

Company registration number: 05319865

Charity registration number: 1141890

The Quetzal Project

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

The Quetzal Project

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The Quetzal Project

Reference and Administrative Details

Trustees	Shirley Munden
	Fazeela Patel
	Richard John Fresia-Farrelly
	Elizabeth Sarah Ryley
	Jan Sibley
	Manjora Singh Bisla
	Meena Kumari
Senior Management Team	Deborah Knight, Chief Executive Officer
Charity Registration Number	1141890
Company Registration Number	05319865
Registered Office	14-16 Talbot Lane
	Leicester
	LE1 4LR
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

The Quetzal Project

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Shirley Munden
	Fazeela Patel
	Richard John Fresia-Farrelly
	Elizabeth Sarah Ryley
	Jan Sibley
	Manjora Singh Bisla
	Meena Kumari
	Fern Kenney (until 01/11/2021)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 22 November 2004 and most recently amended 30 November 2020. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

New trustees were appointed with the assistance of Reach Volunteering. A trustee recruitment pack was developed including a role description and personal specification. The role was advertised and applicants were asked to provide a CV and cover letter for assessment. Applications were assessed by the existing board of trustees with the assistance of the CEO. Shortlisted applicants were invited for interview and background checks were carried out. Those successful were asked to attend the AGM to be officially appointed by being proposed and seconded by existing board members. Full induction and training is provided ensuring all trustees are well equipped to govern the organisation effectively.

The Quetzal Project

Trustees' Report

Objectives and activities

Objects and aims

Quetzal provides free and inclusive counselling and support to women aged 16 and over, living in Leicester, Leicestershire and Rutland that have experienced childhood sexual abuse.

Our Aims

Give women a voice to be heard and enable agency and control;

Work with local communities to challenge the shame and taboo narratives and raise awareness of childhood sexual abuse;

Work in a trauma-informed way that doesn't re-traumatise women, or staff and volunteers;

Keep the voice of those with lived experience central to how we work and shape what we do.

Our Objectives

Provide high quality tailored support to survivors of childhood sexual abuse that meets their individual needs;

Ensure support is accessible and available when needed;

Work in collaboration with other local organisations to ensure the best possible standard of service delivery;

Raise awareness of the effects of childhood sexual abuse and of trauma-informed care.

Objectives, strategies and activities

Long Term Counselling

This consists of time limited (of up to one year) free counselling following an assessment to ensure clients are suitable for our service, and that we are able to meet their needs. All of our counsellors are either qualified or undertaking training and receive specialist training and support from our clinical lead. Counselling takes place at the same time weekly with the same counsellor to ensure you have consistency, for up to one year. We are able to offer this service through face-to-face, telephone or on-line methods.

Crisis Counselling

This consists of short term (up to 6 sessions) free counselling following an assessment. Crisis counselling is offered to clients we assess as being in crisis and who will benefit from counselling sessions whilst waiting for long term counselling to become available. All of our counsellors are either qualified or undertaking training and receive specialist training and support from our clinical lead. We are able to offer this service through face-to-face, telephone or on-line methods.

Single Session Therapy

This consists of a focused approach through a one-off 90-minute session with our specialist, trained counsellors.

Emotional Support Services

We run a 'Check and Chat' Service and weekly drop in workshops to provide emotional support to clients both on the waiting list and after counselling.

Quetzal also provide training in the area of childhood sexual abuse and the benefits of counselling to both community groups, counsellors and professionals.

Quetzal continue to be funded to deliver the "Breaking the Silence initiative" which supports women from South Asian communities within their community and through face-to face counselling sessions and with the support of our team of community connector volunteers raises awareness of the trauma of childhood sexual abuse.

The Quetzal Project

Trustees' Report

Public benefit

Quetzal enables service users to improve their mental health and wellbeing, increase their confidence and better manage their lives and relationships. Our services allow women that have experienced childhood sexual abuse to begin to recover from this trauma and improve their personal situation and engage more freely in their community.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements

Q1

In Quarter 1, Quetzal delivered 5 online community awareness sessions to raise awareness about the impacts of childhood sexual abuse on adult survivors. One of the sessions was conducted with South Asian Health Action where they discussed ways to raise awareness in South Asian Communities. Quetzal also collaborated with Lightseekers, a community art organisation for the delivery of a 9-session online programme called "Ways to Wellbeing". The programme aimed to support communities in Leicester with the tools and knowledge to better manage their mental health. The whole programme welcomed 160 people.

As part of the Breaking the Silence Initiative Quetzal filmed and animated some of our survivors' 'stories of change' which have been added to our website and social media.

Quetzal officially resumed face-to-face counselling on the 1st of September 2021.

Q2

In Quarter 2, Quetzal delivered two community discussions to find out what communities would do differently to increase awareness in Black, Asian and minority ethnic communities about the trauma of childhood sexual abuse. Quetzal collaborated with various organisations and individuals to fundraise and increase awareness including:

Leicester Business Education College and their NCS (Nation Citizen Service) programme to deliver two separate fundraising campaigns including NCS Crush the Hush with a Brush and a Sponsored walk

Trade Sexual Health to deliver Bhensexplaining Kitty Party to increase awareness about sexual health and the needs of South Asian females

The Conversation Volunteers with the support of Quetzal community connectors delivered an online session about how to start a community garden

Ideas to Impacts consultancy, to organise interviews and workshops with Quetzal Staff and Volunteers to assess the impacts of the Breaking the Silence Initiative on the overall performance of Quetzal and their level of support to female survivors of childhood sexual abuse

Quetzal worked towards the organisation of the Stories of Change exhibition where it collaborated with female survivors and painters - Em Penney, Kaajel Patel and Elizabeth Shane, the University of Leicester Let's Talk about Sexual Violence, Lightseekers, Leicester Business Education College, HOPE Training & Consultancy and Trade Sexual Health

Quetzal collaborated with Mendhi artist, Tayyibah Lockhat and graphic designer Poonam at Thanki Scribbles to develop new poster and leaflets for Quetzal

Quetzal appeared on the radio including Leicester Community Radio to promote their involvement in the London Landmarks Marathon, BBC Leicester Radio to promote their Pick It Up Litter Picking Campaign

6 members of the public and three staff members and volunteers participated in the London Landmarks Marathon fundraising more than £3000

The Quetzal Project

Trustees' Report

Q3

In Quarter 3, Quetzal collaborated with various organisations and individuals to fundraise and increase awareness including:

- A Volunteer Community Connector, Oluchi Anozie, delivered a litter picking event called Pick It Up in Leicester Westcotes ward and appeared along with Deborah Knight, CEO at Quetzal on BBC Radio Leicester in October
- Quetzal delivered in November with the support of Trade Sexual Health a Kitty Party to their beneficiaries, volunteers and staff
- Quetzal joined Coalville C.A.N. for a Mega Walk in November raising awareness about Quetzal in North West Leicestershire
- Quetzal delivered Self-Defence Class
- Quetzal appeared on Leicester Stories Episode 3 Leicester Builds Back Better Podcast and BBC Radio Leicester
- Quetzal delivered their AGM on the International Day for the Elimination of Violence Against Women and Girls - 25th November 2021 - the video of the AGM can be found [here](#)

Quetzal launched several outreach programme including:

- North West Leicestershire Outreach
- Charnwood Outreach
- Melton Outreach

With the main aim to raise awareness about the trauma of childhood sexual abuse and the value of counselling in those regions.

Q4

In 2021-2022, Quetzal received in total 426 referrals, a 63% increase in the number of referrals compared to 2020-2021 (261).

In Quarter 4, Quetzal delivered events and workshops further involving female survivors and communities with their cause:

- Quetzal delivered in January a volunteer induction weekend
- Quetzal delivered in February Quetzal Stories of Change Exhibition. The exhibition lasted a month and involved 4 female artists and survivors, and organisations such as the University of Leicester, Lightseekers and Trade Sexual Health
- Quetzal delivered a Meet the Author event with survivor and author, Elizabeth Shane
- Quetzal participated in two volunteer and placement fairs at De Montfort University and Sherwood Training Institute
- Quetzal continued its North West Leicestershire Outreach in Coalville by participating to Coalville C.A.N. Mega Walks, a volunteering fun fair at Coalville library, as well as organising the Alive & Kicking Females in Coalville 5-day celebration event for International women's day in March
- Quetzal started delivering weekly workshops where female survivors can learn practical techniques and coping strategies to deal with their trauma, build resilience and connect with others
- Quetzal produced 3 videos and 8 social media clips informing female survivors of the process to engage with therapies
- Quetzal recruited two fundraisers to run the London Landmarks Half-Marathon
- Quetzal also had a stall for International Women's Day event organised by Jasmine House

Quetzal launched three further outreach programmes including:

- Crush the Hush Programme for 16-24 Years old
- Harborough Outreach
- "We Will Not Be Silent" to enhance our support to Black, African and Caribbean Survivors

We would like to thank all our volunteers, funders and supporters for their continued hard work and support which enables Quetzal to deliver our services to women in Leicester, Leicestershire and Rutland.

The Quetzal Project

Trustees' Report

Financial review

Policy on reserves

The trustees have examined the charity's requirements for reserves in light of the main risks to the organisation. The charity is seeking to build general funds to cover six months of annual costs. Quetzal's exit plan is based on the expectation that reserves are available should the organisation ever need to be wound down.

Statement of Trustees' Responsibilities

The trustees (who are also the directors of The Quetzal Project for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 01/12/2022 and signed on its behalf by:



.....
Manjora Singh Bisla
Trustee

The Quetzal Project

Independent Examiner's Report to the trustees of The Quetzal Project

Independent examiner's report to the trustees of The Quetzal Project ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 09/12/2022

The Quetzal Project

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	2	106,654	-	106,654	160,826
Charitable activities	3	5,350	67,490	72,840	75,753
Other trading activities	4	47	-	47	-
Investment income	6	4	-	4	14
Total income		<u>112,055</u>	<u>67,490</u>	<u>179,545</u>	<u>236,593</u>
Expenditure on:					
Charitable activities	7	<u>(95,530)</u>	<u>(80,035)</u>	<u>(175,565)</u>	<u>(158,251)</u>
Total expenditure		<u>(95,530)</u>	<u>(80,035)</u>	<u>(175,565)</u>	<u>(158,251)</u>
Net income/(expenditure)		16,525	(12,545)	3,980	78,342
Transfers between funds		<u>3,245</u>	<u>(3,245)</u>	<u>-</u>	<u>-</u>
Net movement in funds		19,770	(15,790)	3,980	78,342
Reconciliation of funds					
Total funds brought forward		<u>88,132</u>	<u>73,128</u>	<u>161,260</u>	<u>82,918</u>
Total funds carried forward	14	<u><u>107,902</u></u>	<u><u>57,338</u></u>	<u><u>165,240</u></u>	<u><u>161,260</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 14.

The notes on pages 11 to 19 form an integral part of these financial statements.

The Quetzal Project

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	2	160,826	-	160,826
Charitable activities	3	7,338	68,415	75,753
Investment income	6	14	-	14
Total income		<u>168,178</u>	<u>68,415</u>	<u>236,593</u>
Expenditure on:				
Charitable activities	7	<u>(110,386)</u>	<u>(47,865)</u>	<u>(158,251)</u>
Total expenditure		<u>(110,386)</u>	<u>(47,865)</u>	<u>(158,251)</u>
Net income		<u>57,792</u>	<u>20,550</u>	<u>78,342</u>
Net movement in funds		57,792	20,550	78,342
Reconciliation of funds				
Total funds brought forward		<u>30,340</u>	<u>52,578</u>	<u>82,918</u>
Total funds carried forward	14	<u><u>88,132</u></u>	<u><u>73,128</u></u>	<u><u>161,260</u></u>

The notes on pages 11 to 19 form an integral part of these financial statements.

The Quetzal Project
(Registration number: 05319865)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Current assets			
Debtors	10	21,946	3,007
Cash at bank and in hand	11	<u>144,284</u>	<u>159,213</u>
		166,230	162,220
Creditors: Amounts falling due within one year	12	<u>(990)</u>	<u>(960)</u>
Net assets		<u><u>165,240</u></u>	<u><u>161,260</u></u>
Funds of the charity:			
Restricted income funds			
Restricted funds	14	57,338	73,128
Unrestricted income funds			
Unrestricted funds		<u>107,902</u>	<u>88,132</u>
Total funds	14	<u><u>165,240</u></u>	<u><u>161,260</u></u>

For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 8 to 19 were approved by the trustees, and authorised for issue on 01/12/2022 and signed on their behalf by:



.....
 Manjora Singh Bisla
 Trustee

The notes on pages 11 to 19 form an integral part of these financial statements.

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

The Quetzal Project meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2022

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.3% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2022

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	24,947	24,947	5,000
Donations from individuals	7,784	7,784	11,641
Grants, including capital grants;			
Government grants	70,923	70,923	84,314
Grants from other charities	3,000	3,000	59,871
	106,654	106,654	160,826

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Client contribution	-	-	-	240
Service delivery	5,350	-	5,350	36,765
Other unrestricted income	-	-	-	2,313
Grants	-	67,490	67,490	36,435
	5,350	67,490	72,840	75,753

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Income from other trading activities

	Unrestricted funds General £	Total funds £	Total 2021 £
Local fundraising and street collection income	47	47	-
	<u>47</u>	<u>47</u>	<u>-</u>

5 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
East Leicestershire & Rutland CCG	13,043	19,756	32,799
Comic Relief	-	10,068	10,068
Office of the Police and Crime Commissioner for Leicestershire	-	9,980	9,980
The Randal Charitable Foundation	-	9,180	9,180
Assura Foundation	-	4,900	4,900
Carlton Hayes Mental Health Charity	-	4,700	4,700
Leicestershire Community Foundation	-	5,531	5,531
Leicester County Council	-	2,500	2,500
Charnwood Borough Council	875	875	1,750
Suicide Prevention Fund	20,287	-	20,287
Ministry of Justice	22,919	-	22,919
Leicester City CCG	18,849	-	18,849
West Leicestershire CCG	15,237	-	15,237
Voluntary Action Leicester	4,660	-	4,660
The Schroder Charity	3,000	-	3,000
Sundry donations	7,784	-	7,784
	<u>106,654</u>	<u>67,490</u>	<u>174,144</u>

6 Investment income

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Interest receivable and similar income;			
Interest receivable on bank deposits	4	4	14
	<u>4</u>	<u>4</u>	<u>14</u>

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2022

7 Expenditure on charitable activities

	Unrestricted General funds	Restricted funds	Total 2022	Total 2021
	£	£	£	£
Cleaning & hygiene	1,635	-	1,635	1,249
Office rent	7,225	4,775	12,000	9,600
Repairs & maintenance	-	4,294	4,294	8,286
Utilities	3,141	1,000	4,141	2,655
Recruitment & training	104	250	354	405
Salaries, NI & pensions	71,889	34,837	106,726	99,390
Staff travel & expenses	179	-	179	298
Accounts & payroll	1,386	-	1,386	1,726
Business support costs	-	1,397	1,397	-
IT service support costs	1,351	1,105	2,456	1,806
Licences & website	1,136	252	1,388	2,465
Office equipment & supplies	1,108	35	1,143	1,193
Phone costs	1,361	761	2,122	2,534
Printing & postage	54	-	54	152
Projects & events	1,141	299	1,440	-
Insurances	851	-	851	602
Other service costs	-	-	-	103
Sundry expenses	195	-	195	410
Paid counsellors	2,526	22,136	24,662	16,355
Evaluation	-	2,370	2,370	-
Volunteer expenses & resources	201	181	382	240
Volunteer supervision	-	650	650	3,054
Volunteer training	-	2,455	2,455	1,766
Depreciation	-	-	-	1,750
Marketing & awareness	47	3,238	3,285	2,212
	<u>95,530</u>	<u>80,035</u>	<u>175,565</u>	<u>158,251</u>

8 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	<u>-</u>	<u>1,750</u>

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2022

9 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	101,662	96,239
Social security costs	3,684	2,215
Pension costs	1,380	936
	<u>106,726</u>	<u>99,390</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022 No	2021 No
Average number of employees	<u>7</u>	<u>7</u>

5 (2021 - 2) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £1,380 (2021 - £936).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £31,568 (2021 - £20,422).

10 Debtors

	2022 £	2021 £
Trade debtors	20,399	425
Prepayments	1,392	2,400
Other debtors	155	182
	<u>21,946</u>	<u>3,007</u>

11 Cash and cash equivalents

	2022 £	2021 £
Cash at bank	<u>144,284</u>	<u>159,213</u>

12 Creditors: amounts falling due within one year

	2022 £	2021 £
Other creditors	<u>990</u>	<u>960</u>

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Notes to the Financial Statements for the Year Ended 31 March 2022

13 Obligations under leases and hire purchase contracts

The total value of future minimum lease payments was as follows:

	2022 £	2021 £
Within one year	9,600	9,600
In two to five years	19,200	28,800
	<u>28,800</u>	<u>38,400</u>

14 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
General fund	88,132	112,055	(95,530)	(26,864)	77,793
<i>Designated</i>					
Reserves	-	-	-	30,109	30,109
Total unrestricted funds	<u>88,132</u>	<u>112,055</u>	<u>(95,530)</u>	<u>3,245</u>	<u>107,902</u>
Restricted funds					
Charnwood BC fund	1,335	-	-	(1,335)	-
Comic Relief	22,507	10,068	(27,150)	-	5,425
Lloyds Bank Foundation fund	10,837	-	(10,837)	-	-
NW Leicestershire DC fund	403	5,775	(1,181)	1,335	6,332
Office of the Police & Crime Commisisoner fund	2,016	9,980	(7,715)	-	4,281
UAVA	3,245	-	-	(3,245)	-
NHS Surge	27,955	-	(23,233)	-	4,722
Renovations	4,830	-	(4,329)	-	501
Making Local Life Better	-	2,900	(2,205)	-	695
MH Project	-	19,756	-	-	19,756
Randal Charitable	-	9,180	(455)	-	8,725
Shires	-	2,500	(2,500)	-	-
The Queen and I	-	2,631	-	-	2,631
Carlton Hayes Mental Health Trust	-	4,700	(430)	-	4,270
Total restricted funds	<u>73,128</u>	<u>67,490</u>	<u>(80,035)</u>	<u>(3,245)</u>	<u>57,338</u>
Total funds	<u>161,260</u>	<u>179,545</u>	<u>(175,565)</u>	<u>-</u>	<u>165,240</u>

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Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
Unrestricted funds				
<i>General</i>				
General fund	30,340	168,178	(110,386)	88,132
Restricted				
Charnwood BC fund	1,335	-	-	1,335
Comic Relief	16,663	24,220	(18,376)	22,507
Lloyds Bank Foundation fund	23,367	-	(12,530)	10,837
NW Leicestershire DC fund	403	-	-	403
Office of the Police & Crime Commissioner fund	9,980	-	(7,964)	2,016
UAVA	830	4,025	(1,610)	3,245
NHS Surge	-	27,955	-	27,955
Renovations	-	4,830	-	4,830
Covid19 Response	-	7,385	(7,385)	-
Total restricted funds	<u>52,578</u>	<u>68,415</u>	<u>(47,865)</u>	<u>73,128</u>
Total funds	<u><u>82,918</u></u>	<u><u>236,593</u></u>	<u><u>(158,251)</u></u>	<u><u>161,260</u></u>

The specific purposes for which the funds are to be applied are as follows:

Charnwood BC fund - supporting our women in Charnwood District and our outreach venue in Loughborough;
 Comic Relief - supporting Asian women in inner city Leicester through a community based approach;
 Lloyds Bank Foundation fund - core costs support to pay for senior staff;
 NW Leicestershire DC fund - to cover the outreach venue in Coalville;
 Office of the Police & Crime Commissioner fund - to contribute towards assessment and counselling sessions and limited overhead costs;
 NHS Surge - funding enabling us to meet additional demand for our services that arose as a result of the pandemic;
 Renovations - for the purpose of improvements and repairs to the Quetzal building;
 Making Local Life Better - funding contributing toward the costs of training for two Clinical Supervisors;
 MH Project - outreach and counselling in the Market Harborough district;
 Randal Charitable - funding for Counselling sessions;
 Shires - funding for information technology equipment;
 The Queen and I - participative art group in celebration of the Queen's jubilee;
 Carlton Hayes Mental Health Trust - funding for Counselling sessions.

The transfer from the General fund to the Reserves fund represents a formal designation of the organisations reserves.

The transfer from the UAVA fund to the General fund reflects the absence of any restrictions on the use of these funds.

The transfer from the Charnwood BC fund to the NW Leicestershire DC fund reflects the combining of funds where the restriction on how these funds can be spent is the same.

The Quetzal Project

Notes to the Financial Statements for the Year Ended 31 March 2022

15 Analysis of net assets between funds

	Unrestricted			2022
	General £	Designated £	Restricted £	Total funds £
Current assets	78,783	30,109	57,338	166,230
Current liabilities	(990)	-	-	(990)
Total net assets	<u>77,793</u>	<u>30,109</u>	<u>57,338</u>	<u>165,240</u>

	Unrestricted		2021
	General £	Restricted £	Total funds £
Current assets	89,092	73,128	162,220
Current liabilities	(960)	-	(960)
Total net assets	<u>88,132</u>	<u>73,128</u>	<u>161,260</u>

16 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2022 £	2021 £
Independent examination	800	800
Other financial services	156	396
	<u>956</u>	<u>1,196</u>

17 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

18 Taxation

The charity is a registered charity and is therefore exempt from taxation.

19 Trustees remuneration and expenses

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

20 Related party transactions

There were no related party transactions in the year.