



A Little
Gesture

Annual Report

2022



TABLE OF CONTENTS

1

BRIEF INTRODUCTION
P.3

2

OUR APPROACH
P.5

3

IMPACT IN 2022
P.6

4

CASE STUDY
P.7

5

ALG IN NUMBERS
P.8

6

PROJECTS
P.9 TO P.15

7

FINANCIAL SUMMARY
P.16 TO P.20

8

FINAL NOTES & HIGHLIGHTS
P. 21

9

GLOSSARY
P. 22



A Little Gesture A Great Help (ALG)

About us

ALG is a non-profit organization recognized by the Charity Commission for England and Wales since 2011.

In 2022, ALG reached 3 237 direct beneficiaries in the province of Gaza, Mozambique, in its joint operation with sister charity UPG Portugal¹.

Vision

Break the cycle of poverty in Mozambique

Mission

Promote the improvement of the living conditions of every child in the needy communities in southern Mozambique.



1. UPG is a non-profit Association legally recognized as a Non-Governmental Organization for Development (NGDO) by the Portuguese Ministry of Foreign Affairs since 2008, and by the Mozambican Ministry of Foreign Affairs since 2010. ALG is registered with the UK Charity Commission since 2011

Letter from the Chairman

What a year 2022 has been, yet again full of surprises but never without hope. Yet again we took steps well out of our depth and are overwhelmed with emotion of the impact we had on the lives of the children. Yet again we dedicated heart and soul (and many many hours) to the little (and not so little ones) in Mozambique.

With a mission so difficult, the end is not always near. We are working every day to tool each child and family to break the cycle of poverty. Through education and nutrition, we believe this will be possible one family at a time. With this long end in sight, we spend a lot of time thinking about what else we can do, and too little thinking about the lives that are already being changed every day.

Changing lives is precisely at the centre of our actions. And for that, we have also changed ourselves, grown as a team, pushed ourselves further. We launched one of our largest projects feeding 1500 children 3x a week. We lost a bit of sleep on it, but here is the outcome:

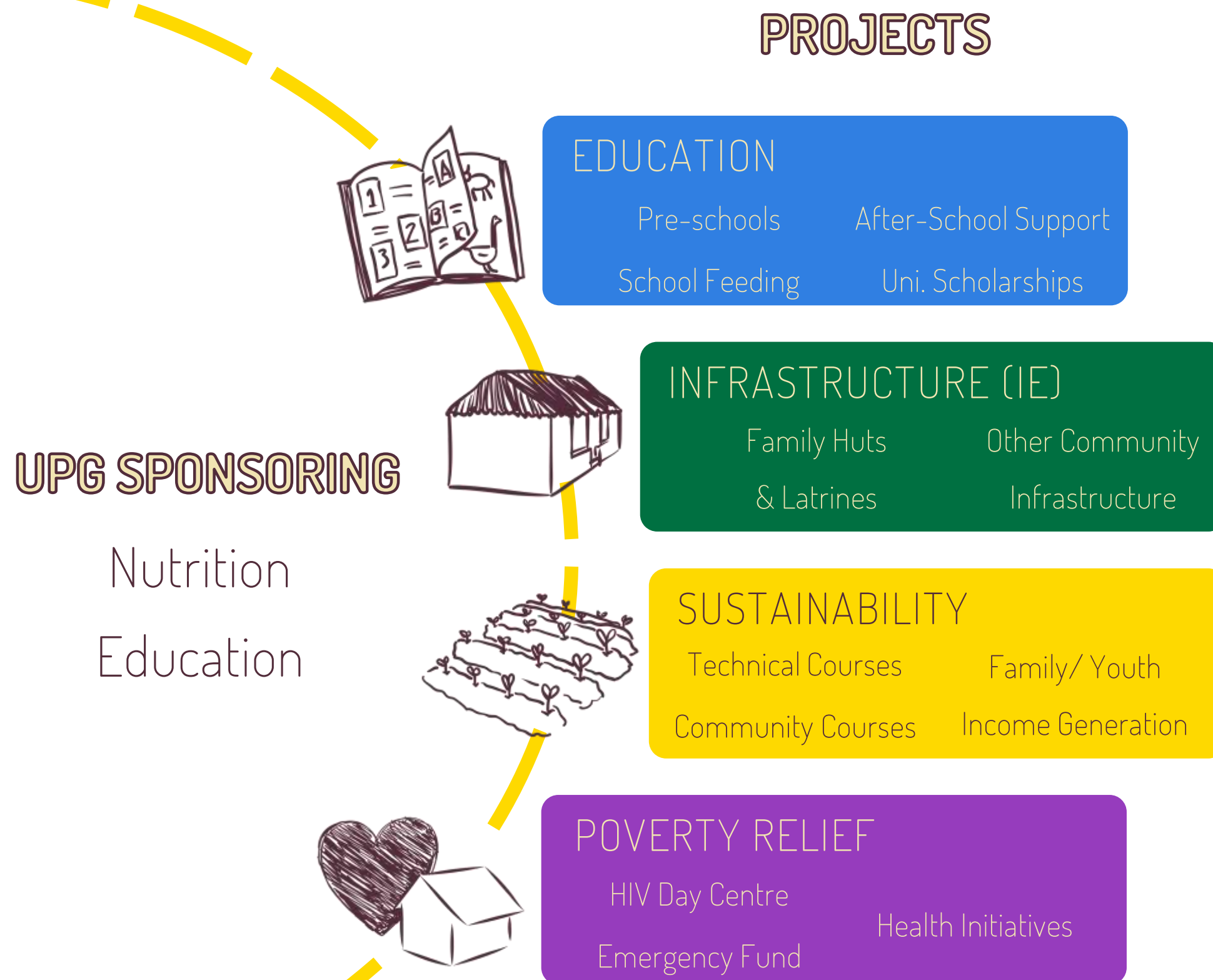
- 120 thousand meals provided at São Vicente School
- School absenteeism went from 11% to 2% in only 1 year
- 150 thousand meals provided at Santa Luisa Marillac school

The list goes on as I go through each program – after-school support, pre-schools, uni scholarships, HIV center, housing. I won't get stuck on numbers.

Through our 18-year history, we focused on one story at a time. But the bigger picture reminds us of the large number of lives we are changing. Stories are behind every single number, and with your help, we will have many more to bring in 2023.

Sara Vicente Barreto – ALG Founder





How we operate

The Child at the Center of Our Intervention

ALG accomplishes its mission by providing in-depth, personalized support to each child, promoting nutrition, education, and empowerment in a healthy and dignified environment.

34k

children supported since 2011

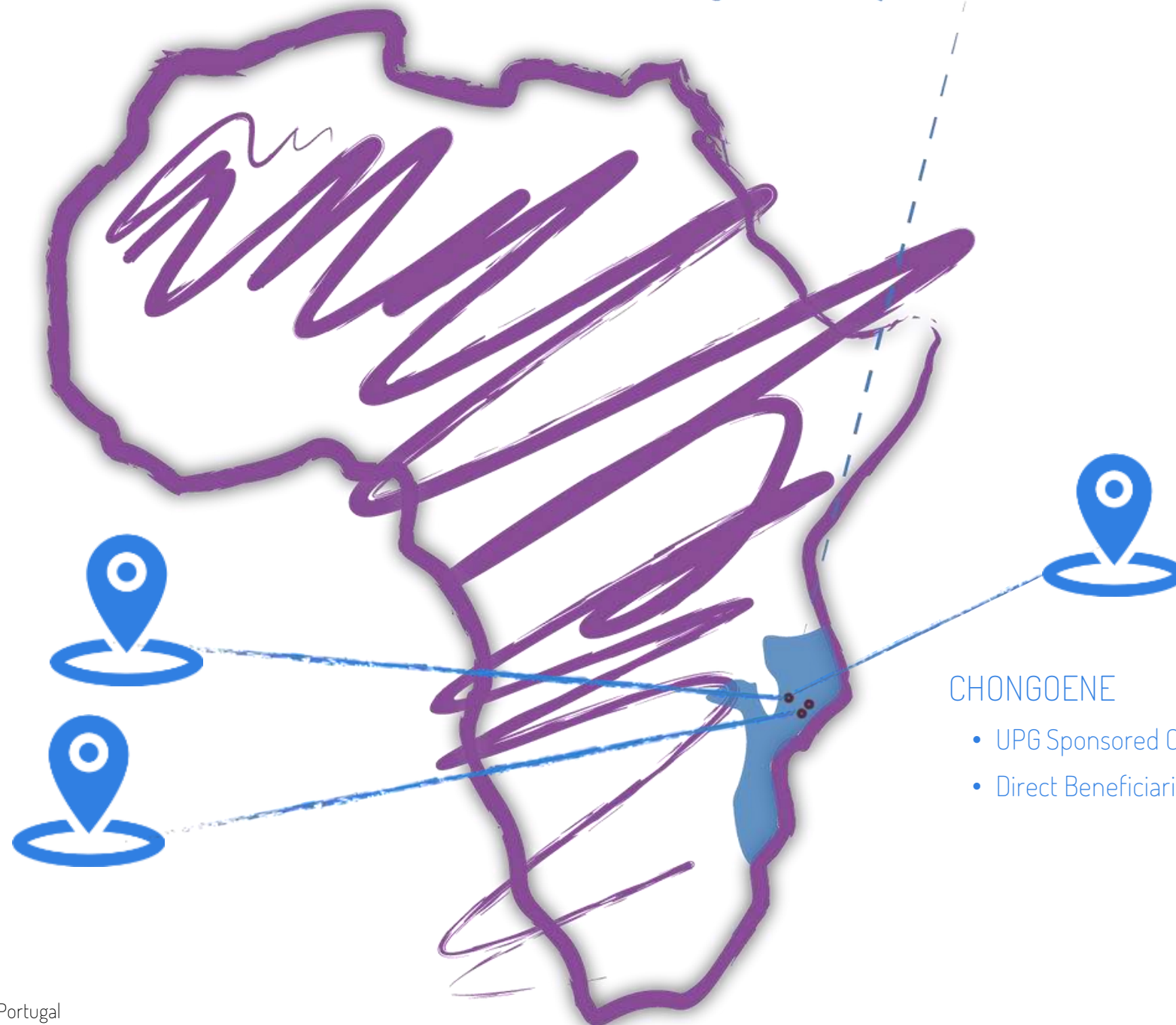
£751k

disbursed since 2011

A Little Gesture Mozambique

Impact in 2022¹

MOÇAMBIQUE 



2022 BENEFICIARIES²:

3 237

FINANCIAL OVERVIEW

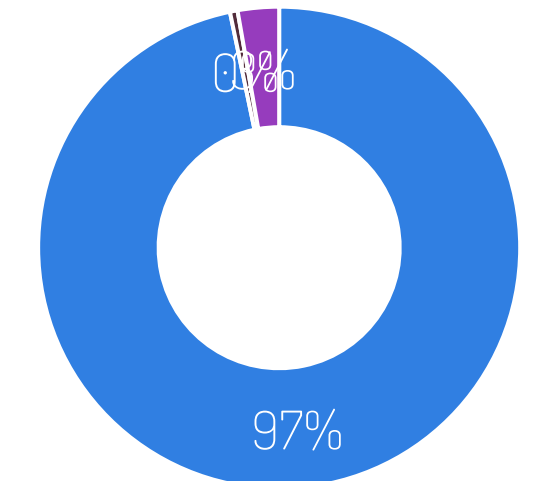
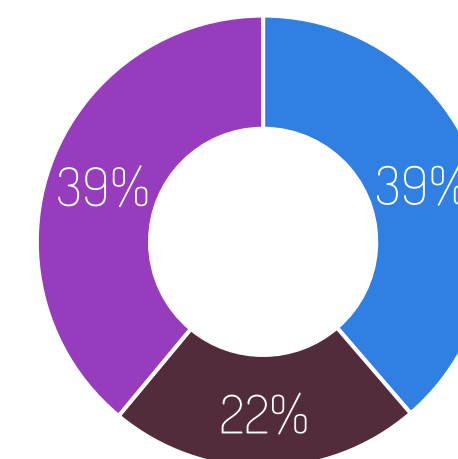
£ RAISED
BY PROJECT

£89 556

£ APPLIED
BY TYPE

£57 128

■ Education ■ Poverty ■ General



■ Charitable Activities ■ Governance Costs ■ Fundraising Costs

1. Sponsoring program is exclusively run by UPG Portugal

2. Net beneficiaries allows a clear picture of how many unique beneficiaries are touched by ALG interventions

CASE STUDY



Almira

Former UPG Sponsored Child, Former
Local Technician, Former University
Scholarship Student



INCREASING FEMALE EMPOWERMENT

ALG focuses on female empowerment through education, training, and financial literacy of women. This reinforces self-confidence, reduces gender inequality, and encourages women and girls to stand up for themselves and fight for their rights. The more empowered they are, the greater their power and control over their own lives.

During her journey with UPG, Almira has taken part in various training programmes and activities for female empowerment. Today, she acts as a mentor to the younger girls, seeking to continue the chain of empowerment and support the young women in training.

Almira is 21 years old and has been with UPG/ALG since she was 10 years old, in the Sponsorship program at the Santa Luísa de Marillac school in Manjanguê, when she started attending 5th grade. With a lot of affection for children, her childhood dream was to become a teacher.

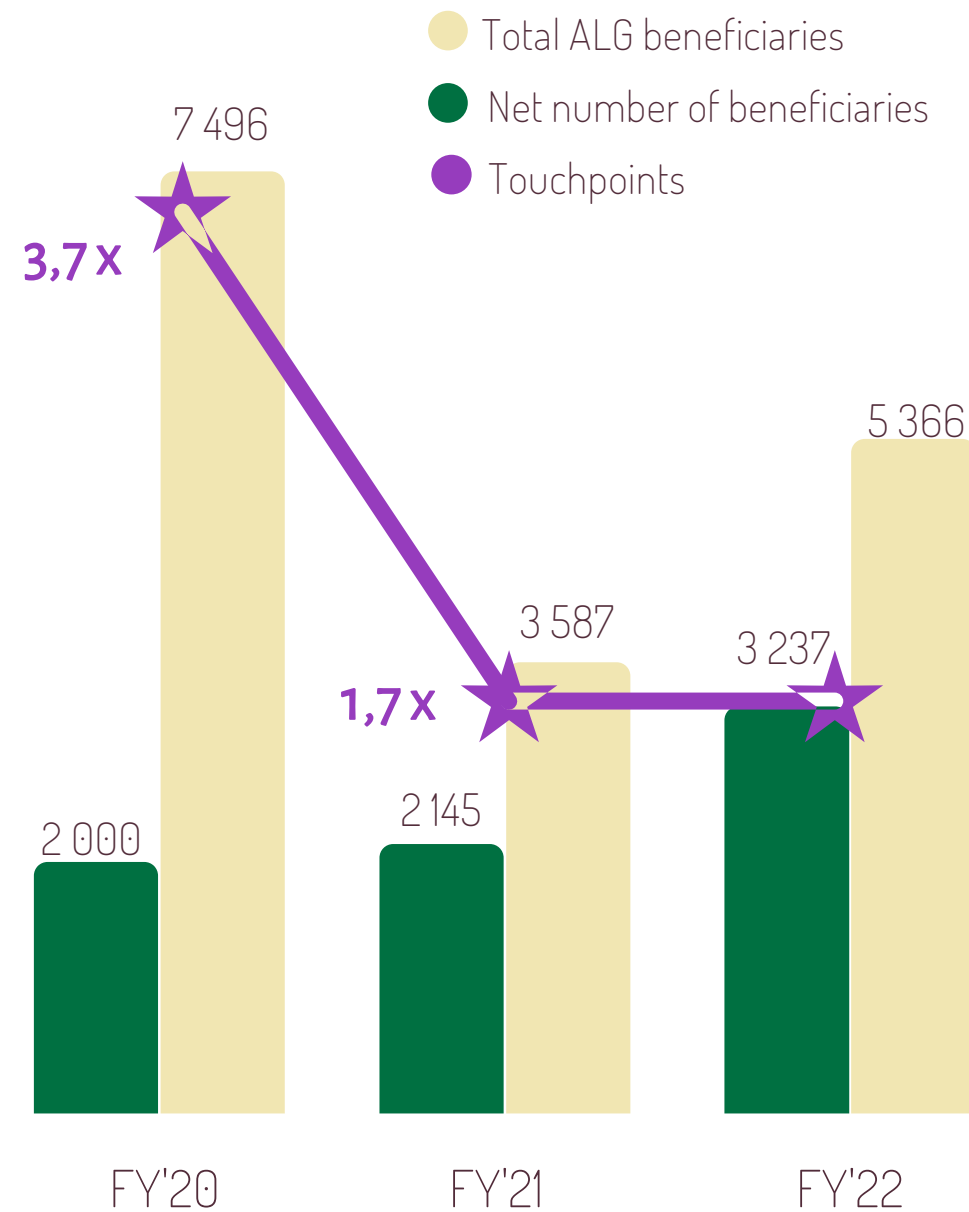
With ALG's support, Almira participated in various technical professional courses, such as Culinary Arts (2016) and Sewing and Tailoring (2018). In 2021, she completed the 12th grade and enrolled in the Chicique Teachers Training Center in Inhambane, but unfortunately, she couldn't continue the course.

However, in 2022, her motivation and proactivity made her a monitor in our Study Support project at Santa Luísa de Marillac. In this activity, Almira took her first professional steps and realized that her true passion was to support and help people. At the end of the year, Almira was admitted to a university scholarship and is currently studying General Nursing.

ALG IN NUMBERS

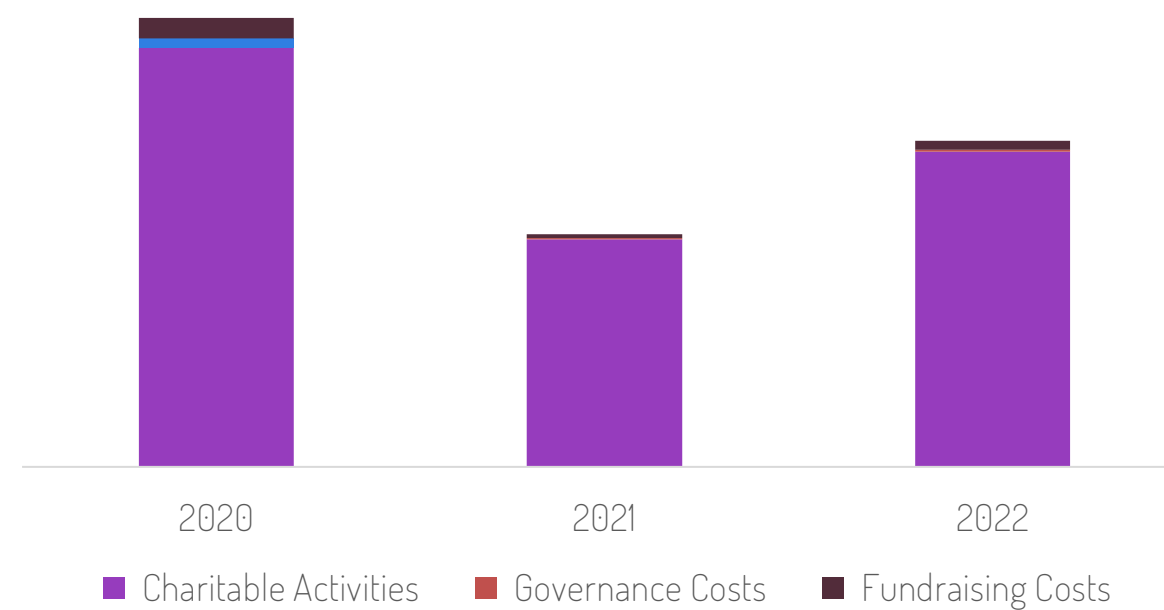
2020-2022

ALG BENEFICIARIES

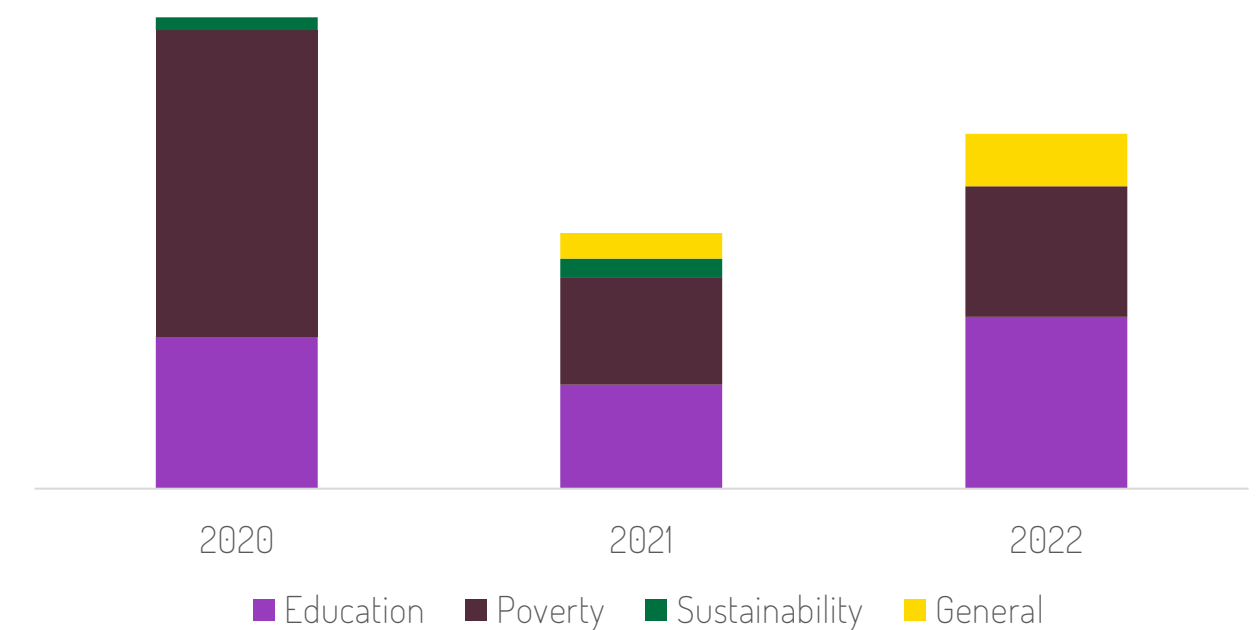


Nota: Net number of beneficiaries reflects unique number of children who benefit from one or more A Little Gesture initiatives. Note that 2020 was an emergency year, with several initiatives dedicated to the same beneficiaries during the pandemic.

APPLIED FUNDS BY TYPE



SOURCES OF FUNDS BY PROJECT



PROJECTS

The ALG Projects are local intervention initiatives that complement the UPG Sponsorship program. These initiatives enable the beneficiary children and their families to grow up in a context of opportunity and to meet the necessary conditions to break the poverty cycle .



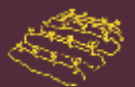
EDUCATION

Pre-school | School Feeding | After-School Support | Uni Scholarship



INFRASTRUCTURES

Housing | Community Infrastructure



SUSTAINABILITY

Technical Education | Income Generation



POVERTY RELIEF

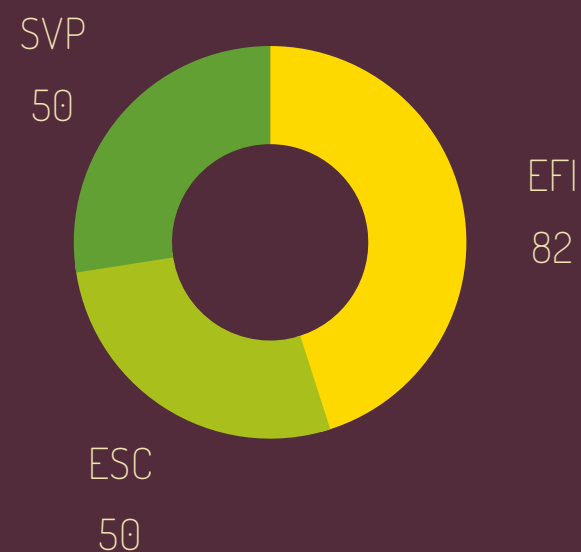
HIV Day Centre | One-off support | Hygiene & Health | Emergency Relief





Pre-school Education

**182 CHILDREN BETWEEN THE AGES OF 3 AND 5,
DISTRIBUTED AMONG 3 SCHOOLS:**



LOCATION:

CHONGOENE CHOKWÉ,
XAI-XAI

KEY DONORS

MacBevan Charitable
Trust

UPG Corporate Donours

KPIs

Beneficiaries: 182

% Girls: 62

Weight Gain: avg +1kg

School Attendance: High

£33 120

Project Costs

£161

per Child

Pre-Schools: Costs per Pre-School, 2022

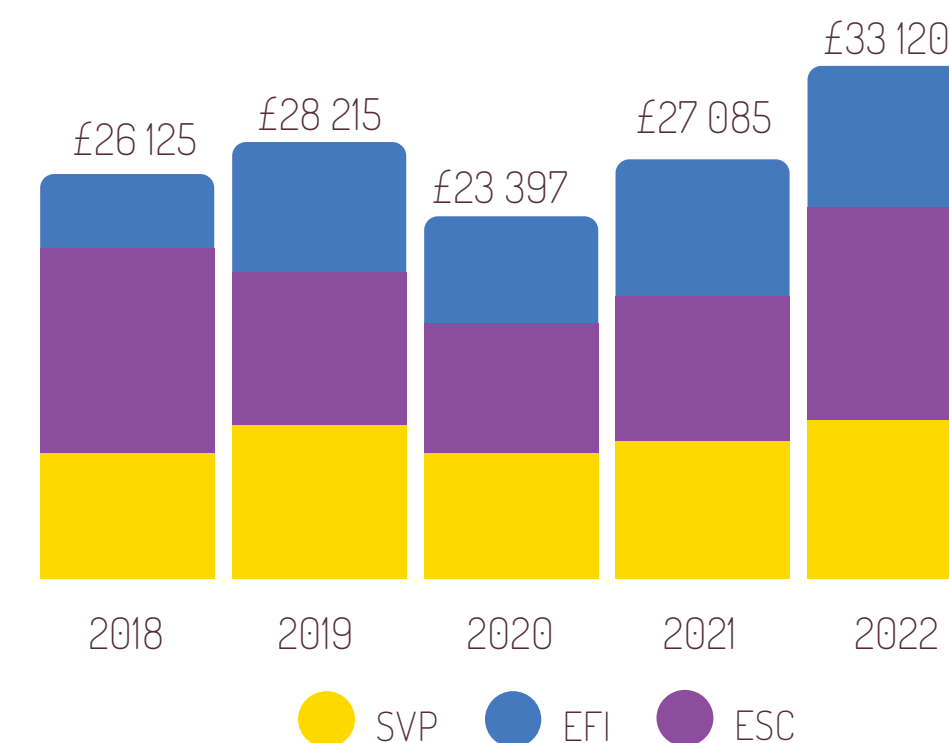
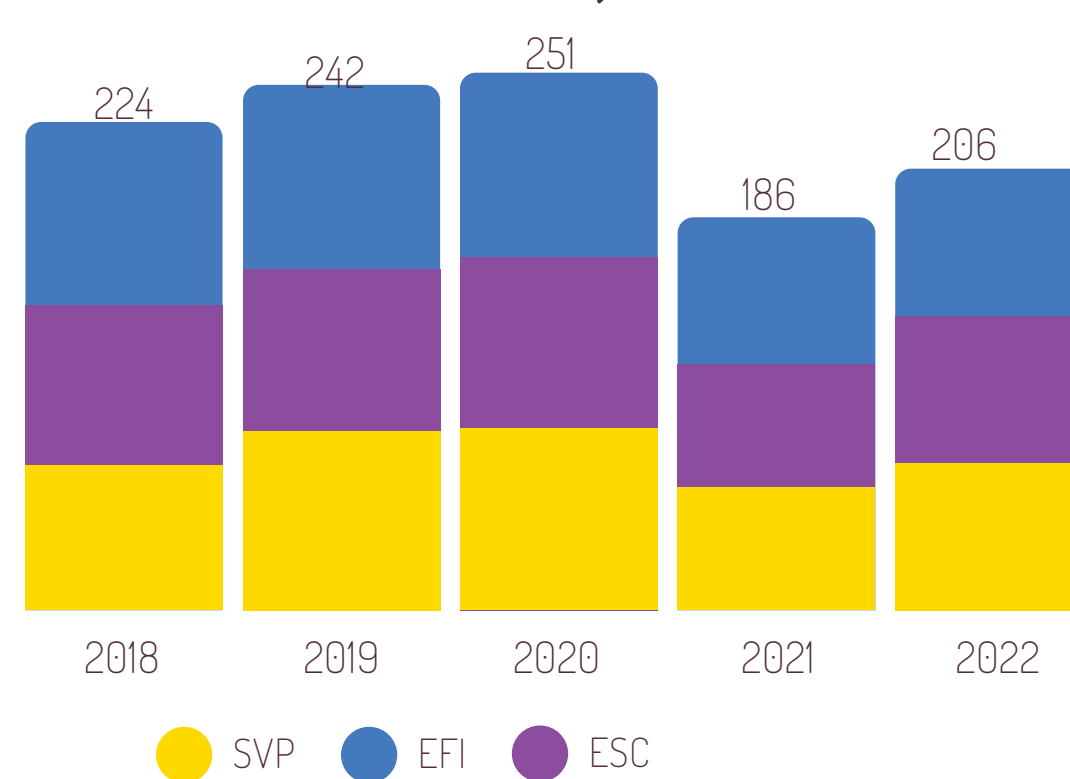


2022 Highlights

- Reopening of all preschools starting from February 2022, with a maximum of 30 children per classroom in accordance with the COVID-19 prevention guidelines set by the Mozambican government;
- ESC Infrastructure Works: completion of bathroom and water storage facility construction and school window renovations;
- EFI Infrastructure Works: adult restroom and washbasin facilities;
- Training for Educators, Technicians, and Partners: First Aid and New Education Guidelines for children aged 3 to 5;
- Implementation of 'Educational Corners' in the 3 Preschools."

Hist. Costs Evol, 2018-2022

Beneficiaries, 2018-2022



Sustainable
Development
Goals (SDG)





School Feeding

2,256 CHILDREN WHO BENEFIT FROM SCHOOL MEALS IN 2 LOCATIONS



LOCATION:

CHOKWÉ, MANJANGUE

KEY DONORS:

ALG

KPIs

Beneficiaries: 2.256

% Girls: 50

School Attendance: High

UPG Corporate Donours

Partnership with

Instituto Camões I. P.

£74 885

Project Costs

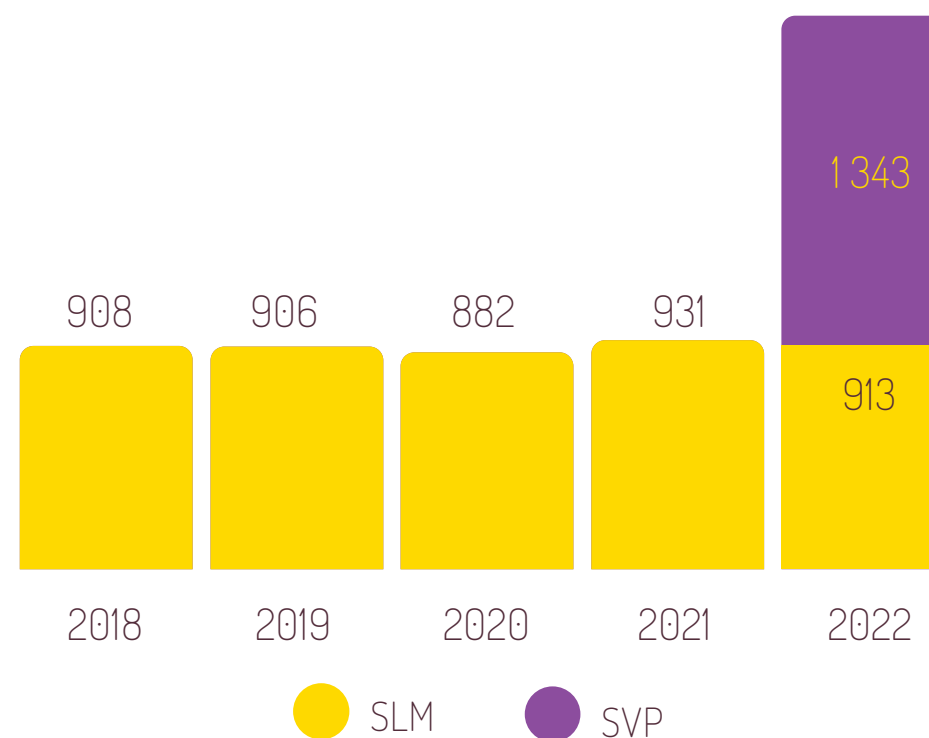
£33

per Child

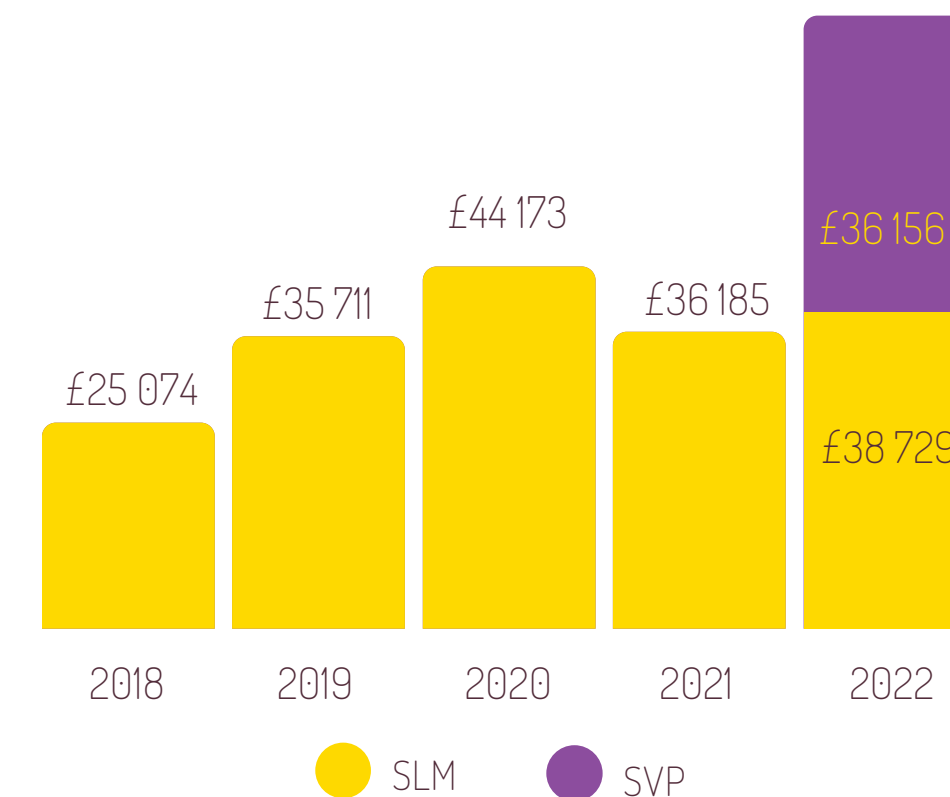
School Feeding: Costs, 2022



Beneficiaries, 2018-2022



Historical Evolution of Total Costs, 2018-2022



2022 Highlights

- In 2022, the Pilot School Feeding Project was launched in S. Vicente de Paulo, co-financed by the Camões Institute with meals 3x/ week;
- Return to the normality of School Feeding activities in Santa Luísa de Marillac after turbulent years of the pandemic.

NEW

SDG:

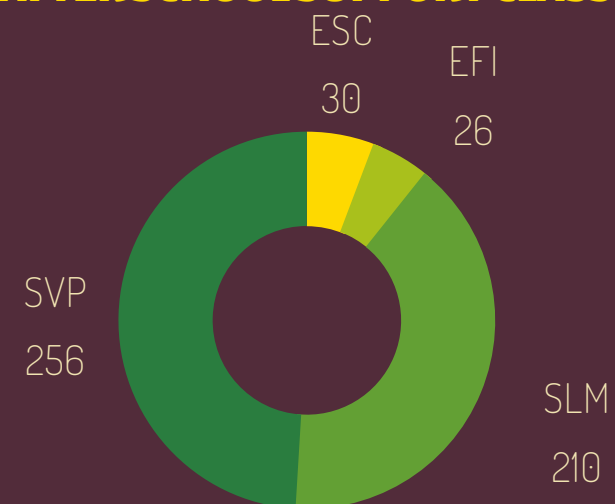




After-School Support

522 CHILDREN, FROM 1ST TO 12TH GRADE, IN 4

AFTER SCHOOL SUPPORT CLASSES:



LOCATION:

Chongoene Chokwé,
Xai-Xai

KEY DONORS:

ALG
UPG Corporate Donours

KPIs

Beneficiaries: 522

% Girls: 39

Weekly Attendance:

High

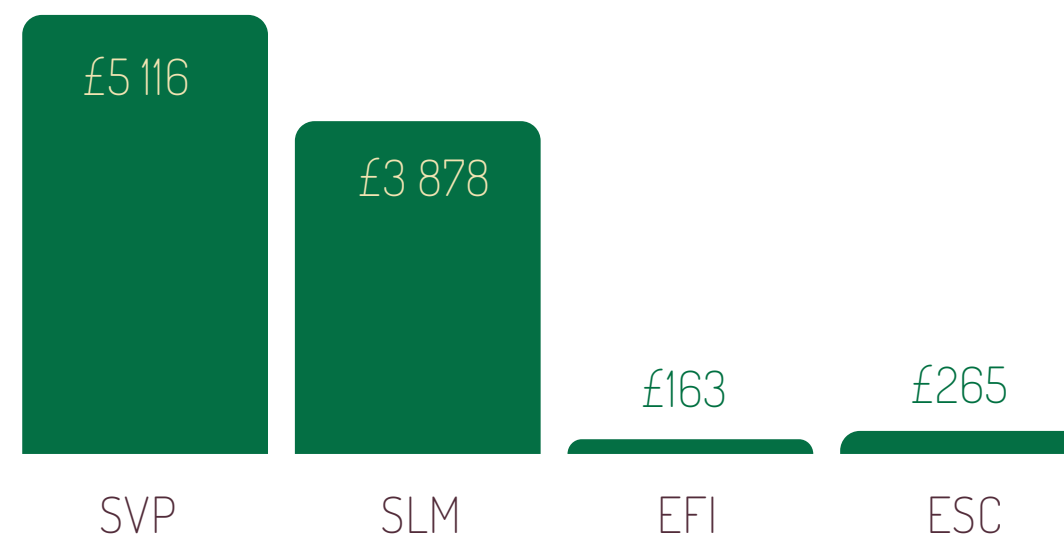
£9 422

Project Costs

£18

Per Child

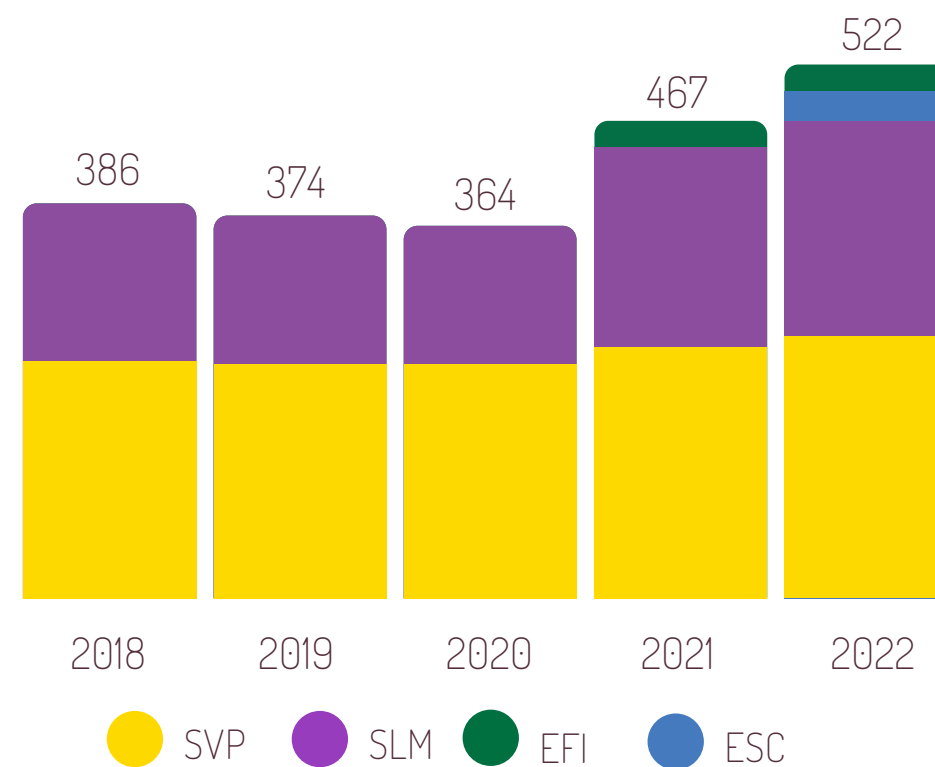
After School Support: Costs, 2022



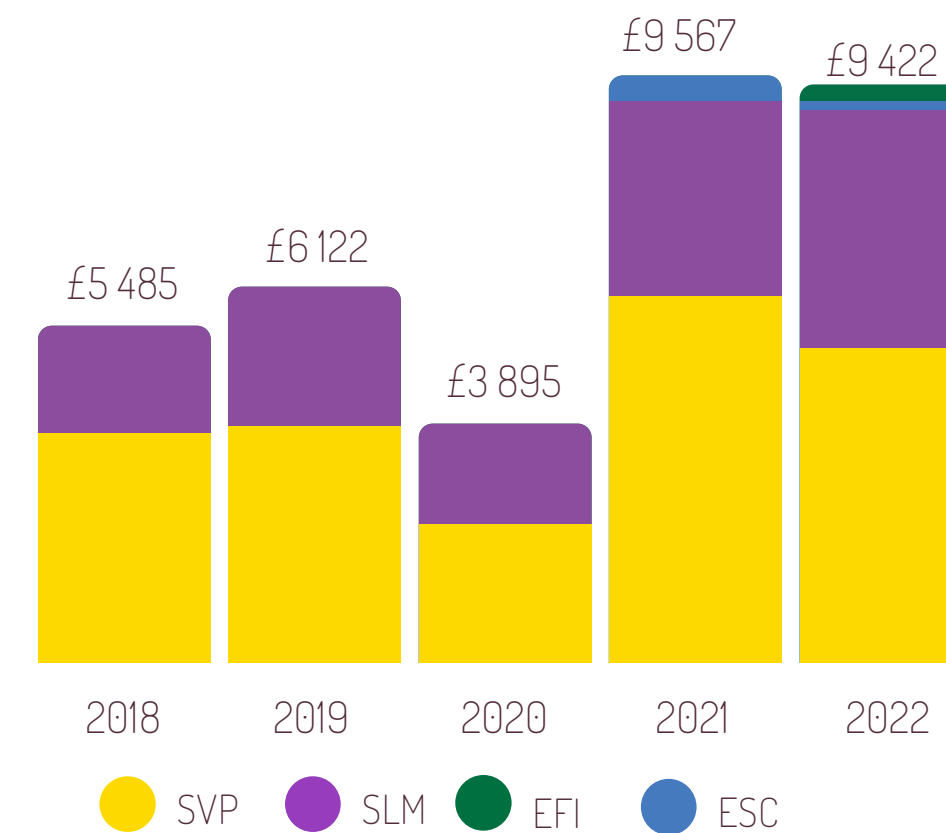
2022 Highlights

- Launch of After-School Support in Chongoene (ESC) for Year 1-3 children
- Normalization of After-School Support activities, while adhering to COVID-19 safety and prevention measures.
- Development of cultural activities, with a focus on African and Mozambican dances (Xigubo, Scotani, Marabenta, etc.).
- Creation of the UPG Winners Group in SVP (female-focused program)
- Resumption of Sports Days between SVP and SLM

Beneficiaries, 2018-2022



Historical Cost Evolution, 2018-2022



SDG:





10 YOUNG PEOPLE, ACROSS 2 MAIN REGIONS:

Chongoene

2

Chokwé

4



Xai Xai

4

LOCATION:

Chongoene Chokwé, Xai-Xai

KEY DONORS:

ALG Individual Donours
UPG Individual Donours

KPIs

Beneficiaries: 10

% Girls: 40

Academic Progression:
100%

£9 994

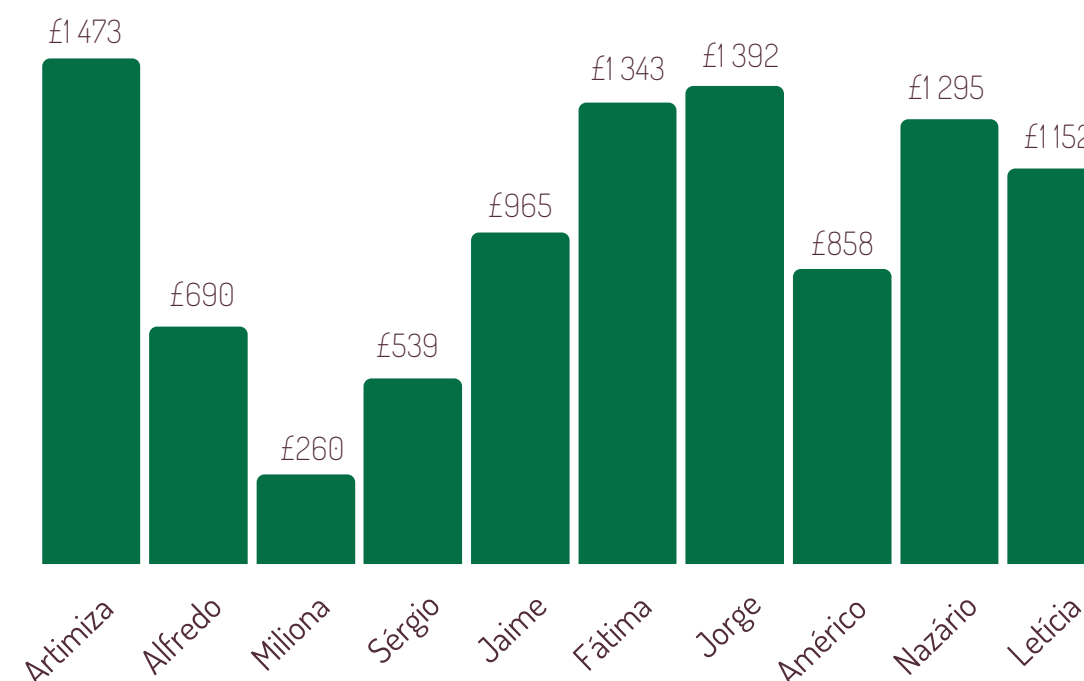
Project Costs

£999

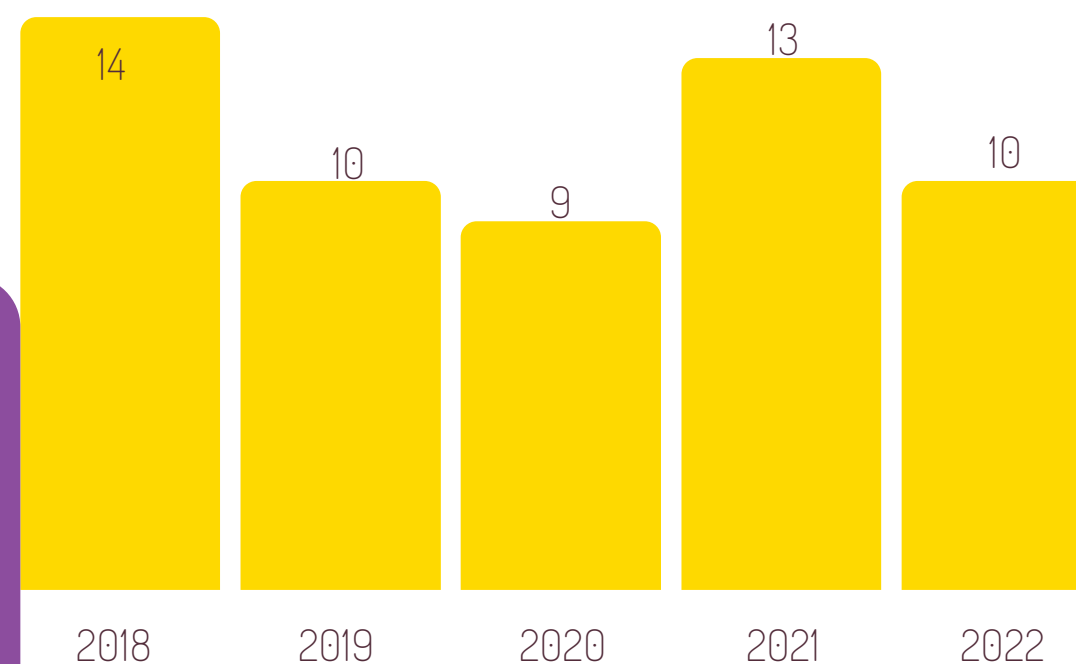
per Scholarship (on average)

Uni Scholarship

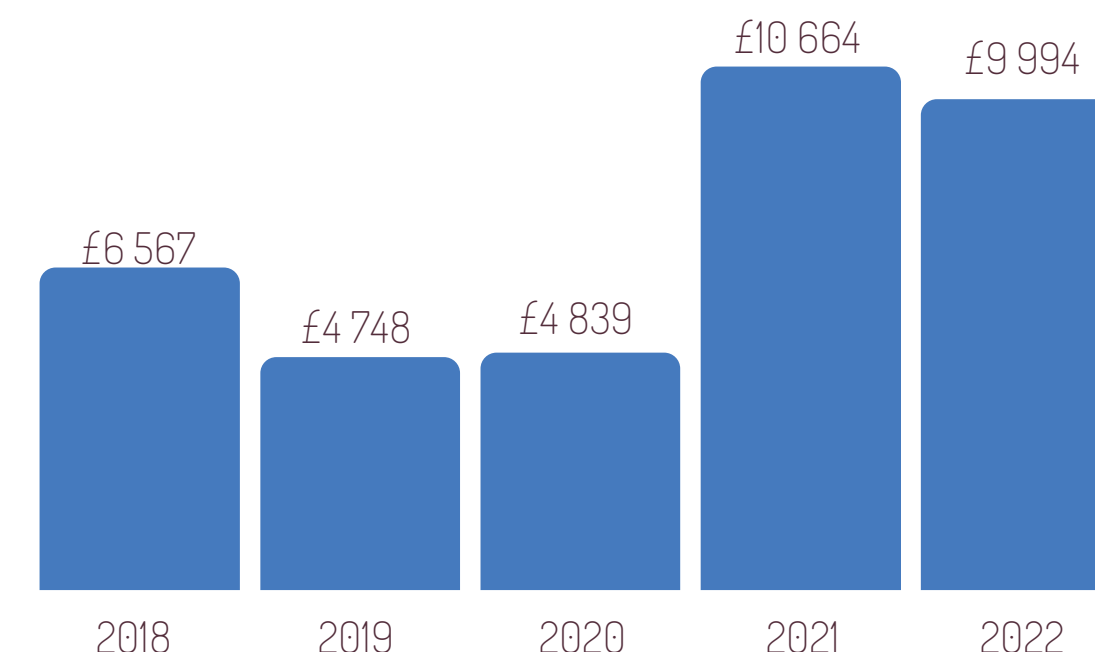
Costs per scholarship student, 2022



Beneficiaries, 2018-2022



Historical Cost Evolution, 2018-2022



2022 Highlights

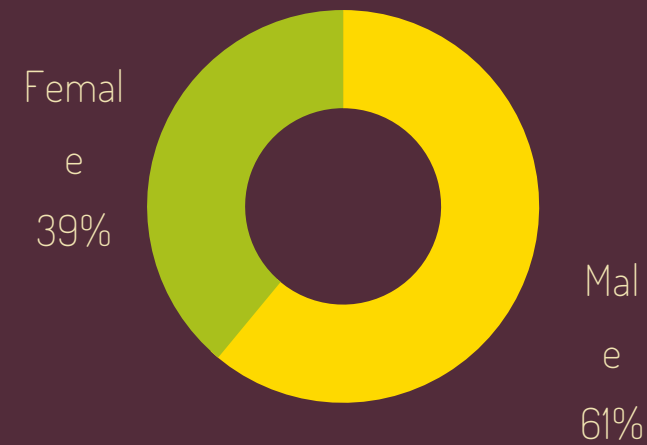
- No new scholarships were awarded in 2022, only the continuation of existing scholarships.
- Resumption of in-person classes and internships.
- 3 graduations in 2022: Miliona, Alfredo, and Sérgio.
- Miliona is currently part of the UPG team in SVP, Alfredo is employed, and Sérgio, who graduated in Electrical Engineering, provides services in construction and maintenance.

SDG:





38 CHILDREN, AGED BETWEEN 7 AND 21:



LOCATION:
MANJANGUE

KEY DONORS:
The Egmont Trust

KPIs

Beneficiaries: 38

% Girls: 39

Avg Attendance: 66%

£21 338

Project Costs

£562

Per Child

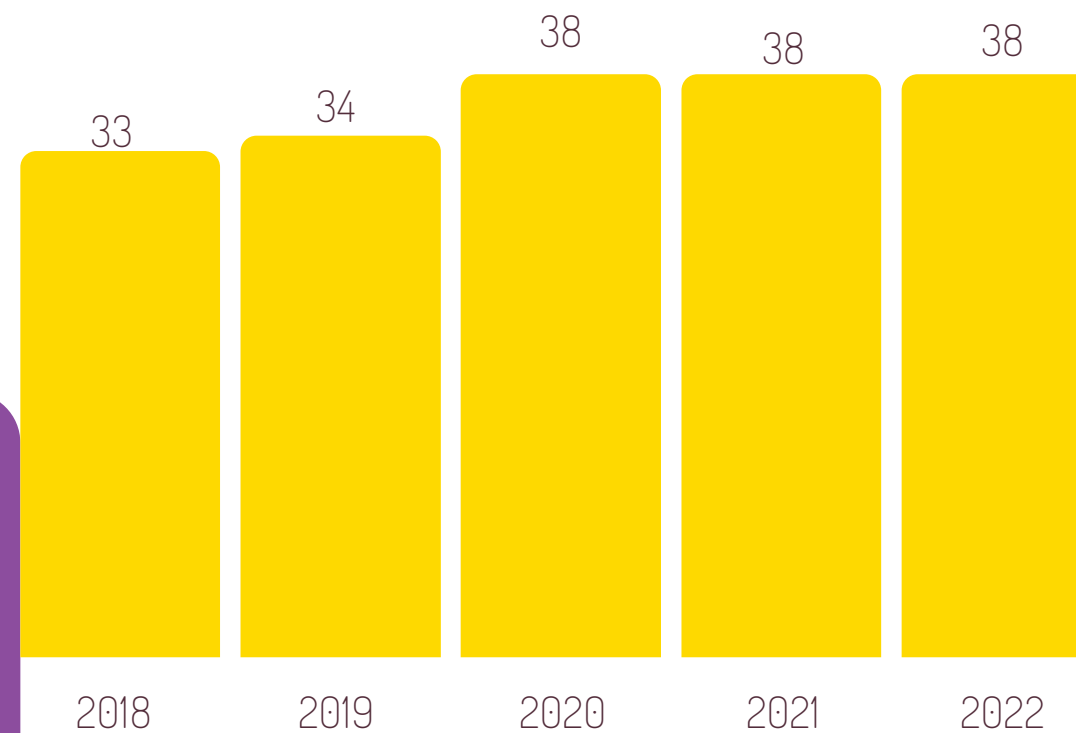
HIV Day Center



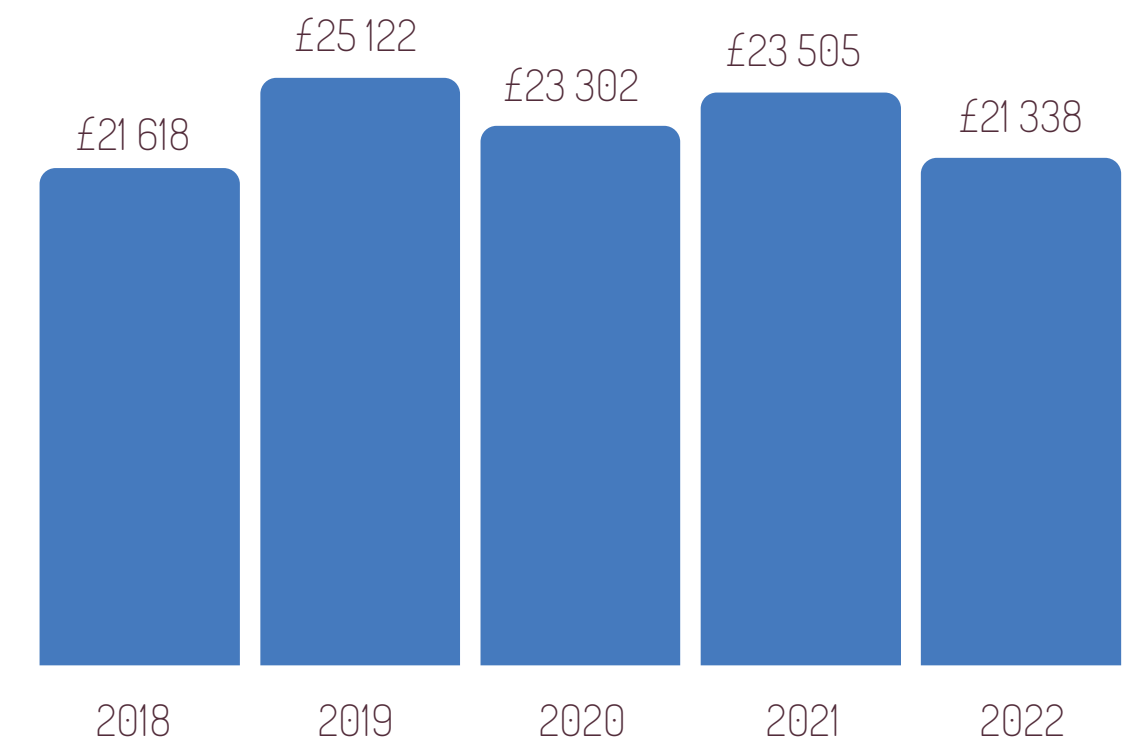
2022 Highlights

- Resumption of activities to their normalcy.
- Addition of 4 new children: Félix, Floida, Lizete, and Preciosa.
- Introduction of new income-generating initiatives: Arone (painting/tattooing), Alfa (hairstyling), and Constância (small business).
- Establishment of the cultural group Milohro, aimed at enhancing youth engagement through art, culture, and education.
- Graduation of 7 young individuals: Odílio, Rafael, Hélio, Isac, Azélia, Arone, and Lázaro.

Beneficiaries, 2018-2022



Historical Cost Evolution, 2018-2022



SDG:





24 CHILDREN, FROM 2ND TO 7TH CLASS:



LOCATION:
Chongoene

KEY DONORS:
ALG Individual Donour

KPIs

Beneficiaries: 24

% Girls: 50

£1 184

Project Costs

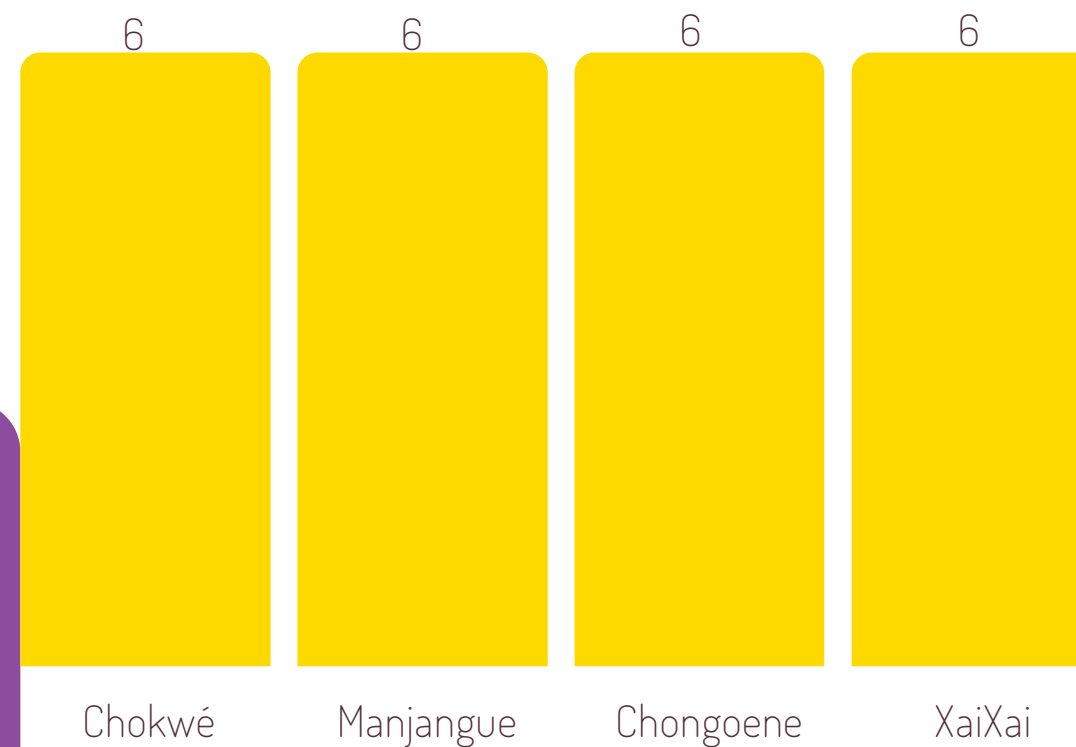
£49

Per Child

Poverty – Ad-Hoc Support



Beneficiaries by location, 2022



2022 Highlights

- Distribution of mattresses to the top sponsored students from each grade, spanning from 2nd to 7th grade, in the locations of Chokwé, Manjangué, Chongoene, and XaiXai.
- Criteria for awards: academic performance, attendance in classes, and behavior both inside and outside of school.



SDG:



FINANCIAL SUMMARY



Financial Summary

YoY FINANCIAL PERFORMANCE



	2020	2021	2022
Sources of Funds	£101 975	£89 336	£89 556
Project Costs	£73 400	£39 825	£55 255
Fundraising & Admin	£5 221	£954	£1 872
Total Expenditure	£78 621	£40 779	£57 128
Net Balance	£23 354	£48 557	£32 428

KEY FINANCIAL METRICS



	2020	2021	2022
Sources of Funds	£101 975	£89 336	£89 556
Project Costs	£73 400	£39 825	£55 255
Fundraising & Admin	£5 221	£954	£1 872
Net Cash Balances	£23 354	£48 557	£32 428
Cumulative Cash Balances	£143 105	£191 662	£224 090
% Funds Disbursed	72%	45%	62%
Cost Income Ratio	5,1%	1,1%	2,1%

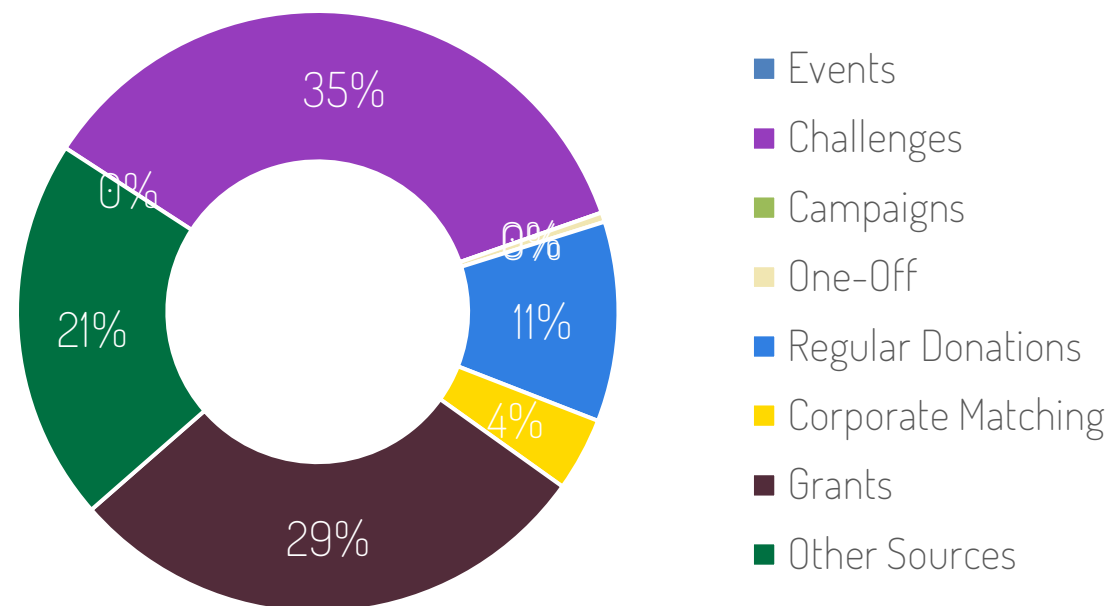
- The Charity registered a flat performance in its annual funds raised, stabilizing a few large grants and regular donors but not yet achieving growth in new areas.
- Around 40% of these funds were focused on educational projects and 22% towards poverty relief initiatives. A reserve was built during the year in light of i) some strong financing in certain areas of UPG Portugal and ii) anticipated expiry of 2 large grants for 2023 YE.
- The Trustees adopted a conservative stance in regular disbursements while keeping a high level of reserves in order to avoid reductions in multi-annual projects and respond to emergency funding.

- ALG raised an average £88'328 for its charitable activities over the last 5 years. 2020 was a higher year in light of the emergency funds attracted in the pandemic. Funding has declined versus the 10-year average with a reduction in the number of events and availability of the Trustees to focus on fundraising activities.
- Recognizing strong reserves, the Trustees increased the % of funds disbursed from 45% in 2021 to 62% in 2022. Cash at year end 2021 of £224'090 remained comfortably above funds both raised and disbursed.
- The Trustees keep a close focus on the cost-to-income ratio, targeted at under 10%. In 2022, this was very comfortably achieved with Admin Costs at 2.1% of funds raised and at 3.3% of funds applied over the year.

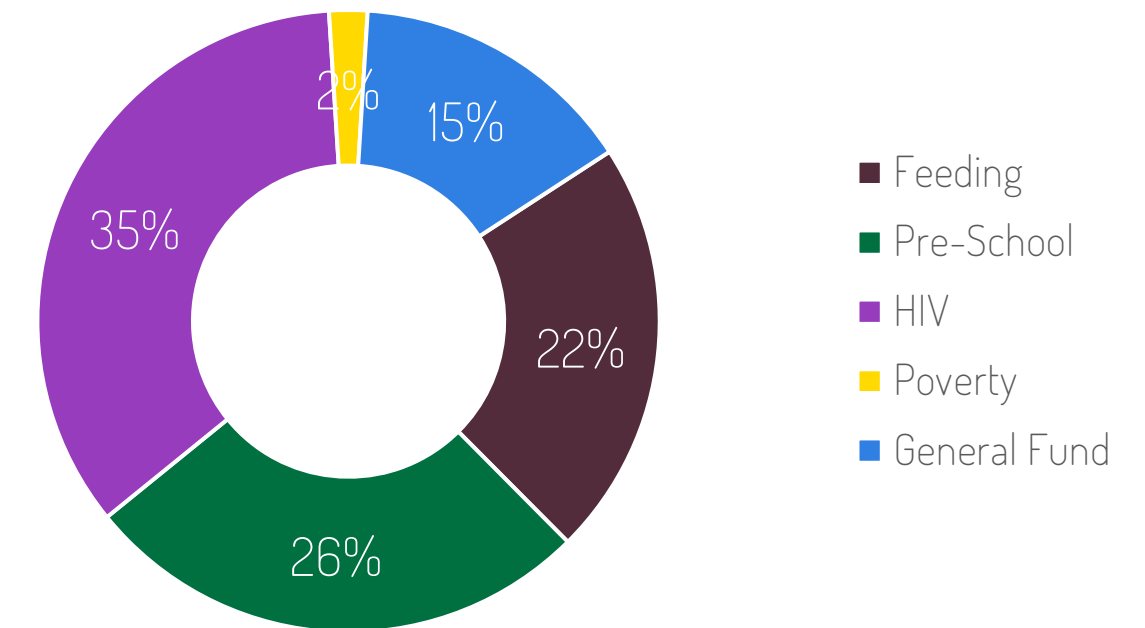
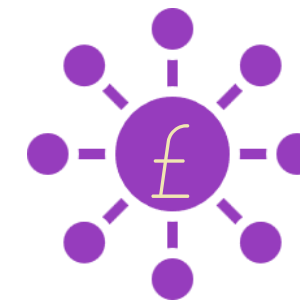
Funds Financial Review

ALG dedicates its charitable activities to i) the advancement of education, ii) the relief of poverty and iii) the advancement of health and prevention of disease. In 2022 the area of Education was a strong recipient of funds raised (39%) and of funds disbursed to the ground (48%)

FUNDS RECEIVED



FUNDS DISBURSED



Funds raised

- The weight of General Funds remains sizeable at 39% (£34'901) and provides the organisation much needed flexibility in the utilisation of funds.
- The team strengthened fundraising towards SLM School Feeding (27%) and has launched new efforts for its HIV Center to manage the expiry of the Egmont Trust funding at YE22.
- Funding for Pre-Schools continues to be a stable area in ALG thanks to a long-standing partnership with The Mac Bevan Charitable Trust.

Applied Funds

- An amount of £55'255 was disbursed in 2022 to be applied directly in projects in Mozambique. This represents an increase in disbursements vs. the low of 2021.
- In 2022, the Trustees decided towards a disbursement from the General Fund to be applied towards In-Country Costs.
- The Trustees expect to increase the ratio of applied to raised funds in light of the high amount of reserves accumulated.

Admin Costs

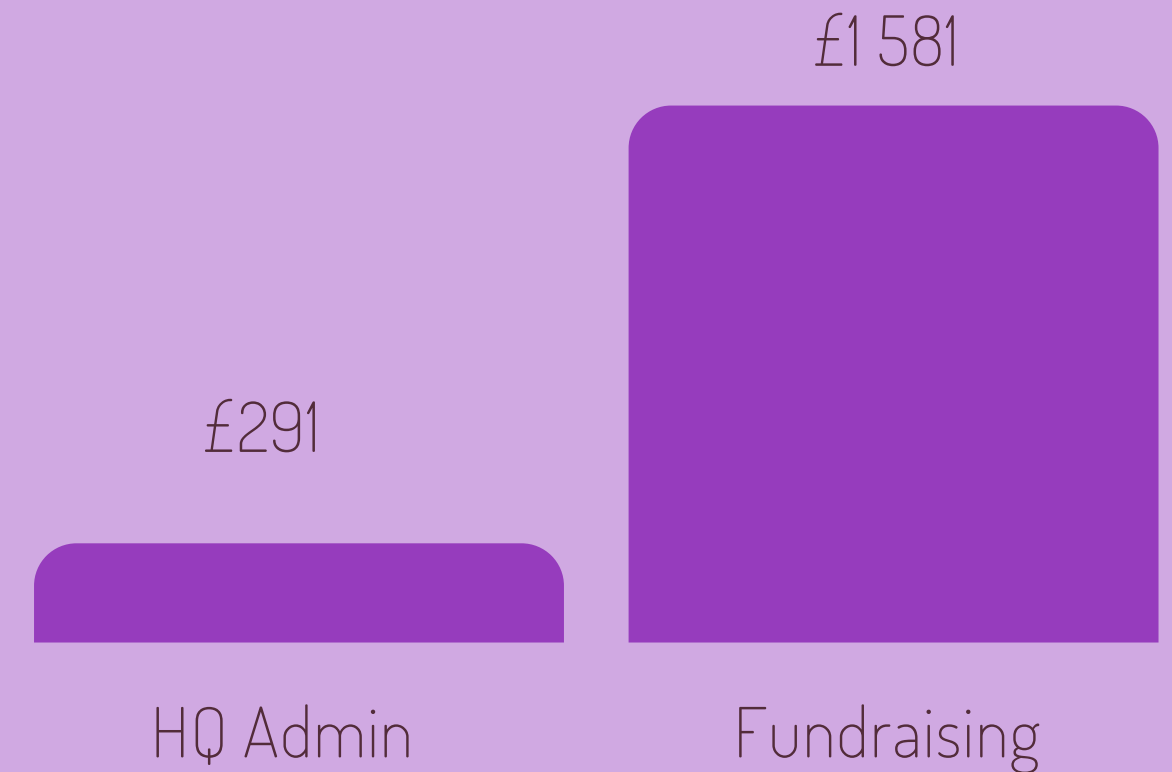


The Trustees remain fully volunteer and committed to support the key charitable objectives of the charity with minimal headquarter and admin costs.

HQ and Fundraising Costs continue to be in line with historical levels.

- HQ Admin Costs are mostly related to bank costs as well as accounting software costs
- Fundraising costs are related to fundraising websites costs (in 2022 changed to JustGiving, which has a recurring monthly fee) and Charitable Events Slots

While there is no headcount cost recorded in the UK, part of the staff costs from work at UPG Portugal Headquarters in Lisbon are embedded in Project Costs financed by ALG as a de facto cost share.



Accounting Policies

- The ALG accounts are reported on a standalone basis and based on receipts and payments accounting.
- Project Expenses or Project Costs are shown throughout the document, which refer to the local project expenses, which may or not be the same as the disbursements made to the ground. When an excess or deficit remains, it is carried over to the next year of the project.
- Project expenses are shown inclusive of the projects co-funded with UPG.
- The Charity has reviewed its Financial Controls Policy in 2022, which is available for consultation.





Final Notes

- ALG is available for any clarifications regarding this report.
- ALG is available to facilitate visits to projects and beneficiaries by relevant official entities.

On behalf of the Trustees

Jonathan B. Bumbata

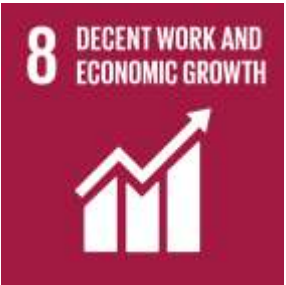
Highlights

- ALG continues to work towards its mission of improving the living conditions of underprivileged children and their families in needy rural communities in southern Mozambique.
- In 2022, the school feeding program was launched at School S. Vicente de Paulo, co-financed by the Camões - Institute of Cooperation and Language.
- ALG/UPG Mozambique charitable status was renewed with the MNEC (Foreign Ministry) in 2022 (relative to 2021).



A Little Gesture: SDG

The projects of A Little Gesture align with the Sustainable Development Goals (SDGs) defined and endorsed by the United Nations General Assembly, serving as fundamental pillars of a balanced society that generates employment and wealth while respecting and advocating for human rights.



GLOSSARY

A

ALG – A Little Gesture

C

CC – Community Centre
CCUPG – Crescer com a UPG

E

EA – Escolinha do André
EFI – Pre-school Escolinha Flor da Infância
ESC – Pre-school Escolinha de Santa Catarina

F

FX – Foreign Exchange
FY – Fiscal Year
GBP – British Pound

G

GDP – Gross Domestic Product

H

HIV – Human Immunodeficiency Virus
HQ – Headquarters

I

IFPELAC – Alberto Cassimo Laboral Studies and Professional Education Institute
IS – Infra-structure

K

KPI – Key Performance Indicators

L

LY – Last Year

M

MZN – Mozambican Metical

R

RPHM – Royal Parks Half Marathon

S

SLM – Santa Luísa de Marillac School
SVP – São Vicente de Paulo School

U

UPG – Um Pequeno Gesto

Y

Y-O-Y – Year-over-Year

CC Receipts & Payments Report

Charity name: A Little Gesture UK

Charity number: 1141990

For the period from 01/01/2022 to 31/12/2022

Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	£	£	£	£	£
Receipts					
Voluntary Receipts	35,056.06	54,499.97	0.00	89,556.03	89,336.10
Fundraising Activities	0.00	0.00	0.00	0.00	0.00
Investments	0.00	0.00	0.00	0.00	0.00
Charitable Activities	0.00	0.00	0.00	0.00	0.00
Other Receipts	0.00	0.00	0.00	0.00	0.00
	35,056.06	54,499.97	0.00	89,556.03	89,336.10
Asset and Investment sales etc					
Total receipts	35,056.06	54,499.97	0.00	89,556.03	89,336.10
Payments					
Voluntary Income Costs	0.00	0.00	0.00	0.00	0.00
Fundraising Costs	354.66	1,226.83	0.00	1,581.49	691.99
Charitable Activities Costs	9,305.31	45,950.00	0.00	55,255.31	39,824.61
Governance Costs	286.50	4.50	0.00	291.00	262.50
	9,946.47	47,181.33	0.00	57,127.80	40,779.10
Assets and investments gains/losses	0.00	0.00	0.00	0.00	0.00
Total payments	9,946.47	47,181.33	0.00	57,127.80	40,779.10
Excess of receipts over payments	25,109.59	7,318.64	0.00	32,428.23	48,557.00
Transfers between Funds					
Transfers between Funds	0.00	0.00	0.00	0.00	0.00
Cash Funds Last Year End	159,144.28	32,517.91	0.00	191,662.19	143,105.19
Cash funds this year end	184,253.87	39,836.55	0.00	224,090.42	191,662.19

CC Statement of Assets & Liabilities

Charity name: A Little Gesture UK

Charity number: 1141990

At the period ending 31/12/2022

	Details	Unrestricted funds	Restricted funds	Endowment funds
B1 Cash funds				
	CASH FUNDS	184,253.87	39,836.55	0.00
	Total cash funds	184,253.87	39,836.55	0.00
		Unrestricted funds	Restricted funds	Endowment funds
B2 Other monetary assets				
	OTHER MONETARY ASSETS			
		Funds to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				
	OFFICE EQUIPMENT FIXTURES & FITTINGS			
		Funds to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				
	LIABILITIES			



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
A Little Gesture a Great Help

On accounts for the year
ended

31-Dec-2022

Charity no
(if any)

1141990

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 12 / 2022**.

Responsibilities and
basis of report

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 31.10.2023

Name:

Pedro Santos Reis

Relevant professional
qualification(s) or body
(if any):

Address:

Flat 5, 1 Gloucester Street

SW1v 2DB

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

NONE -----