



PALS PRO-ACTIVE LIFESTYLE WATER ACTIVITIES CLUB

Registered Charity Number: 1142283

palswac.org.uk



Trustees' Annual Report 2022/23

PALS was back to full activity in this financial year and this is reflected in the accounts which show an excess of income over expenditure of £3,761.96 – the first time that PALS has shown a surplus since 2020. The only break in activity was in the first few weeks of 2023 when the pool at St Audries Bay Holiday Park had to be closed for some major repairs to be carried out – this was disappointing but PALS were back there by mid-February!

As can be seen from the accounts, almost all areas of income were increased from the previous year. This is a testament to the members, for attending pool sessions with such enthusiasm, and using the bus to get there! It is also a testament to the committee for reintroducing events and activities that support fundraising.

Income in the year was mainly from the swimming sessions (four per week), membership subs (membership remained stable at slightly over 100) and members using the bus, with a significant level of donations. Fundraising was income from the Summer Fair – hard work for those involved but well worthwhile as it made a surplus of over £500! It was also possible to reintroduce hiring the bus to outside groups and those hire charges and day memberships brought income of nearly £1000.

Expenses were fairly consistent with the previous year, some slightly up and some down. The majority of expenses were in enabling the swimming sessions to take place – so, hire of the pool, volunteer expenses, and insuring, maintaining and running the bus. The equipment costs were largely spent in maintaining the hoist and leasing the defibrillator. All PALS volunteers are encouraged to attend training sessions each year and in April and May 2022 were able to attend First Aid Training and Reach and Rescue Training provided by FABT First Aid Training.

It was agreed by the committee that the surplus generated in 2022/23 would be added to the bus replacement fund which was created with the surplus from the year ended 2020. With additional fundraising that has taken place in the interim, this fund now stands at just over £9,900. It is hoped the current bus will last another couple of years which should mean that the designated fund is nearly sufficient to buy a replacement vehicle without having to dip too far into the operational reserves!

PALS was featured on West Somerset Radio which broadcasts from Minehead and as a result several new members joined and discovered the benefits of aqua aerobics. Returning to the pre-Covid levels of socialising and non-pool activities has been slow but the signs are there that members would like to resume the coach trips, picnics and lunches so hopefully there will be more activities organised.

PALS committee

PRO-ACTIVE LIFESTYLE WATER ACTIVITIES CLUB

Charity Number 1142283

Accounts for year ended 31st March 2023

	Notes	2022/23	2021/22
<u>Income</u>		£	£
Membership subscriptions		2,754.00	2,755.00
Fundraising		1,040.78	187.00
Donations		2,531.60	872.15
Swimming sessions		16,703.00	13,270.00
Bus income (members)		2,940.00	2,258.00
Hire of bus (to third parties)		748.46	0.00
Raffle income (to bus fund)		894.85	0.00
Day Memberships		240.00	0.00
Somerset Lottery		277.00	285.00
Sundry income	1.	360.00	62.40
TOTAL INCOME		28,489.69	19,689.55
<u>Expenditure</u>		£	£
Instructors' expenses		4,773.80	4,834.20
Poolside Assistants' expenses		2,682.00	2,426.50
Drivers' expenses		1,665.00	1,680.00
Bus (running costs and repairs)		5,656.36	4,170.39
Pool hire		6,625.00	6,640.00
Fundraising costs		484.68	0.00
Training		150.00	180.00
Hire of Premises	2.	715.36	648.88
Equipment	3.	1,325.40	1,969.11
Public Liability Insurance		350.00	346.00
Stationery and postage		141.13	82.73
Sundry expenses		159.00	77.62
TOTAL EXPENDITURE		24,727.73	23,055.43
Excess income over expenditure		3,761.96	-3,365.88

1. Kathy's knitted gnomes and Meryl's book sale

2. Includes rent for the garage (£510.36)

3. Includes first lease payment for the defibrillator (£300.00)

<u>Movement in Funds</u>	£
Cash book balance at 31st March 2022	23,846.41
Add income received during the year	28,489.69
Add income received in advance (2023/24)	259.00
Less expenditure made during the year	24,727.73
Less expenses paid in advance (2023/24)	535.80
Cash book balance at 31st March 2023	27,331.57

Notes

1. Accounting Policies

The financial statement has been prepared under the historical cost convention and in accordance with applicable accounting standards and the Statement of Recommended Practice for Charities as recommended by the Charities Commission on an accruals and prepayments basis.

2. Basis of Accounting

All income and expenditure is accounted for on an accruals and prepayments basis and has been adjusted for prepaid expenses.

3. Fixed Assets

All assets purchased are charged directly to the Accounts. There is therefore no need to provide for depreciation. The assets owned by PALS as at 31st March 2023 consist of a minibus, pool equipment and a storage shed. The defibrillator was purchased in 2018 for £1,400.00. The minibus was purchased outright in January 2020 for £16,995.00.

4. Grants Received

Somerset Community Foundation provided a grant of £1,500 in June 2019. Somerset Community Foundation provided a grant of £1,560 in November 2020. These grants are carried forward

5. Grants spent

No grants were spent during the period.

6. A Financial Statement of assets and liabilities has been prepared which shows the position as at 31st March 2023.



Section A

Independent Examiner's Report

Report to the trustees/
members of

Pro-Active Lifestyle Water Activities Club

On accounts for the year
ended

31st March 2023

Charity no
(if any)

1142283

Set out on pages

One and Two

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below~~ *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

D J Bates

Date:

21 August 2023

Name:

David John Bates

Relevant professional
qualification(s) or body
(if any):

MEMBER OF ASSOCIATION OF TAXATION TECHNICIANS

Address:

9 Marshfield Road

Alcombe, Minehead, Somerset

TA24 6AQ

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.