

Survivors Together

Registered Charity No: 1141487

Report and Accounts for the year to 31st August 2021

Survivors Together	Charity No	1141487
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Legal and Administrative Information


Trustees Hilary Colston (Chair)
Beverley Gordon (Secretary)
Brian Dexter (Treasurer)

Director Yvonne Fletcher

Principal Address Memorial Community Church
389-395 Barking Road
Plaistow
LONDON
E13 8AL

Bankers Nat West Bank
East Ham (A) Branch
37 High Street North
London
E6 1HS

Independent Examiner Derek Gyateng
145 Henniker Gardens
East Ham
E6 3HT

	Survivors Together	Charity No	1141487
	Chair's Report for the year ending 31st August 2021		

The trustees present their report and accounts for the year ended 31st August 2021

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charities Act 2011 and the SORP "Accounting and Reporting by Charities" issued in March 2008.

Structure and Governance

Survivors Together is a small charity. The Trustees are responsible for the governance of the charity but the day to day management is undertaken by the Director and Development Worker who report to the steering committee.

The charity has two employees, pays for sessional and creche workers but relies heavily on volunteers

Risk

The trustees have given due consideration to the major risks to which the charity is exposed, and are satisfied that systems, policies and procedures are in place to mitigate exposure to major risks.

Objectives

The charities objectives are

- (I) the preservation, development and protection of good mental and emotional health among victims of childhood sexual abuse, by the provision of mutual support, education and support groups
- (II) to advance the education of the public in matters relating to sexual abuse, including danger signs and how abuse can be identified and addressed

The charity provides support to women survivors of sexual abuse - providing a safe space, building friendships and being a place where women can build friendships with each other.

Work consists of group meetings and individual sessions. It operates predominantly in London Borough of Newham


Activity and Strategic Review

Survivors Together is a social support group with therapeutic themes in our work. We encourage healing journeys to enable what is a devastating and profound event or series of events on a life, to enable the ability to move from the position of victim to surviving and then thriving.

We have had a busy year with meetings, events and trips. We spent two days away in Othona, Essex for time away from the busyness of east London. For some this was the only opportunity to escape London life. We went to a concert, the beach, the cinema; as well as learning life coping skills such as Thi Chi, mindfulness and art therapy.

This year we have started a young women's group that meets once a month on a Tuesday. This has been a real success welcoming a dozen new clients between the ages of 16-25.

A more detailed annual report with reports from events, meetings and words from our clients is available from the charity.

	Survivors Together	Charity No	1141487
	Chair's Report for the year ending 31st August 2021		

Financial Review

Our income £ 51,139 (2020: £110,401) is on target, The reduction represents covid response funding from MOPAC and The National Lottery that is not recurring.

Our expenditure £78,828, (2020: £60,845) represents a 28% increase on the previous year. This is the additional costs related to covid delivery, expansion of our client support during these difficult times. Our free reserves position has improved as planned by the trutees. Our restricted fund reserves have reduced significantly due to the timing of the Covid service response as we spent down restricted funds received in the previous year.

The Charity's financial transactions during the year and the financial situation at the end of the year are set out in the following accounts. The trustees consider the financial position to be satisfactory,

Reserves Policy


The charity policy is to aim to hold free reserves equivalent to two months expenditure to give the trustees time to make and implement necessary actions should funding drop or come to an end. Based on the current year that figure is £12,000. The reserves position at the end of the year shows a balance of £31,446 of which £ 20,431 is restricted funds leaving free reserves at £11,015. The Trustees acknowledge that current free reserves are therefore below this target but are keen to deliver seivces to clients as much as possible.

Post Year end events

There are no post-year events that affect the charity's financial security, activities nor an understanding of the accounts

Signed: *Hilary Cobston*
Chair of Trustees

Date approved 21/05/2022

 Survivors Together	Survivors Together	Charity No 1141487
Independent Examiner's Report		

To the Trustees.

I report on the accounts of the Fellowship for the year ended 31st August 2021, which are set out in the following pages.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011, "the 2011 Act", and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

Examine the accounts under section 145 of the 2011 Act;

To follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and

To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

Which gives me reasonable cause to believe that in any material respect the requirements:

To keep accounting records in accordance with section 386 of the companies Act 2011;
and


To prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities(2008);

have not been met; or

to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


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Dated.....22/05/2022

 Survivors Together	Survivors Together				Charity No	1141487	CC17a
	Annual accounts for the period						
	From		01/09/2020	To	31/08/2021		

Section A Statement of financial activities

	Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
Incoming resources (Note 3)						
Incoming resources from generated funds						
Voluntary income	S01	6,294	-	-	6,294	5,190
Investment income	S03	-	-	-	-	-
Incoming resources from charitable activities	S04	1,177	43,668	-	44,845	105,211
Other incoming resources	S05	-	-	-	-	-
Total incoming resources	S06	7,471	43,668	-	51,139	110,401
Resources expended (Notes 4-8)						
Costs of Generating Funds		-	-	-	-	-
Costs of generating voluntary income	S07	4,483	2,100	-	6,583	932
Charitable activities	S10	103	71,769	-	71,872	59,166
Governance costs	S11	-	373	-	373	747
Other resources expended		-	-	-	-	-
Total resources expended		4,586	74,242	-	78,828	60,845
Net incoming/(outgoing) resources before transfers		2,885	- 30,574	-	- 27,689	49,556
Gross transfers between funds		-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)		2,885	- 30,574	-	- 27,689	49,556
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use		-	-	-	-	-
Gains and losses on investment assets		-	-	-	-	-
Net movement in funds		2,885	- 30,574	-	- 27,689	49,556
Total funds brought forward		8,130	51,005	-	59,135	9,579
Total funds carried forward		11,015	20,431	-	31,446	59,135


 Survivors Together	Survivors Together			Charity No	1141487	CC17a
	Annual accounts for the period					
	From	01/09/2020	To	31/08/2021		

Section B

	Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets						
Tangible assets (Note 6)		649	-	-	649	-
Investments		-	-	-	-	-
Total fixed assets		649	-	-	649	-
Current assets						
Debtors (Note 7)		61	6,623	-	6,684	61
Cash at bank and in hand		10,305	33,265	-	43,570	70,270
Total current assets		10,366	39,888	-	50,254	70,331
Creditors: amounts falling due within one year (Note 8)		-	19,457	-	19,457	11,196
Net current assets/ (liabilities)		10,366	20,431	-	30,797	59,135
Total assets less current liabilities		11,015	20,431	-	31,446	59,135
Creditors: amounts falling due after one year		-	-	-	-	-
Net assets		11,015	20,431	-	31,446	59,135
Funds of the Charity						
Unrestricted funds		11,015			11,015	8,130
Restricted income funds (Note 9)			20,431		20,431	51,005
Endowment funds (Note 9)				-	-	-
Total funds		11,015	20,431	-	31,446	59,135

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Hilary Colston</i>	Hilary Colston	22/05/2022
<i>Bj Dexter</i>	Brian Dexter	22/05/2022

 Survivors Together	Survivors Together			Charity No	1141487	CC17a
	Annual accounts for the period					
	From	01/09/2020	To	31/08/2021		
Section C		Notes to the accounts				

Note 1 Basis of preparation

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost in accordance with:

- Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005);
- and with the Charities Act.

Note 2 Accounting policies

INCOMING RESOURCES

Recognition of incoming resources These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees consider that receipt of funds is probable; and
- the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

Tax reclaims on donations and gifts Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Gifts in kind Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised.
Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity.

Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer help The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income This is included in the accounts when receivable.

EXPENDITURE AND LIABILITIES

Liability recognition Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance costs Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters and the cost of E&PL insurances

Grants with performance conditions Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

Grants payable without performance conditions These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

Support Costs Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

ASSETS

Tangible fixed assets for use by charity These are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost or a reasonable value on receipt.

Survivors Together	Charity No 1141487
Annual accounts for the period	From 01/09/2020 to 31/08/2021
Section C	Notes to the accounts

Note 3

Analysis of incoming resources

		This year £	Last year £
	Analysis		
Voluntary income (s01)	General Cash Gifts and one-off Donations	3,996	2,980
	Cash Donation re Othona weekend	-	-
	Gifts in Kind	-	-
	HMRC NI Rebate	2,297	2,210
	Gift Aid recoverable	-	-
	Total	6,293	5,190
Investment income (s03)	Bank Interest	-	-
	Total	-	-
Incoming resources from charitable activities (s04)	Grant from Big Lottery [R]	-	40,377
	Big Lottery Covid Response [R]	-	29,798
	MOPAC - Covid Response [R]	-	20,205
	Survivors Trust Covid Response	-	2,400
	Lottery Young womens project [R]	-	9,242
	Contributions to Othona weekend	1,257	181
	City Bridge Trust [R]	25,000	-
	Postcode Lottery	18,668	-
	UK Gov CJRS	-	3,008
	Active Tuesdays	-	-
	Total	44,925	105,211

Note 4

Analysis of resources expended

		This year £	Last year £
Expenditure on Raising Funds		6,583	932
		-	-
	Total	6,583	932
Expenditure on Charitable activities (s10)	Staff Costs	51,642	41,364
	Meeting Room Hire	4,490	4,320
	Meeting Costs and Speakers	3,958	2,810
	Events and other client support	3,716	3,172
	Publicity and advertising	400	400
	Volunteer and Staff Travel	1,135	1,464
	Phone/Stationery/Postage	1,194	701
	Office and IT costs	683	189
	Training	2,405	500
	Supervision	700	750
	Publications	900	1,021
	Consultancy	-	2,475
	Depreciation	649	-
	Total	71,872	59,166
Expenditure on Support costs (s11)	Insurance	373	747
	Independent Exam	-	-
	Total	373	747

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Section C Notes to the accounts

Note 5 Paid employees

During the year there were three (2018 three) employees of the organisation. None of the Trustees received any remuneration from the charity

Number of Employees

	2021	2020
Charitable Activities	3	3

Employment Costs

	2021	2020
	£	£
Wages and Salaries	36,466	39,630
NIC	2,216	1,380
Employer Pension costs	512	354
	39,194	41,364

Note 6 Tangible fixed assets

6.1 Cost or valuation

	Plant, machinery and motor vehicles £	Fixtures, fittings and equipment £	Land and Buildings £	Total £
Balance brought forward	-	1,364	-	1,364
Additions	-	1,298	-	1,298
Revaluations	-	-	-	-
Disposals	-	-	-	-
Transfers *	-	-	-	-
Balance carried forward	-	2,662	-	2,662

6.2 Accumulated depreciation and impairment provisions

**Basis	SL or RB	Straight Line 50%		
** Rate				
	£	£	£	£
Balance brought forward	-	1,364		1,364
Depreciation charge for year	-	649		649
Impairment provisions	-	-		-
Revaluations	-	-		-
Disposals	-	-		-
Transfers*	-	-		-
Balance carried forward	-	2,013		2,013

6.3 Net book value

Brought forward	-	-	-	-
Carried forward	-	649		649

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Annual accounts for the period From 01/09/2020 to 31/08/2021		
Section C	Notes to the accounts	(cont)

Note 7

Analysis of debtors

Debtors and prepayments

	Amounts falling due within one		Amounts falling due after more	
	This year £	Last year £	This year £	Last year £
Trade debtors	6,250	-	-	-
Other debtors	61	61	-	-
Prepayments and accrued income	373	-	-	-
Total	6,684	61	-	-

Note 8

8.1 Analysis of creditors

Creditors and accruals

	Amounts falling due within one		Amounts falling due after more	
	This year £	Last year £	This year £	Last year £
Loans and overdrafts	-	-	-	-
Trade creditors	2,733	1,952	-	-
Other creditors	2,165	853	-	-
Deferred Income	-	-	-	-
Accruals	14,559	4,067	-	-
Total	19,457	6,872	-	-

Survivors Together	Charity No	1141487
Annual accounts for the period		From 01/09/2020 to 31/08/2021
Section C	Notes to the accounts	(cont)

Note 9 Endowment and restricted income funds

9.1 Funds held

The charity holds the following Restricted Funds.

Fund Name	Type PE, EE or R	Purpose and Restrictions
Th National Lottery -Covid response	Restricted	Project delivery around covid response
MOPAC Covid response	Restricted	Project delivery around covid response
The National Lottery-Young Women	Restricted	Young womens worker and project delivery
Postcode lottery	Restricted	Organisation Development
Active Tuesdays	Restricted	Project Development Worker
City Bridge Trust	Restricted	Programme Delivery

It has no permanent nor expendable endowment funds

9.2 Movements of major funds

Fund names	Fund balances brought forward £	Incoming resources £	Outgoing resources £	Fund balances carried forward £
The National Lottery- Covid response	29,798	-	29,798	-
MOPAC Covid fund	9,697	-	9,697	-
The National Lottery Young Women	9,242		9,242	-
City Bridge Trust		25,000	13,449	11,551
Postcode Lottery		18,668	7,688	10,980
Active Tuesdays	2,268	-	2,268	-
Othona weekend	-	-	-	-
Total Restricted Funds	51,005	43,668	72,142	22,531

Note 10 Related Party Transactions and Transactions with Trustees

The Chair provides supervision services to the Director

The Chair is also Secretary of Memorial Community Church who provide office space and meeting rooms to the charity at their standard rates

Memorial Community Church has also paid funds to the charity to fully reimburse the charity for the cost of the time a member of staff spent working on Memorial Community Church's Active Tuesdays project.