

HOSPICE CARE KENYA LIMITED

England & Wales · Charity number 1141469

Details

Status	Registered
Legal form	Charitable company
Company number	07540244
Registered	2011-04-15
Register	View on the Charity Commission register

Contact

Address	Hospice Care Kenya PO Box 995 Worcester WR4 4LQ
Phone	01905418216
Email	hck@hospicecarekenya.com
Website	www.hospicecarekenya.com

Activities

Objects: THE OBJECTS OF THE CHARITY (THE "OBJECTS") ARE THE ADVANCEMENT OF SUCH CHARITABLE PURPOSE OR PURPOSES FOR THE BENEFIT OF THE RESIDENTS OF KENYA WHICH ARE DIRECTED TOWARDS:1) THE TREATMENT, CARE AND COUNSELLING OF PERSONS WHO ARE TERMINALLY ILL WITH CANCER OR OTHER INCURABLE DISEASES AND THE COUNSELLING OF THEIR FAMILIES AND CLOSE ASSOCIATES;2) THE EDUCATION AND TRAINING OF THOSE RESPONSIBLE FOR SUCH TREATMENT, CARE AND COUNSELLING; AND3) THE MAINTENANCE, IMPROVEMENT AND EXTENSION OF HOSPICES IN KENYA AS THE TRUSTEES MAY FROM TIME TO TIME IN THEIR ABSOLUTE DISCRETION THINK FIT.

Activities: We raise funds in the UK to support partners in the development and delivery of palliative care in Kenya. We work closely with the Kenya Hospice and Palliative Care Association and local organisations. Due diligence and monitoring is carried out on all grants. Recent grant funding has been for children's palliative care projects, gender disparity projects, home care, training & morphine.

Classification

- **How:** Makes Grants To Organisations
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Overseas Aid/famine Relief, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups

Geography

- **Area of benefit:** KENYA
- Kenya
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£67,064	£133,914	-	-
2024-03-31	£161,688	£125,600	-	-
2023-03-31	£163,686	£127,995	-	-
2022-03-31	£232,347	£115,550	-	-
2021-03-31	£134,721	£66,014	-	-

Trustees

Name	Role	Appointed
DR SALLY HULL	Chair	2011-03-31
DR MICHAEL JOHN HUGHES		2011-03-31
Dr Anita Patel		2026-01-30
Heather Anne Richardson		2023-03-07
Henrietta Worthington		2023-10-20
Sarah Onyango		2017-12-06
Sharon Ndungwa Maweu		2021-08-24
Tamsin Geddes		2025-04-25
Yvonne Sanders		2019-11-01

HOSPICE CARE KENYA LIMITED

England & Wales - Charity number 1141469

Accounts



HOSPICE CARE KENYA

ANNUAL REPORT AND ACCOUNTS

2024 - 25

Hospice Care Kenya
Annual Report and Financial Statements 2024 – 2025

Table of Contents

Background.....	3
Objectives and Activities	3
Achievement and Performance	5 - 11
Structure Governance and Management	11
Financial Review.....	12
Policy on Reserves.....	12
Acknowledgements.....	12-13
Independent Examiner’s Report	14
Statement of Financial Activity	15
Balance Sheet.....	16
Statement of Cash Flows	16
Notes to the Financial Statement	17 - 20

Organisation Details

Patrons

Lord Carey of Clifton
Professor Sir Michael Richards CBE MD FRCP

Mr Michael Wooldridge, OBE

Trustees

Dr Sally Hull, Chair
Dr Michael Hughes, Vice Chair
Ms Yvonne Sanders Hon. Treasurer
Dr Michael Smalley, (until 31/12/24)
Dr Sarah Onyango
Ms Sharon Maweu
Prof Heather Richardson
Ms Henrietta Worthington (from 16/01/24)

Staff

Ms Pauline Everitt Director
Mrs Catherine Nelson Development and Fundraising

Registered Office

Hospice House
34 – 44 Britannia Street
London
WC1X 9JG

Telephone: 01905 418286
Email: hck@hospicecarekenya.com
Web: www.hospicecarekenya.com

Bankers

CAF Bank Ltd,
Kings Hill, West Malling, Kent ME19 4TA

Independent Examiner

Lee Barker, DMS, ACMA

The trustees of Hospice Care Kenya (HCK) are delighted to present their annual report for 2024-25. It has been a busy but productive year, with new projects starting, more people with life-limiting illnesses in Kenya helped and a constructive review of our vision and mission by the trustees.

Background

Hospice Care Kenya is a charity, registered in the UK with the Charity Commission. It was founded in 1991 to support the newly opened Nairobi Hospice, Kenya's first hospice for palliative care. Since then, we have helped develop palliative care services in at least 34 of Kenya's 47 counties.

HCK raises funds in the UK to support our partners in the development and delivery of palliative care in Kenya, by responding to specific requests for project funding from hospices, community-based organisation's (CBO's) and palliative care units.

We emphasise our '**bottom up**' approach to funding, our partners will apply for what is most relevant and needed for their individual communities. All that HCK does is about people, this remains at the heart of our work. People who are in pain, scared or isolated, we also support their families and those who have the role of caring for them or who may be grieving.

During the year 2024-25 we continued to respond to these needs according to our grant making policy and to use our monitoring processes to ensure that our funds are used effectively to make a real difference to people in Kenya in need of palliative care.

In carrying out these objectives and planning activities the Trustees have carefully considered the Charity Commission's general guidance on public benefit and the obligations placed upon us by Section 17 of the Charities Act 2011 and confirm that we have complied with the duty placed upon us by the Act.

Objectives and Activities

This year, HCK has continued to make progress with the strategy approved in 2022. As reported last year, the strategy is based around the pillars **of Partnership, Empowerment and Advancement**, underpinned by a proactive and sustainable charity.

The 18 months children's palliative care project, 'Every Child Counts', was completed in March 25. This project was working in three areas of Kenya, Siaya, Meru and Kajiado County. The mid-way report showed the project had identified and was supporting 96 children with palliative care needs who had not received appropriate care previously. This was a 200% increase in numbers.

The nurses involved in the project have visited schools and spoken to both teachers and children. This has increased awareness for children with palliative care needs and has even resulted in children accessing school again. Our final evaluation is in the process of being carried out.

The success of this project has enabled us to attract multi- year funding, to start similar projects in two new areas in 2025. Our thanks go to the Austin Bailey Foundation for making us a flagship partner enabling us to run the project in Nyeri county for the next three years. Also, our thanks go to William

Hospice Care Kenya
Annual Report and Financial Statements 2024 – 2025

Leech Charitable Trust for enabling a three-year project in Laikipia.

The trustees wanted to move forward on other aspects of our strategy and we continued to support education and the training of health professionals and community health workers. This reflects our strategy on Empowerment. One way we facilitated this was by enabling the Kenyan Palliative Care Association (KEHPCA) to organise monthly webinars on different aspects of paediatric palliative care. These were well received and attracted significant numbers of attendees.

We have continued to partner with hospices and palliative care units throughout Kenya and we are pleased that we have been able to support palliative care in new locations. This is in line with the Advancement strand of HCK strategy which focuses on underserved populations and unreached locations.

We reported last year that we hoped to start innovative projects to reduce gender disparities over the next eighteen months. Four projects were chosen to start in October 2024.

Our relationship with our key partner, Kenya Hospice and Palliative Care Association (KEHPCA) has continued throughout the year and the director of HCK continues to meet with the new director of KEHPCA via zoom.

HCK is keen to ensure that it has good monitoring and evaluation systems in place and operational ways of doing that. We are continually looking at ways to ensure robust systems are in place and our financial policies are regularly reviewed.

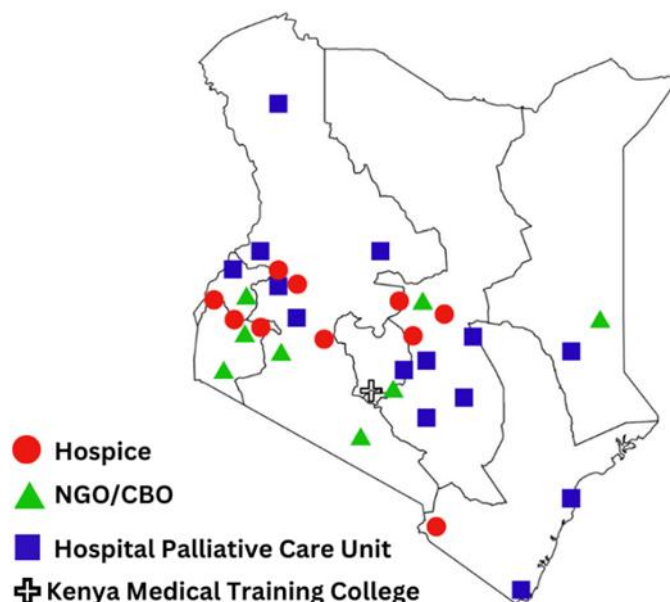
The trustees understand that the strategy will only be effective if the charity is strong, agile and financially sustainable. Fundraising remains a challenge with a contraction in funds available from Trusts and Foundations for international development. Therefore, we continue to be very grateful to our very dedicated and committed regular donors and to those who give occasionally. We appreciate all the donations we receive, enabling our continued support to hospices and palliative care units in Kenya.

This year, the trustees have reviewed the vision and mission of the charity to ensure our purpose and objectives can be clearly articulated. In January 25, all the trustees attended a workshop that was facilitated by Abalone Consultancy to re-evaluate the focus of our work. It was agreed that the need for HCK will not diminish within the next five years and therefore we must prioritise our activity to ensure the best possible outcomes.

HCK recognises the importance of social media and the increase in digital communication and has made a conscious effort to build our social media presence over the three channels of Facebook, Instagram and LinkedIn. We have seen an encouraging increase in followers to these efforts across all channels.

Achievement and Performance

Map of palliative care facilities and projects supported in 2024-25



PARTNERS SUPPORTED IN KENYA 2024-25

Partners supported	Purpose of grant	2024-2025
Bungoma County Referral Hospital	Training health care workers and community health volunteers	£2079
Busia Hospice	Emergency provision of morphine.	£308
Eldoret	Training patient care-givers Emergency provision of morphine.	£4,207
Embu County Hospital	Training community health volunteers Support to Embu Cerebral Palsy Caregivers support group	£5,760
Garissa County Referral Hospital	Home visits and support groups	£3,062
KEHPCA	Paediatric palliative care webinars for health care workers	£1,260
Kenya Medical Training College	Partial sponsorship for Diploma in Palliative Care nursing	£3,102
Kanyakine Sub District Hospital	Training community health volunteers	£1,294
Kisumu Hospice and Palliative Care	Training community health workers	£2,584

Hospice Care Kenya
Annual Report and Financial Statements 2024 – 2025

Kwale Sub County Hospital	Training health care workers	£449
Laikipia Palliative Care Centre	Emergency provision of morphine Training community and youth leaders	£3,994
Machakos PCU	Gender disparity project - integrating palliative care into men's health services	£4,097
Malindi Palliative Care Unit	Home visits and support groups	£2,048
Meru Hospice	Emergency provision of morphine and other drugs Every Child Counts – paediatric palliative care project Vertical gardening	£8,267
Moi Teaching & Referral hospital	Training paediatric health care workers in palliative care	£2,273
Msambweni County Referral Hospital	Training health care workers, volunteers and community leaders from Kwale county in palliative care. Gender disparity project - Supporting male carers of children with palliative care needs through training and support groups.	£5,575
Nakuru Hospice	Emergency provision of morphine.	£874
Nanyuki Cancer Support Group	Support group programme	£2,615
Nyahururu Hospice	Purchase of palliative care medicines	£3,119
Nyeri Hospice	Emergency provision of morphine. Every Child Counts – paediatric palliative care project	£2,363
Ongata Ngong Palliative Community Care (ONPACC)	Every Child Counts – paediatric palliative care project Training family care-givers	£7,412
Oasis of Hope	Training care givers in home-based palliative care	£4,082
Siaya Hospice	Emergency provision of morphine. Every Child Counts – paediatric palliative care project	£5,054
St Gallen Oncology Network	Gender disparity project – Improving services and reducing stigma with men with prostate cancer	£952
St Mary's Medical Centre	Palliative care drugs and supplies	£1,044
Taita Taveta Hospice	Gender disparity project – Knitted breast prosthesis for women post-mastectomy	£3,034
Thika Level 5 Hospital PCU	Training community health volunteers, health care workers and care-givers	£1,987

Hospice Care Kenya
Annual Report and Financial Statements 2024 – 2025

Tumanini La Maisha Health Services	Support groups, home visits and palliative care drugs. Funding for Joanna's House temporary residence for patients undergoing treatment in Nairobi.	£2,238
Turkana Cancer Support Group	Training health care workers	£4,177
Vihiga County Hospital	Home visits and support groups	£3,062
Vines Kenya, Kisii	Training community health volunteers	£3,133
Western Homebased Care Initiative	Training community health volunteers and caregivers in Kisumu County	£2,117
Total Disbursed to Kenya		£97,622

Partnership

In 2024-25 we worked across a broader area of Kenya than ever before, working in partnership with 37 hospices, palliative care centres and training programmes in the development and delivery of palliative care across 26 Kenyan counties. Through our partnerships, we directly cared for 5,579 people living with life-limiting illness. This includes reaching almost 1,000 children in need of palliative care and their families, a 50% increase compared to last year, thanks to our projects which focus on bridging the critical gap in palliative care services for children.

Community-based care remains an important pillar of our support to patients, easing the burden on family carers and ensuring that those living with life-limiting illness can receive essential care even when they are too unwell to travel or cannot afford the cost of repeated hospice visits. **Across 20 counties, we helped our partners reach 1,810 patients who needed palliative care in their homes, while a further 1,092 patients were supported through group sessions** that offer help with providing care at home, emotional support and a vital sense of belonging. This included **240 families caring for children with palliative care needs**. For these children, tailored support is crucial to enable child and carer to receive specialist advice that addresses the unique medical, emotional and developmental needs of a child living with serious illness.



Child and family workshops in Meru and Kajiado West

“We've learnt about embracing our children and how to take care of him and ourselves. It's important to love and defend your child to society. How you treat him will determine how they treat him”.

Mercy Njoki, mother of Sammy age 4yrs, with cerebral palsy

With our support over the past 5 years, our partner Nanyuki Cancer Support Group has grown into a strong and active community. Over the past year, we helped them share their experience and successful model with others, leading to the creation of three new support groups in Meru and Tharaka Nithi counties. This means more people affected by cancer can now access advice and emotional support close to home.

We helped 7 independent hospice partners to access emergency morphine supplies for their patients.

In May, shortages of morphine across Kenya deprived many patients of this crucial relief, putting immense strain on patients and their families. We provided emergency support to seven of our hospice partners facing this critical shortage. Thanks to our intervention, our partners were able to continue supplying morphine to their patients, preventing 842 adults and 114 children living with cancer, from going without vital pain relief.

Empowerment

Over the past year, we have increased the inclusion of family caregivers in our community training, to strengthen community-based care for patients. This initiative eases the burden on over-stretched palliative care nurses and ensures continuity of care between hospice visits. By including family caregivers alongside community health volunteers, we give them the skills and confidence to manage medication, personal care and provide comfort for their loved ones. Many had never received any guidance before, previously coping as best they could under immense emotional and financial strain.

In the past year, **we trained 315 family caregivers in basic home-based care. We also trained 585 community health volunteers, who also play a vital role in raising awareness of cancer and palliative care in their communities.**

Thanks to the activity of community health volunteers, 791 patients previously not receiving care were referred into treatment. **Overall, community referrals from trained individuals increased palliative care service utilisation by on average 240% across all our training projects.**

“Before the training, I felt overwhelmed. I didn't know if I was doing the right thing for my sister—or for myself. This training gave me knowledge, confidence, and a support network. I've learned how to care for her with compassion, and how to take care of myself too.”

Alphonse – carer for his sister Rosemary who lives with breast cancer

We also trained 435 general health professionals from government hospitals in short courses in palliative care and provided partial sponsorship for 17 nurses in need of financial assistance to study an 18-month Higher National Diploma in Palliative Care Nursing.

We introduced a new project to support patients with food and nutrition. Food insecurity is a major challenge faced by many of our patients, especially in the poorest households. In early 2025, our hospice partners reported that at least 50% of patients lacked enough food. Good nutrition is vital for people receiving palliative care. Working with Meru Hospice, we have so far supported 30 palliative care patients and their families to grow their own food at home. Meru Hospice hosted an agronomist to train families in vertical sack gardening, and each household received starter packs with sacks, compost, seeds and seedlings. Ongoing support is being provided during palliative care home visits. We will seek funds to expand this vital project in 2025/26.

“Before the training, I didn’t know how I would feed my family. Buying vegetables every day is a struggle. Now, with these sacks and the skills we’ve learnt, I can grow food right outside my home. It’s a big relief. I’ll be able to feed my children and even share with my neighbours.”

Jane, project participant

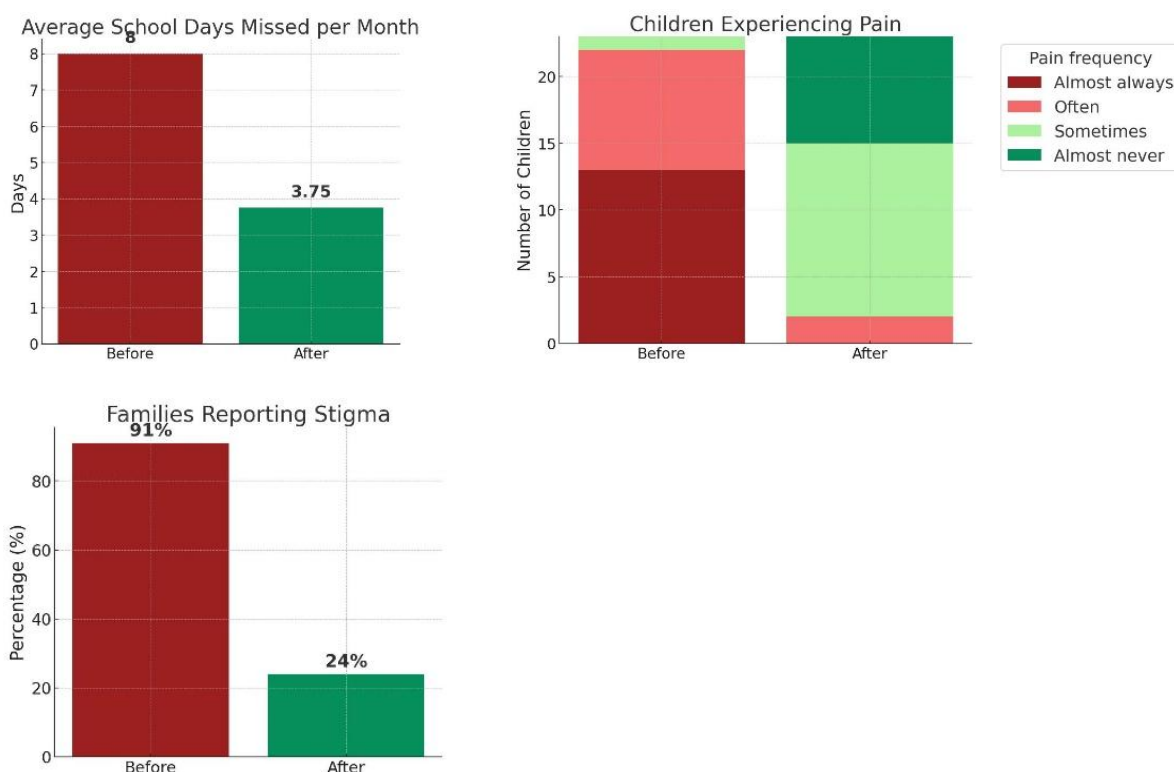


Advancement

Over the last financial year, we have further expanded our work to address the critical gap in child palliative care across a wider area of Kenya. Our Every Child Counts brought child palliative care to Siaya, Kajiado and Meru Counties. Through awareness activities in communities and schools, and through training health professionals and community health volunteers, we have now increased the number of children enrolled at hospices and receiving care in the home across the three counties by 450%, with 224 children and their families now receiving care. This year we introduced regular support workshops for children together with their families.

Family surveys revealed the positive impact of the project on the wellbeing of families supported. School attendance among children receiving palliative care increased by an average of **four extra days per month**. **Children now report experiencing pain far less frequently** – an average shift from ‘often’ to ‘almost never’. **Families reported reduced marginalisation** in their communities due to their child’s condition; with 91% of families reporting feeling stigmatised at the start of the project, compared with just 24% after project participation. (see graphs below)

Hospice Care Kenya Annual Report and Financial Statements 2024 – 2025



“The hospice staff are very lovely and love all of us. We feel happy when we go to family-day care at the hospice. We forget we have cancer and we feel like other normal children”

Brian, age 12, from Meru

“I am forever grateful to Siaya Roselyne Hospice for the teaching and encouragement they gave me and my family when my daughter was sick. Their support is over whelming. Now I will continue reaching out other families who too have children with palliative care needs”.

Violet, parent of child patient at Siaya Roselyn Hospice.

At the end of the year, we expanded this project into two further counties, Nyeri and Laikipia, thanks to multi-year support from the Austin Bailey Foundation and the William Leach Charity. In 2025/26 we will continue to seek funds to consolidate and expand the project in the original three counties.

Gender inequality continues to affect access to palliative care, with men and women facing different barriers to support. In October 2024, we launched new projects across four counties to address these disparities by improving awareness, reducing stigma, and ensuring gender-specific quality of care for all, including carers. Initiatives include training and encouraging male carers of children with palliative care needs to improve family cohesion and the child’s wellbeing; developing knitted breast prostheses for women following mastectomy; providing care and support for couples living with the effects of prostate cancer; and integrating palliative care awareness and services into men’s health programmes.

Already, over 200 carers and community stakeholders have been trained, and care has been improved for 120 people living with life-limiting illnesses.

In summary

**In 2024/25 we helped improve the lives of 4,592 adults and
987 children with life-limiting illnesses in Kenya through
direct provision of palliative care.**

**We reached over 43,000 individuals with training or
awareness in palliative care.**

Structure, Governance and Management

Hospice Care Kenya Ltd is a company limited by guarantee, company number 07540244 and is registered in England as a charity, registration number 1141469. The Company was incorporated on 23rd February 2011 and is governed by its Memorandum and Articles of Association of the same date. On 1st April 2011 the Company took over the assets and liabilities of the former charity, Hospice Care Kenya, charity registration number 1001709. The Company is managed by a Board of unpaid Trustees, who act both as Directors of the Company for the purposes of the Companies Act 2006 and Trustees of the Charity for the purposes of the Charities Act 2011. All the activities of the Charity are classed as continuing. The Trustees have pleasure in presenting their report and the independently examined financial statements of the Company for year ended 31st March 2025 in accordance with the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice 2015 (FRS 102).

The Trustees are pleased to confirm that no serious incident has occurred during the last year and that no serious incident has occurred that has not been reported to the Charity Commission.

Recruitment and Appointment of Trustees

At the April 24 board meeting, Dr Sally Hull was re-elected as Chair for a further two years. Dr Michael Smalley stepped down from being Vice Chair and signalled his intention not to stand again for re-election at the end of 2024. Michael had been a trustee since 2011. He lived in Kenya for several years and this knowledge and love for the country, coupled with his professional wisdom and insight made him a valued member of the Board. HCK is truly grateful for all his support and commitment during his time of service. He commented,

“I am proud to have been part of the rapid expansion of palliative care in Kenya - of community-based delivery of palliative care. It has been enormously satisfying to be involved with an organisation that supports the actions and decisions of local palliative care providers in Kenya and does not try to dictate or direct their decisions.”

Dr Mike Hughes was elected Vice Chair.

When there is the requirement to appoint a trustee, personal contacts and networking are used initially

to find suitable candidates, and this process is currently being followed.

Financial review of the accounting period 1st April 2024 to 31st March 2025

The main activity of the charity was raising funds to support the provision and delivery of palliative care in Kenya. Total income was £67,064 (2024: £161,688). We continue to be generously supported by donations from individuals. Given the current circumstances we are very grateful for this on-going support and in particular to those many donors giving regularly by direct debit or standing order. The ability to claim Gift Aid on donations makes a significant difference to our income.

Due to the efforts of our fundraiser, the charity again secured income from Trusts and Foundations.

In 2024, HCK had two grant rounds (April 24 and October 24) and applications were invited from hospices and palliative care units who are members of KEHPCA. In addition, proposals were sought and submitted in the summer, for gender disparity work. The trustees follow a rigorous application criteria process before awarding the grants and due diligence is carried out prior to any disbursement. The Grant Policy was reviewed and revised in January 2024 before the start of the new financial year.

In the financial year 24-25, it became necessary to use additional funds to supply emergency morphine supplies to the hospices. There were several months when morphine was in short supply in Kenya, and the trustees felt it extremely important that this essential medication should be available to those patients the hospices treat. Our emergency grants enabled them to purchase the morphine powder directly, plus the cost of the bottles and reconstitution so patients could continue to receive much needed pain relief.

Policy on Reserves

Each year the Trustees review the Reserves Policy for that year. It was decided that in order to mitigate the risk of unforeseen circumstances or unexpected falls in income it is prudent to hold an amount of £25,000 in reserves. This is a slight increase from the previous year. However, although we hold £25,000 as reserves, the trustees are aware that the amount we hold is in excess of this.

The increase is due to two large legacies (previously reported), received over the last three financial years. Legacy income is very unpredictable and the trustees plan to spend it down in a sustainable and prudent manner. The trustees have agreed to designate £40,000 for each of the next three years to support palliative care delivery through working with our partners: primarily the independent hospices.

Using our reserves to support basic palliative care service delivery, will enable us to use the funds we raise throughout the year to support new and innovative projects.

Acknowledgments:

We appreciate all our donors especially those who faithfully give month by month. This regular income gives a degree of certainty which is so helpful. We also want to record a big 'thank you' to those individuals who donate anonymously.

In addition, we are immensely grateful to those individuals and organisations who have given us significant financial support during the year.

Hospice Care Kenya
Annual Report and Financial Statements 2024 – 2025

Rhododendron Trust

Ofenheim Charitable Trust

Paget Charitable Trust

Neill Trust

Austin Bailey Foundation

Michael & Harriet Maunsell

St Mary & All Saints Bradley & St Mary's, One World Group

Hawthorne Charitable Trust

Willoughby Harry Thompson Trust

Eleanor Rathbone Trust

William Leech Charitable Trust

Relief Chest, Masonic Charitable
Foundation

Signed on behalf of the trustees



Yvonne Sanders

Honorary Treasurer

25th July 2025

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF HOSPICE CARE KENYA

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2025.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's trustees (who are the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

In connection with my examination, no matter has come to my attention:



30th May 2025

Lee Barker, DMS, ACMA
1 North Street,
FLIXTON,
YO11 3UA

Hospice Care Kenya
Annual Report and Financial Statements 2024 – 2025

HOSPICE CARE KENYA Registered Charity 1141469 Company Registration Number 07540244

STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account)
FOR THE YEAR ended 31st March 2025

		Unrestricted	Restricted	TOTAL FUNDS	2024
	<u>Note</u>	£	£	£	£
Income and endowments from					
<i>Donations and Legacies</i>					
Donations		29,583	2,054	31,637	30,644
Legacy		3,038		3,038	103,633
<i>Charitable Activities</i>					
Trust Income		5,500	18,944	24,444	20,820
<i>Other Trading Activities</i>				0	
Other		550		550	
<i>Investment Income</i> – bank interest		7,395		7,395	6,591
Total Income and Endowments		46,066	20,998	67,064	161,688
Expenditure on:					
<i>Raising funds:</i>					
Fund raising costs of grants and donations	3	9,436		9,436	11,424
<i>Charitable activities:</i>					
Grants made to Kenya	6	82,395	15,227	97,622	82,859
Other Expenditure	3	26,856		26,856	31,317
Total resources expended		118,687	15,227	133,914	125,600
Exchange rate variance		0		0	0
Net income being net movement in funds		(72,621)	5,771	(66,850)	36,087
Reconciliation of funds:					
Total funds brought forward		284,876	271	285,147	249,060
Transfer from restricted					
Total funds carried forward		212,255	6,042	218,297	285,147

Hospice Care Kenya
Annual Report and Financial Statements 2024 – 2025

HOSPICE CARE KENYA Registered Charity 1141469 Company Registration Number 07540244

BALANCE SHEET 31st March 2024

	<u>Note</u>	2025	2024
		£	£
Current assets			
Debtors and Payments in Advance	4	3,041	4,258
Cash at Bank		217,227	281,403
Creditors: amounts falling due within one year	5	(1,971)	(514)
Net current assets		218,297	285,147
Net assets		218,297	285,147
Which represent :-			
Unrestricted Funds			
- General funds		92,255	150,123
- Designated funds		120,000	134,753
Restricted Funds		6,042	271
Total charity funds	7	218,297	285,147

STATEMENT OF CASH FLOWS for the Year Ending 31st March 2024

	£	£
Opening Cash Balance		281,403
<u>Operating Activities</u>		
Receipts from raising funds	54,299	
Gift aid received	4,821	
Decrease in debtors	1,217	
Increase in creditors	1,457	
Payments made	(36,292)	
Grants paid to Kenya	(97,622)	
Movement from operating activities		
Investing activities – bank interest	7,395	
Bank compensation	550	
Net movement		(64,175)
Closing Cash Balance		217,228

Hospice Care Kenya
Annual Report and Financial Statements 2024 – 2025

For the year ended 31st March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

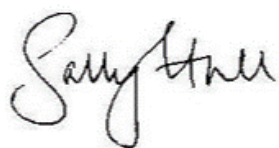
The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Signed on behalf of the board of directors

These financial statements for the year ended 31st March 2025 as set out on pages 14 to 17, were approved by the Trustees on 25th July 2025 and signed on their behalf by



Sally Hull
Chair of Trustees



Yvonne Sanders
Honorary Treasurer

Hospice Care Kenya
Annual Report and Financial Statements 2024 – 2025

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2025

1. INCORPORATION

The company was incorporated on 23rd February 2011, registered number 07540244, limited by guarantee. It took over the assets and liabilities of the former charity, registered number 1001709 on 1st April 2011. The former charity was de-registered and the company was registered as a new charity, registered number 1141469. The name of the former charity, Hospice Care Kenya, has been retained.

2. ACCOUNTING POLICIES

a. Basis of Accounting

The financial statements have been prepared under the historical cost convention and on the accrual basis. They comply with the Statement of Recommended Practice.

b. Donations and Voluntary Income

All cash income is accounted for at the time of receipt.

c. Gift Aid

The estimated tax refund on Gift Aid donations is accounted for in the year of the receipt of the donations.

3. SUPPORT COSTS

The trust allocates its support costs between those incurred for raising funds and those incurred for carrying out the charitable activities of the trust as shown below.

	Fundraising	Charitable Activities	Total	2024
	£	£	£	£
Bank Charges	7	60	67	75
Fundraising Costs	1,219		1,219	1,009
Prof fees & Insurance		1,819	1,819	527
Newsletters	413		413	690
Office Costs	217	699	916	970
Travel	227	731	958	633
Monitoring visit			0	7,551
Staff Costs –Salary & Pension	7,312	23,506	30,818	31,169
Website	41	41	82	117
	9,436	26,856	36,292	42,741

3. DEBTORS

The amount of £3041 (2024: £4,258) is the prepayment for PO box number and NPG

5 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

At the year end the charity had accrued £398 for pension costs (2024: £234), PAYE £241 (2024: £243) and had trade creditors of £1,332 (2024: £36).

Hospice Care Kenya
Annual Report and Financial Statements 2024 – 2025

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2025(Continued)

6. GRANTS MADE TO KENYA

	2025	2024
	£	£
Bungoma County Referral Hospital	2079	-
Busia Hospice	308	1,485
Eldoret	4,207	-
Embu County Hospital	5,760	1,850
Garissa County Referral Hospital	3,062	4,133
Ikutha Level IV Hospital	-	1,918
KEHPCA	1,260	3,368
KEHPCA – Safeguarding course	-	1,061
Kenya Medical Training College	3,102	3,500
Kakamega County General Hospital	-	1,981
Kanyakine Sub District Hospital	1294	-
Kilifi PCU	-	2,945
Kisii Teaching and Referral Hospital	-	1,981
Kisumu Hospice and Palliative Care	2584	
Kitale County Hospital	-	1,918
Kwale Sub County Hospital	449	
Laikipia Palliative Care Centre	3994	1,930
Machakos PCU (gender disparity project)	4097	3,916
Malindi	2048	5,396
Meru Charitable Trust (set up by the Hospice for the paediatric palliative care project)	5280	8,197
Meru Hospice	2987	-
Moi Teaching & Referral hospital	2273	-
Msambweni County Referral Hospital (gender disparity project)	5575	-
Nairobi Hospice	-	1,930
Nakuru Hospice	874	-
Nanyuki Cancer Support Group	2615	2416
Nyahururu Hospice	3119	-
Nyambene Subcounty Hospital	-	1485
Nyeri Hospice (paediatric palliative care project)	2363	2877
Ongata (ONPAC) (paediatric palliative care project)	7412	6,624
Oasis of Hope	4082	1,930
Samburu	-	1,450
Siaya Hospice (paediatric palliative care project)	5054	8,238
Sori Lakeside Hospital	-	1,450
St Gallen Oncology Network (gender disparity project)	952	
St Mary's Medical Centre	1044	1,450
Taita Taveta Hospice	3034	1,485
Thika Level 5 Hospital PCU	1987	-
Tumanini La Maisha Health Services	2238	-
Turkana Cancer Support Group (advancement)	4177	2,000
Vihiga County Hospital	3062	1,981
Vines Kenya, Kisii	3133	1,964
Western Homebased Care Initiative	2117	-
Total Disbursed to Kenya	97,622	82,859

Hospice Care Kenya
Annual Report and Financial Statements 2024 – 2025

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2025 (Continued)

No Trustee received remuneration in the year and £172 travel expenses were paid. (2024: £0)

There were no related party transactions

No member of staff has earned more than £60,000 in the year or the previous period.

The aggregate amount of employee benefits for key management personnel was £ 27,672 (2024 £28,881)

7. MOVEMENT IN FUNDS

	<u>Unrestricted</u>	<u>Designated</u>	<u>Restricted</u>	<u>Total</u>
As at 1 April 2024	150,124	134,753	271	285,148
Incoming Funds	46,066		20,998	67,064
Total Incoming	196,190	134,753	21,269	352,212
Outgoing Funds	(36,292)	(82,395)	(15,227)	(133,914)
Transfers between Funds	(67,642)	67,642		0
As at 31 March 2025	92,255	120,000	6,042	218,297

Previous Year

	<u>Unrestricted</u>	<u>Designated</u>	<u>Restricted</u>	<u>Total</u>
As at 1 April 2023	18,000	231,060		249,060
Incoming Funds	145,708		15,980	161,688
Total Incoming	163,708	231,060	15,980	410,748
Outgoing Funds	(42,741)	(67,150)	(15,709)	(125,600)
Exchange Rate Losses				0
Transfers between Funds	29,157	(29,157)		0
As at 31 March 2024	150,124	134,753	271	285,148

The Trustees reserve policy is to hold £25,000 in reserve in general funds to cover unforeseen circumstances or unexpected falls in income. The remaining funds are designated for grant distribution.

HOSPICE CARE KENYA LIMITED

England & Wales - Charity number 1141469

Accounts



HOSPICE CARE KENYA

ANNUAL REPORT AND ACCOUNTS

2023 - 24

Hospice Care Kenya
Annual Report and Financial Statements 2023 – 2024

Table of Contents

Background.....	3
Objectives and Activities	3
Achievement and Performance	5 - 10
Structure Governance and Management	10
Financial Review.....	10
Policy on Reserves.....	11
Acknowledgements.....	11
Independent Examiner’s Report	12
Statement of Financial Activity	13
Balance Sheet.....	14
Statement of Cash Flows	14
Notes to the Financial Statement	16- 18

Organisation Details

Patrons

Lord Carey of Clifton

Professor Sir Michael Richards

Mr Michael Wooldridge, OBE

Trustees

Dr Sally Hull, Chair

Dr Michael Smalley, Vice Chair

Yvonne Sanders Hon. Treasurer

Dr Sarah Onyango

Sharon Maweu

Dr Michael Hughes

Prof Heather Richardson

Mr David Worthington (till 28/07/23)

Ms Henrietta Worthington (from 16/01/24)

Staff

Ms Pauline Everitt Director

Mrs Catherine Nelson

Registered Office

Hospice House

34 – 44 Britannia Street

London

WC1X 9JG

Telephone: 01905 936184

Email: hck@hospicecarekenya.com

Web: www.hospicecarekenya.com

Bankers

CAF Bank Ltd,

Kings Hill, West Malling, Kent ME19 4TA

Examining Accountant

B C Lloyd FCA

Ashfield, Bradley Lane, Bradley, Stafford, ST18 9DP

Background

Hospice Care Kenya (HCK) is a registered UK charity. It was founded in 1991 to support the newly opened Nairobi Hospice, Kenya's first hospice for palliative care. Since then, we have helped develop palliative care services in 29 of Kenya's 47 counties.

HCK raises funds in the UK to support the development and delivery of palliative care in Kenya by responding to specific requests for project funding from hospices and other palliative care units.

In carrying out these objectives and planning activities the Trustees have carefully considered the Charity Commission's general guidance on public benefit and the obligations placed upon us by Section 17 of the Charities Act 2011 and confirm that we have complied with the duty placed upon us by the Act.

In the year 2023-24 we continued to respond to grant applications according to our grant making policy and to use our monitoring processes to ensure that our funds are used effectively to make a real difference to people in Kenya in need of palliative care.

Objectives and Activities

Last year, the trustees approved a new strategy based around the three pillars of **Partnership**, **Empowerment** and **Advancement** and we have begun to actively move forward with this strategy. As reported last year, HCK has been fortunate to receive two significant legacies that have made this expansion of activity possible. However, we are conscious of our obligation to use these monies wisely and for the purpose for which they were intended; that of supporting palliative care in Kenya.

We have continued to partner with hospices and palliative care units throughout Kenya and we are pleased that we have been able to support palliative care in new locations.

HCK has long been aware of the need to increase access to palliative care for children. Therefore, it was decided that we would undertake a project with three partners to improve awareness with teachers, community leaders and families to reduce the significant stigma around paediatric palliative care and to provide more psycho-social support for families. The trustees designated £30,000 over eighteen months for this project, which started in October 2023.

Similarly, the trustees wanted to move forward on other aspects of the strategy and we continued to support education and the training of health professionals and community workers. Another Safeguarding course was held in June 2023 with a follow-up workshop held in September to help participants develop their own safeguarding policies. These are in line with our strategy on Empowerment.

The trustees also want to progress the Advancement strand of the strategy which focuses on underserved populations and unreached locations. HCK is concerned about gender disparities in palliative care. The HCK UK Aid (DfID) project, (2021-23) highlighted ways in which women are disproportionately affected by a cancer diagnosis. This has led the trustees to designate £30,000 from the 2024-25 budget to innovative projects to reduce gender disparities over the next eighteen months. It is hoped that the first of these will start in September 2024.

Hospice Care Kenya Annual Report and Financial Statements 2023 – 2024

Another £30,000 has been designated for advancing palliative care into unreached locations. Unreached locations and underserved populations are not mutually exclusive. Indeed, they are likely to overlap, as in the successful humanitarian project in the Dadaab refugee camp, held in March 2024. Medical workers who work in very difficult and challenging circumstances, from all three refugee camps in Dadaab, received training in palliative care. HCK are grateful to UNHCR, the camp operators and KEHPCA for making this possible.

Our relationship with our key partner, Kenya Hospice and Palliative Care Association (KEHPCA) has continued to be strengthened this year and the director of HCK continues to meet monthly with the director of KEHPCA via zoom. These links were further consolidated by the attendance of two trustees and the director at KEHPCA's 6th National Palliative Care Conference, which was held in Kisumu, Kenya in November 2023. This was a tremendous opportunity to talk about the work of HCK and also to meet many of our partners who have been recipients of HCK grants.

The conference was part of a wider monitoring visit. Normally HCK tries to make a monitoring visit once every three years, however, this was delayed due to COVID 19. This time the treasurer joined the team after the conference for visiting the hospices, as the trustees felt that her insight and knowledge would strengthen our due diligence. The monitoring visit was made up of Dr Sally Hull (Chair), Yvonne Sanders (Treasurer), Sharon Maweu (trustee) and Pauline Everitt (Director). Each person had specific areas to look at as part of our monitoring and evaluation and due diligence on the hospices we visited. We were able to visit Meru, (a partner in the paediatric palliative care project), Laikipia, and Nyeri Hospices. In addition, we visited Nanyuki Cancer Support Group. While we were in Nairobi, we visited Nairobi Hospice, Kenya Training and Medical College and KEHPCA.

We were encouraged by the proactive attitudes of the hospices in pushing forward palliative care and in their efforts towards sustainability. The treasurer, spoke to her finance counterparts in these hospices and generally felt they had robust financial systems in place.

The visit reinforced the importance of such visits for HCK, our partners and for KEHPCA. It demonstrated our commitment to palliative care in Kenya, deepened our understanding of the issues the hospices are facing and emphasised to our partners, the importance we put on good governance.

HCK is keen to ensure that it has good monitoring and evaluation systems in place and operational ways of doing that. This has been backed up by new or substantially reviewed policies during the last year to reinforce our stand on financial probity.

The trustees understand that the strategy will only be effective if the charity is strong and financially sustainable. Fundraising remains a challenge with a contraction in funds available from Trusts and Foundations for international development. Therefore, we continue to be very grateful to our very dedicated and committed regular donors and to those who give occasionally. We appreciate all the donations we receive enabling our continued support to hospices and palliative care units in Kenya.

In response to the importance of social media and the increase in digital communication, HCK recruited a social media intern in November 2022 and her contract was extended for a further six months until September 2023. We are grateful to Cate for her hard work in increasing our followers on Facebook and for establishing HCK on Instagram and LinkedIn.

Poetry Above the Crypt, a popular evening of poetry held quarterly at St Marys, Islington in London, returned this year. The events are organised by friends of Hospice Care Kenya, Nancy Mattson and Mike Bartholomew-Biggs, and all the proceeds from these events are donated to HCK. We would like to thank Mike and Nancy, and the many contributing poets, for choosing to support our work at these events.

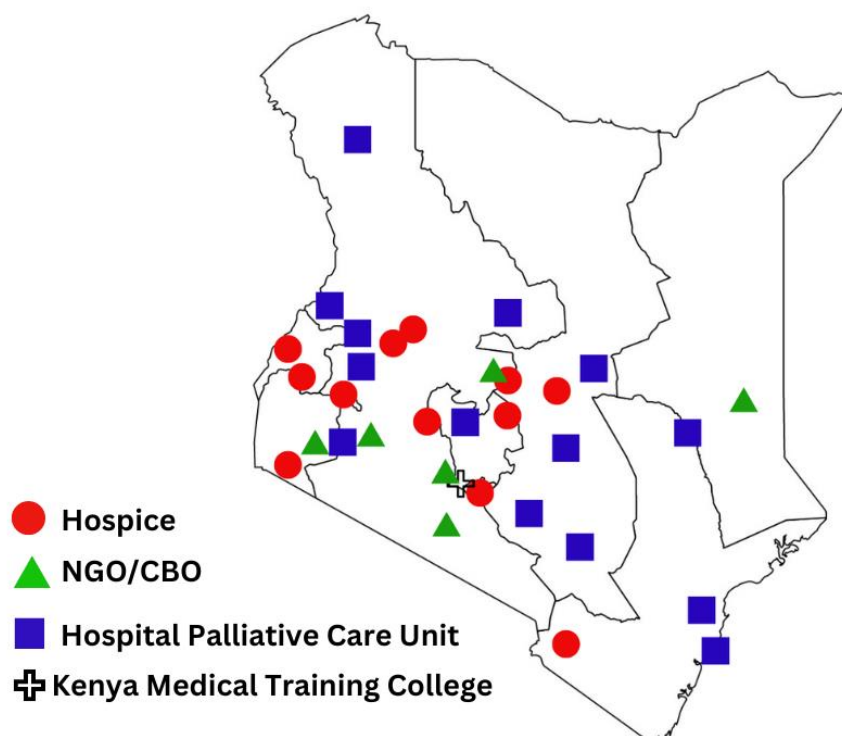
Achievement and Performance

In line with our strategy for 2022-2025, and to enable us to monitor our impact against our strategic objectives, we have outlined the achievements in our activity report under our three strategic pillars: partnership, empowerment and advancement.

In 2023/24 we helped improve the lives of more than 5,028 adults and 627 children with life-limiting illnesses in Kenya through direct provision of palliative care.

We reached over 25,000 individuals with training or awareness in palliative care.

Map of palliative care facilities and projects supported in 2023-24



Hospice Care Kenya
Annual Report and Financial Statements 2023 – 2024

GRANTS MADE TO KENYA 2023-24

Busia Hospice	Home visits and day care	1,485
Embu County hospital	Training community health volunteers	1,850
Garissa County Referral Hospital	Training community health volunteers, health care workers and caregivers	4,133
Ikutha Level IV Hospital	Training community health volunteers and health care workers	1,918
KEHPCA	Paediatric palliative care webinars and support for 7 nurses presenting at the KEHPCA conference	3,368
KEHPCA	Safeguarding training	1,061
Kenya Medical Training College	Tuition fee sponsorship for needy students studying Diploma in Palliative Care nursing	3,500
Kakamega County General Hospital	Training community health volunteers, health care workers and caregivers	1,981
Kilifi PCU	Training community health volunteers, health care workers and community leaders. Support groups.	2,945
Kisii Teaching and Referral Hospital	Training community health volunteers, home visits	1,981
Kitale County Hospital	Training community health volunteers	1,918
Laikipia Palliative Care Centre	Training community health volunteers, home visits and patient care	1,930
Machakos PCU	Training community health volunteers and monthly day care	3,916
Malindi	Training community health volunteers and health care workers, home visits, support groups	5,396
Meru Hospice	Paediatric palliative care	8,197
Nairobi Hospice	Tuition fee sponsorship for needy students studying Diploma in Palliative Care nursing	1,930
Nanyuki Cancer Support Group	Support group, and outreach and awareness activities	2416
Nyambene Subcounty Hospital	Support groups and home visits	1485
Nyeri Hospice	Home visits including caregiver training, board development and training	2877
ONPACC	Paediatric palliative care	6,624
Oasis of Hope	Training community health volunteers and health care workers, home visits	1,930
Samburu	Training care givers and home visits	1,450
Siaya Hospice	Paediatric palliative care	8,238
Sori Lakeside Hospital	Training community health volunteers, health care workers and caregivers	1,450
St Mary's Medical Centre	Training community health volunteers	1,450
Taita Taveta Hospice	Day care and drugs	1,485

Hospice Care Kenya
Annual Report and Financial Statements 2023 – 2024

Turkana Cancer Support Group	Training community health volunteers and health care workers, home visits	2,000
Vihiga County Hospital	Home visits and support groups	1,981
Vines Kenya, Kisii	Training community health volunteers	1,964

Partnership

In 2023-24 we worked in partnership with 32 hospices, palliative care centres and training programmes in the development and delivery of palliative care across 24 Kenyan counties. Through our partnerships, we directly cared for 5,655 people living with life-limiting illness, including 627 children. Our reach was greater than ever before, working with an additional 6 partners compared with the previous year and reaching over 2,000 more patients with direct care.

We increased the reach of our support to home-based palliative care provision, visiting large areas of 17 counties and reaching over 2,523 patients and their families.



Home visits taking place in Machakos, Kilifi and Kajiado

We supported 11 centres to run regular support groups and day care sessions, reaching over 1,394 patients and their carers.

Hospice day-care sessions and support groups bring patients and carers together for peer support, counselling and information sharing. This is also an opportunity for nurses to train patients to better manage their condition and keep as healthy as possible.

“For a long time I had looked forward to meeting with people who have had a similar experience to me. I attended the patients and caregivers support group and afterwards I felt like a heavy load has been removed from my shoulders. It changed the way I view things; I gained courage to continue with the journey knowing that I am not alone.”

~Mose Lewa – cancer survivor from Kilifi County and attendee of rural Ziani support group

Empowerment

We trained 1,056 Community Health Volunteers across 18 counties in basic palliative care, empowering them with the skills and knowledge needed to provide home-based palliative care to people in rural and isolated communities. Following training, volunteers continue to be closely supervised and supported by hospice nurses who find innovative ways of providing support and sharing information. Many trained cohorts this year set up WhatsApp's groups and in Kisii County, a teleconsulting service has been set up so that volunteers can contact a palliative care practitioner for support at any time of day or night.

Trained community health volunteers do not only provide patients with continuity of care in the home between hospice visits but play a vital role in identifying and referring potential patients to the hospice, assisting with earlier diagnosis. Machakos Palliative Care Unit targeted a densely populated location with high incidence of cancer and HIV and trained 26 community health volunteers. As a result, they saw a 37% increase in new patients thanks to the awareness work of the trained community health volunteers.

We also trained 695 general health professionals from government hospitals in short courses in palliative care and provided partial sponsorship for 9 nurses in need of financial assistance to study an 18-month Higher National Diploma in Palliative Care Nursing.

In Kericho County there is no public provision of palliative care at all, so by supporting partner Oasis of Hope to train hospital medical professionals we supported the first steps towards improving access in the county.

“The training has helped me grow as an individual, it has empowered me with knowledge, skills and attitude as far as managing my patients is concerned. This has greatly impacted service delivery especially in my work area that is the renal unit, I am able to advise my patients and their families better, I am also able to advocate for improvement of quality of life and optimizing comfort to the patients especially with end stage renal disease.”

~Mercy Chepkoech - nurse

To relieve the pressure on over-stretched palliative care nurses, we are training and supporting family caregivers to provide continued care in the home between hospice home visits. Giving caregivers the skills and confidence to oversee their loved ones' medication and personal care improves wellbeing for both patients and carer. Last year we trained 181 family care givers in basic home-based care.



“I want to thank the hospice for the training they offered my son Laban. Since the training we are able to communicate well and we seem to get along better when it comes to issues of my health. He has changed - it is like he has developed some patience when helping me and he seems to be at ease when dressing my wound. Thank you hospice for the good work you are doing for us”.

~Florence Odhiambo, whose son attended care-giver training at Eldoret Hospice.

We trained 723 influential community people, including community leaders, religious leaders and teachers. Training these community ‘gate keepers’ is essential for ensuring that palliative care information is trickled down throughout the community, for increasing referrals and for encouraging acceptance of palliative care services.

As part of our **Every Child Counts** project to develop child palliative care across Siaya, Meru and Kajiado counties, we have focused on reducing stigma and improving inclusion of children with palliative care needs and disabilities. Community meetings have been held with 511 community and religious leaders. These individuals were engaged to help change perceptions of children with disability and palliative care needs in their communities and identify possible children in need. 377 teachers and 10,987 school children have been reached in visits to 26 schools across the three counties where children and teachers were engaged through dance and singing and encouraged to think about and discuss the challenges

“I had no idea what palliative care was since I am a teacher not medic, but I am happy that I have received knowledge on it and will champion to see that children with such needs are well taken care of in our school”.

~Teacher at Mbaga mixed primary school.

Over 22,000 further people in the community were reached with information and advice on cancer and palliative care through large public awareness events.

Advancement

Over the last financial year, we have worked with more partners across a larger geographical reach than ever before, including new projects in Migori, Turkana and Garissa in the furthest reaches of Kenya. We have also expanded our work into new focus areas, including child palliative care and unserved refugee camps.

Our Every Child Counts project commenced in October 2023 bringing child palliative care to Siaya, Kajiado and Meru Counties. Through awareness activities in communities and schools, and through training health professionals and community health volunteers, we have already increased the number of children enrolled at hospices and receiving care in the home across the three counties by 143%.

Together with the Kenya Hospice and Palliative Care Association we ran a series of webinars on child palliative care for palliative care providers and paediatric nurses and doctors across Kenya, with 5 sessions taking place during the year and reaching 68 health care providers.

In March, we supported a team of palliative care specialists to travel to Dadaab refugee camp in the north of Kenya, in the first steps towards developing palliative care services in the camp. The team provided palliative care training to a group of 7 health care professionals working in the camp and 13 nursing support volunteers. The trainees will now work at facility and community levels to provide palliative care services, referrals and home-based care.

“I came in with a mind-set that palliative care is for the dying, now I know it’s about improvement of quality of life. I may be limited due to less or unavailable resources here in the camp, but my attitude should communicate care, compassion and support. Truly, palliative care is about living”.

~A nurse trainee from the camp

Safeguarding the welfare of the vulnerable adults and children we support is paramount, and ensuring that our partners in Kenya have policies and procedures in place to protect their vulnerable patients is a priority for HCK. In summer 2023 we held a safeguarding training event for all our partners followed up with a safeguarding workshop on developing policies and procedures, with participation of staff from 12 of our independent hospice partners.

Structure, Governance and Management

Hospice Care Kenya Ltd is a company limited by guarantee, company number 07540244 and is registered in England as a charity, registration number 1141469. The Company was incorporated on 23rd February 2011 and is governed by its Memorandum and Articles of Association of the same date. On 1st April 2011 the Company took over the assets and liabilities of the former charity, Hospice Care Kenya, charity registration number 1001709. The Company is managed by a Board of unpaid Trustees, who act both as Directors of the Company for the purposes of the Companies Act 2006 and Trustees of the Charity for the purposes of the Charities Act 2011. All the activities of the Charity are classed as continuing. The Trustees have pleasure in presenting their report and the independently examined financial statements of the Company for year ended 31st March 2024 in accordance with the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice 2015 (FRS 102).

The Trustees are pleased to confirm that no serious incident has occurred during the last year and that no serious incident has occurred that has not been reported to the Charity Commission.

Recruitment and Appointment of Trustees

During this year David Worthington stepped down as trustee after many years of service. David helped the charity navigate the legal complexities of becoming a Limited Company in 2011 and also with the long process of obtaining the legacy from one of the benefactor’s estate. His professional legal expertise and wisdom made him a valued member of the Board and HCK is truly grateful for all his support and commitment during his time of service.

When there is the requirement to appoint a trustee, personal contacts and networking are used initially to find suitable candidates. Therefore, the trustees of HCK are very pleased to welcome David’s

daughter, Henrietta Worthington. Henrietta is also a solicitor and her expertise will be invaluable.

An appointment of a trustee must have the unanimous agreement of the existing trustees. New trustees are briefed on the objects of the Trust and the Memorandum and Articles governing its activities and they are required to sign a Trustee Declaration and Code of Conduct.

Financial review of the accounting period 1st April 2023 to 31st March 2024

The main activity of the charity was raising funds to support the provision and delivery of palliative care in Kenya. Total income was £161,688 (2023: £163,686). We continue to be generously supported by donations from individuals. Given the current circumstances we are very grateful for this on-going support and in particular to those many donors giving regularly by direct debit or standing order. The ability to claim Gift Aid on donations makes a significant difference to our income.

Due to the efforts of our fundraiser, the charity again secured income from Trusts and Foundations.

HCK has two grant rounds each year when we invite applications from hospices and palliative care units who are members of KEHPCA. The trustees follow a rigorous application criteria process before awarding the grants and due diligence is carried out prior to any disbursement. The first grant round for the year 2023-2024 was April 2023, with the second in October 2023. The Grant Policy was reviewed and revised in January 2024 before the new financial year

It should be noted that we received £19,786 from UK Aid (DfID) in 2022/23, which was not available to us in 2023/24 as the project had finished and despite that, our grant giving remained high.

Policy on Reserves

The Trustees reviewed the Reserves Policy in the year and decided that in order to mitigate the risk of unforeseen circumstances or unexpected falls in income it is prudent to hold an amount of £18,000 in reserves. This remains unchanged since last year. The Reserves Policy is reviewed annually in July. However, although we hold £18,000 as reserves, the trustees are aware that the amount we hold is far in excess of that.

Therefore, the trustees have specifically designated funds as follows:

General Grant Disbursements	60,000
Project disbursements -Paediatric Palliative Care project in Siaya, Kajiado and Meru (already started).	21,753
Empowerment (eg safeguarding, disability awareness etc)	3,000
Gender disparity projects	30,000
Unreached areas /underserved populations	20,000
Total Cost of Grants	134,753

Hospice Care Kenya

Annual Report and Financial Statements 2023 – 2024

Although the remaining funds have not been designated for specific projects, all but the £18,000 reserves, are available for grants.

The trustees also wish to be prudent in this difficult fundraising climate, and not over commit in the coming year, whilst still proactively supporting palliative care in Kenya.

Acknowledgements

We are grateful to the following trusts and organisations who have made welcome donations during the year.

Willoughby Harry Thompson Trust

Michael & Harriet Maunsell Charitable Trust

Arimathea Charitable Trust

Austin Bailey Foundation

Fulmer Trust

Rest Harrow Trust

Oakdale Trust

Hawthorne Trust

St Mary's Islington

St Mary's, One World Group, Stafford

Capel Court Chapel Committee

We appreciate all our donors especially those who faithfully give month by month. This regular income gives a degree of certainty which is so helpful. We also want to record a big 'thank you' to those individuals who donate anonymously. In addition, we are immensely grateful to those individuals and organisations who have given us significant financial support during the year.

Signed on behalf of the Trustees



Y Sanders, Honorary Treasurer
Aug. 2024

Hospice Care Kenya
Annual Report and Financial Statements 2023 – 2024

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF HOSPICE CARE KENYA

My report on the accounts of the Company for the year ended 31 March 2024, which are set out on pages 14 to 19, is in respect of an examination carried out under s.43 of the Charities Act 1993.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's trustees (who are the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act and
- to state whether particular matters have come to my attention

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those set out in the statement below

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respects the requirements
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and to comply with the requirements of the Charities Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



13th June 2024

B C Lloyd FCA
Ashfield, Bradley Lane
Bradley, Stafford
ST18 9DP

Hospice Care Kenya
Annual Report and Financial Statements 2023 – 2024

1.HOSPICE CARE KENYA Registered Charity 1141469 Company Registration Number 07540244

STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account)
FOR THE YEAR ended 31st March 2024

	<u>Note</u>	Unrestricted £	Restricted £	TOTAL FUNDS £	2023 £
Income and endowments from					
<i>Donations and Legacies</i>					
Donations		30,373	271	30,644	29,623
Legacy		103,633	-	103,633	101,041
<i>Charitable Activities</i>					
Trust Income		5,111	15,709	20,820	31,269
<i>Investment Income</i> – bank interest		6,591	-	6,591	1,753
Total Income and Endowments		145,708	15,980	161,688	163,686
Expenditure on:					
<i>Raising funds:</i>					
Fund raising costs of grants and donations	3	11,424	-	11,424	10,591
<i>Charitable activities:</i>					
Grants made to Kenya	6	67,150	15,709	82,859	91,248
Other Expenditure	3	31,317	-	31,317	26,156
Total resources expended		109,892	15,709	125,600	127,995
Exchange rate variance		-	-	-	(1,208)
Net income being net movement in funds		35,816	271	36,087	34,483
Reconciliation of funds:					
Total funds brought forward		249,060	-	249,060	214,577
Total funds carried forward		284,876	271	285,147	249,060

Hospice Care Kenya
Annual Report and Financial Statements 2023 – 2024

HOSPICE CARE KENYA Registered Charity 1141469 Company Registration Number 07540244

BALANCE SHEET 31st March 2024

	<u>Note</u>	2024	2023
		£	£
Current assets			
Debtors and Payments in Advance	4	4,258	4,524
Cash at Bank		281,403	245,020
		285,661	249,544
Creditors: amounts falling due within one year	5	(514)	(484)
Net current assets		285,147	249,060
Net assets		285,147	249,060
Which represent :-			
Unrestricted Funds			
- General funds		150,123	18,000
- Designated funds		134,753	231,060
Restricted Funds		271	-
Total charity funds	7	285,147	249,060

STATEMENT OF CASH FLOWS for the Year Ending 31st March 2024

	£	£
Opening Cash Balance		245,020
<u>Operating Activities</u>		
Receipts from raising funds	150,778	
Gift aid received	4,318	
Increase in debtors	266	
Increase in creditors	30	
Payments made	(42,741)	
Grants paid to Kenya	(82,859)	
Movement from operating activities	29,792	
Investing activities – bank interest	6,591	
Net movement		36,383
Closing Cash Balance		281,403

For the year ended 31st March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Hospice Care Kenya
Annual Report and Financial Statements 2023 – 2024

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Signed on behalf of the board of directors

These financial statements for the year ended 31st March 2024 as set out on pages 14 to 19, were approved by the Trustees on 26th July 2024 and signed on their behalf by



Sally Hull
Chair



Yvonne Sanders
Honorary Treasurer

Hospice Care Kenya
Annual Report and Financial Statements 2023 – 2024

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2024

1. INCORPORATION

The company was incorporated on 23rd February 2011, registered number 07540244, limited by guarantee. It took over the assets and liabilities of the former charity, registered number 1001709 on 1st April 2011. The former charity was de-registered and the company was registered as a new charity, registered number 1141469. The name of the former charity, Hospice Care Kenya, has been retained.

2. ACCOUNTING POLICIES

a. Basis of Accounting

The financial statements have been prepared under the historical cost convention and on the accrual basis. They comply with the Statement of Recommended Practice.

b. Donations and Voluntary Income

All cash income is accounted for at the time of receipt.

c. Gift Aid

The estimated tax refund on Gift Aid donations is accounted for in the year of the receipt of the donations.

3. SUPPORT COSTS

The trust allocates its support costs between those incurred for raising funds and those incurred for carrying out the charitable activities of the trust as shown below.

	Fundraising	Charitable Activities	Total	2023
	£	£	£	£
Bank Charges	15	60	75	780
Fundraising Costs	1,009	-	1,009	1,460
Prof fees & Insurance	-	527	527	2,700
Newsletters	690	-	690	538
Office Costs	291	679	970	1,283
Travel	190	443	633	674
Monitoring visit	-	7,551	7,551	-
Staff Costs –Salary & Pension	9,171	21,998	31,169	29,254
Website	58	59	117	58
	11,424	31,317	42,741	36,747

3. DEBTORS

The amount of £ 4258 (2023: £4,524) is the prepayment of PO box number, NPG & website.

5 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

At the year end the charity had accrued £234 for pension costs (2023: £219), PAYE £243 (2023: £229) and had trade creditors of £36 (2023: £361).

Hospice Care Kenya
Annual Report and Financial Statements 2023 – 2024

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2024(Continued)

6. GRANTS MADE TO KENYA

	2024	2023
	£	£
Busia Hospice	1,485	7,195
Eldoret	-	2,733
Embu County Hospital	1,850	-
Garissa County Referral Hospital	4,133	-
Hope for Cancer Kids	-	4,180
Ikutha Level IV Hospital	1,918	
JM Kariuki Hospital	-	3,643
KEHPCA 2 grants	3,368	-
KEHPCA – Safeguarding course	1,061	7,890
Kenya Medical Training College	3,500	4,561
Kakamega County General Hospital	1,981	-
Kilifi PCU	2,945	3,137
Kisii Teaching and Referral Hospital	1,981	-
Kitale County Hospital	1,918	1,874
Laikipia Palliative Care Centre	1,930	5,016
Machakos PCU	3,916	1,567
Mandera	-	2,529
Malindi	5,396	-
Meru Charitable Trust (set up by the Hospice for the paediatric palliative care project)	8,197	4,000
Nairobi Hospice	1,930	11,749
Nakuru Hospice	-	3,138
Nanyuki Cancer Support Group	2416	4,231
Nyambene Subcounty Hospital	1485	
Nyeri Hospice	2877	3,291
Ongata (ONPAC) (paediatric palliative care project)	6,624	10,630
Oasis of Hope	1,930	1,849
Samburu	1,450	-
Siaya Hospice DFIID	-	5,724
Siaya Hospice (paediatric palliative care project)	8,238	-
Sori Lakeside Hospital	1,450	-
St Mary's Medical Centre	1,450	-
St Vincent de Paul	-	2,311
Taita Taveta Hospice	1,485	-
Turkana Cancer Support Group	2,000	-
Vihiga County Hospital	1,981	-
Vines Kenya, Kisii	1,964	-
<u>Total Disbursed to Kenya</u>	<u>82,859</u>	<u>91,248</u>

Hospice Care Kenya
Annual Report and Financial Statements 2023 – 2024

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2024(Continued)

No Trustee received remuneration in the year and no expenses were paid. (2023: £168)

There were no related party transactions

No member of staff has earned more than £60,000 in the year or the previous period.

The aggregate amount of employee benefits for key management personnel was £ 28,881 (2023 £29,254)

7. MOVEMENT IN FUNDS

	<u>Unrestricted</u>	<u>Designated</u>	<u>Restricted</u>	<u>Total</u>
As at 1 April 2023	18,000	231,060	-	249,060
Incoming Funds	-	145,708	15,980	161,688
Total Incoming	18,000	376,768	15,980	410,748
Outgoing Funds	-	(109,891)	(15,709)	(125,600)
As at 31 March 2024	18,000	266,877	271	285,148

Previous Year

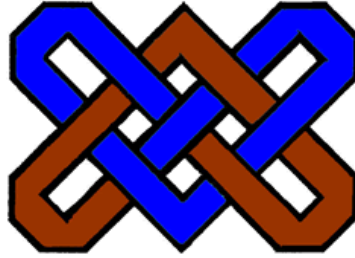
	<u>Unrestricted</u>	<u>Designated</u>	<u>Restricted</u>	<u>Total</u>
As at 1 April 2022	14,000	194,126	6,451	214,577
Incoming Funds	-	139,217	24,469	163,686
Total Incoming	14,000	333,343	30,920	378,263
Outgoing Funds	-	(95,590)	(32,405)	(127,995)
Exchange Rate Losses	-	-	(1,208)	(1,208)
Transfers between Funds	4,000	(6,693)	2,693	-
As at 31 March 2023	18,000	231,060	-	249,060

The Trustees reserve policy is to hold £18,000 in reserve in general funds to cover unforeseen circumstances or unexpected falls in income. The remaining funds are designated for grant distribution.

HOSPICE CARE KENYA LIMITED

England & Wales - Charity number 1141469

Accounts



HOSPICE CARE KENYA
ANNUAL REPORT AND ACCOUNTS
2022 - 23

Company Number 07540244

Charity Number 1141469

Hospice Care Kenya
Annual Report and Financial Statements 2022 – 2023

Table of Contents

Background.....	3
Objectives and Activities	3
Achievement and Performance	4 - 10
Structure Governance and Management	10
Financial Review.....	10
Policy on Reserves.....	11
Acknowledgements.....	11
Independent Examiner’s Report	12
Statement of Financial Activity	13
Balance Sheet.....	14
Statement of Cash Flows	14
Notes to the Financial Statement	16- 18

Organisation Details

Patrons

Lord Carey of Clifton

Mr Michael Wooldridge, OBE

Professor Sir Michael Richards

Trustees

Dr Sally Hull, Chair

Mr David Worthington

Dr Michael Hughes

Dr Michael Smalley, Vice Chair

Sarah Onyango

Yvonne Sanders Hon. Treasurer

Sharon Maweu

Suzanne Stevenson (till October 22)

Prof Heather Richardson (February 23)

Staff

Mrs Pauline Everitt Director

Mrs Catherine Nelson

Miss Cate Baxter

Registered Office

Hospice House

34 – 44 Britannia Street

London

WC1X 9JG

Telephone: 01905 936184

Email: hck@hospicecarekenya.com

Web: www.hospicecarekenya.com

Bankers

CAF Bank Ltd,

Kings Hill, West Malling, Kent ME19 4TA

Examining Accountant

B C Lloyd FCA

Ashfield, Bradley Lane, Bradley, Stafford ST18 9DP

Background

Hospice Care Kenya (HCK) is a registered UK charity. It was founded in 1991 to support the newly opened Nairobi Hospice, Kenya's first hospice for palliative care. Since then, we have helped develop palliative care services in 29 of Kenya's 47 counties.

HCK raises funds in the UK to support the development and delivery of palliative care in Kenya by responding to specific requests for project funding from hospices and other palliative care units.

In carrying out these objectives and planning activities the Trustees have carefully considered the Charity Commission's general guidance on public benefit and to the obligations placed upon us by Section 17 of the Charities Act 2011 and confirm that we have complied with the duty placed upon us by the Act.

In the year 2022- 23 we continued to respond to grant applications according to our grant making policy and to use our monitoring processes to ensure that our funds are used effectively to make a real difference to people in Kenya in need of palliative care.

Objectives and Activities

We are particularly proud that HCK has been influential in supporting and developing the work of hospices and palliative care in Kenya for the last 32 years. However, the world of 2022 is very different from 1991. Palliative care has come a long way in Kenya and our key partner, Kenya Hospice and Palliative Care Association (KEHPCA), now lists 80 affiliated hospitals, hospices and palliative units throughout the country.

This year the trustees felt it was the right time to review our aims and how we interpret them going forward. Therefore, we have set a new strategic direction based on the aims and objectives of the Trust Deeds. These say HCK:

"May collect, hold and spend money for the benefit of residents of Kenya directed towards:

- the treatment, care and counselling of persons who are terminally ill with cancer or some other incurable disease;

We do this through our partners in the hospices and palliative care units in Kenya. This can be summarized as PARTNERSHIP.

- the education and training of those responsible for such treatment, care and counselling.
This can be summarized as EMPOWERMENT.

and

- the maintenance, improvement, and extension of the hospices in Nairobi, and at other places in Kenya."

This can be summarized as ADVANCEMENT.

The charity is grateful to be the recipient of two significant legacies, received within the last two years, which will enable us to expand our reach and develop this strategy. In particular, we are looking to increase our support for paediatric palliative care, and to support outreach palliative care services into previously unserved populations or locations.

It is imperative that underpinning this strategy is a strong, agile, and financially sustainable HCK, capable of responding to new challenges. Therefore, we have invested in growth by increasing our staff hours and capacity and invested in new ways of raising funds. This has resulted in an increase in upfront expenditure but with the sole aim of being able to do more, and provide greater impact.

We also act as an agency for UK grant-making bodies who work through charities to support projects overseas. HCK has risen to the challenging requirements of the UK Aid grant from the Foreign, Commonwealth and Development Office. Unfortunately, this resulted in less time available for applications to Trusts and Foundations for project support. Despite that, we continued our support to hospices and palliative care units, including several which we have not supported before. We continue to work closely with the Kenyan Hospice & Palliative Care Association (KEHPCA) and the director of HCK meets monthly with the director of KEHPCA via zoom.

In response to the importance of social media and the increase in digital communication, HCK recruited a social media intern in November 2022. This has resulted in a significant increase in followers across our various social media platforms, including Twitter, Facebook, Instagram and LinkedIn.

Poetry Above the Crypt, a popular evening of poetry held quarterly at St Marys, Islington in London, returned this year. The events are organised by friends of Hospice Care Kenya, Nancy Mattson and Mike Bartholomew-Biggs, and all the proceeds from these events are donated to HCK. We would like to thank Mike and Nancy, and the many contributing poets, for choosing to support our work at these events.

Achievement and Performance

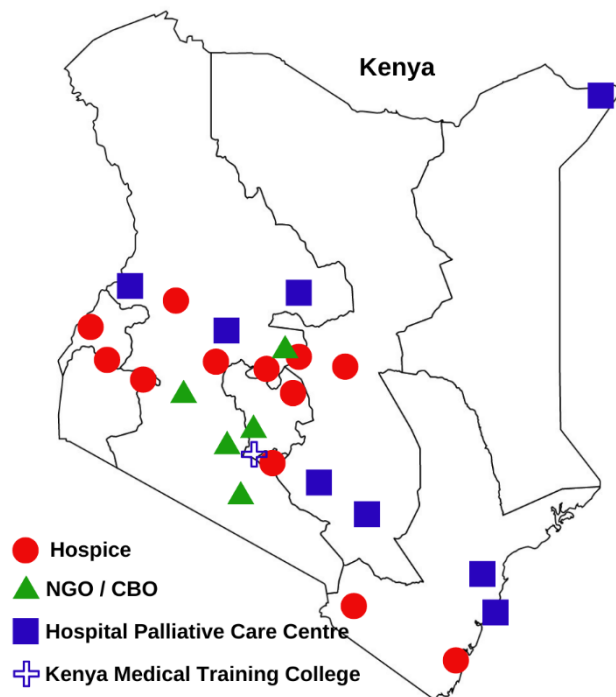
In line with our strategy for 2022-2025, and to enable us to monitor our impact against our strategic objectives, we have outlined the achievements in our activity report under our three strategic pillars; partnership, empowerment and advancement.

**In 2022/23 we helped improve the lives of more than 5,800
people with life-limiting illnesses in Kenya through direct provision
of palliative care or through improving access to quality care from
trained health workers**

Below is a table showing how our partners used their grants from HCK.

Hospice Care Kenya
Annual Report and Financial Statements 2022 – 2023

Busia Hospice	Training community health volunteers, home visits, drugs and raising awareness	3434 & 3761
Eldoret Hospice	Training patients and care givers in patient care	2733
Hope 4 Cancer Kids	Child palliative care family workshops and support for National Health Insurance cover for needy families	4180
JM Kariuki Memorial Hospital	Training community health volunteers	3643
KEHPCA	Palliative Care need assessment in Dadaab Refugee Camp and training 8 Nurse Leaders	4000 and 3890
Kenya Medical Training College	Tuition fee sponsorship for needy students studying Diploma in Palliative Care nursing	4,561
Kilifi County Palliative Care Unit	Training community health volunteers, health workers and community stakeholders, support groups and home-based care.	3137
Kitali County Hospital PCU	Training community health volunteers, health workers, day care, home visits	1874
Laikipia Hospice	Legal training for patients and families, and home visits.	3000 and 2016
Machakos Palliative Care Unit	Training community health volunteers	1,567
Mandera County Hospital Palliative Care Unit	Training community health volunteers and health workers	2,529
Meru Hospice	Drugs, home visits and day care	4,000
Nairobi Hospice	Tuition fee sponsorship for needy students studying Diploma in Palliative Care nursing and UK Aid funded project to develop community-led palliative care	4000 and 7,656
Nakuru Hospice	Training community health volunteers, drugs and home-based care	3,138
Nanyuki Cancer Support Group	Training Community Awareness Volunteers, support groups and screening events, and information sharing visits with other counties	4,231
Nyeri Hospice	Training community health volunteers	3,291
Oasis of Hope	Training health workers, caregivers and religious leaders	1849
Ongata Ngong Palliative Care Community	Training and supporting Community Health Assistants and UK Aid funded project to develop community-led palliative care	3426 and 7,204
Siaya Hospice	UK Aid funded project to develop community-led palliative care	5724
St Vincent de Paul Catherine McCauly Hospice	Training community health volunteers and hospital staff	2311



Map of palliative care facilities and projects supported in 2022-23

Partnership

Partnership is at the core of everything we do in Kenya. In 2022-23 we worked in partnership with 26 hospices, palliative care centres and training programmes, to develop and deliver palliative care across 23 Kenyan counties. Through our partnerships, we cared for 3,506 people living with life-limiting illness, including 417 children, and supported over 2,000 of their family members with psychosocial and practical support.

With our support, access to home-based palliative care was made possible across large areas of 13 counties, reaching over 1,800 patients and their families. Home-based care is vital for house-bound and isolated patients but costs limit the reach of local hospices. Before our support, Nakuru Hospice could only help 20 patients at a time. With our help the hospice has supported more than 250 patients in the last year.



Home visits to patients in Laikipia, Nakuru and Meru (left to right)

We supported six centres to run regular support groups and day care sessions, reaching over 572 patients and their carers.



Hospice day-care sessions and support groups bring together patients, their families and carers, for peer support, and information sharing. They are also opportunities for nurses to promote self-care and encourage patients to keep as healthy as possible.

Photo left: A regular support group for children and their families takes place at Meru Hospice, supported by HCK.



Working with our partner Hope for Cancer Kids, we covered the cost of national health insurance premiums for 120 children from the poorest families, entitling them to free cancer treatment.

Katunge is mother to three-year-old Alex (pictured left). Alex was diagnosed with leukaemia in 2022 and referred for chemotherapy at Kenyatta National Hospital in Nairobi. While staying at hospital in Nairobi with her son, over 100 miles from their home in Makueni, Katunge was unable to work. The medical bills quickly became unaffordable, and Katunge was forced to withdraw Alex from treatment. Hope for Cancer Kids stepped in, covering the cost of insurance to ensure that Alex received his treatment for free.

Empowerment

Working with health providers and community stakeholders we have supported communities to take the lead in developing access to palliative care services. We have also enabled communities to develop knowledge and skills needed for community palliative care.

With our support, 725 Community Health Volunteers across 10 counties were trained in basic palliative care and empowered with the skills and knowledge needed to provide home-based palliative care in their communities. Community health volunteers play a vital role in providing access to home-based palliative care in rural and deprived areas of Kenya, helping patients with their medication and pain relief, and providing counselling and bereavement support.

“After my son Adam was diagnosed with Wilms tumour (renal cancer) my husband and the family told me that this was not cancer, our boy has been bewitched. For a month we struggled with denial, anger, sleepless nights, anxiety, and hopelessness after visiting witch doctors. But then Grace Tuva one of the trained community health volunteers visited me. She talked to me like a mother talking to her daughter and then she referred me to the palliative care unit at the hospital.

We have received support from the palliative care team, Grace our volunteer, the support group meetings and home visiting. We have been walking this journey together. The counselling we have received empowered us as a family with knowledge about Wilms tumour and we are positive that with good support systems, treatment and care our son can live a quality life. If it were not for Grace and the palliative care team my son would have died.”

-Mother of 4-year-old Adam



Training of community health assistants taking place in West Kajiado County

Our three-year project to develop community-led palliative care in three Kenyan counties, funded by UK Aid from the British Government, was completed in December 2022. This project trained 220 community health volunteers and 59 health workers in home-based palliative care, in rural Siaya County, slum areas of Nairobi and in pastoralist Maasai communities of Kajiado County, providing care to over 1,400 patients and their families. The project legacy is a functioning community-led palliative care system, ensuring that new patients diagnosed with cancer and other life-limiting illnesses will continue to be referred for treatment and reached with home-based palliative care.

“Jane (volunteer) is my main carer. She dresses my sores and turns me in bed. My family are afraid to touch me but Jane always explains to them that my disease will not spread to them. I would feel lost and lonely if she was not with me”.

-Patient, Siaya County

“Hellen (volunteer) is a pillar of hope and strength in my life. When I am down she gives me hope, encourages me and knows where to direct me when I need special care.”

-Patient, Kajiado County.

We also provided short courses in palliative care for 233 health professionals from government hospitals and provided sponsorship for 21 nurses to study for the Higher National Diploma in Palliative Care Nursing.

Following our support over the past two years to Kilifi County Palliative Care Unit (PCU) there has been a 263% increase in the number of patients registered with the PCU. In the past year we have helped them train 127 volunteers and health staff, who between them have referred over 1,000 suspected patients to the PCU.

When Ann Mwongeli was diagnosed with HIV, she received no support or follow up from the health centre she had visited. Feeling distressed, depressed and alone with a two-year-old daughter to care for, Ann attempted suicide. An HCK trained Community Health Volunteer, Dorcas, heard about Ann and visited her. Thanks to Dorcas, Ann went on to receive essential counselling and psychosocial support:

“One morning, Dorcas visited me, to inform me about Machakos Palliative Care Unit where I could receive help. At first, I didn’t want to hear about hospital people, but I later agreed. If it were not for Dorcas, the trained CHV who referred me to Machakos PCU for care, I could probably be dead with my daughter by now, -Ann Mwongeli

We trained 831 community leaders, religious leaders and teachers. Training these community ‘gate keepers’ is essential for ensuring that palliative care information is trickled down throughout the community, for increasing referrals and for encouraging acceptance of palliative care services. Nyeri Hospice trained 91 teachers with our support, developing them as information resources for children and families with the aim of increasing referrals and access to palliative care for children in the county.

We supported our partner KEHPCA (Kenya Hospice and Palliative Care Association) to develop a series of factsheets, aimed at palliative care nurses and health care professionals, to raise awareness and increase knowledge on the role of palliative care in the treatment of a broader range of conditions beyond cancer.

Advancement

This year, we expanded the range of our support into new geographical locations to increase access to palliative care in unserved areas. This includes a project in Mandera, an impoverished and insecure area on the border with Somalia, where HCK supported the opening of the county’s first palliative care unit. In Kericho County, which has no palliative care unit, we support the community-based organisation Oasis of Hope who train community leaders in palliative care.,

Under our UK Aid funded project we introduced the use of the African Palliative Care Association Palliative Care Outcome Scale tool (APCA POS) to measure the impact of the project on quality of life of patients and their carers. Its use was an important development as the tool is not widely used in Kenya. Of patients surveyed, 82% experienced improved quality of life after community-based palliative care. Women living with cervical or breast cancer, and patients reporting the poorest quality of life before project intervention, reported the most marked improvement. Almost half of primary carers also reported an improvement in quality of life. APCA POS is an effective tool to measure

impact. It is also a valuable tool for measuring aspects of patient wellbeing throughout their care journey. This can help to improve the quality of patient care. APCA POS is now embedded in routine patient care in the project hospitals, confirming its value.

Structure, Governance and Management

Hospice Care Kenya Ltd is a company limited by guarantee, company number 07540244 and is registered in England as a charity, registration number 1141469. The Company was incorporated on 23rd February 2011 and is governed by its Memorandum and Articles of Association of the same date. On 1st April 2011 the Company took over the assets and liabilities of the former charity, Hospice Care Kenya, charity registration number 1001709. The Company is managed by a Board of unpaid Trustees, who act both as Directors of the Company for the purposes of the Companies Act 2006 and Trustees of the Charity for the purposes of the Charities Act 2011. All the activities of the Charity are classed as continuing. The Trustees have pleasure in presenting their report and the independently examined financial statements of the Company for year ended 31st March 2023 in accordance with the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice 2015 (FRS 102).

The Trustees are pleased to confirm that no serious incident has occurred during the last year and that no serious incident has occurred that has not been reported to the Charity Commission.

Recruitment and Appointment of Trustees

During this year Suzanne Stevenson stepped down as trustee after her three-year term. We are grateful to her for her valuable contribution, particularly in the area of fundraising.

When there is the requirement to appoint a trustee, personal contacts and networking are used initially to find suitable candidates. Through this means, Prof. Heather Richardson has very kindly agreed to join the Board of trustees. The trustees are very excited at this appointment, as Heather brings a wealth of experience of hospices and palliative care, not least as the former CEO of St Christopher's Hospice, London. An appointment of a trustee must have the unanimous agreement of the existing trustees. New trustees are briefed on the objects of the Trust and the Memorandum and Articles governing its activities. All new trustees are required to sign a Trustee Declaration and Code of Conduct.

Financial review of the accounting period 1st April 2022 to 31st March 2023

The main activity of the charity was raising funds to support the provision and delivery of palliative care in Kenya. Total income was £162,478 (2022: £232,347). We continue to be generously supported by donations from individuals which amounted to £124,977 including a legacy of £101,041.23, (2021 £155,713). Given the current circumstances we are very grateful for this on-going support and in particular to those many donors giving regularly by direct debit or standing order. The ability to claim Gift Aid on donations makes a significant difference to our income.

Due to the efforts of our fundraiser the charity again secured income from Trusts and Foundations.

HCK has two grant rounds each year when we invite applications from hospices and palliative care units who are members of KEHPCA. The trustees follow a rigorous application criteria process before awarding the grants and due diligence is carried out prior to any disbursement. The first grant round for the year 2022-2023 was April 2022 with the second in October 2022.

Hospice Care Kenya
Annual Report and Financial Statements 2022 – 2023

The UK Aid grant (previously recorded as the DiFD project) finished in December 2022. The grants paid under the FCDO project in the year were £ £20,993.85 (2021: £23,123).

A list of all the grantees is shown at note 6 (page 16) of the financial statements.

Policy on Reserves

The Trustees reviewed the Reserves Policy in the year and decided that in order to mitigate the risk of unforeseen circumstances or unexpected falls in income it is prudent to hold an amount of £18,000 in reserves.

Acknowledgements

We are grateful to the following trusts and organisations who have made welcome donations during the year.

Rhododendron Trust

Paget Charitable Trust

James Tudor Trust

The Bartlett Foundation

Ofenheim Charitable Trust

Michael & Harriet Maunsell Charitable Trust

Austin Bailey Foundation

Rest Harrow Trust

Hawthorne Trust

We appreciate all our donors especially those who faithfully give month by month. This regular income gives a degree of certainty which is so helpful. We also want to record a big 'thank you' to those individuals who donate anonymously. In addition, we are immensely grateful to those individuals and organisations who have given us significant financial support during the year.

R Codling

S Foxall-Smith

M Glover

A Good

N Harms

M Hill

St Mary's Islington

S Hull

J Kay

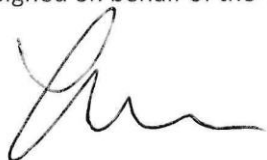
I Mylam

S Newton

H Sansom

A Vernon

Signed on behalf of the Trustees.



Y. Sanders Honorary Treasurer
2023

Hospice Care Kenya
Annual Report and Financial Statements 2022 – 2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF HOSPICE CARE KENYA

My report on the accounts of the Company for the year ended 31 March 2023, which are set out on pages 12 to 17, is in respect of an examination carried out under s.43 of the Charities Act 1993.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's trustees (who are the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act and
- to state whether particular matters have come to my attention

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those set out in the statement below

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respects the requirements
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and to comply with the requirements of the Charities Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



29th June 2023

B C Lloyd FCA
Ashfield, Bradley Lane
Bradley, Stafford
ST18 9DP

Hospice Care Kenya
Annual Report and Financial Statements 2022 – 2023

HOSPICE CARE KENYA Registered Charity 1141469 Company Registration Number 07540244

STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account)
FOR THE YEAR ended 31st March 2023

		Unrestricted	Restricted	TOTAL FUNDS	2022
	<u>Note</u>	£	£	£	£
Income and endowments from					
<i>Donations and Legacies</i>					
Donations		29,623	-	29,623	27,317
Legacy		101,041	-	101,041	155,713
<i>Charitable Activities</i>					
Trust Income		6,800	24,469	31,269	39,942
<i>Other Trading Activities</i>					
Events		-	-	-	9,350
<i>Investment Income</i> – bank interest		1,753	-	1,753	25
Total Income and Endowments		139,217	24,469	163,686	232,347
Expenditure on:					
<i>Raising funds:</i>					
Fund raising costs of grants and donations	3	10,591	-	10,591	8,851
<i>Charitable activities:</i>					
Grants made to Kenya	6	60,961	30,287	91,248	91,171
Other Expenditure	3	24,038	2,118	26,156	15,528
Total resources expended		95,590	32,405	127,995	115,550
Exchange rate variance		-	(1,208)	(1,208)	1,962
Net income being net movement in funds		43,627	(9,144)	34,483	118,759
Reconciliation of funds:					
Total funds brought forward		208,126	6,451	214,577	95,818
Transfer from restricted		(2,693)	2,693	-	-
Total funds carried forward		249,060	-	249,060	214,577

Hospice Care Kenya
Annual Report and Financial Statements 2022 – 2023

HOSPICE CARE KENYA Registered Charity 1141469 Company Registration Number 07540244

BALANCE SHEET 31st March 2023

	<u>Note</u>	2023	2022
		£	£
Current assets			
Debtors and Payments in Advance	4	4,524	697
Cash at Bank		245,020	214,361
		249,544	215,058
Creditors: amounts falling due within one year	5	(484)	(481)
Net current assets		249,060	214,577
Net assets		249,060	214,577
Which represent :-			
Unrestricted Funds			
- General funds		18,000	14,000
- Designated funds		231,060	194,126
Restricted Funds		-	6,451
Total charity funds	7	249,060	214,577

STATEMENT OF CASH FLOWS for the Year Ending 31st March 2023

	£	£
Opening Cash Balance		214,361
<u>Operating Activities</u>		
Receipts from raising funds	156,900	
Gift aid received	5,033	
Increase in debtors	(3827)	
Increase in creditors	3	
Payments made	(36,747)	
Grants paid to Kenya	(91,248)	
Movement from operating activities	30,114	
Investing activities – bank interest	1,753	
Exchange rate variance	(1,208)	
Net movement		30,659
Closing Cash Balance		245,020

For the year ended 31st March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Hospice Care Kenya
Annual Report and Financial Statements 2022 – 2023

For the year ended 31st March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Signed on behalf of the board of directors

These financial statements for the year ended 31st March 2023 as set out on pages 12 to17, were approved by the Trustees on 28th July 2023 and signed on their behalf by



Sally Hull
Chair



Yvonne Sanders
Honorary Treasurer

Hospice Care Kenya
Annual Report and Financial Statements 2022 – 2023

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2023

1. INCORPORATION

The company was incorporated on 23rd February 2011, registered number 07540244, limited by guarantee. It took over the assets and liabilities of the former charity, registered number 1001709 on 1st April 2011. The former charity was de-registered and the company was registered as a new charity, registered number 1141469. The name of the former charity, Hospice Care Kenya, has been retained.

2. ACCOUNTING POLICIES

a. Basis of Accounting

The financial statements have been prepared under the historical cost convention and on the accrual basis. They comply with the Statement of Recommended Practice.

b. Donations and Voluntary Income

All cash income is accounted for at the time of receipt.

c. Gift Aid

The estimated tax refund on Gift Aid donations is accounted for in the year of the receipt of the donations.

3. SUPPORT COSTS

The trust allocates its support costs between those incurred for raising funds and those incurred for carrying out the charitable activities of the trust as shown below.

	Fundraising	Charitable Activities	Total	2022
	£	£	£	£
Bank Charges	34	746	780	934
Fundraising Costs	1,460	-	1,460	1,363
Prof fees & Insurance	-	2,700	2,700	305
Newsletters	538	-	538	624
Office Costs	355	928	1,283	1,175
Travel	73	601	674	35
Staff Costs –Salary & Pension	8,102	21,152	29,254	19,885
Website	29	29	58	58
	10,591	26,156	36,747	24,379

3. DEBTORS

The amount of £4,524 (2022: £697) is the prepayment of insurance, PO box number, NPG & website.

5 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

At the year end the charity had accrued £219 for pension costs (2022: £236), £229 PAYE (2020: £245) and had trade creditors of £361(2022: £0).

Hospice Care Kenya
Annual Report and Financial Statements 2022 – 2023

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2023(Continued)

6. GRANTS MADE TO KENYA

	2023	2022
	£	£
Busia Hospice	7,195	-
Cheptais Hospital	-	3,991
Coast Hospice	-	6,010
Eldoret	2,733	-
Hope for Cancer Kids	4,180	4,024
JM Kariuki Hospital	3,643	-
<u>KEHPCA</u>		
General	7,890	3,758
Safeguarding Training	-	1,454
	-	5,212
Kenya Medical Training College	4,561	3,997
Kendu Adventist Hospital	-	1,894
Kilifi PCU	3,137	1,996
Kitale County Hospital	1,874	-
Kitui PCU	-	1,969
Laikipia Palliative Care Centre	5,016	4,224
Machakos PCU	1,567	2,620
Makindu	-	2,417
Mandera	2,529	-
Malindi PCU	-	8,527
Marsabit County Hospital	-	1,763
Meru Hospice	4,000	2,989
Nairobi Hospice	11,749	7,515
Nakuru Hospice	3,138	-
Nanyuki Cancer Support Group	4,231	2,509
Nyahururu Hospice	-	2,492
Nyeri Hospice	3,291	-
ONPAC	10,630	6,318
Oasis of Hope	1,849	-
Samburu	-	5,027
Siaya Hospice DFIID	5,724	10,688
St Vincent de Paul	2,311	-
Taita Taveta County Hospital	-	4,989
<u>Total Disbursed to Kenya</u>	<u>91,248</u>	<u>91,171</u>

Hospice Care Kenya
Annual Report and Financial Statements 2022 – 2023

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2023(Continued)

No Trustee received remuneration in the year. Due to the Corona Virus only one meeting was held in person incurring a cost of £168 for travel to the meeting by Trustees (2022: £0)

There were no related party transactions

No member of staff has earned more than £60,000 in the year or the previous period.

The aggregate amount of employee benefits for key management personnel was £29,254 (2022 £19,885)

7. MOVEMENT IN FUNDS

	<u>Unrestricted</u>	<u>Designated</u>	<u>Restricted</u>	<u>Total</u>
As at 1 April 2022	14,000	194,126	6,451	214,577
Incoming Funds	-	139,217	24,469	163,686
Total Incoming	14,000	333,343	30,920	378,263
Outgoing Funds	-	(95,590)	(32,405)	(127,995)
Exchange rate losses	-	-	(1,208)	(1,208)
Transfers between Funds	4,000	(6,693)	2,693	-
As at 31 March 2023	18,000	231,060	-	249,060

Previous Year

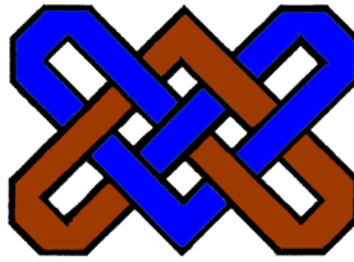
	<u>Unrestricted</u>	<u>Designated</u>	<u>Restricted</u>	<u>Total</u>
As at 1 April 2021	14,000	51,645	30,173	95,818
Incoming Funds	-	203,905	28,442	232,347
Exchange Rate Gains	-	-	1,962	1,962
Total Incoming	14,000	255,550	60,577	330,127
Outgoing Funds	-	(63,202)	(52,348)	(115,550)
Transfers between Funds	-	1,778	(1,778)	-
As at 31 March 2022	14,000	194,126	6,451	214,577

The Trustees reserve policy is to hold £18,000 in reserve in general funds to cover unforeseen circumstances or unexpected falls in income. The remaining funds are designated for grant distribution.

HOSPICE CARE KENYA LIMITED

England & Wales - Charity number 1141469

Accounts



HOSPICE CARE KENYA
ANNUAL REPORT AND
ACCOUNTS
2021 - 22

Company
Charity Number 1141469

Number

07540244

Hospice Care Kenya
Annual Report and Financial Statements 2021 - 2022

Table of Contents

Background.....	3
Objectives and Activities.....	3
Achievement and Performance	4 -11
Structure Governance and Management.....	11
Financial Review.....	11
Policy on Reserves.....	12
Acknowledgements.....	13
Independent Examiner’s Report.....	14
Statement of Financial Activity	15
Balance Sheet.....	16
Statement of Cash Flows	16-17
Notes to the Financial Statement	18 - 20

Hospice Care Kenya
Annual Report and Financial Statements 2021 - 2022

Organisation Details

Patrons

Lord Carey of Clifton
Professor Sir Michael Richards

Mr Michael Wooldridge, OBE

Trustees

Dr Sally Hull, Chair
Mr David Worthington
Dr Michael Hughes
Dr Michael Smalley, Vice Chair
Sarah Onyango
Suzanne Stevenson
Yvonne Sanders Hon. Treasurer
Sharon Maweu (August 21)

Staff

Mrs Pauline Everitt, Director
Mrs Catherine Nelson

Registered Office

Hospice House
34 - 44 Britannia Street
London
WC1X 9JG

Telephone: 01905 936184
Email: hck@hospicecarekenya.com
Web: www.hospicecarekenya.com

Bankers

CAF Bank Ltd,
Kings Hill, West Malling, Kent ME19 4TA

Examining Accountant

B C Lloyd FCA
Ashfield, Bradley Lane, Bradley, Stafford ST18 9DP

Hospice Care Kenya

Annual Report and Financial Statements 2021 - 2022

Background

Hospice Care Kenya (HCK) is a registered UK charity. It was founded in 1991 to support the newly opened Nairobi Hospice, Kenya's first hospice for palliative care. Today there are more than 70 hospices and palliative care services in Kenya, and the Kenyan Government has begun to provide units in regional hospitals.

HCK raises funds in the UK to support the development and delivery of palliative care in Kenya by responding to specific requests for project funding from hospices and other palliative care units.

Objectives and Activities

1. To raise funds and public awareness for:

- The work of the hospices and palliative care units in Kenya. In total there are now 76 hospices or palliative care units in Kenya, including PC units within 30 Government hospitals. These are for the benefit of the residents of Kenya and directed towards the treatment care and counselling of persons who are terminally ill with cancer or other incurable diseases.
- The counselling of their families and close associates.
- The education and the training of those providing or involved with such treatment, care and counselling.

2. To act as an agency for UK grant-making bodies working through charities to support projects overseas.

In setting our programme each year we have regard to both the Charity Commission's general guidance on public benefit and prevention and relief of poverty for the public benefit. The trustees always ensure that the programmes we undertake are in line with our charitable objects and aims.

This year has been one of transition for HCK as the previous Director, of more than seven years, left and a new Director was appointed. HCK is grateful to her, for her dedication and hard work during that time. The charity has also had to respond to, and has risen to, the challenging requirements of the UK Aid grant from the Foreign, Commonwealth and Development Office. However, this has resulted in less time for applications to Trusts for project disbursements. Despite that, we were able to support more hospices and palliative care units than the year before. We continue to work closely with the Kenyan Hospice & Palliative Care Association (KEHPCA).

HCK were saddened by the death this year of our Patron Archbishop Desmond Tutu and we are immensely grateful to him for his support over the years.

Long-standing supporters of HCK, Iain & Gwyn Sloan, organised a fundraising concert in Malvern Priory in February. This was a superb musical evening and was tremendously successful in raising considerable funds for HCK. We are very grateful for all their hard work and dedication in making this such a memorable event after the restrictions of COVID-19.

In the year 2021 - 22 we continued to review our grant making policy and the monitoring processes to ensure that our funds are used effectively to make a real

Hospice Care Kenya
Annual Report and Financial Statements 2021 - 2022

difference to people in Kenya who need palliative care. In carrying out these objectives and planning activities the Trustees have given careful consideration to the Charity Commission's general guidance on public benefit and to the obligations placed upon us by Section 17 of the Charities Act 2011 and confirm that we have complied with the duty placed upon us by the Act.

Achievement and performance

In 2021/22 we helped improve the lives of more than 4,300 people with life-limiting illnesses in Kenya through direct provision of palliative care or through improving access to quality care from trained health

Projects supported in 2021/22

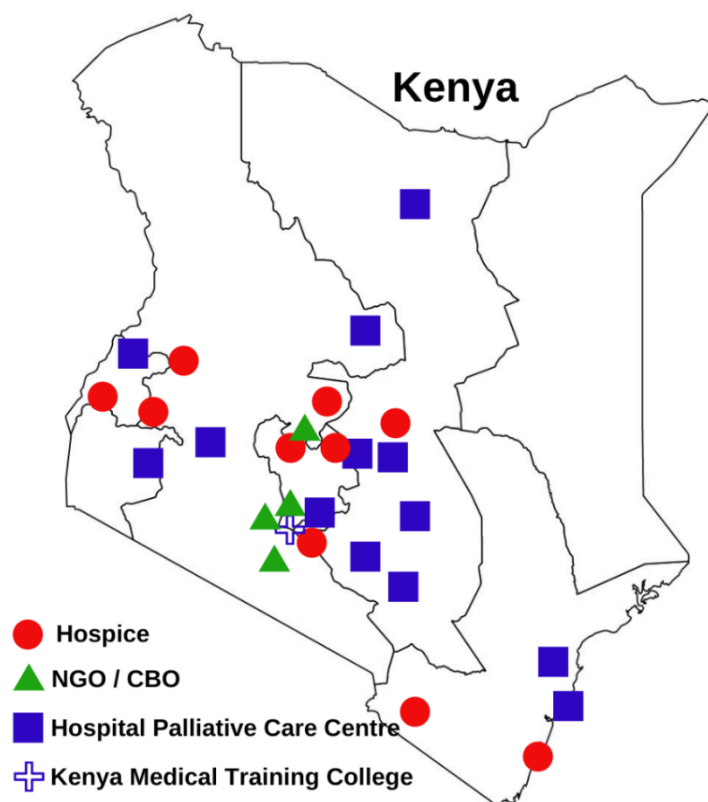
Kenya Medical Training College	Partial sponsorship for Palliative Care Diploma students	£3,997
Kenya Hospice and Palliative Care Association (KEHPCA)	Training palliative care nurse leaders Development of Palliative Care resources	£2,253 £1,505
Nairobi Hospice	Partial sponsorship for Palliative Care Diploma students	£3,979
Hope for Cancer Kids	NHIF premiums for children diagnosed with cancer	£4,024
Taita Taveta Hospice	Training community and primary health workers	£4,989
Meru Hospice	Home visits, support groups, drugs	£2,989
Marsabit County Referral Hospital	Training CHVs	£1,762
Kitui Palliative Care Unit	Home visits, training patient care givers	£1,969
Malindi Palliative Care Unit	Home visits, adult and paediatric support groups Training CHVs, community members and health staff	£4,092 £4,435
Kilifi County Referral Hospital	Training community health workers, awareness, support groups, home visits	£1,996
Machakos Palliative Care Unit	Training community health volunteers	£2,621

Hospice Care Kenya
Annual Report and Financial Statements 2021 - 2022

Cheptais sub-county Hospital	Training community health workers	£3,991
Nyahururu Hospice	Home visits, awareness, drugs and supplies	£2,492
Kendu Adventist Hospital	Training hospital staff	£1,894
Laipikia Hospice	Home visits, drugs and supplies	£4224
Coast Hospice	Training CHVS, day care and home visits	£6,010
Makindu Palliative Care Unit	Training health workers and CHVs	£2,417
Samburu	Training health workers	£5,027
Nanyuki Cancer Support Group	Training Community Awareness Volunteers and supporting their community activity	£2,509
Ongata Ngong Palliative Community Care	UK Aid funded project – developing community-based palliative care	£5,757
Siaya Roselyne Hospice	UK Aid funded project – developing community-based palliative care	£9,624
Nairobi Hospice	UK Aid funded project – developing community-based palliative care	£3,225
Safeguarding training	UK Aid funded project	£1454

Hospice Care Kenya Annual Report and Financial Statements 2021 - 2022

In 2021/22 we supported the development and delivery of palliative care across 21 of Kenya's 47 counties, by supporting 26 hospices, palliative care centres and training programmes.



We supported the training in basic palliative care of 521 Community Health Volunteers across 12 counties, and supported them to provide home-based palliative care to people in their communities

Community health volunteers (CHVs) play a vital role in providing access to home-based palliative care in rural and deprived areas of Kenya. They provide compassionate care and support to families affected by life-limiting illness in their communities, supporting patients with their medication and pain relief, providing counselling and bereavement support, and training family members in home-based care. They also play an important role in raising the low levels of cancer awareness in Kenya.

"Quite a lot of our people have different health issues and I think the training has been great in giving us the opportunity to learn how to take care of our community members who need palliative care. It's all about having passion in what we are going to do. As we go out there let's do it from the bottom of our hearts to support our community members"

Benedine Kipruto, CHV in Illula village, Eldoret. Benedine was one of 34 volunteers who took part in training in palliative care in June 2021 at St Mary's

Hospice Care Kenya **Annual Report and Financial Statements 2021 - 2022**



We helped train 30 CHVs in Machakos County who are now visiting patients and providing home-based care in their communities.

Marsabit County, in Kenya's semi-arid north, covers a vast area where almost a quarter of the population live in extreme poverty. We have helped staff at the newly established Marsabit County Palliative Care Unit to train 52 community health volunteers as well as health workers to bring palliative care closer to home for this dispersed population. Since training the number of people receiving care from the palliative care unit has increased 140% compared with the previous year.



Pictures top: Left -Training taking place in Kajiado West, right - volunteers receive their home based care kits.

Work continued on our project to improve quality of life of people living with life-limiting illness through developing community-led palliative care in Siaya, Kajiado West and Nairobi's slums, with funding from UK Aid from the British Government. 168 community health volunteers were trained across the three counties. Training covered all aspects of providing home-based care including counselling and emotional support to patients and their families. The training also covered how to recognise and raise awareness of common cancers affecting women. Trained volunteers were equipped with a simple home-based care kit containing PPE, log-book, referral forms, and non-pharmaceutical medical items to enable volunteers to provide care in the homes of their patients.

Hospice Care Kenya **Annual Report and Financial Statements 2021 - 2022**

We supported 646 general health professionals from government hospitals to participate in short courses in palliative care and provided partial sponsorship for 18 nurses to study an 18-month Higher National Diploma in Palliative Care Nursing.

We helped train staff from across the health workforce including hospital staff, rural health workers and community-based health staff. An increased number of health workers with knowledge and skills in palliative care increases access to essential care for patients and helps to facilitate referrals into and out of palliative care services for patients in need. We know this works; our results show that a November 2020 training project contributed to a significant increase in referrals and patients receiving palliative care at Homa Bay PCU, with 251 patients under care in the year before the grant versus 438 patients in the last year since the training project, a 75% increase in utilisation over the year with the increased numbers coming mainly from the sub-counties which participated in the training.

“Many nurses and clinicians who had never heard of palliative care or had no idea how they could administer palliative treatment are now recognizing its role in all tenants of care in our institution. Thanks again for the training support. It has made a world of difference.”

Denny Hong, Co-ordinator at Kendu Adventist Hospital where we supported the training of 36 health workers from across hospital departments.

During the year we supported an initiative by Kenya Hospice and Palliative Care Association (KEHPCA) to train eight palliative care nurses as Nurse Leaders. The selected nurses, from hospices and palliative care centres across Kenya, received regular training and support in leadership and teaching skills, after which the nurses were supported to plan, organise and facilitate a 1-day workshop in their local workplace reaching a further 192 health care workers.



Nurse Leader, Mildred Agnes Wacchah, facilitates a workshop on palliative care, pain assessment and pain management for nurses, nursing students and clinical officers at Kenyatta National Hospital.

Hospice Care Kenya **Annual Report and Financial Statements 2021 - 2022**

Home-based care of house-bound and isolated patients was supported from 14 hospices, providing access to palliative care across large areas of 12 counties and reaching over 1,630 patients and their families

During 2021/22 home visits by hospice nurses remained vital in reaching patients made vulnerable to Covid-19 by a life-limiting condition. Our support to this activity became even more crucial towards the end of the financial year as rising fuel prices increased the cost of making essential home visits.



"I have been bedridden for 5 years. I cannot sit upright or stand but the nurses from Meru Hospice have never abandoned me. They kept visiting me and delivering my medicine. I always feel honoured when they come. I am very grateful to them for their home care services".

Photo left: Francis Mungania, patient of Meru Hospice

In addition to providing care to patients, home visits are an opportunity to support family members with counselling, bereavement support and to provide training in how to provide daily care for their loved one in the home, essential for continuity of care between hospice visits. Over 2,800 family members and carers benefitted from this support.



Photos left to right: Nurse Sophie administers morphine to a patient with cervical cancer during a home visit; A home visits from Coast Hospice in Mombasa; Kitui County PCU nurse visiting a patient at home.

We supported 5 centres to run regular support groups and day care sessions, reaching over 458 patients and their carers

Hospice day-care sessions and support groups provide an opportunity to bring together patients, their families and carers, for peer support, counselling and information sharing. Patients are invited to monthly meetings to meet, support and encourage each other by sharing their stories. This is also an opportunity for nurses to train patients to better manage their condition and keep as healthy as possible.

Hospice Care Kenya Annual Report and Financial Statements 2021 - 2022



Photos above: Left - Monthly day-care taking place at Coast Hospice; right - oesophageal cancer survivor, Jane Kinyua, shares her journey at a meeting of Nanyuki Cancer Support Group meeting.



We supported a new paediatric day-care group at Malindi Palliative Care Unit (photo left) where 32 children and their parents and carers received support with the many challenges of caring for a child with palliative care needs. In Kenya access to palliative care is very limited among children with less than 5% of paediatric patients having access. With so many children and their families going without specialist care, our support to this initiative is vital.

Over 40,000 people in the community were reached with information and advice on cancer and palliative care

We are raising awareness of cancer to help patients get diagnosed sooner and treated earlier, and raising awareness of palliative care and the services available to ensure that those who could benefit are reached with care. This work also involves empowering and gaining the support of community leaders and 'gatekeepers' is vital in ensuring the sustainability of our work. As part of our UK Aid project, we are regularly meeting with community leaders to increase their knowledge on cancers affecting women and palliative care services; knowledge they then share with others.

Trained community awareness volunteers in Laikipia County have worked hard to carry out community meetings and awareness/screening events with our support. Laikipia Hospice reports that 60% of newly registered patients at the hospice in the last year were diagnosed with early-stage cancer versus the national statistic of 80% of new cancer cases being diagnosed in the late stages, an achievement they attribute to the awareness programme.

Hospice Care Kenya Annual Report and Financial Statements 2021 - 2022



Photos above: Cancer awareness volunteers from Nanyuki Cancer Support Group in Laikipia (left) discuss breast cancer with women at a World Cancer Day event in and, Pauline Mbugua (right) talks to a group of women from Nanyuki Catholic Womens' Association about cervical screening at an event in January.

Safeguarding children and vulnerable adults

To deepen our commitment to safeguarding and ensure that safeguarding policy and practice is in place at every level of our operations, we organised a training course to which project partners were invited. The course took place in February with 22 participants representing 16 partner organisations. Participants were encouraged to work as 'safeguarding champions' in their place of work to raise awareness amongst other staff and implement safeguarding policies.

"The training was well organised and educative. I now intend to develop safeguarding within the community where I work to protect the vulnerable; training the community health workers. We also need to educate our local leaders so they will have an understanding. It may be difficulty at first due to the culture but I believe working closely with community leaders we can do it"

Training participant feedback

Structure, Governance and Management

Hospice Care Kenya Ltd is a company limited by guarantee, company number 07540244 and is registered in England as a charity, registration number 1141469. The Company was incorporated on 23rd February 2011 and is governed by its Memorandum and Articles of Association of the same date. On 1st April 2011 the Company took over the assets and liabilities of the former charity, Hospice Care Kenya, charity registration number 1001709. The Company is managed by a Board of unpaid Trustees, who act both as Directors of the Company for the purposes of the Companies Act 2006 and Trustees of the Charity for the purposes of the Charities Act 2011. All the activities of the Charity are classed as continuing. The Trustees have pleasure in presenting their report and the independently-examined financial statements of the Company for year ended 31st March 2022 in accordance with the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice 2015 (FRS 102).

Recruitment and Appointment of Trustees

When there is the requirement to appoint a trustee, personal contacts and networking are used initially to find suitable candidates. This year we were unsuccessful in finding new trustees through these means and so we advertised for potential trustees to fill identified skills gaps and a new trustee was appointed. The appointment of a trustee must have the unanimous agreement of the existing trustees. New trustees are briefed on the objects of the Trust and the Memorandum and Articles governing its activities. All new Trustees are required to sign a Trustee Declaration and Code of Conduct.

Financial review of the accounting period 1st April 2021 to 31st March 2022

The main activity of the charity was raising funds to support the provision and delivery of palliative care in Kenya. Total income was £232,347 (2021: £134,721). We continue to be generously supported by donations from individuals which amounted to £183,030 including a legacy of £155,713 (2021 £21,250). Given the current circumstances we are very grateful for this on-going support and in particular to those many donors giving regularly by direct debit or standing order.

Due to the efforts of our fundraiser the charity again secured income from Trusts and Foundations.

Our supporters continued to be restricted by Coronavirus, from undertaking any fundraising events on our behalf this year, so we were extremely thankful that the Malvern Concert was possible.

Our first grant round for the year 2021-2022 was moved to April 2021 with the second in October 2021. We are carrying forward funds designated for grants of £194,126 (2021 £51,645). Grants paid under the FCDO project in the year were £23,122.79 (2021: £46,388) and a full list of the grantees is shown at note 6 (page 20) of the financial statements.

Policy on Reserves

Hospice Care Kenya **Annual Report and Financial Statements 2021 - 2022**

The Trustees reviewed the Reserves Policy in the year and decided that in order to mitigate the risk of unforeseen circumstances or unexpected falls in income it is prudent to hold an amount of £14,000 in reserves. Funds over this amount will be held in a designated reserve from which grants will be paid.

Hospice Care Kenya **Annual Report and Financial Statements 2021 – 2022**

Acknowledgements

We are grateful to the following trusts and organisations who have made welcome donations

Ofenheim Charitable Trust	Michael and Harriet Maunsell Charitable Trust
Hawthorne Charitable Trust	Oakdale Trust
Arimathea Trust	Cumber Family Charitable Trust
Ashworth Trust	Pat Newman Memorial Trust

The charity is grateful to those individuals and organisations who have given us significant financial support during the year either through personal donations or through raising funds on our behalf as Friends of Hospice Care Kenya:

I & G Sloan	S Newton
M Glover	A Good
S Hull	R Codling
C Ritchie	B C Lloyd
I Mylam	N. Harms
Malvern College	St Mary's, Islington

Signed on behalf of the trustees



Y Sanders Honorary Treasurer
2022

Hospice Care Kenya
Annual Report and Financial Statements 2021 - 2022

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF HOSPICE CARE KENYA

My report on the accounts of the Company for the year ended 31 March 2022, which are set out on pages 13 to 18, is in respect of an examination carried out under s.43 of the Charities Act 1993.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's trustees (who are the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act and
- to state whether particular matters have come to my attention

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those set out in the statement below

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respects the requirements
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and to comply with the requirements of the Charities Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



21st May 2022

B C Lloyd FCA
Ashfield, Bradley Lane
Bradley, Stafford
ST18 9DP

Hospice Care Kenya
Annual Report and Financial Statements 2021 - 2022

**HOSPICE CARE KENYA Registered Charity 1141469 Company Registration
Number 07540244**

**STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure
Account)**
FOR THE YEAR ended 31st March 2022

	Not e	Unrestr icted £	Restrict ed £	TOTAL FUNDS £	2021 £
Income and endowments from Donations and Legacies					
Donations		27,317	-	27,317	69,158
Legacy		155,713	-	155,713	21,250
Charitable Activities					
Trust Income		11,500	28,442	39,942	42,095
Other Trading Activities					
Events		9,350	-	9,350	2,106
Sale of Goods		-	-	-	100
Investment Income - bank interest		25	-	25	12
Total Income and Endowments		203,905	28,442	232,347	134,721
Expenditure on:					
Raising funds:					
Fund raising costs of grants and donations	3	8,851	-	8,851	8,841
Charitable activities:					
Grants made to Kenya	6	38,823	52,348	91,171	46,388
Other Expenditure	3	15,528	-	15,528	10,785
Total resources expended		63,202	52,348	115,550	66,014
Exchange rate variance		-	1,962	1,962	2,230
Net income being net movement in funds		140,703	(21,944)	118,759	71,027
Transfer between funds		1,778	(1,778)		
Reconciliation of funds:					
Total funds brought forward		65,645	30,173	95,818	24,791
Total funds carried forward		208,126	6,451	214,577	95,818

Hospice Care Kenya
Annual Report and Financial Statements 2021 - 2022

HOSPICE CARE KENYA Registered Charity 1141469 Company Registration
Number 07540244

BALANCE SHEET 31st March 2022

	<u>Not</u>	2022	2021
	<u>e</u>	£	£
Current assets			
Debtors and Payments in Advance	4	697	295
Cash at Bank		214,361	95,783
		215,058	96,078
Creditors: amounts falling due within one year	5	(481)	(260)
		214,577	95,818
Net assets		214,577	95,818
Which represent :-			
Unrestricted Funds			
- General funds		14,000	14,000
- Designated funds		194,126	51,645
Restricted Funds		6,451	30,173

STATEMENT OF CASH FLOWS for the Year Ending 31st March 2022

	£	£
Opening Cash Balance		95,783
<u>Operating Activities</u>		
Receipts from raising funds	228,016	
Gift aid received	4,306	
Payments made	(24,379)	
Increase in Prepayments	(402)	
Increase in Creditors	221	
Grants paid to Kenya	(91,171)	
Movement from operating activities	116,591	
Investing activities – bank interest	25	
Exchange rate variance	1,962	
Net movement		118,578
Closing Cash Balance		214,361

Hospice Care Kenya
Annual Report and Financial Statements 2021 – 2022

For the year ended 31st March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

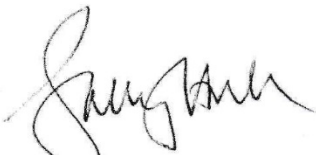
The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Signed on behalf of the board of directors

These financial statements for the year ended 31st March 2022 as set out on pages 13 to 18, were approved by the Trustees on 29th July 2022 and signed on their behalf by



Sally Hull
Chair



Yvonne Sanders
Honorary Treasurer

Hospice Care Kenya

Annual Report and Financial Statements 2021 - 2022

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2022

1. INCORPORATION

The company was incorporated on 23rd February 2011, registered number 07540244, limited by guarantee. It took over the assets and liabilities of the former charity, registered number 1001709 on 1st April 2011. The former charity was de-registered and the company was registered as a new charity, registered number 1141469. The name of the former charity, Hospice Care Kenya, has been retained.

2. ACCOUNTING POLICIES

a. Basis of Accounting

The financial statements have been prepared under the historical cost convention and on the accrual basis. They comply with the Statement of Recommended Practice.

b. Donations and Voluntary Income

All cash income is accounted for at the time of receipt.

c. Gift Aid

The estimated tax refund on Gift Aid donations is accounted for in the year of the receipt of the donations.

3. SUPPORT COSTS

The trust allocates its support costs between those incurred for raising funds and those incurred for carrying out the charitable activities of the trust as shown below.

	Fundrai sing	Charita ble Activiti es	Total	2021
	£	£	£	£
Bank Charges	110	824	934	471
Fundraising Costs	1,363	-	1,363	2,001
Prof fees & Insurance	-	305	305	62
Newsletters	624	-	624	614
Office Costs	440	735	1,175	764
Travel	35	-	35	-
Staff Costs - Salary & Pension	6,250	13,635	19,885	15,655
Website	29	29	58	57
	8,851	15,528	24,379	19,624

4. DEBTORS

The amount of £697 (2020: £295) is the tax refund due calculated on Gift Aid still to claim and prepayment of insurance and two PO box numbers.

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

At the year end the charity had accrued £236 for pension costs (2021: £124), £245 PAYE (2020: £82) and had trade creditors of Nil (2020: £54).

Hospice Care Kenya
Annual Report and Financial Statements 2021 - 2022

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2022

(Continued)

6. GRANTS MADE TO KENYA

	2022	2021
	£	£
Cheptais Hospital	3,991	2,447
Coast Hospice	6,010	1,954
Homa Bay	-	1,690
Hope for Cancer Kids	4,024	-
<u>KEHPCA</u>		
General	3,758	4,892
Safeguarding Training	1,454	-
	<u>5,212</u>	
Kenya Medical Training College	3,997	2,233
Kendu Adventist Hospital	1,894	-
Kilifi PCU	1,996	-
Kitui PCU	1,969	-
Laikipia Palliative Care Centre	4,224	-
Machakos PCU	2,620	-
Makindu	2,417	-
Malindi PCU	8,527	3,913
Marsabit County Hospital	1,763	-
Meru Hospice	2,989	-
Nairobi Hospice	7,515	4,526
Nanyuki Cancer Support Group	2,509	2,251
Nyahururu Hospice	2,492	-
Nyeri Hospice	-	2,429
ONPAC	6,318	5,389
Samburu	5,027	-
Siaya Hospice	10,688	7,574
St Mary's Medical Centre	-	2,932
Taita Taveta County Hospital	4,989	2,440
Wamba PCU	-	1,718
<u>Total Disbursed to Kenya</u>	<u>91,171</u>	<u>46,388</u>

Hospice Care Kenya

Annual Report and Financial Statements 2021 - 2022

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2022 **(Continued)**

No Trustee received remuneration in the year. Due to the Corona Virus no costs for travel to meetings was incurred by Trustees (2021: £0)

There were no related party transactions

No member of staff has earned more than £60,000 in the year or the previous period.

The aggregate amount of employee benefits for key management personnel was £19,885 (2021: £15,655)

7. MOVEMENT IN FUNDS

	<u>Unrestricted</u>	<u>Designated</u>	<u>Restricted</u>	<u>Total</u>
As at 1 April 2021	14,000	51,645	30,173	95,818
Incoming Funds	-	203,905	28,442	232,347
Exchange Rate Gains			1,962	1,962
Total Incoming	14,000	255,550	60,577	330,127
Outgoing Funds	-	(63,202)	(52,348)	(115,550)
Transfers between Funds	-	1,778	(1,778)	-
As at 31 March 2022	14,000	194,126	6,451	214,577

Previous Year

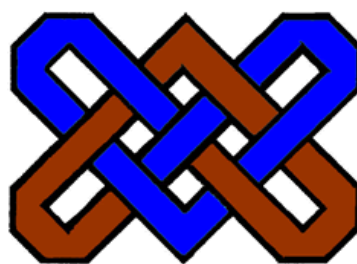
	<u>Unrestricted</u>	<u>Designated</u>	<u>Restricted</u>	<u>Total</u>
As at 1 April 2021	14,000	10,791	-	24,791
Incoming Funds	-	69,034	65,687	134,721
	14,000	79,825	65,687	159,512
Outgoing Funds	-	(29,988)	(36,026)	(66,014)
Exchange Rate Variance	-	-	2,320	2,320
Transfers between Funds	-	1,808	(1,808)	-
As at 31 March 2022	14,000	51,645	30,173	95,818

The Trustees reserve policy is to hold £14,000 in reserve in general funds to cover unforeseen circumstances or unexpected falls in income. The remaining funds are designated for grant distribution.

HOSPICE CARE KENYA LIMITED

England & Wales - Charity number 1141469

Accounts



HOSPICE CARE KENYA
ANNUAL REPORT AND ACCOUNTS
2020 - 21

Hospice Care Kenya
Annual Report and Financial Statements 2020 - 2021

Table of Contents

Background.....	3
Objectives and Activities	3
Achievement and Performance	4 -9
Structure Governance and Management	10
Financial Review.....	10
Policy on Reserves.....	11
Acknowledgements.....	11
Independent Examiner’s Report	12
Statement of Financial Activity	13
Balance Sheet.....	14
Statement of Cash Flows	14
Notes to the Financial Statement	15 - 18

Organisation Details

Patrons

Lord Carey of Clifton
Professor Sir Michael Richards

Archbishop Desmond Tutu
Mr Michael Wooldridge, OBE

Trustees

Dr Sally Hull, Chair
Mr David Worthington
Dr Michael Hughes
Dr Michael Smalley, Vice Chair
Sarah Onyango
Suzanne Stevenson
Yvonne Sanders Hon. Treasurer

Staff

Mrs Lee Barker, Director
Mrs Catherine Nelson

Registered Office

Hospice House
34 – 44 Britannia Street
London
WC1X 9JG

Telephone: 01723 890283
Email: hck@hospicecarekenya.com
Web: www.hospicecarekenya.com

Bankers

CAF Bank Ltd,
Kings Hill, West Malling, Kent ME19 4TA

Examining Accountant

B C Lloyd FCA
Ashfield, Bradley Lane, Bradley, Stafford ST18 9DP

Background

Hospice Care Kenya (HCK) is a registered UK charity. It was founded in 1991 to support the newly-opened Nairobi Hospice, Kenya's first hospice for palliative care. Today there are more than 70 hospices and palliative care services in Kenya, and the Kenyan Government has begun to provide units in regional hospitals.

HCK raises funds in the UK to support the development and delivery of palliative care in Kenya by responding to specific requests for funding from hospices and other palliative care units.

Objectives and Activities

1. To raise funds and public awareness for:

- The work of the hospices and palliative care units in Kenya. In total there are now 72 hospices or palliative care units in Kenya, including PC units within 30 Government hospitals. These are for the benefit of the residents of Kenya and directed towards the treatment care and counselling of persons who are terminally ill with cancer or other incurable diseases;
- The counselling of their families and close associates;
- The education and the training of those providing or involved with such treatment, care and counselling.

2. To act as an agency for UK grant-making bodies working through charities to support projects overseas.

In setting our programme each year we have regard to both the Charity Commission's general guidance on public benefit and prevention and relief of poverty for the public benefit. The trustees always ensure that the programmes we undertake are in line with our charitable objects and aims.

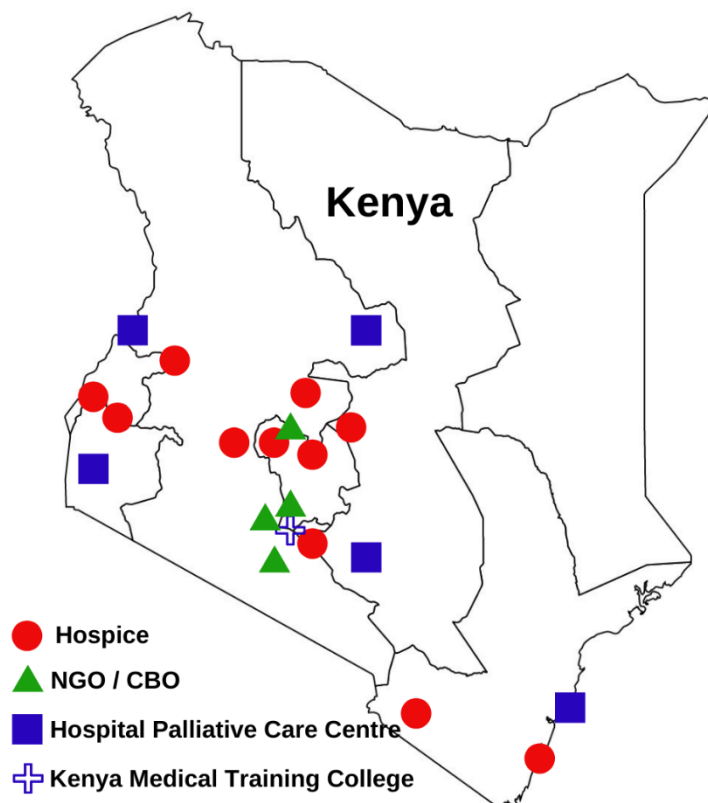
In the year 2020 - 21 we continued to review our grant making policy and the monitoring processes to ensure that our funds are used effectively to make a difference to people in Kenya who need palliative care.

In carrying out these objectives and planning activities the Trustees have given careful consideration to the Charity Commission's general guidance on public benefit and to the obligations placed upon us by Section 17 of the Charities Act 2011 and confirm that we have complied with the duty placed upon us by the Act.

Achievement and performance

We have been immensely gratified that even during the corona virus pandemic this year supporters were still generously giving to support projects in Kenya. We have been liaising closely with partners in Kenya and although some projects were deferred or delayed as detailed below most partners are now managing to provide services with added precautions and use of PPE. We have therefore not been greatly impacted by the pandemic and believe that most planned activities will be able to be delivered in the coming year.

In 2020/2021 we supported the development and delivery of palliative care across 17 of Kenya's 47 counties, by supporting 21 hospices, palliative care centres and training programmes.



We supported 414 Community Health Volunteers across 11 counties with training and to provide home-based palliative care to patients in their communities.

During 2020/21 the Covid-19 pandemic made life even more difficult for people in Kenya who live with cancer and depend on palliative care services. Lockdown travel restrictions prevented many patients from reaching a hospice and many reported being afraid or leaving their homes. The work of community health volunteers, who could easily reach out to patients in their communities, provide them with palliative care and teach them how to protect their fragile health from coronavirus, became even more vital.

Several planned training sessions were postponed during the first half of the year as a consequence of Covid-19 restrictions on movement and gatherings in Kenya, however training resumed with social distancing measures in place towards the end of 2020. Covid-19 awareness and prevention measures,

Hospice Care Kenya
Annual Report and Financial Statements 2020 - 2021

including use of personal protective equipment and how to care for vulnerable patients safely within the context of Covid-19, was incorporated into the training.

In Nakuru County we supported the training of 76 community health volunteers from 5 rural sub-counties. To enhance the referral system in the county and strengthen support for the community health volunteers, nurses trained in February 2019 were engaged in leading the training sessions. The training was well received as despite regularly caring for cancer patients the volunteers had no previous palliative care training and hadn't heard of the hospice.



Community Health Volunteers training at Nakuru Hospice in February 2021

The first set of 20 Community Health volunteers, trained under our project funded with UK aid from the UK government, were trained in Uhembo, Siaya County in March 2021. The volunteers were issued with home-based care kits, providing them with essential supplies to enable them to provide palliative care in their communities.



Community Health Volunteers training in Uhembo, Siaya County, in March 2021

In addition, in May 2020 we supported a group of 16 previously trained community health volunteers from Nanyuki to participate in training on Covid-19 awareness. They went on to work within the Ministry of Health Covid-19 awareness programme.

Anitah, Nanyuki Community Awareness Volunteer:

"The training was of great help and an eye opener for me. I got to understand clearly why we are wearing masks, social distancing, washing hands, staying home and avoiding crowded places. I have managed to talk to many people on how to stay safe by putting these measures into action."

Lucy, Nanyuki Community Awareness Volunteer:

"I have been on the ground educating people whom I meet to wear a mask and to wear it properly. I tell them how important it is and have been doing this to every person I meet".

To further enable the work of volunteers we supported 30 community health volunteers working in remote Maasai communities of Kajiado County with the provision of face masks and mobile phone credit for patient follow up and to provide regular support and advice to the volunteers.

We supported 228 general health professionals from government hospitals to participate in short courses in palliative care

An increased number of health workers with knowledge and skills in palliative care increases access to essential care for patients and helps to facilitate referrals into and out of palliative care services for patients in need. Training this year has also focussed on Covid-19 prevention and how to manage patients safely.

We supported our partner, Kenya Hospice and Palliative Care Association, to train a group of 20 community health assistants in Olkalou, Nyandarua County, as trainers in palliative care. Through this new model of 'Training for Trainers' we hope that these Ministry of Health Community Health Assistants will go on to provide further training and support to the community health volunteers across the county. We will follow up the impact of this initiative over the next year. The trained community health assistants have already organised and engaged community health volunteers in joint community awareness events on early breast and cervical cancer screening.

We provided partial sponsorship for 35 health professionals to study an 18-month Higher National Diploma in Palliative Care Nursing.

The delivery of the Diploma course at Kenya Medical Training College (KMTC) has been a challenge this year due to the Covid-19 pandemic. During most of 2020, KMTC was closed and the course was delivered online. The transition to online learning was a success, however some students noted it brought new challenges such as poor internet connection and a lack of opportunity for interaction with other students. We supported all students enrolled on the KMTC diploma course with a small contribution towards their course fees. The 13 students enrolled in September 2019 are due to graduate in summer 2021, and the September 2020 intake of 18 students is progressing well.

"I Penninah Mutua, appreciate my course of higher diploma in palliative care at KMTC Nairobi. I have learned and acquired a lot of knowledge and skills about palliative care to both patients and careers. Have also learned and understood all what is palliative care is about and not like before."

Feedback shared from KMTC about former diploma students sponsored by Hospice Care Kenya back to 2014 shows that many have gone on to work as nurse managers of palliative care units across Kenya.

Hospice Care Kenya
Annual Report and Financial Statements 2020 - 2021

We have also supported 4 students working as nurses in independent hospices with 50% sponsorship towards their fees for a Diploma in Palliative Care nursing at Nairobi Hospice. The students have passed their first two theory blocks and are due to graduate in July 2021.

Home based care of house-bound and isolated patients was supported from 16 hospices, providing access to palliative care across large areas of 15 counties. Hospice nurses carried out over home visits reaching 1,052 patients and their families.

In early 2020 Covid-19 caused home visits to be temporarily suspended whilst our hospice partners adapted their procedures to be Covid safe and obtained PPE. The Covid-19 pandemic posed a serious threat to those made vulnerable by a life-limiting condition. Many patients do not have the knowledge or means to protect themselves and fear making the journey to a hospice or palliative care centre to access care, leaving them extremely isolated and lacking the care and pain medication they require. Our support to home visits became even more vital.

Our support to home visits from Malindi Palliative Care unit meant their service utilisation increased by 20% despite Covid-19. An increased number of clients were managed effectively for symptoms and pain, especially those with moderate to severe pain, evidenced by a 35% increase in morphine and analgesics consumption.



Home visits from nurses of Busia Hospice (left), Malindi Palliative Care Unit (centre) and Meru Hospice (right)

We supported 3 centres to run regular support groups and day care sessions, reaching over 185 patients

This year socially distanced support group meetings have been an immense source of encouragement and support for many patients. Patients are invited to monthly meetings to meet others and share their stories. This was an opportunity for nurses to train patients to better manage their condition and keep as healthy as possible. Crucially, patients were provided with face masks and trained how to protect themselves from Covid-19 through social distancing and regular hand washing.

“Day care gives patients an opportunity to challenge each other as a means of building self-esteem and reducing destructive responses due to their conditions.”

Elijah Musau, Head of Machakos Palliative Care Unit

“Thank you for giving us this knowledge. We have suffered a great deal in the community since we didn’t know our rights.”

A Machakos patient talking about a session on legal issues and will writing

Patients at Machakos PCU day care

“When I was diagnosed with breast cancer I used to hate myself and wondered why I was living, but the day I heard others share their stories, my thoughts changed and I now see better days ahead”

A Machakos PCU support group member shares her story



Socially distanced support group meeting at Malindi PCU. Nurse Sophie told us that *“even the very sick attend as they are hungry for knowledge”*.



Renovations of Siaya Roselyne Hospice

We helped Siaya Roselyne Hospice make some minor renovations to the hospice building. The hospice underwent a full repaint and plumbing repairs, including new sinks, toilets and gutters. New screens and patient couches were also installed. The hospice is now a more welcoming and comfortable space for patients.

Siaya Hospice nurse and co-ordinator, Elizabeth Odalo, told us;

“The Hospice was in bad shape as since it was built in 2010 no maintenance had been done. There were breakages to sinks, toilets and doors which needed to be repaired. The furniture had become torn

Hospice Care Kenya
Annual Report and Financial Statements 2020 - 2021

and broken. The hospital donated three beds but no mattresses. We needed the mattresses because sometimes we are overwhelmed by patients who can't sit but need to lie down.

The Hospice is now very beautiful, the toilets are comfortably usable and the sinks are perfect. Thank you very much Hospice Care Kenya for the continued support."



We helped 120 children with cancer to receive curative chemotherapy and treatment for free

Working with Kenyan partner organisation Hope for Cancer Kids, we contributed to the cost of national health insurance premiums for 120 children from the poorest families, entitling them to free cancer treatment.

"Were it not for financial intervention of H4CK my son would have been no more since I could not afford such treatment."

Mulwani Asibigo Omungu, father of Derrick who was diagnosed with Acute Lymphoblastic Leukaemia

New funding partnerships

This year we announced our new project funded with UK aid from the UK government, after passing a rigorous due diligence assessment. In partnership with Ongata Ngong Palliative Community Care, Nairobi Hospice and Siaya Roselyne Hospice, the project which started in January 2021 will improve the lives of people affected by cancer and life-limiting illness through the development of community-based palliative care in Siaya, Kajiado and Nairobi counties. Over the next two years we will train 225 community health volunteers, support them to raise awareness of cancer with a focus on cancers affecting women, and train them to provide life-changing home-based palliative care.

In June 2020, BBC Radio 4 broadcast an enormously successful appeal on our behalf. Presented by BBC broadcaster and Hospice Care Kenya patron, Mike Wooldridge OBE, our appeal raised an incredible £31,793 to train and support community health volunteers who will provide compassionate palliative care across Kenya.

The lives of more than 3,000 people with life-limiting illnesses were improved through direct provision of palliative care or through accessing quality care from trained health workers.

Structure, Governance and Management

Hospice Care Kenya Ltd is a company limited by guarantee, company number 07540244 and is registered in England as a charity, registration number 1141469. The Company was incorporated on 23rd February 2011 and is governed by its Memorandum and Articles of Association of the same date. On 1st April 2011 the Company took over the assets and liabilities of the former charity, Hospice Care Kenya, charity registration number 1001709. The Company is managed by a Board of unpaid Trustees, who act both as Directors of the Company for the purposes of the Companies Act 2006 and Trustees of the Charity for the purposes of the Charities Act 2011. All of the activities of the Charity are classed as continuing. The Trustees have pleasure in presenting their report and the independently-examined financial statements of the Company for year ended 31st March 2021 in accordance with the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice 2015 (FRS 102).

Recruitment and Appointment of Trustees

When there is the requirement to appoint a trustee personal contacts and networking are used first of all to find suitable candidates. This year we were unsuccessful in finding new trustees through these means and so we advertised for potential trustees to fill identified skills gaps. The appointments will be made in the next year. The appointment of a trustee has to have the unanimous agreement of the existing trustees. New trustees are briefed on the objects of the Trust and the Memorandum and Articles governing its activities. All new Trustees are required to sign a Trustee Declaration and Code of Conduct.

Financial review of the accounting period 1st April 2020 to 31st March 2021

The main activity of the charity was raising funds to support the provision and delivery of palliative care in Kenya. Total income was £134,721 (2020 £55,124). We are supported generously by donations from individuals which this year included a successful appeal on BBC Radio Four. Donations amounted to £69,158 including a legacy of £21,250 (2020 £1,000). Given the current circumstances we are very grateful for this continued support and in particular to those many donors giving regularly by standing order.

Due to the efforts of our fundraiser the charity again secured income from Trusts and Foundations including a successful application for a two year Small Charities Challenge Fund grant from the Foreign, Commonwealth and Development Office which started towards the end of the year. In total we were grateful to receive £42,095 (2020 £24,300) in the year.

During the current Corona virus crises our supporters were unable to undertake any fundraising events on our behalf. We did receive £2,106 in celebration of Liz Salmon's 90th birthday. (2020 £805)

During the year we reviewed our grant giving policy and timetable and the February grant round has been moved to April. We are carrying forward funds designated. for grants of £51,645 (2020 £10,791). Including the first quarter grants paid under the FCDO project grants made in the year were at £46,388 (2020: £32,591) and a full list of the grantees is shown at note 6 (page 17) of the financial statements.

Policy on Reserves

The Trustees reviewed the Reserves Policy in the year and decided that in order to mitigate the risk of unforeseen circumstances or unexpected falls in income it is prudent to hold an amount of £14,000 in reserves. Funds over this amount will be held in a designated reserve from which grants will be paid.

Acknowledgements

The following trusts and organisations have made welcome donations

Ofenheim Charitable Trust	Michael and Harriet Maunsell Charitable Trust
Hawthorne Charitable Trust	Willoughby-Thompson Trust
Arimathea Trust	Souter Trust
Paget Trust	Sir H and Lady Huntington-Whitely Charitable Trust
ARCAID	Mildenhall Charitable Trust
Beatrice Laing Trust	Rhododendron Trust
Fulmer Trust	Rest Harrow Trust

The charity is grateful to those individuals and organisations who have given us significant financial support during the year either through personal donations or raising funds on our behalf as Friends of Hospice Care Kenya:

E Salmon our ex Chair who sadly died this year.

I & G Sloan	S Newton
M Glover	A Good
S Hull	R Codling
C Ritchie	B C Lloyd
I Mylam	C Norton

Signed on behalf of the trustees

Y Sanders Honorary Treasurer
23rd April 2021

Hospice Care Kenya
Annual Report and Financial Statements 2020 - 2021

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF HOSPICE CARE KENYA

My report on the accounts of the Company for the year ended 31 March 2021, which are set out on pages 13 to 18, is in respect of an examination carried out under s.43 of the Charities Act 1993.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The charity's trustees (who are the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act and
- to state whether particular matters have come to my attention

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those set out in the statement below

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respects the requirements
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and to comply with the requirements of the Charities Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



18th April 2021

B C Lloyd FCA
Ashfield, Bradley Lane
Bradley, Stafford
ST18 9DP

Hospice Care Kenya
Annual Report and Financial Statements 2020 - 2021

HOSPICE CARE KENYA Registered Charity 1141469 Company Registration Number 07540244

STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account)
FOR THE YEAR ended 31st March 2021

	<u>Note</u>	Unrestricted £	Restricted £	TOTAL FUNDS £	2020 £
Income and endowments from					
<i>Donations and Legacies</i>					
Donations		37,366	31,792	69,158	28,363
Legacy		21,250	-	21,250	1,000
<i>Charitable Activities</i>					
Trust Income		8,200	33,895	42,095	24,300
<i>Other Trading Activities</i>					
Events		2,106	-	2,106	805
Sale of Goods		100	-	100	610
<i>Investment Income</i> – bank interest		12	-	12	46
Total Income and Endowments		69,034	65,687	134,721	55,124
Expenditure on:					
<i>Raising funds:</i>					
Fund raising costs of grants and donations	3	8,841	-	8,841	7,857
<i>Charitable activities:</i>					
Grants made to Kenya	6	10,362	36,026	46,388	32,591
Other Expenditure	3	10,785	-	10,785	11,763
Total resources expended		29,988	36,026	66,014	52,211
Exchange rate variance		-	2,320	2,230	(33)
Net income being net movement in funds		39,046	31,981	71,027	2,880
Reconciliation of funds:					
Total funds brought forward		24,791	-	24,791	21,911
Transfer from restricted		1,808	(1,808)	-	-
Total funds carried forward		65,645	30,173	95,818	24,791

Hospice Care Kenya
Annual Report and Financial Statements 2020 - 2021

HOSPICE CARE KENYA Registered Charity 1141469 Company Registration Number 07540244

BALANCE SHEET 31st March 2021

	<u>Note</u>	2021	2020
		£	£
Current assets			
Debtors and Payments in Advance	4	295	85
Cash at Bank		95,783	24,825
		96,078	24,910
Creditors: amounts falling due within one year	5	(260)	(119)
Net current assets		95,818	24,791
Net assets		95,818	24,791
Which represent :-			
Unrestricted Funds			
- General funds		14,000	14,000
- Designated funds		51,645	10,791
Restricted Funds		30,173	-
Total charity funds	7	95,818	24,791

STATEMENT OF CASH FLOWS for the Year Ending 31st March 2021

	£	£
Opening Cash Balance		24,825
<u>Operating Activities</u>		
Receipts from raising funds	126,964	
Gift aid received	7,745	
Other Debtor payments	34	
Payments made	(19,729)	
Grants paid to Kenya	(46,388)	
Movement from operating activities	68,626	
Investing activities – bank interest	12	
Exchange rate variance	2,320	
Net movement		70,958
Closing Cash Balance		95,783

Hospice Care Kenya
Annual Report and Financial Statements 2020 - 2021

For the year ended 31st March 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Signed on behalf of the board of directors

These financial statements for the year ended 31st March 2021 as set out on pages 13 to 18, were approved by the Trustees on 23rd April 2021 and signed on their behalf by

Sally Hull
Chair

Yvonne Sanders
Honorary Treasurer

Hospice Care Kenya
Annual Report and Financial Statements 2020 - 2021

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2021

1. INCORPORATION

The company was incorporated on 23rd February 2011, registered number 07540244, limited by guarantee. It took over the assets and liabilities of the former charity, registered number 1001709 on 1st April 2011. The former charity was de-registered and the company was registered as a new charity, registered number 1141469. The name of the former charity, Hospice Care Kenya, has been retained.

2. ACCOUNTING POLICIES

a. Basis of Accounting

The financial statements have been prepared under the historical cost convention and on the accrual basis. They comply with the Statement of Recommended Practice.

b. Donations and Voluntary Income

All cash income is accounted for at the time of receipt.

c. Gift Aid

The estimated tax refund on Gift Aid donations is accounted for in the year of the receipt of the donations.

3. SUPPORT COSTS

The trust allocates its support costs between those incurred for raising funds and those incurred for carrying out the charitable activities of the trust as shown below.

	Fundraising	Charitable Activities	Total	2020
	£	£	£	£
Bank Charges	402	69	471	529
Fundraising Costs	2,001	-	2,001	1,224
Prof fees & Insurance	-	62	62	293
Newsletters	614	-	614	518
Office Costs	442	322	764	736
Travel	-	-	-	1,056
Staff Costs	5,353	10,304	15,657	15,207
Website	29	28	57	57
	8,841	10,785	19,626	19,620

4. DEBTORS

The amount of £295 (2020:£89) is the tax refund due calculated on Gift Aid still to claim and prepayment of insurance £244.

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

At the year end the charity had accrued £124 for pension costs (2020 :£104), £82 PAYE (2020 £15) and had trade creditors of £54 (2020 £0).

Hospice Care Kenya
Annual Report and Financial Statements 2020 - 2021

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2021
(Continued)

6. GRANTS MADE TO KENYA

	2021 £	2020 £
<u>Busia Hospice</u>		
Training and running costs	-	2,838
<u>Cheptais Hospital</u>		
Training	2,447	-
<u>Coast Hospice</u>		
Running costs	1,954	-
<u>Homa Bay</u>		
Training	1,690	-
<u>Hope for Cancer Kids</u>		
NHIF funds	-	3,613
<u>KEHPCA</u>		
Running costs	-	3,845
Training	4,892	-
<u>Kenya Medical Training College</u>		
Scholarships for Diploma Palliative Care	2,233	-
<u>Laikipia Palliative Care Centre</u>		
Training and Existing Services	-	2,151
<u>Machakos PCU</u>		
Day care	-	2,003
<u>Malindi PCU</u>		
Developing Community Services	3,913	2,464
<u>Meru Hospice</u>		
Running costs	-	984
<u>Nairobi Hospice</u>		
Training community health volunteers	4,526	2,933
<u>Nakuru Hospice</u>		
Training community health volunteers	-	2,449
<u>Nanyuki Cancer Support Group</u>		
Training community health workers	2,251	2,164
<u>Nyeri Hospice</u>		
Training	2,429	978
<u>ONPAC</u>		
Training	5,389	1,956
<u>Ruiru Sub County Hospital</u>		
Training	-	1,963
<u>Siaya Hospice</u>		
Training of health volunteers	5,619	2,250
Upgrading facilities	1,955	-
	<u>7,574</u>	<u>2,250</u>
<u>St Mary's Medical Centre</u>		
Developing community services	2,932	-
<u>Taita Taveta County Hospital</u>		
Drugs and consumables	2,440	-
<u>Wamba PCU</u>		
Training	1,718	-
<u>Total Disbursed to Kenya</u>	<u>46,388</u>	<u>32,591</u>

Hospice Care Kenya
Annual Report and Financial Statements 2020 - 2021

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st March 2021
(Continued)

No Trustee received remuneration in the year. Due to the Corona Virus no costs for travel to meetings was incurred by Trustees (2020: £483)

There were no related party transactions

No member of staff has earned more than £60,000 in the year or the previous period.

The aggregate amount of employee benefits for key management personnel was £15,655 (2020: £15,200)

7. MOVEMENT IN FUNDS

	<u>Unrestricted</u>	<u>Restricted</u>	<u>Designated</u>	<u>Total</u>
As at 1 April 2020	14,000	-	10,791	24,791
Incoming Funds	-	65,687	69,034	134,721
	14,000	65,687	79,825	159,512
Outgoing Funds	-	(36,026)	(29,988)	(66,014)
Exchange Rate Variance	-	2,320	-	2,320
Transfers between Funds	-	(1,808)	1,808	-
As at 31 March 2021	14,000	30,173	51,645	95,818

The Trustees reserve policy is to hold £14,000 in reserve in general funds to cover unforeseen circumstances or unexpected falls in income. The remaining funds are designated for grant distribution.