

Company registration number: 07433894

Charity registration number: 11411416

Doncaster Mind

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

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Doncaster Mind

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Objectives and activities

Objects and aims

The objectives of the Association as stated in our constitution are as follows:-

- to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorders and conditions of emotional or mental distress requiring advice or treatment, in association with National Mind, in accordance with the aims and objectives of National Mind.

The charity has adopted four key aims in order to deliver the objects:-

- to promote better mental health
- to provide quality services
- to campaign on mental health issues
- to challenge inequality

Public benefit

Summary of the main activities undertaken for the public benefit.

In setting and confirming these objectives, the trustees consider that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance issued by the Charity Commission and that the rest of this report demonstrates that the Association delivers public benefit.

Doncaster Mind

Trustees' Report

Achievements and performance

After last year being a very challenging year for everyone, this year saw the world still dealing with the challenges and barriers that the Covid-19 Pandemic posed. Doncaster Mind continued to focus on providing mental health support for the people of Doncaster whilst managing these turbulent times. After transferring our services online and then returning to face to face delivery, we reflected on the changes within our services and the positive results we saw as a result of this way of working both for staff and clients and we felt that we should adopt this as a new hybrid way of working and a blended model for delivering our services.

This means that clients have a greater choice of service delivery which now includes, face to face, online, telephone or text support and are people who are socially isolated are now able to and this allows more people to access our services.

Progress on Aims and Objectives for 21-22

- Actively diversify our structures and the work we deliver to ensure communities who currently do not use Doncaster Mind can influence the changes we need to make to ensure we are truly accessible.

We have identified key areas of development across our organisation to ensure that we are relatable and representing the diverse population in Doncaster. We have started this work with recruiting new members on our trustee board and staff team. We are committed as an organisation to develop this further and support the communities who do not currently use Doncaster Mind. To do this we will be looking at funding bids which will allow us to co-design and co-facilitate these new services with the communities to ensure that they get the service they require in the right way. This is an area of work we will be looking at continuing to develop across our strategic review.

- Involve staff, volunteers and people who use our service in the development of a "blended service offer" that promotes online delivery for those who benefit from this and face to face delivery for those who prefer this option.

We continue to develop this new way of working using our online delivery model and have moved to a blended model for clients attending both Face to Face and online at the same time. This allows clients much more choice, reduced waiting times, and lower disengaged outcomes as this allows clients to attend the next course irrespective of their chosen preference or the option to attend online if isolating or caring responsibilities or a decline in mental ill health. We will continue to look at ways to develop this further.

- Secure our current contracts as they come up for renewal and diversify our other funding streams to include contracts, grants and traded income.

In January 2022, both Doncaster Council and the Integrated Care Board Doncaster made the decision to extend the contract by a further 12 months to allow for development work within the Doncaster Crisis Alternative Alliance. We are now expecting these contracts to go out to tender during the next financial year.

We have continued to develop our unrestricted income both with fundraising and corporate training, although we have not met our targets for the year due to the challenges of the Covid-19 Pandemic we will be looking at increasing this further next financial year.

- To strengthen our governance and increase the numbers of Trustees with an aim to reflect the population of Doncaster

Doncaster Mind

Trustees' Report

We have been strengthening our governance across the trustee board and successfully recruited new members as a result of our recruitment drive. We are still working on developing this further and look to recruit a further two trustees across the next year.

Our Activities

a) Wellbeing Service

The Wellbeing Service offers a range of support through group work and one to one sessions and during the year we have continued to support people experiencing mental ill-health by adapting and providing our services to meet the needs of clients. The first few months saw us start to reintroduce face to face sessions following government guidelines. In addition to 1-1 sessions a peer support group, art group and Dealing with Anger course started at our new premises on Market Place This felt a really positive step with staff commenting on how wonderful it was to hear client's voices and see activity taking place within the building. During the year we expanded on the variety of groups we offered to include gardening, kick boxing, laughter yoga and shared reading to name a few.

New developments this year include the start of one to one mentoring with volunteer mentors being fully trained, inducted, and supporting twenty clients to reach their goals. We also responded to the need of group participants who were unable to come to attend all face to face sessions due to self-isolating, for example, by delivering blended sessions with people in the building and on Zoom. This was a new way of working for us and, excitingly, it was successful. Participants were able to join in with group discussions and rounds, and we shared the PowerPoint as we would do on any normal Zoom session so they could still see what the others could see on the projector. This blended way of working enabled us to work with groups of people who may otherwise cancel their place on sessions and lose momentum in asking for the support they need at the right time.

Next year will see the service develop further to offer more activity and wellbeing sessions, facilitated peer support groups in response the needs of the clients. Sessions will continue to be available face to face, remotely and blended and we will start to deliver sessions within local communities again.

Feedback has shown that people accessing the service have benefitted in a variety of ways. Individuals have reported their confidence and self-esteem has increased; they have learned new coping strategies and skills that they have put into practice; their social isolation has been reduced; they have felt listened to, respected and valued; and several individuals have gone on to gain volunteer roles and employment. 100% of clients rated the service as good or above.

b) Thrive@DM

For the last 3 years the Thrive@DM service has delivered mentoring support to individuals who are regularly contacting emergency services such as A&E, 111, police and ambulance services for emotional and wellbeing support. We have recently broadened these criteria to include other services such as GPs, social prescribing and other organisations.

The service was originally designed and implemented just before the pandemic and has therefore largely been delivered remotely until September this year, with an average caseload of around 20 clients at any given time.

Within the service model delivered to date, we have received 116 referrals. At the time of writing 22 people have completed the mentoring programme and achieved their goals, 19 cases remain open, 34 people did not engage or stopped engaging, 16 were referred to more appropriate services and 25 referrals did not meet the HIU criteria for the service.

Doncaster Mind

Trustees' Report

In seeking to evolve the service, we have studied the national HIU model and reached out to the national HIU lead. We are also now regularly attending national HIU peer support meetings. All of this is proving helpful and useful in supporting the further development of the service into one which is less therapeutic in nature and more assertively seeks to connect individuals with community support and divert frequent contact with emergency services. The resulting service is a blend of assertive outreach, coaching and mentoring which is more in line with the needs of this complex client cohort.

We are working hard with Doncaster Royal Infirmary emergency department and the Yorkshire Ambulance service to establish the new model and are supported in this by commissioners with whom consultation outcomes have been particularly positive.

The Thrive team has returned to working full time in the office, to work through development of the service together and support each other to learn and grow. We are excited to continue the development of this project into the future – the benefits to our clients is clear:

"I haven't contacted any of the emergency services for the last two months and I feel really good about that"

"I just really want to thank you from my heart for how you have helped me. I was in a deep dark place when we started out and there have been bad spots but I feel a long way from there. I am barely on co-codamol anymore which I am so proud of"

"If you didn't make it so easy to engage with you, I wouldn't have got this far"

"You're great at what you do. You've engaged me straight away and that's normally very difficult to do"

c) Young People's Service

Our first Young People's Service was introduced in January 2022 as a mentoring service supporting people aged 16 – 25 who are finding it difficult to deal with negative emotions and any potential barriers in their lives.

As part of our service, young people explore different tools and life skills to help them to maintain good mental health and discuss issues that are particularly important to them.

Our service is designed to put young people at the heart of what we do and we pride ourselves on delivering a quality service to individuals who need our support.

This service has funding for 12 months and has seen us recruit a Young People's Services Manager who currently oversees this project which is delivered by specially recruited volunteers who support these individuals with the following:

- Develop good Communication skills
- Help build Confidence
- Tap into your Creativity
- Managing feelings
- Planning / Problem Solving
- Help you to build healthier relationships
- Build resilience
- Someone to talk to

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Our project aim for this service is to recruit 6 volunteers to work with the Young People with an expected 36 individuals supported over the 12 months to work on goals which have been identified by the Young People. With this service only running for the past 3 months we have been working hard to establish links with external providers, recruiting and training our volunteers and promoting the service, this area of work will continue through the duration of the service to ensure that our service is visible and we keep a steady recruitment of volunteers. In addition we will also be looking at evaluating this service towards the end of the project to support any future development of this Children & Young People Provision and to help us identify any further gaps.

New Developments

Young People's Service - In January 2022, we saw Doncaster Mind successfully secure some funding through Coalfield's Regeneration Trust to provide our very first Young People's Service. This project is to deliver a mentoring service to individual's aged 16 – 25 year olds, over a 12 month period. Our vision for this service is to look at alternative provision to support this work further.

New Chief Executive Officer - The interim CEO and Deputy CEO were retained until March 2022. This was as a result of Covid-19 delaying development plans and the issues that were apparent in recruitment. During the year we saw the Board making some difficult decisions about the long term sustainability of Doncaster Mind. After careful consideration and the dedicated work of the CEO and staff team to diversify our income streams, the board made the decision to recruit our own CEO for the start of the next financial year. This recruitment saw us successfully offer the CEO position to an internal applicant, Laura Arthur who has worked for Doncaster Mind for the past 14 years. The Board are delighted to welcome Laura as the new Chief Executive Officer. Laura is using the knowledge and skills she has gained over the last 14 years to increase Doncaster Mind's profile in the local landscape of services, increasing our reach in the community through working collaboratively and we will be looking at increasing our turnover within the next two years to break the £500,000. Laura will also be leading the shaping of Doncaster Mind's Strategic Review as part of her new role.

Raising Profile of Doncaster Mind

In response to the covid-pandemic and our shared leadership with York Mind, the current profile of Doncaster Mind was not as prominent and effective in the Doncaster community. Over the past year our staff team have worked really hard to ensure that we are using our voice and branding to help shape services, promote the awareness of both Doncaster Mind and other mental health services, be the voice of our clients both past, present and future and seek partnership opportunities to build a network within both VCSE and wider partners in Doncaster.

This is an area of work we will be focussing on during the next financial year to ensure that Doncaster Mind is sustainable and able to grow and develop further.

Corporate Training

Over the past year we have been out promoting our corporate training offer and delivering free "Wellbeing and Me" talks to groups, organisations and businesses in the Doncaster area. Although the uptake on our paid training was slow we are now seeing us link in with many organisations based in Doncaster and this is going from strength to strength. This has seen us linking and supporting many organisations these include Amazon, Bridon Bekeart, Webasto, Volker Rail, and Doncaster Council. As a result we have another member of staff trained to deliver Mental Health First Aid and now deliver a number of courses along with a bespoke offer to support organisations with their own needs.

Doncaster Mind

Trustees' Report

As part of our social value and to ensure there is an authentic continuity to our support of organisations and the individuals we have trained, we have developed our very own "Mental Health Champions Club".

Mental Health Champions Club is Doncaster Mind's way of supporting and empowering Mental Health Champions from local organisations so they can support their colleagues in the most resourceful ways possible. Our aim is to lead the way in promoting good mental health in the workplace...one organisation at a time. Our community of Mental Health Champions learn, explore what works, identify what doesn't work and share ideas of how to make a workplace an environment which supports mental health and wellbeing of employees. This is held on a quarterly basis and offers free networking events fostering connection, peer support and providing an opportunity to share best practice in supporting mental health in the workplace. Members are able to access free training sessions and an opportunity to discuss challenges faced as a Mental Health Champion with Doncaster Mind team.

As a result of this work, we are growing an awareness of Doncaster Mind within the commercial sector within Doncaster which will provide us with a differentiated consumer audience of future Doncaster Mind training programmes; future Doncaster Mind paid-for services and potential funding and sponsorship.

Plans for future periods

Aims and key objectives for future periods

- Secure our current contracts as they come up for renewal and diversify our other funding streams to include contracts, grants and traded income
- Increase Doncaster Mind profile within Doncaster and South Yorkshire
- Develop a new strategy for the next 3 – 5 years.
- Increase service user engagement through a co-production group across all services

Financial review

Policy on reserves

Doncaster Mind has a Reserves Policy which commits the association to achieving and maintaining general reserves equivalent to six months expenditure of the Association. The unrestricted funds for the year ending 31st March 2022 were £194,760 (2021 - £210,719). This amount would allow for any foreseeable costs involved in the winding up of the charity.

This will be reviewed over the course of the next twelve months as part of the organisation's investment strategy.

Doncaster Mind

Trustees' Report

Structure, governance and management

Nature of governing document

Legal Structure

Doncaster Mind is a company limited by guarantee and was incorporated on 9 November 2010.

Doncaster Mind is governed by a constitution and working rules. It is a local association affiliated to National Mind, and is a registered charity. Trustees are either elected at the Annual general Meeting or co-opted in the course of the year, in accordance with the constitution and working rules.

The constitution and working rules set out various categories of membership and full members shall be entitled to vote at all general meetings of the association.

On payment of an annual levy to National Mind, the charity shall remain affiliated and can participate in the affairs of National Mind to such a degree, and through such representation, as may be determined by the Trustees and in compliance with the membership agreement held with National Mind.

In the event of a winding up of the charity, any surplus funds must be applied to any charitable purposes in connection with the preservation and safeguarding of mental health and the relief of persons suffering from mental disorders.

The Trustees have responsibility to ensure that the charity is properly funded by direct grant or other means. The Association is not allowed to be insolvent and is subject to annual examination by independent examiners.

Induction and training of trustees

New trustees undergo an induction to brief them on their obligations under charity law. In addition they are briefed on the work of the organisation, its relationship with National Mind and other Local Mind Associations, and the values and principles which underpin the Mind network. The Trustees are provided with documentation detailing the services provided, staffing structure and relevant policies and procedures.

Trustees are encouraged to take part in other training opportunities provided by Doncaster Mind, National Mind and other organisations as appropriate.

Doncaster Mind

Trustees' Report

Organisational structure

The overall management and governance of the charity is carried out by a committee of Trustees (the Executive Committee).

As individuals, Trustees are expected to:-

- attend all Executive Committee meetings.
- be interested in, and committed to, the on-going work and development of Doncaster Mind
- understand and be committed to Doncaster Mind's mission statement and policies including its equal opportunities policy
- participate in events, recruitment and selection panels and the strategic development of Doncaster Mind

As a group the Trustees are responsible for:-

- employing staff
- deciding overall policy
- ensuring the funds are properly accounted for
- ensuring that, given constraints and available resources, Doncaster Mind is meeting its aims
- providing the strategic direction for Doncaster Mind

Major risks and management of those risks

Risk assessments have been undertaken and have covered issues such as governance and management, operational risks, financial risk, external factors and compliance risk. The organisation has a risk register which is monitored and updated every quarter.

Doncaster Mind

Trustees' Report

Reference and Administrative Details

Trustees

Ms A Symon, Chairperson
P A Loveless, Vice-chairperson (resigned 4 December 2022)
Ms R B Roberts, Treasurer
Mr C Clark
Ms M B Orlovic
Mr P H Jones
Mr U Pednekar (appointed 24 January 2022)

Principal Office

Exchange Buildings
Second Floor
35 Market Place
Doncaster
South Yorkshire
DN1 1NE

The charity is incorporated in England and Wales.

Company Registration Number 07433894

Charity Registration Number 11411416

Bankers

CAF Bank
25 Kings Avenue,
Kings Hill
West Mailing
Kent
ME19 4JQ

Independent Examiner

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Doncaster Mind for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 15 December 2022 and signed on its behalf by:



.....
Ms A Symon
Trustee

Doncaster Mind

Independent Examiner's Report to the trustees of Doncaster Mind

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022 which are set out on pages 12 to 26.

Respective responsibilities of trustees and examiner

As the charity's trustees of Doncaster Mind (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Doncaster Mind are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

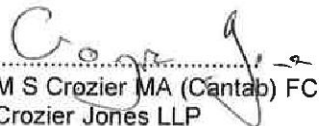
Independent examiner's statement

Since Doncaster Mind's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Doncaster Mind as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


M S Crozier MA (Cantab) FCCA ACA ATII
Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

15 December 2022

Doncaster Mind

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	3	34,291	3,000	37,291
Charitable activities	4	9,283	316,387	325,670
Investment income	6	11	-	11
Total income		<u>43,585</u>	<u>319,387</u>	<u>362,972</u>
Expenditure on:				
Charitable activities	7	(117,190)	(237,437)	(354,627)
Other expenditure	8	(316)	-	(316)
Total expenditure		<u>(117,506)</u>	<u>(237,437)</u>	<u>(354,943)</u>
Net (expenditure)/income		(73,921)	81,950	8,029
Transfers between funds		<u>57,962</u>	<u>(57,962)</u>	<u>-</u>
Net movement in funds		(15,959)	23,988	8,029
Reconciliation of funds				
Total funds brought forward		<u>210,719</u>	<u>44,607</u>	<u>255,326</u>
Total funds carried forward	20	<u>194,760</u>	<u>68,595</u>	<u>263,355</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	45,934	-	45,934
Charitable activities	4	22,718	312,182	334,900
Other trading activities	5	336	-	336
Investment income	6	28	-	28
Total income		<u>69,016</u>	<u>312,182</u>	<u>381,198</u>
Expenditure on:				
Charitable activities	7	(70,067)	(237,159)	(307,226)
Other expenditure	8	(421)	-	(421)
Total expenditure		<u>(70,488)</u>	<u>(237,159)</u>	<u>(307,647)</u>
Net (expenditure)/income		(1,472)	75,023	73,551
Transfers between funds		<u>46,755</u>	<u>(46,755)</u>	<u>-</u>
Net movement in funds		45,283	28,268	73,551
Reconciliation of funds				
Total funds brought forward		<u>165,436</u>	<u>16,339</u>	<u>181,775</u>
Total funds carried forward	20	<u>210,719</u>	<u>44,607</u>	<u>255,326</u>

Doncaster Mind

**Statement of Financial Activities for the Year Ended 31 March 2022
(Including Income and Expenditure Account and Statement of Total
Recognised Gains and Losses)**

All of the charity's activities derive from continuing operations during the above two periods.

Doncaster Mind

(Registration number: 07433894)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	15	947	1,263
Current assets			
Debtors	16	41,032	11,453
Cash at bank and in hand	17	<u>253,128</u>	<u>252,283</u>
		294,160	263,736
Creditors: Amounts falling due within one year	18	<u>(31,752)</u>	<u>(9,673)</u>
Net current assets		<u>262,408</u>	<u>254,063</u>
Net assets		<u>263,355</u>	<u>255,326</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	20	68,595	44,607
Unrestricted income funds			
Unrestricted funds		<u>194,760</u>	<u>210,719</u>
Total funds	20	<u>263,355</u>	<u>255,326</u>

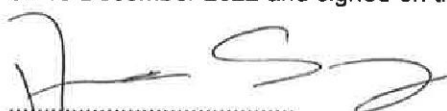
For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 12 to 26 were approved by the trustees, and authorised for issue on 15 December 2022 and signed on their behalf by:



Ms A Symon
Trustee



Ms R B Roberts
Trustee

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Exchange Buildings
Second Floor
35 Market Place
Doncaster
South Yorkshire
DN1 1NE

These financial statements were authorised for issue by the trustees on 15 December 2022.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Doncaster Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity is eligible due to its size to take advantage of reduced reporting requirements and has therefore not included a cash flow statement in these financial statements.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The company is a registered charity. No tax charges have arisen and the company is not VAT registered.

Tangible fixed assets

Individual fixed assets costing £2,500 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures, fittings and equipment	25% reducing balance basis

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the Charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

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Notes to the Financial Statements for the Year Ended 31 March 2022

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due.

3 Income from donations and legacies

	Unrestricted funds			
	General	Restricted	Total	Total
	£	funds	2022	2021
	£	£	£	£
Donations and legacies;				
Donations from individuals	34,291	3,000	37,291	45,934
	<u>34,291</u>	<u>3,000</u>	<u>37,291</u>	<u>45,934</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Income from charitable activities

	Unrestricted funds			
	General	Restricted	Total	Total
	£	funds	2022	2021
	£	£	£	£
Fees and supplies	3,205	-	3,205	925
Rental income	264	-	264	480
DMBC	-	200,000	200,000	200,000
NHS Doncaster CCG - High Intensity User Service	-	112,182	112,182	112,182
Grant - National Lottery - Coronavirus Community Support Fund	-	-	-	9,992
Other Mind charities	5,814	-	5,814	7,376
Government Grants - Coronavirus Job Retention Scheme	-	-	-	3,945
Coalfields Grant	-	4,205	4,205	-
	<u>9,283</u>	<u>316,387</u>	<u>325,670</u>	<u>334,900</u>

5 Income from other trading activities

	Total 2022 £	Total 2021 £
Other income from other trading activities	<u>-</u>	<u>336</u>
	<u>-</u>	<u>336</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

6 Investment income

	Unrestricted funds		
	General £	Total 2022 £	Total 2021 £
Interest receivable and similar income;			
Interest receivable on bank deposits	11	11	28

7 Expenditure on charitable activities

	Activity undertaken directly £	Activity support costs £	Total 2022 £	Total 2021 £
Activities and social events	681	-	681	11
Sessional fees	4,030	-	4,030	2,046
Staff training	1,465	-	1,465	100
Wages and salaries	141,645	-	141,645	136,353
Staff NIC	8,320	-	8,320	2,923
Staff pensions	1,688	-	1,688	1,388
Client's training and expenses	130,600	-	130,600	110,426
Volunteer expenses	424	-	424	131
Office equipment	9,420	-	9,420	13,772
Telephone and fax	2,156	-	2,156	3,868
Gifts and donations	412	-	412	334
Hospitality and refreshments	129	-	129	51
Cleaning and maintenance costs	2,266	-	2,266	1,852
Travel and subsistence	2,228	-	2,228	1,026
Publicity and leaflets	1,104	-	1,104	-
Legal and professional fees	589	-	589	2,817
Bank charges	-	96	96	69
Rent and rates	-	32,319	32,319	23,427
Light, heat and power	-	10,350	10,350	1,265
Printing, postage and stationery	-	1,355	1,355	2,265
	307,157	44,120	351,277	304,124

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

£113,840 (2021 - £66,965) of the above expenditure was attributable to unrestricted funds and £237,437 (2021 - £237,159) to restricted funds.

In addition to the expenditure analysed above, there are also governance costs of £3,350 (2021 - £3,102) which relate directly to charitable activities. See note 9 for further details.

8 Other expenditure

		Unrestricted funds		
	Note	General £	Total 2022 £	Total 2021 £
Depreciation, amortisation and other similar costs		316	316	421
		<u>316</u>	<u>316</u>	<u>421</u>

9 Analysis of governance costs

Governance costs

		Unrestricted funds		
		General £	Total 2022 £	Total 2021 £
Independent examiner fees				
Examination of the financial statements		3,350	3,350	3,102
		<u>3,350</u>	<u>3,350</u>	<u>3,102</u>

10 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	<u>316</u>	<u>421</u>

11 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

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Notes to the Financial Statements for the Year Ended 31 March 2022

12 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	141,645	136,353
Social security costs	8,320	2,924
Pension costs	1,688	1,389
	<u>151,653</u>	<u>140,666</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2022 No	2021 No
Number of employees	<u>9</u>	<u>7</u>

During the year, the charity made redundancy and/or termination payments which totalled £Nil (2021 - £3,211).

No employee received emoluments of more than £60,000 during the year.

13 Independent examiner's remuneration

	2022 £	2021 £
Examination of the financial statements	<u>3,350</u>	<u>3,102</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

14 Taxation

The charity is a registered charity and is therefore exempt from taxation.

15 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2021	10,822	10,822
At 31 March 2022	10,822	10,822
Depreciation		
At 1 April 2021	9,559	9,559
Charge for the year	316	316
At 31 March 2022	9,875	9,875
Net book value		
At 31 March 2022	947	947
At 31 March 2021	1,263	1,263

16 Debtors

	2022 £	2021 £
Trade debtors	30,933	-
Prepayments	10,099	11,453
	<u>41,032</u>	<u>11,453</u>

17 Cash and cash equivalents

	2022 £	2021 £
Cash on hand	300	300
Cash at bank	252,828	251,983
	<u>253,128</u>	<u>252,283</u>

18 Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals	31,752	9,673

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

19 Commitments

Other financial commitments

Other financial commitments below represent payments due under the premises lease until the next break date.

The total amount of other financial commitments not provided in the financial statements was £42,000 (2021 - £63,000).

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

20 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
Capital Fund	1,263	-	(316)	-	947
Core	209,456	43,585	(117,190)	57,962	193,813
	<u>210,719</u>	<u>43,585</u>	<u>(117,506)</u>	<u>57,962</u>	<u>194,760</u>
Restricted funds					
Befriending	11,208	-	-	(11,208)	-
Well Being Service	15,633	203,000	(160,645)	(24,000)	33,988
High Intensity User Service	17,766	112,182	(72,587)	(22,754)	34,607
Young People	-	4,205	(4,205)	-	-
	<u>44,607</u>	<u>319,387</u>	<u>(237,437)</u>	<u>(57,962)</u>	<u>68,595</u>
Total restricted funds	<u>44,607</u>	<u>319,387</u>	<u>(237,437)</u>	<u>(57,962)</u>	<u>68,595</u>
Total funds	<u>255,326</u>	<u>362,972</u>	<u>(354,943)</u>	<u>-</u>	<u>263,355</u>
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
<i>General</i>					
Capital Fund	1,684	-	(421)	-	1,263
Core	163,752	69,016	(70,067)	46,755	209,456
	<u>165,436</u>	<u>69,016</u>	<u>(70,488)</u>	<u>46,755</u>	<u>210,719</u>
Restricted funds					
Befriending	11,208	-	-	-	11,208
Well Being Service	5,131	200,000	(165,498)	(24,000)	15,633
High Intensity User Service	-	112,182	(71,661)	(22,755)	17,766
	<u>16,339</u>	<u>312,182</u>	<u>(237,159)</u>	<u>(46,755)</u>	<u>44,607</u>
Total restricted funds	<u>16,339</u>	<u>312,182</u>	<u>(237,159)</u>	<u>(46,755)</u>	<u>44,607</u>
Total funds	<u>181,775</u>	<u>381,198</u>	<u>(307,647)</u>	<u>-</u>	<u>255,326</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

21 Analysis of net assets between funds

	Unrestricted funds		Total funds at 31 March 2022
	General £	Restricted funds £	£
Tangible fixed assets	947	-	947
Current assets	197,163	96,997	294,160
Current liabilities	(3,350)	(28,402)	(31,752)
Total net assets	<u>194,760</u>	<u>68,595</u>	<u>263,355</u>

	Unrestricted funds		Total funds at 31 March 2021
	General £	Restricted funds £	£
Tangible fixed assets	1,263	-	1,263
Current assets	213,823	49,913	263,736
Current liabilities	(4,367)	(5,306)	(9,673)
Total net assets	<u>210,719</u>	<u>44,607</u>	<u>255,326</u>

22 Analysis of net funds

	At 1 April 2021 £	Cash flows £	At 31 March 2022 £
Cash at bank and in hand	252,283	845	253,128
Net balance	<u>252,283</u>	<u>845</u>	<u>253,128</u>

	At 1 April 2020 £	Cash flows £	At 31 March 2021 £
Cash at bank and in hand	182,568	69,715	252,283
Net debt	<u>182,568</u>	<u>69,715</u>	<u>252,283</u>