

Charity Number: 1142357

Company Number: 07504966

Mind in Bradford

(A Company Limited by Guarantee)

Annual Report and Financial Statements

For the year ended 31 March 2025

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Mind in Bradford

Legal and Reference Information

Trustees/Management Committee	Ruth Mulryne Colman (Chair) Christopher Green Parveen Malik Helen Woolnough Jaspreet Kaur Sohal Rosema Nawaz Ian Lamb Pauline Ferguson Yasmin Khan (registered as Yasmin Fay) Karen Dawber David Butcher Hannah Workman (Appointed 18 September 2025) Andrew Hurst (Resigned 6 March 2025) Annie Curie (Resigned 6 March 2025)
Company number	07504966
Charity number	1142357
Registered office	Kenburgh House 28 Manor Row Bradford BD1 4QU
Independent Auditor	Azets Audit Services Limited 12 King Street Leeds LS1 2HL
Bankers	CAF Cash Ltd Kings Hill West Malling ME19 4TA

Mind in Bradford

Trustees' Report for the year ended 31 March 2025

The Board of Trustees, who are also Directors for the purposes of company law, present their report and audited financial statements for the year ended 31 March 2025, which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance and Management

The Trustees/Company Directors who served during the year were:

- Ruth Mulryne Colman (Chair)
- Christopher Green
- Parveen Malik
- Helen Woolnough
- Jaspreet Kaur Sohal
- Rosema Nawaz
- Ian Lamb
- Pauline Ferguson
- Yasmin Khan (registered as Yasmin Fay)
- Karen Dawber
- David Butcher
- Andrew Hurst (Resigned 6 March 2025)
- Annie Curie (Resigned 6 March 2025)

Mind in Bradford has been delivering person-focused mental health support for more than 30 years. The company is incorporated under The Companies Act as a company limited by guarantee and is governed by a memorandum and Articles of Association which outline the objects and powers of the company. The company is a registered charity and operates as a non-profit making organisation. As a company limited by guarantee, Mind in Bradford has no share capital. At 31 March 2025 there were 11 members.

Our Board of Trustees comprises of a minimum of three Trustees. We aim to ensure the composition of the Board of Trustees reflects the diversity of the area we serve, and recruit Trustees with skills, expertise, abilities and experience which will add to the Board's effectiveness. This ensures we are able to govern effectively in accordance with our charitable objectives and statutory obligations. Trustees are selected by the current Trustees and appointments are put to the vote. The Board meets quarterly and the Executive Leadership Team (ELT) attend the meetings for accountability and reporting purposes.

The Board agrees the strategy and direction of Mind in Bradford, and delegates the day-to-day management of the organisation and the provision of services to its paid staff and volunteers, who work under the authority of the Chief Executive Officer and the ELT.

Objectives and Activities

Mind in Bradford operates across Bradford, Airedale, Wharfedale and Craven as one of more than 100 'local Minds' throughout England and Wales. We are affiliated to national Mind as part of a federation – proudly holding the Mind Quality Mark – but we rely on our own resources to provide services which are tailored to our local population.

We help people of all ages and backgrounds on every step of their mental health journey from early intervention through to crisis support. Our services are free to access, available 365 days a year, and can be accessed over the phone, online and face-to-face in a growing number and variety of community and healthcare locations.

In September 2024, we adopted a new operating name of Bradford District and Craven Mind to better reflect the area we serve and to show everyone in our communities that we are here for them.

Mind in Bradford

Trustees' Report for the year ended 31 March 2025 (continued)

Staff and volunteers

We would like to record our thanks to the highly skilled staff team who show so much dedication and commitment to their work at Mind in Bradford. During the year, our staff team has grown to reach a record headcount of 140 individuals.

In addition, we are privileged to be supported by a volunteer workforce of approximately 80 individuals who generously give us their time and make it possible to continue to extend the reach of our services to more people in more places.

Achievements and Performance

In 2024-25 we supported 18,541 unique people through direct delivery of our services, services delivered by our sub-contracted partners, or the virtual support offered by our digital platforms.

- This figure represents an 8% increase on the number of individuals supported compared to last year.
- Almost 50% of these people (8,455) accessed support from us for the first time.
- Almost 45% of these people (8,220) accessed support from us via our work in partnership with other organisations.

In addition, some of the other ways we supported people in 2024-25 included:

- **28,545** visits to our websites for mental health information.
- **11,618** calls and live chats to Guide-Line, our mental health support service.
- **7,303** crisis support sessions provided by Safe Spaces, which offers same-day urgent mental health help and Hospital Buddies, one-to-one support for children and young people in hospital.
- **3,655** young people supported by our Youth in Mind partnership, our award-winning service for people aged 5-19 and up to 25 for those with additional needs.
- **3,516** sessions of one-to-one support via GP practices.
- **3,112** attendances at recovery and wellbeing groups.
- **£98,196** raised by incredible fundraisers, community and business supporters, and trusts and foundations.

Bradford, as the UK's City of Culture, is very much in the national spotlight during 2025 and as demand for our services has increased, we have grown the size of our workforce, extended our main offices spaces to accommodate more people, further built productive relationships with primary and secondary care to deliver more support from healthcare settings, and added three new services to our portfolio; including

- Hope and Light - a partnership providing culturally responsive mental health services for Black African, Black Caribbean, Central and Eastern European, and South Asian communities.
- Culturally Adapted Therapy - to incorporate culturally adapted Behavioural Activation Therapy for Muslim clients into our wider work.
- CORE - to provide comprehensive support for individuals with serious mental illness (SMI) identified within Primary Care Networks and the wider community.

Vision, Mission and Activities

Our vision is that no one in Bradford District and Craven has to face a mental health issue alone and we use the following four overarching strategic objectives to help drive our organisational reach and impact:

- Building capacity within our services for children and young people and increasing access to support available for them.
- Strengthening our support to adults and older people with a Severe Mental Illness and those with complex needs.
- Reducing inequalities and increasing access to support for people from our ethnically and culturally diverse communities.
- Developing and supporting an inclusive and diverse workforce to grow our impact and reach.

Mind in Bradford

Trustees' Report for the year ended 31 March 2025 (continued)

Achievements and Performance (continued)

Our mission is to make the best possible difference to the mental health and well-being of the greatest number of people. Our services or the efforts of our internal teams are aligned to five delivery strategies of which progress is measured against an annual operational plan.

The following provides a summary of progress against each of these five delivery strategies during the year in review.

Strategy 1 - Promoting a positive understanding of mental health

We're one of the leading mental health charities in Bradford District and Craven. We're proud to stand up for better mental health and to speak out against stigma wherever we see it. Over the past year, we've used our local voice and our connection to the national Mind network to raise awareness and encourage honest conversations about the mental health issues people face, no matter who they are or where they come from.

During the course of 24/25, we've seen:

- A 10% increase in unique website visitors. 45,000 people interacted with our Bradford District and Craven Mind and Healthy Minds websites throughout the year.
- 28,184 people visited the Bradford District and Craven Mind website, looking for mental health information.
- 809 people followed us across our social media accounts, including Facebook, Instagram, Youtube and TikTok.
- 42,064 tailored newsletters were sent to our supporters, training customers, service members and workforce of staff and volunteers.
- 36 community events to raise our profile including Bradford Pride, Yorkshire Games Festival and International Women's Day at City Hall.
- 23 mentions in the press and media, including BBC Radio Leeds, ITV Yorkshire and the Telegraph & Argus.
- We launched a new search feature on the website to help adults and young people find the information and support they need more easily and quickly.

Strategy 2 - Providing early intervention advice and support

(Services include: Guide-Line, Enhanced Access, Wellbeing, WISHH, Hope and Light)

We supported 4,519 people over a total of 16,286 contacts. This represented an increase of 34% in people accessing support compared to the previous year.

Guide-Line is our free, confidential telephone and live-chat service, offering emotional support every day of the year. As one of our longest running services it continues to be a vital source of help for people across Bradford District and Craven. Over the past year, 898 individuals received support through a total of 11,618 calls and live chats. In May 2024, a major step forward was made: people calling the NHS's 111 service in the Bradford and Craven area can now be directly connected to Guide-Line for mental health and wellbeing support.

We have two primary care-based services, Enhanced Access and WISHH, that can be accessed by anyone with a registered GP. The goal is to offer early, flexible support—especially for people feeling worried, stressed, overwhelmed, low, isolated, or struggling to sleep.

Our Wellbeing service allows people to meet up regularly to discuss their feelings, share their experiences and take part in activities in a safe and welcoming environment. The groups include courses to help people manage their mental health, like Six Weeks of Wellness, and wellbeing activities like tribal drumming. This year, there were 3,112 attendances and contacts by 402 people at our recovery and wellbeing groups.

The Hope and Light programme is here to support people from a wide range of ethnic and cultural backgrounds. In its first year, it focused on building strong foundations by forming relationships and learning about the needs of different communities.

Mind in Bradford

Trustees' Report for the year ended 31 March 2025 (continued)

Achievements and Performance (continued)

Now, as the programme moves forward, it's entering an exciting new phase. We are working with new partners and connecting with more organisations to make sure the support we offer is easy to access and shaped by the communities using it.

An adult service member supported by Enhanced Access told us: *"These sessions have really been a weight off my shoulders. It's helped me get talking and I'm finally looking forward to something again."*

A caller to Guide-Line commented: *"I have found it [Guide-Line] the most valuable resource available to me in Bradford. I am so grateful that this helpline exists and I would be lost without it."*

Strategy 3 - Equipping people to recover and sustain improved wellbeing

(Services include: Youth in Mind, Know Your Mind, SMI and Physical Health, SMILE, Hearing Voices, Community Companions, Stepping Stones, KidsTime, Personal Health Budget and CORE).

We supported 6,137 people through 27,370 attended contacts. This represented a 14% increase in the number of people supported and a 43% increase in attended contacts compared to the previous year. This huge growth is reflected in the launch and development of new services, including:

- Launch of Personal Health Budgets and CORE services, which have extended access and flexibility in support provision.
- 20% increase in attended support contacts through Youth in Mind (15,131 in 2024/25 in comparison to 12,626 in 2023/24).
- A 28% increase in children and young people supported by Know Your Mind, one of the Youth in Mind services.
- Significant expansion of our SMI Physical Health Checks and Interventions service, with a 474% increase in people reached.

Our trial of Personal Health Budgets has been shared nationally as a great example of how to reduce pressure on hospitals. It has saved an estimated 654 NHS bed days and £508,000 in costs.

We've also built stronger links with hospital services, working together in new ways across different teams and organisations.

We're now a recognised leader in mental health support for children and young people, especially through new referral pathways with teams working in and around the youth justice system.

A 15-year-old service member who accessed the Know Your Mind service told us: *"You made me feel so comfortable on my first session which is not normal for me. People who don't know me just don't understand but you have, right from the beginning. You showed me the app Tappy which I now use all the time and has enabled me to stop self-harming completely. As of a couple of weeks ago, my suicidal thoughts have stopped too. Without you, I would have had nobody."*

A parent of a CYP added: *"I can honestly say we do not know what we would have done without you. You have been an absolute rock, not just for my daughter but for us as a family too."*

Strategy 4 - Being there for people in crisis

(Services include: Safe Spaces (delivered in partnership with Cellar Trust), Hospital Buddies).

Over the past year, our crisis services supported 3,082 people through 17,505 attended contacts. This is a 3% increase in contacts per person compared to the previous year. This reflects a shift toward more personalised care, with many individuals receiving multiple sessions instead of one-off support.

Our crisis services provide urgent support for people experiencing mental health distress. This includes Safe Spaces, delivered in partnership with The Cellar Trust, and Hospital Buddies, which supports young people on hospital wards.

Mind in Bradford

Trustees' Report for the year ended 31 March 2025 (continued)

Achievements and Performance (continued)

Safe Spaces offers a calm, non-clinical environment for people of all ages who need same-day mental health support. Hospital Buddies provides one-to-one support for young people at Bradford Royal Infirmary and Airedale General Hospital, helping those dealing with anxiety around operations, new diagnoses, mental health admissions, or emotional distress.

We made progress in reaching more people from ethnically and culturally diverse communities. Of the total number of people supported by Hospital Buddies, 50% of people were from these communities. Additionally Safe Spaces supported 32% in the hubs and 38% through the crisis café offer.

We're changing the way we offer support to make it more flexible and personal. Instead of fixed times and places, we're focusing on one-to-one help that's shaped around what each person needs.

To put into context the impact of Safe Spaces, an adult who accessed crisis support said: *"If it wasn't for Safe Spaces, I wouldn't be here any more."*

Another told us: *"I came home and had something to eat, had some sleep and wrote the letter that I needed to. I've also realised I need to work alongside others and let them help me."*

Strategy 5 - Enhancing our robust and respected organisation

We successfully secured continuation of all contracts despite exceptionally challenging financial positions of some funders and growing uncertainty over structural changes in national healthcare systems.

Members of our workforce maintained strong leadership visibility and input nationally across key strategic areas.

Internally we maintained a safe and compliant recruitment approach to support a 30% growth in workforce size and benchmarked the make up of our current workforce; with 66% aged between 18-44, and 45% from ethnically and culturally diverse communities (32% from a South Asian background) to closely reflect local demographics.

Our levels of unrestricted income were largely consistent with 23/24 despite continued challenging economic conditions and we successfully grew our corporate profile with a successful series of monthly business networking and training events.

Future

The year 24/25 was the first in our four-year organisational strategy, and in line with our objectives, we successfully expanded our reach across the following areas:

- The number of individuals accessing support from our ethnically and culturally diverse communities grew from 29% to 32%.
- The number of black individuals supported increased from 1% to 1.9%, approaching the Bradford and Craven 2021 Census average of 2%.
- The number of children and young people accessing support directly from us or via our sub-contracted partners passed the 4,200 mark for the first time.

However, we know there is still much more to do to ensure no-one has to face a mental health issue alone; particularly in the face of rising demand, increasing acuity of need, the continued challenges caused by the economic climate, and the growing uncertainty over structural changes in national healthcare systems and funding.

Looking ahead we will continue to work closely with partner organisations, commissioners and service members to enable better mental health for all across our district, while ensuring we are positioned appropriately to help more people in the growing West Yorkshire commissioning landscape.

Mind in Bradford

Trustees' Report for the year ended 31 March 2025 (continued)

Our role as part of a vibrant national network of local Minds and a significant voice in the Bradford District and Craven Health and Care Partnership of statutory and voluntary sector organisations means we will continue to seek out opportunities to collaborate in a meaningful way, to share best practice and to learn from other likeminded organisations.

Financial Review

Total income for the year was £5,230,391 (2024: £3,342,595) of which £4,784,882 was grant support.

Total expenditure was £4,441,770 (2024: £3,130,402) of which £3,773,714 was specific restricted costs and £668,056 unrestricted.

Overall Mind in Bradford achieved a surplus for the year of £788,621 (2024: £212,193). This is made up of £82,438 surplus in unrestricted funds and £706,183 surplus in restricted funds.

The total at 31 March 2025 of Mind in Bradford's unrestricted general funds, excluding fixed asset ("free reserves") was £694,290 (2024: £625,564), which is at the level required to meet the Charity's Reserves Policy of a minimum of three months running costs.

Restricted funds at the end of the financial year amounted to £1,114,841 and related to 18 specific projects and is committed to be spent in future years

Fundraising

Despite the ongoing challenging economic conditions in Bradford District and Craven, we are grateful for the efforts from our supporters and funders. Thank you to everyone that has raised, donated and funded £127,333 in unrestricted income towards our mental health services this year. By raising money, our supporters not only funded services but also raised awareness of mental health and the support available throughout Bradford District and Craven.

Our supporter highlights:

- Support from three new trusts & foundations including: The Harry & Mary Foundation, St James's Place Charitable Foundation, and the Liz & Terry Bramall Foundation.
- Growth in corporate relationships and partnerships aligned to a training & education offer known as the Workplace Wellbeing Movement.
- Our first ever corporate 5-a-side football competition known as The Head's Up Cup, alongside regular challenge events including The Great Yorkshire Abseil and the Dales 50 Bike Ride, plus community events such as the Ilkley Food Festival.

Mind in Bradford does not use professional fundraisers, commercial participators or third parties to fundraise on our behalf. The day to day management of all income generated is managed internally by the staff team who act under authority delegated by the Trustees and follow the Code of Fundraising Practice set out by the Fundraising Regulator, the independent regulator of charitable fundraising in England, Wales and Northern Ireland.

We have not received any complaints in relation to our fundraising practice for the year under review.

Remuneration of key staff

The pay of the charity's key management staff is reviewed annually and may be increased in accordance with national indicators such as inflation or average earnings where financially possible and prudent. The remuneration is also benchmarked with charities of a similar size and activity to ensure that it is fair and not out of line with that generally paid for similar roles.

Mind in Bradford

Trustees' Report for the year ended 31 March 2025 (continued)

Risk Management

The Trustees have carried out ongoing assessments of the charity's activities setting out the major opportunities available to the charity and the risks to which it is exposed. These risks are identified in the risk register and are risk assessed.

The principal risks and uncertainties faced by the charity at the time of writing are as follows:

- The short-term nature and economic pressures of some statutory funding which leads to uncertainty for both the staff and the organisation.
- The ability to attract, develop and retain a workforce that has the skill sets critical to the success of the business and is reflective of the communities we seek to serve.
- The challenging economic climate and our ability to diversify our traditional sources of income to reduce any over reliance of any one single source.
- The ability to appropriately evidence the impact of our services to retain existing work or attract new opportunities.

The Trustees have considered their responsibilities under legislation including health and safety, employment law and safeguarding. Systems and procedures have been implemented to manage specific risks that have been identified, including training for all appropriate persons as necessary.

Public benefit

The aims, objectives and activities of the charity are reviewed regularly, and achievements assessed. When reviewing these and in planning future activities, the Trustees have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

Statement of the Responsibilities of the Trustees

Company law requires the Board to prepare financial statements for each financial period, which give a true and fair view of the state of affairs of the Charitable Company as at the end of the financial period and of the surplus or deficit of the Charitable Company for that period.

In preparing those financial statements the Board is required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charitable Company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Mind in Bradford

Trustees' Report for the year ended 31 March 2025 (continued)

Statement of disclosure to the auditor

The Trustees of the company who held office at the date of approval of this annual report confirm that:

- so far as they are aware, there is no relevant audit information, information needed by the company's auditors in connection with preparing their report, of which the charitable company's auditors are unaware; and
- they have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of this information.

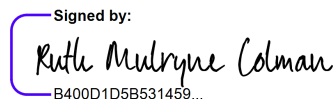
Auditors

Azets Audit Services Limited were appointed as auditor to the charitable company and are deemed to be reappointed under section 487(2) of the Companies Act 2006.

Small Company Rules

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies. It was approved by the Board of Trustees and signed on its behalf.

Approved on behalf of the Board on 4 December 2025

Signed by:

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Ruth Mulryne Colman

Trustee

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford

Opinion

We have audited the financial statements of Mind in Bradford (the 'charity') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its surplus, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' report, which includes the directors' report prepared for the purpose of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the Trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received
 - from branches not visited by us; or
 - the financial statements are not in agreement with the accounting records and returns; or
 - certain disclosures of trustees' remuneration specified by law are not made; or
 - we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Extent to which the audit was considered capable of detecting irregularities, including fraud.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above and on the Financial Reporting Council's website, to detect material misstatements in respect of irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the entity through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias; and
- Performing audit work over the timing and recognition of revenue and in particular whether it has been recorded in the correct accounting period.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Signed by:

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08 December 2025

Jessica Lawrence
Senior Statutory Auditor

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For and on behalf of Azets Audit Services Limited
Statutory Auditor

12 King Street
 Leeds
 LS1 2HL

Mind in Bradford

Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2025

	Note	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2025 £	Total funds 2024 £
Income						
Donations and Other Income	2	134,012	-	61,397	195,409	181,447
Charitable Activities	4	366,382	-	4,418,500	4,784,882	3,013,834
Investment Income	3	250,100	-	-	250,100	147,314
Total Income		750,494	-	4,479,897	5,230,391	3,342,595
Expenditure						
Charitable Activities	5	667,465	591	3,773,714	4,441,770	3,130,402
Total Expenditure	5	667,465	591	3,773,714	4,441,770	3,130,402
Net income/(expenditure) and net movement in funds	7	83,029	(591)	706,183	788,621	212,193
Funds brought forward		625,564	43,178	408,498	1,077,240	865,047
Funds carried forward	17	708,593	42,587	1,114,681	1,865,861	1,077,240

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 16 to 30 form part of the financial statements.

A fully detailed Statement of Financial Activities for year ended 31 March 2024 is shown at note 24.

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

Mind in Bradford

Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Tangible Fixed Assets	10	14,303	-
Current Assets			
Debtors	11	237,949	327,619
Current Asset Investments	12	5,134,062	3,717,004
Cash at Bank and in Hand		880,878	1,023,921
Total Current Assets		6,252,889	5,068,544
Creditors: Amounts Falling Due Within One Year	13	(4,401,331)	(3,991,304)
Net Current Assets		1,851,558	1,077,240
Net Assets	17	1,865,861	1,077,240
Funds of the Charity			
Unrestricted Funds		708,593	625,564
Restricted Funds	15	1,114,681	408,498
Designated Funds	16	42,587	43,178
Total Funds	17	1,865,861	1,077,240

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board on 4 December 2025.

Signed by:



Ruth Mulryne Colman
Trustee

Company registration number: 07504966

Mind in Bradford

Statement of Cash Flows for the Year Ended 31 March 2025

	Note	2025 £	2024 £
Cash flows from operating activities	23	1,046,179	2,232,068
Cash flows from investing activities			
Purchase of fixed assets		(17,164)	-
Interest income		245,000	143,514
Increase in cash equivalents in the year		1,274,015	2,375,582
Cash equivalents at the beginning of the year		4,740,925	2,365,343
Total cash equivalents at the end of the year		6,014,940	4,740,925

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Charity Information

Mind in Bradford is a Company Limited by Guarantee in England and Wales and is also a charity registered with the Charity Commission in England and Wales. The registered office is Kenburgh House, 28 Manor Row, Bradford, BD1 4QU.

The company Directors are also members and each member of the company has undertaken to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of it being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention, modified to include certain financial instruments at fair value. The principal accounting policies adopted are set out below.

Going concern

The Trustees have prepared financial projections, taking into consideration the current economic climate. They have a reasonable expectation that adequate financial resources are available to enable the charity to continue in operational existence for the foreseeable future and have adequate contingency plans in the event that income streams are reduced. Consequently, the financial statements have been prepared on the basis that the charity is a going concern.

Income

Income is included in the Statement of Financial Activities ("SoFA") when the charity has established entitlement, and the amount can be quantified with reasonable accuracy.

Donations and legacies are included in the SoFA when it is probable that the funds will be received and that they can be measured with sufficient reliability.

Core funding grants and restricted funding grants are recognised in the income and expenditure account in the period to which they relate.

The value of services provided by volunteers is not included.

Where income is received specifically for expenditure in a future accounting period that amount is deferred.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

1. Accounting Policies (continued)

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. These include governance which are those costs associated with meeting the constitutional and statutory requirement of the charitable company.

Staff costs

The costs of short-term employee benefits are recognised as a liability and an expense where settlement of obligations does not fall within the same period.

Fund accounting

Funds held by the charity are either:

Unrestricted funds - Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated funds - Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds - Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors, cash and bank balances and current asset investments, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

1. Accounting Policies (continued)

Impairment of financial assets

Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Derecognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity held for working capital.

Pension costs

The charity operates defined contribution pension arrangements for its employees. Amounts due are recognised as an expense in the SoFA when they fall due for payment.

Tangible fixed assets

Tangible fixed assets are stated at cost, less depreciation, with depreciation rates as follows:

Plant and Machinery

3 – 6 years straight line

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

1. Accounting Policies (continued)

Operating leases

Rentals payable under operating leases, including any lease incentives received, are charged to the SoFA on a straight-line basis over the lease term.

Critical Accounting Estimates and Judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

After reviewing the Trustees consider that there are no critical estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the financial statements.

2. Donations and Other Income

	2025 £	2024 £
Donations	127,333	129,489
Training Income	6,454	6,155
Membership Fees	225	140
Staffing Income	61,397	39,220
Honorarium	-	6,443
	195,409	181,447

Included within donations and other income is staffing income of £61,397 (2024 - £23,158) which was restricted for The Cellar Trust – Safe Spaces project.

3. Investment Income

	2025 £	2024 £
Bank Interest Received	245,000	143,514
Room Hire	5,100	3,800
	250,100	147,314

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

4. Income from Charitable Activities:

	2025 £	2024 £
Unrestricted Funds:		
Bradford Care Alliance – Enhanced Access	79,477	-
NHS West Yorkshire ICB	172,444	335,571
Primary Care Network - WISHH	37,440	36,960
The VCS Alliance - Enhanced Access	77,021	161,528
Other	-	3,693
	366,382	537,752
Restricted Funds:		
NHS West Yorkshire ICB:		
Community Companions	108,956	88,956
Guideline	365,068	315,625
Health and Wellbeing	165,394	-
Healthy Minds	91,284	76,896
Hearing Voices	36,965	22,429
Hope & Light (ECDC)	900,000	-
Hospital Buddies	74,099	-
Kids Time	17,500	-
Know Your Mind	213,253	143,000
Serious Mental Illness	420,955	123,369
SMI-LE	175,000	-
Youth in Mind	674,907	799,258
Bradford & District Care NHS Foundation Trust:		
Culturally Adapted Therapy	19,301	-
Guideline	50,000	50,000
Kids Time	15,000	15,000
Personal Health Budgets	133,333	33,333
SMI-LE	-	150,000
Stepping Stones	83,035	41,496
Other funders:		
British Triathlon Federation	3,280	-
Sport England	7,200	-
The Cellar Trust – Safe Spaces	656,720	616,720
The VCS Alliance – Core	205,000	-
Other projects	2,250	-
	4,418,500	2,476,082
Total income from charitable activities	4,784,882	3,013,834

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

5. Charitable Activities

	2025 £	2024 £
Wages and Salaries	2,178,803	1,642,391
Employers National Insurance	179,352	121,045
Pension Costs	55,816	40,820
Employees Health and Life Cover	27,013	21,249
Payroll Costs	3,050	2,920
Staff Engagement & Recognition	9,657	16,446
Cleaning and Domestic	9,920	9,240
IT Contracts, Software and Hardware	70,243	39,145
Recruitment Costs	13,496	9,938
Service Delivery Operational Costs	1,263,002	707,883
Fundraising	10,065	8,481
Volunteer Expenses	3,434	3,719
Staff Training and Development	41,706	18,729
Staff Supervision	5,270	6,285
Printing and Copying	2,020	2,419
Repairs and Renewals	10,877	44,994
Rent and Rates	40,221	24,765
Light, Heat and Water	43,163	28,674
Insurance	2,199	804
Office Supplies and Equipment	3,900	3,223
Publicity and Promotion	11,989	11,204
Telephone	29,787	24,531
Travel Costs	8,650	5,597
Depreciation	2,145	-
Refreshment Costs	1,114	1,326
	4,026,892	2,795,828
Share of support costs (see note 6)	384,838	299,373
Share of governance costs (see note 6)	30,040	35,201
	4,441,770	3,130,402

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

6. Support Costs

	Support costs	Governance costs	2025 £
Wages and Salaries	247,050	-	247,050
Employers National Insurance	25,681	-	25,681
Pension Costs	7,059	-	7,059
Outsourced payroll costs	15,066	-	15,066
Cleaning and Domestic	3,306	-	3,306
IT Contracts, Software and Hardware	23,415	-	23,415
IG and HS Consultancy	3,213	-	3,213
Printing and Copying	674	-	674
Rent and Rates	13,407	-	13,407
Repairs and Renewals	3,626	-	3,626
Light, Heat and Water	14,388	-	14,388
Insurance	12,713	-	12,713
Office Supplies and Equipment	1,247	-	1,247
Telephone	9,929	-	9,929
Depreciation	716	-	716
Bank Charges	190	-	190
Subscriptions and Memberships	3,158	-	3,158
Audit and Accountancy Fees	-	16,050	16,050
Professional Fees	-	13,273	13,273
Trustee Expenses	-	717	717
	384,838	30,040	414,878

	Support costs	Governance costs	Support costs
Wages and Salaries	195,933	-	195,933
Employers National Insurance	19,976	-	19,976
Pension Costs	5,718	-	5,718
Outsourced payroll costs	12,452	-	12,452
Cleaning and Domestic	3,080	-	3,080
IT Contracts, Software and Hardware	13,048	-	13,048
IG and HS Consultancy	1,246	-	1,246
Printing and Copying	806	-	806
Rent and Rates	11,255	-	11,255
Repairs and Renewals	2,533	-	2,533
Light, Heat and Water	9,558	-	9,558
Insurance	10,723	-	10,723
Office Supplies and Equipment	1,075	-	1,075
Telephone	8,177	-	8,177
Bank Charges	78	-	78
Subscriptions and Memberships	3,715	-	3,715
Audit and Accountancy Fees	-	13,410	13,410
Professional Fees	-	21,557	21,557
Trustee Expenses	-	234	234
	299,373	35,201	334,574

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

7. Net Income/(Expenditure) for the Year

This is stated after charging:	2025	2024
	£	£
Operating lease charges	52,257	34,859
Auditor's remuneration:		
Audit fees	11,275	9,275
Financial Statements preparation	2,100	1,900

The amounts stated above are exclusive of irrecoverable VAT.

8. Trustees

None of the Trustees received any remuneration or benefits in the year, for Trustee expenses see note 21.

9. Employees

Number of Employees

The average monthly number of employees during the year was:

	2025	2024
Staff	120	104

Staff Costs

	2025	2024
	£	£
Wages and Salaries	2,440,919	1,838,324
Social Security Costs	205,033	141,021
Other Pension Costs	62,875	46,539
Employees Health and Life Cover	27,013	21,249
	2,735,840	2,047,133

The key management personnel of the charity are the Chief Executive Officer, Director of Equity and Quality (Deputy CEO), Director of Corporate Services, Director of Adult/Older Adult Services and Director of Children, Young People and All Age Services. The aggregate employment benefits, including employer's national insurance and pension contributions of the key management personnel of the charity were £317,613 (2024 - £198,998).

Employees earning more than £60,000 per annum:

	2025	2024
£60,000 to £69,999	-	1
£70,000 to £79,999	1	-

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

10. Tangible Fixed Assets

	Plant and Machinery £	Total £
Cost:		
At 1 April 2024	-	-
Additions	17,164	17,164
At 31 March 2025	17,164	17,164
Depreciation:		
At 1 April 2024	-	-
Charge for the year	2,861	2,861
At 31 March 2025	2,861	2,861
Net book value at 31 March 2025	14,303	14,303
Net book value at 31 March 2024	-	-

11. Debtors

	2025 £	2024 £
Trade Debtors	163,420	267,076
Prepayments and Accrued Income	74,529	60,543
	237,949	327,619

12. Current Asset Investments

	2025 £	2024 £
Charity Deposit Fund	5,134,062	3,717,004

13. Creditors: Amounts falling due within one year

	2025 £	2024 £
Trade creditors	59,952	41,212
Accruals	74,066	67,799
Other Taxes and Social Security Costs	48,550	41,840
Deferred Income	4,218,763	3,840,453
	4,401,331	3,991,304

14. Deferred Income

	2025 £	2024 £
At 1 April 2024	3,840,453	2,053,457
Amount released to income	(1,851,690)	(447,051)
Amount deferred in the year	2,230,000	2,234,047
At 31 March 2025	4,218,763	3,840,453

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

15. Restricted Funds

The income funds of the Charity include restricted funds comprising the following balances held on trust for specific purposes:-

As at 31 March 2025	Movement in Funds				Balance at 31 March 2025
	Balance at 1 April 2024	Income	Expenditure	Transfers	
NHS West Yorkshire ICB					
Community Companions	2,556	108,956	(99,082)	-	12,430
Guideline	75,077	365,068	(352,360)	-	87,785
Health & Wellbeing	26,446	165,394	(167,610)	-	24,230
Healthy Minds	12,400	91,284	(97,140)	-	6,544
Hearing Voices	6,986	36,965	(34,041)	-	9,910
Hope & Light	-	900,000	(654,679)	-	245,321
Hospital Buddies	-	74,099	(72,093)	11,858	13,864
Kids Time	-	17,500	(8,427)	-	9,073
Know Your Mind	11,696	213,253	(209,799)	14,307	29,457
Serious Mental Illness	-	420,955	(206,794)	-	214,161
SMI-LE	-	175,000	(72,213)	-	102,787
Youth in Mind	63,000	674,907	(659,892)	(26,165)	51,850
Bradford & District Care NHS Foundation Trust					
CAT	-	19,301	(19,301)	-	-
Guideline	-	50,000	(50,000)	-	-
Kids Time	6,461	15,000	(21,461)	-	-
Personal Health Budgets	19,683	133,333	(133,020)	-	19,996
SMI-LE	55,006	-	(55,006)	-	-
Stepping Stones	9,537	83,035	(72,790)	-	19,782
Other funders					
British Triathlon Federation	-	3,280	-	-	3,280
The VCS Alliance - Core	-	205,000	(89,796)	-	115,204
Sport England	-	7,200	(1,705)	-	5,495
The Cellar Trust – Safe Spaces	119,650	718,117	(694,255)	-	143,512
Other projects	-	2,250	(2,250)	-	-
	408,498	4,479,897	(3,773,714)	-	1,114,681

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

15. Restricted Funds (continued)

As at 31 March 2024	Movement in Funds				Balance at 31 March 2024
	Balance at 1 April 2023	Income	Expenditure	Transfers	
NHS West Yorkshire ICB					
Community Companions	9,856	88,956	(96,256)	-	2,556
Youth in Mind	9,000	799,258	(745,258)	-	63,000
Serious Mental Illness	-	123,369	(123,369)	-	-
Healthy Minds	14,577	76,896	(79,073)	-	12,400
Health and Wellbeing	26,446	-	-	-	26,446
Know Your Mind	35,560	143,000	(166,864)	-	11,696
Hearing Voices	18,271	22,429	(33,714)	-	6,986
Guideline	67,229	365,625	(360,387)	2,610	75,077
Bradford & District Care NHS Foundation Trust					
SMI-LE	-	150,000	(94,994)	-	55,006
Kids Time	-	15,000	(8,539)	-	6,461
Stepping Stones	-	41,496	(31,959)	-	9,537
Personal Health Budgets	-	33,333	(13,650)	-	19,683
Other funders					
National Association for Mental Health – grant for IT	4,342	-	(4,342)	-	-
The Cellar Trust – Safe Spaces	89,238	639,878	(609,170)	(296)	119,650
	274,519	2,499,240	(2,367,575)	2,314	408,498

NHS West Yorkshire ICB:

Community Companions - Funding for a befriending support service for adults feeling lonely, isolated or alone. This funding enabled us to recruit, train and retain volunteers to deliver befriending support throughout Bradford District and Craven.

Guideline - Funding for a free and confidential telephone helpline also providing an online live chat service. This service is for people of all ages in Bradford District and Craven who need emotional/mental health support, advice and guidance or signposting.

Health and Wellbeing - Funding received to provide transformative work within the community as and when the need dictates.

Healthy Minds - Funding to support the development and implementation of Healthy Minds which delivers a coherent system wide communication strategy to promote, protect and improve good mental wellbeing across Bradford District and Craven.

Hearing Voices - Funding to continue as a Maastricht Interview Centre to work with people who are hearing voices, understanding links between life experiences and voices to aid recovery, as well as offering group support for those who hear voices.

Hope and Light – Funding to be the lead provider (alongside Staying Put) of a service which provides culturally responsive mental health services for Black African, Black Caribbean, Central and Eastern European, and South Asian communities.

Hospital Buddies - Funding to provide any child or young person aged 5-19 who are admitted to hospital at Bradford Teaching Hospitals and Airedale NHS Trust with access to a wellbeing support worker during their stay.

Kids Time - Funding to deliver the KidsTime Workshops offer which provide fun supportive group sessions for families where a parent or carer has been diagnosed with a severe/serious mental illness.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

15. Restricted Funds (continued)

Know Your Mind - Funding for our dedicated children and young people's service offering a range of different support, including group work and one-to-one sessions, for children and young people who live in the central Bradford area.

Serious Mental Illness - Funding released by NHS to start work on a project aiming to reduce premature mortality associated with physical ill health in people with severe mental illness (in combination with NHS projects). The funding enabled the development of training on the importance of physical healthcare for people living with serious mental illness (SMI) to be delivered to staff and volunteers in the voluntary and community sector who working with people with SMI, as well as an assertive outreach officer programme to support people with SMI to engage in their annual physical health checks.

SMI-LE - Funding to enhance community-based support for people with a mental health illness who are currently receiving support via secondary care.

Youth in Mind - Funding to be the Youth in Mind (YIM) Lead Provider; YIM is a partnership of providers who deliver school, community and hospital-based support to CYP across Bradford District and Craven who are struggling with their mental, emotional or social wellbeing.

Bradford and District Care NHS Foundation Trust:

Culturally Adapted Therapy - Funding to incorporate culturally adapted Behavioural Activation Therapy for Muslim clients whose primary presentation is depression within the Hope and Light Service.

Guideline - Funding for a free and confidential telephone helpline also providing an online live chat service. This service is for people of all ages in Bradford District and Craven who need emotional/mental health support, advice and guidance or signposting.

Kids Time - Funding to deliver the KidsTime Workshops offer which provide fun supportive group sessions for families where a parent or carer has been diagnosed with a severe/serious mental illness.

Personal Health Budgets - Funding received to provide an ongoing service which manages one-off Personal Health Budgets which can support people to achieve specific goals or outcomes enabling supported self-management and mental health recovery following hospital discharge.

SMI-LE - Funding to enhance community-based support for people with a mental health illness who are currently receiving support via secondary care.

Stepping Stones - Non-recurrent funding to support those receiving support via secondary care. The project offers group support, delivered by both clinical and non-clinical professionals. The service aims to support connectivity with others and their communities to keep people well.

Others:

British Triathlon Federation - Funding to facilitate access to physical health interventions for people suffering with a severe mental illness (SMI) in areas of high economic deprivation in Bradford.

Sport England - Funding to extend our Wellbeing offer to include a physical activity-based exercise (ten pin bowling) with a structured programme of coaching, regular participation and equipment to continue.

The Cellar Trust: Safe Spaces - Funding received to provide a crisis service, providing a critical out of hours support to adults and children experiencing mental or emotional distress. This reduces the demand on GPs, specialist services and A&E, improving access to non-medicalised support, treatment, information and advice.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

15. Restricted Funds (continued)

The VCS Alliance - Core Funding to provide comprehensive support for individuals with serious mental illness (SMI) identified within Primary Care Networks and the wider community.

16. Designated Funds

As at 31 March 2025	Balance at 1 April 2024	Movement in Funds			Balance at 31 March 2025
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	15,000	-	-	-	15,000
Staff development and well being	10,000	-	-	-	10,000
TPT Pension Liability	3,178	-	(591)	-	2,587
	43,178	-	(591)	-	42,587

As at 31 March 2024	Balance at 1 April 2023	Movement in Funds			Balance at 31 March 2024
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	12,822	-	-	2,178	15,000
Staff development and well being	10,000	-	-	-	10,000
TPT Pension Liability	5,998	-	-	(2,820)	3,178
Expansion of Leadership Team	12,075	-	(12,075)	-	-
	55,895	-	(12,075)	(642)	43,178

Legacy Funding

Donation from a local estate, to put towards a project to enable mental health services to be more easily accessible.

17. Analysis of Net Assets by Fund

As at 31 March 2025	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	1,114,681	1,114,681
Unrestricted general funds			
General	14,303	694,290	708,593
Designated	-	42,587	42,587
	14,303	1,851,558	1,865,861

As at 31 March 2024	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	408,498	408,498
Unrestricted general funds			
General	-	625,564	625,564
Designated	-	43,178	43,178
	-	1,077,240	1,077,240

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

18. Commitments under Operating and Financial Leases

At 31 March 2025 the charity had annual commitments under non - cancellable operating and financial leases as follows:

	2025 £	2024 £
Expiry Date		
Within one year	105,384	29,440
Between two and five years	167,450	1,164
	272,834	30,604

19. Capital commitments

At 31 March 2024 the charity had capital commitments contracted for but not provided in the financial statements as follows

	2025 £	2024 £
Acquisition of tangible non-current assets	-	11,794

20. Taxation

Mind in Bradford is a registered charity and as such is a charity within the meaning of schedule 6 of the Finance Act 2010. Accordingly, it is potentially entitled to tax exemption under part 11 of the Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 in respect of income and gains arising.

21. Related party transactions

Trustee expenses of £362 were reimbursed during the year to two trustees (2024: £233).

During the year Mind in Bradford paid £6,077 (2024: £2,124) to Schofield Sweeney LLP for legal fees. Andrew Hurst was a trustee of Mind in Bradford until 6 March 2025 and is an LLP Member of Schofield Sweeney LLP.

In the prior year, Mind in Bradford received various funding from Bradford District Care NHS Foundation Trust. Of this, £230,000 (2025 - £nil) related to the Serious Mental Illness service and was held in deferred income at the year end and is still included in deferred income. Jaspreet Sohal is Clinical Director of Pharmacy & Physical Health and Wellbeing Services at Bradford District Care NHS Foundation Trust and is influential in the funding of this service. She has no influence over any other funding receivable from Bradford District Care NHS Foundation Trust.

22. Contingent Liability – Pensions

The charity is a participating employer in the Growth Plan pension scheme which is a multi-employer defined benefit pension scheme. The scheme is closed to admission and the charity has a very small exposure to liability in the scheme, the last funding update advised the charity of a share in liabilities of £2,834 (2024: £2,587) and there is no indication that this has increased materially at 31 March 2025. This liability has not been recognised and accounted for in accordance with FRS 102 and the Charity SORP on the grounds of immateriality.

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

23. Reconciliation of net movement in funds to net cashflow from operating activities:

	2025 £	2024 £
Net movement in funds	788,621	212,193
Depreciation	2,861	-
Deduct interest income	(245,000)	(143,514)
Decrease in debtors	89,670	396,033
Increase in creditors	410,027	1,767,356
	1,046,179	2,232,068

The charity had no net debt at the current or prior year end.

24. Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2024

	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2024 £
Income				
Donations and Other Income	158,289	-	23,158	181,447
Charitable Activities	537,752	-	2,476,082	3,013,834
Investment Income	147,314	-	-	147,314
Total Income	843,355	-	2,499,240	3,342,595
Expenditure				
Charitable Activities	750,752	12,075	2,367,575	3,130,402
Total Expenditure	750,752	12,075	2,367,575	3,130,402
Net income/(expenditure) before transfers	92,603	(12,075)	131,665	212,193
Transfers between funds	(1,672)	(642)	2,314	-
Net movement in funds	90,931	(12,717)	133,979	212,193
Funds brought forward	534,633	55,895	274,519	865,047
Funds carried forward	625,564	43,178	408,498	1,077,240