

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 January 2022
for
Neuro Drop In Centre

Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

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for the Year Ended 31 January 2022

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Neuro Drop In Centre

Report of the Trustees for the Year Ended 31 January 2022

The trustees present their report with the financial statements of the charity for the year ended 31 January 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the Charity are as follows:

To provide relief of sickness, preservation and support to individuals, and their families, who are affected by neurological conditions such as:

MS, Parkinsons, ME, Stoke, Epilepsy, Motor Neurones, MG, Huntingtons etc.

Significant activities

Offering information and support to those affected by neuro illness, the provision of a drop in centre supporting the neuro community with facilities for recreation and relief in and around the Lancaster area.

Promoting and inviting the wider public to join in at fundraising events, thereby raising awareness and demonstrating community inclusivity.

Public benefit

The Trustees comply with the Charity Commissioners guidance on ensuring the operate for the benefit of the public by offering a one stop drop in centre for people affected by Neurological conditions.

The Trustees have paid due regard to guidance issued by the Charity Commission in relation to activities for the public benefit in deciding what activities the Charity should undertake.

Volunteers

Volunteers are vital to the continued growth, development and success of the Charity and their contributions are greatly appreciated.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

This period saw our small team of staff and our growing number of volunteers successfully move us from an office space we rented in Lancaster and settle us temporarily into rented space at The Vale of Lune Rugby Club from where for a short time in the Autumn of 2020 we had offered covid-19 restricted coffee morning meets for regular service users.

Whilst at the Vale between September 21 to December 21 we were able to reintroduce face to face services for our members and we approached this steadily with an offering of a new programme Re-set Neuro Fitness which we offered once a week over three days and which included seated: Yoga, Somatic Dance Movement with Dr Mel for example.

We soon realised that in a single use room for all it was impossible to offer mindfulness or yoga efficiently and although we found a solution which helped (headsets audio controlled by practitioner) this wasn't ideal and in December 2021 we moved to new rented space at Torrisholme Methodist Church.

Initially numbers were low as we all got used to the new space and there are unfortunately still some people who feel uncomfortable in a church environment and have stayed away or choose not to stay for social interaction post class activity which is disappointing as they do miss out on peer support and we are doing our best to address this.

Since the move however we are now including Art for Wellbeing, Talking Therapy and Indoor Seated Boules for our members.

2021 also marked the final year of our three-year Big Lottery Community Fund grant and we plan to continue working towards further funding.

We saw an increase in take up of regular members during lockdown of 27% a good number we are happy to be welcoming and that we have built on as a result of stronger working partnerships we have developed during lockdown etc with GP services, ICC, Stroke Assoc, and local level befriending services.

Unfortunately Covid and now new variants has and continues to impact us (we were forced to pull out of the Bay Health Festival which was frustrating especially as our group picked up a first prize for collage comp in category!)

There are certainly peaks and troughs in numbers however we see between 42 and 55 service users per week accessing sessions such as Art for Wellbeing, Talking Therapy, Yoga, Mindfulness and referrals are averaging 5 per week with some weeks (which generally coincide with ICC meetings) rising by 20% we will also have on average 4 new people who may DropIn to observe and think about whether what we offer is for them.

We continue to offer support to people who are unable to get to us due to deterioration of their condition during lockdown, loss of loved ones; reliance on carers, inadequate transport facilities locally and loss of confidence have impacted.

We are currently for example supporting one family who told our volunteer Health and Welfare officer 'you are the only people we trust to hear what we say and help us.. thank you'.

In total currently we have 15 people needing out of hours support which is currently managed by two volunteers however this number at its peak in September was 23 and 5 of those are now regular service users.

We have established a partnership with Cumbria University and in July completed our first 8-week placement for 3 students which has helped us develop our programme of Brain Circuits with the students' consulting users, deciding on an activity for all, implementing it and presenting in their final week.

Being actively involved with developing learning paths and helping students access members classes has made a difference to their understanding of Neuro conditions.

Neuro Drop In Centre

Report of the Trustees for the Year Ended 31 January 2022

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

Fundraising has and remains a challenge with limited opportunity and our reluctance to rent expensive venues (there are restrictions at the Church which we respect but which prevent us doing certain types of fundraising such as Bingo nights.)

We successfully hosted a community Jubilee Garden Party which was a great way to draw in the wider community and yielded two new volunteers and a generous supporter.

Although a modest amount there is funding available for organisations who embark on placements through Cumbria University and we are delighted by this however we understand from the University that funding payments from Educate Health England are currently running 18 months behind which is frustrating but we feel is good for us and an investment for our future.

Internal and external factors

Unfortunately, the restrictions put in place over the previous years due to Covid-19 followed us into this year and combined with the move from our centre in September 2020 there has been a significant impact on the activities of the Charity.

We continue to adapt to support our members and offer them the support they need.

We understand that whilst we no longer have a home of our own and must strive to make that happen, we can do it because we have demonstrated that through adversity and change we have grown, we have been innovative, we have done new things and adapted to what has happened around us so that we have remained relevant and we will sustain with help.

FINANCIAL REVIEW

Reserves policy

The trustees aim to hold reserves equivalent to 6 months running costs, to which we have been successful in this year.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustees therefore continue to adopt the going concern basis of accounting in preparation of the accounts.

FUTURE PLANS

The trustees have the following plans for 2022/23:

- source a practical, accessible and safe venue to operate from either as a regular consistent or permanent home
- hold social events for members and families
- build partnering and sponsorship relationships in the community
- develop an out of hours support programme

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

Power to appoint new trustees rests with the continuing trustees under section 36 of the Trustee Act 1925.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1142148

Principal address

8 Endsleigh Grove
Lancaster
LA1 2TX

Neuro Drop In Centre

Report of the Trustees
for the Year Ended 31 January 2022

Trustees

Mrs P S Preston
Mrs R Gibson
C A Haywood (resigned 31.8.22)
Mrs S P Jackson
Dr M Towell (resigned 30.6.22)
G Bradshaw (appointed 1.9.22)
L Hodder (appointed 1.9.22)
A G Reilly (appointed 1.9.22)

Independent Examiner

Miss Charlotte Aldcroft
ACA CTA
Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

Approved by order of the board of trustees on 16 September 2022 and signed on its behalf by:

Mrs S P Jackson - Trustee

A handwritten signature in black ink, appearing to be 'SPJ', with a long, sweeping horizontal line extending to the right.

Independent Examiner's Report to the Trustees of
Neuro Drop In Centre

Independent examiner's report to the trustees of Neuro Drop In Centre

I report to the charity trustees on my examination of the accounts of Neuro Drop In Centre (the Trust) for the year ended 31 January 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miss Charlotte Aldcroft
ACA CTA
Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

16 September 2022

Neuro Drop In Centre

Statement of Financial Activities
for the Year Ended 31 January 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		8,665	1	8,666	20,052
Charitable activities					
Charitable Activities		2,729	39,529	42,258	113,209
Other trading activities	2	17,193	-	17,193	22,535
Other income		-	-	-	6,604
Total		28,587	39,530	68,117	162,400
EXPENDITURE ON					
Raising funds		3,039	-	3,039	3,599
Charitable activities					
Charitable Activities		18,872	-	18,872	9,020
Other		-	62,063	62,063	96,602
Total		21,911	62,063	83,974	109,221
NET INCOME/(EXPENDITURE)		6,676	(22,533)	(15,857)	53,179
RECONCILIATION OF FUNDS					
Total funds brought forward		49,782	22,768	72,550	19,371
TOTAL FUNDS CARRIED FORWARD		56,458	235	56,693	72,550

Neuro Drop In Centre

Balance Sheet
31 January 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	6	427	-	427	-
CURRENT ASSETS					
Cash at bank		56,926	852	57,778	72,825
CREDITORS					
Amounts falling due within one year	7	(895)	(617)	(1,512)	(275)
NET CURRENT ASSETS		<u>56,031</u>	<u>235</u>	<u>56,266</u>	<u>72,550</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		56,458	235	56,693	72,550
NET ASSETS		<u>56,458</u>	<u>235</u>	<u>56,693</u>	<u>72,550</u>
FUNDS	9				
Unrestricted funds					
Restricted funds:					
Mobility Fund				852	-
National Lottery Community Fund				(69)	348
Walney Extension Community Fund				(548)	2,267
Uplift Fund				-	345
Covid Response Fund				-	11,556
CAF Resilience Fund				-	8,087
LCC Restricted				-	165
				<u>235</u>	<u>22,768</u>
TOTAL FUNDS				<u>56,693</u>	<u>72,550</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 16 September 2022 and were signed on its behalf by:



S P Jackson - Trustee



R Gibson - Trustee

Notes to the Financial Statements
for the Year Ended 31 January 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The accounts have been prepared in accordance with applicable accounting standards, the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations, but which has since been withdrawn.

The accounts have been prepared on the cash basis.

Income

All income is recognised in the accounts on the cash basis.

Expenditure

All expenditure is recognised in the accounts on the cash basis.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 25% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. OTHER TRADING ACTIVITIES

Fundraising events

Activities for generating Fund

	2022	2021
	£	£
	4,289	4,424
	12,904	18,111
	<u>17,193</u>	<u>22,535</u>

Notes to the Financial Statements - continued
for the Year Ended 31 January 2022

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 January 2022 nor for the year ended 31 January 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 January 2022 nor for the year ended 31 January 2021.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

Centre staff	2022	2021
	<u>4</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	20,052	-	20,052
Charitable activities			
Charitable Activities	-	113,209	113,209
Other trading activities	22,535	-	22,535
Other income	<u>6,604</u>	<u>-</u>	<u>6,604</u>
Total	<u>49,191</u>	<u>113,209</u>	<u>162,400</u>

EXPENDITURE ON

Raising funds	3,599	-	3,599
Charitable activities			
Charitable Activities	9,020	-	9,020
Other	<u>-</u>	<u>96,602</u>	<u>96,602</u>
Total	<u>12,619</u>	<u>96,602</u>	<u>109,221</u>
NET INCOME	<u>36,572</u>	<u>16,607</u>	<u>53,179</u>

RECONCILIATION OF FUNDS

Total funds brought forward	13,210	6,161	19,371
TOTAL FUNDS CARRIED FORWARD	<u>49,782</u>	<u>22,768</u>	<u>72,550</u>

Notes to the Financial Statements - continued
for the Year Ended 31 January 2022

6. TANGIBLE FIXED ASSETS

COST			
Additions			Computer equipment £
			569
DEPRECIATION			
Charge for year			142
NET BOOK VALUE			
At 31 January 2022			427
At 31 January 2021			-

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Bank loans and overdrafts (see note 8)	617	-
Taxation and social security	797	150
Other creditors	98	125
	1,512	275

8. LOANS

An analysis of the maturity of loans is given below:

Amounts falling due within one year on demand:
Bank overdrafts

2022	2021
£	£
617	-

9. MOVEMENT IN FUNDS

	At 1.2.21 £	Net movement in funds £	At 31.1.22 £
Unrestricted funds			
General fund	49,782	6,676	56,458
Restricted funds			
Mobility Fund	-	852	852
National Lottery Community Fund	348	(417)	(69)
Walney Extension Community Fund	2,267	(2,815)	(548)
Uplift Fund	345	(345)	-
Covid Response Fund	11,556	(11,556)	-
CAF Resilience Fund	8,087	(8,087)	-
LCC Restricted	165	(165)	-
	22,768	(22,533)	235
TOTAL FUNDS	72,550	(15,857)	56,693

Notes to the Financial Statements - continued
for the Year Ended 31 January 2022

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	28,587	(21,911)	6,676
Restricted funds			
Mobility Fund	1,000	(148)	852
National Lottery Community Fund	23,477	(23,894)	(417)
Walney Extension Community Fund	15,053	(17,868)	(2,815)
Uplift Fund	-	(345)	(345)
Covid Response Fund	-	(11,556)	(11,556)
CAF Resilience Fund	-	(8,087)	(8,087)
LCC Restricted	-	(165)	(165)
	39,530	(62,063)	(22,533)
TOTAL FUNDS	68,117	(83,974)	(15,857)

Comparatives for movement in funds

	At 1.2.20 £	Net movement in funds £	At 31.1.21 £
Unrestricted funds			
General fund	13,210	36,572	49,782
Restricted funds			
National Lottery Community Fund	6,161	(5,813)	348
Walney Extension Community Fund	-	2,267	2,267
Uplift Fund	-	345	345
Covid Response Fund	-	11,556	11,556
CAF Resilience Fund	-	8,087	8,087
LCC Restricted	-	165	165
	6,161	16,607	22,768
TOTAL FUNDS	19,371	53,179	72,550

Notes to the Financial Statements - continued
for the Year Ended 31 January 2022

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	46,691	(10,119)	36,572
Lancashire County Council	2,500	(2,500)	-
	49,191	(12,619)	36,572
Restricted funds			
National Lottery Community Fund	45,001	(50,814)	(5,813)
Walney Extension Community Fund	17,366	(15,099)	2,267
Uplift Fund	19,822	(19,477)	345
Covid Response Fund	15,020	(3,464)	11,556
CAF Resilience Fund	15,000	(6,913)	8,087
LCC Restricted	1,000	(835)	165
	113,209	(96,602)	16,607
TOTAL FUNDS	162,400	(109,221)	53,179

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2022.

Neuro Drop In Centre

Detailed Statement of Financial Activities
for the Year Ended 31 January 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	8,666	20,052
Other trading activities		
Fundraising events	4,289	4,424
Activities for generating Fund	12,904	18,111
	<hr/>	<hr/>
	17,193	22,535
Charitable activities		
Grants	42,258	113,209
Other income		
Covid support	-	4,104
Council covid support	-	2,500
	<hr/>	<hr/>
	-	6,604
	<hr/>	<hr/>
Total incoming resources	68,117	162,400
EXPENDITURE		
Raising donations and legacies		
Cost of generating Funds	3,039	3,599
Charitable activities		
Charitable Activities	1,034	50
Other		
Restricted Funds expenses	62,063	96,602
Support costs		
Management	10,300	2,559
Wages	7,396	6,411
Centre running costs	<hr/>	<hr/>
	17,696	8,970
Other		
Computer equipment	142	-
	<hr/>	<hr/>
Total resources expended	83,974	109,221
	<hr/>	<hr/>
Net (expenditure)/income	(15,857)	53,179
	<hr/> <hr/>	<hr/> <hr/>

This page does not form part of the statutory financial statements

