

DONCASTER MIND

England & Wales · Charity number 1141146

Details

Status	Registered
Legal form	Charitable company
Company number	07433894
Registered	2011-04-01
Register	View on the Charity Commission register

Contact

Address	Exchange Buildings Second Floor 35 Market Place Doncaster South Yo
Phone	01302812190
Email	office@doncastermind.org.uk
Website	www.doncastermind.org.uk

Activities

Objects: THE OBJECTS FOR WHICH THE ASSOCIATION IS ESTABLISHED ARE, IN PARTICULAR BUT NOT EXCLUSIVELY, WITHIN THE AREA OF DONCASTER:(A) TO PROMOTE THE PRESERVATION OF MENTAL HEALTH AND TO ASSIST IN RELIEVING AND REHABILITATING PERSONS SUFFERING FROM MENTAL DISORDER OR CONDITIONS OF EMOTIONAL OR MENTAL DISTRESS REQUIRING ADVICE OR TREATMENT; AND(B) TO PROMOTE THE STUDY OF AND RESEARCH INTO MENTAL HEALTH DISORDER AND EMOTIONAL OR MENTAL DISTRESS AND TO OBTAIN AND MAKE RECORDS OF AND DISSEMINATE TO THE PUBLIC THE USEFUL RESULTS OF SUCH RESEARCH AND TO EDUCATE THE PUBLIC IN MATTERS RELATING TO MENTAL HEALTH.

Activities: Support and services for people vulnerable, or experiencing, mental illhealth or emotional distress. These services currently include:Day Services, Befriending, Counselling, |Supported Accommodation, Information and Advice.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Accommodation/housing, Arts/culture/heritage/science, Recreation
- **Who:** People With Disabilities

Geography

- Doncaster

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£824,743	£797,858	£535,953	26
2024-03-31	£870,178	£671,059	£509,068	22
2023-03-31	£531,512	£484,918	£309,949	11
2022-03-31	£362,972	£354,943	-	-
2021-03-31	£381,198	£307,647	-	-

Trustees

Name	Role	Appointed
Anne Symon		2018-04-09
David Smith		2023-01-30
Ian Williams		2024-01-08
Laurence Hollando		2023-04-03
Marie Banks		2023-04-03
Peter Howard Jones		2016-04-18
Rebecca Barbara Roberts		2015-09-14

DONCASTER MIND

England & Wales - Charity number 1141146

Accounts

Company registration number: 07433894

Charity registration number: 11411146

Doncaster Mind

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

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Doncaster Mind

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2025.

Objectives and activities

Objects and aims

The objectives of the Association as stated in our constitution are as follows:-

- to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorders and conditions of emotional or mental distress requiring advice or treatment, in association with National Mind, in accordance with the aims and objectives of National Mind.

The charity has adopted four key aims in order to deliver the objects:-

- to promote better mental health
- to provide quality services
- to campaign on mental health issues
- to challenge inequality

Public benefit

In setting and confirming these objectives, the trustees consider that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance issued by the Charity Commission and that the rest of this report demonstrates that the Association delivers public benefit.

Objectives, strategies and activities

Significant activities undertaken and related achievements are included in the Achievements and Performance section of the report below.

Use of volunteers

The charity is grateful to all its volunteers and in particular its trustees for their time, commitment and expertise in supporting the charity.

Doncaster Mind

Trustees' Report

Achievements and performance

1. Achievements and performance

During 2024–25 we have been working across two timelines: responding to the immediate challenges while also laying strong foundations for the future. The situation for people's mental health across the UK continues to worsen, exacerbated by the cost of living crisis, and demand for our services has risen sharply. This year we experienced a 62% increase in client referrals, reflecting both the scale of need and the trust placed in our organisation. Meeting this demand has required resilience, adaptability, and a commitment to ensuring our services remain accessible and responsive.

At the same time, we have taken significant steps to expand and diversify our offer. In November 2024, we reduced the age range for Children and Young People accessing support from 16 to 11, enabling earlier intervention and tailored care. We have also increased our work with diverse communities, ensuring our services are inclusive and culturally relevant. In addition, we launched our RISE service, a paid for therapy offer that strengthens income diversification and generates unrestricted funding, giving us greater flexibility to invest in innovation.

We continue to explore gaps in provision across Doncaster and South Yorkshire, consulting internally and externally to ensure our services reflect community needs. These developments mark important progress as we strive to support more people, reduce waiting times, and build a sustainable future for mental health support in our region.

2. Progress on Aims and Objectives for 24-25

Children and Young People

- o Reduce the age of Children and Young People accessing our support from 16 to 11 years old

Doncaster Mind has taken an important step in expanding our Children and Young People's services by reducing the age of access from 16 to 11 years old in November 2024. This change has enabled us to provide mentoring and therapeutic support to younger children, ensuring earlier intervention and greater continuity of care.

While we do not yet have funding for a fully resourced therapy offer, we are committed to developing this provision over the coming years. This milestone marks the beginning of a broader expansion, as we continue to assess community needs and explore reducing the age range further.

- o Advocate for Children and Young People mental health support

Doncaster Mind is committed to advocating for the mental health needs of Children and Young People across Doncaster. This work is ongoing, and we are actively building partnerships with organisations that have established Children's Voice Groups and Youth Councils. By linking with these networks, we are ensuring that young people's perspectives are heard, valued, and embedded into service development.

Doncaster Mind

Trustees' Report

o Develop our fundraising to invest in specific Children and Young People's services over the next three years

Doncaster Mind is committed to strengthening our fundraising to invest in dedicated Children and Young People's services over the next three years. In May 2024, we were delighted to secure funding through the BBC Children in Need Core Funds Grant, a significant achievement that will enable us to expand and enhance our CYP provision. This investment provides a strong foundation for growth, ensuring we can develop tailored support that meets the needs of young people across our community. By building on this success, we will continue to prioritise accessible, trauma informed services that empower children and young people to thrive.

Reach and Accessibility

o Continue to deliver our hybrid delivery model as wide as possible

Doncaster Mind continues to champion accessibility and choice through our hybrid delivery model, ensuring services are available as widely as possible. Recognising that individuals have different needs and circumstances, we have expanded our blended approach, offering both in person and online support across a range of programmes. This flexibility reduces barriers to engagement, enabling people to connect with us in ways that suit their lives, whether face to face, virtually, or through community outreach. By sustaining and broadening our hybrid model, we are strengthening inclusion, extending our reach, and ensuring that mental health support is responsive, adaptable, and available to all.

o Ensure where practically possible that our services are accessible outside normal working hours

Doncaster Mind recognises that mental health services must be accessible beyond the traditional Monday to Friday, 9am to 5pm model. We understand that many people face challenges outside these hours, and we are committed to ensuring support is available when it is most needed. This year, we extended our provision to include three late evenings each week, with services running until 7pm, as well as weekend availability when required. By broadening our hours, we are reducing barriers to access, offering greater flexibility, and ensuring our community can rely on us for timely, compassionate support whenever required.

o Research and develop digital tools to support and increase reach and accessibility across the services

Doncaster Mind is committed to harnessing innovation to extend the reach and accessibility of our services. This year, we have invested in researching and developing new digital tools designed to complement our hybrid delivery model and ensure support is available to more people, wherever they are. From enhanced online platforms to interactive resources, these tools are helping us break down barriers to engagement and provide flexible, trauma informed pathways into care.

Doncaster Mind

Trustees' Report

Service and Development

o Maintain and enhance our current services

Doncaster Mind is committed to maintaining and enhancing our current services to ensure they remain accessible, relevant, and responsive to the needs of our community. To support this, we have introduced an annual service development review, providing a structured opportunity to reflect on delivery and identify areas for growth. Overseen by our Service Manager and Business Development Lead, this process ensures that service improvements are embedded into our action plan for the following financial year. By continually reviewing and adapting, we are able to strengthen our offer, align with the evolving landscape, and deliver meaningful, trauma informed support.

o Develop an infrastructure which can grow as our services develop and grow

Doncaster Mind is focused on developing a resilient infrastructure that can expand in line with the growth of our services. As demand for mental health support increases, we recognise the importance of building systems, processes, and resources that are scalable, adaptable, and future proof. This year, we have begun strengthening our operational foundations, ensuring that technology, governance, and staffing structures can evolve alongside service delivery. By investing in infrastructure that grows with us, we are creating the capacity to respond to emerging needs, enhance accessibility, and sustain high quality, trauma informed support for our community well into the future.

o Continue to raise Doncaster Mind's profile

Doncaster Mind is committed to continuing to raise our profile locally, regionally, and nationally. We recognise the importance of visibility in ensuring that individuals, families, and communities know where to turn for mental health support. Over this year, we have strengthened our presence through media engagement, community events, and collaborative partnerships, positioning Doncaster Mind as a trusted voice in the sector. By amplifying our work and sharing the impact of our services, we are building stronger connections, influencing wider conversations about mental health, and ensuring our organisation remains accessible, relevant, and recognised across diverse audiences.

Doncaster Mind

Trustees' Report

Our people

- o Continuously develop and improve HR systems, policies and develop a supportive personal development offer

Doncaster Mind is committed to continuously developing and improving our HR systems and policies to ensure they reflect best practice, fairness, and inclusivity. This year, we have strengthened our focus on creating a supportive personal development offer for staff, embedding opportunities for growth, learning, and wellbeing into our organisational culture. By enhancing HR processes and investing in professional development, we are fostering an environment where staff feel valued, empowered, and equipped to deliver high quality services. This ongoing work ensures our people remain at the heart of our organisation, driving resilience, innovation, and compassionate support for our community.

- o Strengthen internal communications

Doncaster Mind is committed to strengthening internal communications to ensure clarity, transparency, and collaboration across the organisation. This year, we introduced a monthly internal newsletter to keep staff informed and connected, alongside new Teams chats and structured communication flows between teams. These developments have enhanced engagement, improved accessibility of information, and created more opportunities for collaboration across departments.

Overseen by leadership, this work fosters a culture of openness, accountability, and psychological safety. Stronger internal communications ensure staff feel supported and aligned, enabling us to respond collectively to challenges and deliver services that reflect our values and community needs.

- o Develop an income generation strategy

Doncaster Mind is committed to developing a robust income generation strategy to ensure sustainability and growth across our services. This year, we have begun shaping a clear framework that diversifies income streams, strengthens fundraising, and builds long term resilience. Our approach includes expanding grant applications, cultivating corporate partnerships, and enhancing community fundraising initiatives. By aligning income generation with our organisational values, we are investing in services that meet the evolving needs of our community.

Doncaster Mind

Trustees' Report

3. Our Activities

a) Wellbeing Service Report

The Wellbeing Service offers a range of support through peer support groups, courses, one to one mentoring and counselling sessions, and bereaved by suicide support. During the year, we have continued to support people experiencing mental ill health by continually improving, adapting and providing our services to meet the needs of clients.

Alongside our regular courses and groups, we trialled a successful six session Art Therapy Crafternoon with an Art Therapist and started a new Story Telling Group. This group along with other clients, volunteers and staff members showed their work at a month long Exhibition, delivered in partnership with Artbomb. This was open to the public and clients benefitted from showcasing their work, giving a huge confidence boost, and a feeling of great achievement.

After a popular cycling workshop in August, we are hosted further cycling sessions in September to support people to find cycling groups and places to cycle with existing friends/family members and helped those who may never have cycled or be out of practice to have the confidence to try cycling again as an adult.

We worked closely with The Conservation Volunteers (TCV) who came along to a Peer Support session in September 2024 to introduce themselves and a week later, we went to visit Bentley Community Woodland for the morning. The meeting in our regular group helped build a connection and lessen anxiety about visiting a new place for our clients and open other volunteering opportunities.

A Client Focus Group is planned for April 2025 with the aim to understand how clients, past and present, feel about the overall provision in the wellbeing service and how we could develop it to suit demand.

Referrals to the counselling service continue to be high but due to additional support from Doncaster Mind therapy services we have not seen the waiting list close this year.

Counselling students on placement with us have been trained up to support assessments once they have completed 70% of their placement hours.

Our one to one mentoring for adults continues to get excellent feedback and results, with recruitment of volunteers ongoing. To support this a leaflet was designed and delivered targeted at Level 2/Level 3 counselling students to promote the offer of 1-1 client experience through mentoring.

Our late night openings were increased to three so be able to offer more one to one sessions and courses, to respond to the needs of the clients. Sessions will continue to be available face to face, remotely and blended, and delivered within local communities.

Feedback has shown that people accessing the service have benefitted in a variety of ways. Individuals have reported their confidence and self-esteem has increased; they have learned new coping strategies and skills that they have put into practice; their social isolation has been reduced; they have felt listened to, respected and valued; and several individuals have gone on to gain volunteer roles with us or other organisations, and employment. All feedback forms received rated the quality of the service they received as good or above.

"My whole journey with you guys at Doncaster Mind has changed my life. I genuinely thought I was born to be miserable and now I know there is another way."

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Trustees' Report

b) High Intensity User (HIU) Service

During 2024-2025 financial year, the HIU service achieved significant progress in stabilising operations and strengthening collaborative partnerships. The service which works to support individuals across Doncaster who are accessing Accident and Emergency services more frequently than expected has focused on improving data flows, embedding outcome measurements, and enhancing multi-agency working to support individuals further.

Key Achievements

- Data Pathways have been established successfully with monthly data sharing processes with Doncaster Bassetlaw Teaching Hospitals (DBTH) resolving previous systemic challenges and ensuring timely access to information.
- Stakeholder Engagement & Outcome Alignment
- Relationships within the Crisis Alternative Alliance were strengthened, enabling collaborative work on Patient Related Outcome Measures. Partnership with RDaSH included discussions on aligning with the introduction of DIALOG and DIALOG+, which remained ongoing at the year-end.
- Cross-Sector Collaboration - The HIU service actively engaged with local services such as Aspire and Complex Lives to support shared clients. Participation in Doncaster Council's Top 100 Workshop led to a pilot initiative in East Doncaster, where HIU staff joined Wellbeing Team Huddles to improve joint working and measure impact.
- Enhanced Reporting & Equity Focus - Reporting developments which now include deprivation decile analysis, enabling targeted allocation of Community Coaches to clients in the most deprived areas. This supports a broader focus on health inequalities across Doncaster.

Over the next year we will be looking to continue with this development which will hopefully see:

- Real-Time Data Access - Access to live A&E attendance data which is a priority to enable proactive monitoring and timely intervention, rather than retrospective analysis over 3-12 months.
- Risk Awareness for Home Visits - The service has identified the need for visibility of risk alerts and warnings for individuals from DBTH and other providers, ensuring staff safety during home visits.
- Continued Partnership Development - Work with RDaSH on DIALOG/DIALOG+ alignment and evaluation of the Doncaster East pilot will continue into the next financial year.

(c) Children & Young People's Service

During the year, the Young People's Service reduced its age range from 16 to 11, enabling younger individuals to access support earlier which was as a result of feedback received from stakeholders and gaps identified through our communities. By opening the service to 11-15 year olds, we were able to intervene earlier, offering mentoring that builds resilience, confidence, and emotional well-being before challenges become more entrenched. This change has strengthened our preventative approach, ensuring that young people receive guidance during the transition from primary to secondary school, a period often marked by heightened vulnerability.

Some of the key achievements during the year:

- Secured Funding: Successfully obtained BBC Children in Need Core Funding Grant (end of 2023), enabling service expansion and lowering the age range from 16 to 11 years.

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Trustees' Report

- Age Range Reduction: Implemented changes through a Task and Finish Group, ensuring governance and policy updates.
- Comprehensive review of Safeguarding Policy in partnership with Doncaster Council's Children's Safeguarding Board.
- Staff engagement through surveys and feedback sessions to identify training needs and address concerns.
- Co-Production & Service Development: Conducted surveys and face-to-face discussions (including QR codes and online tools) to shape the CYP Service Blueprint.
- Completed initial phase by March 2025 with positive responses; ongoing development continues.

Our volunteers have continued to be at the heart of the Young People's Service, offering invaluable time, energy, and compassion to support individuals aged 11-25. Their commitment has strengthened the Mentoring Service, enabling us to reach more young people and provide consistent guidance around personal development, resilience, and emotional well-being.

This year's progress including reducing the age range to extend support earlier in young people's journeys, has demonstrated the service's adaptability and impact. Looking ahead to 2025-2026, we will build on these foundations by expanding our reach, deepening co-production with young people, and enhancing governance to ensure sustainability. Volunteers will remain central to these developments, helping us to shape a service that is responsive, inclusive, and empowering for all who access it.

(d) Mental Health Community Connector Service

During the reporting period there was a change in contracting with RDaSH now contract managing the service, instead of Doncaster Council. This has enabled us to develop closer links with Primary care Mental Health Teams and Community Mental Health teams. It also meant that the service and its delivery has been developed to work into the locality based mental health hubs.

Over the year, the service has strengthened its focus on early intervention and prevention, delivering signposting, handholding, and pop-up/drop-in events to ensure timely support. Stronger relationships with PCMH and Peer Support Pathways have been built, helping clients access the right service at the right time. Alongside this, the new Low Intensity Model has been embedded within Primary Care Mental Health Hubs, while targeted support has been extended to minority groups and individuals in deprived areas. Strategies have also been developed to identify priority locations and reflect engagement outcomes.

Improvements in data collection have been achieved through our own Client Management Information System but also through all staff gaining access to SystemOne. This has enabled demographic data to be captured, reviewed, and used to evidence impact and inform future planning. Service development has continued through partnerships, including collaborative opportunities with IPS Employment Support, mapping of groups and courses for potential integration, and ongoing review of risk processes to safeguard staff and clients.

The team has also invested in training and compliance, completing DIALOG training and maintaining a strong emphasis on accurate reporting and adherence to standards.

Key outcomes include increased collaboration between Connectors and PCMH, enhanced data-driven decision-making, strengthened community engagement and inclusivity, and improved staff capability and integration with NHS systems

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As the service continues to evolve, our focus remains on embedding work more deeply within the Primary Care Mental Health Hubs, ensuring that clients benefit from seamless pathways through multidisciplinary teams. Strengthening these client pathways will enable individuals to access the right support at the right time, with improved coordination across services.

(e) Settle

Over the past year, the Settle project has evolved from supporting predominantly Ukrainian and Afghan refugees to offering a brave and inclusive space for any non UK national to connect and receive tailored wellbeing support, regardless of status or nationality. While mindful of ongoing crises in Ukraine and Afghanistan, the project now seeks to achieve wider outcomes: increased access to mental health support, reduced barriers through translation, tackling isolation, encouraging healthier lifestyle choices, fostering belonging, and promoting integration with local communities and natural surroundings.

Between April 2024 and March 2025, 87 individuals attended 125 sessions, totalling over 1,000 hours of delivery. Activities included weekly drop ins, nature based sessions, emotional release workshops, and external trips to local venues such as CAST. Of these, 19 people engaged in nature sessions, 7 received one to one support, 17 joined workshops, and 77 attended drop ins.

Highlights across the year included creative identity based art, coping strategy discussions, sleep and meditation workshops, optimism and kindness sessions, cultural celebrations, horticulture activities, and skill sharing. Trips to Walkers Garden Nursery and CAST fostered connection and integration, with feedback emphasising the importance of friendship, belonging, and improved mental health. Seasonal events such as Halloween, Christmas, Chinese New Year, and Ramadan were observed, strengthening cultural exchange and community ties. Some of the feedback from the participants attending the nature groups included:

'Every week feels like a celebration, it makes me so happy, and I realised that good mental health is very important'

'Thank you very much, it was very nice and beautiful'

'I live alone so it is important to me to come to Doncaster Mind'

'I have made many friends, and it feels good to connect, thank you'

'Thank you for everything that Doncaster Mind does for me'

Despite staff changes, the project maintained continuity through dedicated volunteers and strong leadership. The amalgamation of separate Ukrainian and Afghan groups into one inclusive session marked a significant milestone, reflecting the project's commitment to unity and diversity. Overall, Settle has provided a safe, supportive environment where individuals can share experiences, build resilience, and progress towards volunteering or work readiness. The project continues to adapt to changing needs, ensuring Doncaster Mind remains responsive, inclusive, and a trusted source of wellbeing support for non UK nationals.

(f) Therapy Service

The RISE Therapy Service has continued to evolve into a dynamic and sustainable part of our provision, combining high quality therapeutic support with innovative workforce development and income generation.

Some of the key developments across the year has included:

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Trustees' Report

- **Workforce Development & Sustainability** - A structured framework has been introduced to support student counsellors in transitioning into paid roles once qualified. This not only builds workforce resilience and retention but also ensures continuity of care for clients, creating a pipeline of skilled practitioners who are embedded in our values and practice.
- **Integration into Primary Care** - RISE is now firmly embedded within Primary Care Services, delivering therapy to GP patients across the 4D Network in Doncaster. This integration strengthens accessibility, reduces waiting times, and ensures therapy is available within familiar healthcare settings, aligning with NHS priorities around early intervention and community based care.
- **Expanded Client Offer** - The service has broadened its reach to include therapy for children aged 11 and upwards, as well as tailored interventions for couples and families. This expansion reflects a commitment to holistic care, recognising the importance of supporting young people at critical developmental stages and addressing relational dynamics within families.
- **Income Generating Model** - Alongside its community impact, RISE is being developed as an income generating service. By offering therapy packages that can be commissioned or purchased, the service creates a sustainable funding stream that supports reinvestment into wider organisational priorities. This dual focus community benefit and financial sustainability positions RISE as a cornerstone of our long term resilience strategy.
- **Future Direction** - Looking ahead, RISE will continue to strengthen its partnerships with Primary Care, schools, and voluntary sector organisations, while expanding its therapeutic offer to meet diverse community needs. The combination of workforce development, service integration, and income generation ensures RISE is well placed to deliver lasting impact and contribute meaningfully to Doncaster's mental health landscape.

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Trustees' Report

Plans for future periods

Aims and key objectives for future periods

Our strategic aims and objectives set for 25/26 are as follows:

- Children & Young People
 - Advocate for Children and Young People mental health support
 - Develop our fundraising to invest in specific Children and Young People's services over the next three years
 - Support parents, families and carers to help in recognition that families play a key role in supporting mental health outcomes for CYP

- Reach and Accessibility
 - Research and develop digital tools to support and increase reach and accessibility across the services
 - Ensure our services are relatable, informed and accessible to underrepresented groups
 - Develop and promote our EDI (Equality, Diversity and Inclusions) Strategy

- Service and Development
 - Develop an infrastructure which can grow as our services develop and grow
 - Develop services targeted at specific client groups for example but not exclusive: parents, carers, older people, autism support and underrepresented groups
 - Minimise our impact on the environment

- Our People
 - Continuously develop and improve HR systems, policies and develop a supportive personal development offer
 - Develop an income generation strategy
 - Strengthen and grow a dedicated volunteering and peer support team
 - Become a mindful employer

Financial review

The income for the year was £824,743 (2024: £870,178) and expenditure was £797,858 (2024: £671,059), resulting in a surplus of £26,885 (2024: £199,119).

The decrease in income included a £10,000 fall in donations and £35,000 in charitable activities as shown in note 4 to the financial statements.

As noted in note 6 to the financial statements, the increased expenditure mostly related to increases in wages and salary costs.

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Trustees' Report

Policy on reserves

At the year end total reserves carried forward were £535,953 made up entirely of unrestricted funds. (2024: Total funds of £509,068 including £39,968 restricted and £469,100 unrestricted general funds). Total funds include £2,613 which could only be realised by disposing of fixed assets. The charity's unrestricted free reserves at 31 March 2025 were £533,340 (2024: £465,616).

The charity recognises that it requires a level of reserves sufficient to cover unforeseen day to day operational costs, unforeseen emergencies or unexpected funding requirements, a buffer to allow time to take action if for example a major source of funding is not renewed, and to cover planned commitments such as asset purchases which cannot be met by future income. The charity also needs to manage cash reserves to ensure that it has funds to cover any potential budget deficit or fundraising shortfall, the normal quarterly cashflow differences between income and expenditure, notice periods or redundancy costs for staff and committed costs for leases.

Doncaster Mind has a Reserves Policy which commits the association to achieving and maintaining general reserves equivalent to three months running costs plus estimated staff notice and redundancy costs and committed lease costs, which at 31 March 2025 equated to approximately £350,000. The unrestricted funds for the year ending 31 March 2025 were £535,953 (2024 - £469,100), which is above the target figure but which would allow for any unforeseeable costs involved in the winding up of the charity, and will be required as the charity increases in size and incurs additional running costs.

This will be reviewed over the course of the next twelve months as part of the organisation's investment strategy.

Principal funding sources

Our Funders & supporters provide funding, contracts, donations, fundraising and bequests. We are eternally grateful for support both financially and otherwise to help us continue to support those who most need it. Our Funders for 2024-25 include: -

City of Doncaster Council
NHS South Yorkshire ICB
Children in Need
Other Mind charities
Rotherham, Doncaster and South Humber NHS Trust (RDaSH)
Doncaster Foodbank
Many individuals and organisations

Doncaster Mind

Trustees' Report

Structure, governance and management

Nature of governing document

Legal Structure

Doncaster Mind is a company limited by guarantee and was incorporated on 9 November 2010.

Doncaster Mind is governed by a constitution and working rules. It is a local association affiliated to National Mind, and is a registered charity. Trustees are either elected at the Annual general Meeting or co-opted in the course of the year, in accordance with the constitution and working rules.

The constitution and working rules set out various categories of membership and full members shall be entitled to vote at all general meetings of the association.

On payment of an annual levy to National Mind, the charity shall remain affiliated and can participate in the affairs of National Mind to such a degree, and through such representation, as may be determined by the Trustees and in compliance with the membership agreement held with National Mind.

In the event of a winding up of the charity, any surplus funds must be applied to any charitable purposes in connection with the preservation and safeguarding of mental health and the relief of persons suffering from mental disorders.

The Trustees have responsibility to ensure that the charity is properly funded by direct grant or other means. The Association is not allowed to be insolvent and is subject to annual examination by independent examiners.

Recruitment and appointment of trustees

In accordance with the charity's constitution new trustees are appointed by the members of the charity.

The trustees and members regularly review the composition of the board and recruit new trustees in the light of skills and experience required and available.

Induction and training of trustees

New trustees undergo an induction to brief them on their obligations under charity law. In addition they are briefed on the work of the organisation, its relationship with National Mind and other Local Mind Associations, and the values and principles which underpin the Mind network. The Trustees are provided with documentation detailing the services provided, staffing structure and relevant policies and procedures.

Trustees are encouraged to take part in other training opportunities provided by Doncaster Mind, National Mind and other organisations as appropriate.

Arrangements for setting key management personnel remuneration

Details of the key management personnel are included in the Reference and Administrative Details section of this report. Remuneration for key management personnel is set by the trustees and is based on the seniority of roles, market rates and individual performance.

Doncaster Mind

Trustees' Report

Organisational structure

The day to day management of the charity is delegated by the trustees to the Chief Executive Officer, and the overall management and governance of the charity is carried out by a committee of Trustees (the Executive Committee) who work closely with the Chief Executive Officer.

As individuals, Trustees are expected to:-

- attend all Executive Committee meetings.
- be interested in, and committed to, the on-going work and development of Doncaster Mind
- understand and be committed to Doncaster Mind's mission statement and policies including its equal opportunities policy
- participate in events, recruitment and selection panels and the strategic development of Doncaster Mind

As a group the Trustees are responsible for:-

- employing staff
- deciding overall policy
- ensuring the funds are properly accounted for
- ensuring that, given constraints and available resources, Doncaster Mind is meeting its aims
- providing the strategic direction for Doncaster Mind

Relationships with related parties

Mind

Although a separate charity in it's own right, the charity is affiliated with the national Mind charity and is able to access funding and advice from the national charity.

Major risks and management of those risks

Risk assessments have been undertaken and have covered issues such as governance and management, operational risks, financial risk, external factors and compliance risk. The organisation has a risk register which is monitored and updated every quarter.

Doncaster Mind

Trustees' Report

Reference and Administrative Details

Trustees

Ms A Symon, Chairperson
Ms R B Roberts, Treasurer
Mr P H Jones
Mrs M Banks
Mr L Hollando
Mr D J Smith
Mr G Maynard (resigned 1 November 2025)
Mr I Williams

Senior Management Team

Ms L Arthur, CEO

Principal Office

Exchange Buildings
Second Floor
35 Market Place
Doncaster
South Yorkshire
DN1 1NE

The charity is incorporated in England and Wales.

Company Registration Number 07433894

Charity Registration Number 11411146

Bankers

CAF Bank
25 Kings Avenue,
Kings Hill
West Mailing
Kent
ME19 4JQ

Independent Examiner

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Doncaster Mind for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 19 December 2025 and signed on its behalf by:

 SIGNED SECURELY
22/12/2025 at 12:10:58 PM UTC

Ms A Symon
Trustee

Doncaster Mind

Independent Examiner's Report to the trustees of Doncaster Mind

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2025 which are set out on pages 19 to 36.

Respective responsibilities of trustees and examiner

As the charity's trustees of Doncaster Mind (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Doncaster Mind are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

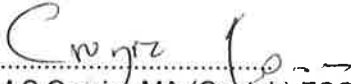
Independent examiner's statement

Since Doncaster Mind's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Doncaster Mind as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


M S Crozier MA (Cantab) FCCA ACA ATII
Association of Chartered Certified Accountants

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

Independent Examiner's Report to the trustees of Doncaster Mind

19 December 2025

Doncaster Mind

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £
Income and Endowments from:				
Donations and legacies	3	32,717	12	32,729
Charitable activities	4	170,594	619,087	789,681
Investment income	5	2,333	-	2,333
Total income		<u>205,644</u>	<u>619,099</u>	<u>824,743</u>
Expenditure on:				
Charitable activities	6	(155,438)	(641,549)	(796,987)
Other expenditure	7	(871)	-	(871)
Total expenditure		<u>(156,309)</u>	<u>(641,549)</u>	<u>(797,858)</u>
Net income/(expenditure)		49,335	(22,450)	26,885
Transfers between funds		<u>17,518</u>	<u>(17,518)</u>	-
Net movement in funds		66,853	(39,968)	26,885
Reconciliation of funds				
Total funds brought forward		<u>469,100</u>	<u>39,968</u>	<u>509,068</u>
Total funds carried forward	21	<u>535,953</u>	<u>-</u>	<u>535,953</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	3	43,598	-	43,598
Charitable activities	4	305,246	519,151	824,397
Investment income	5	2,183	-	2,183
Total income		<u>351,027</u>	<u>519,151</u>	<u>870,178</u>
Expenditure on:				
Charitable activities	6	(183,114)	(486,783)	(669,897)
Other expenditure	7	(1,162)	-	(1,162)
Total expenditure		<u>(184,276)</u>	<u>(486,783)</u>	<u>(671,059)</u>
Net income		<u>166,751</u>	<u>32,368</u>	<u>199,119</u>
Net movement in funds		166,751	32,368	199,119
Reconciliation of funds				
Total funds brought forward		<u>302,349</u>	<u>7,600</u>	<u>309,949</u>
Total funds carried forward	21	<u>469,100</u>	<u>39,968</u>	<u>509,068</u>

All of the charity's activities derive from continuing operations during the above two periods.

Doncaster Mind

(Registration number: 07433894)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	15	2,613	3,484
Current assets			
Debtors	16	100,197	74,252
Cash at bank and in hand	17	<u>517,702</u>	<u>447,182</u>
		617,899	521,434
Creditors: Amounts falling due within one year	18	<u>(84,559)</u>	<u>(15,850)</u>
Net current assets		<u>533,340</u>	<u>505,584</u>
Net assets		<u>535,953</u>	<u>509,068</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	21	-	39,968
Unrestricted income funds			
Unrestricted funds		<u>535,953</u>	<u>469,100</u>
Total funds	21	<u>535,953</u>	<u>509,068</u>

For the financial year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

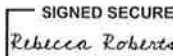
These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 19 to 36 were approved by the trustees, and authorised for issue on 19 December 2025 and signed on their behalf by:

SIGNED SECURELY

22/12/2025 at 12:10:58 PM UTC

Ms A Symon
Trustee

SIGNED SECURELY

19/12/2025 at 4:57:49 PM UTC

Ms R B Roberts
Trustee

Doncaster Mind

Statement of Cash Flows for the Year Ended 31 March 2025

	Note	2025 £	2024 £
Cash flows from operating activities			
Net income		26,885	199,119
Adjustments to cash flows from non-cash items			
Depreciation	7	871	1,162
Investment income	5	<u>(2,333)</u>	<u>(2,183)</u>
		25,423	198,098
Working capital adjustments			
(Increase)/decrease in debtors	16	(25,945)	9,908
Increase/(decrease) in creditors	18	<u>68,709</u>	<u>(357,854)</u>
Net cash flows from operating activities		68,187	(149,848)
Cash flows from investing activities			
Interest receivable and similar income	5	<u>2,333</u>	<u>2,183</u>
Net increase/(decrease) in cash and cash equivalents		70,520	(147,665)
Cash and cash equivalents at 1 April		<u>447,182</u>	<u>594,847</u>
Cash and cash equivalents at 31 March	23	<u><u>517,702</u></u>	<u><u>447,182</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Exchange Buildings
Second Floor
35 Market Place
Doncaster
South Yorkshire
DN1 1NE

These financial statements were authorised for issue by the trustees on 19 December 2025.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Doncaster Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on estimated usage.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

Support costs

Support costs include those functions which assist with the work of the charity but do not directly undertake charitable activities, including admin costs, finance, IT, governance costs and other central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including preparation of statutory accounts and independent examination.

Government grants

Government grants are recognised based on the performance model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income in the period in which the charity has entitlement to the income and any performance conditions have been met. Grants relating to assets are recognised in full when there is unconditional entitlement to the grant.

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Taxation

The company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within the categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £2,500 or more are initially recorded at cost, and then carried at cost less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures, fittings and equipment	25% reducing balance basis

Trade debtors

Trade debtors are amounts due from customers or grant funders for services performed in the ordinary course of business.

Trade debtors are recognised at the settlement amount less any provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are normally recognised at their settlement amount.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the Charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date. The charity currently has no borrowings.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

3 Income from donations and legacies

	Unrestricted funds	Restricted funds	Total 2025	Total 2024
	General £	£	£	£
Donations and legacies;				
Donations from companies, trusts and similar proceeds	14,003	-	14,003	21,024
Donations from individuals	18,714	12	18,726	22,574
	<u>32,717</u>	<u>12</u>	<u>32,729</u>	<u>43,598</u>

The charity benefits from the support and work of volunteers for which it is extremely grateful. In accordance with the Charities SORP, the economic contribution of general volunteers is not recognised in the accounts.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

4 Income from charitable activities

	Unrestricted funds		Total 2025 £	Total 2024 £
	General £	Restricted funds £		
Fees and supplies	26,150	-	26,150	23,764
Room hire	3,106	-	3,106	500
Rental income	-	-	-	110
CDC - Wellbeing	-	209,980	209,980	200,000
CDC- Young People	-	24,995	24,995	-
CDC - Mental Health Community Connectors	-	100,000	100,000	152,670
CDC - Settle Project	16,200	58,222	74,422	-
CDC - CWB Capital Grant	5,000	-	5,000	-
CDC - Winter Warmth	-	-	-	489
CDC - Mental Health Service	-	-	-	4,000
CDC - Ukrainian Peer Groups	-	-	-	5,000
NHS South Yorkshire ICB - High Intensity User Service	-	116,000	116,000	190,195
NHS South Yorkshire ICB - Winter Pressures Grant	30,000	-	30,000	-
NHS South Yorkshire ICB - Refugee, Covid, Flu Grant	10,000	-	10,000	-
RDASH	-	37,172	37,172	12,000
BBC Children in Need	-	37,992	37,992	-
Other Mind charities	62,646	-	62,646	112,200
Doncaster Food Bank	-	22,726	22,726	-
Kingthorne Group Practice	9,996	-	9,996	-
South Yorkshire Community Foundation - Horticulture Therapy	7,496	-	7,496	-
Mind Help through Hardship	-	12,000	12,000	97,000
National Mind Refugee Grant	-	-	-	20,000
Coalfields Grant	-	-	-	5,000
Doncaster Culture Leisure Trust	-	-	-	250
Gardening Group	-	-	-	219
RSPH Trainer Grant	-	-	-	1,000
	<u>170,594</u>	<u>619,087</u>	<u>789,681</u>	<u>824,397</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

Government grant income includes grant income above from City of Doncaster Council (CDC) and the NHS (South Yorkshire ICB and RDASH) and totalled £607,569 (2024: £552,354).

In 2024 £305,246 was attributable to unrestricted funds and £519,151 to restricted funds.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

5 Investment income

	Unrestricted funds	Total 2025	Total 2024
	General £	£	£
Interest receivable and similar income;			
Interest receivable on bank deposits	2,333	2,333	2,183

6 Expenditure on charitable activities

	Activity undertaken directly £	Activity support costs £	Total 2025 £	Total 2024 £
Activities and social events	5,013	-	5,013	2,137
Sessional fees	2,771	489	3,260	5,274
Staff training	7,000	-	7,000	4,210
Wages and salaries	424,407	106,102	530,509	418,270
Staff NIC and Pensions	29,997	7,499	37,496	26,629
Staff Pensions	7,280	1,820	9,100	6,271
Grants payable	-	-	-	24,850
Client's training and expenses	72,748	-	72,748	64,339
Volunteer expenses	6,180	-	6,180	4,327
Equipment Repairs and Renewals	2,199	550	2,749	3,876
Office equipment	12,282	3,070	15,352	17,996
Telephone and fax	3,787	947	4,734	3,906
Gifts and donations	1,046	-	1,046	491
Hospitality and refreshments	767	-	767	400
Cleaning and maintenance costs	6,889	-	6,889	4,650
Property Repairs	-	480	480	1,606
Travel and subsistence	8,501	-	8,501	8,152
Publicity and leaflets	1,687	2,208	3,895	4,060
Legal and professional fees	2,557	639	3,196	3,521
Bank charges and interest	220	55	275	296
Rent and rates	51,413	12,853	64,266	49,111
Light, heat and power	6,515	-	6,515	10,621
Printing, postage and stationery	2,876	-	2,876	932
	656,135	136,712	792,847	665,925

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

£151,298 (2024 - £179,142) of the above expenditure was attributable to unrestricted funds and £641,549 (2024 - £486,783) to restricted funds.

In addition to the expenditure analysed above, there are also governance costs of £4,140 (2024 - £3,972) which relate directly to charitable activities. See note 8 for further details.

7 Other expenditure

	Note	Unrestricted funds General £	Total 2025 £	Total 2024 £
Depreciation, amortisation and other similar costs		871	871	1,162
		871	871	1,162

8 Analysis of governance costs

Governance costs

	Note	Unrestricted funds General £	Total 2025 £	Total 2024 £
Independent examiner fees				
Examination of the financial statements		4,140	4,140	3,972
		4,140	4,140	3,972

9 Grant-making

Analysis of grants

	Grants to institutions 2024 £
Analysis	
Doncaster Foodbank	11,850
Citizens Advice Doncaster	13,000
	24,850

The support costs associated with grant-making are £Nil (31 March 2024 - £Nil).

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

Grants payable were in line with the charity's charitable activity of promoting the preservation of mental health and assisting in the relief of those suffering with mental health issues. Both grants paid related to a joint contract with the two organisations noted above for which Doncaster Mind was the lead charity and grant recipient.

10 Net incoming/outgoing resources

Net incoming resources for the year include:

	2025 £	2024 £
Operating leases - other assets	31,900	30,000
Depreciation of fixed assets	871	1,162

11 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

Mr C Clark

£Nil (2024: £18) of expenses were reimbursed to Mr C Clark during the year.

These related to reimbursed volunteer travel expenses.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

12 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	530,510	418,270
Social security costs	37,496	26,629
Pension costs	9,100	6,271
	<u>577,106</u>	<u>451,170</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2025 No	2024 No
Number of employees	<u>20</u>	<u>19</u>

The number of employees on a headcount basis was 26 (2024: 22)

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £56,025 (2024 - £61,421).

13 Independent examiner's remuneration

	2025 £	2024 £
Examination of the financial statements	<u>4,140</u>	<u>3,972</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

14 Taxation

The charity is a registered charity and is therefore exempt from taxation on charitable income or gains applied to charitable purposes.

15 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2024	16,070	16,070
At 31 March 2025	<u>16,070</u>	<u>16,070</u>
Depreciation		
At 1 April 2024	12,586	12,586
Charge for the year	<u>871</u>	<u>871</u>
At 31 March 2025	<u>13,457</u>	<u>13,457</u>
Net book value		
At 31 March 2025	<u>2,613</u>	<u>2,613</u>
At 31 March 2024	<u>3,484</u>	<u>3,484</u>

16 Debtors

	2025 £	2024 £
Trade debtors	50,404	67,518
Prepayments	20,793	6,734
Accrued income	<u>29,000</u>	<u>-</u>
	<u>100,197</u>	<u>74,252</u>

17 Cash and cash equivalents

	2025 £	2024 £
Cash on hand	300	300
Cash at bank	<u>517,402</u>	<u>446,882</u>
	<u>517,702</u>	<u>447,182</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

18 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	9,834	7,286
Other creditors	4,136	-
Accruals and deferred income	70,589	8,564
	<u>84,559</u>	<u>15,850</u>
	2025 £	2024 £
Deferred income at 1 April 2024	4,658	368,177
Resources deferred in the period	66,450	4,658
Amounts released from previous periods	(4,658)	(368,177)
Deferred income at year end	<u>66,450</u>	<u>4,658</u>

Deferred income relates to income received in advance of unconditional entitlement or time restricted grants which relate to future accounting periods.

19 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2025 £	2024 £
Land and buildings		
Within one year	1,900	15,000
Between one and five years	45,000	-
	<u>46,900</u>	<u>15,000</u>

20 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £9,100 (2024 - £6,270).

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

21 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
Unrestricted funds					
<i>General</i>					
Capital Fund	3,484	-	(871)	-	2,613
Core	465,616	205,644	(155,438)	17,518	533,340
	<u>469,100</u>	<u>205,644</u>	<u>(156,309)</u>	<u>17,518</u>	<u>535,953</u>
Restricted funds					
Well Being Service	557	209,992	(207,764)	(2,785)	-
High Intensity User Service	323	116,000	(113,212)	(3,111)	-
Young People	7,926	62,987	(62,813)	(8,100)	-
Community Connectors	31,162	137,172	(165,088)	(3,246)	-
HTH	-	34,726	(34,450)	(276)	-
Settle	-	58,222	(58,222)	-	-
Total restricted funds	<u>39,968</u>	<u>619,099</u>	<u>(641,549)</u>	<u>(17,518)</u>	<u>-</u>
Total funds	<u>509,068</u>	<u>824,743</u>	<u>(797,858)</u>	<u>-</u>	<u>535,953</u>
	Balance at 1 April 2023 £	Incoming resources £	Resources expended £		Balance at 31 March 2024 £
Unrestricted funds					
<i>General</i>					
Capital Fund	4,646	-	(1,162)		3,484
Core	297,703	351,027	(183,114)		465,616
	<u>302,349</u>	<u>351,027</u>	<u>(184,276)</u>		<u>469,100</u>
Restricted funds					
Well Being Service	-	200,000	(199,443)		557
High Intensity User Service	-	116,000	(115,677)		323
Young People	7,600	49,992	(49,666)		7,926
Community Connectors	-	153,159	(121,997)		31,162
Total restricted funds	<u>7,600</u>	<u>519,151</u>	<u>(486,783)</u>		<u>39,968</u>
Total funds	<u>309,949</u>	<u>870,178</u>	<u>(671,059)</u>		<u>509,068</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

Transfers represent surpluses on contract funding transferred to unrestricted funding at the end of the year when outputs have been met.

22 Analysis of net assets between funds

	Unrestricted funds		Total funds at 31 March 2025 £
	General £	Restricted funds £	
Tangible fixed assets	2,613	-	2,613
Current assets	610,636	7,263	617,899
Current liabilities	(77,296)	(7,263)	(84,559)
Total net assets	535,953	-	535,953

	Unrestricted funds		Total funds at 31 March 2024 £
	General £	Restricted funds £	
Tangible fixed assets	3,484	-	3,484
Current assets	481,466	39,968	521,434
Current liabilities	(15,850)	-	(15,850)
Total net assets	469,100	39,968	509,068

23 Analysis of net funds

	At 1 April 2024 £	Cash flows £	At 31 March 2025 £
	Cash at bank and in hand	447,182	70,520
Net balance	447,182	70,520	517,702

	At 1 April 2023 £	Cash flows £	At 31 March 2024 £
	Cash at bank and in hand	594,847	(147,665)
Net debt	594,847	(147,665)	447,182

24 Related party transactions

There were no related party transactions in the year.

DONCASTER MIND

England & Wales - Charity number 1141146

Accounts

Company registration number: 07433894

Charity registration number: 11411416

Doncaster Mind

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

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Doncaster Mind

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2024.

Objectives and activities

Objects and aims

The objectives of the Association as stated in our constitution are as follows:-

- to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorders and conditions of emotional or mental distress requiring advice or treatment, in association with National Mind, in accordance with the aims and objectives of National Mind.

The charity has adopted four key aims in order to deliver the objects:-

- to promote better mental health
- to provide quality services
- to campaign on mental health issues
- to challenge inequality

Public benefit

In setting and confirming these objectives, the trustees consider that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance issued by the Charity Commission and that the rest of this report demonstrates that the Association delivers public benefit.

Objectives, strategies and activities

Significant activities undertaken and related achievements are included in the Achievements and Performance section of the report below.

Use of volunteers

The charity is grateful to all its volunteers and in particular its trustees for their time, commitment and expertise in supporting the charity.

Doncaster Mind

Trustees' Report

Achievements and performance

1. Achievements and performance

At Doncaster Mind, this year we have been focussing on two consecutive timelines. On the one hand, we've had to focus on the 'now'. There is no getting away from the crises we've faced with every single day, whichever way we look, the situation for people's mental health across the UK is moving in the wrong direction. The cost-of-living crisis has aggravated this further still. People are struggling in record numbers, and at Doncaster Mind we've never delivered more support, with a 52% increase in demand of our services and added pressure of work as we attempt to keep up. But over the last 12 months we've also managed to put down serious markers for the future as we have tried to:

- Support more people
- Ensure our services being more relatable and accessible
- Support more Children and Young People
- Start working on services which support a reduction in waiting times to be seen

Over this time we have also explored where the gaps exist in provision both across Doncaster and South Yorkshire, we have started to look at how we can support this development and have carried out consultation both internally and externally to our organisation. This work will continue to ensure that we are up to date with what our communities needs are. Across the year we have also had other successes and achievements and these include:

MQM Awards

Doncaster Mind was highly commended in the Excellence Awards for Leadership. This award shows the hard work and dedication of the Leadership Team over the past 2 years. The team of managers and coordinators have supported the organisation through substantial growth and development which saw us double the number of staff, double the number of services and a 52% increase in people reaching out to Doncaster Mind for support. A big thank you to all the team at Doncaster Mind!

Partnership working with Sheffield Mind and Rotherham & Barnsley Mind

We have been carrying out a large piece of work across South Yorkshire looking at how we can improve our services, reach and accessibility for the people of South Yorkshire. As three organisations we share the same vision and it is our passion that is driving the partnership forward. With the success of this relationship over the past year our work will continue next year to look at delivering services and fundraising opportunities together with a view to making this a more formal partnership.

2. Progress on Aims and Objectives for 23-24

- Achieve Mind Quality Management Framework

In April 2023 Doncaster Mind started the process of being assessed for the National Mind Quality Framework called "Mind Quality Management (MQM)". This was a lengthy and intense process which saw us submit our self assessment along with corresponding documents evidencing our systems, processes, policies and documents which supports us to deliver our organisation and services to a high-quality standard. We then had a thorough in person review where the reviewing panel met with our CEO, chair, Senior Leadership Team and other key members of staff, trustees, clients and stakeholders.

Doncaster Mind

Trustees' Report

In October 2023 we were awarded with our award and also received three key areas of excellence which included, Leadership, Workforce and Culture and Promoting Positive Attitudes to Mental Health. This is an amazing achievement for #TeamDoncasterMind and we cannot thank all those involved in delivering our services and support to ensuring that Doncaster Mind delivers high quality services. This quality mark is part of a three-year cycle which will see us ready for another review in April 27.

- Continue to increase Doncaster Mind profile within Doncaster and South Yorkshire

This work has been ongoing throughout the year and is something that all #TeamDoncasterMind has been participating in. With this being a clear objective of this year's strategic priorities we have recruited a Marketing and Communications Lead to support us with this work. It is our intention to strengthen our 'awareness days', deliver more events and workshops and increase our following across our website and all our social media channels. This work will be supported by developing a communications strategy which will support the organisation in delivering on this priority which will be shared with the staff and volunteer teams in 2024-2025.

- Ensure that our Equality, Diversity and Inclusion reaches all aspects of our organisation and is fully embedded across our clients, staff, volunteers and trustees

With a complete overhaul of our EDI policy in 2023, work began to raise awareness amongst staff via internal training delivered by our MH & Wellbeing Trainer. Following on from this, we took awareness day opportunities such as Neurodiversity Week and Pride Week to name just two, to raise awareness and ensure that our community is aware that we are here to support everyone.

Ongoing work in relation to our accessibility by the neurodivergent community is ongoing, and a proposal from our focus group is due next year.

There is work being done to establish a baseline of how well we are supporting our clients with protected characteristics within our current services, which will be shared in an EDI report in January 25 and we continue to uphold our beliefs and obligations as set out in our EDI policies by meeting any discrimination head on, be that within our staff team or the wider community. This work also includes the implementation of impact assessments for both existing and new services, which will not only provide the organisation with vital information about adjustments that may need to be made, but will also raise awareness even further of the barriers and limitations that as an organisation we must seek to resolve.

- Ensure that we have services which target our underrepresented communities

Our work on the Settle project continues to provide valuable insights into and learning about minority communities, which then raises our awareness of other under-represented communities. These insights will allow us to move forward with proposals to further expand our routes to these communities and the services that we can offer, whilst at the same time acknowledging that resources will always impose a limitation on how far we can reach.

Doncaster Mind

Trustees' Report

3. Our Activities

a) Wellbeing service

The Wellbeing Service offers a range of support through peer support groups, courses, one to one mentoring and counselling sessions, and bereaved by suicide support. During the year, we have continued to support people experiencing mental ill health by continually improving, adapting and providing our services to meet the needs of clients.

The adult mentoring service continues to be a successful programme with lots of positive feedback from clients. For the mentors, this type of voluntary work provides valuable work based experience whilst studying, for example, counselling or the social sciences, also for people who are looking to change their career or go back into work.

At the end of August 23, we said a sad goodbye to our Wellbeing 1-1 Coordinator Pauline, when she retired after 30 years working for Doncaster Mind.

The Gardening Group were very lucky to secure some materials donated from our local Wickes store as part of their commitment to the local community and a poly-tunnel to enable participants to learn new skills, develop understanding of teamwork and extending the growing season. In addition B&Q kindly donated some membrane and Doncaster Council have been generous to look into support to make our group more accessible to those with limited mobility.

Campfire Group, delivered in partnership with Barrel Organ, worked with clients to create an anthology of work called "Once upon a Mind" and a celebration of this work is planned for April 2024. All participants gained confidence, improved their mental wellbeing, felt excited to come to the sessions and built a support network in the people they attended sessions with.

New developments this year include Pop-Up Shops, which take place in different localities around Doncaster to get the word out into the community and direct people into groups and services to help them access the help, guidance, and support they may need.

The Wellbeing service currently offers two evenings a week when we open later, giving more flexibility for mentoring, counselling and group sessions for people who are unable to access services during the day. In addition, we responded to demand and delivered weekend volunteer training courses to accommodate more people.

Next year we look to increase the late night offer so be able to offer more one to one sessions and courses, to respond to the needs of the clients. Sessions will continue to be available face to face, remotely and blended, and delivered within local communities.

Feedback has shown that people accessing the service have benefitted in a variety of ways. Individuals have reported their confidence and self-esteem has increased; they have learned new coping strategies and skills that they have put into practice; their social isolation has been reduced; they have felt listened to, respected and valued; and several individuals have gone on to gain volunteer roles with us or other organisations, and employment. All feedback forms received rated the quality of the service they received as good or above.

"It is a credit to you that all of us felt comfortable enough to open up, share our stories and have a laugh together. It was a good session and I am sure everyone walked out of there with a smile on their face." – group participant

Doncaster Mind

Trustees' Report

b) HIU service

Up until the end of April 2024, we were still receiving clients directly from the High Intensity User Group meeting, which was chaired by DBTH Emergency Department staff. This referral pathway looks at the top 30 attenders to A&E. This has been the only way we currently receive information about the frequent attenders and receive referrals. We have continued to attend throughout the reporting period and discuss Doncaster Mind's support in a multi-disciplinary setting.

Referrals throughout the year have been low from A&E and in the last reporting period, April - June, we had 3 new referrals. This means in total we are currently engaging with 13 active clients in the HIU programme at Doncaster Mind. This is below our expected numbers, and we are confident that with the introduction of the full HIU list we will be able to support and engage with a greater audience of clients, with both their mental and physical health needs. We have encountered some issues with this though as we do not receive up to date information from these meetings regarding historic clients that have been referred. Once we have agreed to reach out to a client that we have discussed at the HIUG meetings, it can take 2 - 3 weeks before we are given any contact details for this person, including telephone numbers or addresses. This means we do not have the most recent data for the 2 or 3 weeks before our engagement with them.

Towards the end of the year, we have seen progress in getting the full list, and a DPIA was signed and agreed with the DHTH IG team. A sample of this was sent, and we discussed who we would support or reach out to. This would include information such as -

- DOB
- Address
- Telephone number
- GP Practice Name/Branch
- GP Practice Code
- CCG code
- Dates and times of ED attendances in the last 12 months
- Arrival mode
- Warning flag information
- Presenting complaint
- No of non-elective admissions in the last 12 months

This information would enable us to look at health & equality for people in Doncaster, including areas of deprivation. It would also give us an opportunity to tailor what support was needed proactively, based on the presenting need/complaint. When writing this report, we are in the final stages of receiving the 250 list monthly.

Some of the key factors we have seen are -

- o Clients are accessing the service face to face or over the telephone dependent on needs
- o Clients attended/engaged with 93.25% of their contact sessions
- o We have an increase in clients with physical needs who are not managing their condition
- o Increase in clients with alcohol issues

We have seen some challenges with staffing over the year and we are currently out to recruitment for two part time roles after deciding to split the full time role after not being successful in fulfilling these. Once this has happened this will stand us in good stead when we receive the full list, and we will be able to reach out to more people who would benefit from the service. We hope to build on the amazing work that the team already does, and it is clear from the data that our approach and coaching method intervention helps to dramatically reduce A&E attendances using a non-clinical approach.

Doncaster Mind

Trustees' Report

c) CYP - Young People's Service

The Young People's Service has continued to support young people aged 16 - 25 year old through the Mentoring Service. A focus for 2023 - 2024 was to:

- Establish funding to support the development of this service across the organisation
- Start the planning of reducing the age range
- Develop stronger presence of delivering Young People's services across Doncaster
- Carry out co-production to look at what a Young People's service should look like

To achieve the focus and goals set out above the following work has been actioned:

- We have applied to BBC Children In Need for funding through their Core Funding Grant at the end of 2023 which will support us to develop the offer to Children and Young People across the organisation with the support of our Services Manager and Business Development Manager. This is a really competitive funding however if we are successful this funding will secure this work for the next three years.

- We have started as part of strategic priorities for next year to look at reducing the age range of support across our organisation from 16 years old to 11years old. This is a large piece of work and will take place over next year 2024-2025 to see us work through all our systems and processes, safeguarding, training and upskilling staff to ensure that we are ready to support the younger age clients. To support this work we will be working through a detailed action plan with the support of a Task and Finish Group.

- Work has continued to develop our links with other Children's and Young People's services, this includes schools, colleges and academies to promote the service and look at referral pathways for young people. During this period, we have linked in with Doncaster College and University, Harrison College, Vega College, Doncaster Housing for Young People, EPIC for young people & SEN Development Team, South Yorkshire ICB. Our aim was to provide information around the young people service and guidance for young people experiencing mental ill health.

- We were fortunate to be selected to work with National Mind to deliver a series of workshops to our stakeholders to create a service design blue print which we will use to develop our CYP services across the organisation. This work involved engaging with children and young people both who use and do not use our services to see what they want, parents and guardians, professionals, staff and volunteers to identify gaps and address barriers and identify what a young people's service should look like. This work took place over a period of 4 months.

The Mentoring service continues to provide 1:1 support to children and young people to:

- Develop good communication skills
- Help build confidence
- Tap into creativity
- Managing feelings
- Look at planning / problem solving
- Help build healthier relationships
- Build resilience
- Give someone a person to talk to

Doncaster Mind

Trustees' Report

We encourage young people to explore new and old techniques to support them to deal with challenges and difficulties they might be experiencing. Using a person-centred tool and model which enables young people to gain a more holistic view of their life and support they may need. This work is delivered by our volunteer mentors who have been recruited and trained to deliver the key goals as outlined above. The number of volunteer mentors have remained fairly stable for the most part of the year however we have identified the need to regularly recruit on a rolling cycle with a view to keeping at least 10 volunteers active at all times.

To support the Service Manager to deliver this service, we recruited our first CYP Coordinator this year, their role is to recruit, train and support the volunteers whilst being the first point of contact for clients who want to access this service by carrying out the assessment and then matching with a suitable volunteer and then provide ongoing support to them both throughout the duration of the interventions. With this area of work being a main priority focus for next year we are looking forward to the development of this service and the goal to support more younger people across Doncaster.

d) Mental Health Community Connectors

Within the past 12 months, the Community Connectors project has grown from strength to strength in a number of different facets. We have started to become effective in regards to giving support to different demographics of people and communities. In the last year, stats show that within the Community Connectors project, we have worked with people ranging from age 18 (lowest age for service acceptance) to 94 years old - it's a good indicator for us to see how we're reaching out to different age groups and accommodating fluctuating needs between all different age groups.

Below are some different categories of stats from the Connectors project. The stats have been captured via the use of Lamplight - please note that the figures shown below are not exhaustive and the true, accurate figures will be much higher than those shown below:

Number of sessions delivered to different people
Client contacts - 359 sessions to 175 different people
Group visits - 97 sessions to 85 different people
Contact with Organisations - 91 sessions to 87 different people
Presentations - 6 sessions
Events - 33 sessions to 25 different people

Type of Mental Health Issues and the number of people affected

ADHD - 5
Anxiety - 50
Autism - 7
Borderline Personality Disorder - 4
Depression - 30
Eating Problems - 2
Emotionally Unstable Personality Disorder (EUPD) - 3
Low Self Esteem - 7
Obsessive Compulsive Disorder (OCD) - 3
Personality Disorder - 1
Post-Traumatic Stress Disorder (PTSD) - 7
Self-Harm - 3
Stress - 11
Unknown - 96

Doncaster Mind

Trustees' Report

As we can see on the table of stats that relate to types of mental health issues, we have worked with a high number of people who suffer from anxiety and depression. This is reflected in the work done by Connectors, as they have signposted and referred service users to different support avenues for anxiety and depression throughout all four localities.

Gender Numbers

Female - 43

Male - 24

Non-binary - 1

Prefer not to say - 4

No data - 92

In the data above, we can clearly see that within the Mental Health Community Connectors project, the majority of our service users are predominantly female. This has been echoed by the Connectors, as they have stated that they tend to support women more than men - on the back of this, we've made a real push on supporting more and more male clients, this has been done by attending groups which are heavily male-dominated, as well as communicating with male-only groups such as Andy's Man Club and Jackson Hope Foundation. This has led to the Connectors being invited to speak to group facilitators and attendee's, thus resulting in more men ascertaining what the Connectors do and receiving support from them.

The activities undertaken by our service users pertain to our organisational strategy in various different manners. The Connectors project being predominantly delivered to all different communities of Doncaster really allows the service to contribute to our Doncaster Mind strategy, by bringing locals together to have an understanding of what mental health is but also how to have conversations around mental health, how to get support for it and there to be unison in terms of getting rid of stigma around the topic and being comfortable to combat it. As we have seen throughout delivering this service, there are certain groups and areas which have a hesitance towards discussing mental health and accessing support around this - we have worked tirelessly towards bring communities together to tackle various mental health issues that are prominent within each specific area, and we feel we have been successful in doing this as more and more areas of Doncaster are starting to understand and realise more about mental health and what's available in their area.

Client feedback:

'I felt listened to. I appreciated how Emma actually heard what I was saying.'

'I was ever so grateful that Rachael approached me as I met her at just the right time. I also sent a text message saying she was very kind, professional and sincere!'

e) Settle

Building on our work with the Ukrainian group last year and with continuation funding from National Mind and Doncaster Council we have continued to deliver group support as well as a limited amount of one to one support in the form of signposting and advocacy to the Ukrainian group whilst implementing support for the Afghan refugee community. We used the same model, recruiting an outreach worker and then undertaking consultation with the Afghan refugee community to understand what support would be most helpful. As before, we have been asked to provide some language practice. This kind of group support provides many different forms of support including peer support, building connections, integration and safety.

Doncaster Mind

Trustees' Report

Our Afghan outreach worker forms an important bridge to the Afghan community which has not had the benefit of being hosted by local families, but was undergoing resettlement into local housing from hotels as we began working with them. This is an important difference to note as many people in this community are struggling to get to grips with systems and processes around benefits, housing, schools, health and many more. Without our outreach worker we would not have the understanding of their issues in the context that we have been able to achieve to ensure that our support is relevant and matched to their needs in consideration of their circumstances.

We have built significant trust with both communities which lays the foundations for us to address mental health support in a more direct way. Indeed, it has taken a long time for individuals to be ready to talk about their experiences and their emotions. The progress we have made with this is allowing us to consider how we can provide more one to one support next year and what that support would look like, as it is unlikely that our usual approaches such as mentoring and counselling may not be what these communities need. We will work closely with our partners and networks locally and nationally to understand more about what has worked elsewhere.



Afghan community - Christmas food sharing Dec 2023

Doncaster Mind

Trustees' Report



Ukrainian Independence Day 2023 - Wool Market, Doncaster

Doncaster Mind

Trustees' Report

f) Therapy Service

This financial year has seen us add further provision through our counselling offer in the Wellbeing Service by adding a new Therapy Service to Doncaster Mind. The rationale behind this service was to introduce a two tier model which included a paid for service alongside a funded model with the paid for model contributing towards more sessions for the funded model through a pay forward approach.

Funded Model - During this year we have seen an additional 465 sessions being delivered by 18 counsellors through the funded model for people who are experiencing mental ill health. In previous years we have had to close the service to new referrals due to high levels of clients waiting to be seen however this year with the introduction of this model it has meant that we have not had to close the waiting list but able to manage the flow of clients and reduce the waiting time to be seen from 16 weeks to 5 weeks and 2 days. This is a fantastic achievement and a big thank you to all the staff and counsellors for supporting and delivering on this service. This is a big step forward with us trying to ensure that each client is receiving an intervention within four weeks of reaching out or support.

Pay for Service - Our plan of developing a counselling service that is not reliant on the availability of ever scarcer funding by using the pay-for service to provide a free service to those who cannot pay for their counselling has been progressing through the year with our first paid for client being supported in 2023. This year has also seen us recruiting freelance counsellors onto our framework who can work with clients through a number of modalities using specific skills and experience as possible. We have been working with these counsellors to develop this service with a view to externally promoting this service in next year as the freelance counsellors and service grows. Next year our plans are to:

- Develop an offer to children and young people
- Look for additional funding to support further communities and modalities
- Look to offer both a funded and paid for model for each therapy offer

4. New Developments

Supported Self Help (SSH)

Working with Sheffield Mind and Rotherham and Barnsley Mind we embarked on our first regional project to deliver Supported Self Help, a national project funded and developed by National Mind. We had been successful in a group bid that would see this service provide regional support.

We recruited our practitioner who began work during November 2023. This entailed getting to grips with the myriad resources and pathways that were supplied by National Mind as part of service delivery and working with new systems (Limbic and Views) to work into the national waiting list for the service and record the outcomes. The service offers 5 x 20 minute telephone sessions that support the self-help strategies provided.

Since the outset, our recruitment has been a complete success and our practitioner has taken to this work like a duck to water! She is both maximising her time to ensure availability of both assessment appointments and session appointments so that people can access her support appropriately. This includes out of hours work. The results are far beyond what we had expected, with around an 85% positive outcome rate for those she supports. This service is working well with all of our other services, both with referrals in from our other services and sometimes as a move on after supported self help.

It is clear to see how this service has the potential to be adapted for CYP (it is currently an 18+ service) and that it could be integrated much more widely into the Doncaster City mental health support offer. Work continues with our partners to ensure we have a plan in place for when the current funding ends.

Doncaster Mind

Trustees' Report

"I would like to tell Zoe thank you so much for been there for me and for been really patient with me. I'm going to miss our chats and everything else you did for me. You are doing enough for everyone, keep up the good work. Thank you Zoe and everyone else."

"Please just keep doing what you are doing. I have been so impressed with the support available and it makes such difference when you are in a dark place."

Waiting Room

With the growing number of people needing MH support, and the evident lengthening of waiting times across all services in Doncaster, we devised a support service for those waiting for services to attempt to address the worsening effects that waiting for support brings. The service we designed and trialled is called Waiting Room, and provides weekly support in a short telephone call for individuals who would like to try some self-help strategies.

After trialling the service, we sent a proposal for local funding for this service however as yet funding has not been forthcoming, although we continue to believe that this light touch service would be of benefit to many individuals who are waiting for services and after many weeks of waiting, many then find that service is not right for them.

The Waiting Room service was for us a pre-cursor to our now very successful Supported Self Help Service.

Plans for future periods

Aims and key objectives for future periods

Aims and Objectives for 24/25

Our strategic aims and objectives set for 24/25 are as follows:

- Children & Young People
 - Reduce the age of Children and Young People accessing our support from 16 to 11 years old
 - Advocate for Children and Young People mental health support
 - Develop our fundraising to invest in specific Children and Young People's services over the next three years

- Reach and Accessibility
 - Continue to deliver our hybrid delivery model as wide as possible
 - Ensure where practically possible that our services are accessible outside normal working hours
 - Research and develop digital tools to support and increase reach and accessibility across the services

- Service and Development
 - Maintain and enhance our current services
 - Develop an infrastructure which can grow as our services develop and grow
 - Continue to raise Doncaster Mind's profile

- Our People
 - Continuously develop and improve HR systems, policies and develop a supportive personal development offer
 - Strengthen internal communications
 - Develop an income generation strategy

Doncaster Mind

Trustees' Report

Financial review

The income for the year was £870,178 (2023: £531,512) and expenditure was £671,059 (2023: £484,918), resulting in a surplus of £199,119 (2023: £46,594).

The increase in income was as a result of an increase in grant funding with additional income from new grants and funders of approximately £330,000 as shown in note 4 to the accounts.

As noted in note 6 to the accounts the increased expenditure mostly related to increases in wages and salary costs.

Policy on reserves

At the year end total reserves carried forward were £509,068 made up of £39,968 restricted funds and £469,100 unrestricted funds. (2023: Total funds of £309,949 including £7,600 restricted and £302,349 unrestricted general funds).

Total funds include £3,484 which could only be realised by disposing of fixed assets.

The charity's unrestricted free reserves at 31 March 2024 were £465,616 (2023: £297,703).

The charity recognises that it requires a level of reserves sufficient to cover unforeseen day to day operational costs, unforeseen emergencies or unexpected funding requirements, a buffer to allow time to take action if for example a major source of funding is not renewed, and to cover planned commitments such as asset purchases which cannot be met by future income. The charity also needs to manage cash reserves to ensure that it has funds to cover any potential budget deficit or fundraising shortfall, the normal quarterly cashflow differences between income and expenditure, notice periods or redundancy costs for staff and committed costs for leases.

Doncaster Mind has a Reserves Policy which commits the association to achieving and maintaining general reserves equivalent to three months running costs plus estimated staff notice and redundancy costs and committed lease costs, which at 31 March 2024 equated to approximately £300,000. The unrestricted funds for the year ending 31 March 2024 were £469,100 (2023 - £302,349), which is above the target figure but which would allow for any unforeseeable costs involved in the winding up of the charity, and will be required as the charity increases in size and incurs additional running costs.

This will be reviewed over the course of the next twelve months as part of the organisation's investment strategy.

Principal funding sources

Our Funders & supporters provide funding, contracts, donations, fundraising and bequests. We are eternally grateful for support both financially and otherwise to help us continue to support those who most need it. Our Funders for 2023-24 include: -

Doncaster MBC
NHS Doncaster CCG
Other Mind charities
The Coalfields Regeneration Trust
Many individuals and organisations

Doncaster Mind

Trustees' Report

Structure, governance and management

Nature of governing document

Legal Structure

Doncaster Mind is a company limited by guarantee and was incorporated on 9 November 2010.

Doncaster Mind is governed by a constitution and working rules. It is a local association affiliated to National Mind, and is a registered charity. Trustees are either elected at the Annual general Meeting or co-opted in the course of the year, in accordance with the constitution and working rules.

The constitution and working rules set out various categories of membership and full members shall be entitled to vote at all general meetings of the association.

On payment of an annual levy to National Mind, the charity shall remain affiliated and can participate in the affairs of National Mind to such a degree, and through such representation, as may be determined by the Trustees and in compliance with the membership agreement held with National Mind.

In the event of a winding up of the charity, any surplus funds must be applied to any charitable purposes in connection with the preservation and safeguarding of mental health and the relief of persons suffering from mental disorders.

The Trustees have responsibility to ensure that the charity is properly funded by direct grant or other means. The Association is not allowed to be insolvent and is subject to annual examination by independent examiners.

Recruitment and appointment of trustees

In accordance with the charity's constitution new trustees are appointed by the members of the charity.

The trustees and members regularly review the composition of the board and recruit new trustees in the light of skills and experience required and available.

Induction and training of trustees

New trustees undergo an induction to brief them on their obligations under charity law. In addition they are briefed on the work of the organisation, its relationship with National Mind and other Local Mind Associations, and the values and principles which underpin the Mind network. The Trustees are provided with documentation detailing the services provided, staffing structure and relevant policies and procedures.

Trustees are encouraged to take part in other training opportunities provided by Doncaster Mind, National Mind and other organisations as appropriate.

Arrangements for setting key management personnel remuneration

Details of the key management personnel are included in the Reference and Administrative Details section of this report. Remuneration for key management personnel is set by the trustees and is based on the seniority of roles, market rates and individual performance.

Doncaster Mind

Trustees' Report

Organisational structure

The day to day management of the charity is delegated by the trustees to the Chief Executive Officer, and the overall management and governance of the charity is carried out by a committee of Trustees (the Executive Committee) who work closely with the Chief Executive Officer.

As individuals, Trustees are expected to:-

- attend all Executive Committee meetings.
- be interested in, and committed to, the on-going work and development of Doncaster Mind
- understand and be committed to Doncaster Mind's mission statement and policies including its equal opportunities policy
- participate in events, recruitment and selection panels and the strategic development of Doncaster Mind

As a group the Trustees are responsible for:-

- employing staff
- deciding overall policy
- ensuring the funds are properly accounted for
- ensuring that, given constraints and available resources, Doncaster Mind is meeting its aims
- providing the strategic direction for Doncaster Mind

Relationships with related parties

Mind

Although a separate charity in its own right, the charity is affiliated with the national Mind charity and is able to access funding and advice from the national charity.

Major risks and management of those risks

Risk assessments have been undertaken and have covered issues such as governance and management, operational risks, financial risk, external factors and compliance risk. The organisation has a risk register which is monitored and updated every quarter.

Doncaster Mind

Trustees' Report

Reference and Administrative Details

Trustees

Ms A Symon, Chairperson
Ms R B Roberts, Treasurer
Mr C Clark (resigned 5 February 2024)
Ms M B Orlovic (resigned 6 November 2023)
Mr P H Jones
Mr U Pednekar (resigned 3 April 2023)
Mrs M Banks (appointed 3 April 2023)
Mr L Hollando (appointed 3 April 2023)
Mr D J Smith
Mr G Maynard (appointed 8 January 2024)
Mr I Williams (appointed 8 January 2024)

Senior Management Team

Ms L Arthur, CEO

Principal Office

Exchange Buildings
Second Floor
35 Market Place
Doncaster
South Yorkshire
DN1 1NE
The charity is incorporated in England and Wales.

Company Registration Number 07433894

Charity Registration Number 11411416

Bankers

CAF Bank
25 Kings Avenue,
Kings Hill
West Mailing
Kent
ME19 4JQ

Independent Examiner

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Doncaster Mind for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:


- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 18 December 2024 and signed on its behalf by:


.....
Ms A Symon
Trustee

Doncaster Mind

Independent Examiner's Report to the trustees of Doncaster Mind

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which are set out on pages 20 to 37.

Respective responsibilities of trustees and examiner

As the charity's trustees of Doncaster Mind (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Doncaster Mind are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

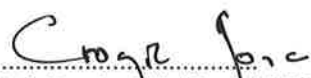
Independent examiner's statement

Since Doncaster Mind's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Doncaster Mind as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



M S Crozier MA (Cantab) FCCA ACA ATII
Association of Chartered Certified Accountants

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

Independent Examiner's Report to the trustees of Doncaster Mind

18 December 2024

Doncaster Mind

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	3	43,598	-	43,598
Charitable activities	4	305,246	519,151	824,397
Investment income	5	2,183	-	2,183
Total income		<u>351,027</u>	<u>519,151</u>	<u>870,178</u>
Expenditure on:				
Charitable activities	6	(183,114)	(486,783)	(669,897)
Other expenditure	7	(1,162)	-	(1,162)
Total expenditure		<u>(184,276)</u>	<u>(486,783)</u>	<u>(671,059)</u>
Net income		<u>166,751</u>	<u>32,368</u>	<u>199,119</u>
Net movement in funds		166,751	32,368	199,119
Reconciliation of funds				
Total funds brought forward		<u>302,349</u>	<u>7,600</u>	<u>309,949</u>
Total funds carried forward	21	<u>469,100</u>	<u>39,968</u>	<u>509,068</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	3	41,496	-	41,496
Charitable activities	4	137,425	351,844	489,269
Investment income	5	747	-	747
Total income		<u>179,668</u>	<u>351,844</u>	<u>531,512</u>
Expenditure on:				
Charitable activities	6	(187,243)	(296,126)	(483,369)
Other expenditure	7	(1,549)	-	(1,549)
Total expenditure		<u>(188,792)</u>	<u>(296,126)</u>	<u>(484,918)</u>
Net (expenditure)/income		<u>(9,124)</u>	<u>55,718</u>	<u>46,594</u>
Transfers between funds		<u>116,713</u>	<u>(116,713)</u>	<u>-</u>
Net movement in funds		107,589	(60,995)	46,594
Reconciliation of funds				
Total funds brought forward		<u>194,760</u>	<u>68,595</u>	<u>263,355</u>
Total funds carried forward	21	<u>302,349</u>	<u>7,600</u>	<u>309,949</u>

All of the charity's activities derive from continuing operations during the above two periods.

Doncaster Mind

(Registration number: 07433894) Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	15	3,484	4,646
Current assets			
Debtors	16	74,252	84,160
Cash at bank and in hand	17	<u>447,182</u>	<u>594,847</u>
		521,434	679,007
Creditors: Amounts falling due within one year	18	<u>(15,850)</u>	<u>(373,704)</u>
Net current assets		<u>505,584</u>	<u>305,303</u>
Net assets		<u>509,068</u>	<u>309,949</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	21	39,968	7,600
Unrestricted income funds			
Unrestricted funds		<u>469,100</u>	<u>302,349</u>
Total funds	21	<u>509,068</u>	<u>309,949</u>


For the financial year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

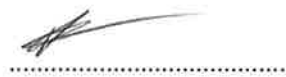
Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 20 to 37 were approved by the trustees, and authorised for issue on 18 December 2024 and signed on their behalf by:


.....
Ms A Symon
Trustee


.....
Ms R B Roberts
Trustee

Doncaster Mind

Statement of Cash Flows for the Year Ended 31 March 2024

	Note	2024 £	2023 £
Cash flows from operating activities			
Net income		199,119	46,594
Adjustments to cash flows from non-cash items			
Depreciation	7	1,162	1,549
Investment income	5	<u>(2,183)</u>	<u>(747)</u>
		198,098	47,396
Working capital adjustments			
Decrease/(increase) in debtors	16	9,908	(43,128)
(Decrease)/increase in creditors	18	<u>(357,854)</u>	<u>341,952</u>
Net cash flows from operating activities		<u>(149,848)</u>	<u>346,220</u>
Cash flows from investing activities			
Interest receivable and similar income	5	2,183	747
Purchase of tangible fixed assets	15	<u>-</u>	<u>(5,248)</u>
Net cash flows from investing activities		<u>2,183</u>	<u>(4,501)</u>
Net (decrease)/increase in cash and cash equivalents		(147,665)	341,719
Cash and cash equivalents at 1 April		<u>594,847</u>	<u>253,128</u>
Cash and cash equivalents at 31 March	23	<u><u>447,182</u></u>	<u><u>594,847</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Exchange Buildings
Second Floor
35 Market Place
Doncaster
South Yorkshire
DN1 1NE

These financial statements were authorised for issue by the trustees on 18 December 2024.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Doncaster Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on estimated usage.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

Support costs

Support costs include those functions which assist with the work of the charity but do not directly undertake charitable activities, including admin costs, finance, IT, governance costs and other central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including preparation of statutory accounts and independent examination.

Government grants

Government grants are recognised based on the performance model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income in the period in which the charity has entitlement to the income and any performance conditions have been met. Grants relating to assets are recognised in full when there is unconditional entitlement to the grant.

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Taxation

The company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within the categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £2,500 or more are initially recorded at cost, and then carried at cost less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures, fittings and equipment	25% reducing balance basis

Trade debtors

Trade debtors are amounts due from customers or grant funders for services performed in the ordinary course of business.

Trade debtors are recognised at the settlement amount less any provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are normally recognised at their settlement amount.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the Charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date. The charity currently has no borrowings.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

3 Income from donations and legacies

	Unrestricted funds	Total 2024	Total 2023
	General £	£	£
Donations and legacies;			
Donations from companies, trusts and similar proceeds	21,024	21,024	10,880
Donations from individuals	22,574	22,574	30,616
	<u>43,598</u>	<u>43,598</u>	<u>41,496</u>

The charity benefits from the support and work of volunteers for which it is extremely grateful. In accordance with the Charities SORP, the economic contribution of general volunteers is not recognised in the accounts.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

4 Income from charitable activities

	Unrestricted funds		Total 2024	Total 2023
	General	Restricted funds		
	£	£	£	£
Fees and supplies	23,764	-	23,764	21,311
Rental income	110	-	110	154
Room hire	500	-	500	-
DMBC	-	200,000	200,000	200,000
NHS Doncaster CCG - High Intensity User Service	74,195	116,000	190,195	122,383
Other Mind charities	62,208	49,992	112,200	21,310
Coalfields Grant	5,000	-	5,000	23,485
Arnold Clarke	-	-	-	1,000
Walking Group	-	-	-	865
Organ Barrel Theatre	-	-	-	1,058
Winter Fund	-	-	-	4,373
DMBC - Mental Health Community Connectors	-	152,670	152,670	65,009
DMBC - Winter Warmth	-	489	489	489
DMBC - Mental Health Service	4,000	-	4,000	2,451
DMBC - Ukrainian Peer Groups	5,000	-	5,000	5,000
People Focused Group	-	-	-	15,463
Thomas Wall	-	-	-	4,918
RDASH	12,000	-	12,000	-
Doncaster Culture Leisure Trust	250	-	250	-
Gardening Group	219	-	219	-
RSPH Trainer Grant	1,000	-	1,000	-
Mind Help through Hardship	97,000	-	97,000	-
National Mind Refugee Grant	20,000	-	20,000	-
	<u>305,246</u>	<u>519,151</u>	<u>824,397</u>	<u>489,269</u>

Government grant income includes grant income above from DMBC and the NHS and totalled £552,354 (2023: £395,332).

In 2023 £137,425 was attributable to unrestricted funds and £351,844 to restricted funds.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

5 Investment income

	Unrestricted funds	Total 2024	Total 2023
	General £	£	£
Interest receivable and similar income;			
Interest receivable on bank deposits	2,183	2,183	747

6 Expenditure on charitable activities

	Activity undertaken directly £	Grant funding of activity £	Activity support costs £	Total 2024 £	Total 2023 £
Activities and social events	2,137	-	-	2,137	1,536
Sessional fees	4,483	-	791	5,274	6,813
Staff training	4,210	-	-	4,210	10,860
Wages and salaries	334,616	-	83,654	418,270	258,644
Staff NIC and Pensions	21,303	-	5,326	26,629	14,454
Staff Pensions	5,017	-	1,254	6,271	3,453
Grants payable	-	24,850	-	24,850	10,000
Client's training and expenses	64,339	-	-	64,339	82,232
Volunteer expenses	4,327	-	-	4,327	5,610
Equipment Repairs and Renewals	3,101	-	775	3,876	1,912
Office equipment	14,397	-	3,599	17,996	11,579
Telephone and fax	3,125	-	781	3,906	2,526
Gifts and donations	491	-	-	491	931
Hospitality and refreshments	400	-	-	400	290
Cleaning and maintenance costs	4,650	-	-	4,650	3,367
Property Repairs	-	-	1,606	1,606	1,021
Travel and subsistence	8,152	-	-	8,152	5,544
Publicity and leaflets	645	-	3,415	4,060	1,968

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

	Activity undertaken directly £	Grant funding of activity £	Activity support costs £	Total 2024 £	Total 2023 £
Legal and professional fees	2,817	-	704	3,521	3,411
Bank charges and interest	237	-	59	296	129
Rent and rates	39,042	-	10,069	49,111	41,427
Light, heat and power	10,621	-	-	10,621	11,149
Printing, postage and stationery	932	-	-	932	897
	<u>529,042</u>	<u>24,850</u>	<u>112,033</u>	<u>665,925</u>	<u>479,753</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

£179,142 (2023 - £183,627) of the above expenditure was attributable to unrestricted funds and £486,783 (2023 - £296,126) to restricted funds.

In addition to the expenditure analysed above, there are also governance costs of £3,972 (2023 - £3,616) which relate directly to charitable activities. See note 8 for further details.

7 Other expenditure

	Note	Unrestricted funds	Total 2024 £	Total 2023 £
		General £		
Depreciation, amortisation and other similar costs		1,162	1,162	1,549
		<u>1,162</u>	<u>1,162</u>	<u>1,549</u>

8 Analysis of governance costs

Governance costs

		Unrestricted funds	Total 2024 £	Total 2023 £
		General £		
Independent examiner fees				
Examination of the financial statements		3,972	3,972	3,616
		<u>3,972</u>	<u>3,972</u>	<u>3,616</u>

9 Grant-making

Analysis of grants

	Grants to institutions	
	2024 £	2023 £
Analysis		
Doncaster Foodbank	11,850	5,000
Citizens Advice Doncaster	13,000	5,000
	<u>24,850</u>	<u>10,000</u>

The support costs associated with grant-making are £Nil (31 March 2023 - £Nil).

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

Grants payable are in line with the charity's charitable activity of promoting the preservation of mental health and assisting in the relief of those suffering with mental health issues. Both grants paid relate to a joint contract with the two organistaions noted above for which Doncaster Mind is the lead charity and grant recipient.

10 Net incoming/outgoing resources

Net incoming resources for the year include:

	2024 £	2023 £
Operating leases - other assets	30,000	25,392
Depreciation of fixed assets	1,162	1,549

11 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

Mr C Clark

£18 (2023: £44) of expenses were reimbursed to Mr C Clark during the year.

These related to reimbursed vounteer travel expenses.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

12 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	418,270	258,644
Social security costs	26,629	14,454
Pension costs	6,271	3,453
	<u>451,170</u>	<u>276,551</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2024 No	2023 No
Number of employees	19	11
The number of employees on a headcount basis was 22 (2023: 14)		

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £61,421 (2023 - £56,527).

13 Independent examiner's remuneration

	2024 £	2023 £
Examination of the financial statements	<u>3,972</u>	<u>3,616</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

14 Taxation

The charity is a registered charity and is therefore exempt from taxation on charitable income or gains applied to charitable purposes.

15 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2023	16,070	16,070
At 31 March 2024	<u>16,070</u>	<u>16,070</u>
Depreciation		
At 1 April 2023	11,424	11,424
Charge for the year	<u>1,162</u>	<u>1,162</u>
At 31 March 2024	<u>12,586</u>	<u>12,586</u>
Net book value		
At 31 March 2024	<u>3,484</u>	<u>3,484</u>
At 31 March 2023	<u>4,646</u>	<u>4,646</u>

16 Debtors

	2024 £	2023 £
Trade debtors	67,518	79,661
Prepayments	<u>6,734</u>	<u>4,499</u>
	<u>74,252</u>	<u>84,160</u>

17 Cash and cash equivalents

	2024 £	2023 £
Cash on hand	300	300
Cash at bank	<u>446,882</u>	<u>594,547</u>
	<u>447,182</u>	<u>594,847</u>

18 Creditors: amounts falling due within one year

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

	2024 £	2023 £
Other taxation and social security	7,286	-
Other creditors	-	831
Accruals and deferred income	<u>8,564</u>	<u>372,873</u>
	<u>15,850</u>	<u>373,704</u>
	2024 £	2023 £
Deferred income at 1 April 2023	368,177	28,403
Resources deferred in the period	4,658	368,177
Amounts released from previous periods	<u>(368,177)</u>	<u>(28,403)</u>
Deferred income at year end	<u><u>4,658</u></u>	<u><u>368,177</u></u>

Deferred income relates to income received in advance of unconditional entitlement or time restricted grants which relate to future accounting periods.

19 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2024 £	2023 £
Land and buildings		
Within one year	<u>15,000</u>	<u>15,000</u>

20 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £6,270 (2023 - £3,453).

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

21 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
<i>General</i>				
Capital Fund	4,646	-	(1,162)	3,484
Core	297,703	351,027	(183,114)	465,616
	<u>302,349</u>	<u>351,027</u>	<u>(184,276)</u>	<u>469,100</u>
Restricted funds				
Well Being Service	-	200,000	(199,443)	557
High Intensity User Service	-	116,000	(115,677)	323
Young People	7,600	49,992	(49,666)	7,926
Community Connectors	-	153,159	(121,997)	31,162
	<u>7,600</u>	<u>519,151</u>	<u>(486,783)</u>	<u>39,968</u>
Total restricted funds	<u>7,600</u>	<u>519,151</u>	<u>(486,783)</u>	<u>39,968</u>
Total funds	<u>309,949</u>	<u>870,178</u>	<u>(671,059)</u>	<u>509,068</u>

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
Capital Fund	947	-	(1,549)	5,248	4,646
Core	193,813	179,668	(187,243)	111,465	297,703
	<u>194,760</u>	<u>179,668</u>	<u>(188,792)</u>	<u>116,713</u>	<u>302,349</u>
Restricted funds					
Well Being Service	33,988	201,058	(180,186)	(54,860)	-
High Intensity User Service	34,607	122,383	(95,137)	(61,853)	-
Young People	-	28,403	(20,803)	-	7,600
	<u>68,595</u>	<u>351,844</u>	<u>(296,126)</u>	<u>(116,713)</u>	<u>7,600</u>
Total restricted funds	<u>68,595</u>	<u>351,844</u>	<u>(296,126)</u>	<u>(116,713)</u>	<u>7,600</u>
Total funds	<u>263,355</u>	<u>531,512</u>	<u>(484,918)</u>	<u>-</u>	<u>309,949</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

Transfers represent surpluses on contract funding transferred to unrestricted funding at the end of the year when outputs have been met.

22 Analysis of net assets between funds

	Unrestricted funds		Total funds at 31 March 2024
	General	Restricted funds	
	£	£	£
Tangible fixed assets	3,484	-	3,484
Current assets	481,466	39,968	521,434
Current liabilities	(15,850)	-	(15,850)
Total net assets	469,100	39,968	509,068
	Unrestricted funds		
	General	Restricted funds	Total funds at 31 March 2023
	£	£	£
Tangible fixed assets	4,646	-	4,646
Current assets	597,512	81,495	679,007
Current liabilities	(299,809)	(73,895)	(373,704)
Total net assets	302,349	7,600	309,949

23 Analysis of net funds

	At 1 April 2023	Cash flows	At 31 March 2024
	£	£	£
Cash at bank and in hand	594,847	(147,665)	447,182
Net balance	594,847	(147,665)	447,182
	At 1 April 2022		
	£	Cash flows	At 31 March 2023
	£	£	£
Cash at bank and in hand	253,128	341,719	594,847
Net debt	253,128	341,719	594,847

24 Related party transactions

There were no related party transactions in the year.

DONCASTER MIND

England & Wales - Charity number 1141146

Accounts

Company registration number: 07433894

Charity registration number: 11411416

Doncaster Mind

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

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Doncaster Mind

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Objectives and activities

Objects and aims

The objectives of the Association as stated in our constitution are as follows:-

- to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorders and conditions of emotional or mental distress requiring advice or treatment, in association with National Mind, in accordance with the aims and objectives of National Mind.

The charity has adopted four key aims in order to deliver the objects:-

- to promote better mental health
- to provide quality services
- to campaign on mental health issues
- to challenge inequality

Doncaster Mind over the past year has grown from strength to strength despite a challenging year. Over the year we have focussed on ensuring our organisations sustainability by raising our profile, developing existing and new services, and reaching out to more people across all our communities in Doncaster.

This year we have been focussing on two consecutive timelines. On the one hand, we've had to focus on the 'now'. There is no getting away from the crises we've faced with every single day including resetting after the challenges of Covid-19, the economic and mental health crisis and the Russian invasion in Ukraine.

Whichever way we look, the situation for people's mental health across the UK is moving in the wrong direction; the cost-of-living crisis has aggravated this further still. People are struggling in record numbers, and at Doncaster Mind we've never delivered more support to more people as we attempt to keep up. But over the last 12 months we've also managed to put down serious markers for the future and this piece of work will continue next year.

As we progress with our strategy we will explore where the gaps exist in provision and we aim to work with young people and underrepresented communities to start prototyping potential new service models. We've conducted innovative, far-reaching research on a scale and depth we've never done before to try to make sense of the staggering rise in people experiencing mental health problems. We've done all of this because, whatever the answer is to the problem we're faced with, we know it can't just be about doing more of the same. As the crisis grows, we have to be effective in rising and meeting it and our aim is to have a new strategy in place next year which will help us to achieve all these objectives.

Public benefit

In setting and confirming these objectives, the trustees consider that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance issued by the Charity Commission and that the rest of this report demonstrates that the Association delivers public benefit.

Doncaster Mind

Trustees' Report

Objectives, strategies and activities

Securing current funding contracts

Secure our current contracts as they come up for renewal and diversify our other funding streams to include contracts, grants and traded income

During this year, Doncaster Mind has worked really hard to renew and diversify our funding streams to ensure that we are not solely reliant on our two largest contracts. In September 2022 these two contracts (HIU – High Intensity Use & Wellbeing Service) came up for renewal within the space of 6 weeks. The Senior Management Team worked exceptionally hard to meet all the demands from the process of retendering and submitted two really strong bids, with the Wellbeing Service continuing with the shared partnership with Changing Lives. In December 22 we were informed that our bids had been successful and these would start at the beginning of April 23 for the next three years with a possible two year extension. This was fantastic news not only for our organisation but our clients, staff and volunteers.

With these contracts being secured this gave us a platform to ensure sustainability and growth and has allowed the Senior Management Team a basis and time to work on securing new contracts, and increase grant funding and unrestricted income through traded income to enable us to bring new and different services to our organisation. By the end of the financial year you will see that not only have we increased our income by 46%, we have diversified our income to secure funding through another 10 providers /grant funders and have increased our training income by 564%.

Increasing our profile

Increase Doncaster Mind profile within Doncaster and South Yorkshire

After the shared leadership with York Mind came to an end in 2022, we quickly realised that our organisations profile both within Doncaster and South Yorkshire had been adversely affected with people and organisations thinking that Doncaster Mind no longer existed and was certainly not a key player in the mental health landscape. Over the past year we have worked extremely hard to focus our work and efforts into increasing our profile both within our community and with the commissioners of services.

Over the past year our trustees and staff team have worked really hard to ensure that we are using our voice and branding to help shape services, promote the awareness of both Doncaster Mind and other mental health services, be the voice of our clients both past, present and future and seek partnership opportunities to build a network within both VCSE and wider partners in Doncaster.

At the beginning of the end of last financial year 22 – 23 we had three services and 9 members of staff, by the end of this financial year I am pleased to report that we now have 6 services and 14 members of staff and we have seen a 52% increase in people reaching out for support through our services. Whilst this is great news that more people are reaching out for support and we have more services which are accessible to many we know that we just need to keep working hard to ensure that Doncaster Mind is considered a key player in this area and for us to ensure that we have services and support to meet our vision that “no one should face a mental health difficulty alone”.

Doncaster Mind

Trustees' Report

Developing a new strategy for the future

Develop a new strategy for the next 3 – 5 years.

There has never been a more pressing need for Doncaster Mind's services in the field of mental health, with demand already at record highs and expected to rise as the effects of the cost of living crisis become more apparent. But the environment in which we operate is unstable; statutory and grant financing is decreasing, and people's confidence and ability to donate is also declining. These financial difficulties will probably have an effect on our fundraising, therefore we need to be agile in our approach to raise much needed funds.

Over the course of the year, Doncaster Mind has conducted a number of events and collaborated on several projects with local communities and stakeholders to determine what services are offered and where there are gaps in the market. We are still growing and changing. Doncaster Mind over the year has been carrying out a number of events and co-production with stakeholders and communities in Doncaster to see what services are available and to identify the gaps in provision. We continue to develop and evolve our strategy to ensure we remain ambitious and have begun work planning for the next strategic period. We are working to attract a larger and more diverse group of supporters and to offer exciting and new ways of engaging with Doncaster Mind. And we continue to look after our staff and supporters. With our dedicated innovation function, we are testing and learning different approaches to guide us on where to put our future focus.

Increase service user engagement

Increase service user engagement through a co-production group across all services

We have increased service user engagement through a co-production group across all services. The group provides direct service user input into the planning, delivery, performance management and monitoring of the services we provided. Membership includes current users of any of Doncaster Mind's services or individuals who have used Doncaster Mind's services in the past 12 months. The group meets quarterly.

Objectives of the group include:

- Ensuring the delivery of service user focussed services in Doncaster Mind.
- To enable other people who use Doncaster Mind's services to have input into the development and delivery of Doncaster Mind services.
- To provide advice and feedback to Doncaster Mind staff and trustees on service user involvement issues.
- To agree an annual work plan to support the systematic involvement of service users in Doncaster Mind.

Significant activities undertaken and related achievements are included in the Achievements and Performance section of the report below.

Use of volunteers

The charity is grateful to all its volunteers and in particular its trustees for their time, commitment and expertise in supporting the charity.

Doncaster Mind

Trustees' Report

Achievements and performance

a) Wellbeing service

The Wellbeing Service offers a range of support through group work and one to one sessions and during the year we have continued to support people experiencing mental ill-health by adapting and providing our services to meet the needs of clients. In response to the number of referrals for group work, and the difficulties clients were having about attending group sessions we restarted the First Step workshops group assessment process. Reducing anxiety about attending sessions by using the group assessment process as a taster for what it is like to access them without the commitment of a course or group. Giving the client choice and the ability to make an informed decision about the care and support they require.

The adult mentoring service is rapidly became a successful programme with lots of positive feedback from clients. For the mentors, this type of voluntary work provides valuable work based experience whilst studying, for example, counselling or the social sciences, also for people who are looking to change their career or go back into work.

New developments this year include working in Mexborough with Link4Families to provide a 12 week programme to improve confidence and reduce anxiety, empowering participants to feel able to care for their own mental health and understand their feelings and triggers better.

We worked with the Barrel Organ Theatre Company to provide a confidence building ad-lib audience participated play which the clients went on to perform at Cast theatre.

The service started offering two evenings a week where we open later, giving more flexibility for mentoring, counselling and group sessions for people who are unable to access services during the day. In addition, we responded to demand and delivered a weekend course around Dealing with Anger.

Towards the end of the year, we took over an allotment in Hyde Park. Creating a space for us to expand our knowledge and reach.

Next year will see the service develop further to offer more activity and wellbeing sessions, facilitated peer support groups in response the needs of the clients. Sessions will continue to be available face to face, remotely and blended, and delivered within local communities.

We will develop Pop-Up Shops across all Doncaster localities to make communities aware of the services we have to offer. They will also help people access a broad range of wellbeing services in their area and the wider city that they may not realise they have access to.

We also plan to refresh the befriending service to allow for quicker access and short-term support, so better meet needs of the clients.

Feedback has shown that people accessing the service have benefitted in a variety of ways. Individuals have reported their confidence and self-esteem has increased; they have learned new coping strategies and skills that they have put into practice; their social isolation has been reduced; they have felt listened to, respected and valued; and several individuals have gone on to gain volunteer roles and employment. 100% of clients rated the service as good or above.

"I like the journey that we go on. You meet us in the First Steps and then you help us choose what works best for us. You meet with us regularly to see what our next steps are and then we get to move through the support. It's like you really get it."

Doncaster Mind

Trustees' Report

b) HIU service

This year denotes a 12 month extension to our existing contract to deliver the High Intensity Use service established in 2019/2020, which has seen commissioners putting this service out for retendering towards the end of 2022.

In the absence of a high level of referrals from DRI A&E we continued to widen the referral criteria to provide as many routes as possible into the service. Unfortunately, this has meant that the reason for the service being commissioned (to ease pressures on A&E) became extremely diluted, as we accepted referrals from both professionals and individuals themselves, often for those who were not high intensity users of A&E.

At this point whilst continuing to deliver the service under the same model, we undertook extensive research into the Blackpool Model (the national model for HIU services across England) and reached out to the originator Rhian Monteith. With her help we were able to see how the model we were delivering was not effective with high intensity users, how it created barriers and was not widely understood in Doncaster. Following this, we worked with commissioners to ensure they had a good understanding of the national HIU model and how we planned to transition to this model for the new contract which they were in complete agreement with.

Towards the end of the financial year 2022/2023, we are working on an implementation plan for the new service model that we have suggested, having had this accepted by commissioners and also having successfully won the contract for the HIU service starting in April 2023. We are planning to engage both internal & external stakeholders, commissioners and Rhian in a round of training that will see a much more widespread understanding of how the new model will work and how the service will be delivered.

As previously, the effectiveness of the service will be reliant on us obtaining the client information we need from DRI A&E to be able to manage our own caseload and work in a way that fosters engagement.

c) CYP - Young People's Service

The Young People's Service has continued to support young people aged 16 – 25 through the Mentoring Service. A focus for 2022 – 2023 was to develop links with other CYP services, schools, colleges and academies to promote the service and look at referral pathways for young people. During this period, we have linked in with Doncaster College and University, Trinity College, Vega College, NHS Cadet Scheme, Doncaster Housing for Young People, EPIC for young people & White Rose College. Our aim was to provide information around the young people service and guidance for young people experiencing mental ill health.

The Mentoring service has grown, and governance around internal procedures have given improved structure to the Young People's Service. With feedback from young people mentors and clients informing practice and policy. At the mentoring through 1:1 support we still aim to -

- Develop good Communication skills
- Help build Confidence
- Tap into Creativity
- Managing feelings
- Look at planning / problem solving
- Help build healthier relationships
- Build resilience
- Give someone a person to talk to

Doncaster Mind

Trustees' Report

We encourage young people to explore new and old techniques to support them to deal with challenges and difficulties they might be experiencing. Using a person-centred tool and model which enables young people to gain a more holistic view of their life and support they may need.

Our volunteer mentors have remained at numbers of 8 – 10 throughout this period. With the volunteers supporting 1 – 2 young people at any time. The volunteers are supported into the role by 2 days full training at Doncaster Mind and a full induction after we have received references and a DBS. Continued support and monitoring including the introduction and Volunteer Peer Support sessions and Continual Professional Development as a way of supporting our volunteers to grow and progress during their time at Doncaster Mind. Recruitment of volunteers through linking in with Doncaster College has proved beneficial as we have volunteers working towards their counselling degrees and have found the mentoring as a crucial way of gaining valuable client facing experience.

d) Mental Health Community Connectors

In June 2022, we were successful in securing the contract for this project which is commissioned by RDaSH via Doncaster Council. The MHCC's project offers locality based mental health support by way of signposting and hand holding to groups and supports through the wealth of knowledge acquired by the team. We undertook recruitment during June/July and for the first time implemented a new recruitment process via open community based recruitment. The driver for this change was that we knew we needed a team of people who could easily connect and communicate with others; such people may well not be those who would complete an application form and sit in a formal interview. We created a process by which those interested in the roles (there are 4 community connectors and a co-ordinator) could come and meet us in community venues across Doncaster and take part in group activities that would allow them to share their thoughts and ideas and at the same time allow us to assess the best candidate to undertake the roles. For the co-ordinator we implemented our standard recruitment process as this role would be more office/admin based.

Following successful recruitment and with little in the way of a job description for the role we set out a stages approach to the work. In stage one, the team were asked to undertake research in each of their localities to build their knowledge of what was available. In stage two, they began outreach and working to connect individuals with all the different groups and supports they had discovered and become known and trusted faces within each of their localities.

In stage three, in development with commissioners the team began working alongside staff at the new Mental Health hubs. Some role development was needed at this stage since this had not been part of the original brief and we needed to safeguard the community based nature of their work which provided the knowledge they needed to effectively support the MH Hubs.

For us as an organisation, this project has provided an invaluable locality rather than centrally based connection with the Doncaster community. It has provided a two way communication that channels expertise outwards and local knowledge inwards which benefits both the organisation and our community. As a result, we have been able to rapidly grow awareness of the services we offer and develop relationships and trust with communities at a local level. Our community connectors are our eyes and ears across Doncaster within the community and we have gained a significant understanding of the differences both in community diversity across Doncaster, the variations in local provision and the differences in local need.

We are currently in discussion with commissioners about extending funding so that we can ensure the project continues beyond its initial 12 months. Since the start of the project in July 2022, we have helped 112 individuals at an early intervention/prevention level through the work of this team.

Doncaster Mind

Trustees' Report

MHCC's feedback quotes:

"I just wanted to give a bit of feedback regarding working with Jane the connector for central. Jane has been a fountain of knowledge, she met with myself and one of my patients yesterday, she made a connection immediately, expanding on my patient she has immense trust issues and is severely depressed it has taken a few weeks for her to agree to meet Jane. I went back with my patient to continue our appointment and she discussed different ideas and options Jane had raised which included her disabled son. My issue there is just not enough of Jane and her time is limited and her role very scripted. My patient has made a connection with Jane, I would now be reluctant to move her on and introduce her to another practitioner for peer support, she has spoken many times of feeling 'passed around'. I know all of our roles started on a theory, in practice we are working on feedback for development, quite honestly, I would prefer working with Jane with my patients from start to finish in a collaborative format, she has excellent people skills and presents as extremely open, honest and caring, patients pick up on that." (feedback from MH Hub clinician)

"Hi Marie, thanks for our chat today, feeling a bit more positive now I've got a few things off my chest - the irony of a rainbow appearing in the sky as I left was a mood lifter! Thank you for everything."(feedback from client)

New Developments

Therapy Service

Towards the end of 2023, we were asked by ICB commissioners to submit a project proposal that would add further counselling provision to that already available in Doncaster due to the demand on services that meant waiting lists were often closed. We were successful in securing funding for this service and we have started the recruitment process in readiness to launch the service from April 23.

The service design includes the delivery of a free counselling service that complements that already commissioned under our wellbeing contract. We have recruited counselling students on placement to deliver this service who are supervised by our qualified counselling lead. Using the funding provided, alongside the funded counselling we are also developing a fast-track model that sees the use of qualified, experienced sessional counsellors delivering a fast-track pay-for counselling service for those who can afford to pay for their counselling. Our plan is to work to ensure that Doncaster Mind can sustain a counselling service that is not reliant on the availability of ever scarcer funding by using the pay-for service to provide a free service to those who cannot pay for their counselling. In effect, for every session that is paid for, we can offer a free session to someone who needs it.

Settle

With a small amount of matched funding from Doncaster Council and National Mind we have this year established a service supporting the Ukrainian refugees who have settled in Doncaster. To support these activities, we recruited an outreach worker who is herself a refugee who arrived in the UK in May 2022.

She has undertaken considerable consultation with the refugees attending the drop-in provided by the Ukrainian Centre in Doncaster, and based on two specific areas for support highlighted by this work, we have implemented a Psychological & Wellbeing Group (providing group psychological support facilitated by a Ukrainian psychologist), and an English Speaking Club (providing spoken English practice facilitated by a Ukrainian English teacher).

Our outreach worker has done an amazing job both of finding the facilitators for these sessions and promoting them across the Ukrainian refugee community in Doncaster. As part of the resettlement arrangements for refugees, they are required to attend ESOL classes and our English Speaking Club aims to support this classroom based learning with spoken language practice. It also provides subtle peer support and members of the group are enjoying spending time together on a regular basis.

Doncaster Mind

Trustees' Report

Next year, we are planning to apply for continuation funding to be able to continue our existing support and in addition, to be able to increase activities that promote integration for the Ukrainian refugee community as well as begin work with the Afghan Community.

Raising Profile of Doncaster Mind

In response to the covid-pandemic and our shared leadership with York Mind, the current profile of Doncaster Mind was not as prominent and effective in the Doncaster community. Over the past year our staff team have worked really hard to ensure that we are using our voice and branding to help shape services, promote the awareness of both Doncaster Mind and other mental health services, be the voice of our clients both past, present and future and seek partnership opportunities to build a network within both VCSE and wider partners in Doncaster.

This is an area of work we will be focussing on during the next financial year to ensure that Doncaster Mind is sustainable and able to grow and develop further.

As part of this piece of work, we recognise that Doncaster Mind sits within an Integrated care system with our nearby Local Mind Association colleagues, Sheffield Mind and Rotherham & Barnsley Mind. As part of raising our profile we have spent some time working with each other to improve the lives and services of people across South Yorkshire benefitting from our shared mission and values, collective voice and understanding of the difficulties each of our communities face. Each organisation is dedicated to looking at delivering joint services, sharing resources and knowledge to deliver much needed services across South Yorkshire.

Ukrainian English Speaking Club in Mallard room - Nov 2022:



Plans for future periods

Aims and key objectives for future periods

Aims and Objectives for 23/24

- Achieve Mind Quality Management Framework
- Continue to increase Doncaster Mind profile within Doncaster and South Yorkshire
- Ensure that our Equality, Diversity and Inclusion reaches all aspects of our organisation and is fully embedded across our clients, staff, volunteers and trustees.
- Ensure that we have services which target our underrepresented communities

Doncaster Mind

Trustees' Report

Financial review

The income for the year was £531,512 (2022 £362,972) and expenditure was £484,918 (2022:£354,943).

The increase in income was a result of an increase in grant funding, with additional income from new grants and funders of approximately £100,000. Income from fees and supplies also increased by £18,000. Expenditure increased broadly in line with income.

The charity had a surplus of £46,594 (2022 £8,029).

Policy on reserves

At the year end total reserves carried forward were £309,949 made up of £7,600 restricted funds and £302,349 unrestricted funds. (2022: Total funds of £263,355 including £68,595 restricted and £194,760 unrestricted general funds).

Total funds include £4,646 which could only be realised by disposing of fixed assets.

The charity's unrestricted free reserves at 31 March 2023 were £297,703 (2022: £193,813).

The charity recognises that it requires a level of reserves sufficient to cover unforeseen day to day operational costs, unforeseen emergencies or unexpected funding requirements, a buffer to allow time to take action if for example a major source of funding is not renewed, and to cover planned commitments such as asset purchases which cannot be met by future income. The charity also needs to manage cash reserves to ensure that it has funds to cover any potential budget deficit or fundraising shortfall, the normal quarterly cashflow differences between income and expenditure, notice periods or redundancy costs for staff and committed costs for leases.

Doncaster Mind has a Reserves Policy which commits the association to achieving and maintaining general reserves equivalent to three months running costs plus estimated staff notice and redundancy costs and committed lease costs, which at 31 March 2023 equated to approximately £200,000. The unrestricted funds for the year ending 31 March 2023 were £302,349 (2022 - £194,760), which is above the target figure but which would allow for any unforeseeable costs involved in the winding up of the charity, and will be required as the charity increases in size and incurs additional running costs.

This will be reviewed over the course of the next twelve months as part of the organisation's investment strategy.

Principal funding sources

Our Funders & supporters provide funding, contracts, donations, fundraising and bequests. We are eternally grateful for support both financially and otherwise to help us continue to support those who most need it. Our Funders for 2022-23 include: -

Doncaster MBC
NHS Doncaster CCG
Other Mind charities
The Coalfields Regeneration Trust
Many individuals and organisations

Doncaster Mind

Trustees' Report

Structure, governance and management

Nature of governing document

Legal Structure

Doncaster Mind is a company limited by guarantee and was incorporated on 9 November 2010.

Doncaster Mind is governed by a constitution and working rules. It is a local association affiliated to National Mind, and is a registered charity. Trustees are either elected at the Annual general Meeting or co-opted in the course of the year, in accordance with the constitution and working rules.

The constitution and working rules set out various categories of membership and full members shall be entitled to vote at all general meetings of the association.

On payment of an annual levy to National Mind, the charity shall remain affiliated and can participate in the affairs of National Mind to such a degree, and through such representation, as may be determined by the Trustees and in compliance with the membership agreement held with National Mind.

In the event of a winding up of the charity, any surplus funds must be applied to any charitable purposes in connection with the preservation and safeguarding of mental health and the relief of persons suffering from mental disorders.

The Trustees have responsibility to ensure that the charity is properly funded by direct grant or other means. The Association is not allowed to be insolvent and is subject to annual examination by independent examiners.

Recruitment and appointment of trustees

In accordance with the charity's constitution new trustees are appointed by the members of the charity.

The trustees and members regularly review the composition of the board and recruit new trustees in the light of skills and experience required and available.

Induction and training of trustees

New trustees undergo an induction to brief them on their obligations under charity law. In addition they are briefed on the work of the organisation, its relationship with National Mind and other Local Mind Associations, and the values and principles which underpin the Mind network. The Trustees are provided with documentation detailing the services provided, staffing structure and relevant policies and procedures.

Trustees are encouraged to take part in other training opportunities provided by Doncaster Mind, National Mind and other organisations as appropriate.

Arrangements for setting key management personnel remuneration

Details of the key management personnel are included in the Reference and Administrative Details section of this report. Remuneration for key management personnel is set by the trustees and is based on the seniority of roles, market rates and individual performance.

Doncaster Mind

Trustees' Report

Organisational structure

The day to day management of the charity is delegated by the trustees to the Chief Executive Officer, and the overall management and governance of the charity is carried out by a committee of Trustees (the Executive Committee) who work closely with the Chief Executive Officer.

As individuals, Trustees are expected to:-

- attend all Executive Committee meetings.
- be interested in, and committed to, the on-going work and development of Doncaster Mind
- understand and be committed to Doncaster Mind's mission statement and policies including its equal opportunities policy
- participate in events, recruitment and selection panels and the strategic development of Doncaster Mind

As a group the Trustees are responsible for:-

- employing staff
- deciding overall policy
- ensuring the funds are properly accounted for
- ensuring that, given constraints and available resources, Doncaster Mind is meeting its aims
- providing the strategic direction for Doncaster Mind

Relationships with related parties

Mind

Although a separate charity in its own right, the charity is affiliated with the national Mind charity and is able to access funding and advice from the national charity.

Major risks and management of those risks

Risk assessments have been undertaken and have covered issues such as governance and management, operational risks, financial risk, external factors and compliance risk. The organisation has a risk register which is monitored and updated every quarter.

Doncaster Mind
Trustees' Report

Reference and Administrative Details

Trustees	Ms A Symon, Chairperson Ms R B Roberts, Treasurer Mr C Clark Ms M B Orlovic Mr P H Jones Mr U Pednekar (resigned 3 April 2023) Mrs M Banks (appointed 3 April 2023) Mr L Hollando (appointed 3 April 2023) Mr D J Smith (appointed 30 January 2023)
Senior Management Team	Ms L Arthur, CEO
Principal Office	Exchange Buildings Second Floor 35 Market Place Doncaster South Yorkshire DN1 1NE The charity is incorporated in England and Wales.
Company Registration Number	07433894
Charity Registration Number	11411416
Bankers	CAF Bank 25 Kings Avenue, Kings Hill West Mailing Kent ME19 4JQ
Independent Examiner	Crozier Jones LLP Chartered Certified Accountants and Registered Auditors 9/13 Thorne Road Doncaster South Yorkshire DN1 2HJ

Doncaster Mind

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Doncaster Mind for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 18 December 2023 and signed on its behalf by:



Ms A Symon
Trustee

Doncaster Mind

Independent Examiner's Report to the trustees of Doncaster Mind

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 16 to 34.

Respective responsibilities of trustees and examiner

As the charity's trustees of Doncaster Mind (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Doncaster Mind are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since Doncaster Mind's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Doncaster Mind as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


.....
M S Crozier MA (Cantab) FCCA ACA ATII
Association of Chartered Certified Accountants

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

Independent Examiner's Report to the trustees of Doncaster Mind

18 December 2023

Doncaster Mind

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	3	41,496	-	41,496
Charitable activities	4	137,425	351,844	489,269
Investment income	5	747	-	747
Total income		<u>179,668</u>	<u>351,844</u>	<u>531,512</u>
Expenditure on:				
Charitable activities	6	(187,243)	(296,126)	(483,369)
Other expenditure	7	(1,549)	-	(1,549)
Total expenditure		<u>(188,792)</u>	<u>(296,126)</u>	<u>(484,918)</u>
Net (expenditure)/income		(9,124)	55,718	46,594
Transfers between funds		<u>116,713</u>	<u>(116,713)</u>	-
Net movement in funds		107,589	(60,995)	46,594
Reconciliation of funds				
Total funds brought forward		<u>194,760</u>	<u>68,595</u>	<u>263,355</u>
Total funds carried forward	21	<u>302,349</u>	<u>7,600</u>	<u>309,949</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	3	34,291	3,000	37,291
Charitable activities	4	9,283	316,387	325,670
Investment income	5	11	-	11
Total income		<u>43,585</u>	<u>319,387</u>	<u>362,972</u>
Expenditure on:				
Charitable activities	6	(117,190)	(237,437)	(354,627)
Other expenditure	7	(316)	-	(316)
Total expenditure		<u>(117,506)</u>	<u>(237,437)</u>	<u>(354,943)</u>
Net (expenditure)/income		(73,921)	81,950	8,029
Transfers between funds		<u>57,962</u>	<u>(57,962)</u>	-
Net movement in funds		(15,959)	23,988	8,029
Reconciliation of funds				
Total funds brought forward		<u>210,719</u>	<u>44,607</u>	<u>255,326</u>
Total funds carried forward	21	<u>194,760</u>	<u>68,595</u>	<u>263,355</u>

Doncaster Mind

**Statement of Financial Activities for the Year Ended 31 March 2023
(Including Income and Expenditure Account and Statement of Total
Recognised Gains and Losses)**

All of the charity's activities derive from continuing operations during the above two periods.

Doncaster Mind

(Registration number: 07433894) Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	15	4,646	947
Current assets			
Debtors	16	84,160	41,032
Cash at bank and in hand	17	<u>594,847</u>	<u>253,128</u>
		679,007	294,160
Creditors: Amounts falling due within one year	18	<u>(373,704)</u>	<u>(31,752)</u>
Net current assets		<u>305,303</u>	<u>262,408</u>
Net assets		<u>309,949</u>	<u>263,355</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	21	7,600	68,595
Unrestricted income funds			
Unrestricted funds		<u>302,349</u>	<u>194,760</u>
Total funds	21	<u>309,949</u>	<u>263,355</u>


For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.


Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 16 to 34 were approved by the trustees, and authorised for issue on 18 December 2023 and signed on their behalf by:


.....
Ms A Symon
Trustee


.....
Ms R B Roberts
Trustee

Doncaster Mind

Statement of Cash Flows for the Year Ended 31 March 2023

	Note	2023 £	2022 £
Cash flows from operating activities			
Net income		46,594	8,029
Adjustments to cash flows from non-cash items			
Depreciation	7	1,549	316
Investment income	5	<u>(747)</u>	<u>(11)</u>
		47,396	8,334
Working capital adjustments			
Increase in debtors	16	(43,128)	(29,579)
Increase in creditors	18	<u>341,952</u>	<u>22,079</u>
Net cash flows from operating activities		<u>346,220</u>	<u>834</u>
Cash flows from investing activities			
Interest receivable and similar income	5	747	11
Purchase of tangible fixed assets	15	<u>(5,248)</u>	<u>-</u>
Net cash flows from investing activities		<u>(4,501)</u>	<u>11</u>
Net increase in cash and cash equivalents		341,719	845
Cash and cash equivalents at 1 April		<u>253,128</u>	<u>252,283</u>
Cash and cash equivalents at 31 March	23	<u><u>594,847</u></u>	<u><u>253,128</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Exchange Buildings
Second Floor
35 Market Place
Doncaster
South Yorkshire
DN1 1NE

These financial statements were authorised for issue by the trustees on 18 December 2023.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Doncaster Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on estimated usage.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

Support costs

Support costs include those functions which assist with the work of the charity but do not directly undertake charitable activities, including admin costs, finance, IT, governance costs and other central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including preparation of statutory accounts and independent examination.

Government grants

Government grants are recognised based on the performance model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income in the period in which the charity has entitlement to the income and any performance conditions have been met. Grants relating to assets are recognised in full when there is unconditional entitlement to the grant.

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Taxation

The company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within the categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £2,500 or more are initially recorded at cost, and then carried at cost less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures, fittings and equipment	25% reducing balance basis

Trade debtors

Trade debtors are amounts due from customers or grant funders for services performed in the ordinary course of business.

Trade debtors are recognised at the settlement amount less any provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are normally recognised at their settlement amount.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the Charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date. The charity currently has no borrowings.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

3 Income from donations and legacies

	Unrestricted funds		
	General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	10,880	10,880	20,939
Donations from individuals	<u>30,616</u>	<u>30,616</u>	<u>16,352</u>
	<u>41,496</u>	<u>41,496</u>	<u>37,291</u>

In 2022 income from donations included £3,000 of restricted income and £34,291 of unrestricted income.

The charity benefits from the support and work of volunteers for which it is extremely grateful. In accordance with the Charities SORP the economic contribution of general volunteers is not recognised in the accounts.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

4 Income from charitable activities

	Unrestricted funds		Total 2023 £	Total 2022 £
	General £	Restricted funds £		
Fees and supplies	21,311	-	21,311	3,205
Rental income	154	-	154	264
DMBC	-	200,000	200,000	200,000
NHS Doncaster CCG - High Intensity User Service	-	122,383	122,383	112,182
Other Mind charities	21,310	-	21,310	5,814
Coalfields Grant	-	23,485	23,485	4,205
Arnold Clarke	1,000	-	1,000	-
Walking Group	865	-	865	-
Organ Barrel Theatre	-	1,058	1,058	-
Winter Fund	4,373	-	4,373	-
DMBC - Mental Health Community Connectors	65,009	-	65,009	-
DMBC - Winter Warmth	489	-	489	-
DMBC - Mental Health Service	2,451	-	2,451	-
DMBC - Ukrainian Peer Groups	5,000	-	5,000	-
People Focused Group	15,463	-	15,463	-
Thomas Wall	-	4,918	4,918	-
	<u>137,425</u>	<u>351,844</u>	<u>489,269</u>	<u>325,670</u>

Government grant income includes grant income above from DMBC, and the NHS, and totalled £395,332 (2022: £312,182).

In 2022 £9,283 was attributable to unrestricted funds and £316,387 to restricted funds.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

5 Investment income

	Unrestricted funds	Total 2023	Total 2022
	General £	£	£
Interest receivable and similar income;			
Interest receivable on bank deposits	747	747	11

6 Expenditure on charitable activities

	Activity undertaken directly £	Grant funding of activity £	Activity support costs £	Total 2023 £	Total 2022 £
Activities and social events	1,536	-	-	1,536	681
Sessional fees	6,813	-	-	6,813	4,030
Staff training	9,231	-	1,629	10,860	1,465
Wages and salaries	206,915	-	51,729	258,644	141,645
Staff NIC	11,563	-	2,891	14,454	8,320
Staff pensions	2,762	-	691	3,453	1,688
Grants payable	-	10,000	-	10,000	-
Client's training and expenses	82,232	-	-	82,232	130,600
Volunteer expenses	5,610	-	-	5,610	424
Equipment					
Repairs and Renewals	1,530	-	382	1,912	-
Office equipment	9,263	-	2,316	11,579	9,420
Telephone and fax	2,020	-	506	2,526	2,156
Gifts and donations	931	-	-	931	412
Hospitality and refreshments	290	-	-	290	129
Cleaning and maintenance costs	-	-	3,367	3,367	2,266
Property Repairs	-	-	1,021	1,021	-
Travel and subsistence	4,435	-	1,109	5,544	2,228
Publicity and leaflets	1,968	-	-	1,968	1,104

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

	Activity undertaken directly £	Grant funding of activity £	Activity support costs £	Total 2023 £	Total 2022 £
Legal and professional fees	-	-	3,411	3,411	589
Bank charges	-	-	129	129	96
Rent and rates	33,142	-	8,285	41,427	32,319
Light, heat and power	8,919	-	2,230	11,149	10,350
Printing, postage and stationery	718	-	179	897	1,355
	<u>389,878</u>	<u>10,000</u>	<u>79,875</u>	<u>479,753</u>	<u>351,277</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

£183,627 (2022 - £113,840) of the above expenditure was attributable to unrestricted funds and £296,126 (2022 - £237,437) to restricted funds.

In addition to the expenditure analysed above, there are also governance costs of £3,616 (2022 - £3,350) which relate directly to charitable activities. See note 8 for further details.

7 Other expenditure

		Unrestricted funds		
	Note	General £	Total 2023 £	Total 2022 £
Depreciation, amortisation and other similar costs		1,549	1,549	316
		1,549	1,549	316

8 Analysis of governance costs

Governance costs

		Unrestricted funds		
		General £	Total 2023 £	Total 2022 £
Independent examiner fees				
Examination of the financial statements		3,616	3,616	3,350
		3,616	3,616	3,350

9 Grant-making

Analysis of grants

	Grants to institutions 2023 £
Analysis	
Doncaster Foodbank	5,000
Citizens Advice Doncaster	5,000
	10,000

The support costs associated with grant-making are £Nil (31 March 2022 - £Nil).

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

Grants payable are in line with the charity's charitable activity of promoting the preservation of mental health and assisting in the relief of those suffering with mental health issues. Both grants paid relate to a joint contract with the two organistaions noted above for which Doncaster Mind is the lead charity and grant recipient.

10 Net incoming/outgoing resources

Net incoming resources for the year include:

	2023 £	2022 £
Operating leases - other assets	25,392	17,430
Depreciation of fixed assets	<u>1,549</u>	<u>316</u>

11 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

Mr C Clark

£44 (2022: £Nil) of expenses were reimbursed to Mr C Clark during the year.

These related to reimbursed vounteer travel expenses.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

12 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	258,644	141,645
Social security costs	14,454	8,320
Pension costs	<u>3,453</u>	<u>1,688</u>
	<u>276,551</u>	<u>151,653</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2023 No	2022 No
Number of employees	<u>11</u>	<u>7</u>

The number of employees on a headcount basis was 14 (2022: 9)

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £56,527 (2022 - £Nil).

13 Independent examiner's remuneration

	2023 £	2022 £
Examination of the financial statements	<u>3,616</u>	<u>3,350</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

14 Taxation

The charity is a registered charity and is therefore exempt from taxation on charitable income or gains applied to charitable purposes.

15 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2022	10,822	10,822
Additions	<u>5,248</u>	<u>5,248</u>
At 31 March 2023	<u>16,070</u>	<u>16,070</u>
Depreciation		
At 1 April 2022	9,875	9,875
Charge for the year	<u>1,549</u>	<u>1,549</u>
At 31 March 2023	<u>11,424</u>	<u>11,424</u>
Net book value		
At 31 March 2023	<u>4,646</u>	<u>4,646</u>
At 31 March 2022	<u>947</u>	<u>947</u>

16 Debtors

	2023 £	2022 £
Trade debtors	79,661	30,933
Prepayments	<u>4,499</u>	<u>10,099</u>
	<u>84,160</u>	<u>41,032</u>

17 Cash and cash equivalents

	2023 £	2022 £
Cash on hand	300	300
Cash at bank	<u>594,547</u>	<u>252,828</u>
	<u>594,847</u>	<u>253,128</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

18 Creditors: amounts falling due within one year

	2023 £	2022 £
Other creditors	831	-
Accruals and deferred income	<u>372,873</u>	<u>31,752</u>
	<u>373,704</u>	<u>31,752</u>
	2023 £	2022 £
Deferred income at 1 April 2022	28,403	2,000
Resources deferred in the period	368,177	28,403
Amounts released from previous periods	<u>(28,403)</u>	<u>(2,000)</u>
Deferred income at year end	<u>368,177</u>	<u>28,403</u>

Deferred income relates to income received in advance of unconditional entitlement or time-restricted grants which relate to future accounting periods.

19 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2023 £	2022 £
Land and buildings		
Within one year	15,000	27,000
Between one and five years	<u>-</u>	<u>15,000</u>
	<u>15,000</u>	<u>42,000</u>

20 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £3,453 (2022 - £1,688).

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

21 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
Capital Fund	947	-	(1,549)	5,248	4,646
Core	193,813	179,668	(187,243)	111,465	297,703
	<u>194,760</u>	<u>179,668</u>	<u>(188,792)</u>	<u>116,713</u>	<u>302,349</u>
Restricted funds					
Well Being Service	33,988	201,058	(180,186)	(54,860)	-
High Intensity User Service	34,607	122,383	(95,137)	(61,853)	-
Young People	-	28,403	(20,803)	-	7,600
Total restricted funds	<u>68,595</u>	<u>351,844</u>	<u>(296,126)</u>	<u>(116,713)</u>	<u>7,600</u>
Total funds	<u>263,355</u>	<u>531,512</u>	<u>(484,918)</u>	<u>-</u>	<u>309,949</u>
	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
Capital Fund	1,263	-	(316)	-	947
Core	209,456	43,585	(117,190)	57,962	193,813
	<u>210,719</u>	<u>43,585</u>	<u>(117,506)</u>	<u>57,962</u>	<u>194,760</u>
Restricted funds					
Befriending	11,208	-	-	(11,208)	-
Well Being Service	15,633	203,000	(160,645)	(24,000)	33,988
High Intensity User Service	17,766	112,182	(72,587)	(22,754)	34,607
Young People	-	4,205	(4,205)	-	-
Total restricted funds	<u>44,607</u>	<u>319,387</u>	<u>(237,437)</u>	<u>(57,962)</u>	<u>68,595</u>
Total funds	<u>255,326</u>	<u>362,972</u>	<u>(354,943)</u>	<u>-</u>	<u>263,355</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

Transfers represent surpluses on contract funding transferred to unrestricted funding at the end of the year when outputs have been met.

22 Analysis of net assets between funds

	Unrestricted funds		Total funds at 31 March 2023
	General £	Restricted funds £	£
Tangible fixed assets	4,646	-	4,646
Current assets	597,512	81,495	679,007
Current liabilities	<u>(299,809)</u>	<u>(73,895)</u>	<u>(373,704)</u>
Total net assets	<u>302,349</u>	<u>7,600</u>	<u>309,949</u>
	Unrestricted funds		Total funds at 31 March 2022
	General £	Restricted funds £	£
Tangible fixed assets	947	-	947
Current assets	197,163	96,997	294,160
Current liabilities	<u>(3,350)</u>	<u>(28,402)</u>	<u>(31,752)</u>
Total net assets	<u>194,760</u>	<u>68,595</u>	<u>263,355</u>

23 Analysis of net funds

	At 1 April 2022	Cash flows	At 31 March 2023
	£	£	£
Cash at bank and in hand	253,128	341,719	594,847
Net balance	<u>253,128</u>	<u>341,719</u>	<u>594,847</u>
	At 1 April 2021	Cash flows	At 31 March 2022
	£	£	£
Cash at bank and in hand	<u>252,283</u>	<u>845</u>	<u>253,128</u>
Net debt	<u>252,283</u>	<u>845</u>	<u>253,128</u>

24 Related party transactions

There were no related party transactions in the year.

DONCASTER MIND

England & Wales - Charity number 1141146

Accounts

Company registration number: 07433894

Charity registration number: 11411416

Doncaster Mind

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

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Doncaster Mind

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Objectives and activities

Objects and aims

The objectives of the Association as stated in our constitution are as follows:-

- to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorders and conditions of emotional or mental distress requiring advice or treatment, in association with National Mind, in accordance with the aims and objectives of National Mind.

The charity has adopted four key aims in order to deliver the objects:-

- to promote better mental health
- to provide quality services
- to campaign on mental health issues
- to challenge inequality

Public benefit

Summary of the main activities undertaken for the public benefit.

In setting and confirming these objectives, the trustees consider that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance issued by the Charity Commission and that the rest of this report demonstrates that the Association delivers public benefit.

Doncaster Mind

Trustees' Report

Achievements and performance

After last year being a very challenging year for everyone, this year saw the world still dealing with the challenges and barriers that the Covid-19 Pandemic posed. Doncaster Mind continued to focus on providing mental health support for the people of Doncaster whilst managing these turbulent times. After transferring our services online and then returning to face to face delivery, we reflected on the changes within our services and the positive results we saw as a result of this way of working both for staff and clients and we felt that we should adopt this as a new hybrid way of working and a blended model for delivering our services.

This means that clients have a greater choice of service delivery which now includes, face to face, online, telephone or text support and are people who are socially isolated are now able to and this allows more people to access our services.

Progress on Aims and Objectives for 21-22

- Actively diversify our structures and the work we deliver to ensure communities who currently do not use Doncaster Mind can influence the changes we need to make to ensure we are truly accessible.

We have identified key areas of development across our organisation to ensure that we are relatable and representing the diverse population in Doncaster. We have started this work with recruiting new members on our trustee board and staff team. We are committed as an organisation to develop this further and support the communities who do not currently use Doncaster Mind. To do this we will be looking at funding bids which will allow us to co-design and co-facilitate these new services with the communities to ensure that they get the service they require in the right way. This is an area of work we will be looking at continuing to develop across our strategic review.

- Involve staff, volunteers and people who use our service in the development of a "blended service offer" that promotes online delivery for those who benefit from this and face to face delivery for those who prefer this option.

We continue to develop this new way of working using our online delivery model and have moved to a blended model for clients attending both Face to Face and online at the same time. This allows clients much more choice, reduced waiting times, and lower disengaged outcomes as this allows clients to attend the next course irrespective of their chosen preference or the option to attend online if isolating or caring responsibilities or a decline in mental ill health. We will continue to look at ways to develop this further.

- Secure our current contracts as they come up for renewal and diversify our other funding streams to include contracts, grants and traded income.

In January 2022, both Doncaster Council and the Integrated Care Board Doncaster made the decision to extend the contract by a further 12 months to allow for development work within the Doncaster Crisis Alternative Alliance. We are now expecting these contracts to go out to tender during the next financial year.

We have continued to develop our unrestricted income both with fundraising and corporate training, although we have not met our targets for the year due to the challenges of the Covid-19 Pandemic we will be looking at increasing this further next financial year.

- To strengthen our governance and increase the numbers of Trustees with an aim to reflect the population of Doncaster

Doncaster Mind

Trustees' Report

We have been strengthening our governance across the trustee board and successfully recruited new members as a result of our recruitment drive. We are still working on developing this further and look to recruit a further two trustees across the next year.

Our Activities

a) Wellbeing Service

The Wellbeing Service offers a range of support through group work and one to one sessions and during the year we have continued to support people experiencing mental ill-health by adapting and providing our services to meet the needs of clients. The first few months saw us start to reintroduce face to face sessions following government guidelines. In addition to 1-1 sessions a peer support group, art group and Dealing with Anger course started at our new premises on Market Place This felt a really positive step with staff commenting on how wonderful it was to hear client's voices and see activity taking place within the building. During the year we expanded on the variety of groups we offered to include gardening, kick boxing, laughter yoga and shared reading to name a few.

New developments this year include the start of one to one mentoring with volunteer mentors being fully trained, inducted, and supporting twenty clients to reach their goals. We also responded to the need of group participants who were unable to come to attend all face to face sessions due to self-isolating, for example, by delivering blended sessions with people in the building and on Zoom. This was a new way of working for us and, excitingly, it was successful. Participants were able to join in with group discussions and rounds, and we shared the PowerPoint as we would do on any normal Zoom session so they could still see what the others could see on the projector. This blended way of working enabled us to work with groups of people who may otherwise cancel their place on sessions and lose momentum in asking for the support they need at the right time.

Next year will see the service develop further to offer more activity and wellbeing sessions, facilitated peer support groups in response the needs of the clients. Sessions will continue to be available face to face, remotely and blended and we will start to deliver sessions within local communities again.

Feedback has shown that people accessing the service have benefitted in a variety of ways. Individuals have reported their confidence and self-esteem has increased; they have learned new coping strategies and skills that they have put into practice; their social isolation has been reduced; they have felt listened to, respected and valued; and several individuals have gone on to gain volunteer roles and employment. 100% of clients rated the service as good or above.

b) Thrive@DM

For the last 3 years the Thrive@DM service has delivered mentoring support to individuals who are regularly contacting emergency services such as A&E, 111, police and ambulance services for emotional and wellbeing support. We have recently broadened these criteria to include other services such as GPs, social prescribing and other organisations.

The service was originally designed and implemented just before the pandemic and has therefore largely been delivered remotely until September this year, with an average caseload of around 20 clients at any given time.

Within the service model delivered to date, we have received 116 referrals. At the time of writing 22 people have completed the mentoring programme and achieved their goals, 19 cases remain open, 34 people did not engage or stopped engaging, 16 were referred to more appropriate services and 25 referrals did not meet the HIU criteria for the service.

Doncaster Mind

Trustees' Report

In seeking to evolve the service, we have studied the national HIU model and reached out to the national HIU lead. We are also now regularly attending national HIU peer support meetings. All of this is proving helpful and useful in supporting the further development of the service into one which is less therapeutic in nature and more assertively seeks to connect individuals with community support and divert frequent contact with emergency services. The resulting service is a blend of assertive outreach, coaching and mentoring which is more in line with the needs of this complex client cohort.

We are working hard with Doncaster Royal Infirmary emergency department and the Yorkshire Ambulance service to establish the new model and are supported in this by commissioners with whom consultation outcomes have been particularly positive.

The Thrive team has returned to working full time in the office, to work through development of the service together and support each other to learn and grow. We are excited to continue the development of this project into the future – the benefits to our clients is clear:

"I haven't contacted any of the emergency services for the last two months and I feel really good about that"

"I just really want to thank you from my heart for how you have helped me. I was in a deep dark place when we started out and there have been bad spots but I feel a long way from there. I am barely on co-codamol anymore which I am so proud of"

"If you didn't make it so easy to engage with you, I wouldn't have got this far"

"You're great at what you do. You've engaged me straight away and that's normally very difficult to do"

c) Young People's Service

Our first Young People's Service was introduced in January 2022 as a mentoring service supporting people aged 16 – 25 who are finding it difficult to deal with negative emotions and any potential barriers in their lives.

As part of our service, young people explore different tools and life skills to help them to maintain good mental health and discuss issues that are particularly important to them.

Our service is designed to put young people at the heart of what we do and we pride ourselves on delivering a quality service to individuals who need our support.

This service has funding for 12 months and has seen us recruit a Young People's Services Manager who currently oversees this project which is delivered by specially recruited volunteers who support these individuals with the following:

- Develop good Communication skills
- Help build Confidence
- Tap into your Creativity
- Managing feelings
- Planning / Problem Solving
- Help you to build healthier relationships
- Build resilience
- Someone to talk to

Doncaster Mind

Trustees' Report

Our project aim for this service is to recruit 6 volunteers to work with the Young People with an expected 36 individuals supported over the 12 months to work on goals which have been identified by the Young People. With this service only running for the past 3 months we have been working hard to establish links with external providers, recruiting and training our volunteers and promoting the service, this area of work will continue through the duration of the service to ensure that our service is visible and we keep a steady recruitment of volunteers. In addition we will also be looking at evaluating this service towards the end of the project to support any future development of this Children & Young People Provision and to help us identify any further gaps.

New Developments

Young People's Service - In January 2022, we saw Doncaster Mind successfully secure some funding through Coalfield's Regeneration Trust to provide our very first Young People's Service. This project is to deliver a mentoring service to individual's aged 16 – 25 year olds, over a 12 month period. Our vision for this service is to look at alternative provision to support this work further.

New Chief Executive Officer - The interim CEO and Deputy CEO were retained until March 2022. This was as a result of Covid-19 delaying development plans and the issues that were apparent in recruitment. During the year we saw the Board making some difficult decisions about the long term sustainability of Doncaster Mind. After careful consideration and the dedicated work of the CEO and staff team to diversify our income streams, the board made the decision to recruit our own CEO for the start of the next financial year. This recruitment saw us successfully offer the CEO position to an internal applicant, Laura Arthur who has worked for Doncaster Mind for the past 14 years. The Board are delighted to welcome Laura as the new Chief Executive Officer. Laura is using the knowledge and skills she has gained over the last 14 years to increase Doncaster Mind's profile in the local landscape of services, increasing our reach in the community through working collaboratively and we will be looking at increasing our turnover within the next two years to break the £500,000. Laura will also be leading the shaping of Doncaster Mind's Strategic Review as part of her new role.

Raising Profile of Doncaster Mind

In response to the covid-pandemic and our shared leadership with York Mind, the current profile of Doncaster Mind was not as prominent and effective in the Doncaster community. Over the past year our staff team have worked really hard to ensure that we are using our voice and branding to help shape services, promote the awareness of both Doncaster Mind and other mental health services, be the voice of our clients both past, present and future and seek partnership opportunities to build a network within both VCSE and wider partners in Doncaster.

This is an area of work we will be focussing on during the next financial year to ensure that Doncaster Mind is sustainable and able to grow and develop further.

Corporate Training

Over the past year we have been out promoting our corporate training offer and delivering free "Wellbeing and Me" talks to groups, organisations and businesses in the Doncaster area. Although the uptake on our paid training was slow we are now seeing us link in with many organisations based in Doncaster and this is going from strength to strength. This has seen us linking and supporting many organisations these include Amazon, Bridon Bekeart, Webasto, Volker Rail, and Doncaster Council. As a result we have another member of staff trained to deliver Mental Health First Aid and now deliver a number of courses along with a bespoke offer to support organisations with their own needs.

Doncaster Mind

Trustees' Report

As part of our social value and to ensure there is an authentic continuity to our support of organisations and the individuals we have trained, we have developed our very own "Mental Health Champions Club".

Mental Health Champions Club is Doncaster Mind's way of supporting and empowering Mental Health Champions from local organisations so they can support their colleagues in the most resourceful ways possible. Our aim is to lead the way in promoting good mental health in the workplace...one organisation at a time. Our community of Mental Health Champions learn, explore what works, identify what doesn't work and share ideas of how to make a workplace an environment which supports mental health and wellbeing of employees. This is held on a quarterly basis and offers free networking events fostering connection, peer support and providing an opportunity to share best practice in supporting mental health in the workplace. Members are able to access free training sessions and an opportunity to discuss challenges faced as a Mental Health Champion with Doncaster Mind team.

As a result of this work, we are growing an awareness of Doncaster Mind within the commercial sector within Doncaster which will provide us with a differentiated consumer audience of future Doncaster Mind training programmes; future Doncaster Mind paid-for services and potential funding and sponsorship.

Plans for future periods

Aims and key objectives for future periods

- Secure our current contracts as they come up for renewal and diversify our other funding streams to include contracts, grants and traded income
- Increase Doncaster Mind profile within Doncaster and South Yorkshire
- Develop a new strategy for the next 3 – 5 years.
- Increase service user engagement through a co-production group across all services

Financial review

Policy on reserves

Doncaster Mind has a Reserves Policy which commits the association to achieving and maintaining general reserves equivalent to six months expenditure of the Association. The unrestricted funds for the year ending 31st March 2022 were £194,760 (2021 - £210,719). This amount would allow for any foreseeable costs involved in the winding up of the charity.

This will be reviewed over the course of the next twelve months as part of the organisation's investment strategy.

Doncaster Mind

Trustees' Report

Structure, governance and management

Nature of governing document

Legal Structure

Doncaster Mind is a company limited by guarantee and was incorporated on 9 November 2010.

Doncaster Mind is governed by a constitution and working rules. It is a local association affiliated to National Mind, and is a registered charity. Trustees are either elected at the Annual general Meeting or co-opted in the course of the year, in accordance with the constitution and working rules.

The constitution and working rules set out various categories of membership and full members shall be entitled to vote at all general meetings of the association.

On payment of an annual levy to National Mind, the charity shall remain affiliated and can participate in the affairs of National Mind to such a degree, and through such representation, as may be determined by the Trustees and in compliance with the membership agreement held with National Mind.

In the event of a winding up of the charity, any surplus funds must be applied to any charitable purposes in connection with the preservation and safeguarding of mental health and the relief of persons suffering from mental disorders.

The Trustees have responsibility to ensure that the charity is properly funded by direct grant or other means. The Association is not allowed to be insolvent and is subject to annual examination by independent examiners.

Induction and training of trustees

New trustees undergo an induction to brief them on their obligations under charity law. In addition they are briefed on the work of the organisation, its relationship with National Mind and other Local Mind Associations, and the values and principles which underpin the Mind network. The Trustees are provided with documentation detailing the services provided, staffing structure and relevant policies and procedures.

Trustees are encouraged to take part in other training opportunities provided by Doncaster Mind, National Mind and other organisations as appropriate.

Doncaster Mind

Trustees' Report

Organisational structure

The overall management and governance of the charity is carried out by a committee of Trustees (the Executive Committee).

As individuals, Trustees are expected to:-

- attend all Executive Committee meetings.
- be interested in, and committed to, the on-going work and development of Doncaster Mind
- understand and be committed to Doncaster Mind's mission statement and policies including its equal opportunities policy
- participate in events, recruitment and selection panels and the strategic development of Doncaster Mind

As a group the Trustees are responsible for:-

- employing staff
- deciding overall policy
- ensuring the funds are properly accounted for
- ensuring that, given constraints and available resources, Doncaster Mind is meeting its aims
- providing the strategic direction for Doncaster Mind

Major risks and management of those risks

Risk assessments have been undertaken and have covered issues such as governance and management, operational risks, financial risk, external factors and compliance risk. The organisation has a risk register which is monitored and updated every quarter.

Doncaster Mind

Trustees' Report

Reference and Administrative Details

Trustees

Ms A Symon, Chairperson
P A Loveless, Vice-chairperson (resigned 4 December 2022)
Ms R B Roberts, Treasurer
Mr C Clark
Ms M B Orlovic
Mr P H Jones
Mr U Pednekar (appointed 24 January 2022)

Principal Office

Exchange Buildings
Second Floor
35 Market Place
Doncaster
South Yorkshire
DN1 1NE

The charity is incorporated in England and Wales.

Company Registration Number 07433894

Charity Registration Number 11411416

Bankers

CAF Bank
25 Kings Avenue,
Kings Hill
West Mailing
Kent
ME19 4JQ

Independent Examiner

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

Trustees' Report

Statement of Trustees' Responsibilities

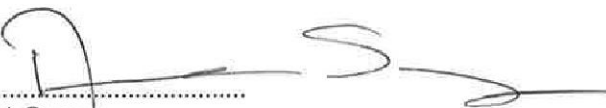
The trustees (who are also the directors of Doncaster Mind for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 15 December 2022 and signed on its behalf by:



.....
Ms A Symon
Trustee

Doncaster Mind

Independent Examiner's Report to the trustees of Doncaster Mind

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022 which are set out on pages 12 to 26.

Respective responsibilities of trustees and examiner

As the charity's trustees of Doncaster Mind (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Doncaster Mind are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

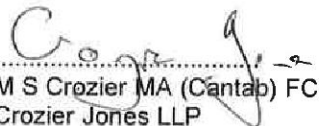
Independent examiner's statement

Since Doncaster Mind's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Doncaster Mind as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


M S Crozier MA (Cantab) FCCA ACA ATII
Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

15 December 2022

Doncaster Mind

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	3	34,291	3,000	37,291
Charitable activities	4	9,283	316,387	325,670
Investment income	6	11	-	11
Total income		<u>43,585</u>	<u>319,387</u>	<u>362,972</u>
Expenditure on:				
Charitable activities	7	(117,190)	(237,437)	(354,627)
Other expenditure	8	(316)	-	(316)
Total expenditure		<u>(117,506)</u>	<u>(237,437)</u>	<u>(354,943)</u>
Net (expenditure)/income		(73,921)	81,950	8,029
Transfers between funds		<u>57,962</u>	<u>(57,962)</u>	<u>-</u>
Net movement in funds		(15,959)	23,988	8,029
Reconciliation of funds				
Total funds brought forward		<u>210,719</u>	<u>44,607</u>	<u>255,326</u>
Total funds carried forward	20	<u>194,760</u>	<u>68,595</u>	<u>263,355</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	45,934	-	45,934
Charitable activities	4	22,718	312,182	334,900
Other trading activities	5	336	-	336
Investment income	6	28	-	28
Total income		<u>69,016</u>	<u>312,182</u>	<u>381,198</u>
Expenditure on:				
Charitable activities	7	(70,067)	(237,159)	(307,226)
Other expenditure	8	(421)	-	(421)
Total expenditure		<u>(70,488)</u>	<u>(237,159)</u>	<u>(307,647)</u>
Net (expenditure)/income		(1,472)	75,023	73,551
Transfers between funds		<u>46,755</u>	<u>(46,755)</u>	<u>-</u>
Net movement in funds		45,283	28,268	73,551
Reconciliation of funds				
Total funds brought forward		<u>165,436</u>	<u>16,339</u>	<u>181,775</u>
Total funds carried forward	20	<u>210,719</u>	<u>44,607</u>	<u>255,326</u>

Doncaster Mind

**Statement of Financial Activities for the Year Ended 31 March 2022
(Including Income and Expenditure Account and Statement of Total
Recognised Gains and Losses)**

All of the charity's activities derive from continuing operations during the above two periods.

Doncaster Mind

(Registration number: 07433894) Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	15	947	1,263
Current assets			
Debtors	16	41,032	11,453
Cash at bank and in hand	17	<u>253,128</u>	<u>252,283</u>
		294,160	263,736
Creditors: Amounts falling due within one year	18	<u>(31,752)</u>	<u>(9,673)</u>
Net current assets		<u>262,408</u>	<u>254,063</u>
Net assets		<u>263,355</u>	<u>255,326</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	20	68,595	44,607
Unrestricted income funds			
Unrestricted funds		<u>194,760</u>	<u>210,719</u>
Total funds	20	<u>263,355</u>	<u>255,326</u>

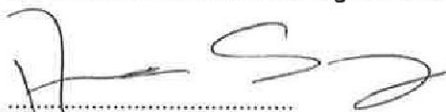
For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

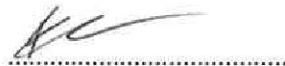
- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 12 to 26 were approved by the trustees, and authorised for issue on 15 December 2022 and signed on their behalf by:



Ms A Symon
Trustee



Ms R B Roberts
Trustee

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Exchange Buildings
Second Floor
35 Market Place
Doncaster
South Yorkshire
DN1 1NE

These financial statements were authorised for issue by the trustees on 15 December 2022.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Doncaster Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity is eligible due to its size to take advantage of reduced reporting requirements and has therefore not included a cash flow statement in these financial statements.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The company is a registered charity. No tax charges have arisen and the company is not VAT registered.

Tangible fixed assets

Individual fixed assets costing £2,500 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures, fittings and equipment	25% reducing balance basis

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the Charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due.

3 Income from donations and legacies

	Unrestricted funds	Restricted funds	Total 2022	Total 2021
	General £	£	£	£
Donations and legacies;				
Donations from individuals	34,291	3,000	37,291	45,934
	<u>34,291</u>	<u>3,000</u>	<u>37,291</u>	<u>45,934</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Income from charitable activities

	Unrestricted funds		Total 2022 £	Total 2021 £
	General £	Restricted funds £		
Fees and supplies	3,205	-	3,205	925
Rental income	264	-	264	480
DMBC	-	200,000	200,000	200,000
NHS Doncaster CCG - High Intensity User Service	-	112,182	112,182	112,182
Grant - National Lottery - Coronavirus Community Support Fund	-	-	-	9,992
Other Mind charities	5,814	-	5,814	7,376
Government Grants - Coronavirus Job Retention Scheme	-	-	-	3,945
Coalfields Grant	-	4,205	4,205	-
	<u>9,283</u>	<u>316,387</u>	<u>325,670</u>	<u>334,900</u>

5 Income from other trading activities

	Total 2022 £	Total 2021 £
Other income from other trading activities	-	336
	<u>-</u>	<u>336</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

6 Investment income

	Unrestricted funds	Total 2022	Total 2021
	General £	£	£
Interest receivable and similar income;			
Interest receivable on bank deposits	11	11	28

7 Expenditure on charitable activities

	Activity undertaken directly £	Activity support costs £	Total 2022 £	Total 2021 £
Activities and social events	681	-	681	11
Sessional fees	4,030	-	4,030	2,046
Staff training	1,465	-	1,465	100
Wages and salaries	141,645	-	141,645	136,353
Staff NIC	8,320	-	8,320	2,923
Staff pensions	1,688	-	1,688	1,388
Client's training and expenses	130,600	-	130,600	110,426
Volunteer expenses	424	-	424	131
Office equipment	9,420	-	9,420	13,772
Telephone and fax	2,156	-	2,156	3,868
Gifts and donations	412	-	412	334
Hospitality and refreshments	129	-	129	51
Cleaning and maintenance costs	2,266	-	2,266	1,852
Travel and subsistence	2,228	-	2,228	1,026
Publicity and leaflets	1,104	-	1,104	-
Legal and professional fees	589	-	589	2,817
Bank charges	-	96	96	69
Rent and rates	-	32,319	32,319	23,427
Light, heat and power	-	10,350	10,350	1,265
Printing, postage and stationery	-	1,355	1,355	2,265
	307,157	44,120	351,277	304,124

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

£113,840 (2021 - £66,965) of the above expenditure was attributable to unrestricted funds and £237,437 (2021 - £237,159) to restricted funds.

In addition to the expenditure analysed above, there are also governance costs of £3,350 (2021 - £3,102) which relate directly to charitable activities. See note 9 for further details.

8 Other expenditure

		Unrestricted funds		
	Note	General £	Total 2022 £	Total 2021 £
Depreciation, amortisation and other similar costs		316	316	421
		316	316	421

9 Analysis of governance costs

Governance costs

		Unrestricted funds		
		General £	Total 2022 £	Total 2021 £
Independent examiner fees				
Examination of the financial statements		3,350	3,350	3,102
		3,350	3,350	3,102

10 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	316	421

11 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

12 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	141,645	136,353
Social security costs	8,320	2,924
Pension costs	1,688	1,389
	<u>151,653</u>	<u>140,666</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2022 No	2021 No
Number of employees	<u>9</u>	<u>7</u>

During the year, the charity made redundancy and/or termination payments which totalled £Nil (2021 - £3,211).

No employee received emoluments of more than £60,000 during the year.

13 Independent examiner's remuneration

	2022 £	2021 £
Examination of the financial statements	<u>3,350</u>	<u>3,102</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

14 Taxation

The charity is a registered charity and is therefore exempt from taxation.

15 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2021	10,822	10,822
At 31 March 2022	<u>10,822</u>	<u>10,822</u>
Depreciation		
At 1 April 2021	9,559	9,559
Charge for the year	<u>316</u>	<u>316</u>
At 31 March 2022	<u>9,875</u>	<u>9,875</u>
Net book value		
At 31 March 2022	<u>947</u>	<u>947</u>
At 31 March 2021	<u>1,263</u>	<u>1,263</u>

16 Debtors

	2022 £	2021 £
Trade debtors	30,933	-
Prepayments	<u>10,099</u>	<u>11,453</u>
	<u>41,032</u>	<u>11,453</u>

17 Cash and cash equivalents

	2022 £	2021 £
Cash on hand	300	300
Cash at bank	<u>252,828</u>	<u>251,983</u>
	<u>253,128</u>	<u>252,283</u>

18 Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals	<u>31,752</u>	<u>9,673</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

19 Commitments

Other financial commitments

Other financial commitments below represent payments due under the premises lease until the next break date.

The total amount of other financial commitments not provided in the financial statements was £42,000 (2021 - £63,000).

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

20 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
Capital Fund	1,263	-	(316)	-	947
Core	209,456	43,585	(117,190)	57,962	193,813
	<u>210,719</u>	<u>43,585</u>	<u>(117,506)</u>	<u>57,962</u>	<u>194,760</u>
Restricted funds					
Befriending	11,208	-	-	(11,208)	-
Well Being Service	15,633	203,000	(160,645)	(24,000)	33,988
High Intensity User Service	17,766	112,182	(72,587)	(22,754)	34,607
Young People	-	4,205	(4,205)	-	-
Total restricted funds	<u>44,607</u>	<u>319,387</u>	<u>(237,437)</u>	<u>(57,962)</u>	<u>68,595</u>
Total funds	<u>255,326</u>	<u>362,972</u>	<u>(354,943)</u>	<u>-</u>	<u>263,355</u>
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
<i>General</i>					
Capital Fund	1,684	-	(421)	-	1,263
Core	163,752	69,016	(70,067)	46,755	209,456
	<u>165,436</u>	<u>69,016</u>	<u>(70,488)</u>	<u>46,755</u>	<u>210,719</u>
Restricted funds					
Befriending	11,208	-	-	-	11,208
Well Being Service	5,131	200,000	(165,498)	(24,000)	15,633
High Intensity User Service	-	112,182	(71,661)	(22,755)	17,766
Total restricted funds	<u>16,339</u>	<u>312,182</u>	<u>(237,159)</u>	<u>(46,755)</u>	<u>44,607</u>
Total funds	<u>181,775</u>	<u>381,198</u>	<u>(307,647)</u>	<u>-</u>	<u>255,326</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

21 Analysis of net assets between funds

	Unrestricted funds		Total funds at 31 March 2022 £
	General £	Restricted funds £	
Tangible fixed assets	947	-	947
Current assets	197,163	96,997	294,160
Current liabilities	(3,350)	(28,402)	(31,752)
Total net assets	194,760	68,595	263,355

	Unrestricted funds		Total funds at 31 March 2021 £
	General £	Restricted funds £	
Tangible fixed assets	1,263	-	1,263
Current assets	213,823	49,913	263,736
Current liabilities	(4,367)	(5,306)	(9,673)
Total net assets	210,719	44,607	255,326

22 Analysis of net funds

	At 1 April 2021 £	Cash flows £	At 31 March 2022 £
	Cash at bank and in hand	252,283	845
Net balance	252,283	845	253,128

	At 1 April 2020 £	Cash flows £	At 31 March 2021 £
	Cash at bank and in hand	182,568	69,715
Net debt	182,568	69,715	252,283

DONCASTER MIND

England & Wales - Charity number 1141146

Accounts

Company registration number: 07433894

Charity registration number: 11411416

Doncaster Mind

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

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Doncaster Mind

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Objectives and activities

Objects and aims

The objectives of the Association as stated in our constitution are as follows:-

- to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorders and conditions of emotional or mental distress requiring advice or treatment, in association with National Mind, in accordance with the aims and objectives of National Mind.

The charity has adopted four key aims in order to deliver the objects:-

- to promote better mental health
- to provide quality services
- to campaign on mental health issues
- to challenge inequality

Public benefit

Summary of the main activities undertaken for the public benefit.

In setting and confirming these objectives, the trustees consider that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance issued by the Charity Commission and that the rest of this report demonstrates that the Association delivers public benefit.

Doncaster Mind

Trustees' Report

Achievements and performance

In a year that has proved challenging for everyone, Doncaster Mind have continued to provide mental health support for the people of Doncaster. We transferred our services online within two weeks and supported people accessing our service with immediate welfare/contact calls until we were able to begin delivering our more usual services. Staff undertook these huge challenges with patience and good humour, especially considering that they too were having to deal with the personal challenges thrown up by Covid.

Wellbeing service

The wellbeing service provides social, wellbeing and activity groups including social cafes, men's space, women's groups, arts and crafts and relaxation; personal development courses and workshops including anxiety management, confidence and self-esteem, dealing with your anger and stress management; one to one befriending and counselling, bereaved by suicide support, information and guidance, and a volunteer development programme.

New developments this year have included weekly social cafes starting in Thorne and Bentley which were planned in line with contractual requirements, a monthly Millennials group for 18-30 age range which started after feedback showed a gap in services for this age group, and a fortnightly bereaved by suicide support group began after feedback from clients suggested this would be most beneficial.

In response to the Covid 19 lockdowns during the year we quickly adapted our service to support the needs of clients and respond to the increased number of people experiencing feelings of anxiety, low mood and isolation due to the pandemic. The staff team started to work from home and offer a combination of group-based and one to one support to people, all of which was delivered remotely via telephone, text, email, Zoom platform, and Facebook.

Next year we intend to develop and restructure the service to allow a wider range of support and better meet the needs of the people of Doncaster. The courses, counselling and Bereaved by Suicide service will remain much the same with the main changes taking place within the social and activity groups, and in the one to one support. The informal drop-in social cafes are being replaced by facilitated peer support, wellbeing and activity focused groups in Doncaster town centre, Mexborough and Thorne. We will also continue to offer support remotely to increase opportunities for people to access all aspects of the service. Befriending will still be offered as one of the one to one options but in addition mentoring and coaching will be accessible with new volunteering opportunities becoming available.

Feedback has shown that people accessing the service have benefitted in a variety of ways. Individuals have reported their confidence and self-esteem has increased; they have learned new coping strategies and skills that they have put into practice; their social isolation has been reduced; they have felt listened to, respected and valued; and several individuals have gone on to gain volunteer roles and employment.

People who had experienced suicidal thoughts prior to attending the bereaved by suicide group shared that these decreased after accessing the group and one person who attended the Millennials group reported that he had never done any socialising like this before and it was so good to be able to talk to people their own age.

Doncaster Mind

Trustees' Report

Thrive@DM

The Thrive@DM service delivers mentoring support to individuals who are regularly contacting emergency services such as A&E, 111, police and ambulance services for emotional and wellbeing support. We have recently broadened this criteria to include other services such as GPs, social prescribing and other organisations.

The service was in its design phase just before the pandemic and has therefore largely been delivered remotely until now, with an average caseload of around 20 clients at any given time.

In focussing on bringing the service back to face to face delivery, we are also now in a position to be able to evolve and broaden what is delivered within the service, so rather than the restriction of a weekly session which perhaps has been held on the telephone or zoom, we are excited to be able to also meet clients in the community, supporting them to attend appointments where necessary and work on a much more practical level to develop links and relationships with interest and support groups in their communities.

Although the service is able to work with individuals for up to 24 weeks, it has been necessary to be flexible around engagement with this service user cohort. In many cases, we see that people who's lives are often chaotic will sometimes engage and disengage with the service as life events happen, and the team has worked hard to try to maintain engagement with all of our service users in difficult circumstances.

A practitioner received an office visit from a client who had completed the Thrive programme and is back at work – she brought a box of chocolates and a card which read "Thank you for all your support. I have enjoyed working with you. You have helped me loads and taught me not to be too hard on myself".

New Developments

In September 2020, Doncaster Mind successfully moved to new premises. Our new building is large, light and comfortable. Both staff and people using the service are delighted with the premises.

The interim CEO and Deputy CEO were retained until March 2022. This was as a result of Covid delaying development plans and the issues that were apparent in recruitment.

The Board invested in two new posts to support the future sustainability of the organisation, a Trainer and a Fundraiser. The trainer is currently marketing our new service amongst corporate clients. The fundraiser is proving a difficult post to recruit for and the Trustees are considering alternative ways forward with this.

Doncaster Mind

Trustees' Report

Progress on Aims and Objectives for 20-21

- Actively diversify our structures and the work we deliver to ensure communities who currently do not use Doncaster Mind can influence the changes we need to make to ensure we are truly accessible.

Doncaster Mind were impacted by Covid in the same way as the rest of society. However, we were able to make progress on restructuring our Wellbeing service to allow for a greater diversity (in both number and content) of group sessions that we now deliver.

- Involve staff, volunteers and people who use our service in the development of a "blended service offer" that promotes online delivery for those who benefit from this and face to face delivery for those who prefer this option.

We moved to an online delivery model, using telephone, Teams and Zoom to deliver our services. As a result, we have seen engagement from people who have not previously used our services and who tell us that they would have never come to the building.

As our services started to move back to face to face delivery, we retained our online presence and now offer both of these choices to people using our service. This has worked particularly well for those who are anxious about leaving the house. What we have seen is people initially joining via online platforms and then moving to attending the sessions in person.

- Continue to grow the organisation particularly in areas with no or very little community mental health service.

We have made limited progress on this objective although as we move into the 21/22 period we have already seen progress in our collaborative work with other South Yorkshire local Minds as we work on collaborative bids and service developments.

Plans for future periods

Aims and key objectives for future periods

Aims and Objectives for 21/22

- To secure funding to work with young people as there is a clear gap in current service provision.
- Secure our current contracts as they come up for renewal and diversify our other funding streams to include contracts, grants and trade income.
- To strengthen our governance and increase the numbers of Trustees with an aim to better reflect the population of Doncaster.

Doncaster Mind

Trustees' Report

Financial review

Income

The total incoming resources from charitable activities and investment income for the year ending 31st March 2021 were £381,198(2020 - £283,231).

Expenditure

Total expenditure for the year ending 31st March 2021 was £307,647 (2020 - £283,812).

Summary

There was a surplus of income over expenditure from charitable activities and investment income of £73,551 (2020 - deficit of £581). This has been as a result of lower than budgeted expenditure due to the Covid Pandemic where we had reduced face to face contact along with staff working from home. Although we have made a surplus this year we are in discussion as to how this underspend can be used to provide mental health support for people in Doncaster.

Policy on reserves

Doncaster Mind has a Reserves Policy which commits the association to achieving and maintaining general reserves equivalent to six months expenditure of the Association. The unrestricted funds for the year ending 31st March 2021 were £210,719 (2020 - £165,436). This amount would allow for any foreseeable costs involved in the winding up of the charity.

This will be reviewed over the course of the next twelve months as part of the organisation's investment strategy.

Structure, governance and management

Nature of governing document

Legal Structure

Doncaster Mind is a company limited by guarantee and was incorporated on 9 November 2010.

Doncaster Mind is governed by a constitution and working rules. It is a local association affiliated to National Mind, and is a registered charity. Trustees are either elected at the Annual general Meeting or co-opted in the course of the year, in accordance with the constitution and working rules.

The constitution and working rules set out various categories of membership and full members shall be entitled to vote at all general meetings of the association.

On payment of an annual levy to National Mind, the charity shall remain affiliated and can participate in the affairs of National Mind to such a degree, and through such representation, as may be determined by the Trustees and in compliance with the membership agreement held with National Mind.

In the event of a winding up of the charity, any surplus funds must be applied to any charitable purposes in connection with the preservation and safeguarding of mental health and the relief of persons suffering from mental disorders.

The Trustees have responsibility to ensure that the charity is properly funded by direct grant or other means. The Association is not allowed to be insolvent and is subject to annual examination by independent examiners.

Doncaster Mind

Trustees' Report

Induction and training of trustees

New trustees undergo an induction to brief them on their obligations under charity law. In addition they are briefed on the work of the organisation, its relationship with National Mind and other Local Mind Associations, and the values and principles which underpin the Mind network. The Trustees are provided with documentation detailing the services provided, staffing structure and relevant policies and procedures.

Trustees are encouraged to take part in other training opportunities provided by Doncaster Mind, National Mind and other organisations as appropriate.

Organisational structure

The overall management and governance of the charity is carried out by a committee of Trustees (the Executive Committee).

As individuals, Trustees are expected to:-

- attend all Executive Committee meetings.
- be interested in, and committed to, the on-going work and development of Doncaster Mind
- understand and be committed to Doncaster Mind's mission statement and policies including its equal opportunities policy
- participate in events, recruitment and selection panels and the strategic development of Doncaster Mind

As a group the Trustees are responsible for:-

- employing staff
- deciding overall policy
- ensuring the funds are properly accounted for
- ensuring that, given constraints and available resources, Doncaster Mind is meeting its aims
- providing the strategic direction for Doncaster Mind

Major risks and management of those risks

Risk assessments have been undertaken and have covered issues such as governance and management, operational risks, financial risk, external factors and compliance risk. The organisation has a risk register which is monitored and updated every quarter.

Doncaster Mind

Trustees' Report

Reference and Administrative Details

Trustees

Ms A Symon, Chairperson
P A Loveless, Vice-chairperson
Ms R B Roberts, Treasurer
Mrs K S Foy (resigned 6 May 2020)
Mr C Clark
Ms M B Orlovic
Mr P H Jones

Principal Office

Exchange Buildings
Second Floor
35 Market Place
Doncaster
South Yorkshire
DN1 1NE

The charity is incorporated in England and Wales.

Company Registration Number 07433894

Charity Registration Number 11411416

Bankers

CAF Bank
25 Kings Avenue,
Kings Hill
West Mailing
Kent
ME19 4JQ

Independent Examiner

Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

Doncaster Mind

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Doncaster Mind for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 13 December 2021 and signed on its behalf by:



Ms A Symon
Trustee

Doncaster Mind

Independent Examiner's Report to the trustees of Doncaster Mind

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 10 to 24.

Respective responsibilities of trustees and examiner

As the charity's trustees of Doncaster Mind (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Doncaster Mind are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

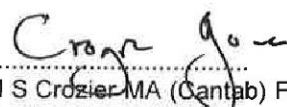
Independent examiner's statement

Since Doncaster Mind's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Doncaster Mind as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


.....
M S Crozier MA (Cantab) FCCA ACA ATII
Crozier Jones LLP
Chartered Certified Accountants and Registered Auditors
9/13 Thorne Road
Doncaster
South Yorkshire
DN1 2HJ

13 December 2021

Doncaster Mind

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	45,934	-	45,934
Charitable activities	4	22,718	312,182	334,900
Other trading activities	5	336	-	336
Investment income	6	28	-	28
Total income		<u>69,016</u>	<u>312,182</u>	<u>381,198</u>
Expenditure on:				
Charitable activities	7	(70,067)	(237,159)	(307,226)
Other expenditure	8	(421)	-	(421)
Total expenditure		<u>(70,488)</u>	<u>(237,159)</u>	<u>(307,647)</u>
Net (expenditure)/income		(1,472)	75,023	73,551
Transfers between funds		<u>46,755</u>	<u>(46,755)</u>	-
Net movement in funds		45,283	28,268	73,551
Reconciliation of funds				
Total funds brought forward		<u>165,436</u>	<u>16,339</u>	<u>181,775</u>
Total funds carried forward	20	<u>210,719</u>	<u>44,607</u>	<u>255,326</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2020 £
Income and Endowments from:				
Donations and legacies	3	59,958	-	59,958
Charitable activities	4	21,970	200,000	221,970
Other trading activities	5	1,209	-	1,209
Investment income	6	94	-	94
Total income		<u>83,231</u>	<u>200,000</u>	<u>283,231</u>
Expenditure on:				
Charitable activities	7	(85,002)	(198,248)	(283,250)
Other expenditure	8	(562)	-	(562)
Total expenditure		<u>(85,564)</u>	<u>(198,248)</u>	<u>(283,812)</u>
Net (expenditure)/income		(2,333)	1,752	(581)
Net movement in funds		(2,333)	1,752	(581)
Reconciliation of funds				
Total funds brought forward		<u>167,769</u>	<u>14,587</u>	<u>182,356</u>
Total funds carried forward	20	<u>165,436</u>	<u>16,339</u>	<u>181,775</u>

Doncaster Mind

**Statement of Financial Activities for the Year Ended 31 March 2021
(Including Income and Expenditure Account and Statement of Total
Recognised Gains and Losses)**

All of the charity's activities derive from continuing operations during the above two periods.

Doncaster Mind

(Registration number: 07433894)
Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	15	1,263	1,684
Current assets			
Debtors	16	11,453	535
Cash at bank and in hand	17	<u>252,283</u>	<u>182,568</u>
		263,736	183,103
Creditors: Amounts falling due within one year	18	<u>(9,673)</u>	<u>(3,012)</u>
Net current assets		<u>254,063</u>	<u>180,091</u>
Net assets		<u>255,326</u>	<u>181,775</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	20	44,607	16,339
Unrestricted income funds			
Unrestricted funds		<u>210,719</u>	<u>165,436</u>
Total funds	20	<u>255,326</u>	<u>181,775</u>

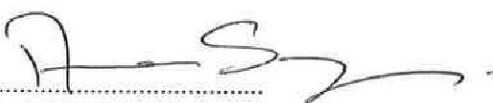
For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.


Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 10 to 24 were approved by the trustees, and authorised for issue on 13 December 2021 and signed on their behalf by:


.....
Ms A Symon
Trustee


.....
Ms R B Roberts
Trustee

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2021

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Exchange Buildings
Second Floor
35 Market Place
Doncaster
South Yorkshire
DN1 1NE

These financial statements were authorised for issue by the trustees on 13 December 2021.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Doncaster Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity is eligible due to its size to take advantage of reduced reporting requirements and has therefore not included a cash flow statement in these financial statements.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2021

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2021

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The company is a registered charity. No tax charges have arisen and the company is not VAT registered.

Tangible fixed assets

Individual fixed assets costing £2,500 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures, fittings and equipment	25% reducing balance basis

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the Charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2021

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due.

3 Income from donations and legacies

	Unrestricted funds	Total 2021	Total 2020
	General £	£	£
Donations and legacies;			
Donations from individuals	45,934	45,934	59,958
	<u>45,934</u>	<u>45,934</u>	<u>59,958</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2021

4 Income from charitable activities

	Unrestricted funds		Total 2021 £	Total 2020 £
	General £	Restricted funds £		
Fees and supplies	925	-	925	10,012
Rental income	480	-	480	1,413
DMBC	-	200,000	200,000	202,603
NHS Doncaster CCG - High Intensity User Service	-	112,182	112,182	-
Other Mind charities	7,376	-	7,376	7,942
Grant - National Lottery - Coronavirus Community Support Fund	9,992	-	9,992	-
Government Grants - Coronavirus Job Retention Scheme	3,945	-	3,945	-
	<u>22,718</u>	<u>312,182</u>	<u>334,900</u>	<u>221,970</u>

5 Income from other trading activities

	Unrestricted funds		Total 2021 £	Total 2020 £
	General £			
Other income from other trading activities	336		336	1,209
	<u>336</u>		<u>336</u>	<u>1,209</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2021

6 Investment income

	Unrestricted funds	Total 2021	Total 2020
	General	£	£
	£	£	£
Interest receivable and similar income;			
Interest receivable on bank deposits	28	28	94

7 Expenditure on charitable activities

	Activity undertaken directly	Activity support costs	Total 2021	Total 2020
	£	£	£	£
Activities and social events	11	-	11	2,497
Sessional fees	2,046	-	2,046	-
Staff training	100	-	100	4,051
Wages and salaries	136,353	-	136,353	113,851
Staff NIC	2,923	-	2,923	5,447
Staff pensions	1,388	-	1,388	773
Client's training and expenses	110,426	-	110,426	103,742
Volunteer expenses	131	-	131	3,143
Office equipment	13,772	-	13,772	7,845
Telephone and fax	3,868	-	3,868	2,459
Gifts and donations	334	-	334	305
Hospitality and refreshments	51	-	51	380
Cleaning and maintenance costs	1,852	-	1,852	285
Travel and subsistence	1,026	-	1,026	2,237
Publicity and leaflets	-	-	-	1,036
Legal and professional fees	2,817	-	2,817	1,692
Bank charges	-	69	69	60
Rent and rates	-	23,427	23,427	25,902
Light, heat and power	-	1,265	1,265	166
Printing, postage and stationery	-	2,265	2,265	4,367
	277,098	27,026	304,124	280,238

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2021

£66,965 (2020 - £81,990) of the above expenditure was attributable to unrestricted funds and £237,159 (2020 - £198,248) to restricted funds.

In addition to the expenditure analysed above, there are also governance costs of £3,102 (2020 - £3,012) which relate directly to charitable activities. See note 9 for further details.

8 Other expenditure

		Unrestricted funds		
	Note	General £	Total 2021 £	Total 2020 £
Depreciation, amortisation and other similar costs		421	421	562
		<u>421</u>	<u>421</u>	<u>562</u>

9 Analysis of governance costs

Governance costs

		Unrestricted funds		
		General £	Total 2021 £	Total 2020 £
Independent examiner fees				
Examination of the financial statements		3,102	3,102	3,012
		<u>3,102</u>	<u>3,102</u>	<u>3,012</u>

10 Net incoming/outgoing resources

Net incoming/(outgoing) resources for the year include:

	2021 £	2020 £
Depreciation of fixed assets	<u>421</u>	<u>562</u>

11 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2021

12 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	136,353	113,852
Social security costs	2,924	5,447
Pension costs	1,389	774
	<u>140,666</u>	<u>120,073</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2021 No	2020 No
Number of employees	<u>7</u>	<u>4</u>

During the year, the charity made redundancy and/or termination payments which totalled £3,211 (2020 - £Nil).

No employee received emoluments of more than £60,000 during the year.

13 Independent examiner's remuneration

	2021 £	2020 £
Examination of the financial statements	<u>3,102</u>	<u>3,012</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2021

14 Taxation

The charity is a registered charity and is therefore exempt from taxation.

15 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2020	<u>10,822</u>	<u>10,822</u>
At 31 March 2021	<u>10,822</u>	<u>10,822</u>
Depreciation		
At 1 April 2020	9,138	9,138
Charge for the year	<u>421</u>	<u>421</u>
At 31 March 2021	<u>9,559</u>	<u>9,559</u>
Net book value		
At 31 March 2021	<u>1,263</u>	<u>1,263</u>
At 31 March 2020	<u>1,684</u>	<u>1,684</u>

16 Debtors

	2021 £	2020 £
Prepayments	<u>11,453</u>	<u>535</u>

17 Cash and cash equivalents

	2021 £	2020 £
Cash on hand	300	650
Cash at bank	<u>251,983</u>	<u>181,918</u>
	<u>252,283</u>	<u>182,568</u>

18 Creditors: amounts falling due within one year

	2021 £	2020 £
Accruals	<u>9,673</u>	<u>3,012</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2021

19 Commitments

Other financial commitments

During the year the company signed a lease for its current premises. Other financial commitments below represent payments due under the lease until the next break date.

The total amount of other financial commitments not provided in the financial statements was £63,000 (2020 - £Nil).

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2021

20 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
<i>General</i>					
Capital Fund	1,684	-	(421)	-	1,263
Core	<u>163,752</u>	<u>69,016</u>	<u>(70,067)</u>	<u>46,755</u>	<u>209,456</u>
	<u>165,436</u>	<u>69,016</u>	<u>(70,488)</u>	<u>46,755</u>	<u>210,719</u>
Restricted funds					
Befriending	11,208	-	-	-	11,208
Well Being Service	5,131	200,000	(165,498)	(24,000)	15,633
High Intensity User Service	<u>-</u>	<u>112,182</u>	<u>(71,661)</u>	<u>(22,755)</u>	<u>17,766</u>
Total restricted funds	<u>16,339</u>	<u>312,182</u>	<u>(237,159)</u>	<u>(46,755)</u>	<u>44,607</u>
Total funds	<u>181,775</u>	<u>381,198</u>	<u>(307,647)</u>	<u>-</u>	<u>255,326</u>
	Balance at 1 April 2019 £	Incoming resources £	Resources expended £		Balance at 31 March 2020 £
Unrestricted funds					
<i>General</i>					
Capital Fund	2,246	-	(562)		1,684
Core	<u>165,523</u>	<u>83,231</u>	<u>(85,002)</u>		<u>163,752</u>
	<u>167,769</u>	<u>83,231</u>	<u>(85,564)</u>		<u>165,436</u>
Restricted funds					
Befriending	11,208	-	-		11,208
Well Being Service	<u>3,379</u>	<u>200,000</u>	<u>(198,248)</u>		<u>5,131</u>
Total restricted funds	<u>14,587</u>	<u>200,000</u>	<u>(198,248)</u>		<u>16,339</u>
Total funds	<u>182,356</u>	<u>283,231</u>	<u>(283,812)</u>		<u>181,775</u>

Doncaster Mind

Notes to the Financial Statements for the Year Ended 31 March 2021

21 Analysis of net assets between funds

	Unrestricted funds		Total funds at 31 March 2021 £
	General £	Restricted funds £	
Tangible fixed assets	1,263	-	1,263
Current assets	213,823	49,913	263,736
Current liabilities	(4,367)	(5,306)	(9,673)
Total net assets	210,719	44,607	255,326

	Unrestricted funds		Total funds at 31 March 2020 £
	General £	Restricted funds £	
Tangible fixed assets	1,684	-	1,684
Current assets	183,103	-	183,103
Current liabilities	(3,012)	-	(3,012)
Total net assets	181,775	-	181,775

22 Analysis of net funds

	At 1 April 2020 £	Cash flows £	At 31 March 2021 £
	Cash at bank and in hand	182,568	69,715
Net balance	182,568	69,715	252,283

	At 1 April 2019 £	Cash flows £	At 31 March 2020 £
	Cash at bank and in hand	173,719	8,849
Net debt	173,719	8,849	182,568