

Reports and Financial Statements

For the year ended 31 March 2021

New Hope Christian Counselling

Registered in England and Wales

Registered Charity 1141104

Registered Company 07501815

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NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES YEAR ENDED 31 MARCH 2021

The directors of New Hope Christian counselling ("the charitable company") are its Trustees for the purpose of charity law and throughout this report are collectively referred to as its Trustees. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015). The Trustees have pleasure in presenting the charitable company's report and financial statements for the year ended 31 March 2021.

1. OBJECTIVES AND ACTIVITIES

The object of the charity is:

To promote and protect the mental health of the public, in particular those living in Warwick, Leamington Spa, Kenilworth and Stratford Upon Avon and the surrounding area through the provision of counselling and support for people in need.

The trustees aim to pursue these objects through counselling, offered mainly by volunteers who are either qualified to Diploma Level and above or who are in the final year of their University/College course. New Hope has a number of qualified counsellors who offer counselling as well as other services to the charity. No set fees are charged apart from an assessment fee of £10 (free to those on universal credit.) Donations are invited from clients towards the cost of their therapy.

Counselling services are open to anyone from the local community who feels they may benefit from counselling. There are no restrictions on the grounds of age, gender, ethnicity, religious beliefs etc. If there are no counselling places available following an initial assessment, clients are placed on a waiting list. When a counsellor is available those who have been on the waiting list the longest will be seen first. No preference is given to or discrimination made against clients. We request that clients make a donation appropriate to what they are able to afford. No one is refused counselling based on an inability to make a financial contribution.

Public Benefit

The trustees are committed to improving the organisation's practice and ensuring that it delivers public benefit, as it fulfils its objectives through the provision of counselling services. The trustees have had regard to the guidance from the Charity Commission on reporting on Public Benefit. The Centre is open to all wishing to access its services, including those of other faiths or none.

2. ACHIEVEMENTS AND PERFORMANCE

2.1 Review of the activities of the Charity

In the past year, the charity has counselled 204 people (Last year 288) The lower numbers this year were due to the service having to change from 'in person' sessions to remote working during the early stages of the pandemic. It took time to make our team ready for the provision of a remote service by providing them with the necessary training and ensuring they felt equipped and confident. Consequently, a smaller number of people were counselled between April 2020 and June 2020.

Counselling is provided for many different issues including: depression, anxiety and stress, addictions, trauma and abuse, bereavement and relationship problems.

The mix of clients is similar to previous years and this was 68% female and 32% male.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2021

Referrals for counselling mainly came from:

- NHS – both GPs and IAPT (Improving Access to Psychological Therapy - 53% of referrals)
- Self (having used the service before)
- Friends, relatives and colleagues who have used the service
- Internet

Face to face counselling took place from three locations:

- The main office in Warwick at 70 Saltisford.
- 'Lifeways' in Stratford Upon Avon
- Kenilworth Methodist Church

As mentioned previously, most of the counselling was delivered remotely in 2020/21, due to COVID restrictions. Paid staff and volunteers undertook additional training in remote working to ensure their competency with this new way of working. Most worked from home but a few came into the Warwick office and delivered counselling via zoom or telephone, using New Hope equipment.

All the counsellors who work at New Hope are qualified to Level 4 Diploma Level and above or they are completing a student placement as part of their University/College Course. The qualified counsellors are Registered with one of the counselling organisations that operates a Professional Standards Authority Accredited Register. All of our counsellors, trainee or qualified, are members of a professional counselling organisation.

The counselling team offer their counselling services voluntarily but some of their supervision costs are covered by the charity. New Hope also provides the counselling team with up to three free training events each year. Recent training events have been provided online and have been on these topics: Complex Trauma, Suicide Awareness and Prevention.

2.2 Outcomes and Impact

During the year 2020/21, we are pleased to report:

- The number of counsellors at the time of writing this report are: 14 qualified counsellors, 27 trainees. As trainee counsellors often leave once they complete their counselling placement and new trainees are regularly recruited the number of counsellors active at any one time can vary between 40 and 45.
- The generous grant from The King Henry VIII Endowed Trust received March 2020 was used to counsel those in financial need in the town of Warwick in 2020/21.
- New Hope have funded two qualified counsellors to train as couple counsellors. The funding came from a similar counselling service called The Centre for Relational Care, who have closed.
- New Hope successfully navigated the constraints imposed upon the service because of the pandemic and we were able to continue to support clients and to overcome obstacles to offering sessions, despite lockdown.
- We gained a number of COVID related grants from various sources:

Government Community Fund Survive and Thrive -Covid 19 and beyond - £4,000 Grant was for internet provision, training costs and additional rent.

Heart of England - Doing things differently - £1,630 Grant was for the recruitment and induction of new volunteer counsellors, telephone/online counselling training, IT and office equipment.

Kenilworth Town Trust - £1,000 Grant to provide counselling for 12 CV8 clients between March 2020 and March 2021. This was received in March 2020.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2021

2.2 Outcomes and Impact (cont)

Police Commissioner Covid 19 Grant - £4,150 Grant was for counselling clients with a background of complex trauma.

Warwickshire County Councillors - £1,000 Grant was for additional mobile phone and online counsellor training.

Warwickshire County Fund – Stratford - £500 to counsel 10 needy individuals between Nov 20 and Mar 21.

Stratford Town Trust - £1,000 Grant was towards the Stratford Co-ordinator salary.

Tesco Bags of Help – £1,000 Grant was for general Covid-19 support and additional laptop.

- When one of our Assistant Managers resigned due to poor health, we created two new 7 hours a week posts: Stratford Co-ordinator and Kenilworth Co-ordinator. We recruited two qualified counsellors for these posts who started in January 2021.
- Lyn Smailes is now a member of the Ethics and Risks Advisory Group of the Association of Christian Counsellors - an organisation with which New Hope Counselling is affiliated. The Group are writing a new code of Ethics and Practice for the ACC and also handling complaints.
- Continuing good relationships with Mental Health Services in Leamington Spa and Stratford upon Avon led to more referrals related to complex mental health issues. New Hope now provides some longer-term therapy to these clients.
New Hope gained an additional voluntary supervisor having recruited a retired psychotherapist with experience in providing clinical supervision.
- The benefit to those accessing the services is assessed using CORE (Clinical Outcomes in Routine Evaluation) sheets which measure the severity of emotional problems. These are completed by clients before and after counselling. In 2020/21 the improvement was an average of 52% of all clients completing therapy. This is a substantial positive improvement and is over 10% better than last year's CORE average.

Client referrals have continued throughout the pandemic. Not surprisingly the most common reason given for coming to counselling in 2020/21 was anxiety (30% of all referrals.) The other main reasons are: low mood/depression 16% and relationship problems 13%.

The staff team adapted quickly to the challenges of lock-down and enabled counsellors to begin working remotely after organising on-line and telephone counselling. Training for this different way of working was offered and feedback from clients and counsellor experience, has led New Hope to see this as something to be adopted for the future. As detailed above, we applied for and received some funding for the purchase of additional laptops, phones, headphones, online and telephone training for all staff and qualified counsellors, PPE equipment and enhanced internet provision which enabled New Hope to continue to offer counselling all through this period. Risk assessments were undertaken prior to re-opening our head office for on-line and telephone counselling.

By the end of April 2021 New Hope re-started providing some face counselling sessions. Both clients and counsellors had to wear face coverings, social distancing was strictly observed and all surfaces sanitised after the sessions ended.

The demand for face to face counselling is likely to increase as restrictions lift. However, online and telephone working will remain as options because we have discovered that many clients actually prefer to work remotely. We have also discovered that offering remote working has meant we can provide a service to certain client groups who were previously unable to engage with our service or struggled to do so. Examples of such groups are: severely disabled and housebound, carers of the elderly or other vulnerable adults, those living in rural locations with poor access to transport and those who travel long distances to work and don't wish to travel again to get to a counselling appointment.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2021

2.2 Outcomes and Impact (cont)

Some members of our counselling team have also shown a preference for remote working rather than coming to the office to see clients in person. Remote working has encouraged a higher number of qualified counsellors to remain volunteering for us: 12 in total.

3. FINANCIAL REVIEW

3.1 Results

Details of the financial results for the financial year are given in the Statement of Financial Activities on Page 9, the Balance Sheet on Page 10 and the accompanying notes on Pages 11-13.

The charity has four main sources of funds:

- Voluntary donations made by people receiving counselling
- Grants
- Church Donations
- Other Donations by supporters of New Hope

The main expenditure of the charity is on the provision of day to day management and administration of counsellors and clients and of premises to carry out counselling services.

During the year ending 31st March 2021, income totalled £63,499 (19/20: £79,105). Expenditure for the year was £62,189 (19/20: £81,473). So overall there was a total net increase in Unrestricted and Restricted Funds £1,310 (19/20: net shortfall of £2,368) during the financial year. Details of any related party transactions are as set out in note 11 to the accounts.

Saltisford Church, which owns the property that New Hope uses in Warwick provided the charity with a 'rent holiday' from April 2020 until August 2021. For the great part of this period the property was not being used for counselling or for administrative functions as it was considered safer for all staff to work from home. Kenilworth Methodist Church and Lifeways in Stratford were hardly being used by New Hope, so very little rent was paid which has of course brought financial benefits.

The main disadvantage of remote working has been that it has been harder to encourage clients to donate towards the costs of their therapy. We have started an online donation system via our website to make it easier for clients to donate.

3.2 Going Concern:

Having reviewed the level of funds available together with the future projected cash-flow, the trustees have reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

3.3 Reserves Policy

The charity seeks to hold reserves equal to three to six months of expenditure of between £19,000 and £38,000. The free reserves as at 31st March 2021 were £48,791. Grants received, in particular those in connection with Covid-19, have enabled the charity to maintain healthy reserves. Increased staffing, rental and associated costs will reduce these reserves and the Trustees are addressing the need to encourage more donations and seek other sources of support for the growing service.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2021

4. FUTURE DEVELOPMENTS

The Trustees continue to focus on ensuring that staff and volunteer levels are sufficient as the number of people using the services, continues to increase.

Specific future plans include:

- Strengthening the Trustee body. One of our Trustees stepped down on 12th July. We have recently recruited two new Trustees whose first official meetings were 10th May and 12th July 2021.
- Continuing a hybrid service offering on-line and telephone counselling alongside face to face with the possible addition of walk and talk therapy.
- The launch of a Couple Counselling service in June 2021.
- Recruitment of a part time fundraiser (7 hours per week) Advertisement has recently gone out and we are hoping to have someone in post by 1st September 2021.
- The establishment of an Anger Management Course for clients.

5. STRUCTURE, GOVERNANCE AND MANAGEMENT

5.1 Constitution of the Charity and Status

New Hope Christian Counselling is an incorporated charity limited by guarantee, having no share capital and is governed by its Articles of Association incorporated on 21/01/2011 as amended by special resolution dated 24/03/2011 and registered at Companies House on 01/04/2011. The company number is 07501815. The charity was registered with the Charity Commission on 4th April 2011 with the number 1141104. The charity is exempt from corporation tax under part 10 of the Income tax Act 2007. The charity also uses the name New Hope Counselling.

5.2 Trustees (Directors):

The trustees (who are also directors for the purpose of Company Law), who held office during the year and to the date of this report are listed on page 6, Reference and Administrative Information.

Trustees are appointed and elected in accordance with the Articles of Association through a vote of members at the AGM and after an appropriate amendment to the Articles of Association are now able to stand for more than two three year terms. All potential trustees are only nominated to stand for election following a skills analysis and suitable references.

During 2020/21 John Baly stepped down as a trustee of New Hope and we appointed Alan Harper. Jane Haygreen retired in July 2021 and we have recruited Ian Greaves (Finance) and Lindsay Davidson who both have past experience of working with charitable organisations.

5.3 Trustee meetings and procedures

All new trustees are given information relating to the responsibilities of trustees and orientation to the work of the Charity. All trustees are encouraged to read the guidance on public benefit issued by the Charities Commission and this is taken into account when making decisions about the charity's activities and in the day to day running of the counselling service.

Trustees are encouraged to visit the counselling centre on a regular basis and are invited to attend staff Management meetings.

The trustees normally schedule four meetings each year and are joined for most of the meetings by the centre manager. In addition, trustees met for an extra-ordinary meeting to discuss strategy and staffing. All meetings are fully recorded with clear decisions and action points.

NEW HOPE CHRISTIAN COUNSELLING REPORT OF THE TRUSTEES (CONT'D) YEAR ENDED 31 MARCH 2021

The trustees have a programme to ensure that policies and procedures are regularly updated and reviewed. Legal advice is sought when necessary.

Current policies include:-

- Statement of Counselling policy
- Volunteer policy
- Child Protection policy
- Vulnerable Adults policy
- Confidentiality and Data Protection
- Employee Privacy notices for staff and volunteers, and for recruitment
- Grievance Procedure for employees and volunteers
- Disciplinary Procedure
- Complaints Procedure for clients
- Equality and Diversity policy
- Safeguarding policy for remote working.

Related party issues are fully declared in the financial statements. The trustees have a clear procedure that if there is a potential conflict of interest on any matter, the trustee with the potential conflict of interest is asked to leave the room and take no part in the debate or decision.

5.4 Organisation of the Charity

The operations of the charity are conducted in accordance with the policies and strategy approved by the trustees. There are no standing sub-committees but expert advice concerning a revision to the Articles of Association was sought and appropriate amendments are in the process of being agreed. The trustees are also actively involved in the running of the charity to try to keep overheads and costs as low as possible. Trustees help with interviewing paid staff, with finances, HR including appraisals of the manager and assistant managers and with negotiations around the lease of the Warwick head office. They seek to provide ongoing support to the paid management and volunteers. The charity currently has a centre manager, one assistant manager, an administrator, two counselling co-ordinators and one evening mentor, as well as volunteer counsellors and administrative assistants. All management personnel and administrators are part-time. The managers, co-ordinators, mentor and administrator receive payment for their services.

5.5 Risk Management

The trustees review risk and seek to ensure all major risks to which the charity might be exposed are identified, in particular those relating to the operations and finances of the charity. The trustees are satisfied that there are systems in place to mitigate the exposure to major risks.

6. REFERENCE AND ADMINISTRATIVE INFORMATION

Legal Registration

Registered in England and Wales

Company limited by guarantee – Number 07501815

Registered Charity – Number 1141104

Trustees

Alison Oliver (Chair)

Ian Tilford

John Baly (resigned 10th September 2020)

Alan Harper (appointed 23rd September 2020)

Ian Greaves (appointed 10th May 2021)

Jane Haygreen (retired on 12th July 2021)

Lindsay Davidson (appointed 12th July 2021)

**NEW HOPE CHRISTIAN COUNSELLING
REPORT OF THE TRUSTEES (CONT'D)
YEAR ENDED 31 MARCH 2021**

Principal Address

70 Saltisford
Warwick
CV34 4TT
Tel: 07799015650
E-mail: lyn@newhopecounselling.org.uk
Website: newhopecounselling.org.uk

Bankers

HSBC
126 The Parade
Leamington Spa
CV32 4BU

and

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

Independent Examiner

Ian English
38 Sambourn Close
Solihull
B91 2SA

7. STATEMENT OF TRUSTEES' RESPONSIBILITIES

Company law requires the trustees prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the balance sheet date and of its income and expenditure for the financial year. In preparing those financial statements, the trustees are required to:-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- comply with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The financial statements have been prepared in accordance with the special provisions of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE TRUSTEES

Alison Oliver (Chair)

Date:

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF NEW HOPE CHRISTIAN COUNSELLING ('THE Company') YEAR ENDED 31 MARCH 2021

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021, which are set out on pages 8 to 13.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed

Ian English
38 Sambourn Close
Solihull
B91 2SA

Date:

NEW HOPE CHRISTIAN COUNSELLING
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING AN INCOME AND EXPENDITURE ACCOUNT)
YEAR ENDED 31 MARCH 2021

	Note	2020/21			2019/20		
		Unrestricted	Restricted	Total Funds	Unrestricted	Restricted	Total Funds
		Funds	Funds	2020/21	Funds	Funds	2019/20
		£	£	£	£	£	£
INCOME FROM:							
Donations, legacies and grants	2	47,075	13,280	60,355	64,710	14,395	79,105
Charitable activities	3	3,144	-	3,144	-	-	-
TOTAL INCOME		50,219	13,280	63,499	64,710	14,395	79,105
EXPENDITURE ON:							
Raising Funds		521	-	521	83	-	83
Charitable activities	4	42,503	19,165	61,668	74,000	7,390	81,390
TOTAL EXPENDITURE		43,024	19,165	62,189	74,083	7,390	81,473
NET INCOME AND NET MOVEMENT IN FUNDS		7,195	(5,885)	1,310	(9,373)	7,005	(2,368)
RECONCILIATION OF FUNDS							
Total funds brought forward		41,596	7,005	48,601	50,969	-	50,969
TOTAL FUNDS CARRIED FORWARD		48,791	1,120	49,911	41,596	7,005	48,601

The Statement of Financial Activities includes all gains and losses recognised in the year.

**NEW HOPE CHRISTIAN COUNSELLING
BALANCE SHEET
AS AT 31 MARCH 2021**

	Note	<u>2021</u>		<u>2020</u>	
		£	£	£	£
FIXED ASSETS					
Tangible Fixed Assets	8	-	-	-	-
CURRENT ASSETS					
Debtors	6	3,393		4,863	
Cash at Bank and in hand		47,618		45,002	
		<u>51,011</u>		<u>49,865</u>	
CREDITORS					
Amounts falling due within one year	7	1,100		1,264	
NET CURRENT ASSETS			<u>49,911</u>		<u>48,601</u>
NET ASSETS			<u>49,911</u>		<u>48,601</u>
<hr/>					
FUNDS					
Unrestricted Funds			48,791		41,596
Restricted Funds			1,120		7,005
TOTAL FUNDS			<u>49,911</u>		<u>48,601</u>

The notes on pages 11 to 13 form part of these financial statements.

For the year ended 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2016 relating to small companies.

Responsibilities of directors/trustees:

(a) The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006 - however, in accordance with section 145 of the Charities Act 2011 the accounts have been examined by an independent examiner whose report appears on page 7.

(b) The directors/trustees acknowledge their responsibility for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the Trustees on
and signed on their behalf by :

Alison Oliver (Chair of Trustees)

DATE:

**NEW HOPE CHRISTIAN COUNSELLING
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021**

1. ACCOUNTING POLICIES

1.1. Status of the company

The charitable company is registered in England and is limited by guarantee and does not have share capital. The liability of members is limited to £1 per member.

1.2 Accounting Convention

The financial statements have been prepared in accordance with the Charities Statement of Recommended Practice (Charities SORP FRS 102) as amended by Update Bulletin 1, Financial Reporting Standard 102 (FRS 102) and the Charities Act 2011. The particular accounting policies adopted are described below.

The financial statements have been prepared under the historical cost convention. The charity meets the definition of a public benefit entity under FRS 102.

1.3 Going concern

Having reviewed the level of funds available together with the future projected cashflows, the trustees have reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

1.4. Income

Income is shown on an accruals basis. Donations are recognised when received. Income tax recoverable on Gift Aid donations is recognised when the income is recognised. Grants and legacies are accounted for as soon as any conditions for receipt have been met. Contractual income and performance related grants are only included in the SoFA once the related goods or services have been delivered.

Dividends and interest are accounted for when receivable and allocated to the appropriate fund.

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for use by the charity are included in income when receivable. Gifts in kind for sale or distribution are only included in the accounts when sold or distributed by the charity.

Donated services and facilities are only included in income (with an equivalent amount in expenditure) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received. The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

1.5 Expenditure

Expenditure is accounted for on an accruals basis. Charitable expenditure comprises of expenditure directly related to the objects of the Charity. Other than fundraising costs, all expenditure including ongoing support, administration and governance costs form an integral part of the cost of carrying out the direct charitable objectives of the charity.

Fundraising and publicity expenditure comprises all the expenditure in relation to fundraising and publicity for the Charity.

1.6 Fixed Assets and Depreciation

Tangible Fixed Assets are stated at historical cost less depreciation. Depreciation is provided on all assets at 25% of cost per annum and is intended to write off the assets over their estimated useful lives. The percentage so written off is subject to annual review. Expenditure on the acquisition of fixed assets over £1,000 (approximately) is capitalised at cost. There are currently no fixed assets.

1.7 Fund Accounting

Funds held by the charity are classified as one of:-

Unrestricted General Funds – These are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Designated Funds – These are funds set aside by the trustees out of unrestricted general funds for specific purposes or projects. There are currently no designated funds.

Restricted Funds – These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

1.8 Debtors

Grants receivable and other debtors are included at the settlement amount due. Prepayments are valued at the amount prepaid.

1.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of opening of the deposit.

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation arising from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are recognised at their settlement amount.

**NEW HOPE CHRISTIAN COUNSELLING
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021**

2. DONATIONS AND SIMILAR INCOME

	2020/21			2019/20		
	Unrestricted	Restricted	Total Funds	Unrestricted	Restricted	Total Funds
	Funds	Funds		Funds	Funds	
	£	£	£			£
Donations*	47,075	-	47,075	64,710	-	64,710
Grants	-	13,280	13,280	-	14,395	14,395
	47,075	13,280	60,355	64,710	14,395	79,105

* Including the £4500 donation re rent subsidy for No 70 Saltisford and donations received gross of cost of raising funds.

3. INCOME FROM CHARITABLE ACTIVITIES

	2020/21			2019/20		
	Unrestricted	Restricted	Total Funds	Unrestricted	Restricted	Total Funds
	Funds	Funds		Funds	Funds	
	£	£	£	£	£	£
Assessment fees	1,161		1,161			
Supervision provided	1,273		1,273			
Training courses	710		710			
Charitable activities	3,144	-	3,144	-	-	-

4. CHARITABLE EXPENDITURE

	2020/21			2019/20		
	Unrestricted	Restricted	Total Funds	Unrestricted	Restricted	Total Funds
	Funds	Funds		Funds	Funds	
	£	£	£	£	£	£
Running Costs						
Management Costs	25,558	11,671	37,229	40,214	4,039	44,253
Property Costs	3,398	1,552	4,950	15,648	1,572	17,220
Administration Costs	8,138	3,716	11,854	6,530	656	7,186
	37,094	16,939	54,033	62,392	6,267	68,659
Counselling Costs						
Supervision Costs	1,504	686	2,190	7,917	795	8,712
Counsellor training and expenses	2,476	1,131	3,607	2,013	202	2,215
Insurance & ACC affiliation	816	372	1,188	993	100	1,093
	4,796	2,189	6,985	10,923	1,097	12,020
Other Charitable Costs						
Other Costs	84	37	121	262	26	288
	84	37	121	262	26	288
Governance Costs						
Independent Examination Fee	400	-	400	400	-	400
Bank charges & GDPR	129	-	129	23	-	23
	529	-	529	423	-	423
TOTAL CHARITABLE EXPENDITURE	42,503	19,165	61,668	74,000	7,390	81,390

5. STAFF AND TRUSTEES COSTS

	2020/21	2019/20
	£	£
Salaries	44,283	47,353
Social security costs		
Pension costs	174	238
Expenses	817	1,277
	45,274	48,868

No remuneration was paid to, or waived by, any Trustee in respect of such office. No expenses were paid to any trustee (2019/20: £ nil).

6. DEBTORS

	2020/21	2019/20
	£	
Gift Aid receivable	2,330	3,815
Prepayments	1,063	1,048
	3,393	4,863

7. CREDITORS: Amounts falling due within one year

	£	£
General Creditors	1,100	1,264
	1,100	1,264

NEW HOPE CHRISTIAN COUNSELLING
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
YEAR ENDED 31 MARCH 2021

8. FIXED ASSETS

The charity currently holds no fixed assets that have been capitalised.

9. MOVEMENTS OF RESTRICTED FUNDS

	<u>At 1 April</u> <u>2020</u>	<u>Income</u> <u>2020/21</u>	<u>Expenditure</u> <u>2020/21</u>	<u>At 31 March</u> <u>2021</u>
	£	£	£	£
Warwickshire County Council (for Stratford long term)	265		265	-
Kenilworth Town Council	740		740	-
King Henry V111 Endowment Trust (for 2020/21)	6,000		6,000	-
Tesco Groundwork grant		500	500	-
Warwickshire County fund - for admin costs in Covid 19		1,000	1,000	-
Heart of England Community Fund		1,630	1,630	-
Tesco Groundwork grant (2nd application)		500	500	-
COVID-19 Response		4,000	3,000	1,000
Warwickshire Police		4,150	4,150	-
Warwickshire County fund - Stratford		500	500	-
Stratford Town Trust		1,000	880	120
	7,005	13,280	19,165	1,120

Warwickshire County Council grant for Stratford was awarded to part fund long term therapy work in Stratford.

Kenilworth Town Council grant is for supporting those who live in CV8 (Kenilworth) and experience financial hardship, including provision of a service in Kenilworth one day a week.

King Henry VIII Endowment Trust grant was given to subsidise counselling of residents in CV34 (Warwick) and to buy filing cabinets to retain paper documents for a longer period due to GDPR.

Tesco Groundwork UK grant was awarded for additional laptop for office to enable counsellors to offer on-line counselling when unable to do so from their home during Covid-19 lockdown

Warwickshire County fund grant was Covid-19 related and used to purchase a phone and training for on-line counselling.

Heart of England Community Fund grant was used to buy screens, PPE, recruitment costs, a lap top and courses to train counsellors to offer counselling on-line.

Covid-19 response grant funded by the government was used to improve internet provision at the head office, increased administrative and managerial costs and courses to train counsellors to offer counselling on-line.

Warwickshire Police funding was spent on another computer and counselling provision for 20 or more sessions of counselling for trauma related issues before 31st March 2021.

Warwickshire County Fund (Stratford) was for counselling provision in Stratford for 10 needy individuals face to face counselling from Nov-Mar

Stratford Town Trust grant was towards the new Stratford Counsellor Co-ordinator salary.

10. ANALYSIS OF NET ASSETS BETWEEN FUNDS

Fund balances at 31 March are represented by:	<u>Unrestricted funds</u>	<u>Restricted funds</u>	<u>Total 31 March 2021</u>	<u>Unrestricted funds</u>	<u>Restricted funds</u>	<u>Total 31 March 2020</u>
	£	£	£	£	£	£
Tangible fixed assets	-	-	-	-	-	-
Current assets	48,791	1,120	49,911	41,596	7,005	48,601
	48,791	1,120	49,911	41,596	7,005	48,601

11. RELATED PARTY DISCLOSURES

Trustees register any related party interests before there is discussion on any grants and trustees do not take part in any decisions when there is a conflict of interest.

During the year gifts totalling £NIL (2019/20: £520) were received from trustees.