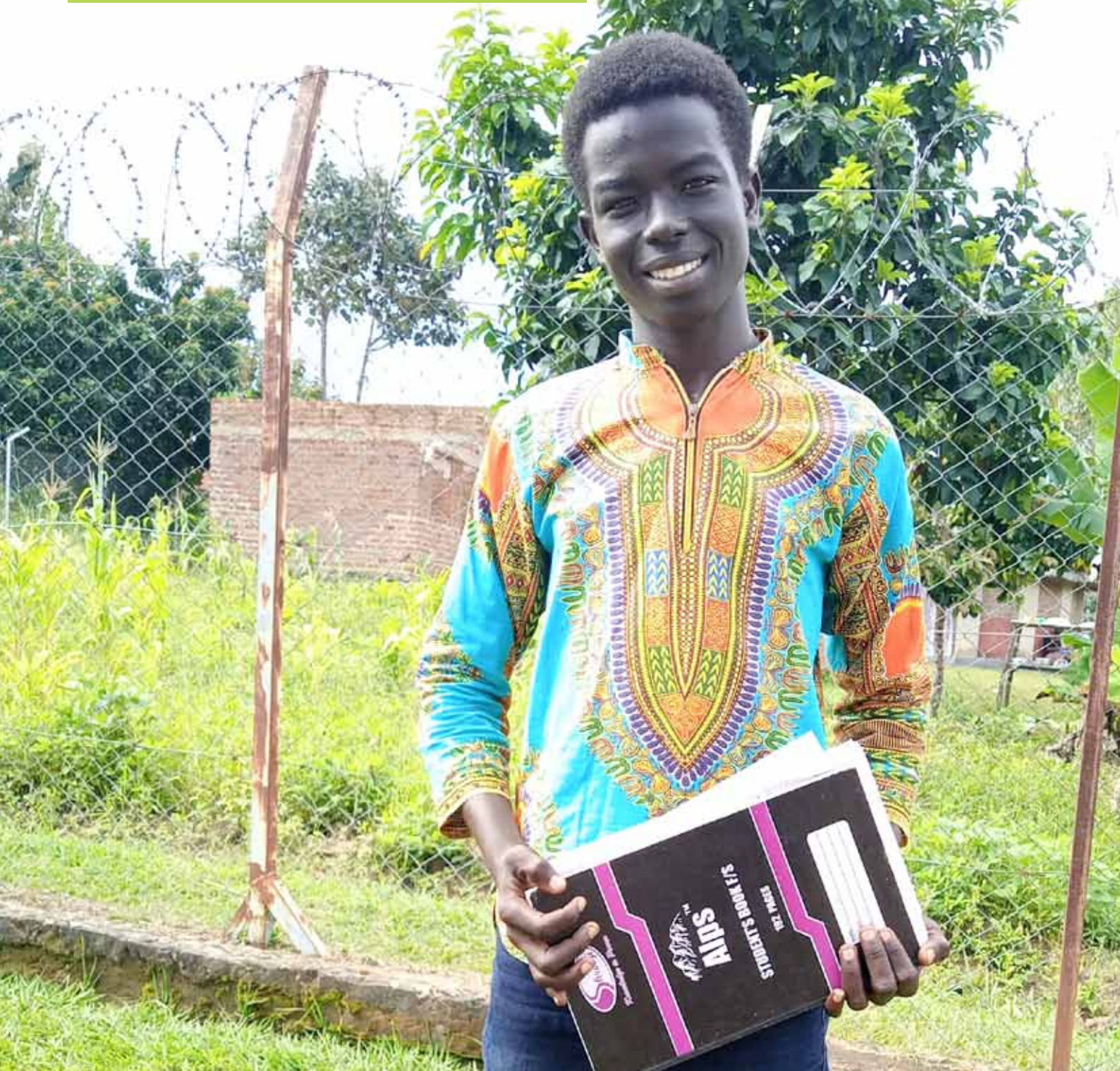


ANNUAL REPORT 2021

sowing seeds for life

registered charity no. 1141343

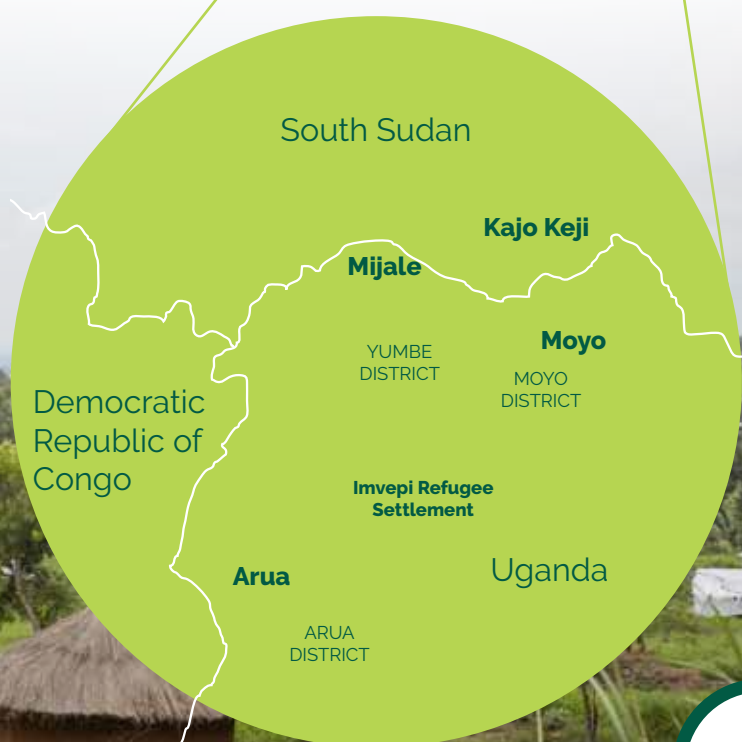


Knighton Manor, Broad Chalke, Salisbury, Wiltshire SP5 5EB
www.cressuk.org e: caroline.lamb@cressuk.org t: 01722 780789

CONTENTS

- 3 Vision, Mission & Values**
- 4 Charitable objectives**
- 5 Our work**
- 6 Message from the CEO**
- 9 Achievements**
- 14 Impact**
- 16 11 years of CRESS**
- 17 Making a difference**
- 18 Finance**
- 19 Strategic objectives**
- 20 Governance**
- 23 Charity details**
- 24 Accounts 2021**
- 35 Independent examiner's report**
- 36 Statement of trustees' responsibilities**

*since 2010 CRESS
has been helping the
South Sudanese
create self-sufficient,
sustainable and ethical
communities*



VISION, MISSION & VALUES

Tiyu ko Ngun A savings group members enjoying the share out



CORE VALUES

Christian Foundation drives how we operate and our values

Steady organic growth taking feedback and learning on the way

Based on strong personal relationships with South Sudanese and in UK

Unique blend of development and relief

Empower key groups such as students, farmers, women and clergy through education

Most projects have sustainable outcomes with the goal of them becoming self-supporting in time

100% local staff. They know and love their people and will remain with them

Strong financial accountability

Christian Relief and Education for South Sudanese

VISION

Holistically transformed communities living self-sufficient lives

MISSION

Educate and train South Sudanese people with the knowledge and skills to empower them to establish self-sustaining communities.

CHURCH CENTRED

Working with the local church is not only a good strategy, it's at the very heart of our work. We want to see local churches creating and leading change in their communities.

CHARITABLE OBJECTIVES

Purpose

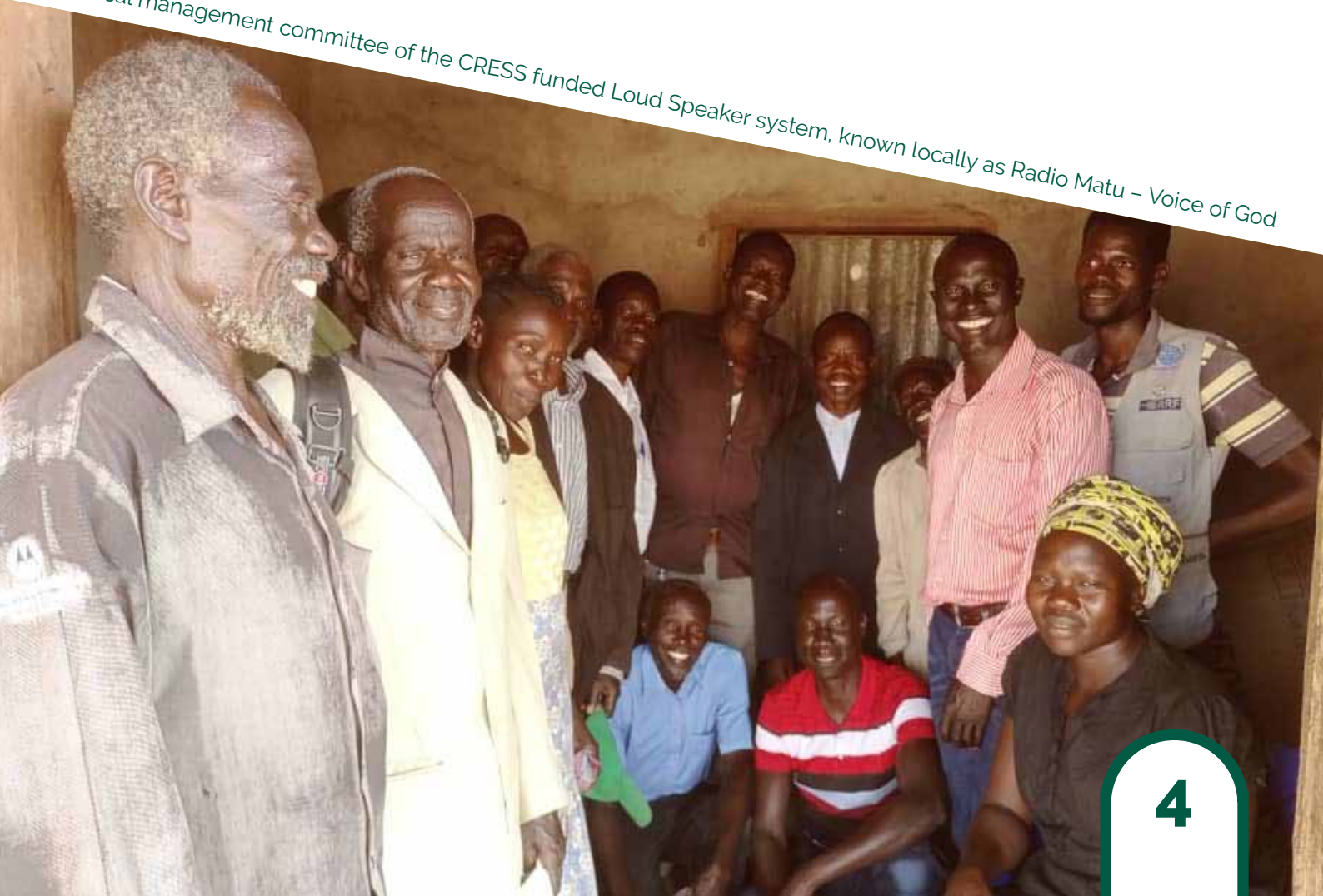
The prevention and relief of poverty, suffering, distress and ill health in South Sudan and Northern Uganda by providing grants, items and services to individuals in need and/or charities or other organisations working for the same objects.

For the public benefit to promote the education and health (including social and physical training) of people in South Sudan and Northern Uganda in such ways as the charity Trustees think fit.

Working through the local Christian church to:

- Advance education of children and the further education and vocational training of adults.
- Promote the health and wellbeing of individuals and the community.
- Advance the Christian religion and promote spiritual growth.
- Encourage self-sufficiency through businesses and agricultural development.

Local management committee of the CRESS funded Loud Speaker system, known locally as Radio Matu – Voice of God



OUR WORK



MESSAGE FROM THE CEO

To all our friends,

Another challenging year for CRESS with lockdowns in Uganda until the end of July 2021 and here in UK until March but the ingenuity and resilience of the CRESS team meant that the projects and work continued and even grew in terms of numbers of people supported.

I think the highlight of the year was the completed fund raising for a new vehicle and the arrival of the brand new Ford Double Cab, this was purchased in Kampala and arrived in Arua in October, giving much joy and excitement.

The main projects of child sponsorship, agriculture and savings groups, primary health care and children's trauma work continued. All of these increased in numbers and some brief highlights are over the page.



New to CRESS in 2022 was the Student Conference, held in Arua and lasting three days and there was a new musical instrument and music lesson project for a student worship band. Bishop Joseph led a team to sleep and pray in his diocese in South Sudan within the enemy territory. He also organised a mission to the soldiers based in Kajo Keji in October.

Currently Bishop Joseph has pastoral oversight for 100,000 church members all refugees in Northern Uganda. The projects run by CRESS directly involved 78,320 people, which including families of agriculture and savings groups and those who have received health training, means 139,101 lives impacted.

I am delighted that inspite of COVID restrictions CRESS work continued and I want to sincerely thank all our generous donors who make this possible. Lives are being transformed and communities given hope and opportunities to become self-sustaining.

Mosquito nets delivered as part of the health and hygiene training, forming part of the clinic's outreach work



Home schooling – this continued for the whole of the year as Ugandan schools closed for a second full year – but every child was able to pass at least one year of missed schooling.

Savings and agricultural groups – these continued but the small businesses were not able to restart until August when Uganda lockdown ceased – however some 300 more members joined and total membership was up to 1,570 by the end of December 2021.

Mental health – this pandemic has proved as great a test of mental health as of physical, so continuing our CATT children trauma counselling was vital; the only adaptation was to run the sessions outdoors and at a social distance when not under lockdown/curfews.

Physical health – continued excellent practice at the CRESS clinic encouraged higher numbers to access the services with some 20% more patients seen in 2021 compared to 2020 and an increase of 167 babies delivered by a single midwife.

IT support – Scopas Murye completed his diploma in computer studies and has been employed by the DOL – he ensures all laptops are working and that the internet connections are as good as can be.

Loud Speaker project – there are 4 of these now operating in the camps. They provide vital communication for the refugees and enable them to feel a sense of community

Discipleship Programmes – another year with 825 bible study members and with over 900 mainly young people confirmed in December and 100,000 church members under Bishop Joseph's care, the demand on these resources is high.

Zoom – has continued to be a vital part of our work this year with now over two years since any visits in person. Many zoom meetings for agriculture, finance training in using the software, education and myself talking regularly with Bishop Joseph.

I want to finish with the words of Bishop Joseph Aba, to give you an idea of the human impact of your generous support.

Bishop Joseph sent this message

"I give my thanks to all CRESS UK Trustees, donors, partners, friends and well-wishers for well done work. Your commitment, sacrifices, love and exceeding generosity have not only changed and transformed lives, but have restored hopes and achieved self-reliance. Above all, God in Jesus Christ is glorified. This was not possible without your team, Caroline. Their dedication, self-sacrifice, hard work, wisdom, love, faith and generosity is the soul and life of CRESS UK. You are all a unique and precious gift of God to us."

Caroline



Regina Konga, part of Paji Toto agriculture and savings group in Mijale



Loud hailers operate a radio station service for refugees with no access to other technology



"The savings project empowered me a lot. I was able to buy a mattress after joining the savings group. I bought chickens and am able to have three meals per day. With the continued saving, I will do much more than I could have imagined being in the refugee camp."

ACHIEVEMENTS 2021

Savings Groups

SAVINGS
GROUPS
ESTABLISHED

49

BY DEC
2021

WOMEN
ARE

79%

OF MEMBERS

COMMUNITY
MICROFINANCE
TRAINING FOR

10

COMMUNITY BASED
FACILITATORS TO
SUPPORT THE
GROUPS

SAVINGS
GROUPS HAVE

1,570

MEMBERS BY DEC 2021
IMPACTING
APPROX. **12,560**
LIVES

AVERAGE
INDIVIDUAL
SAVINGS

£22

OCT 2020 -
MAR 2021

LOANS
FOR BUSINESSES

697

OCT 2020 -
MAR 2021

AGRICULTURE
LOANS

113

OCT 2020 -
MAR 2021

OTHER
LOANS

53

OCT 2020 -
MAR 2021

PAID
BACK LOANS

23%

OCT 2020 -
MAR 2021

AVERAGE
GROUP SAVINGS

£739

OCT 2020 -
MAR 2021

LOANS
FOR SCHOOL
FEES

220

OCT 2020 -
MAR 2021

MEDICAL
FEE LOANS

67

OCT 2020 -
MAR 2021

AVERAGE
LOAN

£15

OCT 2020 -
MAR 2021

THE STORY OF GUBAJI BEATRICE

"After joining the agriculture group/savings group, I and my husband used the money we saved for building a permanent house. We were relieved from the burden of cutting grass every year for building.

I have also opened a small retail business selling pancakes and vegetables in the market to raise more money for continuous savings. Apart from that, my family now have meals 2 or 3 times a day."

Gubaji Beatrice is part of Morjita mixed group in Mijale



THE STORY OF GRACE PONI

"The savings project made me able to support my family in terms of providing food, at least three meals a day, able to pay school fees for my children, provide clothes for my children. My next plan is to start a business."



ACHIEVEMENTS 2021

*Monitoring, Evaluating and Learning

Agriculture

Tools, vegetable seeds and other essential equipment have been supplied to support agriculture activities in all the group, member, and pastor gardens.

SUPPORTED

24

AGRICULTURAL GROUPS

ALL GROUPS SUPPLIED AGAIN WITH KEY INPUTS AND REFRESHER TRAINING IN ORDER TO HELP MAINTAIN VEGETABLE PRODUCTION LEVELS

A TOTAL POPULATION OF

3,168

LIVES IMPACTED BY FOOD AND INCOME BENEFITS FROM THIS AGRICULTURAL PROJECT

TRAINED

76 PASTORS &
320 GROUP MEMBERS

IN SUSTAINABLE ORGANIC VEGETABLE PRODUCTION, FRUIT TREE PLANTING & ESTABLISHMENT AND SMALL BUSINESS DEVELOPMENT



491

GRAFTED MANGO SEEDLINGS

700

SWEET ORANGE SEEDLINGS

700

AVOCADO SEEDLINGS

700

JACKFRUIT SEEDLINGS

DISTRIBUTED AND PLANTED WITH PRACTICAL DEMONSTRATIONS

A TOTAL OF

2,591

FRUIT TREES DISTRIBUTED TO ALL GROUP MEMBERS PASTORS, CLINIC AND OFFICE GARDENS

% GROUP

GARDENS WITH PLANT-BASED COMPOST HEAPS INCREASED BY

43%

TO 87% SINCE 2020

POULTRY PROJECT 2x

100

CHICKS RAISED

%

INDIVIDUALS WITH PLANT-BASED COMPOST HEAPS INCREASED BY

63%

TO 91% SINCE 2020

VEGETABLE SALES FROM GROUP GARDENS INCREASED BY AN AVERAGE OF

400%

SINCE 2020

TOTAL VEG VALUE PRODUCED BY PROJECT

£106K

IN 2021

MEL* DATA ANALYSED FROM

48 INDIVIDUALS &
16 GROUPS REPORTED

The aim of our agriculture training is to equip learners with the skills of sustainable organic farming practices that will enable them to improve their families' food security, nutrition and income.



2021 saw pastors included within our agriculture training programme, a new challenge as they are dispersed across the Mijale and Imvepi areas and only come together for training and group activities. Training the pastors' spouses as well has produced significant benefits in vegetable production as they work together as a family team. The value of vegetable production in pastor family gardens is almost twice that as compared to other individual gardens.



ACHIEVEMENTS 2021

Christian Discipleship

The Loud Speaker and Discipleship Projects have been very effective in refugee settlements and the Mijale area, especially during the lockdown of 2021.



DAILY
NEWS &
ADVICE
AS WELL AS
SPIRITUAL
SUPPORT



JESUS
FILM SHOWN
TO
950
REFUGEES IN NEW
LOCATIONS IN
2021




NEWS
REACHING
7,048
REFUGEES & POOR
UGANDANS

COVID
AWARENESS
AND HEALTH &
WELLBEING
DISCUSSIONS

2 NEW
LOUD SPEAKER
SYSTEMS IN REFUGEE
SETTLEMENTS, NOW

4
IN TOTAL WITH LOCAL
COMMITTEES
OVERSEEING ITS
USE



Eye assessments for the Savings Group and church leaders enable them to administer their roles more effectively.



BIBLES
PURCHASED
50 IN BARI
15 ENGLISH
IN 2021

GLASSES
PURCHASED
FOR COMMUNITY
LEADERS
140
DIFFERENT
PAIRS

MANASSAH SONGA'S NEW GLASSES

"Before I received the glasses, my eyes would tear when I read for long but now, I don't experience it. Reading in an open place under the sun shine affected my eyes in a way that letters seem mixed up and the words appear black. But now I don't get disturbed under the sun while using the glasses. During prayer service in the church, the lighting is so low that I cannot read the bible without glasses but now that is possible."

ACHIEVEMENTS 2021

Clinic, CATT* & outreach

INCREASE
IN PATIENTS OF
19%
SINCE 2020

FUNDING
PRIMARY HEALTH
CARE CLINIC WHICH
HAS SEEN

11,426

SOUTH SUDANESE
REFUGEES & POOR
UGANDANS

EXPECTANT
MOTHERS SEEN IN
THE CLINIC

1,950

ANTENATAL CLASSES
& CHECKUPS

MIDWIFERY
SERVICES AT CLINIC
DELIVERED

218

BABIES SAFELY IN
2021

ULTRASOUND
SCANS FOR LOCAL
DIAGNOSIS OF

514

PATIENTS SAVING
EACH PATIENT
50MILE ROUND
TRIP



THANKS FROM KERWA HEALTH CENTRE

"Our level of cooperation with Jehovah Rapha clinic is really exceptional – our patients from Kerwa Health Centre III have benefitted on a daily basis from all the equipment in the clinic throughout the year especially the scanner, Oxygen concentrator and the various laboratory tests that are lacking in Kerwa H/C III. Even myself when I became sick, and as well, the new skills I received in treating children with all sorts of trauma. Sadly, the clinic does not receive any help from the Uganda government apart from the medical record books."

Mr. Aziku Augustus, the in-charge Kerwa H/C III
(Government health centre) & CATT Counsellor

DISTRIBUTED

450

MOSQUITO NETS & TRAINED

217

ON MALARIA
PREVENTION, FAMILY
SPACING, WATER
SANITATION AND
HYGIENE DESPITE
COVID 19

CHILDREN
GIVEN VITAMIN A

23,942

CHILDREN GIVEN DE-WORMING

21,974

PREGNANT MOTHERS
RECEIVING MULTI-VITAMIN

3,500

TRAUMA
THERAPY

9

SOUTH SUDANESE PEOPLE
TRAINED
TO WORK WITH
TRAUMATISED
REFUGEE
CHILDREN

COMMUNITY
EMOTIONAL HEALTH
PROGRAMME RAISING
AWARENESS FOR

6,500

CHILDREN &
ADULTS

2

CATT
COUNSELLORS
SELECTED
TO LEARN TO
TRAIN OTHERS

CATT
COUNSELLORS
SUPPORTED

611

CHILDREN IN
2021

AN
INCREASE OF
71%
SINCE 2020

COUNSELLING OFFERS HOPE

This testimonial written by a 17 year old girl who had suffered abandonment and abuse by family members: *"I had completely lost hope in life as I was afraid. I couldn't continue with this kind of suffering besides, seeing the future for my education being doomed is the most painful thing in my life yet, I have the dream of becoming an accountant. However, I am so grateful to the almighty God for the gift of Rev. Canon Charles - by organizing a series of counselling sessions involving psychoeducation and interesting self-story telling using some local objects which made me later feel relieved and free in mind - through his counselling sessions, I am seeing another brighter future"*

*CATT Children's Accelerated Trauma Therapy

12

ACHIEVEMENTS 2021

Education Sponsorship

MIXED
SCHOOL & HOME
EDUCATION FOR
70
STUDENTS THROUGH
COVID
RESTRICTIONS

CRESS
HAS SUPPORTED
18
THROUGH TERTIARY
EDUCATION. IN
2021 **17** ARE IN
EMPLOYMENT

STUDENT
CONFERENCE
ATTENDED BY
77
HELD IN ARUA TO
PROMOTE POSITIVE
MINDSETS

POST-
LOCKDOWN

5
PRIMARY LEAVERS
EXCEL, TWO GAIN
DIVISION 1 & THREE
DIV 2

1
UGANDAN NATIONAL
SCHOLARSHIP AWARDED
FOR A DEGREE IN
DEVELOPMENTAL
STUDIES IN GULU
UNIVERSITY

Isaac Kwaje

former CRESS
sponsored
student and now
bookkeeper
with the DOL
in Arua writes:

*"I am writing to
thank you for the
support that you
have provided*

*for me through the CRESS education
sponsorship program since 2014. When
I look back, I realise the difference this
education sponsorship has created in my
life and how it has impacted my family
and community. I was once in tears when
I saw village mates of my age leading a
hopeless and helpless life, drunkardness,
drugs addicts, limited access to education
due to poverty and I started imagining
how my life would be like without CRESS
sponsorship.*

*Thank you for helping me attain one of my
greatest dreams."*



Kenyi Gideon is now a P.5 pupil. *"I thank CRESS for supporting me during the lockdown through home learning. My father got for me good teachers to teach me at home. I learned so much and passed the tests very well. I was studying in Koboko but now because of the great improvement in my tests, I secured a position in one of the good schools in Arua. I thank God and CRESS for that. I am going to continue to work very hard. May God bless you."*



CRESS' 2021 strategy aims to help tackle the underlying causes of poverty and social injustice, as part of global efforts to meet the Sustainable Development Goals (SDGs).

1 NO POVERTY



CRESS' 49 Savings Groups aim to break the cycle of poverty by delivering loans and skills training to their 1570 members, representing over 10,000 within their households, which in turn provides them with financial security and the ability to afford an education, better nutrition, hygiene and health.



2 ZERO HUNGER



CRESS aims to increase food security through 24 Agriculture Groups by delivering training to new group members, to key community leaders and existing groups focusing on sustainable organic vegetable production and fruit tree planting and establishment.

Group and individual gardens generate a total vegetable production area of over 250 Ha with a total yearly value of £106K.

Over 2500 fruit trees were planted in 2021. The program total is now 4,300. These include mango, pineapple, papaya, orange, avocado and jackfruit.

These fruits will ripen for harvest within a couple of years improving nutrition, especially during hunger seasons of low food availability.

The selling of excess fruit and vegetable provides income for all 396 members with which they can purchase further food supplies. This will provide food security for some 3,168 individuals.

3 GOOD HEALTH AND WELL-BEING



In 2021, CRESS' Primary Healthcare Clinic treated 11,426 South Sudanese refugees and poor Ugandan people. Malaria, pneumonia and diarrhoea mostly seen in children below 5 years and pregnant mothers. While peptic ulcers, brucellosis and typhoid including STIs, skin conditions and eye problems were mostly seen in adults. There were also cases of malnutrition seen in the clinic.

The ultrasound equipment provided a diagnosis for 514 patients. The clinic's midwife helped safely deliver 218 babies and saw 1,950 mothers for antenatal clinics.

Despite COVID challenges 450 Mosquito nets were distributed and 217 mothers trained in malaria prevention, family spacing, water sanitation and hygiene. Outreach services also delivered 23,942 doses of vitamin A and de-worming for 21,974 children.

3,500 pregnant mothers received multi-vitamins

CRESS prefers to talk about our contribution to change, rather than claiming our work alone led to any given change.

*Education Response Plan for Refugees and Host Communities in Uganda (2018-2021) - www.edu-links.org

4 QUALITY EDUCATION



CRESS education sponsorship programme has supported young people in the refugee camps to access education including 10 students in tertiary education, 28 children have been supported to attend primary school and 25 at secondary level.

During the COVID restrictions and school closures their education was continued through home-tutoring and online learning as well as attending school for short periods and exams.

These students were also all invited to an educational conference in Arua to share experiences and life stories with elders and help them develop a growth mindset.

5 GENDER EQUALITY



CRESS has supported women via the primary healthcare clinic outreach services. Refugee women have been taught malaria prevention and control, hygiene, sanitation and family planning.

At the clinic 1950 have attended antenatal classes; and women make up the majority of participants in both the Agricultural and Savings Groups, where they have been taught skills to improve their food and financial security and enabling them to increase their levels of empowerment and equality to become a force for change in their communities.

50% of students who are sponsored through CRESS are female, in Uganda only 40%* of enrolled refugee students are female.

8 DECENT WORK AND ECONOMIC GROWTH



Through the 49 Savings Groups and the 24 Agricultural Groups, CRESS has helped the South Sudanese group members to set up and develop their own businesses, grow their own food and generate their own income which encourages sustainable economic growth in their households and communities.



11 YEARS OF CRESS

2010

2011

- > 1st Chalke Valley trip & Clergy conference
- > 11 Clergy treated for River blindness
- > 20 children sponsored
- > Small 2 roomed clinic opens in Liwolo

2014

- > Chalke Valley Lent Project raises £20,000 for building 8 roomed clinic in Liwolo

2016

- > 35 women in three groups in Kajo Keji form the first agricultural project
- > Solar fridge arrives at the clinic all the way from Wales
- > People start to flee to Uganda

2018

- > Clinic accredited with Ugandan Health Authority
- > Agriculture training re-starts

2020

- > Supported refugees through COVID lockdown with food, PPE, home-schooling and Loud Speaker Project
- > Used Zoom for meetings with Arua and UK events

2013

- > 85 water filters given out to clergy and MU members
- > First agricultural training in Uganda
- > Women's conference attended by 200 women in Kajo Keji led by 6 women from UK

2015

- > New clinic opened by CRESS team
- > Fred Taban comes to the UK to study at All Nations College

2017

- > War means many from Kajo Keji flee to Uganda
- > CRESS moves to Uganda - office opens Arua
- > May. Joseph Aba becomes Bishop of the newly created Diocese of Liwolo - CRESS starts working with the Diocese of Liwolo as their partner organisation
- > Clinic opens in September in Mijale

2019

- > 41 savings groups started with 1,041 members
- > Clinic undertook hygiene and RUMPS training, and co-ordinated CATT Counsellors as well as seeing 7862 patients
- > Bishop Joseph leads a student conference

2021

- > All in this report...



Eric Nelson

Isaac Kwaje

Bishop Joseph Aba

Samuel Doa

Murye Scopas

Gale Scopas

Rina Kojo

Mawa Fred

Isaac Soro

Joel Abate

Yango Yunja

Alex Kenyi

Moses Marle

Irene Abiko

Julious Abate

MAKING A DIFFERENCE

COMMUNITY SUPPORT

New Vehicle Appeal success over £8,900 raised in 2021



Open Garden visited by over 200 raising £3537, plus £3610 in donations



Wiltshire school raises money for CATT children to have biscuits and soap



Two young Broadchalke children raised money for school books



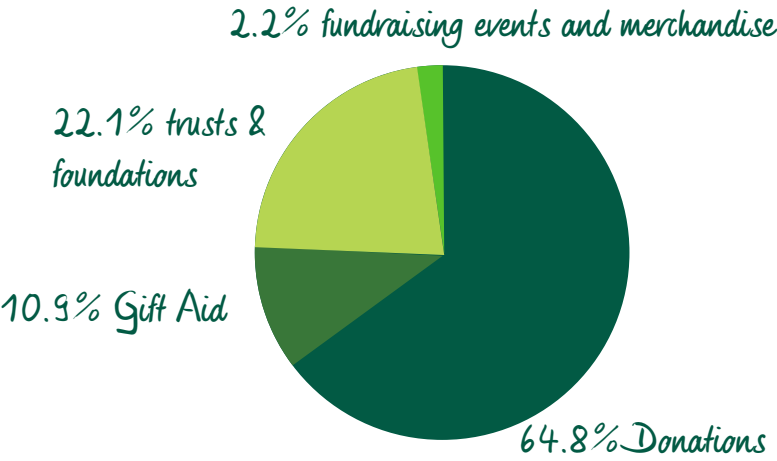
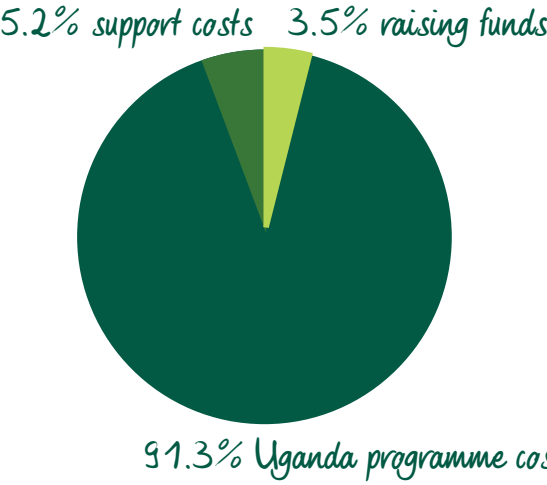
2000 CRESS Christmas Cards sent by our supporters



FINANCE

Income

Total: £223,155



Expenditure

Total: £239,909

Finance highlights of CRESS' 2021 Accounts



Food distribution enabled by CRESS

STRATEGIC OBJECTIVES

The table below sets out our plans for the coming year:

Strategic Objective	Plans 2022
Begin process of community ownership without UK support where feasible	<ul style="list-style-type: none"> • Continue to improve governance in UK & Uganda • Continue poultry & gardens project to support office & clinic
Equip refugees to be income secure	<ul style="list-style-type: none"> • Agriculture Groups develop sustainability • Savings Groups increased to 60, continue introducing training including agriculture • RUMPS training continued
Improve and develop training to boost livelihood opportunities for young	<ul style="list-style-type: none"> • Sponsored education, academic and vocational, both to be valued • RUMPS training
Build capacity and capabilities of organisation to deliver strategy	<ul style="list-style-type: none"> • Improve current monitoring and supervisory processes • Develop and train CRESS staff & volunteers • Further develop strategies, policies and budgets
Diversify income generation and boost fundraising	<ul style="list-style-type: none"> • Increase Regular Donors, Legacies, Major Donors, Corporates, Trust Funds • Increase fundraising events • Recruit Ambassadors and volunteer fund-raisers
Improve health in the community and sustainability of clinic	<ul style="list-style-type: none"> • Primary Healthcare Clinic, increase sustainability • Improve clinic facilities • Further support CATT counselling

GOVERNANCE

Governance

CRESS is an unincorporated organisation. Its governing document is a trust deed dated 12th of April 2011, as amended by resolutions dated 23rd of January 2013 and 11th of November 2019.

CRESS recruits Trustees in the UK with the skills and experience to ensure the charity carries out its activities effectively and efficiently. New Trustees are appointed by existing Trustees.

The Trustees take an active interest in operational activities and remain informed through regular reports and three full Board meetings a year.

2021 Trustees

Chair of Trustees

Jeremy Metcalfe

Trustees

Caroline Lamb

John Kenneth Elliott Broadley

Dr Jonathan Oliver Cullis

Jane Guy

Olivia Jane Jones

Specialist Volunteer Advisers

Emotional Health Advisor

Fiona Sheldon

Education and Sponsorship

Becky Sedgwick

Agricultural Adviser

Olivia Jane Jones

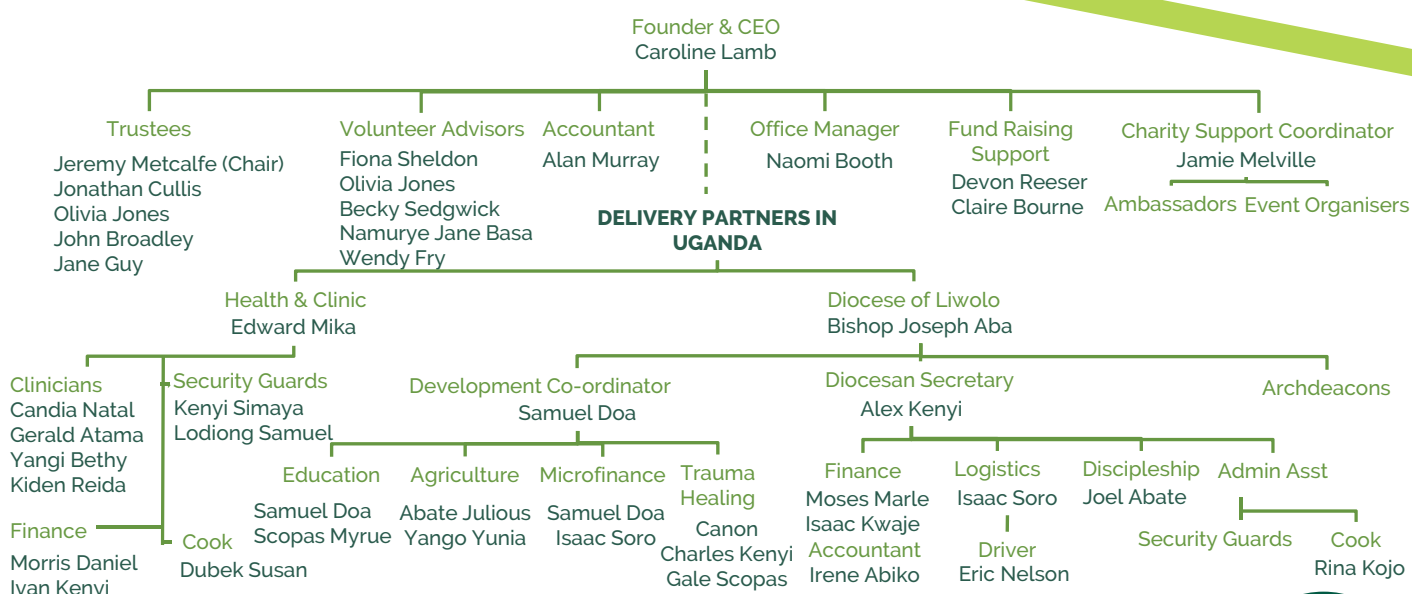
South Sudan Adviser

Namurye Jane Basa

Volunteer Coordinator & Strategy Assistant

Jamie Melville

ORGANISATION STRUCTURE





Ven. Jacob Karaba's wife with harvested vegetables for their second season

Public Benefit

The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales. This Annual Report provides a summary of our main activities undertaken in 2021 demonstrating our charitable purpose for the public benefit.

Risk Management

The Trustees have approved a risk register in 2021, important risks discussed at each trustee meeting. The register will be reviewed annually.

Safeguarding

The Trustees believe that the welfare of children and vulnerable individuals is paramount. The charity operates within the framework of its safeguarding policy, which clearly states how incidents and allegations will be handled should they arise.



Clinic Midwife, Bethy with pregnant mothers for an antenatal class



Donated musical instruments and tuition enhance learning and worship

Financial Overview

CRESS' financial position is shown in the attached accounts. Income from supporters' donations, together with the associated Gift Aid, increased by 4% compared to the previous year to £168,822 despite the continued disruption caused by the pandemic. However, grants from other agencies were only half the previous year's level at £49,336. Much of the extra grant money received in 2020 was for short term projects which have continued their implementation during 2021 and as a result the overall expenditure on charitable activities in Uganda increased slightly over the previous year to £219,035, with support for the core staff, students and activities being maintained at the previous level.

Unrestricted reserves carried forward were £54,709 (2020: £53,545) and with funds in hand

and current income streams, the core activities are expected to be sustainable through the coming year ahead.

Reserves

CRESS understands that our supporters want our resources to be used in the most efficient and effective manner achieving maximum impact for our beneficiaries. The Trustees aim to maintain unrestricted bank balances at a level which will provide sufficient funds to ensure that charitable activities, support and governance costs are covered for 3 months. The Trustees believe that the scale of our current operations requires no change to the reserves policy. However, they will continue to review the situation as the charity develops.



Students at the education conference share life experiences and look forward together

CHARITY DETAILS

Charity

CRESS

Christian Relief and Education for South Sudanese

Registered Charity Number

1141343

Principal Address

Knighton Manor Farm, Knighton Road, Broad Chalke, Salisbury, Wiltshire, SP5 5EB

Bankers

HSBC Bank Plc Blandford Forum

17 Market Place, Blandford Forum, Dorset, DT11 7AG

Independent Examiner

H Flint FCA

Mead House, High Road, Broad Chalke, Salisbury, Wiltshire, SP5 5EH

Adviser

Alan Murray

72 Churchfield Road, Poole, Dorset BH15 2QP

ANNUAL ACCOUNTS

CRESS

For the year ended 31 December 2021

Registered charity number: 1141343

CONTENTS

28-34	Statements of Financial Activities
35	Independent Examiners report to the Trustees
36	Statement of Trustee responsibilities

STATEMENT

of Financial Activities

Year ended 31st December 2021

			Unrestricted	Restricted	2021	2020
			Funds	Income Funds		
Incoming resources (Note 2)						
	Income and endowments					
		Donations and legacies	88,855	129,503	218,358	260,157
		Other trading activities	4,796	-	4,796	827
		Investments	1	-	1	9
	Total income and endowments		93,652	129,503	223,155	260,993
Resources expended (Note 3)						
	Expenditure					
		Raising funds	8330	-	8330	8,009
		Charitable activities	83,958	147,621	231,579	220,699
	Total expenditure		92,288	147,621	239,909	228,708
Net income (expenditure) before transfers			1,364	(18,118)	(16,754)	32,285
Transfer of funds						
	Transfer between funds		-	-	-	-
Net movement in funds			1,364	(18,118)	(16,754)	32,285
Reconciliation of funds						
	Total funds brought forward		53,545	62,719	116,264	83,979
	Total funds carried forward		54,909	44,601	99,510	116,264

BALANCE SHEET


CRESS

As at 31 December 2021

		2021	2020
Fixed assets			
	Tangible assets (Note 6)	154	206
Current assets			
	Debtors (Note 7)	5,338	11,519
	Cash at bank and in hand (Note 9)	96,016	105,735
		101,354	117,254
Creditors: amounts falling due within one year			
	Creditors (Note 8)	1,998	1,196
Net current assets			
		99,356	116,058
Total assets less current liabilities			
		99,510	116,264
Funds of the charity (Note 11)			
	Restricted funds	44,601	62,719
	Unrestricted funds	54,909	53,545
	Total funds	99,510	116,264

Approval

Signed on behalf of all the trustees



Jeremy Metcalfe
Chair of Trustees

Date

29.03.22
.....

NOTES

to the Financial Statements As at 31 December 2021

1. Accounting Policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014;
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102); and with
- the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

The Trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

The charity is not registered for VAT.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Support Costs

The charity has incurred expenditure on support costs.

Notes to the Financial Statements

Year ended 31st December 2021

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Expenditure and liabilities

Liability recognition

Liabilities are recognised where it is more than likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. Support costs include central functions.

Creditors

The charity has creditors which are measured at settlement amount less any trade discounts.

Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year, and cost at least £1,000. They are valued at cost. The depreciation rates and methods used are as follows:

Account	Method	Rate
Equipment	Reducing balance	25%

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement account after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Notes to the Financial Statements

Year ended 31st December 2021

		Unrestricted Funds	Restricted Income Funds	2021	2020
2. Analysis of income					
	Donations and legacies				
	Donations and gifts	67,606	77,085	144,691	132,365
	Gift Aid	10,105	14,226	24,331	27,462
	General grants provided by other charities	11,144	38,192	49,336	100,330
	Total donations and legacies	88,855	129,503	218,358	260,157
	Other trading activities				
	Events and merchandise	4,796	-	4,796	827
	Total other trading activities	4,796	-	4,796	827
	Income from investments				
	Interest income	1	-	1	9
	Total income from investments	1	-	1	9
	Total income	93,652	129,503	223,155	260,993
	Total income in the previous year	97,216	163,777	-	260,993
		Unrestricted Funds	Restricted Income Funds	2021	2020
3. Analysis of expenditure					
	Raising funds				
	Expenditure on raising funds	8,330	-	8,330	8,009
	Investment management costs				
	Total raising funds	8,330	-	8,330	8,009
	Charitable activities				
	Programme costs	71,414	147,621	219,035	203,997
	Support costs	12,544	-	12,544	16,702
	Total charitable activities	83,958	147,621	231,579	220,699
	Total expenditure	92,288	147,621	239,909	228,708
	Total expenditure in the previous year	68,959	159,749	-	228,708

Notes to the Financial Statements

Year ended 31st December 2021

		Unrestricted funds	Restricted income funds	2021	2020
4. Programme costs					
	Agriculture	-	9,659	9,659	18,236
	Bush schools	-	2,041	2,041	-
	CATT training	404	3,633	4,037	6027
	Christian discipleship	350	3,500	3,850	2377
	Clinic equipment and running cost	-	7,798	7,798	1517
	Clinic medicine	-	8,631	8,631	19,768
	Covid 19 response	46	500	546	22,950
	Education	-	43,956	43,956	42,243
	General office costs	-	7,077	7,077	677
	Land	-	7,841	7,841	-
	Lent project	-	-	-	-
	Loud speaker project	-	-	-	1,540
	Management, administration and staff support costs	22,332	-	22,332	35,918
	Refugees	-	-	-	-
	RUMPS	-	149	149	1,921
	Salaries	8,326	52,067	60,393	45,636
	Savings groups	4,796	-	4,796	1,469
	Support medicine	874	769	1,643	2,946
	Travel	-	-	-	-
	Vehicle purchases	34,286	-	34,286	-
	Vehicle maintenance	-	-	-	772
	Total	71,414	147,621	219,035	203,997
5. Support costs					
	Governance	218	-	218	797
	Office and accountancy support	8,448	-	8,448	11,382
	IT software and consumables	1,592	-	1,592	1,538
	Printing postage and stationery	1,062	-	1,062	1,450
	Others	1,224	-	1,224	1,535
	Total	12,544	-	12,544	16,702

Notes to the Financial Statements

Year ended 31st December 2021

6. Tangible fixed assets					
		Equipment		Total	
Cost					
	At 1 January 2021	650		650	
	At 31 December 2021	650		650	
Depreciation					
	At 1 January 2021	444		444	
	Charge for year	52		52	
	At 31 December 2021	496		496	
Net Book Value					
	At 31 December 2021	154		154	
	At 31 December 2020	206		206	
		Unrestricted income funds	Restricted income funds	2021	2020
7. Debtors					
	Prepayments and accrued income	5,338	-	5,338	11,519
8. Creditors					
	Accruals and deferred income	1,998	-	1,998	1196
9. Cash at bank and in hand		47,966	48050	96,016	105,735

Notes to the Financial Statements

Year ended 31st December 2021

11. Charity funds		Balance at	Income	Expenditure	Transfers	Balance at
		1 January 2021				31 December 2021
Unrestricted funds						
	Contingency	18,899				18,899
	General	8,105	93,452	(92,288)	8,688	17,957
Designated funds						
	Vehicle replacement fund	20,010	-	-	(18,320)	1,690
	Programme costs	6,531			9,632	16,163
	Total	53,545	93,652	(92,288)	-	54,909
Restricted funds						
	Agriculture	7,847	6,588	(9,659)		4,776
	Bush schools fund	41	2,500	(2,041)		500
	CATT training	48	3,600	(3,633)		15
	Christian discipleship		3,500	(3,500)		-
	Clinic equipment and running costs	9,699	4,125	(7,798)		6,026
	Clinic medicine	3,378	7,000	(8,631)		1,747
	Covid 19 response		500	(500)		-
	General office costs in Uganda	16,854	40,828	(43,956)		13,726
	Education	3,417	6,499	(7,077)		2,839
	Land for clinic buildings	7,841		(7,841)		-
	Loud speaker project			-		-
	RUMPS - women's health	1,680		(149)		1,531
	Salaries	10,899	54,363	(52,067)		13,195
	Savings groups	-		-		-
	Support medicine for staff	769		(769)		-
	Travel	246				246
	Vehicle maintenance			-		-
	Total	62,719	129,503	(147,621)	-	44,601
Total funds		116,264	223,155	(239,909)	-	99,510

Notes

The Designated funds represent unrestricted income funds that have been provisionally set aside to provide for a replacement vehicle for the operations in Uganda, and certain other salaries and expenses in the coming year in order to ensure continuity of essential coordinating services provided by the implementing partner agency.

The Restricted Income funds represent grants and other donations that have been specifically raised for certain elements of the development programme in Uganda. The Education fund includes a sponsorship programme covering fees and other educational expenses for a number of school and university students in the community.

The salaries fund includes grants and sponsorship for key staff and project coordinators in the Diocese of Liwolo.

Notes to the Financial Statements

Year ended 31st December 2021

		Balance at 1 January 2020	Income	Expenditure	Transfers	Balance at 31 December 2020
Unrestricted funds						
	Contingency	18,899				18,899
	Education	6,389	97,216	(68,959)	(26,541)	8105
	General					
	Mechanic					
	Salaries				20,010	20,010
	Support medicine				6531	6,531
	Total	25,288	97,216	(68,959)	-	53,545
Restricted funds						
	Agriculture	7,735	16,393	(16,281)		7,847
	Bush schools fund	41				41
	CATT training	1,075	5,000	(6,027)		48
	Christian discipleship	2,260		(2,260)		-
	Clinic medicine		11,216	(1,517)		9,699
	Education	21,874	1,272	(19,768)		3,378
	Land		22,538	(22,538)		-
	Lent project	9,062	50,035	(42,243)		16854
	Management, administration and staff support costs	-	4094	(677)		3417
	Salaries		7,841			7,841
	Savings groups		625	(625)		-
	Support medicine	2,458	1,143	(1,921)		1,680
	Travel	10,814	43,620	(43,535)		10,899
	Refugee	493		(493)		-
	RUMPS	2,344		(1,575)		769
	University fees	246				246
	Vehicle maintenance	289		(289)		-
	Total	58,691	163,777	(159,749)	-	62,719
Total funds						
		83,979	260,993	(228,708)	-	116,264

12. Transactions with trustees and related parties

During the year six trustees made donations totalling £9,970 (2020: £18,007) towards the normal activities of the charity.

One trustee was reimbursed £982 (2020: £1,868) for expenses incurred on behalf of the charity. No other trustees have received any expenses or benefits from the charity during the year.

INDEPENDENT EXAMINER'S

Report to the Trustees of Christian Relief and Education for South Sudan CRESS

For the year ended 31 December 2021

I report to the Trustees on my examination of the accounts of the above charity (Christian Relief and Education for South Sudanese) for the year ended 31 December 2021 which are set out on pages 24 to 34,

Responsibilities and basis of report

As the Charity's Trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of 2011 Act and in carrying out my examination, I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm no material matters have come to my attention in connection with the examination which give me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

..... Henry Flint

Henry Flint FCA

Mead House, High Road, Broad Chalke, Salisbury, Wiltshire, SP5 2EH

Date: 24 March 2022

STATEMENT

of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The law applicable to charities requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declaration

The Trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Trustees



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Olivia Jones
Secretary

Date: 29.03.22
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