borough.

Nine students, including three Healthy Living Centre volunteers, successfully achieved their **Food Safety Level 2 accreditation** delivered by the Kent Adult Education **Response** Programme. We also facilitated a **Response Christmas Crafts** course, where fourteen participants enjoyed the social activity and wellbeing of creating hanging Christmas decorations together in a fun and engaging environment.

We commenced our recruitment campaign for the **Centre Coordinator** funded by **Tudor Trust**.

We finally took delivery of our shiny new van, funded by **The National Lottery Fund**, to help us with collection of our Larder goods from Fareshare Ashford and help support future community outreach programmes. One of our wonderful volunteers secured sponsorship for providing company livery by Axis Europe.

We commenced our four-week **Soup Dragon Hatchlings Cookery Club**, aimed at 7–11-year-olds to explore their creativity with food, using the eat well guide, have a go recipe ingredients and lots of fun activities.



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Seven young people participated, and thoroughly enjoyed the sessions, reporting they get involved with more cooking at home.

At the end of November we hosted our first **Christmas Fayre** at Temple Hill Community Centre, inviting local microbusinesses to sell their wares to the local community. We provided fun, food and entertainment to engage with residents. The event was exceptionally well attended, including a visit from the leader of Dartford Borough Council, and resulted in more awareness in the community of our Healthy Living projects and opportunities.

Our amazing café volunteers excelled themselves this year, providing superb seasonal fayre for local community groups in December. This included a buffet for 50 for the **Little Buddies** Christmas party, and three-course Christmas lunches for 40 **Over 55s Club** members and guests, 60 **HomeStart** Volunteers (both events supported by students from DSTC who helped prepare the rooms, serve the meals, and clear up afterward) and 30 **Tree Lunch Club** members. All who attended the events enjoyed their hard work, and excellent food.

We celebrated the outstanding work of our **volunteers** by throwing a Christmas party in their honour. The staff team tended to the volunteers to ensure they had an enjoyable evening, and that their contribution to the Healthy Living Centre Dartford is truly recognised and appreciated.

Dartford Borough Council asked us to support their "**Santa Tour**" at Temple Hill square, which we did by providing family arts and crafts activities, hot chocolate, and mince pies. We served around 150 people on the day and were able to engage with the local community to raise more awareness of our services.

**Business development.** We continued to explore potential partners for our Growing Community project, in particular the Galaxy Trust Primary Academies, the Health Creation Network, and local Primary Care Leads. We also met with Kent Sport and Cycling UK to explore funding opportunities to deliver more physical activity sessions in the new year and participated in the Whole Systems Approach to a Healthy Kent steering group.

#### Quarter 4

In the New Year, we facilitated delivery of weekly **Pregnancy Yoga** at Temple Hill Community Centre, delivered by the same local practitioner that delivers Mum and Baby yoga. This popular class, designed to help ease the aches and pains of pregnancy, as well as keep the expectant mother active and healthy, is suitable for all abilities and is running to capacity, with a healthy waiting list.

It was great to welcome our new Centre Coordinator, Catherine Crowhurst, in post. Her skill set will enhance our organisation and help us grow into the future.

Seven people took part in the Response course **Ebaying and Selling Online** delivered at our IT suite at the YMCA.

We took part in the consultation for Dartford Borough Council's **Food Security Strategy**, particularly around the community food growing initiatives, utilising our Working Lunch network to distribute the consultation for wider input to the strategy.

We were successful in our application to support Locality, in partnership with the Office of Health Improvement and Disparities, research into understanding our impact, as a **community anchor organisation**, on the wider determinants of health and quality of life of the communities we support. The resulting report is due in April 2022.

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The **Aviva Community Crowdfunding** campaign for the Food Forest and Eco Centre exceeded its £5k target, gained 125 supporters and was awarded an additional £10k as the funders were so impressed by the project. We are so excited to see a project that has taken so many years to plan (and held back to a great extent by the covid pandemic) finally come to fruition.

Some of the project supporter's comments:

- o *Inspiring the next generation to protect our climate, our natural resources and to inspire pupils to consider careers and opportunities in the natural world is a great thing!*
- o *A very good project for now and future years. It will promote wellbeing, teambuilding and help save the planet.*
- o *Hoping this project will help empower young people and connect them with their bountiful natural environment! Good luck!*
- o *This is a terrific long-term project for the pupils and the people of Dartford. It is a significant contribution towards saving and improving our planet in the year of COP 26. Well done*

**Business development.** We continued to explore potential partners to enhance services for our local communities. This month included meeting with RBLI employability officers, Safer Communities Alliance and the local Job Centre to reconnect with their customers regarding our volunteer and training opportunities that could support their journey into work.

Our versatile and multi-talented finance and admin officer, Debbie Dickinson, undertook **Food Champion Training** at the beginning of February to help enhance our offer of healthy cooking advice in the sessions she delivers, including supporting the **YMCA ReConnect** project cookery sessions for young people. Debbie also provided arts and craft activities for HomeStart families during the half term school holidays, and our café volunteers provided a buffet for the 50 adults and children who attended the session.

Dartford Borough Council contacted us to explore if we could support distribution of the **Household Support Grant** to families and individuals in need. Following conversations seeking advice on the process with North Kent Citizen's Advice Bureau, we agreed to deliver to the council's specifications, issuing supermarket vouchers and/or prepayment domestic fuel vouchers to help those in food or fuel poverty.

We were happy to be able to support the **local walking group's** "not" Christmas Lunch; our café volunteers provided a delicious three course "unseasonal" lunch to help the twenty-eight strong group celebrate their postponed festivities.

We were delighted to achieve a successful bid for the **Additional Restrictions Grant** through Dartford Borough Council to provide a series of events, entertainment and activities for the community in Temple Hill Square for the rest of 2022, the first to take place in the Easter Holidays.

Our long-standing partner organisation New Futures began delivery of the first of three **"Being Assertive"** courses at Temple Hill Community, with seven participants enrolled. The six-week "badge of excellence" accredited courses aim to improve participant's confidence and communication skills to help in their social, family and work life. Our café volunteers provided the refreshments.

We have been proud to support the **Mayor of Dartford's Charity**. The Worshipful Mayor of Dartford, Councillor Rosanna Currans has been raising funds for Healthy Living Centre Dartford, HomeStart and the Arrow Riding School in her year of tenure 2021 to 2022. To support the fundraising, we organised a charity race night, supported by Fleetdown United Football Club who generously allowed us to use their great clubhouse. Over eighty supporters joined in this enjoyable event, and together with the local businesses and individuals who sponsored the races and horses, we raised more than £1100 for the charity.

Earlier this year several organisations who were tendering for Kent's Universal **Wellbeing in the Community Contract** contacted us to discuss our potential as delivery partner. **Involve** won the contract, and we submitted our proposals for suitable activities to support delivery.

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The Growing Community Project bid to the **Kent Community Foundation Funding for the Environment** fund project was successful, to support the initial phases of the Eco Centre and Food Forest development.

March started out as an interesting month, as half the staff team succumbed to Covid 19 in the first two weeks! Our remarkable volunteer team stepped in and kept the operation running smoothly while the patients did what they could from home whilst recovering. We cannot thank the volunteers enough for taking on the additional responsibilities with such good grace and willingness.

March also began with our first **Working Lunch** of the year, with 30 attendees representing 23 organisations and 6 new members.

*"... as you know I love the event but I also know (the manager) is keen for other ladies in our team to attend as it's a really worthwhile event for everyone to meet faces, link names and network with the services - and even nab some direct mobile numbers of those we regularly or not so regularly link in with."*

Healthy Living Centre Dartford also received funding from the **KCC Digital Inclusion Fund**. This will enable us to buy new kit to deliver more, and more diverse, training sessions to reduce digital exclusion. We also received funding from **Kent Sport Together** and **Cycle UK**, which will enable us to train cycle leaders and support cycling groups, encouraging more people to get active through cycling. We are just awaiting permission to site a storage container for cycles to enable us to further develop our bicycle loan scheme.

Our first **Growing Community Steering Group** met – our partners include Dartford Science and Technology College, Galaxy Trust Primary Academies, Our Lady's Primary School, Spirit's Rest, Dartford Eco Gremlins, Dartford Friends of the Earth, Planet Dartford, and Big Barn. The enthusiasm for the project is immense, and we look forward to Growing Communities across the borough in the coming year, including working with the Dartford Central Primary Care Network to help develop growing spaces around their surgeries to benefit their patients and staff.

We were pleased when HomeStart asked us to host and cater for their **Cultural Event** in March, and our volunteers provided an excellent curry for lunch as requested for their participants.

We ran our second **Soup Dragons** cookery club for 7-11 year olds. Again, all enjoyed the sessions and feedback was really positive – increased confidence in the kitchen, enjoying trying new things and having fun with food.

Our two **Kick Start** placements started at the end of March – a welcome addition to the staff team as we prepare for an exceptionally busy and exciting year ahead.

We reinstated our volunteer workshops at the **Dartford Job Centre**, providing pathways for their customers work journey, informing the participants of the training and volunteer opportunities available at the Healthy Living Centre to help increase their skills and knowledge in preparation for employment.



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*From April 2021 to March 2022, Healthy Living Centre Dartford delivered:*

**95** Physical Activity Sessions (yoga/tai chi and circuit/box fit and cycling & walking), supporting **73** participants to increase their physical health and wellbeing.

**48** Go Online ITC sessions, helping **25** participants improve their digital skills and make new friends in a relaxing and inviting environment.

**23** Gardening Club sessions, with our small and enthusiastic team of green fingered champions helping to maintain the communal areas in the community garden and allotments, keeping things tidy, planting and pruning, enjoying the open air and getting physically active all at the same time.

**40** Thyme to Cook Cookery Club sessions, aimed at improving social connections and empowering participants to take control of their own activities. 15 participants regularly attended the weekly sessions across both Tree and Temple Hill centres, with reported improvements in confidence, cooking skills and making new friends.

**8** Hatchlings Cookery Club sessions for 7–11-year-olds, promoting healthy food options and encouraging creativity and food waste reduction. No recipes were supplied – just ingredients to fire imagination. 14 young people attended the sessions: all enjoyed the course 100%, with most young people reporting more confidence in the kitchen at home.

**23** Community Hub days, providing ideal opportunities to socialise, enjoy arts and crafts activities, an affordable home cooked meal, relax with a taster therapy session or bring broken things to the **Repair Café** to find out if they can be fixed our volunteer repair team, helping keep reparable items from landfill.

**10** English for Speakers of Other Languages training sessions, helping 10 parents of children in local schools improve their spoken and written English for everyday living in the UK.

**6** community lunches, providing an affordable 2 course meal for local people in a relaxed and friendly environment, reducing social isolation and encouraging wider peer networks. Each lunch has catered for an average of 20 clients, and the feedback has been extremely positive.

**101** Emergency food supplies to families in crisis in Dartford, supporting around **200** individuals.

**1352** Dartford Larder boxes to our members, collecting surplus food from Fareshare to redistribute in the community, reducing food waste and supporting members to stretch household budgets that little bit further. These boxes have supported over **1000** individuals.

**3** Working Lunch networking events, enabling professionals working in the area to update the members on their projects, meet potential partners and keep informed of other services in the area that may benefit their clients.

We also continued to provide a local venue for the Porchlight Community Outreach Team, Domestic Abuse One Stop Shop, and Alzheimer's and Dementia Support Services to deliver their projects.

We could not have achieved all this without the support of our **40** amazing volunteers, who this year gave at least **8,000** hours of their time to help us, and their local community, improve the health and wellbeing of Dartford residents.

Using an average of the national minimum wage (£8.91 per hour) and median wage (£15.65 per hour – *Statistica.com*) this equated to £98,240 – an absolutely huge in-kind contribution by, and for, the local community.

# HEALTHY LIVING CENTRE DARTFORD

## TRUSTEES' REPORT

**FOR THE YEAR ENDED 31 MARCH 2022**

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### Financial Review

The charitable company's incoming resources for the year ended 31 March 2022 totalled £318,713 (2021 - £199,516). Resources expended for the year totalled £179,726 (2021 - £113,174), giving net income for the year of £138,987 (2021: £86,342).

Funds brought forward totalled £156,483, giving total funds carried forward at 31 March 2022 of £295,470. Of these funds, £109,874 is general, free reserves.

#### **Reserves policy**

It is the policy of Healthy Living Centre Dartford to maintain unrestricted funds, which are free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure to provide sufficient funds to cover management, administration and support costs. There are currently 20 months of costs held in reserve. HLCD aim for the excess held in reserves to allow for any gaps in funding that have been experienced in recent years, enabling the charity to continue its activities during any cashflow issues.

#### **Risk management**

The Trustees have formally assessed business risks, and this has involved assessing the types of risk facing the charity, prioritising them in terms of the potential impact and likelihood of occurrence, and identifying means of mitigating the risks. As part of this process the Trustees have assessed the adequacy of the charity's internal controls and the costs of operating particular controls relative to the benefits obtained.

### Plans for the Future

HLCD continues to deliver on identified priorities – capacity building: strengthen and diversify board, improve strategic direction, marketing and impact reporting.

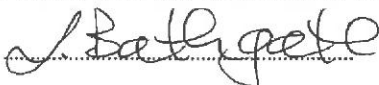
### Statement of Trustees Responsibilities

Charity law requires the Trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and of its financial activities that period. In preparing those financial statements, the Trustees are required to

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departure disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis;
- prepare financial statements that show a true and fair view.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees and signed on their behalf on 10th February 2023



L Bathgate  
Chair of Trustees

## HEALTHY LIVING CENTRE DARTFORD

### INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

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I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022, which are set out in pages 14 to 26.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. Accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Signed: .....

Dated: 16 February 2023

**Jonathan Healey FCA**  
**Lindeyer Francis Ferguson Limited**  
Chartered Accountants  
North House  
198 High Street  
Tonbridge  
Kent, TN9 1BE

## HEALTHY LIVING CENTRE DARTFORD

### STATEMENT OF FINANCIAL ACTIVITIES (including income and expenditure account) FOR THE YEAR ENDED 31 MARCH 2022

	Notes	2022 Restricted funds £	2022 Unrestricted funds £	2022 Total funds £	2021 Total funds £
<b>Income from:</b>					
Donations		-	3,543	3,543	2,317
Investments		-	18	18	45
Charitable activities	3	226,305	85,805	312,110	196,691
Other income		-	3,042	3,042	463
<b>Total income</b>		<b>226,305</b>	<b>92,408</b>	<b>318,713</b>	<b>199,516</b>
<b>Expenditure on:</b>					
Charitable activities	4	141,717	38,009	179,726	113,174
<b>Total expenditure</b>		<b>141,717</b>	<b>38,009</b>	<b>179,726</b>	<b>113,174</b>
<b>Net income</b>		<b>84,588</b>	<b>54,399</b>	<b>138,987</b>	<b>86,342</b>
Transfers between funds	12	( 30,274)	30,274	-	-
<b>Net movement in funds</b>		<b>54,314</b>	<b>84,673</b>	<b>138,987</b>	<b>86,342</b>
<b>Reconciliation of funds</b>					
Total funds at 1 April 2021 (as restated)		97,792	58,691	156,483	70,141
<b>Total funds at 31 March 2022</b>	<b>12</b>	<b>152,106</b>	<b>143,364</b>	<b>295,470</b>	<b>156,483</b>

The statement of financial activities includes all gains or losses for the period. All incoming resources and resources expended derive from continuing activities.

# HEALTHY LIVING CENTRE DARTFORD

## BALANCE SHEET AS AT 31 MARCH 2022

	Notes	£	2022 £	As restated 2021 £
<b>Fixed Assets</b>				
Tangible assets	8		33,490	6,372
<b>Current assets</b>				
Debtors	9	6,160		3,040
Cash at bank and in hand		262,329		151,234
		<u>268,489</u>		<u>154,274</u>
<b>Creditors: Amounts falling due within one year</b>	10	<u>( 6,509)</u>		<u>( 4,163)</u>
<b>Net current assets</b>			261,980	150,111
<b>Net assets</b>	12		<u>295,470</u>	<u>156,483</u>
<b>Funds of the charity</b>				
Restricted funds	12		152,106	97,792
Unrestricted funds	12		143,364	58,691
<b>Total funds</b>			<u>295,470</u>	<u>156,483</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that the members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities in complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 10th February 2023



L Bathgate  
Chair of the Trustees  
Charity number: 1142458  
Company number: 07409535

## HEALTHY LIVING CENTRE DARTFORD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

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#### 1 Status

Healthy Living Centre Dartford is a charitable company limited by guarantee without share capital incorporated in England & Wales. Each member has undertaken to contribute a sum not exceeding £10 towards the payment of the debts and liabilities of the charity incurred in the event of the company winding up. The address of the registered office is Tree Estate Community Centre, Cedar Road, Dartford, Kent, DA1 2RS.

#### 2 Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.

##### 2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Healthy Living Centre Dartford meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

There are no material uncertainties about the charity's ability to continue, and so the going concern basis of accounting has been adopted.

The financial statements are presented in pounds sterling and rounded to the nearest pound.

##### 2.2 Fund accounting

Restricted donations are available for the charity's use only in accordance with the terms under which, and for the purposes which, the funds were donated to the charity.

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

##### 2.3 Incoming resources

All incoming resources are included on the statement of financial activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

Income from donations and grants is recognised when the charity is entitled to the funds, the receipt is probable and the amount can be measured reliably. For donations, this is usually on receipt. For grants, this is usually when a formal offer is made in writing, unless the grant contains terms and conditions outside of the charity's control which must be met before the

Income from charitable activities is recognised over the period to which the income relates. Income received in advance of a service provision is accounted for as deferred income.

Investment income is included when receivable.

## HEALTHY LIVING CENTRE DARTFORD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

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#### 2.4 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes VAT which cannot be recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examination fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the statement of financial activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis, as set out in Note 4.

#### 2.5 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated realisable value of each asset over its expected useful life, as follows:

Plant and Equipment	25% reducing balance
Motor vehicles	3 years straight line
Computer equipment	3 years straight line

#### 2.5 Debtors

Trade and other debtors are recognised at the settlement amount due.

#### 2.6 Cash at bank and in hand

Cash at bank and in hand includes cash held in current accounts.

#### 2.7 Creditors

Creditors are recognised when a present legal or constructive obligation exists at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefits will be required to settle the obligation, and the amount can be estimated reliably.

All creditors are initially recognised at transaction price. Accruals are subsequently measured at the settlement amount.

#### 2.8 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

#### 2.9 Pension contributions

The charity makes defined contributions into employee private pension schemes. Contributions are charged to the statement of financial activities as they become payable in accordance with contract terms.

## HEALTHY LIVING CENTRE DARTFORD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 2.10 Fund accounting

Unrestricted funds are those funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes.

#### 3 Charitable activities

	2022 £	2021 £
The National Lottery - Growing Community	75,000	75,000
Kent County Council - Public Health Grant	38,800	38,800
Dartford Larder	10,837	23,803
Postcode Local Trust	-	20,000
The National Lottery - Covid Recovery	-	19,990
Awards For All - Soup Dragons	-	10,000
Kent Community Foundation	3,000	8,100
Feed the Community (ASDA)	691	600
Café	3,036	190
Other small grants and activities	4,254	208
Tudor Trust	33,333	-
Dartford Borough Council - Hospitality and Leisure Grant	30,000	-
Aviva Community Fund - Eco Centre and Food Forest	16,231	-
Dartford Borough Council - Household Support Grant	15,000	-
Arts Council England - Arts at the Allotment	14,500	-
Dartford Borough Council - Temple Hill Community Centre	11,627	-
Dartford Borough Council - Club Together	10,000	-
Kent Community Foundation - Digital Inclusion Fund	9,839	-
Kent County Council - Holiday Activities and Food	9,760	-
St Josephs Province Passionists	6,000	-
Kent Sport - Active Travel	4,852	-
Dartford Borough Council - Summer Sizzlers	4,800	-
Kent Community Foundation - Fund for the Environment	4,050	-
Local Giving - Community Support	2,500	-
Kent County Council - Reconnect	2,500	-
We Are Cycling UK	1,500	-
	<b>312,110</b>	<b>196,691</b>

The comparative figure includes £137,503 of restricted income.



## HEALTHY LIVING CENTRE DARTFORD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 4 Costs of charitable activities

	2022 £	2021 £
<b>Healthy Living</b>		
Direct activity costs	57,640	39,353
Direct staff costs	88,390	30,086
	<u>146,030</u>	<u>69,439</u>
<b>Support costs</b>		
Wages and salaries	18,921	36,412
Software Subscription	-	283
Cleaning	490	-
Telecommunications	455	-
Printing, postage and stationery	204	848
Advertising	541	-
Travelling	375	102
Professional fees	1,388	1,757
Sundry expenditure	1,169	444
Training	-	12
HR services	1,293	1,515
Subscriptions	588	244
Stewarding	928	-
Depreciation	5,125	882
Bank Charges	58	-
Catering and entertainment	890	-
Governance		
Independent examiner's fee	1,271	1,236
	<u>33,696</u>	<u>43,735</u>
<b>Total cost</b>	<u>179,726</u>	<u>113,174</u>

The comparative figure includes £61,897 of restricted expenditure.

#### 5 Staff Costs and Numbers

	2022 £	2021 £
Staff costs were as follows:		
Salaries	102,575	64,227
Social security costs	3,207	1,096
Pension	1,529	1,176
	<u>107,311</u>	<u>66,498</u>

No employee received emoluments of more than £60,000.

Key management is considered to consist of the Centre Manager. The total remuneration of key management personnel was £38,003 (2021: £39,686).

## HEALTHY LIVING CENTRE DARTFORD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 5 Staff Costs and Numbers (continued)

The average weekly number of employees during the year, calculated on the basis of full time equivalents, was as follows:

	2022 No	2021 No
Administration	1	2
Project workers	2	2
	<u>3</u>	<u>4</u>

#### 6 Trustees Remuneration

No trustee received any remuneration during the year, or reclaimed any expenses.

#### 7 Taxation

As a registered charity, Healthy Living Centre Dartford is exempt from tax on income and gains falling within Section 505 of the Taxes Act 1988 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

#### 8 Tangible fixed assets

	Plant and Equipment £	Motor vehicles £	Computer equipment £	Total
<b>Cost or valuation</b>				
At 1 April 2021	-	-	7,257	7,257
Additions	1,423	29,149	1,671	32,243
Revaluation	-	-	-	-
At 31 March 2022	<u>1,423</u>	<u>29,149</u>	<u>8,928</u>	<u>39,500</u>
<b>Depreciation</b>				
At 1 April 2021	-	-	885	885
Charge for the year	118	2,429	2,578	5,125
On disposals	-	-	-	-
At 31 March 2022	<u>118</u>	<u>2,429</u>	<u>3,463</u>	<u>6,010</u>
<b>Net book value</b>				
At 31 March 2022	<u>1,305</u>	<u>26,720</u>	<u>5,465</u>	<u>33,490</u>
At 31 March 2021	<u>-</u>	<u>-</u>	<u>6,372</u>	<u>6,372</u>

## HEALTHY LIVING CENTRE DARTFORD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 9 Debtors: amounts falling due within one year

	2022 £	2021 £
Fees for services	3,418	213
Prepayments	2,545	2,827
Other Debtors	197	-
	<u>6,160</u>	<u>3,040</u>

#### 10 Creditors: amounts falling due within one year

	2022 £	2021 £
Amounts due to suppliers	2,218	1,407
Taxation and social security	2,400	1,424
Accruals	1,797	1,260
Funds held for other organisations	94	72
	<u>6,509</u>	<u>4,163</u>

Funds held as agent:

The following income was received, and expenditure met, on behalf of the other organisations which have their funds held by Healthy Living Centre Dartford:

GOSH - £22 income received.

#### 11 Control

The charitable company is controlled by its members.

There is no one ultimate controlling party.

## HEALTHY LIVING CENTRE DARTFORD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 12 Movement in funds

	As restated At 31 March 2021 £	Incoming resources £	Outgoing resources £	Transfers £	At 31 March 2022 £
<b>Restricted funds</b>					
Dementia Café	202	-	(202)	-	-
Henry	6,223	-	(1,225)	-	4,998
Thyme to Cook	5,256	-	(1,076)	-	4,180
Allotment	1,471	-	(341)	-	1,130
Arts Council England - Arts at the Allotment	-	14,500	(13,519)	-	981
Holiday Club	645	-	(645)	-	-
Edible Ebbsfleet	1,104	-	-	-	1,104
Community Health Network	493	-	(493)	-	-
KCC - Bicycle stand	1,500	-	-	-	1,500
Dartford Larder	20,383	4,700	(22,909)	-	2,174
Growing Community	30,515	75,000	(72,671)	(30,000)	2,844
Postcode Local Trust	20,000	-	(8,630)	-	11,370
Awards For All - Soup Dragons	10,000	-	(4,943)	-	5,057
Kent Community Foundation - Fund for the Environment	-	4,050	(36)	-	4,014
Kent Community Foundation - Digital Inclusion Fund	-	9,839	-	-	9,839
Dartford Borough Council - Club Together	-	10,000	(425)	-	9,575
We Are Cycling UK	-	1,500	-	(274)	1,226
Kent County Council - Reconnect	-	2,500	(2,500)	-	-
Dartford Borough Council - Summer Sizzlers	-	4,800	(4,800)	-	-
Dartford Borough Council - Household Support Grant	-	15,000	(45)	-	14,955
Dartford Borough Council - Hospitality and Leisure Grant	-	30,000	(54)	-	29,946
Tudor Trust	-	33,333	(7,203)	-	26,130
Aviva Community Fund - Eco Centre and Food Forest	-	16,231	-	-	16,231
Kent Sport - Active Travel	-	4,852	-	-	4,852
<b>Total restricted funds</b>	<b>97,792</b>	<b>226,305</b>	<b>(141,717)</b>	<b>(30,274)</b>	<b>152,106</b>
<b>Unrestricted funds</b>					
General funds	58,691	92,408	(38,009)	30,274	143,364
<b>Total unrestricted funds</b>	<b>58,691</b>	<b>92,408</b>	<b>(38,009)</b>	<b>30,274</b>	<b>143,364</b>
<b>Total funds</b>	<b>156,483</b>	<b>318,713</b>	<b>( 179,726)</b>	<b>-</b>	<b>295,470</b>

## HEALTHY LIVING CENTRE DARTFORD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 12 Movement in funds (continued)

##### Prior Year

	As restated At 1 April 2020 £	Incoming resources £	Outgoing resources £	Transfers £	As restated At 31 March 2021 £
<b>Restricted funds</b>					
Dementia Café	202	-	-	-	202
Henry	6,273	-	(50)	-	6,223
Thyme to Cook	5,633	-	(377)	-	5,256
Allotment	3,073	4	(1,606)	-	1,471
Kent County Council - Holiday Activities and Food	1,415	-	(770)	-	645
Edible Ebbsfleet	1,181	-	(77)	-	1,104
Community Health Network	957	-	(464)	-	493
KCC - Bicycle stand	1,500	-	-	-	1,500
Dartford Larder	-	25,544	(5,161)	-	20,383
Growing Community	-	75,000	(44,485)	-	30,515
Postcode Local Trust	-	20,000	-	-	20,000
Awards For All - Soup Dragons	-	10,000	-	-	10,000
Feed the Community (ASDA)	-	600	(806)	206	-
Kent Community Foundation	-	8,100	(8,100)	-	-
<b>Total restricted funds</b>	<b>20,234</b>	<b>139,248</b>	<b>(61,896)</b>	<b>206</b>	<b>97,792</b>
<b>Unrestricted funds</b>					
General funds	49,907	60,268	(51,278)	(206)	58,691
<b>Total unrestricted funds</b>	<b>49,907</b>	<b>60,268</b>	<b>(51,278)</b>	<b>(206)</b>	<b>58,691</b>
<b>Total funds</b>	<b>70,141</b>	<b>199,516</b>	<b>(113,174)</b>	<b>-</b>	<b>156,483</b>

**Growing Community:** Funded by the National Lottery Community Fund, this is a two part project. Part one is to support the growth of skills, knowledge and resilience in our local communities that improve health and wellbeing. Part two is to coordinate, facilitate and develop a thriving food network across the borough; to create healthy communities through fresh food initiatives that support and develop community ownership of, and increase in, local food production; and to address skills, employment training and education that contribute to food security and sustainability. As agreed with the funder, £30,000 of this fund was used to purchase a van during the year, hence the transfer to general funds in the period.

**Dementia Café:** Kent County Council and Bluebird have given grants for the set up and running of St Edmund's, Living Well Dementia Friendly Café, with the aim of stimulating and putting the fun back into the lives of people living with dementia.

## HEALTHY LIVING CENTRE DARTFORD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

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#### 12 Movement in funds (continued)

**Henry:** A Kent County Council Early Years grant to train facilitators and to deliver the HENRY (Health Exercise and Nutrition in the Really Young) programme in target areas in Dartford to support the healthy weight agenda.

**Thyme & Cook:** To develop a cookery club with local people to help reduce social isolation and build community links and resilience.

**Holiday Club:** Several grants were received during the prior year to facilitate a holiday lunch club during the school holidays.

**Eddible Ebbsfleet:** A community growing project to encourage the production of locally grown fruit and vegetables.

**KCC Bicycle Stand:** Funding was obtained from KCC to erect a new bicycle stand. This will be built in the coming financial years.

**Dartford Larder:** This project aims to help those in food need, and funding was received from Dartford Borough Council to extend this offer to the community for shopping support and prescription collection.

**Postcode Local Trust:** This was a contribution from the Postcode Local Trust towards the Growing Community project.

**Awards For All - Soup Dragons:** This funding provides cookery courses for 7-11 year olds, to encourage having fun with food.

**Kent Community Foundation - Fund for the Environment:** Funding was received to help support the initial phases of the Eco Centre and Food Forest development.

**Kent Community Foundation - Digital Inclusion Fund:** Funding was received to purchase laptops to run courses aimed at reducing digital exclusion.

**We Are Cycling UK:** Funding was received from We Are Cycling UK for the purchase of cycling equipment, and £274 was spent on bicycles during the year which have been capitalised, hence the transfer to general funds.

**Dartford Borough Council - Club Together:** This funding was received to contribute towards the purchase of a panel van and its future running costs.

**Kent County Council - Reconnect:** This funding has allowed us to hold monthly family activity sessions at Temple Hill Community Centre.

**Dartford Borough Council - Summer Sizzlers:** This funding facilitated a series of performing art workshops, including magic, djembe drumming, circus skills, environmental modelling, and football skills workshops.

## HEALTHY LIVING CENTRE DARTFORD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 12 Movement in funds (continued)

**Dartford Borough Council - Household Support Grant:** This is for the management of the community centres on behalf of Dartford Borough Council, and running Emergency Hub services.

**Dartford Borough Council - Hospitality and Leisure Grant:** This grant was received to provide a series of events, entertainment and activities for the community in Temple Hill Square.

**Tudor Trust:** The grant was provided to cover the salary costs of the centre coordinator, in order to help the charity develop its business and delivery model.

**Aviva Community Fund:** This funding was received to fund the development of the Eco Centre and Food Forest at Dartford Science and Technology College, in order to: increase biodiversity and provide a harvest of food and other materials for art and science projects and educate about the connection between food, nature and humans.

**Kent Sport - Active Travel:** The grant was received to help the Wobblers and Wibblers initiative in the Temple Hill area, to increase the number of people cycling.

#### 13 Analysis of net assets between funds

	Restricted funds £	General funds £	Total funds £
Fixed assets	-	33,490	33,490
Current assets	152,106	116,383	268,489
Current liabilities	-	( 6,509)	( 6,509)
	<u>152,106</u>	<u>143,364</u>	<u>295,470</u>

#### Prior Year

	Restricted funds £	General funds £	Total funds £
Fixed assets	-	6,372	6,372
Current assets	97,792	56,482	154,274
Current liabilities	-	( 4,163)	( 4,163)
	<u>104,041</u>	<u>52,442</u>	<u>156,483</u>

## HEALTHY LIVING CENTRE DARTFORD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

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#### 14 Prior period restatement

For the year ended 31 March 2020, an adjustment has been made to the 'Allotment' restricted fund to recognise £5,820 of costs that had been previously recognised as unrestricted. In addition the 'Moat Tea Dance' restricted fund was £nil at 31 March 2020, and has been reduced by £429. As such, the comparative amounts have been restated, to reduce brought forward restricted funds at 1 April 2020 and 1 April 2021 by £6,249.

£20,000 in the prior year is shown as restricted income in relation to 'Postcode Local Trust' rather than being incorporated within the 'Growing Community' restricted fund. Whilst both funds are for similar projects, they are unique and should be shown separately in the accounts. This only affects Note 12 presentationally and does not change total restricted funds as at 31 March 2021.

#### 15 Related party transactions

There were no related party transactions during the period.