

COMPANY NUMBER 07508388, CHARITY NO 114167

# CAN DO 4:13 ANNUAL REPORT

YEAR END DECEMBER 2023



# ABOUT CAN DO 4:13

## Statutory Company and Charity Data

CAN DO 4:13 was registered as **Company Number 07508388** on 27th January 2011 and as **Charity Number 1141676** on 27th April 2011.

## The Company and Charitable objectives are:

1. Prevention and/or relief of poverty and need in the Parish of Aston and Nechells and the immediate surrounding area.
2. Advancement of the Christian religion and its relevance to the Community which it seeks to serve with particular relevance but not limited to the advancement of community development and community cohesion. The trustees in furthering this object will:
  - i) promote Christian teachings about compassion for the poor and needy, loving one's neighbour and loving one's enemies, intercultural and inter-racial harmony; and
  - ii) encourage and facilitate the practice of these Christian teachings especially in helping those members of the Christian community who are fearful or lacking in confidence to put these Christian teachings into practice in their neighbourhoods alongside other fellow Christians.
3. The promotion of religious and racial harmony.



# LEGAL

The Company has five members who are all honorary directors:

**Chairman:** Acting Nigel Cripps, Sutton Coldfield, West Midlands (until 28 September)  
Matthew Gregson, Aston, Birmingham (appointed 28 September)

**Secretary:** Nigel Cripps, Sutton Coldfield, West Midlands

**Treasurer:** Rufus Trotman, Brownhills, Walsall

Kerry Lenihan, Yardley, Birmingham

Jennifer Miller, Erdington, Birmingham

In 2023 the Board held 2 in person meetings plus several urgent Zoom meetings.  
Directors do not receive remuneration and have claimed no expenses.

## GOVERNANCE

In September Matthew Gregson was appointed as a Trustee and Chair. Bob Trotman is the Board's nominated person on the Foodbank management Committee.

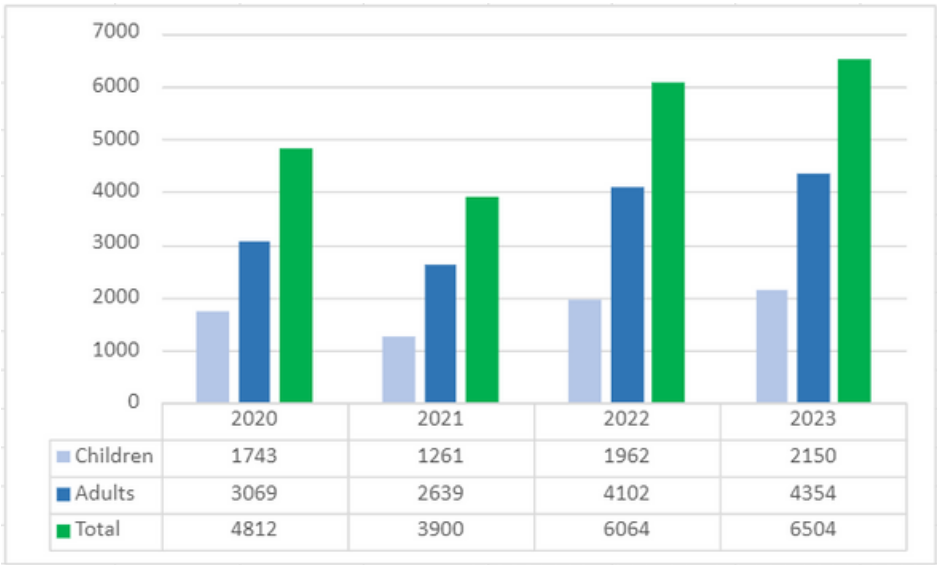
## ADMINISTRATIVE



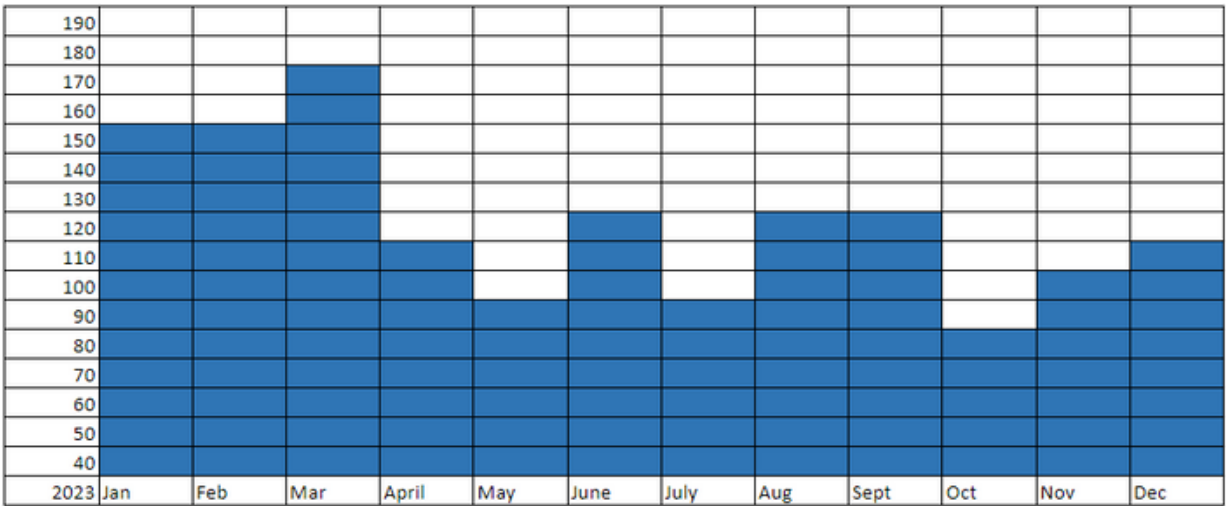
*We franchise with the Trussell Trust to provide a foodbank service for Aston and Nechells. The Board has delegated day to day management responsibility for the Aston and Nechells Foodbank to its own Management Committee. The Management Committee is required to comply with terms of reference that have been approved by the Board. A Board director is a nominated member of the management committee.*

# ASTON & NECHELLS FOODBANK

Overall there was a 7% increase in the numbers of people in food poverty who received food parcels. 46 Tonnes of food was given out in food parcels.



The first 3 months of 2023 had the highest ever demand for food parcels. This coincided with a serious recession and the Government changing benefit rules. Thankfully demand in the last 9 months was significantly lower.



Ward End closed 31 July to 14 August



**TONNES OF FOOD GIVEN OUT ACROSS OUR 3  
FOODBANK CENTRES**



# OTHER BUSINESS

## DONATIONS

The Foodbank has continued to be blessed by food and cash donations. Associated with the recession, food donations have reduced and the Foodbank is purchasing more long-life food. Thankfully cash donations have increased. Donations from the Permanent Collection Points have remained high at Sainsbury in Mere Green and Tesco in Aston Lane. **A thank you to all these generous people.**

## PROFESSIONAL COORDINATOR

The generous grants have enabled the Board to continue to employ a salaried **20 hours per week project coordinator.**

## VOLUNTEERS TAKE THE STRAIN

The Foodbank distribution sessions have been **100% staffed by volunteers.** Volunteers have also run the warehouse and held cash and food collections. In 2023 volunteers contributed **7500 hours to the foodbank**

## DISTRIBUTION SESSIONS

The foodbank has **three weekly distribution centres.** Monday at St Matthews church in Nechells, Wednesday at the Elim Church and now the Bethel Free Baptist Church in Ward End, and Fridays at the Salvation Army Centre in Aston.

In August the Ward End distribution centre closed for 2 weeks and reopened on 16 August having **relocated into the Bethel Free Baptist Church in Ward End Road, B8 4QU.**

## ADVICE SERVICES

Throughout the year a grant from ASDA via Trussell Trust has funded the provision of an advice worker at all food distribution sessions. **In 2023 981 clients received advice at distribution sessions.** The service is provided by staff from Birmingham Settlement, this partnership is working well.



# FUTURE

The top priority is working to the Charity's objectives. We are pleased that there is now a professional financial advice at all food distribution sessions and CAN DO is only proposing to expand this work. We remain concerned that poverty is not reducing.

We are always looking for new avenues to maximum our reach in terms of receiving donations (regular food or cash donations are much appreciated). If your company, hobby group, church or sports team can help. Please get in touch.





Company No 07508388 Charity No 1141676

## Income and Expenditure account for the period ending 31<sup>st</sup> December 2023

Income	Opening Balance	£ In	Expenditure	£ Out	Closing Balance
CAN DO 4:13	9195.89	16,848.00	CAN DO 4:13(Note i)	13030.00	13,013.89
FOODBANK	101,700.93	72,824.73	Foodbank (Note ii)	61338.12	113,187.54
Total	110896.82	89,672.73	Total	74368.12	126,201.43

**Restricted funds.** These are monies for a specified purpose that cannot be used for anything else.

Note (i) – includes £5437.89 for advice services.

Note (ii) - £113,187.74 is for Foodbank including £16,000 for wages and £15,000 for rent.

**Financial Policy** - The policy is to keep 3 months operating costs in reserve.

**Banker** – The Co-operative Bank PLC, PO Box 101, 1 Balloon Street, Manchester, M60 4EP.

Matthew Gregson Chair

Rufus (Bob) Trotman – Treasurer

I have examined the papers presented to me and considered the above statement represents a reasonable report of the organisation's financial position on 31<sup>st</sup> December 2023.

Richard Gray, Finance Director – Aston Manor Transport Museum

Registered address – Aston Parish Church, Witton Lane, Birmingham, B6 6QA