

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 January 2023
for
Neuro Drop In Centre

Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

Neuro Drop In Centre

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for the Year Ended 31 January 2023

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Neuro Drop In Centre

Report of the Trustees for the Year Ended 31 January 2023

The trustees present their report with the financial statements of the charity for the year ended 31 January 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the Charity are as follows:

To provide relief of sickness, preservation and support to individuals, and their families, who are affected by neurological conditions such as:

MS, Parkinsons, ME, Stoke, Epilepsy, Motor Neurones, MG, Huntingtons etc.

Significant activities

Offering information and support to those affected by neuro illness, the provision of a drop in centre supporting the neuro community with facilities for recreation and relief in and around the Lancaster area.

Promoting and inviting the wider public to join in at fundraising events, thereby raising awareness and demonstrating community inclusivity.

Public benefit

The Trustees comply with the Charity Commissioners guidance on ensuring the operate for the benefit of the public by offering a one stop drop in centre for people affected by Neurological conditions.

The Trustees have paid due regard to guidance issued by the Charity Commission in relation to activities for the public benefit in deciding what activities the Charity should undertake.

Volunteers

Volunteers are vital to the continued growth, development and success of the Charity and their contributions are greatly appreciated.

Neuro Drop In Centre

Report of the Trustees for the Year Ended 31 January 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities

This period saw our small team of staff and our growing number of volunteers successfully move us from The Vale of Lune Rugby Club to a rented space at Torrisholme Methodist Church. We continue to offer services that include seated classes : Neuro Fitness exercise, Yoga, Somatic Dance Movement with Dr Mel , Mindfulness, Art for Wellbeing and Singing for Wellbeing.

Initially whilst numbers were low as we all got used to the new space and there are unfortunately still some people who feel uncomfortable in a church environment and have stayed away or choose not to stay for social interaction post class activity we have recorded an increase in numbers and regularly welcome and support around 30 people per day.

Having established partnerships with University of Cumbria we have welcomed several second and final year OT student placement groups and plan to continue this , the relationship to date has worked well for us and as a result of the students active involvement they have developed activities we are able to carry forward such as Silent Music Quiz which makes further great use of the technology we purchased to assist with noise abatement during sessions whilst we were at The Vale with a single room. With placements from Cumbria University we will at some point receive a small but regular stipend from Educate England and look on this as an investment in people, a positive for Neuro DropIn and an opportunity to influence role emerging students.

We were delighted to pick up first prize with our Health and Wellbeing collage in the Annual Bay Health Festival 2022 and plan to submit an entry in 2023. Participating in the competition is important to our membership and we are aiming in 2023 to include as many of our members, their families and carers in the project as possible and in an effort to raise awareness and knowledge of our services will host a day event at our current site offering taster sessions in many of the activities and classes we hold regularly.

Working in partnership with L & M College we are welcoming students studying elements of Health and Wellbeing on placement and as a result of successful placements one student hoping to qualify as a physiotherapist has continued to volunteer one day a week. We have built on our relationship with Lancaster University and will offer placement to three interns over the summer of 2023 and embark on a PhD partnership with a student towards the end of 2023.

Our Big Lottery Community three year Remain and Sustain funding project came to an end in 2022 , the project whilst a success in terms of delivering above and beyond what we were scheduled to deliver , suffered in terms of revenue a result of the pandemic and the gentle but slow return to full options as a group. We will be applying for a further grant fund in early 2023.

We continue to build strong working relationships with our NHS partners inc GP services, ICC, the Stroke Assoc, and local level befriending services .

In the summer of 2022 and in a response to increasing concerns around cost of living we made a decision as an organisation to offer a Warm Space to include a hot meal each day for attendees , the project we had in mind was supported by very successful bid application we made to the UK Population Health Fund and as a result of this funding we have operated a free lunch programme, additional activities including crafts and a Community Pantry which is ongoing .

We were able to offer our members a Christmas Lunch with entertainment which was well received and have begun to hold regular fundraising events such as Bingo nights, coffee mornings. It was confirmed on Dec 2022 that we had successfully won a funding bid with National Lottery worth £250,000 and directed at staffing costs, whilst this funding is incredibly valuable to us we will be seeking funding elsewhere to cover cost of additional staff.

We continue to offer support to people who are unable to get to us due to deterioration of their condition during lockdown , loss of loved ones; reliance on carers, inadequate transport facilities locally and loss of confidence have impacted . We are currently for example supporting one family who told our volunteer Health and Welfare officer ' you are the only people we trust, you listen and you offer good advice and supports' . We regularly support an average of 12 people out of hours which is currently managed by two volunteers however this number at its peak in November 2022 was 15 and 3 of those are now regular service users.

Neuro Drop In Centre

Report of the Trustees for the Year Ended 31 January 2023

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

We successfully hosted a Christmas Lunch with entertainment which was well received and have begun to hold regular fundraising events such as Bingo nights, coffee mornings.

We also successfully won a funding bid with National Lottery worth £250,000 and directed at staffing costs, whilst this funding is incredibly valuable to us we will be seeking funding elsewhere to cover cost of additional staff.

Internal and external factors

There are certainly peaks and troughs in numbers and our service users remain anxious about Covid however we see between 75 and 90 service users per week accessing sessions such as Art for Wellbeing, Talking Therapy, Yoga, Mindfulness and referrals are averaging 3 per week with some weeks (which generally coincide with ICC meetings) rising by 20% we will also have on average 4/5 new people weekly who may drop in to observe and think about whether what we offer is for them.

We continue to adapt to support our members and offer them the support they need.

We understand that whilst we no longer have a home of our own and must strive to make that happen, we can do it because we have demonstrated that through adversity and change we have grown, we have been innovative, we have done new things and adapted to what has happened around us so that we have remained relevant and we will sustain with help.

FINANCIAL REVIEW

Reserves policy

The trustees aim to hold reserves equivalent to 6 months running costs, to which we have been successful in this year.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustees therefore continue to adopt the going concern basis of accounting in preparation of the accounts.

FUTURE PLANS

The trustees have the following plans for 2023/24:

- source a practical, accessible and safe venue to operate from either as a regular consistent or permanent home
- hold social events for members and families
- build partnering and sponsorship relationships in the community
- continue to people lead and work with our service users to deliver what they want and need

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

Power to appoint new trustees rests with the continuing trustees under section 36 of the Trustee Act 1925.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1142148

Principal address

8 Endsleigh Grove
Lancaster
LA1 2TX

Neuro Drop In Centre

Report of the Trustees
for the Year Ended 31 January 2023

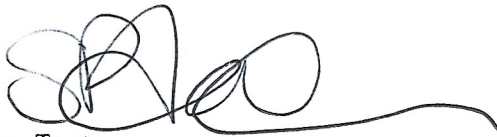
Trustees

Mrs P S Preston
Mrs R Gibson (resigned 31.7.23)
C A Haywood (resigned 31.8.22)
Mrs S P Jackson
Dr M Towell (resigned 30.6.22)
G Bradshaw (appointed 1.9.22)
L Hodder (appointed 1.9.22)
A G Reilly (appointed 1.9.22)
Dr L Higgins (appointed 1.7.23)

Independent Examiner

Miss Charlotte Aldcroft
Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

Approved by order of the board of trustees on 27 October 2023 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'S P Jackson', with a long horizontal flourish extending to the right.

Mrs S P Jackson - Trustee

Independent Examiner's Report to the Trustees of
Neuro Drop In Centre

Independent examiner's report to the trustees of Neuro Drop In Centre

I report to the charity trustees on my examination of the accounts of Neuro Drop In Centre (the Trust) for the year ended 31 January 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miss Charlotte Aldcroft

Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

27 October 2023

Neuro Drop In Centre

Statement of Financial Activities
for the Year Ended 31 January 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		7,856	201	8,057	8,666
Charitable activities					
Charitable Activities		-	58,591	58,591	42,258
Other trading activities	2	15,363	-	15,363	17,193
Total		<u>23,219</u>	<u>58,792</u>	<u>82,011</u>	<u>68,117</u>
EXPENDITURE ON					
Raising funds		53,224	-	53,224	3,039
Charitable activities					
Charitable Activities		485	-	485	18,872
Other		-	39,495	39,495	62,063
Total		<u>53,709</u>	<u>39,495</u>	<u>93,204</u>	<u>83,974</u>
NET INCOME/(EXPENDITURE)		(30,490)	19,297	(11,193)	(15,857)
RECONCILIATION OF FUNDS					
Total funds brought forward		56,458	235	56,693	72,550
TOTAL FUNDS CARRIED FORWARD		<u>25,968</u>	<u>19,532</u>	<u>45,500</u>	<u>56,693</u>

The notes form part of these financial statements

Neuro Drop In Centre

Balance Sheet
31 January 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	6	1,021	-	1,021	427
CURRENT ASSETS					
Cash at bank		25,891	23,780	49,671	57,778
CREDITORS					
Amounts falling due within one year	7	(944)	(4,248)	(5,192)	(1,512)
NET CURRENT ASSETS		<u>24,947</u>	<u>19,532</u>	<u>44,479</u>	<u>56,266</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>25,968</u>	<u>19,532</u>	<u>45,500</u>	<u>56,693</u>
NET ASSETS		<u>25,968</u>	<u>19,532</u>	<u>45,500</u>	<u>56,693</u>
FUNDS	9				
Unrestricted funds				25,968	56,458
Restricted funds:					
Mobility Fund				775	852
National Lottery Community Fund				-	(69)
Walney Extension Community Fund				-	(548)
PHIF				1,607	-
TNL 20208259				21,398	-
Walney EXT ORS 2021-4284				(4,248)	-
				<u>19,532</u>	<u>235</u>
TOTAL FUNDS				<u>45,500</u>	<u>56,693</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 27 October 2023 and were signed on its behalf by:



S P Jackson - Trustee



L Hodder - Trustee

The notes form part of these financial statements

Neuro Drop In Centre

Notes to the Financial Statements for the Year Ended 31 January 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The accounts have been prepared in accordance with applicable accounting standards, the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations, but which has since been withdrawn.

The accounts have been prepared on the cash basis.

Income

All income is recognised in the accounts on the cash basis.

Expenditure

All expenditure is recognised in the accounts on the cash basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 25% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising events	-	4,289
Activities for generating Fund	15,363	12,904
	<u>15,363</u>	<u>17,193</u>

Neuro Drop In Centre

Notes to the Financial Statements - continued
for the Year Ended 31 January 2023

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 January 2023 nor for the year ended 31 January 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 January 2023 nor for the year ended 31 January 2022.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Centre staff	4	4
	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	8,665	1	8,666
Charitable activities			
Charitable Activities	2,729	39,529	42,258
Other trading activities	17,193	-	17,193
Total	<u>28,587</u>	<u>39,530</u>	<u>68,117</u>
EXPENDITURE ON			
Raising funds	3,039	-	3,039
Charitable activities			
Charitable Activities	18,872	-	18,872
Other	-	62,063	62,063
Total	<u>21,911</u>	<u>62,063</u>	<u>83,974</u>
NET INCOME/(EXPENDITURE)	6,676	(22,533)	(15,857)
RECONCILIATION OF FUNDS			
Total funds brought forward	49,782	22,768	72,550
TOTAL FUNDS CARRIED FORWARD	<u>56,458</u>	<u>235</u>	<u>56,693</u>

Neuro Drop In Centre

Notes to the Financial Statements - continued
for the Year Ended 31 January 2023

6. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 February 2022	569
Additions	982
	<hr/>
At 31 January 2023	1,551
	<hr/>
DEPRECIATION	
At 1 February 2022	142
Charge for year	388
	<hr/>
At 31 January 2023	530
	<hr/>
NET BOOK VALUE	
At 31 January 2023	1,021
	<hr/> <hr/>
At 31 January 2022	427
	<hr/> <hr/>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Bank loans and overdrafts (see note 8)	4,248	617
Taxation and social security	733	797
Other creditors	211	98
	<hr/>	<hr/>
	5,192	1,512
	<hr/> <hr/>	<hr/> <hr/>

8. LOANS

An analysis of the maturity of loans is given below:

	2023	2022
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	4,248	617
	<hr/> <hr/>	<hr/> <hr/>

Neuro Drop In Centre

Notes to the Financial Statements - continued
for the Year Ended 31 January 2023

9. MOVEMENT IN FUNDS

	At 1.2.22 £	Net movement in funds £	At 31.1.23 £
Unrestricted funds			
General fund	56,458	(30,490)	25,968
Restricted funds			
Mobility Fund	852	(77)	775
National Lottery Community Fund	(69)	69	-
Walney Extension Community Fund	(548)	548	-
PHIF	-	1,607	1,607
TNL 20208259	-	21,398	21,398
Walney EXT ORS 2021-4284	-	(4,248)	(4,248)
	<u>235</u>	<u>19,297</u>	<u>19,532</u>
TOTAL FUNDS	<u><u>56,693</u></u>	<u><u>(11,193)</u></u>	<u><u>45,500</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	23,219	(53,709)	(30,490)
Restricted funds			
Mobility Fund	1	(78)	(77)
National Lottery Community Fund	11,523	(11,454)	69
Walney Extension Community Fund	548	-	548
PHIF	12,344	(10,737)	1,607
TNL 20208259	25,000	(3,602)	21,398
Walney EXT ORS 2021-4284	9,376	(13,624)	(4,248)
	<u>58,792</u>	<u>(39,495)</u>	<u>19,297</u>
TOTAL FUNDS	<u><u>82,011</u></u>	<u><u>(93,204)</u></u>	<u><u>(11,193)</u></u>

Neuro Drop In Centre

Notes to the Financial Statements - continued
for the Year Ended 31 January 2023

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.2.21 £	Net movement in funds £	At 31.1.22 £
Unrestricted funds			
General fund	49,782	6,676	56,458
Restricted funds			
Mobility Fund	-	852	852
National Lottery Community Fund	348	(417)	(69)
Walney Extension Community Fund	2,267	(2,815)	(548)
Uplift Fund	345	(345)	-
Covid Response Fund	11,556	(11,556)	-
CAF Resilience Fund	8,087	(8,087)	-
LCC Restricted	165	(165)	-
	<u>22,768</u>	<u>(22,533)</u>	<u>235</u>
TOTAL FUNDS	<u>72,550</u>	<u>(15,857)</u>	<u>56,693</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	28,587	(21,911)	6,676
Restricted funds			
Mobility Fund	1,000	(148)	852
National Lottery Community Fund	23,477	(23,894)	(417)
Walney Extension Community Fund	15,053	(17,868)	(2,815)
Uplift Fund	-	(345)	(345)
Covid Response Fund	-	(11,556)	(11,556)
CAF Resilience Fund	-	(8,087)	(8,087)
LCC Restricted	-	(165)	(165)
	<u>39,530</u>	<u>(62,063)</u>	<u>(22,533)</u>
TOTAL FUNDS	<u>68,117</u>	<u>(83,974)</u>	<u>(15,857)</u>

Neuro Drop In Centre

Notes to the Financial Statements - continued
for the Year Ended 31 January 2023

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2023.

Neuro Drop In Centre

Detailed Statement of Financial Activities
for the Year Ended 31 January 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	8,057	8,666
Other trading activities		
Fundraising events	-	4,289
Activities for generating Fund	15,363	12,904
	<hr/> 15,363	<hr/> 17,193
Charitable activities		
Grants	58,591	42,258
Total incoming resources	82,011	68,117
EXPENDITURE		
Raising donations and legacies		
Cost of generating Funds	3,418	3,039
Charitable activities		
Charitable Activities	485	1,034
Other		
Restricted Funds expenses	39,495	62,063
Support costs		
Management		
Wages	27,476	10,300
Centre running costs	21,942	7,396
	<hr/> 49,418	<hr/> 17,696
Other		
Computer equipment	388	142
Total resources expended	93,204	83,974
Net expenditure	<hr/> (11,193) <hr/>	<hr/> (15,857) <hr/>

This page does not form part of the statutory financial statements







NEUR003 - Signed Accounts 2022-2023

Final Audit Report

2023-11-27

Created:	2023-11-27
By:	Mike Haywood (mike@haywoodaccountants.co.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAAflkcZ8qQIWrlOpNz5XM5pp9kiHfvYVZM

"NEUR003 - Signed Accounts 2022-2023" History

-  Document created by Mike Haywood (mike@haywoodaccountants.co.uk)
2023-11-27 - 1:29:02 PM GMT- IP address: 157.231.53.154
-  Document emailed to haywoodsca@gmail.com for signature
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-  Signer haywoodsca@gmail.com entered name at signing as C Aldcroft
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-  Document e-signed by C Aldcroft (haywoodsca@gmail.com)
Signature Date: 2023-11-27 - 1:32:34 PM GMT - Time Source: server- IP address: 157.231.53.154
-  Agreement completed.
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