



Registered Charity Number 1141235

ANNUAL REPORT AND ACCOUNT
YEAR ENDED 31ST MARCH 2021

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Legal and Administrative Information

CONTACT DETAILS

Full name of the charity: **THAI BOXING COMMUNITY CENTRE(TBCC)**

Address: **UNIT 4, 44a GLOUCESTER ROAD,
CROYDON
SURREY CR0 2DA**

Telephone: **07552162638**

ADMINISTRATIVE INFORMATION

TRUSTEES serving during the year period

Chair **Mr Siddiqui Shahzad**

Secretary **Mr Mark Jones**

Treasurer **Mrs Yvonne Nankani**

BANKERS:___

LloydsTSB
125 Balham High Rd
London, SW12 9AT

ACCOUNTANT

Andrew Hardy
80 West Hill, Crystal Palace,
London, SE19 1BS

TRUSTEES' REPORT - YEAR ENDED 31ST MARCH 2021

The Trustees present their Report and Financial Statements for the year ended 31st March 2021

Status and administration

Thai Boxing Community Centre is a registered charity, number 1141235

Structure, Governance and Management Governing Document

[The governing document is the Constitution adopted on 1st June 2020](#)

Appointment of New Trustees

New appointed Trustees are elected by the charity members at the annual general meeting. The Management team has the additional option of co-opting three additional members. Training and support, familiarity of the Charity, context of its operation, operational framework, question, and answer pack for new trustees

Risk Management

The Management Team at Thai Boxing Community Centre constantly monitor and review the major practical and financial risks.

A 5-year business plan is in place to ensure that our objectives are achievable.

Mission Statement:

We are now living in a time where we are seeing the level of criminal activities and general public disorder in our streets and neighbourhood, perpetrated by young people, escalate to epidemic levels. Some of the key contributing factors are drug/alcohol related, unemployment, inadequate affordable community facilities for young people, truancy leading to poor education, mental illness, low socio-economic background, the breakdown of family dynamics, behavioural problems to mention a few. The list is exhaustive. There is also the other perspective of health issues as mentioned previously mental illness but also obesity is on the increase in children/young people due to the more sedentary lifestyle influenced by technology.

We believe everything we are encountering in society at large is primarily due to choices, poor choices which is depicted by our environment and lack of opportunities, whether perceived or actual. These factors fashion one's mindset which translates out in behavioural responses.

Thai Boxing Community Centre strongly believe that this self-destructive mindset/behaviour can be changed. We believe that every young person can, when given the opportunity, in a place of acceptance, with guidance, support and encouragement can aspire and achieve remarkable things. We believe every person counts.

OBJECTIVES OF TBCC:

To advance in life and help young people through:

- The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life
- Providing support and activities which develop their skills, capacities, and capabilities to enable them to participate in society as mature and responsible individuals

STRATEGIES IMPLEMENTED TO ACHIEVE ITS OBJECTIVES:

This Strategic Plan is intended to: -

Set long-term objectives and short-term goals for the organisation.

Provide the Management Team with a longer-term framework within which to plan, at the corporate level, those programmes that contribute to the TBCC's aims and objectives.

Provide the TBCC committees and subgroups with strategic guidance and longer-term plans within which to organise their activities.

Give the Executive Committee a benchmark against which to monitor progress and performance of programmes.

Day to day management and implementation of the strategic plan is the task of the Management Team.

The core planned activities of the organisation continues whilst the continual building of partnership with new and existing groups are developed.

Financial review**Reserves policy**

The Trustees intend to accrue financial sustainability with a view to building up reserves equivalent to at least six months operating expenditure.

Financial position

The total income and expenses for the year as detailed in the accounts.

Statement of Trustees' Responsibilities

Charity law requires Trustees to prepare Financial Statements for each financial year which give a true and fair view of the situation of the Trust and of the Statement of Financial

Activities for that period. In preparing those Financial Statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- make judgments and estimates that are reasonable and prudent
- state whether policies are in accordance with the applicable accounting standards
- prepare the Financial Statements of a going concern basis unless it is inappropriate to

Presume that the Charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with

reasonable accuracy at any time the financial position of the Trust and to enable them to

ensure that the Financial Statements comply with the Charities Act 1993.

They are also

responsible for safeguarding the assets of the Trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/ members of	Thai Boxing Community Centre		
On accounts for the year ended	31 st March 2021	Charity no (if any)	1141235
Set out on pages	1 and 2		

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 43 of the 1993 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 43(7)(b) of the 1993 Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

- In connection with my examination, no matter has come to my attention
1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 41 of the 1993 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act have not been met ; or
 2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Andrew Hardy

Date:

15/10/2021

Name:

Andrew Hardy

Relevant professional qualification(s) or body (if any):

Chartered Accountant (S.A.)(FCCA)

Address:

21 Woodhayes Rd Frome Somerset BA11 2DG



Charity Name: **Thal Boxing Community Centre** Year of report: **2020/2021**

Receipts and payments accounts

CC16a

For the period from **01/04/2020** To **31/03/2021**

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Fees and Other Income	2,915			2,915	183
Local Giving		1,042		1,042	0
Donations	2,467			2,467	0
Jack Petchey Foundation		750		750	
Crowdfunder		976		976	
Croydon Voluntary Action		700		700	
Neighbourly Community Fund		400		400	
Lloydsbank Corona Virus Loan	20,000			20,000	750
				-	
Sport England		10,840		10,840	
				-	
Award for All		10,000		10,000	
				-	
				-	
				-	
Sub total (Gross income for AR)	25,382	24,708	-	50,090	933
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	25,382	24,708	-	50,090	933
A3 Payments					
Purchases of Equipment, protective gear etc	298	750		1,048	750
Trainers fees / Workers		2,735		2,735	
Volunteer Expenses	280			280	
Bank charges				-	
Rent and venue hire		7,200		7,200	
Staff Costs				-	
Marketing / outreach	200			200	
general expenses	940			940	180
Sub total	1,718	10,685	-	12,403	930
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,718	10,685	-	12,403	930
Net of receipts/(payments)	23,664	14,023	-	37,687	390
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	535	925
Cash funds this year end	23,664	14,023	-	38,222	535

Section B Statement of assets and liabilities at the end of the period

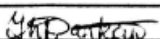
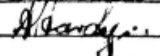
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Prior Year to nearest £
B1 Cash funds	Held at Lloyds Bank	20,718	17,509	538
		-	-	0
		-	-	0
	Total cash funds	20,718	17,509	538

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Prior Year to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Prior Year
B3 Investment assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Prior Year
B4 Assets retained for the charity's own use	Stock of equipment	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Total Other Assets	-	-	-
	Total Assets	20,718	17,509	538

	Details	Fund to which liability relates	Amount due (optional)	Prior Year
B5 Liabilities	accountancy	150	-	150
	Reserves	18074	17,509	398
		-	-	-
	Total Liabilities	18224	17509	538

	Signature	Print Name	Date of approval
Signed by Trustee		Mrs Y Nankani	15/10/2021
Signed by External Accountant		Mr A Hardy	15/10/2021

ACTIVITIES OF THAI BOXING COMMUNITY CENTRE

This year the world has been impacted by a Global Pandemic which has seen a colossal loss to human life and to the economy worldwide.

The Covid pandemic has changed our lives immensely. This year has been an exceedingly difficult year for all, many have lost loved ones, others faced a long recovery after having covid related illness and survived. Some due to loss of income struggle to meet basic needs to live e.g., buying food, pay bills etc. We have seen mental health problems rocketed to phenomenally high numbers.

This pandemic sent us in a new and very isolated way of living and a great deal of uncertainty for the future. This we saw had quite devastating negative effects on some but for others it was an opportunity to propel them into new creative and innovative ways of now working and providing a service. We saw the negative impact of lockdown, social distance, and isolation. A vital aspect of human survival, for our well-being, physical and mental health is to socially engage with others. Now we are forced into this abnormal way of living in order to survive.

We as an organisation recognised that we had to look at new ways to reach out to the community and deliver our service. We initially delivered sessions online and in the local park when unable to gather indoors. When lockdown was gradually lifted and we were allowed to gather with restricted numbers, TBCC reopened gradually. The required Covid safety measures stipulated in the Government guidelines were implemented to maintain the safety of both the public and staff.



During this bleak time, we were fortunate to secure funding via various Funders and the Local Council to assist us to continue to operate. Members of the community also generously donated to the centre.

Before talking about the activities that we manage to deliver throughout the pandemic, we would like to acknowledge all who contributed to the continual operation of our service, to whom we are extremely grateful and want to thank for the support made to TBCC keeping it alive.

We say thank you to:

- Sport England
- Big Lottery/Award For All
- Jack Petchey Foundation
- Advice Support Knowledge Information (A.S.K.I.) Charity
- Place At My Table Charity
- Local Giving
- Crowd Funder
- Croydon Voluntary Action
- Neighbourly Community Fund
- Donations

ONLINE THAI BOXING AND FITNESS SESSIONS

One of the first activities we provided was to reach out to our service users, their families, and the local community, offering free online fitness and thai boxing sessions to help keep everyone active. The response initially was slow because this was quite alien to many, but we did have a steady number of people who engaged regularly. Some people found it hard to motivate themselves to attend session because they preferred to have face to face interaction.

Also, during this time, a self-defence class was created for girls and their mothers in response to an incident in which a young girl was attacked on her way to school in the community. This was to help equip young girls and ladies to have some degree of knowledge in how to protect themselves when travelling. The course was also online. This went well.

SPORT ENGLAND FUNDING

We were fortunate to receive two separate fundings from Sport England throughout the year to be use as follows:

- £7000 to help cover the rent expenditure during this period when income was affected by the lockdown.
- £3840 to commence Return To Play Initiative – Fight To Survive project

The Return To Play Initiative by Sport England was to aid sport centres/facilities in providing opportunities for communities to re-engage in physical fitness activities again. The project we delivered is called Fight To Survive. The aim is to deliver one hour exercise sessions once or twice a week over a 6month period. To deliver safely and adhere to the government rules of restricted numbers indoor, we catered for three groups. These groups are mothers and daughters which took place twice a week, fathers and sons took place once a week and young men ages 13 to 17 years took place once a week.

This project successfully achieved its target. We had good response with the mothers and daughters' group and the young men especially.

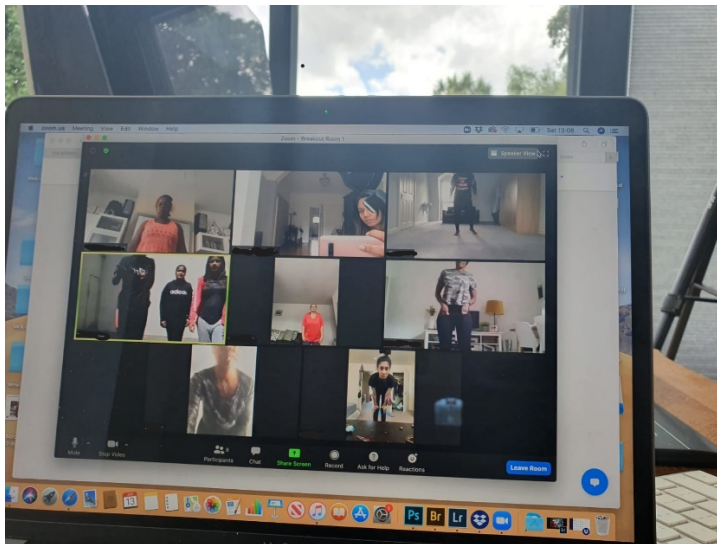


NEIGHBOURLY COMMUNITY FUND

Funding was received from the Neighbourly Community Fund to give support with running cost. This was used to contribute towards operational cost.

CROWDFUNDER -AVIVA

A total of £976 was received from Crowdfunder and was used to fund a project Stay Active Stay Positive. This project was a mixture of thai boxing sessions and fitness exercise delivered to mothers and daughters. This was accessed online initially when in lockdown phase but once lifted it was delivered face to face indoors. The project ran for 17weeks in total. A portion of the funding was allocated to general operational cost, £544.47 was used to contribute to the rent.



LOCAL GIVING- CORONA VIRUS FUND

We received two payments from Local Giving to deliver online sessions. These catered for range of different sessions targeting diverse groups.

The first payment of £500 covered instructor costs for:

Six sessions of Thai Fitness for 18 years and over

Eight sessions of fitness for ladies only over 25 years

Six sessions of general fitness for all.

All sessions were one hour per week.

The second payment was £543.24. This payment enabled us to continue running the online sessions already started but also add a few more classes. We were able to start

Ladies only 18 to 25 years,

Mothers and Daughter online,

Fathers and Sons

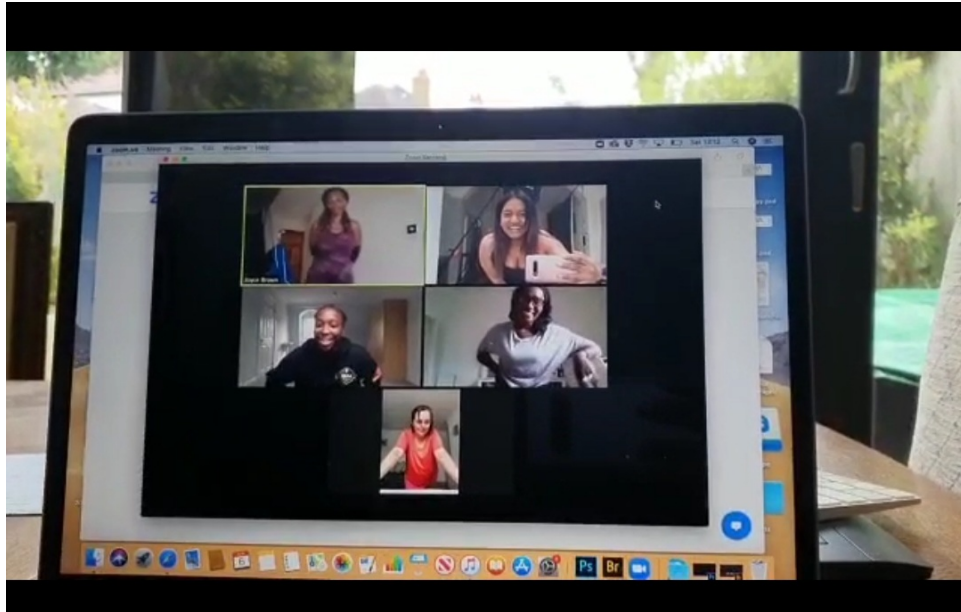
Children sessions in categories 6 to 12 years, 13 to 17 years, and 18 to 25 years

JACK PETCHEY FOUNDATION AWARD

This is our consistent yearly funder who release funds to us three times per year a total of £750. This is used to run the scheme of celebrating and cheering our young people on their continual achievement. The winners can choose how to spend their award of £250 on anything of their choice. This year they chose to spend on equipment.

CROYDON VOLUNTARY ACTION

Collaboration with CVA our local council voluntary support organisation, helped us to deliver more activities to the community. We had the privilege of working in conjunction with them on the This Girl Can Campaign run by Sport England to get more woman engaging in sport or some sort of activity especially during the pandemic. We delivered hourly sessions once a week for 10 weeks. We provided online Thai boxing sessions targeting 10 to 15 women. A total of £700 was received from CVA to fund this project.



ADVICE SUPPORT KNOWLEDGE INFORMATION (A.S.K.I.) & PLACE AT MY TABLE

These are two charities, in the local area, who have both supported the continual work of TBCC. They have both made contributions. The total amount received from A.S.K.I. is £1975 and from Place At My Table is £900 making a grand total of £2875.

The monies were used to help with the operational cost and payment for instructor running youth sessions.

AWARD FOR ALL

A sum of £10,000 was received from Award For All on 26th March 2021 to fund the running of the project Changing Lives Through Muay-Thai. This project is due to commence 1st April 2021. The project will target working with disadvantaged young people from the BAME community. The sessions will be free Thai Boxing sessions Monday to Saturday for one hour.

BOUNCE BACK LOAN

In view of the challenges and uncertainty of the future and the government incentives offered to charities and businesses to give loans to maintain operational support. A total of £20,000 has been secured.

CHAIR'S GENERAL STATEMENT

We recognised that the Covid Pandemic impacted the whole community at large and therefore saw the necessity to provide support for all ages and not just for young people.

We are proud to say we were able to work together with other community agents to give our community members both young and old the opportunity, throughout the pandemic, to stay physically and mentally healthy, as much as possible, by engaging in the projects we were able to provide.

These activities we were able to deliver throughout the year seamlessly, because of the overlapping of the various funding received and the amazing donations. This aided the participants to engage for extended

periods beneficial for better health outcomes and positive mental state. This was successfully accomplished overall.

I would like to thank all the funding agencies who supported TBCC to enable it to provide a valuable service to the community

The work at TBCC could not happen without the amazing team who faithfully and tirelessly committed their time and efforts and adapted as needed to ensure an excellent service was delivered and everyone was kept safe. A team that TBCC is proud of. A big thank you to you all. We have made it through this very unusual challenging time, let us look forward to facing another year growing from strength to strength.