

CRESS

England & Wales · Charity number 1141343

Details

Other names	CHALKE VALLEY AFRICA FUND, CRESS
Status	Registered
Legal form	Trust
Registered	2011-04-12
Register	View on the Charity Commission register

Contact

Address
Knighton Manor Farm
Knighton Road
Broad Chalke
Salisbury
SP5 5EB

Phone 01722780789

Email contact@cressuk.org

Website www.cressuk.org

Activities

Objects: 3.1 THE PREVENTION AND RELIEF OF POVERTY, SUFFERING, DISTRESS AND ILL-HEALTH AND THE ADVANCEMENT OF EDUCATION, SELF-SUFFICIENCY, SUSTAINABILITY AND CHRISTIAN DISCIPLESHIP IN AFRICA BY PROVIDING GRANTS, ITEMS AND SERVICES IN SUCH WAYS AND SUCH PLACES AS THE TRUSTEES SEE FIT, WHICH INCLUDES BUT IS NOT LIMITED TO:(a) improving educational opportunities and standards through sponsorship (b) improving primary health, trauma and maternal care through training and sponsorship, including the provision of a primary health care clinic;(c) providing training and support for but not limited to agriculture;(d) promoting community finance through the establishment of Savings Groups and the provision of loans, education and advice;(e) equipping, training and supporting local clergy and lay church members

Activities: Christian Relief Education Skills and Sustainability (CRESS) is based in Wiltshire, UK and has a partner organisation based in Arua, Uganda. It supports South Sudanese and Ugandan people, by providing educational bursaries for all ages; operating a primary healthcare clinic; education in agriculture skills using trained leaders, psychological trauma support and vocational training.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- South Sudan
- Uganda
- Wiltshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£327,799	£298,300	-	-
2024-12-31	£396,587	£348,160	-	-
2023-12-31	£318,277	£293,762	-	-
2022-12-31	£314,389	£292,855	-	-
2021-12-31	£223,155	£239,909	-	-

Trustees

Name	Role	Appointed
RICHARD JEREMY DAVID METCALFE OBE	Chair	2021-06-01
Anthony Belchambers		2023-09-28
CAROLINE LAMB MA OXON		2020-03-19
Dr JONATHAN OLIVER CULLIS		2011-04-12
Jane Guy		2017-03-31
John Kenneth Elliott Broadley		2018-12-05

CRESS

England & Wales - Charity number 1141343

Accounts

ANNUAL REPORT 2025

Building stronger, for a better future

registered charity no. 1141343



Knighton Manor, Broad Chalke, Salisbury, Wiltshire SP5 5EB
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*since 2010 CRESS
has been helping the
South Sudanese
create self-sufficient,
sustainable and ethical
communities*

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CRESS began working in Rhino 8 in 2025 - this is the newest refugee settlement in northern Uganda



VISION, MISSION & VALUES

Kade Rose, a member of Friendly Group in Mijale



CORE VALUES



Christian Relief
Education Skills and
Sustainability

VISION

Holistically transformed
communities living self-
sufficient lives

MISSION

Educate and train displaced people
with the knowledge and skills to
empower them to establish self-
sustaining communities.

compassion

sustainability

empowerment

integrity

continuous
learning

partnership

CHARITABLE OBJECTIVES

Purpose

The prevention and relief of poverty, suffering, distress and ill-health and the advancement of education, self-sufficiency, sustainability and Christian discipleship in Africa by providing grants, items and services in such ways and such places as the trustees see fit, which includes but is not limited to:

(a) improving educational opportunities and standards through sponsorship

(b) improving primary health, trauma and maternal care through training and sponsorship, including the provision of a primary health care clinic;

(c) providing training and support for but not limited to agriculture;

(d) promoting community finance through the establishment of Savings Groups and the provision of loans, education and advice;

(e) equipping, training and supporting local clergy and lay church members

Lulu Emmanuel, Clinical Officer, with some children from Rhino 8



OUR WORK



Strategy 1

Sustainable and equitable access to nutritious food

Project 1

Self-reliance and resilient livelihood project



Tools, seeds & advice



Providing training and ongoing advice



Training Lead Farmers & Community Process Facilitators



Providing savings materials



Advice for individuals

Strategy 2

Improve health and wellbeing

Project 2.1

Preventive Community Health



Providing maternal care



Diagnosis & treatment



Outreach services

Project 2.2

CATT* Counselling & Awareness

Trauma Awareness



Helping young people



Strategy 3

Enable a functional & literate society

Project 3

Holistic & Inclusive Education



Provide support to enable children to get quality education opportunities



Equipment for schools



Exams success for candidates



Continued learning for CRESS staff

Strategy 4

Promote spirituality & moral integrity

Project 4.1

Community Discipleship and Evangelism



Build clergy capacity for discipleship through discipleship materials and transport

Project 4.2

Child Evangelism and Discipleship



Training and equipment for volunteer youth workers



Good news clubs, 5 days' clubs and school ministry

MESSAGE FROM THE CEO

2025 has seen CRESS Africa Foundation (CAF) team continue to embed themselves in their role, serving and empowering the refugee and host communities in rural northern Uganda.

It was a delight to take Jonathan Woolven out to visit the projects with his special focus on the agriculture part of the Livelihood Project and his interest in the holistic approach CRESS takes to ensure that individuals and communities can thrive.

CAF have strengthened their agriculture training this year with the introduction of Lead Farmers. Lead Farmers have undergone additional training, like our CPFs (Community Process Facilitators), but they are members of a Livelihood Group - so are constantly on the ground working the gardens, helping their group attain the best results for each season. This knowledge then also filters down into the individual gardens around group members' homes. The agriculture work is now more important than ever as there are no food supplements given to refugees after the first six months, so they need to feed themselves and make a living to survive. The Lead Farmer initiative has made a significant improvement in implementation of the sustainable, climate-smart agriculture techniques which in turn have improved yield and profitability.

It was also great to have Jonathan with me as he was happy to travel the many, many miles to each of the different projects including to the new Rhino 8 camp where new refugees from many different countries are being hosted - but the infrastructure, including roads is very poor. Jonathan went there to visit the

Pamugun livelihood group in their cabbage garden when Jonathan visited



Healthcare team, who, from October to December were running the only clinic in the area. UNHCR had provided tents for the clinic, but it was only staffed two days a week and that provision was being pulled. Our health team moved in, lived in tents and saw 716 patients in their first three weeks. The work there has been exceedingly appreciated by patients and other agencies in the area, but the team is not large enough to sustain the intensity and volume that is needed as well as providing our other healthcare services, so it looks like another change for health in 2026.

The healthcare projects, which as well as health care include our maternal healthcare, RUMPs (Reusable Menstrual Pads) and CATT (Children's Accelerated Trauma Therapy) are well funded in 2026 thanks to our amazing donors and Big Give Christmas Challenge of 2025. CRESS could simply not continue to help, lift-up and strengthen the refugees and their host community and enable them to live sustainably without the support of our amazing donors and grant providers and I am forever thankful to all of them for enabling our work.

On a personal note I was very much humbled by my nomination and to be awarded an MBE in the King's Birthday Honours 2025 in recognition of my charity work supporting South Sudanese refugees. Thank you to those who supported my nomination and congratulated me on the award, it was a very special occasion.

Cashie

Another busy day in the clinic in Rhino 8





Meet Mutinga Joyce

"I'm 18 years old, a lactating mother from South Sudan, and a member of the Lyete Group of Happy and Healthy Mothers and their babies here in Imvepi Refugee Settlement. I want to thank Cress Africa Foundation from the bottom of my heart for bringing this life-changing health education to us starting from June, 2025.

Since arriving in Uganda, we've never had such a powerful and practical training. They taught us how to prevent malaria - a disease that has affected so many of us - and even showed us how to properly hang mosquito nets to protect our families. We received mosquito nets for all mothers and mama kits for pregnant women, which are so important for safe deliveries.

Before this, CRESS had already given us agricultural tools, which helped us grow food and care for our children. These tools are helping us become self-reliant, and now with the health support, we feel even more empowered. It's true what they said - the name of the project is 'Happy and Healthy Mothers and their babies,' and today, I truly feel both happy and healthy.

This project has given me hope. I had to stop school in Senior Three, but now I believe I can go back and continue my education. I dream of becoming like the staff of CRESS Africa Foundation - strong, kind, and committed to helping others. Thank you so much to Lulu Emmanuel, your team and everyone who made this possible. Without your care and support, none of this would have reached us. You've touched our lives in ways we will never forget."

ACHIEVEMENTS 2025

Livelihood Project Savings Groups

Savings groups act like a community bank. Refugees put their money in and can then ask for loans for business or the needs of their family. They repay over time with interest. The groups also are encouraged to be involved in projects together to raise funds which are distributed yearly.

SUPPORTING

70

LIVELIHOOD GROUPS
IMPACTING 2,080
HOUSEHOLDS

MATURE
GROUPS

12

GROUPS ABOUT 5 YEARS
OLD NOW OPERATE
INDEPENDENTLY

OF
LOANS
TAKEN

79%

WERE TAKEN BY
WOMEN

SUPPORT
& TRAINING FOR

9

CPFs (COMMUNITY
PROCESS FACILITATORS)
TO SUPPORT THE
GROUPS

MEMBERS
TRAINED

935

IN MARKET RESEARCH,
BUSINESS SELECTION,
BUSINESS
MANAGEMENT &
BUDGETING

TOTAL
SAVINGS
£323,281
WITH BUSINESS LOANS
TOTTALLING
£143,903
IN 2025

FORMED &
EQUIPPED

26

NEW GROUPS 10 FOR
THE HAPPY HEALTHY
MOTHERS PROJECT
in IMVEPI

MENTORED

610

IN FINANCIAL LITERACY
ON LOANS MANAGEMENT,
SOCIAL FUND UTILIZATION,
BUDGETING AND
RECORD KEEPING

MEMBERS
IN BUSINESS

1,186

INC. SHOPS, CHARCOAL,
VEGETABLES, HAIR SALON,
MOBILE MONEY, HOTEL,
BIKE TAXI &
PANCAKES

TRAINED

535

IN
ENTREPRENEURSHIP

TRAINED
CRESS STAFF WHO
THEN TRAINED

15 GROUPS IN BUSINESS
PLAN DEVELOPMENT,
5 IN FINANCIAL LITERACY,
3 IN CONFLICT
RESOLUTION, 2 IN
VISION PLANS

GROUPS
MEMBERS ARE

80.5%

FEMALE
3% HAVE A
DISABILITY OR
HIV

Martha Uma.

Martha Uma is a member of Ngun Kata group in Rhino Camp. She has saved 350,000 Ugandan shillings (just over £70) through consistent group participation and has invested in a sewing machine to start a tailoring business.

She said the income from the business will support her children's school fees and enable her to continue saving.

Martha with her sewing machine



9

* Savings Groups are also known as Community Savings and Credit Groups CSCGs

ACHIEVEMENTS 2025

Livelihood Project Agriculture

The aim of our agriculture training is to equip learners with the skills of sustainable organic farming practices that will enable them to improve their families' food security, nutrition and income.

TRAINING FOR
1,287
GROUP MEMBERS
IN CLIMATE-SMART
SUSTAINABLE
AGRICULTURE
79%
FEMALE

IN 2025
809
INDIVIDUAL GARDENS
ESTABLISHED WITH
1,083
WORKING GROUP
GARDENS

INPUTS
& SEEDS FOR
49
GROUPS IN
2025



Poni Jane
of Faith
group
chose
tomatoes
and onion
for her crop

TREE
SEEDLINGS
DISTRIBUTED
2,610

INCLUDING GRAFTED MANGO,
ORANGE AND GUAVA TO 870
GROUP MEMBERS IN RHINO
CAMP, IMVEPI
& MIJALE

TRAINED
83

LEAD FARMERS FROM
29 GROUPS ACROSS
ALL LOCATIONS

RHINO
CAMP
29
MEMBERS
SUPPORTED IN POST-
HARVEST CROP
MANAGEMENT

EMERGENCY
SUPPORT FOR

50

NEW REFUGEES IN
RHINO 8

TRAINING
INSPIRED

32

GROUPS TO MAKE
COMPOST MANURE
PITS WITH PLANT
MATERIAL

Summary of the modules covered during the sustainable climate smart agriculture training.

- Nursery bed establishment and management.
- Agronomy field best practices such as mulching, irrigation, weeding.
- Soil management.
- Crops Pest identification and control.
- Post-harvest handling.
- Soil improvement
- Liquid manure making
- Organic pesticides making.

NEW IN 2025, LEAD FARMERS ARE INSPIRING OTHERS

Each group has a lead farmer who receives extra training so that they can go on to train their peers. They lead their groups and cascade their knowledge ensuring better outcomes. Alongside better agricultural practices, this approach brings communities together for greater unity, sustainability and self-sufficiency.

Kade Rose, lead farmer of Friendly Group
in her tomato garden being supported by her CPF



ACHIEVEMENTS 2025

Christian Discipleship



A Good News Club in action

"My name is Gifton Lupai, and I attend Generation Stars Good News Club in Imvepi Refugee Settlement. I am very grateful to the children's workers for coming to teach us in the Good News Club. I have learnt the stories in the Bible, I used this knowledge and passed my RE exams very well. I know how to read my Bible. Thank you so much, for coming every week to teach us in Good News Club."

CHILDREN
REACHED
28,446

IN 60 GOOD NEWS CLUBS, 21,721
CHILDREN IN 36 SUNDAY SCHOOL
CLASSES, 3,990 CHILDREN IN
114 CHRISTMAS PARTY CLUBS
AND 21,798 PUPILS IN 15
SCHOOLS WHERE SCHOOL
MINISTRIES WERE
CONDUCTED

SOME

2,707

CHILDREN GIVING
THEIR LIVES TO
CHRIST

TRAINED

117

VOLUNTEER YOUTH WORKERS IN
3 SUPER SEMINAR WORKSHOPS,
TRAINED 3 VCWs* IN DYNAMICS
OF TEACHERS TRAINING COURSE,
TRAINED 372 VCWs IN 10
CHRISTMAS PARTY TRAINING
WORKSHOPS, 60 VCWs TRAINED
ON SAFEGUARDING &
CHILD PROTECTION.

Volunteer youth
workers after
meeting with bikes
and supplies



Supporting Christian Communities

PRAYER &
COUNSELLING

1,220

FOR EMOTIONAL &
SPIRITUAL
COMFORT

ESTABLISHED

87

FELLOWSHIP
GROUPS FOR
YOUNG
WOMEN

OVER
31,000
IN IMVEPI RECEIVING
DISCIPLESHIP AND
50,000
REACHED IN
BIDIBIDI & HOST
COMMUNITY

FORMED

78

BIBLE STUDY
GROUPS

TRAINED

360

TO LEAD AND
DISCIPLE
OTHERS



Ministry team
in Imvepi

> Counselling and pastoral visits have increased due to alarming issues in the camp.

> Unity among the children of the different tribes as they come together for the children's activities means unity with the parents, schools and the community.

CRESS has continued to support communities in Bidi Bidi and Imvepi camps throughout 2025.

* VCWs are Volunteer Children's/Youth Workers

ACHIEVEMENTS 2025

Clinic, CATT* & outreach



Making RUMPS** left and below Nurse Bethy with patients in Rhino 8

In 2025 we supported a clinic in Koboko and then from October in Rhino 8. We also supported maternal health and RUMPS** training. The CATT* team work remotely in the villages near where each counsellor lives.

MIDWIFE SUPPORT FROM THE CLINIC

"My name is Huda Sumbua. I'm 31 years old, a proud Ugandan and one of the pregnant mothers in my final weeks pre-delivery. I belong to the United Women Group under the 'Happy, Healthy Mothers project' here in Imvepi refugee settlement.

This afternoon, we received mosquito nets and Mama Kits, and were taught how to use them properly - including how to hang the nets to protect ourselves and our babies from malaria. These teachings were so practical and empowering. I'm deeply grateful for this support.

Before today, I was so worried. As my delivery date approached, I didn't know where I would get the necessary supplies for my unborn baby. But God answered my prayer through this project. Receiving a Mama Kit at this moment is a blessing I will never forget. Things are not easy right now - essential supplies are hard to come by - but I feel incredibly lucky to be part of this group of Happy and Healthy Mothers."

IN RHINO
CRESS STAFF SAW
2,073
MATERNAL & CHILD HEALTH FOR
315
LAB TESTING FOR
1,633

RUMPS
TRAINING FOR
154
IN SCHOOLS &
RHINO 8

HAPPY
& HEALTHY
MOTHERS PROJECT
300
MOTHERS REACHED,
240 MOSQUITO NETS,
55 MAMA KITS, 150
IRON, DEWORMING &
MALARIA GIVEN



Left: Huda Sumbua

CATT*

Children Accelerated Trauma Therapy (CATT) is a structured, evidence-based trauma intervention for children aged 6–18 years experiencing Post-Traumatic Stress Disorder (PTSD). Eligibility requires a CRIES-8 score of 17/40 and above, with recovery typically achieved within 2–6 sessions.

Our trained CATT* Counsellors continue their valuable work de-traumatising child refugees and the host community, in rural Northern Uganda

**RUMPS Reusable Menstrual Pads

*CATT Children's Accelerated Trauma Therapy

CHILDREN
TREATED WITH CATT
606
CHILDREN SCREENED CHILDREN COUNSELLLED
760 466
CATT FOR STUDENTS
8

PTSD
AWARENESS
SESSIONS
68
IN 2025

TRAUMA
THERAPY
7
LOCAL COUNSELLORS
WORK WITH TRAUMATISED
CHILDREN
6 NEW BICYCLES
6 PHONES
PROVIDED



12

ACHIEVEMENTS 2025

Education Sponsorship

PRIMARY
& SECONDARY
EDUCATION FOR

53

REFUGEE
STUDENTS

PRIMARY
LEAVERS EXAMS
TAKEN & PASSED

3

IN 2025

EDUCATION
CONFERENCE
INSPIRING

177

STUDENTS

ENABLING

4

WITH
VOCATIONAL
TRAINING

UGANDAN
CERTIFICATES OF
EDUCATION* TAKEN

11

240 BOXES
OF SCHOOL
CHALKS AND 24 BOXES
OF PENS TO 24 REFUGEE
SCHOOLS SUPPORTING

27,130

REFUGEE CHILDREN IN
IMVEPI & RHINO
CAMP

SUPPORTING

9

THROUGH FULL
TIME TERTIARY
EDUCATION

GRADUATION
FOR

5

TERTIARY
STUDENTS



RUBA COMFORT EXCELS

Ruba Comfort Moses, a refugee girl from Rhino Camp, shows how education sponsorship can transform lives. She was among three learners supported by CRESS to sit for the Primary Leaving Examinations (PLE) this year.

Earlier in the year, Ruba's mock exam results were discouraging, and limited resources threatened to derail her education. Her mother could not afford coaching or textbooks for exam preparation. CRESS responded, covering extra classes and learning materials. Ruba committed herself fully to her studies, working harder than ever. Her determination paid off when the results were released, showing an outstanding first grade that surprised her teachers, family, and community.



Isaac Kuga completed his vocational skills training achieving a Certificate in Graphics and Design. He told us, *"Before the training, I had little hope of earning a sustainable income or contributing meaningfully to my community. But through this vocational programme, I gained hands-on skills in branding, poster design, photo editing, business cards, digital art, and social media content creation."*

"Today, I am equipped not only with technical knowledge but also with confidence and creativity. I have already started designing fliers and logos for local businesses within the settlement, earning a small but growing income. My dream is to open a mini-design studio where other youth can also learn and work. I'm thankful to CRESS Africa Foundation and my sponsor for believing in me. You've given me a tool that will feed me for a lifetime."

*PLE Primary Leaving Examination

**UCE Uganda Certificate of Education equivalent to GCSEs

13

CRESS' 2025 strategy aims to help tackle the underlying causes of poverty and social injustice, as part of global efforts to meet the Sustainable Development Goals (SDGs).

**1 NO
POVERTY**



In the Livelihood Groups trained in agriculture, vegetables are grown and excess harvest sold at the markets. This income, however small, helps families enormously and is used for school fees and vital medicines. Once immediate expenses are met, group members then usually start building/renovating their houses, and start investing in their small businesses, which gives a level of financial security.

The 70 Livelihood Groups also help break the cycle of poverty by delivering loans, money and skills training to their 2,080 members, representing over 16,500** within their households, which in turn provides them with financial security and the ability to afford family needs.

We gave 154 refugee women RUMPS* training meaning they can save money on costly disposable menstrual pads and they can continue their lives at school and work.

**2 ZERO
HUNGER**



CRESS aims to increase food security through its Livelihood groups and agriculture training. Our training focuses on sustainable climate smart agriculture using organic regenerative practices such as composting, tree planting and soil conservation. Successful growing of off- season crops have improved nutrition.

Planting fruit and other tree species for garden and field protection enhances resilience and food security, with over 11,000 trees now planted. The species mix includes quick maturing papaya, nutrient rich avocado and families are now picking fruits.

Selling excess fruit, vegetables and crops provides income for all 1,083 trained group members and their families. This provides increased food security for over 8,664** individuals.

Business support offered to farmers and other small businesses means money is also available to buy food during dry seasons.

**3 GOOD HEALTH
AND WELL-BEING**



In 2025, CRESS funded a Healthcare Clinic in Koboko which treated refugees and the host community. 4 members of that team then ran the clinic in the new refugee settlement Rhino 8 seeing 2,073 people in 69 days. Malaria, typhoid, peptic ulcers, intestinal and urinary tract infections were most commonly seen in the clinic. 986 malaria tests were completed with 384 being positive.

300 Mosquito nets were distributed and mothers trained in malaria prevention, family spacing, water sanitation and hygiene. 150 received iron, de-worming and malaria tablets.

Our CATT programme helped 606 children cope with difficult life situations.

Well-being is greatly improved by the Livelihood Groups. Members feel a huge sense of belonging and hope which was previously lacking.

CRESS prefers to talk about our contribution to change, rather than claiming our work alone led to any given change.

*Education Response Plan for Refugees and Host Communities in Uganda (2018-2022) - www.edu-links.org

4 QUALITY EDUCATION



CRESS education sponsorship programme has supported young people in the refugee camps to access education including 9 students in tertiary education and 4 in vocational training. 59 children have been supported to attend primary school and secondary level.

In 2025 CRESS has also supported 2 staff members to continue their education through night classes enabling them to fulfil their potential.

Continuing training for our staff and volunteers this year has included our CPFs, Lead Farmers and Youth Workers who then pass their knowledge on in the local language to members of the Livelihood Groups and Good News Clubs.

5 GENDER EQUALITY



80.5% registered Livelihood Groups members are female and this year we started our Happy Healthy Mothers Project. Group members have been taught skills to improve their nutrition and financial security, enabling them to increase levels of empowerment and equality to become a force for change in their communities. 1,651 have been able to access loans from their groups and 1,001 women are engaged in business.

CRESS has supported women via the primary healthcare clinic outreach maternity services. Our field midwife has delivered support and knowledge in the field to pregnant women to keep them healthy during their pregnancy and birth and to help them consider child spacing in their families.

CRESS has always seen good gender balance in its education sponsorship. Currently, 33 out of 62 of our sponsored students are female.

8 DECENT WORK AND ECONOMIC GROWTH



Through the 70 Livelihood Groups, CRESS has helped 1,186 group members to set up and develop their own businesses and others involve themselves in the group businesses.

Individual businesses vary from shop-keeping to tailoring, from making charcoal to growing food and they all generate their own income which can then be spent locally to improve their economy.

As a group, they can often build larger businesses, these include buying and renting grain grinding mills, hire of furniture, computer hire and larger shops.

Our education support has also encouraged vocational qualifications meaning refugees have new skills which have lead to better work prospects.

15 YEARS OF CRESS

2010

2011

- > 1st Chalke Valley trip & Clergy conference
 - > 11 Clergy treated for River blindness
 - > 20 children sponsored
- > Small 2 roomed clinic opens in Liwolo

2014

- > Chalke Valley Lent Project raises £20,000 for building 8 roomed clinic in Liwolo

2016

- > 35 women form first agriculture project
- > People start to flee to Uganda

2018

- > Clinic accredited with Ugandan Health Authority
- > Agriculture training re-starts

2020

- > Supported refugees through COVID lockdown with food, PPE, home-schooling and Loud Speaker Project
- > Zoom for meetings with DOL & UK events

2022

- > Clinic oversaw eye health clinic & surgery
- > Pastor and youth conferences run by DoL
- > Fruit tree survey show 2,000 trees thriving
- > 70 Savings groups with 2,094 members

2024

- > CRESS Africa Foundation formed and becomes CRESS's delivery partner

2013

- > First agricultural training
- > Women's conference attended by 200 women in Kajo Keji led by 6 women from UK

2015

- > New clinic opened by CRESS team

2017

- > War means many from Kajo Keji flee to Uganda
- > CRESS moves to Uganda - office opens Arua
- > Joseph Aba becomes Bishop of the newly created Diocese of Liwolo
- > CRESS makes Diocese of Liwolo their partner
- > Clinic opens in September in Mijale

2019

- > 41 Savings groups started with 1,041 members
- > Clinic did hygiene and RUMPS training, co-ordinated CATT Counsellors & saw 7862 patients
- > Bishop Joseph leads a student conference

2021

- > Savings groups now have 1,570 members.
- > 76 pastors included within our agriculture training in addition to 320 group members.

2023

- > 542 babies delivered by clinic midwives
- > Total value of vegetables produced £200K

2025

- > All in this report...



MAKING A DIFFERENCE

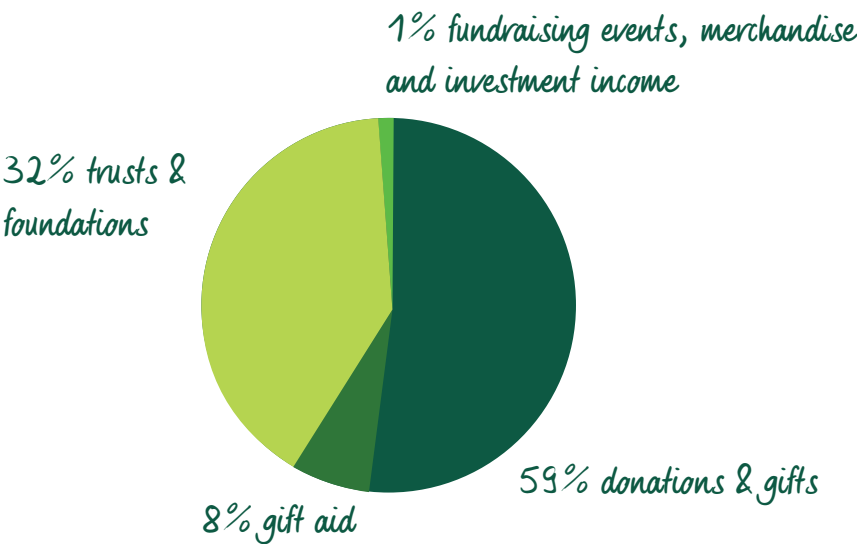
COMMUNITY SUPPORT



FINANCE

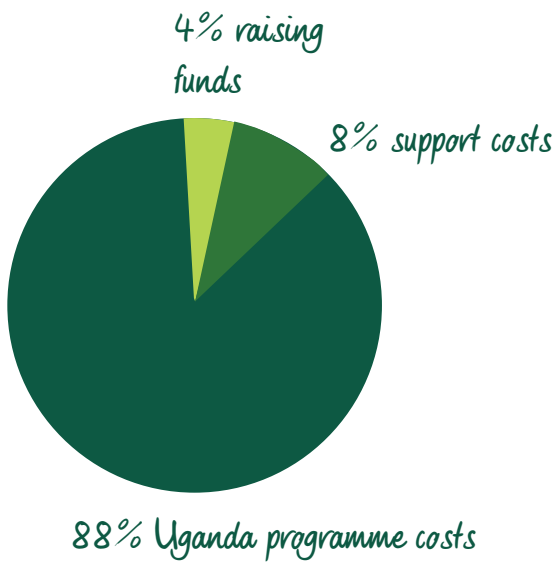
Income

Total: £327,799



Expenditure

Total: £298,300



Finance highlights of CRESS' 2025 Accounts



BUSINESS WOMAN, SAFI AZUKUSON, WITH HER HARVEST OF TOMATOES

CPF, Kenyi Emmanuel Ladu, from Mijale, was able to link her with the best market for her crops in Bugo trading centre, 4km away from her home, so she could get a better price for her goods

STRATEGIC OBJECTIVES

The table below sets out our plans for the coming year:

Strategic Objective	Plans 2025-2030
Sustainable and equitable access to nutritious food	- To increase household food and nutrition security, measured by the number of meals eaten per household per day, their dietary diversity and adequate quantity. Beneficiary households should have adequate and nutritious food for all household members at all times, this should impact 54,000 individuals. - Increase to 300 Livelihood Groups with 900 lead farmers trained to support others in their groups.
Promote economic wealth creation	- To economically empower vulnerable women and youth to increase household wealth and improve their market-relevant skills for better economic opportunities. - To increase to 300 Livelihood Groups benefitting 45,000 people. 7,500 micro-enterprises to be established.
Improve health and wellbeing	To improve quality of life and household work productivity through effective preventive health practices and increased knowledge of sexual and reproductive health.
Enable a functional & literate society	- To increase access to and retention in learning and training opportunities. - To increase to 100 children from vulnerable families having sponsored education 500 vulnerable youths to gain vocational skills training
Promote spirituality & moral integrity	- To nurture the spiritual and moral well-being of refugee and host communities through holistic child evangelism and community discipleship, empowering them to lead self-sufficient and purpose-driven lives. 45,000 refugees and host community members to be nurtured in spiritual and moral well-being through sharing of the word of God
Diversify income generation and boost fundraising	- To strengthen CRESS's fundraising capacity. - To continue improving on the Big Give success and raise £20,000+ per year. - To engage 2 volunteers to run fundraising events for CRESS each year.

GOVERNANCE

Governance

CRESS is an unincorporated organisation. Its governing document is a trust deed dated 12th of April 2011, as amended by resolutions dated 23rd of January 2013 and 11th of November 2019.

CRESS recruits Trustees in the UK with the skills and experience to ensure the charity carries out its activities effectively and efficiently. New Trustees are appointed by existing Trustees.

The Trustees take an active interest in operational activities and remain informed through regular reports and three full Board meetings a year.

2025 Trustees

Chair of Trustees

Jeremy Metcalfe OBE

Trustees

Caroline Lamb MBE MA Oxon. PGCE.
Dr Jonathan Cullis MA (Cantab) MBBS. MD. FRCP. FRCPATH.
Dr Jane Guy MBBS. MRCP. DRCOG.
Anthony Belchambers (Inner Temple)
John K E Broadley, MA Oxon, CMG.

Specialist Volunteer Advisers

Agricultural Adviser

Olivia Jane Jones

Jonathan Woolven

Medical Adviser

Dr Jane Guy

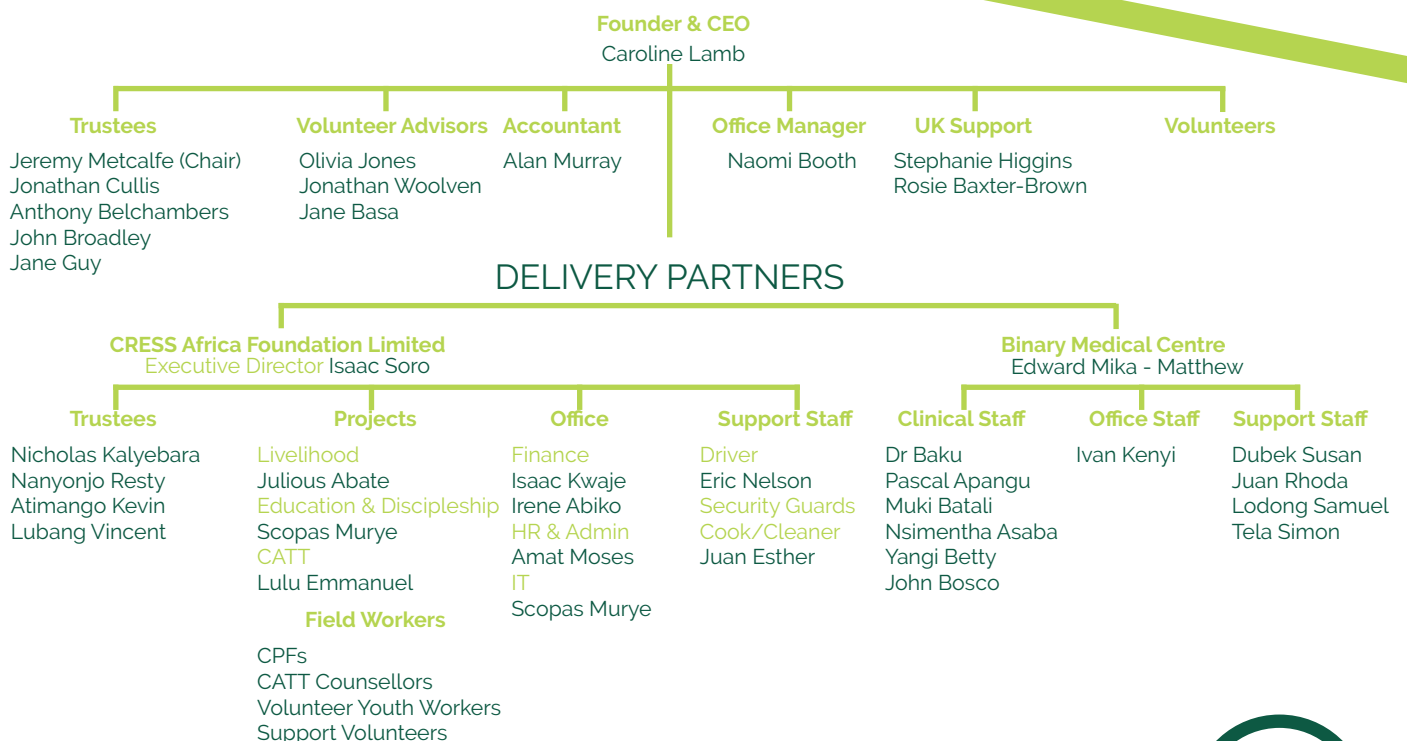
South Sudan Adviser

Namurye Jane Basa

Volunteer Coordinator & Strategy Assistant

Jamie Melville

ORGANISATION STRUCTURE





Mum and her child being seen in the clinic in Rhino 8

Public Benefit

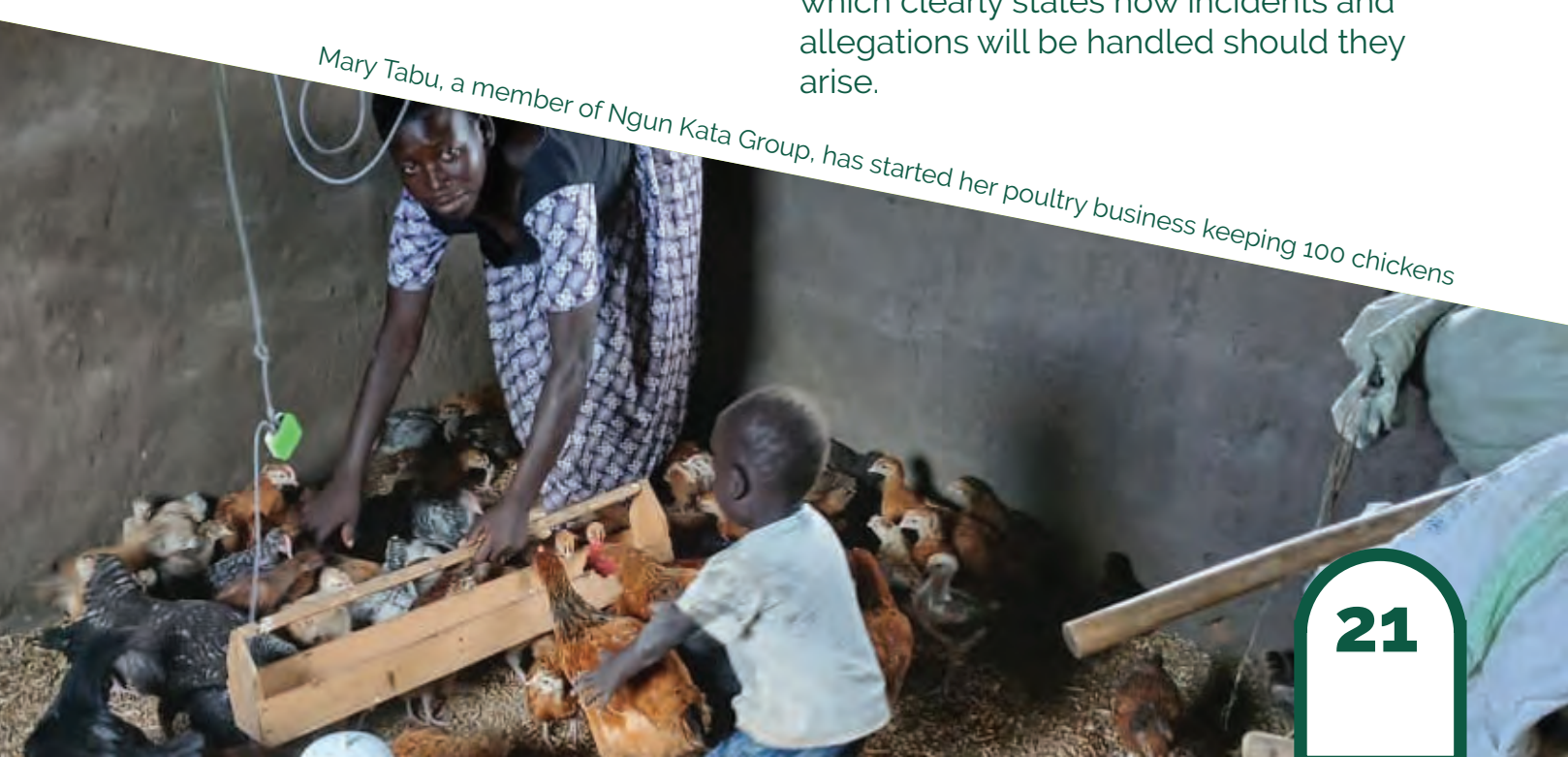
The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales. This Annual Report provides a summary of our main activities undertaken in 2025 demonstrating our charitable purpose for the public benefit.

Risk Management

The Trustees have a risk register, important risks are discussed at trustee meetings. The register is reviewed annually.

Safeguarding

The Trustees believe that the welfare of children and vulnerable individuals is paramount. The charity operates within the framework of its safeguarding policy, which clearly states how incidents and allegations will be handled should they arise.



Mary Tabu, a member of Ngun Kata Group, has started her poultry business keeping 100 chickens



Jacob, one of the volunteer children's workers with his CRESS bicycle and sweets for the children

Financial Overview

Total income in 2025 amounted to £327,799 (2024: £396,587). This was lower than the previous year, when extra funding had been received for the establishment of CRESS Africa and a short term partnership project with the Diocese of Blackburn. Donations from regular supporters and gifts from individuals and charitable trusts towards the regular programme remained strong and showed a small increase but grants from other institutions proved harder to secure in an ever more competitive environment.

Expenditure on the key elements of the Uganda programme, was consistent with the previous year at £261,628 (2024: £250,796 excluding the additional setup and Blackburn project costs) and UK support and fundraising costs were also steady at £36,672 (2024: £41,793).

The charity incurred a small deficit of £440 on unrestricted funds leaving reserves carried forward of £55,140 providing a secure start to the new year. Restricted reserves grew by £29,939 to £168,345 which will ensure continuity of the Uganda programme well into 2026.

Reserves

CRESS understands that our supporters want our resources to be used in the most efficient and effective manner achieving maximum impact for our beneficiaries. The Trustees aim to maintain unrestricted bank balances at a level which will provide sufficient funds to ensure that charitable activities, support and governance costs are covered for 3 months. The Trustees believe that the scale of our current operations requires no change to the reserves policy. However, they will continue to review the situation as the charity develops.

Refugee children in Rhino 8



CHARITY DETAILS

Charity

CRESS

Christian Relief Education Skills and Sustainability

Registered Charity Number

1141343

Principal Address

Knighton Manor Farm, Knighton Road, Broad Chalke, Salisbury, Wiltshire, SP5 5EB

Bankers

HSBC Bank Plc Blandford Forum

17 Market Place, Blandford Forum, Dorset, DT11 7AG

Independent Examiner

H Flint FCA

Mead House, High Road, Broad Chalke, Salisbury, Wiltshire, SP5 5EH

Accountant

Alan Murray

72 Churchfield Road, Poole, Dorset BH15 2QP

ANNUAL ACCOUNTS

CRESS

For the year ended 31 December 2025

Registered charity number: 1141343

CONTENTS

25-33	Statements of Financial Activities
34	Independent Examiners report to the Trustees
35	Statement of Trustee responsibilities

STATEMENT

of Financial Activities

Year ended 31st December 2025

		Unrestricted Funds	Restricted Income Funds	2025	2024
Incoming resources (Note 2)					
	Income and endowments				
	Donations and legacies	91,496	234,608	326,104	394,224
	Other trading activities	1,508	-	1,508	2,003
	Investments	187	-	187	360
	Total income and endowments	93,191	234,608	327,799	396,587
Resources expended (Note 3)					
	Expenditure				
	Raising funds	7,108	6,276	13,384	14,035
	Charitable activities	86,523	198,393	284,916	334,125
	Total expenditure	93,631	204,669	298,300	348,160
Net income (expenditure) before transfers		(440)	29,939	29,499	48,427
Transfer of funds					
	Transfer of funds P&L	-	-	-	-
Net movement in funds		(440)	29,939	29,499	48,427
Reconciliation of funds					
	Total funds brought forward	55,580	138,406	193,986	145,559
	Total funds carried forward	55,140	168,345	223,485	193,986

BALANCE SHEET

CRESS

As at 31 December 2025

		2025	2024
Fixed assets			
	Tangible assets (Note 6)	-	65
Current assets			
	Debtors (Note 7)	15,330	8,198
	Cash at bank and in hand (Note 8)	209,363	188,398
		224,693	196,596
Creditors: amounts falling due within one year			
	Creditors (Note 9)	1,208	2,675
Net current assets (liabilities)			
		223,485	193,921
Total assets less current liabilities			
		223,485	193,986
Funds of the charity (Note 11)			
	Restricted funds	168,345	138,406
	Unrestricted funds	55,140	55,580
	Total funds	223,485	193,986

Approval

Signed on behalf of all the trustees

.....

Jeremy Metcalfe
Chair of Trustees

Date

01.03.26
.....

NOTES

to the Financial Statements

As at 31 December 2025

1. Accounting Policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014;
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102); and with
- the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

The Trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

The charity is not registered for VAT.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Support Costs

The charity has incurred expenditure on support costs.

Notes to the Financial Statements
Year ended 31st December 2025

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Expenditure and liabilities

Liability recognition

Liabilities are recognised where it is more than likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. Support costs include central functions.

Creditors

The charity has creditors which are measured at settlement amount less any trade discounts.

Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year, and cost at least £1,000. They are valued at cost. The depreciation rates and methods used are as follows:

Account	Method	Rate
Equipment	Reducing balance	25%

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement account after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other considerations expected to be received.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Transactions in foreign currency

Transactions in foreign currency are translated into the Charity's functional currency at the spot rate applicable on the day of each transaction. Foreign currency balances in the balance sheet are translated at the rate applicable on the reporting date and exchange differences are included in the statement of financial activities.

Notes to the Financial Statements

Year ended 31st December 2025

		Unrestricted Funds	Restricted Income Funds	2025	2024
2. Analysis of income					
	Donations and legacies				
	Donations and gifts	80,685	114,501	195,186	213,324
	Gift Aid	5,811	21,348	27,159	25,166
	General grants provided by other charities	5,000	98,759	103,759	155,734
	Total donations and legacies	91,496	234,608	326,104	394,224
	Other trading activities				
	Events and merchandise	1,508	-	1,508	2,003
	Total other trading activities	1,508	-	1,508	2,003
	Income from investments				
	Interest income	187	-	187	360
	Total income from investments	187	-	187	360
	Total income	93,191	234,608	327,799	396,587
	Total income in the previous year	98,210	298,377	-	396,587
		Unrestricted Funds	Restricted Income Funds	2025	2024
3. Analysis of expenditure					
	Raising funds				
	Expenditure on raising funds	7,108	6,276	13,384	14,035
	Total raising funds	7,108	6,276	13,384	14,035
	Charitable activities				
	Programme costs	71,569	190,059	261,628	306,367
	Support costs	14,954	8,334	23,288	27,758
	Total charitable activities	86,523	198,393	284,916	334,125
	Total expenditure	93,631	204,669	298,300	348,160
	Total expenditure in the previous year	96,686	251,474	-	348,160

Notes to the Financial Statements

Year ended 31st December 2025

	Unrestricted funds	Restricted income funds	2025	2024
4. Programme costs				
Trauma counselling	2,523	371	2,894	4384
Clinic and community healthcare	16,060	38,035	54,095	47102
Christian discipleship	3,035	8,946	11,981	19491
Education fees and support	7,695	45,515	53,210	57,791
Livelihoods training and support	11,678	35,355	47,033	43,183
Coordination and management	30,578	61,837	92,415	134,686
Total	71,569	190,059	261,628	306,637
5. Support costs				
Governance	-	-	-	-
Office and accountancy support	2,754	8106	10,860	11,810
IT software and consumables	2,060	-	2,060	3,135
Office expenses	46	228	274	347
International travel	6,386	-	6,386	12,311
Others	3,708	-	3,708	155
Total	14,954	8,334	23,288	27,758

Notes to the Financial Statements
Year ended 31st December 2025

6. Tangible fixed assets					
		Equipment		Total	
Cost					
	At 1 January 2025	650		650	
	At 31 December 2025	650		650	
Depreciation					
	At 1 January 2025	585		585	
	Charge for year	65		65	
	At 31 December 2025	650		650	
Net Book Value					
	At 31 December 2025	0		0	
	At 31 December 2024	65		65	
		Unrestricted income funds	Restricted income funds	2025	2024
7. Debtors					
	Prepayments and accrued income	15,330	-	15,330	8,198
8. Cash at bank and in hand		41,018	168,345	209,363	188,398
9. Creditors					
	Accruals and deferred income	1,208	-	1,208	2,675

Notes to the Financial Statements

Year ended 31st December 2025

11. Charity funds		Balance at	Income	Expenditure	Transfers	Balance at
		1 January 2025				31 December 2025
Unrestricted funds						
	Contingency	18,899	-	-	-	18,899
	General	8,430	81,891	(90,031)	26,142	26,432
Designated funds						
	Vehicle replacement fund	3,685	400	-	-	4,085
	Programme costs	24,566	10,900	(3,600)	(26,142)	5,724
	Total	55,580	93,191	(93,631)	-	55,140
Restricted funds						
	Big Give	17,201	33,519	(17,633)	-	33,087
	CATT training	366	8,000	(1,030)	-	7,336
	Christian discipleship	18,211	23,300	(19,292)	-	22,219
	Clinic equipment and running costs	32,382	32,630	(34,733)	-	30,279
	Clinic medicine	1,374	0	(1,490)	-	(116)
	Clinic health projects	5,133	6,750	(8,262)	-	3,621
	Education	35,601	48,039	(49,500)	-	34,140
	General office costs in Uganda	5,499	750	(3,971)	-	2,278
	Livelihoods	10,588	27,329	(18,646)	-	19,271
	Salaries	5,357	54,291	(45,348)	-	14,300
	Savings groups	5,724		(3,799)	-	1,925
	Vehicle maintenance	970		(965)	-	5
	Total	138,406	234,608	(204,669)	-	168,345
Total funds		193,986	327,799	(298,300)	-	223,485

Notes

The Designated Funds represent unrestricted income funds that have been provisionally set aside to provide for replacement vehicles for the operations in Uganda, and certain other salaries and expenses in the coming year in order to ensure continuity of essential coordinating services provided by the implementing partner agency.

The Restricted Income Funds represent grants and other donations that have been specifically raised for certain elements of the development programme in Uganda.

The Education fund includes a sponsorship programme covering fees and other educational expenses for a number of school and university students in the community.

The salaries fund includes grants and sponsorship for key staff and project coordinators in the CRESS Africa Foundation our implementing partner organisation in Uganda..

Notes to the Financial Statements

Year ended 31st December 2025

		Balance at	Income	Expenditure	Transfers	Balance at
		1 January				31 December
		2024				2024
Unrestricted funds						
	Contingency	18,899	-	-	-	18,899
	General	2,815	79,216	(74,194)	593	8,430
	Designated funds					
	Vehicle replacement fund	3,685	-	-	-	3,685
	Programme costs	28,064	18,994	(22,492)	-	24,566
	Total	53,463	98,210	(96,686)	593	55,580
Restricted funds						
	Agriculture	4,018	8,626	(12,828)	184	-
	Big Give	3,938	25,767	(8,048)	(4,456)	17,201
	Bush schools fund	500	-	(508)	8	-
	CATT training	437	2,450	(2,521)	-	366
	Christian discipleship	11,059	30,500	(23,348)	-	18,211
	Clinic equipment and running costs	4,109	35,348	(7,075)	-	32,382
	Clinic medicine	5,789	-	(4,415)	-	1,374
	Clinic health projects	41	6,690	(1,598)	-	5,133
	Blackburn Diocese	1,206	30,487	(31,701)	8	-
	Education	19,378	64,139	(47,916)	-	35,601
	General office costs in Uganda	6,719	21,159	(22,379)	-	5,499
	Lent project	4,991	-	(5,219)	228	-
	Salaries		20,699	(10,111)	-	10,588
	Savings groups	22,898	52,512	(73,488)	3,435	5,357
	Travel	5724	-	-	-	5,724
	Vehicle maintenance	1289	-	(319)	-	970
	Total	92,096	298,377	(251,474)	(593)	138,406
Total funds						
		145,559	396,587	(348,160)	-	193,986

12. Transactions with trustees and related parties

During the year six trustees made donations totalling £12,968 (2024: £14,568) towards the normal activities of the charity.

One trustee was reimbursed £757 (2024: £4,514) for expenses incurred on behalf of the charity in the implementation of its activities. No other trustees have received any expenses or benefits from the charity during the year.

INDEPENDENT EXAMINER'S

Report to the Trustees of Christian Relief Education Skills and Sustainability CRESS

For the year ended 31 December 2025

I report to the Trustees on my examination of the accounts of the above charity (Christian Relief Education Skills and Sustainability) for the year ended 31 December 2025 which are set out on pages 24 to 33,

Responsibilities and basis of report

As the Charity's Trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of 2011 Act and in carrying out my examination, I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm no material matters have come to my attention in connection with the examination which give me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Henry Flint
.....

Henry Flint FCA
Mead House, High Road, Broad Chalke, Salisbury, Wiltshire, SP5 SEH

Date: 05.03.26
.....

STATEMENT

of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The law applicable to charities requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declaration

The Trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Trustees



.....

Date: 01.03.26
.....

A woman in an orange shirt and patterned skirt stands under a large, leafy tree in a rural setting. The tree is covered in small, round, reddish-brown fruits. To the left, there are banana trees. The background shows a field of tall grass and some distant hills under a cloudy sky.

CRESS

**CHRISTIAN RELIEF
EDUCATION SKILLS AND
SUSTAINABILITY**

*CRESS would like to thank all our
supporters and donors for their support in 2025.*

CRESS
registered charity no. 1141343

CRESS

England & Wales - Charity number 1141343

Accounts

ANNUAL REPORT 2024

Building stronger, for a better future

registered charity no. 1141343



Knighton Manor, Broad Chalke, Salisbury, Wiltshire SP5 5EB
www.cressuk.org e: caroline.lamb@cressuk.org t: 01722 780789

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*since 2010 CRESS
has been helping the
South Sudanese
create self-sufficient,
sustainable and ethical
communities*



Revive Livelihood Group in Rhino Camp during a savings meeting



VISION, MISSION & VALUES

Mary's shop - CRESS provided her with a wheelchair and the knowledge and support to start her business



Christian Relief
Education Skills and
Sustainability

VISION

Holistically transformed
communities living self-
sufficient lives

MISSION

Educate and train displaced people
with the knowledge and skills to
empower them to establish self-
sustaining communities.

CORE VALUES

Christian
foundation
drives how we
operate and
our values

Steady
organic
growth taking
feedback and
learning on the
way

Based
on strong
personal
relationships in
Uganda and in
UK

Unique
blend of
development
and relief

Empower
key groups
such as
students, women,
farmers and
clergy through
education

Most
projects
have sustainable
outcomes with
the goal of them
becoming self-
supporting in
time

100%
local staff.
They know and
love their people
and will remain
with them

Strong
financial
accountability

CHARITABLE OBJECTIVES

Purpose

The prevention and relief of poverty, suffering, distress and ill-health and the advancement of education, self-sufficiency, sustainability and Christian discipleship in Africa by providing grants, items and services in such ways and such places as the trustees see fit, which includes but is not limited to:

(a) improving educational opportunities and standards through sponsorship

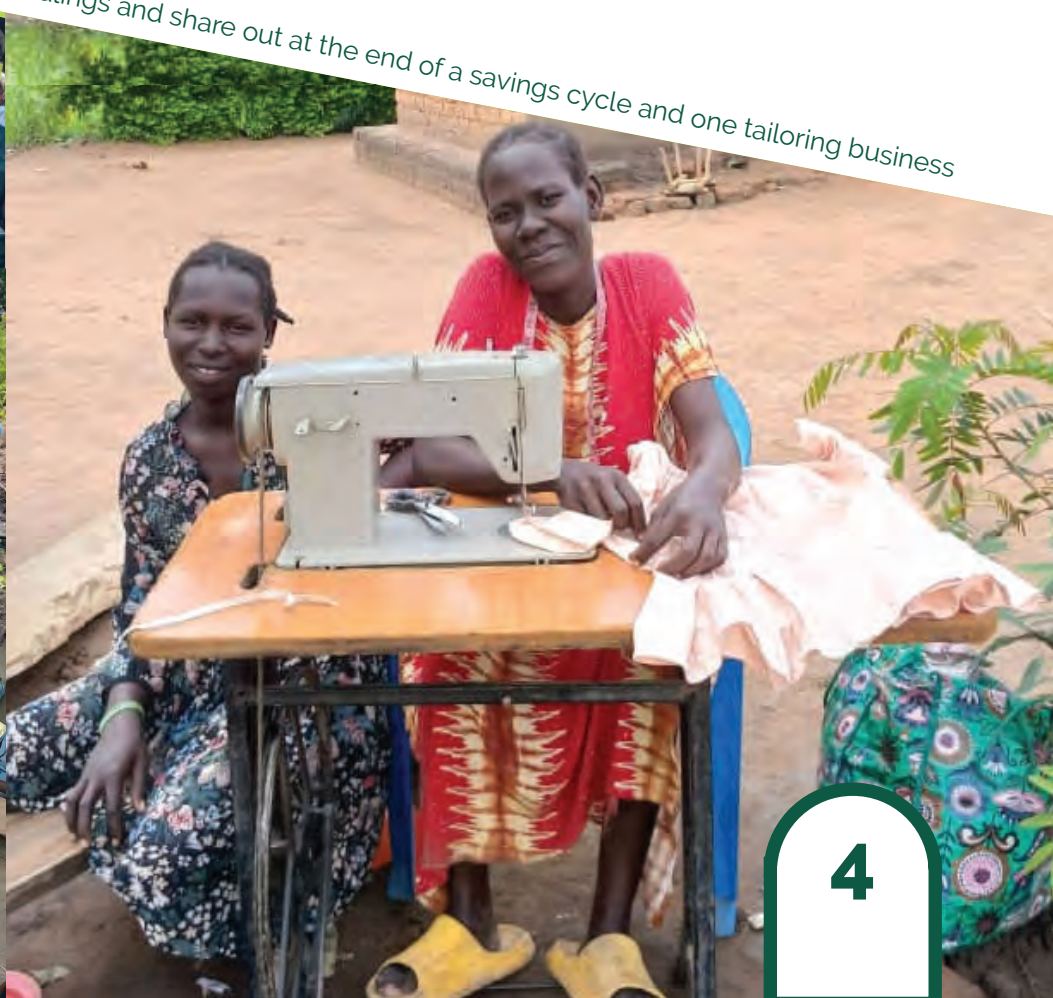
(b) improving primary health, trauma and maternal care through training and sponsorship, including the provision of a primary health care clinic;

(c) providing training and support for but not limited to agriculture;

(d) promoting community finance through the establishment of Savings Groups and the provision of loans, education and advice;

(e) equipping, training and supporting local clergy and lay church members

Livelihood Group photos:
arrival of tools and seeds, thinning of seedlings and share out at the end of a savings cycle and one tailoring business



OUR WORK

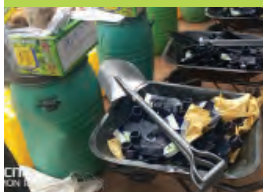


Strategy 1

Sustainable and equitable access to nutritious food

Project 1

Climate Smart & Nutrition Sensitive Agriculture



Tools, seeds & advice



Providing training and ongoing advice



Training Community Process Facilitators

Strategy 2

Promote economic wealth creation

Project 2

Economic Empowerment & Wealth Creation



Providing savings materials



Training Community Process Facilitators



Ongoing support for savings groups



Advice for individuals

Strategy 3

Improve health and wellbeing

Project 3

Preventive Community Health



Providing maternal care



Diagnosis & treatment



Outreach services

Project 3.2

CATT* Counselling & Awareness

Trauma Awareness



Helping young people



Strategy 4

Enable a functional & literate society

Project 4

Holistic & Inclusive Education



Provide support to enable children to get quality education opportunities



Exams success for candidates



Continued learning for CRESS staff

Strategy 5

Promote spirituality & moral integrity

Project 5

Community Discipleship and Evangelism



Build clergy capacity for discipleship through trainings, discipleship materials and transport

Project 5.2

Child Evangelism and Discipleship



Training for volunteer youth workers



Good news clubs, 5 days' clubs and school ministry

MESSAGE FROM THE CEO

This has been an exciting year for CRESS and was the third time CRESS has had to completely re-form in Africa in its 16 year history.

From January discussions and actions took place to set up as a legal Indigenous Non Governmental Organisation (INGO) in Uganda. The services of the legal firm BNM Associates in Kampala were engaged to work with CRESS in the UK and the team in Uganda.

An Executive Board was established with Ugandan Nationals – Dr. Nicholas Kaylebara (Board Chair) from Compassion, Dr Resty Nanyonjo (Vice Chair) from MSF and Kevin Atimango (Finance Director) from World Vision and Vincent Lubang (Company Secretary) a Lawyer. They all agreed to be on the board and had met with the UK team in November 2023. Nicholas agreed to be board chairman.

The services of Eaglelite Consultants was engaged to support and carry out the interviews for the soon to be legally recognised CRESS AFRICA. Six professional staff were engaged and given contracts and they have taken the CRESS projects on, enhancing and adapting them to fit the current needs.

CRESS AFRICA applied for and received permission to work initially in Rhino Camp. They combined the Agriculture and Savings Groups into their Livelihood Project. The Livelihood Project focuses on Community Savings and Credit Groups (CSCG) methodology, sustainable climate smart agriculture, mind set

Practical session making compost manure for the CPFs at their sustainable agriculture training at YWAM in August



change, financial literacy and entrepreneurship, and enhanced vocational skills. The work in Rhino camp started by training new Community Process Facilitators (CPFs), who mentor and encourage the groups. The CPFs are refugees themselves and live in the camps. Other NGOs bring in teams from Arua who do not speak the South Sudanese language or know the local land or communities. CRESS AFRICA is a refugee led indigenous NGO so the camp attendees have respect for CRESS AFRICA CPFs. When we visited in January 2025 we were delighted to see the fledgling groups thriving and putting to practice the principles of mind set change and climate smart agriculture. CRESS AFRICA has also been able to continue helping to manage the more mature groups in Mijale and Imvepi. We have been delighted with the feedback and photos from groups like Friendly Group and Morjita Mixed Group. They have been inspired to work not only with their own small businesses and gardens, but as groups have set up businesses like shops, computer/internet access, grinding mills and furniture loan businesses.

The other major change was in Christian Discipleship. CRESS AFRICA took the initiative to focus on a Child Evangelism Fellowship (CEF) programme of children's clubs enabling children to develop a strong foundation in Christian faith. CRESS has also been pleased to be able to support Bishop Data and Rev Jacob Karaba and their communities. I am really pleased we have been able to continue to support the spiritual needs of the refugee community.

I am immensely proud of the new CRESS AFRICA and all they have taken on and achieved in their first year, I look forward to our continued collaboration.

Cashie

The CRESS AFRICA team and UK Visitors from CRESS in the office garden in Arua



Main photo: Grace after family spacing training in 2022. Right Grace with her goats. Left below: Grace's Livelihood group at a share out meeting. Right below: Grace with her newly rendered house.



Meet Grace

While in South Sudan, Grace wasn't engaged in any business and was farming for family food provision only. She hadn't been involved in any Savings or Agriculture programmes before and hadn't received training from community midwife services. She fled South Sudan in 2017 and became a refugee in northern Uganda. Most of the refugee community there lived under the \$2 a day mark and lacked basic infrastructure and resources. It was impossible for the Ugandan government to address the basic needs of the 1.4 million South Sudanese refugees who fled to the area.

Grace was one of the refugees who joined a CRESS Savings and Agriculture Group and in 2019 she set herself up a business selling beans and groundnuts. She was living in a grass-thatched house with her husband and children. CRESS aims to educate and train South Sudanese refugees and local Ugandans with the knowledge and skills to empower them to establish self-sustaining communities so also offers group members family spacing and other healthcare training for holistically transformed lives.

Now in 2025, with 10 in her household to provide for, she has built a house and bought two mattresses, she pays for her children's education and needs, has 8 goats and a pig, which has just produced it's first piglets. Her other business is in buying and selling food items (beans, sesame, maize, cabbage, tomatoes, onions, coffee, sorghum, cassava). Her average monthly savings are \$28 and from the group her last share out was \$325.

ACHIEVEMENTS 2024

Livelihood Project Savings Groups

Savings groups act like a community bank. Refugees put their money in and can then ask for loans for business or the needs of their family. They repay over time with interest. The groups also are encouraged to be involved in projects together to raise funds which are distributed yearly.

Liu Group with their grain grinding mill

SUPPORTING

81

LIVELIHOOD GROUPS
WITH 2,331 MEMBERS
IN 2024

TOTAL
SOCIAL FUNDS

£8,633

USED FOR MEDICAL
BILLS, SCHOOL FEES,
SOCIAL SUPPORT &
COMMUNITY
EVENTS



MEMBERS
IN BUSINESS

1,140

INC. SMALL SHOPS,
CHARCOAL, VEG,
SALONS, HOTELS,
MONEY

AVERAGE
SAVINGS PER
GROUP

£2,048

THESE ARE USED
FOR MEMBER
LOANS

WE
SUPPORTED

9

CPFS (COMMUNITY
PROCESS FACILITATORS)
TO SUPPORT THE
GROUPS

ALL
9

CPFS TRAINED IN DATA
COLLECTION & REPORTING,
MINDSET CHANGE,
ENTREPRENEURSHIP &
FINANCIAL
LITERACY

GROUPS
MEMBERS ARE
79.9%

FEMALE
1.45% HAVE A
DISABILITY OR
HIV



Kiden Annet with her sewing machine



Happy Saving Group peeling groundnuts together

Uba Betty is from Mijale and part of Hope Savings and Loans group. She is 50 years-old with 10 family members to support. She sells food items, such as tomatoes, maize, rice, beans, onions, etc. She makes of profit of 60,000 UGX (~£13) per month towards her family's wellbeing.



* Savings Groups are also known as Village Savings and Loan Associations VSLAs

ACHIEVEMENTS 2024

Livelihood Project Agriculture

The aim of our agriculture training is to equip learners with the skills of sustainable organic farming practices that will enable them to improve their families' food security, nutrition and income.

31
GROUPS TRAINED IN
2024 IN SUSTAINABLE
AGRICULTURE WITH
805
MEMBERS

WORKING
WITH
463
INDIVIDUALS WHO HAVE
THEIR OWN GARDENS
FOR AGRICULTURE
2024

TREE
SEEDLINGS
DISTRIBUTED
2,465
IN 2024
IN TOTAL NOW
9,000+ TREES

GROUPS
WORKING
158
VEGETABLE
GARDENS IN
2024



*Tree planting
in Rhino camp
2024*



CPF training

In August, Community Process Facilitators (CPFs) from Rhino Camp, Mijale and Imvepi undertook a week of training. Climate resilience in agriculture is the ability of communities and farmers to adapt to climate change while maintaining or improving productivity. The training not only provided new information but also built on the existing skills/indigenous knowledge of the participants. The CPFs were also given training in how to train members of their livelihood groups in these practices.

2,465 fruit and firewood trees were delivered to 9 churches in Rhino Camp. They include grafted mango and orange trees, and soursop and calliandra saplings.

During distribution, training is given so that the tree seedlings get the best possible start and are protected from grazing animals and other damage. The trees have been planted in time for the upcoming rainy season.



ACHIEVEMENTS 2024



"I never knew how much God loved me until I started attending the good news club. I learnt that God created me special and wants a personal relationship with me and that I can get to know him better.

I felt so happy and peaceful when I invited Jesus into my heart. I can't wait to tell my friends and family about God's love and forgiveness" 11 year old girl's response. Thank you for showing me the truth about God's love. I am so happy.

Christian Discipleship

SCHOOL
MINISTRY IN 2
SCHOOLS
339
CHILDREN
REACHED

IN
RHINO CAMP
13
GOOD NEWS CLUBS
FOR CHILDREN

25 BIBLES
20 HYMN
BOOKS
VOLUNTEER YOUTH
WORKERS
WORK

SOME
992
CHILDREN GIVING
THEIR LIVES TO
CHRIST

CHILDREN
REACHED
6,438
IN GOOD NEWS
CLUBS, SUNDAY
SCHOOLS & SCHOOL
MINISTRIES

VOLUNTEER
YOUTH WORKERS
15
TRAINED TO RUN
GOOD NEWS
CLUBS

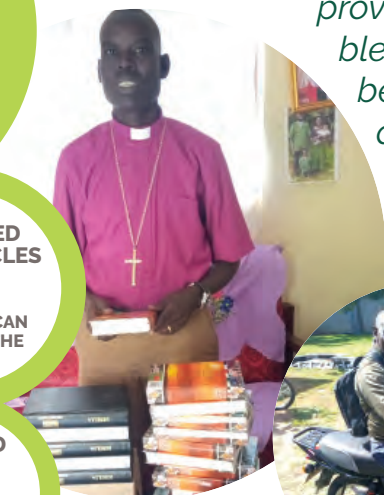


Volunteer youth
worker training

Supporting Christian Communities

"I want to express my deepest gratitude for the Discipleship materials, Bibles, hymns, and other resources you have generously provided. These gifts are an immense blessing for me and everyone who will benefit from them as we seek to grow deeper in our faith and knowledge of God's Word."

CRESS has been able to support communities in Bidi Bidi and Imvepi camps with materials, technology and transport support.



LOUD
HAILER
REPAIRED
1
IN IMVEPI SO
GOOD NEWS IS
BROADCAST

PROVIDED
COUNSELLING
& PRAYER
FOR THE SICK &
THOSE IN
NEED

ESTABLISHED
2
FELLOWSHIP
GROUPS FOR
YOUNG
WOMEN

OVER
38,000
IN IMVEPI RECEIVING
DISCIPLESHIP AND
52,000
REACHED IN
BIDIBIDI & HOST
COMMUNITY

TRAINED
LAY
READERS
26
95 EVANGELISTS
46
BIBLE STUDY
LEADERS

44 BIBLES
56 HYMN
BOOKS
FOR REFUGEES IN
BIDIBIDI & IMVEPI
CAMPS

DELIVERED
MOTORCYCLES
2
SO CLERGY CAN
TRAVEL IN THE
CAMPS

FORMED
53
BIBLE STUDY
GROUPS

ACHIEVEMENTS 2024

Clinic, CATT* & outreach



Asaba in the clinic scanning a mother and below 2 mothers with mosquito nets



The new clinic we fund is in Koboko, Northern Uganda. Services have been opening throughout the year from April, maternal services in July, ultrasound scanning in August, field midwife visits from November.

MIDWIFE SUPPORT FROM THE CLINIC

The clinic aims to promote awareness, understanding, and safe and healthy practice for mothers. Asaba, our Field Midwife travels many miles to reach women in their own remote homes and communities. With her teaching, she also gives out mosquito nets and 'mama kits', which contain necessary supplements for mothers' health as well as everything they need for delivery and taking care of a newborn.

"I lost my child six months back and today I am three months pregnant. As being a mother of four children and all girls, I lost my baby boy because my husband thought I would produce another baby girl again and he refused to give me money for shopping items needed at hospital, so due to the fear I delivered at home and my baby died. I must say thank you so much CRESS and the clinic for this training and for giving us Mosquito nets, Mama kits, Iron pills and the deworming tablets. I really appreciate this training so much because it has helped and changed a lot in our lives as expectant mothers and I wish such trainings should continue like this"

IN 2024
THE CLINIC SAW

1,718

ANTENATAL CLASSES BABIES DELIVERED

120

17

ULTRASOUND SCANS

75

RUMPS
TRAINING FOR

212

IN 2 SCHOOLS
2024

RURAL
ANTENATAL
SERVICES DELIVERED TO

50

PREGNANT REFUGEE
MOTHERS
IN NOV 24

CATT*

Trained CATT* Counsellors to continue their valuable work de-traumatising child refugees, in rural Northern Uganda. Most of the young people helped are working their way through difficulties brought on by child neglect, lack of basic needs, rape, defilement, dropping out of school and suicide attempts.

A highly successful community awareness day on PTSD (Post Traumatic Stress Disorder) and CATT was held, with good attendance and participation.

**RUMPS Reusable Menstrual Pads

*CATT Children's Accelerated Trauma Therapy



PTSD
& SUPPORT
OUTREACH FOR

64

ORPHAN
CHILDREN

TRAUMA
THERAPY

7

SOUTH SUDANESE PEOPLE
TRAINED
TO WORK WITH
TRAUMATISED
REFUGEE
CHILDREN

CATT*
COUNSELLORS
SUPPORTED

392

CHILDREN IN
2024

12

ACHIEVEMENTS

2024

PRIMARY
& SECONDARY
EDUCATION FOR

53

REFUGEE
STUDENTS

PRIMARY
LEAVERS EXAMS
TAKEN & PASSED

7

IN 2024

UGANDAN
CERTIFICATES OF
EDUCATION* TAKEN

5

Below: Nancy who needed a hearing aid to aid her midwifery studies.



SUPPORTING

8

THROUGH FULL
TIME TERTIARY
EDUCATION

Scopas has been visiting schools, collecting student report cards and keeping in touch with students. This means that if they are struggling can be helped with intervention strategies. A bursary fund has been set up to enable this.

In 2024 students received coaching, medical and CATT support.



Evaline Poni graduated with top honours earning her Diploma in Nutrition and Clinical Dietetics.

Evaline has benefited from the Sponsorship program for the past 10 years since she started in 2015. She feels well-prepared to make a difference by supporting malnourished children and mothers in the community.

Education Sponsorship



CRESS CELEBRATES OUTSTANDING PLE 2024 RESULTS

Written by Scopas Murye - Education Officer

We are excited to share the amazing success of our CRESS-sponsored pupils in the 2024 Primary Leaving Examinations (PLE)! These incredible young learners have shown us the power of hard work, determination, and the right support system.

Here's a look at their phenomenal achievements:

- Jovan Gogo Mazina: Division 1 with 5 Aggregates – Exceptional!
- Juan Anne Murye: Division 1 with 9 Aggregates – Brilliant!
- Kenyi Ivan Julious: Division 1 with 12 Aggregates – Amazing!

These bright stars are a true testament to the transformative power of education. A special thank you to all the generous individuals and stakeholders that support our mission. Your efforts are making a lasting difference in these children's lives and the broader community.

*PLE Primary Leaving Examination

**UCE Uganda Certificate of Education equivalent to GCSEs

CRESS' 2024 strategy aims to help tackle the underlying causes of poverty and social injustice, as part of global efforts to meet the Sustainable Development Goals (SDGs).

1 NO POVERTY



In the Livelihood Groups trained in agriculture, vegetables are grown and excess harvest sold at the markets. This income, however small, helps families enormously and is used for school fees and vital medicines. Once immediate expenses are met, group members then usually start building/renovating their houses, and start investing in their small businesses, which gives a level of financial security.

The 81 Livelihood Groups also help break the cycle of poverty by delivering loans, money and skills training to their 2331 members, representing over 17000** within their households, which in turn provides them with financial security and the ability to afford family needs.

We gave 212 refugee young women RUMPS* training means they can save money on costly disposable menstrual pads and they can continue their lives at school and work.

2 ZERO HUNGER



CRESS aims to increase food security through its Livelihood groups and agriculture training. Our training focuses on sustainable climate smart agriculture using organic regenerative practices such as composting, tree planting and soil conservation.

Planting fruit and other tree species for garden and field protection to enhance the resilience of food security is part of our agriculture plan, with over 9000 trees now planted. The species mix includes quick maturing papaya, nutrient rich avocado and nitrogen fixing calliandra. On older trees fruits are already maturing and improving nutrition especially during seasons of low food availability.

Selling excess fruit, vegetables and crop production provides income for all 2331 trained group members and their families. This provides increased food security for over 17000** individuals.

3 GOOD HEALTH AND WELL-BEING



In 2024, CRESS funded a Healthcare Clinic in Koboko which treated 1718 refugees and poor Ugandans. Malaria, typhoid, peptic ulcers, intestinal and urinary tract infections were most commonly seen in the clinic.

The ultrasound equipment provided a diagnosis for 75 patients. The clinic's midwives helped safely deliver 17 babies and saw 170 mothers for antenatal clinics both in the clinic and in the refugee settlements.

300 Mosquito nets were distributed and mothers trained in malaria prevention, family spacing, water sanitation and hygiene.

Our CATT programme helped 392 children cope with difficult life situations.

Well-being is greatly improved by the Livelihood Groups. Members feel a huge sense of belonging and hope which was previously lacking.

CRESS prefers to talk about our contribution to change, rather than claiming our work alone led to any given change.

*Education Response Plan for Refugees and Host Communities in Uganda (2018-2022) - www.edu-links.org

4 QUALITY EDUCATION



CRESS education sponsorship programme has supported young people in the refugee camps to access education including 8 students in tertiary education. 53 children have been supported to attend primary school and secondary level.

In 2024 CRESS has also supported two staff members to continue their education through night classes enabling them to fulfil their potential.

Continuing training for our staff and volunteers this year has included our CPFs and Youth Workers who then pass their knowledge on in the local language to members of the Livelihood Groups and Good News Clubs.

5 GENDER EQUALITY



79% registered Livelihood Groups members are female. They have been taught skills to improve their nutrition and financial security, enabling them to increase levels of empowerment and equality to become a force for change in their communities. 1398 have been able to access loans from their groups and 937 women are engaged in business.

CRESS has supported women via the primary healthcare clinic outreach maternity services. Our field midwife has delivered support and knowledge in the field to pregnant women to keep them healthy during their pregnancy and birth and to help them consider child spacing in their families.

CRESS has always seen good gender balance in its education sponsorship. Currently, 30 out of 61 of our sponsored students are female.

8 DECENT WORK AND ECONOMIC GROWTH



Through the 81 Livelihood Groups, CRESS has helped 1,030 group members to set up and develop their own businesses and others involve themselves in the group businesses.

Individual businesses vary from shop keeping to tailoring, making charcoal and food to growing food and they all generate their own income which they can then spend locally to improve their economy.

As a group, they can often build larger businesses, these include buying and renting grain grinding mills, hire of furniture, computer hire and larger shops.

14 YEARS OF CRESS

2010

2011

- > 1st Chalke Valley trip & Clergy conference
 - > 11 Clergy treated for River blindness
 - > 20 children sponsored
- > Small 2 roomed clinic opens in Liwolo

2014

- > Chalke Valley Lent Project raises £20,000 for building 8 roomed clinic in Liwolo

2016

- > 35 women form first agriculture project
 - > Solar fridge arrives at the clinic
 - > People start to flee to Uganda

2018

- > Clinic accredited with Ugandan Health Authority
 - > Agriculture training re-starts

2020

- > Supported refugees through COVID lockdown with food, PPE, home-schooling and Loud Speaker Project
- > Zoom for meetings with DOL & UK events

2022

- > Clinic oversaw eye health clinic & surgery
- > Pastor and youth conferences run by DoL
- > Fruit tree survey show 2,000 trees thriving
- > 70 Savings groups with 2,094 members

2024

All in this report...

2013

- > 85 water filters given out
- > First agricultural training
- > Women's conference attended by 200 women in Kajo Keji led by 6 women from UK

2015

- > New clinic opened by CRESS team
- > Fred Taban comes to the UK to study at All Nations College

2017

- > War means many from Kajo Keji flee to Uganda
- > CRESS moves to Uganda - office opens Arua
- > Joseph Aba becomes Bishop of the newly created Diocese of Liwolo
- > CRESS makes Diocese of Liwolo their partner
- > Clinic opens in September in Mijale

2019

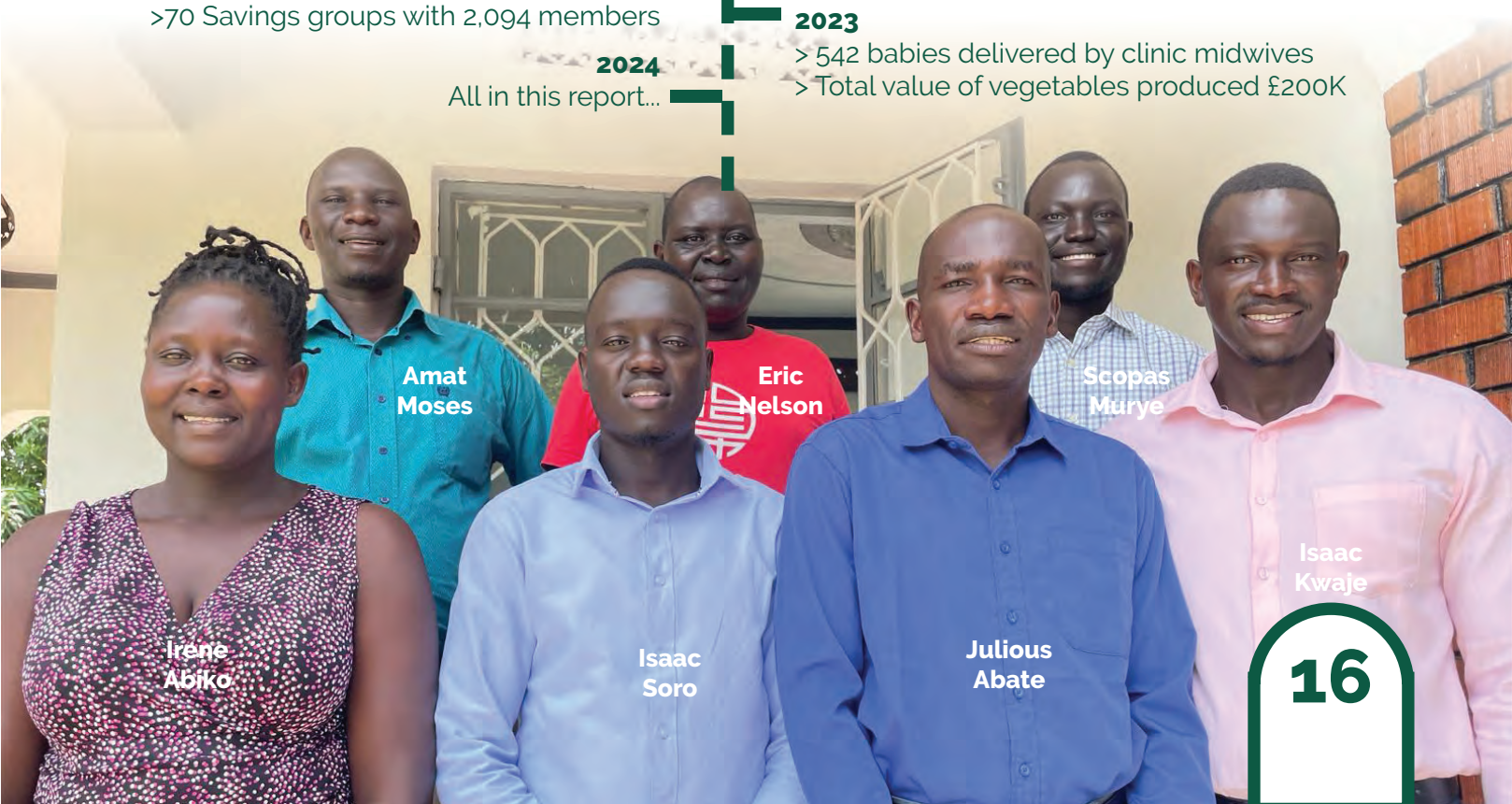
- > 41 Savings groups started with 1,041 members
- > Clinic did hygiene and RUMPS training, co-ordinated CATT Counsellors & saw 7862 patients
- > Bishop Joseph leads a student conference

2021

- > Savings groups now have 1,570 members.
- > 76 pastors included within our agriculture training in addition to 320 group members.

2023

- > 542 babies delivered by clinic midwives
- > Total value of vegetables produced £200K



MAKING A DIFFERENCE

COMMUNITY SUPPORT

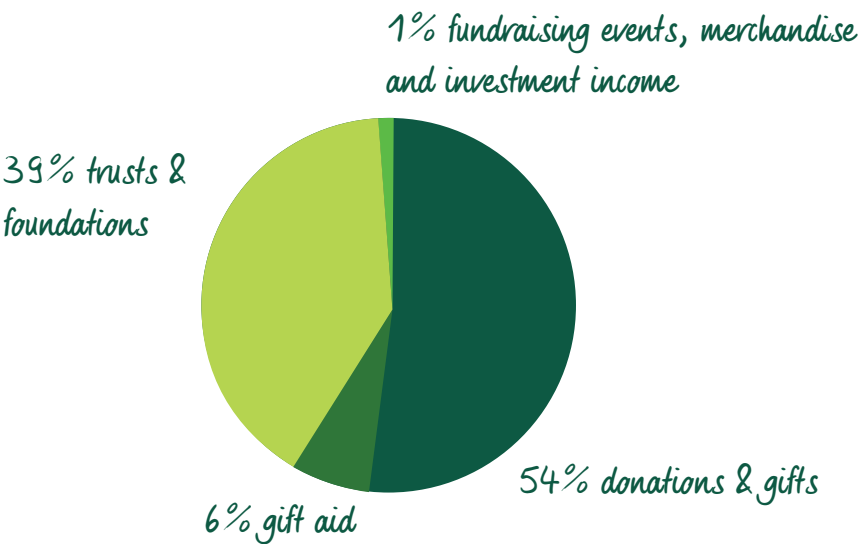


CRESS was nominated by the archdeacons as one of the Diocesan projects for the Diocese of Blackburn for 2024

FINANCE

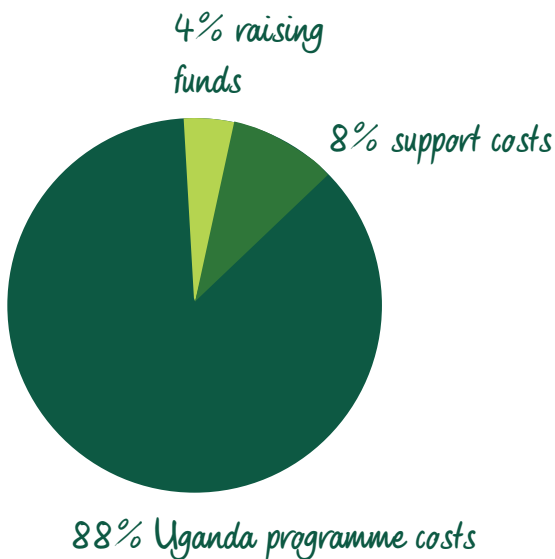
Income

Total: £396,587



Expenditure

Total: £348,160



Finance highlights of CRESS' 2024 Accounts



Duro Betty from Morjita Mixed Savings and Loans Group B is 28 years old with 2 family members. Betty sells various products including vegetables.

She borrowed 150000 UGX, she makes 60,000 UGX per month. She is able to support her family buying healthy food, and she can pay for her children to go to school.

STRATEGIC OBJECTIVES

The table below sets out our plans for the coming year:

Strategic Objective	Plans 2025-2030
Sustainable and equitable access to nutritious food	- To increased household food and nutrition security, measured by the number of meals eaten per household per day, their dietary diversity and adequate quantity. Beneficiary households should have adequate and nutritious food for all household members at all times, this should impact 54,000 individuals. - Increase to 300 Livelihood Groups with 900 lead farmers trained to support others in their groups.
Promote economic wealth creation	- To economically empower vulnerable women and youth to increase household wealth and improve their market-relevant skills for better economic opportunities. - Increase to 300 Livelihood Groups benefitting 45,000 people. 7,500 micro-enterprises being established.
Improve health and wellbeing	To improve quality of life and household work productivity through effective preventive health practices and increased knowledge of sexual and reproductive health.
Enable a functional & literate society	- To increase access to and retention in learning and training opportunities. - Increase to 100 children from vulnerable families having sponsored education 500 vulnerable youths to gain vocational skills training
Promote spirituality & moral integrity	- To nurture the spiritual and moral well-being of refugee and host communities through holistic child evangelism and community discipleship, empowering them to lead self-sufficient and purpose-driven lives. 45,000 refugees and host community members nurtured in spiritual and moral well-being through sharing of the word of God
Diversify income generation and boost fundraising	- To strengthen CRESS's fundraising capacity. - To continue improving on the Big Give success and raise £20,000+ per year. - To engage 2 volunteers to run fundraising events for CRESS each year.

GOVERNANCE

Governance

CRESS is an unincorporated organisation. Its governing document is a trust deed dated 12th of April 2011, as amended by resolutions dated 23rd of January 2013 and 11th of November 2019.

CRESS recruits Trustees in the UK with the skills and experience to ensure the charity carries out its activities effectively and efficiently. New Trustees are appointed by existing Trustees.

The Trustees take an active interest in operational activities and remain informed through regular reports and three full Board meetings a year.

2024 Trustees

Chair of Trustees

Jeremy Metcalfe OBE

Trustees

Caroline Lamb MA Oxon. PGCE.

Dr Jonathan Cullis MA (Cantab) MBBS. MD. FRCP. FRCPATH.

Dr Jane Guy MB,BS. MRCP. DRCOG.

Anthony Belchambers (Inner Temple)

John K E Broadley, MA Oxon, CMG.

Specialist Volunteer Advisers

Agricultural Adviser

Olivia Jane Jones

Jonathan Woolven

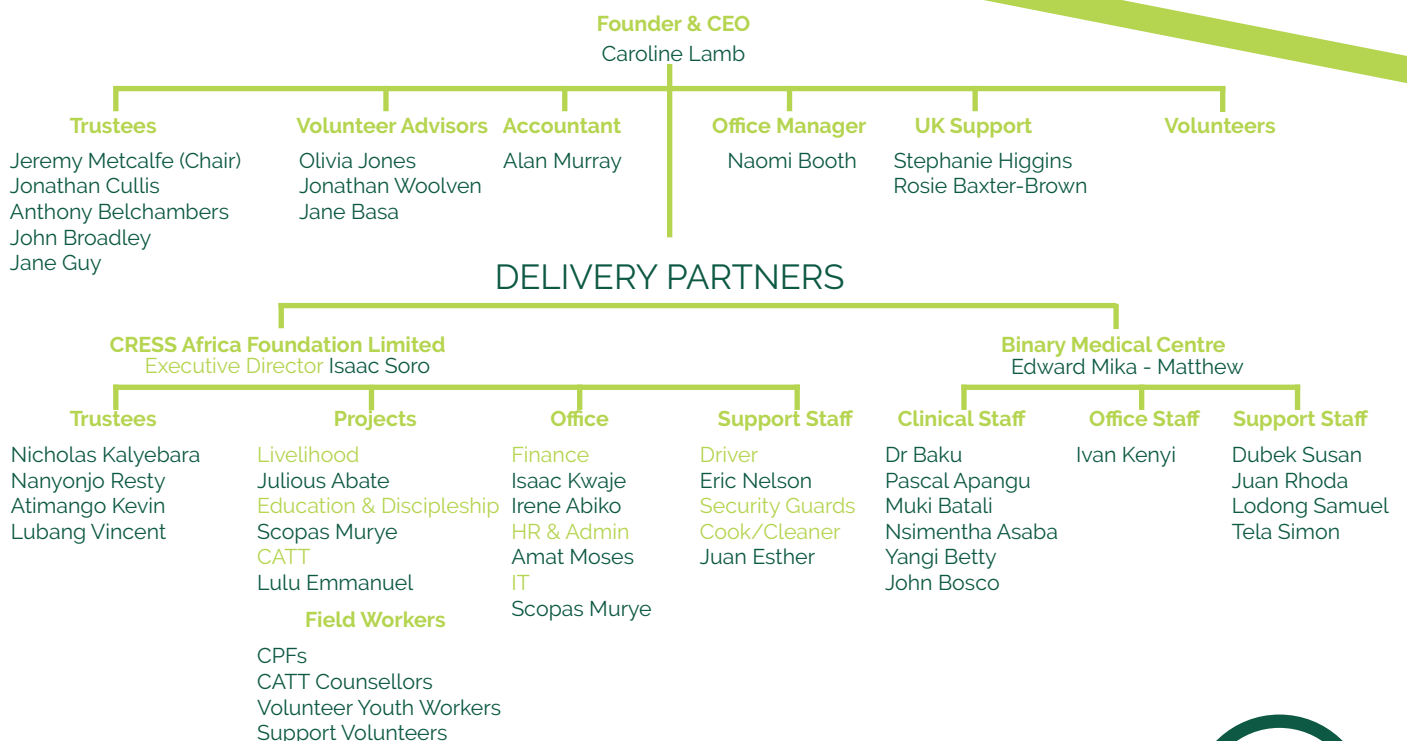
South Sudan Adviser

Namurye Jane Basa

Volunteer Coordinator & Strategy Assistant

Jamie Melville

ORGANISATION STRUCTURE





Clinic Staff in July 2024

Public Benefit

The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales. This Annual Report provides a summary of our main activities undertaken in 2024 demonstrating our charitable purpose for the public benefit.

Risk Management

The Trustees have a risk register, important risks are discussed at trustee meetings. The register is reviewed annually.

Safeguarding

The Trustees believe that the welfare of children and vulnerable individuals is paramount. The charity operates within the framework of its safeguarding policy, which clearly states how incidents and allegations will be handled should they arise.



CATT trauma training session



Friendly Livelihood Group

Financial Overview

CRESS' financial position is shown in the attached accounts.

Donations from regular supporters continued to be strong during the year and a number of one-off gifts from individuals and charitable trusts resulted in an increase in income overall to £396,587 (2023: £318,277).

Expenditure on the Uganda programme showed an increase over the previous year at £306,367 (2023: £247,168). Income and expenditure were both higher than usual due to a short term funding partnership with the Diocese of Blackburn which raised £31,693.

The charity achieved a small surplus of £2,117 on unrestricted funds with reserves carried forward of £55,580 providing a secure start to the new year. Restricted reserves grew by £46,310 to £138,406 which will ensure continuity of the Uganda programme well into 2025.

Reserves

CRESS understands that our supporters want our resources to be used in the most efficient and effective manner achieving maximum impact for our beneficiaries. The Trustees aim to maintain unrestricted bank balances at a level which will provide sufficient funds to ensure that charitable activities, support and governance costs are covered for 3 months. The Trustees believe that the scale of our current operations requires no change to the reserves policy. However, they will continue to review the situation as the charity develops.

29-year old Kiden Rose of Paji Kido Livelihood Group



CHARITY DETAILS

Charity

CRESS

Christian Relief Education Skills and Sustainability

Registered Charity Number

1141343

Principal Address

Knighton Manor Farm, Knighton Road, Broad Chalke, Salisbury, Wiltshire, SP5 5EB

Bankers

HSBC Bank Plc Blandford Forum

17 Market Place, Blandford Forum, Dorset, DT11 7AG

Independent Examiner

H Flint FCA

Mead House, High Road, Broad Chalke, Salisbury, Wiltshire, SP5 5EH

Accountant

Alan Murray

72 Churchfield Road, Poole, Dorset BH15 2QP

ANNUAL ACCOUNTS

CRESS

For the year ended 31 December 2024

Registered charity number: 1141343

CONTENTS

25-33	Statements of Financial Activities
34	Independent Examiners report to the Trustees
35	Statement of Trustee responsibilities

STATEMENT

of Financial Activities

Year ended 31st December 2024

		Unrestricted Funds	Restricted Income Funds	2024	2023
Incoming resources (Note 2)					
	Income and endowments				
	Donations and legacies	95,847	298,377	394,224	315,979
	Other trading activities	2,003	-	2,003	2,298
	Investments	360	-	360	-
	Total income and endowments	98,210	298,377	396,587	318,277
Resources expended (Note 3)					
	Expenditure				
	Raising funds	14,035	-	14,035	23,905
	Charitable activities	82,651	251,474	334,125	269,857
	Total expenditure	96,686	251,474	348,160	293,762
Net income (expenditure) before transfers		1,524	46,903	48,427	24,515
Transfer of funds					
	Transfer of funds P&L	593	-593	-	-
Net movement in funds		2,117	46,310	48,427	24,515
Reconciliation of funds					
	Total funds brought forward	53,463	92,096	145,559	121,044
	Total funds carried forward	55,580	138,406	193,986	145,559

BALANCE SHEET

CRESS

As at 31 December 2024

		2024	2023
Fixed assets			
	Tangible assets (Note 6)	65	87
Current assets			
	Debtors (Note 7)	8,198	7,077
	Cash at bank and in hand (Note 9)	188,398	139,345
		196,596	146,422
Creditors: amounts falling due within one year			
	Creditors (Note 8)	2,675	950
Net current assets (liabilities)		193,921	145,472
Total assets less current liabilities		193,986	145,559
Funds of the charity (Note 11)			
	Restricted funds	138,406	92,096
	Unrestricted funds	55,580	53,463
	Total funds	193,986	145,559

Approval

Signed on behalf of all the trustees

.....

Jeremy Metcalfe
Chair of Trustees

Date

27.03.25.....

NOTES

to the Financial Statements

As at 31 December 2024

1. Accounting Policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014;
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102); and with
- the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

The Trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

The charity is not registered for VAT.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Support Costs

The charity has incurred expenditure on support costs.

Notes to the Financial Statements
Year ended 31st December 2024

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Expenditure and liabilities

Liability recognition

Liabilities are recognised where it is more than likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. Support costs include central functions.

Creditors

The charity has creditors which are measured at settlement amount less any trade discounts.

Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year, and cost at least £1,000. They are valued at cost. The depreciation rates and methods used are as follows:

Account	Method	Rate
Equipment	Reducing balance	25%

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement account after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Transactions in foreign currency

Transactions in foreign currency are translated into the Charity's functional currency at the spot rate applicable on the day of each transaction. Foreign currency balances in the balance sheet are translated at the rate applicable on the reporting date and exchange differences are included in the statement of financial activities.

Notes to the Financial Statements

Year ended 31st December 2024

		Unrestricted Funds	Restricted Income Funds	2024	2023
2. Analysis of income					
	Donations and legacies				
	Donations and gifts	67,359	145,965	213,324	164,090
	Gift Aid	7,576	17,590	25,166	26,340
	General grants provided by other charities	20,912	134,822	155,734	125,549
	Total donations and legacies	95,847	298,377	394,224	315,979
	Other trading activities				
	Events and merchandise	2,003	-	2,003	2,298
	Total other trading activities	2,003	-	2,003	2,298
	Income from investments				
	Interest income	360	-	360	-
	Total income from investments	360	-	360	-
	Total income	98,210	298,377	396,587	318,277
	Total income in the previous year	109,341	208,936	-	318,277
		Unrestricted Funds	Restricted Income Funds	2024	2023
3. Analysis of expenditure					
	Raising funds				
	Expenditure on raising funds	14,035	-	14,035	23,905
	Total raising funds	14,035	-	14,035	23,905
	Charitable activities				
	Programme costs	54,893	251,474	306,367	247,168
	Support costs	27,758		27,758	22,689
	Total charitable activities	82,651	251,474	334,125	269,857
	Total expenditure	96,686	251,474	348,160	293,762
	Total expenditure in the previous year	99,904	193,858	-	293,762

Notes to the Financial Statements

Year ended 31st December 2024

	Unrestricted funds	Restricted income funds	2024	2023
4. Programme costs				
Agriculture	2,314	12,828	15,142	7,369
Big Give	-	8,048	8,048	
Bush Schools	-	508	508	
CATT training	659	2,521	3,180	3821
Christian discipleship	1,745	23,348	25,093	12714
Clinic equipment and running cost	13,022	7,075	20,097	10566
Clinic medicine	-	4,415	4,415	4,779
Clinic health projects	-	1,598	1,598	3,729
DoL Blackburn	-	31,701	31,701	
Education	-	47,916	47,916	44,997
General office costs	-	22,379	22,379	15,504
Lent project	-	5,219	5,219	7,762
Livelihoods		10,111	10,111	
Management Admin and staff support costs	34,118		34,118	28,490
Salaries	-	73,488	73,488	93,813
Savings groups	-		0	6,664
Travel	3,035		3,035	640
Vehicle maintenance	-	319	319	6,320
Total	54,893	251,474	306,367	247,168
5. Support costs				
Governance	-	-	-	1,859
Office and accountancy support	11,810	-	11,810	11,961
IT software and consumables	3,135	-	3,135	3,462
Office expenses	347	-	347	474
International travel	12,311	-	12,311	3,138
Others	155	-	155	1,795
Total	27,758	-	27,758	22,689

Notes to the Financial Statements

Year ended 31st December 2024

6. Tangible fixed assets

		Equipment		Total	
Cost					
	At 1 January 2024	650		650	
	At 31 December 2024	650		650	
Depreciation					
	At 1 January 2024	563		563	
	Charge for year	22		22	
	At 31 December 2024	585		585	
Net Book Value					
	At 31 December 2024	65		65	
	At 31 December 2023	87		87	
		Unrestricted income funds	Restricted income funds	2024	2023
7. Debtors					
	Prepayments and accrued income	8,198	-	8,198	7,077
8. Creditors					
	Accruals and deferred income	2,675	-	2,675	950
9. Cash at bank and in hand		49,992	138,406	188,398	139,345

Notes to the Financial Statements

Year ended 31st December 2024

11. Charity funds		Balance at	Income	Expenditure	Transfers	Balance at
		1 January 2024				31 December 2024
Unrestricted funds						
	Contingency	18,899	-	-	-	18,899
	General	2,815	79,216	(75,911)	1,194	7,314
Designated funds						
	Vehicle replacement fund	3,685	-	-	-	3,685
	Programme costs	28,064	18,994	(20,775)	(601)	25,682
	Total	53,463	98,210	(96,686)	593	55,580
Restricted funds						
	Agriculture	4,018	8,626	(12,828)	184	-
	Big Give	3,938	25,767	(8,048)	(4,456)	17,201
	Bush schools fund	500	-	(508)	8	-
	CATT training	437	2,450	(2,521)	-	366
	Christian discipleship	11,059	30,500	(23,348)	-	18,211
	Clinic equipment and running costs	4,109	35,348	(7,075)	-	32,382
	Clinic medicine	5,789	-	(4,415)	-	1,374
	Clinic health projects	41	6,690	(1,598)	-	5,133
	DoL Blackburn	1,206	30,487	(31,701)	8	-
	Education	19,378	64,139	(47,916)	-	35,601
	General office costs in Uganda	6,719	21,159	(22,379)	-	5,499
	Lent project	4,991	-	(5,219)	228	-
	Livelihoods		20,699	(10,111)	-	10,588
	Salaries	22,898	52,512	(73,488)	3,435	5,357
	Savings groups	5,724	-	-	-	5,724
	Vehicle maintenance	1,289	-	(319)	-	970
	Total	92,096	298,377	(251,474)	(593)	138,406
Total funds		145,559	396,587	(348,160)	-	193,986

Notes

The Designated Funds represent unrestricted income funds that have been provisionally set aside to provide for replacement vehicles for the operations in Uganda, and certain other salaries and expenses in the coming year in order to ensure continuity of essential coordinating services provided by the implementing partner agency.

The Restricted Income Funds represent grants and other donations that have been specifically raised for certain elements of the development programme in Uganda.

The Education fund includes a sponsorship programme covering fees and other educational expenses for a number of school and university students in the community.

The salaries fund includes grants and sponsorship for key staff and project coordinators in CRESS Africa Foundation Limited.

Notes to the Financial Statements

Year ended 31st December 2024

		Balance at	Income	Expenditure	Transfers	Balance at
		1 January				31 December
		2023				2023
Unrestricted funds						
	Contingency	18,899	-	-	-	18,899
	General	21,115	68,975	(77,412)	(9,863)	2,815
	Designated funds					
	Vehicle replacement fund	2,488	1,197	-	-	3,685
	Programme costs	6,593	39,169	-22,492	4,794	28,064
	Total	49,095	109,341	(99,904)	-	53,463
Restricted funds						
	Agriculture	2,742	7,645	(7,369)	1000	4,018
	Big Give	-	3,938	-	-	3,938
	Bush schools fund	500	-	-	-	500
	CATT training	-	1,000	(563)	-	437
	Christian discipleship	3,005	12,260	(4,206)	-	11,059
	Clinic equipment and running costs	5,394	4,356	(5,641)	-	4,109
	Clinic medicine	404	9,525	(4,140)	-	5,789
	Clinic health projects	3,770	-	(3,729)	-	41
	Blackburn Diocese	-	1,206	-	-	1,206
	Education	13,669	50,706	(44,997)	-	19,378
	General office costs in Uganda	10,206	12,017	(15,504)	-	6,719
	Lent project	-	15,253	(7,762)	(2,500)	4,991
	Salaries	29,317	80,325	(93,813)	7,069	22,898
	Savings groups	1,742	8,636	(4,654)	-	5,724
	Travel	500	-	-	(500)	-
	Vehicle maintenance	700	2,069	(1,480)	-	1,289
	Total	71,949	208,936	(193,858)	-	92,096
Total funds						
		121,044	318,277	(293,762)	-	145,559

12. Transactions with trustees and related parties

During the year six trustees made donations totalling £14,568 (2023: £13,695) towards the normal activities of the charity.

One trustee was reimbursed £4,514 (2023: £4,408) for expenses incurred on behalf of the charity in the implementation of its activities. No other trustees have received any expenses or benefits from the charity during the year.

INDEPENDENT EXAMINER'S

Report to the Trustees of Christian Relief Education Skills and Sustainability CRESS

For the year ended 31 December 2024

I report to the Trustees on my examination of the accounts of the above charity (Christian Relief Education Skills and Sustainability) for the year ended 31 December 2024 which are set out on pages 24 to 33.

Responsibilities and basis of report

As the Charity's Trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of 2011 Act and in carrying out my examination, I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm no material matters have come to my attention in connection with the examination which give me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Henry Flint
.....

Henry Flint FCA
Mead House, High Road, Broad Chalke, Salisbury, Wiltshire, SP5 SEH

Date: 14.04.25
.....

STATEMENT

of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The law applicable to charities requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declaration

The Trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Trustees


.....

Date: 14.04.25
.....

CRESS
CHRISTIAN RELIEF
EDUCATION SKILLS AND
SUSTAINABILITY

*CRESS would like to thank all our
supporters and donors for their support in 2024.*

CRESS
registered charity no. 1141343

CRESS

England & Wales - Charity number 1141343

Accounts

ANNUAL REPORT 2023

Building stronger, for a better future

registered charity no. 1141343



Knighton Manor, Broad Chalke, Salisbury, Wiltshire SP5 5EB

www.cressuk.org

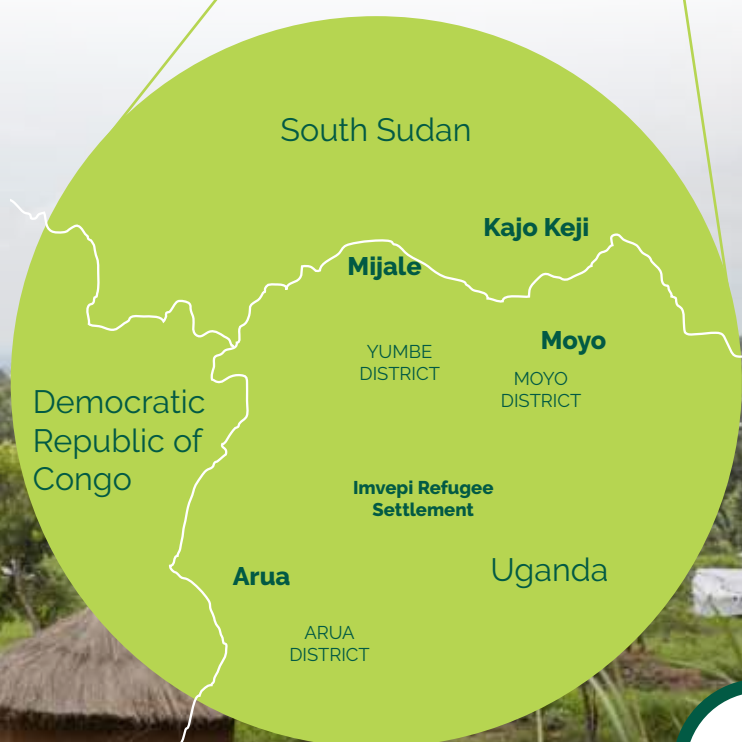
e: caroline.lamb@cressuk.org

t: 01722 780789

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*since 2010 CRESS
has been helping the
South Sudanese
create self-sufficient,
sustainable and ethical
communities*



VISION, MISSION & VALUES

Some of the 12 newly trained agriculture groups



CORE VALUES



Christian Relief
Education Skills and
Sustainability

VISION

Holistically transformed
communities living self-
sufficient lives

MISSION

Educate and train South Sudanese
refugees and local Ugandans with
the knowledge and skills to empower
them to establish self-sustaining
communities.

Christian
foundation
drives how we
operate and
our values

Steady
organic
growth taking
feedback and
learning on the
way

Based
on strong
personal
relationships in
Uganda and in
UK

Unique
blend of
development
and relief

Empower
key groups
such as
students, farmers,
women and
clergy through
education

Most
projects
have sustainable
outcomes with
the goal of them
becoming self-
supporting in
time

100%
local staff.
They know and
love their people
and will remain
with them

Strong
financial
accountability

CHARITABLE OBJECTIVES

Purpose

The prevention and relief of poverty, suffering, distress and ill-health and the advancement of education, self-sufficiency, sustainability and Christian discipleship in Africa by providing grants, items and services in such ways and such places as the trustees see fit, which includes but is not limited to:

(a) improving educational opportunities and standards through sponsorship

(b) improving primary health, trauma and maternal care through training and sponsorship, including the provision of a primary health care clinic;

(c) providing training and support for but not limited to agriculture;

(d) promoting community finance through the establishment of Savings Groups and the provision of loans, education and advice;

(e) equipping, training and supporting local clergy and lay church members

Agriculture group photos, demonstration of vegetable garden in Mijale, Friendly Group and a cookery demonstration



"Before this training, I was blind, in the sense that I have not got such training.

Now my eyes were opened and I realised I was left behind. I am happy that now my family is benefiting from these trainings through the vegetables I grow. I am supporting my children in their education, feeding, and treatment through the vegetables. Thank God for CRESS and DOL for their wonderful support."

*Member of God's Will agriculture group
Imvepi point C.*

OUR WORK



MESSAGE FROM THE CEO

2023 was a big year in many ways. We started with the preparation teamwork that displayed huge support for CRESS in the Chalke Valley Churches Lent Project. The project aimed to raise funds for the CRESS Agriculture programme, to provide for the startup costs and training for 10 of our Savings Groups to become confident, sustainable and successful farmers. In the end enough was raised for 12 groups to be started and we are so grateful to all those who ran events and donated and to the Chalke Valley Benefice for selecting us as beneficiary.

A landmark for CRESS's Education Sponsorship was also reached this year when Godfrey, Bishop Joseph Aba's son graduated. I wrote back to him saying *"The completion of your Bachelor Degree in Civil Engineering is a historic moment for CRESS - the reason is you were the first student to be sponsored when I returned home after my first visit to South Sudan in September 2009 - I remember so well seeing you in the class in Ebenezer School in Kajo Keji - you were sitting on a small stool with no desk and I am not sure if there were any books."*

2023 saw Bishop Joseph visit the Chalke Valley and The Diocese of Blackburn and then to speak at the Alpha Leadership Conference with myself and Nicky Gumbel in London. It was inspiring to hear the Bishop talk about the situation of his people and his hopes for the future and for those people who have supported him and his ministry for many years to speak with him in person.

Bishop Joseph Aba with some of the many CRESS supporters he met on his visit

In November I made the return trip, my first since COVID, with Rev. Andrew Staley and,



new legal Trustee, Anthony Belchambers. We were warmly welcomed in Arua by the office staff. From there we visited the Savings and Agriculture Groups in Imvepi and Mijale as well as the clinic in Mijale. I realised as we travelled deep into the bush areas how remote some of these communities are and they told me how the Savings and Agriculture Groups give them more than just a way to earn money, but a sense of community, hope and inspiration which was missing from their lives before. A huge benefit for all. I even met the deputy governor of the South Sudanese in Imvepi camp and she said that CRESS' input had made the refugees no longer vulnerable.

Seeing the clinic staff made me realise how much like a family they have become, they clearly get on well and work very hard. They said they tend to get a lot of seriously ill patients whose lives they save, the patients come to the clinic when they have tried other places and they have failed to find healing. I met the two midwives Asaba, a lovely bubbly young girl, and Bethy who has worked with the clinic for years. Asaba goes into the camps every other month and might travel up to 40 km on the motorcycle to meet groups of pregnant women. She takes mosquito nets, mama kits and iron pills and encourages them to come to the clinic to deliver. If they live far they might come to the village a few days early. On the month she is not in the field she is helping Bethy so that Bethy does not have to get up every night as well as work in the day. Between them they have delivered a staggering 542 babies this year – 200 more than 2022

I also met the 9 CATT (Children's Accelerated Trauma Therapy) counsellors at the clinic. Through their stories I see how much need there is for their services. I know we need to work to find more funds for this and the adult trauma work for 2024.

It was a very busy week, so wonderful to hear the positive stories for growth in the refugee population, but there is so much more that can be done.

Looking forward

Bishop Joseph's vision for the future is to lead his people and diocese back to South Sudan. CRESS will not be able to follow them there, the UK Government and banking system will not allow us to as the country is too unstable. So at the end of 2023 we began to work to set up an indigenous NGO called CRESS Africa Foundation Limited. They will be delivering the agriculture and savings projects in Uganda going forward and will continue working with the refugee population who stay in the Arua and the refugee settlements. We are reviewing how we meet the growing need for medical services and are investigating moving to a larger premises. At the same time we updated our name to "Christian Relief Education Skills and Sustainability" and refined our charitable objectives. My thanks to the Trustees for all their extra support and work this year.

We wish the very best to the Diocese of Liwolo and thank them for their outstanding work during our long and successful partnership and we are looking forward to "Building stronger for a better future" (CRESS Africa's new strap line).

Carlie



I am Gire Lucy Songa, 27years old, living in Matu village 7.5 miles away from the clinic and it takes 2hours 30mins to get here. I would like to thank the staffs for the wonderful health services they offer, antenatal classes, free distribution of Mama kits, mosquito nets, iron pills, good scanning services and a clean place with maximum care given to me by the midwives.

ACHIEVEMENTS 2023

Savings Groups

SAVINGS
GROUPS
ESTABLISHED

76

INC.11 NEW IN
2023

Savings groups act like a community bank. Refugees put their money in and can then ask for loans for business or the needs of their family. They repay over time with interest. The groups also are encouraged to be involved in projects together to raise funds which are distributed yearly.

WE
SUPPORT

13

CBFs (COMMUNITY
BASED FACILITATORS)
WHO SUPPORT THE
GROUPS

SAVINGS
GROUPS TRAINED

1,669

MEMBERS BY SEP 2023

1,259 OF MEMBERS
ARE FEMALE

HOW ARE SAVINGS USED?

- 138 VSLA* members invested in house improvements
- 894 members used VSLA savings for children's education
- 925 used VSLA money for medical treatment
- 59 used VSLA money for family celebrations
- 41 VSLA members were able to buy bicycles
- 8 members bought motorcycles using VSLA funds
- 176 in agriculture groups run livestock businesses
- 47 members purchased cows
- 181 members purchased goats
- 213 members invested in poultry
- 114 members bought and started rearing pigs

Before joining the group, Adede Grace (below centre) had limited knowledge of savings, group leadership or business. After saving for 4 cycles, she used her savings and profits from businesses (started with loans) to build a house.

Lead CBF mentoring CBF on data collection in Imvepi



Adede Grace with her goats



Morjita Mixed C receiving saving materials

AGNES'S STORY

Agnes Ngonga: A 20-year-old married female with one child. Agnes is a member of the Emmanuel Loguwate Savings Group in Imvepi Refugee Settlement. She joined the Group this year and used the loans from the group to start a successful food items business, showcasing the rapid impact the programme can have.

Photo: Agnes with her group CBF at her stall



* Savings Groups are also known as Village Savings and Loan Associations VSLAs

ACHIEVEMENTS

2023

Agriculture

The aim of our agriculture training is to equip learners with the skills of sustainable organic farming practices that will enable them to improve their families' food security, nutrition and income.

SUPPORTED

48

AGRICULTURAL GROUPS
AN INCREASE OF

12 in 2023

A TOTAL
POPULATION OF
ALMOST

11,000

LIVES* IMPACTED
POSITIVELY THROUGH
INCREASED ACCESS TO
VEGETABLES

TOTAL
VEG VALUE
PRODUCED BY
PROJECT

£200K

IN 2023

OVER

1,360

REFUGEE FARMERS NOW
TRAINED & SUPPLIED
WITH ESSENTIAL
INPUTS

12
NEW
GROUPS TRAINED

360

IN SUSTAINABLE
AGRICULTURE &
VEG

ALL

13

CBFS TRAINED IN
SUSTAINABLE ORGANIC
AGRICULTURE, NATURAL
MEDICINES AND AGRO-
FORESTRY

TREE
SEEDLING
DISTRIBUTED

1,200

IN 2023
IN TOTAL NOW
7,000+ TREES

FAST
GROWING
WOODFUEL &
FODDER TREES
SEEDLINGS PLANTED

100

FOR 1st TIME IN
2023



Photo: Members of the groups doing successful business raising hands

SHARING SUCCESS

Conference meetings were conducted in Imvepi and Mijale at the start of the year and are used to evaluate the performance of agriculture groups, and to plan and prepare groups ready for the first planting season 2023.

These conferences where all group members come together for shared testimonies of agriculture and savings achievements are now increasingly attended also by government representatives, local church leaders and other NGOs. This shows the success of the projects and the wider impact they are having on the community at large. This also indicates a growing confidence in group members to engage with local establishment to access information, support and extend influence.

Photo: Packing fruit trees for delivery to group members



10

TREE PLANTING

2023 saw a further 1200 fruit tree seedlings distributed to group members in Imvepi and Mijale. This brings the total fruit tree seedlings distributed by the project to over 7000. They include quick ripening papaya and nutrient rich avocado. Trees planted in the agriculture landscape are crucial for environmental protection and ameliorating the effects of climate change. Tree seedling distribution also included for the first time 100 seedlings of Calliandra a key nitrogen fixing fast growing tree important for woodfuel and fodder, and which again gives key sustainable services to the environment.

*based on 8 per household

ACHIEVEMENTS 2023

Christian Discipleship

DISCIPLESHIP
TRAINING FOR

16 NEW LICENSED
LAY READERS

5 MOTHERS
UNION
LEADERS

LITURGICAL
TRAINING FOR

52
IN MAY

DAILY
NEWS &
ADVICE
AS WELL AS
SPIRITUAL
SUPPORT

LOUD
SPEAKER
SYSTEMS IN REFUGEE
SETTLEMENTS

5

1 NEW IN 2023 WITH
LOCAL COMMITTEES
OVERSEEING

PRAYER &
INTERCESSOR
TRAINING FOR

31
IN JULY

NEWS
REACHING
7,000+

REFUGEES & POOR
UGANDANS

PARENTING
IN FAITH TRAINING
FOR

29

FAMILIES IN THREE
LOCATIONS

HYMN
BOOKS
& LITURGICAL
MATERIALS
PURCHASED AND
DISTRIBUTED BY
DOL
ENABLING
WORSHIP

BIBLE
STUDY GROUPS
SUPPORTED

240

IN IMVEPI CAMP
& MIJALE
BUSH

NEW
EQUIPMENT
& TENTS FOR

5

ENABLING JESUS
FILM

BIBLE
STUDY BOOKS
& TRAINING FOR

150

FOR DIFFERENT
DEMOGRAPHICS

BIBLES
FOR

128

YOUTHS & SAVINGS
GROUP
MEMBERS

BICYCLE
FOR
1

PASTORS PASTORAL
MINISTRY

JESUS
FILM SHOWN
TO

2,269

REFUGEES IN
2023



ACHIEVEMENTS 2023

Clinic, CATT* & outreach

The clinic we fund is in Mijale in rural Northern Uganda.

FUNDING
PRIMARY HEALTH
CARE CLINIC WHICH
HAS SEEN

6,946

SOUTH SUDANESE
REFUGEES & POOR
UGANDANS

EXPECTANT
MOTHERS SEEN IN
THE CLINIC

2,080

ANTENATAL CLASSES
& CHECKUPS

MIDWIFERY
SERVICES AT CLINIC
DELIVERED

542

BABIES SAFELY IN
2023

ULTRASOUND
SCANS FOR LOCAL
DIAGNOSIS OF

474

PATIENTS SAVING
EACH PATIENT
50MILE ROUND
TRIP

HYGIENE,
FAMILY
SPACING, MALARIA
TRAINING & MOSQUITO
NETS FOR

200

REFUGEE MOTHERS
FROM AGRICULTURE &
SAVING GROUPS IN
IMVEPI & MIJALE

RUMPS TRAINING

Refugee schoolgirls in Northern Uganda face many barriers to staying in education, one is the cost of sanitary wear. The inability to manage their periods in school means they miss school, fail their exams and then are destined for early marriage with no life prospects.

CRESS offers RUMPS (reusable menstrual pads) training that is practical, the girls make their own pads using locally available materials and are given the gift of underwear and soap.

"This CRESS training is different from other trainings as I did not know all the materials that were needed, how to measure, how to cut, how to arrange, how to sew or even how to cater for it [after use], but since this [training] I can now train other fellow women and my fellow sisters who lack the knowledge. Other organisations have just given us already made pads without the knowledge, pants, soap and even refreshment food."



RUMPS
TRAINING FOR

216

in 2 SCHOOLS
2023

COMMUNITY
EMOTIONAL
HEALTH
PROGRAMME
RAISING
AWARENESS FOR
CHILDREN &
ADULTS

TRAUMA
THERAPY

9

SOUTH SUDANESE PEOPLE
TRAINED
TO WORK WITH
TRAUMATISED
REFUGEE
CHILDREN

CATT*
COUNSELLORS
SUPPORTED

534

CHILDREN IN
2023

12

MIDWIFE SUPPORT FROM THE CLINIC

The clinic continues its amazing work in supporting and guiding women in Mijale and the surrounding area. Pictured below is a group of mothers attending an antenatal health class led by community midwife Asaba.

In September Asaba supported 158 women in the community. She distributed over 120 mosquito nets and demonstrated correct usage.



In addition, pregnant mothers were given mama kits to help them prepare for their new baby and reduce expenses. They also received necessary medication and supplements to ensure their very best health during pregnancy.

*CATT Children's Accelerated Trauma Therapy

ACHIEVEMENTS 2023

PRIMARY
& SECONDARY
EDUCATION FOR

49

REFUGEE
STUDENTS

PRIMARY
LEAVERS EXAMS
TAKEN & PASSED

5

IN 2023

UGANDAN
CERTIFICATES OF
EDUCATION* TAKEN

3

UGANDA
ADVANCED
CERTIFICATE OF
EDUCATION EXAMS
TAKEN

2

BACHELOR
DEGREE IN CIVIL
ENGINEERING

1

COMPLETE EDUCATION
SPONSORED SINCE
2009

SUPPORTING

12

THROUGH FULL
TIME TERTIARY
EDUCATION

AND
SUPPORTING

1

THROUGH NIGHT
SCHOOL

DIPLOMA
IN ACCOUNTING
AND FINANCE

1

COMPLETED

YENSUK'S YEAR

Her parents wrote "It is hard to imagine this support, but only to find this miraculous education support which is hard to get. Our daughter Yensuk is progressing very well. Her end of year results is too encouraging as her trend of results is going upward."

She had 108 students in her new Primary 3 class. She started the year 44th and ended in 4th position. A huge improvement and on to P4 next year.



Education Sponsorship



CHRISTINE'S EDUCATION

Christine is a 17 year old orphan whose education is supported by CRESS donors. In 2023 she took her Primary Leaver Exams. She is pictured above with Scopas who went, on behalf of the CRESS Education department, to attend the parents' meeting for her. All the exam candidate were taken to Jinja for extra study and needed those fees paid. The study tour took place in July and the exams in November,

Being an orphan she had no one else to go to the meeting for her. She says to Scopas she never knows where she would be now without CRESS!

To her sponsor she wrote

"Am working so hard so that I secure good grade for secondary education. I would love to study in Arua for my secondary education."

I spend my holidays in Imvepi Refugee camp. I live with my elder brother's wife. We grow small garden of vegetables like sukuma, cabbages and I enjoy them a lot as we use it to supplement with the small beans we receive from UN.

I want to become a medical doctor or a nurse when I finish school. I want to help my community with health care services."

We have just found out that Christine has passed her PLE in third grade and therefore she is enrolling at Nyangilia Secondary School in Koboko. She hopes to continue her hard work, improve her grades and move to Usindi Secondary School in Arua next year.

CRESS' 2023 strategy aims to help tackle the underlying causes of poverty and social injustice, as part of global efforts to meet the Sustainable Development Goals (SDGs).

1 NO POVERTY



In the Agriculture Groups, 3/4 of the harvest from group gardens and 1/4 from individual gardens is sold. This income, however small, helps families enormously and is used for school fees and vital medicines. Once these immediate expenses are met group members then usually start building/renovating their houses, and start investing in their small businesses, which gives a level of financial security.

The 76 Savings Groups also help break the cycle of poverty by delivering loans and money skills training to their 1669 members, representing over 10,000 within their households, which in turn provides them with financial security and the ability to afford an education, better nutrition, hygiene and health.

We gave 216 refugee young women RUMPS training means they can save money on costly disposable menstrual pads and they can continue their lives at school and work.

2 ZERO HUNGER



CRESS aims to increase food security through 46 Agriculture Groups by delivering training to new group members, to key community leaders and existing groups. Our training focuses on sustainable vegetable growing and agriculture using organic regenerative practices such as composting, tree planting and soil conservation.

Planting fruit and other tree species for garden and field protection to enhance the resilience of food security has been a big part of our agriculture plan, with over 7000 trees now planted. The species mix includes quick maturing papaya, nutrient rich avocado and nitrogen fixing calliandra. Some fruits are already maturing thus able to improve nutrition especially during hunger seasons of low food availability.

Selling excess fruit, vegetables and crop production provides income for all 1360 trained group members and their families. This provides increased food security for over 11000 individuals.

3 GOOD HEALTH AND WELL-BEING



In 2023, CRESS' Primary Healthcare Clinic treated 6,946 South Sudanese refugees and poor Ugandan people. Malaria, pneumonia and diarrhoea are mostly seen in children below 5 years and pregnant mothers. Peptic ulcers, brucellosis and typhoid including STIs and skin conditions were mostly seen in adults. Cases of malnutrition were seen in the clinic.

The ultrasound equipment provided a diagnosis for 474 patients. The clinic's midwives helped safely deliver 542 babies and saw 2,080 mothers for antenatal clinics.

200 Mosquito nets were distributed and mothers trained in malaria prevention, family spacing, water sanitation and hygiene.

Our CATT programme helped 396 children cope with difficult life situations.

CRESS prefers to talk about our contribution to change, rather than claiming our work alone led to any given change.

*Education Response Plan for Refugees and Host Communities in Uganda (2018-2022) - www.edu-links.org

4 QUALITY EDUCATION



CRESS education sponsorship programme has supported young people in the refugee camps to access education including 12 students in tertiary education. 21 children have been supported to attend primary school and 28 at secondary level.

In 2023 CRESS has also supported two staff members to continue their education through night classes enabling them to fulfil their potential.

Continuing training for our staff this year has included Sustainable Organic Agriculture, Agroforestry and Natural Medicines for the CBFs and Apiculture/Bee Keeping training for our Agriculture Officers. This training will be passed on to members of the savings and agriculture groups.

5 GENDER EQUALITY



CRESS has supported women via the primary healthcare clinic outreach services. 200 Refugee women have been taught malaria prevention and control, hygiene, sanitation and family planning and given a treated mosquito net.

1259 of 1669 registered Agricultural and Savings Groups members, are female. They have been taught skills to improve their food and financial security, enabling them to increase levels of empowerment and equality to become a force for change in their communities. By September 210 businesses had been set up by women. CBFs reported *"women now peacefully co-exist with their husbands because of the support they are bringing to their homes through the agriculture program, [means] there are no more family disputes."*

CRESS has always seen good gender balance in its education sponsorship. Currently, 29 out of 61 of our sponsored students are female.

8 DECENT WORK AND ECONOMIC GROWTH



Through the 70 Savings Groups and the 34 Agricultural Groups, CRESS has helped the group members to set up and develop their own businesses and group businesses, grow their own food and generate their own income.

12 YEARS OF CRESS

2010

2011

- > 1st Chalke Valley trip & Clergy conference
- > 11 Clergy treated for River blindness
- > 20 children sponsored
- > Small 2 roomed clinic opens in Liwolo

2014

- > Chalke Valley Lent Project raises £20,000 for building 8 roomed clinic in Liwolo

2016

- > 35 women form first agriculture project
- > Solar fridge arrives at the clinic
- > People start to flee to Uganda

2018

- > Clinic accredited with Ugandan Health Authority
- > Agriculture training re-starts

2020

- > Supported refugees through COVID lockdown with food, PPE, home-schooling and Loud Speaker Project
- > Zoom for meetings with DOL & UK events

2022

- > Clinic oversaw eye health clinic & surgery
- > Pastor and youth conferences run by DoL
- > Fruit tree survey show 2,000 trees thriving
- > 70 Savings groups with 2,094 members

2013

- > 85 water filters given out
- > First agricultural training in Uganda
- > Women's conference attended by 200 women in Kajo Keji led by 6 women from UK

2015

- > New clinic opened by CRESS team
- > Fred Taban comes to the UK to study at All Nations College

2017

- > War means many from Kajo Keji flee to Uganda
- > CRESS moves to Uganda - office opens Arua
- > May. Joseph Aba becomes Bishop of the newly created Diocese of Liwolo
- > CRESS makes Diocese of Liwolo their partner
- > Clinic opens in September in Mijale

2019

- > 41 savings groups started with 1,041 members
- > Clinic did hygiene and RUMPS training, co-ordinated CATT Counsellors & saw 7862 patients
- > Bishop Joseph leads a student conference

2021

- > Savings groups now have 1,570 members.
- > 76 pastors included within our agriculture training in addition to 320 group members.

2023

- > All in this report...



Eric Nelson

Isaac Kwaje

Bishop Joseph Aba

Samuel Doa

Murye Scopas

Gale Scopas

Rina Kojo

Mawa Fred

Isaac Soro

Joel Abate

Yango Yunja

Alex Kenyi

Moses Marle

Irene Abiko

Julious Abate

16

MAKING A DIFFERENCE

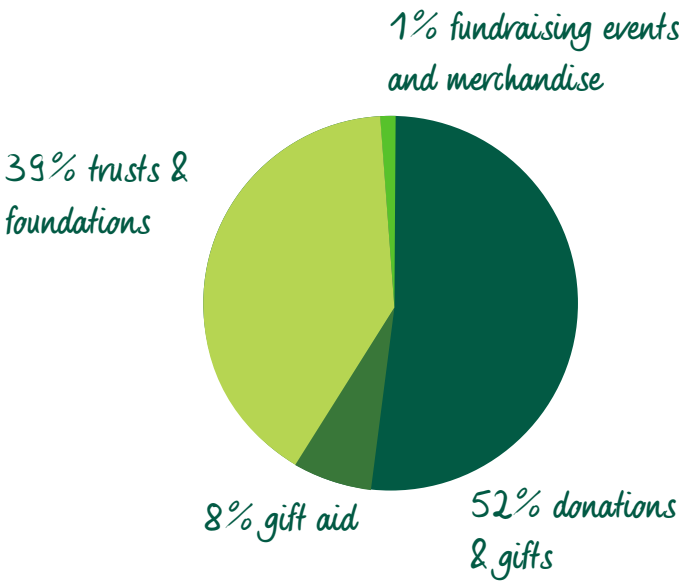
COMMUNITY SUPPORT



FINANCE

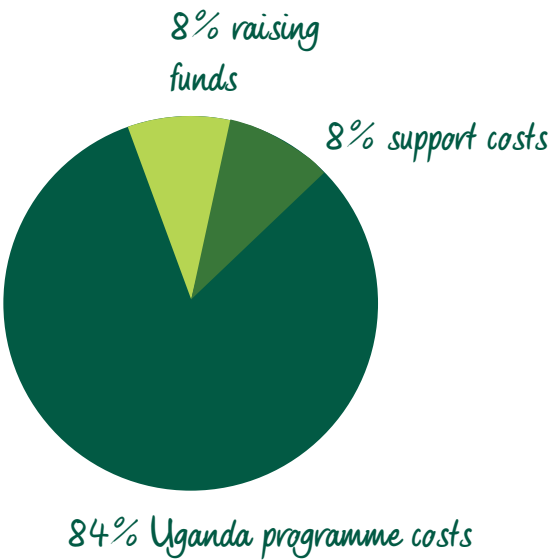
Income

Total: £318,277



Expenditure

Total: £293,762



Finance highlights of CRESS' 2023 Accounts



New loud hailer installed in Pingo

STRATEGIC OBJECTIVES

The table below sets out our plans for the coming year:

Strategic Objective	Plans 2024
Begin process of community ownership without UK for increased sustainability	• New indigenous NGO (non-governmental organisation) to take over running CRESS projects in Arua. Looking for partner for Christian Discipleship. • Support new clinic with increased local ownership • Invest clinic income into clinic running costs • Work towards new poultry & garden projects to support office & clinic including trialling growing medicinal herbs for malaria • Increase diversity of CRESS in UK governance board
Equip local Ugandans and refugees to be income secure for increased self-sufficiency	• Create new Savings Group and Savings & Agriculture Groups near the new clinic. Continue with support and training • RUMPS training for schoolgirls
Improve and develop training to boost livelihood opportunities for young	• Sponsored education, academic and vocational, both to be valued • RUMPS training
Build capacity and capabilities of organisation to deliver strategy	• Improve current monitoring and supervisory processes • Develop and train CRESS staff & volunteers • Further develop strategies, policies and budgets with the new NGO • Equip a new office for the NGO
Diversify income generation and boost fundraising	• Increase Regular Donors, Major Donors, Corporates, Trust Funds • Increase fund-raising events • Recruit Ambassadors and volunteer fund-raisers
Improve health in the community and sustainability of clinic	• Support new larger clinic • Invest clinic income into clinic running costs • Improve clinic inventory and finance systems • Continue to support CATT counselling and Adult Trauma • Trialling growing medicinal herbs for malaria in clinic garden

GOVERNANCE

Governance

CRESS is an unincorporated organisation. Its governing document is a trust deed dated 12th of April 2011, as amended by resolutions dated 23rd of January 2013 and 11th of November 2019.

CRESS recruits Trustees in the UK with the skills and experience to ensure the charity carries out its activities effectively and efficiently. New Trustees are appointed by existing Trustees.

The Trustees take an active interest in operational activities and remain informed through regular reports and three full Board meetings a year.

2023 Trustees

Chair of Trustees

Jeremy Metcalfe OBE

Trustees

Caroline Lamb MA Oxon. PGCE.
Dr Jonathan Cullis MA (Cantab) MBBS. MD. FRCP. FRCPATH.
Dr Jane Guy MB,BS. MRCP. DRCOG.
Anthony Belchambers (Inner Temple)
- appointed 28/09/2023
John K E Broadley, MA Oxon, CMG.

Specialist Volunteer Advisers

Education and Sponsorship

Janet Carlsson

Agricultural Adviser

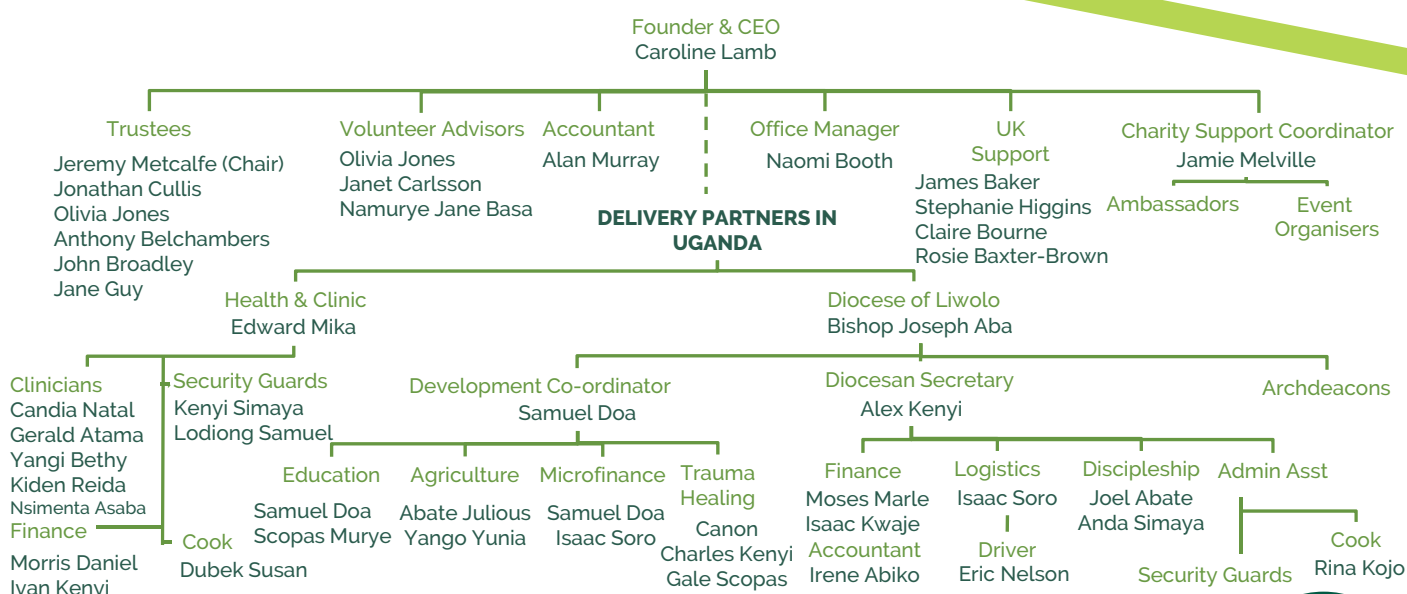
Olivia Jane Jones

South Sudan Adviser

Namurye Jane Basa

Volunteer Coordinator & Strategy Assistant
Jamie Melville

ORGANISATION STRUCTURE





Caroline and the two midwives at the clinic with other clinic staff and knitting for babies sent from UK

Public Benefit

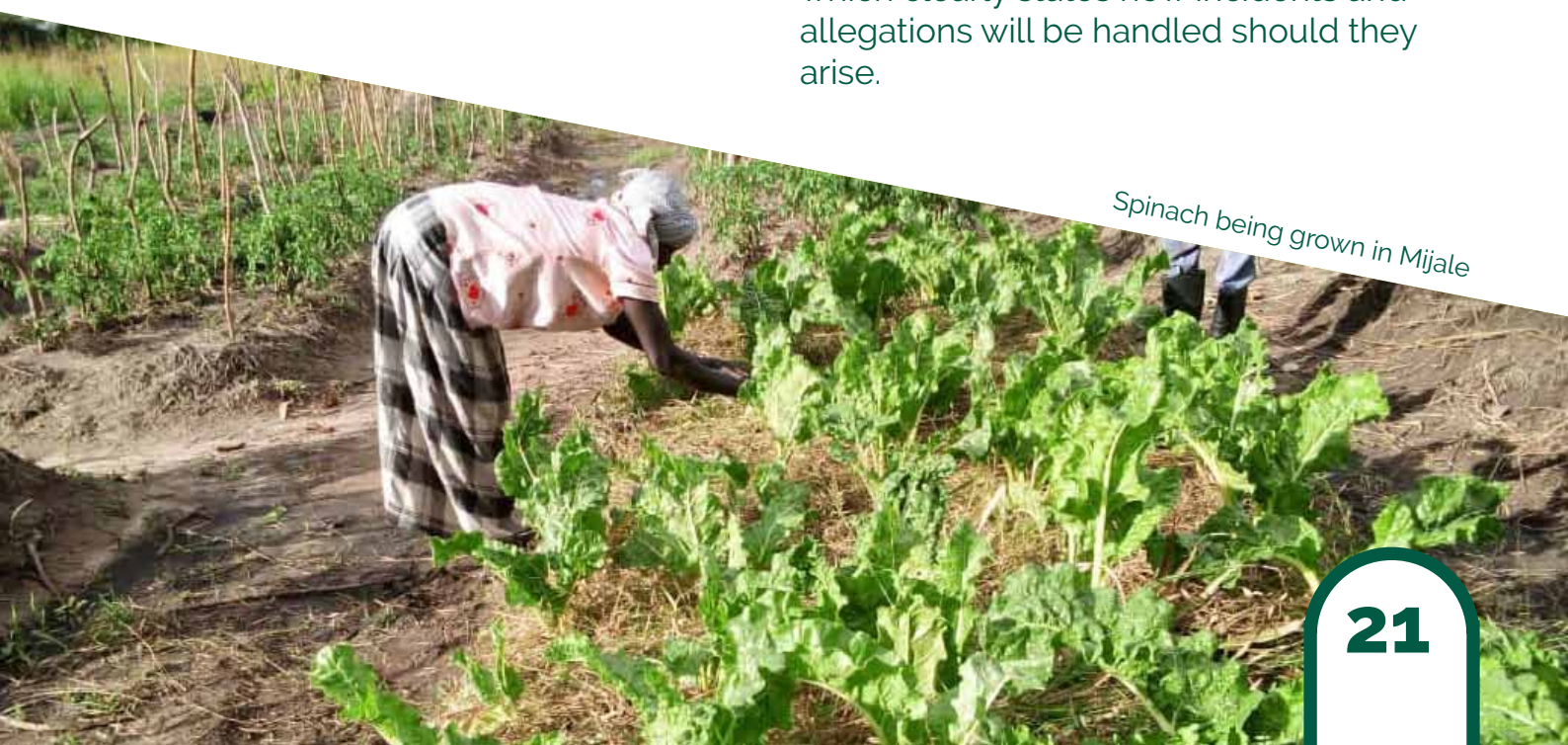
The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales. This Annual Report provides a summary of our main activities undertaken in 2023 demonstrating our charitable purpose for the public benefit.

Risk Management

The Trustees have a risk register, important risks are discussed at each trustee meeting. The register is reviewed annually.

Safeguarding

The Trustees believe that the welfare of children and vulnerable individuals is paramount. The charity operates within the framework of its safeguarding policy, which clearly states how incidents and allegations will be handled should they arise.



Spinach being grown in Mijale



CATT Counsellors gathered at the Mijale clinic

Financial Overview

CRESS' financial position is shown in the attached accounts.

Donations from regular supporters continued to be strong during the year and a number of one-off gifts from individuals and charitable trusts resulted in a small increase in income overall to £318,277 (2022: £314,389).

Expenditure on the Uganda programme showed an increase over the previous year at £247,168 (2021: £228,037) which was mainly driven by an increase in salary costs. Expenditure on fundraising services and management support reduced significantly compared to the previous year due to lack of funding for the personnel involved.

The charity achieved a small surplus of £4,368 on unrestricted funds with reserves carried forward of £53,463 providing a secure start to the new year. Restricted reserves grew by £20,147 to £92,096 which will ensure continuity of the Uganda programme well into 2024.

Reserves

CRESS understands that our supporters want our resources to be used in the most efficient and effective manner achieving maximum impact for our beneficiaries. The Trustees aim to maintain unrestricted bank balances at a level which will provide sufficient funds to ensure that charitable activities, support and governance costs are covered for 3 months. The Trustees believe that the scale of our current operations requires no change to the reserves policy. However, they will continue to review the situation as the charity develops.

Rev. Jacob Karaba and his wife with their 3 year old mango tree



CHARITY DETAILS

Charity

CRESS

Christian Relief Education Skills and Sustainability

Registered Charity Number

1141343

Principal Address

Knighton Manor Farm, Knighton Road, Broad Chalke, Salisbury, Wiltshire, SP5 5EB

Bankers

HSBC Bank Plc Blandford Forum

17 Market Place, Blandford Forum, Dorset, DT11 7AG

Independent Examiner

H Flint FCA

Mead House, High Road, Broad Chalke, Salisbury, Wiltshire, SP5 5EH

Accountant

Alan Murray

72 Churchfield Road, Poole, Dorset BH15 2QP

ANNUAL ACCOUNTS

CRESS

For the year ended 31 December 2023

Registered charity number: 1141343

CONTENTS

25-33	Statements of Financial Activities
34	Independent Examiners report to the Trustees
35	Statement of Trustee responsibilities

STATEMENT

of Financial Activities

Year ended 31st December 2023

		Unrestricted Funds	Restricted Income Funds	2023	2022
Incoming resources (Note 2)					
	Income and endowments				
	Donations and legacies	108,203	207,776	315,979	311,341
	Other trading activities	1,138	1,160	2,298	3,028
	Investments	-	-	-	20
	Total income and endowments	109,341	208,936	318,277	314,389
Resources expended (Note 3)					
	Expenditure				
	Raising funds	23,905	-	23,905	30,265
	Charitable activities	75,999	193,858	269,857	262,590
	Total expenditure	99,904	193,858	293,762	292,855
Net income (expenditure) before transfers		9,437	15,078	24,515	21,534
Transfer of funds					
	Transfer of funds P&L	(5,069)	5,069	-	-
Net movement in funds		4,368	20,147	24,515	21,534
Reconciliation of funds					
	Total funds brought forward	49,095	71,949	121,044	99,510
	Total funds carried forward	53,463	92,096	145,559	121,044

BALANCE SHEET

CRESS

As at 31 December 2023

		2023	2022
Fixed assets			
	Tangible assets (Note 6)	87	116
Current assets			
	Debtors (Note 7)	7,077	6,893
	Cash at bank and in hand (Note 9)	139,345	115,460
		146,422	122,353
Creditors: amounts falling due within one year			
	Creditors (Note 8)	950	1,425
Net current assets (liabilities)		145,472	120,928
Total assets less current liabilities		145,559	121,044
Funds of the charity (Note 11)			
	Restricted funds	92,096	71,949
	Unrestricted funds	53,463	49,095
	Total funds	145,559	121,044

Approval

Signed on behalf of all the trustees



Jeremy Metcalfe
Chair of Trustees

Date

19.03.24
.....

NOTES

to the Financial Statements As at 31 December 2023

1. Accounting Policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014;
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102); and with
- the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

The Trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

The charity is not registered for VAT.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Support Costs

The charity has incurred expenditure on support costs.

Notes to the Financial Statements

Year ended 31st December 2023

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Expenditure and liabilities

Liability recognition

Liabilities are recognised where it is more than likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. Support costs include central functions.

Creditors

The charity has creditors which are measured at settlement amount less any trade discounts.

Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year, and cost at least £1,000. They are valued at cost. The depreciation rates and methods used are as follows:

Account	Method	Rate
Equipment	Reducing balance	25%

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement account after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Transactions in foreign currency

Transactions in foreign currency are translated into the Charity's functional currency at the spot rate applicable on the day of each transaction. Foreign currency balances in the balance sheet are translated at the rate applicable on the reporting date and exchange differences are included in the statement of financial activities.

Notes to the Financial Statements

Year ended 31st December 2023

		Unrestricted Funds	Restricted Income Funds	2023	2022
2. Analysis of income					
	Donations and legacies				
	Donations and gifts	69,486	94,604	164,090	150,843
	Gift Aid	6,812	19,528	26,340	23,021
	General grants provided by other charities	31,905	93,644	125,549	137,477
	Total donations and legacies	108,203	207,776	315,979	311,341
	Other trading activities				
	Events and merchandise	1,138	1,160	2,298	3,028
	Total other trading activities	1,138	1,160	2,298	3,028
	Income from investments				
	Interest income	-	-	-	20
	Total income from investments	-	-	-	20
	Total income	109,341	208,936	318,277	314,389
	Total income in the previous year	126,116	188,273	-	314,389
		Unrestricted Funds	Restricted Income Funds	2023	2022
3. Analysis of expenditure					
	Raising funds				
	Expenditure on raising funds	23,905	-	23,905	30,265
	Total raising funds	23,905	-	23,905	30,265
	Charitable activities				
	Programme costs	53,310	193,858	247,168	228,037
	Support costs	22,689	-	22,689	34,553
	Total charitable activities	75,999	193,858	269,857	262,590
	Total expenditure	99,904	193,858	293,762	292,855
	Total expenditure in the previous year	122,360	170,495	-	292,855

Notes to the Financial Statements

Year ended 31st December 2023

	Unrestricted funds	Restricted income funds	2023	2022
4. Programme costs				
Agriculture	-	7,369	7,369	6,841
CATT training	3,258	563	3,821	9,010
Christian discipleship	8,508	4,206	12,714	7,564
Clinic equipment and running cost	4,925	5,641	10,566	10,626
Clinic medicine	639	4,140	4,779	8,129
Clinic health projects	-	3,729	3,729	9,115
Education	-	44,997	44,997	49,284
General office costs	-	15,504	15,504	4,754
Lent Project	-	7,762	7,762	-
Management, admin & staff support costs	28,490	-	28,490	29,009
Salaries	-	93,813	93,813	74,924
Savings groups	2,010	4,654	6,664	8,748
Support medicine	-	-	-	2,363
Travel	640	-	640	1,058
Vehicle purchases	-	-	-	1,472
Vehicle maintenance	4,840	1,480	6,320	5,140
Total	53,310	193,858	247,168	228,037
5. Support costs				
Governance	1,859	-	1,859	144
Office and accountancy support	11,961	-	11,961	28,504
IT software and consumables	3,462	-	3,462	2,704
Printing postage and stationery	474	-	474	373
International travel	3,138	-	3,138	2,237
Others	1,795	-	1,795	591
Total	22,689	-	22,689	34,553

Notes to the Financial Statements

Year ended 31st December 2023

6. Tangible fixed assets

		Equipment		Total	
Cost					
	At 1 January 2023	650		650	
	At 31 December 2023	650		650	
Depreciation					
	At 1 January 2023	534		534	
	Charge for year	29		29	
	At 31 December 2023	563		563	
Net Book Value					
	At 31 December 2023	87		87	
	At 31 December 2022	116		116	
		Unrestricted income funds	Restricted income funds	2023	2022
7. Debtors					
	Prepayments and accrued income	7,077	-	7,077	6,893
8. Creditors					
	Accruals and deferred income	950	-	950	1425
9. Cash at bank and in hand		47,249	92,096	139,345	115,460

Notes to the Financial Statements

Year ended 31st December 2023

11. Charity funds		Balance at	Income	Expenditure	Transfers	Balance at
		1 January 2023				31 December 2023
Unrestricted funds						
	Contingency	18,899	-	-	-	18,899
	General	21,115	68,975	(77,412)	(9,863)	2,815
Designated funds						
	Vehicle replacement fund	2,488	1197	-	-	3,685
	Programme costs	6,593	39169	(22,492)	4,794	28,064
	Total	49,095	109,341	(99,904)	(5,069)	53,463
Restricted funds						
	Agriculture	2,742	7,645	(7,369)	1,000	4,018
	Big Give	-	3,938	-	-	3,938
	Bush schools fund	500	-	-	-	500
	CATT training	-	1,000	(563)	-	437
	Christian discipleship	3,005	12,260	(4,206)	-	11,059
	Clinic equipment and running costs	5,394	4,356	(5,641)	-	4,109
	Clinic medicine	404	9,525	(4,140)	-	5,789
	Clinic health projects	3,770	-	(3,729)	-	41
	DoL Blackburn	-	1,206	-	-	1,206
	Education	13,669	50,706	(44,997)	-	19,378
	General office costs in Uganda	10,206	12,017	(15,504)	-	6,719
	Lent Project	-	15,253	(7,762)	(2,500)	4,991
	Salaries	29,317	80,325	(93,813)	7,069	22,898
	Savings groups	1,742	8,636	(4,654)	-	5,724
	Travel	500	-	-	(500)	-
	Vehicle maintenance	700	2,069	(1,480)	-	1,289
	Total	71,949	208,936	(193,858)	5,069	92,096
Total funds		121,044	318,277	(293,762)	-	145,559

Notes

The Designated Funds represent unrestricted income funds that have been provisionally set aside to provide for replacement vehicles for the operations in Uganda, and certain other salaries and expenses in the coming year in order to ensure continuity of essential coordinating services provided by the implementing partner agency.

The Restricted Income Funds represent grants and other donations that have been specifically raised for certain elements of the development programme in Uganda.

The Education fund includes a sponsorship programme covering fees and other educational expenses for a number of school and university students in the community.

The salaries fund includes grants and sponsorship for key staff and project coordinators in the Diocese of Liwolo.

Notes to the Financial Statements

Year ended 31st December 2023

	Balance at 1 January 2022	Income	Expenditure	Transfers	Balance at 31 December 2022
Unrestricted funds					
Contingency	18,899	-	-	-	18,899
General	18,157	126,116	(122,360)	(798)	21,115
Designated funds					
Vehicle replacement fund	1,690	-	-	798	2,488
Programme costs	16,163	-	-	(9,569)	6,594
Total	54,909	126,116	(122,360)	-	49,096
Restricted funds					
Agriculture	4,776	4,080	(6,114)	-	2,742
Bush schools fund	500	-	-	-	500
CATT training	15	2,925	(3,081)	141	-
Christian discipleship	-	9,826	(6,821)	-	3,005
Clinic equipment and running costs	2,100	5,290	(1,996)	-	5,394
Clinic medicine	5,673	2,860	(8,129)	-	404
Clinic health projects		10,780	(7,175)	165	3,770
Education	13,726	49,227	(49,284)	-	13,669
General office costs in Uganda	2,839	12,121	(4,754)	-	10,206
RUMPS - womens' health	1,531		(1,940)	409	-
Salaries	13,195	83,549	(73,880)	6,452	29,316
Savings groups	-	6,415	(4,673)	-	1,742
Support medicine for staff	-	-	(1,590)	1,590	-
Travel	246	500	-1,058	812	500
Vehicle maintenance	-	700	-	-	700
Total	44,601	188,273	(170,495)	-	71,948
Total funds	99,510	314,389	(292,855)	-	121,044

12. Transactions with trustees and related parties

During the year six trustees made donations totalling £13,695 (2022: £21,184) towards the normal activities of the charity.

One trustee was reimbursed £4,408 (2022: £1,377) for expenses incurred on behalf of the charity in the implementation of its activities. No other trustees have received any expenses or benefits from the charity during the year.

INDEPENDENT EXAMINER'S

Report to the Trustees of Christian Relief Education Skills and Sustainability CRESS

For the year ended 31 December 2023

I report to the Trustees on my examination of the accounts of the above charity (Christian Relief Education Skills and Sustainability) for the year ended 31 December 2023 which are set out on pages 24 to 33.

Responsibilities and basis of report

As the Charity's Trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of 2011 Act and in carrying out my examination, I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm no material matters have come to my attention in connection with the examination which give me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Henry Flint

.....
Henry Flint FCA

Mead House, High Road, Broad Chalke, Salisbury, Wiltshire, SP5 SEH

Date: 20.03.24
.....

STATEMENT

of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The law applicable to charities requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declaration

The Trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Trustees



.....

Date: 19.03.24

.....

CRESS

CHRISTIAN RELIEF
EDUCATION SKILLS AND
SUSTAINABILITY



*CRESS would like to thank all our
supporters and donors for their support in 2023.*

CRESS

England & Wales - Charity number 1141343

Accounts

ANNUAL REPORT 2022

sowing seeds for life

registered charity no. 1141343

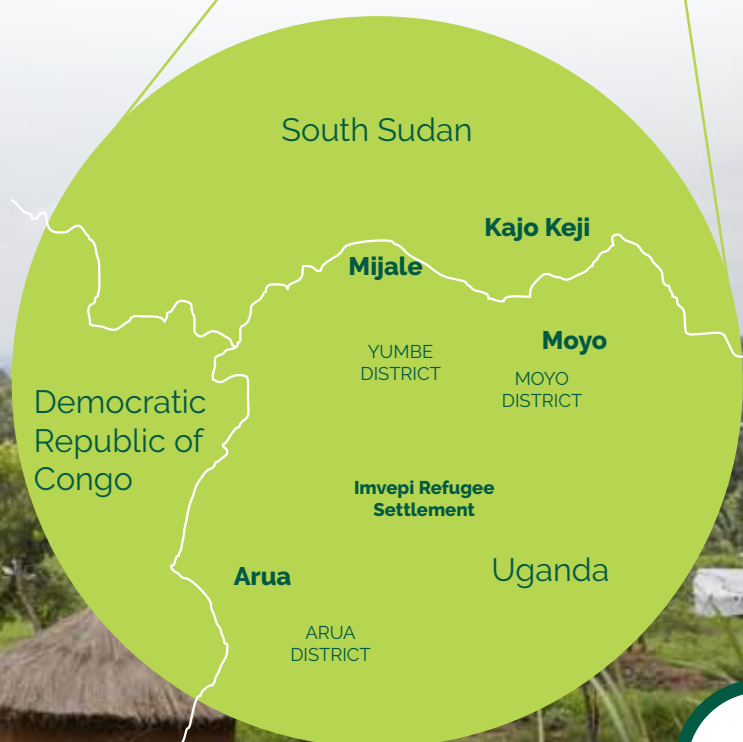


Knighton Manor, Broad Chalke, Salisbury, Wiltshire SP5 5EB
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*since 2010 CRESS
has been helping the
South Sudanese
create self-sufficient,
sustainable and ethical
communities*



VISION, MISSION & VALUES

Training and mosquito nets delivered for Eden group



Christian Relief and Education for South Sudanese

VISION

Holistically transformed communities living self-sufficient lives

MISSION

Educate and train South Sudanese people with the knowledge and skills to empower them to establish self-sustaining communities.

CHURCH CENTRED

Working with the local church is not only a good strategy, it's at the very heart of our work. We want to see local churches creating and leading change in their communities.

CORE VALUES

Christian Foundation drives how we operate and our values

Steady organic growth taking feedback and learning on the way

Based on strong personal relationships with South Sudanese and in UK

Unique blend of development and relief

Empower key groups such as students, farmers, women and clergy through education

Most projects have sustainable outcomes with the goal of them becoming self-supporting in time

100% local staff. They know and love their people and will remain with them

Strong financial accountability

CHARITABLE OBJECTIVES

Purpose

The prevention and relief of poverty, suffering, distress and ill health in South Sudan and Northern Uganda by providing grants, items and services to individuals in need and/or charities or other organisations working for the same objects.

For the public benefit to promote the education and health (including social and physical training) of people in South Sudan and Northern Uganda in such ways as the charity Trustees think fit.

Working through the local Christian church to:

- Advance education of children and the further education and vocational training of adults.
- Promote the health and wellbeing of individuals and the community.
- Advance the Christian religion and promote spiritual growth.
- Encourage self-sufficiency through businesses and agricultural development.

Rev. Jacob Karaba in Imvepi Refugee Settlement with his family's harvest

*"Before
CRESS, life was
hard. Everything was horrible.*

We eat beans provided by UNHCR every day. We had no money to change our diet. When my wife and I got the training on vegetable growing and received the vegetable seeds from CRESS/DOL, everything changed.

My family eats vegetables throughout the year. We also sell some to raise money for other needs such as clothes, paying medical bills etc. My family no longer buys vegetables from market. I thank CRESS and Diocese of Liwolo for impacting the lives of my family members."

OUR WORK



MESSAGE FROM THE CEO

2022 brought a welcome year without COVID restrictions meaning travel and education returned to normal. Around the world, however, 2022 has brought soaring inflation which has presented it's own challenges as has the dramatic fall in the pound against the dollar.

One of our biggest achievements this year was successful eye screening and surgery in Mijale, a rural trading post close to the Uganda/South Sudan border. CRESS funded eye doctors from Arua hospital to visit twice, to screen 234 patients and then to operate on 70 of them, who had cataracts and trachoma, transforming lives. Many others received glasses. This project was suggested and overseen by the clinic team we fund.

The clinic saw the arrival of a new nurse and clinical officer, as others returned to studying, and the addition of a field midwife. The field midwife divides her time between the Mijale clinic maternity work and the refugee camps. She provides maternal health support and health and hygiene education. Another important arrival to the clinic was a electronic microscope with backlight, donated by Salisbury District Hospital, which I carried out to Nairobi when I met Bishop Joseph there in the autumn. This microscope is the only one in Kerwa Subcounty and allows advanced diagnosis of many diseases.

A number of patients waiting for eye screening in Mijale



Lifting of COVID restrictions also meant other visits from the UK could resume. Olivia Jones our Agriculture Advisor was there to witness the eye screening as she visited for the first time in 2 years to monitor the progress in the Agriculture Groups. Her report, presented at the AGM, found many positive practices, protected fruit trees and enhancing soil, and she has offered practical advice on areas for improvement. In November a Fruit Tree Survival Survey was conducted by the MEL (Monitoring, Evaluation and Learning) team in Arua which saw an overall survival rate for tree seedlings of 45% which Olivia was pleased with.

We were also pleased that Wendy, a Chartered Accountant and CMS mission associate, visited Uganda last spring and worked with the finance teams. She supported them with the accounts software and trained them in good financial management. These improvements have continued throughout the year and I would like to thank the dedication of the teams in Arua and Mijale.

The education sponsorship programme has seen a difficult year. School fees rose sharply when schools opened after the pandemic as many schools had been forced to close so competition for places was high. Increased food and fuel costs also played their part. Some colleges added an extra semester to fill gaps in students knowledge left by online/home study. Most significantly the pound crashing against the dollar meant our money wasn't worth as much as it was before. We are sincerely grateful to all of our education sponsors who have continued to support their students, some increasing their donations, others offering one-off payments for extra semesters with very little notice. Saying all this we are thrilled to have received all of the letters from the students, which have been distributed, and to have just had the exam results back showing excellent results for all of last years candidates. Well done to them all.

Using Zoom for communication has been a blessing over lockdown and through this year, but being able to see Bishop Joseph face-to-face, when he visited us after the Lambeth Conference in August and in Nairobi in the autumn, has revealed to me how human interaction and conversation enables CRESS to best support South Sudanese refugee community.

A message from Samuel Doa - Education & Development Coordinator in Arua.
"I thank God for bringing me to the CRESS family and the Diocese of Liwolo. Amidst the challenging refugee life in Uganda, I could not imagine how my family would have been. The achievements have been enormous. I have been able to construct a small tukul for myself, support my family, and the knowledge my family has gained from the agriculture training has enabled it to become a self-reliant household. Long live CRESS!"

Cashie



"Rev. Canon Charles you are more than a biological father to me. This is the first time for this kind of treatment to reach in our place and I am so lucky to be one of the beneficiaries. Therefore, THANK YOU SO MUCH, this sweet programme put a smile on our lips."

ACHIEVEMENTS 2022

Savings Groups

SAVINGS
GROUPS
ESTABLISHED

70

BY DEC
2022

Savings groups act like a community bank. Refugees put their money in and can then ask for loans for business or the needs of their family. They repay back over time with interest. The groups also are encouraged to be involved in projects together to raise funds which are distributed yearly.

WE
SUPPORT
13

COMMUNITY BASED
FACILITATORS WHO
SUPPORT THE
GROUPS

SAVINGS
GROUPS TRAINED

2094

MEMBERS BY DEC 2022
IMPACTING
APPROX. 16,752*
LIVES

EMMANUEL SAVING GROUP

Emmanuel Group bought 150 plastic chairs to hire to provide more income to the group. These chairs are always hired by the community during events and other community functions. The group has also acquired a grinder to help the community in grinding paste. The machine will help women in the villages grind their sesame and ground nuts. These two projects will generate more income for the group to plan for other projects.

Regina Ita, pictured, is a member of this group. She bought utensils to hire out. 200 cups and 200 plates, so that she can generate extra income for her family.

She also borrowed money for preparing land for agriculture.



INCREASED
INCOME FOR

96.9%

MEANS ABILITY TO
PAY BILLS & PROVIDE
HOUSEHOLD
NECESSITIES

GROUP
MEMBERS TAKING
OUT LOANS

94.3%

TO START INCOME
GENERATING
ACTIVITIES

PAID
BACK LOANS

58%

BY END OF
LOAN DATE

INCREASE
IN INCOME

11%

AS A RESULT OF
INTEREST EARNED
FROM LOANS
TAKEN

*based on 8 per family

THE STORY OF LOISE

"I joined the savings group with the aim of paying my child in school. I could borrow loan from the group and add to my total savings to pay for my child in school and later pay back the loan with interest. Now I am very happy that my child has completed senior six (6).

With access to borrowing money from the group, I am operating my own pan cake business and it's helping me a lot to raise more money for continuous saving."



ACHIEVEMENTS

2022

Agriculture

The aim of our agriculture training is to equip learners with the skills of sustainable organic farming practices that will enable them to improve their families' food security, nutrition and income.

ALMOST

1,000

REFUGEE FARMERS
NOW TRAINED IN
ORGANIC VEGETABLE
PRODUCTION

A TOTAL
POPULATION OF

8,000

LIVES IMPACTED POSITIVELY
THROUGH INCREASED
ACCESS TO
VEGETABLES

TOTAL
VEG VALUE
PRODUCED BY
PROJECT

£145K

IN 2022

SUSTAINABLE
AGRICULTURE
PROMOTED WITH

6

KEY
PRACTICES

33%

OF INCOME FROM VEG
SALES PROVIDING
INCREASED CAPITAL
FOR IGAs*

FAST
GROWING
FUELWOOD
TREES SOURCED
LOCALLY TO
COMBAT CLIMATE
CHANGE

FRUIT
TREE SURVEY
CONDUCTED

2,000

GUARANTEED
ESTABLISHED
BY NOV 2022



Photos: Left, Maize. Right, Yunia, one of our amazing agriculture officers, is inspecting the grinding mill

LIU SALVATION AGRICULTURE & SAVINGS GROUP

Food distribution was again reduced during 2022. The agriculture groups responded positively to this challenge and were able to rent more land for field crop production. The Liu Salvation group planted vegetables and maize cereals. They have managed to purchase a grinding mill through selling their maize production. The machine is currently helping women in the villages grind their grains. This milling project will generate more money to sustain the group's activities.

PAJI KIDO AGRICULTURE GROUP

This group planted vegetables and ground nuts. Their tomatoes seen above were very successful. They have sold the vegetables and harvested 10 sacks of ground nuts.

They want to sell the ground nuts at a better price so they can use the money to put up a sustaining project for the group.

Photo: Yunia, with the full sacks of groundnuts harvested successfully



10

*IGAs income-generating activities

ACHIEVEMENTS 2022

Christian Discipleship

HELPED
FUND YOUTH
CONFERENCE FOR

1,386

REFUGEE YOUTH
FROM CAMPS
& BUSH



DAILY
NEWS &
ADVICE
AS WELL AS
SPIRITUAL
SUPPORT

MAINTAINED
LOUD SPEAKER
SYSTEMS IN REFUGEE
SETTLEMENTS

4

WITH LOCAL
COMMITTEES
OVERSEEING

NEWS
REACHING

7,048

REFUGEES & POOR
UGANDANS



YOUTH
BIBLE STUDY
FOR

788

IN IMVEPI CAMP
& MIJALE
BUSH



DISCIPLESHIP
TRAINING IN
MIJALE FOR

25

NEW LICENCED
LAY READERS



BIBLE STUDY
MATERIALS FOR

589 IN BARI
199 IN ENGLISH

IN 2022

BIBLES
PURCHASED

22 IN BARI

13 ENGLISH

IN 2022

PASTORS
CONFERENCE
FOR

63

REFUGEE
PASTORS

PASTOR'S CONFERENCE

"I used the knowledge right after reaching home, I shared with my family members by looking back to our grandparent's way of living and we identify the sins they committed and accept their wrong and ask God to forgive us on their behalf"

Rev Joseph Kenyi in Imvepi

"This conference, I call it 'Pastors retreat' because it really renews our faith and reminds us of our calling."

Rev Jacob Karaba



ACHIEVEMENTS 2022

Clinic, CATT* & outreach

The clinic we fund is in Mijale in rural Northern Uganda.

FUNDING
PRIMARY HEALTH
CARE CLINIC WHICH
HAS SEEN

7,145

SOUTH SUDANESE
REFUGEES & POOR
UGANDANS

EXPECTANT
MOTHERS SEEN IN
THE CLINIC

1,250

ANTENATAL CLASSES
& CHECKUPS

MIDWIFERY
SERVICES AT CLINIC
DELIVERED

313

BABIES SAFELY IN
2022

ULTRASOUND
SCANS FOR LOCAL
DIAGNOSIS OF

470

PATIENTS SAVING
EACH PATIENT
50MILE ROUND
TRIP



ROBA'S STORY

Roba Milton is a 56 year old from Matu who came for screening and was admitted for surgery.

"Before the operation, my first eye problem started in March 2021, the two eyes were both affected, it hurts so much. The two eyes were not seeing completely. They have to move me with a guiding hand. It was so challenging. I struggled a lot. When I received the news about the eye project for the Diocese of Liwolo, I was so excited and asked my people to take me to Mijale for the screening, which was done. And now, after the first operation of the right eye, I can see again. I did not believe that I would ever see again."

His left eye was also subsequently successfully operated on to restore his sight.

HYGIENE,
FAMILY SPACING
AND MALARIA
PREVENTION FOR

400

REFUGEE MOTHERS
FROM AGRICULTURE &
SAVING GROUPS IN
IMVEPI &
MIJALE

REFUGEES
EYES SCREENED

234

EYES TREATED

121

EYE GLASSES

43

SURGERY FOR CATARACTS &
TRACHOMA

63

CATT & CLINICS WORKING TOGETHER

The CATT* counsellor pictured is Aziku Augustus, he is the in-charge at Kerwa Health Centre III, a government healthcare facility. He has created a room in his facility to treat children and young people who qualify for CATT therapy.

Ms. J is a 14 year old school drop-out and young expectant mother. She lost both parents in the civil war and is carrying the baby of an unknown father after being raped by two men on her way to school.

"Thank you very much Augustus for taking the whole of your time and energy in restoring lost hope in me even when I became a laughing object in my village and school."

She is also thankful to the CRESS funded clinic in Mijale for offering an ultrasound scan to her free of charge.

*CATT Children's Accelerated Trauma Therapy



COMMUNITY
EMOTIONAL HEALTH
PROGRAMME RAISING
AWARENESS FOR

2,345

CHILDREN &
ADULTS

TRAUMA
THERAPY

8

SOUTH SUDANESE PEOPLE
TRAINED
TO WORK WITH
TRAUMATISED
REFUGEE
CHILDREN

CATT*
COUNSELLORS
SUPPORTED

616

CHILDREN IN
2022

12

ACHIEVEMENTS 2022

Education Sponsorship

PRIMARY
& SECONDARY
EDUCATION FOR

58

REFUGEE
STUDENTS

UGANDAN
CERTIFICATES OF
EDUCATION

6

ONE DIVISION 1
FOUR DIVISION 2
ONE DIVISION 3

PRIMARY
LEAVERS EXCEL

7

TWO ACHIEVE
DIVISION 1 &
FIVE DIVISION 2
PASSES

SUPPORTING

10

THROUGH FULL
TIME TERTIARY
EDUCATION

AND
SUPPORTING

4

THROUGH NIGHT
SCHOOL

SCOPAS

"My name is Murye Scopas Edward, a south Sudanese refugee in Northern Uganda. A native of Kajo-Keji. My parents were struggling to raise school fees, sometimes I had to go with a hungry stomach because there is nothing to eat at school. CRESS stepped in and sponsored me right from A' Level through to my college Diploma. It has made me what I am today.



Scopas (centre) working with Morris and Ivan at the clinic in Mijale

I now work for CRESS in Arua as the IT Officer. My desire has always been to see my community move to the next level, from poverty and total suffering to being self-reliant. To equip the young people with skills whenever I can. I am very grateful for the opportunity CRESS gave me to work with the CRESS students, train them with computer skills in Microsoft Office, internet and all associated online applications.

I have now enrolled in night school and will complete my Bachelors Degree.

Because of this support, I intend to stay working for CRESS all the time. I am so grateful."

GONDA COMPLETES HIS UCE

"I have successfully completed my ordinary level of education and am waiting for the results and am sure of getting good results. It is because of your support that I am able to complete my examinations successfully and all I can say is thank you very much, I really appreciate your kind support towards my education.

My aim is to join the advanced level of education next year. I am looking forward to Physics, Economics and Mathematics or Biology, Agriculture and Geography."

Congratulations to Gonda on his division 2 pass and we look forward to hearing how he gets on at A' Level.



13

*UCE Uganda Certificate of Education equivalent to GCSEs

CRESS' 2022 strategy aims to help tackle the underlying causes of poverty and social injustice, as part of global efforts to meet the Sustainable Development Goals (SDGs).

**1 NO
POVERTY**



CRESS' 70 Savings Groups aim to break the cycle of poverty by delivering loans and money skills training to their 2094 members, representing over 10,000 refugees within their households, which in turn provides them with financial security and the ability to afford an education, better nutrition, hygiene and health.

Offering refugee girls and young women RUMPS training means they can save money on costly disposable menstrual pads and they can continue their lives at school and work.



**2 ZERO
HUNGER**



CRESS aims to increase food security through 24 Agriculture Groups by delivering training to new group members, to key community leaders and existing groups focusing on sustainable organic vegetable production and fruit tree planting and establishment.

Planting fruit trees for garden protection and food security has been a big part of our agriculture plan. 2000 of the 4,300 fruit trees planted now guaranteed established. These include mango, pineapple, papaya, orange, avocado and jackfruit. Some fruits are already improving nutrition, especially during hunger seasons of low food availability.

Selling excess fruit and vegetable provides income for all 920 members with which they can purchase further food supplies. This will provide food security for some 7,360 individuals.

**3 GOOD HEALTH
AND WELL-BEING**



In 2022, CRESS' Primary Healthcare Clinic treated 7,145 South Sudanese refugees and poor Ugandan people. Malaria, pneumonia and diarrhoea mostly seen in children below 5 years and pregnant mothers. Peptic ulcers, brucellosis and typhoid including STIs and skin conditions were mostly seen in adults. Cases of malnutrition were seen in the clinic.

The ultrasound equipment provided a diagnosis for 470 patients. The clinic's midwife helped safely deliver 313 babies and saw 1,250 mothers for antenatal clinics.

400 Mosquito nets were distributed and mothers trained in malaria prevention, family spacing, water sanitation and hygiene. Eye doctors from Aura Hospital screened 234 people's eyes and treated them.

Our CATT and Trauma Awareness programmes helped children and adults cope with difficult life situations.

CRESS prefers to talk about our contribution to change, rather than claiming our work alone led to any given change.

*Education Response Plan for Refugees and Host Communities in Uganda (2018-2022) - www.edu-links.org

4 QUALITY EDUCATION



CRESS education sponsorship programme has supported young people in the refugee camps to access education including 10 students in tertiary education. 35 children have been supported to attend primary school and 23 at secondary level.

In 2022 CRESS has also supported four DOL staff members to continue their education through night classes enabling them to fulfil their potential.

5 GENDER EQUALITY



CRESS has supported women via the primary healthcare clinic outreach services. Refugee women have been taught malaria prevention and control, hygiene, sanitation and family planning.

At the clinic 1250 have attended antenatal classes; and women make up the majority of participants in both the Agricultural and Savings Groups, where they have been taught skills to improve their food and financial security and enabling them to increase their levels of empowerment and equality to become a force for change in their communities.

8 DECENT WORK AND ECONOMIC GROWTH



Through the 70 Savings Groups and the 34 Agricultural Groups, CRESS has helped the South Sudanese group members to set up and develop their own businesses and group businesses, grow their own food and generate their own income. Group and individual gardens generate a total vegetables production area of almost 300Ha with a total yearly estimated value of £145K.

Providing instruction through our RUMPS* training programme, local women have created their own RUMPS businesses.



Education in Uganda is once again seeing more males completing education to UCE levels. CRESS has always seen good gender balance in its education sponsorship. Currently, 32 out of 67 of our sponsored students are female. In Uganda only 40%* of enrolled refugee students are female.



11 YEARS OF CRESS

2010

2011

- > 1st Chalke Valley trip & Clergy conference
- > 11 Clergy treated for River blindness
- > 20 children sponsored
- > Small 2 roomed clinic opens in Liwolo

2014

- > Chalke Valley Lent Project raises £20,000 for building 8 roomed clinic in Liwolo

2016

- > 35 women in three groups in Kajo Keji form the first agricultural project
- > Solar fridge arrives at the clinic all the way from Wales
- > People start to flee to Uganda

2018

- > Clinic accredited with Ugandan Health Authority
- > Agriculture training re-starts

2020

- > Supported refugees through COVID lockdown with food, PPE, home-schooling and Loud Speaker Project
- > Used Zoom for meetings with Arua and UK events

2022

- > All in this report...

2013

- > 85 water filters given out to clergy and MU members
- > First agricultural training in Uganda
- > Women's conference attended by 200 women in Kajo Keji led by 6 women from UK

2015

- > New clinic opened by CRESS team
- > Fred Taban comes to the UK to study at All Nations College

2017

- > War means many from Kajo Keji flee to Uganda
- > CRESS moves to Uganda - office opens Arua
- > May. Joseph Aba becomes Bishop of the newly created Diocese of Liwolo - CRESS starts working with the Diocese of Liwolo as their partner organisation
- > Clinic opens in September in Mijale

2019

- > 41 savings groups started with 1,041 members
- > Clinic undertook hygiene and RUMPS training, and co-ordinated CATT Counsellors as well as seeing 7862 patients
- > Bishop Joseph leads a student conference

2021

- > Savings groups now have 1,570 members.
- > 76 pastors included within our agriculture training in addition to 320 group members.



Eric Nelson

Isaac Kwaje

Bishop Joseph Aba

Samuel Doa

Murye Scopas

Gale Scopas

Rina Kojo

Mawa Fred

Isaac Soro

Joel Abate

Yango Yunja

Alex Kenyi

Moses Marle

Irene Abiko

Julious Abate

16

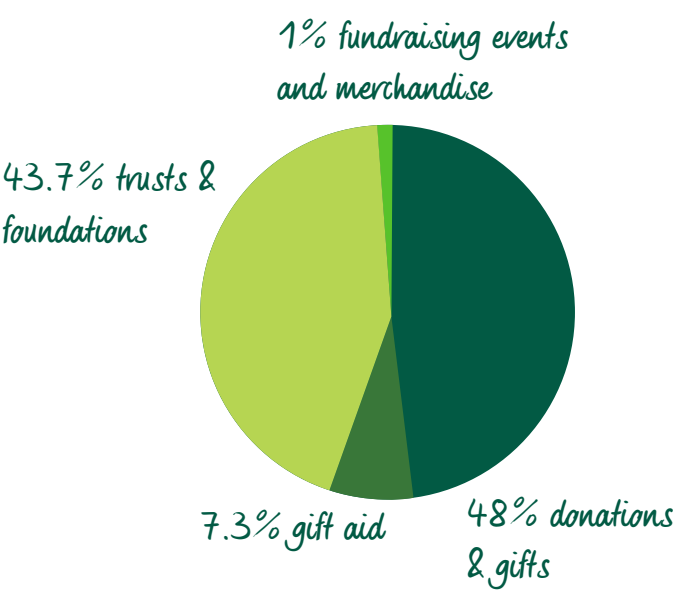
MAKING A DIFFERENCE

COMMUNITY SUPPORT

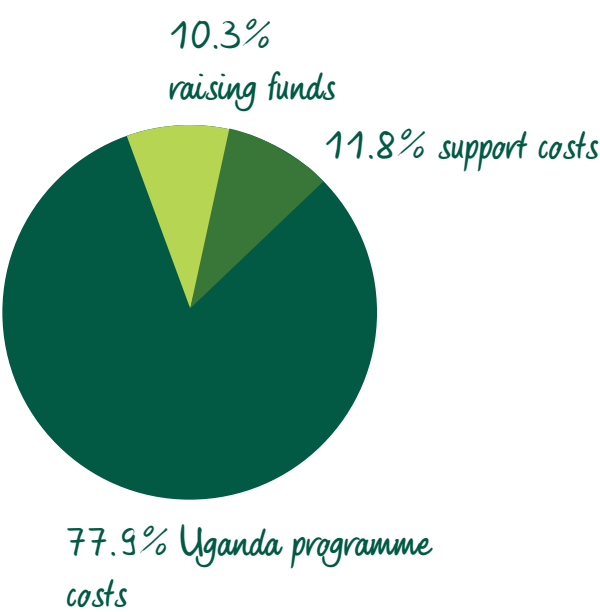


FINANCE

Income
Total: £314,389



Expenditure
Total: £292,855



Finance highlights of CRESS' 2022 Accounts



Collecting water in Imvepi Refugee Settlement

STRATEGIC OBJECTIVES

The table below sets out our plans for the coming year:

Strategic Objective	Plans 2023
Begin process of community ownership without UK support where feasible	• Continue to improve governance in UK & Uganda • Continue poultry & gardens project to support office & clinic
Equip refugees to be income secure	• Agriculture Groups develop sustainability • Savings Groups continue with support and training. Give more savings groups agriculture training. • RUMPS training continued
Improve and develop training to boost livelihood opportunities for young	• Sponsored education, academic and vocational, both to be valued • RUMPS training
Build capacity and capabilities of organisation to deliver strategy	• Improve current monitoring and supervisory processes • Develop and train CRESS staff & volunteers • Further develop strategies, policies and budgets
Diversify income generation and boost fundraising	• Increase Regular Donors, Legacies, Major Donors, Corporates, Trust Funds • Increase fundraising events • Recruit Ambassadors and volunteer fund-raisers
Improve health in the community and sustainability of clinic	• Primary Healthcare Clinic, increase sustainability • Improve clinic facilities • Further support CATT counselling

GOVERNANCE

Governance

CRESS is an unincorporated organisation. Its governing document is a trust deed dated 12th of April 2011, as amended by resolutions dated 23rd of January 2013 and 11th of November 2019.

CRESS recruits Trustees in the UK with the skills and experience to ensure the charity carries out its activities effectively and efficiently. New Trustees are appointed by existing Trustees.

The Trustees take an active interest in operational activities and remain informed through regular reports and three full Board meetings a year.

2022 Trustees

Chair of Trustees

Jeremy Metcalfe

Trustees

Caroline Lamb

John Kenneth Elliott Broadley

Dr Jonathan Oliver Cullis

Jane Guy

Olivia Jane Jones

Specialist Volunteer Advisers

Emotional Health Advisor

Fiona Sheldon

Education and Sponsorship

Becky Sedgwick

Agricultural Adviser

Olivia Jane Jones

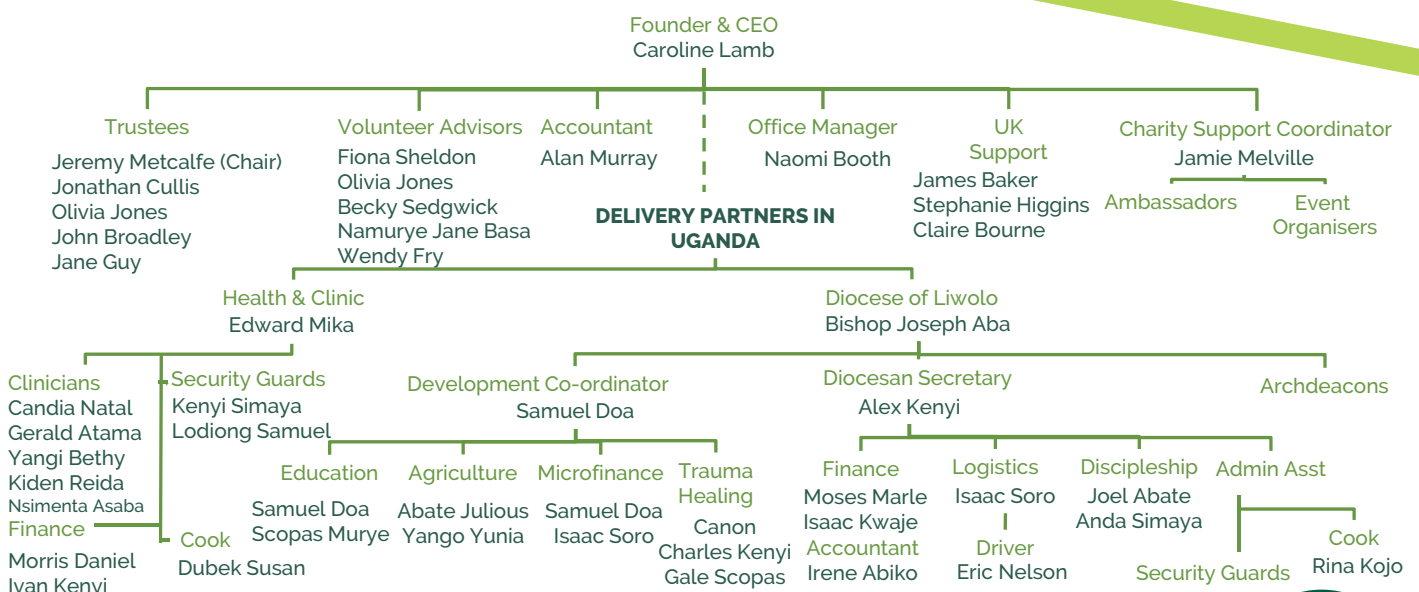
South Sudan Adviser

Namurye Jane Basa

Volunteer Coordinator & Strategy Assistant

Jamie Melville

ORGANISATION STRUCTURE





Asaba, the Field Midwife presenting at a health & hygiene training

Public Benefit

The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales. This Annual Report provides a summary of our main activities undertaken in 2022 demonstrating our charitable purpose for the public benefit.

Risk Management

The Trustees have a risk register, important risks are discussed at each trustee meeting. The register is reviewed annually.

Safeguarding

The Trustees believe that the welfare of children and vulnerable individuals is paramount. The charity operates within the framework of its safeguarding policy, which clearly states how incidents and allegations will be handled should they arise.

The Agriculture Team and Olivia Jones visit Abizardi Research Farm





Financial Overview

CRESS' financial position is shown in the attached accounts. Donations from regular supporters continued to be strong during the year and a number of one-off gifts from individuals and charitable trusts resulted in an overall increase in donation income. A significant investment was made this year in fundraising from grant making trusts, following the previous year's unusually low income in the post-Covid period, resulting in a record overall income of £314,389 (2021: £223,155). Expenditure on the Uganda programme showed a small increase over the previous year at £228,037 (2021: £219,035) but otherwise the main changes in costs were on fundraising services and management support to relieve some of the burden on the Chief Executive/Trustee.

The increase in UK costs resulted in a small deficit (£5,813) on unrestricted

funds with reserves carried forward of £49,095 providing a secure start to the new year. Restricted reserves grew by £27,347 to £71,949 which will ensure continuity of the Uganda programme well into 2023.

Reserves

CRESS understands that our supporters want our resources to be used in the most efficient and effective manner achieving maximum impact for our beneficiaries. The Trustees aim to maintain unrestricted bank balances at a level which will provide sufficient funds to ensure that charitable activities, support and governance costs are covered for 3 months. The Trustees believe that the scale of our current operations requires no change to the reserves policy. However, they will continue to review the situation as the charity develops.

Selling produce in Imvepi Refugee Settlement



CHARITY DETAILS

Charity

CRESS

Christian Relief and Education for South Sudanese

Registered Charity Number

1141343

Principal Address

Knighton Manor Farm, Knighton Road, Broad Chalke, Salisbury, Wiltshire, SP5 5EB

Bankers

HSBC Bank Plc Blandford Forum

17 Market Place, Blandford Forum, Dorset, DT11 7AG

Independent Examiner

H Flint FCA

Mead House, High Road, Broad Chalke, Salisbury, Wiltshire, SP5 5EH

Accountant

Alan Murray

72 Churchfield Road, Poole, Dorset BH15 2QP

ANNUAL ACCOUNTS

CRESS

For the year ended 31 December 2022

Registered charity number: 1141343

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25-33	Statements of Financial Activities
34	Independent Examiners report to the Trustees
35	Statement of Trustee responsibilities

STATEMENT

of Financial Activities

Year ended 31st December 2022

		Unrestricted Funds	Restricted Income Funds	2022	2021
Incoming resources (Note 2)					
	Income and endowments				
	Donations and legacies	123,068	188,273	311,341	218,358
	Other trading activities	3,028	-	3,028	4,796
	Investments	20	-	20	1
	Total income and endowments	126,116	188,273	314,389	223,155
Resources expended (Note 3)					
	Expenditure				
	Raising funds	30,325	-	30,325	8,330
	Charitable activities	92,035	170,495	262,530	231,579
	Total expenditure	122,360	170,495	292,855	239,909
Net income (expenditure) before transfers		3,756	17,778	21,534	(16,754)
Transfer of funds					
	Transfer between funds	(9,569)	9,569	-	-
Net movement in funds		(5,813)	27,347	21,534	(16,754)
Reconciliation of funds					
	Total funds brought forward	54,908	44,602	99,510	116,264
	Total funds carried forward	49,095	71,949	121,044	99,510

BALANCE SHEET

CRESS

As at 31 December 2022

		2022	2021
Fixed assets			
	Tangible assets (Note 6)	116	154
Current assets			
	Debtors (Note 7)	6,893	5,338
	Cash at bank and in hand (Note 9)	115,460	96,016
		122,353	101,354
Creditors: amounts falling due within one year			
	Creditors (Note 8)	1,425	1,998
Net current assets			
		120,908	99,356
Total assets less current liabilities			
		121,044	99,510
Funds of the charity (Note 11)			
	Restricted funds	71,949	44,601
	Unrestricted funds	49,095	54,909
	Total funds	121,044	99,510

Approval

Signed on behalf of all the trustees

.....


Jeremy Metcalfe
Chair of Trustees

Date

07.03.23
.....

NOTES

to the Financial Statements As at 31 December 2022

1. Accounting Policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014;
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102); and with
- the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

The Trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

The charity is not registered for VAT.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Support Costs

The charity has incurred expenditure on support costs.

Notes to the Financial Statements

Year ended 31st December 2022

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Expenditure and liabilities

Liability recognition

Liabilities are recognised where it is more than likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. Support costs include central functions.

Creditors

The charity has creditors which are measured at settlement amount less any trade discounts.

Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year, and cost at least £1,000. They are valued at cost. The depreciation rates and methods used are as follows:

Account	Method	Rate
Equipment	Reducing balance	25%

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement account after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Notes to the Financial Statements

Year ended 31st December 2022

		Unrestricted Funds	Restricted Income Funds	2022	2021
2. Analysis of income					
	Donations and legacies				
	Donations and gifts	71,693	79,150	150,843	144,691
	Gift Aid	8,645	14,376	23,021	24,331
	General grants provided by other charities	42,730	94,747	137,477	49,336
	Total donations and legacies	123,068	188,273	311,341	218,358
	Other trading activities				
	Events and merchandise	3,028	-	3,028	4,796
	Total other trading activities	3,028	-	3,028	4,796
	Income from investments				
	Interest income	20	-	20	1
	Total income from investments	20	-	20	1
	Total income	126,116	188,273	314,389	223,155
	Total income in the previous year	93,652	129,503	-	223,155
		Unrestricted Funds	Restricted Income Funds	2022	2021
3. Analysis of expenditure					
	Raising funds				
	Expenditure on raising funds	30,325	-	30,325	8,330
	Investment management costs				
	Total raising funds	30,325	-	30,325	8,330
	Charitable activities				
	Programme costs	57,542	170,495	228,037	219,035
	Support costs	34,493	-	34,493	12,544
	Total charitable activities	92,035	170,495	262,530	231,579
	Total expenditure	122,360	170,495	292,855	239,909
	Total expenditure in the previous year	92,288	147,621	-	239,909

Notes to the Financial Statements

Year ended 31st December 2022

	Unrestricted funds	Restricted income funds	2022	2021
4. Programme costs				
Agriculture	727	6,114	6,841	9,659
Bush schools	-	-	-	2,041
CATT training	5,929	3,081	9,010	4,037
Christian discipleship	743	6,821	7,564	3,850
Clinic equipment and running cost	8,630	1,996	10,626	7,798
Clinic medicine	-	8,129	8,129	8,631
Clinic health projects	-	7,175	7,175	-
Covid 19 response	-	-	-	546
Education	-	49,284	49,284	43,956
General office costs	-	4,754	4,754	7,077
Land	-	-	-	7,841
Management, admin & staff support costs	29,009	-	29,009	22,332
RUMPS	-	1,940	1,940	149
Salaries	1,044	73,880	74,924	60,393
Savings groups	4,075	4,673	8,748	4,796
Support medicine	773	1,590	2,363	1,643
Travel	-	1,058	1,058	-
Vehicle purchases	1,472	-	1,472	34,286
Vehicle maintenance	5,140	-	5,140	-
Total	57,542	170,495	228,037	219,035
5. Support costs				
Governance	144	-	144	218
Office and accountancy support	28,444	-	28,444	8,448
IT software and consumables	2,704	-	2,704	1,592
Printing postage and stationery	373	-	373	1,062
International travel	2,237	-	2,237	-
Others	591	-	591	1,224
Total	34,493	-	34,493	12,544

Notes to the Financial Statements

Year ended 31st December 2022

6. Tangible fixed assets

		Equipment		Total	
Cost					
	At 1 January 2022	650		650	
	At 31 December 2022	650		650	
Depreciation					
	At 1 January 2022	496		496	
	Charge for year	38		38	
	At 31 December 2022	534		534	
Net Book Value					
	At 31 December 2022	116		116	
	At 31 December 2021	154		154	
		Unrestricted income funds	Restricted income funds	2022	2021
7. Debtors					
	Prepayments and accrued income	6,893	-	6,893	5,338
8. Creditors					
	Accruals and deferred income	1,425	-	1,425	1,998
9. Cash at bank and in hand		43,511	71,949	115,460	96,016

Notes to the Financial Statements

Year ended 31st December 2022

11. Charity funds		Balance at	Income	Expenditure	Transfers	Balance at
		1 January 2022				31 December 2022
Unrestricted funds						
	Contingency	18,899	-	-	-	18,899
	General	18,157	126,116	(122,360)	(798)	21,115
Designated funds						
	Vehicle replacement fund	1,690	-	-	798	2,488
	Programme costs	16,163	-	-	(9,569)	6,594
	Total	54,909	126,116	(122,360)	(9,569)	49,096
Restricted funds						
	Agriculture	4,776	4,080	(6,114)	-	2,742
	Bush schools fund	500	-	-	-	500
	CATT training	15	2,925	(3,081)	141	-
	Christian discipleship	-	9,826	(6,821)	-	3,005
	Clinic equipment and running costs	2,100	5,290	(1,996)	-	5,394
	Clinic medicine	5,673	2,860	(8,129)	-	404
	Clinic health projects	-	10,780	(7,175)	165	3,770
	Education	13,726	49,227	(49,284)	-	13,669
	General office costs in Uganda	2,839	12,121	(4,754)	-	10,206
	RUMPS - womens' health	1,531	-	(1,940)	409	-
	Salaries	13,195	83,549	(73,880)	6,452	29,316
	Savings groups	-	6,415	(4,673)	-	1,742
	Support medicine for staff	-	-	(1,590)	1,590	-
	Travel	246	500	(1,058)	812	500
	Vehicle maintenance	-	700	-	-	700
	Total	44,601	188,273	(170,495)	9,569	71,948
Total funds		99,510	314,389	(292,855)	-	121,044

Notes

The Designated Funds represent unrestricted income funds that have been provisionally set aside to provide for replacement vehicles for the operations in Uganda, and certain other salaries and expenses in the coming year in order to ensure continuity of essential coordinating services provided by the implementing partner agency.

The Restricted Income Funds represent grants and other donations that have been specifically raised for certain elements of the development programme in Uganda.

The Education fund includes a sponsorship programme covering fees and other educational expenses for a number of school and university students in the community.

The salaries fund includes grants and sponsorship for key staff and project coordinators in the Diocese of Liwolo.

Notes to the Financial Statements

Year ended 31st December 2022

	Balance at 1 January 2021	Income	Expenditure	Transfers	Balance at 31 December 2021
Unrestricted funds					
Contingency	18,899				18,899
General	8,105	93,652	(92,288)	8,688	18,157
Designated funds					
Vehicle replacement fund	20,010			(18,320)	1,690
Programme costs	6,531			9,632	16,163
Total	53,545	93,652	(92,288)	-	54,909
Restricted funds					
Agriculture	7,847	6,588	(9,659)		4,776
Bush schools fund	41	2,500	(2,041)		500
CATT training	48	3,600	(3,633)		15
Christian discipleship	-	3,500	(3,500)		-
Clinic equipment and running costs	9,699	4,125	(7,798)		6,026
Clinic medicine	3,378	7,000	(8,631)		1,747
Covid 19 response	-	500	(500)		-
Education	16,854	40,828	(43,956)		13,726
General office costs in Uganda	3,417	6,499	(7,077)		2,839
Land for clinic buildings	7,841	-	(7,841)		-
Loud hailer project	-	-	-		-
RUMPS - womens' health	1,680		(149)		1,531
Salaries	10,899	54,363	(52,067)		13,195
Savings groups	-	-	-		-
Support medicine for staff	769	-	(769)		-
Travel	246	-	-		246
Vehicle maintenance	-	-	-		-
Total	62,719	129,503	(147,621)	-	44,601
Total funds	116,264	223,155	(239,909)	-	99,510

12. Transactions with trustees and related parties

During the year six trustees made donations totalling £21,184 (2021: £9,970) towards the normal activities of the charity.

One trustee was reimbursed £1,377 (2021: £982) for expenses incurred on behalf of the charity. No other trustees have received any expenses or benefits from the charity during the year.

INDEPENDENT EXAMINER'S

Report to the Trustees of Christian Relief and Education for South Sudan CRESS

For the year ended 31 December 2022

I report to the Trustees on my examination of the accounts of the above charity (Christian Relief and Education for South Sudanese) for the year ended 31 December 2022 which are set out on pages 24 to 33,

Responsibilities and basis of report

As the Charity's Trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of 2011 Act and in carrying out my examination, I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm no material matters have come to my attention in connection with the examination which give me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
Henry Flint

Henry Flint FCA

Mead House, High Road, Broad Chalke, Salisbury, Wiltshire, SP5 2EH

Date: 03.03.23

STATEMENT

of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The law applicable to charities requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declaration

The Trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Trustees



.....

Olivia Jones
Secretary

Date: 07.03.23
.....

CRESS

CHRISTIAN RELIEF AND
EDUCATION FOR SOUTH
SUDANESE



*CRESS would like to thank all our
supporters and donors.*

"CRESS' outstanding achievements in 2022 go beyond our set goals and objectives have impacted the lives of our people enabling them to move from dependence on hand outs to self-reliance.

Savings groups are now investing in income generating activities and many refugees are even setting up their own savings groups if they cannot join CRESS schemes.

*This is a complete paradigm shift,
our greatest success."*

Bishop Joseph Aba



CRESS

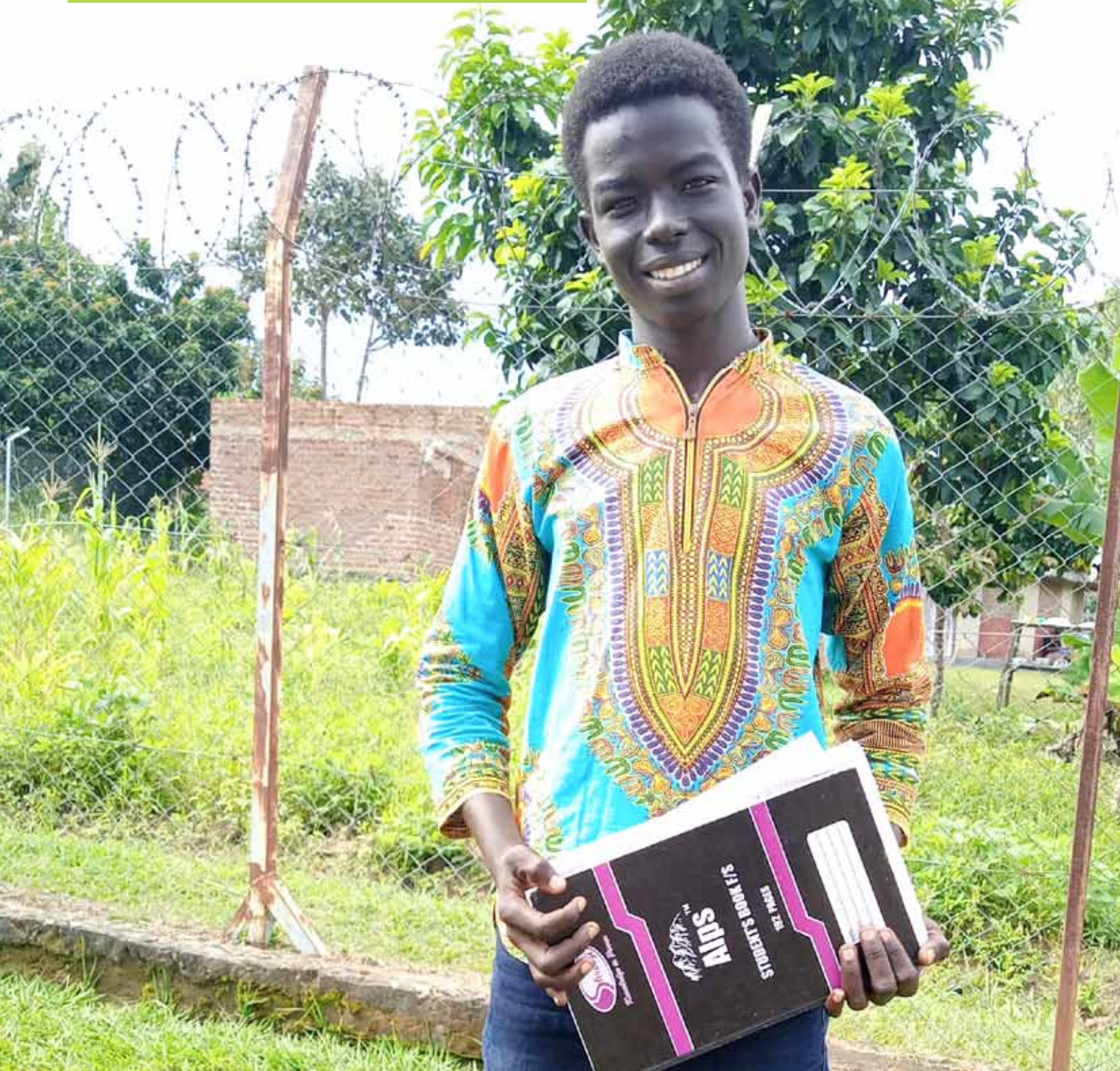
England & Wales - Charity number 1141343

Accounts

ANNUAL REPORT 2021

sowing seeds for life

registered charity no. 1141343

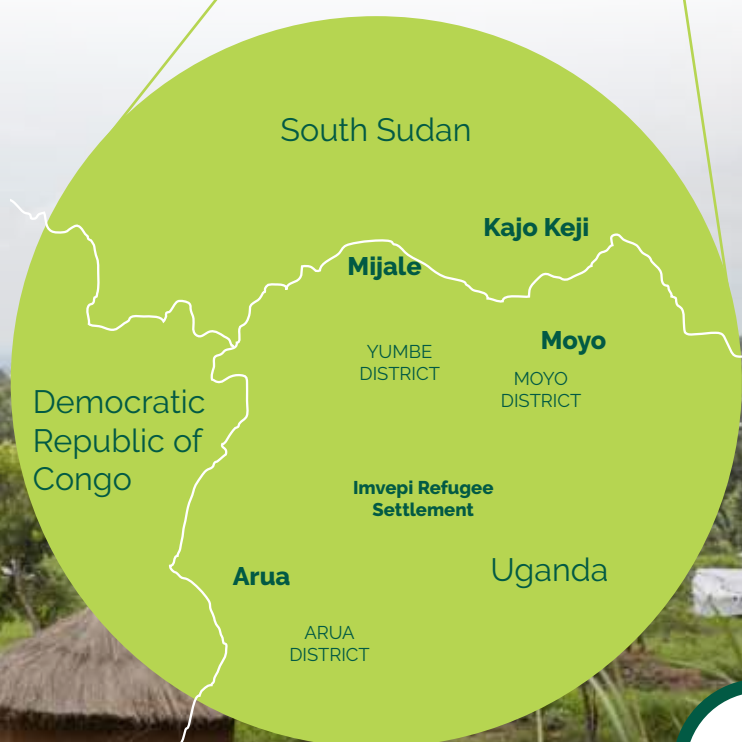


Knighton Manor, Broad Chalke, Salisbury, Wiltshire SP5 5EB
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*since 2010 CRESS
has been helping the
South Sudanese
create self-sufficient,
sustainable and ethical
communities*



VISION, MISSION & VALUES

Tiyu ko Ngun A savings group members enjoying the share out



CORE VALUES

Christian Foundation drives how we operate and our values

Steady organic growth taking feedback and learning on the way

Based on strong personal relationships with South Sudanese and in UK

Unique blend of development and relief

Empower key groups such as students, farmers, women and clergy through education

Most projects have sustainable outcomes with the goal of them becoming self-supporting in time

100% local staff. They know and love their people and will remain with them

Strong financial accountability

Christian Relief and Education for South Sudanese

VISION

Holistically transformed communities living self-sufficient lives

MISSION

Educate and train South Sudanese people with the knowledge and skills to empower them to establish self-sustaining communities.

CHURCH CENTRED

Working with the local church is not only a good strategy, it's at the very heart of our work. We want to see local churches creating and leading change in their communities.

CHARITABLE OBJECTIVES

Purpose

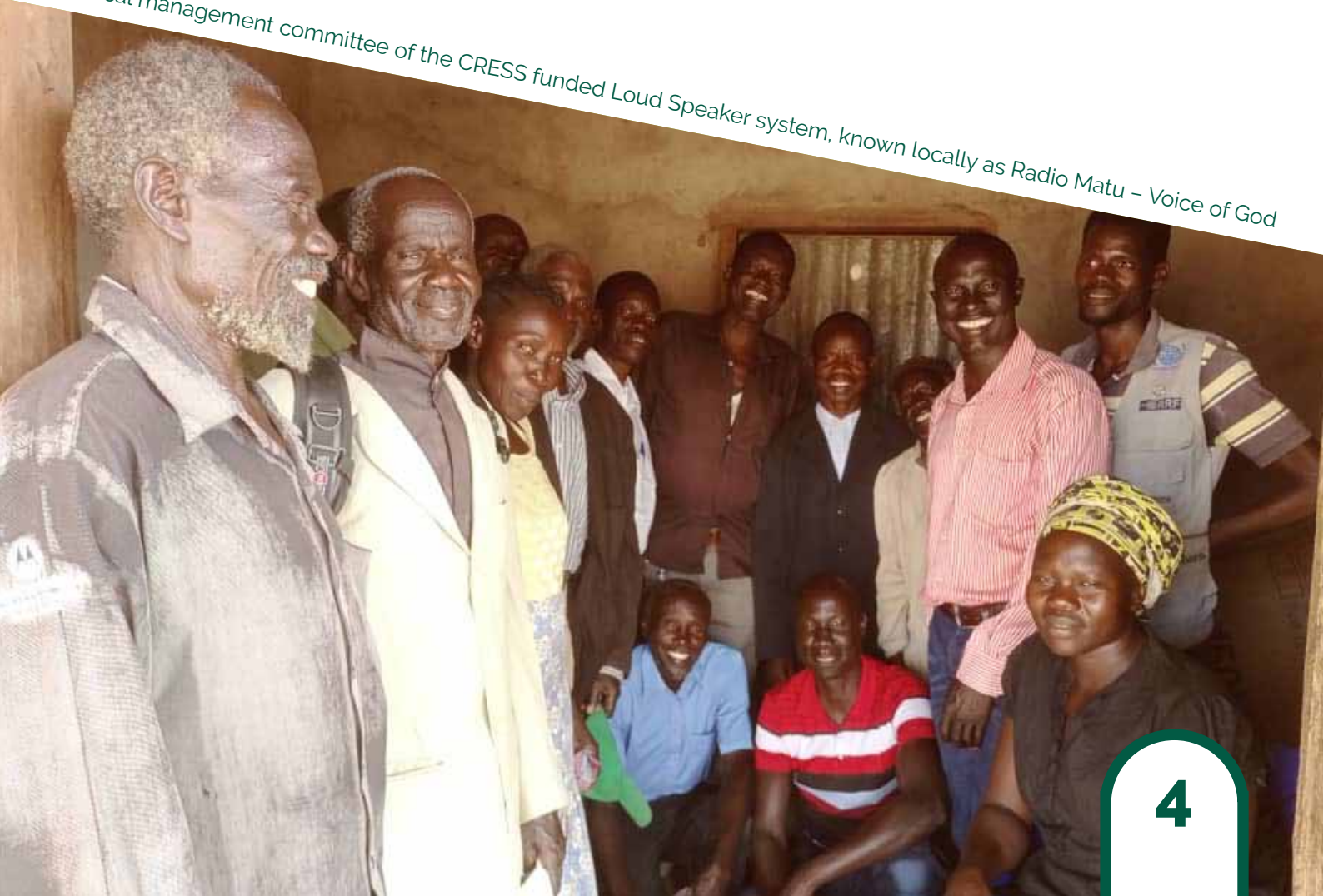
The prevention and relief of poverty, suffering, distress and ill health in South Sudan and Northern Uganda by providing grants, items and services to individuals in need and/or charities or other organisations working for the same objects.

For the public benefit to promote the education and health (including social and physical training) of people in South Sudan and Northern Uganda in such ways as the charity Trustees think fit.

Working through the local Christian church to:

- Advance education of children and the further education and vocational training of adults.
- Promote the health and wellbeing of individuals and the community.
- Advance the Christian religion and promote spiritual growth.
- Encourage self-sufficiency through businesses and agricultural development.

Local management committee of the CRESS funded Loud Speaker system, known locally as Radio Matu – Voice of God



OUR WORK



MESSAGE FROM THE CEO

To all our friends,

Another challenging year for CRESS with lockdowns in Uganda until the end of July 2021 and here in UK until March but the ingenuity and resilience of the CRESS team meant that the projects and work continued and even grew in terms of numbers of people supported.

I think the highlight of the year was the completed fund raising for a new vehicle and the arrival of the brand new Ford Double Cab, this was purchased in Kampala and arrived in Arua in October, giving much joy and excitement.

The main projects of child sponsorship, agriculture and savings groups, primary health care and children's trauma work continued. All of these increased in numbers and some brief highlights are over the page.



New to CRESS in 2022 was the Student Conference, held in Arua and lasting three days and there was a new musical instrument and music lesson project for a student worship band. Bishop Joseph led a team to sleep and pray in his diocese in South Sudan within the enemy territory. He also organised a mission to the soldiers based in Kajo Keji in October.

Currently Bishop Joseph has pastoral oversight for 100,000 church members all refugees in Northern Uganda. The projects run by CRESS directly involved 78,320 people, which including families of agriculture and savings groups and those who have received health training, means 139,101 lives impacted.

I am delighted that inspite of COVID restrictions CRESS work continued and I want to sincerely thank all our generous donors who make this possible. Lives are being transformed and communities given hope and opportunities to become self-sustaining.

Mosquito nets delivered as part of the health and hygiene training, forming part of the clinic's outreach work



Home schooling – this continued for the whole of the year as Ugandan schools closed for a second full year – but every child was able to pass at least one year of missed schooling.

Savings and agricultural groups – these continued but the small businesses were not able to restart until August when Uganda lockdown ceased – however some 300 more members joined and total membership was up to 1,570 by the end of December 2021.

Mental health – this pandemic has proved as great a test of mental health as of physical, so continuing our CATT children trauma counselling was vital; the only adaptation was to run the sessions outdoors and at a social distance when not under lockdown/curfews.

Physical health – continued excellent practice at the CRESS clinic encouraged higher numbers to access the services with some 20% more patients seen in 2021 compared to 2020 and an increase of 167 babies delivered by a single midwife.

IT support – Scopas Murye completed his diploma in computer studies and has been employed by the DOL – he ensures all laptops are working and that the internet connections are as good as can be.

Loud Speaker project – there are 4 of these now operating in the camps. They provide vital communication for the refugees and enable them to feel a sense of community

Discipleship Programmes – another year with 825 bible study members and with over 900 mainly young people confirmed in December and 100,000 church members under Bishop Joseph's care, the demand on these resources is high.

Zoom – has continued to be a vital part of our work this year with now over two years since any visits in person. Many zoom meetings for agriculture, finance training in using the software, education and myself talking regularly with Bishop Joseph.

I want to finish with the words of Bishop Joseph Aba, to give you an idea of the human impact of your generous support.

Bishop Joseph sent this message

"I give my thanks to all CRESS UK Trustees, donors, partners, friends and well-wishers for well done work. Your commitment, sacrifices, love and exceeding generosity have not only changed and transformed lives, but have restored hopes and achieved self-reliance. Above all, God in Jesus Christ is glorified. This was not possible without your team, Caroline. Their dedication, self-sacrifice, hard work, wisdom, love, faith and generosity is the soul and life of CRESS UK. You are all a unique and precious gift of God to us."

Caroline



Regina Konga, part of Paji Toto agriculture and savings group in Mijale



Loud hailer operates a radio station service for refugees with no access to other technology



"The savings project empowered me a lot. I was able to buy a mattress after joining the savings group. I bought chickens and am able to have three meals per day. With the continued saving, I will do much more than I could have imagined being in the refugee camp."

ACHIEVEMENTS 2021

Savings Groups

SAVINGS
GROUPS
ESTABLISHED

49

BY DEC
2021

WOMEN
ARE

79%

OF MEMBERS

COMMUNITY
MICROFINANCE
TRAINING FOR

10

COMMUNITY BASED
FACILITATORS TO
SUPPORT THE
GROUPS

SAVINGS
GROUPS HAVE

1,570

MEMBERS BY DEC 2021
IMPACTING
APPROX. **12,560**
LIVES

AVERAGE
INDIVIDUAL
SAVINGS

£22

OCT 2020 -
MAR 2021

LOANS
FOR BUSINESSES

697

OCT 2020 -
MAR 2021

AGRICULTURE
LOANS

113

OCT 2020 -
MAR 2021

OTHER
LOANS

53

OCT 2020 -
MAR 2021

PAID
BACK LOANS

23%

OCT 2020 -
MAR 2021

AVERAGE
GROUP SAVINGS

£739

OCT 2020 -
MAR 2021

LOANS
FOR SCHOOL
FEES

220

OCT 2020 -
MAR 2021

MEDICAL
FEE LOANS

67

OCT 2020 -
MAR 2021

AVERAGE
LOAN

£15

OCT 2020 -
MAR 2021

THE STORY OF GUBAJI BEATRICE

"After joining the agriculture group/savings group, I and my husband used the money we saved for building a permanent house. We were relieved from the burden of cutting grass every year for building.

I have also opened a small retail business selling pancakes and vegetables in the market to raise more money for continuous savings. Apart from that, my family now have meals 2 or 3 times a day."

Gubaji Beatrice is part of Morjita mixed group in Mijale



THE STORY OF GRACE PONI

"The savings project made me able to support my family in terms of providing food, at least three meals a day, able to pay school fees for my children, provide clothes for my children. My next plan is to start a business."



ACHIEVEMENTS 2021

*Monitoring, Evaluating and Learning

Agriculture

Tools, vegetable seeds and other essential equipment have been supplied to support agriculture activities in all the group, member, and pastor gardens.

SUPPORTED

24

AGRICULTURAL GROUPS

ALL GROUPS SUPPLIED AGAIN WITH KEY INPUTS AND REFRESHER TRAINING IN ORDER TO HELP MAINTAIN VEGETABLE PRODUCTION LEVELS

A TOTAL POPULATION OF

3,168

LIVES IMPACTED BY FOOD AND INCOME BENEFITS FROM THIS AGRICULTURAL PROJECT

TRAINED

76 PASTORS &
320 GROUP MEMBERS

IN SUSTAINABLE ORGANIC VEGETABLE PRODUCTION, FRUIT TREE PLANTING & ESTABLISHMENT AND SMALL BUSINESS DEVELOPMENT



491

GRAFTED MANGO SEEDLINGS

700

SWEET ORANGE SEEDLINGS

700

AVOCADO SEEDLINGS

700

JACKFRUIT SEEDLINGS

DISTRIBUTED AND PLANTED WITH PRACTICAL DEMONSTRATIONS

A TOTAL OF

2,591

FRUIT TREES DISTRIBUTED TO ALL GROUP MEMBERS PASTORS, CLINIC AND OFFICE GARDENS

% GROUP

GARDENS WITH PLANT-BASED COMPOST HEAPS INCREASED BY

43%

TO 87% SINCE 2020

POULTRY PROJECT 2x

100

CHICKS RAISED

%

INDIVIDUALS WITH PLANT-BASED COMPOST HEAPS INCREASED BY

63%

TO 91% SINCE 2020

VEGETABLE SALES FROM GROUP GARDENS INCREASED BY AN AVERAGE OF

400%

SINCE 2020

TOTAL VEG VALUE PRODUCED BY PROJECT

£106K

IN 2021

MEL*

DATA ANALYSED FROM

48 INDIVIDUALS &
16 GROUPS REPORTED

The aim of our agriculture training is to equip learners with the skills of sustainable organic farming practices that will enable them to improve their families' food security, nutrition and income.



2021 saw pastors included within our agriculture training programme, a new challenge as they are dispersed across the Mijale and Imvepi areas and only come together for training and group activities. Training the pastors' spouses as well has produced significant benefits in vegetable production as they work together as a family team. The value of vegetable production in pastor family gardens is almost twice that as compared to other individual gardens.



ACHIEVEMENTS 2021

Christian Discipleship

The **Loud Speaker and Discipleship Projects** have been very effective in refugee settlements and the Mijale area, especially during the lockdown of 2021.



DAILY
NEWS &
ADVICE
AS WELL AS
SPIRITUAL
SUPPORT



JESUS
FILM SHOWN
TO
950
REFUGEES IN NEW
LOCATIONS IN
2021



NEWS
REACHING
7,048
REFUGEES & POOR
UGANDANS

COVID
AWARENESS
AND HEALTH &
WELLBEING
DISCUSSIONS

2 NEW
LOUD SPEAKER
SYSTEMS IN REFUGEE
SETTLEMENTS, NOW

4
IN TOTAL WITH LOCAL
COMMITTEES
OVERSEEING ITS
USE



Eye assessments for the Savings Group and church leaders enable them to administer their roles more effectively.



BIBLES
PURCHASED
50 IN BARI
15 ENGLISH
IN 2021

GLASSES
PURCHASED
FOR COMMUNITY
LEADERS
140
DIFFERENT
PAIRS

MANASSAH SONGA'S NEW GLASSES

"Before I received the glasses, my eyes would tear when I read for long but now, I don't experience it. Reading in an open place under the sun shine affected my eyes in a way that letters seem mixed up and the words appear black. But now I don't get disturbed under the sun while using the glasses. During prayer service in the church, the lighting is so low that I cannot read the bible without glasses but now that is possible."

ACHIEVEMENTS 2021

Clinic, CATT* & outreach

INCREASE
IN PATIENTS OF
19%
SINCE 2020

FUNDING
PRIMARY HEALTH
CARE CLINIC WHICH
HAS SEEN

11,426

SOUTH SUDANESE
REFUGEES & POOR
UGANDANS

EXPECTANT
MOTHERS SEEN IN
THE CLINIC

1,950

ANTENATAL CLASSES
& CHECKUPS

MIDWIFERY
SERVICES AT CLINIC
DELIVERED

218

BABIES SAFELY IN
2021

ULTRASOUND
SCANS FOR LOCAL
DIAGNOSIS OF

514

PATIENTS SAVING
EACH PATIENT
50MILE ROUND
TRIP



THANKS FROM KERWA HEALTH CENTRE

"Our level of cooperation with Jehovah Rapha clinic is really exceptional – our patients from Kerwa Health Centre III have benefitted on a daily basis from all the equipment in the clinic throughout the year especially the scanner, Oxygen concentrator and the various laboratory tests that are lacking in Kerwa H/C III. Even myself when I became sick, and as well, the new skills I received in treating children with all sorts of trauma. Sadly, the clinic does not receive any help from the Uganda government apart from the medical record books."

Mr. Aziku Augustus, the in-charge Kerwa H/C III
(Government health centre) & CATT Counsellor

DISTRIBUTED

450

MOSQUITO NETS & TRAINED

217

ON MALARIA
PREVENTION, FAMILY
SPACING, WATER
SANITATION AND
HYGIENE DESPITE
COVID 19

CHILDREN
GIVEN VITAMIN A

23,942

CHILDREN GIVEN DE-WORMING

21,974

PREGNANT MOTHERS
RECEIVING MULTI-VITAMIN

3,500

TRAUMA
THERAPY

9

SOUTH SUDANESE PEOPLE
TRAINED
TO WORK WITH
TRAUMATISED
REFUGEE
CHILDREN

COMMUNITY
EMOTIONAL HEALTH
PROGRAMME RAISING
AWARENESS FOR

6,500

CHILDREN &
ADULTS

2

CATT
COUNSELLORS
SELECTED
TO LEARN TO
TRAIN OTHERS

CATT
COUNSELLORS
SUPPORTED

611

CHILDREN IN
2021

AN
INCREASE OF
71%
SINCE 2020

COUNSELLING OFFERS HOPE

This testimonial written by a 17 year old girl who had suffered abandonment and abuse by family members: *"I had completely lost hope in life as I was afraid. I couldn't continue with this kind of suffering besides, seeing the future for my education being doomed is the most painful thing in my life yet, I have the dream of becoming an accountant. However, I am so grateful to the almighty God for the gift of Rev. Canon Charles - by organizing a series of counselling sessions involving psychoeducation and interesting self-story telling using some local objects which made me later feel relieved and free in mind - through his counselling sessions, I am seeing another brighter future"*

*CATT Children's Accelerated Trauma Therapy

12

ACHIEVEMENTS 2021

Education Sponsorship

MIXED
SCHOOL & HOME
EDUCATION FOR
70
STUDENTS THROUGH
COVID
RESTRICTIONS

CRESS
HAS SUPPORTED
18
THROUGH TERTIARY
EDUCATION. IN
2021 **17** ARE IN
EMPLOYMENT

STUDENT
CONFERENCE
ATTENDED BY
77
HELD IN ARUA TO
PROMOTE POSITIVE
MINDSETS

POST-
LOCKDOWN

5
PRIMARY LEAVERS
EXCEL, TWO GAIN
DIVISION 1 & THREE
DIV 2

1
UGANDAN NATIONAL
SCHOLARSHIP AWARDED
FOR A DEGREE IN
DEVELOPMENTAL
STUDIES IN GULU
UNIVERSITY

Isaac Kwaje

former CRESS
sponsored
student and now
bookkeeper
with the DOL
in Arua writes:

*"I am writing to
thank you for the
support that you
have provided*

*for me through the CRESS education
sponsorship program since 2014. When
I look back, I realise the difference this
education sponsorship has created in my
life and how it has impacted my family
and community. I was once in tears when
I saw village mates of my age leading a
hopeless and helpless life, drunkerndness,
drugs addicts, limited access to education
due to poverty and I started imagining
how my life would be like without CRESS
sponsorship.*

*Thank you for helping me attain one of my
greatest dreams."*



Kenyi Gideon is now a P.5 pupil. *"I thank CRESS for supporting me during the lockdown through home learning. My father got for me good teachers to teach me at home. I learned so much and passed the tests very well. I was studying in Koboko but now because of the great improvement in my tests, I secured a position in one of the good schools in Arua. I thank God and CRESS for that. I am going to continue to work very hard. May God bless you."*



CRESS' 2021 strategy aims to help tackle the underlying causes of poverty and social injustice, as part of global efforts to meet the Sustainable Development Goals (SDGs).

1 NO POVERTY



CRESS' 49 Savings Groups aim to break the cycle of poverty by delivering loans and skills training to their 1570 members, representing over 10,000 within their households, which in turn provides them with financial security and the ability to afford an education, better nutrition, hygiene and health.



2 ZERO HUNGER



CRESS aims to increase food security through 24 Agriculture Groups by delivering training to new group members, to key community leaders and existing groups focusing on sustainable organic vegetable production and fruit tree planting and establishment.

Group and individual gardens generate a total vegetable production area of over 250 Ha with a total yearly value of £106K.

Over 2500 fruit trees were planted in 2021. The program total is now 4,300. These include mango, pineapple, papaya, orange, avocado and jackfruit.

These fruits will ripen for harvest within a couple of years improving nutrition, especially during hunger seasons of low food availability.

The selling of excess fruit and vegetable provides income for all 396 members with which they can purchase further food supplies. This will provide food security for some 3,168 individuals.

3 GOOD HEALTH AND WELL-BEING



In 2021, CRESS' Primary Healthcare Clinic treated 11,426 South Sudanese refugees and poor Ugandan people. Malaria, pneumonia and diarrhoea mostly seen in children below 5 years and pregnant mothers. While peptic ulcers, brucellosis and typhoid including STIs, skin conditions and eye problems were mostly seen in adults. There were also cases of malnutrition seen in the clinic.

The ultrasound equipment provided a diagnosis for 514 patients. The clinic's midwife helped safely deliver 218 babies and saw 1,950 mothers for antenatal clinics.

Despite COVID challenges 450 Mosquito nets were distributed and 217 mothers trained in malaria prevention, family spacing, water sanitation and hygiene. Outreach services also delivered 23,942 doses of vitamin A and de-worming for 21,974 children.

3,500 pregnant mothers received multi-vitamins

CRESS prefers to talk about our contribution to change, rather than claiming our work alone led to any given change.

*Education Response Plan for Refugees and Host Communities in Uganda (2018-2021) - www.edu-links.org

4 QUALITY EDUCATION



CRESS education sponsorship programme has supported young people in the refugee camps to access education including 10 students in tertiary education, 28 children have been supported to attend primary school and 25 at secondary level.

During the COVID restrictions and school closures their education was continued through home-tutoring and online learning as well as attending school for short periods and exams.

These students were also all invited to an educational conference in Arua to share experiences and life stories with elders and help them develop a growth mindset.

5 GENDER EQUALITY



CRESS has supported women via the primary healthcare clinic outreach services. Refugee women have been taught malaria prevention and control, hygiene, sanitation and family planning.

At the clinic 1950 have attended antenatal classes; and women make up the majority of participants in both the Agricultural and Savings Groups, where they have been taught skills to improve their food and financial security and enabling them to increase their levels of empowerment and equality to become a force for change in their communities.

50% of students who are sponsored through CRESS are female, in Uganda only 40%* of enrolled refugee students are female.

8 DECENT WORK AND ECONOMIC GROWTH



Through the 49 Savings Groups and the 24 Agricultural Groups, CRESS has helped the South Sudanese group members to set up and develop their own businesses, grow their own food and generate their own income which encourages sustainable economic growth in their households and communities.



11 YEARS OF CRESS

2010

2011

- > 1st Chalke Valley trip & Clergy conference
- > 11 Clergy treated for River blindness
- > 20 children sponsored
- > Small 2 roomed clinic opens in Liwolo

2014

- > Chalke Valley Lent Project raises £20,000 for building 8 roomed clinic in Liwolo

2016

- > 35 women in three groups in Kajo Keji form the first agricultural project
- > Solar fridge arrives at the clinic all the way from Wales
- > People start to flee to Uganda

2018

- > Clinic accredited with Ugandan Health Authority
- > Agriculture training re-starts

2020

- > Supported refugees through COVID lockdown with food, PPE, home-schooling and Loud Speaker Project
- > Used Zoom for meetings with Arua and UK events

2013

- > 85 water filters given out to clergy and MU members
- > First agricultural training in Uganda
- > Women's conference attended by 200 women in Kajo Keji led by 6 women from UK

2015

- > New clinic opened by CRESS team
- > Fred Taban comes to the UK to study at All Nations College

2017

- > War means many from Kajo Keji flee to Uganda
- > CRESS moves to Uganda - office opens Arua
- > May. Joseph Aba becomes Bishop of the newly created Diocese of Liwolo - CRESS starts working with the Diocese of Liwolo as their partner organisation
- > Clinic opens in September in Mijale

2019

- > 41 savings groups started with 1,041 members
- > Clinic undertook hygiene and RUMPS training, and co-ordinated CATT Counsellors as well as seeing 7862 patients
- > Bishop Joseph leads a student conference

2021

- > All in this report...



MAKING A DIFFERENCE

COMMUNITY SUPPORT

New Vehicle Appeal success over £8,900 raised in 2021



Open Garden visited by over 200 raising £3537, plus £3610 in donations



Wiltshire school raises money for CATT children to have biscuits and soap



Two young Broadchalke children raised money for school books



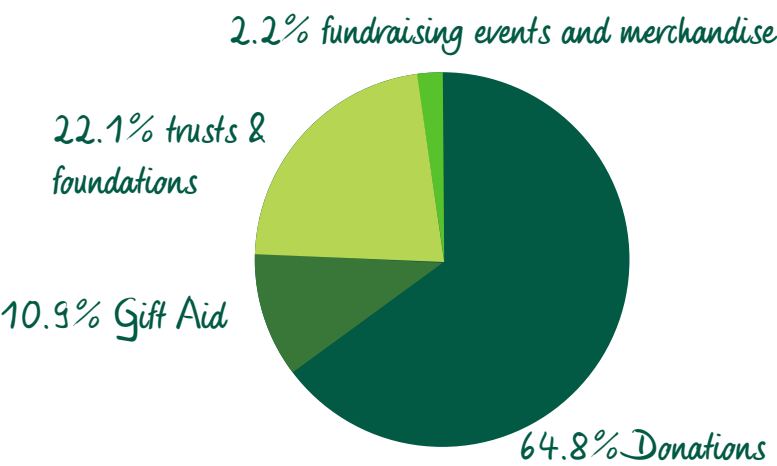
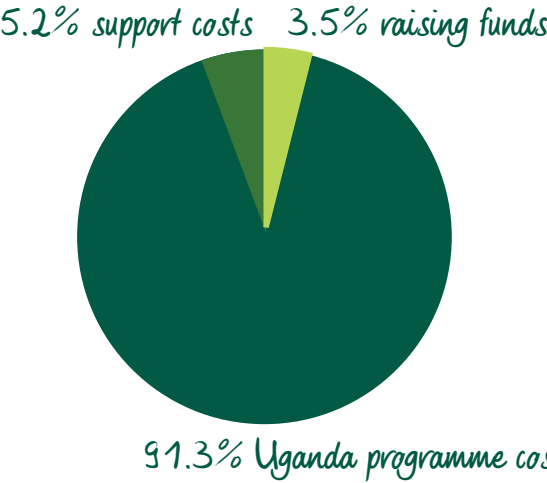
2000 CRESS Christmas Cards sent by our supporters



FINANCE

Income

Total: £223,155



Expenditure

Total: £239,909

Finance highlights of CRESS' 2021 Accounts



Food distribution enabled by CRESS

STRATEGIC OBJECTIVES

The table below sets out our plans for the coming year:

Strategic Objective	Plans 2022
Begin process of community ownership without UK support where feasible	• Continue to improve governance in UK & Uganda • Continue poultry & gardens project to support office & clinic
Equip refugees to be income secure	• Agriculture Groups develop sustainability • Savings Groups increased to 60, continue introducing training including agriculture • RUMPS training continued
Improve and develop training to boost livelihood opportunities for young	• Sponsored education, academic and vocational, both to be valued • RUMPS training
Build capacity and capabilities of organisation to deliver strategy	• Improve current monitoring and supervisory processes • Develop and train CRESS staff & volunteers • Further develop strategies, policies and budgets
Diversify income generation and boost fundraising	• Increase Regular Donors, Legacies, Major Donors, Corporates, Trust Funds • Increase fundraising events • Recruit Ambassadors and volunteer fund-raisers
Improve health in the community and sustainability of clinic	• Primary Healthcare Clinic, increase sustainability • Improve clinic facilities • Further support CATT counselling

GOVERNANCE

Governance

CRESS is an unincorporated organisation. Its governing document is a trust deed dated 12th of April 2011, as amended by resolutions dated 23rd of January 2013 and 11th of November 2019.

CRESS recruits Trustees in the UK with the skills and experience to ensure the charity carries out its activities effectively and efficiently. New Trustees are appointed by existing Trustees.

The Trustees take an active interest in operational activities and remain informed through regular reports and three full Board meetings a year.

2021 Trustees

Chair of Trustees

Jeremy Metcalfe

Trustees

Caroline Lamb

John Kenneth Elliott Broadley

Dr Jonathan Oliver Cullis

Jane Guy

Olivia Jane Jones

Specialist Volunteer Advisers

Emotional Health Advisor

Fiona Sheldon

Education and Sponsorship

Becky Sedgwick

Agricultural Adviser

Olivia Jane Jones

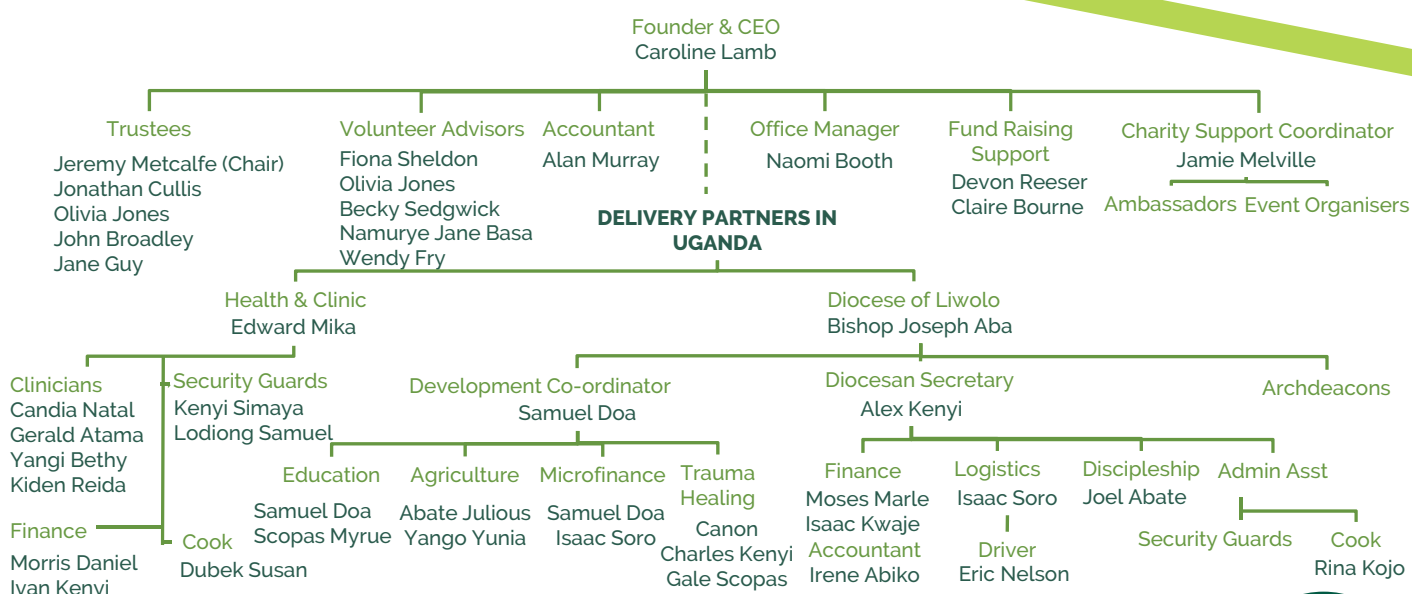
South Sudan Adviser

Namurye Jane Basa

Volunteer Coordinator & Strategy Assistant

Jamie Melville

ORGANISATION STRUCTURE





Ven. Jacob Karaba's wife with harvested vegetables for their second season

Public Benefit

The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales. This Annual Report provides a summary of our main activities undertaken in 2021 demonstrating our charitable purpose for the public benefit.

Risk Management

The Trustees have approved a risk register in 2021, important risks discussed at each trustee meeting. The register will be reviewed annually.

Safeguarding

The Trustees believe that the welfare of children and vulnerable individuals is paramount. The charity operates within the framework of its safeguarding policy, which clearly states how incidents and allegations will be handled should they arise.



Clinic Midwife, Bethy with pregnant mothers for an antenatal class



Donated musical instruments and tuition enhance learning and worship

Financial Overview

CRESS' financial position is shown in the attached accounts. Income from supporters' donations, together with the associated Gift Aid, increased by 4% compared to the previous year to £168,822 despite the continued disruption caused by the pandemic. However, grants from other agencies were only half the previous year's level at £49,336. Much of the extra grant money received in 2020 was for short term projects which have continued their implementation during 2021 and as a result the overall expenditure on charitable activities in Uganda increased slightly over the previous year to £219,035, with support for the core staff, students and activities being maintained at the previous level.

Unrestricted reserves carried forward were £54,709 (2020: £53,545) and with funds in hand

and current income streams, the core activities are expected to be sustainable through the coming year ahead.

Reserves

CRESS understands that our supporters want our resources to be used in the most efficient and effective manner achieving maximum impact for our beneficiaries. The Trustees aim to maintain unrestricted bank balances at a level which will provide sufficient funds to ensure that charitable activities, support and governance costs are covered for 3 months. The Trustees believe that the scale of our current operations requires no change to the reserves policy. However, they will continue to review the situation as the charity develops.



Students at the education conference share life experiences and look forward together

CHARITY DETAILS

Charity

CRESS

Christian Relief and Education for South Sudanese

Registered Charity Number

1141343

Principal Address

Knighton Manor Farm, Knighton Road, Broad Chalke, Salisbury, Wiltshire, SP5 5EB

Bankers

HSBC Bank Plc Blandford Forum

17 Market Place, Blandford Forum, Dorset, DT11 7AG

Independent Examiner

H Flint FCA

Mead House, High Road, Broad Chalke, Salisbury, Wiltshire, SP5 5EH

Adviser

Alan Murray

72 Churchfield Road, Poole, Dorset BH15 2QP

ANNUAL ACCOUNTS

CRESS

For the year ended 31 December 2021

Registered charity number: 1141343

CONTENTS

28-34	Statements of Financial Activities
35	Independent Examiners report to the Trustees
36	Statement of Trustee responsibilities

STATEMENT

of Financial Activities

Year ended 31st December 2021

			Unrestricted	Restricted	2021	2020
			Funds	Income Funds		
Incoming resources (Note 2)						
	Income and endowments					
		Donations and legacies	88,855	129,503	218,358	260,157
		Other trading activities	4,796	-	4,796	827
		Investments	1	-	1	9
	Total income and endowments		93,652	129,503	223,155	260,993
Resources expended (Note 3)						
	Expenditure					
		Raising funds	8330	-	8330	8,009
		Charitable activities	83,958	147,621	231,579	220,699
	Total expenditure		92,288	147,621	239,909	228,708
Net income (expenditure) before transfers			1,364	(18,118)	(16,754)	32,285
Transfer of funds						
	Transfer between funds		-	-	-	-
Net movement in funds			1,364	(18,118)	(16,754)	32,285
Reconciliation of funds						
	Total funds brought forward		53,545	62,719	116,264	83,979
	Total funds carried forward		54,909	44,601	99,510	116,264

BALANCE SHEET

CRESS

As at 31 December 2021

		2021	2020
Fixed assets			
	Tangible assets (Note 6)	154	206
Current assets			
	Debtors (Note 7)	5,338	11,519
	Cash at bank and in hand (Note 9)	96,016	105,735
		101,354	117,254
Creditors: amounts falling due within one year			
	Creditors (Note 8)	1,998	1,196
Net current assets			
		99,356	116,058
Total assets less current liabilities			
		99,510	116,264
Funds of the charity (Note 11)			
	Restricted funds	44,601	62,719
	Unrestricted funds	54,909	53,545
	Total funds	99,510	116,264

Approval

Signed on behalf of all the trustees



Jeremy Metcalfe
Chair of Trustees

Date

29.03.22
.....

NOTES

to the Financial Statements As at 31 December 2021

1. Accounting Policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014;
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102); and with
- the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

Going concern

The Trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

The charity is not registered for VAT.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Support Costs

The charity has incurred expenditure on support costs.

Notes to the Financial Statements

Year ended 31st December 2021

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Expenditure and liabilities

Liability recognition

Liabilities are recognised where it is more than likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. Support costs include central functions.

Creditors

The charity has creditors which are measured at settlement amount less any trade discounts.

Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year, and cost at least £1,000. They are valued at cost. The depreciation rates and methods used are as follows:

Account	Method	Rate
Equipment	Reducing balance	25%

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement account after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Notes to the Financial Statements

Year ended 31st December 2021

		Unrestricted Funds	Restricted Income Funds	2021	2020
2. Analysis of income					
	Donations and legacies				
	Donations and gifts	67,606	77,085	144,691	132,365
	Gift Aid	10,105	14,226	24,331	27,462
	General grants provided by other charities	11,144	38,192	49,336	100,330
	Total donations and legacies	88,855	129,503	218,358	260,157
	Other trading activities				
	Events and merchandise	4,796	-	4,796	827
	Total other trading activities	4,796	-	4,796	827
	Income from investments				
	Interest income	1	-	1	9
	Total income from investments	1	-	1	9
	Total income	93,652	129,503	223,155	260,993
	Total income in the previous year	97,216	163,777	-	260,993
		Unrestricted Funds	Restricted Income Funds	2021	2020
3. Analysis of expenditure					
	Raising funds				
	Expenditure on raising funds	8,330	-	8,330	8,009
	Investment management costs				
	Total raising funds	8,330	-	8,330	8,009
	Charitable activities				
	Programme costs	71,414	147,621	219,035	203,997
	Support costs	12,544	-	12,544	16,702
	Total charitable activities	83,958	147,621	231,579	220,699
	Total expenditure	92,288	147,621	239,909	228,708
	Total expenditure in the previous year	68,959	159,749	-	228,708

Notes to the Financial Statements

Year ended 31st December 2021

		Unrestricted funds	Restricted income funds	2021	2020
4. Programme costs					
	Agriculture	-	9,659	9,659	18,236
	Bush schools	-	2,041	2,041	-
	CATT training	404	3,633	4,037	6027
	Christian discipleship	350	3,500	3,850	2377
	Clinic equipment and running cost	-	7,798	7,798	1517
	Clinic medicine	-	8,631	8,631	19,768
	Covid 19 response	46	500	546	22,950
	Education	-	43,956	43,956	42,243
	General office costs	-	7,077	7,077	677
	Land	-	7,841	7,841	-
	Lent project	-	-	-	-
	Loud speaker project	-	-	-	1,540
	Management, administration and staff support costs	22,332	-	22,332	35,918
	Refugees	-	-	-	-
	RUMPS	-	149	149	1,921
	Salaries	8,326	52,067	60,393	45,636
	Savings groups	4,796	-	4,796	1,469
	Support medicine	874	769	1,643	2,946
	Travel	-	-	-	-
	Vehicle purchases	34,286	-	34,286	-
	Vehicle maintenance	-	-	-	772
	Total	71,414	147,621	219,035	203,997
5. Support costs					
	Governance	218	-	218	797
	Office and accountancy support	8,448	-	8,448	11,382
	IT software and consumables	1,592	-	1,592	1,538
	Printing postage and stationery	1,062	-	1,062	1,450
	Others	1,224	-	1,224	1,535
	Total	12,544	-	12,544	16,702

Notes to the Financial Statements

Year ended 31st December 2021

6. Tangible fixed assets					
		Equipment		Total	
Cost					
	At 1 January 2021	650		650	
	At 31 December 2021	650		650	
Depreciation					
	At 1 January 2021	444		444	
	Charge for year	52		52	
	At 31 December 2021	496		496	
Net Book Value					
	At 31 December 2021	154		154	
	At 31 December 2020	206		206	
		Unrestricted income funds	Restricted income funds	2021	2020
7. Debtors					
	Prepayments and accrued income	5,338	-	5,338	11,519
8. Creditors					
	Accruals and deferred income	1,998	-	1,998	1196
9. Cash at bank and in hand		47,966	48,050	96,016	105,735

Notes to the Financial Statements

Year ended 31st December 2021

11. Charity funds		Balance at	Income	Expenditure	Transfers	Balance at
		1 January 2021				31 December 2021
Unrestricted funds						
	Contingency	18,899				18,899
	General	8,105	93,452	(92,288)	8,688	17,957
Designated funds						
	Vehicle replacement fund	20,010	-	-	(18,320)	1,690
	Programme costs	6,531			9,632	16,163
	Total	53,545	93,652	(92,288)	-	54,909
Restricted funds						
	Agriculture	7,847	6,588	(9,659)		4,776
	Bush schools fund	41	2,500	(2,041)		500
	CATT training	48	3,600	(3,633)		15
	Christian discipleship		3,500	(3,500)		-
	Clinic equipment and running costs	9,699	4,125	(7,798)		6,026
	Clinic medicine	3,378	7,000	(8,631)		1,747
	Covid 19 response		500	(500)		-
	General office costs in Uganda	16,854	40,828	(43,956)		13,726
	Education	3,417	6,499	(7,077)		2,839
	Land for clinic buildings	7,841		(7,841)		-
	Loud speaker project			-		-
	RUMPS - women's health	1,680		(149)		1,531
	Salaries	10,899	54,363	(52,067)		13,195
	Savings groups	-		-		-
	Support medicine for staff	769		(769)		-
	Travel	246				246
	Vehicle maintenance			-		-
	Total	62,719	129,503	(147,621)	-	44,601
Total funds		116,264	223,155	(239,909)	-	99,510

Notes

The Designated funds represent unrestricted income funds that have been provisionally set aside to provide for a replacement vehicle for the operations in Uganda, and certain other salaries and expenses in the coming year in order to ensure continuity of essential coordinating services provided by the implementing partner agency.

The Restricted Income funds represent grants and other donations that have been specifically raised for certain elements of the development programme in Uganda. The Education fund includes a sponsorship programme covering fees and other educational expenses for a number of school and university students in the community.

The salaries fund includes grants and sponsorship for key staff and project coordinators in the Diocese of Liwolo.

Notes to the Financial Statements

Year ended 31st December 2021

		Balance at	Income	Expenditure	Transfers	Balance at
		1 January 2020				31 December 2020
Unrestricted funds						
	Contingency	18,899				18,899
	Education	6,389	97,216	(68,959)	(26,541)	8105
	General					
	Mechanic					
	Salaries				20,010	20,010
	Support medicine				6531	6,531
	Total	25,288	97,216	(68,959)	-	53,545
Restricted funds						
	Agriculture	7,735	16,393	(16,281)		7,847
	Bush schools fund	41				41
	CATT training	1,075	5,000	(6,027)		48
	Christian discipleship	2,260		(2,260)		-
	Clinic medicine		11,216	(1,517)		9,699
	Education	21,874	1,272	(19,768)		3,378
	Land		22,538	(22,538)		-
	Lent project	9,062	50,035	(42,243)		16854
	Management, administration and staff support costs	-	4094	(677)		3417
	Salaries		7,841			7,841
	Savings groups		625	(625)		-
	Support medicine	2,458	1,143	(1,921)		1,680
	Travel	10,814	43,620	(43,535)		10,899
	Refugee	493		(493)		-
	RUMPS	2,344		(1,575)		769
	University fees	246				246
	Vehicle maintenance	289		(289)		-
	Total	58,691	163,777	(159,749)	-	62,719
Total funds						
		83,979	260,993	(228,708)	-	116,264

12. Transactions with trustees and related parties

During the year six trustees made donations totalling £9,970 (2020: £18,007) towards the normal activities of the charity.

One trustee was reimbursed £982 (2020: £1,868) for expenses incurred on behalf of the charity. No other trustees have received any expenses or benefits from the charity during the year.

INDEPENDENT EXAMINER'S

Report to the Trustees of Christian Relief and Education for South Sudan CRESS

For the year ended 31 December 2021

I report to the Trustees on my examination of the accounts of the above charity (Christian Relief and Education for South Sudanese) for the year ended 31 December 2021 which are set out on pages 24 to 34,

Responsibilities and basis of report

As the Charity's Trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of 2011 Act and in carrying out my examination, I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm no material matters have come to my attention in connection with the examination which give me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

..... Henry Flint

Henry Flint FCA

Mead House, High Road, Broad Chalke, Salisbury, Wiltshire, SP5 2EH

Date: 24 March 2022

STATEMENT

of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The law applicable to charities requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declaration

The Trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Trustees



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Olivia Jones
Secretary

Date: 29.03.22
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