

CAN DO 4:13 ANNUAL REPORT

YEAR END DECEMBER 2022



ABOUT CAN DO 4:13

Statutory Company and Charity Data

CAN DO 4:13 was registered as **Company Number 07508388** on 27th January 2011 and as **Charity Number 1141676** on 27th April 2011.

The Company and Charitable objectives are:

1. Prevention and/or relief of poverty and need in the Parish of Aston and Nechells and the immediate surrounding area.
2. Advancement of the Christian religion and its relevance to the Community which it seeks to serve with particular relevance but not limited to the advancement of community development and community cohesion. The trustees in furthering this object will:
 - i) promote Christian teachings about compassion for the poor and needy, loving one's neighbour and loving one's enemies, intercultural and inter-racial harmony; and
 - ii) encourage and facilitate the practice of these Christian teachings especially in helping those members of the Christian community who are fearful or lacking in confidence to put these Christian teachings into practice in their neighbourhoods alongside other fellow Christians.
3. The promotion of religious and racial harmony.



LEGAL

The Company has five members who are all honorary directors:

Chairman: Acting Nigel Cripps, Sutton Coldfield, West Midlands

Secretary: Nigel Cripps, Sutton Coldfield, West Midlands

Treasurer: Rufus Trotman, Brownhills, Walsall

Kerry Lenihan, Yardley, Birmingham

Jennifer Miller, Erdington, Birmingham (appointed 24 August 2022)

In 2022 the Board held 2 meetings including one by Zoom. Directors do not receive remuneration and have claimed no expenses.

GOVERNANCE

The Board is seeking a Trustee to replace Susan Partridge. In the meantime Bob Trotman has become the Board's nominated person on the Foodbank management Committee.

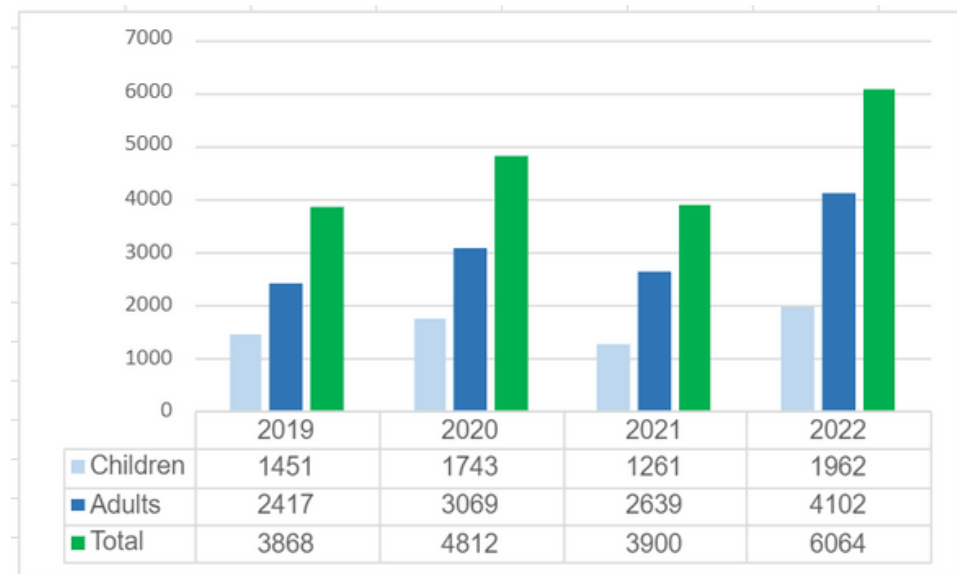
ADMINISTRATIVE



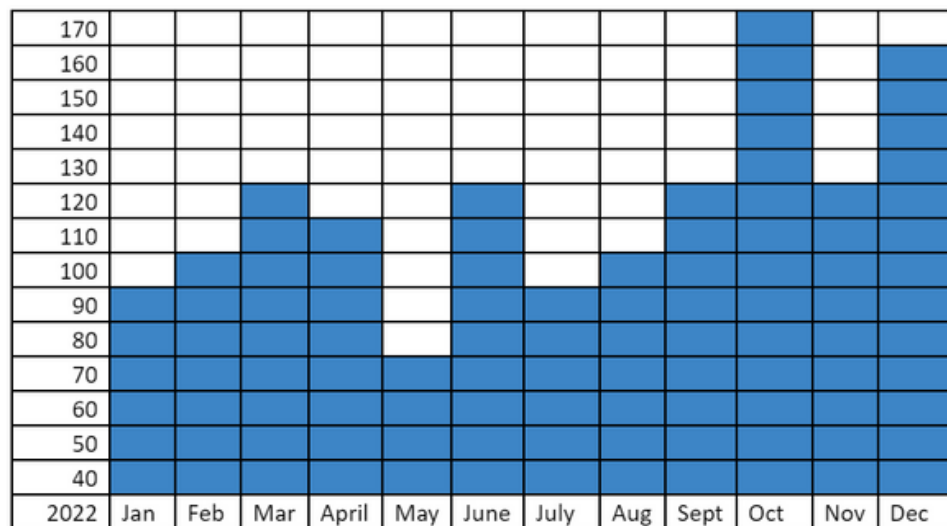
We franchise with the Trussell Trust to provide a foodbank service for Aston and Nechells. The Board has delegated day to day management responsibility for the Aston and Nechells Foodbank to its own Management Committee. The Management Committee is required to comply with terms of reference that have been approved by the Board. A Board director is a nominated member of the management committee.

ASTON & NECHELLS FOODBANK

Overall there was a 55% increase in the numbers of people in food poverty who received food parcels.



The significant increase in demand is associated with the escalating cost of energy and inflation. Wages, Universal Credit and other Government grants have only increased below the rise in cost of living creating a gap in income. 50.5 tonnes of food was given in food parcels. We received 45 tonnes of food donations.



55%

INCREASE IN THE NUMBER OF PEOPLE IN FOOD POVERTY WHO RECEIVED FOOD PARCELS

OTHER BUSINESS

DONATIONS

The Foodbank has continued to be blessed by food and cash donations. Associated with the recession food donations have reduced and the Foodbank is purchasing more long-life food. Thankfully cash donations have increased. Donations from the Permanent Collection Points have remained high at Sainsbury in Mere Green and Tesco in Aston Lane. **A thank you to all these generous people.**

PROFESSIONAL COORDINATOR

The generous grants have enabled the Board to continue to employ a salaried **20 hours per week project coordinator.**

VOLUNTEERS TAKE THE STRAIN

The Foodbank distribution sessions have been 100% staffed by volunteers. Volunteers have also run the warehouse and held cash and food collections. **In 2022 volunteers contributed 7500 hours to the foodbank**

DISTRIBUTION SESSIONS

The foodbank has **three weekly distribution centres.** Monday at St Matthews church in Nechells, Wednesday at the Elim church in Ward End, and Fridays at the Salvation Army Centre in Aston.

ADVICE SERVICES

Throughout the year a grant from ASDA via Trussell Trust has funded the provision of an advice worker at all food distribution sessions. **In 2021 847 clients received advice at distribution sessions.** The service is provided by staff from Birmingham Settlement, this partnership is working well.

A HAPPY OCCASION

The chair of the Foodbank management committee, David Fletcher was invited as a thank you for his contribution to the community to become a bearer in the Queens Baron relay. **Congratulations David.**



FUTURE

The top priority is working to the Charity's objectives. We are pleased that there is now an advice worker at food distribution sessions but we remain concerned that while poverty is all around us CAN DO is not expanding to undertake more work.

We are always looking for new avenues to maximum our reach in terms of receiving donations (regular food or cash donations are much appreciated). If your company, hobby group, church or sports team can help. Please get in touch.



FINANCE

Income and expenditure account for the period ending 31 December 2022

| | Carried Fwd from 2021 | Income | Expenditure | Balance |
|-------------------------------|--------------------------|-----------|-------------|------------|
| | | | | |
| Can Do 4:13 | 22,225.89 | | 13,030.00 | 9,195.89 |
| Aston & Nechells Food Bank | 97,503.17 | 51,457.80 | 47,260.04 | 101,700.93 |
| Total | 119,729.06 | 51,457.80 | 60,290.04 | 110,896.82 |
| Activity in a/c | | | | - 8,832.24 |
| Balance at 31st December 2022 | | | | 110,896.82 |

Restricted funds - *These are monies given for a specific purpose that cannot be used for anything else.*

Foodbank - £101,700.93.

Advice Services - £8,888.89

Unallocated funds

CanDo4:13 - £307.00

Financial Policy

The policy is to keep 3 months operating costs in reserve

Banker

The banker is The Co-operative Bank PLC, PO Box 101, 1 Balloon Street, Manchester M60 4EP

Nigel Cripps
Acting Chair

Rufus (Bob) Trotman
Treasurer

I have examined the papers presented to me and consider the above statement represents a reasonable report of the organisations financial position on 31st December 2022

Richard Gray Finance Director – Aston Manor Transport Museum