

REGISTERED COMPANY NUMBER: 07505273 (England and Wales)
REGISTERED CHARITY NUMBER: 1142001

Trustees' Report and
Financial Statements
for the Year Ended 31 January 2021
for
If U Care Share Foundation
(A Company Limited by Guarantee)

TTR Barnes Limited
Chartered Accountants
3-5 Grange Terrace
Stockton Road
Sunderland
Tyne & Wear
SR2 7DG

If U Care Share Foundation

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for the year ended 31 January 2021**

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If U Care Share Foundation
Trustees' Report
for the year ended 31 January 2021

The Trustees who are also Directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the year ended 31 January 2021. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the Charity are to provide relief for any persons who have suffered suicide related bereavement, particularly the death of a family member or friend, to preserve and protect the health and well-being of any persons, in particular of young people, by seeking to reduce the risks of suicide and to promote positive mental health through the provision of education and training, advice and counselling, respite support, crisis support and other support services and resources as appropriate.

In pursuing these objectives, the Charity provides bereavement support and listening advice along with other support services such as training and workshops and so meets the Objects in its constitution, which are the relief of any persons who have suffered suicide-related bereavement and to preserve the health and well-being of any persons and, in particular, young people. The criteria the Charity uses to measure its success in that respect are the numbers of positive outcomes reported as being delivered to the parties commissioning postvention, prevention and intervention services and the numbers of people effectively supported.

Significant activities

During the year the Charity continued to provide various services, which focus attention on its core objectives, including:

- Delivery of Emotional and Mental Health ("EAMH") and PrimarEAMH workshops, which are aimed at 4 to 16 year olds in schools throughout the North East of England.
- Delivery of Mental Health and Suicide Prevention workshops in partnership with the Premier League, League Football Education and Women's Super League.
- Providing one on one practical and emotional support to people throughout County Durham, Newcastle, Gateshead, Sunderland, North/South Tyneside and Northumberland who have been affected by suicide;
- Running awareness courses for people throughout the North East who work with young people;
- Delivering training programmes on suicide prevention;
- Providing the Suicide Help Awareness and Education service (SHARE), which provides a dedicated support manager for people who have been affected by suicide; and
- Working with young people who may feel suicidal to provide support and signpost support services.

Public benefit

The Trustees have had regard to the Charity Commission's guidance on their legal duty on public benefit and are satisfied that the Charity delivers public benefit and pays due regard to the guidance on public benefit when deciding which new projects the Charity should undertake.

The main activities undertaken to further the Charity's purposes for the public benefit, are those detailed above.

If U Care Share Foundation
Trustees' Report
for the year ended 31 January 2021

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

Having registered with the Fundraising Regulator, the Charity has agreed to meet the principles contained in the Fundraising Regulator's Code of Practice and, in doing so, works in line with the Code of Practice's values and supports the system of voluntary regulation. The Charity is committed to the Fundraising Promise and has processes in place to ensure its fundraising activities are legal, open, honest and respectful, which include the use of fundraising agreements with its supporters that set out the Charity's expectations as to how they will behave when raising funds on the Charity's behalf.

The Charity monitors fundraising activities on an ad-hoc basis, did not identify any failures to comply with the voluntary standard noted above and did not receive any complaints regarding its fundraising activities during the year.

The Trustees consider that the Charity met the Objects in its constitution in the year by successfully delivering the following:

Prevention

Our team has embraced online learning this year, which enabled us to reach more participants than ever as Premier League funding allowed us to work with 21 clubs over 59 sessions. Football League Education provided 16 clubs over 20 sessions, coupled with emerging support within elite women's football, the Women's Super League and Football Association have enabled 107 sessions to take place across 55 clubs or coaching centres. Overall the continued support of professional sport has seen us engage more than 5000 young people, players, parents, coaches, and club staff. Opportunities within a school setting have been reduced this year due to pandemic lockdowns. Despite this, the foundation has engaged with a further 1000 pupils within a secondary school setting.

Alongside our work within schools and sports clubs our team has presented at two conferences and provided seminars in suicide prevention and awareness to many private, statutory, and voluntary organisations. The support of these organisations is key as we seek to highlight the importance of remaining emotionally and mentally healthy, whilst highlighting the presence of suicide within our local communities and the role each organisation can play to help prevent and support those around them.

Prevention Support

During the year we provided one on one support to 278 people identified as being at risk of suicide with referrals coming from various pathways, which was an increase of 34% over the previous year. We continue to aim to be as active in the delivery of this programme throughout 2021.

Support After Suicide (SAS)

Throughout the year we have secured funding via Durham County Council to continue to provide one to one support after suicide throughout County Durham. As of January 2020 we have secured funding from local CCG's across the North East patch of the ICS (Integrated Care System) and have been able to provide one on one support after suicide service throughout Newcastle & Gateshead, Sunderland, North Tyneside, South Tyneside and Northumberland. Support is both emotional and practical and looks at all of the potential issues following bereavement after suicide including:

- attending a coroner's inquest;
- welfare rights support;
- advice on coroners and inquest procedures; - housing advice;
- legal and benefit advice;
- navigation to support services;
- access to counselling & trauma therapy
- access to equine assisted psychotherapy
- support in emotional needs; and
- a range of alternative therapies.

Over the last 12 months there was a total of 316 people referred into the support after suicide service in addition to some referrals still being supported from the previous reporting period. Referrals into the SAS service have increased by 23% for this period.

If U Care Share Foundation
Trustees' Report
for the year ended 31 January 2021

FINANCIAL REVIEW

Principal funding sources

The Trustees' objective is to raise as many funds as is reasonably possible in order to finance the Charity's activities and to meet its reserves policy. That objective was met for the year with funds being raised from the following sources:

Durham County Council
Newcastle & Gateshead CCG
Sunderland CCG
North Tyneside CCG
South Tyneside CCG
Northumberland CCG

SAS

Continued Funding from DCC/CAF/BGL/Community Foundation to provide a bespoke Support After Suicide service for people affected by suicide and to enable the charity to continue its work throughout the Coronavirus Pandemic

CDCF

To fund our areas of Prevention highlighted by the increase in demand from the Coronavirus Pandemic.

Knott Foundation

To fund and develop our technology Prevention equipment.

Global Make Some Noise/Scotto Trust/Tees Esk NHS /Lottery Funds

Funding to enable the Charity to employ prevention support officers to work with children, young adults and adults.

Sunderland NHS CCG/Newcastle & Gateshead NHS CCG/North Tyneside NHS CCG/South Tyneside NHS CCG/Northumberland NHS CCG

Support after Suicide Service in these areas

Incoming resources

The net incoming resources for the period amounted to a surplus of £325,988 (2020: surplus £313,357). The amount attributable to reserves stands at £1,036,310 (2020: £710,322) of which £749,462 (2020: £436,087) are restricted.

Reserves policy

The policy of the Trustees is to ensure that all expenses are fully funded and reserves are sufficient to cover expenditure commitments for a six month period.

FUTURE PLANS

The growth of the Charity is very much dependent upon the ability to secure funding and we have successfully implemented a fundraising strategy that has yielded positive results during the year. We received funding from the following sources, among others to aid support and continue the charities work through the covid-19 pandemic.

- Scotto Trust
- Barbour Foundation
- Tesco Bags of Help Fund
- Tyne & Wear Community Foundation
- Postcode Lottery
- Alex Johnson Trust
- Sunderland Community Chest
- lottery Covid-19 Response
- DCC Assistance and Disgrant Funds
- CAF Covid-19 Fund
- Northumbria Police

Over the next twelve months we aim to strengthen and extend our core services and seek to extend services in areas acknowledged as vital to the needs of the community. We have successfully agreed contracts to extend the current NHS CCG contracts for another year to provide Support After Suicide services to those respective areas.

If U Care Share Foundation
Trustees' Report
for the year ended 31 January 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a company limited by guarantee, as defined by the Companies Act 2006, and is constituted by its Articles of Association.

Recruitment and appointment of new Trustees

Trustees are re-appointed to or removed from the board by members of the Charity at the annual general meeting and are responsible for the strategic governance of the Charity. They do not receive any remuneration and offer their services voluntarily. Each Trustee brings his/her own specific skills and experience for the benefit of the Charity and, on appointment, new Trustees are able to meet with the Chief Operating Officer and other members of staff in order to understand the Charity's objectives and business processes. A procedure is in place for advising new Trustees about their expected roles and responsibilities, including reference to the Charity Commission's "The Essential Trustee" guidance.

Day-to-day management and decision-making

The officers responsible for the day-to-day management of the Charity during the year were Shirley Smith and Sandra Emery (retired June 2020).

Decision-making regarding matters such as material expenditure, resourcing, remuneration, recruitment and the Charity's overall structure and strategy are reserved to the Trustees.

Key management remuneration

Key management remuneration is reviewed annually and normally increased with average earnings. The Trustees benchmark is the mid-point range paid for comparable roles in charities of a similar size.

Related parties

The Charity does not have any subsidiaries and there are no entities that are related parties. Two employees of the Charity are connected to a Trustee and the Trustees manage any issues that may arise in accordance with the guidance provided by the Charity Commission.

Risk management

The Trustees have a duty to identify and review the risks to which the Charity is exposed, to safeguard the assets of the Charity and to ensure appropriate controls are in place for taking steps to provide reasonable assurance against fraud and error.

Significant events

There were no significant financial events during the year but the Trustees are mindful of the effect of the COVID-19 pandemic on the environment within which the Charity operates and have taken action throughout the year, such as the furloughing of staff and changes to the Charity's operational processes in order to mitigate that effect.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07505273 (England and Wales)

Registered Charity number

1142001

Registered office

27 The Close East
South Pelaw
Chester Le Street
County Durham
DH2 2EY

If U Care Share Foundation
Trustees' Report
for the year ended 31 January 2021

Trustees

J Elliott
Mrs S Mcivor
B Robinson
D M Smith
Mrs M T Smithson
C Davidson
P A Urwin
Dr D J Milligan
G Lumsdale
Dr P T Fletcher
D M Cunningham (appointed 10/5/20)

The Directors/Trustees shown above have held office during the whole of the period from 1 February 2020 to the date of this report unless stated otherwise.

During the financial year and up to the date of approval of the Trustees' report, an indemnity contained in the Charity's Articles of Association was in force for the benefit of the Trustees of the Charity, which was a qualifying indemnity provision of the purposes of the Companies Act 2006.

Independent Examiner

Allan Russell FCA
ICAEW
TTR Barnes Limited
Chartered Accountants
3-5 Grange Terrace
Stockton Road
Sunderland
Tyne & Wear
SR2 7DG

Bankers

Co-operative Bank
1 Balloon Street
Manchester
M60 4EP

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 20 September 2021 and signed on its behalf by:

D M Smith - Trustee

Independent Examiner's Report to the Trustees of If U Care Share Foundation

Independent examiner's report to the trustees of If U Care Share Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 January 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Allan Russell FCA
ICAEW
TTR Barnes Limited
Chartered Accountants
3-5 Grange Terrace
Stockton Road
Sunderland
Tyne & Wear
SR2 7DG

21 September 2021

If U Care Share Foundation

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the year ended 31 January 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	124,548	635,138	759,686	596,904
Charitable activities	3				
Charitable Activities					
		143,809	873	144,682	223,475
Training and Education		42,295	-	42,295	68,360
Total		<u>310,652</u>	<u>636,011</u>	<u>946,663</u>	<u>888,739</u>
EXPENDITURE ON					
Charitable activities	4				
Charitable Activities					
		298,031	321,476	619,507	495,817
Training and Education		7	1,161	1,168	79,565
Total		<u>298,038</u>	<u>322,637</u>	<u>620,675</u>	<u>575,382</u>
NET INCOME		<u>12,614</u>	<u>313,374</u>	<u>325,988</u>	<u>313,357</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		274,235	436,087	710,322	396,965
TOTAL FUNDS CARRIED FORWARD		<u><u>286,849</u></u>	<u><u>749,461</u></u>	<u><u>1,036,310</u></u>	<u><u>710,322</u></u>

The notes form part of these financial statements

If U Care Share Foundation

**Statement of Financial Position
31 January 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	10	5,605	9,549	15,154	15,292
CURRENT ASSETS					
Debtors	11	60,393	-	60,393	102,617
Cash at bank and in hand		240,547	739,913	980,460	616,314
		<u>300,940</u>	<u>739,913</u>	<u>1,040,853</u>	<u>718,931</u>
CREDITORS					
Amounts falling due within one year	12	(19,697)	-	(19,697)	(23,901)
NET CURRENT ASSETS		<u>281,243</u>	<u>739,913</u>	<u>1,021,156</u>	<u>695,030</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>286,848</u>	<u>749,462</u>	<u>1,036,310</u>	<u>710,322</u>
NET ASSETS		<u>286,848</u>	<u>749,462</u>	<u>1,036,310</u>	<u>710,322</u>
FUNDS	13				
Unrestricted funds				286,848	274,235
Restricted funds				749,462	436,087
TOTAL FUNDS				<u>1,036,310</u>	<u>710,322</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 September 2021 and were signed on its behalf by:

D M Smith - Trustee

The notes form part of these financial statements

If U Care Share Foundation

**Statement of Cash Flows
for the year ended 31 January 2021**

	Notes	2021 £	2020 £
Cash flows from operating activities			
Cash generated from operations	1	371,334	257,107
Net cash provided by operating activities		<u>371,334</u>	<u>257,107</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(7,529)	(13,438)
Sale of tangible fixed assets		341	1
Net cash used in investing activities		<u>(7,188)</u>	<u>(13,437)</u>
Change in cash and cash equivalents in the reporting period		<u>364,146</u>	<u>243,670</u>
Cash and cash equivalents at the beginning of the reporting period		<u>616,314</u>	<u>372,644</u>
Cash and cash equivalents at the end of the reporting period		<u><u>980,460</u></u>	<u><u>616,314</u></u>

The notes form part of these financial statements

If U Care Share Foundation

**Notes to the Statement of Cash Flows
for the year ended 31 January 2021**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES			
	2021	2020	
	£	£	
Net income for the reporting period (as per the Statement of Financial Activities)	325,988	313,357	
Adjustments for:			
Depreciation charges	6,790	4,056	
Loss on disposal of fixed assets	536	45	
Decrease/(increase) in debtors	42,224	(68,164)	
(Decrease)/increase in creditors	(4,204)	7,813	
	<u>371,334</u>	<u>257,107</u>	
Net cash provided by operations	<u>371,334</u>	<u>257,107</u>	
 2. ANALYSIS OF CHANGES IN NET FUNDS			
	At 1/2/20	Cash flow	At 31/1/21
	£	£	£
Net cash			
Cash at bank and in hand	616,314	364,146	980,460
	<u>616,314</u>	<u>364,146</u>	<u>980,460</u>
Total	<u>616,314</u>	<u>364,146</u>	<u>980,460</u>

The notes form part of these financial statements

If U Care Share Foundation

Notes to the Financial Statements for the year ended 31 January 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The financial statements have also been prepared on the going concern basis, which assumes that the private charitable company limited by guarantee, will continue in operational existence for the foreseeable future, which the trustees consider appropriate with the reserves available.

Income

Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Income from the supply of goods and services are recognised with the delivery of the contracted item provided that: the stage of the completion, the costs incurred in delivering the service and the costs to complete the requirements of the contract can all be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 15% on reducing balance
Computer equipment	- 33% Straight line

Tangible fixed assets are stated at historical cost, less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Taxation

The Charity has £nil (2020: £nil) liability due to corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The Charity operates a defined contribution pension scheme. Contributions payable to the Charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate. This is apportioned between activities, both restricted and unrestricted, based on the time spent by staff in each area.

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2021**

1. ACCOUNTING POLICIES - continued

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	135,901	58,670
General	40,000	8,000
EAMHS	32,766	149,880
Durham CC - SAS	133,465	87,500
Big Lottery Fund	70,991	7,100
CDCF/AAP	12,000	8,894
Scotto Trust	5,000	10,000
TREATMENTS	20,000	9,000
SCC	36,958	15,000
GLOBAL MSN	56,295	34,764
CDCF SH	300	220
AAP NB	400	2,300
CDCF WILL	5,000	-
CCG areas	203,610	127,612
Tees Esk NHS	-	77,964
KNOTT TRUST	7,000	-
	<u>759,686</u>	<u>596,904</u>

3. INCOME FROM CHARITABLE ACTIVITIES

		2021	2020
	Activity	£	£
	Charitable Activities		
Fundraising income		73,064	220,919
	Charitable Activities		
Other Income		71,618	2,556
Premier League	Training and Education	42,295	68,360
		<u>186,977</u>	<u>291,835</u>

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2021**

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Charitable Activities			
Training and Education	597,794 1,168	21,713 -	619,507 1,168
	<u>598,962</u>	<u>21,713</u>	<u>620,675</u>

5. SUPPORT COSTS

	Governance costs £
Charitable Activities	
	<u>21,713</u>

Support costs, included in the above, are as follows:

	2021 Charitable Activities £	2020 Total activities £
Independent examiner fees	6,780	5,520
Sundries	2,639	2,041
Professional Fees	4,968	6,276
Depreciation of tangible fixed assets	6,790	4,056
Loss on sale of tangible fixed assets	536	45
	<u>21,713</u>	<u>17,938</u>

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Independent examiner fees	6,780	5,520
Depreciation - owned assets	6,791	4,057
Deficit on disposal of fixed assets	536	45
	<u></u>	<u></u>

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2021**

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 January 2021 nor for the year ended 31 January 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 January 2021 nor for the year ended 31 January 2020.

8. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	456,532	335,793
Social security costs	34,049	23,660
Other pension costs	25,705	22,535
	<u>516,286</u>	<u>381,988</u>

The average monthly number of employees during the year was as follows:

	2021	2020
Support staff	<u>22</u>	<u>18</u>

No employees received emoluments in excess of £60,000.

During the year, key management personnel received total remuneration and other benefits of £59,277 (2020: £81,037).

9. AUDIT, INDEPENDENT EXAMINATION AND OTHER FINANCIAL SERVICES FEES

During the year the following fees were paid to TTR Barnes Limited (the Charity's Independent Examiners):

	2021	2020
	£	£
Independent examiner fee	<u>6,780</u>	<u>5,520</u>

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2021**

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 February 2020	6,402	26,580	32,982
Additions	269	7,260	7,529
Disposals	(1,072)	-	(1,072)
	<u>5,599</u>	<u>33,840</u>	<u>39,439</u>
DEPRECIATION			
At 1 February 2020	2,001	15,689	17,690
Charge for year	597	6,194	6,791
Eliminated on disposal	(196)	-	(196)
	<u>2,402</u>	<u>21,883</u>	<u>24,285</u>
NET BOOK VALUE			
At 31 January 2021	<u>3,197</u>	<u>11,957</u>	<u>15,154</u>
At 31 January 2020	<u>4,401</u>	<u>10,891</u>	<u>15,292</u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Prepayments	<u>60,393</u>	<u>102,617</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Accrued expenses	<u>19,697</u>	<u>23,901</u>

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2021**

13. MOVEMENT IN FUNDS

	At 1/2/20 £	Net movement in funds £	At 31/1/21 £
Unrestricted funds			
GENERAL FUND	274,235	12,613	286,848
Restricted funds			
DCC/EAMHS	98,848	82,971	181,819
LOTTERY	2,626	62,324	64,950
SAS	98,962	48,439	147,401
CDCF	7,181	10,223	17,404
ST JAMES PLACE	3,778	(2,093)	1,685
SCOTTO TRUST	5,088	(4,850)	238
BASAPP	5,487	-	5,487
GLOBAL MSN	20,749	30,481	51,230
CDCF SH	-	42	42
AAP NB	2,910	(331)	2,579
CDCF WILL	1,625	2,236	3,861
DCC MHYC			
	2,530	-	2,530
TREATMENTS & THERAPIES			
	73	19,640	19,713
CCG AREAS	111,903	61,997	173,900
TEES ESK NHS	74,327	-	74,327
KNOTT TRUST	-	2,296	2,296
	<u>436,087</u>	<u>313,375</u>	<u>749,462</u>
TOTAL FUNDS	<u><u>710,322</u></u>	<u><u>325,988</u></u>	<u><u>1,036,310</u></u>

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2021**

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
GENERAL FUND	310,652	(298,039)	12,613
Restricted funds			
DCC/EAMHS	84,121	(1,150)	82,971
LOTTERY	70,991	(8,667)	62,324
SAS	133,465	(85,026)	48,439
CDCF	11,999	(1,776)	10,223
ST JAMES PLACE	872	(2,965)	(2,093)
SCOTTO TRUST	5,000	(9,850)	(4,850)
SCC	36,958	(36,958)	-
GLOBAL MSN	56,296	(25,815)	30,481
CDCF SH	300	(258)	42
AAP NB	400	(731)	(331)
CDCF WILL	4,999	(2,763)	2,236
TREATMENTS & THERAPIES			
	20,000	(360)	19,640
CCG AREAS	203,610	(141,613)	61,997
KNOTT TRUST	7,000	(4,704)	2,296
	<hr/>	<hr/>	<hr/>
	636,011	(322,636)	313,375
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>946,663</u>	<u>(620,675)</u>	<u>325,988</u>

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2021**

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/2/19 £	Net movement in funds £	At 31/1/20 £
Unrestricted funds			
GENERAL FUND	242,611	31,624	274,235
Restricted funds			
DCC/EAMHS	20,901	77,947	98,848
LOTTERY	-	2,626	2,626
SAS	90,991	7,971	98,962
CDCF	1,322	5,859	7,181
ST JAMES PLACE	-	3,778	3,778
SCOTTO TRUST	6,303	(1,215)	5,088
BASAPP	5,598	(111)	5,487
SCC	8,221	(8,221)	-
GLOBAL MSN	12,683	8,066	20,749
AAP NB	1,003	1,907	2,910
CDCF WILL	4,802	(3,177)	1,625
DCC MHYC			
	2,530	-	2,530
TREATMENTS & THERAPIES			
	-	73	73
CCG AREAS	-	111,903	111,903
TEES ESK NHS	-	74,327	74,327
	<hr/> 154,354	<hr/> 281,733	<hr/> 436,087
TOTAL FUNDS	<hr/> 396,965 <hr/>	<hr/> 313,357 <hr/>	<hr/> 710,322 <hr/>

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2021**

13. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
GENERAL FUND	412,277	(380,653)	31,624
PREMIER LEAGUE	11,205	(11,205)	-
	<u>423,482</u>	<u>(391,858)</u>	<u>31,624</u>
Restricted funds			
DCC/EAMHS	79,886	(1,939)	77,947
LOTTERY	7,101	(4,475)	2,626
SAS	88,500	(80,529)	7,971
CDCF	8,894	(3,035)	5,859
ST JAMES PLACE	4,017	(239)	3,778
SCOTTO TRUST	9,999	(11,214)	(1,215)
BASAPP	1	(112)	(111)
SCC	15,000	(23,221)	(8,221)
GLOBAL MSN	34,764	(26,698)	8,066
CDCF SH	220	(220)	-
AAP NB	2,299	(392)	1,907
CDCF WILL	1	(3,178)	(3,177)
TREATMENTS & THERAPIES			
	9,000	(8,927)	73
CCG AREAS	127,611	(15,708)	111,903
TEES ESK NHS	77,964	(3,637)	74,327
	<u>465,257</u>	<u>(183,524)</u>	<u>281,733</u>
TOTAL FUNDS	<u>888,739</u>	<u>(575,382)</u>	<u>313,357</u>

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2021.

15. FUNDS

EAMHS

The Emotional and Mental Health workshop (EAMHS) is aimed at 14-16 year olds and fits curriculum. This programme is delivered in schools throughout County Durham.

SAS

The Support after Suicide service provides bespoke practical and emotional support to persons affected by a death by suicide throughout County Durham.

CDCF

To fund running costs throughout COVID-19.

Lottery

To fund a prevention worker and associated prevention costs.

Scotto Trust

To fund our prevention work.

If U Care Share Foundation

**Notes to the Financial Statements - continued
for the year ended 31 January 2021**

15. FUNDS - continued

BASAPP

To deliver STOP courses. Marketing for Inside Out events.

SCC

To fund postvention work in Sunderland area.

GLOBAL MSN

To fund prevention work throughout COVID-19.

AAP/NB

To Fund the purchase of computers.

CDCF WILL

Funding to cover events resources.

Treatments & Therapies

Provision of Treatment, Therapies and counselling sessions for young people.

CCG Areas

To provide postvention work within Sunderland/Newcastle/Gateshead/Northumberland/South Tyneside and North Tyneside.

Tees Esk NHS

To fund prevention work.

KNOTT TRUST

Funding for Suicide monitoring technology.

If U Care Share Foundation

**Detailed Statement of Financial Activities
for the year ended 31 January 2021**

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	135,901	58,670
General	40,000	8,000
EAMHS	32,766	149,880
Durham CC - SAS	133,465	87,500
Big Lottery Fund	70,991	7,100
CDCF/AAP	12,000	8,894
Scotto Trust	5,000	10,000
TREATMENTS	20,000	9,000
SCC	36,958	15,000
GLOBAL MSN	56,295	34,764
CDCF SH	300	220
AAP NB	400	2,300
CDCF WILL	5,000	-
CCG areas	203,610	127,612
Tees Esk NHS	-	77,964
KNOTT TRUST	7,000	-
	<hr/>	<hr/>
	759,686	596,904
Charitable activities		
Fundraising income	73,064	220,919
Other Income	71,618	2,556
Premier League	42,295	68,360
	<hr/>	<hr/>
	186,977	291,835
Total incoming resources	<hr/>	<hr/>
	946,663	888,739
EXPENDITURE		
Charitable activities		
Wages	456,532	335,793
Social security	34,049	23,660
Pensions	25,705	22,535
Rent	8	534
Utilities	13,153	9,214
Postage and stationery	3,634	7,866
Refreshments	63	443
Marketing	7,664	23,180
Training Costs	-	2,580
Sponsorship	41	178
Equipment	649	656
Support Costs	10,300	10,403
Activity Costs	23,811	53,578
Travel expenses	8,698	43,962
Insurance	3,327	2,304
Carried forward	587,634	536,886

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If U Care Share Foundation

**Detailed Statement of Financial Activities
for the year ended 31 January 2021**

	2021 £	2020 £
Charitable activities		
Brought forward	587,634	536,886
Computer costs	11,328	20,558
	<u>598,962</u>	<u>557,444</u>
Support costs		
Governance costs		
Independent examiner fees	6,780	5,520
Sundries	2,639	2,041
Professional Fees	4,968	6,276
Computer Equipment Depreciation	6,790	4,056
Loss on sale of tangible fixed assets	536	45
	<u>21,713</u>	<u>17,938</u>
Total resources expended	<u>620,675</u>	<u>575,382</u>
Net income	<u><u>325,988</u></u>	<u><u>313,357</u></u>

This page does not form part of the statutory financial statements