

Company registration number: 05319865

Charity registration number: 1141890

The Quetzal Project

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

The Quetzal Project

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7 to 8
Balance Sheet	9
Notes to the Financial Statements	10 to 20

The Quetzal Project

Reference and Administrative Details

Trustees	Shirley Munden Fazeela Patel Richard John Fresia-Farrelly Elizabeth Sarah Ryley Manjora Singh Bisla Priya Luharia Nicola Hurley Sophie Wesson
Senior Management Team	Deborah Knight, Chief Executive Officer
Charity Registration Number	1141890
Company Registration Number	05319865
Registered Office	14-16 Talbot Lane Leicester LE1 4LR
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

The Quetzal Project

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Shirley Munden
	Fazeela Patel
	Richard John Fresia-Farrelly
	Elizabeth Sarah Ryley
	Jan Sibley (resigned 8 March 2023)
	Manjora Singh Bisla
	Meena Kumari (resigned 17 January 2023)
	Priya Luharia (appointed 1 February 2023)
	Nicola Hurley (appointed 1 February 2023)
	Sophie Wesson (appointed 1 February 2023)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 22 November 2004 and most recently amended 30 November 2020. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

Trustee roles were advertised on our website, social media and trustee recruitment websites. Interested applicants were initially sent a trustee recruitment pack including a role description and personal specification. If the applicant wished to continue with the application, they were asked to provide a CV and cover letter for assessment. Applications were assessed by the existing board of trustees with the assistance of the CEO. Shortlisted applicants were invited for interview and background checks were carried out. Those successful were asked to attend the AGM to be officially appointed by being proposed and seconded by existing board members. Full induction and training is provided ensuring all trustees are well equipped to govern the organisation effectively.

The Quetzal Project

Trustees' Report

Objectives and activities

Objects and aims

Quetzal provides free and inclusive counselling and support to women aged 16 and over, living in Leicester, Leicestershire and Rutland that have experienced childhood sexual abuse.

Our Aims

Give women a voice to be heard and enable agency and control;

Work with local communities to challenge the shame and taboo narratives and raise awareness of childhood sexual abuse;

Work in a trauma-informed way that doesn't re-traumatise women, or staff and volunteers;

Keep the voice of those with lived experience central to how we work and shape what we do.

Our Objectives

Provide high quality tailored support to survivors of childhood sexual abuse that meets their individual needs;

Ensure support is accessible and available when needed;

Work in collaboration with other local organisations to ensure the best possible standard of service delivery;

Raise awareness of the effects of childhood sexual abuse and of trauma-informed care.

Objectives, strategies and activities

Long Term Counselling

Following an assessment to ensure clients are suitable for our service, they receive one to one counselling. All of our counsellors are either qualified or undertaking final training and receive additional specialist training and support from our clinical lead. Counselling takes place at the same time weekly with the same counsellor to ensure you have consistency, for up to one year. We are able to offer this service through face-to-face, telephone or on-line methods.

Single Session Therapy (SST)

SST is an approach to therapy that aims to address a client's concerns and achieve meaningful change within a single therapy session. It is designed to be a focused, solution-oriented approach that offers immediate support.

The usefulness of single session therapy lies in several key aspects:

Immediate Support - SST provides clients with an opportunity to receive support and guidance promptly. It can be particularly beneficial for individuals who are in crisis or experiencing urgent issues, as they can quickly access therapeutic assistance without needing to commit to long-term therapy.

Goal-Oriented Approach - SST focuses on setting and achieving specific, realistic goals within the session(s). The therapist collaborates with the client to identify the desired outcomes and works towards concrete solutions or coping strategies. This goal-oriented approach can provide a sense of direction and empowerment to the client.

Enhanced Self-Efficacy - Through the single session, clients may gain a sense of self-efficacy and empowerment as they actively participate in problem-solving and decision-making. This can boost their confidence in their ability to address future challenges independently.

Single session therapy can offer effective and timely support, allowing clients to experience relief, gain insights, and develop strategies for change within a short period of time.

Emotional Support Services

We run a 'Check and Chat' Service and weekly drop in workshops to provide emotional support to clients both on the waiting list and after counselling.

Quetzal also provide training in the area of childhood sexual abuse and the benefits of counselling to both community groups, counsellors and professionals.

The Quetzal Project

Trustees' Report

Public benefit

Quetzal enables service users to improve their mental health and wellbeing, increase their confidence and better manage their lives and relationships. Our services allow women that have experienced childhood sexual abuse to begin to recover from this trauma and improve their personal situation and engage more freely in their community.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements

During the financial year 2022/2023 We delivered the following number of sessions:

Clinical Assessments: 324

Emotional support calls: 537

Face to Face counselling sessions: 786

Telephone Counselling sessions: 1032

Online counselling sessions: 774

Single Session therapy sessions: 159

We also had the following other achievements:

Collaborated with Yoga practitioner Aishwarya Padmanabhan to deliver a Trauma-Informed Yoga session

Delivered 'Crafternoons' for women recovering from trauma and a monthly coffee morning.

Delivered online awareness raising session about the impacts of childhood sexual abuse on adult survivors.

Delivered 'Let's Discuss & Craft' a workshop and discussion at St Nicholas Church, Leicester. The central question was 'What can we do to better support LGBTQ+ Child Sexual Abuse Survivors.'

Quetzal continued its outreach activities in Harborough District, sending targeted mails to GPs, churches, village halls, and local businesses and appearing in publications including the Harborough Mail and Broughton in Touch

Quetzal delivered 'The Queen and I' - with Leicester-based artist Khush Kali to celebrate the Queen's Jubilee, honouring late patron Sue Townsend and celebrating the talents of female survivors.

Quetzal supported the delivery of a charity dinner celebrating the Queen's Jubilee in Leicester Gheeta Bhavan Temple.

Quetzal supported the delivery of the 'Big Green Swap' in St Matthews Community Centre

Quetzal Volunteer Community Connector - Oluchi Anozie - received Volunteer of the Year Award from De Montfort Student Union.

Quetzal participated in the 'Cultural Diverse Festival Mela' held in Cossington Recreation Ground and launched the self-help guide translated into Gujarati.

Quetzal held an online event with Leicester-based author and survivor, Deviki Patel.

Quetzal delivered an awareness and crafts workshop at the Attenborough Arts Centre in collaboration with Root IWC and Leicester-based artist Khush Kali

Quetzal held a stall at Leicester Pride in September 2022

Quetzal Creative Writers Club, a volunteer-led initiative was launched. They hold meeting every week on Zoom, exploring their creative writing skills.

Financial review

Policy on reserves

The trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. The charity is seeking to build general funds to cover six months of annual costs. Quetzal's exit plan is based on the expectation that reserves are available should the organisation ever need to be wound down.

The Quetzal Project

Trustees' Report

Statement of Responsibilities

The trustees (who are also the directors of The Quetzal Project for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 03/08/2023 and signed on its behalf by:

msbisla

.....
Manjora Singh Bisla
Trustee

The Quetzal Project

Independent Examiner's Report to the trustees of The Quetzal Project ('the Company')

Independent examiner's report to the trustees of The Quetzal Project ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

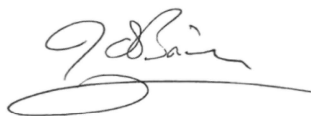
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
John O'Brien MSc, FAIA, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 06/09/2023.....

The Quetzal Project

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Income and Endowments from:					
Donations and legacies	2	88,602	-	88,602	106,654
Charitable activities	3	272	133,493	133,765	72,840
Other trading activities	4	83	-	83	47
Investment income	6	514	-	514	4
Total income		<u>89,471</u>	<u>133,493</u>	<u>222,964</u>	<u>179,545</u>
Expenditure on:					
Charitable activities	7	<u>(64,464)</u>	<u>(144,002)</u>	<u>(208,466)</u>	<u>(175,565)</u>
Total expenditure		<u>(64,464)</u>	<u>(144,002)</u>	<u>(208,466)</u>	<u>(175,565)</u>
Net income/(expenditure)		25,007	(10,509)	14,498	3,980
Transfers between funds		<u>(2,631)</u>	<u>2,631</u>	<u>-</u>	<u>-</u>
Net movement in funds		22,376	(7,878)	14,498	3,980
Reconciliation of funds					
Total funds brought forward		<u>107,902</u>	<u>57,338</u>	<u>165,240</u>	<u>161,260</u>
Total funds carried forward	15	<u><u>130,278</u></u>	<u><u>49,460</u></u>	<u><u>179,738</u></u>	<u><u>165,240</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 15.

The notes on pages 10 to 20 form an integral part of these financial statements.

The Quetzal Project

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	2	106,654	-	106,654
Charitable activities	3	5,350	67,490	72,840
Other trading activities	4	47	-	47
Investment income	6	4	-	4
Total income		<u>112,055</u>	<u>67,490</u>	<u>179,545</u>
Expenditure on:				
Charitable activities	7	<u>(95,530)</u>	<u>(80,035)</u>	<u>(175,565)</u>
Total expenditure		<u>(95,530)</u>	<u>(80,035)</u>	<u>(175,565)</u>
Net income/(expenditure)		16,525	(12,545)	3,980
Transfers between funds		<u>3,245</u>	<u>(3,245)</u>	-
Net movement in funds		19,770	(15,790)	3,980
Reconciliation of funds				
Total funds brought forward		<u>88,132</u>	<u>73,128</u>	<u>161,260</u>
Total funds carried forward	15	<u><u>107,902</u></u>	<u><u>57,338</u></u>	<u><u>165,240</u></u>

The notes on pages 10 to 20 form an integral part of these financial statements.

The Quetzal Project
(Registration number: 05319865)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	10	667	-
Current assets			
Debtors	11	2,528	21,946
Cash at bank and in hand	12	<u>181,376</u>	<u>144,284</u>
		183,904	166,230
Creditors: Amounts falling due within one year	13	<u>(4,833)</u>	<u>(990)</u>
Net current assets		<u>179,071</u>	<u>165,240</u>
Net assets		<u><u>179,738</u></u>	<u><u>165,240</u></u>
Funds of the charity:			
Restricted income funds			
Restricted funds	15	49,460	57,338
Unrestricted income funds			
Unrestricted funds		<u>130,278</u>	<u>107,902</u>
Total funds	15	<u><u>179,738</u></u>	<u><u>165,240</u></u>

For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 7 to 20 were approved by the trustees, and authorised for issue on 03/08/2023 and signed on their behalf by:

msbisla
.....
Manjora Singh Bisla
Trustee

The notes on pages 10 to 20 form an integral part of these financial statements.

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

The Quetzal Project meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2023

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.3% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2023

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	-	-	24,947
Donations from individuals	9,943	9,943	7,784
Grants, including capital grants;			
Government grants	49,659	49,659	70,923
Grants from other charities	29,000	29,000	3,000
	<u>88,602</u>	<u>88,602</u>	<u>106,654</u>

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2023

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Service delivery	251	-	251	5,350
Grants	-	133,444	133,444	67,490
Sundry income	21	49	70	-
	<u>272</u>	<u>133,493</u>	<u>133,765</u>	<u>72,840</u>

4 Income from other trading activities

	Unrestricted funds General £	Total funds £	Total 2022 £
Local fundraising and street collection income	83	83	47
	<u>83</u>	<u>83</u>	<u>47</u>

5 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Comic Relief	15,000	52,517	67,517
The National Lottery - Awards for All	-	30,030	30,030
Lloyds Bank Foundation	-	27,250	27,250
Office of the Police and Crime Commissioner for Leicestershire	-	13,647	13,647
The Clothworker's Foundation	-	9,000	9,000
Leicester County Council	-	1,000	1,000
Leicester City CCG	40,625	-	40,625
Garfield Weston	10,000	-	10,000
West Leicestershire CCG	3,992	-	3,992
East Leicestershire & Rutland CCG	3,418	-	3,418
Leicestershire Community Foundation	3,000	-	3,000
Charnwood Borough Council	1,624	-	1,624
EMR Community Fund	1,000	-	1,000
Sundry donations	9,943	-	9,943
	<u>88,602</u>	<u>133,444</u>	<u>222,046</u>

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2023

6 Investment income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable and similar income;			
Interest receivable on bank deposits	514	514	4

7 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Cleaning & hygiene	1,214	695	1,909	1,635
Office rent	3,920	5,800	9,720	12,000
Repair & maintenance	338	10,830	11,168	4,294
Utilities	2,424	1,859	4,283	4,141
Recruitment & training	721	686	1,407	354
Salaries, NI & pensions	41,565	80,127	121,692	106,726
Staff travel & expenses	277	190	467	179
Accounts & payroll	1,291	-	1,291	1,386
Business support costs	3,143	-	3,143	1,397
IT service support costs	160	3,566	3,726	2,456
Licences & website	1,085	-	1,085	1,388
Office equipment & supplies	971	349	1,320	1,143
Phone Costs	1,552	-	1,552	2,122
Printing & postage	805	-	805	54
Activities - outreach venues	-	125	125	-
Insurances	2,688	-	2,688	851
Projects & events	-	5,086	5,086	1,440
Marketing & awareness	64	255	319	3,285
Paid Counsellors	2	28,298	28,300	24,662
Volunteer expenses & resources	479	759	1,238	382
Volunteer supervision	1,049	300	1,349	650
Volunteer training	375	5,077	5,452	2,455
Depreciation	333	-	333	-
Evaluation costs	-	-	-	2,370
Sundry expenditure	8	-	8	195
	64,464	144,002	208,466	175,565

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2023

8 Net incoming/outgoing resources

Net incoming resources for the year include:

	2023 £	2022 £
Depreciation of fixed assets	333	-

9 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	115,462	101,662
Social security costs	3,886	3,684
Pension costs	2,344	1,380
	<u>121,692</u>	<u>106,726</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2023 No	2022 No
Average number of employees	8	7

5 (2022 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £2,344 (2022 - £1,380).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £37,662 (2022 - £31,568).

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2023

10 Tangible fixed assets

	Computer equipment £	Total £
Cost		
At 1 April 2022	21,949	21,949
Additions	<u>1,000</u>	<u>1,000</u>
At 31 March 2023	<u>22,949</u>	<u>22,949</u>
Depreciation		
At 1 April 2022	21,949	21,949
Charge for the year	<u>333</u>	<u>333</u>
At 31 March 2023	<u>22,282</u>	<u>22,282</u>
Net book value		
At 31 March 2023	<u><u>667</u></u>	<u><u>667</u></u>
At 31 March 2022	<u><u>-</u></u>	<u><u>-</u></u>

11 Debtors

	2023 £	2022 £
Trade debtors	343	20,399
Prepayments	2,185	1,392
Other debtors	<u>-</u>	<u>155</u>
	<u><u>2,528</u></u>	<u><u>21,946</u></u>

12 Cash and cash equivalents

	2023 £	2022 £
Cash at bank	<u><u>181,376</u></u>	<u><u>144,284</u></u>

13 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	3,420	-
Other creditors	<u>1,413</u>	<u>990</u>
	<u><u>4,833</u></u>	<u><u>990</u></u>

14 Obligations under leases and hire purchase contracts

The total value of future minimum lease payments was as follows:

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2023

	2023 £	2022 £
Within one year	9,600	9,600
In two to five years	9,600	19,200
	<u>19,200</u>	<u>28,800</u>

15 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
General fund	77,793	89,471	(64,464)	(2,631)	100,169
<i>Designated</i>					
Reserves	<u>30,109</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>30,109</u>
Total unrestricted funds	<u>107,902</u>	<u>89,471</u>	<u>(64,464)</u>	<u>(2,631)</u>	<u>130,278</u>
Restricted funds					
Comic Relief	5,425	46	(5,471)	-	-
Lloyds Bank Foundation fund	-	27,250	(16,683)	-	10,567
NW Leicestershire DC fund	6,332	-	(6,332)	-	-
Office of the Police & Crime Commisisoner fund	4,281	-	(4,281)	-	-
NHS Surge	4,722	-	(4,722)	-	-
Renovations	501	9,003	(10,830)	1,326	-
Making Local Life Better	695	-	(695)	-	-
CR Continuation fund	-	52,517	(52,517)	-	-
MH Project	19,756	-	(8,231)	-	11,525
Randal Charitable	8,725	-	(8,725)	-	-
The Shires fund	-	1,000	(1,000)	-	-
The Queen and I	2,631	-	(2,631)	-	-
Carlton Hayes Mental Health Trust	4,270	-	(4,270)	-	-
MOJ	-	7,625	(6,175)	-	1,450
National Lottery	-	30,030	(4,112)	-	25,918
OPCC Commissioners Safety fund	-	-	(1,305)	1,305	-
Peer Support Groups	<u>-</u>	<u>6,022</u>	<u>(6,022)</u>	<u>-</u>	<u>-</u>
Total restricted funds	<u>57,338</u>	<u>133,493</u>	<u>(144,002)</u>	<u>2,631</u>	<u>49,460</u>
Total funds	<u>165,240</u>	<u>222,964</u>	<u>(208,466)</u>	<u>-</u>	<u>179,738</u>

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2023

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
General fund	88,132	112,055	(95,530)	(26,864)	77,793
<i>Designated</i>					
Reserves	-	-	-	30,109	30,109
Total unrestricted funds	<u>88,132</u>	<u>112,055</u>	<u>(95,530)</u>	<u>3,245</u>	<u>107,902</u>
Restricted					
Comic Relief	22,507	10,068	(27,150)	-	5,425
Lloyds Bank Foundation fund	10,837	-	(10,837)	-	-
NW Leicestershire DC fund	403	5,775	(1,181)	1,335	6,332
Office of the Police & Crime Commisisoner fund	2,016	9,980	(7,715)	-	4,281
UAVA	3,245	-	-	(3,245)	-
NHS Surge	27,955	-	(23,233)	-	4,722
Renovations	4,830	-	(4,329)	-	501
Making Local Life Better	-	2,900	(2,205)	-	695
MH Project	-	19,756	-	-	19,756
Randal Charitable	-	9,180	(455)	-	8,725
The Queen and I	-	2,631	-	-	2,631
Carlton Hayes Mental Health Trust	-	4,700	(430)	-	4,270
Charnwood BC fund	1,335	-	-	(1,335)	-
Shires	-	2,500	(2,500)	-	-
Total restricted funds	<u>73,128</u>	<u>67,490</u>	<u>(80,035)</u>	<u>(3,245)</u>	<u>57,338</u>
Total funds	<u>161,260</u>	<u>179,545</u>	<u>(175,565)</u>	<u>-</u>	<u>165,240</u>

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2023

The specific purposes for which the funds are to be applied are as follows:

Charnwood BC fund - supporting our women in Charnwood District and our outreach venue in Loughborough;
Comic Relief - supporting Asian women in inner city Leicester through a community based approach;
Lloyds Bank Foundation fund - core costs support to pay for senior staff;
NW Leicestershire DC fund - to cover the outreach venue in Coalville;
Office of the Police & Crime Commissioner fund - to contribute towards assessment and counselling sessions and limited overhead costs;
NHS Surge - funding enabling us to meet additional demand for our services that arose as a result of the pandemic;
Renovations - for the purpose of improvements and repairs to the Quetzal building;
Making Local Life Better - funding contributing toward the costs of training for two Clinical Supervisors;
CR Continuation fund - Continuation of the 'Breaking the Silence' project;
MH Project - outreach and counselling in the Market Harborough district;
Randal Charitable - funding for Counselling sessions;
Shires - funding for information technology equipment;
The Queen and I - participative art group in celebration of the Queen's jubilee;
Carlton Hayes Mental Health Trust - funding for Counselling sessions;
MOJ - Delivery of Counselling services;
National Lottery - Contributions towards Project Costs;
OPCC Commissioners Safety fund - Delivery of counselling services;
Peer Support Groups - Peer support training project costs.

The transfers from the General fund to the Renovation and OPCC Commissioners Safety fund is to cover the deficits on these activities.

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2023

16 Analysis of net assets between funds

	Unrestricted			2023
	General £	Designated £	Restricted £	Total funds £
Tangible fixed assets	667	-	-	667
Current assets	104,335	30,109	49,460	183,904
Current liabilities	(4,833)	-	-	(4,833)
Total net assets	<u>100,169</u>	<u>30,109</u>	<u>49,460</u>	<u>179,738</u>

	Unrestricted			2022
	General £	Designated £	Restricted £	Total funds £
Current assets	78,783	30,109	57,338	166,230
Current liabilities	(990)	-	-	(990)
Total net assets	<u>77,793</u>	<u>30,109</u>	<u>57,338</u>	<u>165,240</u>

17 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2023 £	2022 £
Independent examination	825	800
Other financial services	168	156
	<u>993</u>	<u>956</u>

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

19 Taxation

The charity is a registered charity and is therefore exempt from taxation.

20 Trustees remuneration and expenses

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

21 Related party transactions

There were no related party transactions in the year.