

Reports and Financial Statements

For the year ended 31 March 2025

New Hope Christian Counselling

Registered in England and Wales

Registered Charity 1141104

Registered Company 07501815

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NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2025

The directors of New Hope Christian Counselling ("the charitable company") are its trustees for the purpose of charity law and throughout this report are collectively referred to as its trustees. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015). The trustees have pleasure in presenting the charitable company's report and financial statements for the year ended 31 March 2025.

1. OBJECTIVES AND ACTIVITIES

The object of the charity is:

To promote and protect the mental health of the public, in particular those living in Warwick, Leamington Spa, Kenilworth and Stratford Upon Avon and the surrounding area through the provision of counselling and support for people in need.

The trustees aim to pursue these objects through low-cost counselling, offered mainly by volunteers who are either qualified to Diploma Level and above or who are in the final years of their University/College course. New Hope has a number of qualified counsellors, many of whom undertook their placement with the charity and have stayed on as volunteers. There is a minimum charge of £20 per session introduced in July 2024 and an assessment fee of £10 (free to those on benefits). Any additional donations given on top of the minimum charge can be Gift Aided. There is a hardship fund for those clients who are unable to pay the minimum charge. New Hope also undertakes couple counselling for which the assessment fee is £20 and a set fee of £50 per session.

Counselling services are open to anyone aged 16 + living or registered with a GP in South Warwickshire who feel they may benefit from counselling. There are no restrictions on the grounds of any of the protected characteristics ie age, disability, gender reassignment, marriage and civil partnerships, pregnancy and maternity, race, religion or belief, sex, and sexual orientation. After a robust telephone assessment, the client is placed on a waiting list and matched to a suitable counsellor when one is available. No preference is given to or discrimination made against clients.

Public Benefit

The trustees are committed to improving the organisation's practice and ensuring that it delivers public benefit, as it fulfils its objectives through the provision of counselling services. The trustees have had regard to the guidance from the Charity Commission on reporting on Public Benefit. The service is open to all wishing to access counselling who live in South Warwickshire, including those of other faiths or none.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2025

2. ACHIEVEMENTS AND PERFORMANCE

2.1 Review of the activities of the Charity

During the past year, the charity has counselled 263 clients with 2800 hours of counselling delivered either face-to-face, online or via telephone. The counselling team is flexible in its approach to address the individual needs of the clients and we are now open for two evenings in Warwick and the Stratford service also provides evening sessions. Our counselling service continues to be in demand with the waiting list throughout the year being between 8 and 12 weeks.

Counselling is provided for many different issues including depression, anxiety and stress, addictions, trauma and abuse, bereavement, relationship problems and self-esteem. There continues to be an increase in clients presenting with more complex trauma and a slight increase in those who have been involved with criminal justice system including time in prison.

All clients self-refer and are sign posted to New Hope Counselling through various statutory, community and charity organisations. During the year 72% of clients were signposted by NHS services such as GPs, social prescribers and community mental health teams.

Face to face counselling took place from three locations:

- The main office in Warwick at 70 Saltisford.
- 'Lifeways' in Stratford Upon Avon
- Kenilworth Methodist Church

All counsellors who volunteer at New Hope are qualified to Level 4 Diploma Level and above or trainees on placement as part of their University/College Course. Qualified counsellors are accredited with one of the counselling bodies that regulate counselling and psychotherapy. All counsellors, qualified and trainee, are required to be a member of a professional body. New Hope Counselling is an organisation member of Association of Christians in Counselling (ACC).

In Autumn 2024 we introduced art therapy as part of our service offer being fortunate to have a trainee art psychotherapist from Sheffield Hallam University join us on placement. She has undertaken both individual and group art therapy at Lifeways in Stratford and the SYDNI Centre in Leamington Spa.

During the year 2024/25 we would like to report the following events and activities.

The Trustees recognised that during Summer of 2024 the charity was encountering some extreme financial challenges and that some difficult decisions needed to be made to reduce the outgoings of the charity. It was decided to close the Leamington Service due to no additional funding having been secured to ensure it was not being delivered at a loss, therefore the contract of the Leamington Coordinator was not extended.

The decision was also made to make the position of Fundraiser redundant with the Manager taking on fund raising responsibilities. From July until December 2024, the Manager focused her time on funding bids (assisted by the Assistant Manager and Warwick Coordinator), resulting in significant funding success.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2025

Funding was received from the following organisations:

- Warwick District Council – Cost of Living Grant
- King Henry VIII Endowed Trust – counselling for CV34 residents
- Kenilworth Town Council - counselling for CV8 residents
- Stratford Town Trust – counselling for CV37 residents
- Souter Trust - for Hardship Fund
- St James Place - for Hardship Fund and Suicide Awareness Training
- WPH – for core service
- John Lewis plc (Waitrose) - for core service
- Blakemore - for core service
- Rethink Mental Illness – on behalf of VCSE Mental Health Alliance for manager's time at meetings

We are grateful to Orbis Investment's Buchanan Programme team for another extremely generous donation which has enabled New Hope to continue to invest in Tacklit CRM system enabling us to implement further improvements and efficiencies to our day to day operation including online client invoicing.

Throughout the year we received ongoing support, including generous donations from Saltisford Church. Castle Hill Baptist Church also continued to generously donate throughout the year and we were the fortunate recipients of a fundraising quiz evening held by Radford Semele Baptist Church. We are most grateful for the generous support that these local churches have given to us, particularly at a time of financial challenge.

Volunteer Team

Throughout the year we have had a dedicated team of 14 qualified volunteer counsellors, 34 trainee counsellors and 1 trainee art therapist. We held 3 volunteer CPD mornings which were well attended and greatly appreciated by both volunteers and staff. Workshops included one on creative therapy facilitated by the trainee art therapist, which was extremely well received, and requests have been made for a similar CPD session to be held next year. Volunteers particularly value the opportunity of meeting up with one another and the peer support that ensues. As part of the team, we also have two admin volunteers who provide invaluable support to the management team to ensure the effective delivery of New Hope services. Throughout the year a regular newsletter has been circulated to volunteers which includes updates on New Hope Counselling including good news stories, information regarding admin tasks required by volunteer counsellors mainly relating to Tacklit, forthcoming training and recommendations for books and podcasts relating to therapy.

Other activities and achievements

- Warwick Town Council approached New Hope Counselling about participating in a project for students at secondary schools in Warwick – Warwick Wellness Wednesdays. The initiative was the idea of the Warwick Youth Forum and funded by Warwick Town Council to enable students from the different schools to participate in mental health and wellbeing activities such as yoga, meditation, walking and connecting with a therapy dog. New Hope organised an art therapy focused session which was extremely well received by participants. Over three Wednesdays, New Hope staff members, a volunteer counsellor with youth experience

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2025

three Wednesdays, New Hope staff members, a volunteer counsellor with youth experience and the trainee art therapist facilitated the workshop for approximately 20 students from 3 different secondary schools. It is hoped that a similar event will be held in 2026.

- Evening coordinator appointed for a Monday at Warwick due to funding from Warwick Town Council
- The trainee art psychotherapist is on placement for 2 days per week and it has been an extremely beneficial being able to offer art therapy as an alternative to counselling where appropriate. The art psychotherapist has delivered individual client work at Lifeways in Stratford and SYDNI Centre in Leamington Spa. This has led to a very positive partnership between New Hope Counselling and the SYDNI Centre resulting in a pilot art therapy group with referrals coming through the SYDNI Centre Wellbeing Coordinator. Feedback from clients attending the group was exceptional. New Hope is in discussion with SYDNI Centre to identify funding for further group work going forward.
- We have continued to implement Tacklit CRM system across New Hope's daily operations with the intention of becoming paper free by April 2025.
- We continue to review and update policies and procedures to include any legislative changes.
- The manager of New Hope Counselling continues to sit on the VCSE Mental Health Alliance Partnership Board. The Alliance is a forum providing a voice to influence mental health services across Coventry and Warwickshire and in particular, engagement with the statutory sector.
- The manager continues to be a member of the Counselling Networking group made up of counselling charities working across Coventry and Warwickshire. The group provides an opportunity to share good practice, discuss challenges faced by counselling agencies and is looking at joint training for staff and volunteers going forward.
- During the year New Hope Counselling has been represented at a number of local community and health events such as CAVA Networking Coffee and Chat and Warwick District Faiths Forum meetings and annual conference where we had a stand.

3. FINANCIAL REVIEW

3.1 Results

Details of the financial results for the financial year are given in the Statement of Financial Activities on page 9, the Balance Sheet on page 10 and the Accompanying Notes on page 11.

The charity has the following main sources of funds:

- Income from client charges for counselling and assessments.
- Donations from clients in addition to the paid charge for counselling.
- Grants
- Church and other donations by supporters of New Hope Counselling
- Fundraising
- Gift Aid

The main expenditure of the charity is for the provision of day-to-day management and administration of counsellors and clients and of premises to carry out counselling services.

During the year ending 31st March 2025, income totalled £95,493 (23/24: £71,321.) Expenditure for the year was £93,958 (23/24: £93,173). So overall there was a total net increase in unrestricted and restricted funds during the financial year. Details of any related party transactions are as set out in note 11 to the accounts.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2025

3.2 Going Concern:

Having reviewed the level of funds available together with the future projected cash-flow, the trustees have reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

3.3 Reserves Policy

The charity seeks to hold reserves equal to three to six months of expenditure of between £19,000 and £38,000. The free reserves as at 31st March 2025 were £23,036 which equate to 3 months reserves. Whilst overall reserves remain healthy, during the year New Hope Counselling has received a greater proportion of restricted funding. The trustees recognise the ongoing need to encourage more donations and also to seek other sources of support and funding to ensure the continuing development of the service.

4. FUTURE DEVELOPMENT

Specific future plans include:

- Implementation of 5 Year Business Plan
- Further review and development of funding strategy to ensure future financial stability of the charity.
- Further development and implementation of 'Friends of New Hope', including a bi-annual newsletter to supporters of the charity.
- Development of training plan and continuation of Saturday morning CPD workshops and online training for volunteers and staff throughout the year.
- Ongoing strengthening of partnership working with local charities, churches and community groups.
- Continue to review and update policies and procedures.
- Trustee recruitment to widen the skill-set of the Board.

5. STRUCTURE, GOVERNANCE AND MANAGEMENT

5.1 Constitution of the Charity and Status

New Hope Christian Counselling is an incorporated charity limited by guarantee, having no share capital and is governed by its Articles of Association incorporated on 21/01/2011 as amended by special resolution dated 24/03/2011 and registered at Companies House on 01/04/2011. The company number is 07501815. The charity was registered with the Charity Commission on 4th April 2011 with the number 1141104. The charity is exempt from corporation tax under part 10 of the Income tax Act 2007. The charity also uses the name New Hope Counselling.

5.2 Trustees (Directors):

The trustees (who are also directors for the purpose of Company Law), who held office during the year and to the date of this report are listed on page 6, Reference and Administrative Information.

Trustees are appointed and elected in accordance with the Articles of Association through a vote of members at the AGM and after an appropriate amendment to the Articles of Association are now able to stand for more than two, three year terms. All potential trustees are only nominated to stand for election following a skills analysis and suitable references.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2025

5.3 Trustee meetings and procedures

All new trustees are given information relating to the responsibilities of trustees and orientation to the work of the Charity. All trustees are encouraged to read the guidance on public benefit issued by the Charities Commission and this is taken into account when making decisions about the charity's activities and in the day to day running of the counselling service.

The trustees normally schedule four meetings each year and are joined for most of the meetings by the manager. In addition, trustees meet for an extra-ordinary meeting to discuss strategy and staffing. The trustees have a programme to ensure that policies and procedures are regularly updated and reviewed. Legal advice is sought when necessary.

Current policies include:-

- Health and Safety Policy
- Safeguarding Policy
- Confidentiality and Data Protection
- Equality and Diversity policy
- Lone Working Policy
- Statement of Counselling Policy
- Volunteer Policy
- Grievance Procedure
- Disciplinary Procedure
- Complaints Procedure for clients

Related party issues are fully declared in the financial statements. The trustees have a clear procedure that if there is a potential conflict of interest on any matter, the trustee with the potential conflict of interest is asked to leave the room and take no part in the debate or decision.

5.4 Organisation of the Charity

The operations of the charity are conducted in accordance with the policies and strategy approved by the trustees. There are no standing sub-committees and expert advice is sought as required. The trustees are responsible for the governance of the charity and delegate the day-to-day operation to the manager. The charity currently has a part-time paid staff team consisting of a manager, an assistant manager, Warwick coordinator & administrator, Kenilworth coordinator and Stratford coordinator, as well as volunteer and trainee counsellors and admin volunteers.

5.5 Risk Management

The trustees review risk and seek to ensure all major risks to which the charity might be exposed are identified, in particular those relating to the operations and finances of the charity. The trustees are satisfied that there are systems in place to mitigate the exposure to major risks.

6. REFERENCE AND ADMINISTRATIVE INFORMATION

Legal Registration

Registered in England and Wales

Company limited by guarantee – Number 07501815

Registered Charity – Number 1141104

Trustees

Alison Oliver (Chair)

Ian Greaves (Treasurer)

Alan Harper (Company Secretary)

**NEW HOPE CHRISTIAN COUNSELLING
REPORT OF THE TRUSTEES (CONT'D)
YEAR ENDED 31 MARCH 2025**

Ian Tilford
Celia Hilgenberg

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CAF Bank Ltd
25 Kings Hill Avenue
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Kent ME19 4JQ

Independent Examiner

Ian English
38 Sambourn Close
Solihull B91 2SA

7. STATEMENT OF TRUSTEES' RESPONSIBILITIES

Company law requires the trustees prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the balance sheet date and of its income and expenditure for the financial year. In preparing those financial statements, the trustees are required to:-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- comply with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The financial statements have been prepared in accordance with the special provisions of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE TRUSTEES



Alison Oliver (Chair)

Date: 11-9-2025

**NEW HOPE CHRISTIAN COUNSELLING
REPORT OF THE TRUSTEES (CONT'D)
YEAR ENDED 31 MARCH 2025**

**INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF
NEW HOPE CHRISTIAN COUNSELLING ('THE Company')
YEAR ENDED 31 MARCH 2025**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025, which are set out on pages 10 to 14.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



**Ian English
38 Sambourn Close
Solihull
B91 2SA**

Date:

11/09/2025

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2025

NEW HOPE CHRISTIAN COUNSELLING STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING AN INCOME AND EXPENDITURE ACCOUNT) YEAR ENDED 31 MARCH 2025

	Note	2024/25			2023/24		
		Unrestricted	Restricted	Total Funds	Unrestricted	Restricted	Total Funds
		Funds	Funds	2024/25	Funds	Funds	2023/24
		£	£	£	£	£	£
INCOME FROM:							
Donations, legacies and grants	2	66,962	26,410	93,372	53,304	16,801	70,105
Charitable activities	3	2,121	-	2,121	1,216	-	1,216
TOTAL INCOME		69,083	26,410	95,493	54,520	16,801	71,321
EXPENDITURE ON:							
Raising Funds		1,503	-	1,503	4,472	-	4,472
Charitable activities	4	71,565	20,890	92,455	47,018	41,683	88,701
TOTAL EXPENDITURE		73,068	20,890	93,958	51,490	41,683	93,173
NET INCOME AND NET MOVEMENT IN FUNDS		(3,985)	5,520	1,535	3,030	(24,882)	(21,852)
RECONCILIATION OF FUNDS							
Total funds brought forward		27,021	6,590	33,611	23,991	31,472	55,463
TOTAL FUNDS CARRIED FORWARD		23,036	12,110	35,146	27,021	6,590	33,611

The Statement of Financial Activities includes all gains and losses recognised in the year.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2025

NEW HOPE CHRISTIAN COUNSELLING BALANCE SHEET AS AT 31 MARCH 2025

	Note	2025	2024
		£	£
FIXED ASSETS			
Tangible Fixed Assets	8	-	-
CURRENT ASSETS			
Debtors	6	1,060	1,179
Cash at Bank and in hand		34,250	32,785
		35,310	33,964
CREDITORS			
Amounts falling due within one year	7	164	353
NET CURRENT ASSETS		35,146	33,611
NET ASSETS		35,146	33,611
<hr/>			
FUNDS			
Unrestricted Funds		23,036	27,021
Restricted Funds		12,110	6,590
TOTAL FUNDS		35,146	33,611

The notes on pages 11 to 13 form part of these financial statements.

For the year ended 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2016 relating to small companies.

Responsibilities of directors/trustees:

(a) The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006 - however, in accordance with section 145 of the Charities Act 2011 the accounts have been examined by an independent examiner whose report appears on page 7.

(b) The directors/trustees acknowledge their responsibility for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the Trustees on
and signed on their behalf by :

Alison Oliver (Chair of Trustees)

Alison Oliver

DATE:

11-9-2025

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2025

NEW HOPE CHRISTIAN COUNSELLING NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES

1.1. Status of the company

The charitable company is registered in England and is limited by guarantee and does not have share capital. The liability of members is limited to £1 per member.

1.2 Accounting Convention

The financial statements have been prepared in accordance with the Charities Statement of Recommended Practice (Charities SORP FRS 102) as amended by Update Bulletin 1, Financial Reporting Standard 102 (FRS 102) and the Charities Act 2011. The particular accounting policies adopted are described below.

The financial statements have been prepared under the historical cost convention. The charity meets the definition of a public benefit entity under FRS 102.

1.3 Going concern

Having reviewed the level of funds available together with the future projected cashflows, the trustees have reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

1.4. Income

Income is shown on an accruals basis. Donations are recognised when received. Income tax recoverable on Gift Aid donations is recognised when the income is recognised. Grants and legacies are accounted for as soon as any conditions for receipt have been met. Contractual income and performance related grants are only included in the SoFA once the related goods or services have been delivered.

Dividends and interest are accounted for when receivable and allocated to the appropriate fund.

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for use by the charity are included in income when receivable. Gifts in kind for sale or distribution are only included in the accounts when sold or distributed by the charity.

Donated services and facilities are only included in income (with an equivalent amount in expenditure) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received. The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

1.5 Expenditure

Expenditure is accounted for on an accruals basis. Charitable expenditure comprises of expenditure directly related to the objects of the Charity. Other than fundraising costs, all expenditure including ongoing support, administration and governance costs form an integral part of the cost of carrying out the direct charitable objectives of the charity.

Fundraising and publicity expenditure comprises all the expenditure in relation to fundraising and publicity for the Charity.

1.6 Fixed Assets and Depreciation

Tangible Fixed Assets are stated at historical cost less depreciation. Depreciation is provided on all assets at 25% of cost per annum and is intended to write off the assets over their estimated useful lives. The percentage so written off is subject to annual review. Expenditure on the acquisition of fixed assets over £1,000 (approximately) is capitalised at cost. There are currently no fixed assets.

1.7 Fund Accounting

Funds held by the charity are classified as one of:-

Unrestricted General Funds – These are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Designated Funds – These are funds set aside by the trustees out of unrestricted general funds for specific purposes or projects. There are currently no designated funds.

Restricted Funds – These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

1.8 Debtors

Grants receivable and other debtors are included at the settlement amount due. Prepayments are valued at the amount prepaid.

1.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of opening of the deposit.

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation arising from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are recognised at their settlement amount.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2025

NEW HOPE CHRISTIAN COUNSELLING NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

2. DONATIONS AND SIMILAR INCOME

	2024/25			2023/24		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£			£
Donations*	60,392	-	60,392	53,304	-	53,304
Grants	6,570	26,410	32,980	-	16,801	16,801
	66,962	26,410	93,372	53,304	16,801	70,105

* Donations received gross of cost of raising funds.

3. INCOME FROM CHARITABLE ACTIVITIES

	2024/25			2023/24		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Assessment fees	2,121	-	2,121	1,216	-	1,216
Supervision provided	-	-	-	-	-	-
Training courses	-	-	-	-	-	-
Charitable activities	2,121	-	2,121	1,216	-	1,216

4. CHARITABLE EXPENDITURE

	2024/25			2023/24		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Running Costs						
Management Costs	44,756	20,890	65,646	18,998	41,683	60,681
Property Costs	12,769	-	12,769	13,558	-	13,558
Administration Costs	3,222	-	3,222	3,190	-	3,190
	60,747	20,890	81,637	35,746	41,683	77,429
Counselling Costs						
Supervision Costs	901	-	901	1,113	-	1,113
Counsellor training and expenses	173	-	173	1,196	-	1,196
Insurance & ACC affiliation	2,854	-	2,854	1,250	-	1,250
	3,928	-	3,928	3,559	-	3,559
Other Charitable Costs						
Other Costs	6,690	-	6,690	7,513	-	7,513
	6,690	-	6,690	7,513	-	7,513
Governance Costs						
Independent Examination Fee	200	-	200	200	-	200
Bank charges & GDPR	-	-	-	-	-	-
	200	-	200	200	-	200
TOTAL CHARITABLE EXPENDITURE	71,565	20,890	92,455	47,018	41,683	88,701

5. STAFF AND TRUSTEES COSTS

	2024/25	2023/24
	£	£
Salaries	65,275	63,568
Social security costs		
Pension costs	1,570	1,387
Expenses	302	577
	67,147	65,532

No remuneration was paid to, or waived by, any Trustee in respect of such office. No expenses were paid to any trustee (2023/24: £ nil).

6. DEBTORS

	2024/25	2023/24
	£	£
Gift Aid receivable	-	-
Prepayments	1,060	1,179
	1,060	1,179

7. CREDITORS: Amounts falling due within one year

	£	£
General Creditors	164	353
	164	353

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2025

NEW HOPE CHRISTIAN COUNSELLING NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) YEAR ENDED 31 MARCH 2025

8. FIXED ASSETS

The charity currently holds no fixed assets that have been capitalised.

9. MOVEMENTS OF RESTRICTED FUNDS

	<u>At 1 April</u> <u>2024</u>	<u>Income</u> <u>2024/25</u>	<u>Expenditure</u> <u>2024/25</u>	<u>At 31 March</u> <u>2025</u>
	£	£	£	£
Warwickshire County Council Councillors	-	3,000	3,000	-
Kenilworth Town Council	-	5,000	3,500	1,500
King Henry V111 Endowment Trust	-	4,500	4,500	-
St James Place Charitable Foundation	-	2,500		2,500
Leamington Town Council	1,000		1,000	-
Heart of England Community Fund	-			-
Warks D C Cost of Living	910	1,500	1,410	1,000
Stratford Town Trust	-	6,910	1,300	5,610
 William A Cadbury Trust	 4,680		 4,680	 -
 Souter Trust	 -	 3,000	 1,500	 1,500
	6,590	26,410	20,890	12,110

King Henry V111 Endowment Trust is for Warwick service

Kenilworth Town Council grant is for supporting those who live in CV8 (Kenilworth)

Stratford Town Trust is for Stratford service

Souter Trust & Warwick DC are for hardship funds

St James Place Charitable Foundation is for training & hardship funds

10. ANALYSIS OF NET ASSETS BETWEEN FUNDS

Fund balances at 31 March are represented by:	<u>Unrestricted</u> <u>funds</u>	<u>Restricted</u> <u>funds</u>	<u>Total 31</u> <u>March 2025</u>	<u>Unrestricted</u> <u>funds</u>	<u>Restricted</u> <u>funds</u>	<u>Total 31</u> <u>March 2024</u>
	£	£	£	£	£	£
Tangible fixed assets	-	-	-	-	-	-
Current assets	23,036	12,110	35,146	27,021	6,590	33,611
	23,036	12,110	35,146	27,021	6,590	33,611

11. RELATED PARTY DISCLOSURES

Trustees register any related party interests before there is discussion on any grants and trustees do not take part in any decisions when there is a conflict of interest.

During the year gifts totalling £NIL (2023/24: £NIL) were received from trustees.