

Company registration number: 07567467

Charity registration number: 1142184

Carer Support South Lakes

(A company limited by share capital)

Annual Report and Financial Statements

for the Carer Support South Lakes Group

for the Year Ended 31 March 2022

Stables Thompson & Briscoe
Chartered Accountants & Statutory Auditor
Lowther House
Lowther Street
Kendal
LA9 4DX

Carer Support South Lakes

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Carer Support South Lakes

Reference and Administrative Details

Trustees	J R Alexander, Interim Chair
	S W Baker
	G McKeever
	K Murphy
	P A Raven
	J Rockliffe
	M Saunders
Secretary	D Marsden
Senior Management / Leadership Team	M J Seaton, Chief Executive Officer to 7 December 2021
	D Marsden, Chief Operating Officer and Chief Executive Officer from 7 December 2021
	M Graveson, Business Development Manager
Charity Registration Number	1142184
Company Registration Number	07567467
Registered Office	The charity is incorporated in England and Wales.
	As below
Principal Office	Carers Hub Unit 3, Wainwrights Yard Kendal Cumbria LA9 4DP
Independent Examiner	Stables Thompson & Briscoe Chartered Accountants & Statutory Auditor Lowther House Lowther Street Kendal LA9 4DX
Bankers	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME06 4JQ

Carer Support South Lakes

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Trustees and Officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	J R Alexander, Interim Chair, Interim Chair
	S W Baker
	G McKeever (appointed 1 August 2021)
	K Murphy (appointed 1 August 2021)
	P A Raven
	J Rockliffe
	M Saunders
Secretary:	D Marsden (appointed 7 December 2021)
Senior Management / Leadership Team:	M J Seaton (resigned 7 December 2021)
	D Marsden
	M Graveson

Objectives and activities

Objects and aims

The principle objective of the organisation is to improve the lives of unpaid Carers of all ages, by identifying the needs of an unpaid carer and providing quality services, support and advocacy to protect their health and wellbeing.

An Unpaid Carer is anyone, including children and adults who looks after a family member, partner, friend or neighbour who needs help because of their illness, frailty, disability, a mental health problem or an addiction and cannot cope without their support. The care they provide is unpaid and they are often unseen.

Our Vision

To improve the lives of unpaid Carers of all ages.

Our Mission

We identify the needs of an unpaid Carer of any age and provide quality services, support and advocacy to promote their health and wellbeing.

Carer Support South Lakes

Trustees' Report

Objectives, strategies and activities

Our group of six Trustees (stable for about two years) together with a committed Executive team all support the re-vitalised vision, mission and culture of the charity:

- Expanding and improving the quality of delivery and services,
- Ensuring all staff work in a safe and caring environment,
- Be recognised as being one of the top three local charities,
- Raising significant funds to support Contract income,
- Expand the network of Ambassadors and Volunteers
- Maintaining regular Trustee meetings which offer real support to the Executive staff, to deliver the Vision whilst maintaining strict financial pro-active control.

Today, everyone associated with the charity understands what's expected... being the Carer's Carer.

Fundraising disclosures

With a year of ins and outs of lockdown we were amazed to find that our fundraising efforts were so successful.

A huge thanks to our regular sponsors, without you we would not be able to raise the amount of unrestricted funding that we have.

We were also extremely lucky to have such a great response from our local community, with their kindness and generosity we were able to launch our 'Give Carers a Break' appeal.

This appeal raises funds to give our Carers a break from their caring responsibilities, it may be a day away or a pamper day at a local spa.

I am always amazed and thankful that our local community really pulls out all the stops when we ask them to help. It is great to know that our unpaid Carers in the South Lakes are held in such high regard and people recognise their importance.

We raised £53,851 between April 2021 and March 2022.

Public benefit

We work to identify unpaid Carers and provide them with a person-centred support plan, and all the information and support they need to help them in their caring role. Our services are available to people looking after a relative, loved one or friend, who due to physical or mental illness, age related difficulties, disability or an addiction, cannot manage without their support.

Becoming a Carer can, for some people become a sudden responsibility (e.g. if a loved one is involved in an accident or becomes ill). For others, it can be a gradual process with the responsibilities creeping up on them, increasing slowly as the person they care for begins to age, unable to cope, or their health deteriorates.

Many people in this situation do not see themselves as a Carer.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Carer Support South Lakes

Trustees' Report

Use of volunteers

Volunteers are a big part of the charity's work. Without them we could not provide the number of services, quality and level of support to unpaid Carers that we do. Behind the scenes, they provide essential help and support to the day-to-day running of the organisation.

The roles they fulfil include: Trustees, fundraisers, event staff, administrative assistants and support group supervisors. They also help us to deliver a range of services including our Volunteer 'Sitting' Service and Volunteer 'Here to Hear' Service, and undertake annual reviews with Carers.

Our Volunteers include Carers, retired people simply looking to do something with their spare time, others who are keen to gain work experience to help them get paid employment or individuals who simply want to give something back to their local community.

Achievements and performance

The challenges of this past year have impacted on all of us, struggling to maintain a quality of life, trying to remain socially active along with having to manage the cost of living crisis. It's relentless for our Carers, who are juggling all of these things as well as the added pressure of caring for a loved one, family member or friend.

Whilst the impact of the pandemic might have eased for some, our Carers are still finding their caring role tough, and are still experiencing the challenges of isolation, lack of inclusion and poor health and wellbeing. Caring can be both wonderful and tough and the impact of this is huge. Carers do so much for others every day, while trying to maintain a life for themselves.

As a charity we offer guidance, information, practical help and online support through our digital platform Carer-Connect. We work with Carers providing emotional, specialist and peer support and learning. We are privileged to work with Carers, communities and partners in the South Lakes and virtually throughout Cumbria.

Throughout the past twelve months:

- 349 new carers were identified;
- 1120 individual adult/parent carers were supported;
- 331 adult/parent carer assessments were completed;
- 1722 adult/parent carer reviews were undertaken;
- 171 adult carer emergency plans were created;
- 1311 adult/parent carer one-to-one sessions were provided;
- 127 individual young carers were supported;
- 109 young carer ICS assessments were completed;
- 928 one-to-one sessions with young carers were provided;
- 20-30 red young carers were supported per month.

Adult and Parent Carers

The staff team comprises of an Operational Lead, three Support Workers and one Assessment Worker. We currently support 1348 Adult and Parent Carers.

We are contracted by Cumbria County Council to identify new Carers, and offer them a Carer's Assessment, Support Plan, Carer's Emergency Card and regular reviews.

Carer Support South Lakes

Trustees' Report

We offer additional support to Carers in the form of one-to-one support sessions and five support groups that run in different locations in the South Lakes area. We also offer Carer Assessments and support to Parent Carers.

We receive funding from the Eric Wright Charitable Trust that enables us to provide specialist support to those caring for someone with dementia. This funding also contributed to the cost of our Volunteer 'Here to Hear' Service.

We also received funding from the Walney Extension Fund towards the cost of our Volunteer 'Sitting' Service.

As a team we work closely together to provide a holistic support package for each Carer, respecting their individual needs and circumstances.

We offer Carers a safe space to talk openly about their caring role and the impact it has on their life. This enables them to make informed choices for the future, whether to continue or end their caring role.

As a charity we work in close partnership with organisations such as the NHS, Cumbria County Council and the Carers Trust to ensure Carers have the opportunity to voice their needs and opinions on current and future services.

This is an important aspect of our role in gaining Carers' trust and making sure that they feel their needs matter and that they are listened to.

The team have also supported many fundraising events such as the Annual Carers Ball, the Keswick to Kendal Sponsored Walk/Run, an Asda Bag Pack and a Coffee Morning.

Each year we aim to offer treats and day trips out for our Carers as a way for them to access a change from their daily routine or as respite from their caring role. In December 2021 we hosted a Christmas lunch.

We are excited to be in the process of developing a Health and Wellbeing Programme with funding secured from the Frieda Scott Trust, and we hope to continue to develop the services we offer to Adult and Parent Carers in the South Lakes.

Young Carers

The Young Carers Service delivers support to Young Carers, aged 5 to 24 years old, living in the South Lakes area. The staff team comprises of an Operational Lead and four Support Workers who currently support 126 Young Carers across 52 schools.

We are contracted by Cumbria County Council to identify and assess Young Carers and create a support plan.

We receive funding from Children in Need and Cumbria County Council to deliver one-to-one support sessions in local schools and colleges. This gives Young Carers a voice and allows them to express any worries or concerns they may have about their caring role. We also act as an advocate for Young Carers and represent them if they have any issues within school.

By giving Young Carers a safe space to speak freely about their experiences as a Carer they are able to express the impact that this role has on their life, without the fear of being judged.

All the Young Carers who are registered with the charity can access trips and activities, peer support groups and personal development programmes in the community. These are a vital part of the support we deliver as they provide Young Carers with some respite from their caring role. It also enables them to take part in social activities that they wouldn't normally get the chance to take part in and to socialise with peers who have first-hand experience of the challenges that they face.

Carer Support South Lakes

Trustees' Report

We provide a variety of different activities which encourage Young Carers to have fun. These activities are planned by Young Carers themselves and are based on individual feedback as well as from our Young Carers Involvement Panel which meets every six weeks.

We have made trips to the cinema, Sandcastle Water Park, Alton Towers Theme Park, Beamish Museum, Chester Zoo and Jump Rush.

The charity has strong links with the local community and works hard to raise the profile of Young Carers. This makes it easier for Young Carers to be identified within different settings and to be referred for the support they need.

We are very grateful to all our funders and supporters who enable us to provide such an innovative programme of services for our Young Carers. We aim to build on the success of these over the year ahead.

Financial review

This is the third year showing the results of Carer Support South Lakes and its subsidiary Carer Support South Lakes (CSSL) Services CIC in a group account format. Carer Support South Lakes by itself made a deficit of £55,250 (2021 surplus of £107,696 due to additional grants received last year due to Covid). The subsidiary made a small surplus of £792 (2021 - deficit of £6,421) which reduced the group deficit to £54,458,

Our team has worked hard throughout the year to achieve additional grants and significant local fundraising activity to increase the support we offer Carers throughout the South Lakes.

£55K has been allocated to 2022/23 ensuring that Pandemic delayed support will continue.

The team has carefully managed costs during this challenging Pandemic period. An organisational restructure took place together with a pay review to ensure that financial resources for the front-line support of Carers would be maximised. One-off costs were also incurred due to our hub relocation resulting in overhead reductions going forward.

Policy on reserves

The group had net assets at 31 March 2022 of £120,278 (2021 - £174,736) of which £90,201 (2021 £108,651) are considered free reserves.

An annual budget is developed by the team and agreed with the board of Trustees. Management accounts are produced and reviewed on a monthly basis to confirm the financial health of our organisation. A further monthly review is carried out to test our financial liabilities, currently this is assessed as £40K, a separate fund of £50K is kept in reserve should we have to meet this liability.

Plans for future periods

Additional and essential future goals include...

- Over the next year we're planning to create a Carer's Hub. A dedicated multi-purpose 'high street' located facility that staff and Carers can call 'home', and which will help us to deliver our seven services in a safe and exclusive environment.
- To create and open five rural Carer's Satellites: Sedbergh, Kirkby Lonsdale, Grange-over-Sands, Coniston and Windermere.
- To continue to grow our services throughout the South Lakes, increasing our presence and engagement in communities.

Carer Support South Lakes

Trustees' Report

Structure, governance and management

Nature of governing document

The organisation is a charitable company limited by guarantee, incorporated on 17th March 2011 and registered as a charity on 1st June 2011. The company was established under a Memorandum and Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Established as 'South Lakeland Carers Association' in 1992, it became 'South Lakeland Carers' in 2009, and then 'Carer Support South Lakes' (CSSL) in 2019. This makes the next financial year a special one, as we will mark 30 years since we started to support Carers throughout the South Lakes.

Carer Support South Lakes is an independent, local registered charity and a network partner of Carers Trust.

Recruitment and appointment of trustees

The directors of the company are also charity trustees for the purpose of company law and under the company's Articles of Association are known as members of the Management Committee.

The trustees who served the charitable company during the period are listed on page 2, together with their date of appointment or resignation.

Induction and training of trustees

All new potential Trustees are given a working tour of the organisation and are guided through the Trustee intranet that hosts information on trustee responsibility and duties as well as copies of the latest accounts, relevant policies for the organisation and the strategic 2020-2023 and accompanying annual business plan.

Risk Management

Where appropriate, systems and procedures have been established to mitigate the risk the charity faces.

Financial risks are controlled by the implementation of internal controls via the Board of Trustees.

Health and safety procedures are in place to ensure the safety of employees, volunteers and clients and visitors to Carer Support South Lakes. There is also a lone working policy and procedure as a number of employees are required to work alone and visit clients' homes.

The organisation holds an annual strategic away day with trustees, staff, volunteers and carers, this is used to review and amend the strategic plans for the organisation. An annual business plan is produced, looking ahead to the next three years, and taking into account the changing economic climate and the changing funding environment.

Carer Support South Lakes

Trustees' Report

Organisational structure

The Board of Trustees meets every 6 to 8 weeks to review strategy, finance, policies and procedures, performance against objectives, staffing and areas of activities.

The Trustees when complete consist of a Chairman, Vice Chairman and Treasurer (Honorary Officers) and up to seven elected members, at least two of whom shall be, or have been carers. The skills mix of the Committee is under constant review.

Trustees are appointed by the Board of Trustees, and the appointment or re-appointment is confirmed annually at the Annual General Meeting.

A new Board of Trustees shall be elected at each Annual General Meeting and retiring Trustees shall be eligible for re-election.

Responsibility for day to day management of Carer Support South Lakes is delegated under authority by the Board of Trustees to the Chief Executive Officer. Day to day departmental responsibility is delegated by authority to the sub team Managers.

Remuneration policy

Objectives:

Carer Support South Lakes pay policy is designed to:

- Provide all staff employed by Carer Support South Lakes with salaries that, as far as possible, reflect the employment market in South Lakes and represent best value;
- Assist in attracting and retaining quality staff to the organisation by offering them opportunities for pay progression,
- Provide a consistent and non-discriminatory approach to pay that delivers equal pay for equal value, values diversity and equality of opportunity;
- Takes account of Carer Support South Lakes' business plans and development priorities in all pay related decisions.

Carer Support South Lakes' pay policy will be subject to periodic monitoring of its effectiveness and general application to ensure it continues to meet its objectives.

Pay rates:

Staff salaries are aligned to the National Joint Council (NJC) for Local Government Services. Pay rates are reviewed annually in accordance with the National Joint Council (NJC) for Local Government Services guidance.

A salary range will be advertised for each post ranging from the minimum to the maximum scale point designated for that post. Under normal circumstances, successful candidates will be offered the minimum starting salary for the post.

Carer Support South Lakes

Trustees' Report

Relationships with related parties

Carers Support Cumbria

Carer Support South Lakes is one of four organisations that make up Carers Support Cumbria. Carer Support South Lakes CEO and an appointed trustee are directors of Carers Support Cumbria and abstain from CSSL votes relating to CSC.

Carers Support Cumbria are contracted to deliver the All Age Carers Services contract on behalf of Cumbria County Council. Carer Support South Lakes therefore have a close working relationship with Cumbria Adult Social Care, Cumbria Clinical Commissioning Group and Cumbria Children's Services and are part of the strategy groups looking at the delivery of services to Carers in Cumbria.

Carers Trust

The organisation is a network member of Carers Trust.

Cumbria Children and Young Peoples Voluntary Sector Reference Forum

Through our Young Carers project South Lakeland Carers are members of the Cumbria Children and Young Peoples Voluntary Sector Reference Forum which influences the delivery of services to children and young people throughout Cumbria.

Gateway

The CEO of Carer Support South Lakes is a trustee of The Gateway Group (CIO foundation), a collaborative consisting of Age UK South Lakeland, Sight Advice South Lakes, Cancer Care South Lakes, Cumbria Voluntary Service. These organisations work in partnership to maximise the efficiency of service delivery to service users throughout the district. This incorporates MARS the South Lakeland Multi Agency Referral System.

Financial instruments

Objectives and policies

The Charity's activities expose it to a number of financial risks including credit risk, cash flow risk and liquidity risk. The charity does not use derivative financial instruments.

Cash flow risk

The Charity's activities expose it primarily to the financial risks of changes in local government funding. The charity aims to expand the sources of income to fund its objectives.

Credit risk

The Charity's principal financial assets are bank balances and cash, trade and other receivables.

The Charity's credit risk is primarily attributable to its trade receivables. The amounts presented in the balance sheet are net of allowances for doubtful receivables. An allowance for impairment is made where there is an identified loss event which, based on previous experience, is evidence of a reduction in the recoverability of the cash flows.

The credit risk on liquid funds is limited because the counterparties are banks with high credit-ratings assigned by international credit-rating agencies.

The Charity has no significant concentration of credit risk, with exposure spread over a large number of counterparties and customers.

Carer Support South Lakes

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Carer Support South Lakes for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

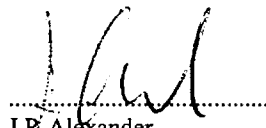
- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 1 December 2022 and signed on its behalf by:



J R Alexander
Trustee

Carer Support South Lakes

Independent Examiner's Report to the trustees of Carer Support South Lakes ("the Group")

I report to the charity trustees on my examination of the consolidated accounts of the Group comprising the Carer Support South Lakes and its subsidiary undertakings for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the Group (and also its directors for the purposes of company law) you are responsible for the preparation of the consolidated accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Carer Support South Lakes are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the consolidated accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the accounts. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the consolidated accounts present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

Since the Group's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Carer Support South Lakes as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Carer Support South Lakes

Independent Examiner's Report to the trustees of Carer Support South Lakes ("the Group")



.....
Helen Holmes BSc FCA
ICAEW

Chartered Accountants & Statutory Auditor
Lowther House
Lowther Street
Kendal
LA9 4DX

Date: 9 December 2022 .

Carer Support South Lakes

Consolidated Statement of Financial Activities for the Year Ended 31 March 2022 (Including Consolidated Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	3	13,259	1,896	15,155
Charitable activities	4	230,792	153,498	384,290
Other trading activities	5	35,481	-	35,481
Investment income	6	23	-	23
Other income		46	-	46
Total income		<u>279,601</u>	<u>155,394</u>	<u>434,995</u>
Expenditure on:				
Raising funds	7	(54,443)	(16,869)	(71,312)
Charitable activities	8	<u>(243,499)</u>	<u>(174,642)</u>	<u>(418,141)</u>
Total expenditure		<u>(297,942)</u>	<u>(191,511)</u>	<u>(489,453)</u>
Net expenditure		<u>(18,341)</u>	<u>(36,117)</u>	<u>(54,458)</u>
Net movement in funds		(18,341)	(36,117)	(54,458)
Reconciliation of funds				
Total funds brought forward		<u>113,891</u>	<u>60,845</u>	<u>174,736</u>
Total funds carried forward	20	<u><u>95,550</u></u>	<u><u>24,728</u></u>	<u><u>120,278</u></u>

The notes on pages 18 to 39 form an integral part of these financial statements.

Carer Support South Lakes

Consolidated Statement of Financial Activities for the Year Ended 31 March 2022 (Including Consolidated Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	11,275	5,098	16,373
Charitable activities	4	248,064	255,591	503,655
Other trading activities	5	15,880	-	15,880
Investment income	6	629	-	629
Total income		<u>275,848</u>	<u>260,689</u>	<u>536,537</u>
Expenditure on:				
Raising funds	7	(13,451)	-	(13,451)
Charitable activities	8	<u>(207,186)</u>	<u>(214,625)</u>	<u>(421,811)</u>
Total expenditure		<u>(220,637)</u>	<u>(214,625)</u>	<u>(435,262)</u>
Net income		<u>55,211</u>	<u>46,064</u>	<u>101,275</u>
Net movement in funds		55,211	46,064	101,275
Reconciliation of funds				
Total funds brought forward		<u>58,680</u>	<u>14,781</u>	<u>73,461</u>
Total funds carried forward	20	<u><u>113,891</u></u>	<u><u>60,845</u></u>	<u><u>174,736</u></u>

All of the group's activities derive from continuing operations during the above two periods.

The funds breakdown for 2021 is shown in note 20.

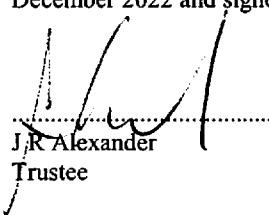
Carer Support South Lakes

(Registration number: 07567467)

Consolidated Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	15	5,349	5,240
Current assets			
Debtors	16	398	1,000
Cash at bank and in hand	17	169,818	258,610
		170,216	259,610
Creditors: Amounts falling due within one year	18	(55,287)	(42,614)
Net current assets		114,929	216,996
Total assets less current liabilities		120,278	222,236
Creditors: Amounts falling due after more than one year		-	(47,500)
Net assets		120,278	174,736
Funds of the group:			
Restricted income funds			
Restricted funds	20	24,728	60,845
Unrestricted income funds			
Unrestricted funds		95,550	113,891
Total funds	20	120,278	174,736

The financial statements on pages 13 to 39 were approved by the trustees, and authorised for issue on 1 December 2022 and signed on their behalf by:


J.R. Alexander
Trustee

The notes on pages 18 to 39 form an integral part of these financial statements.

Carer Support South Lakes

(Registration number: 07567467)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	15	4,752	4,344
Current assets			
Debtors	16	30,040	6,647
Cash at bank and in hand	17	<u>163,888</u>	<u>227,766</u>
		193,928	234,413
Creditors: Amounts falling due within one year	18	<u>(54,688)</u>	<u>(39,515)</u>
Net current assets		<u>139,240</u>	<u>194,898</u>
Net assets		<u>143,992</u>	<u>199,242</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	20	24,728	60,845
Unrestricted income funds			
Unrestricted funds		<u>119,264</u>	<u>138,397</u>
Total funds	20	<u>143,992</u>	<u>199,242</u>

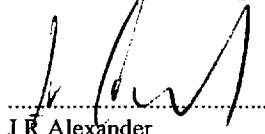
For the financial year ending 31 March 2020 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 13 to 39 were approved by the trustees, and authorised for issue on 1 December 2022 and signed on their behalf by:


J R Alexander
Trustee

The notes on pages 18 to 39 form an integral part of these financial statements.

Carer Support South Lakes

Consolidated Statement of Cash Flows for the Year Ended 31 March 2022

	Note	2022 £	2021 £
Cash flows from operating activities			
Net cash (expenditure)/income		(54,458)	101,275
Adjustments to cash flows from non-cash items			
Depreciation	7	3,574	3,093
Investment income	6	(23)	(629)
Interest payable	7	96	2,417
		(50,811)	106,156
Working capital adjustments			
Decrease in debtors	16	602	6,002
(Decrease)/increase in creditors	18	(17,601)	18,585
Increase/(decrease) in deferred income		32,774	(34,747)
Net cash flows from operating activities		(35,036)	95,996
Cash flows from investing activities			
Interest receivable and similar income	6	23	629
Purchase of tangible fixed assets	15	(3,683)	(5,955)
Net cash flows from investing activities		(3,660)	(5,326)
Cash flows from financing activities			
Interest payable and similar charges	7	(96)	(2,417)
Value of new loans obtained during the period		-	50,000
Repayment of loans and borrowings	18	(50,000)	(30,969)
Net cash flows from financing activities		(50,096)	16,614
Net (decrease)/increase in cash and cash equivalents		(88,792)	107,284
Cash and cash equivalents at 1 April		258,610	151,326
Cash and cash equivalents at 31 March		169,818	258,610

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 18 to 39 form an integral part of these financial statements.

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Charity status

The charity is limited by share capital, incorporated in England and Wales.

The principal place of business is:

Carers Hub
Unit 3, Wainwrights Yard
Kendal
Cumbria
LA9 4DP

These financial statements were authorised for issue by the trustees on 1 December 2022.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Carer Support South Lakes meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

Basis of consolidation

The consolidated financial statements consolidate the financial statements of the charity and its subsidiary undertakings drawn up to 31 March 2022.

No statement of financial activities is presented for the charity as permitted by section 408 of the Companies Act 2006. The charity made a deficit after tax for the financial year of £55,250 (2021 - surplus of £107,696).

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

A subsidiary is an entity controlled by the charity. Control is achieved where the charity has the power to govern the financial and operating policies of an entity so as to obtain benefits from its activities.

The results of subsidiaries acquired or disposed of during the year are included in the statement of financial activities from the effective date of acquisition or up to the effective date of disposal, as appropriate. Where necessary, adjustments are made to the financial statements of subsidiaries to bring their accounting policies into line with those used by the group.

The purchase method of accounting is used to account for business combinations that result in the acquisition of subsidiaries by the group. The cost of a business combination is measured as the fair value of the assets given, equity instruments issued and liabilities incurred or assumed at the date of exchange, plus costs directly attributable to the business combination. Identifiable assets acquired and liabilities and contingent liabilities assumed in a business combination are measured initially at their fair values at the acquisition date. Any excess of the cost of the business combination over the acquirer's interest in the net fair value of the identifiable assets, liabilities and contingent liabilities recognised is recorded as goodwill.

Inter-company transactions, balances and unrealised gains on transactions between the charity and its subsidiaries, which are related parties, are eliminated in full.

Intra-group losses are also eliminated but may indicate an impairment that requires recognition in the consolidated financial statements.

Accounting policies of subsidiaries have been changed where necessary to ensure consistency with the policies adopted by the group. Non-controlling interests in the net assets of consolidated subsidiaries are identified separately from the group's equity therein. Non-controlling interests consist of the amount of those interests at the date of the original business combination and the non-controlling shareholder's share of changes in equity since the date of the combination. Total comprehensive income is attributed to non-controlling interests even if this results in the non-controlling interests having a deficit balance.

Going concern

The trustees consider that there are no material uncertainties about the group's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the group.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the group has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Government grants

The charity receives government grants in respect of work with young carers. Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures, fittings and equipment	25% - 33% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Foreign exchange

Transactions in foreign currencies are recorded at the rate of exchange at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies at the balance sheet date are reported at the rates of exchange prevailing at that date.

The results of overseas operations are translated at the average rates of exchange during the period and their balance sheets at the rates ruling at the balance sheet date. Exchange differences arising on translation of the opening net assets and results of overseas operations are reported in other comprehensive income and accumulated in equity (attributed to non-controlling interests as appropriate).

Other exchange differences are recognised in the Statement of Financial Activities in the period in which they arise except for:

- 1) exchange differences on transactions entered into to hedge certain foreign currency risks (see above);
- 2) exchange differences arising on gains or losses on non-monetary items which are recognised in other comprehensive income; and
- 3) in the case of the consolidated financial statements, exchange differences on monetary items receivable from or payable to a foreign operation for which settlement is neither planned nor likely to occur (therefore forming part of the net investment in the foreign operation), which are recognised in other comprehensive income and reported under equity.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the group.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the group becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the group after deducting all of its liabilities.

Recognition and measurement

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the group intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the group transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the group, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	-	1,124	1,124
Donations from individuals	6,883	772	7,655
Gift aid reclaimed	170	-	170
Grants, including capital grants;			
Government grants	6,206	-	6,206
	<u>13,259</u>	<u>1,896</u>	<u>15,155</u>

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

	Unrestricted funds General £	Restricted funds £	Total 2021 £
Donations and legacies;			
Donations from individuals	6,919	5,098	12,017
Grants, including capital grants;			
Government grants	4,356	-	4,356
	<u>11,275</u>	<u>5,098</u>	<u>16,373</u>

4 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £
Carers Support Cumbria (CSC) All age carers contracts	219,392	-	219,392
Big Lottery - Young Carers transition project	-	18,933	18,933
BBC Children in Need - Young carers activities	-	29,759	29,759
BBC Children in Need - Covid 19 Next Steps programme	-	31,352	31,352
Carers Trust	-	199	199
NHS Mind the Gap	-	8,000	8,000
Cumbria Community Foundation (CCF) - Carers Connect	-	5,000	5,000
Walney Community Extension Fund	-	6,755	6,755
CCC Champions	-	10,000	10,000
Eric Wright Trust Dementia project	10,000	17,500	27,500
Francis Scott Charitable Trust YC secondary school transition	-	15,000	15,000
Frieda Scott Charitable Trust Community Fundraiser	-	11,000	11,000
Bryan Lancaster Trust	500	-	500
Rotary Club Kendal	750	-	750
Preston Patrick Friends	150	-	150
	<u>230,792</u>	<u>153,498</u>	<u>384,290</u>

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

	Unrestricted funds General £	Restricted funds £	Total 2021 £
Carers Support Cumbria (CSC) All age carers contracts	218,664	-	218,664
Big Lottery - Young Carers transition project	-	33,150	33,150
Big Lottery - Extended telephone support for carers	-	9,000	9,000
Big Lottery - Carers Connect	7,400	54,968	62,368
BBC Children in Need - IT equipment for zoom activities	-	2,993	2,993
BBC Children in Need - Young carers activities	-	11,113	11,113
BBC Children in Need - Covid 19 Next Steps programme	-	21,790	21,790
Cumbria County Council (CCC) - Young Carers Carers Trust	-	8,696	8,696
Cumbria Community Foundation (CCF) - Carers Connect	-	600	600
Cumbria Community Foundation Covid Emergency Grant	-	21,410	21,410
Cumbria Community Foundation - YC activities	-	3,000	3,000
Garfield Weston Foundation	10,000	6,000	6,000
Goodacre Benevolent Fund	5,000	-	5,000
Reach Fund - Respite service feasibility study	-	12,500	12,500
Garfield Weston - Strategic planning	6,500	-	6,500
Eric Wright Trust Dementia project	-	17,500	17,500
Francis Scott Charitable Trust YC secondary school transition	-	15,000	15,000
Frieda Scott Charitable Trust Community Fundraiser	-	13,000	13,000
Cumberland Building Society - Cconnect	-	6,387	6,387
Cumbria CVS - NCI - Cconnect	-	6,387	6,387
South Lakeland District Council - YC activities	-	5,000	5,000
CCF Castle Green Fund - YC intern	-	4,863	4,863
Kendal Town Council - activities	-	2,000	2,000
Charities Trust	-	234	234
Bryan Lancaster Trust	500	-	500
	<u>248,064</u>	<u>255,591</u>	<u>503,655</u>

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

5 Income from other trading activities

	Unrestricted funds General £	Total 2022 £
Trading income;		
Sales of goods and services	150	150
Local fundraising and street collection income	35,331	35,331
	<u>35,481</u>	<u>35,481</u>
	Unrestricted funds General £	Total 2021 £
Trading income;		
Sales of goods and services	5,139	5,139
Local fundraising and street collection income	10,741	10,741
	<u>15,880</u>	<u>15,880</u>

6 Investment income

	Unrestricted funds General £	Total funds £
Interest receivable and similar income;		
Interest receivable on bank deposits	23	23
Total for 2022	<u>23</u>	<u>23</u>
Total for 2021	<u>629</u>	<u>629</u>

7 Expenditure on raising funds

a) Costs of trading activities

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

		Unrestricted funds General £	Restricted funds £	Total 2022 £
	Note			
Local fundraising and street collection		10,587	-	10,587
Marketing and publicity		18,935	-	18,935
Depreciation, amortisation and other similar costs		299	-	299
Staff costs		19,278	16,869	36,147
Allocated support costs	9	5,248	-	5,248
		<u>54,347</u>	<u>16,869</u>	<u>71,216</u>

		Unrestricted funds General £	Total 2021 £
	Note		
Trading subsidiary costs		1,368	1,368
Local fundraising and street collection		225	225
Depreciation, amortisation and other similar costs		448	448
Staff costs		8,993	8,993
		<u>11,034</u>	<u>11,034</u>

b) Investment management costs

		Unrestricted funds General £	Total 2022 £
	Note		
Interest payable;			
Interest payable on bank loans and overdrafts		96	96
		<u>96</u>	<u>96</u>
		Unrestricted funds General £	Total 2021 £
	Note		
Interest payable;			
Interest payable on bank loans and overdrafts		308	308
Interest payable on other loans		2,109	2,109
		<u>2,417</u>	<u>2,417</u>
		Direct costs £	Total 2022 £
Costs of trading activities		71,216	71,216
Investment management costs		96	96
		<u>71,312</u>	<u>71,312</u>

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

	Direct costs £	Total 2021 £
Costs of trading activities	11,034	11,034
Investment management costs	2,417	2,417
	<u>13,451</u>	<u>13,451</u>

8 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £
Young Carers	-	120,977	120,977
Core costs	197,086	-	197,086
Cconnect	21,048	29,410	50,458
Carers Services	6,761	24,255	31,016
	<u>224,895</u>	<u>174,642</u>	<u>399,537</u>

	Unrestricted funds General £	Restricted funds £	Total 2021 £
Adult Carers	75,335	37,334	112,669
Young Carers	-	144,236	144,236
Marketing	11,236	3,781	15,017
Core costs	85,834	16,500	102,334
Cconnect	25,262	12,774	38,036
	<u>197,667</u>	<u>214,625</u>	<u>412,292</u>

	Activity undertaken directly £	Activity support costs £	2022 £
Young Carers	120,977	-	120,977
Core costs	163,602	33,571	197,173
Cconnect	50,458	-	50,458
Carer Services	31,016	-	31,016
	<u>366,053</u>	<u>33,571</u>	<u>399,624</u>

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

	Activity undertaken directly £	Activity support costs £	2021 £
Adult Carers	112,669	71,634	184,303
Young Carers	144,236	30,700	174,936
Marketing	15,017	-	15,017
Cconnect	38,036	-	38,036
	<u>309,958</u>	<u>102,334</u>	<u>412,292</u>

In addition to the expenditure analysed above, there are also governance costs of £18,604 (2021 - £9,519) which relate directly to charitable activities. See note 9 for further details.

9 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total 2022 £
Independent examiner fees		
Examination of the financial statements	2,616	2,616
Other fees paid to examiners	5,139	5,139
Legal fees	<u>10,849</u>	<u>10,849</u>
	<u>18,604</u>	<u>18,604</u>
	Unrestricted funds General £	Total 2021 £
Independent examiner fees		
Examination of the financial statements	2,543	2,543
Other fees paid to examiners	4,876	4,876
Legal fees	<u>2,100</u>	<u>2,100</u>
	<u>9,519</u>	<u>9,519</u>

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

10 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	<u>3,574</u>	<u>3,093</u>

11 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the group during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

12 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	296,315	269,353
Social security costs	15,821	14,801
Pension costs	8,598	7,880
Compensation payments	8,000	4,000
Other staff costs	<u>3,164</u>	<u>2,703</u>
	<u>331,898</u>	<u>298,737</u>

The monthly average number of persons (including senior management / leadership team) employed by the group during the year expressed as full time equivalents was as follows:

	2022 No	2021 No
Employees	<u>16</u>	<u>16</u>

16 (2021 - 16) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £8,598 (2021 - £8,022).

During the year, the group made redundancy and/or termination payments which totalled £8,000 (2021 - £4,000).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the group were £105,974 (2021 - £102,016).

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

13 Independent examiner's remuneration

	2022 £	2021 £
Examination of the financial statements	<u>2,616</u>	<u>2,543</u>
Other fees to examiners		
The examining of accounts of any associate of the charity	613	751
Taxation compliance services	921	1,760
All other assurance services	<u>3,605</u>	<u>2,365</u>
	<u>5,139</u>	<u>4,876</u>

14 Taxation

The group is a registered charity and is therefore exempt from taxation.

15 Tangible fixed assets

Group

	Furniture and equipment £	Computer equipment £	Total £
Cost			
At 1 April 2021	26,462	2,006	28,468
Additions	<u>3,683</u>	<u>-</u>	<u>3,683</u>
At 31 March 2022	<u>30,145</u>	<u>2,006</u>	<u>32,151</u>
Depreciation			
At 1 April 2021	22,118	1,110	23,228
Charge for the year	<u>3,275</u>	<u>299</u>	<u>3,574</u>
At 31 March 2022	<u>25,393</u>	<u>1,409</u>	<u>26,802</u>
Net book value			
At 31 March 2022	<u>4,752</u>	<u>597</u>	<u>5,349</u>
At 31 March 2021	<u>4,344</u>	<u>896</u>	<u>5,240</u>

Carer Support South Lakes

Notes to the Financial Statements for the Year Ended 31 March 2022

Charity

	Furniture and equipment £	Total £
Cost		
At 1 April 2021	26,462	26,462
Additions	<u>3,683</u>	<u>3,683</u>
At 31 March 2022	<u>30,145</u>	<u>30,145</u>
Depreciation		
At 1 April 2021	22,118	22,118
Charge for the year	<u>3,275</u>	<u>3,275</u>
At 31 March 2022	<u>25,393</u>	<u>25,393</u>
Net book value		
At 31 March 2022	<u>4,752</u>	<u>4,752</u>
At 31 March 2021	<u>4,344</u>	<u>4,344</u>

16 Debtors

	Group		Charity	
	2022 £	2021 £	2022 £	2021 £
Due from group undertakings	-	-	29,642	5,647
Other debtors	<u>398</u>	<u>1,000</u>	<u>398</u>	<u>1,000</u>
	<u>398</u>	<u>1,000</u>	<u>30,040</u>	<u>6,647</u>

17 Cash and cash equivalents

	Group		Charity	
	2022 £	2021 £	2022 £	2021 £
Cash on hand	330	74	330	74
Cash at bank	<u>169,488</u>	<u>258,536</u>	<u>163,558</u>	<u>227,692</u>
	<u>169,818</u>	<u>258,610</u>	<u>163,888</u>	<u>227,766</u>