

**NORTHERN ENGAGEMENT INTO RECOVERY FROM
ADDICTION FOUNDATION**

(A company limited by guarantee)

REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2023

Charity number 1141400

Company number 07586712

NORTHERN ENGAGEMENT INTO RECOVERY FROM ADDICTION FOUNDATION

(A company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2023

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NORTHERN ENGAGEMENT INTO RECOVERY FROM ADDICTION FOUNDATION

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TRUSTEES ANNUAL REPORT

For the year ended 31 March 2023

The Trustees are pleased to present their annual Directors' report together with financial statements of the charity for the year ended 31 March 2023 which are also prepared to meet the requirements for a Directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective October 2019). The Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice. T

Achievements and Performance

The operating year of 22/23 has seen the progress made against the outcomes set for the year and built on the success of our previous years, this year working with 315 people in one-to-one support and 89 individuals have attended our group support service.

Of particular note are our achievements in:

- Responding to the individual needs of our clients through adopting a more flexible working practice and specifically the realignment of resources to meet the increased demand for 1:1 based interventions.
- We are open 35 hrs per week with two late evenings. Mon, Wed and Fri 09:30 – 14:30 and Tues, Thurs 09:30 – 19:30.
- The continuation and increase of the support offered to people within Sunderland who have substance and alcohol issues.
- Increase in our numbers of clients receiving one to one support
- Increase in the number of clients accessing our support groups
- Increase in Volunteers
- Increased presence on social media with a 47.3% increase in our Facebook reach from previous year and a 123.6% increase on Instagram from previous year
- Increase of Google searches specifically for NERAF with 10,408 individuals viewing our profile and an average response time to Google messages being 5 minutes

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TRUSTEES ANNUAL REPORT

For the year ended 31 March 2023

The operating year of 2022 to 2023 has seen NERAF adapt and diversify in response to need and funding changes. Our funding streams have grown, and with it, our staff team to meet the growing demand for our services. We are receiving referrals from new and diverse partners across Sunderland and other National Organisations. We have ended the financial year with 6 part time staff. Despite a small staff team, we have worked with over 315 people in one-to-one support and 89 individuals in Group Support.

This year has seen a strong emphasis placed on our client centred approach through the coaching and mentoring model, which places the client at the centre of the process and ensures that they are included in considerations regarding decisions made, targets set, and the learning taken from previous actions and outcomes. This approach has demonstrated the positivity generated through the client empowerment process and evidenced through our recorded success rate.

The financial climate remains challenging and as such the board and staff have placed a greater emphasis on developing the volunteer base, which not only has a positive impact on our clients' recovery and ability to meet ever increasing need but also provides the opportunity to develop and progress new ideas. We currently have 7 volunteers, many who have had substance or alcohol issues themselves and are able to offer peer knowledge and support to our clients. Other volunteers have loved ones who have had substance and alcohol issues and are passionate about support individuals and loved ones of those effected.

As a board we continue to submit funding applications and are always looking for opportunities to further develop the charity. We have almost doubled our income from grant funding from the previous financial year and 2023/2024 is already shaping up to be another year of growth.

My sincere thanks go to all those that have supported NERAF past, present, and future and a huge, big thank you to all our customers, volunteers, peers, staff, and stakeholders; without which our continuing success would not be achievable. Similar to last year, this year has been a tough year for us, and for other charities providing similar support, and if it were not for your continuing support to access our service, referring to us, and volunteering for us, our task would be so much harder to accomplish.

Thank you also to the Board of Trustees who do so much unrecognised and voluntary work behind the scenes and often must make tough decisions, financial pressures and robust decision making is at the heart at what we do at NERAF, and this could not be achieved without the support of Board.

I would like to take a moment to say a big well done to those who have sustained and flourished in their recovery this year and wish you success to the future. Unfortunately, we have lost some people along the way either to their addiction or for other reasons. I hope and wish them well for the future too.

As with other third sector organisations we are aware of the financial difficulties that are present given the current climate following Covid, as a Board we are proud that we continue to make positive financial headway in these challenging times.

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TRUSTEES ANNUAL REPORT

For the year ended 31 March 2023



Eleanor Griffin

Chair of Board for NERAF

Plans for the future

We continue to monitor and review all non-essential work in order to keep all costs to a minimum whilst being sure not to compromise the quality of our service delivery.

As a strong element of our work to support our service users, NERAF continue to seek out new partnership opportunities whilst maintaining positive relationships with our existing partners. These will enable us to finance our work across public health contracts, grant work and independently paid for commercial work. In this way we aim to spread our financial risk and any surplus gained will be used to support our ongoing day to day activities of one to one and group work.

Financial review

The total income for the year was £144,624 (2022: £78,210) of which **£16,865** was restricted (2022: £43,361). This income is allocated across respective funds on the Statement of Financial Activities in accordance with the Statement of Recommended Practice (SORP) 2019.

Expenditure for the year was £84,252 (2022: £76,001) of which £44,519 was restricted (2022: £4,680), which resulted in a net income of £60,372 (2022: £2,209) of which - £27,654 was restricted (2022: £38,681).

The Balance Sheet as at 31 March 2023 showed net current assets of £93,795 (2022: £33,423). The total net assets as at 31 March 2023 was £84,535 (2022: £24,163) with £20,954 held in restricted funds (2022: £48,608).

Reserves policy

The Trustees intend to build reserves to enable the charity to secure and expand its services. In the year ended 31 March 2023, the deficit has led to an increase in funding opportunities. Free reserves at the year-end stood at £63,581. (2022: -£24,445). The charity continues to benefit from the provision of long-term loan finance from NorthStar Ventures.

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For the year ended 31 March 2023

The Trustees continue to have a target to build up reserves to represent three months of expenditure, approximately £30,000. The Trustees are aware that the free reserves are way below this target level but aim to increase free reserves with a planned operation surplus over the next few years.

Reference and administrative details of the charity, its Trustees and advisors

Charity Name	Northern Engagement into Recovery from Addiction Foundation
Registered Charity Number	1141400
Company Number	07586712
Registered Office and operational address	Sunderland MIND Wellbeing Hub Church Street Hendon Sunderland SR1 2BB
Trustees	Mr D Maguire Mrs L Dougan Mr A Matthews Mrs N Parry Mrs C Carruthers Ms E Griffin, Chair Mrs S Nichols-Key
Bankers	The Co-operative Bank Delf House Southway Skelmersdale WN8 6WT
Independent Examiner	Douglas Maltman Connected Voice Business Services Ltd One Strawberry Lane Newcastle upon Tyne NE1 4BX
Solicitors	Hempsons The Exchange Station Parade Harrogate HG 1DY

NORTHERN ENGAGEMENT INTO RECOVERY FROM ADDICTION FOUNDATION

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TRUSTEES ANNUAL REPORT

For the year ended 31 March 2023

Structure, governance and management

Governing Documents

The organisation is a charitable company limited by guarantee, incorporated on the 31 March 2011. The company was established under a Memorandum of Association which establishes the objectives and powers of the charitable company and is governed under its Articles of Association.

Appointment, Induction and Training of Trustees

The management of the charitable company is the responsibility of the Trustees. Trustees are provided with correct advice, guidance and support to enable them to fulfil their duties to the standard required of the Charity Commission.

Induction will consist of:

- Explanation of appropriate documents relevant to the position
- One to one meetings with the chair of the Trustees and the Chief executive Officer
- Criminal record bureau Checks
- Confidentiality Procedures
- Health and Safety procedures; and
- Training will be provided as required.

Organisation

The Trustees meet every quarter and deal with the administration of the charity to ensure that Northern Engagement into Recovery from Addiction Foundation has a clear vision and strategy for the future, and to monitor the performance against plans, to support the management and staff team, and to oversee financial accountability and risk management.

The operational management of the organisation is undertaken by the paid staff team.

Risk Management

The Trustees have conducted a review of the major risks to which the charity is exposed and systems have been established to mitigate those risks including the implementation of procedures for authorisation of all transactions and projects and for ensuring the consistent quality of the delivery of all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

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TRUSTEES ANNUAL REPORT

For the year ended 31 March 2023

Public benefit statement

The Trustees/directors have considered the guidance produced by the Charity Commission on the provision of public benefit and they confirm that public benefit has been provided by the range of activities as described above.

Statement of Trustee Responsibilities

The Trustees, who are also directors for the purposes of company law, are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which show the state of affairs of the charitable company and of incoming resources and application of resources, including the income and expenditure of the charitable company for that year. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board on:

15.12.2023

and signed on their behalf by: Ms E Griffin
Chair

NORTHERN ENGAGEMENT INTO RECOVERY FROM ADDICTION FOUNDATION

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INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

For the year ended 31 March 2023

I report on the financial statements of Northern Engagement into Recovery from Addiction Foundation for the year ended 31 March 2023, which are set out on pages 7 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2022 ("the Charities Act") and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Doug Maltman FMAAT
Fellow of the Association of Accountancy technicians
Connected Voice Business Services Ltd
One Strawberry Lane
Newcastle upon Tyne
NE1 4BX
Date: 15.12.2023

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STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING SUMMARY INCOME & EXPENDITURE ACCOUNT)

For the year ended 31 March 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Income from:					
Donations and legacies	5	681	-	681	9,351
Charitable activities					
Grants and contracts	6	126,846	16,865	143,711	66,604
Other trading activities	7	233	-	233	2,255
Total income		127,759	16,865	144,624	78,210
Expenditure on:					
Charitable activities					
Operation of the charity	8	39,733	44,519	84,252	76,001
Total expenditure		39,733	44,519	84,252	76,001
Net income/(expenditure) and net movement of funds		88,026	(27,654)	60,372	2,209
Reconciliation of funds					
Total funds brought forward		(24,445)	48,608	24,163	21,954
Total funds carried forward		63,581	20,954	84,535	24,163

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

The notes on pages 10 to 19 form an integral part of these accounts.

NORTHERN ENGAGEMENT INTO RECOVERY FROM ADDICTION FOUNDATION

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Charity Number 1141400

BALANCE SHEET

Company Number 07586712

As at 31 March 2023

	Notes	£	Total 2023 £	£	Total 2022 £
Current assets					
Debtors	15	124		-	
Cash at bank and in hand	16	108,598		46,519	
Total current assets		108,722		46,519	
Creditors: amounts falling due within one year	17	(14,927)		(13,096)	
Net current assets			93,795		33,423
Total assets less current liabilities			93,795		33,423
Creditors: amounts falling due after more than one year	18	(9,260)		(9,260)	
Total net assets or liabilities			84,535		24,163
Funds of the charity					
Unrestricted income funds			63,581		(24,445)
Restricted income funds			20,954		48,608
Total funds			84,535		24,163

The company was entitled to an exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with the respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The notes on pages 10 to 19 form an integral part of these accounts.

These financial statements were approved by the Board on: 15.12.2023

and are signed on its behalf by: Ms E Griffin
Chair

NORTHERN ENGAGEMENT INTO RECOVERY FROM ADDICTION FOUNDATION

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

1 Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

2 Basis of accounting

2.1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective October 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2022, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

Northern Engagement into Recovery from Addiction Foundation meets the definition of a public benefit entity

2.2 Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. The trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

3 Income

3.1 Recognition of income

Income is recognised when the charity has entitlement to the resources, any performance conditions attached to the item(s) of income have been met, it is more likely than not that the resources will be received and the monetary value can be measured with sufficient reliability

3.2 Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

3.3 Grants and donations

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria of income recognition are met.

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For the year ended 31 March 2023

3.4 Donated goods and services

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided that the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with the equivalent amount recognised as an expense under the appropriate heading in the SoFA.

3.5 Volunteer help

The value of volunteer help received is not included in the accounts but is described in the trustees' annual report.

3.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

3.7 Income from membership subscriptions

Membership subscriptions received in the nature of a gift are recognised in donations and legacies.

Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.

3.8 Investment gains and losses

This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

3.9 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the

4 Expenditure and liabilities

4.1 Liability recognition

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

4.2 Charitable activities

Expenditure on charitable activities includes the costs of peer support work and public awareness of alcohol and substance misuse and other activities undertaken to further the purposes of the charity and their associated support costs.

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

4.3 Governance and support costs

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

4.4 Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

4.5 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

4.6 Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

Analysis of income

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
5 Donations and legacies				
Big Lottery Trust	-	-	-	8,988
Other donations and grants	681	-	681	363
	<u>681</u>	<u>-</u>	<u>681</u>	<u>9,351</u>
6 Charitable activities				
<u>Income from grants and contracts</u>				
Sodexo Business Development	-	-	-	32,231
Sunderland City Council	-	16,865	16,865	4,770
The National Lottery Community Fund - COVID-19 Recovery Fund	-	-	-	-
ASDA Foundation	300	-	300	-
Bernicia Foundation	-	-	-	9,844
Hadrian trust	-	-	-	1,000
The Barbour Foundation	-	-	-	5,000
Wellbank Foundation	-	-	-	9,759
Greggs Foundation	19,296	-	19,296	-
NHS Sunderland Clinical Commissioning Group	65,000	-	65,000	-
Community Foundation - The 1989 Willan Charitable Trust	15,000	-	15,000	-
Lloyds Bank Foundation	27,250	-	27,250	-
William Leech Foundation	-	-	-	4,000
	<u>126,846</u>	<u>16,865</u>	<u>143,711</u>	<u>66,604</u>
7 Other trading activities				
Room hire	-	-	-	495
Other income	233	-	233	260
rent refund	-	-	-	1,500
	<u>233</u>	<u>-</u>	<u>233</u>	<u>2,255</u>

Income was £144,624 (2022: £78,210) of which £127,759 was unrestricted or designated (2022: £34,849) and £16,865 was restricted (2022: £43,361)

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

Analysis of expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
8 Charitable activities				
<u>Direct costs</u>				
Volunteer expenses	595	-	595	155
Rent and rates	-	-	-	6,075
Telephone	-	-	-	1,604
Printing, postage and stationery	-	-	-	1,131
Computer expenses	2,194	-	2,194	2,170
Insurance	1,677	-	1,677	1,762
Sundries	479	-	479	415
Refreshments	-	-	-	315
Training	-	-	-	-
Group activities	-	-	-	-
Other staff costs	666	-	666	5,621
<u>Support costs</u>				
Rent and rates	8,748	-	8,748	1,425
Telephone	1,482	-	1,482	327
Printing, postage and stationery	530	234	764	265
Computer expenses	-	-	-	508
Insurances	-	-	-	174
Sundries	-	-	-	96
Refreshments	-	-	-	74
Advertising	199	-	199	-
Group Activity Cost	62	-	62	-
Room Hire and Refreshments	150	-	150	-
Cleaning and health & safety costs	474	-	474	-
Legal and professional fees	1,468	-	1,468	1,049
Wages and salaries	15,501	38,368	53,869	46,473
National insurance	1,877	4,179	6,055	2,182
Pension costs	725	1,738	2,464	1,636
Office machine costs	2,054	-	2,054	1,512
<u>Governance costs</u>				
Independent examiner's fees for reporting on the accounts	852	-	852	1,032
	<u>39,733</u>	<u>44,519</u>	<u>84,252</u>	<u>76,001</u>

Expenditure on charitable activities was £84,252 (2022: £76,001) of which £39,733 was unrestricted or designated (2022: £71,321) and £44,519 was restricted (2022: £4,680)

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For the year ended 31 March 2023

9 Fees for examination of the accounts

	2023 £	2022 £
Independent examiner's fees for reporting on the accounts	852	1,032
	<u>852</u>	<u>1,032</u>

There were no other fees paid to the examiner (2022: £nil)

10 Analysis of staff costs and the cost of key management personnel

	2023 £	2022 £
Salaries and wages	53,869	46,473
Social security costs	6,055	2,182
Employers pension costs	2,464	1,636
	<u>62,388</u>	<u>50,291</u>

No employee received remuneration above £60,000 (2022: nil)

The key management personnel of the charity, comprise the trustees and the chief executive officer. The total employee benefits of the key management personnel of the charity were £26,268. (2022: £18,350)

11 Staff numbers

The average monthly head count was 8 staff (2022: 7 staff) and the average monthly number of full-time equivalent employees during the year were as follows:

	2023 Number	2022 Number
The parts of the charity in which the employee's work		
Advice and information	5.6	5.6
Management	2.0	0.9
	<u>7.6</u>	<u>6.5</u>

12 Transactions with trustees

One trustees has been paid remunerations from an employment with their charity. Authority for payment was effected by a minute of appointment. No payment is made to the trustee for services as a trustee. Details for the periods were as follows:

Name	Remuneration £	Employer NI £	Employer Pension £	Total 2023 £	Total 2022 £
G Frend	-	-	-	-	4,359
A Lowery	23,530	2,085	653	26,268	13,992

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

Trustees' expenses

No trustee expenses have been incurred in the year.

Transaction(s) with related parties

There have been no related party transactions in the reporting period.

13 Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The employer's pension costs represent contributions payable by the charity to the fund and amount to £2,464 (2022: £1,636). There was £261 outstanding as at 31 March 2023 (2022: £64)

14 Corporation Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

15 Debtors and prepayments (receivable within 1 year)

	2023 £	2022 £
Prepayments	124	-
	124	-

16 Cash at bank and in hand

	2023 £	2022 £
Cash at bank	108,519	46,494
Short term deposits	6	6
Cash in hand	73	19
	108,598	46,519

17 Creditors and accruals (payable within 1 year)

	2023 £	2022 £
Trade creditors	2,075	64
Taxation and social security	-	-
Other loans	12,000	12,000
Accruals	-	-
Independent examination of accounts	852	1,032
	14,927	13,096

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For the year ended 31 March 2023

18 Creditors and accruals (payable after more than 1 year)

	2023 £	2022 £
Long Term Loan - one to two years	6,000	6,000
Long Term Loan - two to five years	3,260	3,260
	9,260	9,260

19 Events after the end of the reporting period

No events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

20 Analysis of charitable funds

Analysis of movements in unrestricted funds As at 31 March 2023

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	(24,445)	127,759	(39,733)	14,893	78,474
Totals	(24,445)	127,759	(39,733)	14,893	78,474

As at 31 March 2022

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	12,027	34,849	(71,321)	-	(24,445)
Totals	12,027	34,849	(71,321)	-	(24,445)

Purpose of unrestricted funds

General unrestricted fund The 'free reserves' of the charity

NORTHERN ENGAGEMENT INTO RECOVERY FROM ADDICTION FOUNDATION

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

20 Analysis of charitable funds continued

Analysis of movement in restricted funds

As at 31 March 2023

Restricted funds	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
The Rothley Trust	102	-	-	-	102
The National Lottery	18,603	-	(3,710)	(14,893)	-
Sunderland City Council	300	16,865	(13,744)	-	3,421
Bernicia Foundation	9,844	-	(10,044)	-	(200)
Hadrian Trust	1,000	-	(1,000)	-	-
Barbour Foundation	5,000	-	(4,954)	-	46
Wellbank Foundation	9,759	-	(9,067)	-	692
William Leech Foundation	4,000	-	(2,000)	-	2,000
Totals	48,608	16,865	(44,519)	(14,893)	6,061

As at 31 March 2022

Restricted funds	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
The Rothley Trust	102	-	-	-	102
The National Lottery	9,825	8,988	(210)	-	18,603
Sunderland City Council	-	4,770	(4,470)	-	300
Bernicia Foundation	-	9,844	-	-	9,844
Hadrian Trust	-	1,000	-	-	1,000
Barbour Foundation	-	5,000	-	-	5,000
Wellbank Foundation	-	9,759	-	-	9,759
William Leech Foundation	-	4,000	-	-	4,000
Totals	9,927	43,361	(4,680)	-	48,608

Purpose of restricted funds

Restricted funds represent income resources used for a specific purpose within the charity as identified by the donor.

The Rothley Trust	This grant is for the purchase of musical instruments for use in NERAF groups as part of members progression on their outcome star, providing meaningful use of time and expanding their social network through group interaction.
The National Lottery	This grant is to run a Breakfast drop in group and has had to be put on hold due to Covid 19 restrictions.
Sunderland City Council	This grant was provided for a part time staff member working as an Alcohol and Substance wellbeing advisor to support any clients with any issues highlighted by the recovery coach as a barrier to their recovery or maintaining their sobriety.

NORTHERN ENGAGEMENT INTO RECOVERY FROM ADDICTION FOUNDATION

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

Purpose of restricted funds (continued)

Bernicia Foundation	This grant was provided towards the role of a Community Inclusion Officer. This role is to support NERAF clients in maintaining sobriety through the group support and reaching out to new clients via social media.
Hadrian Trust	This grant was awarded to go towards a Volunteer Co-ordinator. Their role was to facilitate the group as well as train and recruit new volunteers.
Barbour Foundation	This grant was awarded for a part time outreach and awareness coach. Their role was to raise awareness within the community regarding alcohol and substance use and how to access support within Sunderland.
Wellbank Foundation	This grant was given for the role of a Dependency Awareness Advisor to support individuals within the city into specialised support across the city.
William Leech	This grant was awarded for a Community Inclusion Officer on a part time basis. This role is to support NERAF clients in maintaining sobriety through the group support and reaching out to new clients via social media.

Transfers between funds

As of 31/03/2023	Reason for transfer	Amount £
Between unrestricted and restricted funds	Cost have been wrongly allocated to unrestricted funds in prior years	14,893

21 Capital commitments

As at 31 March 2023, the charity had no capital commitments (2022 -£nil)

22 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Cash at bank and in hand	87,644	20,954	108,598	46,519
Other net current assets/(liabilities)	(14,803)	-	(14,803)	(13,096)
Long term assets/(liabilities)	(9,260)	-	(9,260)	(9,260)
	63,581	20,954	84,535	24,163