

TOGETHER AS ONE

England & Wales · Charity number 1142042

Details

Other names T.A.O.

Status Registered

Legal form Other

Registered 2011-05-23

Register [View on the Charity Commission register](#)

Contact

Address The Pavilion
Twickenham Green
Twickenham
TW2 5QD

Phone 07504824657

Email taotwickenham@gmail.com

Website www.togetherasone.co.uk

Activities

Objects: THE OBJECTS ARE:1. TO PROMOTE AND PROTECT THE HEALTH AND WELL BEING OF PEOPLE WITH MENTAL HEALTH ISSUES LIVING IN THE LONDON BOROUGH OF RICHMOND ON THAMES AND SURROUNDING AREAS THROUGH THE PROVISION OF USER-LED SUPPORT, EDUCATION AND SELF-HELP ACTIVITIES IN A SAFE AND FRIENDLY ENVIRONMENT, SUCH PROVISIONS HELPING ISOLATION, AVOID SOCIAL EXCLUSION, PROMOTE SELF-RELIANCE AND INCREASE SELF-CONFIDENCE.2. TO PROVIDE OR ASSIST IN THE PROVISION OF FACILITIES FOR RECREATION AND OTHER LEISURE-TIME OCCUPATIONS WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF OUR BENEFICIARIES.

Activities: TAO runs a drop-in service 3 full days each week for people with long-term mental health difficulties - this provides space to socialise, quality meals at cost price, art group, drama group, therapy, massage, board games and other activities as and when volunteers are available to run a group. All activities are free. In addition we provide occasional subsidised meals (eg: Christmas) and outings.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Recreation
- **Who:** People With Disabilities, Other Defined Groups

Geography

- Hounslow
- Richmond Upon Thames

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£15,604	£20,280	-	-
2024-03-31	£7,527	£16,877	-	-
2023-03-31	£22,863	£19,235	-	-
2022-03-31	£16,040	£15,771	-	-
2021-03-31	£25,575	£17,551	-	-

Trustees

Name	Role	Appointed
DAVID MAY	Chair	2010-03-01
GUDRUN FINNSDOTTIR		
Martin Higham		2016-05-11
RON MILLAR		2010-03-01
YVONNE FYFFE		2012-12-31

TOGETHER AS ONE

England & Wales - Charity number 1142042

Accounts



Together As One
Annual Report
2020 – 2021



introduction

Together As One (TAO) provides support to anybody who may be feeling loneliness or social isolation, particularly as a result of mental health issues. We operate an open-door policy; this means that clients are free to just turn up, and that there is no restriction on the geographical area they may come from.

Our Patron is Sir Vince Cable, the former MP for Twickenham; he has been a long-time supporter of us and all that we do, and we greatly appreciate his involvement.

obituary

It is with great sadness that we report the passing of Martin Higham, former Trustee.

His death was most unexpected, though not in any way related to the pandemic. Yvonne, Gunna, Ron, David, attended his funeral as representatives of TAO; we spoke about his achievements and commitment to the organisation. Some clients also would have attended, but unfortunately were unable to due to the restriction on total number because of Coronavirus.

Martin will be greatly missed by all here.

news

The Coronavirus pandemic has been the biggest influence on activities during this reporting period. This naturally led to lower attendance numbers. Due to national lockdowns, we were closed altogether from: 23 March 2020 to 3 July 2020; also from 13 January 2021 to 26 March 2021. During these periods, we kept in contact with clients by telephone, all those who wanted it, to help people avoid feeling isolated.

For several years now, we have been almost the only drop-in – as opposed to referral – service in the borough; we can now proudly say that we have been the

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only service open for face-to-face meetings, whenever that was allowed by legislation. This is a testament to the dedication, and belief in helping our clients, of all of our: volunteers; employee; and committee.

Whenever we did run sessions, social distancing and the appropriate limits on group sizes were maintained; we also provided face masks and hand sanitiser for all to use.

regular activities

Together As One runs 5½ hours per day, three days per week, with RUILS funding one of those days. We are based at the Cricket Pavilion on Twickenham Green.

We provide a home-cooked meal at every session, at low price; to maintain this, we subsidise the cost slightly.

We offer a wide variety of board games, with a selection of these being played regularly.

This reporting period our Art Group ran, but only for some of the weeks that we were open; this was due to the national Coronavirus situation.

training placement

We were contacted by Claire, who is training to be a psychotherapist; she was looking for a mental health placement opportunity, which we were happy to offer.

Over the period 20 September 2020 to 21 July 2021 she spent time weekly, talking with clients here; this was greatly appreciated by them, as well as providing her with the 'hands-on' experience she needed.

She has now been accepted by the Tavistock Centre; we wish her well in the next stage of her learning.

events and trips

No trips were viable, due to the Coronavirus restrictions; we decided not to book a Christmas meal, also for safety reasons.

Although we would normally have held AGMs in the Mays of both 2020 and 2021 this was not possible, due to the Coronavirus restrictions then applying to group meetings; instead, the Committee elected in 2019 have continued in their posts.

charity shops

We have managed to raise a considerable amount of money through our three pop-up shops, helping to keep us financially independent as a Charity.

The shops were in: Twickenham (London Road); East Sheen (Upper Richmond Road); and then again Twickenham (York Street); many thanks to all the volunteers who gave their time to make this possible.

financial statement

	This year (2020 - 2021)	Last year (2019 - 2020)
Total Income	£25,575	£35,268
Total Expenditure	£17,551	£27,309
Balance carried forward	£98,166	£90,002

This is a summary of our financial situation; our separately-presented **Statement Of Accounts** goes into these figures in fuller detail.

staffing

For the period 1 April 2020 to 31 March 2021, our officials were: –

- **Chair and Administrator** David May
(Trustee*)
- **Secretary** Steve Cotton
(Trustee*)
- **Treasurer** Ron Millar
(Trustee*)
- **Shop Coordinator** Gunna Finnsdottir
(Trustee*)
- **General Committee Member** Yvonne Fyfe
(Trustee*)
- **Pavilion Coordinator** Elizabeth Beilby
(Paid Employee)
- **Volunteer Coordinator** Carol Ajegbo
(Unpaid; for April and May only)

Thanks to all of them for enabling our TAO project to run.

- * All trustees are unpaid.
This is as required by the Charities Commission.

appreciation

A somewhat reduced list of grantees this year; this is because we did fewer activities, as explained in the *news* section, above.

We would like to express our sincere thanks to:

- Our Patron, Sir Vince Cable.
- Cathy M; Charlie P; Gary W; all at RUILS.
- Twickenham Cricket Club, for providing us with the Pavilion to rent; also to Tony and Nigel of TCC.
- John Holmes, MBE.
- For catering: Rachid, Aruna, Johannes, Ian, Johnny, Elizabeth, Steve.
- Alex, for haircutting.
- Nikki, for running the art group.
- Richard, for help with accounts.
- Eric, for maintaining our website.
- Nisha, and Neda, for payroll support.
- Claire, for choosing TAO as where to do her placement.
- Borough Councillors, for their ongoing support over many years.
- Successive Mayors of Richmond, for their support in having attended all our AGMs.
- For working in the Shops: Judy; Hannah; Emily; Patsy; Richard; Johnny; Elizabeth; Gunna; and especially to Hakim, who regularly went 'above and beyond' in collections, deliveries, and other shop duties.
- All the Patels, at our local shop.
- Crystal Cleaners, for keeping the Pavilion looking fresh and tidy.

A large thank you, also, to all in the community whose goodwill and various support helps us to feel appreciated; and to all our clients, for their habitual cooperation in the project's smooth running.

how you can help

If you would like to volunteer with us, do please get in touch; either visit us at the Pavilion during opening hours, phone, or send us an email; we would love to hear from you.

We are registered with **Give As You Live**, the online shopping tool; by signing up through their website, various retailers will donate a percentage of any monies you spend with them, to us. This year, we have raised £18 through this route. The more people who sign up, the more money we will receive; many thanks to all those who have already signed up.

If you would like to donate to directly, the details are:

Bank	HSBC
Sort Code	40-38-18
Account Number	31706276

All donations, large or small, will be most gratefully received.

contact information

Access us any of the following ways: –

Phone	07504 824 657	(Ron – day-to-day Pavilion matters)
Email	taotwickenham@gmail.com	(David – administrative matters)
Website	www.togetherasone.co.uk	



**Together As One
Statement Of Accounts
2020 – 2021**



location of assets

As at 31 March 2021, the monies of Together As One Charity were distributed as follows:—

Pavilion

Bank Account	£20,841
Cash	£282

Popup Shop

Bank Account	£76,693
Cash	£350

TOTAL	£98,166
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The pages following present a more comprehensive breakdown of these figures.

receipts

	£	£
Donations and Fundraising		
Give As You Live/ Easyfundraising	18	
Charities' Aid Foundation	100	
William Grant Foundation	528	
RUILS	4,711	
Virgin Money	0	
Regular Donations	456	
One-Off Donations	795	
Other Receipts	2	
		6,609
Contribution to Expenses		
Rent	0	
Repairs/ Cleaning	312	
Outings	0	
Meals Sold	1,455	
		1,767
Popup Shop		
Income	17,329	
		17,329
Cash Surplus		-130
Total Receipts		25,575
Balance carried forward at end of financial year on 31/3/2021		98,166
TOTAL		115,577

payments

	£	£
Ongoing		
Rent	3,000	
Repairs/ Cleaning	1,366	
Insurance	310	
Wages	6,035	
		10,710
Activities		
Music Group	0	
Outings	36	
Art Group	0	
Other Activities	150	
		186
Promotional		
Fundraising	0	
Publicity / Marketing	0	
		0
Equipment		
		922
General Expenses		
		113
Popup Shop		
Expenses	4,459	
		4,459
Meals		
Cost Of Meals	1,160	
Christmas Meal	0	
		1,160
Total Payments		17,551
less cheques issued last year but banked this year		-140
Balance carried forward at end of financial year on 31/3/2021		98,166
TOTAL		115,577

audit situation

As at January 2022, these accounts are in the process of being audited.

17 January 2022

Statement of Audit

The accounts for Together As One are currently in the process of being audited. Usually, this process would have been fully completed by this point in the year. However, the national Coronavirus situation has led to delays; we will be getting the Audit completed as soon as we can.

David,
Administrator

p.p. **The Committee**