



**Registered Charity Number 1141235**

**ANNUAL REPORT AND ACCOUNT**

**YEAR ENDED 31<sup>ST</sup> MARCH 2022**

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## Legal and Administrative Information

### CONTACT DETAILS

Full name of the charity: **THAI BOXING COMMUNITY CENTRE(TBCC)**

Address: **1<sup>st</sup> FLOOR, COMPASS ROOM, PRAISE HOUSE,  
37 TAMWORTH ROAD, CROYDON  
SURREY, CR0 1XT**

Telephone: **07552162638**

### ADMINISTRATIVE INFORMATION

**TRUSTEES** serving during the year period

Chair **Mr Siddiqui Shahzad**

Secretary **Mr Mark Jones**

Treasurer **Mrs Yvonne Nankani**

### **BANKERS:**

LloydsTSB

125 Balham High Rd

London, SW12 9AT

### **ACCOUNTANT**

Andrew Hardy

21, Woodhayes Road, Frome,

Somerset, BA11 2DG

## **TRUSTEES' REPORT - YEAR ENDED 31ST MARCH 2022**

The Trustees present their Report and Financial Statements for the year ended 31st March. 2022.

### **Status and administration**

THAI BOXING COMMUNITY CENTRE is a registered charity, number 1141235.

### **Structure, Governance and Management**

#### **Governing Document**

The governing document is the Constitution adopted on 1<sup>ST</sup> June 2020

#### **Appointment of New Trustees**

New appointed Trustees are elected by the charity members at the annual general meeting. The Management team has the additional option of co-opting three additional members. Training and support, familiarity of the Charity, context of its operation, operational framework, question and answer pack for new trustees

#### **Risk Management**

The Management Team at Thai Boxing Community Centre constantly monitor and review the major practical and financial risks.

A 5 year business plan in place to ensure that our objectives are achievable.

### **MISSION STATEMENT:**

We are now living in a time where we are seeing the level of criminal activities and general public disorder in our streets and neighbourhood, perpetrated by young people, escalate to epidemic levels. Some of the key contributing factors are drug/alcohol related, unemployment, inadequate affordable community facilities for young people, truancy leading to poor education, mental illness, low socio-economic background, the breakdown of family dynamics, behavioural problems to mention a few. The list is exhaustive. There is also the other perspective of health issues as mentioned previously mental illness but also obesity is on the increase in children/young people due to the more sedentary lifestyle influenced by technology.

We believe everything we are encountering in society at large is primarily due to choices, poor choices which is depicted by our environment and lack of opportunities, whether perceived or actual. These factors fashion ones mindset which translates out in behavioural responses.

Thai Boxing Community Centre strongly believe that this self-destructive mindset/behaviour can be changed. We believe that every young person can, when given the opportunity, in a place of acceptance, with guidance, support and encouragement can aspire and achieve remarkable things. We believe every person counts.

### **OBJECTIVES OF TBCC:**

To advance in life and help young people through:

The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life

Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals

## **STRATEGIES IMPLEMENTED TO ACHIEVE ITS OBJECTIVES:**

**This Strategic Plan is intended to: -**

Set long-term objectives and short-term goals for the organisation.

Provide the Management Team with a longer-term framework within which to plan, at the corporate level, those programmes that contribute to the TBCC's aims and objectives;

Provide the TBCC committees and sub groups with strategic guidance and longer-term plans within which to organise their activities.

Give the Executive Committee a benchmark against which to monitor progress and performance of programmes.

Day to day management and implementation of the strategic plan is the task of the Management Team.

The core planned activities of the organisation continues whilst the continual building of partnership with new and existing groups are developed.

## **FINANCIAL REVIEW:**

### **Reserves policy**

The Trustees intend to accrue financial sustainability with a view to building up reserves equivalent to at least six months operating expenditure.

### **Financial position**

The total income and expenses for the year as detailed in the accounts.

### **Statement of Trustees' Responsibilities**

Charity law requires Trustees to prepare Financial Statements for each financial year which give a true and fair view of the state of affairs of the Trust and of the Statement of Financial Activities for that period. In preparing those Financial Statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- make judgments and estimates that are reasonable and prudent
- state whether policies are in accordance with the applicable accounting standards
- prepare the Financial Statements of a going concern basis unless it is inappropriate to

Presume that the Charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Trust and to enable them to ensure that the Financial Statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the Trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## 1. Accounting Policies

### (a) Basis of Accounting

The Financial Statements have been prepared under the historical cost convention. The Financial Statements are in accordance with applicable accounting standards, the Statement.

of Recommended Practice "Accounting and Reporting by Charities (SORP 2005) and comply with the Charities (Accounts and Reports) Regulations 2005 issued under the Charities Act 1993. The following accounting policies have been applied consistently throughout the year:-

### (a) Income

Income is accounted for on a receipt basis, and bank interest is credited when received.

### (b) Expenditure

Expenditure is accounted for on a payments basis, with the exception of payroll expenses.

### (c) Staff costs

The Trustees received no remuneration, or reimbursement of expenses during the year

Approved by:

Chair	Mr Siddiqui Shahzad
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Secretary	Mr Mark Jones
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Treasurer	Mrs Yvonne Nankani
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Charity Name	CCXX R1 accounts (SS)
Thal Boxing Community Centre	1449238

## Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/04/2021		31/03/2022

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Fees and Other Income	14,485			14,485	2,915
Local Giving/Magic little Grants		500		500	1,042
Donations	5,657	-		5,657	2,467
Jack Petchey Foundation	500	1,850		2,350	750
Crowdfunder				-	976
Croydon Voluntary Action				-	700
Neighbourly Community Fund				-	400
Lloydsbank Corona Virus Loan				-	20,000
				-	
Sport England				-	
Arnold Clark Community Fund		1000		1,000	10,840
Croydon Council		4000		4,000	
Award for All				-	10,000
Community Fund London		1560		1,560	
Poundland Fund		750		750	
Sported		200		200	
Streetgames		1260		1,260	
<b>Sub total (Gross income for AR)</b>	20,642	11,120	-	31,762	50,090
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	20,642	11,120	-	31,762	50,090
<b>A3 Payments</b>					
Purchases of Equipment,protective gear etc	-	-	-	-	-
Trainers fees / Workers		3,281		3,281	1,048
Volunteer Expenses	395	15,287		15,287	2,735
Loan repayments	1,864	-		395	290
Rent and venue hire	15,347	7,545		1,864	
Maintenance	525	-		22,892	7,200
Marketing / outreach		200		525	-
general expenses	10,894	-		200	200
<b>Sub total</b>	29,025	26,313	-	55,338	12,403
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	29,025	26,313	-	55,338	12,403
<b>Net of receipts/(payments)</b>	8,383	15,193	-	23,576	37,687
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	22,222	16,000	-	38,222	535
<b>Cash funds this year end</b>	13,839	807	-	14,646	38,222

## Section B Statement of assets and liabilities at the end of the period

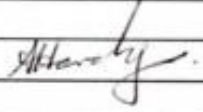
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Prior Year to nearest £
B1 Cash funds	Held at Lloyds Bank	13,839	807	38,222
		-	-	0
		-	-	0
		-	-	0
	<b>Total cash funds</b>	<b>13,839</b>	<b>807</b>	<b>38,222</b>

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Prior Year to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Prior Year
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Prior Year
B4 Assets retained for the charity's own use	Stock of equipment		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	<b>Total Other Assets</b>	-	-	-
	<b>Total Assets</b>	<b>13,839</b>	<b>807</b>	<b>38,222</b>

	Details	Fund to which liability relates	Amount due (optional)	Prior Year
B5 Liabilities	accountancy		-	
	Reserves	14,646	-	38,222
			-	
	<b>Total Liabilities</b>	<b>14,646</b>	<b>0</b>	<b>38,222</b>

	Signature	Print Name	Date of approval
Signed by Trustee		Mrs Y Nankani	30/01/2023
Signed by External Accountant		Mr A Hardy	30/01/2023



## Independent examiner's report on the accounts

### Section A Independent Examiner's Report

Report to the trustees/  
members of

Thai Boxing Community Centre

On accounts for the year  
ended

31<sup>st</sup> March 2022

Charity no  
(if any)

1141235

Set out on pages

1 and 2

Respective  
responsibilities of  
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 43 of the 1993 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act, and
- to state whether particular matters have come to my attention.

Basis of independent  
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent  
examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 41 of the 1993 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act have not been met ; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

30/01/2023

Name:

Andrew Hardy

Relevant professional  
qualification(s) or body  
(if any):

Chartered Accountant (S.A.)(FCCA)

Address:

21 Woodhayes Rd Frome Somerset BA11 2DG

## **PROJECTS/ACTIVITIES OF THAI BOXING COMMUNITY CENTRE**

This year has commenced in a healthy manner with us engaging in several projects operating from the previous year. It is very encouraging and proves there is very much a need for the centre and the work we do. The overall consequence of the pandemic has birthed the drive to fight to survive. Survive ill health, survive mental struggles, survive weight issues, general wellbeing, loneliness, financial crisis and so much more. We hear so many people expressing their lives have changed negatively in so many ways and they do not know where to start. We want to be part of the change for the better no matter how small so we aim to change lives through Muay Thai. We open our doors for all to come and find a source of help.

Throughout the year the steady streams of funds from various funding bodies have helped tremendously to keep activities running in a relatively seamless fashion and stretching us to be always looking at ways of evolving to keep the interest of the current users and captivate interest of potential new users. We see more projects created to reach all types/ groups of people in society with the ultimate aim of building a healthy, happy community.

We would like to acknowledge all Funders and express our gratitude for seeing the vision and helping to make it happen.

- Award For All
- Sport England
- Jack Petchey Foundation
- Crowd Funding
- Community Fund
- Local Giving/Magic Little Grant
- Poundland Fund
- StreetGames
- Arnold Clark Community Fund
- All Donators

Also, we want to recognise and thank all partnerships with other associates who support the work we do.

- A Place At My Table
- Advice Support Knowledge Information (ASKI) Charity
- Rising Stars
- Active Supportive Living
- Asian Resource Ltd



## **SPORTS ENGLAND - COVID 19 RETURN TO PLAY- PROJECT FIGHT TO SURVIVE**

Funding was received from Sports England, a total of £3840, to deliver Covid-19 Return to Play – Fight To Survive project. This funding was received during the end of the last annual reporting period continuing into this period.

This project target was 50 participants to run for a duration of six months. Each session was delivered for an hour free of charge. Classes held are as follows to cater for various groups.

Mothers and Daughters twice a week

Fathers and Sons once a week

Young men only 13 – 17 years once a week

The grant awarded helped to contribute towards additional cost to cover fees for sessional workers delivering the extra sessions so to enable us to operate safely within the Covid restriction guidelines. The project had a timeline of 6 months.



The project was a great success and enabled us to reach out to our community more effectively. We thank Sports England for their continual support.

## **AWARDS FOR ALL – CHANGING LIVES THROUGH MUAYTHAI**

This funding of £10,000 received from Awards For All, once again from the last annual reporting period, to continue to enable us to deliver our services working with disadvantaged young people in the Croydon & Surround Areas 6 times a week.

The funding was allotted and spent accordingly as follows:

£4000 towards concessional workers running sessions.

£200 towards equipment

£200 towards publicity

£5600 towards rent

Overall, the project was a huge success with the community centre exceeding over 50 participants for project. We were able to provide free Thai boxing sessions. The numbers attending continue to grow to date with many of the young attendee's bringing in their friends and relatives, introducing them to our community centre "their second home" and the project. The numbers grew on a weekly basis with many young lives changing positively. Thank you Award For All for making this continual work possible.



## **THE STAY ACTIVE AND STAY POSITIVE PROJECT**

### **CROWDFUNDING**

New and innovative ways to engage our community is the focus of the charity, to provide service of value and intentional. Devising various classes like mothers and daughters only is one example.



Crowd Funding £544.47 was raised and given to support our free sessions for Mothers and Daughters Only to stay active and positive whilst working with government guidelines on restrictions due to Covid 19. Funding was used as contribution towards the rent.

## **LOCAL GIVING/ MAGIC LITTLE GRANT – STAY ACTIVE STAY SAFE**

The aim of this project - Stay Active Stay Positive – is to drive home the importance of being active and staying positive to improve and maintain good mental health as we continue to deal with the aftereffects of covid and the lockdown during the past year.

Funding was given to enable TBCC to continue to offer free Thai boxing sessions to young people in the community. Funding was used to support operational costs. Contribution made to rent.





## **ASKI- YOUTH CLUB for Boys and Girls**

### **ADVICE SUPPORT KNOWLEDGE INFORMATION (A.S.K.I.)**

Our services were sought after via other agencies to engage with young people using Thai boxing. This gave us the opportunity to deliver free Thai Boxing Sessions for youth in the Croydon and surrounding areas. Sessions were initially run in the park for 15 weeks and then the second part was delivered indoors as restrictions were lifted. The requirement was to reach and work with at least 12 juniors once a week over a 30 week period. Maintaining the numbers consistently was at times challenging in view of the times. Total payment received £750 which helped with the operational cost and payment for sessional workers.



### **JACK PETCHEY LEADERSHIP AWARD**

Our volunteer instructor received a Leadership Award from Jack Petchey for his outstanding contribution and leadership within the centre and community. A restricted grant of £1000 was given as donation to spend on equipment.



Our volunteer, Siggy Shehi, decided to spend the grant on new training mats for TBCC gym.

### **JACK PETCHEY ACHIEVEMENT AWARD**

Our usual young person recognition and celebration of achievement continues to be done three times throughout the year with thanks to this amazing award Jack Petchey Achievement Award. Various equipment was purchased as chosen by the winning candidates. A total of £850 was received.

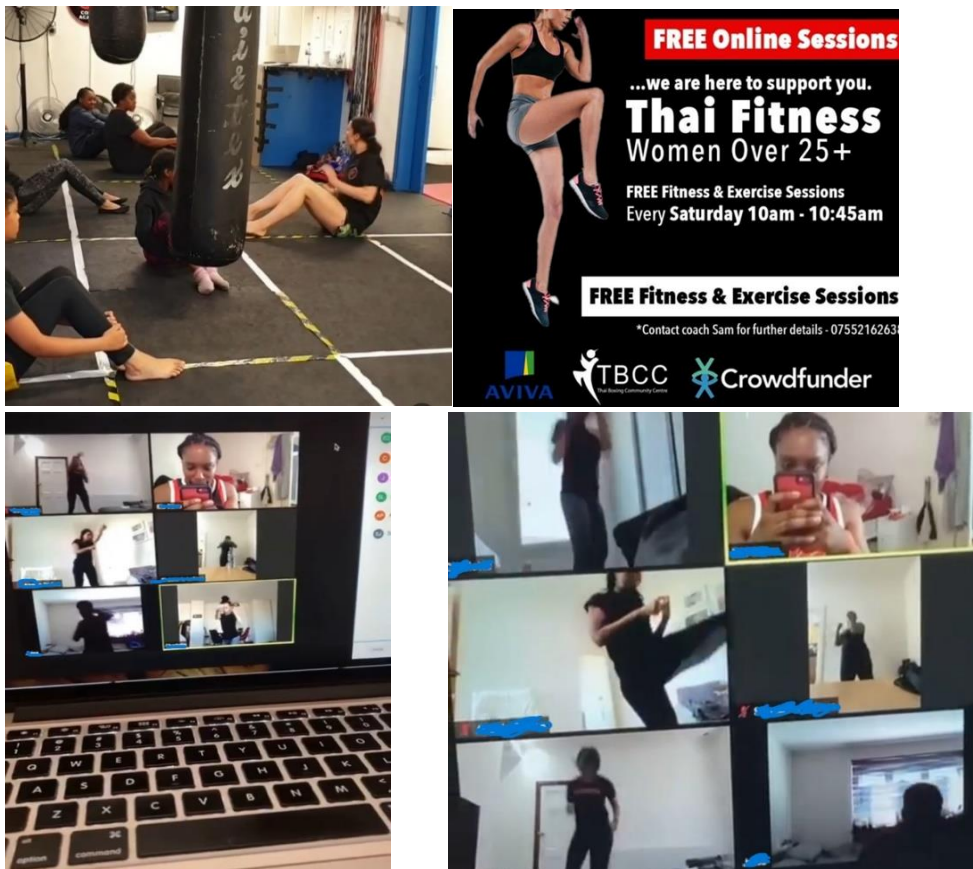
Jack Petchey also kindly blessed us with £500 to use unrestrictedly on anything of our choice to benefit the community centre. We are truly grateful for this kind gesture. Thank you, Jack Petchey Foundation.

## COMMUNITY FUND {AVIVA} – PROJECT STAY ACTIVE STAY POSITIVE

Total funds received from this funding community run fundraiser was £425.14 which enabled us to pay sessional workers to deliver sessions.

This project was to support women during Covid 19 women with free Thai boxing sessions.

Sessions were run online for Women Only 25yrs+ as well as Mothers & Daughters Only sessions indoors.



Project was a remarkable success with many of the women making new friends for life as well as bringing families together thereby reducing social isolation as well as increasing confidence in women who attended sessions. We were proud of all our attendants who stayed on till the project completed.

## **MOTHERS ONLY MUAY THAI – LOCAL COMMUNITY FUND**

The Local Community Fund, a total of £1560 was received in order to deliver this project targeting Mothers only. The idea evolved as mothers often brought their children to classes regularly and waited for them. Most expressed they would like to train themselves but often found it difficult to schedule time, some not in the position to afford sessions and some feel lonely. Some sessions would run at the same time they bring their child(ren) to classes. This project enabled us to offer free muaythai sessions to mothers with the focus on bringing people together in a safe and secure place whilst also making people aware of what services are available to reduce loneliness and to build lasting relationships.

Project helped support a number of mothers in the Croydon and surrounding areas.



Funding went towards administration and sessional workers cost.



## A PLACE AT MY TABLE

Unrestricted Fund Received from A Place At My Table to assist TBCC to continue supporting young people with free Thai Boxing, Fitness & Exercise Sessions.

Funding contributed towards Rent.



### CROWDFUNDING (40+ Men Muay Thai)

A small but valuable pot received from Crowdfunding was raised to enable our community centre to run 6 Sessions for Men over 40yrs. A group not to be neglected.



We felt that older men also needed support with the aftereffects of Covid as we had previously been focusing on women and mothers only.

## **STEP INTO SUMMER ACTIVITIES AND DEC HAF ACTIVITY -**

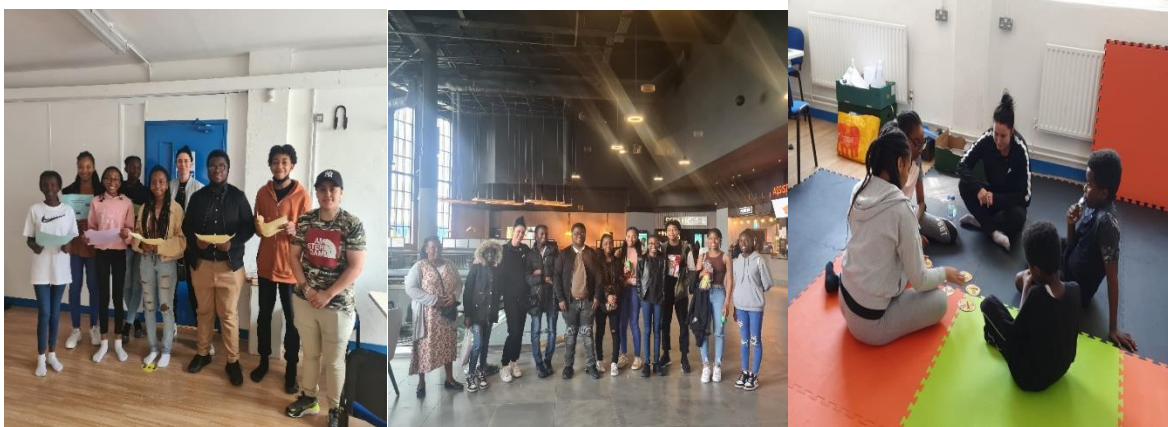
### **A PLACE AT MY TABLE**



In partnership with A Place At My Table, TBCC delivered various activities during the school summer holiday break for youth. Activities included outings for youth, free meals and activities at our community centre such as multi - sports, exercise & Thai boxing sessions, board games, table tennis and darts.

Outings to Bowling, Cinema with meal was the highlights of the programme as well as the mentoring incorporated. This allowed the young people to sit, talk, reflect, and discuss any particularly subject/area of interest/concern. A male mentor was assigned to the young men and a female mentor for the young ladies. Overall, an enriching experience

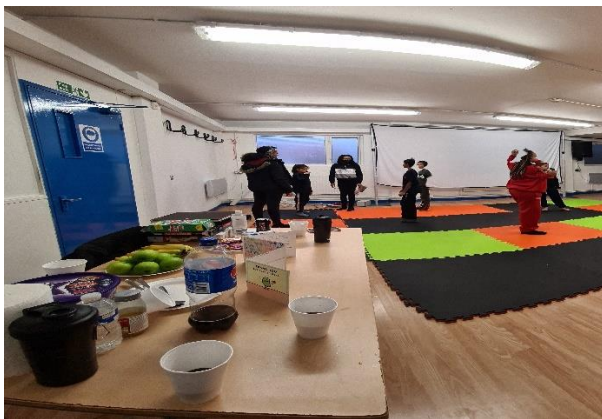
All enjoyed themselves immensely and were well behaved, credit to them all. Well done young people! Funding contribution towards: Rent, Mentors, Thai boxing Tutors, 3 Sessional Staff, Volunteers, Administration and meal and outings.



Summer Activities



During the christmas break we had another opportunity to collaborate with A Place At My Table and deliver a package of activities. This took place in the first week of the break over four days before Christmas. The package included lots of fun games, Thaiboxing sessions, fitness and outing to the cinema.



Dec Haf activities.



## **POUNDLAND FUND**

We were supported by Poundland foundation who helped with the supply of a kit to our young members who were participating in our Project “Changing Lives Through Muaythai”  
A total of £750 was received. Funding was spent on T-shirts & Thaiboxing Shorts.



Our young members felt a sense of achievement which was lovely to see. They all still wear uniform with immense pride.

## **LONDON SPORT SATELLITE CLUB – STREETGAMES**

Project: YOUTHCLUB THAIBOXING

This project was a collaboration with Croydon Voluntary Action (CVA) taking us outside of TBCC into the community to the Community Hub in Croydon Centrale. The project involved 30 Thai boxing Sessions, working with young teenagers twice a week at the Community Hub. These sessions once again were free for those attending from Croydon & Surrounding areas.

Project was a huge success with London Sport very impressed with how sessions were delivered along with its reporting. Many of the young people went on to attend sessions at our community centre.

Total funding received was £1260 which was used for venue hire and sessional workers costs.

Thank you to StreetGames/London Sport Satellite for financing this project.



## **ARNOLD CLARK COMMUNITY FUND**

The sum of £1000 was received and used to with the assisting with support towards sessional workers fees and the Rent. A total of £400 was used for the rent and the remainder for the sessional workers. Every bit helps with keeping the work going. Thank you, Arnold Clark.

Funding was given to support our women's only fitness sessions at both our Croydon & New Catford Branch. The women really enjoyed sessions and are looking forward to a future project which will enable them to attend free sessions. Many of the women are from low-income backgrounds and cannot to attend paid sessions in commercial gyms.



### **MAGIC LITTLE GRANT (£500)**

#### **Women Only Muay Thai**

Thai Boxing Sessions for Women Only were held once a week for 12 weeks. Project enabled us to continue offering sessions to many of the women who had attended former projects as well as engage with new participants.



### **DONATIONS**

This year, we received a £5000 donation anonymously, from a member of the public who champions the work we do. This can be used unrestrictedly to keep the service running. We would like to express our deepest gratitude to this individual and THANK YOU sincerely from our hearts from the entire team and young people at Thai Boxing Community Centre for such an amazing act of kindness. This is such a motivational booster.

## **CHAIRMAN'S STATEMENT**

Amidst delivering of all these projects throughout the year, which are done in-house a majority of the time, we have managed to collaborate with other agencies requiring our services. We have established a strong working relationship with Rising Stars and currently we provide services on a regular basis. Other organisations partnered with are A Place At My Table, the Asian Resource Ltd, Active Support Living and Advice Support Knowledge Information (ASKI) Charity to mention a few. Working together can bring about positive changes for the local community more effectively. Looking forward to forging more partnerships as we build a healthier, stronger communities together.

We believe our theme for the year which was reflected in the projects delivered – Stay Active Stay Positive, Fight To Survive, Changing Lives Through Muay Thai has in many ways empowered and revitalised those who had the opportunity to engage in them.

Two significant events occurred during this period which could have been quite unsettling but has been a positive result for the charity.

1. The location of a branch in the Catford area of London serving the local community. This is steadily picking up momentum.
2. Moving to new premises in Croydon, now in central Croydon a prime location. The premises is bigger than previous one therefore accommodating for more numbers and ability to run more sessions comfortably.

We want to take the opportunity to thank every individual who have been instrumental on this amazing journey throughout the year. This includes the funders, all those who gave donations, the participants, our dedicated and committed team who worked tirelessly to make this happen and all collaborates.

THANK YOU

