

CAN DO 4:13
Company number 07508388, Charity No 1141676
REPORT FOR THE YEAR ENDED 31st DECEMBER 2021

CAN DO 4:13 was registered as Company Number 07508388 on 27th January 2011 and as Charity Number 1141676 on 27th April 2011. The Company and Charitable objectives are

- 1** - prevention and/or relief of poverty and need in the Parish of Aston and Nechells and the immediate surrounding area.
- 2** - advancement of the Christian religion and its relevance to the Community which it seeks to serve with particular relevance but not limited to the advancement of community development and community cohesion. The trustees in furthering this object will:
 - ☐ promote Christian teachings about compassion for the poor and needy, loving one's neighbour and loving one's enemies, intercultural and inter-racial harmony; and
 - ☐ encourage and facilitate the practice of these Christian teachings especially in helping those members of the Christian community who are fearful or lacking in confidence to put these Christian teachings into practice in their neighbourhoods alongside other fellow Christians.
- 3** - the promotion of religious and racial harmony

Legal - The Company has six members who are all honorary directors

Chairman	Canon Sharon Palmer MBE, Erdington, Birmingham
Secretary	N Cripps, Sutton Coldfield, West Midlands.
Treasurer	R Trotman, Brownhills, Walsall
	Kerry Lenihan, Yardley, Birmingham
	Susan Partridge, Shard End, Birmingham (resigned 30 September 2021)

In 2021 the Board held 5 meetings including 2 by Zoom. Directors do not receive remuneration and have claimed no expenses.

Administrative - The Board has delegated day to day management responsibility for the Aston and Nechells Foodbank to its own Management Committee. The Management Committee is required to comply with terms of reference that have been approved by the Board. A Board director is a nominated member of the management committee.

Governance - The Board is seeking a Trustee to replace Susan Partridge. In the meantime Bob Trotman has become the Board's nominated person on the Foodbank management Committee.

Principle Activities -

Aston & Nechells Foodbank - Overall there was a 19% decrease in the numbers of people in food poverty who received food parcels.

	2018	2019	2020	2021
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Children	1225	1451	1743	1261
Adults	2354	2417	3069	2639
Total	3579	3868	4812	3900

The reduction in demand is associated with Government interventions to prevent poverty during lockdowns caused by the Covid outbreak. There was a jump in demand when the Government withdrew the Universal Credit top up. See chart below

2021 Average number of food parcels handed out

110												
100												
90												
80												
70												
60												
50												
40												
2021	Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec

The Foodbank has continued to be blessed by food donations but this was reduced during the Covid lockdown partly because normal collections were not allowed. Donations from the Permanent Collection Points have remained high at Sainsbury in Mere Green and Tesco in Aston Lane. A thank you to all these generous people.

Professional Coordinator appointed. The generous grants received during lockdown enabled the Board to appoint a salaried 20 hours per week project coordinator. Following competitive interviews a coordinator was appointed. The post is for 2 years.

Volunteers take the strain - The Foodbank distribution sessions have been 100% staffed by volunteers. Volunteers have also run the warehouse and held cash and food collections

Distribution sessions - The foodbank has three weekly distribution centres. Monday at St Matthews church in Nechells, Wednesday at the Elim church in Ward End, and Fridays at the Salvation Army Centre in Aston.

Warehouse - St Matthews Community Hall receives donations on a Tuesday mornings.

It has been another busy year for the Foodbank warehouse. 40.8 tonnes were received in donation and 42 tonnes distributed. During the year a second overflow distribution store was opened at Nechells Methodist church.

Advice Services - Throughout the year a grant from ASDA via Trussell Trust has funded the provision of an advice worker at food distribution sessions in initially at Aston & Nechells and from May 2021 also at Ward End. In 2021 272 clients received

advice at distribution sessions. The service is provided by staff from Birmingham Settlement, this partnership is working well.

Future - The top priority is working to the Charity's objectives. We are pleased that there is now an advice worker at food distribution sessions but we remain concerned that while poverty is all around us CAN DO is not expanding to undertake more work.

Annual Public Meeting - It was impractical to hold the annual public meeting in 2021 but one will be held when practicable in 2022.

A handwritten signature in black ink, appearing to read 'Sharon Palmer', with a stylized flourish underneath.

Sharon Palmer MBE
2022

Nigel Cripps Secretary March

Can Do 4:13 - Balance Sheet 2021

	From 2020	Income	Expenditure	Balance
Can Do 4:13	5437.89	25,488.00	8,700.00	22,225.89
Aston & Nechells Food Bank	93,018.10	34,657.55	£30,172.48	97,503.17
Total	98,455.99	60,145.55	38,872.48	119,729.06
Total activity in a/c				21,283.07
Bank Balance at 31st December 2021				119,729.06

Foodbank Income in 2021

Justgiving	9837.56
Grants	8090.48
Tesco Collection	283.32
Individual Giving	9284.96
Church Giving	3016.94
Other Organisations	3844.29
Other	50.00
Received in 2021	34407.55

Foodbank Expenditure in 2021

Equipment	382.71
Warehouse	672.59
Stationary	1022.87
Travel Expenses	31.52
Telephone use	184.39
Rent	10336.8
Training	166.8
Trussel Trust Membership	360
Food Purchases	5400.88

Insurance	1539.36
Wages	9814.68
Other	259.88
Petty Cash	0
Total Expenditure	30172.48
Balance for 2021	4235.07
Total Balance 2021	97253.17
Petty Cash	0

Can Do 4:13 Receipts and Expenditure in 2021

Details	Details	Income	Expenditure
Opening balance		£5437.89	
TRUSSELL TRUST	GRANT	£8,640.00	
Bham Settlement	Advice Sessions		£8,640.00
Accounts Examiner	Gift		£60.00
TRUSSELL TRUST	GRANT	£16,848.00	
	TOTAL	£30,925.89	8,700.00

Restricted Funds

Foodbank - £97,503.

Advice Services - £21,848.89

Unallocated funds

CanDo4:13 - £437.89



Company No 07506362 Charity No 1141676

Income and Expenditure account for the period ending 31st December 2021

Income	Opening Balance	£ In	Expenditure	£ Out	Closing Balance
CAN DO 4:13	5,437.89	25,488.00	CAN DO 4:13(Note i)	8,700.00	22,225.89
FOODBANK	93,018.10	34,657.55	Foodbank (Note ii)	30,172.48	97,503.17
Total	98,455.99	60,145.55		38,872.48	119,729.06

Restricted funds. These are monies for a specified purpose that cannot be used for anything else.

Note (i) – includes £19,187.90 for advice services

Note (ii) - £97,503.17 for Foodbank including £55.38 for the warehouse

Financial Policy - The policy is to keep 3 months operating costs in reserve.

Banker – The Co-operative Bank PLC, PO Box 101, 1 Balloon Street, Manchester, M60 4EP.

Chair

Rufus (Bob) Trotman – Treasurer

I have examined the papers presented to me and considered the above statement represents a reasonable report of the organisation's financial position position on 31st December 2021.

Richard Gray, Finance Director – Aston Manor Transport Museum

Registered address – Aston Parish Church, Witton Lane, Birmingham, B6 6QA