



KIDS IN KATHMANDU NEPAL

"a better life through education"

Annual Report and Accounts 2022



Kids in Kathmandu Nepal supports orphaned and underprivileged children and young people in Kathmandu by providing facilities and activities that assist in advancing their education to improve their life chances

KIDS IN KATHMANDU NEPAL LTD
(A company limited by guarantee)
REPORT AND FINANCIAL STATEMENTS
01 JANUARY 2022 TO 31 DECEMBER 2022

Company Registration Number: 07517465

Charity Registration Number: 1142150

Kids in Kathmandu Nepal Ltd

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Cover photograph shows three schoolboys at Lubhoo School

KIDS IN KATHMANDU NEPAL LTD
REFERENCE AND ADMINISTRATIVE INFORMATION
FOR THE YEAR ENDED 31 DECEMBER 2022

Trustees/Directors:

- | | |
|--------------------|---|
| • John Crowe | |
| • Janet Davies | Reappointed 26 January 2022 |
| • Jonathan Hamer | |
| • Marjorie Jackson | Chair (Appointed 26 January 2022) |
| • Kate Pottinger | |
| • Stephen Smith | Chief Officer (Appointed 26 January 2022) |
| • Gurbi Sagoo | Appointed 23 November 2022 |

Company Registration Number

07517465

Charity Registration Number

1142150

Registered Office

58 Durban Road, Beckenham, Kent, BR3 4EZ

Bankers

HSBC Bank, 141 High Street, Beckenham, Kent, BR3 1BX

Redwood Bank Ltd, The Nexus Building, Broadway, Letchworth Garden City, SG6 3TA

KIDS IN KATHMANDU NEPAL LTD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022

TRUSTEES' REPORT

The Trustees, who are also Directors of the charitable company for the purpose of the Companies Act 2006, submit their annual report and the financial accounts for Kids in Kathmandu Nepal Ltd (KIKN) for the year ended 31 December 2022.

The Trustees confirm that the annual report and financial accounts comply with the current statutory requirements, the requirements of the company's governing documents and the provisions of the Charities Commission Statement of Recommended Practice (SORP) FRS 102.

STRUCTURE AND GOVERNANCE

Organisational Structure

Kids in Kathmandu Nepal Ltd was incorporated as a company limited by guarantee on 02 February 2011 (company number 7517465) and registered as a charity with the Charity Commission on 27 May 2011 (charity number 1142150). The charity is governed by its Articles of Association. Legal responsibility for the management of the charity is vested in the Board of Trustees.

The charity has no members, other than the Trustees. At the latter end of 2022, the Charity's Trustees commenced a process to make a formal financial arrangement with the Save Lives Foundation in Nepal, to ease the transfer of funds to Kathmandu.

The Board of Trustees makes all strategic decisions.

Lai See Chew, Founder, of Kids in Kathmandu Nepal sadly passed away in October 2021.

Throughout 2021, Trustee Stephen Smith had worked closely with Lai See Chew, and at a Trustees' meeting held on 26 January 2022, he was appointed Chief Officer.

Marjorie Jackson, who had been Acting Chair since January 2020, was formally appointed Chair on 26 January 2022.

Janet Davies, a founding Trustee until her resignation in January 2020, was reappointed as a Trustee on 26 January 2022.

The Trustees welcomed Gurbi Sagoo as an observer at a Trustees meeting held on 20 July 2022, and she was appointed as a Trustee on 23 November 2022. Gurbi Sagoo has previously visited some of KIKN's projects in Kathmandu.

The Save Lives Foundation is the hub of the charity's work in Kathmandu, where Mrs Uma Mathema, is our key contact in Nepal. She liaises with the schools, Paropakar Orphanage and with parents or families of sponsored children who live in their family homes. She monitors operational projects and brings to our attention any matter she considers the Charity needs to know and she assists the Chief Officer to identify and prioritise potential new projects. During the year, on our behalf, she purchases authorised goods for the children or schools from our Nepal bank account.

Bank transfers of funds from our UK bank account to Nepal require the authorisation of Stephen Smith, Chief Officer, together with either Kate Pottinger or Jon Hamer, after approval by Trustees. We have a dedicated bank account in Nepal, operated by Uma Mathema, and we receive copies of the bank statements, so that we are able to monitor expenditure. Over the years, the operation of this bank account has caused some problems for both Uma Mathema and the Charity, and details as to how this is being resolved can be found in the section of the report headed 'Visit to Nepal 2022'.

The Charity's Annual General Meeting (AGM) was held on 2 July 2022. Due to the coronavirus pandemic, this was the first time since 2019 that the AGM had been held in public. As with previous years, the Annual General Meeting was combined with a social event for KIKN supporters.

At the AGM, one of the Charity's donors questioned why KIKN had funded CCTV cameras for some of the schools we support, as she considered that this did not appear to directly relieve the poverty of, or enhance the education opportunities for the children and young people we support. As these

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initiatives had been funded during the two years when Trustees were unable to visit Nepal, Stephen Smith advised that he would investigate and follow-up on these concerns during his planned visit to KIKN's projects in Kathmandu in November 2022.

Staff

Kids in Kathmandu Nepal charity does not employ any staff and has no premises costs. All its administrative duties and fundraising efforts are carried out voluntarily by the Trustees and by supporters of the charity.

Recruitment and Appointment of Trustees

The Articles of Association provide that Trustees (Directors) are appointed for a period of four years, when they must retire, but can be re-appointed in accordance with the rules outlined in clause 31 of the Articles of Association. The minimum number of Trustees is three, with no maximum number stated. Trustees can be appointed at any general meeting, under the terms of the Articles of Association.

All current Trustees are sponsors of children supported by KIKN, or donors to the charity. We ask that all potential new Trustees attend a Board meeting and meet with the other Trustees, before consideration of appointment.

The Board of Trustees holds quarterly Trustees' meetings. Trustees live at a distance from each other, so meetings have continued online via Zoom since the coronavirus pandemic. Between meetings, the Chief Officer regularly communicates with the Chair or other Trustees to oversee the administrative duties of the charity, to deal with financial matters, and to plan activities such as fundraising events and publicity.

Induction and Training of Trustees: New Trustees are provided with detailed information about Trustee responsibilities and provided with Trustee guidance material sourced from the Charity Commission. We refer to this guidance and to our Articles of Association, particularly when new Trustees are appointed. New Trustees are also required to read and sign and return a copy of our Safeguarding Policy before being appointed.

By the end of 2022, all Trustees, other than Marjorie Jackson, Chair, have visited KIKN projects in Kathmandu over the past few years.

As the charity provides for the needs of children, albeit in Nepal, we have a policy known as Safeguarding Children Policy (formerly Child Protection) which is given to all Trustees and to all sponsors of individual children. Under this policy, anyone who visits Nepal on KIKN business requires a DBS (Disclosure and Barring Service) check.

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OBJECTS AND ACTIVITIES

Summary of Objects

The charity's Objects are as follows:

- To relieve the poverty of orphaned and underprivileged children and young people up to the age of twenty-four (24) years in Kathmandu Nepal by the provision of clothing, equipment and other goods for daily living; and
- To advance in life and relieve the needs of orphaned and underprivileged children and young people up to the age of twenty-four (24) years in Kathmandu Nepal by providing support, facilities and activities which assist in advancing their education and developing their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

Summary of the Main Activities Undertaken in Relation to these Objects

Sponsored Children and Institutions

Nepal is one of the poorest countries in the world. Not all the children we support are orphans, but those who are not orphans are from destitute families, who would be unlikely to access educational opportunities without our support, particularly the ability to attend years 11 and 12 (sixth form in Nepal), further education or university. All children put forward for sponsorship are carefully considered by the Chief Officer and Uma Mathema.

For sponsored children, the funding ensures that they have adequate summer and winter clothing, school uniforms and essential equipment for schooling, and pays for any school fees. For children who live with their families, we also provide a table and a large solar rechargeable battery lamp to enable them to do their homework in homes that do not have an electricity supply.

The majority of the sponsored children whom we support are girls. The Trustees have agreed that should we sponsor any more children, they will preferably (but not exclusively) be female. Nepali girls from poor families are sometimes 'sold' and trafficked. They generally have less opportunity to access education. We consider that by supporting girls and young women, they will have greater opportunities to gain life skills for future employment and are less likely to be seen as a burden to their families.

Most of the sponsors for individual children are friends, acquaintances, or contacts of the Trustees, and others have come via fundraising events and publicity. Sponsors agree to provide regular funding for a named child. The sponsors receive reports on their sponsored child's progress at school. In accordance with our Safeguarding Children Policy, any communication from a sponsor to a child must be vetted by the Chief Officer.

By the end of 2022 there were 15 young people undertaking graduate or other higher education courses, some of whom started their graduate courses in 2022. At the end of 2022, 15 sponsored children were still of school age. There are four sponsored children in the sixth form, and others who are coming up to sixth form age, many of whom hope to go on to university where tuition fees are much higher than school fees. Therefore, Trustees have agreed that when a currently sponsored young person completes their education at school or university (whichever is the highest they achieve), we will not take on a new child, but ask the child's sponsor to become a general donor, helping to fund the additional costs of university education or the school breakfast clubs. Therefore, we will retain the same number of donors, even though there may be fewer sponsored children and young people. To date this has been agreeable to all sponsors whose child has either left school, graduated, or has left Kathmandu.

Three of the Save Lives Foundation young people have co-sponsors, meaning that six sponsors help fund their school, college or university fees.

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In addition to our sponsored children, we also continue to provide support to the Save Lives Foundation, the Shree Neel Barahi Higher Secondary School, Lubhoo Secondary School, Ishwor Primary School, Saraswati Secondary School, Shree Buddha Secondary School and Nepal Adarsha Secondary School.

It should be noted that although many schools have 'Secondary' in their title, they generally take children from nursery school age.

KIKN provides breakfast clubs at all the six schools that we support. Research and experience have shown that school breakfast clubs are an incentive for destitute families to send their children to school, and for the children to be able to learn better when they have eaten adequate food. Breakfast is known as 'tiffin' in the schools, and generally taken at midday.

The schools recognise the value in providing food when it encourages parents to enrol and send their children to school. KIKN recognises that funding breakfast clubs enables the access to education for socially disadvantaged children. Most schools report that their school numbers and attendance have improved since their breakfast clubs have commenced.

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MAIN ACHIEVEMENTS DURING 2022

Visit to Nepal November 2022

Since the Charity was established in 2011, and for several years before becoming registered as a charitable company, each autumn Lai See Chew, Chief Officer, visited Nepal, staying at the Save Lives Foundation Orphanage in Kathmandu. However, due to the coronavirus pandemic and the Chief Officer's serious illness and subsequent death, this had not been possible during 2020 and 2021.

In November 2022, Chief Officer, Stephen Smith, and Trustee Janet Davies were able to travel to Kathmandu, to visit the schools and meet most of the sponsored young people, and to ensure that the transferred funds have been utilised as directed. This was Stephen Smith's first visit to Nepal, whilst Janet Davies had visited KIKN projects in Kathmandu on four previous occasions. Both travelled and stayed at a hotel local to the Save Lives Foundation, at their own expense.

At the Trustees' meeting held on 23 November 2022, Stephen Smith made a detailed report on the visit to Kathmandu. Some of the information is contained later in the report, but below is an extract from his report to the Trustees:

'Uma Mathema organised a comprehensive programme for us that included visits to the six schools, two home visits, and also a meeting with all the university students at Uma's house. As it was my first visit, I was really pleased to be able to see such a wide spread of the work that KIKN has been involved with, as well as meeting most of our sponsored children. It was also very useful to be able to have a proper discussion with Uma Mathema to better understand some practical issues, such as the transfer of money to Nepal, that has recently been causing some concern. I enjoyed every minute of the visit. It was such a joy to see all of the children and everyone's gratitude for all that KIKN has managed to achieve. I would also like to thank Janet Davies for accompanying me, as her knowledge and experience were invaluable on my first visit. It also made me realise even more how lucky we are to have Uma Mathema working for us as she does in Kathmandu.

It was so useful to see everything for myself and get a better understanding of how everything works. My impressions of all the schools are that they seem to work very well, despite some having some very difficult circumstances to work in (that being, in the main, either very cramped buildings or the poor standard of the buildings where they have to work). They all seem to be very progressive in wanting to improve standards and increase numbers in attendance. One thing that surprised me was that where the schools offer a sixth form, the students have to share the classrooms over the day. The senior classes operating from 6am to 10am and the nursery and juniors from 10am to 3pm.

A problematic issue, recently, has been the difficulties in getting the Charity's funds to Nepal. A number of recent payments have been held up by the Nepal bank, and we are also having to split our payments into smaller amounts in order to meet Nepal Government guidelines which is leading to higher bank charges for KIKN in the UK.

In order to provide a more secure method of getting our funds through, Uma Mathema has been trying to set up a new charitable account acceptable by the Nepal Government authorities. She was able to fully explain the proposal to us. This account is registered with the Social Welfare Council in Kathmandu, under the auspices of the Save Lives Foundation. KIKN will sign an agreement, drawn up by Uma Mathema's lawyers, to provide funds on an annual basis to Uma Mathema's charitable foundation which will enable her to obtain an annual renewable certificate to operate. She will have to provide a set of accounts for each Nepali financial year end, which will be at the end of July in 2023. KIKN will be able to pay monies as cash donations to Save Lives Foundation without any banking restrictions. This agreement will need to be closely monitored so that KIKN's payments do not either exceed or undershoot our agreed payments for the financial year. However, we understand that there can be some flexibility in the payments, so that the sums agreed can be amended, if necessary. It will mean that KIKN should not have future problems sending monies to Nepal. If agreed, this agreement could be completed within a short period of time.'

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KIKN Trustees approved the draft Donation Agreement with Save Lives Foundation proposals at their meeting held on 23 November 2022. This agreement is to be signed by the Chairs of both organisations.

With regards to the query raised at the AGM about KIKN funding CCTV in some schools, Stephen Smith and Janet Davies reviewed their usage at Lubhoo School, Saraswati School and Buddha School. The schools found the CCTV systems to be very useful in monitoring attendance in classrooms by both pupils and teachers. There was no reported evidence that the CCTV was used for disciplinary purposes. One school found the systems particularly useful for monitoring their college building, set across the road (dirt track) from the main school building. Another school found it useful for supervising examination rooms.

Despite the benefit to the schools' administration systems, the visiting Trustees concluded that there was not a direct benefit to the relief of poverty or assistance with education for individual pupils. Therefore, at the Trustees' meeting held on 23 November 2022, Trustees agreed with Stephen Smith's recommendation that KIKN should not fund further CCTV projects in KIKN supported schools.

During visits to the schools supported by KIKN, all the headteachers said how appreciative they had been for the food relief programmes funded by KIKN during the two years of the coronavirus pandemic, and for the continued support for the breakfast clubs supported at each school by KIKN.

Sponsored Children and Young People

At the start of 2022 the charity was sponsoring a total of 31 children and young people. However, a young woman, who was due to start teacher training in September 2022, has ceased any communication with Uma Mathema, and her whereabouts are unknown. Therefore, by the end of the year, KIKN was sponsoring 30 young people.

It is unlikely that KIKN will sponsor any new children for the foreseeable future, in view of the high cost of university and higher education courses for those currently sponsored.

As with pre-covid visits to Nepal by Lai See Chew, in 2022 Stephen Smith took sponsors letters to all the children and young people supported by KIKN. As it was immediately after the Dashain festival in Nepal, when many families return to their ancestral villages, a few sponsored children had not yet returned to Kathmandu, so Uma Mathema was to give them their sponsors' letters on their return. All the KIKN children, other than the few absent ones, provided letters back to their sponsors, which Stephen Smith distributed on his return to the UK.

During school visits, it was clear that all headteachers were used to pupils not returning promptly to school after the long Dashain festival and were quite flexible in their approach.

In September 2022, prior to the Dashain festival, all sponsored children and young people were given a cash donation from KIKN in September 2022 of approximately £40 each, to enable them to buy new clothing or other personal goods that they might need. In the past, we have never given money directly to sponsored children or to their families, and Uma Mathema would buy all the new clothes in bulk for the sponsored children. However, as the children have grown into young people, they are now a greater variety of heights and sizes, and it has become easier for them to choose their own clothes. Furthermore, during the pandemic it was difficult for Uma Mathema to travel to outlets to purchase goods.

During the visit by Trustees in November 2022, each sponsored child and young person was given, in person by Stephen Smith, a further small sum of money from KIKN, with which to buy any more personal goods that they might require. Those not in Kathmandu at the time were to be given their money by Uma Mathema at a later date.

Uma Mathema had organised an early evening meeting with KIKN university students for the first evening that Stephen Smith and Janet Davies were in Kathmandu. Other sponsored children and young people who lived within accessible distance also attended, plus two of KIKN's graduates. The

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Charity funded refreshments for the evening. Each of the KIKN sponsored university students spoke briefly about their courses and future aspirations. Those school children present also spoke about their hopes for their future higher education.

Three former pupils from Neel Barahi School, are undertaking teacher training courses (Anjama, Sunita Gurung & Sunita Shrestha), Smriti has started a psychology degree, and Rajkumar is studying for a literature degree. Anjama was very tearful during the evening as her mother had very recently and unexpectedly died. Anjama's father had died a few years earlier, and now Anjama will be responsible for caring for her two younger siblings. As with many undergraduate students, Anjama does part-time jobs to help support her family financially.

Due to the closure of universities and college for a prolonged period during the coronavirus pandemic, some of our young people on graduate teacher training courses are still following the first year of their curriculum, rather than the second year.

There are seven sponsored children cared for at the Save Lives Foundation by Uma Mathema. Six are now undertaking graduate courses, all funded by KIKN. Rasmila, continues with her pharmaceutical degree, Panjum is taking a chartered accountancy course; Sarmila a psychology degree; Urmila a law degree; Sangmu a mass communication course; and Sujana a bachelor in business administration degree. *See Rasmila's life story in the case studies section page 30.*

Pramila, the youngest at Save Lives Foundation, is still attending Sirius English Boarding School as a day pupil (boarding schools in Nepal, mainly take day pupils).

Rajesh, who had lived at Save Lives Foundation since he was young, has now returned to live with his family in Kathmandu. He continues to visit Uma Mathema regularly, and is in the final year of his Hotel Management course.

Another sponsored young person, Sunita, was staying with Uma Mathema whilst at Neel Barahi School, but since starting her teaching degree, Sunita has returned to live with her family.

Laxmi, a severely physically disabled young woman, commenced a social work course in October 2018, and is now completing her fourth and final year. KIKN funds Laxmi's course and we contribute to 50% of her wifi costs, to enable her to carry out her course work. She hopes to commence a counselling/psychology course on completion of her degree. Laxmi is wheelchair bound, and depends entirely on her mother for all her needs, including help with feeding.

There are now only two sponsored young people from Paropakar Orphanage. Sarala is in the final year of her 3-year nursing diploma course, funded by a scholarship, with KIKN paying an allowance for books and subsistence. The other young woman, Sudha, is due to commence a scholarship-funded Nursing course in 2022, with KIKN similarly paying an allowance for books and subsistence.

We continue to sponsor Deepak at Paropakar Boys' Orphanage and School, which is located in Bhaktapur, on the outskirts of Kathmandu. Deepak is in year 12, and hopes to go to university to undertake a degree in Management.

Uma Mathema had organised home visits to the families of two KIKN sponsored children. Nita Pariyar, a year 9 pupil from Lubhoo School, lives with her mother in a so-called 'zinc' house that KIKN helped to fund during the covid pandemic. The house is built close to a few other houses, about 30 minutes' walk from Lubhoo School through agricultural land. During the pandemic, the family was evicted from their home, and KIKN helped fund the construction of the zinc house. Nita's father left the family many years ago, and his whereabouts are unknown. An older sister with cerebral palsy, and a married brother also live in the two-room house. Nita's mother is a casual labourer.

The other home visit was to the home of Rajkumar B Kar, a university student undertaking a literature degree. Rajkumar lives with his 80-year-old grandmother in a slum home by the river beneath the Swayambhunath Temple. The house is little more than a two-room shack, along a row of other similar shacks, with shared toilet and water supply facilities. The shacks regularly flood during the rainy season. Uma Mathema has known and supported Rajkumar since he was young, and she regularly

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encourages him to move to a more modern home. However, Rajkumar's grandmother is reluctant to move, as she knows all her neighbours. *See Rajkumar's life story in the case studies on page 32.*

The living conditions of these two sponsored young people are not too dissimilar from that of many of the children and young people whom KIKN sponsor.

The other sponsored children and young people attend Shree Neel Barahi School and Lubhoo School. Some of the Neel Barahi School sponsored children were at the open evening, and the others who weren't away for the Dashain festival were seen at the school visit.

Stephen Smith and Janet Davies met up with eight of the nine sponsored children from Lubhoo School, when they visited Lubhoo School. The missing sponsored child from Lubhoo was also still away with her family for the Dashain festival.

We have three graduates, Asmita, who completed her business studies degree in 2017, Apsarah who completed her teacher training course in 2019, and Sangita who completed her chartered accountancy degree in 2020. Apsarah had been working in a shop since her graduation, but has now secured a teaching post at a state school in Kathmandu. Sangita secured an apprenticeship at a bank in Kathmandu. These graduates are no longer sponsored by KIKN, but maintain links with the charity, via Uma Mathema in Nepal. Stephen Smith and Janet Davies met up with two of them in Kathmandu in November 2022.

Two graduates attended the open evening at Uma Mathema's house. Sangita, the accountancy graduate, has started to sponsor a child from Neel Barahi School, where Sangita had studied when she was sponsored by KIKN. Asmita, the business studies graduate was previously sponsoring a child, but is due to be married soon, and not currently working, so is not sponsoring anyone, but said that she would restart after her marriage.

Save Lives Foundation

Uma Mathema used to operate an orphanage via the Save Lives Foundation charity. The Save Lives Foundation was established and registered as a charitable organisation with the Nepal authorities in 2008, when Uma Mathema commenced caring for eight young children, who were either orphans or abandoned by their families.

However, in January 2021 Uma Mathema officially discharged her legal liability for the children to the parents and village elders, when most of the young people living at Save Lives Foundation were of the age to be able to choose to stay living with Uma Mathema, should this wish. This was because in Nepal it is not legal for orphanages to care for young people over the age of eighteen. Other than Rajesh, seven young people continue to live with Uma Mathema, and they all consider her to be a mother to them.

This change did not impact on the running and working of KIKN. The official arrangement is that Uma will continue to operate her charitable organisation, Saves Lives Foundation.

All children at Save Lives Foundation are supported by KIKN. The Foundation is in Bafal, an impoverished area of Kathmandu.

In previous years we have funded:

- the installation of solar panels, to have less reliance on the generator and its costly fuel, and;
- a water filtration system, following the 2015 earthquake, in view of the badly contaminated water supply
- the increase of solar panels from three to five (again after the 2015 earthquake) to enable continuous use of the fridge and the water pump
- wardrobes for the teenage orphanage girls were purchased in 2018
- two bunk beds for the children, warm wool blankets for all the beds, a new microwave oven for the kitchen, and a vacuum cleaner were provided in 2019.

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KIKN could not function without Uma Mathema's goodwill, time and efforts in ensuring that our work is undertaken in line with good governance. As recognition of the contribution that Uma Mathema makes towards the smooth running of KIKN's charitable works in Kathmandu, we make a quarterly contribution to rent and utility bills at the Save Lives Foundation, including funding for karate classes.

Shree Neel Barahi Higher Secondary School

Shree Neel Barahi Secondary School is in Tankeshwor, near the Kalimati market in Kathmandu, a short distance from the Save Lives Foundation, and another impoverished neighbourhood in Kathmandu where many of the families live below subsistence level. It was the first school that KIKN started to support after its establishment as a charitable company.

The school takes children from nursery school age to sixth form. The school had some 700 pupils, when Kids in Kathmandu commenced its support in 2011, but has increased in size substantially since that time, very much in part due to the equipment and infrastructure that KIKN has funded over the years. In 2011, there were only 8 students in the sixth form, and now there are 300, with a total school population in excess of 1,000 pupils.

When Trustees visited the school in November 2022, the large school buildings were undergoing major Government-funded building works to repair 2015 earthquake damage and to retrofit earthquake-proofing. Much of the main school building and the large outdoor area was unusable. Across a busy and dusty road, a temporary building housing 10 classrooms has been erected along the riverbank. This building is little more than a long, corrugated zinc shed, with one electric light bulb in each classroom. To allow in sufficient light, the doors facing the dusty road and the unglazed windows facing the polluted and foul-smelling river are left open. The teachers reported that it is too hot in summer, too cold in winter and that the classrooms regularly flood during the rainy season. These temporary classrooms had been in use for some 18 months, and likely to be many more months before the rebuilt school is ready for occupation. Nevertheless, both teachers and pupils had bright and happy faces during the Trustees' visit (it was a warm, dry day!).

In past years, in addition to refurbishment & equipment projects, we have provided the school with:

- 35 desktop computers and computer desks in the early years, plus repair of computers in 2018, solar panels, plus an inverter (mini generator) for use during electricity outages (now less frequent)
- a photocopier
- new science lab equipment
- Nepali dance costumes
- 10 new computers and additional software for the school in 2019, to replace computers originally provided by KIKN, but no longer usable.
- Food relief in 2020 & 2021 during the pandemic.

Much of the equipment has been funded from grants made to KIKN by Futures for Kids (FFK).

In July 2022, KIKN funded set up costs (furniture) for an additional nursery class at Neel Barahi School.

We fund a breakfast club for 150 young pupils, which originally commenced in 2011 for 50 pupils, and the numbers funded have gradually increased over the years.

We fund 50% of the salary of a computer/science teacher, to enable the school to recruit and retain a suitable candidate.

We fund the karate teacher's salary, to provide extra-curricular activities, especially for the less academic children. Smriti, who has now commenced a Psychology degree, gained her black belt in karate, and won some international competitions through the opportunity that the karate classes at Neel Barahi School provided.

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Over the years, KIKN has sponsored many children attending Neel Barahi School. We currently sponsor four children still at the school. Five sponsored ex-pupils are currently undertaking graduate courses (three in teaching, one in psychology, and one in literature). Three sponsored young people from Neel Barahi School KIKN have now graduated.

Neel Barahi School principal usually supplies a long list of items for funding consideration by KIKN, and when Trustees visited this year there was no exception. At the November 2022 Trustees' meeting, it was agreed to fund Educational Child Development Materials for a new course that the school delivering to pupils. The funding will be provided in early 2023.

The other requests for funding projects at Neel Barahi School will be discussed by Trustees in 2023, should any additional grant or donation funding become available to KIKN.

Shree Lubhoo Secondary School

KIKN has supported Lubhoo School since 2016. Lubhoo is a poor Newar village in the Lalitpur district of the Kathmandu Valley, east of Kathmandu, some 7 kilometres from the capital city (but 13 kilometres via potholed roads). It is a small school, whose school population has increased since KIKN started to support the school.

At Lubhoo School we have previously been able to fund:

- 20 computers, desks and chairs & solar panels (for electricity outages)
- furnishings for the nursery classroom
- play equipment for the playground (swings, slide and two see-saws)
- two basketball poles and layout of a badminton court
- a PA system
- science lab improvements
- 18 sets of desks and chairs (providing space for 54 pupils) for use in their new building
- reference library books, to assist upgrading the school's educational status
- 12 computers with desks and chairs for vocational engineering course
- food and rent for the nine sponsored children during the pandemic.
- funded the building of a zinc house for the family of Nita, (known as a zinc house, as the walls are built with bricks, but covered with corrugated zinc).
- 20 bench seats for the school's new Vocational Engineering Course college building.

Much of the equipment has been funded from grants made to KIKN by Futures for Kids (FFK).

In April 2022, KIKN funded 20 CCTV cameras for the school, and nursery class furniture.

The CCTV funding had been requested in 2021, but funding only became available late December that year. KIKN Trustees agreed in November 2022 that any further requests for CCTV funding would not be considered by the Charity.

During 2019, from a Nepal Government grant and funding by an Austrian mountaineering charity, school building works that had been under construction for several years were completed and operational. A Vocational College for Engineering opened in April 2019, and the school continued to recruit more pupils. Many of the purchases listed above have enabled Lubhoo School to improve its facilities and educational status.

During the visit in November 2022, Trustees were greeted with a joyous display of Nepali dancing, and shown around the school buildings that now include another large building, across the road from the main school, which is also used for the Civil Engineering Diploma course. The new building was built with Government funding, and is not yet fully operational.

Unlike many Government schools in Nepal, Lubhoo teaches in the English language, not Nepali.

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In 2016, we commenced funding a much-needed breakfast club for 100 children at the school. The attraction of more pupils to the school is largely accredited to the introduction of the breakfast club. In January 2020, the funding to the breakfast club was increased to cater for 150 children.

In November 2022, the school's headteacher, provided KIKN with a list of projects for which they requested funding, which will be considered by Trustees in early 2023, should additional funding become available.

Shree Ishwor Adharbhot School

Shree Ishwor Adharbhot School is a very small school in Swayambhu, in Kathmandu city. The local area accommodates many transient families. The school is very poorly furnished, with no glass in the windows, and is built around a small compound serving an extremely impoverished community. No school fees are payable.

In September 2017, when the then Chief Officer was first introduced to this school, there were only 50 pupils, some of them beggars. The school population has gradually increased since the introduction of the KIKN funded breakfast club, although pupil numbers tend to fluctuate, but in November 2022 there were 130 pupils.

To date we have funded:

- a computer, printer, a photocopier, table and chair for the school
- flooring and equipment for the beggar children's classroom
- electrical wiring for classroom lights and fans
- two sets of school uniforms, made to measure by local trades people
- a drum set and a metal lockable cupboard
- annual supply of exercise books
- food for families prior to the Dashain festival in 2017, 2018 & 2019
- pandemic food relief in 2020 & 2021
- office table, chair and bookshelf
- annual supply of warm clothing

Much of the equipment has been funded from grants made to KIKN by Futures for Kids (FFK).

In September 2017, we started to fund a breakfast club for 50 children, and funding was increased to include all 85 pupils from January 2018.

In October 2018, we commenced funding a contribution to the nursery teacher's salary at Ishwor School, to enable the school to pay and retain a suitably qualified person. This funding was increased in 2019, and again in 2022.

From the end of 2019, KIKN has funded a quarter of the cost of the school's water and electricity bills. School uniforms were provided for 70 pupils in January 2022.

During the Trustees 2022 visit, the school requested that KIKN fund warm winter coats for all pupils. They need to wear the coats in school, as there is no heating and winters are cold. This was approved by KIKN Trustees, and the funding was provided in December 2022.

KIKN Trustees also approved further funding requests for additional exercise books, pencils, and school uniforms for 130 pupils, which will be provided early 2023.

Saraswati Secondary School

Saraswati Secondary School is located in Thecho District in Lalitpur, on the outskirts of Kathmandu, some 13 kilometres from central Kathmandu, though due to poor roads, travel by car can take a considerable length of time. The school has 500 pupils.

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During the 2022 visit, it was noted that there were far more girls than boys at the school. We were advised that many parents send boys to private schools, where they consider the boys will receive a better education.

When the school was visited in September 2019, the poverty of the majority of pupils was palpable. Many of the children had red-brown coloration on their uniforms and it was explained that the breadwinners in these families mostly work in the local brickworks.

KIKN started supporting this school in January 2019, and we have funded:

- 20 computers
- refurbishment of one of the classrooms
- pandemic food relief

KIKN funded the purchase of 20 computer chairs for the school in January 2022, from a grant by Futures for Kids (FFK).

From 2019, we have funded a daily breakfast club for 100 pupils, which the school stretched to feed 135 children each day, helped by lower food prices in more rural areas outside the capital city centre.

During the 2022 Trustee's visit to Saraswati School, it appeared to be very well-run, with a relatively new principal (six months in post). The school has a meditation room for use by both older students and teachers.

There were also some large signs around that indicated other charitable organisations who were providing funding to the school, particularly with regards to the breakfast club.

Whilst the Trustees were touring the school with the principal, Uma Mathema had a discussion with some of the other senior teachers and discovered that the school has been receiving a lot more money per pupil for the breakfast club than was required. KIKN provides 20p per pupil/day, the government funds another 15p for each child, and together this provides enough for the tiffin provision. Uma Mathema learnt that the school was receiving nearer to a £1 per pupil in funds, including funds from a Chinese charity. She was annoyed that the school had not appraised her of the situation at her previous visits, as a representative of KIKN. Also, on viewing the tiffin that had been prepared for that day, neither did Uma Mathema consider that the food met the standard of nutrition that KIKN has requested from the breakfast funding provided.

Uma Mathema's recommendation was that KIKN should consider removing its funding from Saraswati School. and possibly fund another school more in need of KIKN's charitable support. It was also the only school not to provide a list of spending proposals for funding by KIKN.

At the Trustees' meeting held on 23 November 2022, Stephen Smith provided details of the Saraswati School situation, and recommended that Saraswati School breakfast club and future requests for project funding should cease immediately. Trustees approved the removal of Saraswati School as a school supported by KIKN, with a view to Uma Mathema identifying another Kathmandu School that would benefit from the Charity's support.

Shree Buddha Secondary School

Shree Buddha Secondary School is located in the Godawari municipality of Lalitpur, in the Kathmandu Valley. The school is approximately 18 kilometres from central Kathmandu, and as with other areas in the Kathmandu Valley, journeys by car can be tortuous in view of poor road conditions, particularly during the monsoon season.

The school has 750 pupils, an increase of 100 since 2019. They have a forward-thinking Chair of the School Board, who is committed to raising funds through his networking. From local donations, a clean water station was built following the 2015 earthquake. Some past pupils have received grants to attend university.

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The school has a new Principal/headteacher, but the old headteacher, although retired, spends most days in the school.

The school has three nursery and kindergarten classes. In Nepal, Early Child Development education has three classifications: playgroup for the youngest pupils, aged 18 months to 2.5 years; nursery for children ages 2.5 to 3.5 years; and kindergarten for children aged 3.5 to 5.5 years.

Taking very young children into school enables parents to seek casual work. Many children are from the families of itinerant workers, so they have a large number of children who leave the area during the Dashain festival and do not return promptly at the start of term.

During the November 2022 visit, we were pleased to recognise two young twin boys now in kindergarten, who had been only 18 months old at the previous visit in 2019.

In 2019, Trustees were advised that many orphans, who are cared for by local NGOs (Non-Governmental Organisations), attend Shree Buddha School.

Shree Buddha School has a qualified nurse. The nurse spoke good English, and there was evidence of a girls' menstruation and health project in the nurse's room. It was reported that there were only five schools in the area that took part in this local education girls' health initiative.

The school also has an 'inclusive class', with a trained teacher, for children with learning disabilities, including autism, where they care for and educate the pupils.

During the 2022 visit, Trustees were told that the school teaches Newari, the traditional language of the Kathmandu Valley. It is meant to be taught in all Government schools from years 1-8, but not all seem to do so, and it seemed to be a little controversial, as the majority of the Kathmandu population does not speak Newari.

We have funded the following in past years:

- refurbishment of the nursery classrooms
- 12 computers, desks and chairs
- contribution to the establishment of a Foundation of New Engineering Course
- 8 computers desks & chairs
- pandemic food relief 2021
- school uniforms for all new 6th form entrants in 2021
- 25 CCTV cameras (January 2022, from 2021 grant donation)

Funding for the refurbishment, computers and furniture was provided by grants from FFK.

With regards to the CCTV cameras, the school advised that although the monitors were always active, they were not routinely monitored. No more CCTV cameras were requested by the school, and Trustees have agreed that KIKN will not fund any further requests for CCTV cameras for schools.

In 2020, KIKN started to fund a nursery class teacher/feeding assistant, in view of the young age of many of the nursery class children, and this funding was increased in 2022.

In September 2019, KIKN commenced funding a breakfast club for 50 children. And this has been increased to include 100 children since 2021.

During the November 2022 visit, the school said how important it had been to be able to photocopy materials for pupils during the pandemic, and they made a request for KIKN to fund photocopier paper. They also requested an inverter for power back up. KIKN Trustees will discuss these requests in 2023 should additional funds become available.

At the November 2022 Trustee's meeting, it was agreed to fund an ID printing machine for pupil ID cards. All pupils, including the nursery children, wear the ID cards on a lanyard at all times. The funding will be provided in early 2023.

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Nepal Adarsha Secondary School

Nepal Adarsha Secondary School is a small inner-city school, with 400 pupils, up from 300 in 2019. The school is located not far from Durbar Square, whose historic temples were badly damaged in the 2015 earthquake, but now largely rebuilt.

In 2019, the school was housed in two blocks. One block is a recently constructed, government-funded building, as the original was destroyed in the 2015 earthquake. The other block is an older building on the opposite side of the street. The new block houses the nursery class and younger children. Not a great deal had changed by 2022, with building works still ongoing, and the older building undergoing an earthquake-proofing retrofit.

The school has a relatively newly-appointed principal.

The school has a civil engineering course for years 9-10 (equivalent to UK GCSE years). In Nepal there are exams every school year, with those at the end of year 10 to determine entry to the years 11-12 (equivalent to UK 6th form). At the end of year 12, good examinations results are important for entry to university or higher education.

The school reported that they also provide karate, dancing, gymnastic and meditation classes in the school hall for years 6-10, with regards to the mental health welfare of their pupils.

KIKN has provided the following at the school in previous years:

- 12 computers, desks and chairs
- photocopier
- Gas stove, eating bowls and spoons for the breakfast club
- Pandemic food relief

FFK grants have supported the purchase of the above items.

A KIKN-funded breakfast club for 50 pupils was set up in September 2019. From January 2020 this was increased to 100 pupils.

At the Trustees' visit in 2022, the headteacher thanked KIKN for funding they had received in previous years, and made requests to fund for breakfast club kitchen utensils, a kitchen cupboard, and kindergarten tables and chairs. These were approved by Trustees in November 2023, and the monies will be sent to Kathmandu in early 2023.

A further request for 10 cupboards for classrooms, which KIKN Trustees will consider should funds become available in 2023.

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BENEFITS TO THE WIDER COMMUNITY IN KATHMANDU

Almost all the goods and services we fund in Nepal are locally sourced in Kathmandu. The children's school uniforms and other clothing are tailored or purchased in the neighbourhood. Most tables, desks, cushions or any other furniture we purchase, are made by local carpenters and craftspeople. Computers and other technical equipment are purchased locally in Kathmandu.

In addition, the breakfast clubs at the six schools we support provide employment for the cooks, and all the raw food ingredients are sourced locally.

The computer teachers at Shree Neel Barahi Secondary School, the nursery teacher at Ishwor School and the nursery teacher/feeding assistant at Shree Buddha School have secure employment due to our funding. The karate teacher at Neel Barahi School has a regular source of income.

We are pleased to report that the funds we raise in the UK not only enriches the lives of impoverished children in Kathmandu, but also benefits the wider economy through the provision of employment for local people, and by supporting local businesses.

For sponsored children and young people whom we support, their educational opportunities assist them to go onto higher education or obtain employment, so that they are better able to support their own and their extended families, in the future.

We have asked those young people whom we support and are already in further education, that when they eventually have employment (and a suitable income) to consider supporting a young person still at school, so that the circle of educational opportunity continues. Our first graduate, Asmita, who is also a local councillor, has supported a young girl who attended Neel Barahi School. Sangita, a graduate who now works in a bank, is currently sponsoring another young person at Neel Barahi School.

CURRENT SOCIO-ECONOMIC AND POLITICAL SITUATION IN NEPAL

Nepal is a land-locked country, with a population of some 30 million in 2021. The population of Kathmandu, the capital city is around 1.5 million, although reported figures are inconsistent.

The 2011 census indicated that 81.3% of the Nepalese population is Hindu, 9% are Buddhist, 4.4% are Muslim, 3% are Kiratist (indigenous ethnic religion), 1.4% are Christian, 0.1% are Sikhs, 0.1% are Jains, and 0.7% follow other or no religion.

The Multidimensional Poverty Index (MPI) captures the percentage of households in a country deprived along three dimensions of well-being – monetary poverty, education, and basic infrastructure services. In 2022, an MPI report indicated that between 2014 and 2019, 3.1 million people in Nepal were lifted out of poverty. However, 4.9 million people (17.4% of the population) remain multi-dimensionally poor.

In 2011, 39% of the Nepalese population was considered multi-dimensionally poor, and the improvements in sanitation have largely contributed to the improved MPI since that time, according to a recent article in The Kathmandu Post newspaper. There is evidence that positive benefits to child health and well-being have resulted from access to improved sanitation facilities and drinking water, with fewer incidences of diarrhoea leading to child mortality. Similarly, clean water and better sanitation, has driven an improvement in children's nutrition.

Water pipes are being laid in the Kathmandu Valley to enable everyone to have access to clean and free piped water. However, in 2019, only 51% of the population had piped water. The majority of people in the lower socio-economic groups currently have to rely on the collection from and use of water at local wells in their vicinity for all water supplies. Only people who can afford to pay are able to buy fresh water transported by tankers.

The regular load-shedding in Kathmandu (no access to electricity supplies for certain periods everyday) has largely ceased, as more sustainable power supplies have been established. However, there remain frequent times when the electricity supply is not stable (hence the continued need for

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solar panels and mini-generators in schools). In fact, Nepal has now entered into a state of surplus electricity production, and expects to be exporting surplus electricity to India within the next five years. Some 95.5% of the population is reported to be connected to an electricity supply, with the aim to connect 100% of households by 2024.

The Nepal Electricity Authority (NEA) has stepped up efforts to lay underground electricity lines, rather than the masses of huge electricity cables running overhead along Kathmandu streets, although visually there does not appear to be much evidence that this is happening. The NEA is reportedly focussed on improving the electricity infrastructure, due to the problems of the frequent electricity tripping.

Nepal is a country globally ranked fourth in terms of vulnerability to climate change. In 2018, floods across the foothills of the Himalayas caused landslides, leaving tens of thousands of houses and vast areas of farmland and roads destroyed. Scientists have found that rising temperatures could spread malaria and dengue to the Himalayas, where mosquitoes have started to appear. In November 2022, it was reported that across Nepal there had been over 50,000 cases of dengue fever since the beginning of 2022, with 60 deaths attributed to the disease.

A report in the Nepali Times from 30 August 2022, states that the Kathmandu Valley had seen outbreaks of Dengue fever, with over 1,000 reported cases, in August 2022. Dengue mosquitoes bite during the day, so whilst people might take precautions against malaria mosquitoes at night, they do not take precautions against dengue mosquitoes during the day. Antibiotics are not effective against dengue fever, and some people become more ill by taking inappropriate prescription medicines without consultation, or from being prescribed the wrong medicines. The report warned that people should be most aware of dengue mosquitoes in schools, offices, areas where houses are under construction, or where there is stagnant water.

Nepal has been politically unstable for many years, with little investment in the country's infrastructure. However, following the adoption of the Constitution of Nepal in September 2015, the coalition government was looking to improve facilities. From 2017, the country was ruled by the Nepal Communist Party (NCP), but a constitutional crisis was triggered in December 2020 when the Prime Minister, KP Sharma Oli requested the President to dissolve parliament in a bid to counter discord within the ruling party. At the end of May 2021, the President dissolved parliament for the second time.

In November 2022, a general election voted in the Maoist opposition party leader, Pushpa Kamal Dahal, as Prime Minister. The new 2015 Constitution was meant to bring political stability to Nepal, as no government had served its full 5-year term since democracy was established in 1990. However, since 2015 there have now been six changes of government.

Although India and Nepal have open borders with India and China, political relationships have not always been positive. There is competition between China and India to develop and improve infrastructure in Nepal. China was favoured by Nepal, as China had helped Nepal during the economic blockade imposed by India in 2015, but Dahal, the new Prime Minister, has stated that he wishes to improve relationships with India.

Whilst the Nepal government's policy is to improve ICT education in schools, there is a lack of funding for ICT teachers and for computers for pupils, and not many teachers in government schools are computer literate. Hence, many schools in Nepal depend on NGOs or charities to fund ICT developments.

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FUNDRAISING

Following the pandemic lockdowns during 2020, and 2021, we were able to engage in some face-to-face fundraising events in 2022, for the first time since 2019.

We are fortunate that all the children we sponsor are funded by individual sponsors, who donate a regular monthly or annual sum of money to the charity. We also have many other regular donors, who donate monthly or annually, but do not sponsor a named child. The sponsors and other regular donors are the backbone of our fundraising efforts. All sponsors and donors have continued their regular donations during the year, and we are pleased that the number of sponsors has again increased during 2021.

Some sponsors are signed up to Give As You Live (GAYL), which provides the Charity with a small additional income from purchases made by users via the GAYL site.

We are particularly thankful for the grant funding and support that we have received from Futures for Kids (since 2011) and from the John Horseman Trust (since 2015).

Much of Futures for Kids (FFK) grants has enabled us to buy equipment for the schools that we support. Their funding has also enabled the expansion of some of the breakfast clubs.

Most of the Horseman Trust's annual grant funding is utilised in the provision of breakfast clubs in KIKN schools.

Some regular sponsors give substantial annual amounts of money to the charity. We also receive some smaller regular donations, and some sizable one-off donations, from friends and supporters of KIKN.

In November 2022, the Charity received a substantial legacy from the Will of our late Chief Officer, Lai See Chew, who passed away in 2021.

Since 2021, we have used a service called Wonderful Payments Ltd for donations via our website. We have a donate button on our website which provides a direct link to the Wonderful payment system to enable one-off donations. Wonderful is currently working to provide a regular donation option.

From 01 November 2021, HSBC, our main banking provider, started charging fees on their charity accounts. This means that KIKN now incurs approximately £500 in additional bank charges per annum.

During 2022, we held the following fundraising events:

- *Annual General Meeting & Afternoon Tea – August 2022.* Although this was not advertised as a fundraising event, donations of £145 were received.
- *Brighton 10k race – November 2022.* Trustee Kate Pottinger raised funds from sponsorship for her participation in the Brighton 10k, and KIKN received £510.
- *KIKN Quiz night – October 2022.* We held a very successful, sold-out quiz event at the Clarendon Hotel in Blackheath, including a raffle, and raised a net total of £1,336.
- *Online Raffle – December 2022.* Following the successful online raffle held in 2021, at short notice Stephen Smith organised another pre-Christmas online raffle in December 2022, which raised £520.

Other funds raised during 2022:

- We gratefully received £50,000, left as a legacy to KIKN in the Will of Lai See Chew, our Founder.
- We were pleased to receive the annual grant of £5,000 from The John Horseman Trust.
- We were grateful to receive a grant of £10,000 from FFK in December 2022.

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We especially thank the following individuals and organisations who have contributed significantly to our fundraising:

- Futures for Kids Charity (FFK)
- The John Horseman Trust
- Lyn & Sarah Noyes
- Kate Pottinger

PUBLICITY

Website, e-Newsletter and other Technology

Chief Officer, Stephen Smith regularly updates the KIKN website (www.kidsinkathmandu.com) which is very user-friendly, publicises our projects in Nepal, and provides a background to the charity and our Trustees. We pay an annual fee to ensure adequate back-up and security for the website, which is hosted by GoDaddy.

The website has a link to our charity fundraising platform's web-page, and we find that we receive a regular stream of small and larger donations via that route.

During the past year, KIKN has continued to make regular postings on our Facebook page to inform all of our followers about how we are spending their sponsorship monies and donations in Kathmandu. We have found this a powerful medium, especially the ability to quickly upload photographs from Nepal with the narrative. This has been particularly helpful in November 2022 during the Trustees' visit to Kathmandu, and for the online raffle.

We send out quarterly e-newsletters, which greatly enhances our ability to reach a wide audience and to keep our regular supporters aware of the progress of KIKN projects and of fundraising events.

We send out hard copies of our Annual Report to our major donors and email it to other supporters, together with posting it on our website.

As a thank you, annual calendars showing photographs of our work in Kathmandu are sent to long-standing supporters, sponsors and donors. As Trustees were unsure whether the costs of producing and posting the calendar might be better invested in KIKN projects, Stephen Smith carried out a survey of calendar recipients, as to whether they wished to continue receiving it. The overwhelming response was that generally supporters enjoyed seeing the photos in the calendar, they would prefer the funds to be invested in KIKN projects.

The use of our payment card reader at events greatly enhances KIKN's ability to sell goods, such as raffle tickets at the quiz, where participants may not have enough cash, but have credit/debit cards available.

RISK MANAGEMENT & KIKN POLICIES

Trustees regularly review and update our Risk Management Plan and our policies.

In addition, Ms Marjorie Jackson, Trustee, reviews Charity Commission updates, and reports back to Trustees on any matters that are relevant to KIKN, to ensure that Trustees are aware of and act upon such matters, as appropriate.

Risk Management

The KIKN Risk Management Plan was reviewed and updates approved by Trustees in November 2022.

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In July 2022, Trustees agreed the renewal of our Public Liability and Professional Indemnity Insurance policy with Hiscox for another year until 31 August 2023, with no increase in premium.

Our Policies

We have the following policies, all of which are posted on our website:

Safeguarding Children Policy (October 2019). This policy supersedes the previous Child Protection Policy. The policy incorporates the latest guidance on child protection for a small charity, where the children reside in a foreign country. Any Trustee or sponsor visiting Nepal on KIKN business will be required to have an enhanced disclosure check performed by the Disclosure and Barring Service (DBS).

Privacy Information Policy – in compliance with the General Data Protection legislation (Approved April 2018, Revised June 2018).

Banking Information and Scheme of Delegation (Revised October 2019).

Reserves Policy (Revised June 2019).

Investment Policy (Revised October 2019).

Conflicts of Interest Policy (Revised Jan 2019)

Supporter Promise - in compliance with the code of Fundraising Promise (Approved October 2019)

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OBJECTIVES AND PLANNED ACTIVITIES

We aim to undertake the following activities in 2023 to meet our charitable objectives:

1. *Trustees* – to identify any potential new Trustees willing to contribute to the work of the charity.
2. *Sponsors and Donors* – to maintain or increase the current number of regular sponsors and donors to enable sponsored children and young people to remain in education until at least school leaving age, and to fund ongoing and new projects, as required.
3. *Donation Agreement* – to satisfactorily conclude the Donation Agreement with Save Lives Foundation, to enable a smoother and less costly transfer of KIKN monies to Nepal to fund ongoing and future projects in Kathmandu.
4. *Identify a replacement school for Saraswati* – to identify a new sixth school to work with as a replacement for Saraswati School as agreed at November Trustee meeting following Nepal visit.
5. *Agreed Project Funding* – to send monies securely to Nepal as soon as possible in the new year, for new project proposals agreed by KIKN Trustees in November 2022.
6. *New Capital & One-Off Project Proposals* – Trustees to consider new projects proposals received from Kathmandu Schools in November 2022, to be funded by a grant received from Futures for Kids (FFK) in December 2022.
7. *On-going Support to Current Projects* – to continue to raise sufficient funds to support on-going projects (e.g. breakfast clubs for nursery children at the five schools, plus part-funding salaries of the school posts we support).
8. *New Projects* – to review ongoing projects and to prioritise any projects newly identified in 2023 with regards to available funding.
9. *Higher Education* – to fund university and higher education courses for our sponsored children, as required and if affordable.
10. *Higher Education/University Funding* – to work with Mrs Mathema to identify funding and/or course opportunities in Nepal for sponsored young people seeking to enter higher education.
11. *Higher Education Reserve Fund* – to continue holding some funds in reserve to assist sponsored young people with course funding.
12. *Exchange Rate* – to maintain our projects within the restraints on funds due to the fluctuations in exchange rates between GB pound and Nepalese rupee.
13. *Local Resources* – where possible, to continue sourcing goods that we purchase in Kathmandu from local suppliers and crafts people to contribute to the local economy.
14. *Futures for Kids & the John Horseman Trust* – to keep both organisations fully informed about the projects we fund from their grants.
15. *Fundraising activities* – to organise fundraising activities to raise additional funds and to engage friends, supporters, and local communities in the work of the charity.
16. *Publicity and Technology* – to regularly update our website and Facebook page, and to send out regular e-newsletters, to ensure that ongoing supporters and others are aware of fundraising events, know how to make donations to the charity, and receive updates on our work and projects in Nepal.
17. *Policies* – to review (and update, as required) KIKN's policies and Risk Management plan. This is particularly relevant to any new guidelines issued by the Charity Commission.

The seven Trustees volunteer their time, personal skills and resources to ensure that the charity continues to thrive and achieves its objectives. We aim to maintain our income streams from sponsors, other donors and fundraising events so that we can continue to meet our commitment to support the children and young people whom we sponsor. In addition, we strive to benefit the Save Lives Foundation, Shree Neel Barahi School, Lubhoo School, Ishwor School, Shree Buddha School and Nepal Adarsha School.

Stephen Smith, Chief Officer, is hoping to return to Kathmandu during 2023.

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FINANCIAL REVIEW

Our total expenditure for the period was £65,575 and with an income of £115,437 we have net incoming resources of £49,862. Together with funds carried forward from the previous year, there is a sum of £97,935 available at year end on 31 December 2022.

The main reason for the large surplus this year was due to the late receipt of a legacy of £50,000 from our founder, Lai See Chew's estate. This amount was left to the charity to ensure funds were available to provide for the future educational costs of all the remaining children under our current remit. It will be invested on a slightly longer basis for our future needs.

The surplus also includes a sum of £7,407 Gift Aid reclaimed for 2022, but not yet received, and a scheduled quarterly payment of £12,743 to Nepal due to be transferred in January 2023.

The surplus also includes £12,959 held in our Redwood Bank 95-Day Notice account, also intended for funding future university tuition fees for our sponsored young people.

A further £1,706 is held in our Bank of Kathmandu Ltd account. Trustees have agreed that the Nepal account should hold a reserve of no more than £2,000, but this can be difficult to control as we do not always receive timely requests for payments for on-going school projects (e.g. breakfast clubs) that we support in Kathmandu. Before quarterly payments are made from our UK account, Trustees first assess what funds are available to utilise in the Nepal account.

The Balance Sheet shows current assets as £95,271, when the Gift Aid reclaim of £7,407 due from HMRC is taken into account.

Funding for all activities is raised by donations, from friends of the charity, from fundraising events or from grants. Sponsors of individual children make payments of regular donations to support a named child.

Policy on Reserves

Trustees have agreed that the reserve should remain at £5,000 in the UK account and, from 2019, £2,000 in the Nepal account.

The rationale for the UK reserves is that if we lose any sponsors or regular donors, we have sufficient funds in reserve in the UK account to cover a shortfall. In Nepal the reserve allows for the regular fluctuation of the Nepalese rupee against the GP pound.

Funds Materially in Deficit

We have no funds in deficit.

Funds held as Custodian Trustee

We hold no funds as Custodian Trustee.

Trustees' Responsibilities in Relation to the Financial Statements

The Trustees (Directors) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which gives a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for the year. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;

KIDS IN KATHMANDU NEPAL LTD
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022

- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the accounts on the going concern basis, unless it is inappropriate to presume that the charitable company will continue in operation; and to
- appoint an Independent Examiner to examine the accounts and to provide an Independent Examiner's Report.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

As a smaller company, under the terms of the Companies Act 2006, the Trustees have not required the accounts to be audited, but we are required by the Charity Commission to have the accounts independently examined.

This report was approved by the Trustees on the 12th April 2023 and signed on their behalf by:



Stephen Smith

Director

KIDS IN KATHMANDU NEPAL LTD
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022

Statement of Financial Activities

| | Notes | | |
|--|-------|---------------------------|---------------------------|
| | | 2022 | 2021 |
| Incoming Resources | | Unrestricted Funds | Unrestricted Funds |
| Donations and grants | 2 | 61,960 | 69,807 |
| Fundraising Income | 3 | 3,477 | 7,399 |
| Other income | 4 | 50,000 | 0 |
| Total incoming resources | | 115,437 | 77,206 |
| Resources Expended | | | |
| Charitable activities: supporting sponsored children, an orphanage and four schools in Kathmandu | 5 | 57,250 | 61,381 |
| Ex gratia payment | | 0 | 0 |
| Purchase of Nepali/Craft Goods | | 0 | 0 |
| Fees | 6 | 1,274 | 1,039 |
| Governance Costs | 7 | 350 | 545 |
| Administration Costs | 8 | 5,163 | 993 |
| Fundraising Costs | 9 | 1,538 | 147 |
| Total Resources Expended | | 65,575 | 64,105 |
| Net Incoming Resources | | 49,862 | 13,101 |
| Other Gains and Losses | | 0 | 0 |
| Cash at bank & in hand at start of year | | 48,073 | 42,401 |
| TOTAL FUNDS CARRIED FORWARD | | 97,935 | 55,502 |

The notes found on pages 26-28 form part of this Statement of Financial Activities and the Balance Sheet on page 25.

The Independent Examiner's Report can be found on page 29.

KIDS IN KATHMANDU NEPAL LTD
BALANCE SHEET
FOR THE YEAR ENDED 31 DECEMBER 2022
Balance Sheet

| | | £ | £ |
|---|----|---------------|---------------|
| | | 2022 | 2021 |
| Fixed Assets | | | |
| Tangible Assets | | 0 | 0 |
| Investments | | 0 | 0 |
| Total Fixed Assets | | 0 | 0 |
| Current Assets | | | |
| Stock and work in progress | | 0 | 0 |
| Debtors | 10 | 7,407 | 7,429 |
| Cash at bank and in hand at year end | 11 | 86,905 | 47,303 |
| Interest | 12 | 959 | 770 |
| Total Current Assets | | 95,271 | 55,502 |
| Creditors: amounts due within a year | | 0 | 0 |
| Liabilities and charges | | 0 | 0 |
| Net Assets | | 95,271 | 55,502 |
| Funds of the Charitable Company | | | |
| Unrestricted funds | 13 | 88,271 | 48,502 |
| Designated Reserve Fund - unrestricted | | 7,000 | 7,000 |
| TOTAL AVAILABLE FUNDS | | 95,271 | 55,502 |

Audit Exemption Statement

For the year ending 31 December 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to smaller companies.

Directors' responsibilities:

- The Trustees have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006
- The Directors acknowledge their responsibility for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts,
- These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS 102 SORP.

Stephen Smith, Director

KIDS IN KATHMANDU NEPAL LTD
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

1. Accounting Policies

1.1 Basis of preparation

These accounts have been prepared on the basis of historic cost convention in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, to be used for accounts commencing on or after 01 January 2016.
- and with the Charities Act 2011.

1.2 Changes to previous accounts

None

1.4 Incoming resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources
- the Trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Donations and Grants are only included in the SOFA when the charity has unconditional entitlement to the resources.

Gift Aid Tax reclaims are included to the value expected to be reclaimed from HMRC with regards to eligible donations received since registration with the Charity Commission on 27 May 2011.

The charity has no investments.

1.5 Expenditure and liabilities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities for its beneficiaries.

Fundraising costs are those costs incurred in setting-up events to attract income.

The charity has no fixed assets.

There are no liabilities or charges due.

2. Donations and Grants

Donations and grants are from the following sources:

| | £ |
|-----------------------------------|---------------|
| Sponsor & Other Donations | 32,124 |
| Grants from Futures for Kids | 10,000 |
| Grants from John Horseman Trust | 5,000 |
| Gift Aid Reclaim 2021 | 7,429 |
| Gift Aid Reclaim 2022 (Estimated) | 7,407 |
| Total | 61,960 |

3. Fundraising Income

Fundraising income includes income from and donations towards all events held during the accounting period. This included the quiz night proceeds, text raffle proceeds, GAYL amounts received and Brighton Half Marathon Sponsorship Appeal.

4. Other Income

We received a legacy payment of £50,000 from the Estate of Lai See Chew, KIKN Founder, who died in 2021.

KIDS IN KATHMANDU NEPAL LTD
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

5. Resources Expended on Charitable Activities

Expenditure is broken down for sponsored children, Saves Lives Foundation Orphanage and projects at six schools.

| | £ |
|--|---------------|
| School Fees for sponsored children (some started higher education mid-year) | 2,542 |
| University/Higher Education Fees for sponsored young people | 9,731 |
| Breakfast Club for 150 nursery children at Shree Neel Barahi School | 5,744 |
| Breakfast Club for 150 nursery children at Lubhoo School | 5,744 |
| Breakfast Club for 100 children at Shree Buddha School | 3,830 |
| Breakfast Club for 100 children at Saraswati School | 3,830 |
| Breakfast Club for 100 children at Nepal Adarsha School | 3,830 |
| Breakfast Club for 85 children at Ishwor School | 3,064 |
| Salary 0.5 Computer/Science Teacher at Neel Barahi School | 1,200 |
| Karate Teacher Salary at Neel Barahi School | 680 |
| 20 CCTV Cameras at Lubhoo School | 1,321 |
| Nursery Class Set Up at Lubhoo School | 943 |
| Nursery/Feeding Assistant Salary Contribution at Shree Buddha School | 465 |
| 25 CCTV cameras at Shree Buddha School | 1,780 |
| Nursery Class Set Up at Shree Buddha School | 1,500 |
| 20 Computer Chairs for Saraswati School | 625 |
| Contribution to electricity bill and water at Ishwor School | 160 |
| Nursery/Feeding Assistant Salary Contribution at Ishwor School | 465 |
| School Uniform for 70 Children at Ishwor School (Jan 22) | 570 |
| Winter Coats for 130 Children at Ishwor School (Dec 22) | 1,387 |
| Food and Clothing Costs for our sponsored children for the Dashain Festival | 1,295 |
| Contribution to rent & utilities at Save Lives Foundation Orphanage | 6,000 |
| Taxi fares to visit schools in Nepal and food for meeting with university students | 134 |
| Gift payments to sponsored children while in Nepal | 410 |
| Total | 57,250 |

6. Fees

Fees are for website hosting and security, bank charges for transferring monies to Nepal and Bank charges in Nepal. Fees also include Public Liability Insurance and an annual Zoom subscription for online Trustee meetings.

7. Governance Costs

Governance costs include the cost of printing the Annual Report.

KIDS IN KATHMANDU NEPAL LTD
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

8. Administration Costs

These costs include postage, printing and stationery. There is also an amount of £4,168 for air fares to Nepal. These were initially paid from the KIKN account but were fully reimbursed as donations by the two Trustees.

9. Fundraising Costs

The main cost is for the hire of the quiz venue and quizmaster but also includes the renewal cost of a lottery licence with the local authority.

10. Debtors

The sum of £7,407 is the amount the charity expects to receive from HMRC from the Gift Aid reclaim for 2022.

11. Cash at Bank and In Hand

On 31 December 2022, there was a sum of £73,179 cash in our HSBC bank account, and we have a £20 cash float. £12,959 is held in our Redwood bank account. There was also a sum of £1,706 in the Bank of Kathmandu account. The £7,000 reserve is included in these sums.

12. Interest

Interest paid on the Redwood bank account was £959.

13. Unrestricted Funds

There are no restrictions on any of the expenditure of the donations and grants received, provided such expenditure complies with the Objects of the charity. The Reserve Fund of £7,000 is identified separately as an unrestricted Designated Fund.

14. Company Status and Corporation Tax

The company is limited by guarantee and does not have a share capital. The liability of the members, in the event of winding up, is limited to £10 each.

15. Corporation Tax

The Charitable Company submits a Corporation Tax return to HMRC, as and when requested. To date, as a registered charity, we have been exempted from any charges.

KIDS IN KATHMANDU NEPAL LTD
INDEPENDENT EXAMINER REPORT FOR THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2022

Independent examiner's report to the trustees of Kids in Kathmandu Nepal Ltd

I report on the accounts of the Kids in Kathmandu Nepal Ltd (Charity no 1142150), which are set out on pages 22-25, for the period ended 31 December 2022.

Respective responsibilities of trustees and examiner

The Charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me reasonable cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or the
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Name: Tracy Richardson

Relevant professional qualification or body: ACMA (Associate Member of Chartered Institute of Management Accountants)

Address: 85 Norman Road, Leytonstone, E11 4PY

Signature:



Date: 23rd April 2023

The Life Story of Rasmila, a Sponsored Young Woman Living at Save Lives Foundation

Rasmila Tamang



Namaste.

I was born in a small village in the Nuwakot district of Nepal. I was born into a family of 5 including myself. I was told that my mother struggled a lot while giving birth to me. Although I was told that I was an unwanted child, I don't know the truth yet. We used to live a normal life until my mother passed away and before we found out that our dad was not in good health. Our dad was suffering from chronic kidney failure and we didn't have enough money to treat him. I was pretty immature, so I didn't know the consequences, but later I found out that it was impossible to recover from kidney failure unless you perform a transplant and it was not possible for our family to do so.

I used to live in a small village in a small house with my sisters, but one of my sisters escaped from the house so as to earn money for herself, and live her own life. Then my second sister was responsible for all the household and for looking after me and my father. She was a tough fighter. She used to do all work herself and I used to go to school. I was not a good student at that time, and I used to roam around and make excuses not to attend school, and give hard time to my sister and father.

As I mentioned before, I was not so considerate about anything at that age. I was carefree. After my mother passed away my life changed drastically. Father couldn't support me with my studies and expenses. I was transferred to my mother's sister's house so that I could continue my studies, but I was not that good, so I couldn't continue studying. To sum up, I was not a good student. My mother's sister somehow found out about Save Lives Foundation where I am staying now.

My life changed after I came here. At first I was not willing to come here because I didn't want to leave my village, my friends over there and my family, but now I think about that and tell myself I would have regretted not coming here. My mother's sister came to drop me off here. The first day I came here, mom (Uma Mathema) as well as all my brothers and sisters were preparing to cook Momo (a Nepalese dish like dumplings).

I remember how dirty and shabby I looked when I arrived here. My nose was running, and my hair was long and dirty. After a few days I went to the barber and had my hair cut for the first time. After that we went to a school for my admission, but there came another problem. The school was not ready to admit me into grade 3 because of my poor English. My mom tried her best and got me admitted in grade 3. It was hard for me, as well, because I was not as good at study as my friends, and my English was very poor. At that time, we had a home tutor who used to teach us all the subjects and she used to teach English to me. I tried my best at learning and writing English and my brothers and sisters also used to help me. I got my first result and it was good enough, so mom was very pleased with me.

After that I tried my best to keep up the good grades. I was doing well with my studies. Everyone around me was happy. We used to meet many volunteers (at Save Lives Foundation) who were fun-loving, and we used to sing, dance, and even do fashion shows while we were young. This doesn't happen nowadays because we are all grownup, as well as being busy with our studies.

As the days went by my life began to change and I had a dream to pursue. From the early days of my school life my dream was to be a nurse. I used to tell mom and Lai See didi that I wanted to become a nurse when I grew up. Most of the memorable days of my school life was having fun with my friends

and having plenty of time to play with brothers, sisters and mom, as well as volunteers. They were fun to be around. We used to enjoy their company.

As the days went by, we were busy doing homework and studying for unit tests so didn't get time to play with each other. My school life was going to end, and I must say it was one of the best memories I had. We used to go to early morning classes, come back for lunch, and then restart the regular classes. Oh, and I remember that all the classes got punished for not answering the questions, and the punishment was to stand on the school ground facing the wall which was quite hard at the time.

After completing grade 10, along with my brother I went to a nearby school (Neel Barahi School) for teaching (as a volunteer). Along with the teachers we used to handle the students, and teach them. The students were so naughty, and they used to make fun of me and didn't obey me. At that time, I knew how hard it was to be a teacher. I used to think that being teacher was an easy job, but from that experience I can tell that being teacher is one of the toughest jobs ever. I used to get throat pain shouting at the students, and once I nearly got sick. Although it was a tough job I enjoyed being around those students.

For +2 level (6th form) I took Sciences which was quite tough. The biology lab was fun because we used to dissect mice, earthworms and frogs. We learned so many new things while dissecting them. Our teacher used to tell us not to use any gloves and masks. I told mom about that, and she told me jokingly that she wouldn't let me touch anything at home if I didn't use them.

Along with my classmates, we all went to picnic once, and at that time many got lost in the area, and mom told me not to walk around by myself. She cares about everything we do. She is such a caring mom.

After completing my +2 level I was planning to study to be a dental assistant in Japan, which was going to be sponsored by one of uncle's friends (uncle is a friend of Uma Mathema). For that I needed to study Japanese language. I studied Japanese language for about 3 months and after that we were not sure if they were really going to sponsor me. They used to change their criteria and make excuses. So mom and I thought that it was better to continue study further in Nepal than wasting time. We began to search for courses for my graduation as well as the colleges, but we were late. My plan was totally ruined by the dental assistant thing. I didn't have enough time to prepare for my entrance exam which was one of the most important decisions of my life. As I didn't have enough time, I could not do the entrance examination for all subjects – Pharmaceutical Science, Radiology, Lab Technician, Public Health and other courses. Asking around, it was best to study Pharmaceutical Science rather than other subjects, so I decided to study that subject at university.

It was a tough decision to make. I did my entrance for both private university and government university. Unfortunately, I didn't pass the entrance examination for the government university, so I chose the college for which I had passed. The university in which I passed my entrance examination was very expensive. My mom and I were very upset, because it was very expensive to study pharmaceutical science. Lai See didi was in Kathmandu at that time and she was the biggest support to mom and me. She told us not to worry about the expenses and study the subject that I wanted to study. She helped us go through that difficult time.

I started my Bachelor level in Pharmaceutical Science, as Lai See didi and KIKN promised to support my education. I have seen KIKN helping many students to achieve their dream. I made many new friends and they were fun to be around, and kind as well. As the days went by my semester-end examination was about to start but then this dangerous coronavirus spread out to the whole world. We needed to stay home for our safety. The examination was cancelled for a good reason, but for the students like me, we lost a year. It was very dangerous going out so we stayed home, and took our classes through online study. It was not that hard for us to stay home because we got everything we needed. Mom used to provide us with the necessities.

But to think of the others who used to earn money on daily basis, it was the worse situation for them. They couldn't even have one meal a day. Coronavirus made many people jobless in Nepal. All the people struggled to survive. The situation in Nepal was getting worse so there was no chance of

examination for a while. After the situation settled down a little in Nepal, our examination took place taking all the safety measures. After finishing the examinations, our college reopened so we took classes physically. But after one month the situation got worse again, so Nepal had to apply lockdown again. We are stuck at home taking online classes.

To sum up about my life till now, there were many ups and down. I had made many mistakes, and I have learnt many things from those mistakes. I wish to learn more without doing any mistakes, but it is ok to learn from mistakes sometimes. Life is all about a mixture of happy days and sad days. I will go through all those days because there are many people supporting me to get through these days. My mom, brothers, sisters and Lai See didi have helped me and supported me, and one day I will make them all proud. I will try my best to become a woman like my mom and Lai See didi. whom I adore the most. The best is yet to be



The above account was written in early 2021. At the end of 2022, Rasmila was in the final graduation year of her Pharmaceutical Science degree course. Rasmila is also now a Trustee and Treasurer of Uma Mathema's Save Lives Foundation charity, and she supports Uma Mathema in dealing with KIKN operations in Kathmandu.

Rasmila, centre back row, with her Save Lives Foundation 'brothers & sisters', receiving sponsors letters – & with Uma Mathema and Janet Davies.

The Life Story of Rajkumar B Ka, a Sponsored Young Man Living in Riverside Slum Housing

Life is full of beautiful moments when we make it with our own struggle. It makes me very happy. My name is Rajkumar B.K. I live in Swoyambhu now. I am originally from Sarlahi district. The place is very green and peaceful, where we can find everything.

My mother's name is Kamali B.K. and my father's name is Gopal B.K. They both died 17 years ago. I was born into a poor family. I have my grandmother who is almost 80 years now. She had helped me in my difficulties. And she is still taking care of me. She has brought me up. She is my everything. Her name is Nangol Maya B.K. I love her very much because of her contribution to me. I will never forget her as long as I am alive. She still loves and takes care of me. I cannot live without her. Before moving to Kathmandu, I used to live in village with my grandmother, but my mother used to travel from her village to Kathmandu frequently. After that we moved to Kathmandu.



My journey starts from the slum where I have been staying since I was 14 years of age. The slum is located at Swoyambhu on the bank of Drain River. It is very difficult to stay there during rainy season because of the heavy rainfall.

KIDS IN KATHMANDU NEPAL LTD

TRUSTEES' REPORT 2022

APPENDIX A – CASE STUDIES

I have been victimised from the day we started to live there. From the day we moved to that place I could not concentrate in my studies. As a result, I started to get poor marks. But one day Jana Sudhar School offered me a good education. From the moment I began my school life, I worked hard. I also worked in the fields while I was studying at Jana Sudhar School.

When I was in class 2, I got a scholarship from Uma Mam. (Uma Mathema), the person who has helped me since I was in class 2, and who is really kind and loveable.

I always had good grades and stood first in the class. Since, Jana Sudhar School only provides education up to grade 8, after finishing my 8th grade, I joined Neel Barahi School and continued my further education. From that time, I was connected with Lai See Mam (Lai See Chew) from Kids in Kathmandu Nepal.

Neel Barahi School provides higher level education of different faculties. I finished my higher education and then joined Janamaitri campus for my Bachelors level degree. My major is English and I'm working hard to get good grades. I try to grab every opportunity life throws. I also have a job and I'm managing both my work and study. I hope my dream to be an English teacher comes true.

There are many people who I adore and respect. I'm really thankful to Uma Mam and Lai See mam; They are a great inspiration and will always be people I respect. I thank them for everything and wish to do great things in my life just like them. Thank you, Thank you for everything. One day I also want to give back to society. Love to everyone.

Rajkumar's account was written at the end of 2022.



Left: Rajkumar in his family home with his grandmother & a cousin.

Below: Rajkumar in the alleyway along the Drain River, outside his home.



Stephen Smith and Janet Davies visited his slum house during their visit to Kathmandu in November 2022. At that time Rajkumar was earning some money by acting as a guide at the Swayambhunath Temple (known as the Monkey Temple, in view of the many large monkeys that inhabit the site), and which is very close to where he lives. He relies on donations from those to whom he gives guided tours.

Rajkumar speaks good English, and he gave Stephen Smith and Janet Davies an excellent tour of the various Swayambhunath Temple buildings and extensive grounds following their visit to his family home.

Shree Lubhoo Secondary School



Seven of the eight KIKN sponsored young women from Lubhoo School, with the Principal, Prabha Laxmi Amatya. They are holding the letters from their sponsors.

The missing pupil was still away with her family at the end of the Dashain festival.

Chief Officer, Stephen Smith, receiving a 'Thank You' gift to KIKN from the Chair of Lubhoo School (with Uma Mathema to his right).



Letter of appreciation for the support that KIKN provides to Lubhoo School.



Breakfast Club (Tiffin) at Lubhoo School.

The children are being given eggs. One of KIKN's breakfast club specifications is for protein to be included in the menus, as families can rarely afford to buy food that contains adequate protein for their children.



Below – nursery class furniture provided by KIKN for Lubhoo School



Zinc House for the Family of Nita Pariyar's Family – Funded by KIKN



Left shows the zinc house when completed early 2022 – Nita with her mother.

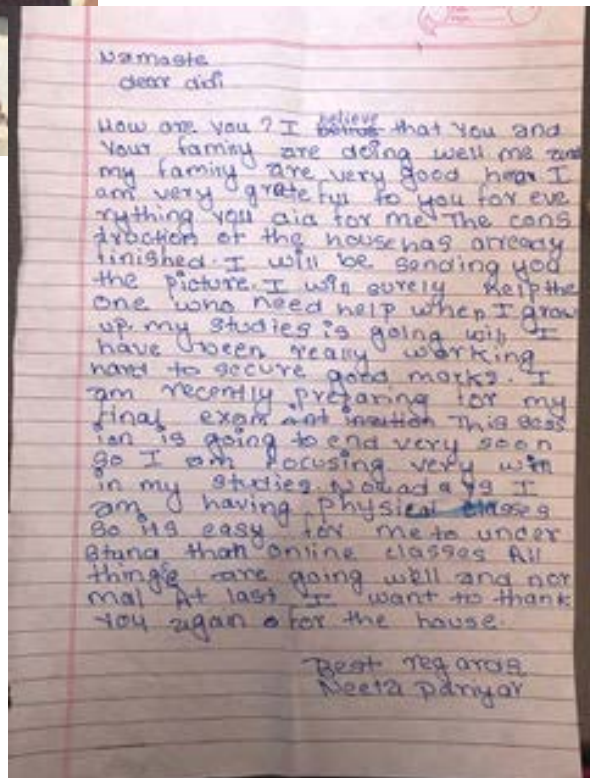
Nita attends Lubhoo School, and is a young person sponsored by KIKN.



Left and above shows the zinc house & the surrounding area in November 2022.



Right – Nita's thank you letter to KIKN after the zinc house had been built for her family.



Nepal Adarsha Secondary School



Nursery Class teacher observing a pupil learning English words from the alphabet.



A very young pupil with her older sister, waiting for her nursery class to start (see her on right in top nursery class picture).

Neel Barahi Higher Secondary School



School buildings under renovation, with earthquake-proofing. The playground is a construction site area.



A plaque presented to KIKN as thanks for our support to the school since 2011.



Zinc Temporary Classroom
Block at Neel Barahi School



One of 10 temporary classrooms within the zinc building, in use during the school's rebuilding programme.

Example of nursery class furniture provided by KIKN for Neel Barahi & Nepal Adarsha Schools during 2022.



Shree Buddha Secondary School



Nursery class at Buddha School.

Below – Buddha School twins in 2022, in nursery class, and left in 2019 when only 18 months old.



Breakfast club (tiffin) taken by nursery class pupils in Buddha School playground – funded by KIKN.

Buddha School nurse, with poster for girl's girls' personal health day.



Inclusive Class at Buddha School.



Left –

Right – Teaching staff at Buddha School.

All women teachers at Government Schools wear pink traditional dress.

Shree Ishwor Adharbhot School

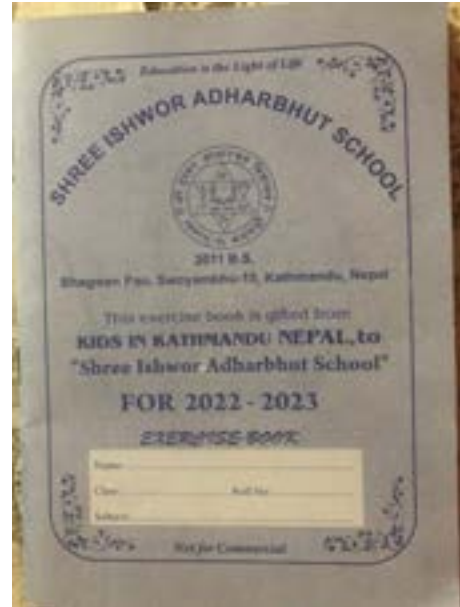


Right – a classroom at Ishwor School

Below – Ishwor pupils wearing winter coats funded by KIKN in December 2022. All 130 children received a new winter coat.

Below – School books provided to Ishwor School by KIKN.





Preparation of Tiffin at Ishwor School

Breakfast club funded by KIKN.





Ishwor School is a basic primary school, in an impoverished district of Kathmandu. The buildings are in a poor state of repair, with no glass in the classroom windows. The headmaster would like to increase the size of, and improve the school infrastructure, but there is no room on the site for expansion.

Open Day at Save Lives Foundation – November 2022



Stephen Smith, Chief Officer, and Janet Davies, Trustee, at Save Lives Foundation with 18 young people who are currently sponsored at university or school, and with two KIKN graduates.



Above & left – Uma Mathema with KIKN sponsored school and university students.