

# **Reports and Financial Statements**

*For the year ended 31 March 2022*

## **New Hope Christian Counselling**

Registered in England and Wales

Registered Charity 1141104

Registered Company 07501815

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## **NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2022**

The directors of New Hope Christian counselling ("the charitable company") are its Trustees for the purpose of charity law and throughout this report are collectively referred to as its Trustees. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015). The Trustees have pleasure in presenting the charitable company's report and financial statements for the year ended 31 March 2022.

### **1. OBJECTIVES AND ACTIVITIES**

The object of the charity is:

To promote and protect the mental health of the public, in particular those living in Warwick, Leamington Spa, Kenilworth and Stratford Upon Avon and the surrounding area through the provision of counselling and support for people in need.

The trustees aim to pursue these objects through counselling, offered mainly by volunteers who are either qualified to Diploma Level and above or who are in the final years of their University/College course. New Hope has a number of qualified counsellors who offer counselling as well as other services to the charity. No set fees are charged for individual counselling apart from an assessment fee of £10 (free to those on universal credit) and clients are asked to give a donation towards the cost of their therapy. New Hope has provided training for some counsellors to undertake couple counselling and there is a set fee of £35 per session. A new Anger Management programme is being delivered at a cost of £150 for 6 sessions. Due to funding secured, some concessionary places are available for anyone on a low income.

Counselling services are open to anyone from the local community who feel they may benefit from counselling. There are no restrictions on the grounds of any of the protected characteristics ie age, disability, gender reassignment, marriage & civil partnerships, pregnancy & maternity, race, religion or belief, sex, and sexual orientation. If there are no counselling places available following an initial assessment, clients are placed on a waiting list and once a counsellor is available those who have been on the waiting list the longest will be seen first. No preference is given to or discrimination made against clients. We request that clients make a donation appropriate to what they are able to afford and no one is refused counselling based on an inability to make a financial contribution.

#### **Public Benefit**

The trustees are committed to improving the organisation's practice and ensuring that it delivers public benefit, as it fulfils its objectives through the provision of counselling services. The trustees have had regard to the guidance from the Charity Commission on reporting on Public Benefit. The service is open to all wishing to access counselling who live in South Warwickshire, including those of other faiths or none.

### **2. ACHIEVEMENTS AND PERFORMANCE**

## **NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2022**

### **2.1 Review of the activities of the Charity**

In the past year, the charity has counselled 206 people (Last year 204). The impact of Covid restrictions continued to have an impact with some clients and counsellors preferring to maintain online sessions, although as the year progressed more face-to-face sessions were delivered.

Counselling is provided for many different issues including: depression, anxiety and stress, addictions, trauma and abuse, bereavement, relationship problems and self-esteem. The mix of clients is similar to previous years with 122 female and 84 males accessing the service.

Referrals came from a number of sources with a notable increase in clients referred by NHS which stood at 60% (previous year 53%). The breakdown of this was IAPT 50%; GPs 35% and Mental Health services 15%. 11% of clients had accessed New Hope services previously and 16% were recommended by friends, relatives or colleagues who had personally used the service.

Face to face counselling took place from three locations:

- The main office in Warwick at 70 Saltisford.
- 'Lifeways' in Stratford Upon Avon
- Kenilworth Methodist Church

All counsellors who work at New Hope are qualified to Level 4 Diploma Level and above or are completing a student placement as part of their University/College Course. Qualified counsellors are accredited with one of the counselling bodies that regulate counselling and psychotherapy. All counsellors, qualified and trainee, are required to be a member of a professional body.

The counselling team offer their counselling services voluntarily with some of their supervision costs covered by the charity when funding permits. New Hope also provides the counselling team with opportunities for continuing professional development (CPD) through workshops and training such as suicide awareness and prevention; safeguarding; solution focused counselling. Online peer support sessions facilitated by a member of staff were held at regular intervals during the year.

### **2.2 Outcomes and Impact**

During the year 2021/22, we are pleased to report:

- A counselling team of 19 qualified and 23 trainee counsellors
- 4 admin volunteers who provide valuable support to the staff team to ensure the effective delivery of New Hope services
- Funding continues to be challenging with no regular core funding received and in response to this the trustees decided to employ a part-time fundraiser who commenced in September 2021. The investment in such a role is to ensure that the charity can continue to deliver its Mission of providing affordable counselling for all in need within the local area.
- Funding was received from the following organisations:

## **NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2022**

- King Henry VIII Endowed Trust – Training for delivery of an Anger Management Programme.
  - Police and Crime Commissioner for Warwickshire – for delivery of Anger Management Programme
  - 29<sup>th</sup> May 1961 Charitable Trust – for core costs
  - WCC Councillors Grant, Stratford District – Beyond Covid 19, A New Normal
  - Heart of England Community Foundation – providing counselling sessions for 10 adult clients with a background of Adverse Childhood Experiences.
  - Coventry & Warwickshire Cooperative Development Agency– provision of clinical supervision.
- Fundraising  
A number of donations were received during the year from those who support New Hope Counselling's work including an extremely generous donation of £10k from Orbis Investments and £1k raised by James Slough who undertook 100km Challenge.
  - The Manager of New Hope Counselling sits on the reference group of the VCSE Mental Health Alliance. The Alliance is a forum which provides a voice to influence mental health services across Coventry and Warwickshire and engagement with the statutory sector.
  - The benefit to those accessing the services is assessed using CORE (Clinical Outcomes in Routine Evaluation) sheets which measure the severity of emotional problems. These are completed by clients before and after counselling. In 2021/22 the improvement once again was an average of 52% of all clients completing therapy being on par with the previous year.

### **3. FINANCIAL REVIEW**

#### **3.1 Results**

Details of the financial results for the financial year are given in the Statement of Financial Activities on Page 9, the Balance Sheet on Page 10 and the accompanying notes on Pages 11-13.

The charity has four main sources of funds:

- Voluntary donations made by people receiving counselling
- Grants
- Fundraising
- Church Donations
- Other Donations by supporters of New Hope

The main expenditure of the charity is on the provision of day to day management and administration of counsellors and clients and of premises to carry out counselling services.

During the year ending 31st March 2022, income totalled £64,349(20/21: £63,499). Expenditure for the year was £61,778 (20/21: £62,189). So overall there was a total net increase in Unrestricted and Restricted Funds £2,571 (20/21: £1,310) during the financial year. Details of any related party transactions are as set out in note 11 to the accounts.



## **NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2022**

### **3.2 Going Concern:**

Having reviewed the level of funds available together with the future projected cash-flow, the trustees have reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

As the year progressed clients and counsellors began to feel more confident about returning to face to face counselling. Although the amount of online therapy decreased it is still available as an option and is often convenient for those who are disabled, housebound, carers, those living in rural areas, those in full-time employment. Hygiene measures continued to ensure the ongoing safety and wellbeing of clients, counsellors and staff.

### **3.3 Reserves Policy**

The charity seeks to hold reserves equal to three to six months of expenditure of between £19,000 and £38,000. The free reserves as at 31st March 2022 were £38,792 which equate to more than six months running costs which it is estimated the charity requires. Grants received have enabled the charity to maintain healthy reserves. Increased staffing and associated costs will reduce these reserves and the Trustees are addressing the need to encourage more donations and seek other sources of support for the growing service.

## **4. FUTURE DEVELOPMENTS**

The Trustees continue to focus on ensuring that staff and volunteer levels are sufficient as the impact of Covid and the impending cost of living crisis makes their mark on the service. The number of people seeking counselling and the complexity of the issues they present with continues to increase.

### **Specific future plans include:**

- Due to retirement of Manager a new leader to be recruited to commence June 2022.
- Development of a 1, 3 and 5 Year Business Plan.
- Creating new opportunities and development for staff
- Governance training for Trustees.
- Re-establish in person volunteer CPD days
- Increased promotion of the Couple Counselling and Anger Management Programmes.
- Greater utilisation of No. 70 Saltisford to include evening availability of counselling.
- Development of a service in Leamington Spa.
- Strengthening of partnership working aligned to the Mental Health Transformation Programme
- Review and update policies and procedures.
- Review of IT provision.
- Strengthening of partnership working, particularly that aligned to the Mental Health Transformation Programme and VCSE Mental Health Alliance and increased links with Coventry & Warwickshire Partnership Trust (CWPT)

## **5. STRUCTURE, GOVERNANCE AND MANAGEMENT**

## **NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2022**

### **5.1 Constitution of the Charity and Status**

New Hope Christian Counselling is an incorporated charity limited by guarantee, having no share capital and is governed by its Articles of Association incorporated on 21/01/2011 as amended by special resolution dated 24/03/2011 and registered at Companies House on 01/04/2011. The company number is 07501815. The charity was registered with the Charity Commission on 4<sup>th</sup> April 2011 with the number 1141104. The charity is exempt from corporation tax under part 10 of the Income tax Act 2007. The charity also uses the name New Hope Counselling.

### **5.2 Trustees (Directors):**

The trustees (who are also directors for the purpose of Company Law), who held office during the year and to the date of this report are listed on page 6, Reference and Administrative Information.

Trustees are appointed and elected in accordance with the Articles of Association through a vote of members at the AGM and after an appropriate amendment to the Articles of Association are now able to stand for more than two, three year terms. All potential trustees are only nominated to stand for election following a skills analysis and suitable references.

### **5.3 Trustee meetings and procedures**

All new trustees are given information relating to the responsibilities of trustees and orientation to the work of the Charity. All trustees are encouraged to read the guidance on public benefit issued by the Charities Commission and this is taken into account when making decisions about the charity's activities and in the day to day running of the counselling service.

The trustees normally schedule four meetings each year and are joined for most of the meetings by the manager. In addition, trustees met for an extra-ordinary meeting to discuss strategy and staffing, including appointment of the new manager. An external recruitment process was undertaken for a new manager and successful appointment made to commence 6<sup>th</sup> June 2022. All meetings are fully recorded with clear decisions and action points.

The trustees have a programme to ensure that policies and procedures are regularly updated and reviewed. Legal advice is sought when necessary.

Current policies include:-

- Statement of Counselling policy
- Volunteer policy
- Safeguarding policy
- Confidentiality and Data Protection
- Employee Privacy notices for staff and volunteers, and for recruitment
- Grievance Procedure for employees and volunteers
- Disciplinary Procedure
- Complaints Procedure for clients
- Equality and Diversity policy
- Remote Working
- Working Alone Policy

## **NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2022**

Related party issues are fully declared in the financial statements. The trustees have a clear procedure that if there is a potential conflict of interest on any matter, the trustee with the potential conflict of interest is asked to leave the room and take no part in the debate or decision.

### **5.4 Organisation of the Charity**

The operations of the charity are conducted in accordance with the policies and strategy approved by the trustees. There are no standing sub-committees and expert advice is sought as required. The trustees are responsible for the governance of the charity and delegate the day-to-day operation to the manager. The charity currently has a paid staff team consisting of a manager, an assistant manager, Warwick coordinator & administrator, Kenilworth coordinator, Stratford coordinator and fundraiser, as well as volunteer counsellors and administrative assistants. All paid staff are part-time.

### **5.5 Risk Management**

The trustees review risk and seek to ensure all major risks to which the charity might be exposed are identified, in particular those relating to the operations and finances of the charity. The trustees are satisfied that there are systems in place to mitigate the exposure to major risks.

## **6. REFERENCE AND ADMINISTRATIVE INFORMATION**

### **Legal Registration**

Registered in England and Wales  
Company limited by guarantee – Number 07501815  
Registered Charity – Number 1141104

### **Trustees**

Alison Oliver (Chair)  
Ian Greaves (Treasurer) (appointed 10<sup>th</sup> May 2021)  
Alan Harper (Company Secretary)  
Ian Tilford  
John Baly (resigned on 31<sup>st</sup> August 2021)  
Jane Haygreen (retired on 12<sup>th</sup> July 2021)  
Lindsay Davidson (appointed 12<sup>th</sup> July 2021 and resigned 28<sup>th</sup> January 2022)  
Celia Hilgenberg (appointed 21<sup>st</sup> February 2022)  
Gavin Brannan (appointed 29<sup>th</sup> March 2022)

### **Principal Address**

70 Saltisford  
Warwick  
CV34 4TT  
Tel: 07799015650  
E-mail: [office@newhopecounselling.org.uk](mailto:office@newhopecounselling.org.uk)  
Website: [newhopecounselling.org.uk](http://newhopecounselling.org.uk)

### **Bankers**

**NEW HOPE CHRISTIAN COUNSELLING  
REPORT OF THE TRUSTEES (CONT'D)  
YEAR ENDED 31 MARCH 2022**

HSBC  
126 The Parade  
Leamington Spa  
CV32 4BU

and

CAF Bank Ltd  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent ME19 4JQ

**Independent Examiner**

Ian English  
38 Sambourn Close  
Solihull  
B91 2SA

**7. STATEMENT OF TRUSTEES' RESPONSIBILITIES**

Company law requires the trustees prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the balance sheet date and of its income and expenditure for the financial year. In preparing those financial statements, the trustees are required to:-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- comply with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The financial statements have been prepared in accordance with the special provisions of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE TRUSTEES

*Alison Oliver*

Alison Oliver (Chair)

Date: *21/12/2022*

**NEW HOPE CHRISTIAN COUNSELLING  
REPORT OF THE TRUSTEES (CONT'D)  
YEAR ENDED 31 MARCH 2022**

**INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF  
NEW HOPE CHRISTIAN COUNSELLING ('THE Company')  
YEAR ENDED 31 MARCH 2021**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021, which are set out on pages 8 to 13.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

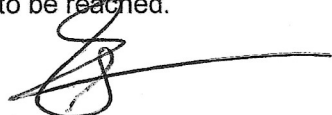
**Independent Examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



**Ian English  
38 Sambourn Close  
Solihull  
B91 2SA**

Date: 21-12-22.

**NEW HOPE CHRISTIAN COUNSELLING**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)**  
**YEAR ENDED 31 MARCH 2022**

	Note	2021/22			2020/21		
		Unrestricted	Restricted	Total Funds	Unrestricted	Restricted	Total Funds
		Funds	Funds	2021/22	Funds	Funds	2020/21
		£	£	£	£	£	£
<b>INCOME FROM:</b>							
Donations, legacies and grants	2	42,100	19,560	61,660	47,075	13,280	60,355
Charitable activities	3	2,689	-	2,689	3,144	-	3,144
<b>TOTAL INCOME</b>		<b>44,789</b>	<b>19,560</b>	<b>64,349</b>	<b>50,219</b>	<b>13,280</b>	<b>63,499</b>
<b>EXPENDITURE ON:</b>							
Raising Funds		-	-	-	521	-	521
Charitable activities	4	42,445	19,333	61,778	42,503	19,165	61,668
<b>TOTAL EXPENDITURE</b>		<b>42,445</b>	<b>19,333</b>	<b>61,778</b>	<b>43,024</b>	<b>19,165</b>	<b>62,189</b>
<b>NET INCOME AND NET MOVEMENT IN FUNDS</b>		<b>2,344</b>	<b>227</b>	<b>2,571</b>	<b>7,195</b>	<b>(5,885)</b>	<b>1,310</b>
<b>RECONCILIATION OF FUNDS</b>							
Total funds brought forward		48,791	1,120	49,911	41,596	7,005	48,601
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>51,135</b>	<b>1,347</b>	<b>52,482</b>	<b>48,791</b>	<b>1,120</b>	<b>49,911</b>

The Statement of Financial Activities includes all gains and losses recognised in the year.

**NEW HOPE CHRISTIAN COUNSELLING  
BALANCE SHEET  
AS AT 31 MARCH 2022**

	Note	£	2022	£	2021	£
<b>FIXED ASSETS</b>						
Tangible Fixed Assets	8		-		-	
<b>CURRENT ASSETS</b>						
Debtors	6		2,554		3,393	
Cash at Bank and in hand			50,188		47,618	
			<u>52,742</u>		<u>51,011</u>	
<b>CREDITORS</b>						
Amounts falling due within one year	7		260		1,100	
<b>NET CURRENT ASSETS</b>			<u>52,482</u>		<u>49,911</u>	
<b>NET ASSETS</b>			<u>52,482</u>		<u>49,911</u>	
<b>FUNDS</b>						
Unrestricted Funds			38,792		48,791	
Restricted Funds			13,690		1,120	
<b>TOTAL FUNDS</b>			<u>52,482</u>		<u>49,911</u>	

The notes on pages 11 to 13 form part of these financial statements.

For the year ended 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2016 relating to small companies.

Responsibilities of directors/trustees:

(a) The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006 - however, in accordance with section 145 of the Charities Act 2011 the accounts have been examined by an independent examiner whose report appears on page 7.

(b) The directors/trustees acknowledge their responsibility for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the Trustees on  
and signed on their behalf by:

Alison Oliver (Chair of Trustees)

DATE:

*Alison Oliver*

*21-12-2022*



**NEW HOPE CHRISTIAN COUNSELLING  
NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MARCH 2021**

**1. ACCOUNTING POLICIES**

**1.1. Status of the company**

The charitable company is registered in England and is limited by guarantee and does not have share capital. The liability of members is limited to £1 per member.

**1.2 Accounting Convention**

The financial statements have been prepared in accordance with the Charities Statement of Recommended Practice (Charities SORP FRS 102) as amended by Update Bulletin 1, Financial Reporting Standard 102 (FRS 102) and the Charities Act 2011. The particular accounting policies adopted are described below.

The financial statements have been prepared under the historical cost convention. The charity meets the definition of a public benefit entity under FRS 102.

**1.3 Going concern**

Having reviewed the level of funds available together with the future projected cashflows, the trustees have reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

**1.4. Income**

Income is shown on an accruals basis. Donations are recognised when received. Income tax recoverable on Gift Aid donations is recognised when the income is recognised. Grants and legacies are accounted for as soon as any conditions for receipt have been met. Contractual income and performance related grants are only included in the SoFA once the related goods or services have been delivered.

Dividends and interest are accounted for when receivable and allocated to the appropriate fund.

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for use by the charity are included in income when receivable. Gifts in kind for sale or distribution are only included in the accounts when sold or distributed by the charity.

Donated services and facilities are only included in income (with an equivalent amount in expenditure) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received. The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

**1.5 Expenditure**

Expenditure is accounted for on an accruals basis. Charitable expenditure comprises of expenditure directly related to the objects of the Charity. Other than fundraising costs, all expenditure including ongoing support, administration and governance costs form an integral part of the cost of carrying out the direct charitable objectives of the charity.

Fundraising and publicity expenditure comprises all the expenditure in relation to fundraising and publicity for the Charity.

**1.6 Fixed Assets and Depreciation**

Tangible Fixed Assets are stated at historical cost less depreciation. Depreciation is provided on all assets at 25% of cost per annum and is intended to write off the assets over their estimated useful lives. The percentage so written off is subject to annual review. Expenditure on the acquisition of fixed assets over £1,000 (approximately) is capitalised at cost. There are currently no fixed assets.

**1.7 Fund Accounting**

Funds held by the charity are classified as one of:-

*Unrestricted General Funds* – These are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

*Designated Funds* – These are funds set aside by the trustees out of unrestricted general funds for specific purposes or projects. There are currently no designated funds.

*Restricted Funds* – These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**1.8 Debtors**

Grants receivable and other debtors are included at the settlement amount due. Prepayments are valued at the amount prepaid.

**1.9 Cash at bank and in hand**

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of opening of the deposit.

**1.10 Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation arising from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are recognised at their settlement amount.

**NEW HOPE CHRISTIAN COUNSELLING**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2022**

**2. DONATIONS AND SIMILAR INCOME**

	2021/22			2020/21		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£			£
Donations*	42,100	-	42,100	47,075	-	47,075
Grants	-	19,560	19,560	-	13,280	13,280
	<u>42,100</u>	<u>19,560</u>	<u>61,660</u>	<u>47,075</u>	<u>13,280</u>	<u>60,355</u>

\* Including the £4500 donation re rent subsidy for No 70 Saltisford and donations received gross of cost of raising funds.

**3. INCOME FROM CHARITABLE ACTIVITIES**

	2021/22			2020/21		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Assessment fees	1,099	-	1,099	1,161	-	1,161
Supervision provided	1,395	-	1,395	1,273	-	1,273
Training courses	195	-	195	710	-	710
Charitable activities	<u>2,689</u>	<u>-</u>	<u>2,689</u>	<u>3,144</u>	<u>-</u>	<u>3,144</u>

**4. CHARITABLE EXPENDITURE**

	2021/22			2020/21		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
<b>Running Costs</b>						
Management Costs	31,913	14,675	46,588	25,558	11,671	37,229
Property Costs	3,171	1,458	4,629	3,398	1,552	4,950
Administration Costs	4,867	2,238	7,105	8,138	3,716	11,854
	<u>39,951</u>	<u>18,371</u>	<u>58,322</u>	<u>37,094</u>	<u>16,939</u>	<u>54,033</u>
<b>Counselling Costs</b>						
Supervision Costs	1,289	592	1,881	1,504	686	2,190
Counsellor training and expenses	668	307	975	2,476	1,131	3,607
Insurance & ACC affiliation	120	55	175	816	372	1,188
	<u>2,077</u>	<u>954</u>	<u>3,031</u>	<u>4,796</u>	<u>2,189</u>	<u>6,985</u>
<b>Other Charitable Costs</b>						
Other Costs	-	-	-	84	37	121
	<u>-</u>	<u>-</u>	<u>-</u>	<u>84</u>	<u>37</u>	<u>121</u>
<b>Governance Costs</b>						
Independent Examination Fee	400	-	400	400	-	400
Bank charges & GDPR	17	8	25	129	-	129
	<u>417</u>	<u>8</u>	<u>425</u>	<u>529</u>	<u>-</u>	<u>529</u>
<b>TOTAL CHARITABLE EXPENDITURE</b>	<u>42,445</u>	<u>19,333</u>	<u>61,778</u>	<u>42,503</u>	<u>19,165</u>	<u>61,668</u>

**5. STAFF AND TRUSTEES COSTS**

	2021/22	2020/21
	£	£
Salaries	46,588	44,283
Social security costs	-	-
Pension costs	1,359	174
Expenses	2,181	817
	<u>50,128</u>	<u>45,274</u>

No remuneration was paid to, or waived by, any Trustee in respect of such office. No expenses were paid to any trustee (2020/21: £ nil).

**6. DEBTORS**

	2021/22	2020/21
	£	£
Gift Aid receivable	2,330	2,330
Prepayments	224	1,063
	<u>2,554</u>	<u>3,393</u>

**7. CREDITORS: Amounts falling due within one year**

	£	£
General Creditors	260	1,100
	<u>260</u>	<u>1,100</u>

**NEW HOPE CHRISTIAN COUNSELLING**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**YEAR ENDED 31 MARCH 2021**

**8. FIXED ASSETS**

The charity currently holds no fixed assets that have been capitalised.

**9. MOVEMENTS OF RESTRICTED FUNDS**

	<u>At 1 April</u>	<u>Income</u>	<u>Expenditure</u>	<u>At 31 March</u>
	<u>2021</u>	<u>2021/22</u>	<u>2021/22</u>	<u>2022</u>
	£	£	£	£
Warwickshire County Council Councillors		600	600	-
Kenilworth Town Council		2,260	2,260	-
King Henry V111 Endowment Trust		1,300	1,000	300
Coventry & Warwickshire Coop		12,500	560	11,940
Warwickshire County fund		200	200	-
Heart of England Community Fund		2,000	550	1,450
1 Warks CAVA BCA		700	700	-
COVID-19 Response	1,000		1,000	-
Warwickshire Police				-
Warwickshire County fund - Stratford				-
Stratford Town Trust	120		120	-
	<u>1,120</u>	<u>19,560</u>	<u>6,990</u>	<u>13,690</u>

Warwickshire County Council grant towards new office chairs, a laptop & phone

Kenilworth Town Council grant is for supporting those who live in CV8 (Kenilworth) and experience financial hardship

King Henry VIII Endowment Trust grant was given to subsidise anger management courses

Coventry & Warwickshire Coop grant was awarded to cover supervision costs

Warwickshire County fund was a payment for working with clients who have suffered adverse childhood experiences

Heart of England Community Fund grant was funding towards our bid writing position

1 Warks CAVA BCA funded an administrator to write bid applications

**10. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

Fund balances at 31 March are represented by:	<u>Unrestricted funds</u>	<u>Restricted funds</u>	<u>Total 31 March 2022</u>	<u>Unrestricted funds</u>	<u>Restricted funds</u>	<u>Total 31 March 2021</u>
	£	£	£	£	£	£
Tangible fixed assets	-	-	-	-	-	-
Current assets	38,792	13,690	52,482	48,791	1,120	49,911
	<u>38,792</u>	<u>13,690</u>	<u>52,482</u>	<u>48,791</u>	<u>1,120</u>	<u>49,911</u>

**11. RELATED PARTY DISCLOSURES**

Trustees register any related party interests before there is discussion on any grants and trustees do not take part in any decisions when there is a conflict of interest.

During the year gifts totalling £NIL (2020/21: £NIL) were received from trustees.