

Company registration number: 07433894

Charity registration number: 11411416

# Doncaster Mind

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Crozier Jones LLP  
Chartered Certified Accountants and Registered Auditors  
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## **Doncaster Mind**

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## **Doncaster Mind**

### **Trustees' Report**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2024.

#### **Objectives and activities**

##### ***Objects and aims***

The objectives of the Association as stated in our constitution are as follows:-

- to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorders and conditions of emotional or mental distress requiring advice or treatment, in association with National Mind, in accordance with the aims and objectives of National Mind.

The charity has adopted four key aims in order to deliver the objects:-

- to promote better mental health
- to provide quality services
- to campaign on mental health issues
- to challenge inequality

##### ***Public benefit***

In setting and confirming these objectives, the trustees consider that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance issued by the Charity Commission and that the rest of this report demonstrates that the Association delivers public benefit.

##### ***Objectives, strategies and activities***

Significant activities undertaken and related achievements are included in the Achievements and Performance section of the report below.

##### ***Use of volunteers***

The charity is grateful to all its volunteers and in particular its trustees for their time, commitment and expertise in supporting the charity.

## **Doncaster Mind**

### **Trustees' Report**

#### **Achievements and performance**

##### **1. Achievements and performance**

At Doncaster Mind, this year we have been focussing on two consecutive timelines. On the one hand, we've had to focus on the 'now'. There is no getting away from the crises we've faced with every single day, whichever way we look, the situation for people's mental health across the UK is moving in the wrong direction. The cost-of-living crisis has aggravated this further still. People are struggling in record numbers, and at Doncaster Mind we've never delivered more support, with a 52% increase in demand of our services and added pressure of work as we attempt to keep up. But over the last 12 months we've also managed to put down serious markers for the future as we have tried to:

- Support more people
- Ensure our services being more relatable and accessible
- Support more Children and Young People
- Start working on services which support a reduction in waiting times to be seen

Over this time we have also explored where the gaps exist in provision both across Doncaster and South Yorkshire, we have started to look at how we can support this development and have carried out consultation both internally and externally to our organisation. This work will continue to ensure that we are up to date with what our communities needs are. Across the year we have also had other successes and achievements and these include:

##### **MQM Awards**

Doncaster Mind was highly commended in the Excellence Awards for Leadership. This award shows the hard work and dedication of the Leadership Team over the past 2 years. The team of managers and coordinators have supported the organisation through substantial growth and development which saw us double the number of staff, double the number of services and a 52% increase in people reaching out to Doncaster Mind for support. A big thank you to all the team at Doncaster Mind!

##### **Partnership working with Sheffield Mind and Rotherham & Barnsley Mind**

We have been carrying out a large piece of work across South Yorkshire looking at how we can improve our services, reach and accessibility for the people of South Yorkshire. As three organisations we share the same vision and it is our passion that is driving the partnership forward. With the success of this relationship over the past year our work will continue next year to look at delivering services and fundraising opportunities together with a view to making this a more formal partnership.

##### **2. Progress on Aims and Objectives for 23-24**

- Achieve Mind Quality Management Framework

In April 2023 Doncaster Mind started the process of being assessed for the National Mind Quality Framework called "Mind Quality Management (MQM)". This was a lengthy and intense process which saw us submit our self assessment along with corresponding documents evidencing our systems, processes, policies and documents which supports us to deliver our organisation and services to a high-quality standard. We then had a thorough in person review where the reviewing panel met with our CEO, chair, Senior Leadership Team and other key members of staff, trustees, clients and stakeholders.

## **Doncaster Mind**

### **Trustees' Report**

In October 2023 we were awarded with our award and also received three key areas of excellence which included, Leadership, Workforce and Culture and Promoting Positive Attitudes to Mental Health. This is an amazing achievement for #TeamDoncasterMind and we cannot thank all those involved in delivering our services and support to ensuring that Doncaster Mind delivers high quality services. This quality mark is part of a three-year cycle which will see us ready for another review in April 27.

- Continue to increase Doncaster Mind profile within Doncaster and South Yorkshire

This work has been ongoing throughout the year and is something that all #TeamDoncasterMind has been participating in. With this being a clear objective of this year's strategic priorities we have recruited a Marketing and Communications Lead to support us with this work. It is our intention to strengthen our 'awareness days', deliver more events and workshops and increase our following across our website and all our social media channels. This work will be supported by developing a communications strategy which will support the organisation in delivering on this priority which will be shared with the staff and volunteer teams in 2024-2025.

- Ensure that our Equality, Diversity and Inclusion reaches all aspects of our organisation and is fully embedded across our clients, staff, volunteers and trustees

With a complete overhaul of our EDI policy in 2023, work began to raise awareness amongst staff via internal training delivered by our MH & Wellbeing Trainer. Following on from this, we took awareness day opportunities such as Neurodiversity Week and Pride Week to name just two, to raise awareness and ensure that our community is aware that we are here to support everyone.

Ongoing work in relation to our accessibility by the neurodivergent community is ongoing, and a proposal from our focus group is due next year.

There is work being done to establish a baseline of how well we are supporting our clients with protected characteristics within our current services, which will be shared in an EDI report in January 25 and we continue to uphold our beliefs and obligations as set out in our EDI policies by meeting any discrimination head on, be that within our staff team or the wider community. This work also includes the implementation of impact assessments for both existing and new services, which will not only provide the organisation with vital information about adjustments that may need to be made, but will also raise awareness even further of the barriers and limitations that as an organisation we must seek to resolve.

- Ensure that we have services which target our underrepresented communities

Our work on the Settle project continues to provide valuable insights into and learning about minority communities, which then raises our awareness of other under-represented communities. These insights will allow us to move forward with proposals to further expand our routes to these communities and the services that we can offer, whilst at the same time acknowledging that resources will always impose a limitation on how far we can reach.

## **Doncaster Mind**

### **Trustees' Report**

#### **3. Our Activities**

##### **a) Wellbeing service**

The Wellbeing Service offers a range of support through peer support groups, courses, one to one mentoring and counselling sessions, and bereaved by suicide support. During the year, we have continued to support people experiencing mental ill health by continually improving, adapting and providing our services to meet the needs of clients.

The adult mentoring service continues to be a successful programme with lots of positive feedback from clients. For the mentors, this type of voluntary work provides valuable work based experience whilst studying, for example, counselling or the social sciences, also for people who are looking to change their career or go back into work.

At the end of August 23, we said a sad goodbye to our Wellbeing 1-1 Coordinator Pauline, when she retired after 30 years working for Doncaster Mind.

The Gardening Group were very lucky to secure some materials donated from our local Wickes store as part of their commitment to the local community and a poly-tunnel to enable participants to learn new skills, develop understanding of teamwork and extending the growing season. In addition B&Q kindly donated some membrane and Doncaster Council have been generous to look into support to make our group more accessible to those with limited mobility.

Campfire Group, delivered in partnership with Barrel Organ, worked with clients to create an anthology of work called "Once upon a Mind" and a celebration of this work is planned for April 2024. All participants gained confidence, improved their mental wellbeing, felt excited to come to the sessions and built a support network in the people they attended sessions with.

New developments this year include Pop-Up Shops, which take place in different localities around Doncaster to get the word out into the community and direct people into groups and services to help them access the help, guidance, and support they may need.

The Wellbeing service currently offers two evenings a week when we open later, giving more flexibility for mentoring, counselling and group sessions for people who are unable to access services during the day. In addition, we responded to demand and delivered weekend volunteer training courses to accommodate more people.

Next year we look to increase the late night offer so be able to offer more one to one sessions and courses, to respond to the needs of the clients. Sessions will continue to be available face to face, remotely and blended, and delivered within local communities.

Feedback has shown that people accessing the service have benefitted in a variety of ways. Individuals have reported their confidence and self-esteem has increased; they have learned new coping strategies and skills that they have put into practice; their social isolation has been reduced; they have felt listened to, respected and valued; and several individuals have gone on to gain volunteer roles with us or other organisations, and employment. All feedback forms received rated the quality of the service they received as good or above.

"It is a credit to you that all of us felt comfortable enough to open up, share our stories and have a laugh together. It was a good session and I am sure everyone walked out of there with a smile on their face." – group participant

## **Doncaster Mind**

### **Trustees' Report**

#### **b) HIU service**

Up until the end of April 2024, we were still receiving clients directly from the High Intensity User Group meeting, which was chaired by DBTH Emergency Department staff. This referral pathway looks at the top 30 attenders to A&E. This has been the only way we currently receive information about the frequent attenders and receive referrals. We have continued to attend throughout the reporting period and discuss Doncaster Mind's support in a multi-disciplinary setting.

Referrals throughout the year have been low from A&E and in the last reporting period, April - June, we had 3 new referrals. This means in total we are currently engaging with 13 active clients in the HIU programme at Doncaster Mind. This is below our expected numbers, and we are confident that with the introduction of the full HIU list we will be able to support and engage with a greater audience of clients, with both their mental and physical health needs. We have encountered some issues with this though as we do not receive up to date information from these meetings regarding historic clients that have been referred. Once we have agreed to reach out to a client that we have discussed at the HIUG meetings, it can take 2 - 3 weeks before we are given any contact details for this person, including telephone numbers or addresses. This means we do not have the most recent data for the 2 or 3 weeks before our engagement with them.

Towards the end of the year, we have seen progress in getting the full list, and a DPIA was signed and agreed with the DHTH IG team. A sample of this was sent, and we discussed who we would support or reach out to. This would include information such as -

- DOB
- Address
- Telephone number
- GP Practice Name/Branch
- GP Practice Code
- CCG code
- Dates and times of ED attendances in the last 12 months
- Arrival mode
- Warning flag information
- Presenting complaint
- No of non-elective admissions in the last 12 months

This information would enable us to look at health & equality for people in Doncaster, including areas of deprivation. It would also give us an opportunity to tailor what support was needed proactively, based on the presenting need/complaint. When writing this report, we are in the final stages of receiving the 250 list monthly.

Some of the key factors we have seen are -

- o Clients are accessing the service face to face or over the telephone dependent on needs
- o Clients attended/engaged with 93.25% of their contact sessions
- o We have an increase in clients with physical needs who are not managing their condition
- o Increase in clients with alcohol issues

We have seen some challenges with staffing over the year and we are currently out to recruitment for two part time roles after deciding to split the full time role after not being successful in fulfilling these. Once this has happened this will stand us in good stead when we receive the full list, and we will be able to reach out to more people who would benefit from the service. We hope to build on the amazing work that the team already does, and it is clear from the data that our approach and coaching method intervention helps to dramatically reduce A&E attendances using a non-clinical approach.

## **Doncaster Mind**

### **Trustees' Report**

#### **c) CYP - Young People's Service**

The Young People's Service has continued to support young people aged 16 - 25 year old through the Mentoring Service. A focus for 2023 - 2024 was to:

- Establish funding to support the development of this service across the organisation
- Start the planning of reducing the age range
- Develop stronger presence of delivering Young People's services across Doncaster
- Carry out co-production to look at what a Young People's service should look like

To achieve the focus and goals set out above the following work has been actioned:

- We have applied to BBC Children In Need for funding through their Core Funding Grant at the end of 2023 which will support us to develop the offer to Children and Young People across the organisation with the support of our Services Manager and Business Development Manager. This is a really competitive funding however if we are successful this funding will secure this work for the next three years.

- We have started as part of strategic priorities for next year to look at reducing the age range of support across our organisation from 16 years old to 11 years old. This is a large piece of work and will take place over next year 2024-2025 to see us work through all our systems and processes, safeguarding, training and upskilling staff to ensure that we are ready to support the younger age clients. To support this work we will be working through a detailed action plan with the support of a Task and Finish Group.

- Work has continued to develop our links with other Children's and Young People's services, this includes schools, colleges and academies to promote the service and look at referral pathways for young people. During this period, we have linked in with Doncaster College and University, Harrison College, Vega College, Doncaster Housing for Young People, EPIC for young people & SEN Development Team, South Yorkshire ICB. Our aim was to provide information around the young people service and guidance for young people experiencing mental ill health.

- We were fortunate to be selected to work with National Mind to deliver a series of workshops to our stakeholders to create a service design blue print which we will use to develop our CYP services across the organisation. This work involved engaging with children and young people both who use and do not use our services to see what they want, parents and guardians, professionals, staff and volunteers to identify gaps and address barriers and identify what a young people's service should look like. This work took place over a period of 4 months.

The Mentoring service continues to provide 1:1 support to children and young people to:

- Develop good communication skills
- Help build confidence
- Tap into creativity
- Managing feelings
- Look at planning / problem solving
- Help build healthier relationships
- Build resilience
- Give someone a person to talk to



## **Doncaster Mind**

### **Trustees' Report**

We encourage young people to explore new and old techniques to support them to deal with challenges and difficulties they might be experiencing. Using a person-centred tool and model which enables young people to gain a more holistic view of their life and support they may need. This work is delivered by our volunteer mentors who have been recruited and trained to deliver the key goals as outlined above. The number of volunteer mentors have remained fairly stable for the most part of the year however we have identified the need to regularly recruit on a rolling cycle with a view to keeping at least 10 volunteers active at all times.

To support the Service Manager to deliver this service, we recruited our first CYP Coordinator this year, their role is to recruit, train and support the volunteers whilst being the first point of contact for clients who want to access this service by carrying out the assessment and then matching with a suitable volunteer and then provide ongoing support to them both throughout the duration of the interventions. With this area of work being a main priority focus for next year we are looking forward to the development of this service and the goal to support more younger people across Doncaster.

#### **d) Mental Health Community Connectors**

Within the past 12 months, the Community Connectors project has grown from strength to strength in a number of different facets. We have started to become effective in regards to giving support to different demographics of people and communities. In the last year, stats show that within the Community Connectors project, we have worked with people ranging from age 18 (lowest age for service acceptance) to 94 years old - it's a good indicator for us to see how we're reaching out to different age groups and accommodating fluctuating needs between all different age groups.

Below are some different categories of stats from the Connectors project. The stats have been captured via the use of Lamplight - please note that the figures shown below are not exhaustive and the true, accurate figures will be much higher than those shown below:

Number of sessions delivered to different people

Client contacts - 359 sessions to 175 different people

Group visits - 97 sessions to 85 different people

Contact with Organisations - 91 sessions to 87 different people

Presentations - 6 sessions

Events - 33 sessions to 25 different people

Type of Mental Health Issues and the number of people affected

ADHD - 5

Anxiety - 50

Autism - 7

Borderline Personality Disorder - 4

Depression - 30

Eating Problems - 2

Emotionally Unstable Personality Disorder (EUPD) - 3

Low Self Esteem - 7

Obsessive Compulsive Disorder (OCD) - 3

Personality Disorder - 1

Post-Traumatic Stress Disorder (PTSD) - 7

Self-Harm - 3

Stress - 11

Unknown - 96

## **Doncaster Mind**

### **Trustees' Report**

As we can see on the table of stats that relate to types of mental health issues, we have worked with a high number of people who suffer from anxiety and depression. This is reflected in the work done by Connectors, as they have signposted and referred service users to different support avenues for anxiety and depression throughout all four localities.

#### **Gender Numbers**

Female - 43

Male - 24

Non-binary - 1

Prefer not to say - 4

No data - 92

In the data above, we can clearly see that within the Mental Health Community Connectors project, the majority of our service users are predominantly female. This has been echoed by the Connectors, as they have stated that they tend to support women more than men - on the back of this, we've made a real push on supporting more and more male clients, this has been done by attending groups which are heavily male-dominated, as well as communicating with male-only groups such as Andy's Man Club and Jackson Hope Foundation. This has led to the Connectors being invited to speak to group facilitators and attendee's, thus resulting in more men ascertaining what the Connectors do and receiving support from them.

The activities undertaken by our service users pertain to our organisational strategy in various different manners. The Connectors project being predominantly delivered to all different communities of Doncaster really allows the service to contribute to our Doncaster Mind strategy, by bringing locals together to have an understanding of what mental health is but also how to have conversations around mental health, how to get support for it and there to be unison in terms of getting rid of stigma around the topic and being comfortable to combat it. As we have seen throughout delivering this service, there are certain groups and areas which have a hesitance towards discussing mental health and accessing support around this - we have worked tirelessly towards bring communities together to tackle various mental health issues that are prominent within each specific area, and we feel we have been successful in doing this as more and more areas of Doncaster are starting to understand and realise more about mental health and what's available in their area.

#### **Client feedback:**

'I felt listened to. I appreciated how Emma actually heard what I was saying.'

'I was ever so grateful that Rachael approached me as I met her at just the right time. I also sent a text message saying she was very kind, professional and sincere!'

#### **e) Settle**

Building on our work with the Ukrainian group last year and with continuation funding from National Mind and Doncaster Council we have continued to deliver group support as well as a limited amount of one to one support in the form of signposting and advocacy to the Ukrainian group whilst implementing support for the Afghan refugee community. We used the same model, recruiting an outreach worker and then undertaking consultation with the Afghan refugee community to understand what support would be most helpful. As before, we have been asked to provide some language practice. This kind of group support provides many different forms of support including peer support, building connections, integration and safety.

## **Doncaster Mind**

### **Trustees' Report**

Our Afghan outreach worker forms an important bridge to the Afghan community which has not had the benefit of being hosted by local families, but was undergoing resettlement into local housing from hotels as we began working with them. This is an important difference to note as many people in this community are struggling to get to grips with systems and processes around benefits, housing, schools, health and many more. Without our outreach worker we would not have the understanding of their issues in the context that we have been able to achieve to ensure that our support is relevant and matched to their needs in consideration of their circumstances.

We have built significant trust with both communities which lays the foundations for us to address mental health support in a more direct way. Indeed, it has taken a long time for individuals to be ready to talk about their experiences and their emotions. The progress we have made with this is allowing us to consider how we can provide more one to one support next year and what that support would look like, as it is unlikely that our usual approaches such as mentoring and counselling may not be what these communities need. We will work closely with our partners and networks locally and nationally to understand more about what has worked elsewhere.



Afghan community - Christmas food sharing Dec 2023

## **Doncaster Mind**

### **Trustees' Report**



Ukrainian Independence Day 2023 - Wool Market, Doncaster

## **Doncaster Mind**

### **Trustees' Report**

#### **f) Therapy Service**

This financial year has seen us add further provision through our counselling offer in the Wellbeing Service by adding a new Therapy Service to Doncaster Mind. The rationale behind this service was to introduce a two tier model which included a paid for service alongside a funded model with the paid for model contributing towards more sessions for the funded model through a pay forward approach.

**Funded Model** - During this year we have seen an additional 465 sessions being delivered by 18 counsellors through the funded model for people who are experiencing mental ill health. In previous years we have had to close the service to new referrals due to high levels of clients waiting to be seen however this year with the introduction of this model it has meant that we have not had to close the waiting list but able to manage the flow of clients and reduce the waiting time to be seen from 16 weeks to 5 weeks and 2 days. This is a fantastic achievement and a big thank you to all the staff and counsellors for supporting and delivering on this service. This is a big step forward with us trying to ensure that each client is receiving an intervention within four weeks of reaching out or support.

**Pay for Service** - Our plan of developing a counselling service that is not reliant on the availability of ever scarcer funding by using the pay-for service to provide a free service to those who cannot pay for their counselling has been progressing through the year with our first paid for client being supported in 2023. This year has also seen us recruiting freelance counsellors onto our framework who can work with clients through a number of modalities using specific skills and experience as possible. We have been working with these counsellors to develop this service with a view to externally promoting this service in next year as the freelance counsellors and service grows. Next year our plans are to:

- Develop an offer to children and young people
- Look for additional funding to support further communities and modalities
- Look to offer both a funded and paid for model for each therapy offer

#### **4. New Developments**

##### **Supported Self Help (SSH)**

Working with Sheffield Mind and Rotherham and Barnsley Mind we embarked on our first regional project to deliver Supported Self Help, a national project funded and developed by National Mind. We had been successful in a group bid that would see this service provide regional support.

We recruited our practitioner who began work during November 2023. This entailed getting to grips with the myriad resources and pathways that were supplied by National Mind as part of service delivery and working with new systems (Limbic and Views) to work into the national waiting list for the service and record the outcomes. The service offers 5 x 20 minute telephone sessions that support the self-help strategies provided.

Since the outset, our recruitment has been a complete success and our practitioner has taken to this work like a duck to water! She is both maximising her time to ensure availability of both assessment appointments and session appointments so that people can access her support appropriately. This includes out of hours work. The results are far beyond what we had expected, with around an 85% positive outcome rate for those she supports. This service is working well with all of our other services, both with referrals in from our other services and sometimes as a move on after supported self help.

It is clear to see how this service has the potential to be adapted for CYP (it is currently an 18+ service) and that it could be integrated much more widely into the Doncaster City mental health support offer. Work continues with our partners to ensure we have a plan in place for when the current funding ends.

## **Doncaster Mind**

### **Trustees' Report**

"I would like to tell Zoe thank you so much for been there for me and for been really patient with me. I'm going to miss our chats and everything else you did for me. You are doing enough for everyone, keep up the good work. Thank you Zoe and everyone else."

"Please just keep doing what you are doing. I have been so impressed with the support available and it makes such difference when you are in a dark place."

#### **Waiting Room**

With the growing number of people needing MH support, and the evident lengthening of waiting times across all services in Doncaster, we devised a support service for those waiting for services to attempt to address the worsening effects that waiting for support brings. The service we designed and trialled is called Waiting Room, and provides weekly support in a short telephone call for individuals who would like to try some self-help strategies.

After trialling the service, we sent a proposal for local funding for this service however as yet funding has not been forthcoming, although we continue to believe that this light touch service would be of benefit to many individuals who are waiting for services and after many weeks of waiting, many then find that service is not right for them.

The Waiting Room service was for us a pre-cursor to our now very successful Supported Self Help Service.

#### **Plans for future periods**

##### ***Aims and key objectives for future periods***

##### **Aims and Objectives for 24/25**

Our strategic aims and objectives set for 24/25 are as follows:

- Children & Young People
  - Reduce the age of Children and Young People accessing our support from 16 to 11 years old
  - Advocate for Children and Young People mental health support
  - Develop our fundraising to invest in specific Children and Young People's services over the next three years
- Reach and Accessibility
  - Continue to deliver our hybrid delivery model as wide as possible
  - Ensure where practically possible that our services are accessible outside normal working hours
  - Research and develop digital tools to support and increase reach and accessibility across the services
- Service and Development
  - Maintain and enhance our current services
  - Develop an infrastructure which can grow as our services develop and grow
  - Continue to raise Doncaster Mind's profile
- Our People
  - Continuously develop and improve HR systems, policies and develop a supportive personal development offer
  - Strengthen internal communications
  - Develop an income generation strategy

## **Doncaster Mind**

### **Trustees' Report**

#### **Financial review**

The income for the year was £870,178 (2023: £531,512) and expenditure was £671,059 (2023: £484,918), resulting in a surplus of £199,119 (2023: £46,594).

The increase in income was as a result of an increase in grant funding with additional income from new grants and funders of approximately £330,000 as shown in note 4 to the accounts.

As noted in note 6 to the accounts the increased expenditure mostly related to increases in wages and salary costs.

#### **Policy on reserves**

At the year end total reserves carried forward were £509,068 made up of £39,968 restricted funds and £469,100 unrestricted funds. (2023: Total funds of £309,949 including £7,600 restricted and £302,349 unrestricted general funds).

Total funds include £3,484 which could only be realised by disposing of fixed assets.

The charity's unrestricted free reserves at 31 March 2024 were £465,616 (2023: £297,703).

The charity recognises that it requires a level of reserves sufficient to cover unforeseen day to day operational costs, unforeseen emergencies or unexpected funding requirements, a buffer to allow time to take action if for example a major source of funding is not renewed, and to cover planned commitments such as asset purchases which cannot be met by future income. The charity also needs to manage cash reserves to ensure that it has funds to cover any potential budget deficit or fundraising shortfall, the normal quarterly cashflow differences between income and expenditure, notice periods or redundancy costs for staff and committed costs for leases.

Doncaster Mind has a Reserves Policy which commits the association to achieving and maintaining general reserves equivalent to three months running costs plus estimated staff notice and redundancy costs and committed lease costs, which at 31 March 2024 equated to approximately £300,000. The unrestricted funds for the year ending 31 March 2024 were £469,100 (2023 - £302,349), which is above the target figure but which would allow for any unforeseeable costs involved in the winding up of the charity, and will be required as the charity increases in size and incurs additional running costs.

This will be reviewed over the course of the next twelve months as part of the organisation's investment strategy.

#### **Principal funding sources**

Our Funders & supporters provide funding, contracts, donations, fundraising and bequests. We are eternally grateful for support both financially and otherwise to help us continue to support those who most need it. Our Funders for 2023-24 include: -

Doncaster MBC  
NHS Doncaster CCG  
Other Mind charities  
The Coalfields Regeneration Trust  
Many individuals and organisations

## **Doncaster Mind**

### **Trustees' Report**

#### **Structure, governance and management**

##### ***Nature of governing document***

###### **Legal Structure**

Doncaster Mind is a company limited by guarantee and was incorporated on 9 November 2010.

Doncaster Mind is governed by a constitution and working rules. It is a local association affiliated to National Mind, and is a registered charity. Trustees are either elected at the Annual general Meeting or co-opted in the course of the year, in accordance with the constitution and working rules.

The constitution and working rules set out various categories of membership and full members shall be entitled to vote at all general meetings of the association.

On payment of an annual levy to National Mind, the charity shall remain affiliated and can participate in the affairs of National Mind to such a degree, and through such representation, as may be determined by the Trustees and in compliance with the membership agreement held with National Mind.

In the event of a winding up of the charity, any surplus funds must be applied to any charitable purposes in connection with the preservation and safeguarding of mental health and the relief of persons suffering from mental disorders.

The Trustees have responsibility to ensure that the charity is properly funded by direct grant or other means. The Association is not allowed to be insolvent and is subject to annual examination by independent examiners.

##### ***Recruitment and appointment of trustees***

In accordance with the charity's constitution new trustees are appointed by the members of the charity.

The trustees and members regularly review the composition of the board and recruit new trustees in the light of skills and experience required and available.

##### ***Induction and training of trustees***

New trustees undergo an induction to brief them on their obligations under charity law. In addition they are briefed on the work of the organisation, its relationship with National Mind and other Local Mind Associations, and the values and principles which underpin the Mind network. The Trustees are provided with documentation detailing the services provided, staffing structure and relevant policies and procedures.

Trustees are encouraged to take part in other training opportunities provided by Doncaster Mind, National Mind and other organisations as appropriate.

##### ***Arrangements for setting key management personnel remuneration***

Details of the key management personnel are included in the Reference and Administrative Details section of this report. Remuneration for key management personnel is set by the trustees and is based on the seniority of roles, market rates and individual performance.



## **Doncaster Mind**

### **Trustees' Report**

#### ***Organisational structure***

The day to day management of the charity is delegated by the trustees to the Chief Executive Officer, and the overall management and governance of the charity is carried out by a committee of Trustees (the Executive Committee) who work closely with the Chief Executive Officer.

As individuals, Trustees are expected to:-

- attend all Executive Committee meetings.
- be interested in, and committed to, the on-going work and development of Doncaster Mind
- understand and be committed to Doncaster Mind's mission statement and policies including its equal opportunities policy
- participate in events, recruitment and selection panels and the strategic development of Doncaster Mind

As a group the Trustees are responsible for:-

- employing staff
- deciding overall policy
- ensuring the funds are properly accounted for
- ensuring that, given constraints and available resources, Doncaster Mind is meeting its aims
- providing the strategic direction for Doncaster Mind

#### **Relationships with related parties**

##### **Mind**

Although a separate charity in its own right, the charity is affiliated with the national Mind charity and is able to access funding and advice from the national charity.

#### ***Major risks and management of those risks***

Risk assessments have been undertaken and have covered issues such as governance and management, operational risks, financial risk, external factors and compliance risk. The organisation has a risk register which is monitored and updated every quarter.

## **Doncaster Mind**

### **Trustees' Report**

#### **Reference and Administrative Details**

##### **Trustees**

Ms A Symon, Chairperson  
Ms R B Roberts, Treasurer  
Mr C Clark (resigned 5 February 2024)  
Ms M B Orlovic (resigned 6 November 2023)  
Mr P H Jones  
Mr U Pednekar (resigned 3 April 2023)  
Mrs M Banks (appointed 3 April 2023)  
Mr L Hollando (appointed 3 April 2023)  
Mr D J Smith  
Mr G Maynard (appointed 8 January 2024)  
Mr I Williams (appointed 8 January 2024)

##### **Senior Management Team**

Ms L Arthur, CEO

##### **Principal Office**

Exchange Buildings  
Second Floor  
35 Market Place  
Doncaster  
South Yorkshire  
DN1 1NE  
The charity is incorporated in England and Wales.

**Company Registration Number** 07433894

**Charity Registration Number** 11411416

##### **Bankers**

CAF Bank  
25 Kings Avenue,  
Kings Hill  
West Mailing  
Kent  
ME19 4JQ

##### **Independent Examiner**

Crozier Jones LLP  
Chartered Certified Accountants and Registered Auditors  
9/13 Thorne Road  
Doncaster  
South Yorkshire  
DN1 2HJ

## **Doncaster Mind**

### **Trustees' Report**

#### **Statement of Trustees' Responsibilities**

The trustees (who are also the directors of Doncaster Mind for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:


- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### **Small companies provision statement**

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 18 December 2024 and signed on its behalf by:



Ms A Symon  
Trustee

## Doncaster Mind

### Independent Examiner's Report to the trustees of Doncaster Mind

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which are set out on pages 20 to 37.

#### Respective responsibilities of trustees and examiner

As the charity's trustees of Doncaster Mind (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Doncaster Mind are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

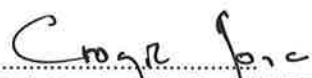
#### Independent examiner's statement

Since Doncaster Mind's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Doncaster Mind as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



M S Crozier MA (Cantab) FCCA ACA ATII  
Association of Chartered Certified Accountants

Crozier Jones LLP  
Chartered Certified Accountants and Registered Auditors  
9/13 Thorne Road  
Doncaster  
South Yorkshire  
DN1 2HJ

**Doncaster Mind**

**Independent Examiner's Report to the trustees of Doncaster Mind**

18 December 2024

## Doncaster Mind

### Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
<b>Income and Endowments from:</b>				
Donations and legacies	3	43,598	-	43,598
Charitable activities	4	305,246	519,151	824,397
Investment income	5	2,183	-	2,183
Total income		<u>351,027</u>	<u>519,151</u>	<u>870,178</u>
<b>Expenditure on:</b>				
Charitable activities	6	(183,114)	(486,783)	(669,897)
Other expenditure	7	<u>(1,162)</u>	<u>-</u>	<u>(1,162)</u>
Total expenditure		<u>(184,276)</u>	<u>(486,783)</u>	<u>(671,059)</u>
Net income		<u>166,751</u>	<u>32,368</u>	<u>199,119</u>
Net movement in funds		166,751	32,368	199,119
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>302,349</u>	<u>7,600</u>	<u>309,949</u>
Total funds carried forward	21	<u>469,100</u>	<u>39,968</u>	<u>509,068</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
<b>Income and Endowments from:</b>				
Donations and legacies	3	41,496	-	41,496
Charitable activities	4	137,425	351,844	489,269
Investment income	5	747	-	747
Total income		<u>179,668</u>	<u>351,844</u>	<u>531,512</u>
<b>Expenditure on:</b>				
Charitable activities	6	(187,243)	(296,126)	(483,369)
Other expenditure	7	<u>(1,549)</u>	<u>-</u>	<u>(1,549)</u>
Total expenditure		<u>(188,792)</u>	<u>(296,126)</u>	<u>(484,918)</u>
Net (expenditure)/income		<u>(9,124)</u>	<u>55,718</u>	<u>46,594</u>
Transfers between funds		<u>116,713</u>	<u>(116,713)</u>	<u>-</u>
Net movement in funds		107,589	(60,995)	46,594
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>194,760</u>	<u>68,595</u>	<u>263,355</u>
Total funds carried forward	21	<u>302,349</u>	<u>7,600</u>	<u>309,949</u>

All of the charity's activities derive from continuing operations during the above two periods.

## Doncaster Mind

(Registration number: 07433894)  
Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
<b>Fixed assets</b>			
Tangible assets	15	3,484	4,646
<b>Current assets</b>			
Debtors	16	74,252	84,160
Cash at bank and in hand	17	447,182	594,847
		521,434	679,007
<b>Creditors: Amounts falling due within one year</b>	18	(15,850)	(373,704)
<b>Net current assets</b>		505,584	305,303
<b>Net assets</b>		509,068	309,949
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds	21	39,968	7,600
<b>Unrestricted income funds</b>			
Unrestricted funds		469,100	302,349
<b>Total funds</b>	21	509,068	309,949


For the financial year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

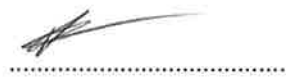
### Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 20 to 37 were approved by the trustees, and authorised for issue on 18 December 2024 and signed on their behalf by:

  
Ms A Symon  
Trustee

  
Ms R B Roberts  
Trustee

## Doncaster Mind

### Statement of Cash Flows for the Year Ended 31 March 2024

	Note	2024 £	2023 £
<b>Cash flows from operating activities</b>			
Net income		199,119	46,594
<b>Adjustments to cash flows from non-cash items</b>			
Depreciation	7	1,162	1,549
Investment income	5	<u>(2,183)</u>	<u>(747)</u>
		198,098	47,396
<b>Working capital adjustments</b>			
Decrease/(increase) in debtors	16	9,908	(43,128)
(Decrease)/increase in creditors	18	<u>(357,854)</u>	<u>341,952</u>
Net cash flows from operating activities		<u>(149,848)</u>	<u>346,220</u>
<b>Cash flows from investing activities</b>			
Interest receivable and similar income	5	2,183	747
Purchase of tangible fixed assets	15	<u>-</u>	<u>(5,248)</u>
Net cash flows from investing activities		<u>2,183</u>	<u>(4,501)</u>
Net (decrease)/increase in cash and cash equivalents		(147,665)	341,719
Cash and cash equivalents at 1 April		<u>594,847</u>	<u>253,128</u>
Cash and cash equivalents at 31 March	23	<u><u>447,182</u></u>	<u><u>594,847</u></u>

All of the cash flows are derived from continuing operations during the above two periods.



## **Doncaster Mind**

### **Notes to the Financial Statements for the Year Ended 31 March 2024**

#### **1 Charity status**

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Exchange Buildings  
Second Floor  
35 Market Place  
Doncaster  
South Yorkshire  
DN1 1NE

These financial statements were authorised for issue by the trustees on 18 December 2024.

#### **2 Accounting policies**

##### **Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

##### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

##### **Basis of preparation**

Doncaster Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

##### **Income and endowments**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

## **Doncaster Mind**

### **Notes to the Financial Statements for the Year Ended 31 March 2024**

#### ***Donations and legacies***

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

#### ***Grants receivable***

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

#### ***Deferred income***

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

#### ***Investment income***

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

#### ***Expenditure***

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on estimated usage.

#### ***Charitable activities***

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### ***Grant provisions***

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

## **Doncaster Mind**

### **Notes to the Financial Statements for the Year Ended 31 March 2024**

#### **Support costs**

Support costs include those functions which assist with the work of the charity but do not directly undertake charitable activities, including admin costs, finance, IT, governance costs and other central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including preparation of statutory accounts and independent examination.

#### **Government grants**

Government grants are recognised based on the performance model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income in the period in which the charity has entitlement to the income and any performance conditions have been met. Grants relating to assets are recognised in full when there is unconditional entitlement to the grant.

#### **Irrecoverable VAT**

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

#### **Taxation**

The company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within the categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### **Tangible fixed assets**

Individual fixed assets costing £2,500 or more are initially recorded at cost, and then carried at cost less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

#### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Fixtures, fittings and equipment	25% reducing balance basis

#### **Trade debtors**

Trade debtors are amounts due from customers or grant funders for services performed in the ordinary course of business.

Trade debtors are recognised at the settlement amount less any provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

## **Doncaster Mind**

### **Notes to the Financial Statements for the Year Ended 31 March 2024**

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### **Trade creditors**

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are normally recognised at their settlement amount.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the Charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

#### **Borrowings**

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

The charity currently has no borrowings.

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### **Pensions and other post retirement obligations**

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due.

## Doncaster Mind

### Notes to the Financial Statements for the Year Ended 31 March 2024

#### 3 Income from donations and legacies

	Unrestricted funds		
	General £	Total 2024 £	Total 2023 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	21,024	21,024	10,880
Donations from individuals	22,574	22,574	30,616
	<u>43,598</u>	<u>43,598</u>	<u>41,496</u>

The charity benefits from the support and work of volunteers for which it is extremely grateful. In accordance with the Charities SORP, the economic contribution of general volunteers is not recognised in the accounts.

## Doncaster Mind

### Notes to the Financial Statements for the Year Ended 31 March 2024

#### 4 Income from charitable activities

	Unrestricted funds			
	General	Restricted	Total	Total
	£	funds £	2024 £	2023 £
Fees and supplies	23,764	-	23,764	21,311
Rental income	110	-	110	154
Room hire	500	-	500	-
DMBC	-	200,000	200,000	200,000
NHS Doncaster CCG - High Intensity User Service	74,195	116,000	190,195	122,383
Other Mind charities	62,208	49,992	112,200	21,310
Coalfields Grant	5,000	-	5,000	23,485
Arnold Clarke	-	-	-	1,000
Walking Group	-	-	-	865
Organ Barrel Theatre	-	-	-	1,058
Winter Fund	-	-	-	4,373
DMBC - Mental Health Community Connectors	-	152,670	152,670	65,009
DMBC - Winter Warmth	-	489	489	489
DMBC - Mental Health Service	4,000	-	4,000	2,451
DMBC - Ukrainian Peer Groups	5,000	-	5,000	5,000
People Focused Group	-	-	-	15,463
Thomas Wall	-	-	-	4,918
RDASH	12,000	-	12,000	-
Doncaster Culture Leisure Trust	250	-	250	-
Gardening Group	219	-	219	-
RSPH Trainer Grant	1,000	-	1,000	-
Mind Help through Hardship	97,000	-	97,000	-
National Mind Refugee Grant	20,000	-	20,000	-
	<u>305,246</u>	<u>519,151</u>	<u>824,397</u>	<u>489,269</u>

Government grant income includes grant income above from DMBC and the NHS and totalled £552,354 (2023: £395,332).

In 2023 £137,425 was attributable to unrestricted funds and £351,844 to restricted funds.

## Doncaster Mind

### Notes to the Financial Statements for the Year Ended 31 March 2024

#### 5 Investment income

	Unrestricted funds	Total 2024	Total 2023
	General £	£	£
Interest receivable and similar income;			
Interest receivable on bank deposits	2,183	2,183	747

#### 6 Expenditure on charitable activities

	Activity undertaken directly £	Grant funding of activity £	Activity support costs £	Total 2024 £	Total 2023 £
Activities and social events	2,137	-	-	2,137	1,536
Sessional fees	4,483	-	791	5,274	6,813
Staff training	4,210	-	-	4,210	10,860
Wages and salaries	334,616	-	83,654	418,270	258,644
Staff NIC and Pensions	21,303	-	5,326	26,629	14,454
Staff Pensions	5,017	-	1,254	6,271	3,453
Grants payable	-	24,850	-	24,850	10,000
Client's training and expenses	64,339	-	-	64,339	82,232
Volunteer expenses	4,327	-	-	4,327	5,610
Equipment Repairs and Renewals	3,101	-	775	3,876	1,912
Office equipment	14,397	-	3,599	17,996	11,579
Telephone and fax	3,125	-	781	3,906	2,526
Gifts and donations	491	-	-	491	931
Hospitality and refreshments	400	-	-	400	290
Cleaning and maintenance costs	4,650	-	-	4,650	3,367
Property Repairs	-	-	1,606	1,606	1,021
Travel and subsistence	8,152	-	-	8,152	5,544
Publicity and leaflets	645	-	3,415	4,060	1,968

## Doncaster Mind

### Notes to the Financial Statements for the Year Ended 31 March 2024

	Activity undertaken directly £	Grant funding of activity £	Activity support costs £	Total 2024 £	Total 2023 £
Legal and professional fees	2,817	-	704	3,521	3,411
Bank charges and interest	237	-	59	296	129
Rent and rates	39,042	-	10,069	49,111	41,427
Light, heat and power	10,621	-	-	10,621	11,149
Printing, postage and stationery	932	-	-	932	897
	<u>529,042</u>	<u>24,850</u>	<u>112,033</u>	<u>665,925</u>	<u>479,753</u>



## Doncaster Mind

### Notes to the Financial Statements for the Year Ended 31 March 2024

£179,142 (2023 - £183,627) of the above expenditure was attributable to unrestricted funds and £486,783 (2023 - £296,126) to restricted funds.

In addition to the expenditure analysed above, there are also governance costs of £3,972 (2023 - £3,616) which relate directly to charitable activities. See note 8 for further details.

#### 7 Other expenditure

		Unrestricted funds		
	Note	General £	Total 2024 £	Total 2023 £
Depreciation, amortisation and other similar costs		1,162	1,162	1,549
		<u>1,162</u>	<u>1,162</u>	<u>1,549</u>

#### 8 Analysis of governance costs

##### Governance costs

		Unrestricted funds		
		General £	Total 2024 £	Total 2023 £
Independent examiner fees				
Examination of the financial statements		3,972	3,972	3,616
		<u>3,972</u>	<u>3,972</u>	<u>3,616</u>

#### 9 Grant-making

##### Analysis of grants

		Grants to institutions 2024 £	2023 £
<b>Analysis</b>			
Doncaster Foodbank		11,850	5,000
Citizens Advice Doncaster		13,000	5,000
		<u>24,850</u>	<u>10,000</u>

The support costs associated with grant-making are £Nil (31 March 2023 - £Nil).

## Doncaster Mind

### Notes to the Financial Statements for the Year Ended 31 March 2024

Grants payable are in line with the charity's charitable activity of promoting the preservation of mental health and assisting in the relief of those suffering with mental health issues. Both grants paid relate to a joint contract with the two organistaions noted above for which Doncaster Mind is the lead charity and grant recipient.

#### 10 Net incoming/outgoing resources

Net incoming resources for the year include:

	2024 £	2023 £
Operating leases - other assets	30,000	25,392
Depreciation of fixed assets	<u>1,162</u>	<u>1,549</u>

#### 11 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

##### Mr C Clark

£18 (2023: £44) of expenses were reimbursed to Mr C Clark during the year.

These related to reimbursed vounteer travel expenses.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

#### 12 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
<b>Staff costs during the year were:</b>		
Wages and salaries	418,270	258,644
Social security costs	26,629	14,454
Pension costs	<u>6,271</u>	<u>3,453</u>
	<u>451,170</u>	<u>276,551</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2024 No	2023 No
Number of employees	<u>19</u>	<u>11</u>
The number of employees on a headcount basis was 22 (2023: 14)		

## Doncaster Mind

### Notes to the Financial Statements for the Year Ended 31 March 2024

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £61,421 (2023 - £56,527).

#### 13 Independent examiner's remuneration

	2024 £	2023 £
Examination of the financial statements	<u>3,972</u>	<u>3,616</u>

## Doncaster Mind

### Notes to the Financial Statements for the Year Ended 31 March 2024

#### 14 Taxation

The charity is a registered charity and is therefore exempt from taxation on charitable income or gains applied to charitable purposes.

#### 15 Tangible fixed assets

	Furniture and equipment £	Total £
<b>Cost</b>		
At 1 April 2023	16,070	16,070
At 31 March 2024	16,070	16,070
<b>Depreciation</b>		
At 1 April 2023	11,424	11,424
Charge for the year	1,162	1,162
At 31 March 2024	12,586	12,586
<b>Net book value</b>		
At 31 March 2024	3,484	3,484
At 31 March 2023	4,646	4,646

#### 16 Debtors

	2024 £	2023 £
Trade debtors	67,518	79,661
Prepayments	6,734	4,499
	74,252	84,160

#### 17 Cash and cash equivalents

	2024 £	2023 £
Cash on hand	300	300
Cash at bank	446,882	594,547
	447,182	594,847

#### 18 Creditors: amounts falling due within one year

## Doncaster Mind

### Notes to the Financial Statements for the Year Ended 31 March 2024

	2024 £	2023 £
Other taxation and social security	7,286	-
Other creditors	-	831
Accruals and deferred income	<u>8,564</u>	<u>372,873</u>
	<u>15,850</u>	<u>373,704</u>
	2024 £	2023 £
Deferred income at 1 April 2023	368,177	28,403
Resources deferred in the period	4,658	368,177
Amounts released from previous periods	<u>(368,177)</u>	<u>(28,403)</u>
Deferred income at year end	<u><u>4,658</u></u>	<u><u>368,177</u></u>

Deferred income relates to income received in advance of unconditional entitlement or time restricted grants which relate to future accounting periods.

#### 19 Obligations under leases and hire purchase contracts

##### Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2024 £	2023 £
<b>Land and buildings</b>		
Within one year	<u>15,000</u>	<u>15,000</u>

#### 20 Pension and other schemes

##### Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £6,270 (2023 - £3,453).

## Doncaster Mind

### Notes to the Financial Statements for the Year Ended 31 March 2024

#### 21 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
<b>Unrestricted funds</b>				
<i>General</i>				
Capital Fund	4,646	-	(1,162)	3,484
Core	297,703	351,027	(183,114)	465,616
	<u>302,349</u>	<u>351,027</u>	<u>(184,276)</u>	<u>469,100</u>
<b>Restricted funds</b>				
Well Being Service	-	200,000	(199,443)	557
High Intensity User Service	-	116,000	(115,677)	323
Young People	7,600	49,992	(49,666)	7,926
Community Connectors	-	153,159	(121,997)	31,162
<b>Total restricted funds</b>	<u>7,600</u>	<u>519,151</u>	<u>(486,783)</u>	<u>39,968</u>
<b>Total funds</b>	<u>309,949</u>	<u>870,178</u>	<u>(671,059)</u>	<u>509,068</u>

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
<b>Unrestricted funds</b>					
<i>General</i>					
Capital Fund	947	-	(1,549)	5,248	4,646
Core	193,813	179,668	(187,243)	111,465	297,703
	<u>194,760</u>	<u>179,668</u>	<u>(188,792)</u>	<u>116,713</u>	<u>302,349</u>
<b>Restricted funds</b>					
Well Being Service	33,988	201,058	(180,186)	(54,860)	-
High Intensity User Service	34,607	122,383	(95,137)	(61,853)	-
Young People	-	28,403	(20,803)	-	7,600
<b>Total restricted funds</b>	<u>68,595</u>	<u>351,844</u>	<u>(296,126)</u>	<u>(116,713)</u>	<u>7,600</u>
<b>Total funds</b>	<u>263,355</u>	<u>531,512</u>	<u>(484,918)</u>	<u>-</u>	<u>309,949</u>

## Doncaster Mind

### Notes to the Financial Statements for the Year Ended 31 March 2024

Transfers represent surpluses on contract funding transferred to unrestricted funding at the end of the year when outputs have been met.

#### 22 Analysis of net assets between funds

	<b>Unrestricted funds</b>		<b>Total funds at 31 March 2024</b>
	<b>General £</b>	<b>Restricted funds £</b>	<b>£</b>
Tangible fixed assets	3,484	-	3,484
Current assets	481,466	39,968	521,434
Current liabilities	(15,850)	-	(15,850)
Total net assets	<u>469,100</u>	<u>39,968</u>	<u>509,068</u>

	<b>Unrestricted funds</b>		<b>Total funds at 31 March 2023</b>
	<b>General £</b>	<b>Restricted funds £</b>	<b>£</b>
Tangible fixed assets	4,646	-	4,646
Current assets	597,512	81,495	679,007
Current liabilities	(299,809)	(73,895)	(373,704)
Total net assets	<u>302,349</u>	<u>7,600</u>	<u>309,949</u>

#### 23 Analysis of net funds

	<b>At 1 April 2023 £</b>	<b>Cash flows £</b>	<b>At 31 March 2024 £</b>
Cash at bank and in hand	594,847	(147,665)	447,182
Net balance	<u>594,847</u>	<u>(147,665)</u>	<u>447,182</u>

	<b>At 1 April 2022 £</b>	<b>Cash flows £</b>	<b>At 31 March 2023 £</b>
Cash at bank and in hand	253,128	341,719	594,847
Net debt	<u>253,128</u>	<u>341,719</u>	<u>594,847</u>

#### 24 Related party transactions

There were no related party transactions in the year.