



**Registered Charity Number 1141235**

**ANNUAL REPORT AND ACCOUNT  
YEAR ENDED 31<sup>ST</sup> MARCH 2024**

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# LEGAL AND ADMINISTRATIVE INFORMATION

## CONTACT DETAILS

Full name of the charity: **THAI BOXING COMMUNITY CENTRE(TBCC)**

Address: **1<sup>st</sup> FLOOR, COMPASS ROOM, PRAISE HOUSE,  
37 TAMWORTH ROAD, CROYDON  
SURREY, CR0 1XT**

Telephone: **07552162638**

## ADMINISTRATIVE INFORMATION

**TRUSTEES** serving during the year period

Chair	<b>Mr Siddiqui Shahzad</b>
Secretary	<b>Mr Mark Jones</b>
Treasurer	<b>Mrs Yvonne Nankani</b>

## **BANKERS:**

LloydsTSB  
125 Balham High Rd  
London, SW12 9AT

## **ACCOUNTANT**

Andrew Hardy  
21, Woodhayes Road, Frome,  
Somerset, BA11 2DG

## **TRUSTEES' REPORT – YEAR ENDED 31<sup>ST</sup> MARCH 2024**

Trustees present their Report and Financial Statements for the year ended 31st March. 2024.

### **Status and administration**

THAI BOXING COMMUNITY CENTRE is a registered charity, number 1141235.

### **Structure, Governance and Management**

#### **Governing Document**

The governing document is the Constitution adopted on 1<sup>ST</sup> June 2020

#### **Appointment of New Trustees**

New appointed Trustees are elected by the charity members at the annual general meeting. The Management team has the additional option of co-opting three additional members. Training and support, familiarity of the Charity, context of its operation, operational framework, question and answer pack for new trustees

#### **Risk Management**

The Management Team at Thai Boxing Community Centre constantly monitor and review the major practical and financial risks.

A 5 year business plan in place to ensure that our objectives are achievable.

## MISSION STATEMENT:

We are now living in a time where we are seeing the level of criminal activities and general public disorder in our streets and neighbourhood, perpetrated by young people, escalate to epidemic levels. Some of the key contributing factors are drug/alcohol related, unemployment, inadequate affordable community facilities for young people, truancy leading to poor education, mental illness, low socio-economic background, the breakdown of family dynamics, behavioural problems to mention a few. The list is exhaustive. There is also the other perspective of health issues as mentioned previously mental illness but also obesity is on the increase in children/young people due to the more sedentary lifestyle influenced by technology.

We believe everything we are encountering in society at large is primarily due to choices, poor choices which is depicted by our environment and lack of opportunities, whether perceived or actual. These factors fashion ones mindset which translates out in behavioural responses.

Thai Boxing Community Centre strongly believe that this self-destructive mindset/behaviour can be changed. We believe that every young person can, when given the opportunity, in a place of acceptance, with guidance, support and encouragement can aspire and achieve remarkable things. We believe every person counts.

## OBJECTIVES OF TBCC:

To advance in life and help young people through:

The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life

Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals

## **STRATEGIES IMPLEMENTED TO ACHIEVE ITS OBJECTIVES:**

### **This Strategic Plan is intended to: -**

Set long-term objectives and short-term goals for the organisation.

Provide the Management Team with a longer-term framework within which to plan, at the corporate level, those programmes that contribute to the TBCC's aims and objectives;

Provide the TBCC committees and sub groups with strategic guidance and longer-term plans within which to organise their activities.

Give the Executive Committee a benchmark against which to monitor progress and performance of programmes.

Day to day management and implementation of the strategic plan is the task of the Management Team.

The core planned activities of the organisation continues whilst the continual building of partnership with new and existing groups are developed.

## **FINANCIAL REVIEW:**

### **Reserves policy**

The Trustees intend to accrue financial sustainability with a view to building up reserves equivalent to at least six months operating expenditure.

### **Financial position**

The total income and expenses for the year as detailed in the accounts.

### **Statement of Trustees' Responsibilities**

Charity law requires Trustees to prepare Financial Statements for each financial year which give a true and fair view of the state of affairs of the Trust and of the Statement of Financial Activities for that period. In preparing those Financial Statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- make judgments and estimates that are reasonable and prudent
- state whether policies are in accordance with the applicable accounting standards - prepare the Financial Statements of a going concern basis unless it is inappropriate to Presume that the Charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Trust and to enable them to ensure that the Financial Statements comply with the Charities Act 1993. They are also.

responsible for safeguarding the assets of the Trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## 1. Accounting Policies

### (a) Basis of Accounting

The Financial Statements have been prepared under the historical cost convention. The Financial Statements are in accordance with applicable accounting standards, the Statement of Recommended Practice "Accounting and Reporting by Charities (SORP 2005) and comply with the Charities (Accounts and Reports) Regulations 2005 issued under the Charities Act 1993. The following accounting policies have been applied consistently throughout the year:-

#### (a) Income

Income is accounted for on a receipt basis, and bank interest is credited when received.

#### (b) Expenditure

Expenditure is accounted for on a payments basis, with the exception of payroll expenses.

#### (c) Staff costs

The Trustees received no remuneration, or reimbursement of expenses during the year

Approved by:

Chair	Mr Siddiqui Shahzad
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Secretary	Mr Mark Jones
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Treasurer	Mrs Yvonne Nankani
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# Independent examiner's report on the accounts

## Section A

## Independent Examiner's Report

Report to the trustees/  
members of

Thai Boxing Community Centre

On accounts for the year  
ended

31<sup>st</sup> March 2024

Charity no  
(if any)

1141235

Set out on pages

1 and 2

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 43 of the 1993 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act, and
- to state whether particular matters have come to my attention.

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent  
examiner's statement**

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 41 of the 1993 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act have not been met ; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

30/01/2025

Name:

Andrew Hardy

**Relevant professional  
qualification(s) or body  
(if any):**

Chartered Accountant (S.A) (ACCA)

Address:

21 Woodhayes Rd Frome Somerset BA11 2DG



Charity Name	No (if any)
Thai Boxing Community Centre	1141235

## Receipts and payments accounts

CC16a

For the period from	Period start date	31/03/2024	Period end date
	01/04/2023		31/03/2024

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Fees and Other Income	18,943			18,943	17,230
Local Giving/Magic little Grants				-	8,170
Donations				-	
Jack Petchey Foundation		900		900	2,400
CrowdFunder				-	
Croydon Voluntary Action				-	1,090
Neighbourly Community Fund				-	1,000
Go London		15,000		15,000	10,790
				-	
				-	
Sport England				-	
Arnold Clark Community Fund				-	
Croydon Council				-	
Award for All		10000		10,000	10,000
Community Fund London				-	
Poundland Fund				-	
Sported		6010		6,010	
Streetgames				-	
<b>Sub total (Gross income for AR)</b>	18,943	31,910	-	50,853	50,680
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	18,943	31,910	-	50,853	50,680
<b>A3 Payments</b>					
Purchases of Equipment,protective gear etc	-	# 1,100	-	1,100	4,003
Trainers fees / Workers		12,710		12,710	14,280
Volunteer Expenses				-	
Loan repayments	4,316			4,316	4,412
Rent and venue hire		30,953		30,953	38,994
Maintenance				-	220
Marketing / outreach		1,125		1,125	500
general expenses	1,881			1,881	570
<b>Sub total</b>	6,197	45,888	-	52,085	62,979
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	6,197	45,888	-	52,085	62,979
<b>Net of receipts/(payments)</b>	12,746	- 13,978	-	- 1,232	- 12,299
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>				2,583	-
<b>Cash funds this year end</b>	12,746	- 13,978	-	1,351	2,583

## Section B Statement of assets and liabilities at the end of the period

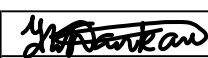
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Prior Year to nearest £
B1 Cash funds	Held at Lloyds Bank	1,352	-	2583
		-	-	0
		-	-	0
	<b>Total cash funds</b>	<b>1,352</b>	<b>-</b>	<b>2,583</b>

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Prior Year to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Prior Year
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Prior Year
B4 Assets retained for the charity's own use	Stock of equipment			-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	<b>Total Other Assets</b>	<b>-</b>	<b>-</b>	<b>-</b>
	<b>Total Assets</b>	<b>1,352</b>	<b>-</b>	<b>2,583</b>

	Details	Fund to which liability relates	Amount due (optional)	Prior Year
B5 Liabilities	accountancy		-	
	Reserves	1,352	-	2583
			-	
	<b>Total Liabilities</b>	<b>1352</b>	<b>0</b>	<b>2583</b>

	Signature	Print Name	Date of approval
Signed by Trustee		Mrs Y Nankani	30/01/2025
Signed by External Accountant		Mr A Hardy	30/01/2025

# 2023/24: A Year of Success for the Thai Boxing Community Centre

## Our Achievements and Milestones

2024 was a phenomenal year for the Thai Boxing Community Centre (TBCC). Our new Catford branch had an extraordinary start, reaching out to over 250 young people through our project with Go London. This partnership allowed us to establish a strong presence in the community quickly, making our programs and support accessible to those who needed it most.

## CHANGING LIVES PROJECT BOOST – Award for All

Our Changing Lives Project continued to thrive, thanks to the generous funding we received. This project, which targets young people aged 6 to 17 in Croydon and the surrounding areas, was able to run successfully for another year. We received £10,000 from the National Lottery Awards, which enabled us to offer free weekly Thai Boxing sessions to disadvantaged youth. These sessions were instrumental in steering young participants away from negative influences and towards a path of self-improvement and resilience

## Project Details:

Free weekly Thai Boxing sessions for disadvantaged youth in Croydon and nearby areas.

Grant covers:

- Equipment purchase
- Publicity of project
- Rent
- Sessional workers' pay.

## Impact:

The project successfully improved many young people's lives through Thai Boxing who were appreciative of another year running of the project.

We extend our deepest gratitude to the National Lottery Community.





# Mothers Only Fitness -Sport England

TBCC, once again, was successful and grateful in receiving a grant from Sport England to fund the running of its Mothers Only Fitness sessions. The total received is £6,010.

The Mothers Only Fitness offers free fitness and exercise sessions for mothers, twice a week at both our Croydon and Catford Community Centres.

The project aimed to engage 40 women over a period of six months, starting from 1<sup>st</sup> August 2023.

## Project Impact

- Many mothers formed new friendships, reducing social isolation
- Improved fitness and adoption of healthier lifestyles
- Successfully met our target of 40 participants

The funding was used to cover:

- Promotional costs
- Hall rental contributions
- Coaches' fees

We extend our gratitude to Sports England for their continued support.



# Jack Petchey Foundation: Celebrating Young People's Achievements

Empowering the Next Generation Through Grants and Support

We have had another year to recognise and celebrate the great achievement of our young people, be it small or big. We believe everyone matters and deserves to be cheered along their individual journey of development. We have been able to carry this out three times throughout the year.

## Project Impact

The young winners were awarded with £300 funding each to spend on anything to benefit the centre and the other service users. They choose to purchase various equipment to enhance their performance and experience of the sport as well as give more young people the opportunity to participate.

The Jack Petchey Foundation's dedication to celebrating and supporting young people's achievements is a testament to the belief that every young person has the potential to make a difference. Through recognition, financial support, and developmental opportunities, the Foundation is helping to shape the leaders of tomorrow and build a brighter future for all.



Some of the equipment purchased with the funding

# Go London - Catford Community Muaythai

Thai Boxing Community Centre was proud to be successfully selected for the GO! London Partnership which is birthed by the amalgamation of Funders in London which included the Mayor of London Sadiq Khan, Sport England, London Marathon Foundation, London Marathon Events and London Sport. All these funders, invested in London, to support almost 18,000 young Londoners through the use of physical activities and sports. We were awarded £30,000 to be proportioned through the twelve-month period and received £15,000 to date.

## Impact

The impact of the program is evident in the stories of personal growth and resilience shared by many of the young people involved. By engaging in Muaythai, they have gained confidence, discipline, and a positive outlook on life. The transformative power of physical activity and sport has been clearly demonstrated through the achievements and progression of our participants.

We excelled our target of 150 participants for this project by reaching out to over 250 young people in the Catford and surrounding areas with most participants staying through out entire project once they started. Our team of volunteers & instructors were brilliant, and project was able to develop new assistant instructors creating work opportunities.



We would like to thank the GO! London Funders for the opportunity to participate in this initiative which has been a great success attracting 250 young people. Every session was vibrant and fused with enthusiasm and energy







## Final Words

The Thai Boxing curriculum was integrated into the school sports programs through our collaboration with Teachsport. Classes were conducted after-school. This approach ensured that a wide range of students could benefit from the training. The sessions were led by our instructors, who brought not only their expertise in Thai Boxing but also a passion for teaching and mentoring young people.

The feedback from both students and parents has been overwhelmingly positive. Quite a few of the young participants have reported increased confidence, improved physical fitness, and a greater sense of discipline. Parents have noted positive changes in their children's behaviour and attitudes, attributing these improvements to the values instilled through Thai Boxing training.

In conclusion, the collaboration between our organization and Teach Sport has not only introduced a beneficial physical activity to South London schools but has also fostered a supportive environment where young people can thrive. We look forward to nurturing this partnership and seeing the continued growth and success of our students.

None of these achievements would have been possible without the continuous support from our funders:

- Award for All
- Jack Petchey Foundation
- Sport England
- GO! London

We would like to thank you all for your contributions.

Also thank you to ASKI for your support and financial support contributions throughout the year. This has not gone unnoticed.

To the team of volunteers/sessional workers thank you all for your dedication. Their hard work have been the driving force behind our success, enabling us to deliver impactful projects and create meaningful change in the community.

As we look back on 2024, we are filled with pride and gratitude for the progress we have made. We are excited to build on this momentum in the coming years, continuing to expand our programs, reach more individuals, and make a positive difference in the lives of those we serve. Our journey is far from over, and with the unwavering support of our community, we are confident that we will achieve even greater heights.

In conclusion, 2024 was a year of remarkable growth and accomplishment for the Thai Boxing Community Centre. Our new branch in Catford, the success of the Changing Lives Project, our support for mothers, and our expanded community work in schools are all testaments to our dedication to improving the lives of those in our community.

We are immensely grateful to everyone who has supported us and look forward to another year of making a difference.