NEURO DROP IN CENTRE

England & Wales · Charity number 1142148

Details

Status	Registered
Legal form	Other
Registered	2011-05-27
Register	View on the Charity Commission register

Contact

Address	8 Endsleigh Grove Lancaster LA1 2TX
Phone	01524840762
Email	info@neurodropin.org.uk
Website	www.neurodropin.org.uk

Activities

Objects: TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF THOSE AFFECTED BY NEUROLOGICAL CONDITIONS IN LANCASTER AND THE SURROUNDING AREA, PARTICULARLY BUT NOT EXCLUSIVELY, BY THE PROVISION OF A CENTRE PROVIDING SUPPORT, ADVICE, INFORMATION AND A RANGE OF SERVICES AND ACTIVITIES WHICH MEET THEIR NEEDS.

Activities: Operating in the Lancaster and Morecambe District we offer a one stop Drop In for people affected by Neurological conditions such as : MS, Parkinsons,ME, Stroke, epilepsy,motor neurones, MG, Huntingtons, ACC etcAddressing issues pertaining to Neuro illness such as isolation because of or as a direct result of neuro disability we offer support both practical and pastoral.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services
- **What:** Disability
- **Who:** People With Disabilities

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Geography

- **Area of benefit:** LANCASTER AND THE SURROUNDING AREA.
- Lancashire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-31	£142,033	£153,535	-	-
2024-01-31	£149,670	£137,868	-	-
2023-01-31	£82,011	£93,204	-	-
2022-01-31	£68,117	£83,974	-	-
2021-01-31	£162,400	£109,221	-	-

Trustees

Name	Role	Appointed
SHARON PATRICIA JACKSON	Chair	
Dr Leighanne Higgins		2023-07-01
Graeme Bradshaw		2022-09-01
Louise Hodder		2022-09-01
Vivienne Davenport		2024-11-13

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NEURO DROP IN CENTRE

England & Wales - Charity number 1142148

Accounts

Charity No. 1142148 (England & Wales)

NEURO DROP IN CENTRE

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JANUARY 2025

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Registered charity number	1142148 (England & Wales)
Address	20 Hornbeam Road Lancaster LA1 5TQ
Trustees	P S Preston (resigned 13.11.24) R Gibson (resigned 31.7.23) S P Jackson G Bradshaw L Hodder A G Reilly Dr L Higgins (appointed 1.7.23) V Davenport (appointed 13.11.24)
Independent examiner	Mark Drage Stewart Advisory Limited Cotton Court Church Street Preston PR1 3BY

The trustees present their report with the financial statements of the Charity for the year ended 31 January 2025.

The financial statements have been prepared in accordance with the accounting policies set out on page 9 and comply with the charity's governing document, the Charities Act 2011, the applicable regulations, and the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP) (FRS 102), applicable to charities preparing their accounts in accordance with Financial Reporting Standard 102 (FRS 102).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the Charity are to provide relief of sickness, preservation and support to individuals, and their families, who are affected by neurological conditions such as: MS, Parkinsons, ME, Stoke, Epilepsy, Motor Neurones, MG, Huntingtons etc.

Core activities

- Offering information and support to those affected by neuro illness, the provision of a drop in centre supporting the neuro community with facilities for recreation and relief in and around the Lancaster area.

- Promoting and inviting the wider public to join in at fundraising events, thereby raising awareness and demonstrating community inclusivity.

This period saw our small team of staff and our growing number of volunteers successfully continue to offer services that are vital to our community as well as handle a significant period of disruption and change as Neuro DropIn relocated to a new home.

Public benefit

The Trustees comply with the Charity Commissioners guidance on ensuring the operate for the benefit of the public by offering a one stop drop in centre for people affected by Neurological conditions.

The Trustees have paid due regard to guidance issued by the Charity Commission in relation to activities for the public benefit in deciding what activities the Charity should undertake.

ACHIEVEMENT AND PERFORMANCE

Notable activities and achievements

Services that we have provided over the year that include seated classes such as : Neuro Fitness exercise, Yoga, Mindfulness, seated Brazilian Dance with Louise Gibbons, silent music quiz all of which are proving very popular with a regular uptake of an average of 15 participants each session. We also continued to offer a monthly foot health service as well hairdressing service which has proven very popular as it is accessible and convenient.
Part of what Neuro DropIn delivers is a support and advisory telephone service available when it is needed for elements of the Neuro Community who are unable for various reasons to access our services in person. Currently this service is delivered by two lived experience volunteers, however we are limited to a maximum of 7 ongoing cases at a time and demand has increased due to concerns around cost of living, employment and increase in referrals to us from other organisations such as Stroke Association. As a result, we may need to consider adding a salaried role to our team. We have become very familiar with NHS Social Prescribing and have referred to this service which has and continues to be very useful particularly for our service users who live alone and are struggling with the practicalities of day-to-day life.

We have a good working partnership with other local services such as Positive Futures , CVS, LCC and Lancashire Constabulary who also as part of their policing in the community activity refer vulnerable people to us. We have learnt that in order to continue to deliver a growing face-to-face service as well as continue with outwith support, we need to address wellbeing support for our whole Team (we made a start in 2023 and were unable to organise in 2024) which will form part of the changes we will make in 2025.

Our partnership with Lancaster University continues and we took part in a live research programme which involved analysing three service users post stroke and measuring with feasibility testing the impact particular physical disability had on ability to access outside spaces safely . The project inspired our members who enjoyed the opportunity to discuss their needs and requirements and to ' feel relevant .. part of things'.
In April 2024 members, staff and volunteers celebrated our KAVS award with an afternoon tea complete with celebration cake and an opportunity to be photographed with our award. In May of 2024 two volunteers travelled to Buckingham Palace to represent the Charity at a garden party.

We continue to welcome interns and in October 2024 began working with a PhD student who selected Neuro DropIn to partner with in conjunction with Parkinsons South Africa in a research project analysing support facilities available to those diagnosed with Parkinsons particularly as well as other neuro conditions including dementia.

We have recorded an increase in numbers and continue to regularly welcome and support around 30/35 people per day to the space we rent at Torrisholme Methodist Church, with members telling us ' we would be lost without this place' 'the food is wonderful and sometimes I eat more cake than I should' and ' I feel like a normal person in here, out there I am different '.

Significant events since the year end
The need for Neuro DropIn to find a new home has been a priority and over the past four years we have made every effort to locate somewhere suitable. Excitingly, during the year a building was identified (by supporters in the wider community) as available and we began in February 2024 the process of securing, gaining change of use permission and completing surveys lease etc on Hornbeam Rd. The intention was to open in March 2025 and thanks to the herculean efforts of our staff and volunteers, we were able to open on time! This is in no small part to the strong support for Neuro DropIn shown by the wider community. Many people took the time to contact the local authority in support of our change of use application and numbers who pledged their support to help us renovate our new home.

FINANCIAL REVIEW

Financial performance
The results for the year and the previous year are set out in the Statement of Financial Activities (SOFA) on page 6 and the funds of the Charity are shown in the Balance Sheet on page 7. Further information is provided in the notes to the financial statements on pages 7 to 13. These notes should be read in connection with this Trustee's Annual Report to obtain the full picture of the Charity's performance, resources and future plans.

Reserves policy
The Trustees aim to hold reserves equivalent to 6 months running costs and we are working towards this goal.

Going concern
At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustees therefore continue to adopt the going concern basis of accounting in preparation of the accounts.

FUTURE PLANS

Neuro DropIn is constantly evolving to meet the needs of our service users. However, we found it challenging and often impossible to deliver creative services that our members would benefit from whilst in the shared space of TMC. What we do is very much dependant on practicalities of space and other users. Our new home will help us 'do better' in so many ways for our members and to include the wider community more. 2025 onwards will be an exciting time for our Team as we continue to develop our appointed premises to be the warm welcoming community space delivering the quality and variety of support services our members and the wider community have come to value greatly. We recognise the need to grow our community from our new home, to increase awareness and to develop relationships that will sustain the charity through the coming years and allow Neuro DropIn to flourish in its new location.

The relocation of Neuro DropIn to its new home whilst also providing excellent service to its members and wider community was a very challenging time for our staff. Therefore, as a Team we will endeavour make every effort to focus on Team Wellbeing this year so that we can continue to deliver a valued service within the Bay community.

Approved by order of the Board of Trustees on 26 November 2025 and signed on their behalf by:

Sharon Jackson
Sharon Jackson (Nov 27, 2025 13:09:07 GMT)

S P Jackson
Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NEURO DROP IN CENTRE

I report on the financial statements of Neuro Drop In Centre (the "Charity") for the year ended 31 January 2025 which are comprised of the statement of financial activities, the balance sheet and related notes set out on pages 6 to 13.

Responsibilities and basis or report

As the Charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mark Drage
Independent Examiner

Stewart Advisory Limited
Cotton Court, Church Street, Preston, PR1 3BY

27 November 2025

NEURO DROP IN CENTRE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 JANUARY 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
Incoming resources					
Income and endowments from:					
Donations and legacies	2	19,226	-	19,226	13,096
Charitable activities	3	-	106,586	106,586	96,592
Other trading activities	4	16,221	-	16,221	39,982
Total incoming resources		35,447	106,586	142,033	149,670
Resources expended					
Expenditure on:					
Raising funds:	5	22,181	-	22,181	10,123
Charitable activities	6	-	81,243	81,243	120,597
Other	7	50,111	-	50,111	7,148
Total resources expended		72,272	81,243	153,535	137,868
Net income/(expenditure)		(36,846)	25,343	(11,503)	11,802
Transfers between funds	9	27,994	(27,994)	-	-
Net movement in funds	9	(8,852)	(2,651)	(11,503)	11,802
Reconciliation of funds:					
Total funds brought forward	9	32,151	25,151	57,302	45,500
Total funds carried forward		23,299	22,500	45,799	57,302

BALANCE SHEET AS AT 31 JANUARY 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
Fixed Assets					
Tangible assets	10	246	-	246	1,021
		-		-	-
Current Assets					
Cash at bank		26,702	22,500	49,202	57,454
Creditors					
Amounts falling due within one year	11	(3,649)	-	(3,649)	(1,175)
Net Current Assets/(Liabilities)		23,053	22,500	45,553	56,280
Total Assets less Current Liabilities		23,299	22,500	45,799	57,301
Net Assets		23,299	22,500	45,799	57,301
Funds					
Unrestricted funds	9	23,299	-	23,299	31,718
Restricted funds	9	-	22,500	22,500	25.583
Total funds carried forward		23,299	22,500	45,799	57,301

The trustees acknowledge their responsibility for complying with the requirements of the Charities Act 2011 with respect to accounting records and the preparation of financial statements. These financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

The financial statements were approved by the Board of Trustees and authorised for issue on 26 November 2025 and signed on its behalf by:

Sharon Jackson
Sharon Jackson (Nov 27, 2025 13:09:07 GMT)

S P Jackson
Trustee

L. Hodder
Louise Hodder (Nov 27, 2025 14:53:18 GMT)

L Hodder
Trustee

The notes on pages 8 to 13 form part of these financial statements.

1. Accounting policies

The financial statements have been prepared in accordance with the accounting policies set out below and comply with the charity's governing document, the Charities Act 2011, the applicable regulations, and the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP) (FRS 102), applicable to charities preparing their accounts in accordance with Financial Reporting Standard 102 (FRS 102). The charity constitutes a public benefit entity as defined by FRS 102.

The financial statements have been prepared on a going concern basis as the trustees consider that there are no material uncertainties about the Charity's ability to continue in operation for the foreseeable future.

The principal accounting policies, which are summarized below, have been consistently applied through this and the preceding period.

Incoming resources
All incoming resources are included in the statement of financial activities when the charity is entitled to the income, it is more than likely that the charity will receive the income, and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

a) Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

b) Legacies are included when the receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

c) Gift Aid is included in income on receipt from HMRC

Resources expended
Expenditure is recognized on an accruals basis as a liability is incurred. Expenditure includes VAT as the charity Is not VAT registered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those functions that assist the work of the charity, but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Tangible fixed assets
Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at a rate calculated to write down the cost of each asset to its estimated residual value over its expected useful economic life on a straight line basis. The depreciation rates in use are as follows:

Computer equipment	25% on cost

Operating leases
Leases where substantially all the risks and rewards of ownership remain with the lessor are classified as operating leases. Rentals payable under operating leases are charged to the statement of financial activities on a straight-line basis over the lease term

Taxation
The charity is exempt from UK taxation on its charitable activities.

2. Donations and legacies

	Unrestricted funds	Restricted funds	2025 Total funds
	£	£	£
Donations	19,226	-	19,226
Gift Aid	-	-	-
	19,226	-	19,226

	Unrestricted funds	Restricted funds	2024 Total funds
	£	£	£
Donations	8,972	-	8,972
Gift Aid	4,125	-	4,125
	13,097	-	13,097

3. Charitable activities

	Unrestricted funds	Restricted funds	2025 Total funds
Grants were received from:	£	£	£
The National Lottery Community Fund (Reaching Communities)	-	75,000	75,000
LDMT	-	3,500	3,500
Retrospective Cost of Living		28,086	28,086
	-	106,586	106,586

	Unrestricted funds	Restricted funds	2024 Total funds
Grants were received from:	£	£	£
PHIF	-	12,000	12,000
The National Lottery Community Fund (Reaching Communities)	-	25,000	25,000
Walney 2021	-	12,624	12,624
LDMT	-	3,500	3,500
National Lottery Cost of Living	-	37,464	37,464
Skelton	-	1,063	1,063
Asda Warm Space	-	1,000	1,000
UKSPF	-	3,640	3,640
CVS Coronation Fund	-	300	300
	-	96,591	96,591

All restricted grants have been applied in accordance with the donors' conditions. Details of movements on restricted funds are shown in Note 9: Movements in Funds.

4. Other trading activities

	2025	2024
	£	£
Income from café	3,858	3,047
Income from classes	1,005	920
Fundraising	2,429	28,080
Membership	8,929	7,935
	16,221	39,982

All funds generated from trading activities are unrestricted funds.

5. Raising Funds

	Unrestricted funds	Restricted funds	2025 Total funds
	£	£	£
Activities for generating funds	22,181	-	22,181

	Unrestricted funds	Restricted funds	2024 Total funds
	£	£	£
Activities for generating funds	10,123	-	10.123

6. Expenditure on charitable activities

	Unrestricted funds	Restricted funds	2025 Total funds
	£	£	£
Cost of charitable activities	-	81,243	131,031

	Unrestricted funds	Restricted funds	2024 Total funds
	£	£	£
Cost of charitable activities	-	120,597	120,597

7. Other costs

	Unrestricted funds	Restricted funds	2025 Total funds
	£	£	£
Governance costs	27,453	-	27,453
Premises costs	19,573		19,573
Depreciation	775		775
Independent examiner's fees	2,310	-	2,310
	50,111	-	50,111

	Unrestricted funds	Restricted funds	2024 Total funds
	£	£	£
Governance costs	5,570	-	5,570
Independent examiner's fees	1,578	-	1,578
	7,148	-	7,148

8. Staff costs & trustee remuneration

	2025	2024
	£	£
Wages and salaries	87,170	81,102
Employer's NIC	281	-
Pension costs	1,406	1,008
	88,857	82,110

No employees received emoluments in excess of £60,000 benefits for the year ended 31 January 2024 or for the year ended 31 January 2023.

The average number of employees during the year was as follows:

	2025	2024
Centre staff	4	4

Trustees

There were no trustees' remuneration or other benefits for the year ended 31 January 2024 or for the year ended 31 January 2023.

There were no trustees' expenses paid for the year ended 31 January 2024 or for the year ended 31 January 2023.

9. Movement in funds

Year ended 31 January	Opening £	Income £	Expenditure £	Net movement £	Balance £	Transfer £	Closing 2025 £
Unrestricted	32,151	35,446	72,292	(36,846)	(4,695)	27,994	**23,299**
The National Lottery Community Fund (Reaching Communities)	2,904	75,000	61,300	13,700	16,605	-	16,605
LDMT	3,461	3,500	1,065	2,435	5,896	-	5,896
Retrospective Cost of Living	-	28,086	-	28,086	28,086	(28,086)	-
National Lottery Cost of Living	18,624	-	18,703	(18,703)	(79)	79	-
Skelton	163	-	175	(175)	(13)	13	-
Restricted funds	25,152	106,586	81,243	25,343	50,494	(27,994)	**22,500**
Total	**57,303**	**142,032**	**153,535**	**(11,504)**	**45,799**	**-**	**45,799**

Year ended 31 January	Opening £	Income £	Expenditure £	Net movement £	Balance £	Transfer £	Closing 2024 £
Unrestricted	25,968	53,078	17,270	35,808	61,776	(29,625)	**32,151**
Mobility Fund	775	-	775	(775)	-	-	-
PHIF	1,607	12,000	14,602	(2,602)	(995)	995	-
The National Lottery Community Fund (Reaching Communities)	21,398	25,000	43,496	(18,496)	2,904	-	2,904
Walney 2021	(4,248)	12,624	8,828	3,797	(451)	451	-
LDMT	-	3,500	39	3,461	3,461	-	3,461
Retrospective Cost of Living	-	-	28,086	(28,086)	(28,086)	28,086	-
National Lottery Cost of Living	-	37,464	18,841	18,624	18,624	-	18,624
Skelton	-	1,063	900	163	163	-	163
Asda Warm Space	-	1,000	1,050	(50)	(50)	50	-
UKSPF	-	3,640	3,656	(16)	(16)	16	-
CVS Coronation Fund	-	300	327	(27)	(27)	27	-
Restricted funds	19,532	96,591	120,597	(24,006)	(4,474)	29,625	**25,151**
Total	**45,500**	**149,669**	**137,868**	**11,802**	**57,302**	**-**	**57,302**

10. Tangible fixed assets

	Computer equipment £
Cost	
At 1 February 2024 and 31 January 2025	1,551
Accumulated depreciation	
At 1 February 2024	530
Charge for the year	775
At 31 January 2025	1,305
At 31 January 2025	246
At 31 January 2024	1,021

The computer equipment forms part of unrestricted funds.

11. Creditors: Amounts falling due within one year

	2025	2024
	£	£
Taxation and social security	1,042	886
Other creditors	297	289
Accruals	2,310	-
	3,649	**1,175**

12. Commitments under operating leases

At the year end, the charity had outstanding commitments under non-cancellable operating leases as follows:

	2025	2024
	£	£
Within one year	12,000	11,600
Between two and five years	47,000	-
	59,000	**11,600**

Lease payments recognised as an expense during the year amounted to £12,600 (2024: £14,400).

13. Related party disclosures

There were no related party transactions during this or the prior year.

NEURO DROP IN CENTRE

England & Wales - Charity number 1142148

Accounts

Charity No. 1142148 (England & Wales)

NEURO DROP IN CENTRE

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JANUARY 2024

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Registered charity number	1142148 (England & Wales)
Address	20 Hornbeam Road Lancaster LA1 5TQ
Trustees	P S Preston (resigned 13.11.24) R Gibson (resigned 31.7.23) S P Jackson G Bradshaw L Hodder A G Reilly Dr L Higgins (appointed 1.7.23) V Davenport (appointed 13.11.24)
Independent examiner	Mark Drage Stewart Advisory Limited Cotton Court Church Street Preston PR1 3BY

The trustees present their report with the financial statements of the Charity for the year ended 31 January 2024. The financial statements have been prepared in accordance with the constitution of the Charity, the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 (as amended) and the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP) (FRS 102), effective 1 January 2019.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the Charity are to provide relief of sickness, preservation and support to individuals, and their families, who are affected by neurological conditions such as: MS, Parkinsons, ME, Stoke, Epilepsy, Motor Neurones, MG, Huntingtons etc.

Significant activities

Offering information and support to those affected by neuro illness, the provision of a drop in centre supporting the neuro community with facilities for recreation and relief in and around the Lancaster area.

Promoting and inviting the wider public to join in at fundraising events, thereby raising awareness and demonstrating community inclusivity.

Public benefit

The Trustees comply with the Charity Commissioners guidance on ensuring the operate for the benefit of the public by offering a one stop drop in centre for people affected by Neurological conditions.

The Trustees have paid due regard to guidance issued by the Charity Commission in relation to activities for the public benefit in deciding what activities the Charity should undertake.

Volunteers

Volunteers are vital to the continued growth, development and success of the Charity and their contributions are greatly appreciated.

The wellbeing of our volunteers and staff is paramount to the success of our organisation and as a Board we strongly support the opportunity to extend off site, away from work away days to our hardworking team. February 2023 saw us invite 10 members of our team including a number of volunteers to a Rewilding session which included the opportunity to relax, unwind, meditate, enjoy fresh air and to not 'talk shop'! Inevitably a committed team will always find its way back to the topic which holds it together and before the end of the day the feedback session led to many and varied ideas. We plan to include at least two similar sessions during 2024 beginning in April

ACHIEVEMENT AND PERFORMANCE

Charitable activities

This period saw our small team of staff and our growing number of volunteers successfully continue to offer services that include seated classes such as: Neuro Fitness exercise, Yoga, Somatic Dance Movement with Dr Mel , Mindfulness, Art for Wellbeing, Singing for Wellbeing and a new offering of seated Brazilian Dance with Louise Gibbons which is proving particularly popular. We have recorded an increase in numbers and regularly welcome and support around 30/35 people per day to the space we rent at Torrisholme Methodist however, it has become increasingly urgent to find premises that better meet our needs, support our members and offer us the opportunity to expand our services.

We were delighted to participate once again in the Annual Bay Health and Wellbeing collage competition and to pick up first prize once again. Our entry this year was unique for us in that we were able to involve every single member of our community, our staff and most of our volunteers in its creation, feedback from the organisers of the event was the positive comments from the general public in response to our inclusion of some text to explain what we had done and who had been involved and the impact of this on contributors .

Charitable activities (continued)
During the Annual Bay Health Festival we successfully delivered, with the assistance of other groups who also rent space at TMC, our practitioners, staff and volunteers a successful and educational capsule day event at our current site offering taster sessions in many of the activities and classes we hold regularly such as Tai Chi , held outside in the garden during the event, Brazilian Dance and an interactive Art for Wellbeing session. Feedback from visitors to our site on the day was positive and highlighted the need for us to increase our efforts to offer easier access to those in the Neuro community who are unable to attend during the working week.

National Lottery Community Fund grant of £250,000 over five years won in 2022 has been in place for over a year and seen us develop and grow as a result of this firm foundation which supports core costs including staff salaries, rent etc. Without this support Neuro DropIn would struggle to deliver day to day operations including member support, regular seated fitness classes such as re-set neuro fitness, Taii Chi, yoga, outwith support and to ensure that training for our team of staff and volunteers is up to date and relevant.

Following our successful bid for Population Health Funding in September 2022 we were able to offer a warm space, a cooked meal, an essential items larder, support and activities to members the cost of which was covered by the grant. When funding ran out in June 2023 we made a decision to continue supporting this project as impact reports demonstrated the importance of it to our community and as the pressures of cost of living price increases had not abated significantly we recognised how important it was to our service users to have access to hot food etc. on the days we are open. We were invited in August 2023 by our core funders the National Lottery to apply for funding to cover the cost of our Warm Space project until March 2024 and to recover the costs associated with it and delivered without funding, retrospectively. Our successful bid secured funding of £65,000 which will have a positive impact on the finances of our organisations and the wellbeing of our service users. The impact of this fund so far has been highly positive as we continue to welcome services such a Friends Round Tuesday presentations and Talks, offer a hot meal and refreshments daily and deliver interactive games and activities.

We ended our year on a high note with the news that our Team had won a prestigious KAVS award. Equivalent to an MBE the award is the highest mark of recognition given to volunteer led organisations and has been a very proud moment. The award was presented by the Lord Lieutenant of Lancashire on behalf of the King at a ceremony held at County Hall Preston and we understand we will receive an invitation to a garden party to be held at Buckingham Palace later in the year.

Fundraising activities
Support from the wider community in 2023 included the opportunity to partner with Co op in a match funding project which successfully saw us raise in total over £12,000, a portion of this revenue was spent as required by Co op on technology and saw us purchase, receive training for and install an interactive TV which has proved very popular with our members.

Working with our second year interns we focused on developing a 'brand' Crafted DropIn a project which involves crafted products made by our members and sold to raise funds for Neuro DropIn and the presence of which helps spread awareness throughout the wider community. The benefits of this are of course a financial bonus for the charity but greater than that is the overall positive impact for our members who say they feel they ' are helping the charity' 'having fun , learning new skills' and ' meeting new friends..'

ACHIEVEMENT AND PERFORMANCE
Internal and external factors
We continue to adapt to support our members and offer them the support they need.

We have recorded an increase in numbers and regularly welcome and support around 30/35 people per day to the space we rent, however it has become increasingly urgent to find premises that better meet our needs, support our members and offer us the opportunity to expand our services.

We understand that whilst we no longer have a home of our own we must strive to make that happen, we can do it because we have demonstrated that through adversity and change we have grown, we have been innovative, we have done new things and adapted to what has happened around us so that we have remained relevant and we will sustain with help.

FINANCIAL REVIEW

Reserves policy

The trustees aim to hold reserves equivalent to 6 months running costs and we are working towards this goal.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustees therefore continue to adopt the going concern basis of accounting in preparation of the accounts.

FUTURE PLANS

The trustees have the following plans for 2024/25:

- introduce a monthly Saturday open door DropIn to support people unable to access us during the working week
- continue to work with OT student placement groups and create established partnerships
- hold social events for members and families
- build partnering and sponsorship relationships in the community
- continue to people lead and work with our service users to deliver what they want and need
- source and secure a fit for purpose rental premises which will support our objectives
- updating of charity status to incorporated

STRUCTURE, GOVERNANCE AND MANAGEMENT

Structure

The Charity is an unincorporated association governed by a constitution and the Trustee Act 1925. Power to appoint new Trustees rests with the continuing Trustees under section 36 of the Trustee Act 1925.

Governance

The Trustees who served during the period and up to the date of this report are shown on page 2. Structure, governance and management

Restatement of the accounts for this year

During the finalisation of the accounts for the year ended 31 January 2025, the new Independent Examiner brought to the attention of the Trustees material errors in the financial statements for the year ended 31 January 2024. A bank overdraft of £28,086 was disclosed when, in fact, it was a temporary deficit on a restricted fund. Cash at bank was consequently incorrectly overstated. Expenditure, although correct in aggregate, was incorrectly analysed by activity. Further, it was noted that the accounting policies referred to preparation on a cash basis which is not permitted by the SORP (FRS102) and is inconsistent with other disclosures in the financial statements. Some mandatory disclosures under SORP (FRS102) were also missing.

Although the total funds were not affected, the Trustees concluded that the financial statements were misleading. On the advice of the Charity Commission, it was decided to correct and refile the Trustee's Annual Report and Financial Statement for the year ended 31 January 2024 with a new Independent Examiner's Report.

The Trustees have put in place new procedures to ensure that this type of error does not recur. The Trustees are also able to confirm that this was an accounting issue only and, at no time, were the funds of the Charity at risk nor was the provision of services or the safety of members or visitors affected.

Since the publication of the original Trustees' report, the Trustees are delighted to announce that new premises were leased and fitted out for occupation in March 2025. The Trustees wish to express their heartfelt thanks to the staff of the Charity for making this happen. The response from our members and visitors has been overwhelmingly positive.

Approved by order of the Board of Trustees on 26 November 2025 and signed on their behalf by:



S P Jackson
Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NEURO DROP IN CENTRE

I report on the financial statements of Neuro Drop In Centre (the "Charity") for the year ended 31 January 2024 which are comprised of the statement of financial activities, the balance sheet and related notes set out on pages 7 to 14.

Responsibilities and basis or report

As the Charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mark Drage
Independent Examiner

Stewart Advisory Limited
Cotton Court, Church Street, Preston, PR1 3BY

27 November 2025

NEURO DROP IN CENTRE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 JANUARY 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
Incoming resources					
Income and endowments from:					
Donations and legacies	2	13,096	-	13,096	8,057
Charitable activities	3	-	96,592	96,592	58,591
Other trading activities	4	39,982	-	39,982	15,363
Total incoming resources		53,078	96,592	149,670	82,011
Resources expended					
Expenditure on:					
Raising funds:	5	10,123	-	10,123	53,224
Charitable activities	6	-	120,597	120,597	39,495
Other	7	7,148	-	7,148	485
Total resources expended		17,270	120,597	137,868	93,204
Net income/(expenditure)		35,808	(24,005)	11,802	(11,193)
Transfers between funds	9	(29,625)	29,625	-	-
Net movement in funds	9	6,183	5,620	11,802	(11,193)
Reconciliation of funds:					
Total funds brought forward	9	25,968	19,531	45,500	56,693
Total funds carried forward		32,151	25,151	57,302	45,500

BALANCE SHEET AS AT 31 JANUARY 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
Fixed Assets					
Tangible assets	10	1,021	-	1,021	1,021
		-		-	-
Current Assets					
Cash at bank		32,304	25,150	57,454	45,423
Creditors					
Amounts falling due within one year	11	(1,175)	-	(1,175)	(944)
Net Current Assets/(Liabilities)		30,697	25,583	56,280	44,479
Total Assets less Current Liabilities		31,718	25,583	57,301	45,500
Net Assets		31,718	25,583	57,301	45,500
Funds					
Unrestricted funds	9	31,718	-	31,718	25,968
Restricted funds	9	-	25.583	25.583	19,532
Total funds carried forward		31,718	25.583	57,301	45,500

The trustees acknowledge their responsibility for complying with the requirements of the Charities Act 2011 with respect to accounting records and the preparation of financial statements. These financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102.

The financial statements were approved by the Board of Trustees and authorised for issue on 26 November 2025 and signed on its behalf by:

Sharon Jackson
Sharon Jackson (Nov 27, 2025 13:09:46 GMT)

S P Jackson
Trustee

L Hodder
Louise Hodder (Nov 27, 2025 14:52:06 GMT)

L Hodder
Trustee

The notes on pages 9 to 14 form part of these financial statements.

1. Accounting policies

The financial statements comply with the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. These regulations refer to an earlier version of the Statement of Recommended Practice (SORP) that has been withdrawn. To provide a true and fair view, the trustees have prepared the accounts in accordance with the current SORP (FRS 102), effective 1 January 2019.

The financial statements have been prepared on a going concern basis as the Trustees consider that there are no material uncertainties about the Charity's ability to continue in operation for the foreseeable future.

The principal accounting policies, which are summarized below, have been consistently applied through this and the preceding period.

Incoming resources
All incoming resources are included in the statement of financial activities when the charity is entitled to the income, it is more than likely that the charity will receive the income, and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

a) Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

b) Legacies are included when the receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

c) Gift Aid is included in income on receipt from HMRC.

Resources expended
Expenditure is recognized on an accruals basis as a liability is incurred. Expenditure includes VAT as the charity Is not VAT registered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those functions that assist the work of the charity, but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity's activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Tangible fixed assets
Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at a rate calculated to write down the cost of each asset to its estimated residual value over its expected useful economic life on a straight line basis. The depreciation rates in use
are as follows:

Computer equipment	25% on cost

Taxation
The charity is exempt from UK taxation on its charitable activities.

2. Donations and legacies

	Unrestricted funds	Restricted funds	2024 Total funds
	£	£	£
Donations	8,972	-	8,972
Gift Aid	4,125	-	4,125
	13,097	-	13,097

	Unrestricted funds	Restricted funds	2023 Total funds
	£	£	£
Donations	7,856	201	8,057
Gift Aid	-	-	-
	7,856	201	8,057

3. Charitable activities

	Unrestricted funds	Restricted funds	2024 Total funds
	£	£	£
Grants	-	96,592	96,592

	Unrestricted funds	Restricted funds	2023 Total funds
	£	£	£
Grants	-	58,591	58,591

4. Other trading activities

	2024	2023
	£	£
Activities for generating funds	39,982	15,363

All funds generated from trading activities are unrestricted funds.

5. Raising Funds

	Unrestricted funds	Restricted funds	2024 Total funds
	£	£	£
Activities for generating funds	10,123	-	10.123

	Unrestricted funds	Restricted funds	2023 Total funds
	£	£	£
Activities for generating funds	53.224	-	53,224

6. Expenditure on charitable activities

	Unrestricted funds	Restricted funds	2024 Total funds
	£	£	£
Cost of charitable activities	-	120,597	120,597

	Unrestricted funds	Restricted funds	2023 Total funds
	£	£	£
Cost of charitable activities	-	39,495	39,495

7. Other costs

	Unrestricted funds	Restricted funds	2024 Total funds
	£	£	£
Governance costs	5,570	-	5,570
Independent examiner's fee	1,578	-	1,578
	7,148	-	7,148

	Unrestricted funds	Restricted funds	2023 Total funds
	£	£	£
Governance costs	458	-	458

The independent examiner's fee for the year ended 2023 was £1,530 and has been included in charitable expenditure.

8. Staff costs & trustee remuneration

	2024	2023
	£	£
Wages and salaries	81,102	46,801
Pension costs	1,008	387
	82,110	47,188

No employees received emoluments in excess of £60,000 benefits for the year ended 31 January 2024 or for the year ended 31 January 2023.

The average number of employees during the year was as follows:

	2024	2023
Centre staff	4	4

Trustees

There were no trustees' remuneration or other benefits for the year ended 31 January 2024 or for the year ended 31 January 2023.

There were no trustees' expenses paid for the year ended 31 January 2024 or for the year ended 31 January 2023.

9. Movement in funds

Year ended 31 January	Opening	Income	Expenditure	Net movement	Balance	Transfer	**2024**
	£	**£**	**£**	**£**	**£**	**£**	**£**
Unrestricted	25,968	53,078	17,270	35,808	61,776	(29,625)	**32,151**
Mobility Fund	775	-	775	(775)	-	-	-
PHIF	1,607	12,000	14,602	(2,602)	(995)	995	-
The National Lottery Community Fund (Reaching Communities)	21,398	25,000	43,496	(18,496)	2,902	-	2,902
Walney 2021	(4,248)	12,624	8,828	3,797	(451)	451	-
LDMT	-	3,500	39	3,461	3,461	-	3,461
Retrospective Cost of Living	-	-	28,086	(28,086)	(28,086)	28,086	-
National Lottery Cost of Living	-	37,464	18,841	18,624	18,624	-	18,624
Skelton	-	1,063	900	163	163	-	163
Asda Warm Space	-	1,000	1,050	(50)	(50)	50	-
UKSPF	-	3,640	3,656	(16)	(16)	16	-
CVS Coronation Fund	-	300	327	(27)	(27)	27	-
Restricted funds	19,532	96,591	120,597	(24,006)	(4,474)	29,625	**25,151**
Total	**45,500**	**149,669**	**137,868**	**11,802**	**57,302**	**-**	**57,302**

Year ended 31 January	Opening	Income	Expenditure	Net movement	Balance	Transfer	**Closing 2023**
	£	**£**	**£**	**£**	**£**	**£**	**£**
Unrestricted	56,458	23,219	53,709	(30,490)	25,968	-	25,968
Mobility Fund	852	1	78	(77)	775	-	775
National Lottery Community Fund	(69)	11,523	11,454	69	-	-	-
Walney Extension Community Fund	(548)	548	-	548	-	-	-
PHIF	-	12,344	10,737	1,607	1,607	-	1,607
The National Lottery Community Fund (Reaching Communities)	-	25,000	3,602	21,398	21,398	-	21,398
Walney 2021	-	9,376	13,624	(4,248)	(4,248)	-	(4,248)
Restricted funds	235	58,792	39,495	19,297	19,532	-	19,532
Total	**56,693**	**82,011**	**93,204**	**(11,193)**	**45,500**	**-**	**45,500**

10. Tangible fixed assets

	Computer equipment £
Cost	
At 1 February 2023 and 31 January 2024	1,551
Accumulated depreciation	
At 1 February 2023 and 31 January 2024	530
At 31 January 2024	1,021
At 31 January 2023	1,021

The computer equipment forms part of unrestricted funds.

11. Creditors: Amounts falling due within one year

	2024	2023
	£	£
Taxation and social security	886	733
Other creditors	289	211
	1,175	**944**

12. Related party disclosures

There were no related party transactions for the year ended 31 January 2024 or the year ended 31 January 2023.

NEURO DROP IN CENTRE

England & Wales - Charity number 1142148

Accounts

REGISTERED CHARITY NUMBER: 1142148

Report of the Trustees and Unaudited Financial Statements for the Year Ended 31 January 2023 for Neuro Drop In Centre

Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

Neuro Drop In Centre

Contents of the Financial Statements
for the Year Ended 31 January 2023

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Statement of Financial Activities	6
Balance Sheet	7
Notes to the Financial Statements	8 to 13
Detailed Statement of Financial Activities	14

Report of the Trustees
for the Year Ended 31 January 2023

The trustees present their report with the financial statements of the charity for the year ended 31 January 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the Charity are as follows:
To provide relief of sickness, preservation and support to individuals, and their families, who are affected by neurological conditions such as:
MS, Parkinsons, ME, Stoke, Epilepsy, Motor Neurones, MG, Huntingtons etc.

Significant activities

Offering information and support to those affected by neuro illness, the provision of a drop in centre supporting the neuro community with facilities for recreation and relief in and around the Lancaster area.

Promoting and inviting the wider public to join in at fundraising events, thereby raising awareness and demonstrating community inclusivity.

Public benefit

The Trustees comply with the Charity Commissioners guidance on ensuring the operate for the benefit of the public by offering a one stop drop in centre for people affected by Neurological conditions.

The Trustees have paid due regard to guidance issued by the Charity Commission in relation to activities for the public benefit in deciding what activities the Charity should undertake.

Volunteers

Volunteers are vital to the continued growth, development and success of the Charity and their contributions are greatly appreciated.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

This period saw our small team of staff and our growing number of volunteers successfully move us from The Vale of Lune Rugby Club to a rented space at Torrisholme Methodist Church. We continue to offer services that include seated classes : Neuro Fitness exercise, Yoga, Somatic Dance Movement with Dr Mel , Mindfulness, Art for Wellbeing and Singing for Wellbeing.

Initially whilst numbers were low as we all got used to the new space and there are unfortunately still some people who feel uncomfortable in a church environment and have stayed away or choose not to stay for social interaction post class activity we have recorded an increase in numbers and regularly welcome and support around 30 people per day.

Having established partnerships with University of Cumbria we have welcomed several second and final year OT student placement groups and plan to continue this , the relationship to date has worked well for us and as a result of the students active involvement they have developed activities we are able to carry forward such as Silent Music Quiz which makes further great use of the technology we purchased to assist with noise abatement during sessions whilst we were at The Vale with a single room. With placements from Cumbria University we will at some point receive a small but regular stipend from Educate England and look on this as an investment in people, a positive for Neuro DropIn and an opportunity to influence role emerging students.

We were delighted to pick up first prize with our Health and Wellbeing collage in the Annual Bay Health Festival 2022 and plan to submit an entry in 2023. Participating in the competition is important to our membership and we are aiming in 2023 to include as many of our members, their families and carers in the project as possible and in an effort to raise awareness and knowledge of our services will host a day event at our current site offering taster sessions in many of the activities and classes we hold regularly.

Working in partnership with L & M College we are welcoming students studying elements of Health and Wellbeing on placement and as a result of successful placements one student hoping to qualify as a physiotherapist has continued to volunteer one day a week. We have built on our relationship with Lancaster University and will offer placement to three interns over the summer of 2023 and embark on a PHd partnership with a student towards the end of 2023.

Our Big Lottery Community three year Remain and Sustain funding project came to an end in 2022 , the project whilst a success in terms of delivering above and beyond what we were scheduled to deliver , suffered in terms of revenue a result of the pandemic and the gentle but slow return to full options as a group. We will be applying for a further grant fund in early 2023.

We continue to build strong working relationships with our NHS partners inc GP services, ICC, the Stroke Assoc, and local level befriending services .

In the summer of 2022 and in a response to increasing concerns around cost of living we made a decision as an organisation to offer a Warm Space to include a hot meal each day for attendees , the project we had in mind was supported by very successful bid application we made to the UK Population Health Fund and as a result of this funding we have operated a free lunch programme, additional activities including crafts and a Community Pantry which is ongoing .

We were able to offer our members a Christmas Lunch with entertainment which was well received and have begun to hold regular fundraising events such as Bingo nights, coffee mornings. It was confirmed on Dec 2022 that we had successfully won a funding bid with National Lottery worth £250,000 and directed at staffing costs, whilst this funding is incredibly valuable to us we will be seeking funding elsewhere to cover cost of additional staff.

We continue to offer support to people who are unable to get to us due to deterioration of their condition during lockdown , loss of loved ones; reliance on carers, inadequate transport facilities locally and loss of confidence have impacted . We are currently for example supporting one family who told our volunteer Health and Welfare officer ' you are the only people we trust, you listen and you offer good advice and supports' . We regularly support an average of 12 people out of hours which is currently managed by two volunteers however this number at its peak in November 2022 was 15 and 3 of those are now regular service users.

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

We successfully hosted a Christmas Lunch with entertainment which was well received and have begun to hold regular fundraising events such as Bingo nights, coffee mornings.

We also successfully won a funding bid with National Lottery worth £250,000 and directed at staffing costs, whilst this funding is incredibly valuable to us we will be seeking funding elsewhere to cover cost of additional staff.

Internal and external factors

There are certainly peaks and troughs in numbers and our service users remain anxious about Covid however we see between 75 and 90 service users per week accessing sessions such as Art for Wellbeing, Talking Therapy, Yoga, Mindfulness and referrals are averaging 3 per week with some weeks (which generally coincide with ICC meetings) rising by 20% we will also have on average 4/5 new people weekly who may drop in to observe and think about whether what we offer is for them.

We continue to adapt to support our members and offer them the support they need.

We understand that whilst we no longer have a home of our own and must strive to make that happen, we can do it because we have demonstrated that through adversity and change we have grown, we have been innovative, we have done new things and adapted to what has happened around us so that we have remained relevant and we will sustain with help.

FINANCIAL REVIEW

Reserves policy

The trustees aim to hold reserves equivalent to 6 months running costs, to which we have been successful in this year.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustees therefore continue to adopt the going concern basis of accounting in preparation of the accounts.

FUTURE PLANS

The trustees have the following plans for 2023/24:

- source a practical, accessible and safe venue to operate from either as a regular consistent or permanent home
- hold social events for members and families
- build partnering and sponsorship relationships in the community
- continue to people lead and work with our service users to deliver what they want and need

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by its governing document, a deed of trust, and constitutes an unicorporated charity.

Power to appoint new trustees rests with the continuing trustees under section 36 of the Trustee Act 1925.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1142148

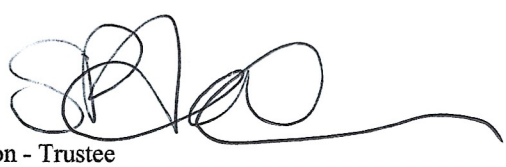
Principal address

8 Endsleigh Grove
Lancaster
LA1 2TX

Trustees
Mrs P S Preston
Mrs R Gibson (resigned 31.7.23)
C A Haywood (resigned 31.8.22)
Mrs S P Jackson
Dr M Towell (resigned 30.6.22)
G Bradshaw (appointed 1.9.22)
L Hodder (appointed 1.9.22)
A G Reilly (appointed 1.9.22)
Dr L Higgins (appointed 1.7.23)

Independent Examiner
Miss Charlotte Aldcroft
Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

Approved by order of the board of trustees on 27 October 2023 and signed on its behalf by:



Mrs S P Jackson - Trustee

Independent examiner's report to the trustees of Neuro Drop In Centre
I report to the charity trustees on my examination of the accounts of Neuro Drop In Centre (the Trust) for the year ended 31 January 2023.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miss Charlotte Aldcroft

Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

27 October 2023

Neuro Drop In Centre

Statement of Financial Activities
for the Year Ended 31 January 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		7,856	201	8,057	8,666
Charitable activities					
Charitable Activities		-	58,591	58,591	42,258
Other trading activities	2	15,363	-	15,363	17,193
Total		23,219	58,792	82,011	68,117
EXPENDITURE ON					
Raising funds		53,224	-	53,224	3,039
Charitable activities					
Charitable Activities		485	-	485	18,872
Other		-	39,495	39,495	62,063
Total		53,709	39,495	93,204	83,974
NET INCOME/(EXPENDITURE)		(30,490)	19,297	(11,193)	(15,857)
RECONCILIATION OF FUNDS					
Total funds brought forward		56,458	235	56,693	72,550
TOTAL FUNDS CARRIED FORWARD		25,968	19,532	45,500	56,693

The notes form part of these financial statements

Neuro Drop In Centre

Balance Sheet
31 January 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	6	1,021	-	1,021	427
CURRENT ASSETS					
Cash at bank		25,891	23,780	49,671	57,778
CREDITORS					
Amounts falling due within one year	7	(944)	(4,248)	(5,192)	(1,512)
NET CURRENT ASSETS		24,947	19,532	44,479	56,266
TOTAL ASSETS LESS CURRENT LIABILITIES		25,968	19,532	45,500	56,693
NET ASSETS		25,968	19,532	45,500	56,693
FUNDS	9				
Unrestricted funds				25,968	56,458
Restricted funds:					
Mobility Fund				775	852
National Lottery Community Fund				-	(69)
Walney Extension Community Fund				-	(548)
PHIF				1,607	-
TNL 20208259				21,398	-
Walney EXT ORS 2021-4284				(4,248)	-
				19,532	235
TOTAL FUNDS				45,500	56,693

The financial statements were approved by the Board of Trustees and authorised for issue on 27 October 2023 and were signed on its behalf by:

S P Jackson - Trustee

L Hodder - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The accounts have been prepared in accordance with applicable accounting standards, the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations, but which has since been withdrawn.

The accounts have been prepared on the cash basis.

Income
All income is recognised in the accounts on the cash basis.

Expenditure
All expenditure is recognised in the accounts on the cash basis.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 25% on cost

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising events	-	4,289
Activities for generating Fund	15,363	12,904
	15,363	17,193

continued...

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 January 2023 nor for the year ended 31 January 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 January 2023 nor for the year ended 31 January 2022.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Centre staff	4	4

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	8,665	1	8,666
Charitable activities			
Charitable Activities	2,729	39,529	42,258
Other trading activities	17,193	-	17,193
Total	28,587	39,530	68,117
EXPENDITURE ON			
Raising funds	3,039	-	3,039
Charitable activities			
Charitable Activities	18,872	-	18,872
Other	-	62,063	62,063
Total	21,911	62,063	83,974
NET INCOME/(EXPENDITURE)	6,676	(22,533)	(15,857)
RECONCILIATION OF FUNDS			
Total funds brought forward	49,782	22,768	72,550
TOTAL FUNDS CARRIED FORWARD	56,458	235	56,693

continued...

6. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 February 2022	569
Additions	982
At 31 January 2023	1,551
DEPRECIATION	
At 1 February 2022	142
Charge for year	388
At 31 January 2023	530
NET BOOK VALUE	
At 31 January 2023	1,021
At 31 January 2022	427

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Bank loans and overdrafts (see note 8)	4,248	617
Taxation and social security	733	797
Other creditors	211	98
	5,192	1,512

8. LOANS

An analysis of the maturity of loans is given below:

	2023 £	2022 £
Amounts falling due within one year on demand:		
Bank overdrafts	4,248	617

continued...

9. MOVEMENT IN FUNDS

	At 1.2.22 £	Net movement in funds £	At 31.1.23 £
Unrestricted funds			
General fund	56,458	(30,490)	25,968
Restricted funds			
Mobility Fund	852	(77)	775
National Lottery Community Fund	(69)	69	-
Walney Extension Community Fund	(548)	548	-
PHIF	-	1,607	1,607
TNL 20208259	-	21,398	21,398
Walney EXT ORS 2021-4284	-	(4,248)	(4,248)
	235	19,297	19,532
TOTAL FUNDS	56,693	(11,193)	45,500

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	23,219	(53,709)	(30,490)
Restricted funds			
Mobility Fund	1	(78)	(77)
National Lottery Community Fund	11,523	(11,454)	69
Walney Extension Community Fund	548	-	548
PHIF	12,344	(10,737)	1,607
TNL 20208259	25,000	(3,602)	21,398
Walney EXT ORS 2021-4284	9,376	(13,624)	(4,248)
	58,792	(39,495)	19,297
TOTAL FUNDS	82,011	(93,204)	(11,193)

continued...

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.2.21 £	Net movement in funds £	At 31.1.22 £
Unrestricted funds			
General fund	49,782	6,676	56,458
Restricted funds			
Mobility Fund	-	852	852
National Lottery Community Fund	348	(417)	(69)
Walney Extension Community Fund	2,267	(2,815)	(548)
Uplift Fund	345	(345)	-
Covid Response Fund	11,556	(11,556)	-
CAF Resilience Fund	8,087	(8,087)	-
LCC Restricted	165	(165)	-
	22,768	(22,533)	235
TOTAL FUNDS	72,550	(15,857)	56,693

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	28,587	(21,911)	6,676
Restricted funds			
Mobility Fund	1,000	(148)	852
National Lottery Community Fund	23,477	(23,894)	(417)
Walney Extension Community Fund	15,053	(17,868)	(2,815)
Uplift Fund	-	(345)	(345)
Covid Response Fund	-	(11,556)	(11,556)
CAF Resilience Fund	-	(8,087)	(8,087)
LCC Restricted	-	(165)	(165)
	39,530	(62,063)	(22,533)
TOTAL FUNDS	68,117	(83,974)	(15,857)

continued...

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2023.

Neuro Drop In Centre

Detailed Statement of Financial Activities
for the Year Ended 31 January 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	8,057	8,666
Other trading activities		
Fundraising events	-	4,289
Activities for generating Fund	15,363	12,904
	15,363	17,193
Charitable activities		
Grants	58,591	42,258
Total incoming resources	82,011	68,117
EXPENDITURE		
Raising donations and legacies		
Cost of generating Funds	3,418	3,039
Charitable activities		
Charitable Activities	485	1,034
Other		
Restricted Funds expenses	39,495	62,063
Support costs		
Management		
Wages	27,476	10,300
Centre running costs	21,942	7,396
	49,418	17,696
Other		
Computer equipment	388	142
Total resources expended	93,204	83,974
Net expenditure	(11,193)	(15,857)

NEUR003 - Signed Accounts 2022-2023

Final Audit Report 2023-11-27

Created:	2023-11-27
By:	Mike Haywood (mike@haywoodaccountants.co.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAAflkcZ8qQlWrLopNz5XM5pp9kiHfvYVZM

"NEUR003 - Signed Accounts 2022-2023" History

Document created by Mike Haywood (mike@haywoodaccountants.co.uk)
2023-11-27 - 1:29:02 PM GMT- IP address: 157.231.53.154

Document emailed to haywoodsca@gmail.com for signature
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Signer haywoodsca@gmail.com entered name at signing as C Aldcroft
2023-11-27 - 1:32:32 PM GMT- IP address: 157.231.53.154

Document e-signed by C Aldcroft (haywoodsca@gmail.com)
Signature Date: 2023-11-27 - 1:32:34 PM GMT - Time Source: server- IP address: 157.231.53.154

Agreement completed.
2023-11-27 - 1:32:34 PM GMT

NEURO DROP IN CENTRE

England & Wales - Charity number 1142148

Accounts

REGISTERED CHARITY NUMBER: 1142148

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 31 January 2022

for

Neuro Drop In Centre

Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

Neuro Drop In Centre

Contents of the Financial Statements
for the Year Ended 31 January 2022

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Statement of Financial Activities	6
Balance Sheet	7
Notes to the Financial Statements	8 to 12
Detailed Statement of Financial Activities	13

Report of the Trustees
for the Year Ended 31 January 2022

The trustees present their report with the financial statements of the charity for the year ended 31 January 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the Charity are as follows:
To provide relief of sickness, preservation and support to individuals, and their families, who are affected by neurological conditions such as:
MS, Parkinsons, ME, Stoke, Epilepsy, Motor Neurones, MG, Huntingtons etc.

Significant activities

Offering information and support to those affected by neuro illness, the provision of a drop in centre supporting the neuro community with facilities for recreation and relief in and around the Lancaster area.

Promoting and inviting the wider public to join in at fundraising events, thereby raising awareness and demonstrating community inclusivity.

Public benefit

The Trustees comply with the Charity Commissioners guidance on ensuring the operate for the benefit of the public by offering a one stop drop in centre for people affected by Neurological conditions.

The Trustees have paid due regard to guidance issued by the Charity Commission in relation to activities for the public benefit in deciding what activities the Charity should undertake.

Volunteers

Volunteers are vital to the continued growth, development and success of the Charity and their contributions are greatly appreciated.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

This period saw our small team of staff and our growing number of volunteers successfully move us from an office space we rented in Lancaster and settle us temporarily into rented space at The Vale of Lune Rugby Club from where for a short time in the Autumn of 2020 we had offered covid-19 restricted coffee morning meets for regular service users.

Whilst at the Vale between September 21 to December 21 we were able to reintroduce face to face services for our members and we approached this steadily with an offering of a new programme Re-set Neuro Fitness which we offered once a week over three days and which included seated: Yoga, Somatic Dance Movement with Dr Mel for example.

We soon realised that in a single use room for all it was impossible to offer mindfulness or yoga efficiently and although we found a solution which helped (headsets audio controlled by practitioner) this wasn't ideal and in December 2021 we moved to new rented space at Torrisholme Methodist Church.

Initially numbers were low as we all got used to the new space and there are unfortunately still some people who feel uncomfortable in a church environment and have stayed away or choose not to stay for social interaction post class activity which is disappointing as they do miss out on peer support and we are doing our best to address this.

Since the move however we are now including Art for Wellbeing, Talking Therapy and Indoor Seated Boules for our members.

2021 also marked the final year of our three-year Big Lottery Community Fund grant and we plan to continue working towards further funding.

We saw an increase in take up of regular members during lockdown of 27% a good number we are happy to be welcoming and that we have built on as a result of stronger working partnerships we have developed during lockdown etc with GP services, ICC, Stroke Assoc, and local level befriending services.

Unfortunately Covid and now new variants has and continues to impact us (we were forced to pull out of the Bay Health Festival which was frustrating especially as our group picked up a first prize for collage comp in category!)

There are certainly peaks and troughs in numbers however we see between 42 and 55 service users per week accessing sessions such as Art for Wellbeing, Talking Therapy, Yoga, Mindfulness and referrals are averaging 5 per week with some weeks (which generally coincide with ICC meetings) rising by 20% we will also have on average 4 new people who may DropIn to observe and think about whether what we offer is for them.

We continue to offer support to people who are unable to get to us due to deterioration of their condition during lockdown, loss of loved ones; reliance on carers, inadequate transport facilities locally and loss of confidence have impacted.

We are currently for example supporting one family who told our volunteer Health and Welfare officer 'you are the only people we trust to hear what we say and help us.. thank you '.

In total currently we have 15 people needing out of hours support which is currently managed by two volunteers however this number at its peak in September was 23 and 5 of those are now regular service users.

We have established a partnership with Cumbria University and in July completed our first 8-week placement for 3 students which has helped us develop our programme of Brain Circuits with the students' consulting users, deciding on an activity for all, implementing it and presenting in their final week.

Being actively involved with developing learning paths and helping students access members classes has made a difference to their understanding of Neuro conditions.

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

Fundraising has and remains a challenge with limited opportunity and our reluctance to rent expensive venues (there are restrictions at the Church which we respect but which prevent us doing certain types of fundraising such as Bingo nights.)

We successfully hosted a community Jubilee Garden Party which was a great way to draw in the wider community and yielded two new volunteers and a generous supporter.

Although a modest amount there is funding available for organisations who embark on placements through Cumbria University and we are delighted by this however we understand from the University that funding payments from Educate Health England are currently running 18 months behind which is frustrating but we feel is good for us and an investment for our future.

Internal and external factors

Unfortunately, the restrictions put in place over the previous years due to Covid-19 followed us into this year and combined with the move from our centre in September 2020 there has been a significant impact on the activities of the Charity.

We continue to adapt to support our members and offer them the support they need.

We understand that whilst we no longer have a home a home of our own and must strive to make that happen, we can do it because we have demonstrated that through adversity and change we have grown, we have been innovative, we have done new things and adapted to what has happened around us so that we have remained relevant and we will sustain with help.

FINANCIAL REVIEW

Reserves policy

The trustees aim to hold reserves equivalent to 6 months running costs, to which we have been successful in this year.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustees therefore continue to adopt the going concern basis of accounting in preparation of the accounts.

FUTURE PLANS

The trustees have the following plans for 2022/23:
- source a practical, accessible and safe venue to operate from either as a regular consistent or permanent home
- hold social events for members and families
- build partnering and sponsorship relationships in the community
- develop an out of hours support programme

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by its governing document, a deed of trust, and constitutes an unicorporated charity.

Power to appoint new trustees rests with the continuing trustees under section 36 of the Trustee Act 1925.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1142148

Principal address

8 Endsleigh Grove
Lancaster
LA1 2TX

Trustees
Mrs P S Preston
Mrs R Gibson
C A Haywood (resigned 31.8.22)
Mrs S P Jackson
Dr M Towell (resigned 30.6.22)
G Bradshaw (appointed 1.9.22)
L Hodder (appointed 1.9.22)
A G Reilly (appointed 1.9.22)

Independent Examiner
Miss Charlotte Aldcroft
ACA CTA
Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

Approved by order of the board of trustees on 16 September 2022 and signed on its behalf by:

Mrs S P Jackson - Trustee



Independent examiner's report to the trustees of Neuro Drop In Centre
I report to the charity trustees on my examination of the accounts of Neuro Drop In Centre (the Trust) for the year ended 31 January 2022.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Miss Charlotte Aldcroft
ACA CTA
Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

16 September 2022

Neuro Drop In Centre

Statement of Financial Activities
for the Year Ended 31 January 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		8,665	1	8,666	20,052
Charitable activities					
Charitable Activities		2,729	39,529	42,258	113,209
Other trading activities	2	17,193	-	17,193	22,535
Other income		-	-	-	6,604
Total		28,587	39,530	68,117	162,400
EXPENDITURE ON					
Raising funds		3,039	-	3,039	3,599
Charitable activities					
Charitable Activities		18,872	-	18,872	9,020
Other		-	62,063	62,063	96,602
Total		21,911	62,063	83,974	109,221
NET INCOME/(EXPENDITURE)		6,676	(22,533)	(15,857)	53,179
RECONCILIATION OF FUNDS					
Total funds brought forward		49,782	22,768	72,550	19,371
TOTAL FUNDS CARRIED FORWARD		56,458	235	56,693	72,550

The notes form part of these financial statements

Neuro Drop In Centre

Balance Sheet
31 January 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	6	427	-	427	-
CURRENT ASSETS					
Cash at bank		56,926	852	57,778	72,825
CREDITORS					
Amounts falling due within one year	7	(895)	(617)	(1,512)	(275)
NET CURRENT ASSETS		56,031	235	56,266	72,550
TOTAL ASSETS LESS CURRENT LIABILITIES		56,458	235	56,693	72,550
NET ASSETS		56,458	235	56,693	72,550
FUNDS	9				
Unrestricted funds				56,458	49,782
Restricted funds:					
Mobility Fund				852	-
National Lottery Community Fund				(69)	348
Walney Extension Community Fund				(548)	2,267
Uplift Fund				-	345
Covid Response Fund				-	11,556
CAF Resilience Fund				-	8,087
LCC Restricted				-	165
				235	22,768
TOTAL FUNDS				56,693	72,550

The financial statements were approved by the Board of Trustees and authorised for issue on 16 September 2022 and were signed on its behalf by:

S P Jackson - Trustee

R Gibson - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The accounts have been prepared in accordance with applicable accounting standards, the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations, but which has since been withdrawn.

The accounts have been prepared on the cash basis.

Income
All income is recognised in the accounts on the cash basis.

Expenditure
All expenditure is recognised in the accounts on the cash basis.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 25% on cost

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Fundraising events	4,289	4,424
Activities for generating Fund	12,904	18,111
	17,193	22,535

continued...

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 January 2022 nor for the year ended 31 January 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 January 2022 nor for the year ended 31 January 2021.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Centre staff	4	6

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	20,052	-	20,052
Charitable activities			
Charitable Activities	-	113,209	113,209
Other trading activities	22,535	-	22,535
Other income	6,604	-	6,604
Total	49,191	113,209	162,400
EXPENDITURE ON			
Raising funds	3,599	-	3,599
Charitable activities			
Charitable Activities	9,020	-	9,020
Other	-	96,602	96,602
Total	12,619	96,602	109,221
NET INCOME	36,572	16,607	53,179
RECONCILIATION OF FUNDS			
Total funds brought forward	13,210	6,161	19,371
TOTAL FUNDS CARRIED FORWARD	49,782	22,768	72,550

continued...

6. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
Additions	569
DEPRECIATION	
Charge for year	142
NET BOOK VALUE	
At 31 January 2022	427
At 31 January 2021	-

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Bank loans and overdrafts (see note 8)	617	-
Taxation and social security	797	150
Other creditors	98	125
	1,512	275

8. LOANS

An analysis of the maturity of loans is given below:

	2022 £	2021 £
Amounts falling due within one year on demand:		
Bank overdrafts	617	-

9. MOVEMENT IN FUNDS

	At 1.2.21 £	Net movement in funds £	At 31.1.22 £
Unrestricted funds			
General fund	49,782	6,676	56,458
Restricted funds			
Mobility Fund	-	852	852
National Lottery Community Fund	348	(417)	(69)
Walney Extension Community Fund	2,267	(2,815)	(548)
Uplift Fund	345	(345)	-
Covid Response Fund	11,556	(11,556)	-
CAF Resilience Fund	8,087	(8,087)	-
LCC Restricted	165	(165)	-
	22,768	(22,533)	235
TOTAL FUNDS	72,550	(15,857)	56,693

continued...

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	28,587	(21,911)	6,676
Restricted funds			
Mobility Fund	1,000	(148)	852
National Lottery Community Fund	23,477	(23,894)	(417)
Walney Extension Community Fund	15,053	(17,868)	(2,815)
Uplift Fund	-	(345)	(345)
Covid Response Fund	-	(11,556)	(11,556)
CAF Resilience Fund	-	(8,087)	(8,087)
LCC Restricted	-	(165)	(165)
	39,530	(62,063)	(22,533)
TOTAL FUNDS	68,117	(83,974)	(15,857)

Comparatives for movement in funds

	At 1.2.20 £	Net movement in funds £	At 31.1.21 £
Unrestricted funds			
General fund	13,210	36,572	49,782
Restricted funds			
National Lottery Community Fund	6,161	(5,813)	348
Walney Extension Community Fund	-	2,267	2,267
Uplift Fund	-	345	345
Covid Response Fund	-	11,556	11,556
CAF Resilience Fund	-	8,087	8,087
LCC Restricted	-	165	165
	6,161	16,607	22,768
TOTAL FUNDS	19,371	53,179	72,550

continued...

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	46,691	(10,119)	36,572
Lancashire County Council	2,500	(2,500)	-
	49,191	(12,619)	36,572
Restricted funds			
National Lottery Community Fund	45,001	(50,814)	(5,813)
Walney Extension Community Fund	17,366	(15,099)	2,267
Uplift Fund	19,822	(19,477)	345
Covid Response Fund	15,020	(3,464)	11,556
CAF Resilience Fund	15,000	(6,913)	8,087
LCC Restricted	1,000	(835)	165
	113,209	(96,602)	16,607
TOTAL FUNDS	162,400	(109,221)	53,179

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2022.

Neuro Drop In Centre

Detailed Statement of Financial Activities
for the Year Ended 31 January 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	8,666	20,052
Other trading activities		
Fundraising events	4,289	4,424
Activities for generating Fund	12,904	18,111
	17,193	22,535
Charitable activities		
Grants	42,258	113,209
Other income		
Covid support	-	4,104
Council covid support	-	2,500
	-	6,604
Total incoming resources	68,117	162,400
EXPENDITURE		
Raising donations and legacies		
Cost of generating Funds	3,039	3,599
Charitable activities		
Charitable Activities	1,034	50
Other		
Restricted Funds expenses	62,063	96,602
Support costs		
Management		
Wages	10,300	2,559
Centre running costs	7,396	6,411
	17,696	8,970
Other		
Computer equipment	142	-
Total resources expended	83,974	109,221
Net (expenditure)/income	(15,857)	53,179

NEURO DROP IN CENTRE

England & Wales - Charity number 1142148

Accounts

REGISTERED CHARITY NUMBER: 1142148

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 31 January 2021

for

Neuro Drop In Centre

Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

Neuro Drop In Centre

Contents of the Financial Statements
for the Year Ended 31 January 2021

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Detailed Statement of Financial Activities	11

The trustees present their report with the financial statements of the charity for the year ended 31 January 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the Charity are as follows:
To provide relief of sickness, preservation and support to individuals, and their families, who are affected by neurological conditions such as:
MS, Parkinsons, ME, Stoke, Epilepsy, Motor Neurones, MG, Huntingtons etc.

Significant activities

Offering information and support to those affected by neuro illness, the provision of a drop in centre supporting the neuro community with facilities for recreation and relief in and around the Lancaster area.

Promoting and inviting the wider public to join in at fundraising events, thereby raising awareness and demonstrating community inclusivity.

Public benefit

The Trustees comply with the Charity Commissioners guidance on ensuring the operate for the benefit of the public by offering a one stop drop in centre for people affected by Neurological conditions.

The Trustees have paid due regard to guidance issued by the Charity Commission in relation to activities for the public benefit in deciding what activities the Charity should undertake.

Volunteers

Volunteers are vital to the continued growth, development and success of the Charity and their contributions are greatly appreciated.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

During March 2020 all face to face and physical support activities ceased as a result of the pandemic.

Throughout the period March 2020 to January 2021 we counted the deaths of 11% of our membership but saw an overall increase in numbers of 27%

We began contacting our members by phone regularly which helped us identify those who needed specific help and either address needs ourselves or signpost. We helped with the practical things that still needed to be done such as applications for Universal Credit or PIP and we acted in an advisory capacity to at least two who faced PIP tribunal assessments online during the period .

We were actively involved in the local Emergency Covid Response programme which ensured all relevant information about who could do what where and when was distributed around the area to GP ,Charities, NHS, Social care services etc. and through these links we were able to signpost members with specific needs to provision such as food bank and Egg Cup (delivery of prepared meals to the vulnerable) social care etc.

We shopped and collected groceries for our members and for many became in their words ' like an emergency service .. there when needed '

Wellbeing packs were delivered to over 2000 people over the period August 2020 to March 2021.

After the termination of the lease on our home in August 2020, through no fault of our own, we found generous support in the community and were offered free storage for our equipment / furniture etc and we moved our organisation to rented office space in White Cross in September 2020.

In October 2020 we began offering group covid safe coffee meet and greets. This was successful until the Government imposed another lockdown, which put an end to it.

We continued to work as team in the office maintaining covid safe restrictions and observing social distancing. We managed to make and produce a promo Christmas video, delivered Wellbeing Christmas Hampers and were able to fundraise by organising pre-booked Santa in your garden visits and running an online raffle.

Fundraising activities

The charity has held successful fund raising events through out the year and secured grants going forward that will assist in ensuring the charity can continue to fulfil its objectives.

Internal and external factors

Unfortunately, the restrictions put in place last year due to Covid-19 followed us into this year and combined with the move from our centre in September 2020 there has been a significant impact on the activities of the Charity.

All activities at the Centre were cancelled from March 2020, due to shielding restrictions. Although staff were initially furloughed,we were advised by the National Lottery & Walney Extension that they would continue to fund the payment of staff salaries.

Whilst the physical operation of the Centre ceased, we continued to support our members using volunteers who have been making regular telephone calls, collecting shopping & prescriptions, etc. We have also moved some classes on-line including seated Yoga, Zumba & Mindfulness. As lockdown eased, we also continued to serve the community by packing and delivering wellbeing support packages.

A storage facility was located free of charge, and equipment was moved from the Centre until new premises could be sourced.. A temporary office space has been located, to provide a central hub for the organisation and we moved in in September 2020.

We have continued to support members, adding additional support on-line including a chat-cafe and, from January 2021, Armchair Tourism.

In the short term, we have a business plan to source new premises.

FINANCIAL REVIEW

Reserves policy

The trustees aim to hold reserves equivalent to 6 months running costs, to which we have been successful in this year.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustees therefore continue to adopt the going concern basis of accounting in preparation of the accounts.

FUTURE PLANS

The trustees have the following plans for 2021/22:

- source a practical, accessible and safe venue to operate from either as a regular consistent or permanent home
- establish regular support services including physio for 0 - 4 year olds
- re-set the Neuro Drop In programme
- hold social events for members and families
- build partnering and sponsorship relationships in the community

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by its governing document, a deed of trust, and constitutes an unicorporated charity.

Power to appoint new trustees rests with the continuing trustees under section 36 of the Trustee Act 1925.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1142148

Principal address

8 Endsleigh Grove
Lancaster
LA1 2TX

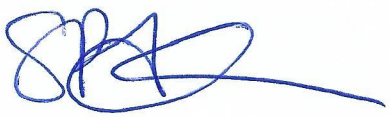
Trustees

Mrs P S Preston
Mrs R Gibson
C A Haywood
Mrs S P Jackson
R Proud (resigned 31.5.20)
Dr M Towell

Independent Examiner

Miss Charlotte Aldcroft
ACA CTA
Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

Approved by order of the board of trustees on 1 November 2021 and signed on its behalf by:



Mrs S P Jackson - Trustee

Independent examiner's report to the trustees of Neuro Drop In Centre
I report to the charity trustees on my examination of the accounts of Neuro Drop In Centre (the Trust) for the year ended 31 January 2021.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Miss Charlotte Aldcroft
ACA CTA
Haywoods
Kevan Pilling House
1 Myrtle Street
Bolton
Lancashire
BL1 3AH

1 November 2021

Neuro Drop In Centre

Statement of Financial Activities
for the Year Ended 31 January 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		20,052	-	20,052	23,908
Charitable activities					
Charitable Activities		-	113,209	113,209	75,934
Other trading activities	2	22,535	-	22,535	46,748
Other income		6,604	-	6,604	-
Total		49,191	113,209	162,400	146,590
EXPENDITURE ON					
Raising funds		3,599	-	3,599	19,849
Charitable activities					
Charitable Activities		9,020	-	9,020	43,922
Other		-	96,602	96,602	76,704
Total		12,619	96,602	109,221	140,475
NET INCOME		36,572	16,607	53,179	6,115
RECONCILIATION OF FUNDS					
Total funds brought forward		13,210	6,161	19,371	13,256
TOTAL FUNDS CARRIED FORWARD		49,782	22,768	72,550	19,371

The notes form part of these financial statements

Neuro Drop In Centre

Balance Sheet
31 January 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
CURRENT ASSETS					
Cash at bank		50,057	22,768	72,825	19,371
CREDITORS					
Amounts falling due within one year	6	(275)	-	(275)	-
NET CURRENT ASSETS		49,782	22,768	72,550	19,371
TOTAL ASSETS LESS CURRENT LIABILITIES		49,782	22,768	72,550	19,371
NET ASSETS		49,782	22,768	72,550	19,371
FUNDS	7				
Unrestricted funds				49,782	13,210
Restricted funds:					
National Lottery Community Fund				348	6,161
Walney Extension Community Fund				2,267	-
Uplift Fund				345	-
Covid Response Fund				11,556	-
CAF Resilience Fund				8,087	-
LCC Restricted				165	-
				22,768	6,161
TOTAL FUNDS				72,550	19,371

The financial statements were approved by the Board of Trustees and authorised for issue on 1 November 2021 and were signed on its behalf by:

S P Jackson - Trustee

M Towell - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The accounts have been prepared in accordance with applicable accounting standards, the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

The accounts have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations, but which has since been withdrawn.

The accounts have been prepared on the cash basis.

Income
All income is recognised in the accounts on the cash basis.

Expenditure
All expenditure is recognised in the accounts on the cash basis.

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Fundraising events	4,424	13,678
Activities for generating Fund	18,111	33,070
	22,535	46,748

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 January 2021 nor for the year ended 31 January 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 January 2021 nor for the year ended 31 January 2020.

continued...

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
Centre staff	6	4
Bistro/Kitchen Staff	-	3
	6	7

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	23,909	(1)	23,908
Charitable activities			
Charitable Activities	-	75,934	75,934
Other trading activities	46,748	-	46,748
Total	70,657	75,933	146,590
EXPENDITURE ON			
Raising funds	19,849	-	19,849
Charitable activities			
Charitable Activities	43,922	-	43,922
Other	-	76,704	76,704
Total	63,771	76,704	140,475
NET INCOME/(EXPENDITURE)	6,886	(771)	6,115
Transfers between funds	(4,798)	4,798	-
Net movement in funds	2,088	4,027	6,115
RECONCILIATION OF FUNDS			
Total funds brought forward	11,122	2,134	13,256
TOTAL FUNDS CARRIED FORWARD	13,210	6,161	19,371

continued...

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Taxation and social security	150	-
Other creditors	125	-
	275	-

7. MOVEMENT IN FUNDS

	At 1.2.20	Net movement in funds	At 31.1.21
	£	£	£
Unrestricted funds			
General fund	13,210	36,572	49,782
Restricted funds			
National Lottery Community Fund	6,161	(5,813)	348
Walney Extension Community Fund	-	2,267	2,267
Uplift Fund	-	345	345
Covid Response Fund	-	11,556	11,556
CAF Resilience Fund	-	8,087	8,087
LCC Restricted	-	165	165
	6,161	16,607	22,768
TOTAL FUNDS	19,371	53,179	72,550

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	46,691	(10,119)	36,572
Lancashire County Council	2,500	(2,500)	-
	49,191	(12,619)	36,572
Restricted funds			
National Lottery Community Fund	45,001	(50,814)	(5,813)
Walney Extension Community Fund	17,366	(15,099)	2,267
Uplift Fund	19,822	(19,477)	345
Covid Response Fund	15,020	(3,464)	11,556
CAF Resilience Fund	15,000	(6,913)	8,087
LCC Restricted	1,000	(835)	165
	113,209	(96,602)	16,607
TOTAL FUNDS	162,400	(109,221)	53,179

continued...

7. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.2.19 £	Net movement in funds £	Transfers between funds £	At 31.1.20 £
Unrestricted funds				
General fund	11,122	6,886	(4,798)	13,210
Restricted funds				
Nayeli's Fund	8	-	(8)	-
Mobility Fund	41	78	(119)	-
The Galbraith Trust	2,085	(1,545)	(540)	-
National Lottery Community Fund	-	6,161	-	6,161
Lancashire Environmental Fund	-	(2,887)	2,887	-
Walney Extension Community Fund	-	(2,578)	2,578	-
	2,134	(771)	4,798	6,161
TOTAL FUNDS	13,256	6,115	-	19,371

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	70,657	(63,771)	6,886
Restricted funds			
Mobility Fund	1,000	(922)	78
The Galbraith Trust	-	(1,545)	(1,545)
National Lottery Community Fund	50,000	(43,839)	6,161
Lancashire Environmental Fund	7,900	(10,787)	(2,887)
Walney Extension Community Fund	17,033	(19,611)	(2,578)
	75,933	(76,704)	(771)
TOTAL FUNDS	146,590	(140,475)	6,115

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2021.

Neuro Drop In Centre

Detailed Statement of Financial Activities
for the Year Ended 31 January 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	20,052	23,908
Other trading activities		
Fundraising events	4,424	13,678
Activities for generating Fund	18,111	33,070
	22,535	46,748
Charitable activities		
Grants	113,209	75,934
Other income		
Covid support	4,104	-
Council covid support	2,500	-
	6,604	-
Total incoming resources	162,400	146,590
EXPENDITURE		
Raising donations and legacies		
Wages	-	6,144
Cost of generating Funds	3,599	13,705
	3,599	19,849
Charitable activities		
Charitable Activities	50	1,984
Other		
Restricted Funds expenses	96,602	76,704
Support costs		
Management		
Wages	2,559	22,721
Centre running costs	6,411	19,217
	8,970	41,938
Total resources expended	109,221	140,475
Net income	53,179	6,115

This page does not form part of the statutory financial statements