

COMPANY NUMBER 07508388, CHARITY NO 114167

# CAN DO 4:13 ANNUAL REPORT

YEAR END DECEMBER 2024



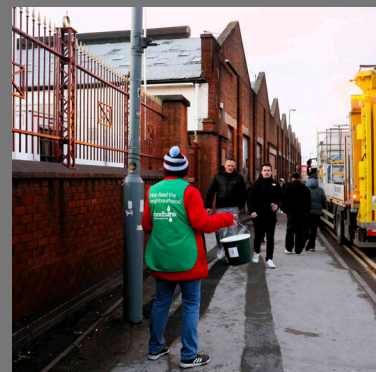
# ABOUT CAN DO 4:13

## Statutory Company and Charity Data

CAN DO 4:13 was registered as **Company Number 07508388** on 27th January 2011 and as **Charity Number 1141676** on 27th April 2011.

## The Company and Charitable objectives are:

1. Prevention and/or relief of poverty and need in the Parish of Aston and Nechells and the immediate surrounding area.
2. Advancement of the Christian religion and its relevance to the Community which it seeks to serve with particular relevance but not limited to the advancement of community development and community cohesion. The trustees in furthering this object will:
  - i) promote Christian teachings about compassion for the poor and needy, loving one's neighbour and loving one's enemies, intercultural and inter-racial harmony; and
  - ii) encourage and facilitate the practice of these Christian teachings especially in helping those members of the Christian community who are fearful or lacking in confidence to put these Christian teachings into practice in their neighbourhoods alongside other fellow Christians.
3. The promotion of religious and racial harmony.



# LEGAL

The Company has five members who are all honorary directors:

**Chairman:** Matthew Gregson, Aston, Birmingham

**Secretary:** Nigel Cripps, Sutton Coldfield, West Midlands

**Treasurer:** Rufus Trotman, Brownhills, Walsall

Kerry Lenihan, Yardley, Birmingham

Jennifer Miller, Erdington, Birmingham

In 2024 the Board held 4 in person meetings. Directors do not receive remuneration and have claimed no expenses.

## GOVERNANCE

No changes for 2024. Matthew Gregson remains Chair and Bob Trotman is the Board's nominated person on the Foodbank management Committee. In 2025 Nigel will step down from the board with Jennifer taking over his Secretary role.

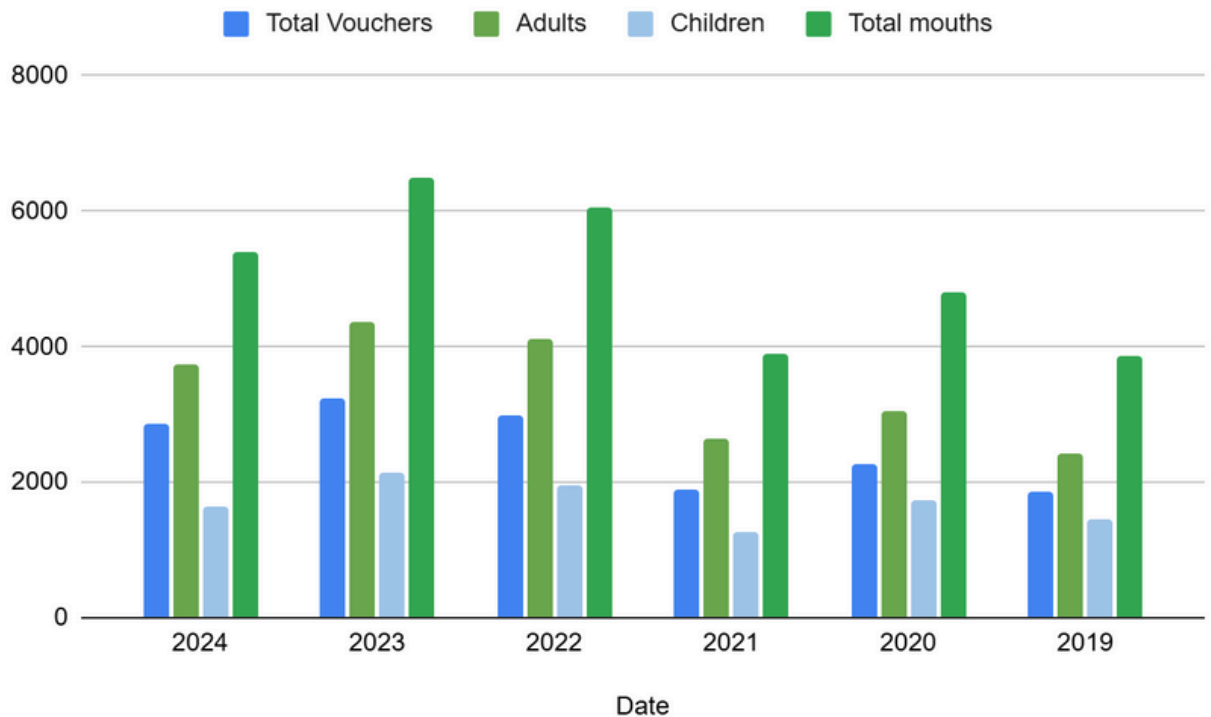
## ADMINISTRATIVE



*We franchise with the Trussell to provide a foodbank service for Aston and Nechells. The Board has delegated day to day management responsibility for the Aston and Nechells Foodbank to its own Management Committee. The Management Committee is required to comply with terms of reference that have been approved by the Board. A Board director is a nominated member of the management committee.*

# ASTON & NECHELLS FOODBANK

Overall there was a 17.2% decrease in the numbers of people in food poverty who received food parcels. This shows some hope though we cannot rule out other means of food delivery as the core reason for the reduction.



Though the numbers did decrease in 2024 the numbers remain much higher than the pre-covid/cost of living crisis era and shows there's much more to be done to alleviate poverty within our locality. Interestingly the percentage decrease from this year to last in terms of children fed is nearly 25% (24.1), this can perhaps be associated with the rise in help within schools and community settings. It is always difficult as just one acting foodbank within the region to give a full and clear picture. Particularly at a time where we know the Birmingham Food Justice Network is growing daily.

1632

**CHILDREN FED FROM JANUARY - DECEMBER  
2024**



# OTHER BUSINESS

## DONATIONS

The Foodbank has continued to be blessed by food and cash donations. Associated with the recession, food donations have reduced and the Foodbank is purchasing more long-life food. Thankfully cash donations are remaining steady. Donations from the Permanent Collection Points have remained fruitful at Sainsbury in Mere Green and Tesco in Aston Lane. **A thank you to all these generous people.**

## FOODBANK PROJECT MANAGER

The generous grants have enabled the Board to continue to employ a salaried **20 hours per week Foodbank Project Manager**. We remain ever grateful to Suzi for her continued presence and support.

## VOLUNTEERS TAKE THE STRAIN

The Foodbank distribution sessions have been **100% staffed by volunteers**. Volunteers have also run the warehouse and held cash and food collections. In 2024 volunteers contributed **approx 7500 hours to the foodbank**

## DISTRIBUTION SESSIONS

The foodbank has **three weekly distribution centres**. Monday at St Matthews church in Nechells, Wednesday at the Bethel Free Baptist Church in Ward End, and Fridays at the Salvation Army Centre in Aston.

## ADVICE SERVICES

Throughout the year a grant from the Heart of England has funded the provision of an advice worker at all food distribution sessions. **In 2023 944 clients received advice at distribution sessions**. The service is provided by staff from Birmingham Settlement, this partnership is working well and we will continue to utilise grants where possible to make sure it continues.



# A NOTE FROM THE CHAIR

In the last financial year, over 5,000 individuals were supported through the Aston and Nechells foodbank, meeting a vital community need. This would not have been possible without the tireless work of our volunteers, who run our foodbanks week in and week out.

As Chair of Trustees at Can Do 4:13, I want to place on record our sincere thanks to all our dedicated volunteers. Their unwavering commitment makes our foodbanks in Aston, Nechells, and Ward End a cornerstone of community support. From greeting clients, packing bags, and distributing food, to quietly working behind the scenes, shopping for supplies, restocking our stores, collecting at supermarkets, and coordinating logistics, the time, care, and teamwork of our volunteers are at the heart of everything we achieve.

I would also like to thank our Foodbank Project Manager for her exceptional work in ensuring our foodbanks run so well.

Finally, as trustees, we are very grateful for the donations we have received from local churches, schools, businesses, and individuals, which enable us to continue this vital work and thank you for any future support we receive.

## FUTURE

The top priority is working to the Charity's objectives. We are pleased that we can continue with professional financial advice at all food distribution sessions and CAN DO is only proposing to expand this work. We remain concerned that poverty is not reducing, and look forward to working with Trussell further on this area.

We are always looking for new avenues to maximise our reach in terms of receiving donations (regular food or cash donations are much appreciated). If your company, hobby group, church or sports team can help, please get in touch. We remain committed to fulfilling our aim to relieve those in our catchment area of poverty and to do so we must extend our donation pool.



Company No 07508368 Charity No 1141676

## Income and Expenditure account for the period ending 31<sup>st</sup> December 2024

Income	Opening Balance	£ In	Expenditure	£ Out	Closing Balance
CAN DO 4:13	13,013.89	35,286.00	CAN DO 4:13(Note i)	22,420.00	25,879.89
FOODBANK	113,187.54	28,016.59	Foodbank (Note ii)	50,231.85	90,972.28
Total	126,201.43	63,302.59	Total	72,651.85	116,852.17

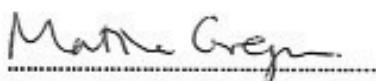
**Restricted funds.** These are monies for a specified purpose that cannot be used for anything else.

Note (i) – includes £22,000 for advice services.

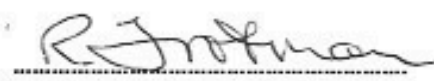
Note (ii) - £90,972.28 is for Foodbank including £17,000 for wages and £15,000 for rent.

**Financial Policy** - The policy is to keep 3 months operating costs in reserve.

**Banker** – The Co-operative Bank PLC, PO Box 101, 1 Balloon Street, Manchester, M60 4EP.

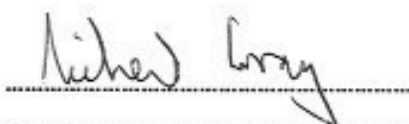


Matthew Gregson Chair



Rufus (Bob) Trotman – Treasurer

I have examined the papers presented to me and considered the above statement represents a reasonable report of the organisation's financial position on 31<sup>st</sup> December 2024.



Richard Gray, Finance Director – Aston Manor Transport Museum

Registered address – Aston Parish Church, Witton Lane, Birmingham, B6 6QA

**Registered Number 07508388**

**CAN DO 4:13**

**Micro-entity Accounts**

**31 December 2024**

CAN DO 4:13 Registered Number 07508388

Micro-entity Balance Sheet as at 31 December 2024

	<i>Notes</i>	<i>2024</i>	<i>2023</i>
		<i>£</i>	<i>£</i>
Current Assets		116,852	126,201
Net current assets (liabilities)		116,852	126,201
Total assets less current liabilities		116,852	126,201
Total net assets (liabilities)		116,852	126,201
Reserves		116,852	126,201

- For the year ending 31 December 2024, the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 06 February 2025

And signed on their behalf by:

**Matthew Gregson, Director**

**CAN DO 4:13 Registered Number 07508388**

***Notes to the Micro-entity Accounts for the period ended 31 December 2024***

***1 Employees***

	<i>2024</i>	<i>2023</i>
Average number of employees during the period	1	1





Dreams &  
Opportunities

Company No 07508388 Charity No 1141676

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