

Please Sign and Return

REGISTERED COMPANY NUMBER: 07505273 (England and Wales)
REGISTERED CHARITY NUMBER: 1142001

**Trustees' Report and
Financial Statements
for the Year Ended 31 January 2022
for
If U Care Share Foundation
(A Company Limited by Guarantee)**

TTR Barnes Limited
Chartered Accountants
3-5 Grange Terrace
Stockton Road
Sunderland
Tyne & Wear
SR2 7DG

If U Care Share Foundation

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for the year ended 31 January 2022**

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If U Care Share Foundation
Trustees' Report
for the year ended 31 January 2022

The Trustees who are also Directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the year ended 31 January 2022. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the Charity are to provide relief for any persons who have suffered suicide related bereavement, particularly the death of a family member or friend, to preserve and protect the health and well-being of any persons, in particular of young people, by seeking to reduce the risks of suicide and to promote positive mental health through the provision of education and training, advice and counselling, respite support, crisis support and other support services and resources as appropriate.

In pursuing these objectives, the Charity provides bereavement support and listening advice along with other support services such as training and workshops and so meets the Objects in its constitution, which are the relief of any persons who have suffered suicide-related bereavement and to preserve the health and well-being of any persons and, in particular, young people. The criteria the Charity uses to measure its success in that respect are the numbers of positive outcomes reported as being delivered to the parties commissioning postvention, prevention and intervention services and the numbers of people effectively supported.

Significant activities

During the year the Charity continued to provide various services, which focus attention on its core objectives, including:

- Delivery of Emotional and Mental Health ("EAMH") and Primary EAMH workshops, which are aimed at 4 to 16 year olds in schools throughout the North East of England.
- Delivery of Mental Health and Suicide Prevention workshops in partnership with the Premier League, League Football Education and Women's Super League.
- Providing one on one practical and emotional support to people who have been affected by suicide throughout County Durham, Newcastle, Gateshead, Sunderland, North and South Tyneside and Northumberland;
- Running awareness courses for people throughout the North East who work with young people;
- Delivering training programmes on suicide prevention;
- Providing the Suicide Help Awareness and Education service (SHARE), which provides a dedicated support manager for people who have been affected by suicide; and
- Working with young people who may feel suicidal to provide support and signpost support services.

Public benefit

The Trustees have had regard to the Charity Commission's guidance on their legal duty on public benefit and are satisfied that the Charity delivers public benefit and pays due regard to the guidance on public benefit when deciding which new projects the Charity should undertake.

The main activities undertaken to further the Charity's purposes for the public benefit, are those detailed above.

Volunteers

The 19 active volunteers with the foundation have a range of responsibilities from trustees to supporting at awareness events. In addition to this we also weekly volunteers who assist in the administrative operations of the foundation.

If U Care Share Foundation

Trustees' Report for the year ended 31 January 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

During the year we continued to see the same scale of referrals engaging with the charity in need of support. To respond to this the organisational structure has continued to develop to ensure the correct oversight of all aspects of the charity. While the challenges of Covid were still continuing to bring difficulties with relation to funding and fundraising it served as an opportunity to explore different avenues.

Our TEAMH (Tackling Emotional and Mental Health) continued to deliver workshops to young people across the UK, predominantly of which was delivered online. We also had the opportunity to bring back our annual campaigns following Covid and reconnect in person with our communities.

Fundraising activities

Having registered with the Fundraising Regulator, the Charity has agreed to meet the principles contained in the Fundraising Regulator's Code of Practice and, in doing so, works in line with the Code of Practice's values and supports the system of voluntary regulation. The Charity is committed to the Fundraising Promise and has processes in place to ensure its fundraising activities are legal, open, honest and respectful, which include the use of fundraising agreements with its supporters that set out the Charity's expectations as to how they will behave when raising funds on the Charity's behalf.

The Charity monitors fundraising activities on an ad-hoc basis, did not identify any failures to comply with the voluntary standard noted above and did not receive any complaints regarding its fundraising activities during the year.

If U Care Share Foundation
Trustees' Report
for the year ended 31 January 2022

ACHIEVEMENT AND PERFORMANCE

The Trustees consider that the Charity met the Objects in its constitution in the year by successfully delivering the following:

Prevention / Training

Presentations were made at two conferences, over 10 seminars in suicide awareness training were provided to a variety of private, statutory and voluntary organisations and various events were attended to raise awareness of the issues around suicide.

Working in partnership with schools and organisations, 74 EAMH sessions were delivered to young people aged between 13 to 18 years in secondary schools and community groups. In addition, 24 primary school emotional and mental health sessions and 157 sessions in professional sports clubs, including the League Football Education, Premier League, the FA and Women's football structure throughout the country, were provided. Overall, the Charity's work has reached 8,606 participants this year.

Prevention Support

During the year, the Charity provided one on one support to 483 people identified as being at risk of suicide with referrals coming from various pathways, which was an increase of 73.74% over the previous year. The Charity will continue to aim to be as active in the delivery of this programme throughout 2022.

Support After Suicide (SAS) service

Funding was secured from Durham County Council to continue to provide one to one support after suicide throughout County Durham and from local Clinical Consulting Groups ("CCGs") across the North East region of the Integrated Care System. The Charity was able to provide a one on one support after suicide service throughout Newcastle & Gateshead, Sunderland, North Tyneside, South Tyneside and Northumberland. That support is on both an emotional and practical basis and looks at all of the potential issues following bereavement after suicide including:

- attending a coroner's inquest;
- welfare rights support;
- advice on coroners and inquest procedures;
- housing advice;
- legal and benefit advice;
- navigation to support services;
- access to counselling & trauma therapy;
- access to equine assisted psychotherapy;
- support in emotional needs; and
- a range of alternative therapies.

A total of 333 people were referred into the SAS service in addition to some referrals still being supported from the previous reporting period. Referrals into the SAS service increased by 5.37% over the year.

If U Care Share Foundation
Trustees' Report
for the year ended 31 January 2022

FINANCIAL REVIEW

Principal funding sources

The Trustees' objective is to raise as many funds as is reasonably possible in order to finance the Charity's activities and to meet its reserves policy. That objective was met for the year with funds being raised from the following sources:

SAS

Continued funding to provide a bespoke SAS service for people affected by suicide and to enable the Charity to continue its work throughout the Coronavirus pandemic and beyond, including in the following areas:

- Durham County Council;
- Newcastle & Gateshead CCG;
- Sunderland CCG;
- North Tyneside CCG;
- South Tyneside CCG; and
- Northumberland CCG.

Prevention

Sunderland Public Health Fund to provide bespoke prevention support for people at risk of suicide within Sunderland.

County Durham Community Foundation ("CDCF")

To fund areas of suicide prevention highlighted by the increase in demand from the Coronavirus pandemic.

Knott Foundation

To fund and develop our technology Prevention equipment.

Global Make Some Noise/Scotto Trust/Tees Esk NHS/Lottery Funds

Funding to enable the Charity to employ prevention support officers to work with children, young adults and adults.

Incoming resources

The net incoming resources for the period amounted to a deficit of £11,267 (2021: surplus £325,988). The amount attributable to reserves stands at £1,025,043 (2021: £1,036,310) of which £778,731 (2021: £749,462) are restricted.

Reserves policy

The policy of the Trustees is to ensure that all expenses are fully funded and reserves are sufficient to cover expenditure commitment for a six month period.

If U Care Share Foundation
Trustees' Report
for the year ended 31 January 2022

FUTURE PLANS

The growth of the Charity is very much dependent upon the ability to secure funding and we have successfully implemented a fundraising strategy that has yielded positive results during the year. We received funding from the following sources, among others, to aid support and continue the Charity's work:

- CDCF Chester Le Street Health Fund;
- Tyne & Wear Community Fund;
- Arnold Clarke Community Fund;
- CDCF Fund;
- Aviva Community Fund;
- Sunderland Public Health Fund;
- Believe Housing Fund;
- CDCF Local Health Fund;
- Virgin Media O2 Community Fund (via Neighbourly);
- Sunderland West Area Funding;
- R W Mann Trust;
- Karbon Housing Fund; and
- Rose Paterson Trust.

Over the next twelve months the Charity aims to strengthen and extend its core services and seek to extend services in areas acknowledged as vital to the needs of the community.

The Charity has successfully agreed contracts to extend the current NHS CCG services for another year to provide the SAS services to those respective areas and to Durham CCG to provide Prevention services across County Durham.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a company limited by guarantee, as defined by the Companies Act 2006, and is constituted by its Articles of Association.

Recruitment and appointment of new Trustees

Trustees are re-appointed to or removed from the board by members of the Charity at the annual general meeting and are responsible for the strategic governance of the Charity. They do not receive any remuneration and offer their services voluntarily. Each Trustee brings his/her own specific skills and experience for the benefit of the Charity and, on appointment, new Trustees are able to meet with the Chief Operating Officers and other members of staff in order to understand the Charity's objectives and business processes. A procedure is in place for advising new Trustees about their expected roles and responsibilities, including reference to the Charity Commission's "The Essential Trustee" guidance.

Day-to-day management and decision-making

The officers responsible for the day-to-day management of the Charity during the year were Shirley Smith, Matthew Smith and Hannah Neil.

Decision-making regarding material expenditure, resourcing, remuneration and recruitment matters and the Charity's overall structure and strategy are reserved to the Trustees.

Key management remuneration

Key management remuneration is reviewed annually and normally increased with average earnings. The Trustees benchmark is the mid-point range paid for comparable roles in charities of a similar size.

Related parties

The Charity does not have any subsidiaries and there are no entities that are related parties. Two employees of the Charity are connected to a Trustee and the Trustees manage any issues that may arise in accordance with the guidance provided by the Charity Commission.

Risk management

The Trustees have a duty to identify and review the risks to which the Charity is exposed, to safeguard the assets of the Charity and to ensure appropriate controls are in place for taking steps to provide reasonable assurance against fraud and error.

If U Care Share Foundation
Trustees' Report
for the year ended 31 January 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Significant events

There were no significant financial events during the year but the Trustees are mindful of the effect of the COVID-19 pandemic on the environment within which the Charity operates and took action throughout the year, such as changes to the Charity's usual operational processes, in order to mitigate that effect.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07505273 (England and Wales)

Registered Charity number

1142001

Registered office

27 The Close East
South Pelaw
Chester Le Street
County Durham
DH2 2EY

Trustees

J Elliott
Mrs S Mcivor
B Robinson
D M Smith
Mrs M T Smithson
C Davidson
P A Urwin
Dr D J Milligan
G Lumsdale
Dr P T Fletcher
D M Cunningham

The Directors/Trustees shown above have held office during the whole of the period from 1 February 2021 to the date of this report unless stated otherwise.

During the financial year and up to the date of approval of the Trustees' report, an indemnity contained in the Charity's Articles of Association was in force for the benefit of the Trustees of the Charity, which was a qualifying indemnity provision of the purposes of the Companies Act 2006.

Independent Examiner

Allan Russell FCA
ICAEW
TTR Barnes Limited
Chartered Accountants
3-5 Grange Terrace
Stockton Road
Sunderland
Tyne & Wear
SR2 7DG

Bankers

Co-operative Bank
1 Balloon Street
Manchester
M60 4EP

If U Care Share Foundation

**Trustees' Report
for the year ended 31 January 2022**

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 10 October 2022 and signed on its behalf by:

X 
D M Smith - Trustee

**Independent Examiner's Report to the Trustees of
If U Care Share Foundation**

Independent examiner's report to the trustees of If U Care Share Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 January 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Allan Russell - TTR Barnes Limited

Allan Russell FCA
ICAEW
TTR Barnes Limited
Chartered Accountants
3-5 Grange Terrace
Stockton Road
Sunderland
Tyne & Wear
SR2 7DG

11 October 2022

If U Care Share Foundation

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the year ended 31 January 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	182,317	412,045	594,362	759,686
Charitable activities					
Charitable Activities					
		141,257	35	141,292	144,682
Training and Education		24,220	-	24,220	42,295
Total		<u>347,794</u>	<u>412,080</u>	<u>759,874</u>	<u>946,663</u>
EXPENDITURE ON					
Charitable activities	4				
Charitable Activities					
		390,171	378,191	768,362	619,507
Training and Education		2,779	-	2,779	1,168
Total		<u>392,950</u>	<u>378,191</u>	<u>771,141</u>	<u>620,675</u>
NET INCOME/(EXPENDITURE)		(45,156)	33,889	(11,267)	325,988
Transfers between funds	13	4,620	(4,620)	-	-
Net movement in funds		(40,536)	29,269	(11,267)	325,988
RECONCILIATION OF FUNDS					
Total funds brought forward		286,848	749,462	1,036,310	710,322
TOTAL FUNDS CARRIED FORWARD		<u>246,312</u>	<u>778,731</u>	<u>1,025,043</u>	<u>1,036,310</u>

The notes form part of these financial statements

If U Care Share Foundation

**Statement of Financial Position
31 January 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	10	19,162	9,327	28,489	15,154
CURRENT ASSETS					
Debtors	11	52,540	61,195	113,735	60,393
Cash at bank and in hand		201,584	708,211	909,795	980,459
		<u>254,124</u>	<u>769,406</u>	<u>1,023,530</u>	<u>1,040,852</u>
CREDITORS					
Amounts falling due within one year	12	(26,976)	-	(26,976)	(19,696)
NET CURRENT ASSETS		<u>227,148</u>	<u>769,406</u>	<u>996,554</u>	<u>1,021,156</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>246,310</u>	<u>778,733</u>	<u>1,025,043</u>	<u>1,036,310</u>
NET ASSETS		<u>246,310</u>	<u>778,733</u>	<u>1,025,043</u>	<u>1,036,310</u>
FUNDS	13				
Unrestricted funds				246,310	286,848
Restricted funds				778,733	749,462
TOTAL FUNDS				<u>1,025,043</u>	<u>1,036,310</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2022.

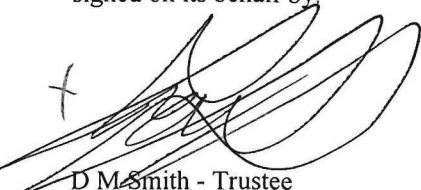
The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 10 October 2022 and were signed on its behalf by:


D M Smith - Trustee

The notes form part of these financial statements

If U Care Share Foundation

**Statement of Cash Flows
for the year ended 31 January 2022**

	Notes	2022 £	2021 £
Cash flows from operating activities			
Cash generated from operations	1	(46,651)	371,334
Net cash (used in)/provided by operating activities		<u>(46,651)</u>	<u>371,334</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(24,013)	(7,529)
Sale of tangible fixed assets		-	341
Net cash used in investing activities		<u>(24,013)</u>	<u>(7,188)</u>
Change in cash and cash equivalents in the reporting period		<u>(70,664)</u>	<u>364,146</u>
Cash and cash equivalents at the beginning of the reporting period		<u>980,459</u>	<u>616,313</u>
Cash and cash equivalents at the end of the reporting period		<u><u>909,795</u></u>	<u><u>980,459</u></u>

The notes form part of these financial statements

If U Care Share Foundation

**Notes to the Statement of Cash Flows
for the year ended 31 January 2022**

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(11,267)	325,988
Adjustments for:		
Depreciation charges	10,678	6,790
Loss on disposal of fixed assets	-	536
(Increase)/decrease in debtors	(53,342)	42,224
Increase/(decrease) in creditors	7,280	(4,204)
	<u> </u>	<u> </u>
Net cash (used in)/provided by operations	<u>(46,651)</u>	<u>371,334</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/2/21 £	Cash flow £	At 31/1/22 £
Net cash			
Cash at bank and in hand	980,459	(70,664)	909,795
	<u>980,459</u>	<u>(70,664)</u>	<u>909,795</u>
	<u>980,459</u>	<u>(70,664)</u>	<u>909,795</u>
Total	<u>980,459</u>	<u>(70,664)</u>	<u>909,795</u>

The notes form part of these financial statements

If U Care Share Foundation

Notes to the Financial Statements for the year ended 31 January 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The financial statements have also been prepared on the going concern basis, which assumes that the private charitable company limited by guarantee, will continue in operational existence for the foreseeable future, which the trustees consider appropriate with the reserves available.

Income

Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Income from the supply of goods and services are recognised with the delivery of the contracted item provided that: the stage of the completion, the costs incurred in delivering the service and the costs to complete the requirements of the contract can all be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 15% on reducing balance
Computer equipment	- 33% Straight line

Tangible fixed assets are stated at historical cost, less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Taxation

The Charity has £nil (2021: £nil) liability due to corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The Charity operates a defined contribution pension scheme. Contributions payable to the Charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate. This is apportioned between activities, both restricted and unrestricted, based on the time spent by staff in each area.

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2022**

1. ACCOUNTING POLICIES - continued

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	157,866	135,901
General	-	40,000
EAMHS	22,842	32,766
Durham CC - SAS	131,565	133,465
Big Lottery Fund	-	70,991
CDCF/AAP	3,000	12,000
Scotto Trust	-	5,000
TREATMENTS	21,008	20,000
SCC	2,358	36,958
GLOBAL MSN	-	56,295
CDCF SH	-	300
AAP NB	-	400
CDCF WILL	-	5,000
CCG areas	249,723	203,610
KNOTT TRUST	-	7,000
CDCF Technology Grant	5,000	-
VM02 Community	1,000	-
	<u>594,362</u>	<u>759,686</u>

3. INCOME FROM CHARITABLE ACTIVITIES

	2022	2021
	£	£
	Activity	
	Charitable Activities	
Fundraising income	135,349	73,064
	Charitable Activities	
Other Income	5,943	71,618
Premier League	24,220	42,295
	<u>165,512</u>	<u>186,977</u>

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2022**

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Charitable Activities			
Training and Education	737,321 2,779	31,041 -	768,362 2,779
	<u>740,100</u>	<u>31,041</u>	<u>771,141</u>

5. SUPPORT COSTS

	Governance costs £
Charitable Activities	
	<u>31,041</u>

Support costs, included in the above, are as follows:

	2022 Charitable Activities £	2021 Total activities £
Independent examiner fees	6,320	6,780
Sundries	4,451	2,639
Professional Fees	9,592	4,968
Depreciation of tangible fixed assets	10,678	6,790
Loss on sale of tangible fixed assets	-	536
	<u>31,041</u>	<u>21,713</u>

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022 £	2021 £
Independent examiner fees	6,320	6,780
Depreciation - owned assets	10,678	6,791
Deficit on disposal of fixed assets	-	536
	<u></u>	<u></u>

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2022**

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 January 2022 nor for the year ended 31 January 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 January 2022 nor for the year ended 31 January 2021.

8. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	516,463	456,532
Social security costs	37,925	34,049
Other pension costs	12,737	25,705
	<u>567,125</u>	<u>516,286</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Admin	1	3
Finance	2	1
Support	13	9
TEAMH	3	4
Management	6	5
	<u>25</u>	<u>22</u>

No employees received emoluments in excess of £60,000.

During the year, key management personnel received total remuneration and other benefits of £72,133 (2021: £59,277).

9. AUDIT, INDEPENDENT EXAMINATION AND OTHER FINANCIAL SERVICES FEES

During the year the following fees were paid to TTR Barnes Limited (the Charity's Independent Examiners):

	2022	2021
	£	£
Independent examiner fee	<u>6,320</u>	<u>6,780</u>

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2022**

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 February 2021	5,599	33,840	39,439
Additions	130	23,883	24,013
	<u>5,729</u>	<u>57,723</u>	<u>63,452</u>
DEPRECIATION			
At 1 February 2021	2,402	21,883	24,285
Charge for year	484	10,194	10,678
	<u>2,886</u>	<u>32,077</u>	<u>34,963</u>
NET BOOK VALUE			
At 31 January 2022	<u>2,843</u>	<u>25,646</u>	<u>28,489</u>
At 31 January 2021	<u>3,197</u>	<u>11,957</u>	<u>15,154</u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	88,258	-
Prepayments and accrued income	25,477	60,393
	<u>113,735</u>	<u>60,393</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	4,292	-
Accrued expenses	22,684	19,696
	<u>26,976</u>	<u>19,696</u>

If U Care Share Foundation

Notes to the Financial Statements - continued
for the year ended 31 January 2022

13. MOVEMENT IN FUNDS

	At 1/2/21 £	Net movement in funds £	Transfers between funds £	At 31/1/22 £
Unrestricted funds				
GENERAL FUND	286,848	(63,643)	4,620	227,825
PREMIER LEAGUE	-	18,485	-	18,485
	<u>286,848</u>	<u>(45,158)</u>	<u>4,620</u>	<u>246,310</u>
Restricted funds				
DCC/EAMHS	181,819	3,147	-	184,966
LOTTERY	64,950	(8,331)	-	56,619
SAS	147,401	34,636	-	182,037
DCC	-	(1,243)	2,115	872
CDCF	17,404	2,700	-	20,104
Postcode Community Fund	-	(103)	684	581
ST JAMES PLACE	1,685	(2,190)	505	-
SCOTTO TRUST	238	-	-	238
BASAPP	5,487	-	(5,487)	-
SCC	-	3,447	-	3,447
GLOBAL MSN	51,230	(27,280)	-	23,950
CDCF SH	42	-	-	42
AAP NB	2,579	(652)	-	1,927
CDCF WILL	3,861	(789)	-	3,072
DCC MHYC	2,530	-	(2,530)	-
TREATMENTS & THERAPIES	19,713	(4,581)	-	15,132
CCG AREAS	173,900	41,034	-	214,934
TEES ESK NHS	74,327	(30,945)	-	43,382
KNOTT TRUST	2,296	(1,058)	-	1,238
Proctor and Gamble	-	(93)	93	-
Karbon Homes	-	2,036	-	2,036
Virgin Media O2 Community Fund	-	156	-	156
Prevention	-	24,000	-	24,000
	<u>749,462</u>	<u>33,891</u>	<u>(4,620)</u>	<u>778,733</u>
TOTAL FUNDS	<u>1,036,310</u>	<u>(11,267)</u>	<u>-</u>	<u>1,025,043</u>

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2022**

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
GENERAL FUND	326,530	(390,173)	(63,643)
PREMIER LEAGUE	21,264	(2,779)	18,485
	<u>347,794</u>	<u>(392,952)</u>	<u>(45,158)</u>
Restricted funds			
DCC/EAMHS	3,276	(129)	3,147
LOTTERY	1	(8,332)	(8,331)
SAS	131,599	(96,963)	34,636
DCC	-	(1,243)	(1,243)
CDCF	3,000	(300)	2,700
Postcode Community Fund	-	(103)	(103)
ST JAMES PLACE	-	(2,190)	(2,190)
SCC	45,324	(41,877)	3,447
GLOBAL MSN	(2)	(27,278)	(27,280)
AAP NB	(1)	(651)	(652)
CDCF WILL	-	(789)	(789)
TREATMENTS & THERAPIES	5,000	(9,581)	(4,581)
CCG AREAS	190,524	(149,490)	41,034
TEES ESK NHS	1	(30,946)	(30,945)
KNOTT TRUST	-	(1,058)	(1,058)
Proctor and Gamble	-	(93)	(93)
Karbon Homes	2,358	(322)	2,036
Virgin Media O2 Community Fund	1,000	(844)	156
Prevention	30,000	(6,000)	24,000
	<u>412,080</u>	<u>(378,189)</u>	<u>33,891</u>
TOTAL FUNDS	<u>759,874</u>	<u>(771,141)</u>	<u>(11,267)</u>

If U Care Share Foundation

Notes to the Financial Statements - continued
for the year ended 31 January 2022

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/2/20 £	Net movement in funds £	At 31/1/21 £
Unrestricted funds			
GENERAL FUND	274,235	12,613	286,848
Restricted funds			
DCC/EAMHS	98,848	82,971	181,819
LOTTERY	2,626	62,324	64,950
SAS	98,962	48,439	147,401
CDCF	7,181	10,223	17,404
ST JAMES PLACE	3,778	(2,093)	1,685
SCOTTO TRUST	5,088	(4,850)	238
BASAPP	5,487	-	5,487
GLOBAL MSN	20,749	30,481	51,230
CDCF SH	-	42	42
AAP NB	2,910	(331)	2,579
CDCF WILL	1,625	2,236	3,861
DCC MHYC	2,530	-	2,530
TREATMENTS & THERAPIES	73	19,640	19,713
CCG AREAS	111,903	61,997	173,900
TEES ESK NHS	74,327	-	74,327
KNOTT TRUST	-	2,296	2,296
	<hr/>	<hr/>	<hr/>
	436,087	313,375	749,462
TOTAL FUNDS	<hr/>	<hr/>	<hr/>
	710,322	325,988	1,036,310

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2022**

13. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
GENERAL FUND	310,652	(298,039)	12,613
Restricted funds			
DCC/EAMHS	84,121	(1,150)	82,971
LOTTERY	70,991	(8,667)	62,324
SAS	133,465	(85,026)	48,439
CDCF	11,999	(1,776)	10,223
ST JAMES PLACE	872	(2,965)	(2,093)
SCOTTO TRUST	5,000	(9,850)	(4,850)
SCC	36,958	(36,958)	-
GLOBAL MSN	56,296	(25,815)	30,481
CDCF SH	300	(258)	42
AAP NB	400	(731)	(331)
CDCF WILL	4,999	(2,763)	2,236
TREATMENTS & THERAPIES	20,000	(360)	19,640
CCG AREAS	203,610	(141,613)	61,997
KNOTT TRUST	7,000	(4,704)	2,296
	<u>636,011</u>	<u>(322,636)</u>	<u>313,375</u>
TOTAL FUNDS	<u>946,663</u>	<u>(620,675)</u>	<u>325,988</u>

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2022.

15. FUNDS

EAMHS

The Emotional and Mental Health workshop (EAMHS) is aimed at 14-16 year olds and fits curriculum. This programme is delivered in schools throughout County Durham.

SAS

The Support after Suicide service provides bespoke practical and emotional support to persons affected by a death by suicide throughout County Durham.

CDCF

To fund running costs throughout COVID-19.

Lottery

To fund a prevention worker and associated prevention costs.

Scotto Trust

To fund prevention work.

BASAPP

To deliver STOP courses and marketing for Inside Out events.

SCC

To fund postvention work in Sunderland area.

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2022**

15. FUNDS - continued

GLOBAL MSN

To fund prevention work throughout COVID-19.

AAP/NB

To fund the purchase of computers.

CDCF WILL

Funding to cover event resources.

Treatments & Therapies

Provision of treatment, therapies and counselling sessions for young people.

CCG Areas

To provide postvention work within Sunderland/Newcastle/Gateshead/Northumberland/South Tyneside and North Tyneside.

KNOTT TRUST

Funding for Suicide monitoring technology.

Virgin Media 02 Community Fund

To fund the purchase of technology and garden equipment.

Prevention

To fund prevention work.

If U Care Share Foundation

**Detailed Statement of Financial Activities
for the year ended 31 January 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	157,866	135,901
General	-	40,000
EAMHS	22,842	32,766
Durham CC - SAS	131,565	133,465
Big Lottery Fund	-	70,991
CDCF/AAP	3,000	12,000
Scotto Trust	-	5,000
TREATMENTS	21,008	20,000
SCC	2,358	36,958
GLOBAL MSN	-	56,295
CDCF SH	-	300
AAP NB	-	400
CDCF WILL	-	5,000
CCG areas	249,723	203,610
KNOTT TRUST	-	7,000
CDCF Technology Grant	5,000	-
VM02 Community	1,000	-
	<hr/> 594,362	<hr/> 759,686
Charitable activities		
Fundraising income	135,349	73,064
Other Income	5,943	71,618
Premier League	24,220	42,295
	<hr/> 165,512	<hr/> 186,977
Total incoming resources	759,874	946,663
 EXPENDITURE		
Charitable activities		
Wages	516,463	456,532
Social security	37,925	34,049
Pensions	12,737	25,705
Rent	-	8
Utilities	14,436	13,153
Postage and stationery	3,969	3,634
Refreshments	295	63
Marketing	9,976	7,664
Session Workers	1,600	-
Sponsorship	84	41
Equipment	2,270	649
Support Costs	6,576	10,300
Activity Costs	92,696	23,811
Travel expenses	17,274	8,698
Carried forward	716,301	584,307

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If U Care Share Foundation

**Detailed Statement of Financial Activities
for the year ended 31 January 2022**

	2022 £	2021 £
Charitable activities		
Brought forward	716,301	584,307
Insurance	5,641	3,327
Computer costs	18,158	11,328
	<hr/> 740,100	<hr/> 598,962
Support costs		
Governance costs		
Independent examiner fees	6,320	6,780
Sundries	4,451	2,639
Professional Fees	9,592	4,968
Computer Equipment Depreciation	10,678	6,790
Loss on sale of tangible fixed assets	-	536
	<hr/> 31,041	<hr/> 21,713
Total resources expended	<hr/> 771,141	<hr/> 620,675
Net (expenditure)/income	<hr/> <hr/> (11,267)	<hr/> <hr/> 325,988

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