

Registered number at Companies House  
06922981

Registered number at Charities Commission  
1142398

**Action For Community Limited**  
**(ACL)**  
(Company limited by guarantee)

**Report and Accounts**  
**30 September 2024**

**Action For Community Limited**  
**Report and accounts**  
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## **Action For Community Limited Company Information**

### **Directors**

Dr Roland Clark (Chair of trustees)  
Hamayun Arshad  
Dr Ruby Bhatti OBE, DL

### **Accountants (Independent Examiners)**

Adam & Co Accountancy Ltd  
First Floor  
1 Edmund Street  
Bradford  
West Yorkshire  
BD5 0BH

### **Bankers**

Barclays Bank PLC  
10 Market Street  
Bradford  
West Yorkshire

### **Registered office**

Carlisle Business Centre,  
60 Carlisle Road  
Bradford,  
West Yorkshire  
BD8 8BD

### **Registered number**

Registered number at Charities Commission: 1142398

Registered number at Companies House: 06922981

**Action For Community Limited**  
**Companies House number: 06922981**  
**Trustees and directors' report**

The directors (trustees) present their report and accounts for the year ended 30 September 2024.

**Principal activities**

The company's principal activity during the year continued to be of a charitable organisation.

- \* Trains local women/people to be Volunteer Doulas – accredited certification at Level 3
- \* Provides personalised support to families during the later stages of pregnancy, in labour and birth and the early weeks of parenthood referred to Bradford Volunteer Doulas for additional support
- \* Establish and maintain positive working relationships with relevant statutory and community sector organisations

**Directors (Trustees)**

The following persons served as directors during the year:

Dr Roland Clark (Chair of trustees)  
Hamayun Arshad  
Dr Ruby Bhatti OBE, DL

**What the charity does:**

- \* When volunteers have completed training, they go on to volunteer their time and support families referred into Bradford Volunteer Doulas.
- \* Accepted referrals are managed by case workers who will do initial needs assessment, welfare check and risk assessments and will meet the family prior to pairing up the family with a volunteer doula.
- \* Families will be paired with a volunteer doula who go onto support the family directly before birth, during birth and after birth (3 months in total).
- \* Additional referrals, signposting, multi agency work is carried out by case workers e.g. referrals to baby banks, foodbanks, working with midwives.
- \* Volunteers are supported well by case workers with regular supervision .
- \* Regular CPD and social sessions provided for Volunteer Doulas

**Who the charity helps:**

- \* Pregnant, birthing, and new families (mothers, babies, parents, siblings) in the Bradford District.
- \* Bradford Volunteer Doulas primarily support families who live in areas of high deprivation in Bradford district and face multiple barriers to accessing equitable care or have additional complexities/vulnerabilities. E.g. fleeing domestic abuse, English is not first language, social, isolation, housing/financial insecurity history of baby loss of previous traumatic birth experience.
- \* Many of the families we support fall into communities under the umbrella term Inclusion Health groups, NHS England » Inclusion health groups.

**How the charity helps:**

- \* Relationships are key - Bradford Volunteer Doulas provide one-to-one support to families, usually in their homes. This is a continuity of care model.
- \* Antenatally - Bradford Doulas support families to prepare for birth practically and ensure they are aware of options and choices to make and that their own decisions based on evidence based information. Bradford Volunteer Doulas may also accompany to midwifery/hospital appointments.
- \* Birth - During labour and birth a volunteer doula will be with the woman/birthing person supporting them emotionally and advocating for them if required.
- \* Postnatally – one – to-one support, usually in the home, support with infant feeding, support with safe baby care, support getting to local baby groups or out in local area.
- \* Multi-agency work and welfare work.

**Action For Community Limited**  
**Companies House number: 06922981**  
**Trustees and directors' report**

**Structure, governance and management**

The charity is a company limited by guarantee and was formed on 3 June 2009. It is governed by a memorandum and articles of association. In the event of the company being wound up, the liability of each member is limited to £10.

**Method of recruitment and appointment of trustees**

The trustees are also the directors for the purpose of company law and are appointed each year by the members at their AGM.

**Achievement and plans for the future**

Achievements & recognition:

- Nationally recognised a model of good practice NHS England NHS England » Reducing inequalities in communities: closing the health gap in central Bradford
- Maternity Stream of Sanctuary Award
- Community Stars Award finalist
- Volunteer Kitemark Award
- Breastfeeding Friendly service
- Many Volunteer Doula's go on to employment of further Education in direct relation to their training and experience with Bradford Volunteer Doula's e.g. Midwifery & nursing.

Plans for the future:

Commission a new website to have a refreshed and up to date online presence

**Financial review and reserves policy**

	Unrestricted £	Restricted £	Total £
The charity achieved net income for the year of:	20,637	33,517	54,155
The total funds that were held at the year end was:	105,071	74,081	179,153

The trustees review and agree a reserves policy in order to ensure that there are enough funds to fund their on going projects for at least six months. The reserve funds for the year were as follows:

	Unrestricted £	Restricted £	Total
Charity reserves carried forward	105,071	74,081	179,153

**Small company provisions**

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 26 September 2025 and signed on its behalf.

R G Clark  
Director

## **Action For Community Limited**

### **Statement of trustees responsibilities for the year ended 30 September 2024**

The trustees are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law and laws applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the assets, liabilities and financial position of the charity as at the financial year end date and of the surplus or deficit of the charity and otherwise comply with the Charities Act 2011.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees confirm that they have complied with the above requirements in preparing the financial statements.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report is prepared in accordance with the Charities SORP and FRS 102 and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

This report was approved by the board on 26 September 2025 and signed on its behalf.

R G Clark (Chair)  
Trustee

## **Action For Community Limited Independent Examiners Report**

### **Report to the directors/trustees on the preparation of the unaudited statutory accounts of Action For Community Limited for the year ended 30 September 2024**

#### **Responsibilities and basis of report**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/09/2024.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

#### **Independent examiner's statement**

As a practising member of the Association of Chartered Certified Accountants, I am qualified to undertake the examination of the charity.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

\*the accounting records were not kept in accordance with section 130 of the Charities Act; or

\*the accounts did not accord with the accounting records; or

\*the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*The report was approved by the Independent examiner on* 26 September 2025

Shahbaz Munir (FCCA)  
Adam & Co Accountancy Ltd  
Chartered Certified Accountants  
First Floor  
1 Edmund Street  
Bradford  
West Yorkshire  
BD5 0BH

**Action For Community Limited**  
**Statement of Financial Activities (Income and expenditure account)**  
**for the year ended 30 September 2024**

		<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
		<b>2024</b>	<b>2024</b>	<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Income</b>					
Grants & Donations		<u>34,335</u>	<u>377,348</u>	<u>411,683</u>	<u>330,114</u>
<b>Net Incoming Resources available for charitable applications</b>	<b>A</b>	<u>34,335</u>	<u>377,348</u>	<u>411,683</u>	<u>330,114</u>
<b>Less: Resources expended</b>					
Direct charitable expenditure		-	11,505	(11,505)	-
Management and administration of the charity		13,698	332,326	(346,023)	(319,037)
<b>Total resources expended</b>	<b>B</b>	<u>13,698</u>	<u>343,831</u>	<u>(357,528)</u>	<u>(319,037)</u>
<b>Net Incoming Resources before revaluations and investment asset disposals</b>	<b>C</b>	<u>20,637</u>	<u>33,517</u>	<u>54,155</u>	<u>11,077</u>
<b>Net Movement in funds</b>		<u>20,637</u>	<u>33,517</u>	<u>54,155</u>	<u>11,077</u>
Total funds brought forward		84,434	40,564	124,998	113,921
<b>Total funds carried forward</b>		<u>105,071</u>	<u>74,081</u>	<u>179,153</u>	<u>124,998</u>
		-	-	-	-

The net movement in funds referred to above is the net incoming resources as defined in the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England & Wales and is reconciled to the total funds as shown in the Balance Sheet Notes as required by the said Statement.

All activities derive from continuing operations

**The notes and schedule to the Statement of Financial Activities form an integral part of these accounts**



**Action For Community Limited**  
**Registered number:** 06922981  
**Balance Sheet**  
**as at 30 September 2024**

	Notes	2024 £	2023 £
<b>Fixed assets</b>			
Tangible assets	4	3,497	9,200
<b>Current assets</b>			
Debtors	5	29,751	121,207
Cash at bank and in hand		149,840	21,279
		<u>179,591</u>	<u>142,486</u>
<b>Creditors: amounts falling due within one year</b>	6	(3,936)	(26,688)
<b>Net current assets</b>		<u>175,655</u>	<u>115,798</u>
<b>Net assets</b>		<u>179,152</u>	<u>124,998</u>
<b>Funds of the charity</b>			
Funds of charity	12	179,152	124,998
<b>Shareholders' funds</b>		<u>179,152</u>	<u>124,998</u>
		-	-

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The income and expenditure account has not been delivered to the Registrar of Companies.

R G Clark  
Director  
Approved by the board on 26 September 2025

**Action For Community Limited**  
**Notes to the Accounts**  
**for the year ended 30 September 2024**

**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

***Turnover***

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

***Tangible fixed assets***

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Plant and machinery	over 4 years
Fixtures, fittings, tools and equipment	over 4 years

***Debtors***

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

***Creditors***

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

***Taxation***

The charity is exempt from corporaton tax.

***Pensions***

Contributions to defined contribution plans are expensed in the period to which they relate.

**2 Independent examination fees**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Independent examination and preparation of financial statements	<u>1,800</u>	<u>1,920</u>

**Action For Community Limited**  
**Notes to the Accounts**  
**for the year ended 30 September 2024**

<b>3 Employees</b>	<b>2024 Number</b>	<b>2023 Number</b>
Average number of persons employed by the company	<u>11</u>	<u>11</u>
There are no employees who earn more than £60,000 per annum.		
<b>4 Tangible fixed assets</b>		<b>Plant and machinery etc £</b>
<b>Cost</b>		
At 1 October 2023		<u>22,811</u>
At 30 September 2024		<u>22,811</u>
<b>Depreciation</b>		
At 1 October 2023		13,611
Charge for the year		<u>5,703</u>
At 30 September 2024		<u>19,314</u>
<b>Net book value</b>		
At 30 September 2024		<u>3,497</u>
At 30 September 2023		<u>9,200</u>
<b>5 Debtors</b>	<b>2024 £</b>	<b>2023 £</b>
Trade debtors	29,751	103,129
Other debtors	-	18,078
	<u>29,751</u>	<u>121,207</u>
<b>6 Creditors: amounts falling due within one year</b>	<b>2024 £</b>	<b>2023 £</b>
Trade creditors	381	13,860
Other creditors	3,555	12,828
	<u>3,936</u>	<u>26,688</u>

**Action For Community Limited**  
**Notes to the Accounts**  
**for the year ended 30 September 2024**

<b>7 Funds of the charity (net assets after deducting liabilities)</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Restricted funds	74,081	40,564
Unrestricted funds	105,071	84,434
At 30 September 2024	<u>179,152</u>	<u>124,998</u>
	-	-

**8 Events after the reporting date**

There were no post balance sheet events.

**9 Related party transactions**

The trustees, Hamayun Arshad and Ruby Bhatti are also directors of Action for Business (Bradford) Limited (ABL) -company number 02728593. The transactions which took place between ACL and ABL are as follows:

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Management fees	22,720	23,235
Rent and service charges	39,257	32,678
Activities paid by ABL	-	4,137
	<u>61,977</u>	<u>60,050</u>

**10 Controlling party**

The directors, who are also the trustees are the controlling party.

**11 Other information**

Action For Community Limited is a private company limited by guarantee and incorporated in England. It is a registered charity and it's registered office is at:

Carlisle Business Centre,  
60 Carlisle Road  
Bradford,  
West Yorkshire  
BD8 8BD

**Action For Community Limited**  
**Detailed profit and loss account**  
**for the year ended 30 September 2024**

*This schedule does not form part of the statutory accounts*

Registered number at Charities Commission

1142398

	Unrestricted 2024 £	Restricted 2024 £	Total 2024 £	Unrestricted 2023 £	Restricted 2023 £	Total 2023 £
<b>Incoming Resources</b>						
Bradford and Airedale NHS	-	295,871	<b>295,871</b>	-	154,538	<b>154,538</b>
Better Start Bradford	-	81,477	<b>81,477</b>	-	157,607	<b>157,607</b>
Misc income and grants	34,335	-	<b>34,335</b>	5,459	-	<b>5,459</b>
Investment income	-	-	-	12,510	-	<b>12,510</b>
<b>Net Incoming Resources available for charitable applications</b>	<b>34,335</b>	<b>377,348</b>	<b>411,683</b>	<b>17,969</b>	<b>312,145</b>	<b>330,114</b>
Less						
<b>Costs of activities in furtherance of the charity's objectives</b>						
Activities and courses delivered	-	11,505	<b>11,505</b>	-	-	-
<b>Administrative expenses</b>						
Employee costs:						
Wages and salaries	4,449	218,019	<b>222,468</b>	4,639	192,137	<b>196,776</b>
Pensions	145	7,111	<b>7,256</b>	-	-	-
Staff training and welfare	-	4,390	<b>4,390</b>	400	8,590	<b>8,990</b>
Travel and subsistence	-	64	<b>64</b>	37	988	<b>1,025</b>
Volunteer costs	-	4,772	<b>4,772</b>	15	9,428	<b>9,443</b>
	<b>4,594</b>	<b>234,356</b>	<b>238,950</b>	5,091	211,143	<b>216,234</b>
Premises costs:						
Rent	-	39,257	<b>39,257</b>	-	34,341	<b>34,341</b>
Rates	-	1,557	<b>1,557</b>	-	-	-
Light and heat	-	-	-	-	408	<b>408</b>
Cleaning	-	1,200	<b>1,200</b>	-	2,776	<b>2,776</b>
	-	<b>42,014</b>	<b>42,014</b>	-	37,525	<b>37,525</b>
General administrative expenses:						
Telephone and internet	-	21,095	<b>21,095</b>	-	8,138	<b>8,138</b>
Office stationery, equipment, postage and printing	399	4,000	<b>4,399</b>	806	5,588	<b>6,394</b>
Subscriptions	-	925	<b>925</b>	-	-	-
Bank charges	199	-	<b>199</b>	-	-	-
Depreciation	5,703	-	<b>5,703</b>	5,703	-	<b>5,703</b>
Sundry and general expenses	49	225	<b>274</b>	111	6,052	<b>6,163</b>
	<b>6,350</b>	<b>26,245</b>	<b>32,595</b>	6,620	19,778	<b>26,398</b>
Legal and professional costs:						
Accountancy fees	1,800	1,560	<b>3,360</b>	1,800	3,638	<b>5,438</b>
Management fees	-	22,720	<b>22,720</b>	-	23,235	<b>23,235</b>
Catering expenses	-	1,430	<b>1,430</b>	129	2,131	<b>2,260</b>
Other legal and professional	954	4,000	<b>4,954</b>	4,188	3,759	<b>7,947</b>
	<b>2,754</b>	<b>29,710</b>	<b>32,464</b>	6,117	32,763	<b>38,880</b>
	<b>13,698</b>	<b>332,326</b>	<b>346,023</b>	<b>17,828</b>	<b>301,209</b>	<b>319,037</b>
<b>Net movement in funds for year</b>	<b>20,637</b>	<b>33,517</b>	<b>54,155</b>	<b>141</b>	<b>10,936</b>	<b>11,077</b>
Balance brought forward	84,434	40,564	<b>124,998</b>	84,293	29,628	<b>113,921</b>
Balance carried forward	105,071	74,081	<b>179,153</b>	84,434	40,564	<b>124,998</b>