

Healthy Living Centre Dartford

Trustees' Report

**Including Financial Report
& Statements**

1 April 2020 – 31 March 2021

Registered Charity: 1142458

Registered Company: 07409535

HEALTHY LIVING CENTRE DARTFORD
Report and financial statements

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HEALTHY LIVING CENTRE DARTFORD

LEGAL AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31 MARCH 2021

Charity name	Healthy Living Centre Dartford
Charity registration number	1142458
Company registration number	07409535
Registered office and operational address	Tree Estate Community Centre Cedar Road Dartford Kent DA1 2RS
Directors and Trustees	Ms L Bathgate Mr S Grimsey Mrs R Neale (Appointed 28 September 2020) Mrs P Burleigh (Appointed 27 January 2021) Mrs A Allen (Deceased 21 October 2021)
Independent Examiner	Jonathan Healey FCA Lindeyer Francis Ferguson Limited 198 High Street Tonbridge Kent TN9 1BE
Bankers	HSBC Bank plc 38 High Street Dartford Kent DA1 1DG

HEALTHY LIVING CENTRE DARTFORD

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

We are pleased to present our annual report together with the independently examined financial statements of the charity for the year ended 31 March 2021.

Legal and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, including "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019) (Charities SORP (FRS 102)).

Structure, Governance and Management

The company is a charity registered with the Charity Commission and registered under the Companies Act 2006 as a Company limited by guarantee. Each member has undertaken to contribute a sum not exceeding £10 towards the payment of the debts and liabilities of the charity incurred in the event of the company winding up.

The company is managed on behalf of the members by a Board of Directors, who are also Trustees of the charity. The Directors provide their services to the management of the charitable company free of charge. None of the Directors had a material interest in any contract of significance to which the charitable company was a party during the year, nor has any beneficial interest in the charitable company.

Management and governance arrangements

At each Annual General Meeting the number of directors as is nearest to one third must retire. The charity may by ordinary resolution determine the rotation in which directors are to retire.

As set out in the Articles of Association, the charitable company may by ordinary resolution appoint a person who is willing to act to be a director. No person other than a director retiring by rotation may be appointed at any general meeting, unless not less than fourteen days nor more than thirty five clear days before the date of the meeting the charity is given notice that is signed by a member entitled to vote, states the members intention to propose the appointment of a person as a director, contains the details that, if the person were to be appointed, the charitable company would have to file at Companies House and is signed by the person who is proposed to show their willingness to be appointed.

The day to day administration of the charitable company is under the control of the manager, Sharon Phillips. The manager is responsible to the Board of Directors. The charitable company employs a total of 4 staff.

Public benefit

The directors have paid due regard to guidance issued by the Charity Commission in deciding what activities the charitable company should undertake. We are satisfied that all our activities support our charitable objectives and that consideration is given to the fulfilment of these when new activities are considered. All of our activities address (some or all of) the following subjects which form part of the Healthy Living Centre Dartford's ("HLCD") aims: physical health, emotional wellbeing, the relief of poverty and education.

HEALTHY LIVING CENTRE DARTFORD

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

Objectives and Activities

The charity's objects are defined by its Memorandum of Association as:

- The relief of sickness and the preservation of health among people residing permanently or temporarily in Dartford and the surrounding areas.
- The relief of unemployment for the benefit of the public as such ways as may be thought fit, including assistance to find employment.

The aims of our charity are to improve health and wellbeing and reduce health inequalities within the borough of Dartford through education and the provision of services to the community.

Achievements and Performance

The Coronavirus outbreak led to the suspension of all our group programmes and activities. We made as much effort as possible to keep our volunteers and clients actively engaged online – we provided links to online training, exercise and cookery sessions and kept in touch regularly by phone and email. Two of our exercise providers set up online sessions for the groups, and our volunteer tutor delivered weekly online sessions to her ESOL students, keeping in touch between lessons through their WhatsApp group.

We continued to keep our Working Lunch Network updated on local service provision, and promoted public health awareness messages through our social media networks. We conducted our first virtual meeting in January 2021, which proved successful, welcoming new members and catching up with service providers and services available within the community.

The decision to make food and health the focus of Healthy Living Centre Dartford activities proved to be the right one, as we positioned ourselves to support the local community's access to food through the initial stages of the lockdown.

With the support of dedicated volunteers, we continued to distribute food surplus throughout the year. We dispensed thousands of bottles of orange juice donated by Compass UK Ltd via DHL Sainsburys to five local primary schools, YMCA Dartford residents, North West Kent Age UK food delivery service, Dartford Food bank, local postal workers and refuse collectors, residents and volunteers. We also made up and distributed "Film Night-In" goody bags from stock donated by the Orchard Theatre to some of our Healthy Holiday Club families, and hundreds of loaves of bread, pastries and fresh and chilled products, perfectly good to eat, donated by Fareshare Go, to local residents from outside the community centre. Just before Christmas, Fareshare London directed us to the local ASDA.Com facility to collect surplus fresh vegetables – we distributed over 150 bags of fresh potatoes, parsnips, carrots and broccoli to local residents on Christmas Eve.

We supplemented emergency food parcels, distributed by the council's Emergency Hub, with fresh and chilled produce purchased from Fareshare, and in mid-June 2020 following discussions with Dartford Borough Council, we took on the management and delivery of these emergency parcels to residents in need, utilising the storage space at Tree Community Centre as a food warehouse. We also worked in partnership with YMCA Thames Gateway to support families identified by local family liaison officers as in need of food support over the school holidays by distributing "Happiness Hampers". During that time, we developed our "Dartford Larder" scheme using Fareshare goods, primarily to reduce food waste, but consequently to help reduce food poverty, and delivered this through two community centres in Dartford with the support of a project lead funded by Kent Community Foundation.

Our food projects have served more than 300 families, over 900 individuals, with over 1500 bags and hampers of food distributed. We also provided 1500 hot, fresh cooked two-course meals for vulnerable people during lockdown. In addition to this, we purchased a large amount of stock from Fareshare to support the Dartford Foodbank.

HEALTHY LIVING CENTRE DARTFORD

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

We managed to complete this work only through the amazing efforts of 30 wonderful volunteers, who collected and shopped for provisions, established a stock control system, donated fridge and freezer storage, picked, packed and delivered food parcels and cooked meals within our community, and staffed the surplus food tables. All the volunteers handling food successfully achieved Level 2 qualifications in Food Safety. Kent Community Foundation supported us with funding, which enabled us to employ a temporary community development worker to lead the food projects. Our volunteers and staff operating during the pandemic were also able to take up the opportunity to be vaccinated offered through Kent County Council.

The "surplus food" table we located outside the community centre has provided an excellent community engagement opportunity – local people have been able to connect with and support each other, find out about services and help available, tell us about their wants for the community and have shared their surplus food from their allotments and gardens.

For a short period between lockdowns, we were able to commence our Thyme to Cook sessions once a week, a weekly cookery club for fun and socialising. However, it was only for a couple of weeks, but the members keep in touch through their WhatsApp Group. We also delivered some outdoor "Repair Cafes", focussing on cycle repairs to encourage more cycling while the roads were quieter due to lockdown.

In April and May 2020, we saw marked increase in activity at our community gardens, with many new plot holders and supporters taking an active part growing their own fruit and veg and developing a wildlife habitat to support the pollinators and natural pest eaters on the site. Our long-awaited watering system was finally established, and the site used as a covid safe space to welcome the return of the gardening club and repair café members: in between lockdowns they constructed a new composting area, built workbenches in the Men's Shed and generally helped maintain the community areas of the site. This provided opportunities for socialising and connecting, which many of our volunteers and clients reported as much needed after extensive periods of social isolation due to lockdown.

In May 2020, we were delighted to hear we were successful in our bid to the Local Postcode Trust (Postcode Lottery) to increase community access to outdoor space. This will enable us to engage a Horticultural Therapist to support our Growing Community food network project once it is safe to do so.

We were fortunate to receive support by some professional volunteers through Stronger Kent Communities. They gave their time to update our website and assist with our business planning, which was of huge benefit to Healthy Living Centre Dartford. We also received support from Statisticians for Society to help us make the best use of data to assist with our impact reporting and design of our bespoke CRM system, which is currently in the testing phase.

In August 2020, we began our recruitment campaign for a Finance and Administration officer, and successfully recruited to post in September. However, the successful applicant resigned shortly after taking up post due to family issues, so between November and January we were "admin" less again. Fortunately, in January our new officer joined the team, taking our social media engagement to a new level and keenly assuming responsibility for some cookery projects, training with the Tesco Community Cookery School and delivering online cookery sessions, and becoming actively involved in promoting food growing and managing our seed swap initiative.

In September 2020, we began delivery of "Dartford Wobblers", a cycling group for women returning to cycling. This popular physical activity provided a safe, enjoyable and manageable route along the Thames pathway, and an opportunity for socialising. "The Wobblers" group developed from this, supporting very nervous returners to cycling with a ride in the local park. Unfortunately, the second lockdown in November 2020 put an end to this activity, but it will return later in the year, with one member of the group committing to training to enable her to lead the rides.

HEALTHY LIVING CENTRE DARTFORD

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

Throughout the lockdowns we continued to work in partnership with Kent Adult Education, promoting through our networks and facilitating a variety of courses both in community settings and online to help with mental and physical health, learn practical skills, achieve accreditation in vocational support courses, help with employability and just have some fun whilst in isolation due to lockdown. Thirty people participated in the various courses delivered.

In October 2020, following conversations with officers at Dartford Borough Council, Healthy Living Centre Dartford took on a Tenancy-at-Will at the vastly underused and amazing asset of Temple Hill Community Centre, sited in one of the most deprived areas in Dartford. Our volunteers and staff have given many hours of their time organising and cleaning the centre to prepare for opening. Our ambition is to bring this centre into productive use, a base for community activity and a centre for community engagement, in the same way as we revitalised Tree Community Centre. We currently deliver "Dartford Larder" from both centres and provide a venue for Porchlight to meet with their vulnerable clients.

In March 2021, we felt confident to advertise our Growing Community Project Lead, and we are thrilled to have successfully recruited to the post, which will enable us to push forward our food network and growing project in summer 2021.

Healthy Living Centre Dartford is proud to have become an accredited Living Wage employer this year.

Volunteer Contribution

In the year ending March 2021, 38 HLCD volunteers had committed an average of 564 hours of their time per month to the projects (over 9 months of delivery) or 5,076 hours for the year. Calculating the monetary value of volunteer time, using an average of the national minimum wage (£8.21 per hour) and median wage (£15.14 per hour - Statista.com) this equated to £59,262 - a massive in-kind contribution to the local community.

Moving Forward

We are grateful that The National Lottery Fund has allowed us to convert our underspend on salaries, due to the inability to recruit to our Growing Community Project Officer, to capital funds to allow us to purchase a commercial vehicle. This will enable us to do considerably more work within a wider area of the borough, such as pop-up cookery and arts clubs, help with our growing project and collection of food from Fareshare in Ashford.

We are excited for the future, and we look forward to developing more activities, partnerships and community networks to support the recovery after covid and grow stronger, more connected communities in Dartford and develop better and healthier relationships with food.

Testimonials

"My children and I cannot thank you and the rest of the team enough. Yesterday, you all gave us a warm reception and made the children feel loved. The foodstuff sent to us will help go a long way. God richly bless you and everyone who made today a memorable one and to put smiles on our faces. There are not many kindnesses out there anymore but you have made the difference. Thank you again."

"Thank you so much for helping my family today. I've always been ashamed to ask for help as I work but I'm a single mum to five kids and really struggling at the moment. We had nothing in the fridge or freezer so I'm truly grateful."

"Just wanted to say a huge thank you to you and all the team. It means so much being able to have the help I need but be able to feel I'm putting something towards it too. This is such a hard time for a lot of people and the last couple of weeks have been a lot easier because of your service. You are all very kind and welcoming and the children were already talking this morning about what we might get today!"

"Thank you so much and especially for continuing on through lockdown."

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TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

"I would like to say thank you for giving me the opportunity to participate in your food waste reduction scheme. I am a big supporter of recycling, food waste reduction, etc and I think whoever came up with this idea and put it all together deserves recognition. The scheme also supports our community by offering affordable weekly grocery shopping. When I collected my first bags of food I was overwhelmed with the quality and quantity of the products. Some of them were top quality, things that I wouldn't normally buy on a regular basis due to the cost."

"I like not knowing what food will be in the bags each week as it makes me more creative with my cooking and preparing meals. I am also excited to be getting food that I wouldn't normally buy so I can experiment and learn new things."

"I would like to say thank you to everyone who works with you and to all volunteers for the effort and passion. You are all fantastic!!!"

"Just want to say a huge thank you to you and the team for the food box. I am amazed at what I have received. I will divide and pass some to my next-door neighbours. All the carrots I had on Monday I made into soups and I have given them out to neighbours both sides."

"Just wanted to give you an update. I still look forward to my weekly goodie box. From the veggies I have made loads of soups and gave to my elderly neighbours; they now look forward to what the soup of the week will be! Top of the list is Curried Parsnip, Moroccan Chickpea, Chicken Sweetcorn & Noodle. A couple of weeks ago there was a load of celeriac so with that I made a lovely celeriac soup and that went down with loads of praise. The flour from one week was used to make pies by my friend and cakes by my son in law. All in all I just want to say (to the team) what a great job they are doing. Thank you."

"What you have been doing so far is amazing and it deserves a huge recognition. Thank you and big thanks to all volunteers. Everyone at the Tree estate Community Centre is truly amazing. Positive energy and enthusiasm is seen every time I see you guys!!!"

Financial Review

The charitable company's incoming resources for the year ended 31 March 2021 totalled £199,516 (2020 - £88,775). Resources expended for the year totalled £113,174 (2020 - £92,221), giving net income for the year of £86,342 (2020 - net resources expended of £3,446).

Funds brought forward totalled £70,141, giving total funds carried forward at 31 March 2021 of £156,483. Of these funds, £52,442 is general, free reserves.

Reserves policy

It is the policy of Healthy Living Centre Dartford to maintain unrestricted funds, which are free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure to provide sufficient funds to cover management, administration and support costs. There are currently 9 months of unrestricted costs held in reserve. HLCD aim for the excess held in reserves to allow for any gaps in funding that have been experienced in recent years, enabling the charity to continue its activities during any cashflow issues.

Risk management

The Trustees have formally assessed business risks, and this has involved assessing the types of risk facing the charity, prioritising them in terms of the potential impact and likelihood of occurrence, and identifying means of mitigating the risks. As part of this process the Trustees have assessed the adequacy of the charity's internal controls and the costs of operating particular controls relative to the benefits obtained.

HEALTHY LIVING CENTRE DARTFORD

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

Plans for the Future

HLCD continues to deliver on identified priorities – capacity building: strengthen and diversify board, improve strategic direction, marketing and impact reporting.

Statement of Trustees Responsibilities

Charity law requires the Trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and of its financial activities that period. In preparing those financial statements, the Trustees are required to

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departure disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis;
- prepare financial statements that show a true and fair view.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees and signed on their behalf on



.....
L Bathgate
Chair of Trustees

HEALTHY LIVING CENTRE DARTFORD

INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF HEALTHY LIVING CENTRE DARTFORD ("the company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021, which are set out in pages 9 to 20.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. Accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Signed:

Dated: 14 FEBRUARY 2022

Jonathan Healey FCA
Lindeyer Francis Ferguson Limited
Chartered Accountants
North House
198 High Street
Tonbridge
Kent, TN9 1BE

HEALTHY LIVING CENTRE DARTFORD

STATEMENT OF FINANCIAL ACTIVITIES

(including income and expenditure account)

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	2021 Restricted funds £	2021 Unrestricted funds £	2021 Total funds £	2020 Total funds £
Income from:					
Donations		1,746	571	2,317	3,933
Investments		-	45	45	117
Charitable activities	3	137,503	59,188	196,691	83,728
Other income		-	463	463	997
Total income		139,249	60,267	199,516	88,775
Expenditure on:					
Charitable activities	4	61,897	51,277	113,174	92,221
Total expenditure		61,897	51,277	113,174	92,221
Net income		77,352	8,990	86,342	(3,446)
Transfers between funds	12	206	(206)	-	-
Net movement in funds		77,558	8,784	86,342	(3,446)
Reconciliation of funds					
Total funds at 1 April 2020		26,483	43,658	70,141	73,587
Total funds at 31 March 2021	12	104,041	52,442	156,483	70,141

The statement of financial activities includes all gains or losses for the period. All incoming resources and resources expended derive from continuing activities.

HEALTHY LIVING CENTRE DARTFORD

BALANCE SHEET AS AT 31 MARCH 2021

	Notes	£	2021 £	£	2020 £
Fixed assets					
Tangible assets	8		6,372		-
Current assets					
Debtors	9	3,040		3,741	
Cash at bank and in hand		151,234		69,732	
		154,274		73,473	
Creditors: Amounts falling due within one year	10	(4,163)		(3,332)	
Net current assets less current liabilities			150,111		70,141
Net assets	12		156,483		70,141
Funds of the charity					
Restricted funds	12		104,041		26,483
Unrestricted funds	12		52,442		43,658
Total funds			156,483		70,141

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that the members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities in complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on.....14.02.2022



.....
L Bathgate
Chair of the Trustees
Charity number: 1142458
Company number: 07409535

HEALTHY LIVING CENTRE DARTFORD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1 Status

Healthy Living Centre Dartford is a charitable company limited by guarantee without share capital incorporated in England & Wales. Each member has undertaken to contribute a sum not exceeding £10 towards the payment of the debts and liabilities of the charity incurred in the event of the company winding up. The address of the registered office is Tree Estate Community Centre, Cedar Road, Dartford, Kent, DA1 2RS.

2 Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Healthy Living Centre Dartford meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

There are no material uncertainties about the charity's ability to continue, and so the going concern basis of accounting has been adopted.

The financial statements are presented in pounds sterling and rounded to the nearest pound.

2.2 Fund accounting

Restricted donations are available for the charity's use only in accordance with the terms under which, and for the purposes which, the funds were donated to the charity.

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

2.3 Incoming resources

All incoming resources are included on the statement of financial activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

Income from donations consists of grants and donations and is included in full in the statement of financial activities when receivable.

Investment income is included when receivable.

HEALTHY LIVING CENTRE DARTFORD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

Accounting policies (continued)

2.4 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes VAT which cannot be recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examination fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the statement of financial activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis, as set out in Note 4.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated realisable value of each asset over its expected useful life, as follows:

Computer equipment	3 years straight line
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2.6 Debtors

Trade and other debtors are recognised at the settlement amount due.

2.7 Cash at bank and in hand

Cash at bank and in hand includes cash held in current accounts.

2.8 Creditors

Creditors are recognised when a present legal or constructive obligation exists at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefits will be required to settle the obligation, and the amount can be estimated reliably.

All creditors are initially recognised at transaction price. Accruals are subsequently measured at the settlement amount.

2.9 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

HEALTHY LIVING CENTRE DARTFORD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

3 Charitable activities

	2021 £	2020 £
The National Lottery - Growing Community	75,000	-
Kent County Council	38,800	38,800
Dartford Larder	23,803	-
Postcode Local Trust	20,000	-
The National Lottery - Covid Recovery	19,990	-
Awards For All - Soup Dragons	10,000	-
Kent Community Foundation	8,100	10,800
Feed the Community (ASDA)	600	700
Café	190	11,733
Other	208	13,959
Congregation of TH Passionists	-	6,000
Local Authority	-	1,736
	<u>196,691</u>	<u>83,728</u>

The comparative figure includes £27,844 of restricted income.

14.02.2022

HEALTHY LIVING CENTRE DARTFORD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

4 Costs of charitable activities

	2021 £	2020 £
Healthy Living		
Direct activity costs	39,353	40,602
Direct staff costs	30,086	4,316
	<u>69,439</u>	<u>44,918</u>
Support costs		
Wages and salaries	36,412	37,788
Contingency	-	1,933
Software Subscription	283	234
Rent and rates	-	116
Telephone / internet	-	1,629
Printing, postage and stationery	848	868
Advertising	-	40
Travelling	102	138
Insurance	-	430
Professional fees	1,757	-
Sundry expenditure	444	857
Training	12	142
HR services	1,515	1,339
Payroll services	-	294
Irrecoverable debt	-	271
Subscriptions	244	-
Depreciation	882	-
Governance		
Independent examiner's fee	1,236	1,224
	<u>43,735</u>	<u>47,303</u>
Total cost	<u>113,174</u>	<u>92,221</u>

5 Staff Costs and Numbers

Staff costs were as follows:	2021 £	2020 £
Salaries	64,227	51,110
Social security costs	1,096	1,340
Pension	1,176	1,092
	<u>66,498</u>	<u>53,542</u>

No employee received emoluments of more than £60,000.

Key management is considered to consist of the Centre Manager. The total remuneration of key management personnel was £39,686 (2020: £37,414).

HEALTHY LIVING CENTRE DARTFORD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

5 Staff Costs and Numbers (continued)

The average weekly number of employees during the year, calculated on the basis of full time equivalents, was as follows:

	No	No
Administration	2	2
Project workers	2	1
	<u>4</u>	<u>3</u>

6 Trustees Remuneration

No trustee received any remuneration during the year, or reclaimed any expenses.

7 Taxation

As a registered charity, Healthy Living Centre Dartford is exempt from tax on income and gains falling within Section 505 of the Taxes Act 1988 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

8 Tangible fixed assets

	Computer equipment £
Cost or valuation	
At 1 April 2020	-
Additions	7,257
Revaluation	-
At 31 March 2021	<u>7,257</u>
Depreciation	
At 1 April 2020	-
Charge for the year	885
On disposals	-
At 31 March 2021	<u>885</u>
Net book value	
At 31 March 2021	<u>6,372</u>
At 31 March 2020	<u>-</u>

HEALTHY LIVING CENTRE DARTFORD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

9 Debtors: amounts falling due within one year

	2021 £	2020 £
Fees for services	213	2,888
Prepayments	2,827	853
	<u>3,040</u>	<u>3,741</u>

10 Creditors: amounts falling due within one year

	2021 £	2020 £
Amounts due to suppliers	1,407	635
Taxation and social security	1,424	1,268
Accruals	1,260	1,357
Funds held for other organisations	72	72
	<u>4,163</u>	<u>3,332</u>

Funds held as agent:

The following income is being held on behalf of the other organisations by Healthy Living Centre Dartford:

GOSH - £72 income received.

11 Control

The charitable company is controlled by its members.

There is no one ultimate controlling party.

HEALTHY LIVING CENTRE DARTFORD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

12 Movement in funds

	At 1 April 2020 £	Incoming resources £	Outgoing resources £	Transfers £	At 31 March 2021 £
Restricted funds					
Dementia Café	202	-	-	-	202
Henry	6,273	-	(50)	-	6,223
Thyme to Cook	5,633	-	(377)	-	5,256
Allotment	8,893	4	(1,606)	-	7,292
Holiday Club	1,415	-	(770)	-	645
Edible Ebbsfleet	1,181	-	(77)	-	1,103
Moat Tea Dance	429	-	-	-	429
Community Health Network	957	-	(464)	-	493
KCC - Bicycle stand	1,500	-	-	-	1,500
Dartford Larder	-	25,544	(5,161)	-	20,383
Growing Community	-	95,000	(44,485)	-	50,515
Awards For All - Soup Dragons	-	10,000	-	-	10,000
Feed the Community (ASDA)	-	600	(806)	206	-
KCF Core support	-	8,100	(8,100)	-	-
Total restricted funds	26,483	139,249	(61,897)	206	104,041
Unrestricted funds					
General funds	43,658	60,267	(51,277)	(206)	52,442
Total unrestricted funds	43,658	60,267	(51,277)	(206)	52,442
Total funds	70,141	199,516	113,174	-	156,483

HEALTHY LIVING CENTRE DARTFORD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

12 Movement in funds (continued)

Prior Year

	At 1 April 2019 £	Incoming resources £	Outgoing resources £	Transfers £	At 31 March 2020 £
Restricted funds					
Café	60	-	-	(60)	-
Dementia Café	1,500	-	(1,298)	-	202
House	-	-	(944)	944	-
Henry	6,991	-	(718)	-	6,273
Live Well Age Well	1,972	-	(4,734)	2,762	-
Thyme to Cook	3,915	13,594	(11,876)	-	5,633
Temple Hill	4,316	-	-	(4,316)	-
Allotment	5,143	3,750	-	-	8,893
Holiday Club	1,843	700	(1,128)	-	1,415
Edible Ebbsfleet	1,345	-	(164)	-	1,181
Core support	-	10,800	(10,800)	-	-
Moat Tea Dance	429	-	-	-	429
Community Health Network	6,015	-	(5,058)	-	957
KCC - Bicycle stand	-	1,500	-	-	1,500
Total restricted funds	33,529	30,344	(36,720)	(670)	26,483
Unrestricted funds					
General funds	40,058	58,431	(55,501)	670	43,658
Total unrestricted funds	40,058	58,431	(55,501)	670	43,658
Total funds	73,587	88,775	92,221	-	70,141

Dementia Café: Kent County Council and Bluebird provided grants for the set up and running of St Edmund's, Living Well Dementia Friendly Café, with the aim of stimulating and putting the fun back into the lives of people living with dementia.

House: The objective of HOUSE is to introduce a hard-hitting public health campaign targeted at young people to increase their awareness of and to reduce the damaging effects of risk taking behaviour.

Henry: A Kent County Council Early Years grant to train facilitators and to deliver the HENRY (Health Exercise and Nutrition in the Really Young) programme in target areas in Dartford to support the healthy weight agenda.

Live Well Age Well: Objective is to reduce social isolation, including people with dementia and their carers, through fun, inclusive and age appropriate activities, such as dance and exercise sessions.

Thyme & Cook: To develop a cookery club with local people to help reduce social isolation and build community links and resilience.

HEALTHY LIVING CENTRE DARTFORD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

12 Movement in funds (continued)

Temple Hill: A Kent County Council members grant to provide events and activities for residents of Temple Hill. This has been re-evaluated in the current year and deemed to be part of the charitable company's core activities. With no specific restrictions in the grant funding this has been reanalysed to general reserves.

Holiday Club: Several grants were received during the year to facilitate a holiday lunch club during the school holidays.

Eddible Ebbsfleet: A community growing project to encourage the production of locally grown fruit and vegetables.

Core Support: This grant was awarded by the Kent Community Foundation for core support. The fund was fully spent during the year.

Moat Tea Dance: This funding will be spent in the coming financial years as and when such events can be held.

KCC Bicycle Stand: Funding was obtained from KCC to erect a new bicycle stand. This will be built in the coming financial years.

Dartford Larder: Funding was obtained from KCC to help individuals who have and are still being affected by the COVID pandemic.

Growing Community Fund: This funding will be spent primarily for the salaries and costs of the food innovation hub project. There were two donors in the year, The National Lottery (£75,000) and Postcode Local Trust (£20,000).

Soup Dragon: The funding will be used to support local volunteers to cook healthy economical meals and upload videos to the group's social media to both feed communities on low incomes and teach them to feed their families on a budget. The project aims to teach participants how to make the best of their weekly shopping budgets, eat healthy for less to use up leftovers reduce food waste and make the most of their incomes.

Feed the Community (ASDA): This enabled us to make food and health the focus of Healthy Living Centre Dartford activities proved to be the right one, as we positioned ourselves to support the local community's access to food through the initial stages of the lockdown.

Café: Over the past three years, HLCD have received income for the purpose of purchasing a new chiller. During 2019, a chiller was donated to the charity, and therefore all income associated with the chiller fund has been transferred to unrestricted funds, there being no restriction of the use of those funds. The remaining funds have been permitted to be spent on general purposes by the donor and so transferred accordingly.

HEALTHY LIVING CENTRE DARTFORD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

13 Analysis of net assets between funds

	Restricted funds £	General funds £	Total funds £
Fixed assets	-	6,372	6,372
Current assets	104,041	50,233	154,274
Current liabilities	-	(4,163)	(4,163)
	<u>104,041</u>	<u>52,442</u>	<u>156,483</u>

Prior Year

	Restricted funds £	General funds £	Total funds £
Current assets	26,483	46,990	73,473
Current liabilities	-	(3,332)	(3,332)
	<u>26,483</u>	<u>43,658</u>	<u>70,141</u>

14 Commitments

At the year-end, the company had committed to expenditure of £29,149 (2020: £Nil) in relation to the purchase of a van.

15 Related party transactions

There were no related party transactions during the period that required disclosure.