

Reports and Financial Statements

For the year ended 31 March 2023

New Hope Christian Counselling

Registered in England and Wales

Registered Charity 1141104

Registered Company 07501815

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NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2023

The directors of New Hope Christian Counselling ("the charitable company") are its trustees for the purpose of charity law and throughout this report are collectively referred to as its trustees. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015). The trustees have pleasure in presenting the charitable company's report and financial statements for the year ended 31 March 2023.

1. OBJECTIVES AND ACTIVITIES

The object of the charity is:

To promote and protect the mental health of the public, in particular those living in Warwick, Leamington Spa, Kenilworth and Stratford Upon Avon and the surrounding area through the provision of counselling and support for people in need.

The trustees aim to pursue these objects through counselling, offered mainly by volunteers who are either qualified to Diploma Level and above or who are in the final years of their University/College course. New Hope also has a number of qualified counsellors, many of whom undertook their placement with the charity and have stayed on as volunteers. No set fees are charged for individual counselling apart from an assessment fee of £10 (free to those on benefits) and clients are asked to give a donation when they commence therapy. New Hope also undertakes couple counselling and currently there is a set fee of £35 per session although this will be reviewed going forward.

Counselling services are open to anyone from the local community who feel they may benefit from counselling. There are no restrictions on the grounds of any of the protected characteristics ie age, disability, gender reassignment, marriage and civil partnerships, pregnancy and maternity, race, religion or belief, sex, and sexual orientation. After a robust telephone assessment, the client is placed on a waiting list and matched to a suitable counsellor when one is available. No preference is given to or discrimination made against clients. We request that clients make a donation appropriate to what they are able to afford and no one is refused counselling based on an inability to make a financial contribution.

Public Benefit

The trustees are committed to improving the organisation's practice and ensuring that it delivers public benefit, as it fulfils its objectives through the provision of counselling services. The trustees have had regard to the guidance from the Charity Commission on reporting on Public Benefit. The service is open to all wishing to access counselling who live in South Warwickshire, including those of other faiths or none.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2023

2. ACHIEVEMENTS AND PERFORMANCE

2.1 Review of the activities of the Charity

In the past year, the charity has counselled 220 clients (previous year 206). The majority of counselling sessions are face to face, although there are clients who prefer online or telephone counselling as this provides flexibility with regard to work or caring responsibilities. The benefit of counsellors now being more comfortable with remote counselling is that the organisation can be flexible to a client's needs. Our counselling service continues to be in great demand and currently the waiting list stands at 16 weeks.

Counselling is provided for many different issues including: depression, anxiety and stress, addictions, trauma and abuse, bereavement, relationship problems and self-esteem. There has been a significant increase in clients presenting with complex trauma who have been unable to access NHS therapy as they do not meet the criteria which has increased due to the pressure on local mental health services.

Referrals came from a number of sources with the majority of clients coming via NHS which stood at 62% across the year with 72% in quarter 3. 12% of clients had accessed New Hope services previously and 15% were recommended by friends, relatives or colleagues who had personally used the service which was consistent with previous years.

Face to face counselling took place from three locations:

- The main office in Warwick at 70 Saltisford.
- 'Lifeways' in Stratford Upon Avon
- Kenilworth Methodist Church

All counsellors who volunteer at New Hope are qualified to Level 4 Diploma Level and above or are completing a student placement as part of their University/College Course. Qualified counsellors are accredited with one of the counselling bodies that regulate counselling and psychotherapy. All counsellors, qualified and trainee, are required to be a member of a professional body. The counselling team offer their counselling services voluntarily.

During the year 2022/23 we are pleased to report:

- That we had a dedicated team of 17 qualified and 26 trainee counsellors. During the year New Hope was able to reintroduce face to face CPD sessions for volunteers, these were greatly appreciated by attendees. At the first session in November 2022 time was spent understanding the structure of New Hope and plans for the future. At the session in March 2023 a Grief Recovery workshop was facilitated by Clare Spiers, Grief Recovery Specialist. At these days volunteers particularly value the opportunity to network with one another and the opportunity for peer support. As part of the team, we also have two admin volunteers who provide invaluable support to the staff to ensure the effective delivery of New Hope services.
- The Manager of New Hope Counselling sits on the board of the VCSE Mental Health Alliance which is a forum providing a voice to influence mental health services across Coventry and Warwickshire and engagement with the statutory sector. She is also a

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2023

founding member of the newly formed Counselling Partnership group set up as part of the Mental Health Transformation Programme.

- During the year the team at New Hope Counselling have attended events to promote the charity in recognition of the need to raise New Hope's profile across the communities of South Warwickshire. Events attended have included a health and wellbeing day at the Leamington Gurdwara; Coming Together to Support event for charities and professionals supporting parents and families after a child dies; Mental Health Transformation Programme Showcase event; Sherwood Psychotherapy Training Institute open day; Warwickshire College Group wellbeing event and various networking events hosted by Warwickshire CAVA.
- During the year the Trustees agreed to invest in a digital CRM platform, called Tacklit, which will improve the efficiency of client assessments and record keeping. Not only will this be of benefit to clients and counsellors but will also ensure more accurate statistics for reporting purposes and also reduce the amount of paperwork and files which will improve the charity's carbon footprint. The assistant manager has led on this exciting new piece of work and implementation will be completed by end of March 2024.
- A Monday evening service has been set up at 70 Saltisford and it is planned to extend this to additional evenings.
- Funding was received from the following organisations:
 - 29th May 1961 Charitable Trust – for core costs
 - WCC Councillors Grant, Warwick District – for safeguarding training
 - Kenilworth Town Council – counselling for CV8 residents
 - Stratford Municipal Charities – counselling for CV37 residents
 - Warwick District Council – for Warwick evening service
 - Warwickshire CAVA – digital support
 - William A. Cadbury Trust – for a service in Leamington Spa
- Fundraising: Throughout the year we received generous regular donations from Castle Hill Baptist Church and Saltisford Church for which we are most grateful. Other generous donations were received from others who support New Hope Counselling's work including Tentpeg Global, Ian Greaves from sponsorship for running the London Marathon and James Slough who undertook 50km Challenge.
- The volunteer team at New Hope Counselling received a Special Recognition for the Health & Wellbeing Award at the annual CAVA Volunteer Awards for their enormous commitment to the charity and the clients that we support. Two of our volunteer counsellors attended the awards evening held in Stratford-upon-Avon in October 2022 and received the award on behalf of New Hope.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2023

3. FINANCIAL REVIEW

3.1 Results

Details of the financial results for the financial year are given in the Statement of Financial Activities on page 9, the Balance Sheet on page 10 and the Accompanying Notes on page 11.

The charity has the following main sources of funds:

- Voluntary donations made by clients receiving counselling
- Grants
- Church and other donations by supporters of New Hope Counselling
- Fundraising

The main expenditure of the charity is for the provision of day-to-day management and administration of counsellors and clients and of premises to carry out counselling services.

During the year ending 31st March 2023, income totalled £81,374 (21/22: £64,349). Expenditure for the year was £78,393 (21/22: £61,778). So overall there was a total net increase in unrestricted and restricted funds of £2,981 (21/22: £2,571) during the financial year. Details of any related party transactions are as set out in note 11 to the accounts.

3.2 Going Concern:

Having reviewed the level of funds available together with the future projected cash-flow, the trustees have reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

As the year progressed clients and counsellors continued to return to face to face counselling. Although the amount of online therapy decreased it is still available as an option and is often convenient for those who are disabled, housebound, carers, those living in rural areas, those in full-time employment.

3.3 Reserves Policy

The charity seeks to hold reserves equal to three to six months of expenditure of between £19,000 and £38,000. The free reserves as at 31st March 2023 were £23,991 which equate to just over 3 months reserves. Whilst overall reserves remain healthy, during the year New Hope Counselling has received a greater proportion of restricted funding. The trustees recognise the ongoing need to encourage more donations and also to seek other sources of support and funding to ensure the continuing development of the service.

4. FUTURE DEVELOPMENT

Specific future plans include:

- Implementation of the 2 and 5 Year Business Plan.
- Joint strategy session for trustees and staff to be held in October 2023.
- Continue to create new opportunities and development for staff.
- Review and update policies and procedures.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2023

- Ongoing improvement of recruitment processes for paid staff and student placements.
- Improve promotion of the charity including updating marketing materials and increase social media presence.
- Diversification of service delivery to include group work.
- Continue increased utilisation of 70 Saltisford, including expansion of evening service.
- Continue development of a service in Leamington Spa.
- Review and update policies and procedures.
- Ongoing strengthening of partnership working aligned to the Mental Health Transformation Programme and with local charities and community groups.

5. STRUCTURE, GOVERNANCE AND MANAGEMENT

5.1 Constitution of the Charity and Status

New Hope Christian Counselling is an incorporated charity limited by guarantee, having no share capital and is governed by its Articles of Association incorporated on 21/01/2011 as amended by special resolution dated 24/03/2011 and registered at Companies House on 01/04/2011. The company number is 07501815. The charity was registered with the Charity Commission on 4th April 2011 with the number 1141104. The charity is exempt from corporation tax under part 10 of the Income tax Act 2007. The charity also uses the name New Hope Counselling.

5.2 Trustees (Directors):

The trustees (who are also directors for the purpose of Company Law), who held office during the year and to the date of this report are listed on page 6, Reference and Administrative Information.

Trustees are appointed and elected in accordance with the Articles of Association through a vote of members at the AGM and after an appropriate amendment to the Articles of Association are now able to stand for more than two, three year terms. All potential trustees are only nominated to stand for election following a skills analysis and suitable references.

5.3 Trustee meetings and procedures

All new trustees are given information relating to the responsibilities of trustees and orientation to the work of the Charity. All trustees are encouraged to read the guidance on public benefit issued by the Charities Commission and this is taken into account when making decisions about the charity's activities and in the day to day running of the counselling service.

The trustees normally schedule four meetings each year and are joined for most of the meetings by the manager. In addition, trustees meet for an extra-ordinary meeting to discuss strategy and staffing. In February 2023 the trustees attended a Governance Refresher Workshop facilitated by Rob Allison of Factor Networking.

The trustees have a programme to ensure that policies and procedures are regularly updated and reviewed. Legal advice is sought when necessary.

Current policies include:-

- Statement of Counselling Policy

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2023

- Volunteer Policy
- Safeguarding Policy
- Confidentiality and Data Protection
- Privacy Policy
- Grievance Procedure
- Disciplinary Procedure
- Complaints Procedure for clients
- Equality and Diversity policy
- Lone Working Policy

Related party issues are fully declared in the financial statements. The trustees have a clear procedure that if there is a potential conflict of interest on any matter, the trustee with the potential conflict of interest is asked to leave the room and take no part in the debate or decision.

5.4 Organisation of the Charity

The operations of the charity are conducted in accordance with the policies and strategy approved by the trustees. There are no standing sub-committees and expert advice is sought as required. The trustees are responsible for the governance of the charity and delegate the day-to-day operation to the manager. The charity currently has a part-time paid staff team consisting of a manager, an assistant manager, Warwick coordinator & administrator, Kenilworth coordinator, Stratford coordinator and a fundraiser, as well as volunteer counsellors and admin workers.

5.5 Risk Management

The trustees review risk and seek to ensure all major risks to which the charity might be exposed are identified, in particular those relating to the operations and finances of the charity. The trustees are satisfied that there are systems in place to mitigate the exposure to major risks.

6. REFERENCE AND ADMINISTRATIVE INFORMATION

Legal Registration

Registered in England and Wales

Company limited by guarantee – Number 07501815

Registered Charity – Number 1141104

Trustees

Alison Oliver (Chair)
Ian Greaves (Treasurer)
Alan Harper (Company Secretary)
Ian Tilford
Celia Hilgenberg
Gavin Brannan

Principal Address

70 Saltisford

Warwick

CV34 4TT

Tel: 07799015650

E-mail: office@newhopecounselling.org.uk

**NEW HOPE CHRISTIAN COUNSELLING
REPORT OF THE TRUSTEES (CONT'D)
YEAR ENDED 31 MARCH 2023**

Website: newhopecounselling.org.uk

CAF Bank Ltd
25 Kings Hill Avenue
West Malling
Kent ME19 4JQ

Independent Examiner
Ian English
38 Sambourn Close
Solihull B91 2SA

7. STATEMENT OF TRUSTEES' RESPONSIBILITIES

Company law requires the trustees prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the balance sheet date and of its income and expenditure for the financial year. In preparing those financial statements, the trustees are required to:-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- comply with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The financial statements have been prepared in accordance with the special provisions of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE TRUSTEES

Alison Oliver

ALISON OLIVER

Alison Oliver (Chair)

Date: 15/08/2023

**NEW HOPE CHRISTIAN COUNSELLING
REPORT OF THE TRUSTEES (CONT'D)
YEAR ENDED 31 MARCH 2023**

**INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF
NEW HOPE CHRISTIAN COUNSELLING ('THE Company')
YEAR ENDED 31 MARCH 2023**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023, which are set out on pages 9 to 13.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed


Ian English
38 Sambourn Close
Solihull
B91 2SA

Date:

15/8/23

NEW HOPE CHRISTIAN COUNSELLING
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)
YEAR ENDED 31 MARCH 2023

	Note	2022/23			2021/22		
		Unrestricted	Restricted	Total Funds	Unrestricted	Restricted	Total Funds
		Funds	Funds	2021/22	Funds	Funds	2020/21
		£	£	£	£	£	£
INCOME FROM:							
Donations, legacies and grants	2	56,282	22,820	79,102	42,100	19,560	61,660
Charitable activities	3	2,272	-	2,272	2,689	-	2,689
TOTAL INCOME		58,554	22,820	81,374	44,789	19,560	64,349
EXPENDITURE ON:							
Raising Funds		4,472	-	4,472	-	-	-
Charitable activities	4	68,883	5,038	73,921	54,788	6,990	61,778
TOTAL EXPENDITURE		73,355	5,038	78,393	54,788	6,990	61,778
NET INCOME AND NET MOVEMENT IN FUNDS		(14,801)	17,782	2,981	(9,999)	12,570	2,571
RECONCILIATION OF FUNDS							
Total funds brought forward		38,792	13,690	52,482	48,791	1,120	49,911
TOTAL FUNDS CARRIED FORWARD		23,991	31,472	55,463	38,792	13,690	52,482

The Statement of Financial Activities includes all gains and losses recognised in the year.

**NEW HOPE CHRISTIAN COUNSELLING
BALANCE SHEET
AS AT 31 MARCH 2023**

	Note	£	2023	£	2022	£
FIXED ASSETS						
Tangible Fixed Assets	8	-		-		
CURRENT ASSETS						
Debtors	6	1,063		2,554		
Cash at Bank and in hand		54,980		50,188		
		<u>56,043</u>		<u>52,742</u>		
CREDITORS						
Amounts falling due within one year	7	580		280		
NET CURRENT ASSETS			<u>55,463</u>		<u>52,462</u>	
NET ASSETS			<u>55,463</u>		<u>52,482</u>	
FUNDS						
Unrestricted Funds		23,991		38,792		
Restricted Funds		31,472		13,690		
TOTAL FUNDS			<u>55,463</u>		<u>52,482</u>	

The notes on pages 11 to 13 form part of these financial statements.

For the year ended 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2016 relating to small companies.

Responsibilities of directors/trustees:

(a) The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006 - however, in accordance with section 145 of the Charities Act 2011 the accounts have been examined by an independent examiner whose report appears on page 7.

(b) The directors/trustees acknowledge their responsibility for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the Trustees on and signed on their behalf by:

Alison Oliver (Chair of Trustees)

DATE:

15/08/2023

Alison Oliver

ALISON OLIVER

**NEW HOPE CHRISTIAN COUNSELLING
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES

1.1. Status of the company

The charitable company is registered in England and is limited by guarantee and does not have share capital. The liability of members is limited to £1 per member.

1.2 Accounting Convention

The financial statements have been prepared in accordance with the Charities Statement of Recommended Practice (Charities SORP FRS 102) as amended by Update Bulletin 1, Financial Reporting Standard 102 (FRS 102) and the Charities Act 2011. The particular accounting policies adopted are described below.

The financial statements have been prepared under the historical cost convention. The charity meets the definition of a public benefit entity under FRS 102.

1.3 Going concern

Having reviewed the level of funds available together with the future projected cashflows, the trustees have reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

1.4. Income

Income is shown on an accruals basis. Donations are recognised when received. Income tax recoverable on Gift Aid donations is recognised when the income is recognised. Grants and legacies are accounted for as soon as any conditions for receipt have been met. Contractual income and performance related grants are only included in the SoFA once the related goods or services have been delivered.

Dividends and interest are accounted for when receivable and allocated to the appropriate fund.

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for use by the charity are included in income when receivable. Gifts in kind for sale or distribution are only included in the accounts when sold or distributed by the charity.

Donated services and facilities are only included in income (with an equivalent amount in expenditure) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received. The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

1.5 Expenditure

Expenditure is accounted for on an accruals basis. Charitable expenditure comprises of expenditure directly related to the objects of the Charity. Other than fundraising costs, all expenditure including ongoing support, administration and governance costs form an integral part of the cost of carrying out the direct charitable objectives of the charity.

Fundraising and publicity expenditure comprises all the expenditure in relation to fundraising and publicity for the Charity.

1.6 Fixed Assets and Depreciation

Tangible Fixed Assets are stated at historical cost less depreciation. Depreciation is provided on all assets at 25% of cost per annum and is intended to write off the assets over their estimated useful lives. The percentage so written off is subject to annual review. Expenditure on the acquisition of fixed assets over £1,000 (approximately) is capitalised at cost. There are currently no fixed assets.

1.7 Fund Accounting

Funds held by the charity are classified as one of:-

Unrestricted General Funds – These are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Designated Funds – These are funds set aside by the trustees out of unrestricted general funds for specific purposes or projects. There are currently no designated funds.

Restricted Funds – These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

1.8 Debtors

Grants receivable and other debtors are included at the settlement amount due. Prepayments are valued at the amount prepaid.

1.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of opening of the deposit.

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation arising from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are recognised at their settlement amount.

**NEW HOPE CHRISTIAN COUNSELLING
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023**

2. DONATIONS AND SIMILAR INCOME

	2022/23			2021/22		
	Unrestricted	Restricted	Total Funds	Unrestricted	Restricted	Total Funds
	Funds £	Funds £	£	Funds £	Funds £	£
Donations*	56,282	-	56,282	42,100	-	42,100
Grants	-	22,820	22,820	-	19,560	19,560
	56,282	22,820	79,102	42,100	19,560	61,660

* Including the £4500 donation re rent subsidy for No 70 Saltisford and donations received gross of cost of raising funds.

3. INCOME FROM CHARITABLE ACTIVITIES

	2022/23			2021/22		
	Unrestricted	Restricted	Total Funds	Unrestricted	Restricted	Total Funds
	Funds £	Funds £	£	Funds £	Funds £	£
Assessment fees	2,024	-	2,024	1,099	-	1,099
Supervision provided	145	-	145	1,395	-	1,395
Training courses	103	-	103	195	-	195
Charitable activities	2,272	-	2,272	2,689	-	2,689

4. CHARITABLE EXPENDITURE

	2022/23			2021/22		
	Unrestricted	Restricted	Total Funds	Unrestricted	Restricted	Total Funds
	Funds £	Funds £	£	Funds £	Funds £	£
Running Costs						
Management Costs	40,932	5,038	45,970	31,913	14,675	46,588
Property Costs	10,018	-	10,018	3,171	1,458	4,629
Administration Costs	5,502	-	5,502	4,867	2,238	7,105
	56,452	5,038	61,490	39,951	18,371	58,322
Counselling Costs						
Supervision Costs	2,011	-	2,011	1,289	592	1,881
Counsellor training and expenses	595	-	595	668	307	975
Insurance & ACC affiliation	2,271	-	2,271	120	55	175
	4,877	-	4,877	2,077	954	3,031
Other Charitable Costs						
Other Costs	6,956	-	6,956	-	-	-
	6,956	-	6,956	-	-	-
Governance Costs						
Independent Examination Fee	400	-	400	400	-	400
Bank charges & GDPR	198	-	198	17	8	25
	598	-	598	417	8	425
TOTAL CHARITABLE EXPENDITURE	68,883	5,038	73,921	42,445	19,333	61,778

5. STAFF AND TRUSTEES COSTS

	2022/23 £	2021/22 £
Salaries	49,919	46,588
Social security costs		
Pension costs	522	1,359
Expenses	1,435	2,181
	51,876	50,128

No remuneration was paid to, or waived by, any Trustee in respect of such office. No expenses were paid to any trustee (2021/22: £ nil).

6. DEBTORS

	2022/23 £	2021/22 £
Gift Aid receivable	-	2,330
Prepayments	1,063	224
	1,063	2,554

7. CREDITORS: Amounts falling due within one year

	£	£
General Creditors	580	260
	580	260

NEW HOPE CHRISTIAN COUNSELLING
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
YEAR ENDED 31 MARCH 2023

8. FIXED ASSETS

The charity currently holds no fixed assets that have been capitalised.

9. MOVEMENTS OF RESTRICTED FUNDS

	<u>At 1 April</u> <u>2022</u>	<u>Income</u> <u>2022/23</u>	<u>Expenditure</u> <u>2022/23</u>	<u>At 31 March</u> <u>2023</u>
	£	£	£	£
Warwickshire County Council Councillors		320	320	-
Kenilworth Town Council		2,500	1,680	820
King Henry V111 Endowment Trust	300		300	-
Coventry & Warwickshire Coop	11,940		255	11,685
WCAVA Digital Support		500	500	-
Heart of England Community Fund	1,450		1,450	-
Warks D C Cost of Living		2,000		2,000
Stratford Municipal Charities		2,000	333	1,667
William A Cadbury Trust		15,500	200	15,300
				-
				-
	13,690	22,820	5,038	31,472

William A Cadbury Trust grant towards Leamington Service

Kenilworth Town Council grant is for supporting those who live in CV8 (Kenilworth) and experience financial hardship

WCC County Councillors Grant is for Safeguarding Training

WCAVA Digital Support For IT Equipment

Warwickshire District Council Cost of Living grant for evening service provision

Stratford Municipal Charities For providing counselling to Stratford residents

10. ANALYSIS OF NET ASSETS BETWEEN FUNDS

Fund balances at 31 March are represented by:

	<u>Unrestricted</u> <u>funds</u>	<u>Restricted</u> <u>funds</u>	<u>Total 31</u> <u>March 2023</u>	<u>Unrestricted</u> <u>funds</u>	<u>Restricted</u> <u>funds</u>	<u>Total 31</u> <u>March 2022</u>
	£	£	£	£	£	£
Tangible fixed assets	-	-	-	-	-	-
Current assets	23,991	31,472	55,463	38,792	13,690	52,482
	23,991	31,472	55,463	38,792	13,690	52,482

11. RELATED PARTY DISCLOSURES

Trustees register any related party interests before there is discussion on any grants and trustees do not take part in any decisions when there is a conflict of interest.

During the year gifts totalling £NIL (2021/22: £NIL) were received from trustees.