

# CAN DO 4:13

England & Wales · Charity number 1141676

## Details

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Status	Registered
Legal form	Charitable company
Company number	<a href="#">07508388</a>
Registered	2011-05-04
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Aston Parish Church Witton Lane Birmingham B6 6QA
Phone	07861391452
Email	<a href="mailto:Jennifer.a.miller@hotmail.com">Jennifer.a.miller@hotmail.com</a>
Website	<a href="http://www.Astonnechellscofe.org.uk">www.Astonnechellscofe.org.uk</a>

## Activities

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**Objects:** 1) PREVENTION AND/OR RELIEF OF POVERTY AND NEED IN PARISH OF ASTON AND NECHELLS2) ADVANCEMENT OF THE CHRISTIAN RELIGION AND ITS RELEVANCE TO THE COMMUNITY WHICH IT SEEKS TO SERVE WITH PARTICULAR RELEVANCE BUT NOT LIMITED TO THE ADVANCEMENT OF COMMUNITY DEVELOPMENT AND COMMUNITY COHESION. THE TRUSTEES IN FURTHERING THIS OBJECT WILL: PROMOTE CHRISTIAN TEACHINGS ABOUT COMPASSION FOR THE POOR AND NEEDY, LOVING ONE'S NEIGHBOUR AND LOVING ONE'S ENEMIES, INTERCULTURAL AND INTER-RACIAL HARMONY; AND • ENCOURAGE AND FACILITATE THE PRACTICE OF THESE CHRISTIAN TEACHINGS ESPECIALLY IN HELPING THOSE MEMBERS OF THE CHRISTIAN COMMUNITY WHO ARE FEARFUL OR LACKING IN CONFIDENCE TO PUT THESE CHRISTIAN TEACHINGS INTO PRACTICE IN THEIR NEIGHBOURHOODS ALONGSIDE OTHER FELLOW CHRISTIANS3) THE PROMOTION OF RELIGIOUS AND RACIAL HARMONY

**Activities:** In 2014 the charity was responsible for 1 - The Aston and Nechells food bank2 - The St James Aston Advice Centre

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Prevention Or Relief Of Poverty, Religious Activities, Economic/community Development/employment
- **Who:** The General Public/mankind

## Geography

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- **Area of benefit:** PARISH OF ASTON AND NECHELLS
- Birmingham City

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-12-31	£63,302	£72,652	-	-
2023-12-31	£89,673	£74,368	-	-
2022-12-31	£51,458	£60,290	-	-
2021-12-31	£60,146	£38,872	-	-
2020-12-31	£103,048	£20,009	-	-

## Trustees

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Name	Role	Appointed
Jennifer Adassa Miller		2022-08-24
Kerry Lenihan		2019-03-20
MATTHEW JOHN GREGSON		2023-11-01
Rufus Daniel Trotman		2017-12-08

**CAN DO 4:13**

England & Wales - Charity number 1141676

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# Accounts

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COMPANY NUMBER 07508388, CHARITY NO 114167

# CAN DO 4:13 ANNUAL REPORT

YEAR END DECEMBER 2024



# ABOUT CAN DO 4:13

## Statutory Company and Charity Data

CAN DO 4:13 was registered as **Company Number 07508388** on 27th January 2011 and as **Charity Number 1141676** on 27th April 2011.

## The Company and Charitable objectives are:

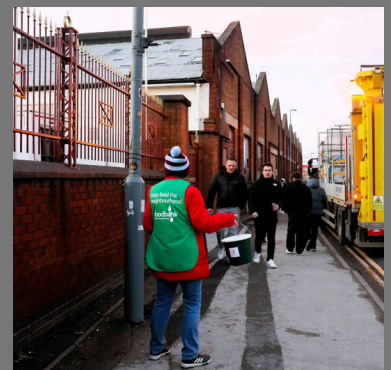
1. Prevention and/or relief of poverty and need in the Parish of Aston and Nechells and the immediate surrounding area.

2. Advancement of the Christian religion and its relevance to the Community which it seeks to serve with particular relevance but not limited to the advancement of community development and community cohesion. The trustees in furthering this object will:

i) promote Christian teachings about compassion for the poor and needy, loving one's neighbour and loving one's enemies, intercultural and inter-racial harmony; and

ii) encourage and facilitate the practice of these Christian teachings especially in helping those members of the Christian community who are fearful or lacking in confidence to put these Christian teachings into practice in their neighbourhoods alongside other fellow Christians.

3. The promotion of religious and racial harmony.



# LEGAL

The Company has five members who are all honorary directors:

**Chairman:** Matthew Gregson, Aston, Birmingham

**Secretary:** Nigel Cripps, Sutton Coldfield, West Midlands

**Treasurer:** Rufus Trotman, Brownhills, Walsall

Kerry Lenihan, Yardley, Birmingham

Jennifer Miller, Erdington, Birmingham

In 2024 the Board held 4 in person meetings. Directors do not receive remuneration and have claimed no expenses.

# GOVERNANCE

No changes for 2024. Matthew Gregson remains Chair and Bob Trotman is the Board's nominated person on the Foodbank management Committee. In 2025 Nigel will step down from the board with Jennifer taking over his Secretary role.

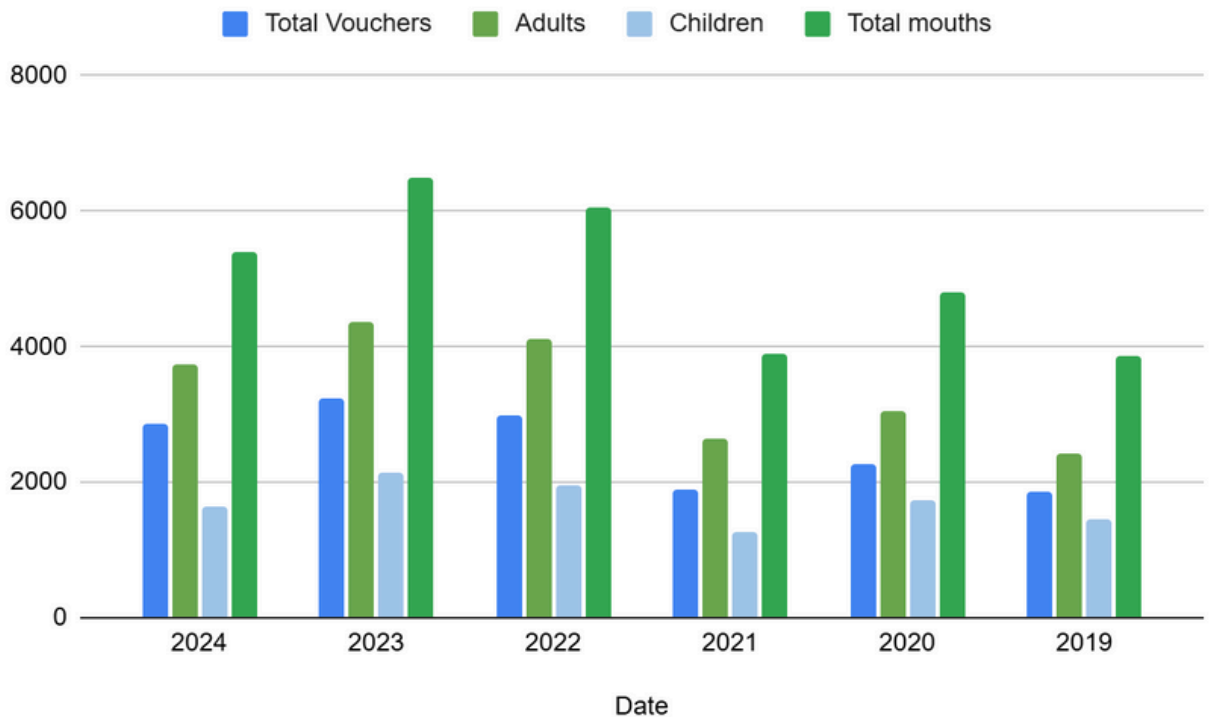
# ADMINISTRATIVE



*We franchise with the Trussell to provide a foodbank service for Aston and Nechells. The Board has delegated day to day management responsibility for the Aston and Nechells Foodbank to its own Management Committee. The Management Committee is required to comply with terms of reference that have been approved by the Board. A Board director is a nominated member of the management committee.*

# ASTON & NECHELLS FOODBANK

Overall there was a 17.2% decrease in the numbers of people in food poverty who received food parcels. This shows some hope though we cannot rule out other means of food delivery as the core reason for the reduction.



Though the numbers did decrease in 2024 the numbers remain much higher than the pre-covid/cost of living crisis era and shows there's much more to be done to alleviate poverty within our locality. Interestingly the percentage decrease from this year to last in terms of children fed is nearly 25% (24.1), this can perhaps be associated with the rise in help within schools and community settings. It is always difficult as just one acting foodbank within the region to give a full and clear picture. Particularly at a time where we know the Birmingham Food Justice Network is growing daily.

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**CHILDREN FED FROM JANUARY - DECEMBER  
2024**

# OTHER BUSINESS

## DONATIONS

The Foodbank has continued to be blessed by food and cash donations. Associated with the recession, food donations have reduced and the Foodbank is purchasing more long-life food. Thankfully cash donations are remaining steady. Donations from the Permanent Collection Points have remained fruitful at Sainsbury in Mere Green and Tesco in Aston Lane. **A thank you to all these generous people.**

## FOODBANK PROJECT MANAGER

The generous grants have enabled the Board to continue to employ a salaried **20 hours per week Foodbank Project Manager**. We remain ever grateful to Suzi for her continued presence and support.

## VOLUNTEERS TAKE THE STRAIN

The Foodbank distribution sessions have been **100% staffed by volunteers**. Volunteers have also run the warehouse and held cash and food collections. In 2024 volunteers contributed **approx 7500 hours to the foodbank**

## DISTRIBUTION SESSIONS

The foodbank has **three weekly distribution centres**. Monday at St Matthews church in Nechells, Wednesday at the Bethel Free Baptist Church in Ward End, and Fridays at the Salvation Army Centre in Aston.

## ADVICE SERVICES

Throughout the year a grant from the Heart of England has funded the provision of an advice worker at all food distribution sessions. **In 2023 944 clients received advice at distribution sessions**. The service is provided by staff from Birmingham Settlement, this partnership is working well and we will continue to utilise grants where possible to make sure it continues.



# A NOTE FROM THE CHAIR

In the last financial year, over 5,000 individuals were supported through the Aston and Nechells foodbank, meeting a vital community need. This would not have been possible without the tireless work of our volunteers, who run our foodbanks week in and week out.

As Chair of Trustees at Can Do 4:13, I want to place on record our sincere thanks to all our dedicated volunteers. Their unwavering commitment makes our foodbanks in Aston, Nechells, and Ward End a cornerstone of community support. From greeting clients, packing bags, and distributing food, to quietly working behind the scenes, shopping for supplies, restocking our stores, collecting at supermarkets, and coordinating logistics, the time, care, and teamwork of our volunteers are at the heart of everything we achieve.

I would also like to thank our Foodbank Project Manager for her exceptional work in ensuring our foodbanks run so well.

Finally, as trustees, we are very grateful for the donations we have received from local churches, schools, businesses, and individuals, which enable us to continue this vital work and thank you for any future support we receive.

## FUTURE

The top priority is working to the Charity's objectives. We are pleased that we can continue with professional financial advice at all food distribution sessions and CAN DO is only proposing to expand this work. We remain concerned that poverty is not reducing, and look forward to working with Trussell further on this area.

We are always looking for new avenues to maximise our reach in terms of receiving donations (regular food or cash donations are much appreciated). If your company, hobby group, church or sports team can help, please get in touch. We remain committed to fulfilling our aim to relieve those in our catchment area of poverty and to do so we must extend our donation pool.



Company No 07508368 Charity No 1141676

## Income and Expenditure account for the period ending 31<sup>st</sup> December 2024

Income	Opening Balance	£ In	Expenditure	£ Out	Closing Balance
CAN DO 4:13	13,013.89	35,286.00	CAN DO 4:13(Note (i))	22,420.00	25,879.89
FOODBANK	113,187.54	28,016.59	Foodbank (Note ii)	50,231.85	90,972.28
Total	126,201.43	63,302.59	Total	72,651.85	116,852.17

**Restricted funds.** These are monies for a specified purpose that cannot be used for anything else.

Note (i) – includes £22,000 for advice services.

Note (ii) - £90,972.28 is for Foodbank including £17,000 for wages and £15,000 for rent.

**Financial Policy** - The policy is to keep 3 months operating costs in reserve.

**Banker** – The Co-operative Bank PLC, PO Box 101, 1 Balloon Street, Manchester, M60 4EP.

Matthew Gregson Chair

Rufus (Bob) Trotman – Treasurer

I have examined the papers presented to me and considered the above statement represents a reasonable report of the organisation's financial position on 31<sup>st</sup> December 2024.

Richard Gray, Finance Director – Aston Manor Transport Museum

Registered address – Aston Parish Church, Witton Lane, Birmingham, B6 6QA

**Registered Number 07508388**

**CAN DO 4:13**

**Micro-entity Accounts**

**31 December 2024**

CAN DO 4:13 Registered Number 07508388

Micro-entity Balance Sheet as at 31 December 2024

	<i>Notes</i>	<i>2024</i>	<i>2023</i>
		<i>£</i>	<i>£</i>
Current Assets		116,852	126,201
Net current assets (liabilities)		116,852	126,201
Total assets less current liabilities		116,852	126,201
Total net assets (liabilities)		116,852	126,201
Reserves		116,852	126,201

- For the year ending 31 December 2024, the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 06 February 2025

And signed on their behalf by:

**Matthew Gregson, Director**

**CAN DO 4:13 Registered Number 07508388**

***Notes to the Micro-entity Accounts for the period ended 31 December 2024***

***1 Employees***

	<i>2024</i>	<i>2023</i>
Average number of employees during the period	1	1



Company No 07508388 Charity No 1141676

Income and Expenditure account for the period ending 31<sup>st</sup> December 2024

Income	Opening Balance	£ In	Expenditure	£ Out	Closing Balance
CAN DO 4:13	13,013.89	35,286.00	CAN DO 4:13(Note (i))	22,420.00	25,879.89
FOODBANK	113,187.54	28,016.59	Foodbank (Note ii)	50,231.85	90,972.28
<b>Total</b>	<b>126,201.43</b>	<b>63,302.59</b>	<b>Total</b>	<b>72,651.85</b>	<b>116,852.17</b>

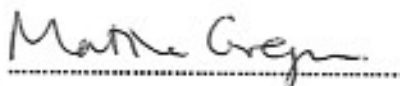
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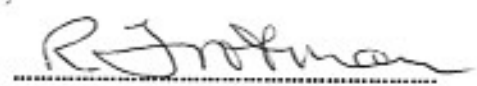
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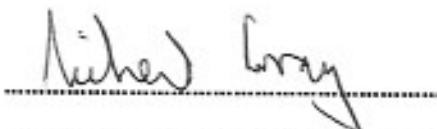


Matthew Gregson Chair



Rufus (Bob) Trotman – Treasurer

I have examined the papers presented to me and considered the above statement represents a reasonable report of the organisation's financial position on 31<sup>st</sup> December 2024.



Richard Gray, Finance Director – Aston Manor Transport Museum

Registered address – Aston Parish Church, Witton Lane, Birmingham, B6 6QA

**CAN DO 4:13**

England & Wales - Charity number 1141676

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# Accounts

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# CAN DO 4:13 ANNUAL REPORT

YEAR END DECEMBER 2023



# ABOUT CAN DO 4:13

## Statutory Company and Charity Data

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i) promote Christian teachings about compassion for the poor and needy, loving one's neighbour and loving one's enemies, intercultural and inter-racial harmony; and

ii) encourage and facilitate the practice of these Christian teachings especially in helping those members of the Christian community who are fearful or lacking in confidence to put these Christian teachings into practice in their neighbourhoods alongside other fellow Christians.

3. The promotion of religious and racial harmony.



# LEGAL

The Company has five members who are all honorary directors:

**Chairman:** Acting Nigel Cripps, Sutton Coldfield, West Midlands (until 28 September)

Matthew Gregson, Aston, Birmingham (appointed 28 September)

**Secretary:** Nigel Cripps, Sutton Coldfield, West Midlands

**Treasurer:** Rufus Trotman, Brownhills, Walsall

Kerry Lenihan, Yardley, Birmingham

Jennifer Miller, Erdington, Birmingham

In 2023 the Board held 2 in person meetings plus several urgent Zoom meetings. Directors do not receive remuneration and have claimed no expenses.

## GOVERNANCE

In September Matthew Gregson was appointed as a Trustee and Chair. Bob Trotman is the Board's nominated person on the Foodbank management Committee.

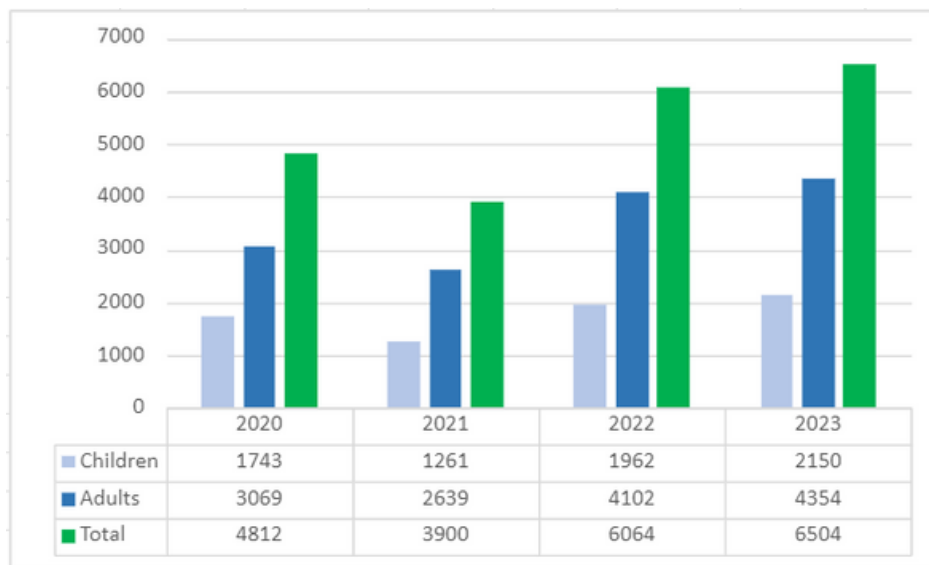
## ADMINISTRATIVE



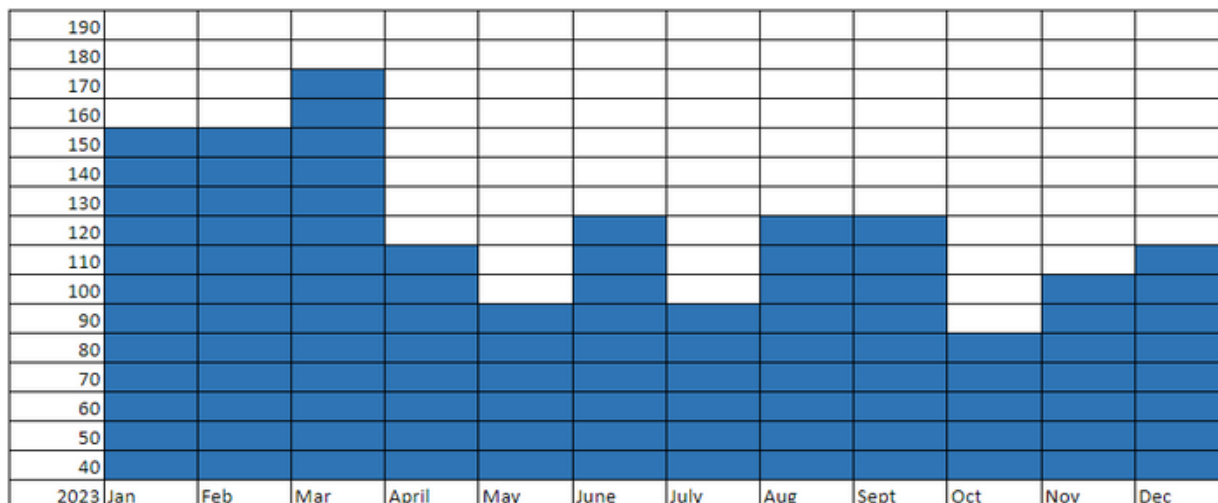
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# ASTON & NECHELLS FOODBANK

Overall there was a 7% increase in the numbers of people in food poverty who received food parcels. 46 Tonnes of food was given out in food parcels.



The first 3 months of 2023 had the highest ever demand for food parcels. This coincided with a serious recession and the Government changing benefit rules. Thankfully demand in the last 9 months was significantly lower.



Ward End closed 31 July to 14 August



**46 TONNES OF FOOD GIVEN OUT ACROSS OUR 3 FOODBANK CENTRES**

# OTHER BUSINESS

## DONATIONS

The Foodbank has continued to be blessed by food and cash donations. Associated with the recession, food donations have reduced and the Foodbank is purchasing more long-life food. Thankfully cash donations have increased. Donations from the Permanent Collection Points have remained high at Sainsbury in Mere Green and Tesco in Aston Lane. **A thank you to all these generous people.**

## PROFESSIONAL COORDINATOR

The generous grants have enabled the Board to continue to employ a salaried **20 hours per week project coordinator.**

## VOLUNTEERS TAKE THE STRAIN

The Foodbank distribution sessions have been **100% staffed by volunteers.** Volunteers have also run the warehouse and held cash and food collections. In 2023 volunteers contributed **7500 hours to the foodbank**

## DISTRIBUTION SESSIONS

The foodbank has **three weekly distribution centres.** Monday at St Matthews church in Nechells, Wednesday at the Elim Church and now the Bethel Free Baptist Church in Ward End, and Fridays at the Salvation Army Centre in Aston.

In August the Ward End distribution centre closed for 2 weeks and reopened on 16 August having **relocated into the Bethel Free Baptist Church in Ward End Road, B8 4QU.**

## ADVICE SERVICES

Throughout the year a grant from ASDA via Trussell Trust has funded the provision of an advice worker at all food distribution sessions. **In 2023 981 clients received advice at distribution sessions.** The service is provided by staff from Birmingham Settlement, this partnership is working well.



# FUTURE

The top priority is working to the Charity's objectives. We are pleased that there is now a professional financial advice at all food distribution sessions and CAN DO is only proposing to expand this work. We remain concerned that poverty is not reducing.

We are always looking for new avenues to maximum our reach in terms of receiving donations (regular food or cash donations are much appreciated). If your company, hobby group, church or sports team can help. Please get in touch.





Company No 07508388 Charity No 1141676

## Income and Expenditure account for the period ending 31<sup>st</sup> December 2023

Income	Opening Balance	£ In	Expenditure	£ Out	Closing Balance
CAN DO 4:13	9195.89	16,848.00	CAN DO 4:13(Note (i))	13030.00	13,013.89
FOODBANK	101,700.93	72,824.73	Foodbank (Note ii)	61338.12	113,187.54
<b>Total</b>	<b>110896.82</b>	<b>89,672.73</b>	<b>Total</b>	<b>74368.12</b>	<b>126,201.43</b>

**Restricted funds.** These are monies for a specified purpose that cannot be used for anything else.

Note (i) – includes £5437.89 for advice services.

Note (ii) - £113,187.74 is for Foodbank including £16,000 for wages and £15,000 for rent.

**Financial Policy** - The policy is to keep 3 months operating costs in reserve.

**Banker** – The Co-operative Bank PLC, PO Box 101, 1 Balloon Street, Manchester, M60 4EP.

Matthew Gregson Chair

Rufus (Bob) Trotman – Treasurer

I have examined the papers presented to me and considered the above statement represents a reasonable report of the organisation's financial position on 31<sup>st</sup> December 2023.

Richard Gray, Finance Director – Aston Manor Transport Museum

Registered address – Aston Parish Church, Witton Lane, Birmingham, B6 6QA

**CAN DO 4:13**

England & Wales - Charity number 1141676

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# Accounts

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# CAN DO 4:13 ANNUAL REPORT

YEAR END DECEMBER 2022



# ABOUT CAN DO 4:13

## Statutory Company and Charity Data

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3. The promotion of religious and racial harmony.



# LEGAL

The Company has five members who are all honorary directors:

**Chairman:** Acting Nigel Cripps, Sutton Coldfield, West Midlands

**Secretary:** Nigel Cripps, Sutton Coldfield, West Midlands

**Treasurer:** Rufus Trotman, Brownhills, Walsall

Kerry Lenihan, Yardley, Birmingham

Jennifer Miller, Erdington, Birmingham (appointed 24 August 2022)

In 2022 the Board held 2 meetings including one by Zoom. Directors do not receive remuneration and have claimed no expenses.

## GOVERNANCE

The Board is seeking a Trustee to replace Susan Partridge. In the meantime Bob Trotman has become the Board's nominated person on the Foodbank management Committee.

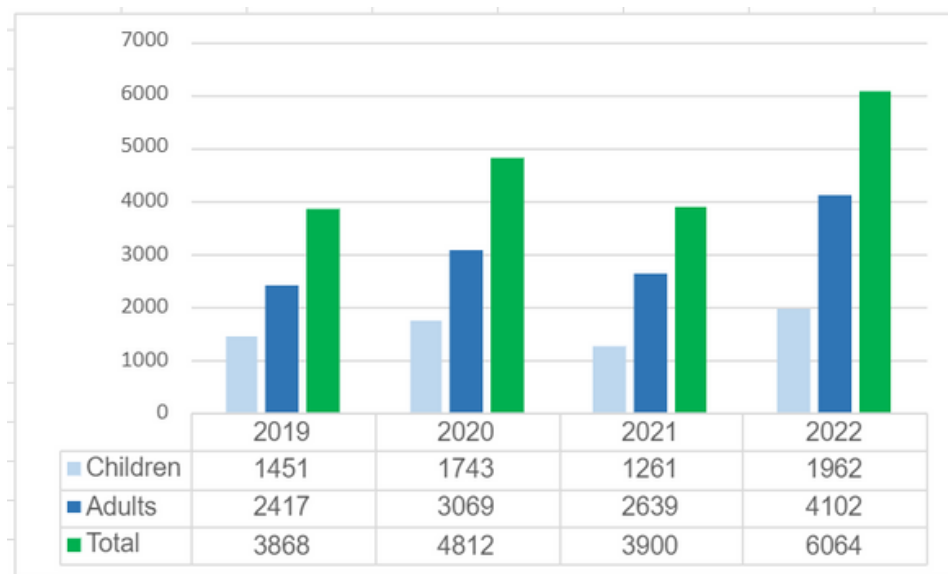
## ADMINISTRATIVE



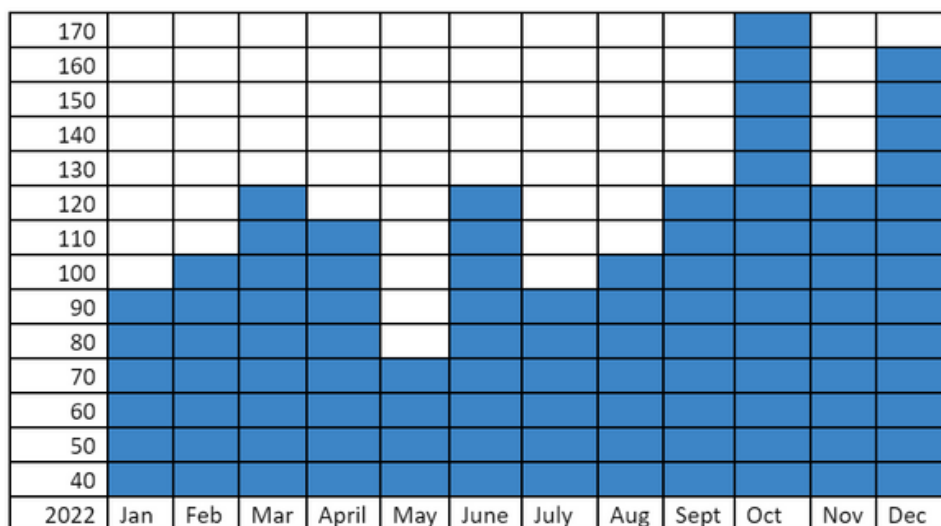
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# ASTON & NECHELLS FOODBANK

Overall there was a 55% increase in the numbers of people in food poverty who received food parcels.



The significant increase in demand is associated with the escalating cost of energy and inflation. Wages, Universal Credit and other Government grants have only increased below the rise in cost of living creating a gap in income. 50.5 tonnes of food was given in food parcels. We received 45 tonnes of food donations.



**55%**

**INCREASE IN THE NUMBER OF PEOPLE IN FOOD POVERTY WHO RECEIVED FOOD PARCELS**

# OTHER BUSINESS

## DONATIONS

The Foodbank has continued to be blessed by food and cash donations. Associated with the recession food donations have reduced and the Foodbank is purchasing more long-life food. Thankfully cash donations have increased. Donations from the Permanent Collection Points have remained high at Sainsbury in Mere Green and Tesco in Aston Lane. **A thank you to all these generous people.**

## PROFESSIONAL COORDINATOR

The generous grants have enabled the Board to continue to employ a salaried **20 hours per week project coordinator.**

## VOLUNTEERS TAKE THE STRAIN

The Foodbank distribution sessions have been 100% staffed by volunteers. Volunteers have also run the warehouse and held cash and food collections. **In 2022 volunteers contributed 7500 hours to the foodbank**

## DISTRIBUTION SESSIONS

The foodbank has **three weekly distribution centres.** Monday at St Matthews church in Nechells, Wednesday at the Elim church in Ward End, and Fridays at the Salvation Army Centre in Aston.

## ADVICE SERVICES

Throughout the year a grant from ASDA via Trussell Trust has funded the provision of an advice worker at all food distribution sessions. **In 2021 847 clients received advice at distribution sessions.** The service is provided by staff from Birmingham Settlement, this partnership is working well.

## A HAPPY OCCASION

The chair of the Foodbank management committee, David Fletcher was invited as a thank you for his contribution to the community to become a bearer in the Queens Baron relay. **Congratulations David.**



# FUTURE

The top priority is working to the Charity's objectives. We are pleased that there is now an advice worker at food distribution sessions but we remain concerned that while poverty is all around us CAN DO is not expanding to undertake more work.

We are always looking for new avenues to maximum our reach in terms of receiving donations (regular food or cash donations are much appreciated). If your company, hobby group, church or sports team can help. Please get in touch.



# FINANCE

## Income and expenditure account for the period ending 31 December 2022

	Carried Fwd from 2021	Income	Expenditure	Balance
Can Do 4:13	22,225.89		13,030.00	9,195.89
Aston & Nechells Food Bank	97,503.17	51,457.80	47,260.04	101,700.93
Total	119,729.06	51,457.80	60,290.04	110,896.82
Activity in a/c				- 8,832.24
Balance at 31st December 2022				110,896.82

**Restricted funds** - *These are monies given for a specific purpose that cannot be used for anything else.*

Foodbank - £101,700.93.

Advice Services - £8,888.89

### Unallocated funds

CanDo4:13 - £307.00

### Financial Policy

The policy is to keep 3 months operating costs in reserve

### Banker

The banker is The Co-operative Bank PLC, PO Box 101, 1 Balloon Street, Manchester M60 4EP

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Nigel Cripps  
Acting Chair

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Rufus (Bob) Trotman  
Treasurer

I have examined the papers presented to me and consider the above statement represents a reasonable report of the organisations financial position on 31st December 2022

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Richard Gray Finance Director – Aston Manor Transport Museum

**CAN DO 4:13**

England & Wales - Charity number 1141676

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# Accounts

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**CAN DO 4:13**  
**Company number 07508388, Charity No 1141676**  
**REPORT FOR THE YEAR ENDED 31st DECEMBER 2021**

CAN DO 4:13 was registered as Company Number 07508388 on 27<sup>th</sup> January 2011 and as Charity Number 1141676 on 27<sup>th</sup> April 2011. The Company and Charitable objectives are

- 1** - prevention and/or relief of poverty and need in the Parish of Aston and Nechells and the immediate surrounding area.
- 2** - advancement of the Christian religion and its relevance to the Community which it seeks to serve with particular relevance but not limited to the advancement of community development and community cohesion. The trustees in furthering this object will:
  - promote Christian teachings about compassion for the poor and needy, loving one's neighbour and loving one's enemies, intercultural and inter-racial harmony; and
  - encourage and facilitate the practice of these Christian teachings especially in helping those members of the Christian community who are fearful or lacking in confidence to put these Christian teachings into practice in their neighbourhoods alongside other fellow Christians.
- 3** - the promotion of religious and racial harmony

**Legal** - The Company has six members who are all honorary directors

Chairman	Canon Sharon Palmer MBE, Erdington, Birmingham
Secretary	N Cripps, Sutton Coldfield, West Midlands.
Treasurer	R Trotman, Brownhills, Walsall
	Kerry Lenihan, Yardley, Birmingham
	Susan Partridge, Shard End, Birmingham (resigned 30 September 2021)

In 2021 the Board held 5 meetings including 2 by Zoom. Directors do not receive remuneration and have claimed no expenses.

**Administrative** - The Board has delegated day to day management responsibility for the Aston and Nechells Foodbank to its own Management Committee. The Management Committee is required to comply with terms of reference that have been approved by the Board. A Board director is a nominated member of the management committee.

**Governance** - The Board is seeking a Trustee to replace Susan Partridge. In the meantime Bob Trotman has become the Board's nominated person on the Foodbank management Committee.

**Principle Activities -**

**Aston & Nechells Foodbank** - Overall there was a 19% decrease in the numbers of people in food poverty who received food parcels.

	<b>2018</b>	<b>2019</b>	<b>2020</b>	<b>2021</b>

<b>Children</b>	1225	1451	1743	1261
<b>Adults</b>	2354	2417	3069	2639
<b>Total</b>	3579	3868	4812	3900

The reduction in demand is associated with Government interventions to prevent poverty during lockdowns caused by the Covid outbreak. There was a jump in demand when the Government withdrew the Universal Credit top up. See chart below

**2021 Average number of food parcels handed out**

110												
100												
90												
80												
70												
60												
50												
40												
2021	Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec

The Foodbank has continued to be blessed by food donations but this was reduced during the Covid lockdown partly because normal collections were not allowed. Donations from the Permanent Collection Points have remained high at Sainsbury in Mere Green and Tesco in Aston Lane. A thank you to all these generous people.

**Professional Coordinator appointed.** The generous grants received during lockdown enabled the Board to appoint a salaried 20 hours per week project coordinator. Following competitive interviews a coordinator was appointed. The post is for 2 years.

**Volunteers take the strain** - The Foodbank distribution sessions have been 100% staffed by volunteers. Volunteers have also run the warehouse and held cash and food collections

**Distribution sessions** - The foodbank has three weekly distribution centres. Monday at St Matthews church in Nechells, Wednesday at the Elim church in Ward End, and Fridays at the Salvation Army Centre in Aston.

**Warehouse** - St Matthews Community Hall receives donations on a Tuesday mornings.

It has been another busy year for the Foodbank warehouse. 40.8 tonnes were received in donation and 42 tonnes distributed. During the year a second overflow distribution store was opened at Nechells Methodist church.

**Advice Services** - Throughout the year a grant from ASDA via Trussell Trust has funded the provision of an advice worker at food distribution sessions in initially at Aston & Nechells and from May 2021 also at Ward End. In 2021 272 clients received

advice at distribution sessions. The service is provided by staff from Birmingham Settlement, this partnership is working well.

**Future** - The top priority is working to the Charity's objectives. We are pleased that there is now an advice worker at food distribution sessions but we remain concerned that while poverty is all around us CAN DO is not expanding to undertake more work.

**Annual Public Meeting** - It was impractical to hold the annual public meeting in 2021 but one will be held when practicable in 2022.



**Sharon Palmer MBE**  
2022

**Nigel Cripps Secretary March**

## Can Do 4:13 - Balance Sheet 2021

	From 2020	Income	Expenditure	Balance
Can Do 4:13	5437.89	25,488.00	8,700.00	22,225.89
Aston & Nechells Food Bank	93,018.10	34,657.55	£30,172.48	97,503.17
Total	98,455.99	60,145.55	38,872.48	119,729.06
Total activity in a/c				21,283.07
Bank Balance at 31st December 2021				119,729.06

### Foodbank Income in 2021

<b>Justgiving</b>	<b>9837.56</b>
<b>Grants</b>	<b>8090.48</b>
<b>Tesco Collection</b>	<b>283.32</b>
<b>Individual Giving</b>	<b>9284.96</b>
<b>Church Giving</b>	<b>3016.94</b>
<b>Other Organisations</b>	<b>3844.29</b>
<b>Other</b>	<b>50.00</b>
<b>Received in 2021</b>	<b>34407.55</b>

### Foodbank Expenditure in 2021

<b>Equipment</b>	<b>382.71</b>
<b>Warehouse</b>	<b>672.59</b>
<b>Stationary</b>	<b>1022.87</b>
<b>Travel Expenses</b>	<b>31.52</b>
<b>Telephone use</b>	<b>184.39</b>
<b>Rent</b>	<b>10336.8</b>
<b>Training</b>	<b>166.8</b>
<b>Trussel Trust Membership</b>	<b>360</b>
<b>Food Purchases</b>	<b>5400.88</b>

<b>Insurance</b>	<b>1539.36</b>
<b>Wages</b>	<b>9814.68</b>
<b>Other</b>	<b>259.88</b>
<b>Petty Cash</b>	<b>0</b>
<b>Total Expenditure</b>	<b>30172.48</b>
<b>Balance for 2021</b>	<b>4235.07</b>
<b>Total Balance 2021</b>	<b>97253.17</b>
<b>Petty Cash</b>	<b>0</b>

#### **Can Do 4:13 Receipts and Expenditure in 2021**

<b>Details</b>	<b>Details</b>	<b>Income</b>	<b>Expenditure</b>
Opening balance		£5437.89	
TRUSSELL TRUST	GRANT	£8,640.00	
Bham Settlement	Advice Sessions		£8,640.00
Accounts Examiner	Gift		£60.00
TRUSSELL TRUST	GRANT	£16,848.00	
	<b>TOTAL</b>	<b>£30,925.89</b>	<b>8,700.00</b>

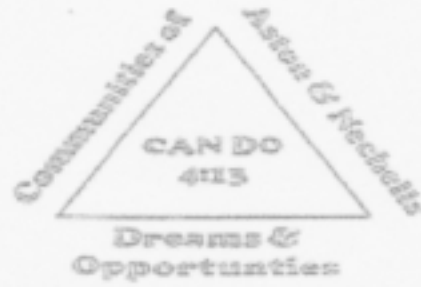
#### **Restricted Funds**

Foodbank - £97,503.

Advice Services - £21,848.89

#### **Unallocated funds**

CanDo4:13 - £437.89



Company No 07508368 Charity No 1141676

Income and Expenditure account for the period ending 31<sup>st</sup> December 2021

Income	Opening Balance	£ In	Expenditure	£ Out	Closing Balance
CAN DO 4:13	5,437.89	25,488.00	CAN DO 4:13(Note i)	8,700.00	22,225.89
FOODBANK	93,018.10	34,657.55	Foodbank (Note ii)	30,172.48	97,503.17
Total	98,455.99	60,145.55		38,872.48	119,729.06

**Restricted funds.** These are monies for a specified purpose that cannot be used for anything else.

Note (i) – includes £19,187.90 for advice services

Note (ii) - £97,503.17 for Foodbank including £55.38 for the warehouse

**Financial Policy** - The policy is to keep 3 months operating costs in reserve.

**Banker** – The Co-operative Bank PLC, PO Box 101, 1 Balloon Street, Manchester, M60 4EP.

Chair

Rufus (Bob) Trotman – Treasurer

I have examined the papers presented to me and considered the above statement represents a reasonable report of the organisation's financial position position on 31<sup>st</sup> December 2021.

Richard Gray, Finance Director – Aston Manor Transport Museum

Registered address – Aston Parish Church, Witton Lane, Birmingham, B6 6QA

**CAN DO 4:13**

England & Wales - Charity number 1141676

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# Accounts

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**CAN DO 4:13**  
**Company number 07508388, Charity No 1141676**  
**REPORT FOR THE YEAR ENDED 31st DECEMBER 2020**

CAN DO 4:13 was registered as Company Number 07508388 on 27<sup>th</sup> January 2011 and as Charity Number 1141676 on 27<sup>th</sup> April 2011. The Company and Charitable objectives are

- 1 - prevention and/or relief of poverty and need in the Parish of Aston and Nechells and the immediate surrounding area.
- 2 - advancement of the Christian religion and its relevance to the Community which it seeks to serve with particular relevance but not limited to the advancement of community development and community cohesion. The trustees in furthering this object will:
  - promote Christian teachings about compassion for the poor and needy, loving one's neighbour and loving one's enemies, intercultural and inter-racial harmony; and
  - encourage and facilitate the practice of these Christian teachings especially in helping those members of the Christian community who are fearful or lacking in confidence to put these Christian teachings into practice in their neighbourhoods alongside other fellow Christians.
- 3 - the promotion of religious and racial harmony

**Legal** - The Company has six members who are all honorary directors

Chairman	Canon Sharon Palmer MBE, Erdington, Birmingham
Secretary	N Cripps, Sutton Coldfield, West Midlands.
Treasurer	R Trotman, Brownhills, Walsall
	Kerry Lenihan, Yardley, Birmingham
	Susan Partridge, Shard End, Birmingham
	G Miller, Hodge Hill, Birmingham (went on sabbatical on 1 <sup>st</sup> September 2019 which end in August 2020)

In 2020 the Board held 3 meetings and numerous informal sessions. Directors do not receive remuneration and have claimed no expenses.

**Administrative** - The Board has delegated day to day management responsibility for the Aston and Nechells Foodbank to its own Management Committee. The Management Committee is required to comply with terms of reference that have been approved by the Board. A Board director is a nominated member of the management committee.

**Governance** – During August Geoff Miller ended his sabbatical. He has not subsequently attended meetings but has resumed his post as volunteer warehouse manager.

### **Principle Activities**

**Aston & Nechells Foodbank** - Overall there was a 24% increase in the numbers of people in food poverty who received food parcels. There was a noticeable increase in activity in the first 6 months of the year. During April and May demand was double the normal level. During the school summer holiday period demand was low. We suspect it was associated with the impact of the Mark Rashford food programmes for families with children eligible for free school meals.

	2017	2018	2019	2020
<b>Children</b>	1019	1225	1451	1743
<b>Adults</b>	1787	2354	2417	3069
<b>Total</b>	2806	3579	3868	4812

The response of the public and business has been brilliant. Increased demand was generally met by an increase in food donations and our ability to purchase to make up shortfalls in specific food lines. The generosity of the financial donations has been amazing.

**Volunteers take the strain** - The Foodbank has continued to be 100% volunteer run but staffing has been a problem. At the beginning of the lockdown a significant proportion of volunteers were required to self-isolate. The short fall was made up by adopting different procedures including pre preparing food parcels. A number of volunteers were required to self-isolate but they were generally replaced by staff on furlough or newly redundant employees.

At the height of the crisis two volunteers in key management positions had serious illnesses. They have fully recovered and we are grateful that other volunteers acted up to fill the gaps. The Board has reviewed the staffing model and is using some of the donated money to fund a two year fixed term part time post for a Foodbank Coordinator.

**Distribution sessions** - The foodbank has three weekly distribution centres. Monday at St Matthews church in Nechells, Wednesday at the Elim church in Ward End, and Fridays at the Salvation Army centre in Aston. At the beginning of the lockdown the owner of the Unity Hubb in Ward End closed the building. During April there were no distribution sessions in Ward End. The Elim Church ns Ward End stepped forward and allowed the distribution session to transfer to their building.

At all distribution sessions a one-way system has been introduced and to meet Covid requirements there are strict limits on the number of people who can be in the buildings.

**Warehouse** – The warehouse in St Matthews Community Hall is open to receive donations on Tuesday mornings.

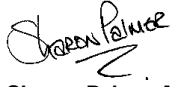
It has been an exceptionally busy year for the Foodbank warehouse. 39½ tonnes has been donated and 38½ tonnes distributed. An overflow store has been opened at Birchfield Gospel Hall. We are continuing to look for suitable commercial warehouse accommodation.

The warehouse has received some very large food donations from Tesco and other supermarkets. During the first lockdown we received sizable food donation from Feed Birmingham from street collections organised by Near Neighbours Diocese of Birmingham.

**Advice Services** – During the year we obtained a grant from ASDA via Trussell Trust to provide the services of an advice worker at food distribution sessions. We have gone into partnership with Birmingham Settlement to deliver this service at the Ward End and Aston distribution sessions.

**Future** – The top priority is working to the Charity's objectives. We are pleased that there is now an advice worker at food distribution sessions but we remain concerned that while poverty is all around us CAN DO is not expanding to undertake more work.

**Annual Public Meeting** - This report was approved by the Board at its meeting on 23 March 2021. Associated with Covid restriction it is no possible to held public meeting to resent the report, instead it will be published in written form



Sharon Palmer MBE

Nigel Cripps Secretary March 2021



Company No 07508388 Charity No 1141676

**Income and expenditure account for the period ending 31<sup>st</sup> December 2020**

Income	Opening Balance	£ In	Expenditure	£ Out	Closing Balance
CAN DO 4:13	5,661.29	0.00	CAN DO 4:13(Note i)	223.40	5,437.89
Foodbank	9,755.62	103,048.29	Foodbank (Note ii)	19,785.81	93,018.10
<b>Total</b>	<b>15,416.91</b>	<b>103,048.29</b>	<b>Total</b>	<b>20,009.21</b>	<b>98,445.99</b>

**Restricted funds.** These are monies for a specified purpose that cannot be used for anything else.

Note (i) – Includes £2,339.9p for advice services

Note (ii) - £93,018.10p is for Foodbank including £727.97 for the warehouse.

**Financial Policy** – The policy is to keep 3 months operating costs in reserve.

**Banker** – The Co-operative Bank PLC, PO Box 101, 1Balloon Street, Manchester, M60 4EP

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Sharon Palmer MBE- Chair

Rufus (Bob)Trotman- Treasurer

I have examined the papers presented to me and considered the above statement represents a reasonable report of the organisations financial position on 31<sup>st</sup> December 2020

Richard Gray, Finance Director – Aston Manor Transport Museum

Registered address – Aston Parish Church, Witton Lane, Birmingham, B6 6QA



Company No 07508388 Charity No 1141676

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<b>Total</b>	<b>15,416.91</b>	<b>103,048.29</b>	<b>Total</b>	<b>20,009.21</b>	<b>98,445.99</b>

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