

**Charity Number: 1142357**

**Company Number: 07504966**

**Mind in Bradford**

**(A Company Limited by Guarantee)**

**Annual Report and Financial Statements**

**For the year ended 31 March 2022**

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# Mind in Bradford

## Legal and Reference Information

### Trustees/Management Committee

John Vincent (Chair to 13 September 2021)  
Ruth Mulryne Colman (Chair from 13 September 2021)  
Christopher Green  
Louise Slater  
Andrew Hurst  
Andrew Richardson  
Francesca Hill  
Annie Curie  
Michael Brown  
Parveen Malik

### Company number

07504966

### Charity number

1142357

### Registered office

Kenburgh House  
28 Manor Row  
Bradford  
BD1 4QU

### Independent Auditor

Azets Audit Services Limited  
33 Park Place  
Leeds  
LS1 2RY

### Bankers

CAF Cash Ltd  
Kings Hill  
West Malling  
ME19 4TA

# Mind in Bradford

## Trustees' Report for the year ended 31 March 2022

The Board of Trustees, who are also Directors for the purposes of company law, present their report and audited financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Articles of Association, the Charities Act 2011 and the Companies Act 2006.

### Structure, Governance and Management

The Trustees/Company Directors who served during the year were:

Ruth Mulryne Colman (Chairperson – appointed 13 September 2021)

Christopher Green

Louise Slater

Andrew Hurst

Andrew Richardson

John Vincent (Chairperson – resigned 13 September 2021)

Francesca Hill

Annie Curie

Michael Brown

Parveen Malik

Our Board of Trustees comprises of a minimum of three Trustees. We aim to ensure the composition of the Board of Trustees reflects the diversity of the area we serve and recruit Trustees with skills, expertise, abilities and experience which will add to the Board's effectiveness. This will ensure we are able to govern effectively in accordance with our charitable objectives and statutory obligations. Trustees are selected by the current Trustees and appointments are put to the vote.

### Who are we?

Mind in Bradford is your local mental health charity in Bradford, Airedale, Wharfedale and Craven. We are affiliated with national Mind but are an independent registered charity and rely on our own resources to provide local services.

We help people of all ages at each step of their mental health journey from early intervention through to crisis support and recovery.

Our services are tailored to Bradford District and can be accessed over the phone, online and face-to-face.

### Objectives and Activities

Our purpose (why we exist): is to make the best possible difference to the mental health and well-being of the greatest number of people!

In line with a continued commitment to modernisation and improvement, Mind in Bradford operates to the guidelines set out by Mind nationally and in recognition of this we have received the Mind Quality Mark.



# Mind in Bradford

## Trustees' Report for the year ended 31 March 2022 (continued)

### Achievements and Performance

We've supported 3,007 individuals with their mental health across 21,672 interventions including;

- 8,299 calls and live chats to Guide-Line
- 3,402 attendances at wellbeing groups online and in-person
- 2,897 attendances at crisis support in the Sanctuary
- 2,002 sessions of 1:1 phone support through GPs
- 1,946 calls and visits by volunteer befrienders to people feeling isolated and lonely
- 908 children and young people, aged 8 to 17, supported through 1,497 1:1 and group sessions
- 179 people trained to recognise Severe Mental Illnesses
- 80 volunteers supporting delivery of our crucial services
- 52 individual voice hearers supported with groups and 1:1s

This year we've helped 3,007 adults, children and young people with their mental health across Bradford district and Craven.

Our staff, volunteers and partners have rallied together this year and delivered staggering support to so many people and we are extremely proud of everything we've achieved.

Over the last 12 months we've continued to support children and young people in central Bradford with our Know Your Mind service, providing 1,493 one-to-one sessions to help improve mental and emotional wellbeing. Over 80% of the children we supported showed improved wellbeing and reached their goals around friendships, school, family life and hobbies.

There were 3,402 attendances at our Wellbeing and Recovery groups, where 317 people struggling with feelings of anxiety, depression and self-harm received support. We expanded our groups into new community venues to reach even more people in Bradford and continued our hybrid approach to access groups online or in-person.

We have used technology to help innovate our service offering and become accessible to more people. We introduced a translation service to Guide-Line, our telephone support service and can now offer support in more than 100 languages. We've also recruited three more bilingual staff to provide direct support in Urdu, Punjabi and Polish.

Our Healthy Minds website was visited by more than 30,000 people from Bradford and Craven helping people find support and information based on their needs and preferences. Healthy Minds continues to be a key first step for those looking for support in their local area.

We supported 915 people in crisis with 2,887 attendances at our Sanctuary service. We've also received the brilliant news that we will be joint lead provider for the Crisis Service (Safe Spaces) launching in July 2022 for children and adults across Bradford district.

Despite economic pressures we've been able to secure crucial funding from Clinical Commissioning Groups to support our services as well securing partnerships to deliver key projects that help us create a wider impact across the district. The Youth in Mind partnership supports 5-25 year-olds with their mental and emotional wellbeing. This year the partnership has supported around 5,000 children and young people through one-to-one and peer support.

For the first time we've also raised awareness for the biggest health inequality gap in England, the physical health of those living with Severe Mental Illness (SMI). Our work to raise awareness through training and community groups is vital and addresses a huge gap which we intend to reduce.

The impact of the pandemic is still with us, times are ever-changing and this year has been difficult for our clients, staff and volunteers. It is clear that Mind in Bradford's services are needed now more than ever. Our service teams have made a phenomenal effort to continue to adapt delivery where needed, whether pivoting one-to-one support to over the phone, moving group work to online or increasing opening times of our live chat service to cope with demand.

# Mind in Bradford

## Trustees' Report for the year ended 31 March 2022 (continued)

Throughout the last 12-months our incredible staff and wonderful volunteers have regularly shared with the Trustees the positive difference we're making to the people we support. The passion, commitment and expertise of our amazing staff and volunteers always shines through.

A special thank you is also in order to our community and corporate supporters without which we would have struggled to support as many people as we did in the last year. Whether Moving for Mind for 30 days or sponsoring a bauble in our Winter Appeal, their support has been incredible and made an important difference.

We would also like to take this opportunity to thank John Vincent, our previous Chair, for his hard work and commitment to the charity. Under the chairmanship of John, the organisation has reset and established a strong position within in the local mental health system and the Mind Federation.

We look forward to developing our services even further to enable better mental health for all across our district.

### Mission and Activities

Our mission (what we do):

- We provide early intervention advice and support
- We support people in crisis
- We build community and individual resilience for better mental wellbeing
- We equip and help people to recover and sustain improved wellbeing

Our services are designed to offer appropriate and timely support, to fulfil our mission and in collaboration with our partners, to collectively make the biggest positive difference to the most people possible. In this reporting year, we have run: Guide-Line; The Sanctuary; Wellbeing groups; Maastricht Interview Centre; Extended Access; Community Companions; Healthy Minds Digital Doorway, Serious Mental Illness Project, Youth in Mind, Know Your Mind, Wishh, Smile and the Wellness collaborative.

### Guide-Line

"You build that confidence back that I can stand up for myself."

Guide-Line is our free telephone and live-chat service offering confidential, emotional support to those in need, open to all ages between noon and midnight every day.

This year, we answered 8,014 calls from 527 people in Bradford district and Craven and our live chat service was extended from 5 hours to 12 hours per day.

Anxiety and stress were the most common reasons for people getting in touch, followed by loneliness, isolation, depression and family relationships.

This year we added a translation service and can now offer support in more than 100 languages via a translator over the phone. We've also added three more bilingual staff who can provide direct support in Urdu, Punjabi and Polish.

# Mind in Bradford

## Trustees' Report for the year ended 31 March 2022 (continued)

### The Sanctuary

"God bless you; you have given me some hope."

The Sanctuary is a welcoming, non-clinical space for people across Bradford District and Craven who need urgent mental health support.

This year, we helped 915 people in mental health distress, with 2,897 attendances in our Sanctuary service. Around 24% of people were from a BAME background and 37% were aged between 27 and 44.

In 2022, Mind in Bradford and The Cellar Trust became joint providers for the all-age Crisis Service, Safe Spaces. The new service will include hubs for 1:1 support, a children and young people's overnight service and a range of crisis cafes and wellbeing groups facilitated by local organisations.

### Wellbeing Service

"Mixing with and meeting new people has built my confidence. Mind in Bradford has helped me to have confidence to talk about my feelings."

Our Wellbeing service allows people to meet up regularly to discuss their feelings, share their experiences of mental health and make new friends in a safe and welcoming environment.

The groups consist of structured courses with a recovery focus as well as less structured wellbeing activities, offered face-to-face and online. In 21/22 there were 3,402 attendances by 317 people to help with feelings of anxiety, depression and self-harm. This year, we added groups in new community venues including Frame 2, Together Women and Restore Recovery College in Bradford. Our Walk and Talk group has proved particularly popular, meeting twice a week in Lister Park.

### Maastricht Interview Centre

We supported 52 individual voice hearers by providing 428 interventions through our peer support groups and Maastricht interviews. Around 42% of the people who receive support are from a BAME background.

One client who has used our Maastricht service reported they can now tell the voices to either be silent or go away. They are able to challenge them, reassert their authority, and able to enjoy socialising again. A client from our Hearing Voices peer support group reported feeling far more relaxed and said they were grateful to the group for being so supportive and allowing them to talk.

### Extended Access

"You've helped me to talk about my feelings."

Extended Access offer one-to-one support with a Mind recovery worker to children, young people and adults living across Bradford District. These appointments are often a first step to seeking help for your own or a family member's mental health.

Anxiety and stress were the main reasons for seeking help followed by depression, family problems and relationship problems.

In total, we helped 801 people at 1,560 attendances across eight local GPs. Around 27% of clients were aged 11 to 17, 27% were from a BAME background and 28% of attendances were by men.

# Mind in Bradford

## Trustees' Report for the year ended 31 March 2022 (continued)

### Community Companions

"Me and my partner were a perfect match and I couldn't have asked for a better partner."

NHS Bradford District & Craven CCG Community Companions is a befriending support service for anyone aged 18+ feeling lonely, isolated or alone. Volunteers are matched up with clients to provide one hour of weekly support. Through lockdown this was telephone support only.

This year the service delivered 1,946 calls and visits to 145 individuals. When Covid measures began to relax volunteers were encouraged to arrange visits face-to-face.

The key reason for referring to this service is feelings of loneliness; this was the case for 89% of people. 48% of the people referring to the service are from a BAME background and the most common age group is 65-85 year-olds.

### Healthy Minds Digital Doorway

"The website makes it easy to get help, gives people choice, and helps people to find the most relevant support available."

Healthy Minds is the doorway to mental health and wellbeing services across Bradford, Airedale, Craven and Wharfedale.

Last year, more than 30,000 people visited the Healthy Minds website, completing the Mind in Bradford-run Wellbeing Assistant 7,696 times to find out which local mental health and wellbeing services, resources and information would be best for them.

### Serious Mental Illness Project

"Really enjoyed the course - feel I have a much better understanding of SMI and the importance of physical health checks."

SMI (Severe Mental Illness) commonly refers to diagnoses of schizophrenia, bipolar and psychosis. Our work to support the physical health of people living with SMI is really important as they currently face the biggest health inequality gap in England. People living with SMI are at risk of dying 15 to 20 years earlier than the general population mostly due to preventable physical diseases. This disparity in health outcomes is partly due to physical health needs being overlooked, both in terms of identification and treatment.

Since the project launched, we have delivered training to 179 people and created an engagement campaign now embedded within SystmOne (Clinical Computing System) and shared widely by voluntary organisations.

### Youth in Mind

In April 2021 Mind in Bradford became the lead provider for Youth in Mind, a partnership of mental and emotional wellbeing organisations providing support to 5-25-year-olds in Bradford District and Craven.

The Youth in Mind providers supported around 5,000 children and young people during the last 12-months. During this time, they delivered 11,518 face-to-face support sessions to children and young people struggling with their mental health.

As lead provider, we conducted an Insight Review that informed the 22/23 offer, ensuring the programme is adapted to meet the changing needs of local children and young people.



# Mind in Bradford

## Trustees' Report for the year ended 31 March 2022 (continued)

### Know Your Mind

"Six months ago, I would never have thought I could be hopeful about the future."

Know Your Mind is our dedicated children and young people's service supporting 8-25-year-olds in Central Bradford. Over the last 12 months we have supported 274 young people with 1,493 one-to-one support sessions. A further 634 young people received mental health awareness sessions in groups.

Anxiety, stress, low mood and school issues are some of the reasons young people sought our support. Of the young people using the service 58% were female and 59% were from BAME backgrounds. We've seen a positive impact on the young people we have supported, with over 80% achieving the goals they set with our Wellbeing practitioners. Goals ranged from building friendships and working on family relationships to achievements related to school and hobbies.

### Wishh

"You are the first person I have spoken to about this; I was feeling very stuck and now I can see some light again."

WISHH provides one-to-one support to patients registered at Windhill, Idle or Saltaire Medical Practices who want to talk about their mental health. These appointments offer a space to explore thoughts and feelings, talk things through and find out about local support services that can help them. Over the last 12 months appointments have been by phone, these will be moving to phone or in-person support.

This year we supported 395 patients registered with the above medical practices with 442 phone calls of support by a Wellbeing Practitioner. Anxiety and stress were the most common reasons for attendance followed by depression/low mood, bereavement, family relationships and caring for others.

55% of clients were female and 32% were aged between 27 and 44. It was encouraging to see children and young people using the service with 22% of clients aged 11 to 17.

### Smile

SMILE provides additional wellbeing support for up to six weeks to support clients with a registered care coordinator to achieve individual goals and aspirations. This might be locating more appropriate housing, and for others it may be supporting them to attend community-based activities.

This year 36 clients received 1,725 hours of support, which helped to develop their level of social inclusion while improving their confidence and independence.

### Wellness Collaborative

"Helpful to be able to speak with you in Punjabi"

The waiting list to receive psychological therapy in Bradford can be lengthy. The Wellness Collaborative was created to ensure that the people waiting are receiving ongoing support and have access to wellbeing interventions while they wait for therapy from Bradford District Care Trust BDCT.

The project, led by Mind in Bradford, brings together seven organisations to offer a mixture of monthly one-to-one phone support and group work which includes a trauma focused and wellness planning group and signposting while they wait for therapy to start.

This year 80 people on the waiting list attended our peer support groups and/or received one-to-one support over the phone.

Clients are encouraged to contact their care coordinators who can refer them to this service.

# Mind in Bradford

## Trustees' Report for the year ended 31 March 2022 (continued)

### Future

The Trustees agreed our new strategy for three years from 2021 to 2024. This strategy sets out our four mission statements; we provide early intervention advice and support, we build community and individual resilience for better mental wellbeing, we support people in crisis, we equip and help people to recover and sustain improved wellbeing.

Our strategy is now engrained within our organisation. It reflects the current mental health needs in our district, is more people-focussed and informs everything we do and are within Mind in Bradford.

We have established ourselves as a respected partner in the provision of mental health services across the Bradford and Craven district. As we look to the future, we will continue to drive forward further change and improvement to ensure our services make the biggest positive difference to the largest number of people possible.

We continue to work closely with partner organisations, commissioners and service users to enable better mental health for all across our district. We will continue to play a leading role in the Healthy Minds Digital Doorway initiative, to help people access the right support for them at the right time.

We will further develop our organisational resilience through a continued commitment to organisational governance, enhanced business processes and systems and strengthening our business development approach to enable appropriate growth. As a part of this we are delighted to announce an enhanced collaboration with Leeds Mind. This will allow us to improve service quality, workforce experience and sustainability, as well as enhancing our reach locally and within West Yorkshire to support more people.

The trustees, staff and volunteers of Mind in Bradford look forward to continuing to work in positive collaboration with our commissioners, fellow services providers, and national Mind colleagues to continue to move forward, shape our services and benefit more people, more often, in more places.

### Financial Review

Mind in Bradford made a surplus in the year of £140,105 (2021: 85,775).

Total income for the year was £2,034,607 of which £1,844,531 was grant support. Total expenditure was £1,894,502 of which £1,136,191 was specific restricted costs and £758,311 unrestricted. The total at 31 March 2022 of Mind's "free reserves" was £515,126 which fulfilled the Charity's Reserves Policy of a minimum of three months running costs.

Restricted funds at the end of the financial year amounted to £215,434 and related to eight specific projects and is committed to be spent in 2022/23.

### Fundraising

All amounts raised through fundraising in the year are presented within 'Donations' which includes donations from individual supporters and corporate supporters. We are extremely grateful to everyone who has donated or participated in events.

Mind in Bradford does not use professional fundraisers, commercial participators or third parties to fundraise on our behalf. The day to day management of all income generated is managed internally by the staff team who act under authority delegated by the Trustees.

# Mind in Bradford

## Trustees' Report for the year ended 31 March 2022 (continued)

We are staying up to date with developments in charity regulation, data protection and the Fundraising Preference Service (FPS) to make sure we are legally compliant and adhering to all guidelines. Mind in Bradford is voluntarily bound to be regulated by the Fundraising Regulator and complies with the Code of Fundraising Practice set out by the Fundraising Regulator. We have not received any complaints in relation to our fundraising practice for the year under review.

### Remuneration of Key staff

The pay of the charity's key management staff is reviewed annually and may be increased in accordance with national indicators such as inflation or average earnings where financially possible and prudent. The remuneration is also benchmarked with charities of a similar size and activity to ensure that it is fair and not out of line with that generally paid for similar roles.

### Risk Management

The Trustees have carried out ongoing assessments of the charity's activities setting out the major opportunities available to the charity and the risks to which it is exposed. These risks are identified in the risk register and are risk assessed.

The principal risks and uncertainties faced by the charity at the time of writing are as follows:

- The short-term nature of some statutory funding which leads to uncertainty for both the staff and the organisation.
- The need to maintain awareness of workforce capacity and capability and attract, retain and develop key staff in a competitive market place.
- The current challenging economic context and uncertainty around the cost of living for many people and the impact this has on fundraising income.

The Trustees have considered their responsibilities under legislation including health and safety, employment law and safeguarding. Systems and procedures have been implemented to manage specific risks that have been identified, including training for all appropriate persons as necessary.

### Public benefit

The aims, objectives and activities of the charity are reviewed regularly, and achievements assessed. When reviewing these and in planning future activities, the Trustees have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

# Mind in Bradford

## Trustees' Report for the year ended 31 March 2022 (continued)

### Statement of the Responsibilities of the Trustees

Company law requires the Board to prepare financial statements for each financial period, which give a true and fair view of the state of affairs of the Charitable Company as at the end of the financial period and of the surplus or deficit of the Charitable Company for that period.

In preparing those financial statements the Board is required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charitable Company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Statement of disclosure to the auditor

The Trustees of the company who held office at the date of approval of this annual report confirm that:

- so far as they are aware, there is no relevant audit information, information needed by the company's auditors in connection with preparing their report, of which the charitable company's auditors are unaware; and
- they have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of this information.

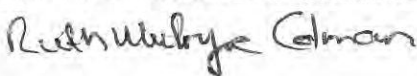
### Auditors

Azets Audit Services Limited were appointed as auditor to the company following their acquisition of the trade of Garbutt & Elliott Audit Limited on 1 December 2021. In accordance with section s487(2) of the Companies Act 2006 they are deemed reappointed annually.

### Small Company Rules

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies. It was approved by the Board of Trustees and signed on its behalf.

Approved on behalf of the Board on 2/11/22

R Mulryne Colman 

Trustee



# Mind in Bradford

## Independent Auditor's Report To The Trustees of Mind in Bradford

### Opinion

We have audited the financial statements of Mind in Bradford (the 'charity') for the year ended 31 March 2022 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its surplus, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

# Mind in Bradford

## Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

### Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' report, which includes the directors' report prepared for the purpose of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the Trustees' report has been prepared in accordance with applicable legal requirements.

### Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the Trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received
- from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a strategic report.

### Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

### Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

### Extent to which the audit was considered capable of detecting irregularities, including fraud.

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, through discussion with the directors and other management, and from inspection of the charitable company's regulatory and legal correspondence. We discussed with the trustees and other management the policies and procedures regarding compliance with laws and regulations. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance during the audit.

# Mind in Bradford

## Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

The charitable company is subject to laws and regulations that directly affect the financial statements including financial reporting legislation (including related companies and charities legislation), pensions legislation, taxation legislation and further laws and regulations that could indirectly affect the financial statements, including environmental, health and safety and employment legislation. We assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items. Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the directors and other management and inspection of regulatory and legal correspondence, if any. These procedures did not identify any potentially material actual or suspected non-compliance.

To identify risks of material misstatement due to fraud we considered the opportunities and incentives and pressures that may exist within the charitable company to commit fraud. Our risk assessment procedures included: enquiry of trustees and other management to understand the high level policies and procedures in place to prevent and detect fraud, reading Board minutes and considering performance targets and incentive schemes in place for management. We communicated identified fraud risks throughout our team and remained alert to any indications of fraud during the audit.

As required by auditing standards we also identified and addressed the risk of management override of controls.

We performed the following procedures to address the risks of fraud identified:

- identifying and testing high risk journal entries through vouching the entries to supporting documentation;
- assessing significant accounting estimates for bias; and
- testing the recognition of income and in particular that it was appropriately recognised or deferred

As a result of these procedures we identified the greatest potential for fraud in the following areas:

- income recognition and in particular the risk that income is recognised in the wrong reporting period; and
- subjective accounting estimates.

Both fraud risks arise due to a potential desire to present results in a differing light to meet management objectives.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

In addition, as with any audit, there remained a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations.

# Mind in Bradford

## Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

### Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Azets Audit Services Limited

Jessica Lawrence  
Senior Statutory Auditor

10/11/22

For and on behalf of Azets Audit Services Limited  
Statutory Auditor

33 Park Place  
Leeds  
LS1 2RY

# Mind in Bradford

## Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2022

	Note	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2022 £	Total funds 2021 £
<b>Income</b>						
Donations and Other Income	2	185,437	-	-	185,437	91,983
Charitable Activities	4	633,698	-	1,210,833	1,844,531	1,181,814
Investment Income	3	4,639	-	-	4,639	5,590
<b>Total Income</b>		823,774	-	1,210,833	2,034,607	1,279,387
<b>Expenditure</b>						
Charitable Activities	5	749,151	9,160	1,136,191	1,894,502	1,193,612
<b>Total Expenditure</b>	5	749,151	9,160	1,136,191	1,894,502	1,193,612
<b>Net income/(expenditure) before transfers</b>	7	74,623	(9,160)	74,642	140,105	85,775
Transfers between funds	14	(30,998)	30,998	-	-	-
Transfers between funds		(6,982)	6,982			
<b>Net movement in funds</b>		36,643	28,820	74,642	140,105	85,775
<b>Funds brought forward</b>		478,483	15,000	140,792	634,275	548,500
<b>Funds carried forward</b>	15	515,126	43,820	215,434	774,380	634,275

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 18 to 31 form part of the financial statements.

A fully detailed Statement of Financial Activities for year ended 31 March 2021 is shown at note 21.



# Mind in Bradford

## Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
<b>Current Assets</b>			
Debtors	10	251,794	168,986
Cash at Bank and in Hand		1,173,405	918,825
<b>Total Assets</b>		1,425,199	1,087,811
<b>Creditors: Amounts Falling Due Within One Year</b>	11	(650,819)	(453,536)
<b>Total Assets less Current Liabilities</b>		774,380	634,275
<b>Funds of the Charity</b>			
Unrestricted Funds		515,126	478,483
Restricted Funds	13	215,434	140,792
Designated Funds	14	43,820	15,000
<b>Total Funds</b>	15	774,380	634,275

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board on .....2/11/22.....

C Green  
Trustee C. Green

Company registration number: 07504966

# Mind in Bradford

## Statement of Cash Flows for the Year Ended 31 March 2022

	Note	2022 £	2021 £
<b>Cash flows from operating activities</b>	<b>20</b>	252,341	334,420
<b>Cash flows from investing activities</b>			
Interest income		2,239	3,115
Increase in cash equivalents in the year		254,580	337,535
Cash equivalents at the beginning of the year		918,825	581,290
<b>Total cash equivalents at the end of the year</b>		<b>1,173,405</b>	<b>918,825</b>

# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022

### 1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

#### Charity Information

Mind in Bradford is a Company Limited by Guarantee in England and Wales and is also a charity registered with the Charity Commission in England and Wales. The registered office is Kenburgh House, 28 Manor Row, Bradford, BD1 4QU.

The company Directors are also members and each member of the company has undertaken to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of it being wound up while he or she is a member, or within one year after he or she ceases to be a member.

#### Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention, modified to include certain financial instruments at fair value. The principal accounting policies adopted are set out below.

#### Going concern

The Trustees have prepared financial projections, taking into consideration the current economic climate. They have a reasonable expectation that adequate financial resources are available to enable the charity to continue in operational existence for the foreseeable future, and have adequate contingency plans in the event that income streams are reduced. Consequently the financial statements have been prepared on the basis that the charity is a going concern.

#### Income

Income is included in the Statement of Financial Activities ("SoFA") when the charity has established entitlement and the amount can be quantified with reasonable accuracy.

Donations and legacies, are included in the SoFA when it is probable that the funds will be received and that they can be measured with sufficient reliability.

Core funding grants and restricted funding grants are recognised in the income and expenditure account in the period to which they relate.

The value of services provided by volunteers is not included.

Where income is received specifically for expenditure in a future accounting period that amount is deferred.



# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022 (continued)

### 1. Accounting Policies (continued)

#### **Expenditure**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. These include governance which are those costs associated with meeting the constitutional and statutory requirement of the charitable company.

#### **Staff costs**

The costs of short term employee benefits are recognised as a liability and an expense where settlement of obligations does not fall within the same period.

#### **Fund accounting**

Funds held by the charity are either:

**General funds** - Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

**Designated funds** - Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

**Restricted funds** - Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

#### **Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022 (continued)

### 1. Accounting Policies (continued)

#### ***Impairment of financial assets***

Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

#### ***Derecognition of financial assets***

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

#### ***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### ***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### **Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity held for working capital.

#### **Pension costs**

The charity operates defined contribution pension arrangements for its employees. Amounts due are recognised as an expense in the SoFA when they fall due for payment.

# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022 (continued)

### 1. Accounting Policies (continued)

#### Operating leases

Rentals payable under operating leases, including any lease incentives received, are charged to the SoFA on a straight-line basis over the lease term.

#### Critical Accounting Estimates and Judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

After review the Trustees consider that there are no critical estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the financial statements.

### 2. Donations and Other Income

	2022 £	2021 £
Donations	172,068	81,461
Training Income	13,210	2,550
Membership Fees	159	156
Staffing Fees	-	7,816
	185,437	91,983

### 3. Investment Income

	2022 £	2021 £
Bank Interest Received	2,239	3,115
Room Hire	2,400	2,475
	4,639	5,590

# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022 (continued)

### 4. Income from Charitable Activities:

	2022 £	2021 £
<b>Unrestricted Funds:</b>		
NHS Bradford District & Craven CCG	433,016	439,020
Bradford & District Care Trust	50,000	49,590
City of Bradford MDC Mental Health Grant	59,100	59,100
The VCS Alliance	86,832	82,611
Healthy Lifestyles Wraps	3,500	-
Volition	750	-
Mental Health VCS Reference Group	500	-
	633,698	630,321
<b>Restricted Funds:</b>		
NHS Bradford District & Craven CCG Sanctuary & Resilience Funding	102,028	102,028
Lloyds Bank Foundation	-	25,000
Bradford & District Care Trust – Winter Pressure Initiative (Smile)	52,500	-
NHS Bradford District & Craven CCG – Community Companions	26,400	32,932
City of Bradford MDC – Maastricht Delivery	20,000	20,000
NHS Bradford District & Craven CCG – Healthy Minds	46,592	96,867
NHS Bradford District & Craven CCG – Serious Mental Illness	64,484	36,172
MAST Project 6 – Frequent Attenders	-	5,860
Roshni Ghar	1,462	-
Covid-19 Grants	-	60,910
NHS Bradford District & Craven CCG – Know Your Mind	143,000	143,000
Mind – Loneliness	-	18,169
Primary Care Network – WISHH	13,340	10,555
NHS Bradford District & Craven CCG – Youth in Mind	622,237	-
Bradford & District Care Trust – Winter Pressure Initiative (Wellness Collaborative)	18,823	-
NHS Bradford District & Craven CCG – Guideline Number	23,995	-
Enterprise Development Fund - Social Investment Training Lead Fund	20,255	-
NHS Bradford District & Craven CCG - Community Transformation	45,000	-
Equality Together - Community Champions	2,285	-
Mind – Co-op	5,625	-
Learning Exchange (BAME)	2,076	-
ICS – Perinatal	731	-
	1,210,833	551,493
<b>Total income from charitable activities</b>	<b>1,844,531</b>	<b>1,181,814</b>

# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022 (continued)

### 5. Charitable Activities

	2022 £	2021 £
Wages and Salaries	933,546	740,420
Employers National Insurance	69,674	52,604
Pension Costs	25,495	20,576
Employees Health and Life Cover	9,608	7,224
Payroll Costs	2,140	1,670
Recruitment Costs	11,080	1,561
Specific Project Costs	587,526	148,557
Fundraising	6,470	1,851
Volunteer Expenses	511	611
Core Delivery Costs	14,560	11,712
Staff Training and Development	6,909	8,489
Staff Supervision	5,625	3,970
Repairs and Renewals	5,319	1,572
Rent and Rates	31,061	31,625
Light, Heat and Water	17,028	14,848
Insurance	666	630
IT Contracts, Software and Hardware	2,596	4,109
Publicity and Promotion	7,811	4,765
Telephone	16,943	16,372
Travel Costs	139	-
Refreshment Costs	224	-
	1,754,931	1,132,071
Share of support costs (see note 6)	131,535	111,553
Share of governance costs (see note 6)	8,036	8,893
	1,894,502	1,193,612

# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022 (continued)

### 6. Support Costs

	Support costs	Governance costs	2022 £
Wages and Salaries	78,868	-	78,868
Cleaning and Domestic	9,517	-	9,517
IT Contracts, Software and Hardware	15,395	-	15,395
HR and HS Consultancy	7,440	-	7,440
Printing and Copying	1,696	-	1,696
Rent and Rates	3,451	-	3,451
Repairs and Renewals	591	-	591
Light, Heat and Water	1,892	-	1,892
Insurance	4,797	-	4,797
Office Supplies and Equipment	3,536	-	3,536
Telephone	1,883	-	1,883
Bank Charges	110	-	110
Subscriptions and Memberships	2,359	-	2,359
Audit and Accountancy Fees	-	7,920	7,920
Professional Fees	-	-	-
Trustee Expenses	-	116	116
	131,535	8,036	139,571

	Support costs	Governance costs	2021 £
Wages and Salaries	60,498	-	60,498
Cleaning and Domestic	5,653	-	5,653
IT Contracts, Software and Hardware	9,646	-	9,646
HR and HS Consultancy	10,433	-	10,433
Printing and Copying	1,378	-	1,378
Rent and Rates	3,514	-	3,514
Repairs and Renewals	174	-	174
Light, Heat and Water	1,649	-	1,649
Insurance	3,440	-	3,440
Office Supplies and Equipment	11,055	-	11,055
Telephone	1,819	-	1,819
Bank Charges	69	-	69
Subscriptions and Memberships	2,020	-	2,020
Audit and Accountancy Fees	-	8,064	8,064
Professional Fees	205	780	985
Trustee Expenses	-	49	49
	111,553	8,893	120,446



# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022 (continued)

### 7. Net Income/(Expenditure) for the Year

This is stated after charging:	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Auditor's remuneration:		
Audit fees	5,940	6,000
Financial Statements preparation	1,980	1,800

The amounts stated above are inclusive of irrecoverable VAT.

### 8. Trustees

None of the Trustees received any remuneration or benefits in the year, for Trustee expenses see note 18.

### 9. Employees

#### Number of Employees

The average monthly number of employees during the year was:

	<b>2022</b>	<b>2021</b>
Staff	59	48

#### Staff Costs

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Wages and Salaries	1,012,414	800,917
Social Security Costs	69,674	52,604
Other Pension Costs	25,495	20,576
Employees Health and Life Cover	9,608	7,224
	1,117,191	881,321

There were no employees whose annual remuneration was £60,000 or more in this or the previous financial year.

The key management personnel of the charity are the Chief Executive Officer, Business Development Director, Service Directors, HR Manager and Finance Manager. The aggregate employment benefits, including employer's national insurance and pension contributions of the key management personnel of the charity were £241,272 (2021 - £165,893).

### 10. Debtors

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Trade Debtors	223,690	143,771
Prepayments and Accrued Income	28,104	25,215
	251,794	168,986

# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022 (continued)

### 11. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	12,682	13,785
Accruals	72,417	104,281
Other Taxes and Social Security Costs	18,795	16,886
Deferred Income	546,925	318,584
	650,819	453,536

### 12. Deferred Income

	2022 £	2021 £
At 1 April 2021	318,584	88,073
Amount released to income	(27,674)	(26,707)
Amount deferred in the year	256,015	257,218
At 31 March 2022	546,925	318,584

### 13. Restricted Funds

The income funds of the Charity include restricted funds comprising the following balances held on trust for specific purposes:-

As at 31 March 2022	Movement in Funds				Balance at 31 March 2022
	Balance at 1 April 2021	Income	Expenditure	Transfers	
NHS Bradford District & Craven CCG Sanctuary & Resilience Funding	53,776	102,028	147,061	-	8,743
NHS Bradford District & Craven CCG - Community Companions	8,867	26,400	27,100	-	8,167
City of Bradford MDC - Maastricht Delivery	34,250	20,000	23,054	-	31,196
NHS Bradford District & Craven CCG - Healthy Minds	2,236	46,592	38,057	-	10,771
NHS Bradford District & Craven CCG - Know Your Mind	41,663	143,000	132,452	-	52,211
Bradford District & Craven CCG - Youth in Mind	-	622,237	560,637	-	61,600
Bradford & District Care Trust - Winter Pressure Initiative (Smile)	-	52,500	52,500	-	-
NHS Bradford District & Craven CCG - Serious Mental Illness	-	64,484	64,484	-	-
Roshni Ghar	-	1,462	1,462	-	-
Primary Care Network - WISHH	-	13,340	13,340	-	-
Bradford & District Care Trust - Winter Pressure Initiative (Wellness Collaborative)	-	18,823	18,823	-	-
NHS Bradford District & Craven CCG - Guideline Number	-	23,995	12,033	-	11,962
Enterprise Development Fund - Social Investment Training Lead Fund	-	20,255	20,255	-	-
NHS Bradford District & Craven CCG - Community Transformation	-	45,000	14,216	-	30,784
Equality Together - Community Champions	-	2,285	2,285	-	-
Mind - Co-op	-	5,625	5,625	-	-
Learning Exchange (BAME)	-	2,076	2,076	-	-
ICS - Perinatal	-	731	731	-	-
	140,792	1,210,833	1,136,191		215,434



# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022 (continued)

### 13. Restricted Funds (continued)

As at 31 March 2021	Movement in Funds				Balance at 31 March 2021
	Balance at 1 April 2020	Income	Expenditure	Transfers	
Lloyds Bank Foundation	-	25,000	25,000	-	-
NHS Bradford District & Craven CCG Sanctuary & Resilience Funding	71,848	102,028	120,100	-	53,776
NHS Bradford District & Craven CCG – Community Companions	-	32,932	24,065	-	8,867
City of Bradford MDC – Maastricht Delivery	27,473	20,000	13,223	-	34,250
NHS Bradford District & Craven CCG – Healthy Minds	46,140	96,867	140,771	-	2,236
NHS Bradford District & Craven CCG – Serious Mental Illness	-	36,172	36,172	-	-
MAST Project 6 – Frequent Attenders	-	5,860	3,591	2,269	-
Covid-19 Grants	-	60,910	60,910	-	-
NHS Bradford District & Craven CCG – Know Your Mind	-	143,000	101,337	-	41,663
Mind – Loneliness	-	18,169	18,169	-	-
Primary Care Network – WISHH	-	10,555	7,726	2,829	-
Lexus Bradford	1,800	-	1,800	-	-
Celebrate National Lottery 25	985	-	985	-	-
	148,246	551,493	553,849	5,098	140,792

#### Bradford District & Craven CCG Sanctuary & Resilience Funding

Funding received to launch a ground-breaking crisis service. Providing a critical out of hours support to adults experiencing mental or emotional distress. Used often as an alternative to A&E and Police Custody, it helps ensure vulnerable adults receive the best humane and appropriate support available for their needs.

#### NHS Bradford District & Craven CCG – Community Companions

Funding for a befriending support service for anyone feeling lonely, isolated or alone. This funding enabled us to recruit, train and retain volunteers to deliver befriending support throughout Bradford District and Craven.

#### City of Bradford MDC – Maastricht Delivery

Funding to continue as a Maastricht Interview Centre in partnership with other organisations to work with people who are hearing voices, understanding links between life experiences and voices to aid recover.

#### NHS Bradford District & Craven CCG – Healthy Minds

Funding to support the development and implementation of a new brand (Healthy Minds) which delivers a coherent system wide communication strategy to promote, protect and improve good mental wellbeing for Bradford district.

#### NHS Bradford District & Craven CCG – Know Your Mind

Funding for our dedicated children and young people's service offering a range of different support, including group work and one-to-one sessions, for children and young people who live in the central Bradford area.

#### NHS Bradford District & Craven CCG – Youth in Mind

Mind in Bradford were awarded the Youth in Mind Lead Provider contract in April 2021. YIM is a partnership of providers who deliver school, community and hospital-based support to CYP across Bradford District and Craven who are struggling with their mental, emotional or social wellbeing.

# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022 (continued)

### 13. Restricted Funds (continued)

#### **Bradford and District Care Trust – Winter Pressure Initiative (Smile)**

Non-recurrent funding to set up the Smile Collaborative to support those on waiting lists for mental health support. The project brings together four organisations to offer telephone support.

#### **NHS Bradford District & Craven CCG – Serious Mental Illness**

Funding released by NHS to start work on a project aiming to reduce premature mortality associated with physical ill health in people with severe mental illness (in combination with NHS projects). The funding enabled the development of training on the importance of physical healthcare for people living with serious mental illness (SMI) to be delivered to staff and volunteers in the voluntary and community sector who working with people with SMI.

#### **Roshni Ghar**

As part of our partnership working, our practitioners have been working with Roshni Ghar to support South Asian women with mental health problems. We deliver Food and Nutrition classes and WRAP groups at their base in Keighley.

#### **Primary Care Network - WISHH**

Funding received to support WISHH PCN patients with a personalised social prescribing service which reflects the specific needs of patients and identifies solutions to improve patients' health, wellbeing and happiness.

#### **Bradford & District Care Trust – Winter Pressure Initiative (Wellness Collaborative)**

Non-recurrent funding to set up the Wellness Collaborative to support those on waiting lists for psychological support. The project brings together seven organisations to offer a mixture of one-to-one and group peer support.

#### **NHS Bradford District & Craven CCG – Guideline Number**

This funding covers the free and confidential telephone helpline Guide-Line which also features an online live chat service. This service is for people of all ages in Bradford District and Craven who need emotional/mental health support, advice and guidance or signposting.

#### **Enterprise Development Fund - Social Investment Training Lead Fund**

Funding received for the employment of a new Training Lead staff member for training delivery, training development, and business development/customer relationship management, and for access to external consultancy to help implement and grow the trading operation.

#### **NHS Bradford District & Craven CCG - Community Transformation**

Funding received during Covid to allow trained volunteers to offer weekly telephone support to people across the Bradford district who were struggling with their mental health as a result of being housebound.

#### **Equality Together - Community Champions**

Funding received to help us understand how to meaningfully extend our reach into South Asian communities within Bradford, to ascertain directly from members of these communities as to how they would like to receive mental health support and to deliver BAME training sessions to our volunteers to aid their understanding of language and cultural differences.

#### **Mind – Co-op**

Funding received to work with six Co-op Academy schools to deliver part of a Whole School Approach (WSA) programme, leading to tailored action planning sessions with children and young people groups and parent groups.

#### **Learning Exchange**

Funding received in conjunction with Leeds Mind to help understand the barriers faced by South Asian communities when accessing mental health services, and to find tangible solutions for these barriers.

# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022 (continued)

### 13. Restricted Funds (continued)

#### ICS Perinatal

Funding received to co-produce with people with lived experience of maternity services, welcome & easy to read letters into Perinatal Mental Health Services, tailored to community languages and cultures".

#### Transfer between funds

The transfer between funds relates to completed projects with no ongoing obligations.

### 14. Designated Funds

As at 31 March 2022	Balance at 1 April 2021	Movement in Funds			Balance at 31 March 2022
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	-	-	(9,160)	21,982	12,822
Staff development and well being	-	-	-	10,000	10,000
TPT Pension Liability	-	-	-	5,998	5,998
	15,000	-	(9,160)	37,980	43,820

As at 31 March 2021	Balance at 1 April 2020	Movement in Funds			Balance at 31 March 2021
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
	15,000	-	-	-	15,000

#### Legacy Funding

Donation from a local estate, to put towards a project to enable mental health services to be more easily accessible.

### 15. Analysis of Net Assets by Fund

As at 31 March 2022	Tangible fixed assets £	Net current assets £	Total £
<b>Restricted funds</b>	-	215,434	215,434
<b>Unrestricted general funds</b>			
General	-	515,126	515,126
Designated	-	43,820	43,820
	-	774,380	774,380

As at 31 March 2021	Tangible fixed assets £	Net current assets £	Total £
<b>Restricted funds</b>	-	140,792	140,792
<b>Unrestricted general funds</b>			
General	-	478,483	478,483
Designated	-	15,000	15,000
	-	634,275	634,275

# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022 (continued)

### 16. Commitments under Operating and Financial Leases

At 31 March 2022 the charity had annual commitments under non - cancellable operating and financial leases as follows:

	2022 £	2021 £
<b>Expiry Date</b>		
Within one year	33,008	33,326
Between two and five years	26,874	59,381
	59,882	92,706

### 17. Taxation

Mind in Bradford is a registered charity and as such is a charity within the meaning of schedule 6 of the Finance Act 2010. Accordingly, it is potentially entitled to tax exemption under part 11 of the Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 in respect of income and gains arising.

### 18. Related party transactions

Trustee travel expenses of £Nil were reimbursed during the year (2021: £Nil), none of the trustees received remuneration or benefits from the charity during the year (2021: £Nil).

During the year Mind in Bradford paid £2,100 (2021: £nil) to Schofield Sweeney LLP for legal fees. Andrew Hurst who is a trustee of Mind in Bradford is an LLP Member of Schofield Sweeney LLP.

### 19. Contingent Liability – Pensions

The charity is a participating employer in the Growth Plan pension scheme which is a multiemployer defined benefit pension scheme. The scheme is closed to admission and the charity has a very small exposure to liability in the scheme, the last funding update advised the charity of a share in liabilities of £4,192 and there is no indication that this has increased materially at 31 March 2022. This liability has not been recognised and accounted for in accordance with FRS 102 and the Charity SORP on the grounds of immateriality.

### 20. Reconciliation of net movement in funds to net cashflow from operating activities:

	2022 £	2021 £
Net movement in funds	140,105	85,775
Deduct interest income	(2,239)	(3,115)
Increase in debtors	(82,808)	(78,119)
Increase in creditors	197,283	329,879
	252,341	334,420

The charity had no net debt at the current or prior year end.

# Mind in Bradford

## Notes to the Financial Statements for the year ended 31 March 2022 (continued)

### 21. Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2021

	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2021 £	Total funds 2020 £
<b>Income</b>					
Donations and Other Income	91,983	-	-	91,983	81,079
Charitable Activities	630,321	-	551,493	1,181,814	984,051
Investment Income	5,590	-	-	5,590	4,604
<b>Total Income</b>	<b>727,894</b>	<b>-</b>	<b>551,493</b>	<b>1,279,387</b>	<b>1,069,734</b>
<b>Expenditure</b>					
Charitable Activities	639,763	-	553,849	1,193,612	847,092
<b>Total Expenditure</b>	<b>639,763</b>	<b>-</b>	<b>553,849</b>	<b>1,193,612</b>	<b>847,092</b>
<b>Net income/(expenditure) before transfers</b>	<b>88,131</b>	<b>-</b>	<b>(2,356)</b>	<b>85,775</b>	<b>222,642</b>
Transfers between funds	5,098	-	(5,098)	-	-
<b>Net movement in funds</b>	<b>93,229</b>	<b>-</b>	<b>(7,454)</b>	<b>85,775</b>	<b>222,642</b>
<b>Funds brought forward</b>	<b>385,254</b>	<b>15,000</b>	<b>148,246</b>	<b>548,500</b>	<b>325,858</b>
<b>Funds carried forward</b>	<b>478,483</b>	<b>15,000</b>	<b>140,792</b>	<b>634,275</b>	<b>548,500</b>