MIND IN BRADFORD

England & Wales · Charity number 1142357

Details

Status	Registered
Legal form	Charitable company
Company number	07504966
Registered	2011-06-10
Register	View on the Charity Commission register

Contact

Address	Kenburgh House 28 Manor Row Bradford West Yorkshire BD1 4QU
Phone	01274730815
Email	admin@mindinbradford.org.uk
Website	www.mindinbradford.org.uk

Activities

Objects: The Objects of the Charity are to promote the preservation and the safeguarding of mental health and the relief of persons who are suffering from a mental disorder in association with Mind (The National Association of Mental Health (Mind) in accordance with the aims and objects of Mind.

Activities: Mind in Bradford is an organisation, affiliated to National Mind, which aims to create a better life for everyone with experience of mental distress in the Bradford District.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities, Other Defined Groups

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Geography

- Bradford City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£5,230,391	£4,441,770	£1,865,861	120
2024-03-31	£3,342,595	£3,130,402	£1,077,240	104
2023-03-31	£2,711,783	£2,621,116	£865,047	81
2022-03-31	£2,034,607	£1,894,502	£774,380	59
2021-03-31	£1,279,387	£1,193,612	£634,275	35

Trustees

Name	Role	Appointed
Hannah Louise Workman	Chair	2025-09-18
David Butcher		2024-03-14
Dr Helen Woolnough		2024-03-14
Ian Edward Lamb		2024-03-14
Jaspreet Kaur Sohal		2024-03-14
Karen Louise Dawber		2024-03-14
Parveen Malik		2020-04-17
Pauline Anne Ferguson		2024-03-14
Rosema Nawaz		2024-03-14
Ruth Mary Mulryne Colman		2021-09-13
Yasmin Zohra Ayesha Fay		2024-03-14

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MIND IN BRADFORD

England & Wales - Charity number 1142357

Accounts

Docusign Envelope ID: 26F7178F-C127-483E-B091-436BB97C2D10

Charity Number: 1142357

Company Number: 07504966

Mind in Bradford

(A Company Limited by Guarantee)

Annual Report and Financial Statements

For the year ended 31 March 2025

Docusign Envelope ID: 26F7178F-C127-483E-B091-436BB97C2D10

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Mind in Bradford

Legal and Reference Information

Trustees/Management Committee	Ruth Mulryne Colman (Chair) Christopher Green Parveen Malik Helen Woolnough Jaspreet Kaur Sohal Rosema Nawaz Ian Lamb Pauline Ferguson Yasmin Khan (registered as Yasmin Fay) Karen Dawber David Butcher Hannah Workman (Appointed 18 September 2025) Andrew Hurst (Resigned 6 March 2025) Annie Curie (Resigned 6 March 2025)
Company number	07504966
Charity number	1142357
Registered office	Kenburgh House 28 Manor Row Bradford BD1 4QU
Independent Auditor	Azets Audit Services Limited 12 King Street Leeds LS1 2HL
Bankers	CAF Cash Ltd Kings Hill West Malling ME19 4TA

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Mind in Bradford

Trustees' Report for the year ended 31 March 2025

The Board of Trustees, who are also Directors for the purposes of company law, present their report and audited financial statements for the year ended 31 March 2025, which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance and Management

The Trustees/Company Directors who served during the year were:

- Ruth Mulryne Colman (Chair)
- Christopher Green
- Parveen Malik
- Helen Woolnough
- Jaspreet Kaur Sohal
- Rosema Nawaz
- Ian Lamb
- Pauline Ferguson
- Yasmin Khan (registered as Yasmin Fay)
- Karen Dawber
- David Butcher
- Andrew Hurst (Resigned 6 March 2025)
- Annie Curie (Resigned 6 March 2025)

Mind in Bradford has been delivering person-focused mental health support for more than 30 years. The company is incorporated under The Companies Act as a company limited by guarantee and is governed by a memorandum and Articles of Association which outline the objects and powers of the company. The company is a registered charity and operates as a non-profit making organisation. As a company limited by guarantee, Mind in Bradford has no share capital. At 31 March 2025 there were 11 members.

Our Board of Trustees comprises of a minimum of three Trustees. We aim to ensure the composition of the Board of Trustees reflects the diversity of the area we serve, and recruit Trustees with skills, expertise, abilities and experience which will add to the Board's effectiveness. This ensures we are able to govern effectively in accordance with our charitable objectives and statutory obligations. Trustees are selected by the current Trustees and appointments are put to the vote. The Board meets quarterly and the Executive Leadership Team (ELT) attend the meetings for accountability and reporting purposes.

The Board agrees the strategy and direction of Mind in Bradford, and delegates the day-to-day management of the organisation and the provision of services to its paid staff and volunteers, who work under the authority of the Chief Executive Officer and the ELT.

Objectives and Activities

Mind in Bradford operates across Bradford, Airedale, Wharfedale and Craven as one of more than 100 'local Minds' throughout England and Wales. We are affiliated to national Mind as part of a federation – proudly holding the Mind Quality Mark – but we rely on our own resources to provide services which are tailored to our local population.

We help people of all ages and backgrounds on every step of their mental health journey from early intervention through to crisis support. Our services are free to access, available 365 days a year, and can be accessed over the phone, online and face-to-face in a growing number and variety of community and healthcare locations.

In September 2024, we adopted a new operating name of Bradford District and Craven Mind to better reflect the area we serve and to show everyone in our communities that we are here for them.

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Mind in Bradford

Trustees' Report for the year ended 31 March 2025 (continued)

Staff and volunteers

We would like to record our thanks to the highly skilled staff team who show so much dedication and commitment to their work at Mind in Bradford. During the year, our staff team has grown to reach a record headcount of 140 individuals.

In addition, we are privileged to be supported by a volunteer workforce of approximately 80 individuals who generously give us their time and make it possible to continue to extend the reach of our services to more people in more places.

Achievements and Performance

In 2024-25 we supported 18,541 unique people through direct delivery of our services, services delivered by our sub-contracted partners, or the virtual support offered by our digital platforms.

- This figure represents an 8% increase on the number of individuals supported compared to last year.
- Almost 50% of these people (8,455) accessed support from us for the first time.
- Almost 45% of these people (8,220) accessed support from us via our work in partnership with other organisations.

In addition, some of the other ways we supported people in 2024-25 included:

- **28,545** visits to our websites for mental health information.
- **11,618** calls and live chats to Guide-Line, our mental health support service.
- **7,303** crisis support sessions provided by Safe Spaces, which offers same-day urgent mental health help and Hospital Buddies, one-to-one support for children and young people in hospital.
- **3,655** young people supported by our Youth in Mind partnership, our award-winning service for people aged 5-19 and up to 25 for those with additional needs.
- **3,516** sessions of one-to-one support via GP practices.
- **3,112** attendances at recovery and wellbeing groups.
- **£98,196** raised by incredible fundraisers, community and business supporters, and trusts and foundations.

Bradford, as the UK's City of Culture, is very much in the national spotlight during 2025 and as demand for our services has increased, we have grown the size of our workforce, extended our main offices spaces to accommodate more people, further built productive relationships with primary and secondary care to deliver more support from healthcare settings, and added three new services to our portfolio; including

- Hope and Light - a partnership providing culturally responsive mental health services for Black African, Black Caribbean, Central and Eastern European, and South Asian communities.
- Culturally Adapted Therapy – to incorporate culturally adapted Behavioural Activation Therapy for Muslim clients into our wider work.
- CORE – to provide comprehensive support for individuals with serious mental illness (SMI) identified within Primary Care Networks and the wider community.

Vision, Mission and Activities

Our vision is that no one in Bradford District and Craven has to face a mental health issue alone and we use the following four overarching strategic objectives to help drive our organisational reach and impact:

- Building capacity within our services for children and young people and increasing access to support available for them.
- Strengthening our support to adults and older people with a Severe Mental Illness and those with complex needs.
- Reducing inequalities and increasing access to support for people from our ethnically and culturally diverse communities.
- Developing and supporting an inclusive and diverse workforce to grow our impact and reach.

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Achievements and Performance (continued)

Our mission is to make the best possible difference to the mental health and well-being of the greatest number of people. Our services or the efforts of our internal teams are aligned to five delivery strategies of which progress is measured against an annual operational plan.

The following provides a summary of progress against each of these five delivery strategies during the year in review.

Strategy 1 - **Promoting a positive understanding of mental health**

We're one of the leading mental health charities in Bradford District and Craven. We're proud to stand up for better mental health and to speak out against stigma wherever we see it. Over the past year, we've used our local voice and our connection to the national Mind network to raise awareness and encourage honest conversations about the mental health issues people face, no matter who they are or where they come from.

During the course of 24/25, we've seen:

- A 10% increase in unique website visitors. 45,000 people interacted with our Bradford District and Craven Mind and Healthy Minds websites throughout the year.
- 28,184 people visited the Bradford District and Craven Mind website, looking for mental health information.
- 809 people followed us across our social media accounts, including Facebook, Instagram, Youtube and TikTok.
- 42,064 tailored newsletters were sent to our supporters, training customers, service members and workforce of staff and volunteers.
- 36 community events to raise our profile including Bradford Pride, Yorkshire Games Festival and International Women's Day at City Hall.
- 23 mentions in the press and media, including BBC Radio Leeds, ITV Yorkshire and the Telegraph & Argus.
- We launched a new search feature on the website to help adults and young people find the information and support they need more easily and quickly.

Strategy 2 - **Providing early intervention advice and support**
(Services include: Guide-Line, Enhanced Access, Wellbeing, WISHH, Hope and Light)

We supported 4,519 people over a total of 16,286 contacts. This represented an increase of 34% in people accessing support compared to the previous year.

Guide-Line is our free, confidential telephone and live-chat service, offering emotional support every day of the year. As one of our longest running services it continues to be a vital source of help for people across Bradford District and Craven. Over the past year, 898 individuals received support through a total of 11,618 calls and live chats. In May 2024, a major step forward was made: people calling the NHS's 111 service in the Bradford and Craven area can now be directly connected to Guide-Line for mental health and wellbeing support.

We have two primary care-based services, Enhanced Access and WISHH, that can be accessed by anyone with a registered GP. The goal is to offer early, flexible support—especially for people feeling worried, stressed, overwhelmed, low, isolated, or struggling to sleep.

Our Wellbeing service allows people to meet up regularly to discuss their feelings, share their experiences and take part in activities in a safe and welcoming environment. The groups include courses to help people manage their mental health, like Six Weeks of Wellness, and wellbeing activities like tribal drumming. This year, there were 3,112 attendances and contacts by 402 people at our recovery and wellbeing groups.

The Hope and Light programme is here to support people from a wide range of ethnic and cultural backgrounds. In its first year, it focused on building strong foundations by forming relationships and learning about the needs of different communities.

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Achievements and Performance (continued)

Now, as the programme moves forward, it's entering an exciting new phase. We are working with new partners and connecting with more organisations to make sure the support we offer is easy to access and shaped by the communities using it.

An adult service member supported by Enhanced Access told us: *"These sessions have really been a weight off my shoulders. It's helped me get talking and I'm finally looking forward to something again."*

A caller to Guide-Line commented: "I have found it [Guide-Line] the most valuable resource available to me in Bradford. I am so grateful that this helpline exists and I would be lost without it."

Strategy 3 - **Equipping people to recover and sustain improved wellbeing**
(Services include: Youth in Mind, Know Your Mind, SMI and Physical Health, SMILE, Hearing Voices, Community Companions, Stepping Stones, KidsTime, Personal Health Budget and CORE).

We supported 6,137 people through 27,370 attended contacts. This represented a 14% increase in the number of people supported and a 43% increase in attended contacts compared to the previous year. This huge growth is reflected in the launch and development of new services, including:

- Launch of Personal Health Budgets and CORE services, which have extended access and flexibility in support provision.
- 20% increase in attended support contacts through Youth in Mind (15,131 in 2024/25 in comparison to 12,626 in 2023/24).
- A 28% increase in children and young people supported by Know Your Mind, one of the Youth in Mind services.
- Significant expansion of our SMI Physical Health Checks and Interventions service, with a 474% increase in people reached.

Our trial of Personal Health Budgets has been shared nationally as a great example of how to reduce pressure on hospitals. It has saved an estimated 654 NHS bed days and £508,000 in costs.

We've also built stronger links with hospital services, working together in new ways across different teams and organisations.

We're now a recognised leader in mental health support for children and young people, especially through new referral pathways with teams working in and around the youth justice system.

A 15-year-old service member who accessed the Know Your Mind service told us: *"You made me feel so comfortable on my first session which is not normal for me. People who don't know me just don't understand but you have, right from the beginning. You showed me the app Tappy which I now use all the time and has enabled me to stop self-harming completely. As of a couple of weeks ago, my suicidal thoughts have stopped too. Without you, I would have had nobody."*

A parent of a CYP added: *"I can honestly say we do not know what we would have done without you. You have been an absolute rock, not just for my daughter but for us as a family too."*

Strategy 4 - **Being there for people in crisis**
(Services include: Safe Spaces (delivered in partnership with Cellar Trust), Hospital Buddies).

Over the past year, our crisis services supported 3,082 people through 17,505 attended contacts. This is a 3% increase in contacts per person compared to the previous year. This reflects a shift toward more personalised care, with many individuals receiving multiple sessions instead of one-off support.

Our crisis services provide urgent support for people experiencing mental health distress. This includes Safe Spaces, delivered in partnership with The Cellar Trust, and Hospital Buddies, which supports young people on hospital wards.

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Achievements and Performance (continued)

Safe Spaces offers a calm, non-clinical environment for people of all ages who need same-day mental health support. Hospital Buddies provides one-to-one support for young people at Bradford Royal Infirmary and Airedale General Hospital, helping those dealing with anxiety around operations, new diagnoses, mental health admissions, or emotional distress.

We made progress in reaching more people from ethnically and culturally diverse communities. Of the total number of people supported by Hospital Buddies, 50% of people were from these communities. Additionally Safe Spaces supported 32% in the hubs and 38% through the crisis café offer.

We're changing the way we offer support to make it more flexible and personal. Instead of fixed times and places, we're focusing on one-to-one help that's shaped around what each person needs.

To put into context the impact of Safe Spaces, an adult who accessed crisis support said: *"If it wasn't for Safe Spaces, I wouldn't be here any more."*

Another told us: *"I came home and had something to eat, had some sleep and wrote the letter that I needed to. I've also realised I need to work alongside others and let them help me."*

Strategy 5 - Enhancing our robust and respected organisation

We successfully secured continuation of all contracts despite exceptionally challenging financial positions of some funders and growing uncertainty over structural changes in national healthcare systems.

Members of our workforce maintained strong leadership visibility and input nationally across key strategic areas.

Internally we maintained a safe and compliant recruitment approach to support a 30% growth in workforce size and benchmarked the make up of our current workforce; with 66% aged between 18-44, and 45% from ethnically and culturally diverse communities (32% from a South Asian background) to closely reflect local demographics.

Our levels of unrestricted income were largely consistent with 23/24 despite continued challenging economic conditions and we successfully grew our corporate profile with a successful series of monthly business networking and training events.

Future

The year 24/25 was the first in our four-year organisational strategy, and in line with our objectives, we successfully expanded our reach across the following areas:

- The number of individuals accessing support from our ethnically and culturally diverse communities grew from 29% to 32%.
- The number of black individuals supported increased from 1% to 1.9%, approaching the Bradford and Craven 2021 Census average of 2%.
- The number of children and young people accessing support directly from us or via our sub-contracted partners passed the 4,200 mark for the first time.

However, we know there is still much more to do to ensure no-one has to face a mental health issue alone; particularly in the face of rising demand, increasing acuity of need, the continued challenges caused by the economic climate, and the growing uncertainty over structural changes in national healthcare systems and funding.

Looking ahead we will continue to work closely with partner organisations, commissioners and service members to enable better mental health for all across our district, while ensuring we are positioned appropriately to help more people in the growing West Yorkshire commissioning landscape.

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Our role as part of a vibrant national network of local Minds and a significant voice in the Bradford District and Craven Health and Care Partnership of statutory and voluntary sector organisations means we will continue to seek out opportunities to collaborate in a meaningful way, to share best practice and to learn from other likeminded organisations.

Financial Review

Total income for the year was £5,230,391 (2024; £3,342,595) of which £4,784,882 was grant support.

Total expenditure was £4,441,770 (2024: £3,130,402) of which £3,773,714 was specific restricted costs and £668,056 unrestricted.

Overall Mind in Bradford achieved a surplus for the year of £788,621 (2024: £212,193). This is made up of £82,438 surplus in unrestricted funds and £706,183 surplus in restricted funds.

The total at 31 March 2025 of Mind in Bradford's unrestricted general funds, excluding fixed asset ("free reserves") was £694,290 (2024: £625,564), which is at the level required to meet the Charity's Reserves Policy of a minimum of three months running costs.

Restricted funds at the end of the financial year amounted to £1,114,841 and related to 18 specific projects and is committed to be spent in future years

Fundraising

Despite the ongoing challenging economic conditions in Bradford District and Craven, we are grateful for the efforts from our supporters and funders. Thank you to everyone that has raised, donated and funded £127,333 in unrestricted income towards our mental health services this year. By raising money, our supporters not only funded services but also raised awareness of mental health and the support available throughout Bradford District and Craven.

Our supporter highlights:

- Support from three new trusts & foundations including: The Harry & Mary Foundation, St James's Place Charitable Foundation, and the Liz & Terry Bramall Foundation.
- Growth in corporate relationships and partnerships aligned to a training & education offer known as the Workplace Wellbeing Movement.
- Our first ever corporate 5-a-side football competition known as The Head's Up Cup, alongside regular challenge events including The Great Yorkshire Abseil and the Dales 50 Bike Ride, plus community events such as the Ilkley Food Festival.

Mind in Bradford does not use professional fundraisers, commercial participators or third parties to fundraise on our behalf. The day to day management of all income generated is managed internally by the staff team who act under authority delegated by the Trustees and follow the Code of Fundraising Practice set out by the Fundraising Regulator, the independent regulator of charitable fundraising in England, Wales and Northern Ireland.

We have not received any complaints in relation to our fundraising practice for the year under review.

Remuneration of key staff

The pay of the charity's key management staff is reviewed annually and may be increased in accordance with national indicators such as inflation or average earnings where financially possible and prudent. The remuneration is also benchmarked with charities of a similar size and activity to ensure that it is fair and not out of line with that generally paid for similar roles.

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Risk Management

The Trustees have carried out ongoing assessments of the charity's activities setting out the major opportunities available to the charity and the risks to which it is exposed. These risks are identified in the risk register and are risk assessed.

The principal risks and uncertainties faced by the charity at the time of writing are as follows:

- The short-term nature and economic pressures of some statutory funding which leads to uncertainty for both the staff and the organisation.
- The ability to attract, develop and retain a workforce that has the skill sets critical to the success of the business and is reflective of the communities we seek to serve.
- The challenging economic climate and our ability to diversify our traditional sources of income to reduce any over reliance of any one single source.
- The ability to appropriately evidence the impact of our services to retain existing work or attract new opportunities.

The Trustees have considered their responsibilities under legislation including health and safety, employment law and safeguarding. Systems and procedures have been implemented to manage specific risks that have been identified, including training for all appropriate persons as necessary.

Public benefit

The aims, objectives and activities of the charity are reviewed regularly, and achievements assessed. When reviewing these and in planning future activities, the Trustees have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

Statement of the Responsibilities of the Trustees

Company law requires the Board to prepare financial statements for each financial period, which give a true and fair view of the state of affairs of the Charitable Company as at the end of the financial period and of the surplus or deficit of the Charitable Company for that period.

In preparing those financial statements the Board is required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charitable Company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

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Mind in Bradford

Trustees' Report for the year ended 31 March 2025 (continued)

Statement of disclosure to the auditor

The Trustees of the company who held office at the date of approval of this annual report confirm that:

- so far as they are aware, there is no relevant audit information, information needed by the company's auditors in connection with preparing their report, of which the charitable company's auditors are unaware; and
- they have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of this information.

Auditors

Azets Audit Services Limited were appointed as auditor to the charitable company and are deemed to be reappointed under section 487(2) of the Companies Act 2006.

Small Company Rules

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies. It was approved by the Board of Trustees and signed on its behalf.

Approved on behalf of the Board on 4 December 2025

Signed by:
Ruth Mulryne Colman
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Ruth Mulryne Colman

Trustee

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Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford

Opinion

We have audited the financial statements of Mind in Bradford (the 'charity') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its surplus, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

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Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Opinions on other matters prescribed by the Companies Act 2006
In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' report, which includes the directors' report prepared for the purpose of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors ' report included within the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception
In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the Trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received
- from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
  the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees
As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

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Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Extent to which the audit was considered capable of detecting irregularities, including fraud.
Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above and on the Financial Reporting Council's website, to detect material misstatements in respect of irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the entity through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias; and
- Performing audit work over the timing and recognition of revenue and in particular whether it has been recorded in the correct accounting period.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Signed by:
Jessica Lawrence
7523F15D661443E...

08 December 2025

Jessica Lawrence
Senior Statutory Auditor

.....

For and on behalf of Azets Audit Services Limited
Statutory Auditor

12 King Street
Leeds
LS1 2HL

Docusign Envelope ID: 26F7178F-C127-483E-B091-436BB97C2D10

Mind in Bradford

Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2025

	Note	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2025 £	Total funds 2024 £
Income						
Donations and Other Income	**2**	134,012	-	61,397	195,409	181,447
Charitable Activities	**4**	366,382	-	4,418,500	4,784,882	3,013,834
Investment Income	**3**	250,100	-	-	250,100	147,314
Total Income		750,494	-	4,479,897	5,230,391	3,342,595
Expenditure						
Charitable Activities	**5**	667,465	591	3,773,714	4,441,770	3,130,402
Total Expenditure	**5**	667,465	591	3,773,714	4,441,770	3,130,402
Net income/(expenditure) and net movement in funds	**7**	83,029	(591)	706,183	788,621	212,193
Funds brought forward		625,564	43,178	408,498	1,077,240	865,047
Funds carried forward	**17**	708,593	42,587	1,114,681	1,865,861	1,077,240

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 16 to 30 form part of the financial statements.

A fully detailed Statement of Financial Activities for year ended 31 March 2024 is shown at note 24.

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

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Mind in Bradford

Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Tangible Fixed Assets	**10**	14,303	-
Current Assets			
Debtors	**11**	237,949	327,619
Current Asset Investments	**12**	5,134,062	3,717,004
Cash at Bank and in Hand		880,878	1,023,921
Total Current Assets		6,252,889	5,068,544
Creditors: Amounts Falling Due Within One Year	**13**	(4,401,331)	(3,991,304)
Net Current Assets		1,851,558	1,077,240
Net Assets	**17**	1,865,861	1,077,240
Funds of the Charity			
Unrestricted Funds		708,593	625,564
Restricted Funds	**15**	1,114,681	408,498
Designated Funds	**16**	42,587	43,178
Total Funds	**17**	1,865,861	1,077,240

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board on 4 December 2025.

Signed by:
Ruth Mulryne Colman
B400D1D5B531459...
Ruth Mulryne Colman
Trustee

Company registration number: 07504966

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Mind in Bradford

Statement of Cash Flows for the Year Ended 31 March 2025

	Note	2025	2024
		£	£
Cash flows from operating activities	**23**	1,046,179	2,232,068
Cash flows from investing activities			
Purchase of fixed assets		(17,164)	-
Interest income		245,000	143,514
Increase in cash equivalents in the year		1,274,015	2,375,582
Cash equivalents at the beginning of the year		4,740,925	2,365,343
Total cash equivalents at the end of the year		6,014,940	4,740,925

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Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Charity Information

Mind in Bradford is a Company Limited by Guarantee in England and Wales and is also a charity registered with the Charity Commission in England and Wales. The registered office is Kenburgh House, 28 Manor Row, Bradford, BD1 4QU.

The company Directors are also members and each member of the company has undertaken to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of it being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention, modified to include certain financial instruments at fair value. The principal accounting policies adopted are set out below.

Going concern

The Trustees have prepared financial projections, taking into consideration the current economic climate. They have a reasonable expectation that adequate financial resources are available to enable the charity to continue in operational existence for the foreseeable future and have adequate contingency plans in the event that income streams are reduced. Consequently, the financial statements have been prepared on the basis that the charity is a going concern.

Income

Income is included in the Statement of Financial Activities ("SoFA") when the charity has established entitlement, and the amount can be quantified with reasonable accuracy.

Donations and legacies are included in the SoFA when it is probable that the funds will be received and that they can be measured with sufficient reliability.

Core funding grants and restricted funding grants are recognised in the income and expenditure account in the period to which they relate.

The value of services provided by volunteers is not included.

Where income is received specifically for expenditure in a future accounting period that amount is deferred.

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1. Accounting Policies (continued)

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. These include governance which are those costs associated with meeting the constitutional and statutory requirement of the charitable company.

Staff costs

The costs of short-term employee benefits are recognised as a liability and an expense where settlement of obligations does not fall within the same period.

Fund accounting

Funds held by the charity are either:

Unrestricted funds **-** Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated funds - Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds - Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets
Basic financial assets, which include debtors, cash and bank balances and current asset investments, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

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Notes to the Financial Statements for the year ended 31 March 2025 (continued)

1. Accounting Policies (continued)

Impairment of financial assets
Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Derecognition of financial assets
Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities
Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities
Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity held for working capital.

Pension costs

The charity operates defined contribution pension arrangements for its employees. Amounts due are recognised as an expense in the SoFA when they fall due for payment.

Tangible fixed assets

Tangible fixed assets are stated at cost, less depreciation, with depreciation rates as follows:

Plant and Machinery	3 – 6 years straight line

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Notes to the Financial Statements for the year ended 31 March 2025 (continued)

1. Accounting Policies (continued)

Operating leases

Rentals payable under operating leases, including any lease incentives received, are charged to the SoFA on a straight-line basis over the lease term.

Critical Accounting Estimates and Judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

After reviewing the Trustees consider that there are no critical estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the financial statements.

2. Donations and Other Income

	2025 £	2024 £
Donations	127,333	129,489
Training Income	6,454	6,155
Membership Fees	225	140
Staffing Income	61,397	39,220
Honorarium	-	6,443
	195,409	181,447

Included within donations and other income is staffing income of £61,397 (2024 - £23,158) which was restricted for The Cellar Trust – Safe Spaces project.

3. Investment Income

	2025 £	2024 £
Bank Interest Received	245,000	143,514
Room Hire	5,100	3,800
	250,100	147,314

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Notes to the Financial Statements for the year ended 31 March 2025 (continued)

4. Income from Charitable Activities:

	2025 £	2024 £
Unrestricted Funds:		
Bradford Care Alliance – Enhanced Access	79,477	-
NHS West Yorkshire ICB	172,444	335,571
Primary Care Network - WISHH	37,440	36,960
The VCS Alliance - Enhanced Access	77,021	161,528
Other	-	3,693
	366,382	537,752
Restricted Funds:		
NHS West Yorkshire ICB:		
Community Companions	108,956	88,956
Guideline	365,068	315,625
Health and Wellbeing	165,394	-
Healthy Minds	91,284	76,896
Hearing Voices	36,965	22,429
Hope & Light (ECDC)	900,000	-
Hospital Buddies	74,099	-
Kids Time	17,500	-
Know Your Mind	213,253	143,000
Serious Mental Illness	420,955	123,369
SMI-LE	175,000	-
Youth in Mind	674,907	799,258
Bradford & District Care NHS Foundation Trust:		
Culturally Adapted Therapy	19,301	-
Guideline	50,000	50,000
Kids Time	15,000	15,000
Personal Health Budgets	133,333	33,333
SMI-LE	-	150,000
Stepping Stones	83,035	41,496
Other funders:		
British Triathlon Federation	3,280	-
Sport England	7,200	-
The Cellar Trust – Safe Spaces	656,720	616,720
The VCS Alliance – Core	205,000	-
Other projects	2,250	-
	4,418,500	2,476,082
Total income from charitable activities	4,784,882	3,013,834

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Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

5. Charitable Activities

	2025 £	2024 £
Wages and Salaries	2,178,803	1,642,391
Employers National Insurance	179,352	121,045
Pension Costs	55,816	40,820
Employees Health and Life Cover	27,013	21,249
Payroll Costs	3,050	2,920
Staff Engagement & Recognition	9,657	16,446
Cleaning and Domestic	9,920	9,240
IT Contracts, Software and Hardware	70,243	39,145
Recruitment Costs	13,496	9,938
Service Delivery Operational Costs	1,263,002	707,883
Fundraising	10,065	8,481
Volunteer Expenses	3,434	3,719
Staff Training and Development	41,706	18,729
Staff Supervision	5,270	6,285
Printing and Copying	2,020	2,419
Repairs and Renewals	10,877	44,994
Rent and Rates	40,221	24,765
Light, Heat and Water	43,163	28,674
Insurance	2,199	804
Office Supplies and Equipment	3,900	3,223
Publicity and Promotion	11,989	11,204
Telephone	29,787	24,531
Travel Costs	8,650	5,597
Depreciation	2,145	-
Refreshment Costs	1,114	1,326
	4,026,892	2,795,828
Share of support costs (see note 6)	384,838	299,373
Share of governance costs (see note 6)	30,040	35,201
	4,441,770	3,130,402

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Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

6. Support Costs

	Support costs	Governance costs	2025 £
Wages and Salaries	247,050	-	247,050
Employers National Insurance	25,681	-	25,681
Pension Costs	7,059	-	7,059
Outsourced payroll costs	15,066	-	15,066
Cleaning and Domestic	3,306	-	3,306
IT Contracts, Software and Hardware	23,415	-	23,415
IG and HS Consultancy	3,213	-	3,213
Printing and Copying	674	-	674
Rent and Rates	13,407	-	13,407
Repairs and Renewals	3,626	-	3,626
Light, Heat and Water	14,388	-	14,388
Insurance	12,713	-	12,713
Office Supplies and Equipment	1,247	-	1,247
Telephone	9,929	-	9,929
Depreciation	716	-	716
Bank Charges	190	-	190
Subscriptions and Memberships	3,158	-	3,158
Audit and Accountancy Fees	-	16,050	16,050
Professional Fees	-	13,273	13,273
Trustee Expenses	-	717	717
	384,838	30,040	414,878

	Support costs	Governance costs	Support costs
Wages and Salaries	195,933	-	195,933
Employers National Insurance	19,976	-	19,976
Pension Costs	5,718	-	5,718
Outsourced payroll costs	12,452	-	12,452
Cleaning and Domestic	3,080	-	3,080
IT Contracts, Software and Hardware	13,048	-	13,048
IG and HS Consultancy	1,246	-	1,246
Printing and Copying	806	-	806
Rent and Rates	11,255	-	11,255
Repairs and Renewals	2,533	-	2,533
Light, Heat and Water	9,558	-	9,558
Insurance	10,723	-	10,723
Office Supplies and Equipment	1,075	-	1,075
Telephone	8,177	-	8,177
Bank Charges	78	-	78
Subscriptions and Memberships	3,715	-	3,715
Audit and Accountancy Fees	-	13,410	13,410
Professional Fees	-	21,557	21,557
Trustee Expenses	-	234	234
	299,373	35,201	334,574

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Notes to the Financial Statements for the year ended 31 March 2025 (continued)

7. Net Income/(Expenditure) for the Year

This is stated after charging:	2025 £	2024 £
Operating lease charges	52,257	34,859
Auditor's remuneration:		
Audit fees	11,275	9,275
Financial Statements preparation	2,100	1,900

The amounts stated above are exclusive of irrecoverable VAT.

8. Trustees

None of the Trustees received any remuneration or benefits in the year, for Trustee expenses see note 21.

9. Employees

Number of Employees

The average monthly number of employees during the year was:

	2025	2024
Staff	120	104

Staff Costs

	2025 £	2024 £
Wages and Salaries	2,440,919	1,838,324
Social Security Costs	205,033	141,021
Other Pension Costs	62,875	46,539
Employees Health and Life Cover	27,013	21,249
	2,735,840	2,047,133

The key management personnel of the charity are the Chief Executive Officer, Director of Equity and Quality (Deputy CEO), Director of Corporate Services, Director of Adult/Older Adult Services and Director of Children, Young People and All Age Services. The aggregate employment benefits, including employer's national insurance and pension contributions of the key management personnel of the charity were £317,613 (2024 - £198,998).

Employees earning more than £60,000 per annum:

	2025	2024
£60,000 to £69,999	-	1
£70,000 to £79,999	1	-

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Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

10. Tangible Fixed Assets

	Plant and Machinery £	Total £
Cost:		
At 1 April 2024	-	-
Additions	17,164	17,164
At 31 March 2025	17,164	17,164
Depreciation:		
At 1 April 2024	-	-
Charge for the year	2,861	2,861
At 31 March 2025	2,861	2,861
Net book value at 31 March 2025	14,303	14,303
Net book value at 31 March 2024	-	-

11. Debtors

	2025 £	2024 £
Trade Debtors	163,420	267,076
Prepayments and Accrued Income	74,529	60,543
	237,949	327,619

12. Current Asset Investments

	2025 £	2024 £
Charity Deposit Fund	5,134,062	3,717,004

13. Creditors: Amounts falling due within one year

	2025 £	2024 £
Trade creditors	59,952	41,212
Accruals	74,066	67,799
Other Taxes and Social Security Costs	48,550	41,840
Deferred Income	4,218,763	3,840,453
	4,401,331	3,991,304

14. Deferred Income

	2025 £	2024 £
At 1 April 2024	3,840,453	2,053,457
Amount released to income	(1,851,690)	(447,051)
Amount deferred in the year	2,230,000	2,234,047
At 31 March 2025	4,218,763	3,840,453

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Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

15. Restricted Funds

The income funds of the Charity include restricted funds comprising the following balances held on trust for specific purposes:-

As at 31 March 2025	Balance at 1 April 2024	Movement in Funds: Income	Expenditure	Transfers	Balance at 31 March 2025
NHS West Yorkshire ICB					
Community Companions	2,556	108,956	(99,082)	-	12,430
Guideline	75,077	365,068	(352,360)	-	87,785
Health & Wellbeing	26,446	165,394	(167,610)	-	24,230
Healthy Minds	12,400	91,284	(97,140)	-	6,544
Hearing Voices	6,986	36,965	(34,041)	-	9,910
Hope & Light	-	900,000	(654,679)	-	245,321
Hospital Buddies	-	74,099	(72,093)	11,858	13,864
Kids Time	-	17,500	(8,427)	-	9,073
Know Your Mind	11,696	213,253	(209,799)	14,307	29,457
Serious Mental Illness	-	420,955	(206,794)	-	214,161
SMI-LE	-	175,000	(72,213)	-	102,787
Youth in Mind	63,000	674,907	(659,892)	(26,165)	51,850
Bradford & District Care NHS Foundation Trust					
CAT	-	19,301	(19,301)	-	-
Guideline	-	50,000	(50,000)	-	-
Kids Time	6,461	15,000	(21,461))	-	-
Personal Health Budgets	19,683	133,333	(133,020)	-	19,996
SMI-LE	55,006	-	(55,006)	-	-
Stepping Stones	9,537	83,035	(72,790)	-	19,782
Other funders					
British Triathlon Federation	-	3,280	-		3,280
The VCS Alliance - Core	-	205,000	(89,796)	-	115,204
Sport England	-	7,200	(1,705)	-	5,495
The Cellar Trust – Safe Spaces	119,650	718,117	(694,255)	-	143,512
Other projects	-	2,250	(2,250)	-	-
	408,498	4,479,897	(3,773,714)	-	1,114,681

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Notes to the Financial Statements for the year ended 31 March 2025 (continued)

15. Restricted Funds (continued)

As at 31 March 2024	Balance at 1 April 2023	Movement in Funds: Income	Expenditure	Transfers	Balance at 31 March 2024
NHS West Yorkshire ICB					
Community Companions	9,856	88,956	(96,256)	-	2,556
Youth in Mind	9,000	799,258	(745,258)	-	63,000
Serious Mental Illness	-	123,369	(123,369)	-	-
Healthy Minds	14,577	76,896	(79,073)	-	12,400
Health and Wellbeing	26,446	-	-	-	26,446
Know Your Mind	35,560	143,000	(166,864)	-	11,696
Hearing Voices	18,271	22,429	(33,714)	-	6,986
Guideline	67,229	365,625	(360,387)	2,610	75,077
Bradford & District Care NHS Foundation Trust					
SMI-LE	-	150,000	(94,994)	-	55,006
Kids Time	-	15,000	(8,539)	-	6,461
Stepping Stones	-	41,496	(31,959)	-	9,537
Personal Health Budgets	-	33,333	(13,650)	-	19,683
Other funders					
National Association for Mental Health – grant for IT	4,342	-	(4,342)	-	-
The Cellar Trust – Safe Spaces	89,238	639,878	(609,170)	(296)	119,650
	274,519	2,499,240	(2,367,575)	2,314	408,498

NHS West Yorkshire ICB:

Community Companions - Funding for a befriending support service for adults feeling lonely, isolated or alone. This funding enabled us to recruit, train and retain volunteers to deliver befriending support throughout Bradford District and Craven.

Guideline - Funding for a free and confidential telephone helpline also providing an online live chat service. This service is for people of all ages in Bradford District and Craven who need emotional/mental health support, advice and guidance or signposting.

Health and Wellbeing - Funding received to provide transformative work within the community as and when the need dictates.

Healthy Minds - Funding to support the development and implementation of Healthy Minds which delivers a coherent system wide communication strategy to promote, protect and improve good mental wellbeing across Bradford District and Craven.

Hearing Voices - Funding to continue as a Maastricht Interview Centre to work with people who are hearing voices, understanding links between life experiences and voices to aid recovery, as well as offering group support for those who hear voices.

Hope and Light – Funding to be the lead provider (alongside Staying Put) of a service which provides culturally responsive mental health services for Black African, Black Caribbean, Central and Eastern European, and South Asian communities.

Hospital Buddies - Funding to provide any child or young person aged 5-19 who are admitted to hospital at Bradford Teaching Hospitals and Airedale NHS Trust with access to a wellbeing support worker during their stay.

Kids Time - Funding to deliver the KidsTime Workshops offer which provide fun supportive group sessions for families where a parent or carer has been diagnosed with a severe/serious mental illness.

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15. Restricted Funds (continued)

Know Your Mind - Funding for our dedicated children and young people's service offering a range of different support, including group work and one-to-one sessions, for children and young people who live in the central Bradford area.

Serious Mental Illness - Funding released by NHS to start work on a project aiming to reduce premature mortality associated with physical ill health in people with severe mental illness (in combination with NHS projects). The funding enabled the development of training on the importance of physical healthcare for people living with serious mental illness (SMI) to be delivered to staff and volunteers in the voluntary and community sector who working with people with SMI, as well as an assertive outreach officer programme to support people with SMI to engage in their annual physical health checks.

SMI-LE – Funding to enhance community-based support for people with a mental health illness who are currently receiving support via secondary care.

Youth in Mind - Funding to be the Youth in Mind (YIM) Lead Provider; YIM is a partnership of providers who deliver school, community and hospital-based support to CYP across Bradford District and Craven who are struggling with their mental, emotional or social wellbeing.

Bradford and District Care NHS Foundation Trust:

Culturally Adapted Therapy – Funding to incorporate culturally adapted Behavioural Activation Therapy for Muslim clients whose primary presentation is depression within the Hope and Light Service.

Guideline - Funding for a free and confidential telephone helpline also providing an online live chat service. This service is for people of all ages in Bradford District and Craven who need emotional/mental health support, advice and guidance or signposting.

Kids Time - Funding to deliver the KidsTime Workshops offer which provide fun supportive group sessions for families where a parent or carer has been diagnosed with a severe/serious mental illness.

Personal Health Budgets - Funding received to provide an ongoing service which manages one-off Personal Health Budgets which can support people to achieve specific goals or outcomes enabling supported self-management and mental health recovery following hospital discharge.

SMI-LE – Funding to enhance community-based support for people with a mental health illness who are currently receiving support via secondary care.

Stepping Stones - Non-recurrent funding to support those receiving support via secondary care. The project offers group support, delivered by both clinical and non-clinical professionals. The service aims to support connectivity with others and their communities to keep people well.

Others:
British Triathlon Federation – Funding to facilitate access to physical health interventions for people suffering with a severe mental illness (SMI) in areas of high economic deprivation in Bradford.

Sport England – Funding to extend our Wellbeing offer to include a physical activity-based exercise (ten pin bowling) with a structured programme of coaching, regular participation and equipment to continue.

The Cellar Trust: Safe Spaces - Funding received to provide a crisis service, providing a critical out of hours support to adults and children experiencing mental or emotional distress. This reduces the demand on GPs, specialist services and A&E, improving access to non-medicalised support, treatment, information and advice.

Docusign Envelope ID: 26F7178F-C127-483E-B091-436BB97C2D10

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

15. Restricted Funds (continued)

The VCS Alliance - Core Funding to provide comprehensive support for individuals with serious mental illness (SMI) identified within Primary Care Networks and the wider community.

16. Designated Funds

As at 31 March 2025	Balance at 1 April 2024	Movement in Funds: Income	Expenditure	Transfers	Balance at 31 March 2025
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	15,000	-	-	-	15,000
Staff development and well being	10,000	-	-	-	10,000
TPT Pension Liability	3,178	-	(591)	-	2,587
	43,178	-	(591)	-	42,587

As at 31 March 2024	Balance at 1 April 2023	Movement in Funds: Income	Expenditure	Transfers	Balance at 31 March 2024
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	12,822	-	-	2,178	15,000
Staff development and well being	10,000	-	-	-	10,000
TPT Pension Liability	5,998	-	-	(2,820)	3,178
Expansion of Leadership Team	12,075	-	(12,075)	-	-
	55,895	-	(12,075)	(642)	43,178

Legacy Funding
Donation from a local estate, to put towards a project to enable mental health services to be more easily accessible.

17. Analysis of Net Assets by Fund

As at 31 March 2025	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	1,114,681	1,114,681
Unrestricted general funds			
General	14,303	694,290	708,593
Designated	-	42,587	42,587
	14,303	1,851,558	1,865,861

As at 31 March 2024	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	408,498	408,498
Unrestricted general funds			
General	-	625,564	625,564
Designated	-	43,178	43,178
	-	1,077,240	1,077,240

Docusign Envelope ID: 26F7178F-C127-483E-B091-436BB97C2D10

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

18. Commitments under Operating and Financial Leases

At 31 March 2025 the charity had annual commitments under non - cancellable operating and financial leases as follows:

	2025 £	2024 £
Expiry Date		
Within one year	105,384	29,440
Between two and five years	167,450	1,164
	272,834	30,604

19. Capital commitments

At 31 March 2024 the charity had capital commitments contracted for but not provided in the financial statements as follows

	2025 £	2024 £
Acquisition of tangible non-current assets	-	11,794

20. Taxation

Mind in Bradford is a registered charity and as such is a charity within the meaning of schedule 6 of the Finance Act 2010. Accordingly, it is potentially entitled to tax exemption under part 11 of the Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 in respect of income and gains arising.

21. Related party transactions

Trustee expenses of £362 were reimbursed during the year to two trustees (2024: £233).

During the year Mind in Bradford paid £6,077 (2024: £2,124) to Schofield Sweeney LLP for legal fees. Andrew Hurst was a trustee of Mind in Bradford until 6 March 2025 and is an LLP Member of Schofield Sweeney LLP.

In the prior year, Mind in Bradford received various funding from Bradford District Care NHS Foundation Trust. Of this, £230,000 (2025 - £nil) related to the Serious Mental Illness service and was held in deferred income at the year end and is still included in deferred income. Jaspreet Sohal is Clinical Director of Pharmacy & Physical Health and Wellbeing Services at Bradford District Care NHS Foundation Trust and is influential in the funding of this service. She has no influence over any other funding receivable from Bradford District Care NHS Foundation Trust.

22. Contingent Liability – Pensions

The charity is a participating employer in the Growth Plan pension scheme which is a multi-employer defined benefit pension scheme. The scheme is closed to admission and the charity has a very small exposure to liability in the scheme, the last funding update advised the charity of a share in liabilities of £2,834 (2024: £2,587) and there is no indication that this has increased materially at 31 March 2025. This liability has not been recognised and accounted for in accordance with FRS 102 and the Charity SORP on the grounds of immateriality.

Docusign Envelope ID: 26F7178F-C127-483E-B091-436BB97C2D10

Notes to the Financial Statements for the year ended 31 March 2025 (continued)

23. Reconciliation of net movement in funds to net cashflow from operating activities:

	2025 £	2024 £
Net movement in funds	788,621	212,193
Depreciation	2,861	-
Deduct interest income	(245,000)	(143,514)
Decrease in debtors	89,670	396,033
Increase in creditors	410,027	1,767,356
	1,046,179	2,232,068

The charity had no net debt at the current or prior year end.

24. Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2024

	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2024 £
Income				
Donations and Other Income	158,289	-	23,158	181,447
Charitable Activities	537,752	-	2,476,082	3,013,834
Investment Income	147,314	-	-	147,314
Total Income	843,355	-	2,499,240	3,342,595
Expenditure				
Charitable Activities	750,752	12,075	2,367,575	3,130,402
Total Expenditure	750,752	12,075	2,367,575	3,130,402
Net income/(expenditure) before transfers	92,603	(12,075)	131,665	212,193
Transfers between funds	(1,672)	(642)	2,314	-
Net movement in funds	90,931	(12,717)	133,979	212,193
Funds brought forward	534,633	55,895	274,519	865,047
Funds carried forward	625,564	43,178	408,498	1,077,240

MIND IN BRADFORD

England & Wales - Charity number 1142357

Accounts

Charity Number: 1142357

Company Number: 07504966

Mind in Bradford

(A Company Limited by Guarantee)

Annual Report and Financial Statements

For the year ended 31 March 2024

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Mind in Bradford

Legal and Reference Information

Trustees/Management Committee	Ruth Mulryne Colman (Chair)	
	Christopher Green	
	Andrew Hurst	
	Annie Curie	
	Parveen Malik	
	Helen Woolnough	(Appointed 14 March 2024)
	Jaspreet Kaur Sohal	(Appointed 14 March 2024)
	Rosema Nawaz	(Appointed 14 March 2024)
	Ian Lamb	(Appointed 14 March 2024)
	Pauline Ferguson	(Appointed 14 March 2024)
	Yasmin Khan	(Appointed 14 March 2024)
	Karen Dawber	(Appointed 14 March 2024)
	David Butcher	(Appointed 14 March 2024)
Company number	07504966	
Charity number	1142357	
Registered office	Kenburgh House 28 Manor Row Bradford BD1 4QU	
Independent Auditor	Azets Audit Services Limited 12 King Street Leeds LS1 2HL	
Bankers	CAF Cash Ltd Kings Hill West Malling ME19 4TA	

Mind in Bradford

Trustees' Report for the year ended 31 March 2024

The Board of Trustees, who are also Directors for the purposes of company law, present their report and audited financial statements for the year ended 31 March 2024 , which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance and Management

The Trustees/Company Directors who served during the year were:

Ruth Mulryne Colman (Chairperson)	
Christopher Green	
Andrew Hurst	
Annie Curie	
Parveen Malik	
Helen Woolnough	(Appointed 14 March 2024)
Jaspreet Kaur Sohal	(Appointed 14 March 2024)
Rosema Nawaz	(Appointed 14 March 2024)
Ian Lamb	(Appointed 14 March 2024)
Pauline Ferguson	(Appointed 14 March 2024)
Yasmin Khan	(Appointed 14 March 2024)
Karen Dawber	(Appointed 14 March 2024)
David Butcher	(Appointed 14 March 2024)
Andrew Richardson	(Resigned 29 September 2023)

Mind in Bradford was set up more than 30 years ago by a group of people who were looking for more mental health and wellbeing support. The organisation became affiliated to national Mind but is an independent charity which relies on its own resources to provide award-winning local services to people in Bradford, Airedale, Wharfedale and Craven.

The company is incorporated under The Companies Act as a company limited by guarantee and is governed by a memorandum and articles of association which outline the objects and powers of the company. The company is a registered charity and operates as a non-profit making organisation. As a company limited by guarantee, Mind in Bradford has no share capital. At 31 March 2024 there were 13 members.

Our Board of Trustees comprises of a minimum of three Trustees. We aim to ensure the composition of the Board of Trustees reflects the diversity of the area we serve, and recruit Trustees with skills, expertise, abilities and experience which will add to the Board's effectiveness. This will ensure we are able to govern effectively in accordance with our charitable objectives and statutory obligations. Trustees are selected by the current Trustees and appointments are put to the vote. The Board meets quarterly and the executive leadership team attend the meetings for accountability and reporting purposes.

The Board agrees the strategy and direction of Mind in Bradford, and delegates the day-to-day management of the organisation and the provision of services to paid staff and volunteers who work under the authority of the Chief Executive and the executive leadership team.

Objectives and Activities

Mind in Bradford operates across Bradford, Airedale, Wharfedale and Craven as one of more than 100 independent local minds throughout England and Wales. We rely on our own resources to provide services which have been designed to meet the needs of our community.

Trustees' Report for the year ended 31 March 2024 (continued)

We help people of all ages at each step of their mental health journey from early intervention through to crisis support and recovery. Our services can be accessed over the phone, online and face-to-face. Support is free and available every day of the year to anyone who needs help with their mental health and wellbeing.

We believe that no one should experience a mental health problem alone and our purpose is to make the best possible difference to the mental health and wellbeing of the greatest number of people.

In line with a continued commitment to continuous improvement, Mind in Bradford operates to the guidelines set out by Mind nationally and in recognition of this we have received the Mind Quality Mark.

Achievements and Performance

In 2023-24 our staff, volunteers and partners collectively supported 17,176 people through 53,523 interventions. The last year has continued to be a challenging one for many people across our region and our services saw a significant rise in the number of people accessing support (23% increase on 2022-23) with 7,432 individuals seeking help from us for the first time.

Some of the ways we supported people in 2023-24 included:

- 11,352 calls and live chats to Guide-Line
- 4,164 children and young people, aged 5 to 25, supported by the Youth in Mind partnership
- 6,028 crisis support sessions provided by Safe Spaces
- 3,664 attendances at wellbeing and recovery groups
- 3,139 sessions of 121 support via GP practices
- 5,318 completions of the wellbeing assistant on the Healthy Minds website
- 2,797 volunteer hours supporting delivery of our crucial services
- 493 calls and community visits by volunteer befrienders to people feeling isolated and lonely
- 400 attendances at our Hearing Voices groups and one-to-one Maastricht support

This year we have grown our workforce, office space, services and income which has allowed us to support more people with their mental health and wellbeing across the district.

We have added three new services to our portfolio; including Personal Health Budgets, KidsTime Workshops and transforming the Wellness Collaborative into Stepping Stones. KidsTime marked the first of its kind in the North and our first step towards whole-family and multi-family mental health support, whilst Personal Health Budgets has proven the impact of a non-clinical approach in helping people transition back to their local communities on hospital discharge.

We have continued to develop our crisis support offer, Safe Spaces, providing 13,725 sessions of support to 2,908 people experiencing mental health distress. This is 57% increase in the number of people supported in crisis compared to the previous year. The service received both local and national recognition through awards for 'frontline team of the year' and 'collaboration and partnership'.

Our children and young people's services continue to expand and alongside supporting more individuals than ever before, we have expanded them geographically to areas such as Keighley Central, Holmewood and Buttershaw.

Meanwhile, we have doubled down on our commitment to being there for people when and where they need us as Guide-Line, our live chat and telephone support service which is available 365 days a year, answered over 11,300 calls and live chats to people of all ages needing information, advice and support between 8am and midnight.

In the digital space the Healthy Minds website, for which we are the development partner, was redesigned and relaunched on World Mental Health Day [October 2023] and alongside the Mind in Bradford website has reached over 30,600 people during a busy 12 months.

Trustees' Report for the year ended 31 March 2024 (continued)

Mission and Activities

Our purpose (why we exist) is to make the best possible difference to the mental health and well-being of the greatest number of people and we do this by:

- Providing early intervention advice and support.
- Supporting people in crisis.
- Building community and individual resilience for better mental wellbeing.
- Equipping and helping people to recover and sustain improved wellbeing.

Our services are designed to offer appropriate and timely support and are delivered directly or in collaboration with partners.

Providing early intervention advice and support

Guide-Line is our free telephone and live-chat service providing confidential, emotional support every day of the year. This service is one of our longest running and continues to be an integral source of support to people in Bradford District and Craven. This year we provided support to 692 people through 11,352 phone calls and live chats.

Enhanced Access and WISHH are our Primary Care based services that can be accessed by anyone registered with a GP in Bradford District and Craven. This year we offered 5,460 one-to-one appointments over the phone and these are often a first step to seeking help for your own or a family member's mental health.

Our Wellbeing service allows people to meet up regularly to discuss their feelings, share their experiences and take part in activities in a welcoming environment. The groups consist of structured courses with a recovery focus like Six Weeks of Wellness and wellbeing activities like tribal drumming and Zumba. This year there were 3,664 attendances and contacts by 436 people at our recovery and wellbeing groups which have been extended into weekends and evenings.

Supporting people in crisis

Safe Spaces is our crisis support service in partnership with The Cellar Trust. The service offers a calm, non-clinical space for children, young people and adults across Bradford District and Craven who need urgent, same-day mental health support. This year, 2,592 people were supported who were experiencing emotional distress, with 6,028 sessions of support from Hubs in Bradford, Keighley and Shipley. This is a 40% increase in the number of people we supported in crisis in comparison to the previous year. Further support was delivered by the partnership with 3,746 attendances for drop-in support within school, cafe and community settings.

This year saw the launch of a new crisis support service, Hospital Buddies, providing one-to-one support to young people on the children's wards at Bradford Royal Infirmary and Airedale General Hospital. Wellbeing Workers based on the wards can support young people with anxiety around an operation, chronic health diagnosis, mental health admissions and anyone experiencing mental health distress. Since launching the service has supported 122 children and young people.

Building community and individual resilience for better mental wellbeing

As one of Bradford District and Craven's leading mental health providers we aim to be vocal and direct in our championing of mental health within our communities. Over the last 12-months we have used our local platform and unique position as part of the Mind network to talk openly and passionately about the challenges people from all backgrounds face.

Over 29,400 people visited our website, we attended 25 different local events where we provided community outreach activities to raise our profile and that of our services, we were mentioned in local media 18 times including newspaper and radio, and we ran a targeted advertising campaign online and in the community which increased the number of men and young people accessing our Guide-Line service, equating to 492 unique people compared to the previous year.

Mission and Activities (continued)

Meanwhile, the Healthy Minds website is your first step to mental health support in Bradford District and Craven. The site includes a directory of services including support groups, mental health advice and information. You can get personalised information tailored to your needs and preferences using the Support Finder. Over the last 12-months, over 23,200 people visited the Healthy Minds website and over 5,300 of those visitors used the website's Support Finder to find customised information and services in their local area.

Equipping and helping people to recover and sustain improved wellbeing

Youth in Mind (YIM) is a partnership of organisations – led by Mind in Bradford - that provide emotional and wellbeing support to children and young people aged 5 to 19 and up to 25 with additional needs. This year the partnership supported 3,712 children and young people with 13,667 support sessions, including one-to-one and group support.

Within the YIM partnership, Know Your Mind and Know Your Mind Plus are our dedicated children and young people's services supporting 8-25 year-olds. Over the last 12 months we have supported 360 young people with 1,848 sessions of one-to-one support. 95% of the young people we supported showed improvement after completing their 8 weeks of one-to-one support.

Midway through the year we launched the Kids Time workshops which marked the first of its kind in the north of England and our first step towards whole-family and multi-family mental health support. Ten families and a total of 37 people were supported via this innovative new programme.

We also re-imagined the Wellness Collaborative to become Stepping Stones which supports people through a series of therapeutic groups to enhance their wellbeing and reduce the need for a further clinical therapeutic intervention. The groups focus on equipping people to stay well and access further community-based support.

We supported 92 individual voice hearers by providing 400 interventions through our peer support groups and one-to-one Maastricht interviews. Clients often hear voices because they have experienced trauma, this service helps develop understanding of their voices and provides them with tools to help.

Community Companions is a befriending service for anyone in Bradford and Craven aged 18+ who is feeling lonely, isolated or struggling with their mental health. Volunteers are matched with clients to provide one hour of weekly support in-person, out in the community for up to three months. This year the service supported 74 individuals including outdoor walks and visits to local community groups and cafés. We saw an increase in attendees from ethnically diverse backgrounds thanks to volunteers facilitating sessions in Urdu and Punjabi.

SMI-LE provides additional practical wellbeing support for up to six weeks to help people registered with a Care Coordinator achieve their individual goals and aspirations. This might be locating more appropriate housing, help with employment, welfare and benefits or support people with their mental health and wellbeing. This year sessions of support were delivered to 297 people.

In the Serious Mental Illness and Physical Health Checks areas we have continued to evolve our offering via a Health Engagement Officer model which helped provide 142 direct support contacts. Since the project launched, we have delivered training on SMI and Physical Health Checks to a growing number of healthcare workers across Bradford District and Craven including GP practices and voluntary organisations. We have also developed a range of videos, leaflets and social media campaigns to inform and educate people.

Innovation has been key to delivering the right services in the right place at the right time and in 2023-24 we launched the Personal Health Budgets service which has proven the impact of a non-clinical approach in helping people transition back to their local communities on hospital discharge. Within one month of launch, we supported 13 people at a cost of £3,200, leading to a reduction of 39 bed days in hospital and savings of £47,000 for the local NHS.

Future

The year 2023/24 saw us bring the curtain down on a three-year strategy aimed at making the best possible difference to the mental health and well-being of the greatest number of people. Between 2021 and 2024 we have seen an almost 500% increase in the numbers of people receiving our help.

The year also marks the final year operating as 'Mind in Bradford' as we begin our next chapter as 'Bradford District and Craven Mind'. We believe that this name change will ensure people living outside Bradford will know that our services are here for them too.

We know there is still much more to do to ensure no-one has to face a mental health issue alone and we start a new four-year strategic cycle both with renewed commitment and on a robust footing.

As the numbers of people accessing our services continues to grow, we will focus on ensuring we are delivering in the right places and at the right times. We will reach out to understand and connect with all parts of our community in ways which reduce any traditional barriers to accessing our support.

For example, in January 2024, Mind in Bradford and strategic partners Staying Put were successful in a bid for five years' funding for a new programme for Ethnically and Culturally Diverse Communities (ECDC). The overall Vision of the programme is everybody from ethnically and culturally diverse communities can access mental health support how and when they need it. The Mission is to reduce mental health inequalities faced by culturally and ethnically diverse communities and to reduce system pressures through courageous decision making and transformational working. The ECDC programme will be mobilised in 2024-25.

Looking ahead we will continue to work closely with partner organisations, commissioners and service members to enable better mental health for all across our district, while ensuring we are positioned appropriately to help more people in the growing West Yorkshire commissioning landscape.

Our role as part of a vibrant national network of local Minds means we will continue to seek out opportunities to collaborate in a meaningful way, to share best practice and to learn from other likeminded organisations.

Financial Review

Mind in Bradford made a surplus in the year of £212,193 (2023: £90,667).

Total income for the year was £3,342,595 (2023; £2,711,783) of which £3,013,834 was grant support. Total expenditure was £3,130,402 (2023: £2,621,116) of which £2,367,575 was specific restricted costs and £750,752 unrestricted.

The total at 31 March 2024 of Mind in Bradford's "free reserves" was £625,564 (2023: £534,633) which is at the level required to meet the Charity's Reserves Policy of a minimum of three months running costs.

Restricted funds at the end of the financial year amounted to £408,498 and related to twelve specific projects and is committed to be spent in 2024/25.

Fundraising

Despite the ongoing challenging economic conditions in Bradford District and Craven, we are grateful for the efforts from our supporters and funders. Thank you to everyone that has raised, donated and funded £129,489 in unrestricted income towards our mental health services this year. By raising money, our supporters not only funded services but also raised awareness of mental health and the support available throughout Bradford District and Craven.

Trustees' Report for the year ended 31 March 2024 (continued)

Fundraising (continued)

Our supporter highlights:

- Six new funders including Garfield Weston Foundation, Sovereign Healthcare and Sport England.
- £12,000 in corporate donations to a winter appeal which involved sponsoring a bauble on a virtual tree.
- Our first Great Yorkshire Abseil challenge at the Ilkley Cow and Calf which raised £4,000.
- The creation of a business steering group involving key local businesses to provide insight, advice and feedback on our corporate offer.

Mind in Bradford does not use professional fundraisers, commercial participators or third parties to fundraise on our behalf. The day to day management of all income generated is managed internally by the staff team who act under authority delegated by the Trustees and follow the Code of Fundraising Practice set out by the Fundraising Regulator, the independent regulator of charitable fundraising in England, Wales and Northern Ireland.

We have not received any complaints in relation to our fundraising practice for the year under review.

Remuneration of Key staff

The pay of the charity's key management staff is reviewed annually and may be increased in accordance with national indicators such as inflation or average earnings where financially possible and prudent. The remuneration is also benchmarked with charities of a similar size and activity to ensure that it is fair and not out of line with that generally paid for similar roles.

Risk Management

The Trustees have carried out ongoing assessments of the charity's activities setting out the major opportunities available to the charity and the risks to which it is exposed. These risks are identified in the risk register and are risk assessed.

The principal risks and uncertainties faced by the charity at the time of writing are as follows:

- The short-term nature and economic pressures of some statutory funding which leads to uncertainty for both the staff and the organisation.
- The ability to attract, develop and retain a workforce that has the skill sets critical to the success of the business and is reflective of the communities we seek to serve.
- The challenging economic climate and our ability to diversify our traditional sources of income to reduce any over reliance of any one single source.
- The ability to appropriately evidence the impact of our services to retain existing work or attract new opportunities.

The Trustees have considered their responsibilities under legislation including health and safety, employment law and safeguarding. Systems and procedures have been implemented to manage specific risks that have been identified, including training for all appropriate persons as necessary.

Public benefit

The aims, objectives and activities of the charity are reviewed regularly, and achievements assessed. When reviewing these and in planning future activities, the Trustees have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

Statement of the Responsibilities of the Trustees

Company law requires the Board to prepare financial statements for each financial period, which give a true and fair view of the state of affairs of the Charitable Company as at the end of the financial period and of the surplus or deficit of the Charitable Company for that period.

In preparing those financial statements the Board is required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charitable Company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement of disclosure to the auditor

The Trustees of the company who held office at the date of approval of this annual report confirm that:

- so far as they are aware, there is no relevant audit information, information needed by the company's auditors in connection with preparing their report, of which the charitable company's auditors are unaware; and
- they have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of this information.

Trustees' Report for the year ended 31 March 2024 (continued)

Auditors

Azets Audit Services Limited were appointed as auditor to the charitable company and are deemed to be reappointed under section 487(2) of the Companies Act 2006.

Small Company Rules

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies. It was approved by the Board of Trustees and signed on its behalf.

Approved on behalf of the Board on 28 November 2024

R Mulryne Colman

Ruth Mulryne Colman

Trustee

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford

Opinion

We have audited the financial statements of Mind in Bradford (the 'charity') for the year ended 31 March 2024 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its surplus, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Opinions on other matters prescribed by the Companies Act 2006
In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' report, which includes the directors' report prepared for the purpose of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors ' report included within the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception
In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the Trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received
- from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
  the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees
As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Extent to which the audit was considered capable of detecting irregularities, including fraud.
Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above and on the Financial Reporting Council's website, to detect material misstatements in respect of irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the entity through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias; and
- Performing audit work over the timing and recognition of revenue and in particular whether it has been recorded in the correct accounting period.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Jessica Lawrence

10/12/2024

Jessica Lawrence
Senior Statutory Auditor

For and on behalf of Azets Audit Services Limited
Statutory Auditor

12 King Street
Leeds
LS1 2HL

Mind in Bradford

Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2024

	Note	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2024 £	Total funds 2023 £
Income						
Donations and Other Income	**2**	158,289	-	23,158	181,447	141,939
Charitable Activities	**4**	537,752	-	2,476,082	3,013,834	2,542,679
Investment Income	**3**	147,314	-	-	147,314	27,165
Total Income		843,355	-	2,499,240	3,342,595	2,711,783
Expenditure						
Charitable Activities	**5**	750,752	12,075	2,367,575	3,130,402	2,621,116
Total Expenditure	**5**	750,752	12,075	2,367,575	3,130,402	2,621,116
Net income/(expenditure) before transfers	**7**	92,603	(12,075)	131,665	212,193	90,667
Transfers between funds	**15**	(1,672)	(642)	2,314	-	-
Net movement in funds		90,931	(12,717)	133,979	212,193	90,667
Funds brought forward		534,633	55,895	274,519	865,047	774,380
Funds carried forward	**16**	625,564	43,178	408,498	1,077,240	865,047

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 16 to 30 form part of the financial statements.

A fully detailed Statement of Financial Activities for year ended 31 March 2023 is shown at note 23.

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

Mind in Bradford

Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Current Assets			
Debtors	**10**	327,619	723,652
Current Asset Investments	**11**	3,717,004	1,011,558
Cash at Bank and in Hand		1,023,921	1,353,785
Total Assets		5,068,544	3,088,995
Creditors: Amounts Falling Due Within One Year	**12**	(3,991,304)	(2,223,948)
Net Current Assets		1,077,240	865,047
Net Assets	**16**	1,077,240	865,047
Funds of the Charity			
Unrestricted Funds		625,564	534,633
Restricted Funds	**14**	408,498	274,519
Designated Funds	**15**	43,178	55,895
Total Funds	**16**	1,077,240	865,047

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board on 28 November 2024.

C Green C. Green.
Trustee

Company registration number: 07504966

Mind in Bradford

Statement of Cash Flows for the Year Ended 31 March 2024

	Note	2024	2023
		£	£
Cash flows from operating activities	**22**	2,232,068	1,169,223
Cash flows from investing activities			
Interest income		143,514	22,715
Increase in cash equivalents in the year		2,375,582	1,191,938
Cash equivalents at the beginning of the year		2,365,343	1,173,405
Total cash equivalents at the end of the year		4,740,925	2,365,343

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2024

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Charity Information

Mind in Bradford is a Company Limited by Guarantee in England and Wales and is also a charity registered with the Charity Commission in England and Wales. The registered office is Kenburgh House, 28 Manor Row, Bradford, BD1 4QU.

The company Directors are also members and each member of the company has undertaken to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of it being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention, modified to include certain financial instruments at fair value. The principal accounting policies adopted are set out below.

Going concern

The Trustees have prepared financial projections, taking into consideration the current economic climate. They have a reasonable expectation that adequate financial resources are available to enable the charity to continue in operational existence for the foreseeable future, and have adequate contingency plans in the event that income streams are reduced. Consequently the financial statements have been prepared on the basis that the charity is a going concern.

Income

Income is included in the Statement of Financial Activities ("SoFA") when the charity has established entitlement and the amount can be quantified with reasonable accuracy.

Donations and legacies, are included in the SoFA when it is probable that the funds will be received and that they can be measured with sufficient reliability.

Core funding grants and restricted funding grants are recognised in the income and expenditure account in the period to which they relate.

The value of services provided by volunteers is not included.

Where income is received specifically for expenditure in a future accounting period that amount is deferred.

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

1. Accounting Policies (continued)

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. These include governance which are those costs associated with meeting the constitutional and statutory requirement of the charitable company.

Staff costs

The costs of short term employee benefits are recognised as a liability and an expense where settlement of obligations does not fall within the same period.

Fund accounting

Funds held by the charity are either:

Unrestricted funds - Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated funds - Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds - Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets
Basic financial assets, which include debtors, cash and bank balances and current asset investments, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

1. Accounting Policies (continued)

Impairment of financial assets
Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Derecognition of financial assets
Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities
Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity held for working capital.

Pension costs

The charity operates defined contribution pension arrangements for its employees. Amounts due are recognised as an expense in the SoFA when they fall due for payment.

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

1. Accounting Policies (continued)

Operating leases

Rentals payable under operating leases, including any lease incentives received, are charged to the SoFA on a straight-line basis over the lease term.

Critical Accounting Estimates and Judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

After review the Trustees consider that there are no critical estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the financial statements.

2. Donations and Other Income

	2024 £	2023 £
Donations	129,489	109,760
Training Income	6,155	4,994
Membership Fees	140	86
Staffing Income	39,220	27,099
Honorarium	6,443	-
	181,447	141,939

Included within current year Staffing Income of £39,220 is restricted income of £23,158. All other income above is unrestricted.

3. Investment Income

	2024 £	2023 £
Bank Interest Received	143,514	22,715
Room Hire	3,800	4,450
	147,314	27,165

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

4. Income from Charitable Activities:

	2024 £	2023 £
Unrestricted Funds:		
Bradford & District Care NHS FoundationTrust	-	50,000
NHS West Yorkshire ICB	335,571	452,329
City of Bradford MDC Mental Health Grant	-	62,044
The VCS Alliance	161,528	119,946
Primary Care Network – WISHH	36,960	30,909
Other	3,693	6,905
	537,752	722,133
Restricted Funds:		
NHS West Yorkshire ICB:		
Youth in Mind	799,258	653,079
Guideline	315,625	97,500
Know Your Mind	143,000	143,000
Serious Mental Illness	123,369	138,521
Community Companions	88,956	62,578
Healthy Minds	76,896	69,158
Hearing Voices – Maastricht Delivery	22,429	20,997
Sanctuary & Resilience Funding	-	25,507
Bradford & District Care NHS Foundation Trust:		
SMI-LE	150,000	97,500
Guideline Additional hours	50,000	-
Personal Health Budgets	33,333	-
Stepping Stones (Wellness Collaborative)	41,496	24,147
Kids Time	15,000	-
National Association for Mental Health:		
Grant for IT	-	15,000
West Yorkshire collaboration grant	-	3,300
Other funders:		
Enterprise Development Fund - Social Investment Training Lead Fund	-	4,719
Digital Enterprise - Connectivity grant	-	3,000
The Cellar Trust – Safe Spaces	616,720	462,540
	2,476,082	1,820,546
Total income from charitable activities	3,013,834	2,542,679

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

5. Charitable Activities

	2024 £	2023 £
Wages and Salaries	1,642,391	1,212,835
Employers National Insurance	121,045	80,019
Pension Costs	40,820	28,901
Employees Health and Life Cover	21,249	13,632
Payroll Costs	2,920	2,520
Staff Engagement & Recognition	16,446	-
Cleaning and Domestic	9,240	-
IT Contracts, Software and Hardware	39,145	-
Recruitment Costs	9,938	6,170
Service Delivery Operational Costs	707,883	909,047
Fundraising	8,481	11,702
Volunteer Expenses	3,719	1,573
Staff Training and Development	18,729	14,787
Staff Supervision	6,285	5,415
Printing and Copying	2,419	-
Repairs and Renewals	44,994	1,304
Rent and Rates	24,765	30,019
Light, Heat and Water	28,674	23,616
Insurance	804	822
Office Supplies and Equipment	3,223	-
Publicity and Promotion	11,204	9,835
Telephone	24,531	23,267
Travel Costs	5,597	738
Refreshment Costs	1,326	825
	2,795,828	2,377,027
Share of support costs (see note 6)	299,373	227,544
Share of governance costs (see note 6)	35,201	16,545
	3,130,402	2,621,116

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

6. Support Costs

	Support costs	Governance costs	2024 £
Wages and Salaries	195,933	-	195,933
Employers National Insurance	19,976	-	19,976
Pension Costs	5,718	-	5,718
Outsourced payroll costs	12,452	-	12,452
Cleaning and Domestic	3,080	-	3,080
IT Contracts, Software and Hardware	13,048	-	13,048
HS Consultancy	1,246	-	1,246
Printing and Copying	806	-	806
Rent and Rates	11,255	-	11,255
Repairs and Renewals	2,533	-	2,533
Light, Heat and Water	9,558	-	9,558
Insurance	10,723	-	10,723
Office Supplies and Equipment	1,075	-	1,075
Telephone	8,177	-	8,177
Bank Charges	78	-	78
Subscriptions and Memberships	3,715	-	3,715
Audit and Accountancy Fees	-	13,410	13,410
Professional Fees	-	21,557	21,557
Trustee Expenses	-	234	234
	299,373	35,201	334,574

	Support costs	Governance costs	2023 £
Wages and Salaries	141,174	-	141,174
Employers National Insurance	15,785	-	15,785
Pension Costs	4,335	-	4,335
Cleaning and Domestic	9,265	-	9,265
IT Contracts, Software and Hardware	32,180	-	32,180
HS Consultancy	1,200	-	1,200
Printing and Copying	1,966	-	1,966
Rent and Rates	3,336	-	3,336
Repairs and Renewals	145	-	145
Light, Heat and Water	2,624	-	2,624
Insurance	8,265	-	8,265
Office Supplies and Equipment	2,831	-	2,831
Telephone	2,585	-	2,585
Bank Charges	110	-	110
Subscriptions and Memberships	1,743	-	1,743
Audit and Accountancy Fees	-	11,478	11,478
Professional Fees	-	4,736	4,736
Trustee Expenses	-	331	331
	227,544	16,545	244,089

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

7. Net Income/(Expenditure) for the Year

This is stated after charging:	2024 £	2023 £
Operating lease charges	34,859	32,379
Auditor's remuneration:		
Audit fees	9,275	7,750
Financial Statements preparation	1,900	1,815

The amounts stated above are inclusive of irrecoverable VAT.

8. Trustees

None of the Trustees received any remuneration or benefits in the year, for Trustee expenses see note 20.

9. Employees

Number of Employees

The average monthly number of employees during the year was:

	2024	2023
Staff	104	81

Staff Costs

	2024 £	2023 £
Wages and Salaries	1,838,324	1,354,009
Social Security Costs	141,021	95,804
Other Pension Costs	46,539	33,235
Employees Health and Life Cover	21,249	13,632
	2,047,133	1,496,680

The key management personnel of the charity are the Chief Executive Officer, Deputy Chief Executive Officer and Business Development Director. The aggregate employment benefits, including employer's national insurance and pension contributions of the key management personnel of the charity were £198,998 (2023 - £140,707).

Employees earning more than £60,000 per annum:

	2024	2023
£60,000 to £70,000	1	1

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

10. Debtors

	2024 £	2023 £
Trade Debtors	267,076	681,048
Prepayments and Accrued Income	60,543	42,604
	327,619	723,652

11. Current Asset Investments

	2024 £	2023 £
Charity Deposit Fund	3,717,004	1,011,558

12. Creditors: Amounts falling due within one year

	2024 £	2023 £
Trade creditors	41,212	32,609
Accruals	67,799	110,144
Other Taxes and Social Security Costs	41,840	27,738
Deferred Income	3,840,453	2,053,457
	3,991,304	2,223,948

13. Deferred Income

	2024 £	2023 £
At 1 April 2023	2,053,457	546,925
Amount released to income	(447,051)	(163,647)
Amount deferred in the year	2,234,047	1,670,179
At 31 March 2024	3,840,453	2,053,457

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

14. Restricted Funds

The income funds of the Charity include restricted funds comprising the following balances held on trust for specific purposes:-

As at 31 March 2024	Balance at 1 April 2023	Movement in Funds: Income	Expenditure	Transfers	Balance at 31 March 2024
NHS West Yorkshire ICB					
Community Companions	9,856	88,956	(96,256)	-	2,556
Youth in Mind	9,000	799,258	(745,258)	-	63,000
Serious Mental Illness	-	123,369	(123,369)	-	-
Healthy Minds	14,577	76,896	(79,073)	-	12,400
Community Transformation	26,446	-	-	-	26,446
Know Your Mind	35,560	143,000	(166,864)	-	11,696
Hearing Voices - Maastricht Delivery	18,271	22,429	(33,714)	-	6,986
Guideline	67,229	365,625	(360,387)	2,610	75,077
Bradford & District Care NHS Foundation Trust					
SMI-LE	-	150,000	(94,994)	-	55,006
Kids Time	-	15,000	(8,539)	-	6,461
Stepping Stones (Wellness Collaborative)	-	41,496	(31,959)	-	9,537
Personal Health Budgets	-	33,333	(13,650)	-	19,683
Other funders					
National Association for Mental Health – grant for IT	4,342	-	(4,342)	-	-
The Cellar Trust – Safe Spaces	89,238	639,878	(609,170)	(296)	119,650
	274,519	2,499,240	(2,367,575)	2,314	408,498

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

14. Restricted Funds (continued)

As at 31 March 2023	Balance at 1 April 2022	Movement in Funds: Income	Expenditure	Transfers	Balance at 31 March 2023
NHS West Yorkshire ICB					
Community Companions	8,167	62,578	(60,889)	-	9,856
Youth in Mind	61,600	653,079	(705,679)	-	9,000
Serious Mental Illness	-	138,521	(138,521)	-	-
Healthy Minds	10,771	69,158	(65,352)	-	14,577
Community Transformation	30,784	-	(4,338)	-	26,446
Know Your Mind	52,211	143,000	(159,651)	-	35,560
Hearing Voices - Maastricht Delivery	31,196	20,997	(33,922)	-	18,271
Guideline	20,705	123,007	(76,483)	-	67,229
Bradford & District Care NHS Foundation Trust					
SMI-LE	-	97,500	(97,500)	-	-
Stepping Stones (Wellness Collaborative)	-	24,147	(24,147)	-	-
Other funders					
National Association for Mental Health – grant for IT	-	15,000	(10,658)	-	4,342
Enterprise Development Fund – Social Investment Training Lead Fund	-	4,719	(4,719)	-	-
National Association for Mental Health – West Yorkshire collaboration grant	-	3,300	(3,300)	-	-
Digital Enterprise - Connectivity grant	-	3,000	(3,000)	-	-
The Cellar Trust – Safe Spaces	-	462,540	(373,302)	-	89,238
	215,434	1,820,546	(1,761,461)	-	274,519

NHS West Yorkshire ICB:

Community Companions - Funding for a befriending support service for anyone feeling lonely, isolated or alone. This funding enabled us to recruit, train and retain volunteers to deliver befriending support throughout Bradford District and Craven.

Youth in Mind - Funding to be the Youth in Mind (YIM) Lead Provider; YIM is a partnership of providers who deliver school, community and hospital-based support to CYP across Bradford District and Craven who are struggling with their mental, emotional or social wellbeing.

Serious Mental Illness - Funding released by NHS to start work on a project aiming to reduce premature mortality associated with physical ill health in people with severe mental illness (in combination with NHS projects). The funding enabled the development of training on the importance of physical healthcare for people living with serious mental illness (SMI) to be delivered to staff and volunteers in the voluntary and community sector who working with people with SMI.

Healthy Minds Funding to support the development and implementation of Healthy Minds which delivers a coherent system wide communication strategy to promote, protect and improve good mental wellbeing for the Bradford District and Craven.

Community Transformation - Non-recurrent funding received to provide transformative work within the community as and when the need dictates.

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

14. Restricted Funds (continued)

NHS West Yorkshire ICB:
Know Your Mind - Funding for our dedicated children and young people's service offering a range of different support, including group work and one-to-one sessions, for children and young people who live in the central Bradford area.

Hearing Voices - Maastricht Delivery Funding to continue as a Maastricht Interview Centre in partnership with other organisations to work with people who are hearing voices, understanding links between life experiences and voices to aid recovery.

Guideline Funding for a free and confidential telephone helpline Guide-Line also featuring an online live chat service. This service is for people of all ages in Bradford District and Craven who need emotional/mental health support, advice and guidance or signposting.

Bradford and District Care NHS Foundation Trust:

SMI-LE - Funding received to enhance community-based support for people with a mental health illness. This initiative supports people currently assisted by, or awaiting a Care Coordinator within the Community Mental Health Team. By partnering with local voluntary care organisations, SMI-LE will provide comprehensive wraparound care that addresses specialist areas affecting people's overall mental wellbeing such as housing or finances. SMI-LE aims to keep people well within the community, foster integration into additional community-based resources, and prevent escalation into further distress.

Kids Time Funding to extend the KidsTime Workshops offer which provide fun, supportive group sessions for families where a parent or carer has been diagnosed with a mental illness. The workshops offer a safe, relaxed and non-judgmental space for families to come together to learn and talk about mental illness, without shame or stigma.

Stepping Stones (Wellness Collaborative) Non-recurrent funding to support those on waiting lists for psychological support. The project brings together numerous organisations to offer a mixture of one-to-one and group peer support.

Personal Health Budgets Funding received to provide an ongoing service which manages one-off Personal Health Budgets which can support people to achieve specific goals or outcomes enabling supported self-management and mental health recovery following hospital discharge.

The Cellar Trust – Safe Spaces
Funding received to provide a crisis service, providing a critical out of hours support to adults and children experiencing mental or emotional distress. This reduces the demand on GPs, specialist services and A&E, improving access to non-medicalised support, treatment, information and advice.

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

15. Designated Funds

As at 31 March 2024	Balance at 1 April 2023	Movement in Funds			Balance at 31 March 2024
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	12,822	-	-	2,178	15,000
Staff development and well being	10,000	-	-	-	10,000
TPT Pension Liability	5,998	-	-	(2,820)	3,178
Expansion of Leadership Team	12,075	-	(12,075)	-	-
	55,895	-	(12,075)	(642)	43,178

As at 31 March 2023	Balance at 1 April 2022	Movement in Funds			Balance at 31 March 2023
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	12,822	-	-	-	12,822
Staff development and well being	10,000	-	-	-	10,000
TPT Pension Liability	5,998	-	-	-	5,998
Expansion of Leadership Team	-	-	(29,375)	41,450	12,075
	43,820	-	(29,375)	41,450	55,895

Legacy Funding
Donation from a local estate, to put towards a project to enable mental health services to be more easily accessible.

16. Analysis of Net Assets by Fund

As at 31 March 2024	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	408,498	408,498
Unrestricted general funds			
General	-	625,564	659,517
Designated	-	43,178	43,178
	-	1,077,240	1,111,193

As at 31 March 2023	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	274,519	274,519
Unrestricted general funds			
General	-	534,633	534,633
Designated	-	55,895	55,895
	-	865,047	865,047

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

17. Commitments under Operating and Financial Leases

At 31 March 2024 the charity had annual commitments under non - cancellable operating and financial leases as follows:

	2024 £	2023 £
Expiry Date		
Within one year	29,440	27,161
Between two and five years	1,164	1,088
	30,604	28,249

18. Capital commitments

At 31 March 2024 the charity had capital commitments contracted for but not provided in the financial statements as follows

	2024 £	2023 £
Acquisition of tangible non-current assets	11,794	-

19. Taxation

Mind in Bradford is a registered charity and as such is a charity within the meaning of schedule 6 of the Finance Act 2010. Accordingly, it is potentially entitled to tax exemption under part 11 of the Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 in respect of income and gains arising.

20. Related party transactions

Trustee expenses of £233 were reimbursed during the year (2023: £nil), none of the trustees received remuneration or benefits from the charity during the year (2023: £Nil).

During the year Mind in Bradford paid £2,124 (2023: £4,894) to Schofield Sweeney LLP for legal fees. Andrew Hurst who is a trustee of Mind in Bradford is an LLP Member of Schofield Sweeney LLP.

During the year Mind in Bradford received various funding from Bradford District Care NHS Foundation Trust. Of this, £230,000 (2023 - Nil) related to the Serious Mental Illness service and is held in deferred income at the year end. Jaspreet Sohal is Clinical Director of Pharmacy & Physical Health and Wellbeing Services at Bradford District Care NHS Foundation Trust and is influential in the funding of this service. She has no influence over any other funding receivable from Bradford District Care NHS Foundation Trust.

21. Contingent Liability – Pensions

The charity is a participating employer in the Growth Plan pension scheme which is a multiemployer defined benefit pension scheme. The scheme is closed to admission and the charity has a very small exposure to liability in the scheme, the last funding update advised the charity of a share in liabilities of £2,587 (2023: £3,178) and there is no indication that this has increased materially at 31 March 2024. This liability has not been recognised and accounted for in accordance with FRS 102 and the Charity SORP on the grounds of immateriality.

Notes to the Financial Statements for the year ended 31 March 2024 (continued)

22. Reconciliation of net movement in funds to net cashflow from operating activities:

	2024 £	2023 £
Net movement in funds	212,193	90,667
Deduct interest income	(143,514)	(22,715)
Increase in debtors	396,033	(471,858)
Increase in creditors	1,767,356	1,573,129
	2,232,068	1,169,223

The charity had no net debt at the current or prior year end.

23. Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2023

	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2023 £
Income				
Donations and Other Income	141,939	-	-	141,939
Charitable Activities	722,133	-	1,820,546	2,542,679
Investment Income	27,165	-	-	27,165
Total Income	891,237	-	1,820,546	2,711,783
Expenditure				
Charitable Activities	830,280	29,375	1,761,461	2,621,116
Total Expenditure	830,280	29,375	1,761,461	2,621,116
Net income/(expenditure) before transfers	60,957	(29,375)	59,085	90,667
Transfers between funds	(41,450)	41,450	-	-
Net movement in funds	19,507	12,075	59,085	90,667
Funds brought forward	515,126	43,820	215,434	774,380
Funds carried forward	534,633	55,895	274,519	865,047

MIND IN BRADFORD

England & Wales - Charity number 1142357

Accounts

Charity Number: 1142357

Company Number: 07504966

Mind in Bradford

(A Company Limited by Guarantee)

Annual Report and Financial Statements

For the year ended 31 March 2023

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Mind in Bradford

Legal and Reference Information

Trustees/Management Committee	Ruth Mulryne Colman (Chair) Christopher Green Andrew Hurst Andrew Richardson Annie Curie Parveen Malik
Company number	07504966
Charity number	1142357
Registered office	Kenburgh House 28 Manor Row Bradford BD1 4QU
Independent Auditor	Azets Audit Services Limited 33 Park Place Leeds LS1 2RY
Bankers	CAF Cash Ltd Kings Hill West Malling ME19 4TA

Mind in Bradford

Trustees' Report for the year ended 31 March 2023

The Board of Trustees, who are also Directors for the purposes of company law, present their report and audited financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Articles of Association, the Charities Act 2011 and the Companies Act 2006.

Structure, Governance and Management

The Trustees/Company Directors who served during the year were:

Ruth Mulryne Colman (Chairperson)

Christopher Green

Louise Slater (Resigned 2 November 2022)

Andrew Hurst

Andrew Richardson

Francesca Hill (Resigned 31 August 2022)

Annie Curie

Michael Brown (Resigned 12 July 2022)

Parveen Malik

Mind in Bradford was set up more than 30 years ago by a group of people who were looking for more mental health and wellbeing support. The organisation became affiliated to national Mind but is an independent charity which relies on its own resources to provide award-winning local services to people in Bradford, Airedale, Wharfedale and Craven.

The company is incorporated under The Companies Act as a company limited by guarantee and is governed by a memorandum and articles of association which outline the objects and powers of the company. The company is a registered charity and operates as a non-profit making organisation. As a company limited by guarantee, Mind in Bradford has no share capital. At 31 March 2023 there were 6 members.

Our Board of Trustees comprises of a minimum of three Trustees. We aim to ensure the composition of the Board of Trustees reflects the diversity of the area we serve, and recruit Trustees with skills, expertise, abilities and experience which will add to the Board's effectiveness. This will ensure we are able to govern effectively in accordance with our charitable objectives and statutory obligations. Trustees are selected by the current Trustees and appointments are put to the vote. The Board meets quarterly and the executive leadership team attend the meetings for accountability and reporting purposes.

The Board agrees the strategy and direction of Mind in Bradford, and delegates the day-to-day management of the organisation and the provision of services to paid staff and volunteers who work under the authority of the Chief Executive and the executive leadership team.

Objectives and Activities

Mind in Bradford operates across Bradford, Airedale, Wharfedale and Craven as one of more than 100 independent local minds throughout England and Wales. We rely on our own resources to provide services which have been designed to meet the needs of our community.

Trustees' Report for the year ended 31 March 2023 (continued)

We help people of all ages at each step of their mental health journey from early intervention through to crisis support and recovery. Our services can be accessed over the phone, online and face-to-face. Support is free and available every day of the year to anyone who needs help with their mental health and wellbeing.

We believe that no one should experience a mental health problem alone and our purpose is to make the best possible difference to the mental health and wellbeing of the greatest number of people.

In line with a continued commitment to continuous improvement, Mind in Bradford operates to the guidelines set out by Mind nationally and in recognition of this we have received the Mind Quality Mark.

Achievements and Performance

Our staff, volunteers and partners have worked together this year to deliver an amazing amount of support to people of all ages.

Mirroring a national picture, the last year has been a challenging time for many people across our region and we've seen increasing demand on our services. In the last 12 months, we supported 13,939 individuals with their mental health across 35,139 interventions, including:

- 8,715 calls and live chats to Guide-Line
- 3,679 attendances at recovery and wellbeing groups
- 9,353 completions of the wellbeing assistant on the Healthy Minds website
- 4,365 crisis support sessions provided by Safe Spaces
- 2,460 sessions of one-to-one support through GP practices
- 1,820 volunteer hours supporting delivery of our crucial services
- 7,274 calls and visits by volunteer befrienders to people feeling isolated and lonely
- 86 individual voice hearers supported with groups and one-to-one Maastricht support
- 2,995 children and young people, aged 5 to 25, supported by the Youth in Mind partnership

This year saw the launch of our new crisis service Safe Spaces, enabling us to support more people experiencing mental health distress. Safe Spaces – operated in partnership with The Cellar Trust - provided 1,843 people with same-day support over the phone and in-person from our Bradford and Keighley Hubs.

Over the past year we've continued to support children and young people with a huge variety of services. The Youth in Mind partnership delivered over 14,000 interventions of one-to-one and peer support, including our Know Your Mind service that reached over 1,000 young people in Central Bradford.

We extended the opening times of our help-line service Guide-Line and now offer telephone and live chat support from 8am to midnight, every day of the year. Our telephone support workers answered over 8,000 calls from people needing confidential, emotional support.

Our Healthy Minds website was visited by over 39,000 people looking for support and information based on their needs and preferences. Healthy Minds continues to be a key first step for anyone looking for support in Bradford District and Craven.

We continued to drive awareness of the link between Severe Mental Illnesses (SMI) and physical health. People diagnosed with schizophrenia, bipolar or organic psychosis are at risk of dying 15-20 years earlier than the general population. We created digital resources and delivered SMI training workshops to 283 members of the district's workforce.

Our befriending service Community Companions has been overwhelmed with referrals from people feeling lonely and isolated. In response we launched and delivered 49 Tea 'n' Talk sessions at community and café venues throughout Bradford and Craven.

The wellbeing service expanded this year to include new activities like horse riding, self-defence and cooking groups. As well as new recovery-based groups for those who speak Urdu and people caring for neuro-diverse children and young people.

The lingering impact of the pandemic is still with us, and an escalating cost of living crisis continues to grip the nation. It is clear that this year has been even more difficult for our clients, staff and volunteers and that Mind in Bradford's services are needed now more than ever.

No one should experience a mental health problem alone and we will continue to be here for anyone who needs our support across Bradford District and Craven.

Mission and Activities

Our mission (what we do):

- We provide early intervention advice and support
- We support people in crisis
- We build community and individual resilience for better mental wellbeing
- We equip and help people to recover and sustain improved wellbeing

Our services are designed to offer appropriate and timely support, to fulfil our mission and in collaboration with our partners, to collectively make the biggest positive difference to the most people possible.

In this reporting year, we have run:

Phone and live-chat support via Guide-Line

Guide-Line is our free telephone and live-chat service providing confidential, emotional support every day of the year. This year we provided support to 584 people through 8,134 phone calls and 581 live chats.

We extended the opening times of the service from midday to midnight, to 8am to midnight, enabling us to provide support 16 hours a day, every day of the year. Feeling worried and anxious were the most common reason for people getting in touch, followed by feeling lonely and experiencing low mood.

"Guideline service has been a great source of support and is the best helpline service I have used." Client

Support for children and young people via Know Your Mind

Know Your Mind is our dedicated children and young people's service supporting 8-25 year-olds in Central Bradford. Over the last 12 months we have supported 306 young people with 1,593 sessions of one-to-one support. 95% of the young people we supported showed improvement after completing their 8 weeks of one-to-one support.

In addition, we delivered mental health awareness sessions to 721 children and young people, and delivered training to a further 79 members of the CYP workforce.

Anxiety, family relationships and issues at school were some of the main reasons young people sought our support. Of the young people using the service 51% identified as from ethnically diverse communities.

''When I started talking to you, things got easier. My behaviour has changed and I am now a top goal scorer at my club!'' Client

Partnership programme for children and young people Youth in Mind

Youth in Mind is a partnership of organisations that provide emotional and wellbeing support to children and young people aged 5 to 19 and up to 25 with additional needs.

This year the partnership supported 2,995 children and young people with 14,115 support sessions, including one-to-one and group support.

Crisis support via Safe Spaces

Safe Spaces is a calm, non-clinical space for children, young people and adults across Bradford District and Craven who need urgent, same-day mental health support.
This year, we helped 1,843 people experiencing emotional distress, with 4,365 sessions of support from our Bradford and Keighley Hubs. Anxiety was the most common reason for people getting in touch, followed by depression, low mood and family relationships.

Further support is being delivered by the Safe Spaces partnership from crisis cafes in 17 different locations, including schools, cafes and community centers.

"Kind, gentle, understanding. It was like he'd wrapped me in a blanket of kindness." Client

Evening one-to-one support via Enhanced Access

Enhanced Access offer up to three sessions of one-to-one support with a Mind Recovery Worker to anyone registered with a GP in Bradford, Keighley and Skipton. These appointments are often a first step to seeking help for your own or a family member's mental health.

This year, we supported 944 people with 1,830 sessions over the phone through 48 GP practices.

Wellbeing and recovery groups via our Wellbeing service

Our Wellbeing service allows people to meet up regularly to discuss their feelings, share their experiences and take part in activities in a welcoming environment. The groups consist of structured courses with a recovery focus like Six Weeks of Wellness and wellbeing activities like tribal drumming and Zumba.

This year there were 3,679 attendances by 354 people at our recovery and wellbeing groups. Some of the reasons people report were anxiety, depression, bereavement and physical health.

Peer support and Maastricht one-to-one support for voice hearers via Hearing Voices

We supported 86 individual voice hearers by providing 561 interventions through our peer support groups and one-to-one Maastricht interviews.

Clients often hear voices because they have experienced trauma, this service helps develop understanding of their voices and provides them with tools to help. We have a range of people accessing the service aged from 18 to 65+ with the option to access groups and one-to-one support.

"I feel stronger in myself in dealing with the voices now." Client

Befriending support via Community Companions

Community Companions is a befriending service for anyone in Bradford and Craven aged 18+ who is feeling lonely, isolated or struggling with their mental health. Volunteers are matched with clients to provide one hour of weekly support in-person, out in the community for up to three months.

This year the service delivered 7,274 calls and visits to 65 individuals including outdoor walks and visits to local community groups and cafés. We saw an increase in attendees from ethnically diverse backgrounds thanks to volunteers facilitating sessions in Urdu and Punjabi.

GP one-to-one support via WISHH

WISHH provides one-to-one support to patients registered at Windhill, Idle or Saltaire Medical Practices who want to talk about their mental health. These appointments offer a space to explore thoughts and feelings, talk things through and find out about local support services that can help them. Appointments are available over the phone or in-person.

Trustees' Report for the year ended 31 March 2023 (continued)

This year our Wellbeing Practitioners provided 630 sessions of support to 409 people. Anxiety and stress were the most common reasons for attendance followed by depression, low mood and bereavement.

"You were so helpful and supportive. There really is light at the end of the tunnel." Client

One-to-one support via SMI-LE

SMI-LE provides additional practical wellbeing support for up to six weeks to help people registered with a Care Coordinator achieve their individual goals and aspirations. This might be locating more appropriate housing, help with employment, welfare and benefits or support people with their mental health and wellbeing. This year 893 sessions of support were delivered to 206 people.

Early intervention and finding support online via Healthy Minds

Healthy Minds is the online platform to find mental health and wellbeing services across Bradford, Airedale, Craven and Wharfedale.

Last year, more than 39,000 people visited the Healthy Minds website, completing the Wellbeing Assistant 9,353 times to find physical and virtual mental health and wellbeing services, resources and information.

One-to-one and peer support groups via the Wellness Collaborative

The waiting time for psychological therapy to start in Bradford can be lengthy. The Wellness Collaborative supports people on the waiting list by providing ongoing support and wellbeing interventions.

The project, led by Mind in Bradford, brings together six organisations to offer a range of one-to-one support and group support. Patients waiting for therapy can learn about the impact of trauma, wellness planning and learn about other services that can help while they wait for therapy.

Severe Mental Illness and Physical Health Checks

SMI (Severe Mental Illness) commonly refers to diagnoses of schizophrenia, bipolar and psychosis. Our work to support the physical health of people with SMI is really important as they currently face the biggest health inequality gap in England. People living with SMI are at risk of dying 15 to 20 years earlier than the general population mostly due to preventable physical diseases. This disparity in health outcomes is partly due to physical health needs being overlooked, both in terms of identification and treatment.

Since the project launched, we have delivered training on SMI and Physical Health Checks to 283 people. The people trained work in lots of roles across Bradford District and Craven including GP practices and voluntary organisations. We have also developed a range of videos, leaflets and social media campaigns to inform and educate people.

Future

We are entering the final year of a three-year strategy and, although we are making good progress against all four of our mission statements, it is clear there is still much more to do.

As the numbers of people accessing our services continues to grow, we will focus on ensuring we are delivering in the right places and at the right times. We will reach out to understand and connect with all parts of our community in ways which reduce any traditional barriers to accessing our support.

Bradford District is ranked 5th most income deprived and 6th most employment-deprived local authority in England amid concerning reports of low levels of wellbeing, high levels of anxiety and significant increases in serious mental illness (SMI). Against this backdrop, we will look to play a leading role in the creation of a credible, trauma informed approach to SMI, while connecting with the wider health agenda around poverty and housing which often contribute to and exacerbate the difficulties people face.

We will also look to capitalise on the spotlight placed on our region by the successful Bradford City of Culture 2025 bid; both drive further investment into our organisation while also helping further reduce the stigma around mental health via powerful campaigning.

We will also focus on ensuring our growing organisation continues to be a healthy and happy place to be; with a commitment to excellent governance, improved business processes, financial sustainability and investment in a highly-skilled and well-trained workforce.

We continue to work closely with partner organisations, commissioners and service users to enable better mental health for all across our district, while ensuring we are positioned appropriately to help more people in the growing West Yorkshire commissioning landscape.

Our role as part of a vibrant national network of local Minds means we will continue to seek out opportunities to collaborate in a meaningful way, to share best practice and to learn from other likeminded organisations.

Financial Review

Mind in Bradford made a surplus in the year of £90,667 (2022: £140,105).

Total income for the year was £2,711,783 of which £2,542,679 was grant support. Total expenditure was £2,621,116 of which £1,761,461 was specific restricted costs and £859,655 unrestricted.

The total at 31 March 2023 of Mind's "free reserves" was £534,633 which fulfilled the Charity's Reserves Policy of a minimum of three months running costs.

Restricted funds at the end of the financial year amounted to £274,519 and related to eleven specific projects and is committed to be spent in 2023/24.

Fundraising

Despite the ongoing challenge of the cost-of-living crisis, we have been in awe of the efforts from our supporters who raised and donated £109,760 towards our mental health services. All amounts raised through fundraising in the year are presented within 'Donations' which includes donations from individual supporters and corporate supporters.

We are extremely grateful to everyone who has donated or participated in events and challenges which including a daring fire walk and a 'step-up' challenge at the iconic home of Bradford City AFC. By raising money, our supporters not only funded services but also raised awareness of mental health and the support available throughout Bradford District and Craven.

Mind in Bradford does not use professional fundraisers, commercial participators or third parties to fundraise on our behalf. The day to day management of all income generated is managed internally by the staff team who act under authority delegated by the Trustees and follow the Code of Fundraising Practice set out by the Fundraising Regulator, the independent regulator of charitable fundraising in England, Wales and Northern Ireland.

We have not received any complaints in relation to our fundraising practice for the year under review.

Remuneration of Key staff

The pay of the charity's key management staff is reviewed annually and may be increased in accordance with national indicators such as inflation or average earnings where financially possible and prudent. The remuneration is also benchmarked with charities of a similar size and activity to ensure that it is fair and not out of line with that generally paid for similar roles.

Risk Management

The Trustees have carried out ongoing assessments of the charity's activities setting out the major opportunities available to the charity and the risks to which it is exposed. These risks are identified in the risk register and are risk assessed.

Trustees' Report for the year ended 31 March 2023 (continued)

The principal risks and uncertainties faced by the charity at the time of writing are as follows:

- The short-term nature and economic pressures of some statutory funding which leads to uncertainty for both the staff and the organisation.
- The challenging economic climate and our ability to diversify our traditional sources of income to reduce any over reliance of any one single source.
- The need to maintain awareness of workforce capacity and capability and our ability to attract, retain and develop key staff in both a competitive market place and during a cost of living crisis.
- The ability to appropriately evidence the impact of our services to retain existing work or attract new delivery opportunities.

The Trustees have considered their responsibilities under legislation including health and safety, employment law and safeguarding. Systems and procedures have been implemented to manage specific risks that have been identified, including training for all appropriate persons as necessary.

Public benefit

The aims, objectives and activities of the charity are reviewed regularly, and achievements assessed. When reviewing these and in planning future activities, the Trustees have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

Statement of the Responsibilities of the Trustees

Company law requires the Board to prepare financial statements for each financial period, which give a true and fair view of the state of affairs of the Charitable Company as at the end of the financial period and of the surplus or deficit of the Charitable Company for that period.

In preparing those financial statements the Board is required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charitable Company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement of disclosure to the auditor

The Trustees of the company who held office at the date of approval of this annual report confirm that:

- so far as they are aware, there is no relevant audit information, information needed by the company's auditors in connection with preparing their report, of which the charitable company's auditors are unaware; and
- they have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of this information.

Mind in Bradford

Trustees' Report for the year ended 31 March 2023 (continued)

Auditors

Azets Audit Services Limited were appointed as auditor to the charitable company and are deemed to be reappointed under section 487(2) of the Companies Act 2006.

Small Company Rules

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies. It was approved by the Board of Trustees and signed on its behalf.

Approved on behalf of the Board on 09/11/2023

R Mulryne Colman

R Mulryne Colman

Trustee

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford

Opinion

We have audited the financial statements of Mind in Bradford (the 'charity') for the year ended 31 March 2023 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its surplus, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Opinions on other matters prescribed by the Companies Act 2006
In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' report, which includes the directors' report prepared for the purpose of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors ' report included within the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception
In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the Trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received
- from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
  the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees
As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Extent to which the audit was considered capable of detecting irregularities, including fraud.
Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above and on the Financial Reporting Council's website, to detect material misstatements in respect of irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the entity through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias.
- Performing audit work over the timing and recognition of revenue and in particular whether it has been recorded in the correct accounting period.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Jessica Lawrence

Jessica Lawrence
Senior Statutory Auditor

10/11/2023

For and on behalf of Azets Audit Services Limited
Statutory Auditor

33 Park Place
Leeds
LS1 2RY

Mind in Bradford

Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2023

	Note	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2023 £	Total funds 2022 £
Income						
Donations and Other Income	**2**	141,939	-	-	141,939	185,437
Charitable Activities	**4**	722,133	-	1,820,546	2,542,679	1,844,531
Investment Income	**3**	27,165	-	-	27,165	4,639
Total Income		891,237	-	1,820,546	2,711,783	2,034,607
Expenditure						
Charitable Activities	**5**	830,280	29,375	1,761,461	2,621,116	1,894,502
Total Expenditure	**5**	830,280	29,375	1,761,461	2,621,116	1,894,502
Net income/(expenditure) before transfers	**7**	60,957	(29,375)	59,085	90,667	140,105
Transfers between funds	**15**	(41,450)	41,450	-	-	-
Net movement in funds		19,507	12,075	59,085	90,667	140,105
Funds brought forward		515,126	43,820	215,434	774,380	634,275
Funds carried forward	**16**	534,633	55,895	274,519	865,047	774,380

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 16 to 30 form part of the financial statements.

A fully detailed Statement of Financial Activities for year ended 31 March 2022 is shown at note 22.

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

Mind in Bradford

Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Current Assets			
Debtors	**10**	723,652	251,794
Current Asset Investments	**11**	1,011,558	400,201
Cash at Bank and in Hand		1,353,785	773,204
Total Assets		3,088,995	1,425,199
Creditors: Amounts Falling Due Within One Year	**12**	(2,223,948)	(650,819)
Total Assets less Current Liabilities		865,047	774,380
Funds of the Charity			
Unrestricted Funds		534,633	515,126
Restricted Funds	**14**	274,519	215,434
Designated Funds	**15**	55,895	43,820
Total Funds	**16**	865,047	774,380

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board on 09/11/2023.

C Green

C Green
Trustee

Company registration number: 07504966

Mind in Bradford

Statement of Cash Flows for the Year Ended 31 March 2023

	Note	2023	2022
		£	£
Cash flows from operating activities	**21**	1,169,223	252,341
Cash flows from investing activities			
Interest income		22,715	2,239
Increase in cash equivalents in the year		1,191,938	254,580
Cash equivalents at the beginning of the year		1,173,405	918,825
Total cash equivalents at the end of the year		2,365,343	1,173,405

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2023

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Charity Information

Mind in Bradford is a Company Limited by Guarantee in England and Wales and is also a charity registered with the Charity Commission in England and Wales. The registered office is Kenburgh House, 28 Manor Row, Bradford, BD1 4QU.

The company Directors are also members and each member of the company has undertaken to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of it being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention, modified to include certain financial instruments at fair value. The principal accounting policies adopted are set out below.

Going concern

The Trustees have prepared financial projections, taking into consideration the current economic climate. They have a reasonable expectation that adequate financial resources are available to enable the charity to continue in operational existence for the foreseeable future, and have adequate contingency plans in the event that income streams are reduced. Consequently the financial statements have been prepared on the basis that the charity is a going concern.

Income

Income is included in the Statement of Financial Activities ("SoFA") when the charity has established entitlement and the amount can be quantified with reasonable accuracy.

Donations and legacies, are included in the SoFA when it is probable that the funds will be received and that they can be measured with sufficient reliability.

Core funding grants and restricted funding grants are recognised in the income and expenditure account in the period to which they relate.

The value of services provided by volunteers is not included.

Where income is received specifically for expenditure in a future accounting period that amount is deferred.

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

1. Accounting Policies (continued)

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. These include governance which are those costs associated with meeting the constitutional and statutory requirement of the charitable company.

Staff costs

The costs of short term employee benefits are recognised as a liability and an expense where settlement of obligations does not fall within the same period.

Fund accounting

Funds held by the charity are either:

Unrestricted funds **-** Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated funds - Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds - Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets
Basic financial assets, which include debtors, cash and bank balances and current asset investments, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

1. Accounting Policies (continued)

Impairment of financial assets
Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Derecognition of financial assets
Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities
Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity held for working capital.

Pension costs

The charity operates defined contribution pension arrangements for its employees. Amounts due are recognised as an expense in the SoFA when they fall due for payment.

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

1. Accounting Policies (continued)

Operating leases

Rentals payable under operating leases, including any lease incentives received, are charged to the SoFA on a straight-line basis over the lease term.

Critical Accounting Estimates and Judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

After review the Trustees consider that there are no critical estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the financial statements.

2. Donations and Other Income

	2023 £	2022 £
Donations	109,760	172,068
Training Income	4,994	13,210
Membership Fees	86	159
Staffing Income	27,099	-
	141,939	185,437

3. Investment Income

	2023 £	2022 £
Bank Interest Received	22,715	2,239
Room Hire	4,450	2,400
	27,165	4,639

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

4. Income from Charitable Activities:

	2023 £	2022 £
Unrestricted Funds:		
NHS West Yorkshire ICB	452,329	433,016
Bradford & District Care Trust	50,000	50,000
City of Bradford MDC Mental Health Grant	62,044	59,100
The VCS Alliance	119,946	86,832
Primary Care Network – WISHH	30,909	-
Other	6,905	4,750
	722,133	633,698
Restricted Funds:		
NHS West Yorkshire ICB - Sanctuary & Resilience Funding	25,507	102,028
Bradford & District Care Trust – Winter Pressure Initiative (Smile)	97,500	52,500
NHS West Yorkshire ICB – Community Companions	62,578	26,400
City of Bradford MDC – Maastricht Delivery	20,997	20,000
NHS West Yorkshire ICB – Healthy Minds	69,158	46,592
NHS West Yorkshire ICB – Serious Mental Illness	138,521	64,484
Roshni Ghar	-	1,462
NHS West Yorkshire ICB – Know Your Mind	143,000	143,000
Primary Care Network – WISHH	-	13,340
NHS West Yorkshire ICB – Youth in Mind	653,079	622,237
Bradford & District Care Trust – Winter Pressure Initiative (Wellness Collaborative)	24,147	18,823
NHS West Yorkshire ICB – Guideline Number	20,000	23,995
NHS West Yorkshire ICB – Reach Engagement Funding	47,500	-
NHS West Yorkshire ICB – 8 to Noon Funding	30,000	-
Enterprise Development Fund - Social Investment Training Lead Fund	4,719	20,255
National Association for Mental Health – grant for IT	15,000	-
National Association for Mental Health – West Yorkshire collaboration grant	3,300	-
Digital Enterprise - Connectivity grant	3,000	-
The Cellar Trust – Safe Spaces	462,540	-
NHS West Yorkshire ICB - Community Transformation	-	45,000
Equality Together - Community Champions	-	2,285
Mind – Co-op	-	5,625
Learning Exchange (BAME)	-	2,076
ICS – Perinatal	-	731
	1,820,546	1,210,833
Total income from charitable activities	2,542,679	1,844,531

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

5. Charitable Activities

	2023 £	2022 £
Wages and Salaries	1,212,835	933,546
Employers National Insurance	80,019	69,674
Pension Costs	28,901	25,495
Employees Health and Life Cover	13,632	9,608
Payroll Costs	2,520	2,140
Recruitment Costs	6,170	11,080
Service Delivery Operational Costs	909,047	602,086
Fundraising	11,702	6,470
Volunteer Expenses	1,573	511
Staff Training and Development	14,787	6,909
Staff Supervision	5,415	5,625
Repairs and Renewals	1,304	5,319
Rent and Rates	30,019	31,061
Light, Heat and Water	23,616	17,028
Insurance	822	666
IT Contracts, Software and Hardware	-	2,596
Publicity and Promotion	9,835	7,811
Telephone	23,267	16,943
Travel Costs	738	139
Refreshment Costs	825	224
	2,377,027	1,754,931
Share of support costs (see note 6)	227,544	131,535
Share of governance costs (see note 6)	16,545	8,036
	2,621,116	1,894,502

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

6. Support Costs

	Support costs	Governance costs	2023 £
Wages and Salaries	141,174	-	141,174
Employers National Insurance	15,785	-	15,785
Pension Costs	4,335	-	4,335
Cleaning and Domestic	9,265	-	9,265
IT Contracts, Software and Hardware	32,180	-	32,180
HS Consultancy	1,200	-	1,200
Printing and Copying	1,966	-	1,966
Rent and Rates	3,336	-	3,336
Repairs and Renewals	145	-	145
Light, Heat and Water	2,624	-	2,624
Insurance	8,265	-	8,265
Office Supplies and Equipment	2,831	-	2,831
Telephone	2,585	-	2,585
Bank Charges	110	-	110
Subscriptions and Memberships	1,743	-	1,743
Audit and Accountancy Fees	-	11,478	11,478
Professional Fees	-	4,736	4,736
Trustee Expenses	-	331	331
	227,544	16,545	244,089

	Support costs	Governance costs	2022 £
Wages and Salaries	69,544	-	69,544
Employers National Insurance	7,156	-	7,156
Pension Costs	2,168	-	2,168
Cleaning and Domestic	9,517	-	9,517
IT Contracts, Software and Hardware	15,395	-	15,395
HR and HS Consultancy	7,440	-	7,440
Printing and Copying	1,696	-	1,696
Rent and Rates	3,451	-	3,451
Repairs and Renewals	591	-	591
Light, Heat and Water	1,892	-	1,892
Insurance	4,797	-	4,797
Office Supplies and Equipment	3,536	-	3,536
Telephone	1,883	-	1,883
Bank Charges	110	-	110
Subscriptions and Memberships	2,359	-	2,359
Audit and Accountancy Fees	-	7,920	7,920
Trustee Expenses	-	116	116
	131,535	8,036	139,571

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

7. Net Income/(Expenditure) for the Year

This is stated after charging:	2023 £	2022 £
Operating lease charges	32,379	33,461
Auditor's remuneration:		
Audit fees	7,750	5,940
Financial Statements preparation	1,815	1,980

The amounts stated above are inclusive of irrecoverable VAT.

8. Trustees

None of the Trustees received any remuneration or benefits in the year, for Trustee expenses see note 18.

9. Employees

Number of Employees

The average monthly number of employees during the year was:

	2023	2022
Staff	81	59

Staff Costs

	2023 £	2022 £
Wages and Salaries	1,354,009	1,012,414
Social Security Costs	95,804	69,674
Other Pension Costs	33,235	25,495
Employees Health and Life Cover	13,632	9,608
	1,496,680	1,117,191

The key management personnel of the charity are the Chief Executive Officer, Deputy Chief Executive Officer and Business Development Director. The aggregate employment benefits, including employer's national insurance and pension contributions of the key management personnel of the charity were £140,707 (2022 - £241,272). In the prior year key management personal included Chief Executive Officer, Business Development Director, Service Directors, HR Manager and Finance Manager.

Employees earning more than £60,000 per annum:

	2023	2022
£60,000 to £70,000	1	-
£70,001 to £80,000	-	-
£80,001 to £90,000	-	-
£90,001 to £100,000	-	-
£100,001 to £110,000	-	-
£110,001 to £120,000	-	-

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

10. Debtors

	2023 £	2022 £
Trade Debtors	681,048	223,690
Prepayments and Accrued Income	42,604	28,104
	723,652	251,794

11. Current Asset Investments

	2023 £	2022 £
Charity Deposit Fund	1,011,558	400,201

An investment account that was previously disclosed within cash and bank in the prior year has now been reanalysed to current asset investments as this is deemed to be a more accurate recognition of the asset.

12. Creditors: Amounts falling due within one year

	2023 £	2022 £
Trade creditors	32,609	12,682
Accruals	110,144	72,417
Other Taxes and Social Security Costs	27,738	18,795
Deferred Income	2,053,457	546,925
	2,223,948	650,819

13. Deferred Income

	2023 £	2022 £
At 1 April 2022	546,925	318,584
Amount released to income	(163,647)	(27,674)
Amount deferred in the year	1,670,179	256,015
At 31 March 2023	2,053,457	546,925

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

14. Restricted Funds

The income funds of the Charity include restricted funds comprising the following balances held on trust for specific purposes:-

As at 31 March 2023	Balance at 1 April 2022	Movement in Funds: Income	Expenditure	Transfers	Balance at 31 March 2023
NHS West Yorkshire ICB - Sanctuary & Resilience Funding	8,743	25,507	34,250	-	-
NHS West Yorkshire ICB – Community Companions	8,167	62,578	60,889	-	9,856
City of Bradford MDC – Maastricht Delivery	31,196	20,997	33,922	-	18,271
NHS West Yorkshire ICB – Healthy Minds	10,771	69,158	65,352	-	14,577
NHS West Yorkshire ICB – Know Your Mind	52,211	143,000	159,651	-	35,560
NHS West Yorkshire ICB – Youth in Mind	61,600	653,079	705,679	-	9,000
Bradford & District Care Trust – Winter Pressure Initiative (Smile)	-	97,500	97,500	-	-
NHS West Yorkshire ICB – Serious Mental Illness	-	138,521	138,521	-	-
Bradford & District Care Trust – Winter Pressure Initiative (Wellness Collaborative)	-	24,147	24,147	-	-
NHS West Yorkshire ICB – Guideline Number	11,962	20,000	11,336	-	20,626
NHS West Yorkshire ICB – Reach Engagement Funding	-	47,500	19,669	-	27,831
NHS West Yorkshire ICB – 8 to Noon Funding	-	30,000	11,228	-	18,772
Enterprise Development Fund – Social Investment Training Lead Fund	-	4,719	4,719	-	-
NHS West Yorkshire ICB – Community Transformation	30,784	-	4,338	-	26,446
National Association for Mental Health – grant for IT	-	15,000	10,658	-	4,342
National Association for Mental Health – West Yorkshire collaboration grant	-	3,300	3,300	-	-
Digital Enterprise - Connectivity grant	-	3,000	3,000	-	-
The Cellar Trust – Safe Spaces	-	462,540	373,302	-	89,238
	215,434	1,820,546	1,761,461	-	274,519

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

14. Restricted Funds (continued)

As at 31 March 2022	Movement in Funds				
	Balance at 1 April 2021	Income	Expenditure	Transfers	Balance at 31 March 2022
NHS West Yorkshire ICB - Sanctuary & Resilience Funding	53,776	102,028	147,061	-	8,743
NHS West Yorkshire ICB – Community Companions	8,867	26,400	27,100	-	8,167
City of Bradford MDC – Maastricht Delivery	34,250	20,000	23,054	-	31,196
NHS West Yorkshire ICB – Healthy Minds	2,236	46,592	38,057	-	10,771
NHS West Yorkshire ICB – Know Your Mind	41,663	143,000	132,452	-	52,211
Bradford District & Craven CCG – Youth in Mind	-	622,237	560,637	-	61,600
Bradford & District Care Trust – Winter Pressure Initiative (Smile)	-	52,500	52,500	-	-
NHS West Yorkshire ICB – Serious Mental Illness	-	64,484	64,484	-	-
Roshni Ghar	-	1,462	1,462	-	-
Primary Care Network – WISHH	-	13,340	13,340	-	-
Bradford & District Care Trust – Winter Pressure Initiative (Wellness Collaborative)	-	18,823	18,823	-	-
NHS West Yorkshire ICB – Guideline Number	-	23,995	12,033	-	11,962
Enterprise Development Fund - Social Investment Training Lead Fund	-	20,255	20,255	-	-
NHS West Yorkshire ICB - Community Transformation	-	45,000	14,216	-	30,784
Equality Together - Community Champions	-	2,285	2,285	-	-
Mind – Co-op	-	5,625	5,625	-	-
Learning Exchange (BAME)	-	2,076	2,076	-	-
ICS – Perinatal	-	731	731	-	-
	140,792	1,210,833	1,136,191	-	215,434

NHS West Yorkshire ICB - Sanctuary & Resilience Funding
Funding received for our crisis service. Providing a critical out of hours support to adults experiencing mental or emotional distress. Used often as an alternative to A&E and Police Custody, it helps ensure vulnerable adults receive the best humane and appropriate support available for their needs.

NHS West Yorkshire ICB – Community Companions
Funding for a befriending support service for anyone feeling lonely, isolated or alone. This funding enabled us to recruit, train and retain volunteers to deliver befriending support throughout Bradford District and Craven.

City of Bradford MDC – Maastricht Delivery
Funding to continue as a Maastricht Interview Centre in partnership with other organisations to work with people who are hearing voices, understanding links between life experiences and voices to aid recover.

NHS West Yorkshire ICB – Healthy Minds
Funding to support the development and implementation of Healthy Minds which delivers a coherent system wide communication strategy to promote, protect and improve good mental wellbeing for the Bradford District and Craven.

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

14. Restricted Funds (continued)

NHS West Yorkshire ICB – Know Your Mind
Funding for our dedicated children and young people's service offering a range of different support, including group work and one-to-one sessions, for children and young people who live in the central Bradford area.

NHS West Yorkshire ICB – Youth in Mind
Funding to be the Youth in Mind (YIM) Lead Provider; YIM is a partnership of providers who deliver school, community and hospital-based support to CYP across Bradford District and Craven who are struggling with their mental, emotional or social wellbeing.

Bradford and District Care Trust – Winter Pressure Initiative (Smile)
Non-recurrent funding to set up the Smile Collaborative to support those on waiting lists for mental health support. The project brings together four organisations to offer telephone support.

NHS West Yorkshire ICB – Serious Mental Illness
Funding released by NHS to start work on a project aiming to reduce premature mortality associated with physical ill health in people with severe mental illness (in combination with NHS projects). The funding enabled the development of training on the importance of physical healthcare for people living with serious mental illness (SMI) to be delivered to staff and volunteers in the voluntary and community sector who working with people with SMI.

Bradford & District Care Trust – Winter Pressure Initiative (Wellness Collaborative)
Non-recurrent funding to set up the Wellness Collaborative to support those on waiting lists for psychological support. The project brings together numerous organisations to offer a mixture of one-to-one and group peer support.

NHS West Yorkshire ICB – Guideline Number
This funding covers the free and confidential telephone helpline Guide-Line which also features an online live chat service. This service is for people of all ages in Bradford District and Craven who need emotional/mental health support, advice and guidance or signposting.

NHS West Yorkshire ICB – Reach Engagement Funding
Non-recurrent funding received to further promote our confidential telephone helpline Guideline, with a particular emphasis to encourage its use by the BAME community and males.

NHS West Yorkshire ICB – 8 to Noon Funding
Funding received to expand our confidential telephone helpline Guideline, with additional opening hours from 8am to noon.

Enterprise Development Fund - Social Investment Training Lead Fund
Funding received for the employment of a new Training Lead staff member for training delivery, training development, and business development/customer relationship management, and for access to external consultancy to help implement and grow the trading operation.

NHS West Yorkshire ICB - Community Transformation
Non-recurrent funding received to provide transformative work within the community as and when the need dictates.

The Cellar Trust – Safe spaces
Funding received to provide a crisis service, providing a critical out of hours support to adults and children experiencing mental or emotional distress. This reduces the demand on GPs, specialist services and A&E, improving access to non-medicalised support, treatment, information and advice.

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

15. Designated Funds

As at 31 March 2023	Balance at 1 April 2022	Movement in Funds			Balance at 31 March 2023
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	12,822	-	-	-	12,822
Staff development and well being	10,000	-	-	-	10,000
TPT Pension Liability	5,998	-	-	-	5,998
Expansion of Leadership Team	-	-	(29,375)	41,450	12,075
	43,820	-	(29,375)	41,450	55,895

As at 31 March 2022	Balance at 1 April 2021	Movement in Funds			Balance at 31 March 2022
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	-	-	(9,160)	21,982	12,822
Staff development and well being	-	-	-	10,000	10,000
TPT Pension Liability	-	-	-	5,998	5,998
	15,000	-	(9,160)	37,980	43,820

Legacy Funding
Donation from a local estate, to put towards a project to enable mental health services to be more easily accessible.

16. Analysis of Net Assets by Fund

As at 31 March 2023	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	274,519	274,519
Unrestricted general funds			
General	-	534,633	534,633
Designated	-	55,895	55,895
	-	865,047	865,047

As at 31 March 2022	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	215,434	215,434
Unrestricted general funds			
General	-	515,126	515,126
Designated	-	43,820	43,820
	-	774,380	774,380

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

17. Commitments under Operating and Financial Leases

At 31 March 2023 the charity had annual commitments under non - cancellable operating and financial leases as follows:

	2023 £	2022 £
Expiry Date		
Within one year	27,161	33,008
Between two and five years	1,088	26,874
	28,249	59,882

18. Taxation

Mind in Bradford is a registered charity and as such is a charity within the meaning of schedule 6 of the Finance Act 2010. Accordingly, it is potentially entitled to tax exemption under part 11 of the Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 in respect of income and gains arising.

19. Related party transactions

Trustee travel expenses of £Nil were reimbursed during the year (2022: £Nil), none of the trustees received remuneration or benefits from the charity during the year (2022: £Nil).

During the year Mind in Bradford paid £4,894 (2022: £2,100) to Schofield Sweeney LLP for legal fees. Andrew Hurst who is a trustee of Mind in Bradford is an LLP Member of Schofield Sweeney LLP.

20. Contingent Liability – Pensions

The charity is a participating employer in the Growth Plan pension scheme which is a multiemployer defined benefit pension scheme. The scheme is closed to admission and the charity has a very small exposure to liability in the scheme, the last funding update advised the charity of a share in liabilities of £3,178 (2022: £4,192) and there is no indication that this has increased materially at 31 March 2023. This liability has not been recognised and accounted for in accordance with FRS 102 and the Charity SORP on the grounds of immateriality.

21. Reconciliation of net movement in funds to net cashflow from operating activities:

	2023 £	2022 £
Net movement in funds	90,667	140,105
Deduct interest income	(22,715)	(2,239)
Increase in debtors	(471,858)	(82,808)
Increase in creditors	1,573,129	197,283
	1,169,223	252,341

The charity had no net debt at the current or prior year end.

Notes to the Financial Statements for the year ended 31 March 2023 (continued)

22. Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2022

	Note	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2022 £	Total funds 2021 £
Income						
Donations and Other Income	**2**	185,437	-	-	185,437	91,983
Charitable Activities	**4**	633,698	-	1,210,833	1,844,531	1,181,814
Investment Income	**3**	4,639	-	-	4,639	5,590
Total Income		823,774	-	1,210,833	2,034,607	1,279,387
Expenditure						
Charitable Activities	**5**	749,151	9,160	1,136,191	1,894,502	1,193,612
Total Expenditure	**5**	749,151	9,160	1,136,191	1,894,502	1,193,612
Net income/(expenditure) before transfers	**7**	74,623	(9,160)	74,642	140,105	85,775
Transfers between funds	**14**	(30,998)	30,998	-	-	-
Transfers between funds		(6,982)	6,982			
Net movement in funds		36,643	28,820	74,642	140,105	85,775
Funds brought forward		478,483	15,000	140,792	634,275	548,500
Funds carried forward	**15**	515,126	43,820	215,434	774,380	634,275

MIND IN BRADFORD

England & Wales - Charity number 1142357

Accounts

Charity Number: 1142357

Company Number: 07504966

Mind in Bradford

(A Company Limited by Guarantee)

Annual Report and Financial Statements

For the year ended 31 March 2022

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Mind in Bradford

Legal and Reference Information

Trustees/Management Committee	John Vincent (Chair to 13 September 2021) Ruth Mulryne Colman (Chair from 13 September 2021) Christopher Green Louise Slater Andrew Hurst Andrew Richardson Francesca Hill Annie Curie Michael Brown Parveen Malik
Company number	07504966
Charity number	1142357
Registered office	Kenburgh House 28 Manor Row Bradford BD1 4QU
Independent Auditor	Azets Audit Services Limited 33 Park Place Leeds LS1 2RY
Bankers	CAF Cash Ltd Kings Hill West Malling ME19 4TA

Mind in Bradford

Trustees' Report for the year ended 31 March 2022

The Board of Trustees, who are also Directors for the purposes of company law, present their report and audited financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Articles of Association, the Charities Act 2011 and the Companies Act 2006.

Structure, Governance and Management

The Trustees/Company Directors who served during the year were:

Ruth Mulryne Colman (Chairperson – appointed 13 September 2021)

Christopher Green

Louise Slater

Andrew Hurst

Andrew Richardson

John Vincent (Chairperson – resigned 13 September 2021)

Francesca Hill

Annie Curie

Michael Brown

Parveen Malik

Our Board of Trustees comprises of a minimum of three Trustees. We aim to ensure the composition of the Board of Trustees reflects the diversity of the area we serve and recruit Trustees with skills, expertise, abilities and experience which will add to the Board's effectiveness. This will ensure we are able to govern effectively in accordance with our charitable objectives and statutory obligations. Trustees are selected by the current Trustees and appointments are put to the vote.

Who are we?

Mind in Bradford is your local mental health charity in Bradford, Airedale, Wharfedale and Craven. We are affiliated with national Mind but are an independent registered charity and rely on our own resources to provide local services.

We help people of all ages at each step of their mental health journey from early intervention through to crisis support and recovery.

Our services are tailored to Bradford District and can be accessed over the phone, online and face-to-face.

Objectives and Activities

Our purpose (why we exist): is to make the best possible difference to the mental health and well-being of the greatest number of people!

In line with a continued commitment to modernisation and improvement, Mind in Bradford operates to the guidelines set out by Mind nationally and in recognition of this we have received the Mind Quality Mark.

Trustees' Report for the year ended 31 March 2022 (continued)

Achievements and Performance

We've supported 3,007 individuals with their mental health across 21,672 interventions including;

- 8,299 calls and live chats to Guide-Line
- 3,402 attendances at wellbeing groups online and in-person
- 2,897 attendances at crisis support in the Sanctuary
- 2,002 sessions of 1:1 phone support through GPs
- 1,946 calls and visits by volunteer befrienders to people feeling isolated and lonely
- 908 children and young people, aged 8 to 17, supported through 1,497 1:1 and group sessions
- 179 people trained to recognise Severe Mental Illnesses
- 80 volunteers supporting delivery of our crucial services
- 52 individual voice hearers supported with groups and 1:1s

This year we've helped 3,007 adults, children and young people with their mental health across Bradford district and Craven.

Our staff, volunteers and partners have rallied together this year and delivered staggering support to so many people and we are extremely proud of everything we've achieved.

Over the last 12 months we've continued to support children and young people in central Bradford with our Know Your Mind service, providing 1,493 one-to-one sessions to help improve mental and emotional wellbeing. Over 80% of the children we supported showed improved wellbeing and reached their goals around friendships, school, family life and hobbies.

There were 3,402 attendances at our Wellbeing and Recovery groups, where 317 people struggling with feelings of anxiety, depression and self-harm received support. We expanded our groups into new community venues to reach even more people in Bradford and continued our hybrid approach to access groups online or in-person.

We have used technology to help innovate our service offering and become accessible to more people. We introduced a translation service to Guide-Line, our telephone support service and can now offer support in more than 100 languages. We've also recruited three more bilingual staff to provide direct support in Urdu, Punjabi and Polish.

Our Healthy Minds website was visited by more than 30,000 people from Bradford and Craven helping people find support and information based on their needs and preferences. Healthy Minds continues to be a key first step for those looking for support in their local area.

We supported 915 people in crisis with 2,887 attendances at our Sanctuary service. We've also received the brilliant news that we will be joint lead provider for the Crisis Service (Safe Spaces) launching in July 2022 for children and adults across Bradford district.

Despite economic pressures we've been able to secure crucial funding from Clinical Commissioning Groups to support our services as well securing partnerships to deliver key projects that help us create a wider impact across the district. The Youth in Mind partnership supports 5-25 year-olds with their mental and emotional wellbeing. This year the partnership has supported around 5,000 children and young people through one-to-one and peer support.

For the first time we've also raised awareness for the biggest health inequality gap in England, the physical health of those living with Severe Mental Illness (SMI). Our work to raise awareness through training and community groups is vital and addresses a huge gap which we intend to reduce.

The impact of the pandemic is still with us, times are ever-changing and this year has been difficult for our clients, staff and volunteers. It is clear that Mind in Bradford's services are needed now more than ever. Our service teams have made a phenomenal effort to continue to adapt delivery where needed, whether pivoting one-to-one support to over the phone, moving group work to online or increasing opening times of our live chat service to cope with demand.

Throughout the last 12-months our incredible staff and wonderful volunteers have regularly shared with the Trustees the positive difference we're making to the people we support. The passion, commitment and expertise of our amazing staff and volunteers always shines through.

A special thank you is also in order to our community and corporate supporters without which we would have struggled to support as many people as we did in the last year. Whether Moving for Mind for 30 days or sponsoring a bauble in our Winter Appeal, their support has been incredible and made an important difference.

We would also like to take this opportunity to thank John Vincent, our previous Chair, for his hard work and commitment to the charity. Under the chairmanship of John, the organisation has reset and established a strong position within in the local mental health system and the Mind Federation.

We look forward to developing our services even further to enable better mental health for all across our district.

Mission and Activities

Our mission (what we do):

- We provide early intervention advice and support
- We support people in crisis
- We build community and individual resilience for better mental wellbeing
- We equip and help people to recover and sustain improved wellbeing

Our services are designed to offer appropriate and timely support, to fulfil our mission and in collaboration with our partners, to collectively make the biggest positive difference to the most people possible. In this reporting year, we have run: Guide-Line; The Sanctuary; Wellbeing groups; Maastricht Interview Centre; Extended Access; Community Companions; Healthy Minds Digital Doorway, Serious Mental Illness Project, Youth in Mind, Know Your Mind, Wishh, Smile and the Wellness collaborative.

Guide-Line

"You build that confidence back that I can stand up for myself."

Guide-Line is our free telephone and live-chat service offering confidential, emotional support to those in need, open to all ages between noon and midnight every day.

This year, we answered 8,014 calls from 527 people in Bradford district and Craven and our live chat service was extended from 5 hours to 12 hours per day.

Anxiety and stress were the most common reasons for people getting in touch, followed by loneliness, isolation, depression and family relationships.

This year we added a translation service and can now offer support in more than 100 languages via a translator over the phone. We've also added three more bilingual staff who can provide direct support in Urdu, Punjabi and Polish.

The Sanctuary

"God bless you; you have given me some hope."

The Sanctuary is a welcoming, non-clinical space for people across Bradford District and Craven who need urgent mental health support.

This year, we helped 915 people in mental health distress, with 2,897 attendances in our Sanctuary service. Around 24% of people were from a BAME background and 37% were aged between 27 and 44.

In 2022, Mind in Bradford and The Cellar Trust became joint providers for the all-age Crisis Service, Safe Spaces. The new service will include hubs for 1:1 support, a children and young people's overnight service and a range of crisis cafes and wellbeing groups facilitated by local organisations.

Wellbeing Service

"Mixing with and meeting new people has built my confidence. Mind in Bradford has helped me to have confidence to talk about my feelings."

Our Wellbeing service allows people to meet up regularly to discuss their feelings, share their experiences of mental health and make new friends in a safe and welcoming environment.

The groups consist of structured courses with a recovery focus as well as less structured wellbeing activities, offered face-to-face and online. In 21/22 there were 3,402 attendances by 317 people to help with feelings of anxiety, depression and self-harm. This year, we added groups in new community venues including Frame 2, Together Women and Restore Recovery College in Bradford. Our Walk and Talk group has proved particularly popular, meeting twice a week in Lister Park.

Maastrict Interview Centre

We supported 52 individual voice hearers by providing 428 interventions through our peer support groups and Maastricht interviews. Around 42% of the people who receive support are from a BAME background.

One client who has used our Maastricht service reported they can now tell the voices to either be silent or go away. They are able to challenge them, reassert their authority, and able to enjoy socialising again. A client from our Hearing Voices peer support group reported feeling far more relaxed and said they were grateful to the group for being so supportive and allowing them to talk.

Extended Access

"You've helped me to talk about my feelings."

Extended Access offer one-to-one support with a Mind recovery worker to children, young people and adults living across Bradford District. These appointments are often a first step to seeking help for your own or a family member's mental health.

Anxiety and stress were the main reasons for seeking help followed by depression, family problems and relationship problems.

In total, we helped 801 people at 1,560 attendances across eight local GPs. Around 27% of clients were aged 11 to 17, 27% were from a BAME background and 28% of attendances were by men.

Community Companions

"Me and my partner were a perfect match and I couldn't have asked for a better partner."

NHS Bradford District & Craven CCG Community Companions is a befriending support service for anyone aged 18+ feeling lonely, isolated or alone. Volunteers are matched up with clients to provide one hour of weekly support. Through lockdown this was telephone support only.

This year the service delivered 1,946 calls and visits to 145 individuals. When Covid measures began to relax volunteers were encouraged to arrange visits face-to-face.

The key reason for referring to this service is feelings of loneliness; this was the case for 89% of people. 48% of the people referring to the service are from a BAME background and the most common age group is 65-85 year-olds.

Healthy Minds Digital Doorway

"The website makes it easy to get help, gives people choice, and helps people to find the most relevant support available."

Healthy Minds is the doorway to mental health and wellbeing services across Bradford, Airedale, Craven and Wharfedale.

Last year, more than 30,000 people visited the Healthy Minds website, completing the Mind in Bradford-run Wellbeing Assistant 7,696 times to find out which local mental health and wellbeing services, resources and information would be best for them.

Serious Mental Illness Project

"Really enjoyed the course - feel I have a much better understanding of SMI and the importance of physical health checks."

SMI (Severe Mental Illness) commonly refers to diagnoses of schizophrenia, bipolar and psychosis. Our work to support the physical health of people living with SMI is really important as they currently face the biggest health inequality gap in England. People living with SMI are at risk of dying 15 to 20 years earlier than the general population mostly due to preventable physical diseases. This disparity in health outcomes is partly due to physical health needs being overlooked, both in terms of identification and treatment.

Since the project launched, we have delivered training to 179 people and created an engagement campaign now embedded within SystmOne (Clinical Computing System) and shared widely by voluntary organisations.

Youth in Mind

In April 2021 Mind in Bradford became the lead provider for Youth in Mind, a partnership of mental and emotional wellbeing organisations providing support to 5-25-year-olds in Bradford District and Craven.

The Youth in Mind providers supported around 5,000 children and young people during the last 12-months. During this time, they delivered 11,518 face-to-face support sessions to children and young people struggling with their mental health.

As lead provider, we conducted an Insight Review that informed the 22/23 offer, ensuring the programme is adapted to meet the changing needs of local children and young people.

Trustees' Report for the year ended 31 March 2022 (continued)

Know Your Mind

"Six months ago, I would never have thought I could be hopeful about the future."

Know Your Mind is our dedicated children and young people's service supporting 8-25-year-olds in Central Bradford. Over the last 12 months we have supported 274 young people with 1,493 one-to-one support sessions. A further 634 young people received mental health awareness sessions in groups.

Anxiety, stress, low mood and school issues are some of the reasons young people sought our support. Of the young people using the service 58% were female and 59% were from BAME backgrounds. We've seen a positive impact on the young people we have supported, with over 80% achieving the goals they set with our Wellbeing practitioners. Goals ranged from building friendships and working on family relationships to achievements related to school and hobbies.

Wishh

"You are the first person I have spoken to about this; I was feeling very stuck and now I can see some light again."

WISHH provides one-to-one support to patients registered at Windhill, Idle or Saltaire Medical Practices who want to talk about their mental health. These appointments offer a space to explore thoughts and feelings, talk things through and find out about local support services that can help them. Over the last 12 months appointments have been by phone, these will be moving to phone or in-person support.

This year we supported 395 patients registered with the above medical practices with 442 phone calls of support by a Wellbeing Practitioner. Anxiety and stress were the most common reasons for attendance followed by depression/low mood, bereavement, family relationships and caring for others.

55% of clients were female and 32% were aged between 27 and 44. It was encouraging to see children and young people using the service with 22% of clients aged 11 to 17.

Smile

SMILE provides additional wellbeing support for up to six weeks to support clients with a registered care coordinator to achieve individual goals and aspirations. This might be locating more appropriate housing, and for others it may be supporting them to attend community-based activities.

This year 36 clients received 1,725 hours of support, which helped to develop their level of social inclusion while improving their confidence and independence.

Wellness Collaborative

"Helpful to be able to speak with you in Punjabi"

The waiting list to receive psychological therapy in Bradford can be lengthy. The Wellness Collaborative was created to ensure that the people waiting are receiving ongoing support and have access to wellbeing interventions while they wait for therapy from Bradford District Care Trust BDCT.

The project, led by Mind in Bradford, brings together seven organisations to offer a mixture of monthly one-to-one phone support and group work which includes a trauma focused and wellness planning group and signposting while they wait for therapy to start.

This year 80 people on the waiting list attended our peer support groups and/or received one-to-one support over the phone.

Clients are encouraged to contact their care coordinators who can refer them to this service.

Trustees' Report for the year ended 31 March 2022 (continued)

Future

The Trustees agreed our new strategy for three years from 2021 to 2024. This strategy sets out our four mission statements; we provide early intervention advice and support, we build community and individual resilience for better mental wellbeing, we support people in crisis, we equip and help people to recover and sustain improved wellbeing.

Our strategy is now engrained within our organisation. It reflects the current mental health needs in our district, is more people-focussed and informs everything we do and are within Mind in Bradford.

We have established ourselves as a respected partner in the provision of mental health services across the Bradford and Craven district. As we look to the future, we will continue to drive forward further change and improvement to ensure our services make the biggest positive difference to the largest number of people possible.

We continue to work closely with partner organisations, commissioners and service users to enable better mental health for all across our district. We will continue to play a leading role in the Healthy Minds Digital Doorway initiative, to help people access the right support for them at the right time.

We will further develop our organisational resilience through a continued commitment to organisational governance, enhanced business processes and systems and strengthening our business development approach to enable appropriate growth. As a part of this we are delighted to announce an enhanced collaboration with Leeds Mind. This will allow us to improve service quality, workforce experience and sustainability, as well as enhancing our reach locally and within West Yorkshire to support more people.

The trustees, staff and volunteers of Mind in Bradford look forward to continuing to work in positive collaboration with our commissioners, fellow services providers, and national Mind colleagues to continue to move forward, shape our services and benefit more people, more often, in more places.

Financial Review

Mind in Bradford made a surplus in the year of £140,105 (2021: 85,775).

Total income for the year was £2,034,607 of which £1,844,531 was grant support. Total expenditure was £1,894,502 of which £1,136,191 was specific restricted costs and £758,311 unrestricted.
The total at 31 March 2022 of Mind's "free reserves" was £515,126 which fulfilled the Charity's Reserves Policy of a minimum of three months running costs.

Restricted funds at the end of the financial year amounted to £215,434 and related to eight specific projects and is committed to be spent in 2022/23.

Fundraising

All amounts raised through fundraising in the year are presented within 'Donations' which includes donations from individual supporters and corporate supporters. We are extremely grateful to everyone who has donated or participated in events.

Mind in Bradford does not use professional fundraisers, commercial participators or third parties to fundraise on our behalf. The day to day management of all income generated is managed internally by the staff team who act under authority delegated by the Trustees.

Trustees' Report for the year ended 31 March 2022 (continued)

We are staying up to date with developments in charity regulation, data protection and the Fundraising Preference Service (FPS) to make sure we are legally compliant and adhering to all guidelines. Mind in Bradford is voluntarily bound to be regulated by the Fundraising Regulator and complies with the Code of Fundraising Practice set out by the Fundraising Regulator. We have not received any complaints in relation to our fundraising practice for the year under review.

Remuneration of Key staff

The pay of the charity's key management staff is reviewed annually and may be increased in accordance with national indicators such as inflation or average earnings where financially possible and prudent. The remuneration is also benchmarked with charities of a similar size and activity to ensure that it is fair and not out of line with that generally paid for similar roles.

Risk Management

The Trustees have carried out ongoing assessments of the charity's activities setting out the major opportunities available to the charity and the risks to which it is exposed. These risks are identified in the risk register and are risk assessed.

The principal risks and uncertainties faced by the charity at the time of writing are as follows:

- The short-term nature of some statutory funding which leads to uncertainty for both the staff and the organisation.

- The need to maintain awareness of workforce capacity and capability and attract, retain and develop key staff in a competitive market place.

- The current challenging economic context and uncertainty around the cost of living for many people and the impact this has on fundraising income.

The Trustees have considered their responsibilities under legislation including health and safety, employment law and safeguarding. Systems and procedures have been implemented to manage specific risks that have been identified, including training for all appropriate persons as necessary.

Public benefit

The aims, objectives and activities of the charity are reviewed regularly, and achievements assessed. When reviewing these and in planning future activities, the Trustees have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

Trustees' Report for the year ended 31 March 2022 (continued)

Statement of the Responsibilities of the Trustees
Company law requires the Board to prepare financial statements for each financial period, which give a true and fair view of the state of affairs of the Charitable Company as at the end of the financial period and of the surplus or deficit of the Charitable Company for that period.

In preparing those financial statements the Board is required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charitable Company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement of disclosure to the auditor

The Trustees of the company who held office at the date of approval of this annual report confirm that:

- so far as they are aware, there is no relevant audit information, information needed by the company's auditors in connection with preparing their report, of which the charitable company's auditors are unaware; and
- they have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of this information.

Auditors

Azets Audit Services Limited were appointed as auditor to the company following their acquisition of the trade of Garbutt & Elliott Audit Limited on 1 December 2021. In accordance with section s487(2) of the Companies Act 2006 they are deemed reappointed annually.

Small Company Rules

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies. It was approved by the Board of Trustees and signed on its behalf.

Approved on behalf of the Board on 2/11/22

R Mulryne Colman

Trustee

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford

Opinion

We have audited the financial statements of Mind in Bradford (the 'charity') for the year ended 31 March 2022 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its surplus, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Opinions on other matters prescribed by the Companies Act 2006
In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' report, which includes the directors ' report prepared for the purpose of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors ' report included within the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception
In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors ' report included within the Trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received
- from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
  the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees
As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Extent to which the audit was considered capable of detecting irregularities, including fraud.
We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, through discussion with the directors and other management, and from inspection of the charitable company's regulatory and legal correspondence. We discussed with the trustees and other management the policies and procedures regarding compliance with laws and regulations. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance during the audit.

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

The charitable company is subject to laws and regulations that directly affect the financial statements including financial reporting legislation (including related companies and charities legislation), pensions legislation, taxation legislation and further laws and regulations that could indirectly affect the financial statements, including environmental, health and safety and employment legislation. We assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items. Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the directors and other management and inspection of regulatory and legal correspondence, if any. These procedures did not identify any potentially material actual or suspected non-compliance.

To identify risks of material misstatement due to fraud we considered the opportunities and incentives and pressures that may exist within the charitable company to commit fraud. Our risk assessment procedures included: enquiry of trustees and other management to understand the high level policies and procedures in place to prevent and detect fraud, reading Board minutes and considering performance targets and incentive schemes in place for management. We communicated identified fraud risks throughout our team and remained alert to any indications of fraud during the audit.

As required by auditing standards we also identified and addressed the risk of management override of controls.

We performed the following procedures to address the risks of fraud identified:

- identifying and testing high risk journal entries through vouching the entries to supporting documentation;
- assessing significant accounting estimates for bias; and
- testing the recognition of income and in particular that it was appropriately recognised or deferred

As a result of these procedures we identified the greatest potential for fraud in the following areas:

- income recognition and in particular the risk that income is recognised in the wrong reporting period; and
- subjective accounting estimates.

Both fraud risks arise due to a potential desire to present results in a differing light to meet management objectives.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

In addition, as with any audit, there remained a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations.

Independent Auditor's Report To The Trustees of Mind in Bradford (continued)

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Azets Audit Services Limited.

10/11/22

Jessica Lawrence
Senior Statutory Auditor

For and on behalf of Azets Audit Services Limited
Statutory Auditor

33 Park Place
Leeds
LS1 2RY

Mind in Bradford

Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2022

	Note	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2022 £	Total funds 2021 £
Income						
Donations and Other Income	**2**	185,437	-	-	185,437	91,983
Charitable Activities	**4**	633,698	-	1,210,833	1,844,531	1,181,814
Investment Income	**3**	4,639	-	-	4,639	5,590
Total Income		823,774	-	1,210,833	2,034,607	1,279,387
Expenditure						
Charitable Activities	**5**	749,151	9,160	1,136,191	1,894,502	1,193,612
Total Expenditure	**5**	749,151	9,160	1,136,191	1,894,502	1,193,612
Net income/(expenditure) before transfers	**7**	74,623	(9,160)	74,642	140,105	85,775
Transfers between funds	**14**	(30,998)	30,998	-	-	-
Transfers between funds		(6,982)	6,982			
Net movement in funds		36,643	28,820	74,642	140,105	85,775
Funds brought forward		478,483	15,000	140,792	634,275	548,500
Funds carried forward	**15**	515,126	43,820	215,434	774,380	634,275

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 18 to 31 form part of the financial statements.

A fully detailed Statement of Financial Activities for year ended 31 March 2021 is shown at note 21.

Mind in Bradford

Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Current Assets			
Debtors	**10**	251,794	168,986
Cash at Bank and in Hand		1,173,405	918,825
Total Assets		1,425,199	1,087,811
Creditors: Amounts Falling Due Within One Year	**11**	(650,819)	(453,536)
Total Assets less Current Liabilities		774,380	634,275
Funds of the Charity			
Unrestricted Funds		515,126	478,483
Restricted Funds	**13**	215,434	140,792
Designated Funds	**14**	43,820	15,000
Total Funds	**15**	774,380	634,275

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board on 2/11/22

C Green
Trustee C. Green

Company registration number: 07504966

Mind in Bradford

Statement of Cash Flows for the Year Ended 31 March 2022

	Note	2022	2021
		£	£
Cash flows from operating activities	**20**	252,341	334,420
Cash flows from investing activities			
Interest income		2,239	3,115
Increase in cash equivalents in the year		254,580	337,535
Cash equivalents at the beginning of the year		918,825	581,290
Total cash equivalents at the end of the year		1,173,405	918,825

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2022

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Charity Information

Mind in Bradford is a Company Limited by Guarantee in England and Wales and is also a charity registered with the Charity Commission in England and Wales. The registered office is Kenburgh House, 28 Manor Row, Bradford, BD1 4QU.

The company Directors are also members and each member of the company has undertaken to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of it being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention, modified to include certain financial instruments at fair value. The principal accounting policies adopted are set out below.

Going concern

The Trustees have prepared financial projections, taking into consideration the current economic climate. They have a reasonable expectation that adequate financial resources are available to enable the charity to continue in operational existence for the foreseeable future, and have adequate contingency plans in the event that income streams are reduced. Consequently the financial statements have been prepared on the basis that the charity is a going concern.

Income

Income is included in the Statement of Financial Activities ("SoFA") when the charity has established entitlement and the amount can be quantified with reasonable accuracy.

Donations and legacies, are included in the SoFA when it is probable that the funds will be received and that they can be measured with sufficient reliability.

Core funding grants and restricted funding grants are recognised in the income and expenditure account in the period to which they relate.

The value of services provided by volunteers is not included.

Where income is received specifically for expenditure in a future accounting period that amount is deferred.

Notes to the Financial Statements for the year ended 31 March 2022 (continued)

1. Accounting Policies (continued)

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. These include governance which are those costs associated with meeting the constitutional and statutory requirement of the charitable company.

Staff costs

The costs of short term employee benefits are recognised as a liability and an expense where settlement of obligations does not fall within the same period.

Fund accounting

Funds held by the charity are either:

General funds - Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated funds - Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds - Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets
Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Notes to the Financial Statements for the year ended 31 March 2022 (continued)

1. Accounting Policies (continued)

Impairment of financial assets
Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Derecognition of financial assets
Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities
Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity held for working capital.

Pension costs

The charity operates defined contribution pension arrangements for its employees. Amounts due are recognised as an expense in the SoFA when they fall due for payment.

Notes to the Financial Statements for the year ended 31 March 2022 (continued)

1. Accounting Policies (continued)

Operating leases

Rentals payable under operating leases, including any lease incentives received, are charged to the SoFA on a straight-line basis over the lease term.

Critical Accounting Estimates and Judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

After review the Trustees consider that there are no critical estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the financial statements.

2. Donations and Other Income

	2022 £	2021 £
Donations	172,068	81,461
Training Income	13,210	2,550
Membership Fees	159	156
Staffing Fees	-	7,816
	185,437	91,983

3. Investment Income

	2022 £	2021 £
Bank Interest Received	2,239	3,115
Room Hire	2,400	2,475
	4,639	5,590

Notes to the Financial Statements for the year ended 31 March 2022 (continued)

4. Income from Charitable Activities:

	2022 £	2021 £
Unrestricted Funds:		
NHS Bradford District & Craven CCG	433,016	439,020
Bradford & District Care Trust	50,000	49,590
City of Bradford MDC Mental Health Grant	59,100	59,100
The VCS Alliance	86,832	82,611
Healthy Lifestyles Wraps	3,500	-
Volition	750	-
Mental Health VCS Reference Group	500	-
	633,698	630,321
Restricted Funds:		
NHS Bradford District & Craven CCG Sanctuary & Resilience Funding	102,028	102,028
Lloyds Bank Foundation	-	25,000
Bradford & District Care Trust – Winter Pressure Initiative (Smile)	52,500	-
NHS Bradford District & Craven CCG – Community Companions	26,400	32,932
City of Bradford MDC – Maastricht Delivery	20,000	20,000
NHS Bradford District & Craven CCG – Healthy Minds	46,592	96,867
NHS Bradford District & Craven CCG – Serious Mental Illness	64,484	36,172
MAST Project 6 – Frequent Attenders	-	5,860
Roshni Ghar	1,462	-
Covid-19 Grants	-	60,910
NHS Bradford District & Craven CCG – Know Your Mind	143,000	143,000
Mind – Loneliness	-	18,169
Primary Care Network – WISHH	13,340	10,555
NHS Bradford District & Craven CCG – Youth in Mind	622,237	-
Bradford & District Care Trust – Winter Pressure Initiative (Wellness Collaborative)	18,823	-
NHS Bradford District & Craven CCG – Guideline Number	23,995	
Enterprise Development Fund - Social Investment Training Lead Fund	20,255	-
NHS Bradford District & Craven CCG - Community Transformation	45,000	-
Equality Together - Community Champions	2,285	-
Mind – Co-op	5,625	-
Learning Exchange (BAME)	2,076	-
ICS – Perinatal	731	-
	1,210,833	551,493
Total income from charitable activities	1,844,531	1,181,814

Notes to the Financial Statements for the year ended 31 March 2022 (continued)

5. Charitable Activities

	2022 £	2021 £
Wages and Salaries	933,546	740,420
Employers National Insurance	69,674	52,604
Pension Costs	25,495	20,576
Employees Health and Life Cover	9,608	7,224
Payroll Costs	2,140	1,670
Recruitment Costs	11,080	1,561
Specific Project Costs	587,526	148,557
Fundraising	6,470	1,851
Volunteer Expenses	511	611
Core Delivery Costs	14,560	11,712
Staff Training and Development	6,909	8,489
Staff Supervision	5,625	3,970
Repairs and Renewals	5,319	1,572
Rent and Rates	31,061	31,625
Light, Heat and Water	17,028	14,848
Insurance	666	630
IT Contracts, Software and Hardware	2,596	4,109
Publicity and Promotion	7,811	4,765
Telephone	16,943	16,372
Travel Costs	139	-
Refreshment Costs	224	-
	1,754,931	1,132,071
Share of support costs (see note 6)	131,535	111,553
Share of governance costs (see note 6)	8,036	8,893
	1,894,502	1,193,612

Notes to the Financial Statements for the year ended 31 March 2022 (continued)

6. Support Costs

	Support costs	Governance costs	2022 £
Wages and Salaries	78,868	-	78,868
Cleaning and Domestic	9,517	-	9,517
IT Contracts, Software and Hardware	15,395	-	15,395
HR and HS Consultancy	7,440	-	7,440
Printing and Copying	1,696	-	1,696
Rent and Rates	3,451	-	3,451
Repairs and Renewals	591	-	591
Light, Heat and Water	1,892	-	1,892
Insurance	4,797	-	4,797
Office Supplies and Equipment	3,536	-	3,536
Telephone	1,883	-	1,883
Bank Charges	110	-	110
Subscriptions and Memberships	2,359	-	2,359
Audit and Accountancy Fees	-	7,920	7,920
Professional Fees	-	-	-
Trustee Expenses	-	116	116
	131,535	8,036	139,571

	Support costs	Governance costs	2021 £
Wages and Salaries	60,498	-	60,498
Cleaning and Domestic	5,653	-	5,653
IT Contracts, Software and Hardware	9,646	-	9,646
HR and HS Consultancy	10,433	-	10,433
Printing and Copying	1,378	-	1,378
Rent and Rates	3,514	-	3,514
Repairs and Renewals	174	-	174
Light, Heat and Water	1,649	-	1,649
Insurance	3,440	-	3,440
Office Supplies and Equipment	11,055	-	11,055
Telephone	1,819	-	1,819
Bank Charges	69	-	69
Subscriptions and Memberships	2,020	-	2,020
Audit and Accountancy Fees	-	8,064	8,064
Professional Fees	205	780	985
Trustee Expenses	-	49	49
	111,553	8,893	120,446

Notes to the Financial Statements for the year ended 31 March 2022 (continued)

7. Net Income/(Expenditure) for the Year

This is stated after charging:	2022 £	2021 £
Auditor's remuneration:		
Audit fees	5,940	6,000
Financial Statements preparation	1,980	1,800

The amounts stated above are inclusive of irrecoverable VAT.

8. Trustees

None of the Trustees received any remuneration or benefits in the year, for Trustee expenses see note 18.

9. Employees

Number of Employees

The average monthly number of employees during the year was:

	2022	2021
Staff	59	48

Staff Costs

	2022 £	2021 £
Wages and Salaries	1,012,414	800,917
Social Security Costs	69,674	52,604
Other Pension Costs	25,495	20,576
Employees Health and Life Cover	9,608	7,224
	1,117,191	881,321

There were no employees whose annual remuneration was £60,000 or more in this or the previous financial year.

The key management personnel of the charity are the Chief Executive Officer, Business Development Director, Service Directors, HR Manager and Finance Manager. The aggregate employment benefits, including employer's national insurance and pension contributions of the key management personnel of the charity were £241,272 (2021 - £165,893).

10. Debtors

	2022 £	2021 £
Trade Debtors	223,690	143,771
Prepayments and Accrued Income	28,104	25,215
	251,794	168,986

Notes to the Financial Statements for the year ended 31 March 2022 (continued)

11. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	12,682	13,785
Accruals	72,417	104,281
Other Taxes and Social Security Costs	18,795	16,886
Deferred Income	546,925	318,584
	650,819	453,536

12. Deferred Income

	2022 £	2021 £
At 1 April 2021	318,584	88,073
Amount released to income	(27,674)	(26,707)
Amount deferred in the year	256,015	257,218
At 31 March 2022	546,925	318,584

13. Restricted Funds

The income funds of the Charity include restricted funds comprising the following balances held on trust for specific purposes:-

As at 31 March 2022	Balance at 1 April 2021	Movement in Funds: Income	Expenditure	Transfers	Balance at 31 March 2022
NHS Bradford District & Craven CCG Sanctuary & Resilience Funding	53,776	102,028	147,061	-	8,743
NHS Bradford District & Craven CCG - Community Companions	8,867	26,400	27,100	-	8,167
City of Bradford MDC - Maastricht Delivery	34,250	20,000	23,054	-	31,196
NHS Bradford District & Craven CCG - Healthy Minds	2,236	46,592	38,057	-	10,771
NHS Bradford District & Craven CCG - Know Your Mind	41,663	143,000	132,452	-	52,211
Bradford District & Craven CCG - Youth in Mind	-	622,237	560,637	-	61,600
Bradford & District Care Trust - Winter Pressure Initiative (Smile)	-	52,500	52,500	-	-
NHS Bradford District & Craven CCG - Serious Mental Illness	-	64,484	64,484	-	-
Roshni Ghar	-	1,462	1,462	-	-
Primary Care Network - WISHH	-	13,340	13,340	-	-
Bradford & District Care Trust - Winter Pressure Initiative (Wellness Collaborative)	-	18,823	18,823	-	-
NHS Bradford District & Craven CCG - Guideline Number	-	23,995	12,033	-	11,962
Enterprise Development Fund - Social Investment Training Lead Fund	-	20,255	20,255	-	-
NHS Bradford District & Craven CCG - Community Transformation	-	45,000	14,216	-	30,784
Equality Together - Community Champions	-	2,285	2,285	-	-
Mind - Co-op	-	5,625	5,625	-	-
Learning Exchange (BAME)	-	2,076	2,076	-	-
ICS - Perinatal	-	731	731	-	-
	140,792	1,210,833	1,136,191		215,434

Notes to the Financial Statements for the year ended 31 March 2022 (continued)

13. Restricted Funds (continued)

As at 31 March 2021	Movement in Funds				
	Balance at 1 April 2020	Income	Expenditure	Transfers	Balance at 31 March 2021
Lloyds Bank Foundation	-	25,000	25,000	-	-
NHS Bradford District & Craven CCG Sanctuary & Resilience Funding	71,848	102,028	120,100	-	53,776
NHS Bradford District & Craven CCG - Community Companions	-	32,932	24,065	-	8,867
City of Bradford MDC - Maastricht Delivery	27,473	20,000	13,223	-	34,250
NHS Bradford District & Craven CCG - Healthy Minds	46,140	96,867	140,771	-	2,236
NHS Bradford District & Craven CCG - Serious Mental Illness	-	36,172	36,172	-	-
MAST Project 6 - Frequent Attenders	-	5,860	3,591	2,269	-
Covid-19 Grants	-	60,910	60,910	-	-
NHS Bradford District & Craven CCG - Know Your Mind	-	143,000	101,337	-	41,663
Mind - Loneliness	-	18,169	18,169	-	-
Primary Care Network - WISHH	-	10,555	7,726	2,829	-
Lexus Bradford	1,800	-	1,800	-	-
Celebrate National Lottery 25	985	-	985	-	-
	148,246	551,493	553,849	5,098	140,792

Bradford District & Craven CCG Sanctuary & Resilience Funding
Funding received to launch a ground-breaking crisis service. Providing a critical out of hours support to adults experiencing mental or emotional distress. Used often as an alternative to A&E and Police Custody, it helps ensure vulnerable adults receive the best humane and appropriate support available for their needs.

NHS Bradford District & Craven CCG - Community Companions
Funding for a befriending support service for anyone feeling lonely, isolated or alone. This funding enabled us to recruit, train and retain volunteers to deliver befriending support throughout Bradford District and Craven.

City of Bradford MDC - Maastricht Delivery
Funding to continue as a Maastricht Interview Centre in partnership with other organisations to work with people who are hearing voices, understanding links between life experiences and voices to aid recover.

NHS Bradford District & Craven CCG - Healthy Minds
Funding to support the development and implementation of a new brand (Healthy Minds) which delivers a coherent system wide communication strategy to promote, protect and improve good mental wellbeing for Bradford district.

NHS Bradford District & Craven CCG - Know Your Mind
Funding for our dedicated children and young people's service offering a range of different support, including group work and one-to-one sessions, for children and young people who live in the central Bradford area.

NHS Bradford District & Craven CCG - Youth in Mind
Mind in Bradford were awarded the Youth in Mind Lead Provider contract in April 2021. YIM is a partnership of providers who deliver school, community and hospital-based support to CYP across Bradford District and Craven who are struggling with their mental, emotional or social wellbeing.

Notes to the Financial Statements for the year ended 31 March 2022 (continued)

13. Restricted Funds (continued)

Bradford and District Care Trust – Winter Pressure Initiative (Smile)
Non-recurrent funding to set up the Smile Collaborative to support those on waiting lists for mental health support. The project brings together four organisations to offer telephone support.

NHS Bradford District & Craven CCG – Serious Mental Illness
Funding released by NHS to start work on a project aiming to reduce premature mortality associated with physical ill health in people with severe mental illness (in combination with NHS projects). The funding enabled the development of training on the importance of physical healthcare for people living with serious mental illness (SMI) to be delivered to staff and volunteers in the voluntary and community sector who working with people with SMI.

Roshni Ghar
As part of our partnership working, our practitioners have been working with Roshni Ghar to support South Asian women with mental health problems. We deliver Food and Nutrition classes and WRAP groups at their base in Keighley.

Primary Care Network - WISHH
Funding received to support WISHH PCN patients with a personalised social prescribing service which reflects the specific needs of patients and identifies solutions to improve patients' health, wellbeing and happiness.

Bradford & District Care Trust – Winter Pressure Initiative (Wellness Collaborative)
Non-recurrent funding to set up the Wellness Collaborative to support those on waiting lists for psychological support. The project brings together seven organisations to offer a mixture of one-to-one and group peer support.

NHS Bradford District & Craven CCG – Guideline Number
This funding covers the free and confidential telephone helpline Guide-Line which also features an online live chat service. This service is for people of all ages in Bradford District and Craven who need emotional/mental health support, advice and guidance or signposting.

Enterprise Development Fund - Social Investment Training Lead Fund
Funding received for the employment of a new Training Lead staff member for training delivery, training development, and business development/customer relationship management, and for access to external consultancy to help implement and grow the trading operation.

NHS Bradford District & Craven CCG - Community Transformation
Funding received during Covid to allow trained volunteers to offer weekly telephone support to people across the Bradford district who were struggling with their mental health as a result of being housebound.

Equality Together - Community Champions
Funding received to help us understand how to meaningfully extend our reach into South Asian communities within Bradford, to ascertain directly from members of these communities as to how they would like to receive mental health support and to deliver BAME training sessions to our volunteers to aid their understanding of language and cultural differences.

Mind – Co-op
Funding received to work with six Co-op Academy schools to deliver part of a Whole School Approach (WSA) programme, leading to tailored action planning sessions with children and young people groups and parent groups.

Learning Exchange
Funding received in conjunction with Leeds Mind to help understand the barriers faced by South Asian communities when accessing mental health services, and to find tangible solutions for these barriers.

Notes to the Financial Statements for the year ended 31 March 2022 (continued)

13. Restricted Funds (continued)

ICS Perinatal
Funding received to co-produce with people with lived experience of maternity services, welcome & easy to read letters into Perinatal Mental Health Services, tailored to community languages and cultures".

Transfer between funds
The transfer between funds relates to completed projects with no ongoing obligations.

14. Designated Funds

As at 31 March 2022	Balance at 1 April 2021	Movement in Funds			Balance at 31 March 2022
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
Company sick pay	-	-	(9,160)	21,982	12,822
Staff development and well being	-	-	-	10,000	10,000
TPT Pension Liability	-	-	-	5,998	5,998
	15,000	-	(9,160)	37,980	43,820

As at 31 March 2021	Balance at 1 April 2020	Movement in Funds			Balance at 31 March 2021
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
	15,000	-	-	-	15,000

Legacy Funding
Donation from a local estate, to put towards a project to enable mental health services to be more easily accessible.

15. Analysis of Net Assets by Fund

As at 31 March 2022	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	215,434	215,434
Unrestricted general funds			
General	-	515,126	515,126
Designated	-	43,820	43,820
	-	774,380	774,380

As at 31 March 2021	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	140,792	140,792
Unrestricted general funds			
General	-	478,483	478,483
Designated	-	15,000	15,000
	-	634,275	634,275

Notes to the Financial Statements for the year ended 31 March 2022 (continued)

16. Commitments under Operating and Financial Leases

At 31 March 2022 the charity had annual commitments under non - cancellable operating and financial leases as follows:

	2022 £	2021 £
Expiry Date		
Within one year	33,008	33,326
Between two and five years	26,874	59,381
	59,882	92,706

17. Taxation

Mind in Bradford is a registered charity and as such is a charity within the meaning of schedule 6 of the Finance Act 2010. Accordingly, it is potentially entitled to tax exemption under part 11 of the Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 in respect of income and gains arising.

18. Related party transactions

Trustee travel expenses of £Nil were reimbursed during the year (2021: £Nil), none of the trustees received remuneration or benefits from the charity during the year (2021: £Nil).

During the year Mind in Bradford paid £2,100 (2021: £nil) to Schofield Sweeney LLP for legal fees. Andrew Hurst who is a trustee of Mind in Bradford is an LLP Member of Schofield Sweeney LLP.

19. Contingent Liability – Pensions

The charity is a participating employer in the Growth Plan pension scheme which is a multiemployer defined benefit pension scheme. The scheme is closed to admission and the charity has a very small exposure to liability in the scheme, the last funding update advised the charity of a share in liabilities of £4,192 and there is no indication that this has increased materially at 31 March 2022. This liability has not been recognised and accounted for in accordance with FRS 102 and the Charity SORP on the grounds of immateriality.

20. Reconciliation of net movement in funds to net cashflow from operating activities:

	2022 £	2021 £
Net movement in funds	140,105	85,775
Deduct interest income	(2,239)	(3,115)
Increase in debtors	(82,808)	(78,119)
Increase in creditors	197,283	329,879
	252,341	334,420

The charity had no net debt at the current or prior year end.

Notes to the Financial Statements for the year ended 31 March 2022 (continued)

21. Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2021

	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2021 £	Total funds 2020 £
Income					
Donations and Other Income	91,983	-	-	91,983	81,079
Charitable Activities	630,321	-	551,493	1,181,814	984,051
Investment Income	5,590	-	-	5,590	4,604
Total Income	727,894	-	551,493	1,279,387	1,069,734
Expenditure					
Charitable Activities	639,763	-	553,849	1,193,612	847,092
Total Expenditure	639,763	-	553,849	1,193,612	847,092
Net income/(expenditure) before transfers	88,131	-	(2,356)	85,775	222,642
Transfers between funds	5,098	-	(5,098)	-	-
Net movement in funds	93,229	-	(7,454)	85,775	222,642
Funds brought forward	385,254	15,000	148,246	548,500	325,858
Funds carried forward	478,483	15,000	140,792	634,275	548,500

MIND IN BRADFORD

England & Wales - Charity number 1142357

Accounts

Charity Number: 1142357

Company Number: 07504966

Mind in Bradford

(A Company Limited by Guarantee)

Annual Report and Financial Statements

For the year ended 31 March 2021

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Mind in Bradford

Legal and Administrative Information

Trustees/Management Committee	John Vincent (Chairperson) Christopher Green Louise Slater Andrew Hurst Andrew Richardson Francesca Hill Annie Curie Michael Brown Parveen Malik (Appointed 17/04/2020)
Company number	07504966
Charity number	1142357
Registered office	Kenburgh House 28 Manor Row Bradford BD1 4QU
Independent Auditor	Garbutt & Elliott Audit Limited 33 Park Place Leeds LS1 2RY
Bankers	Caf Cash Ltd Kings Hill West Malling ME19 4TA

Mind in Bradford

Trustees' Report for the year ended 31 March 2021

The Board of Trustees, who are also Directors for the purposes of company law, present their report and audited financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Articles of Association, the Charities Act 2011 and the Companies Act 2006.

Structure, Governance and Management

The Charity was registered at the Charity Commission on 10 June 2011 having previously been incorporated as a company limited by guarantee on 25 January 2011. The Articles of Association were amended on 19 April 2021.

The Trustees/Company Directors who served during the year were:

Christopher Green
Louise Slater
Andrew Hurst
Andrew Richardson
John Vincent (Chairperson)
Francesca Hill
Annie Curie
Michael Brown
Parveen Malik (Appointed 17/04/2020)

Our Board of Trustees comprises of a minimum of three Trustees. We aim to ensure the composition of the Board of Trustees reflects the diversity of the area we serve, and recruit Trustees with skills, expertise, abilities and experience which will add to the Board's effectiveness. This will ensure we are able to govern effectively in accordance with our charitable objectives and statutory obligations. Trustees are selected by the current Trustees and appointments are put to the vote.

Objectives and Activities

Our purpose (why we exist) is to promote mental well-being and to empower and help people experiencing mental health problems to manage and work towards recovery and fulfilment.

In line with a continued commitment to modernisation and improvement, Mind in Bradford operates to the guidelines set out by Mind nationally and in recognition of this we have received the Mind Quality Mark.

Achievements and Performance

"Mind in Bradford truly is a life saver, everything they do, everyone who works there, and all services they offer."

This year has thrown a lot of challenges our way but together we have tackled them head-on and achieved amazing results. Our services continued online and by phone, more languages are spoken on our helpline which is now free to call, and we've launched a children and young people's service for the first time.

As we look back over the past 12 months, we are proud to say we helped more people than ever before in line with our mission to improve the wellbeing, resilience, and recovery of people across Bradford, Airedale, Wharfedale and Craven. The number of people we supported in 2020-21 was up 30% on the previous year as we continued to strive towards helping more people, more often, in more places. This year, there have been more than 23,000 attendances by over 3,300 individuals across our services.

Trustees' Report for the year ended 31 March 2021 (continued)

Our long-running Guide-Line service began offering live on-line chat and is now free for all users. Our crisis service developed successful phone and digital support and our wellbeing groups moved to Zoom and outside, benefitting both mental and physical health. We continued to work closely with partner organisations, commissioners and service users to make sure we are providing the services that are most needed and wanted.

The beginning of this year was a massive challenge for us in terms of practical service delivery. Yet as a team we adapted and responded, and are now using learning from the past year to move forward, shape our services and benefit more people. We look forward to developing these services further to enable better mental health for all across our district.

People are at the heart of our organisation. We now have more frontline staff and volunteers delivering a greater number and range of services, and more back office staff working behind the scenes to enable this to happen, including a newly formed business development team.

When lockdown arrived in March 2020, we were ready and able to respond. We were able to move all of our services, including crisis support and 1:1 sessions, to phone support immediately. We accelerated the introduction of live web-chat and all our staff changed to remote working. We have worked hard in partnership with other organisations and as a system leader, to ensure mental health services continued and improved across Bradford and Craven despite the challenges of coronavirus.

Over the last year, we have worked hard to develop our services for children and young people and launched our new service for 8-19-year-olds in central Bradford. We are working with youth services, schools, local communities and youth offending teams to support the needs of children and young people in the margins of education and on the radar of the justice system. We also received the brilliant news that we will be the new lead provider for the Bradford and Craven Youth in Mind partnership. It is so important to support people as early as possible in their lives work in partnership with our Youth in Mind partners.

Our positive relationship with national Mind has continued. We have secured the Mind Quality Mark again, which sets out the baseline of best practice and legal compliance in all areas of a local Mind's governance and activities, as well winning a Mind excellence award for service design and innovation.

In the past 12 months, we have continued to ensure Mind in Bradford and its clients have been represented at a wide range of district-wide bodies and meetings. Our CEO and Service Director are active members and chairs to a variety of boards and working groups to help ensure the development of a coherent and effective Mental Health Support system for all communities.

This has been the final year of a three-year plan to extend our reach, maximise our impact, build positive relationships and ensure organisational sustainability. We look forward to continuing this work with our clients, staff and partnership organisations, with our newly evolved strategy over the coming year.

Mission and Activities

Our mission (what we do):

- we build community and individual resilience for better well-being
- we provide early intervention advice and support
- we support people in crisis
- we empower and help people to recover and sustain improved well-being

Our services are designed to offer appropriate and timely support, to fulfil our mission and in collaboration with our partners, to collectively make the biggest positive difference to the most people possible. In this reporting year, we have run: Guide-Line; The Sanctuary; Wellbeing groups; Maastricht Interview Centre; Extended Access; Community Companions; Healthy Minds Digital Doorway and Serious Mental Illness Project.

Trustees' Report for the year ended 31 March 2021 (continued)

Guide-Line

"Guide-Line has helped me get through lockdown."

When coronavirus struck at the start of our reporting year, we already had plans to make our long-running helpline more accessible. Lockdown led us to bring forward the launch of live on-line chat and, in October, we switched the service to a new freephone number. We also recruited more Urdu, Punjabi and Arabic speakers.

This year we received around 8,700 calls from 1,000 people and the number of new callers increased by more than half.

Anxiety, including about Covid-19, remained the most common reason for contacting us, followed by stress, isolation, depression and family relationships.

The Sanctuary

"It is such a relief to know you are there to talk to."

The Sanctuary is a welcoming, non-clinical space for people across the Bradford and Craven districts who need urgent mental health support.

The number of crisis support sessions we provided at The Sanctuary increased by a third this year – a reflection of how many more people have been reaching out for help during the pandemic. In total, we helped 1,000 people at nearly 3,000 sessions, a quarter from a BAME background and just under half male.

Our team moved seamlessly from face-to-face to phone and on-line support once lockdown restrictions were imposed and continued to provide dedicated and compassionate support to help those in crisis.

Wellbeing groups

"The Zoom groups have been a godsend for me."

Our wellbeing service allows people to meet up regularly to discuss their feelings, share their experiences of mental health and make new friends in a safe and welcoming environment.

Not being able to meet in person during lockdown was a challenge and our team made regular phone calls to clients to see how they were managing. Some wellbeing groups, including peer support, moved quickly online and new Walk & Talk groups proved popular.

More than 350 people used the wellbeing service to help with feelings of anxiety, depression, feeling low and self-harm.

This year, we extended support to those who hear voices, re-opening our Maastricht Interview service to help people find individual coping strategies. We also set up a second, smaller wellbeing group for voice hearers called Understanding Voices.

Extended Access

"Thank you for giving me the strength and confidence to finally accept help in moving forward and taking control of my future."

Our recovery workers provide 1:1 evening appointments at Bradford GP surgeries as part of the Extended Access programme. The service was designed to be a first point of contact for people seeking mental health support. With the arrival of lockdown, all appointments were moved to phone support.

More people came to our support sessions this year and around a fifth of attendances were by under 18s. Over 12 months, we saw over 800 individuals at more than 1,700 sessions.

Common reasons for seeking help included anxiety, depression, family and relationship problems, loneliness and stress. Anxiety around Covid-19 was one of the main reasons for referral.

Community Companions

"I get along with my friend like I have known them forever. Before I felt so down but now I am doing really well."

This befriending project to prevent social isolation, loneliness and depression is never more needed. The service was launched in partnership with the Muslim Health Service and Bradford District and Craven CCG in Baildon in May 2019.

This year saw the expansion of Community Companions into central Bradford and the minimum age for referral lowered from 65 to 18. We also secured extra funding from the Mind Loneliness Fund to extend our befriending service because of increased social isolation and anxiety caused by the pandemic.

Our volunteers were not allowed to enter homes because of Covid-19 lockdowns and social distancing rules, but they supported people by phone making 2,370 calls over 12 months.

Key reasons for referral included isolation due to shielding, high anxiety and low mood due to lack of human contact and stress arising from changing restrictions

Healthy Minds Digital Doorway

"The website makes it easy to get help, gives people choice, and helps people to find the most relevant support available."

The Healthy Minds website directory and wellbeing assistant is run by Mind in Bradford and helps the public and professionals to open the door to local and digital mental health services, support and information.

Last year, nearly 4,000 people used the Healthy Minds wellbeing assistant recommendations to find out information about mental health and wellbeing and which local services would be best for them.

The site went live in November 2019 and has since, undergone a rigorous BETA testing phase and is now being developed to maximize the positive difference it can make.

Serious Mental Illness Project

"Informative session with lots of excellent discussions that really feel will help towards improving systems currently in place."

This project aims to help reduce premature mortality associated with physical ill health in people with serious mental illness (SMI), to support people with SMI access their physical heath checks and to develop training on the importance of physical healthcare for people living with SMI, to be delivered to staff and volunteers in the voluntary and community sector who work with people with SMI.

At the start of the reporting year, due to coronavirus, physical health checks were put on hold by GPs, which paused the project and training delivery. To respond to the situation, the project was repurposed and a new project called SMILE was created to support statutory staff to refer people to receive support from to the voluntary and community sector services.

Trustees' Report for the year ended 31 March 2021 (continued)

As restrictions have eased, the project plans have been reviewed and refreshed in light of altered timelines, training delivery and client engagement has started.

Know Your Mind

"It really helped me, I'd say 10 out of 5 today. I can communicate and be respected, heard and listened to."

October saw the launch of our first-ever dedicated service for children and young people. Know Your Mind offers a range of support for under-25s in central Bradford, including group sessions, ongoing one-to-one support, attending existing groups and activities such as Walk & Talk. In six months, we provided 634 one-to-one and group contacts and 51 young people were supported individually. We worked closely with schools, children's social care and other services, prioritising those most in need such as young people living with domestic violence or not attending school. Reasons for seeking help included self-care, education or employment, anxiety and stress, and family and home life problems. More than half were from a BAME background.

Future

Over the last three years we have gone from surviving to thriving. As we look to the future, we will continue to drive forward further change and improvement to ensure our services make the biggest positive difference to the largest number of people possible.

We are excited to have evolved our previous strategy to help us guide our future work. Our new strategy for 2021-24 reflects current needs, is more people-focussed and will inform everything we do and are within Mind in Bradford.

As we continue to feel the lasting impact of the pandemic, we will aim to make the biggest positive difference in an uncertain world. We will do this by further improving our blended service offer, including face-to-face, digital, phone and live chat support. We are continually working to maximise the reach and positive impact of our existing services, and to ensure we are providing the services that are most needed and wanted. As more face-to-face support is allowed, we look forward to welcoming back more clients into our hub and continuing with long-term plans such as helping people with Serious Mental Illnesses take up physical health checks and offering more mental health training courses.

We are excited that in the coming year we will be supporting more children and young people than ever before as the new lead provider for the Bradford and Craven Youth in Mind partnership. It is so important to support people as early as possible in their lives and we are really looking forward to start working with our Youth in Mind partners.

We continue to work closely with partner organisations, commissioners and service users to enable better mental health for all across our district. We will continue to play a leading role in the Healthy Minds Digital Doorway initiative, to help people access the right support for them at the right time, and will be the lead facilitator in bringing support for people on waiting lists for therapy, to help make them feel safe and engaged.

We will further develop our organisational resilience through a continued commitment to organizational governance, enhanced business processes and systems and strengthening our business development approach to enable appropriate growth. As a part of this we will focus on developing our training offer to maximise income generation.

I look forward to continuing to work with our staff, volunteers, and fellow Trustees, in positive collaboration with our commissioners, fellow services providers, and national Mind colleagues to continue to move forward, shape our services and benefit more people, more often, in more places.

Trustees' Report for the year ended 31 March 2021 (continued)

Financial Review

Mind in Bradford made a surplus in the year of £85,775 (2010: £222,642).

Total income for the year was £1,279,387 of which £1,181,814 was grant support. Total expenditure was £1,193,612 of which £553,849 was specific restricted costs and £639,763 unrestricted.

The total at 31 March 2021 of Mind's "free reserves" was £478,483 which fulfilled the Charity's Reserves Policy of a minimum of three months running costs.

Restricted funds at the end of the financial year amounted to £140,792 and related to five specific projects and is committed to be spent in 2021/22.

There has been a re-statement of prior year figures to change the way that certain restricted grant income is recognised in the accounts. This more fairly reflects the nature of the income and is in line with the Charities Statement of Recommended Practice on the recognition of the income.

Fundraising

All amounts raised through fundraising in the year are presented within 'Donations' which includes donations from individual supporters and corporate supporters. We are extremely grateful to everyone who has donated or participated in events.

Mind in Bradford does not use professional fundraisers, commercial participators or third parties to fundraise on our behalf. The day to day management of all income generated is managed internally by the staff team who act under authority delegated by the Trustees.

We are staying up to date with developments in charity regulation, data protection and the Fundraising Preference Service (FPS) to make sure we are legally compliant and adhering to all guidelines.

Mind in Bradford is voluntarily bound to be regulated by the Fundraising Regulator and complies with the Code of Fundraising Practice set out by the Fundraising Regulator.
We have not received any complaints in relation to our fundraising practice for the year under review.

Remuneration of Key staff

The pay of the charity's key management staff is reviewed annually and may be increased in accordance with national indicators such as inflation or average earnings where financially possible and prudent. The remuneration is also benchmarked with charities of a similar size and activity to ensure that it is fair and not out of line with that generally paid for similar roles.

Risk Management

The Trustees have carried out ongoing assessments of the charity's activities setting out the major opportunities available to the charity and the risks to which it is exposed. These risks are identified in the risk register and are risk assessed.

The principal risks and uncertainties faced by the charity at the time of writing are as follows:

- The short term nature of some statutory funding which leads to uncertainty for both the staff and the organisation.
- The reduction in voluntary income from March 2020 due to the COVID pandemic which has led to the cancellation or postponement of mass participation events.
- The need to maintain awareness of workforce capacity and capability due to additional pressures on delivery from the Covid pandemic.

Trustees' Report for the year ended 31 March 2021 (continued)

The Trustees have considered their responsibilities under legislation including health and safety, employment law and safeguarding. Systems and procedures have been implemented to manage specific risks that have been identified, including training for all appropriate persons as necessary.

Public benefit

The aims, objectives and activities of the charity are reviewed regularly, and achievements assessed. When reviewing these and in planning future activities, the Trustees have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

The Trustees agreed a new strategy during the year for three years from 2021 to 2024. This strategy sets out our four mission statements; we will provide early intervention advice and support, we will build community and individual resilience for better mental wellbeing, we will support people in crisis, we will equip and help people to recover and sustain improved wellbeing.

Statement of the Responsibilities of the Trustees

Company law requires the Board to prepare financial statements for each financial period, which give a true and fair view of the state of affairs of the Charitable Company as at the end of the financial period and of the surplus or deficit of the Charitable Company for that period.

In preparing those financial statements the Board is required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

The Directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charitable Company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement of disclosure to the auditor

The Trustees of the company who held office at the date of approval of this annual report confirm that:

- so far as they are aware, there is no relevant audit information, information needed by the company's auditors in connection with preparing their report, of which the charitable company's auditors are unaware; and
- they have taken all the steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of this information.

Auditors
Garbutt & Elliott Audit Limited were appointed as auditor to the charitable company and are deemed to be reappointed under section 487(2) of the Companies Act 2006.

Small Company Rules
This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies. It was approved by the Board of Trustees and signed on its behalf.

Approved on behalf of the Board on 13.09.21

J Vincent
Trustee

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford

Opinion

We have audited the financial statements of Mind in Bradford (the 'charity') for the year ended 31 March 2021 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford

Opinions on other matters prescribed by the Companies Act 2006
In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' report, which includes the directors ' report prepared for the purpose of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors ' report included within the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception
In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors ' report included within the Trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received
- from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
  the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees
As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Extent to which the audit was considered capable of detecting irregularities, including fraud.
We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, through discussion with the directors and other management, and from inspection of the charitable company's regulatory and legal correspondence. We discussed with the trustees and other management the policies and procedures regarding compliance with laws and regulations. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance during the audit.

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford

The charitable company is subject to laws and regulations that directly affect the financial statements including financial reporting legislation (including related companies and charities legislation), pensions legislation, taxation legislation and further laws and regulations that could indirectly affect the financial statements, comprising environmental, health and safety and employment legislation, and, in the current climate, Covid regulations. We assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items. Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the directors and other management and inspection of regulatory and legal correspondence, if any. These procedures did not identify any potentially material actual or suspected non-compliance.

To identify risks of material misstatement due to fraud we considered the opportunities and incentives and pressures that may exist within the charitable company to commit fraud. Our risk assessment procedures included: enquiry of trustees and other management to understand the high level policies and procedures in place to prevent and detect fraud, reading Board minutes and considering performance targets and incentive schemes in place for management. We communicated identified fraud risks throughout our team and remained alert to any indications of fraud during the audit.

As required by auditing standards we also identified and addressed the risk of management override of controls.

We performed the following procedures to address the risks of fraud identified:

- identifying and testing high risk journal entries through vouching the entries to supporting documentation;
- assessing significant accounting estimates for bias;
- testing the recognition of income and in particular that it was appropriately recognised or deferred; and
- testing the control environment around cash takings, including segregation of duties and daily cash reconciliations.

As a result of these procedures we identified the greatest potential for fraud in the following areas:

- income recognition and in particular the risk that income is recognised in the wrong reporting period; and
- subjective accounting estimates

Both fraud risks arise due to a potential desire by organisations to present weaker results due to a potential incentive to obtain further funding.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

In addition, as with any audit, there remained a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations.

Mind in Bradford

Independent Auditor's Report To The Trustees of Mind in Bradford

Other matters which we are required to address

In the previous accounting year, the trustees of the company took advantage of the audit exemptions available under s477 of the Companies Act 2006. Therefore the prior period financial statements were not subject to audit.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Garbutt & Elliott Audit Limited

13/10/2021

Laura Masheder
Senior Statutory Auditor

For and on behalf of Garbutt & Elliott Audit Limited
Statutory Auditor

33 Park Place
Leeds
LS1 2RY

Mind in Bradford

Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2021

	Note	Unrestricted funds £	Designated Funds £	Restricted Funds £	Total funds 2021 £	Un-audited As Restated Total funds 2020 £
Income						
Donations and Other Income	**2**	91,983	-	-	91,983	81,079
Charitable Activities	**4**	630,321	-	551,493	1,181,814	984,051
Investment Income	**3**	5,590	-	-	5,590	4,604
Total Income		727,894	-	551,493	1,279,387	1,069,734
Expenditure						
Charitable Activities	**5**	639,763	-	553,849	1,193,612	847,092
Total Expenditure		639,763	-	553,849	1,193,612	847,092
Net income/(expenditure) before transfers	**7**	88,131	-	(2,356)	85,775	222,642
Transfers between funds		5,098	-	(5,098)	-	-
Net movement in funds		93,229	-	(7,454)	85,775	222,642
Funds brought forward		385,254	15,000	148,246	548,500	325,858
Funds carried forward	**14, 15**	478,483	15,000	140,792	634,275	548,500

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 16 to 28 form part of the financial statements.

A fully detailed Statement of Financial Activities for year ended 31 March 2020 is shown at note 22.

Mind in Bradford

Balance Sheet as at 31 March 2021

	Note	2021 £	Un-audited As Restated 2020 £
Fixed Assets	**10**	-	-
Current Assets			
Debtors	**11**	168,986	90,867
Cash at Bank and in Hand		918,825	581,290
Total Assets		1,087,811	672,157
Creditors: Amounts Falling Due Within One Year	**12**	(453,536)	(123,657)
Total Assets less Current Liabilities		634,275	548,500
Funds of the Charity			
Unrestricted Funds		478,483	385,254
Restricted Funds	**14**	140,792	148,246
Designated Funds	**15**	15,000	15,000
Total Funds		634,275	548,500

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board on 13.09.21

C Green
Trustee C. Green.

Company registration number: 07504966

Mind in Bradford

Statement of Cash Flows for the Year Ended 31 March 2021

	Note	2021	Un-audited 2020
		£	£
Cash flows from operating activities	**21**	334,420	59,754
Cash flows from investing activities			
Interest Income		3,115	779
Increase in cash equivalents in the year		337,535	60,533
Cash equivalents at the beginning of the year		581,290	520,757
Total cash equivalents at the end of the year		918,825	581,290

Mind in Bradford

Notes to the Financial Statements for the year ended 31 March 2021

1. Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Charity Information

Mind in Bradford is a Company Limited by Guarantee in England and Wales and is also a charity registered with the Charity Commission in England and Wales. The registered office is Kenburgh House, 28 Manor Row, Bradford, BD1 4QU.

The company Directors are also members and each member of the company has undertaken to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of it being wound up while he or she is a member, or within one year after he or she ceases to be a member.

Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention, modified to include certain financial instruments at fair value. The principal accounting policies adopted are set out below.

Going concern

The Trustees have prepared financial projections that are being regularly revised to take into account the current economic climate, particularly in respect of the ongoing uncertain situation arising from Covid-19 and its potential impact on the sources of income and planned expenditure. When considered alongside contingency plans established to manage cash flows in the event that income streams are reduced, these projections demonstrate that the Trustees have a reasonable expectation that adequate financial resources are available to enable the charity to continue in operational existence for the foreseeable future, and not less than 12 months from the date of approval of the financial statements. Consequently the financial statements have been prepared on the basis that the charity is a going concern.

Income

Income is included in the Statement of Financial Activities ("SoFA") when the charity has established entitlement and the amount can be quantified with reasonable accuracy.

Donations and legacies, are included in the SoFA when it is probable that the funds will be received and that they can be measured with sufficient reliability.

Core funding grants and restricted funding grants are recognised in the income and expenditure account in the period to which they relate.

The value of services provided by volunteers is not included.

Where income is received specifically for expenditure in a future accounting period that amount is deferred.

Notes to the Financial Statements for the year ended 31 March 2021 (continued)

1. Accounting Policies (continued)

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. These include governance which are those costs associated with meeting the constitutional and statutory requirement of the charitable company.

Staff costs

The costs of short term employee benefits are recognised as a liability and an expense where settlement of obligations does not fall within the same period.

Fund accounting

Funds held by the charity are either:

General funds - Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated funds - Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

Restricted funds - Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation, individual tangible assets are capitalised if costing in excess of £5,000. Depreciation is provided at the following annual rates in order to write off fixed assets, less their residual value, over their estimated useful lives as follows:

Fixtures, fittings and equipment	3 years straight line

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the Instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets
Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Notes to the Financial Statements for the year ended 31 March 2021 (continued)

1. Accounting Policies (continued)

Impairment of financial assets
Financial assets, other than those held at fair value through income and expenditure, are assessed for indicators of impairment at each reporting date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

Derecognition of financial assets
Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities
Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity held for working capital.

Notes to the Financial Statements for the year ended 31 March 2021 (continued)

1. Accounting Policies (continued)

Pension costs

The charity operates defined contribution pension arrangements for its employees. Amounts due are recognised as an expense in the SoFA when they fall due for payment.

Operating leases

Rentals payable under operating leases, including any lease incentives received, are charged to the SoFA on a straight line basis over the lease term.

Critical Accounting Estimates and Judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

After review the Trustees consider that there are no critical estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the financial statements.

2. Donations and Other Income

	2021 £	2020 £
Donations	81,461	76,041
Training Income	2,550	3,509
Membership Fees	156	190
Socials and Trips	-	1,339
Staffing Fees	7,816	-
	91,983	81,079

3. Investment Income

	2021 £	2020 £
Bank Interest Received	3,115	779
Room Hire	2,475	3,825
	5,590	4,604

Notes to the Financial Statements for the year ended 31 March 2021 (continued)

4. Income from Charitable Activities:

	2021 £	As restated 2020 £
Unrestricted Funds:		
Bradford & Airedale CCG Collaboration	439,020	420,664
Bradford & District Care Trust	49,590	-
City of Bradford MDC Mental Health Grant	59,100	59,100
Bradford VCS – GP Extended Access	82,611	33,819
	630,321	513,583
Restricted Funds:		
NHS Bradford & District Sanctuary & Resilience Funding	102,028	207,958
Lloyds Bank Foundation	25,000	25,000
Bradford District Care Trust – Winter Pressure Initiative	-	17,167
NHS Bradford & District – Community Companions	32,932	19,281
City of Bradford MDC – Maastricht Delivery	20,000	35,337
NHS Bradford & District – Healthy Minds	96,867	117,142
NHS Bradford & District – Serious Mental Illness	36,172	15,596
MAST Project 6 – Frequent Attenders	5,860	11,792
Roshni Ghar	-	3,410
Lexus Bradford	-	1,800
Celebrate National Lottery 25	-	985
Covid-19 Grants	60,910	-
Creative Support – Know Your Mind	143,000	-
Mind – Loneliness	18,169	-
WISHH	10,555	-
	551,493	455,468
Total income from charitable activities	1,181,814	984,051
Designated Funds:		
Legacy Funding	-	15,000
	-	15,000

Notes to the Financial Statements for the year ended 31 March 2021 (continued)

5. Charitable Activities

	2021 £	As Restated 2020 £
Wages and Salaries	740,420	464,260
Employers National Insurance	52,604	32,456
Pension Costs	20,576	11,859
Employees Health and Life Cover	7,224	2,806
Payroll Costs	1,670	1,320
Recruitment Costs	1,561	2,011
HR and HS Consultancy	-	940
Specific Project Costs	148,557	88,857
Fundraising	1,851	2,275
Volunteer Expenses	611	2,313
Core Delivery Costs	11,712	19,654
Staff Training and Development	8,489	5,070
Staff supervision	3,970	1,421
Repairs and Renewals	1,572	3,038
Rent and Rates	31,625	28,572
Light, Heat and Water	14,848	19,834
Insurance	630	2,515
IT Contracts, Software and Hardware	4,109	-
Publicity and Promotion	4,765	3,835
Office Supplies and Equipment	-	46,444
Telephone	16,372	7,609
Travel Costs	-	1,097
Trustees Expenses	-	2,361
	1,132,071	847,092
Share of support costs (see note 6)	111,553	80,660
Share of governance costs (see note 6)	8,893	15,885
	1,193,612	847,092

6. Support Costs

	Support costs	Governance costs	2021 £	As Restated 2020 £
Wages and Salaries	60,498	-	60,498	48,473
Cleaning and Domestic	5,653	-	5,653	-
IT Contracts, Software and Hardware	9,646	-	9,646	10,996
HR and HS Consultancy	10,433	-	10,433	10,855
Printing and Copying	1,378	-	1,378	2,343
Rent and Rates	3,514	-	3,514	3,175
Repairs and Renewals	174	-	174	338
Light, Heat and Water	1,649	-	1,649	2,204
Insurance	3,440	-	3,440	672
Office Supplies and Equipment	11,055	-	11,055	-
Telephone	1,819	-	1,819	-
Bank Charges	69	-	69	60
Subscriptions and Memberships	2,020	-	2,020	1,544
Audit and Accountancy Fees	-	8,064	8,064	6,190
Professional Fees	205	780	985	9,430
Office Sundries	-	49	49	265
	111,553	8,893	120,446	96,545

Notes to the Financial Statements for the year ended 31 March 2021 (continued)

7. Net Income/(Expenditure) for the Year

This is stated after charging:	2021 £	2020 £
Auditor's remuneration:		
Audit fees	5,000	-
Financial Statements preparation	1,500	3,400

8. Trustees

None of the Trustees received any remuneration or benefits in the year, for Trustee expenses see note 19.

There are no other related party transactions that require disclosure in the current or previous financial year.

9. Employees

Number of Employees

The average monthly number of employees during the year was:

	2021	2020
Staff	35	15

Staff Costs

	2021 £	2020 £
Wages and Salaries	800,917	512,733
Social Security Costs	52,604	32,456
Other Pension Costs	20,576	11,859
Employees Health and Life Cover	7,224	2,806
	881,321	559,854

The above figures for average monthly number of employees represents the full time equivalents. Based on the total number of staff (including part time staff) the average monthly figure was 55 (2020: 36).

There were no employees whose annual remuneration was £60,000 or more in this or the previous financial year.

The key management personnel of the charity are the Chief Executive Officer, Service Directors, Finance Manager and Business Development Manager. The aggregate employment benefits, including employer's national insurance and pension contributions of the key management personnel of the charity were £165,893 (2020 - £116,473).

Notes to the Financial Statements for the year ended 31 March 2021 (continued)

10. Tangible fixed assets

	Fixtures, Fittings & Equipment £	Total £
Cost		
At 1 April 2020	74,039	74,039
Disposals	(74,039)	74,039)
At 31 March 2021	-	-
Depreciation		
At 1 April 2020	74,039	74,039
Eliminated on Disposal	(74,039)	(74,039)
At 31 March 2021	-	-
Net book value		
At 31 March 2021	-	-
At 31 March 2020	-	-

11. Debtors

	2021 £	2020 £
Trade Debtors	143,771	68,379
Prepayments and Accrued Income	25,215	22,488
	168,986	90,867

12. Creditors: Amounts falling due within one year

	2021 £	As Restated 2020 £
Creditors and Accruals	118,066	24,954
Other Taxes and Social Security Costs	16,886	10,630
Deferred Income	318,584	88,073
	453,536	123,657

13. Deferred Income

	2021 £	As Restated 2020 £
At 1 April 2020	88,073	241,719
Amount released to income	(26,707)	(235,444)
Amount deferred in the year	257,218	81,798
At 31 March 2021	318,584	88,073

Notes to the Financial Statements for the year ended 31 March 2021 (continued)

14. Restricted Funds

The income funds of the Charity include restricted funds comprising the following balances held on trust for specific purposes:-

As at 31 March 2021	As Restated Balance at 1 April 2020	Movement in Funds Income	Expenditure	Transfers	Balance at 31 March 2021
Lloyds Bank Foundation	-	25,000	25,000	-	-
NHS Bradford & District Sanctuary & Resilience Funding	71,848	102,028	120,100	-	53,776
NHS Bradford & District - Community Companions	-	32,932	24,065	-	8,867
City of Bradford MDC – Maastricht Delivery	27,473	20,000	13,223	-	34,250
NHS Bradford & District - Healthy Minds	46,140	96,867	140,771	-	2,236
NHS Bradford & District - Serious Mental Illness	-	36,172	36,172	-	-
MAST Project 6 – Frequent Attenders	-	5,860	3,591	2,269	-
Covid-19 Grants	-	60,910	60,910	-	-
Creative Support - Know Your Mind	-	143,000	101,337	-	41,663
Mind - Loneliness	-	18,169	18,169	-	-
WISHH	-	10,555	7,726	2,829	-
Lexus Bradford	1,800	-	1,800	-	-
Celebrate National Lottery 25	985	-	985	-	-
	148,246	551,493	553,849	5,098	140,792

As at 31 March 2020	Balance at 1 April 2019	Movement in Funds As Restated Income	Expenditure	Transfers	As Restated Balance at 31 March 2020
Lloyds Bank Foundation	-	25,000	(25,000)	-	-
NHS Bradford & District Sanctuary & Resilience Funding	-	207,958	(136,110)	-	71,848
Bradford District Care Trust – Winter Pressure Initiative	17,646	17,167	(32,285)	472	-
NHS Bradford & District – Community Companions	-	19,281	(19,281)	-	-
City of Bradford MDC – Maastricht Delivery	-	35,337	(7,864)	-	27,473
NHS Bradford & District – Healthy Minds	-	117,142	(71,002)	-	46,140
NHS Bradford & District – Serious Mental Illness	-	15,596	(15,596)	-	-
MAST Project 6 – Frequent Attenders	-	11,792	(11,792)	-	-
Roshni Ghar	-	3,410	(3,410)	-	-
Lexus Bradford	-	1,800	-	-	1,800
Celebrate National Lottery 25	-	985	-	-	985
	17,646	455,468	(325,340)	472	148,246

Notes to the Financial Statements for the year ended 31 March 2021 (continued)

14. Restricted Funds (continued)

Lloyds Bank Foundation
Funding received towards the salary of the Chief Executive Officer, to support Mind in Bradford, to help adults with a range of mental health difficulties, play a fuller role in the community, to bring about changes and benefits to the lives of Mind in Bradford's Service Users.

NHS Bradford & District Sanctuary & Resilience Funding
Funding received to launch a ground breaking crisis service. Providing a critical out of hours support to adults experiencing mental or emotional distress. Used often as an alternative to A&E and Police Custody, it helps ensure vulnerable adults receive the best humane and appropriate support available for their needs.

Bradford District Care Trust – Winter Pressure Initiative
Funding released by NHS to react to specific pressures faced by A&E departments during the winter period. The funding enabled the evolution of an A&E based peer report service (in partnership with The Cellar Trust) linked to the crisis support offered by Sanctuary (Mind in Bradford) and the Haven (managed by The Cellar Trust).

NHS Bradford & District – Community Companions
Funding released to start work on a new pilot project in north Bradford to reduce isolation and depression among the older population.

City of Bradford MDC – Maastricht Delivery
Funding to continue as a Maastricht Interview Centre in partnership with other organisations to work with people who are hearing voices, understanding links between life experiences and voices to aid recover.

NHS Bradford & District – Healthy Minds
Funding received towards the salary of the PR and Communications Officer, to support the development and implementation of a new brand (Healthy Minds) which delivers a coherent system wide communication strategy to promote, protect and improve good mental wellbeing for Bradford district.

NHS Bradford & District – Serious Mental Illness
Funding released by NHS to start work on a project aiming to reduce premature mortality associated with physical ill health in people with severe mental illness (in combination with NHS projects). The funding enabled the development of training on the importance of physical healthcare for people living with serious mental illness (SMI) to be delivered to staff and volunteers in the voluntary and community sector who working with people with SMI.

MAST Project 6 – Frequent Attenders
Multi Agency Support Team. As part of our partnership and collaborative working, our practitioners have been working as part of a Multi-agency support team to provide mental health support to individuals who are considered to be frequent attenders to A&E departments. The aim has been to provide more community based support for these individuals and so reduce their attendance at A&E.

Roshni Ghar
As part of our partnership working, our practitioners have been working with Roshni Ghar to support South Asian women with mental health problems. We deliver Food and Nutrition classes and WRAP groups at their base in Keighley.

Lexus Bradford
Funding for new furniture in our sanctuary crisis room and self-care pack for clients.

Celebrate National Lottery 25
Funding for a community lunch for our Community Companions, volunteers and partners in Baildon, around World Mental Health Day

Notes to the Financial Statements for the year ended 31 March 2021 (continued)

14. Restricted Funds (continued)

Creative Support – Know Your Mind
Funding received to set up Know Your Mind, a new service for children and young people. The service offers a range of different support, including group work and one-to-one sessions, for children and young people who live in the central Bradford area.

Mind – Loneliness
Funding received from the Pears Foundation and DCMS to set up loneliness project Connecting Through Companions. The project provides support to clients to alleviate their sense of isolation and bolster their sense of belonging, to help them feel mentally well and able to re-engage with their community as pandemic restrictions lift.

WISHH
Funding received to support WISHH PCN patients with a personalised social prescribing service which reflects the specific needs of patients and identifies solutions to improve patients' health, wellbeing and happiness.

Covid-19 Grants
Funding received for Covid PPE supplies and cleaning costs, additional staffing posts, winter support packages for clients, IT and telephone equipment for homeworking and development of the Guideline Live chat function.

Transfer between funds
The transfer between funds relates to completed projects with no ongoing obligations.

15. Designated Funds

As at 31 March 2021	Balance at 1 April 2020	Movement in Funds			Balance at 31 March 2021
		Income	Expenditure	Transfers	
Legacy Funding	15,000	-	-	-	15,000
	15,000	-	-	-	15,000

As at 31 March 2020	Balance at 1 April 2019	Movement in Funds			Balance at 31 March 2020
		Income	Expenditure	Transfers	
Legacy Funding	-	15,000	-	-	15,000
	-	15,000	-	-	15,000

Legacy Funding
Donation from a local estate, to put towards a project to enable mental health services to be more easily accessible.

Notes to the Financial Statements for the year ended 31 March 2021 (continued)

16. Analysis of Net Assets by Fund

As at 31 March 2021	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	140,792	140,792
Unrestricted general funds			
General	-	478,483	478,483
Designated	-	15,000	15,000
	-	634,275	634,275

As at 31 March 2020	Tangible fixed assets £	As Restated Net current assets £	As Restated Total £
Restricted funds	-	148,246	148,246
Unrestricted general funds			
General	-	385,254	385,254
Designated	-	15,000	15,000
	-	548,500	548,500

17. Commitments under Operating and Financial Leases

At 31 March 2021 the charity had annual commitments under non - cancellable operating and financial leases as follows:

	2021 £	2020 £
Expiry Date		
Within one year	33,326	32,516
Between two and five years	59,381	32,516
	92,706	65,032

18. Taxation

Mind in Bradford is a registered charity and as such is a charity within the meaning of schedule 6 of the Finance Act 2010. Accordingly, it is potentially entitled to tax exemption under part 11 of the Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 in respect of income and gains arising.

19. Related party transactions

Trustee travel expenses of £Nil were reimbursed during the year (2020: £Nil), none of the trustees received remuneration or benefits from the charity during the year (2020: £Nil)

20. Contingency Liability - Pensions

The charity is a participating employer in the Growth Plan pension scheme which is a multiemployer defined benefit pension scheme. The scheme is closed to admission and the charity has a very small exposure to liability in the scheme, the last funding update advised the charity of a share in liabilities of £5,988 and there is no indication that this has increased materially at 31 March 2021. This liability has not been recognised and accounted for in accordance with FRS 102 and the Charity SORP on the grounds of immateriality.

Notes to the Financial Statements for the year ended 31 March 2021 (continued)

21. Reconciliation of net movement in funds to net cashflow from operating activities:

	2021 £	As Restated 2020 £
Net movement in funds	85,775	222,642
Deduct interest income	(3,115)	(779)
(Increase)/decrease in debtors	(78,119)	4,303
Increase/(decrease) in creditors	329,879	(166,412)
	334,420	59,754

22. Prior year restatement

A prior year adjustment has been recognised is respect of the classification of some deferred income in the previous year. This has been recognised to more fairly represent the nature of this income. The impact on the result is £145,461 decrease in the Deferred Income and therefore an increase in income and surplus for the year, held within restricted funds. A breakdown of restricted funds is included in Note 13.

23. Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2020

	Unrestricted funds £	Designated Funds £	Restricted Funds £	As Restated Total funds 2020 £
Income				
Donations and non-performance grants	81,079	-	-	81,079
Charitable Activities	513,583	15,000	455,468	984,051
Investment Income	4,604	-	-	4,604
Total Income	599,266	15,000	455,468	1,069,734
Expenditure				
Charitable Activities	521,752	-	325,340	847,092
Total Expenditure	521,752	-	325,340	847,092
Net income/(expenditure)	77,514	15,000	130,128	222,642
Transfers between funds	4,415	(4,887)	472	-
Net movement in funds	81,929	10,113	130,600	222,642
Funds brought forward	303,325	4,887	17,646	325,858
Funds carried forward	385,254	15,000	148,246	548,500